

RESEARCH ARTICLE

Paediatric Drug Development: Regulatory Framework as per USFDA

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ABSTRACT

In the intricate world of paediatric drug development, the US Food and Drug Administration (USFDA) play a pivotal role, ensuring that medications are both safe and effective for children. This abstract explores the USFDA's regulatory system, emphasizing important policies and programs intended to close the gap between adult and pediatric pharmacotherapy. Legislative measures that require stringent clinical trials and provide incentives for research in pediatric populations, such the Pediatric Research Equity Act (PREA) and the Best Pharmaceuticals for Children Act (BPCA), are essential to this framework. The USFDA's strategy places a strong emphasis on age-appropriate formulations, moral issues, and how crucial it is to adjust dosages in accordance with pediatric physiology. Pharmaceutical businesses are better able to meet the special therapeutic needs of children by navigating the complicated regulatory environment, which eventually leads to advances that enhance paediatric health outcomes. The study provides significant new data on regulatory approach for those involved in the development of pediatric medicine.

Keywords: Paediatric, Drug development, Regulatory approach, USFDA, PREA, BPCA.

INTRODUCTION

The process **of transforming a molecule from** a drug candidate (the end-product of the discovery phase) into a product that has been given the green light for commercialization by the relevant regulatory authorities is known as drug development (1). The complexity in drug development has increased manifolds over the past 40 years, requiring preclinical phase of drug development, investigational new drug (IND) application, and complete clinical





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testing before marketing approval from the FDA. Generally, new drug applications (NDAs) or biologics license applications (BLA) are reviewed comprehensively before approval, and then drug performance is resubmitted to regulatory agencies for post-marketing studies. The overarching goal is to bring more efficient and safer treatments to the patients as quickly as possible after a thorough medical evaluation (2).

The USFDA drug development process consists of five essential components, each of which contains numerous phases and stages. We will go over each step and phase of the drug development process to gain a comprehensive understanding of the whole thing. The stages involved in developing drugs are:

Step 1: Discovery and Development Step 2: Preclinical Research Step 3: Clinical Development Step 4: FDA Review Step 5: FDA Post-Market Safety Monitoring

Discovery and Development: In this phase, experts from academia and industry collaborate to find pharmacological compounds that affect a specific biological target linked to a disease.

Preclinical Research: The goal of preclinical testing is to gather vital information about the safety and efficacy of a medication candidate before it is tested on humans. A candidate's biological impact is frequently illustrated using both in vitro and in vivo models.

Clinical Development: The purpose of clinical trials is to offer particular scientific information about a medication under research. The clinical trial study protocol specifies the procedures to be followed and the manner in which the clinical trial must be conducted. In order to guarantee the safety of the human subjects taking part in the trials, it provides details about the main goals of the study, its design, and statistical considerations. Clinical trials consist of three distinct phases, namely I, II, and III, which vary in terms of time, participant count, and study objectives.

FDA Review: When the sponsor or organization has enough evidence of the drug's safety and efficacy to satisfy FDA regulations for marketing approval, they submit a New Drug Application (NDA) for evaluation. The application for review must also contain data from specific technical viewpoints, such as chemistry, pharmacology, medicine, bio-pharmaceutics, and statistics. The product may be commercialized in the US if the NDA is accepted.

FDA Post-Market Safety Monitoring: Post-market safety surveillance is the process of keeping an eye on a medication after it has been approved and placed on the market. It is designed to evaluate the long-term safety and efficacy of a drug, possible formulation problems in "the real world," and use for unapproved conditions, or "off-label."(1) (2)

Patients who are 21 years of age or younger at the time of diagnosis or treatment are classified as paediatric patients under the Federal Food, Drug, and Cosmetic Act (FD&C Act). The groupings of paediatric patients are determined by their developmental patterns(3) (4). Table 1 represents the classification of paediatric population in USFDA

REGULATORY LEGISLATION IN USFDA

In the USA, a well-established regulatory system permits the development of paediatric drugs. The introduction of legislation such as the Paediatric Research Equity Act (PREA) in the United States reflects a commitment to addressing the unique challenges associated with paediatric drug development^{(6).}

Regulatory Pathways in the US

The regulatory pathways for paediatric drugs involve a series of steps and considerations to ensure the safety and efficacy of pharmaceutical products specifically for the paediatric population. Two important pieces of legislation in





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the US are Paediatric Research Equity Act (PREA) and Best Pharmaceuticals for Children Act (BPCA). These legislations play a significant role in shaping the regulatory framework for paediatric drugs ⁽⁷⁾.

BEST PHARMACEUTICALS FOR CHILDREN ACT (BPCA):

The BPCA permits studies aimed at enhancing children's medication use safety and effectiveness. The goal of BPCA is to enhance children's drug use and dose safety and effectiveness. In 2002, BPCA was enacted. The U.S. Food and Drug Administration (FDA) Amendments Act of 2007, the FDA Safety and Innovation Act of 2012, and the FDA Reauthorization Act of 2017 all served to reauthorize it. The BPCA laws were most recently renewed in 2022(8).

Regulatory procedure in BPCA

The regulatory procedure in the Best Pharmaceuticals for the Children Act (BPCA) involves two ways:

(1) The sponsor submitting the Proposed Paediatric Study Request (PPSR) to USFDA and requests the FDA issue a Written Request (WR) as given in Figure 1.

(2) Figure 2 describes the FDA issues WR to sponsor.

Conditions for exclusivity

To be eligible for exclusivity, a study must meet certain requirements. Firstly, the FDA must receive a written request. Studies that have already been submitted to the Agency prior to the WR's issuance cannot be granted paediatric exclusivity or a WR.

All the deadlines and conditions mentioned in the WR ought to be fulfilled. The active moiety needs to retain its exclusivity or patent life. Sponsors of off-patent drugs have no financial motivation to carry out trials in paediatric patients (11).

Paediatric Exclusivity

Applicants may be granted paediatric exclusivity provided they meet the requirements of a WR. An extra half-year of exclusivity (6 months). All existing patents and marketing exclusivities for the drug moiety are attached with exclusivity. Positive paediatric studies or the approval of a new indication are not necessary for paediatric exclusivity (12).

PAEDIATRIC RESEARCH EQUITY ACT (PREA) :

The Paediatric Research Equity Act amends the federal Food, Drug, and Cosmetic Act to authorize the FDA to require paediatric studies of drugs or biologics when other approaches are insufficient to ensure

PAEDIATRIC STUDY PLAN (PSP)

Unless the drug is for an indication for which orphan designation has been granted, a sponsor who plans to submit a marketing application (or supplement to an application) for a new active ingredient, new indication, new dosage form, new dosing regimen, or new route of administration must submit an Initial Paediatric Study Plan (iPSP).

For any new application or supplement subject to PREA, the sponsor is required to file an iPSP, even if the FDA has previously granted waivers or deferrals under PREA for the same medicine (14).

Submission Timelines for PSP

A sponsor must submit an iPSP, if required under PREA, before the date on which the sponsor submits the required assessments or investigation and no later than either 60 calendar days after the date of the end-of-phase 2 meeting. After the sponsor submits an iPSP, the FDA has 90 days to review the iPSP and provide a written response to the iPSP, or meet with the sponsor to discuss the iPSP, as appropriate. This review process includes consultation with FDA's internal Paediatric Review Committee (PeRC)(15).





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The sponsor then has a second 90-day period during which it may review FDA comments and initiate any needed negotiations to discuss the iPSP. By the end of this second 90-day review period, the sponsor must submit an agreed iPSP. The FDA then has 30 days after receipt of the agreed iPSP to review and issue correspondence confirming agreement or issue correspondence stating disagreement. If the FDA does not agree, the iPSP is considered a non-agreed iPSP(16). The pathway of submission of paediatric study plan is given in Figure 4(15).

CONCLUSION

The study titled "Paediatric Drug Development: Regulatory Framework as per USFDA "aimed to address the regulatory framework inherent in developing pharmaceuticals tailored for paediatric patients. The results of the study provide insights into a strategic and systematic regulatory approach, emphasizing the importance of a sequential framework to guide the intricate journey of paediatric drug development. The study underscores the collaborative engagement of regulatory authorities, industry stakeholders, healthcare professionals, and patient advocacy groups as pivotal for success. By providing a clear roadmap, the framework aims to streamline the regulatory landscape, fostering innovation, and expediting the availability of safe and effective medications for paediatric patients. Furthermore, the study delves into the regulatory legislation in the United States, highlighting key acts such as the Paediatric Research Equity Act (PREA) and the Best Pharmaceuticals for Children Act (BPCA). The regulatory pathways outlined in the study, with a focus on the USA, illustrate the meticulous steps and considerations required to ensure the safety and efficacy of pharmaceutical products for the paediatric population. The study also provides a detailed overview of the Paediatric Study Plan (PSP) and its submission timelines, reinforcing the commitment to a systematic approach in paediatric drug development. It contributes a valuable resource for understanding the intricacies of regulatory pathways and study plan for paediatric drugs in USA.

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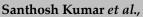
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Table 1: Classification of Paediatric Population as per USFDA⁽⁵⁾

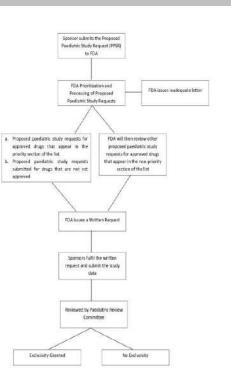
Paediatric populationAgeNeonates0 to 28 daysInfants29 days to less than 2 yearsChildren2 to less than 12 yearsAdolescents12 to 21 years











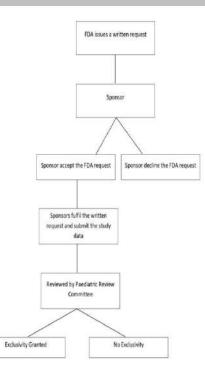


Figure 1. Sponsor submits the Proposed Paediatric Study Request (PPSR) to FDA (09)

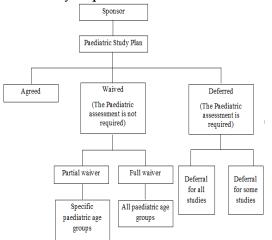




Figure 2. FDA issues WR to sponsor (10)

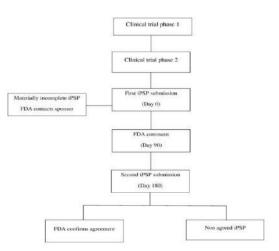


Figure 4 Timeline of iPSP Submission (15)





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Indexed Results and Tables Relating to the Quick Switching System (QSS-1) with a Single Sampling Plan as the Reference Plan

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ABSTRACT

This research examines the Quick Switching System (QSS-1) using a Single Sampling (SSP) Plan as a reference plan with various quality levels. The study provides performance measures and procedures for designing the system with different entry parameters. The main objective is to reduce inspection costs while maintaining an acceptable level of quality for the customer.

Keywords: Quick Switching System, Single Sampling Plan, Acceptable Quality Level, Limiting Quality Level, Palya Distribution.

INTRODUCTION

QSS-SSP (n: u1, u2, v1, v2) refers to a quick switching system where the usual SSP plan has a sample of size 'n' and acceptance numbers u_1 , u_2 ($u_1 < u_2$) and the tightened SSP plan has a sample of size n and acceptance numbers v_1 , v_2 $(v_1 < v_2, v_1 \le u_1 \text{ and } v_2 < u_2).$

Romboski (1969) observes the following advantages for QSS-1.

- The composite OC curve of QSS-1 is having better shape (close to z shape) than the corresponding normal and tightened OC curves).
- As the tightening becomes plain the composite OC curve methods to the ideal form.
- The system results in reduction of sample size than the equivalent reference plan.

Switching Procedures

A sampling system encompasses of plans, which are acceptable to normal, tightened and reduced inspections. The switching rules are given below.





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Normal to tightened:

When normal inspection is in effect tightened assessment shall be instituted when two out of five consecutive lots or batches have been rejected on original inspection.

Tightened to normal:

When tightened inspection is in effect normal inspection shall be instituted when five consecutive lots have been accepted on unique inspection.

Normal to reduced:

When normal inspection is in effect, reduced inspection shall be instituted providing that all the following conditions are fulfilled.

- 1. The previous 10 lots or batches have been on normal inspection and none has been on original inspection
- 2. The total number of uncharacteristic units in the sampling from the preceding 10 lots or batches is equal to or less than the applicable number
- 3. Production is at fixed rate and
- 4. Reduced inspection is considered desirably by the responsible authority.

Reduced to normal:

- 1. A lot or batch is rejected or
- 2. A lot or batch is measured acceptable under the process of MIL-STD-105D system procedures.
- 3. Production becomes uneven or delayed
- 4. Other conditions warrant that normal inspection shall be instituted.

This section gives a review on Quick Switching System-r (n, c_N, c_T) where r = 1, 2, 3 are discussed. The contributions made by the author are stated at the end of the sections.

Dodge (1967) proposed a new sampling system consisting of pairs of normal and tightened plans. The application of the system is as follows

- 1. Adopt a pair of sampling plans, a normal plan (N) and tightened plan (T), the plan T to be tightened OC curve wise than plan N.
- 2. Use plan N for the first lot (optional): can start with plan T; the OC curve properties are the same ; but first lot protection is greater if plan T is used.
- 3. For each lot inspected; if the lot is accepted, use plan N for the next lot and if the lot is rejected, use plan T for the next lot'.

Due to instantaneous switching between normal and tightened plan, this system is referred as "Quick Switching System". Using the concept of Markov Chain, the OC function of QSS-1 is derived by Romboski (1969) as

$$Pa(p) = P_T / (1 - P_N + P_T)$$

(1)

Romboski(1969) introduced QSS-1 (n; $c_{N,CT}$) which is a QSS-1 with single sampling plan as a mention plan [(n, c_{N}) and (n, c_{T}) are respectively the normal and tightened single sampling plans with $c_{T} < c_{N}$].

Designation of Quick Switching System

Romboski (1969) has extensively studied QSS by taking pairs of single sampling plan. The designation of the system is as follows :





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i) $QSS(n;c_N,c_T)$ – refers to a QSS where the single sampling normal plan has a sample size of n and an acceptance number of c_N , and the tightened single sampling plan has the same sample size as that of the normal plan but with acceptance number c_T . In general, $c_T \leq c_N$ and when $c_T = c_N$ then the system degenerates into a single sampling plan.

ii) QSS(n,kn;c₀)) – refers to a QSS where the normal and tightened single sampling plans have the same acceptance number but on tightened inspection the sample size is a multiple of k ($k \ge 1$) of the sample size on normal inspection. If k = 1, the system degenerates into single sampling plan.

Romboski (1969) has given the QC function of QSS (n; cN, cT) and QSS (n, kn; c0) as

$$Pa(p) = \frac{P_T}{1 - P_N + P_T}$$

Where P_N and P_T are explained.

SINGLE SAMPLING PLAN

A brief note on single sampling plan is given in this section. A single sampling plan is characterized by sample size n and the acceptance number *c*, sampling inspection in which the decision to accept or not to accept a lot is based on the inspection of a single sample of size n.

Operating procedure

Select a random sample of size n and count the number of non-conforming units d. If there is c or less non – conforming units, the lot is accepted, otherwise the lot is rejected. Thus the plan is characterized by two parameters viz, the sample size n and the acceptance number 'c'. The OC function of the single sampling plan is given as

$$P_a(p) = P(d < c, n)$$
 (2)

Peach and littauer (1946) have given tables for determining the single sampling plan for static $\alpha = \beta = 0.05$. they have used the relation that for even degrees of freedom x² gives the outline of a poisson distribution as the basis for developing tables of a single sampling plan. they have introduced the concept of the operating ratio p₂/p₁ as a measure for the power of discrimination of the OC curve. The values of p₂/p₁ and np₁ are intended against different values of c for fixed $\alpha = \beta = 0.05$ using the table, a single sampling plan can be selected for given p₁ and p₂.

Burgess (1948) has given a graphical method to obtain single sampling plans for given values of $(p_1, 1-\alpha)$ and (p_2, β) with the help of the poisson cumulative probability chart. Cameron (1952) has also given a table, which is an extension of the table given by Peach and Littauer (1946). Cameron's table is based on poisson distribution and can be used to design single sampling for all the popular values of producer's and consumer's risks.

Further tabularized p_2/p_1 , values for (α , β) = (0.05, 0.10), (0.05, 0.05). (0.05, 0.01). (0.01, 0.05), and ((0.01, 0.10) for c values ranging from 0 to 49. Using Cameron (1952) table, one can select a single sampling plan for given p_1 and p_2 , α and β . Horsnell (1954) has also presented a table similar to that of Cameron, giving p_2/p_1 and np_1 values for α = 0.05, 0.01 and β = 0.10, 0.05, and 0.01 but restricting c from 1 to 20. Horsnell (1954) has further illustrated the approximation involved in replacing binomial probabilities by corresponding poisson probabilities by comparison of p values for P_a (P) = 0.99, 0.95, 0.50, 0.10 and 0.01 for different single Sampling plans. Kirfkpatrick (1965) has given two tables for the selection of single sampling plans corresponding to different values of p_1 and p_2 . The first table gives single sampling plans when OC curves pass very close to the specified. p_1 and not so close to the specified p_2 and the second table gives single sampling plan when OC curves pass very close to the specified p_1 . The plans indexed are based on Grubbs (1948) tabulation of p_1 and p_2 for n = 1 (1) 50 and c = 0 (1) 9.

Guenther (1969) has developed a systematic research procedure for finding the single sampling plans for given p_1 , p_2 , α and β based on the binomial, hyper geometric and poisson models. Hailey (1980) has presented a computer



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program to obtain minimum sample size single sampling plans based on Guenther (1969) procedure for given p_1, p_2 , α and β .

Stephens (1978) has given a procedure and tables for finding the samples size and acceptance number of a single sampling plan for given two points on the OC curve, viz,. (p₁, 1- α) and (p₂, β) using normal approximation to binomial distribution. By using this procedure any point (p₁, 1- α) and (p₂, β) may be specified and the applicable sample size and acceptance number can be found quite straight forward based on the formula for n. schilling and Johnson (1980) presented a set of tables for the construction and evolution of matched sets of single, double and multiple sampling plans. They may be used to derive two point individual plans to specified values of fraction defective and probability of acceptance.

Golub (1953) has given a method and tables for finding the acceptance number 'c' of a single sampling plan involving minimum sum of producer's and consumer's risks for given p₁ and p₂. when the sample size n is fixed. Soundararajan (1981) has extended the Golub's approach to single sampling plans when the conditions for application of the poisson model. Vijayathilakan (1982) has given procedure and tables for designing single sampling plans when the sample size is fixed and the sum of the weighted risks is minimized. Nirmala and Suresh (2017) presented a Continuous sampling plan indexed through maximum allowable average out going quality.

Properties of OC Curve

- 1) For a QSS (n; cN, cT) the steepness of the operating characteristic (OC) curve and hence its discriminating power is depending upon the difference between cN and cT. For a fixed n, and fixed cN, as cT decreases, the resulting composite OC curve gets steeper.
- 2) For a QSS(n,kn;co) for k>0, the slope of the composite OC curve increases as k increases. The conditions for application under which the Quick Switching System can be applied and the operating procedure are as follows:

Conditions for Application

- 1. The production is steady so that results on current and previous lots are broadly indicative of a ongoing process and submitted lots are excepted to be essentially of the same quality.
- 2. Lots are submitted considerably in the order of production.
- 3. Inspection is by characteristics with quality defined as fraction nonconforming.

Operating Procedure of QSS (n, cN, cT)

Step 1: From a lot, take a random sample of size 'n' at the normal level. Count the

- number of defectives 'd'.
- i) If $d \leq c_N$, accept the lot and repeat step 1
- ii) If $d > c_N$, reject the lot and go to step 2.

Step 2: From the next lot, take a random sample of size n at the tightened level.

- Count the number of defectives 'D".
- i. If $D \leq c_T$, accept the lot and use step 1
- ii. If $D > c_T$, reject the lot and repeat step 2

Romboski (1969) has introduced another sampling inspection system QSS-1 (n, kn; c_0) which is a QSS-1 with single sampling plan as a reference plan (n, c_0) and (kn, c_0), k>1 are respectively the normal and tightened single sampling plans. The conditions for application of this system are the same as that of QSS-1 (n: c_N , c_T).

Operating procedure for QSS (n, kn, c₀)

- 1. For a lot, take a random sample of size 'n' at the normal level. Count the number of defectives '
- If $d \le c_0$, accept the lot and repeat step 1.
- If $d > c_0$, reject the lot and go to step 2.





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- 2. From the next lot, take a random sample of size 'kn' at the tightened level. Count the number of defectives 'D'.
- If $D \le c_0$, accept the lot and use step1
- If $D > c_0$, reject the lot and repeat step 2.

The OC function of the system is given in equation (1.2.1) with P_N – proportion of lots expected to be accepted when using (n, c₀) plan P_T -proportion of lots expected to be accepted when using (kn, c₀) plan

Romboski (1969) has derived the OC function for QSS-1 (n, kn, co) as,

$$Pa(P) = \frac{P(d \le C_T; n)}{1 - P(d \le C_N; n) + P(d \le C_T; n)}$$
(3)

The Condition for application of Quick Switching System

- 1. The production is steady so that results on current and preceding lots are broadly indicative of a ongoing process and submitted lots are expected to be fundamentally of the same quality.
- 2. Lots are submitted significantly in his order of production.
- 3. Inspection by qualities is considered with quality defined as fraction nonconforming 'p'.

Operating Procedure for the plan

- 1. Under the normal examination, inspect using the SSP plan with parameters n, u₁ and u₂. If a lot is accepted, continue with normal inspection. If a lot is rejected, go to step2.
- 2. Inspect under tightened examination using the SSP plan with sample size 'n' and acceptance number v_1 and v_2 . If a lot is accepted, use step1 for the next lot, otherwise continue step2.

Measures of Performance Operating Characteristics function

Based on Romboski (1965) and **Sankar and Mahopatra (1991)**, the expression for OC function of QSS-SSP is given by

 $P(d \le c_T; n)$ Pa(p) = ------ $P(d \le c_N; n)$ (4)

$$P(d \le c_N; n) = \frac{P_a (1 - P_c)^i + P_c P_a^i}{(1 - P_c)}$$
(5)

Where $P_a = P [d \le u_1]$ and $P_c = P [u_1 \le d \le u_2]$





$$P(d \le c_T; n) = \frac{P_a (1 - P_c)^i + P_c P_a^i}{(1 - P_c)}$$
(6)

Where $P_a = P [d \le v_1]$ and $P_c = P [v_1 \le d \le v_2]$

Palya Distribution

$$PY_{N,m,r,c}(x) = \frac{\left(\frac{r}{c} + x - 1 C x\right)\left(\frac{N-r}{c} + n - x - 1 C n - x\right)}{\frac{N}{c} + n - 1Cn}, x = 0, 1, 2, \dots, n.$$
(7)

Where N,n,r and c are natural numbers.

Using equation (4), the properties of the type B OC curves of QSS-SSP are analyzed and are given below:

Fig 1. Gives the OC curves of SSP (100; 2,4), QSS-SSP (100; 2, 4 ; 1, 2) and SSP (100; 1,2). From the figure it is observed that the system utilizes the normal SSP plan when the quality is good and the tightened SSP plan when the quality is poor. OC curves of QSS-SSP where the sample size and the acceptance numbers of the normal SSP plan are same whereas the acceptance numbers of the tightened SSP plan are allowed to decrease. As v_1 and v_2 become smaller, the discriminating power of the OC curve increases.

Plotting the OC-curve of a given systems:

Table 1 can be used to obtain nine values of 'p' and $P_a(P)$ to plot the OC-curve of a given QSS-1 (n, $k_n;c_o$). For example, for given QSS-1 (100,150;1,5) one gets k=150/100=1.5. Dividing the entries in the row corresponding to u₁=1, u₂=5 and k=1.5 of table 1 by normal Sample single 100, one gets the values of p and corresponding Pa(P) values are given in the column heading. The values of 'p' and $P_a(P)$ of QSS-1 (100,150;1,5).

Designing the systems given Single Sampling Plan (SSP) and a point on the OC-curve

Table 1 can be used to design QSS-SSP when the sample is fixed at 'n' and a point on the OC-curve (p, $P_a(P)$) is specified. To design a system, calculate 'np' and under the column $P_a(p)$ 0.99 in Table (1) find the value '0.473'. The c₁, c₂, d₁,and d₂ values corresponding to the selected tabular value together with the given n, determine the sampling system to be used. For example, let n =150, p₁=0.02 and Pa(p) =0.95 is 0.523. scan the column headed by Pa(p) =0.95, to find the value which is nearer to the desired value of 0.5, the value is 0.523 which corresponds to the parameters c₁ =0, c₂=1 d₁=0 and d₂=1 for the desired QSS-SSP.

CONCLUSION

In acceptance sampling the producer and consumer plays a leading role and hence one allows a certain level of risk for producer and consumer. It is comprehensible to design any sampling plan with the accompanying quality levels, concern to producer and consumer in practice. Hence selection measures are considered in this paper with inflection point on the OC curve. Tables provided in this paper are tailor-made which are handy and ready-made, which are also well considered for assessment purposes.

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Table 1. Plotting the OC-curve of a given systems

| | 0 | | | 0 | 5 | | | | |
|-------|--------|--------|---------|--------|---------|---------|---------|---------|---------|
| Р | 0.0115 | 0.0152 | 0.01731 | 0.0204 | 0.05413 | 0.02416 | 0.03712 | 0.04613 | 0.06521 |
| Pa(P) | 0.99 | 0.95 | 0.90 | 0.75 | 0.50 | 0.25 | 0.10 | 0.05 | 0.01 |

| CN | Cn Ct | | | i | 0.99 | 0.950 | 0.9 0.75 | 0.75 | 0.5 | 0.25 | 0.1 | 0.05 | 0.01 | | | | | | | | | |
|-----------------------|-------|-------|----------------|-------|-------|-------|----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| C ₁ | C2 | D_1 | D ₂ | 1 | 0.99 | 0.950 | 0.9 | 0.75 | 0.5 | 0.25 | 0.1 | 0.05 | 0.01 | | | | | | | | | |
| | | | | 2 | 0.473 | 0.523 | 0.673 | 0.873 | 1.123 | 1.423 | 1.773 | 2.173 | 2.623 | | | | | | | | | |
| | | | | 4 | 0.317 | 0.367 | 0.517 | 0.717 | 0.967 | 1.267 | 1.617 | 2.017 | 2.467 | | | | | | | | | |
| 0 | 1 0 | 0 | 1 | 6 | 0.251 | 0.301 | 0.451 | 0.651 | 0.901 | 1.201 | 1.551 | 1.951 | 2.401 | | | | | | | | | |
| | | | | 8 | 0.212 | 0.262 | 0.412 | 0.612 | 0.862 | 1.162 | 1.512 | 1.912 | 2.362 | | | | | | | | | |
| | | | 10 | 0.181 | 0.231 | 0.381 | 0.581 | 0.831 | 1.131 | 1.481 | 1.881 | 2.331 | | | | | | | | | | |
| | | | | 2 | 0.48 | 0.530 | 0.68 | 0.88 | 1.13 | 1.43 | 1.78 | 2.18 | 2.63 | | | | | | | | | |
| | | 0 | | 4 | 0.321 | 0.371 | 0.521 | 0.721 | 0.971 | 1.271 | 1.621 | 2.021 | 2.471 | | | | | | | | | |
| 0 | 1 | | 0 | 0 | 1 | 6 | 0.252 | 0.302 | 0.452 | 0.652 | 0.902 | 1.202 | 1.552 | 1.952 | 2.402 | | | | | | | |
| | | | | | | | | | | | | | | 8 | 0.21 | 0.260 | 0.41 | 0.61 | 0.86 | 1.16 | 1.51 | 1.91 |
| | | | | 10 | 0.185 | 0.235 | 0.385 | 0.585 | 0.835 | 1.135 | 1.485 | 1.885 | 2.335 | | | | | | | | | |
| | | 0 | | 2 | 1.267 | 2.317 | 3.467 | 4.667 | 5.917 | 7.217 | 8.567 | 9.967 | 11.41 | | | | | | | | | |
| | | | 0 | 0 | | 4 | 1.015 | 1.065 | 1.215 | 1.415 | 1.665 | 1.965 | 2.315 | 2.715 | 3.165 | | | | | | | |
| 1 | 1 | | | | 0 | 0 | 0 | 0 | 0 | 0 |) 1 | 1 | 6 | 0.846 | 0.896 | 1.046 | 1.246 | 1.496 | 1.796 | 2.146 | 2.546 | 2.996 |
| | | | | | | | | | | | | | | 8 | 0.788 | 0.838 | 0.988 | 1.188 | 1.438 | 1.738 | 2.088 | 2.488 |
| | | | | 10 | 0.724 | 0.774 | 0.924 | 1.124 | 1.374 | 1.674 | 2.024 | 2.424 | 2.874 | | | | | | | | | |
| | | | | 2 | 1.327 | 2.377 | 3.527 | 4.727 | 5.977 | 7.277 | 8.627 | 10.02 | 11.47 | | | | | | | | | |
| | | | | 4 | 1.032 | 1.082 | 1.232 | 1.432 | 1.682 | 1.982 | 2.332 | 2.732 | 3.182 | | | | | | | | | |
| 1 | 1 | 0 | 0 | 6 | 0.858 | 0.908 | 1.058 | 1.258 | 1.508 | 1.808 | 2.158 | 2.558 | 3.008 | | | | | | | | | |
| | | | | 8 | 0.794 | 0.844 | 0.994 | 1.194 | 1.444 | 1.744 | 2.094 | 2.494 | 2.944 | | | | | | | | | |
| | | | | 10 | 0.732 | 0.782 | 0.932 | 1.132 | 1.382 | 1.682 | 2.032 | 2.432 | 2.882 | | | | | | | | | |
| 0 | 1 | 1 | 0 | 2 | 2.173 | 2.223 | 2.373 | 2.573 | 2.823 | 3.123 | 3.473 | 3.873 | 4.323 | | | | | | | | | |
| 0 | 1 | 1 | 0 | 4 | 1.788 | 1.838 | 1.988 | 2.188 | 2.438 | 2.738 | 3.088 | 3.488 | 3.938 | | | | | | | | | |

 Table 2 $P_a(p)$ values for QSS-1 with SSP plan as a reference plan for (i, c_N , c_T)

 C_N





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| | | | | | | | Esha | Raffie | | | | | |
|-------------|----------------|-----------------------|----------------|--------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| | | 1 | | 6 | 1.632 | 1.682 | 1.832 | 2.032 | 2.282 | 2.582 | 2.932 | 3.332 | 3.782 |
| | | | | 8 | 1.48 | 1.530 | 1.68 | 1.88 | 2.13 | 2.43 | 2.78 | 3.18 | 3.63 |
| | | | | 10 | 1.388 | 1.438 | 1.588 | 1.788 | 2.038 | 2.338 | 2.688 | 3.088 | 3.538 |
| | | | | 2 | 2.174 | 2.224 | 2.374 | 2.574 | 2.824 | 3.124 | 3.474 | 3.874 | 4.324 |
| | | | | 4 | 1.814 | 1.864 | 2.014 | 2.214 | 2.464 | 2.764 | 3.114 | 3.514 | 3.964 |
| 0 | 1 | 1 | 0 | 6 | 1.628 | 1.678 | 1.828 | 2.028 | 2.278 | 2.578 | 2.928 | 3.328 | 3.778 |
| | | | | 8 | 1.482 | 1.532 | 1.682 | 1.882 | 2.132 | 2.432 | 2.782 | 3.182 | 3.632 |
| | | | | 10 | 1.399 | 1.449 | 1.599 | 1.799 | 2.049 | 2.349 | 2.699 | 3.099 | 3.549 |
| | | | | 2 | 2.219 | 2.269 | 2.419 | 2.619 | 2.869 | 3.169 | 3.519 | 3.919 | 4.369 |
| | | | | 4 | 1.825 | 1.875 | 2.025 | 2.225 | 2.475 | 2.775 | 3.125 | 3.525 | 3.975 |
| 0 | 1 | 1 | 0 | 6 | 1.625 | 1.675 | 1.825 | 2.025 | 2.275 | 2.575 | 2.925 | 3.325 | 3.775 |
| | | | | 8 | 1.493 | 1.543 | 1.693 | 1.893 | 2.143 | 2.443 | 2.793 | 3.193 | 3.643 |
| | | | | 10 | 1.402 | 1.452 | 1.602 | 1.802 | 2.052 | 2.352 | 2.702 | 3.102 | 3.552 |
| | | | | 2 | 2.272 | 3.322 | 4.472 | 5.672 | 6.922 | 8.222 | 9.572 | 10.97 | 12.42 |
| 1 | 1 | 1 | 0 | 4 | 1.829 | 1.879 | 2.029 | 2.229 | 2.479 | 2.779 | 3.129 | 3.529 | 3.979 |
| 1 | 1 | 1 | 0 | 6 8 | 1.625 1.493 | 1.675 1.543 | 1.825 1.693 | 2.025 1.893 | 2.275 2.143 | 2.575 2.443 | 2.925 2.793 | 3.325 3.193 | 3.775 3.643 |
| | | | | 10 | 1.493 | 1.451 | 1.601 | 1.801 | 2.145 | 2.445 | 2.793 | 3.101 | 3.551 |
| | | | | 2 | 2.987 | 4.037 | 5.187 | 6.387 | 7.637 | 8.937 | 10.28 | 11.68 | 13.13 |
| | | | | 4 | 2.595 | 2.645 | 2.795 | 2.995 | 3.245 | 3.545 | 3.895 | 4.295 | 4.745 |
| 1 | 1 | 1 | 0 | 6 | 2.37 | 2.420 | 2.57 | 2.77 | 3.02 | 3.32 | 3.67 | 4.07 | 4.52 |
| | | | | 8 | 2.227 | 2.277 | 2.427 | 2.627 | 2.877 | 3.177 | 3.527 | 3.927 | 4.377 |
| | | | | 10 | 2.102 | 2.152 | 2.302 | 2.502 | 2.752 | 3.052 | 3.402 | 3.802 | 4.252 |
| $C_{\rm N}$ | | Ст | | | 0.00 | 0.05 | 0.0 | 0.75 | 0 5 | 0.25 | 0.1 | 0.05 | 0.01 |
| C_1 | C ₂ | C ₁ | C ₂ | i | 0.99 | 0.95 | 0.9 | 0.75 | 0.5 | 0.25 | 0.1 | 0.05 | 0.01 |
| | | | | 2 | 3.187 | 3.237 | 3.337 | 3.487 | 3.687 | 3.937 | 4.237 | 4.587 | 4.987 |
| | | | | 4 | 2.692 | 2.742 | 2.842 | 2.992 | 3.192 | 3.442 | 3.742 | 4.092 | 4.492 |
| 0 | 1 | 0 | 1 | 6 | 2.543 | 2.593 | 2.693 | 2.843 | 3.043 | 3.293 | 3.593 | 3.943 | 4.343 |
| | | | | 8 | 2.255 | 2.305 | 2.405 | 2.555 | 2.755 | 3.005 | 3.305 | 3.655 | 4.055 |
| | | | | 10 | 2.137 | 2.187 | 2.287 | 2.437 | 2.637 | 2.887 | 3.187 | 3.537 | 3.937 |
| | | | | 2 | 3.94 | 3.99 | 4.091 | 4.241 | 4.441 | 4.690 | 4.990 | 5.341 | 5.740 |
| | | | | 4 | 3.45 | 3.501 | 3.601 | 3.750 | 3.95 | 4.201 | 4.501 | 4.850 | 5.251 |
| 0 | 1 | 0 | 1 | 6 | 3.203 | 3.253 | 3.353 | 3.503 | 3.703 | 3.953 | 4.253 | 4.603 | 5.003 |
| | | | | 8 | 3.024 | 3.074 | 3.174 | 3.324 | 3.524 | 3.774 | 4.074 | 4.424 | 4.824 |
| | | | | 10 | 2.894 | 2.944 | 3.044 | 3.194 | 3.394 | 3.644 | 3.944 | 4.294 | 4.694 |
| | | | | 2 | 4.025 | 5.075 | 6.175 | 7.325 | 8.525 | 9.775 | 11.075 | 12.425 | 13.82 |
| | | | | 4 | 3.572 | 3.622 | 3.722 | 3.872 | 4.072 | 4.322 | 4.622 | 4.972 | 5.372 |
| 1 | 1 | 0 | 1 | 6 | 3.218 | 3.268 | 3.368 | 3.518 | 3.718 | 3.968 | 4.268 | 4.618 | 5.018 |
| | | | | 8 | 3.036 | 3.086 | 3.186 | 3.336 | 3.536 | 3.786 | 4.086 | 4.436 | 4.836 |
| | | | | 10 | 2.894 | 2.944 | 3.044 | 3.194 | 3.394 | 3.644 | 3.944 | 4.294 | 4.694 |
| | | | | 2 | 4.248 | 5.298 | 6.398 | 7.548 | 8.748 | 9.998 | 11.29 | 12.64 | 14.04 |
| 1 | 1 | 0 | 0 | 4 | 3.51 | 3.560 | 3.660 | 3.810 | 4.010 | 4.260 | 4.560 | 4.910 | 5.310 |
| | | | | 6 | 3.264 | 3.314 | 3.414 | 3.564 | 3.764 | 4.014 | 4.314 | 4.664 | 5.064 |





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|---|---|-------------|----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | | 8 | 3.037 | 3.087 | 3.187 | 3.337 | 3.537 | 3.787 | 4.087 | 4.437 | 4.837 | | | |
| | | | | 10 | 2.896 | 2.946 | 3.046 | 3.196 | 3.396 | 3.646 | 3.946 | 4.296 | 4.696 | | | |
| | | | | 2 | 4.783 | 4.833 | 4.933 | 5.083 | 5.283 | 5.533 | 5.833 | 6.183 | 6.583 | | | |
| | | | | 4 | 4.281 | 4.331 | 4.431 | 4.581 | 4.781 | 5.031 | 5.331 | 5.681 | 6.081 | | | |
| 0 | 1 | 1 | 0 | 6 | 4.214 | 4.264 | 4.364 | 4.514 | 4.714 | 4.964 | 5.264 | 5.614 | 6.014 | | | |
| | | | | 8 | 3.810 | 3.861 | 3.961 | 4.110 | 4.311 | 4.561 | 4.861 | 5.211 | 5.611 | | | |
| | | | 10 | 3.657 | 3.707 | 3.807 | 3.957 | 4.157 | 4.407 | 4.707 | 5.057 | 5.457 | | | | |
| | | 1 | | | | | 2 | 4.874 | 4.924 | 5.024 | 5.174 | 5.374 | 5.624 | 5.924 | 6.274 | 6.674 |
| | | | 0 | 4 | 4.331 | 4.381 | 4.481 | 4.631 | 4.831 | 5.081 | 5.381 | 5.731 | 6.131 | | | |
| 0 | 1 | | | 6 | 4.031 | 4.081 | 4.181 | 4.331 | 4.531 | 4.781 | 5.081 | 5.431 | 5.831 | | | |
| | | | | 8 | 3.822 | 3.872 | 3.972 | 4.122 | 4.322 | 4.572 | 4.872 | 5.222 | 5.622 | | | |
| | | | | 10 | 3.667 | 3.717 | 3.817 | 3.967 | 4.167 | 4.417 | 4.717 | 5.067 | 5.467 | | | |
| | | | | 2 | 4.555 | 4.605 | 4.705 | 4.855 | 5.055 | 5.305 | 5.605 | 5.955 | 6.355 | | | |
| | | | | 4 | 4.345 | 4.395 | 4.495 | 4.645 | 4.845 | 5.095 | 5.395 | 5.745 | 6.145 | | | |
| 0 | 1 | 1 | 0 | 6 | 4.008 | 4.058 | 4.158 | 4.308 | 4.508 | 4.758 | 5.058 | 5.408 | 5.808 | | | |
| | | | | 8 | 3.835 | 3.885 | 3.985 | 4.135 | 4.335 | 4.585 | 4.885 | 5.235 | 5.635 | | | |
| | | | | 10 | 3.672 | 3.722 | 3.822 | 3.972 | 4.172 | 4.422 | 4.722 | 5.072 | 5.472 | | | |
| | | | | 2 | 4.975 | 6.025 | 7.12 | 8.275 | 9.475 | 10.72 | 12.02 | 13.37 | 14.77 | | | |
| | | | | 4 | 4.37 | 4.42 | 4.52 | 4.67 | 4.87 | 5.12 | 5.42 | 5.77 | 6.17 | | | |
| 1 | 1 | 1 | 0 | 6 | 4.051 | 4.101 | 4.201 | 4.351 | 4.551 | 4.801 | 5.101 | 5.451 | 5.851 | | | |
| | | | | 8 | 3.843 | 3.893 | 3.993 | 4.143 | 4.343 | 4.593 | 4.893 | 5.243 | 5.643 | | | |
| | | | | 10 | 3.686 | 3.736 | 3.836 | 3.986 | 4.186 | 4.436 | 4.736 | 5.086 | 5.486 | | | |





1 0.9 0.8

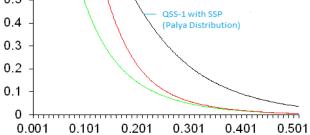


Fig.1: Quick Switching System (QSS-1) with Single Sampling (SSP) Plan with Palya Distribution





RESEARCH ARTICLE

Heavy Metal Contamination of Soil: A Tractable Study in Gold Tailings Area of Kolar Gold Fields, India- using ICP-0ES and AES

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ABSTRACT

The study has a dual objective, firstly to determine the concentration of arsenic (As) in the soil and ground water within the vicinity of a historical gold mine region located in the Kolar Gold fields (KGF), Karnataka. The study employed Thermo Scientific's Inductively Coupled Plasma-Optical Emission Spectroscopy (ICP-OES) and ICP-AES using Iteva software to analyze the distribution of arsenic in soil and ground water. Four soil and ground water samples were collected from the selected study sites (A, B, C and D) proximity to residential area, were examined from January - December 2023. The analysis of soil samples collected from the four mine landfills revealed elevated levels of heavy metal. The highest level of arsenic that can be present in the soil is 12 mg/kg (WHO 2008). The highest average arsenic content in the soil samples during January-December 2023 analyzed from Champion was 120.83 mg/kg, site A (36.08 mg/kg), D (32.17 mg/kg), and B (28.00 mg/kg) respectively. The maximum permissible limit of arsenic in groundwater is 0.05 mg/L (USEPA 2009). The ground water analysis revealed samples highly contaminated with arsenic (0.863 mg/L) in site C (Champion). The average lead content is found to be 0.559 mg/L, at sites B, A and D is 0.323 mg/L, B, 0.277 mg/L 0.161 mg/L respectively. The pH and electrical conductivity of all the water samples were within the permissible limits, but hardness of the ground water was two times higher than the permissible limit in the sample site D (Balghat).

Keywords : Soil pollution, Ground water pollution, Lead, ICP-OES, ICP-AES.





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INTRODUCTION

There have been momentous global environmental emissions of hazardous chemicals as a result of growing urbanization and industry [1, 2]. While some of these poisons are naturally occurring, human causes, particularly mining operations, have significantly accelerated their growth. Despite having a sizable positive social and economic impact on a country, it is difficult to ignore the mining's long-term detrimental consequences on the public health and the [3]. Over the past few decades, urbanization has rapidly increased due to the tremendous expansion in the human population. Due to the fact that untreated wastewater discharge pollutes water bodies and promotes diseases related to water, the correct management of the enormous amount of urban wastewater is an international challenge the [4]. The town of Kolar Gold Fields, often known as K.G.F., is located in the Bangarpet taluk of the Kolar district in the Indian state of Karnataka. In order to take over the mining operations of the mines situated at latitude 12° 53'12" N and longitude 78°15'03" E, at the southernmost point of a short schist strip of the township, KGF, whose residents are primarily the families of gold mine workers, the Government of India established the public company (Bharat Gold Mines Limited), or BGML. For more than a century, underground gold mining has been practiced at KGF. 65 kilometers of tunnel construction have been used to mine gold to a depth of 3 kilometers below the surface, and 40 million tons of mill tailings have accumulated the [5].

Metallurgical extraction must first break the crystallographic connections in order to extract the required element or compound from the ore source the [6]. This process creates a considerable amount of waste in the case of gold mining, when practically all of the ore obtained is discarded the [7]. After the valuable ore has been extracted during the mining process, the leftover finely powdered rock and water are known as tailings. There are significant amounts of tailings that have been discarded in the open in many nations where environmental restrictions are not effectively implemented. Tailings particles have a similar chemical and physical makeup to similar river sand and mud the [8]. Tailings, a by-product of gold extraction that is heavily polluted with heavy metals, are the main product (HM) the [9, 10]. These metals seep out into the environment uncontrollably when they come into touch with water or are dispersed by the wind the [11]. The quality of both surface and groundwater is significantly impacted by surface impacts like tailings and rock dumps. The process of using cyanide to extract gold from ore, also contributes to global warming, hydrogen cyanide emissions, and the creation of vast number of tailings, which might be a source of heavy metals (HMs) the [12].

The aforementioned factors are only a few of the many sources of tailing characteristics. Sediments from mines frequently resemble a particular type of river sand or silt in terms of their physical and chemical characteristics. The geochemistry, makeup, and mineralogy of the ore, as well as the procedures used to extract different commercial goods, all influence the specific features of tailings. Chemically, gold tailings are highly salinized, include just 6% pyrite, and contain very little organic stuff. According to sources, the pH of Iran's tailings was 7.35, that of South Africa's was 3.25-6.28, and that of India was 3.48-8.12 the [13]. Heavy metal soil pollution is caused in the regions with gold mining activities primarily due to the extraction of ores from soil and rocks and due to unscientific methods of dumping the leftover tailings around residential places. Heavy metals may endanger humans, animals, plants, and the ecosystem through various channels the [14, 15, 16]. These include direct consumption, plant absorption, food chains, ingesting polluted water, and changes to the pH, opacity, color, all of which affect soil quality the [17].

Even though heavy metals are only found in trace concentrations in water sources, they are exceedingly dangerous and pose serious health hazards to both people and other species the [18, 19]. When humans consume toxic metals in excess, it can cause serious stomach pain, extreme vomiting, and deteriorating liver abnormalities. Arsenic poisoning from drinking water has been linked to horrible long-term effects, such as learning issues, nervous system damage, and children's growth being stunted the [20]. Gradually the heavy metals present in soil tends to get washed off from tailings present in high altitude during monsoon season and seeps into groundwater, lakes, and pond water. The HMs which are present in pond water tend to invariably affect the metabolism and growth of the fish. Fishes





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containing impermissible levels of heavy metals when consumed by animals in higher tropic levels get affected resulting in various complications. The study attempted to demonstrate that heavy metal concentrations in Channa punctatus from sewage-fed aquaculture ponds in India constitute a health threat to locals. The majority of the fish samples examined contained dangerously high amounts of heavy metals, putting the local population at risk if they consumed too much fish [21]. Over the course of a century, various companies mined gold. Low gold production and unprofitability forced its closure in 2001 the [22]. Heavy metal pollution comes from mining. Mining contaminates soil, generating environmental hazards. Samples contained heavy metals in soil and water the [23]. Heavy metals can cause cancer, organ damage, stunted growth, and death the [24].Heavy metal removal from soils requires remediation. He concluded that rainwater penetration contaminates groundwater, which contaminates the soil. Heavy metal harms plants, animals, and humans. Thus, it is vital to assess soil contamination and offer remedial actions to improve soil quality and reduce contamination.

In the majority of the world's accessible freshwater reservoirs, groundwater makes up 99 percent of the planet's liquid freshwater supply. Since it can be pumped, groundwater often becomes the main source of water in areas where there are no other permanent water supplies. Currently, groundwater is the source of over 50% of all drinking water, 40% of all agricultural water, and 35% of all industrial the [25]. The main contributors to heavy metal contamination have been Arsenic (As), chromium (Cr), mercury (Hg), and cadmium (Cd). The presence of these metals has caused a number of issues for plant life in the beautiful surroundings. In growing plants, cadmium causes leaf chlorosis, or inadequate chlorophyll. Plants that contain excessive levels of arsenic and mercury have experienced a decrease in photosynthesis and root development. Chromium is not biodegradable and significantly reduces the dry weight of seedlings. They enter the food chain and accumulate at various trophic levels, which have an adverse influence on the growth of plants the [26]. The immune system is altered by cadmium, and proliferative prostatic lesions and lung adenocarcinoma are more common. Overexposure to blood arsenic can lower a child's intellectual capacity, damage their endocrine, skeletal, and immune systems, and induce hypertension. In adults, it also impairs cardiac and renal function. Chromium has been connected to respiratory system tumors and cancer the [27]. Groundwater contamination from rainwater infiltration eventually contaminates soil the [22]. Heavy metal harms plants, animals, and humans. Thus, it is vital to assess pollution and offer remedial strategies to improve groundwater quality and reduce contamination. Six water samples from bore wells (BWs) were chosen at random from the mining and residential regions of KGF. To evaluate the presence of heavy metals in the KGF, samples of bore well (BW) water were taken all throughout the research area. Six samples of well water were examined in the lab. Heavy elements like copper (Cu), nickel (Ni), and arsenic (As) were discovered in the water during the preliminary research.

COLLECTION OF SOIL SAMPLES

General methodology

During this research work, the general methodology was devised based on spatiotemporal factors like place and time. So, the four places selected based on the minimal distance from the abandoned gold mining sites were Oorgaum, Tenants, Champion, and Balghat and named A, B, C, and D which are located 50,100, 200 and 300 meters from the mining sites respectively.

The four sampling seasons were

Season 1-January, February, and March

Season 2-April, May, and June

Season 3- July, August, and September

Season 4-October, November, and December

Four sample locations were used for the sampling, which took place between January and December 2023 (gold ore tailings). Every month, one sample was taken from each location, resulting in four samples that were examined. The presence of certain heavy metals, such as Cd, Cr, and Pb was determined by sampling the area throughout the four distinct seasons. After removing contaminants from the surface, soil samples were collected from 10 to 20 cm below the surface and put in self-locking polythene bags. The sample preparation procedures for the spectrochemical





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determination of the total recoverable elements were finished in accordance with U.S. Environmental Protection Agency requirements the [28].

Sample preparation

To calculate the total recoverable analytes in soil samples, the sample was well mixed, a piece of it was placed on the tared weighing dish, the sample was weighed, and the weight was recorded in order to ascertain the total recoverable analytes in solid samples. The dry material was mashed in a mortar and pestle and sieved using a 5-mesh propylene sieve to obtain homogeneity. All of the acids and chemicals utilised in this research were ultra-purity grade, and Rankem Compounds provided the chemicals for measurement. Thermo Scientific's ICP-OES (Inductively Coupled Plasma- Optical Emission Spectroscopy) was used in conjunction with Iteva software to evaluate the samples.

Sample digestion and analysis

As reagents, Rankem chemicals' pure analytical grade acids with a 32 percent HCl content and a 70 percent HNO₃ content (both purchased from Sigma-Aldrich India) were employed. Concentrated HNO₃ and HCl acids were combined in a 1:3 ratio to create aqua-regia. In a 250 mL conical glass flask, one gramme of each reference material or dry powdered soil was combined with 28 mL of aqua-regia. The reactants were gently mixed in the flask before it was heated on a hot plate for five hours, reaching a temperature of 120°C. The dissolved samples were filtered into 100 mL HDPE bottles after cooling down using filter paper that had been wetted with 3 percent HNO₃ acid for ICP-OES analysis. All glassware used to prepare samples was cleaned before use by immersing it in an acid solution containing 10 percent v/v HNO₃ for 24 hours. This was done before giving the glassware a final rinse with deionized distilled water. Thermo Fischer, ICP-OES, and iCAP 6300 were used to perform chemical analyses at the ARML in Bangalore, India, and ITEVA software was used to interpret the results.

RESULTS AND DISCUSSION

Arsenic concentration in soil

Arsenic, as a heavy metal, is known for its stability. In both animals and humans, it acts as a neurotoxin. The soil may contain trace quantities of arsenic. One of the most pervasive and deadly forms of pollution in the world is arsenic (AS) pollution. The highest level of arsenic that can be present in the soil is 98 mg/kg(Table 1). In site (C) Champion, the amount of Arsenic (As) is 140 mg/kg, which is almost 1.2 times the upper limit set by the [29] as permissible limits. The highest average Arsenic content in the soil samples during January-December 2023 analyzed from Champion was 120.83 mg/kg, followed by 36.08 mg/kg at site A, 32.17 mg/kg at site D, and 28.00 mg/kg at site B. Tenants' soil contamination in season 3 was (19 mg/kg) as the lowest concentration through the campaign. When assessed season-wise in all sample sites the average concentrations season-wise was, season 4 at 60.45 mg/kg, followed by season 3 at 56.3 mg/kg, season 1 had 51.9 mg/kg, and the lowest amount observed during season 2 at 48.3 mg/kg.

In the graph 1, sites A (Oorgaum), B (Tenants), and D (Balghat) all have Arsenic levels in their soil that are below the legal limit. Only site C (Champion) shows higher Arsenic values in the soil sample than the permissible limits. The Arsenic concentrations in the soil samples are slightly rising from season to season. Initial concentrations tend to be lowest during season 1, with subsequent concentrations gradually rising throughout the year. According to Table 2, there is a positive and significant correlation between Arsenic pollution in the soil during seasons 1 (January–March) and 2 (r = 1.00, p < 0.05). There is also evidence of a statistically significant association concerning Arsenic pollution in soil, with values of (r = 0.993, p < 0.05) and (r = 0.999, p < 0.05), respectively, for Seasons 3 and 4.

Table 3. displays the results of a statistical analysis comparing arsenic concentrations in the soil across different seasons. The results show that there is a statistically significant difference between the arsenic concentrations in the soil between seasons 1 (January–March) and 4 (October–December) with a p-value of 0.003. We cannot statistically





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report a difference in arsenic levels between seasons 1 (January–March) and 2 (April–June) and seasons 1 (January–March) and 3 (July-September) since the p-value is greater than 0.05.

Effect of gold ore tailings on the groundwater during January-December 2023

Assessment of pH in bore well water

An indicator of many geochemical equilibrium or solubility calculations, pH is widely recognized as a critical ecological component. Most aquatic creatures have adapted to a specific pH level and cannot survive if that level suddenly changes, making pH a crucial element in any body of water.

The limit pH value for drinking water is specified as 6.5 to 8.5 (table-4). Sampling site Balghat has the lowest pH value i.e., 6.6 and Champion's pH value is the highest among all the sample sites (7.4) followed by Tenants and Oorgaum with the pH values 7.1 and 6.8 respectively.

Assessment of Hardness in groundwater

The levels of calcium and magnesium, and to a lesser extent iron, are what determine the hardness of water. Water hardness is expressed as the amount of calcium carbonate (CaCO₃) in milligrams per liter (mg/L) by adding the calcium and magnesium concentrations together. The weathering of limestone, sedimentary rock, and calcium-bearing minerals gives most groundwater its hardness. Chemical and mining wastewater, as well as the overuse of lime as a soil amendment in agricultural regions, can all contribute locally to groundwater hardness. The optimum range of hardness in drinking water is 250 ppm to 660 ppm(table-5). All the other sampling site's borewell water's hardness is much higher than the permissible limits. The highest water hardness is seen in the Oorgaum borewell water sample, followed by sites D, C, and B (Graph-2).

Arsenic concentration in groundwater

The environment contains naturally occurring arsenic, a hazardous element. Often used in household items, although its content in the environment may have been raised by human activity; it is released into the atmosphere through vehicle exhaust. Pipe corrosion is a major source of this substance in drinking water. Children under the age of six are particularly vulnerable to the adverse health effects of arsenic exposure, even from relatively modest exposure levels. hemoglobin production is disrupted; blood pressure is raised; kidneys are damaged. In table-6, the highest level of arsenic that can be present in groundwater is 0.05 mg/L. Sampling site C Champion is highly contaminated with arsenic. In Champion, the content is 0.863 mg/L, which is much higher than the upper limit set by the WHO (2004) for safe consumption. The average arsenic content in the groundwater samples taken from Champion was 0.559 mg/L, followed by 0.323 mg/L at site B, 0.277 mg/L at site A, and 0.161 mg/L at site D. Balghat's groundwater contamination in season 3 and 4 (0.155 mg/L) was lowest.

Sites A (Oorgaum), C, and D (all shown on the graph 3) all have arsenic levels in their groundwater that are above the legal limit. Only site B shows constant arsenic values in the groundwater sample. The arsenic concentrations in the groundwater samples are slightly rising from season to season. Initial concentrations tend to be lowest during season 1, with subsequent concentrations gradually rising throughout the year. According to Table 8, there is a positive and significant correlation between arsenic pollution in groundwater during seasons 1 (January–March) and 2 (r = 1.00, p < 0.05). There is also evidence of a statistically significant association concerning arsenic pollution in groundwater, with values of (r = 0.972, p < 0.05) and (r = 0.983, p < 0.05), respectively, for Seasons 3 and 4.

In table 9, there was a statistically non-significant average difference between arsenic levels in the groundwater during season1 (Jan-Mar) & season 2 (Apr-Jun), season 1 (Jan-Mar) & season 3 (Jul-Sept) and season 1 (Jan-Mar) & season 4 (Oct-Dec) since the p-value >0.05.





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CONCLUSSION

The permissible pH value for drinking water is specified as 6.5 to 8.5. Sampling site Balghat has the lowest pH value i.e. 6.6 and Champion's pH value is the highest among all the sample sites (7.4) followed by Tenants and Oorgaum with the pH values 7.1 and 6.8 respectively. In a similar study in Singapore, the [30], the pH value of water was observed as 7.8 ± 0.4 . In a similar study in Kuwait, the pH value of water was observed in the range 7.33-7.45, justifying our results. The highest EC in borewell water is observed in Champion (2110 μ S/cm), followed by Tenants, Oorgaum, and Balghat with the values 1900 μ S/cm, 1850 μ S/cm, and 1810 μ S/cm respectively. In a similar study in Palestine the [31] demonstrated the EC value of water was observed in the range of 473–1406, justifying our obtained results. In contrast, a study in Wondo Genet, the [32], reported the EC value of water was observed as 192.14 μ S/cm. All the other sampling site's borewell water's hardness is much higher than the permissible limits. Hardness is almost 2 times higher than the control water hardness. The highest water hardness is seen in the Oorgaum borewell water sample, followed by sites D, C, and B. In a similar study in Europe, the [33]. reported the hardness value of water was observed as 60 ppm. In a similar study in Sri Lanka, the [34]. reported the hardness of groundwater as 385 ppm.

When assessed for arsenic in soil, sample site (C) Champion, contained 140 mg/kg of Pb, which is almost 1.2 times the upper limit set by the WHO (2008) as permissible limits. The highest average arsenic content in the soil samples during January-December 2023 analyzed from Champion was 120.83 mg/kg, followed by 36.08 mg/kg at site A, 32.17 mg/kg at site D, and 28.00 mg/kg at site B. Tenants' soil contamination in season 3 was (19 mg/kg) as the lowest concentration through the campaign. A similar study done in Karnataka the [35] found the arsenic content in soils from 30 mg kg–1 in Kiradalli Tanda village soil. Sampling site C Champion is highly contaminated with arsenic. In Champion, the content is 0.863 mg/L, which is much higher than the upper limit set by the [29].for safe consumption. The average arsenic content in the groundwater samples taken from Champion was 0.559 mg/L, followed by 0.323 mg/L at site B, 0.277 mg/L at site A, and 0.161 mg/L at site D. Balghat's groundwater contamination in season 3 and 4 (0.155 mg/L) was lowest. In a similar study in Taiwan, it was found that the arsenic values were found in the range 0.001-0.019 mg/L. the [36]. validated that in Iran, the arsenic concentration was found to be in the range of 1-4.23 mg/L.

CONFLICTS OF INTEREST

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Table 1: Assessment of Arsenic in the soil (mg/kg) in various sampling sites during January-December 2023

| SAMPLING SITE | MAXIMUM PERMISSBLE LIMIT | HIGHEST | LOWEST | AVERAGE |
|---------------|--------------------------|---------|--------|---------|
| OORGAUM (A) | | 44 | 28 | 36.08 |
| TENANTS (B) | 98 | 34 | 19 | 28.00 |
| CHAMPION (C) | 98 | 140 | 88 | 120.83 |
| BALGHAT (D) | | 44 | 21 | 32.17 |





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Table 2: Correlation of Arsenic concentration in Soil in various seasons

| Sea | sons during 2023 | Correlation | Sig. |
|-----|------------------|-------------|------|
| 1 | Season 1 & 2 | 1.000 | .000 |
| 2 | Season 1 & 3 | .993 | .007 |
| 3 | Season 1 & 4 | .999 | .001 |

Table 3: Comparison of Arsenic concentration in Soil in various seasons

| | | | Paired D | ifferences | | | | |
|---------|--------------|-----------|------------|----------------|-----------------|------------|----|-------|
| | | | | 95% Confidence | Interval of the | | | |
| | | Std. | Std. Error | Difference | | | | P- |
| Seasons | Mean | Deviation | Mean | Lower | Upper | t | df | value |
| 1-2 | 3.58333 | 14.72306 | 7.36153 | -19.84434 | 27.01101 | .487 | 3 | .660 |
| 1-3 | - 4.41667 | 6.08809 | 3.04404 | -14.10417 | 5.27084 | - 1.451 | 3 | .243 |
| 1-4 | - 8.58333 | 1.91243 | .95622 | -11.62644 | -5.54022 | - 8.976 | 3 | .003 |

Table 4: Average concentration of pH in groundwater in sampling sites 2023

| Sites | pН |
|-----------------------|---------|
| Max permissible limit | 6.5-8.5 |
| Oorgaum | 6.8 |
| Tenants | 7.1 |
| Champion | 7.4 |
| Balghat | 6.6 |

Table 5: Average concentration of Hardness in groundwater in various sampling sites in 2023

| Sampling Sites | Hardness in ppm | | | |
|-----------------------|-----------------|--|--|--|
| Max permissible limit | 250-660 | | | |
| Oorgaum | 780 | | | |
| Tenants | 690 | | | |
| Champion | 710 | | | |
| Balghat | 730 | | | |

Table 6: Concentration of Arsenic in groundwater in mg/L in sampling sites during January-December 2023

| SAMPLING SITE | MAXIMUM PERMISSBLE LIMIT | HIGHEST | LOWEST | AVERAGE |
|---------------|--------------------------|---------|--------|---------|
| OORGAUM (A) | | 0.015 | 0.013 | 0.014 |
| TENANTS (B) | | 0.005 | 0.003 | 0.004 |
| CHAMPION (C) | 0.01 | 0.349 | 0.157 | 0.228 |
| BALGHAT (D) | | 0.070 | 0.050 | 0.060 |

Table 7: Concentration of arsenic in groundwater in mg/L in sampling sites during January-December 2023

| SAMPLING SITE | MAXIMUM PERMISSBLE LIMIT | HIGHEST | LOWEST | AVERAGE |
|---------------|--------------------------|---------|--------|---------|
| OORGAUM (A) | 0.05 | 0.283 | 0.271 | 0.277 |
| TENANTS (B) | 0.05 | 0.326 | 0.320 | 0.323 |
| CHAMPION (C) | 0.05 | 0.863 | 0.460 | 0.559 |
| BALGHAT (D) | 0.05 | 0.168 | 0.155 | 0.161 |



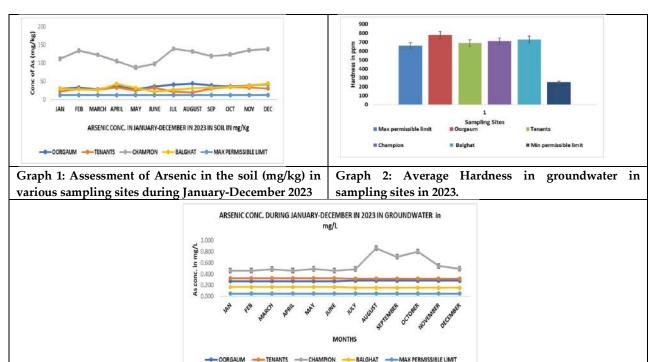


| Ashok Dhayalan | et al., |
|----------------|---------|
|----------------|---------|

| Sea | asons during 2014 | Correlation | Sig. |
|-----|---------------------|-------------|------|
| 1 | Season 1 & Season 2 | 1.000 | .000 |
| 2 | Season 1 & Season 3 | .972 | .028 |
| 3 | Season 1 & Season 4 | .983 | .017 |

Table 9: Comparison of arsenic concentration in Groundwater in various Seasons

| Paired Differences | | | | | | | | |
|--------------------|--------|-------------------|------------|--|---------|--------|----|---------|
| Seasons | Mean | Std. Deviation | Std. Error | 95% Confidence Interval of the Difference | | t | df | P-value |
| | | Deviation | Mean | Lower | Upper | | | |
| 1 – 2 | 000208 | .000417 | .000208 | 000871 | .000455 | -1.000 | 3 | .391 |
| 1 – 3 | 052125 | .109947 | .054974 | 227075 | .122825 | 948 | 3 | .413 |
| 1 - 4 | 034000 | .073957 | .036979 | 151683 | .083683 | 919 | 3 | .426 |



Graph 3: Concentration of arsenic in groundwater in mg/L in sampling sites during January-December 2023





RESEARCH ARTICLE

Analysis of Virtually Shopping Customer Employing RFM Technique and Clustered using Machine Learning Technique

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ABSTRACT

Enhancing data gathering and leveraging the acquired data to derive valuable insights is a fundamental responsibility within the domain of customer segmentation. In this study, all relevant criteria are employed to effectively extract information from the available data. To attain the desired results, many techniques are employed, including the utilization of k-means clustering to categorize clients into clusters based on their shared tastes and requirements. The concept of clustering refers to the process of grouping similar data points together based on their inherent the identification of customers that are unlikely to contribute to the business's growth can be achieved by employing the K-means algorithm. Subsequently, the effectiveness of these customer classifications can be assessed through the application of silhouette analysis. The data will undergo normalization using the min-max normalization approach. The main aim of normalization is to determine the likelihood that a specific score will fall within the normal distribution of the dataset. Simultaneously, the process of clustering labeled data will be carried out alongside the clustering of unlabeled data, utilizing the same clustering approach. The data points will be categorized according to the degree of similarity in their feature structures. The application of Silhouette Analysis, a technique that measures the distances between points inside a cluster and facilitates the generation of visual representations for classifying different types of data, will be employed to complete the data analysis. The present technique quantifies the spatial separation among different sites within a given cluster. Furthermore, the RFM methodology was employed to ascertain the worth of individual consumers by analyzing their past purchasing patterns.

Keywords: Customer segmentation, K-means Clustering, RFM Analysis, min-max normalization approach, Silhouette Analysis





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INTRODUCTION

The market has witnessed an influx of new enterprises and entrepreneurs, hence intensifying the competition faced by established organizations as they strive to effectively engage and keep clients. According to Bardaki (2018)[1], the preceding development has rendered it suitable for firms of varying scales to prioritize the provision of outstanding customer service. Furthermore, the ability of a corporation to understand the different needs of its consumers and develop tailored approaches to address those needs will lead to enhanced overall customer service. The implementation of a structured client service framework facilitates the acquisition of such valuable insights. Customers in each subgroup share market characteristics (Premkanth, 2012)[2]. Traditional market analytics sometimes struggle to effectively handle a large customer base. However, the emergence of big data concepts and machine learning has led to the use of automated consumer segmentation approaches. In this paper, the utilization of the k-means clustering algorithm is employed (Goyat, 2011)[3].

This research study encompasses a series of sequential steps in its methodology. Furthermore, during the initial phase, the existing data inside the dataset will undergo pre-processing utilizing the Knowledge Discovery technique, with the aim of extracting pertinent information for training purposes through the utilization of a machine learning algorithm. The subsequent procedure involves the implementation of the Min-Max normalization approach. The basic objective of normalization is to determine the probability of a score being within the normal distribution of the data. Simultaneously, the clustering technique is employed on the unlabeled data in order to ascertain groupings within the dataset. The data is categorized into clusters based on their degree of similarity in relation to a specific attribute. In the ultimate phase of the system, Silhouette Analysis will be employed to assess the degree of segregation among data points within a solitary cluster, so enabling the generation of a visual depiction of the model's classification.

CUSTOMER CLUSTERING

Companies have had to grow their profitability and company through time as a result of fierce competition in the business field to meet customer expectations and attract new clients depending on their desires. It's tough and time-consuming to identify and respond to each customer's needs. This is owing to the fact that, among other things, clients have a diverse set of aims, interests, and preferences. Customer segmentation, as opposed to a "one-size-fits-all" strategy, divides customers into groups based on comparable characteristics or habits. Customer segmentation is a marketing strategy that divides a market into distinct, homogeneous groups. The data used in the customer segmentation strategy, which divides customers into categories, is based on a number of factors, including regional circumstances, economic patterns, and demographic trends, and behavioral patterns. A client segmentation technique can help a company's marketing resources be better utilized (Hemashree Kilari)(2022)[4].

Managing customers and identifying their likes and dislikes plays a vital role in market business. It has been observed that companies face losses because they are not able to identify the potential customers that will bring them profit. One of the many reasons of these losses are that the companies are using mass marketing tactics that are since whatever we are selling would be liked by everyone. These tactics are time-consuming, expensive, and even proved non-profitable. These strategies are ineffective since every consumer is unique, necessitating the use of some form of algorithm or practice to categories them based on the similarity of their preferences and direct our attention to those groups. To find hidden patterns in data and make future decisions that will be more effective, machine learning is utilized. The hazy idea of which section to target is made clear by the implementation of segmentation. Customer segmentation is the practice of classifying consumers into groups based on similar behavioral patterns and customers into distinct groups based on different behavioral patterns. Suppose a brand focuses on all the customers that are visiting their website but some of them are just browsing their site without intending to buy anything, such people make it difficult for the seller to sell his product as he is targeting everyone. In these types of situation customer segmentation is used (Garima Sharma) (2021)[5].





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MACHINE LEARNING

We've seen machine learning in action in a variety of businesses, like Facebook, where it helps us identify ourselves and our friends, and YouTube, where it helps us discover new content, where it recommends movies based on our preferences. Machine learning is divided into two types: unsupervised learning and supervised learning. A data analyst often employs supervised learning to address problems like classification and regression, implying that the data in this case is targetable and that we want to anticipate in the future, such as assessing a student's worth or the amount of monthly costs. Unsupervised learning, on the other hand, may or may not have a label or goal in mind. Because it is based on a mathematical model, clustering, for example, does not have a changeable goal. For instance, we might want to group students depending on their learning interests. or product purchases. Strong competition exists in the marketing business, particularly malls, in order to boost consumer numbers and so produce big profits. Many retailers and other marketplaces are already using machine learning to achieve this goal. Malls and shopping centres use the information they collect from customers to construct machine learning models that target the right individuals. This not only boosts revenue and visitor numbers, but it also increases business efficiency [4].

K-means clustering is an unsupervised machine learning approach that segments a dataset into K groups based on shared features. Applying min-max scaling, which converts all the integers to a range from 0 to 1, is one way to normalize a dataset. The clustering precision of the K-means algorithm has been studied in the past, with notable studies including: Mohamad (2013)[6] looked on how normalizing data impacted the accuracy of K-means clustering. In a study comparing K-means' performance on normalized and unnormalized datasets, min-max scaling was found to significantly improve the clustering algorithm's accuracy. Mukhametzyanov (2023)[7] looked into the effect that various normalization techniques had on the accuracy of K-means clustering. Min-max scaling, Z-score normalization, and decimal scaling were all tested to see which would improve K-means' clustering performance the best, and min-max scaling was shown to be the most effective. What factors should be considered while settling on the optimal number of clusters?

Dendrograms are a useful tool for representing the results of a hierarchical clustering investigation. They show how the various data clusters are related to one another and how the data was organized. To cite Forina (2002)[8]. The optimal number of clusters can be identified by analyzing the node distances displayed in the dendrogram. Finding the longest horizontal line that does not intersect any existing clusters is a frequent approach to deciding on the optimal number of clusters. This distance, often known as the "elbow" or "knee" point, measures the optimum number of clusters for the data collection. To help businesses better comprehend their data and make informed decisions about consumer segmentation, they can use dendrograms to visualize the results of hierarchical clustering. The accuracy of the segmentation model is highly correlated with the number of clusters used in the analysis. There is a danger of oversimplification in segmentation with too few clusters, and of incomprehensibility un segmentation with too many. Silhouette analysis can be used to determine the optimal number of clusters by maximizing similarity within each group and minimizing similarity between groups. Determining the optimal number of clusters can help improve the segmentation model's accuracy and performance. According to Bell (2007)[9], increasing the number of clusters can result in less accurate segmentation models due to the curse of dimensionality. As the number of variables or dimensions in a dataset increases, the complexity of detecting meaningful patterns or clusters also increases. Another study by (Jain, 1988)[10] demonstrated that excessive use of clusters-or "over-segmentation"can reduce the accuracy of the segmentation model. This occurs when the size of the clusters is too small to give meaningful subsets of the data. However, the accuracy of the segmentation model may degrade if too few clusters are used (under-segmentation). If the clusters are too large, they won't be able to identify smaller variations in the data.

RFM analysis with K-means clustering with hyperparameters provide a more accurate and data-driven technique for consumer segmentation. RFM analysis takes into account the recency, frequency, and monetary value of client purchases, allowing for a deeper understanding of customer behaviors and preferences. K-means clustering with hyperparameters automates the segmentation process, doing away with the requirement for labor-intensive and prone-to-error manual segmentation. A more accurate and efficient technique of customer segmentation is





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accomplished by integrating RFM analysis with K-means clustering with hyperparameters. Gupta (2006) [11] compared the efficiency of RFM analysis to that of more conventional approaches like demographic segmentation and behavioral segmentation in predicting client retention and loyalty. The research found that RFM analysis is an effective method for consumer segmentation because it outperformed more traditional methods in gauging client loyalty and retention. Traditional versus hyper parameterized K-means clustering: According to studies (Chu, 2021)[12], K-means clustering with hyperparameters outperforms regular K-means clustering when used to the task of customer segmentation. Hyper parameterized K-means clustering outperformed baseline methods in both effectiveness and stability. The optimal number of clusters was found to be determined by using hyper parameter tuning procedures like the elbow approach and silhouette analysis. Shalabi (2006)[13] A new range of values is found from the old ones by the scaling, mapping, or pre-processing technique known as normalization. Forecasting and prediction can both be done with this strategy. (PATRO, 2006)[14] There are several ways to predict or anticipate the similarities, but each strategy is unique based on the data it receives as input and how it interprets the information. To preserve the large range of variation, normalization techniques must be used to bring the anticipated outcomes closer together.

In order to better understand the need of normalization, let us examine an example. For instance, the dataset for height and weight may contain a range of measurement units, such as meters, inches, and grams. The findings of the data processing were skewed due to the large range of units. Data must be standardized or normalized in order to remove dependency on multiple measuring units and achieve a single measurement unit. The process of normalization involves reducing a large range of data to a single range, usually between -1 and 1, depending on the weight of the data. Among the methods used to normalize data are decimal scaling, min-max normalization, and Z-score normalization. I looked into each strategy and tried to determine its use and limitations for a long period.

PROPOSED WORK

The process is divided into several discrete steps. Furthermore, as part of the initial phase, the available data inside the dataset will undergo preprocessing using the Knowledge Discovery technique. Subsequently, a machine learning algorithm will be employed to extract the significant data for training purposes. The subsequent stage involves implementing the Min-Max normalization technique. The primary aim of the normalization procedure is to assess the probability of a score being situated within the normal distribution of the dataset. During this process, the clustering technique is employed to analyze the unlabeled data and identify clusters within the dataset. Within this section, the data is categorized into several groups according to the degree of similarity they possess in relation to a specific characteristic. During the final stage of the system, Silhouette Analysis will be employed to assess the proximity of data points within a given cluster. This process enables the creation of a graphical representation that accurately reflects the categorization output produced by the model.

RFM ANALYSIS FOR THE ANALYSIS OF DATA:

The RFM (recency, frequency, and monetary) model, proposed by Hughes (1994)[15], is a behaviour-based model that enables the prediction of customers' purchasing patterns. The concept of recency pertains to the temporal proximity of a buy event, while frequency denotes the quantification of purchase occurrences within a specified temporal interval. Monetary, on the other hand, encompasses the aggregate expenditure incurred within the same temporal framework (Wang, 2022)[16]. The utilization of customers' perceptions of the product, brand, perks, and loyalty as a segmentation variable can be facilitated through the aforementioned three behavioural characteristics.

Use of the RFM Model

Organizations that adopt the RFM (Recency, Frequency, Monetary) framework observe enhanced response rates, reduced order costs, and increased profitability. In order to apply the RFM model, it is necessary to associate each customer's name and address with a unique identifier, such as an account number, and link it to their respective orders. Additionally, it is crucial to record each transaction in conjunction with the corresponding unique identifier (Hughes, 1994)[15]. In order to ascertain significant and esteemed clients, RFM analysis examines the transaction





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history by considering factors such as the timing of purchases, frequency of purchases, and monetary expenditure (Miglautsch, 2002)[17]. The RFM methodology facilitates the categorization of consumers into different segments. The consumer base was categorized into four distinct segments according to their varying degrees of uncertainty: spenders, frequent customers, top customers, and spenders.

MIN-MAX SCALING

Normalization can be conceptualized as a technique for scaling, mapping, or pre-processing data. One potential strategy for broadening the scope of the search is to leverage the existing coverage area. Undoubtedly, the utilization of this tool holds significant potential in facilitating the formulation of future projections or predictions. There exist multiple methodologies for generating predictions and forecasts, which may yield disparate outcomes. Normalization is a technique employed to reconcile divergent predictions and forecasts, as noted by Ali (2022)[18].

The Min-Max Normalization technique involves applying a linear modification to the original range of data. The Min-Mix Normalization technique is a strategy that aims to maintain the inherent relationships present in the original dataset. The utilization of Min-Max normalization is a straightforward approach that effectively scales the data to conform inside a predetermined range (Ali, 2022)[18].

According to the Min-Max method of normalizing

$$A' = \left(\frac{A - \min \text{ value of } A}{\max \text{ value of } A - \min \text{ value of } A}\right) \times (D - C) + C$$

Where,

A' contains Min-Max Normalized data one If pre define boundary is [C, D] If A is the range of original data & B is the mapped one data then,

Formulation of Min-Max Normalization (PATRO, 2015)[19]

Normalization, also known as min-max scaling, is a technique utilized to transform numerical data into a standardized range between 0 and 1. When employed alongside k-means clustering, it assists in the process of customer segmentation by enabling more impartial evaluations of features across various units and scales. This literature review investigates the advantages and disadvantages associated with the utilization of min-max scaling in k-means consumer segmentation.

(1)

The utilization of dendrograms for cluster representation:

A dendrogram is a visual depiction of the outcomes derived from an examination of hierarchical clustering. Chehreghani (2020)[20] asserts that it illustrates the interconnectedness of entities based on the degree of similarity or dissimilarity in their attributes. A dendrogram is a graphical representation that depicts groupings as branches and individual objects as leaves inside a tree-like structure. The initial stage in constructing a dendrogram involves the generation of a distance matrix that quantifies the dissimilarity between each item within the collection. The distance matrix exhibits the proximity or similarity between each pair of elements. Various distance metrics, such as the Euclidean distance or the cosine similarity, might be employed for this objective. The user's text does not contain any information to rewrite. Next, the objects are clustered using the hierarchical clustering technique, which is applied to the distance matrix. The technique begins by considering each object as an own cluster, and subsequently combines them iteratively until only a single cluster remains. The algorithms utilized in hierarchical clustering can be classified into two main categories: agglomerative and divisive.

The determination of the optimal number of clusters for subsequent analysis can be achieved by employing a dendrogram, which provides a graphical depiction of the hierarchical organization of the data. The process of selecting a specific height threshold on the dendrogram and subsequently dividing the tree at that level results in the





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determination of the most suitable number of clusters. Subsequently, the created groups are utilized in subsequent investigations or depictions.

The process of interpreting dendrograms

The vertical axis of the dendrogram represents the distance or height between groupings. The degree of fusion or merging directly correlates with the dissimilarity of the clusters. The dendrogram's horizontal axis reveals the presence of clusters, whether they consist of objects or individuals. The positioning of the objects in the lower section of the dendrogram can either be assigned randomly or reflect the initial organization of the data.

Identify the points of intersection or fusion of branches within the dendrogram. These dots show clusters that exhibit varied degrees of resemblance. To determine the number of clusters, it is necessary to establish a height threshold on the dendrogram and thereafter partition the tree at that specific level. The clusters that emerge from the application of this criterion to the dataset are the assemblages of items that exhibit the highest degree of similarity to one another. Verifying k-means clustering findings: k-means clustering results can be verified with a dendrogram by comparing the dendrogram's structure to the clusters produced by the algorithm. The validity of the clustering results is further supported if the clusters produced by k-means agree with the dendrogram's structure (Nindhia, 2015)[21].

K-MEANS CLUSTERING

K-means clustering is a widely used unsupervised machine learning technique that involves the grouping or clustering of data points according to their similarity. According to Yong (2010)[22], this approach is extensively employed in the fields of data mining, market analysis, and client segmentation. The k-means algorithm partitions data into a predetermined number of clusters, as chosen by the user. Subsequently, the algorithm utilizes the measure of distance between individual data points and the centroid of each cluster to ascertain the appropriate cluster assignment for each data point (Yong, 2010)[22]. The centroid of a cluster is defined as the arithmetic mean of all the data points within the cluster.

The k-means algorithm operates as follows:

- I. The initial k centers are randomly selected.
- II. The data points are organized into k clusters by assigning them to their respective centroid.
- III. Calculate the centroid for each cluster.
- IV. Each data point is assigned a new centroid, replacing the old centroid.

Continue to repeat steps 3 and 4 until both the centroids and medians remain within a predetermined threshold, indicating stability in the clustering process. The k-means algorithm generates k clusters, each of which consists of data points that exhibit the highest similarity within their respective cluster and the lowest similarity with data points in other clusters.

SILHOUETTE ANALYSIS

Silhouette analysis is employed in unsupervised learning methodologies such as k-means clustering to evaluate the precision of the resultant clusters. The degree of conformity of each data point inside its cluster is assessed by comparing it to the other data points in that cluster. The silhouette score is a metric that measures the quality of clustering results. It is a numerical value that falls within the range of -1 to 1. Higher scores, closer to 1, indicate well-defined clusters, while lower scores, closer to -1, suggest less distinct clusters. This score is utilized to quantify the level of isolation across clusters (Wang, 2017)[23].

The subsequent sections delineate the many processes involved in silhouette analysis

The silhouette score for each data point is provided below. It is necessary to calculate the average distance of each data point from all other points inside its own cluster, as well as from all points in the next cluster. The silhouette





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score of a point is determined by dividing the difference between the distances to the nearest cluster (b) and the second nearest cluster (a) by the greatest value between a and b. Analyze and interpret the results: If a cluster exhibits a high average silhouette score, it indicates that the data points within the cluster are very similar to each other and are distinct from the data points in other clusters. A cluster exhibiting a low average silhouette score indicates inadequate isolation from adjacent clusters and is likely to have data points that exhibit limited comparability among themselves.

The application of silhouette analysis enables the evaluation of clustering outcomes in terms of their accuracy and facilitates the identification of the optimal approach for partitioning a given dataset into distinct groups. In order to ascertain the relevance and utility of the created clusters for subsequent study, it is feasible to ascertain the optimal number of clusters by means of comparing the silhouette scores across different cluster quantities (Wang, 2022)[16].

RESULT AND DISCUSSION

The entire process is strategically divided into distinct phases to optimize the utilization of data for effective machine learning training.

Pre-processing and Knowledge Discovery

The initial phase focuses on pre-processing the existing dataset through the Knowledge Discovery process. This involves extracting pertinent information that is crucial for training machine learning algorithms. The aim is to filter and refine the dataset, ensuring that only the most relevant data is considered for further analysis.

Normalization using Min-Max Normalization

Following the pre-processing phase, the dataset undergoes normalization using the Min-Max normalization technique. This step is pivotal in determining the probability of a score occurring within the normal distribution of the data. By standardizing the data range, the normalization process enhances the algorithm's ability to uncover patterns and relationships within the dataset.

Clustering Technique for Unlabeled Data

Simultaneously, an advanced clustering technique is applied to the unlabeled data to identify inherent groups within the dataset. Data points are clustered based on the similarity of their features, allowing for the discovery of underlying patterns and structures. This step facilitates a more nuanced understanding of the relationships among data points.

Silhouette Analysis for Data Interpretation

In the final phase, a sophisticated Silhouette Analysis is employed to measure the distance between different points within a cluster. This analysis provides a graphical representation of the classification between various data points, allowing for a visual interpretation of the model's performance. Silhouette Analysis aids in assessing the effectiveness of the clustering algorithm and highlights the distinctiveness of clusters.

Data Analysis and Pre-Processing

Dataset: https://archive.ics.uci.edu/dataset/352/online+retail. In order to perform an exhaustive examination of the customer data, we employ a variety of robust data science libraries, such as Matplotlib, NumPy, and Pandas. These libraries are of the utmost importance for perusing, manipulating, and visualizing the available data in an efficient manner; they facilitate insightful observations and well-informed decisions.





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DATASET FEATURES

ID of the Customer: Serves as a unique identifier for each customer, allowing for individual tracking and analysis.

Invoices of the Customer: Records the number of invoices associated with each customer, providing insights into their transactional activity.

Unit Price of Product: Reflects the cost per unit of the product purchased, aiding in understanding the pricing dynamics and customer spending patterns.

Quantity: Represents the quantity of products bought by each customer, contributing to a comprehensive assessment of purchasing behavior.

Invoice Date: Captures the date of each invoice, facilitating temporal analysis and enabling the identification of trends over time.

Amount: Quantifies the monetary value associated with each transaction, offering a holistic view of customer expenditure.

ANALYSIS PROCESS

The analysis process involves importing the dataset using Pandas, utilizing NumPy for numerical operations, and employing Matplotlib for creating visualizations. Through these libraries, we aim to uncover meaningful insights into customer segmentation, transaction patterns, and overall trends within the dataset. By combining the features of the customer data with the capabilities of these data science libraries, the analysis becomes a robust and systematic exploration, leading to a richer understanding of the dynamics and behaviors inherent in the customer dataset From above Table 1 and Fig 3 the analysis indicates that the dataset holds a wealth of diverse and valuable information, providing numerous opportunities for extraction and exploration. With a comprehensive set of features such as customer demographics, product details, and transaction history, the dataset opens up a broad spectrum of analytical possibilities. It allows for in-depth examinations of customer behavior, product popularity, purchasing trends over time, and the identification of correlations between various variables. The dataset's richness also facilitates segmentation of customers into distinct groups, enabling targeted marketing and personalized strategies. Furthermore, the presence of patterns and trends within the data supports predictive modeling, aiding in forecasting future trends, customer preferences, and market shifts. Businesses can leverage this variability to optimize their operations, improve efficiency, and stay competitive. Continuous analysis and extraction of insights from this diverse dataset contribute to ongoing efforts in adapting to changing market conditions and enhancing overall business performance. In summary, the dataset presents a robust foundation for comprehensive exploration and extraction of valuable insights that can drive strategic decision-making and business success.

RFM Analysis

The RFM (Recency, Frequency, Monetary) model serves as a powerful technique in understanding and quantifying customer behavior based on their responsiveness to transactions. This methodology involves the assessment of three key parameters

Recency: The Recency parameter delineates the recentness of a customer's purchase activity. It aims to identify when a customer last engaged in a transaction, providing insights into their ongoing connection with the organization. The calculation of Recency involves assigning values based on the most recent purchase date, forming a foundation for subsequent reminders and targeted marketing campaigns.

Frequency: Frequency relates to how frequently a customer engages in transactions. This parameter considers factors such as product type, pricing, and customer behavior regarding product replacements. By analyzing Frequency, organizations can manage marketing costs and efforts more effectively, attracting new customers and retaining the loyalty of existing ones.

Monetary: The Monetary parameter helps identify the amount of money a customer spends on purchases and reveals the spending behavior of different customer segments. Calculated using a specific syntax, Monetary value aids in understanding the nature of customer expenditure, providing valuable insights for targeted marketing and tailored business strategies.



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From above Table 2 In the initial steps of RFM analysis, customers are assigned values for Recency, Frequency, and Monetary parameters. Subsequently, the customer list is segmented into tiers based on these dimensions (R, F, and M), forming the basis for targeted marketing and advertising campaigns. This sophisticated approach allows organizations to tailor their strategies effectively, optimizing customer engagement and maximizing business impact.

Fig 4 by visualizing the distribution of clients across various recency, frequency, and monetary divisions, this graph helps firms adjust their marketing tactics and offerings. Shorter bars represent fewer clients, whereas higher bars represent a greater amount of customers falling into that group. By looking at how the bars are distributed throughout the Recency, Frequency, and Monetary categories. For example: A large proportion of clients in the "0-50 days" recency category points to a robust recent clientele. More consumers in the higher frequency categories point to a devoted following of buyers who make up to four purchases annually. Higher bars in the Monetary "High spenders" category denote important consumers that make a considerable revenue contribution up to a minimum purchase of \$50.

Building Dendrogram

A dendrogram is a diagram that illustrates the distances between attributes in sequentially merged classes. To prevent overlapping lines in the diagram, it arranges the merged pairs of classes adjacent to their neighbors. The information within this diagram is subsequently utilized for clustering algorithms. In essence, a dendrogram provides a visual representation of the relationships and distances between paired classes, facilitating a clearer understanding of clustering patterns and aiding in the analysis of hierarchical structures. From Above Fig 5 upon careful inspection of the dendrogram, it is observed that there are discernible points where the vertical lines display notable shifts in height. These points may suggest potential cluster boundaries, and the number of these significant changes could correspond to the optimal number of clusters.

Specific Findings:

Three Potential Clusters: A distinct change in height is noticed, indicative of a potential split into three clusters. The branches below this point represent relatively homogeneous groups of data points.

Four Potential Clusters: Another notable change in height occurs, suggesting a possible alternative clustering scenario with four distinct groups. This is marked by a significant divergence in the dendrogram structure.

Decision-Making: The choice between three or four clusters depends on the specific characteristics of the dataset and the objectives of the analysis. It may be beneficial to experiment with both scenarios and evaluate the performance of clustering algorithms to determine the most suitable number of clusters for extracting meaningful insights from the data.

Model Building Using K-Means Clustering

The K-Means clustering algorithm is a versatile tool for partitioning data into distinct groups based on similarity. When utilizing the K-Means class, several parameters contribute to the customization of the algorithm. In this particular implementation, the focus is on three key parameters:

Init (Initialization Method):

Init defines the method for initializing centroids, which are crucial in determining the cluster centers. The 'k-means++' option, chosen here, employs a smart strategy to place the initial centroids, enhancing the convergence speed of the K-Means algorithm.

n_clusters (Number of Clusters)

The n_clusters parameter sets the number of clusters the algorithm aims to form. In this case, the value is set to 3, indicating the intention to identify three distinct groups within the data. Adjusting this parameter allows for flexibility in capturing different levels of granularity in the clustering.





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n_init (Number of Initializations)

n_init specifies how many times the K-Means algorithm will run with different initial centroid seeds. The algorithm calculates the inertia for each run, and the configuration yielding the lowest inertia is considered the final result. In this implementation, a common practice is to set n_init to 12, ensuring robustness in capturing the optimal clustering outcome.

Visualization of Clusters

Above Fig 6 the visual representation of customer clusters reveals compelling insights. Cluster 1 encapsulates customers sharing notable similarities in characteristics and behaviors, presenting a lucrative target for focused marketing campaigns. The concentrated nature of this cluster suggests that tailoring strategies specifically for these customers could yield impactful results. Conversely, Cluster 3, while smaller in size, represents a distinct customer segment. Recognizing this smaller group's unique attributes and preferences is an opportunity for businesses to strategize on expanding and retaining customers within this cluster. By implementing targeted initiatives, businesses can aim to increase the size and influence of Cluster 3. Visual aids, such as bar graphs, prove invaluable in this context. These tools facilitate a quick and comprehensive understanding of customer segments. Bar graphs, for instance, enable businesses to visually discern the composition of each cluster, empowering them to fine-tune marketing efforts with precision. Leveraging such visual aids enhances the effectiveness of marketing strategies, maximizing engagement and ultimately driving revenue.

In essence, the visualization serves as a strategic guide, enabling businesses to navigate customer segmentation effectively and optimize their marketing approach for each distinct cluster.

SILHOUETTE ANALYSIS FOR OPTIMAL CLUSTERING

Silhouette analysis is a crucial technique for validating clustering groups and determining the most suitable cluster configuration. The silhouette() function plays a pivotal role in this process by computing the average width of silhouettes. This width serves as a valuable metric for identifying the optimal cluster size. The silhouette average width is plotted against the number of cluster centers to visually identify the optimal cluster configuration. The cluster with the largest silhouette average width is considered the best choice. In this example, the general value of the average width of the silhouette is found to be 3 clusters per the analysis. Upon evaluating the clustering analysis, K-means clustering with Silhouette evaluation method demonstrates superior performance, particularly with k=4. In contrast, hierarchical clustering with the elbow method encounters challenges as it does not perform optimally with the same k value, highlighting the potential ambiguity associated with this approach.

In order to find the ideal number of clusters in a dataset, the Silhouette Analysis graph is a useful tool for cluster analysis. It computes the Silhouette Score for each data point and then averages these values to get an overall score for the clustering configuration.

X-axis: Number of Clusters (k):

The number of clusters being assessed in the dataset is shown on the x-axis. It varies from two to fourteen clusters in this instance.

Y-axis: Silhouette Score:

The y-axis displays the Silhouette Score, a metric that quantifies an object's cohesiveness (similarity to its own cluster) in relation to its separation (difference from other clusters). The range of the Silhouette Score is -1 to 1. When an item has a high silhouette score, it means that it matches well with its own cluster and poorly with nearby clusters. This is advantageous as it implies a distinct division between clusters. Finding the number of clusters (k) where the Silhouette Score is maximized—a sign of the ideal clustering arrangement—is the aim. The fact that your dataset is divided into three clusters yields the highest average similarity within clusters and the largest dissimilarity across clusters when compared to alternative cluster configurations, as indicated by the higher score in three clusters. From





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above Table 3 Each client's cluster assignment is listed in the cluster column, with values of 1 through 3 designating which cluster the customer belongs to. It is anticipated that customers belonging to the same cluster will display comparable behavior or attributes, depending on the clustering parameters (Recency, Frequency, Monetary). Customers in Cluster 1 may, therefore, be people who have recently made small-scale, infrequent transactions. Consumers in Cluster 2 may be those who make regular purchases of moderate value, while consumers in Cluster 3 might be high-value individuals who make regular purchases of large value. You may better satisfy the demands of each segment by customizing your marketing strategy, product offers, and customer service activities to each cluster, which represents a specific portion of your client base with unique behavior patterns.

COMPARISON OF EXISTING AND PROPOSED SYSTEM

In Existing system Agglomerative Clustering was used with RFM analysis, after finding the clustering using different k. The greater silhouette score found in 3 clusters same as in k-means. From Fig 8 and Table 4 the proposed technique has significantly improved customer segmentation compared to the existing agglomerative clustering method. With agglomerative clustering, the silhouette score stood at 0.42 when utilizing 3 clusters. However, upon implementing K-means clustering with silhouette analysis, the silhouette score notably increased to 0.46 with the same number of clusters. This enhancement signifies that the proposed technique not only provides a more objective measure for determining the optimal number of clusters but also yields more distinct and well-separated clusters, thus leading to a more refined and effective segmentation of customers.

CONCLUSION

In the domain of consumer segmentation, enhancing data collection and utilizing the acquired data to derive pertinent insights constitutes a highly consequential undertaking. The utilization of the k-means algorithm the topic of interest is clustering. The application of silhouette analysis is employed to assess the precision of customer classification, while the utilization of K-means aids in the identification and removal of potential clients who are unlikely to contribute to the company's growth. The customer segmentation method involved the application of three approaches: k-means clustering, silhouette analysis, and RFM analysis. One of the most significant findings is that clients who have been active recently have the greatest evaluations in terms of frequency and monetary value. The evaluation of clustering quality is conducted by the application of the silhouette approach, which entails the assessment of both intra-cluster similarity and inter-cluster dissimilarity. The silhouette score is a metric that measures the quality of clustering results. The utilization of three clusters might facilitate firms in customizing their marketing tactics to distinct client segments characterized by comparable demands and preferences, thereby enhancing customer happiness and augmenting income.

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| | Data columns (total 8 columns): | | | | | | | |
|---|---------------------------------|----------|----------|----------------|--|--|--|--|
| # | Column | Non-Null | Count | Dtype | | | | |
| 0 | InvoiceNo | 354321 | non-null | object | | | | |
| 1 | StockCode | 354321 | non-null | object | | | | |
| 2 | Description | 354321 | non-null | object | | | | |
| 3 | Quantity | 354321 | non-null | int64 | | | | |
| 4 | InvoiceDate | 354321 | non-null | datetime64[ns] | | | | |
| 5 | UnitPrice | 354321 | non-null | float64 | | | | |
| 6 | CustomerID | 354321 | non-null | object | | | | |
| 7 | Country | 354321 | non-null | object | | | | |
| 8 | Amount | 354321 | non-null | float64 | | | | |

Table 1 Feature Analysis





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|--------------------------------------|
|--------------------------------------|

Table 2. Result for Recency, Frequency and Monetary Calculation

| [1] | [2] CustomerID | [3] Recency | [4] Frequency | [5] Monetary |
|-----------|----------------|-------------|---------------|--------------|
| [6] 0 | [7] 12346 | [8] 325 | [9] 1 | [10] 77183.6 |
| [11] 1 | [12] 12747 | [13] 2 | [14] 11 | [15] 689.49 |
| [16] 2 | [17] 12748 | [18] 0 | [19] 209 | [20] 3841.31 |
| [21] 3 | [22] 12749 | [23] 3 | [24] 5 | [25] 98.35 |
| [26] | [27] | [28] | [29] | [30] |
| [31] 3916 | [32] 18281 | [33] 180 | [34] 1 | [35] 5.04 |
| [36] 3917 | [37] 18282 | [38] 7 | [39] 2 | [40] 38.25 |
| [41] 3918 | [42] 18283 | [43] 3 | [44] 16 | [45] 66.75 |
| [46] 3919 | [47] 18287 | [48] 42 | [49] 3 | [50] 80.4 |

Table 3. Customer Segmentation using Clusters

| [51] | [52] Custo | [53] Recen | [54] Frequen | [55] Moneta | [56] R | [57] F | [58] M | [59] Clust |
|-----------------------|------------|-------------------|----------------|--------------------|---------------|---------------|---------------|----------------|
| | mer ID | cy | cy | ry | | | | er |
| [60] 0 | [61] 12749 | [62] 4 | [63] 5 | [64] 98.35 | [65] 0.0091 | [66] 0. | [67] 0.4302 | [68] 2 |
| [00] 0 | | [02] 4 | [05] 5 | [04] 20.00 | 19 | 4 | 53 | [00] 2 |
| [69] 1 | [70] 12820 | [71] 4 | [72] 4 | [73] 58.2 | [74] 0.0091 | [75] 0. | [76] 0.2539 | [77] 1 |
| [09] 1 | [70] 12020 | [/1] + | [/2] 4 | [75] 50.2 | 19 | 3 | 09 | [//] 1 |
| 17 01 0 | 10001 | 1001 01 | 1011 | 1001 10 0 0 | [83] 0.6504 | 10.41 0 | [85] 0.0857 | 10 c1 0 |
| [78] 2 | [79] 12821 | [80] 215 | [81] 1 | [82] 19.92 | 56 | [84] 0 | 78 | [86] 3 |
| [87] | [88] | [89] | [90] | [91] | [92] | [93] | [94] | [95] |
| [96] 31 | [97] 18281 | [98] 181 | [99] 1 | [100]5.04 | [101]0.5471 | [102]0 | [103]0.0204 | [104]3 |
| 91 | [97] 10201 | [96] 101 | [99] 1 | [100]5.04 | 12 | [102]0 | 23 | [104]5 |
| [105]31 | F10(110000 | 10710 | r1001 0 | 100128 DE | [110]0.0212 | [111]0. | [112]0.1662 | 111011 |
| 92 | [106]18282 | [107]8 | [108]2 | [109]38.25 | 77 | 1 | 86 | [113]1 |
| [114]31 | [115]18287 | [116]43 | [117]3 | [118]80.4 | [119]0.1276 | [120]0. | [121]0.3514 | [122]1 |
| 93 | [113]10207 | [110]43 | [11/]3 | [118]00.4 | 6 | 2 | 14 | [122]1 |

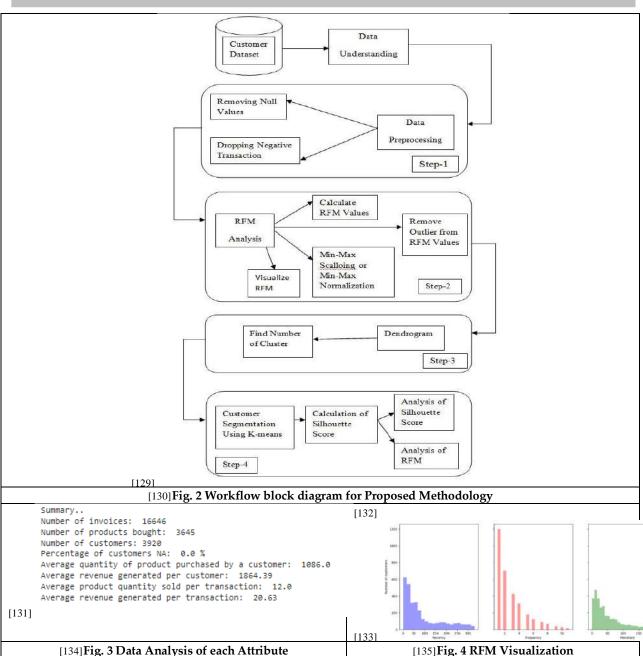
Table 4. Comparison of two algorithm

| [123] Algorithm | [124] Agglomerative | [125]K-means |
|------------------------|---------------------|--------------|
| [126] Silhouette Score | [127]0.42 | [128]0.46 |
| | | N. |
| (A. 🕊 | | |
| ו | | |
| | Algorithm | |
| RAW DATA. | | OUTPUT |

Fig. 1 Clustering [4]



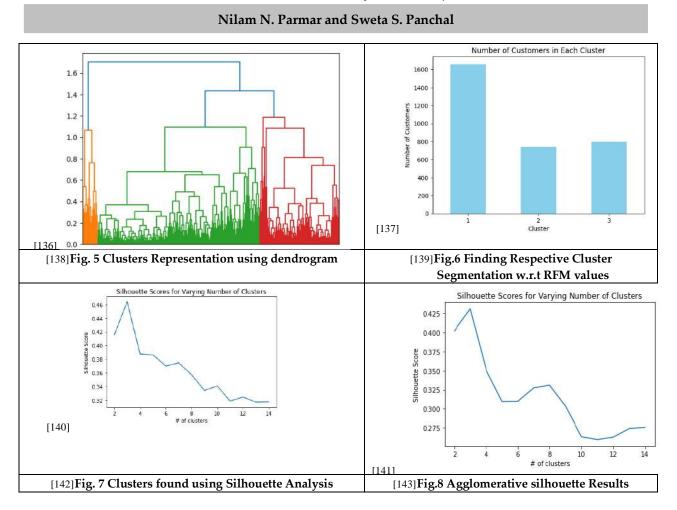




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RESEARCH ARTICLE

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Navigating Fragmentation Maze: Unraveling the Impact of Content Fragmentation on OTT Consumption Habit

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ABSTRACT

The proliferation of OTT (Over-The-Top) platforms, advancements in mobile technology, improved streaming quality, and the democratization of content creation all have contributed to a transformative media landscape. In this backdrop the current study is an attempt to investigate how far content fragmentation propel the OTT consumption in the media industry. Moreover, it tries to understand customers' preference for OTT platforms compared to traditional platforms based on content fragmentation. As per the previous studies the usage of OTT platforms has tremendously increased during Covid-19 and the content fragmentation is noticed as a new marketing strategy for attracting media consumers. Considering these aspects, present study tries to examine whether this content fragmentation really fuel the OTT viewing habit. Data collected from 100 respondents are analysed using multiple regression and percentage analysis to fulfil the objectives. The results suggest that various benefits and features of content fragmentation like easy availability, easy discovery, user-friendliness, smooth flow, and easy accessibility of contentshave significant impact on OTT consumption habit. In the same way, young media consumers are more interested in OTT platform than traditional channel for video consumption. Thus, this study is very helpful for broadcasters to frame more tactical marketing ideas to attract and maintain customers.

Key words: Content fragmentation, OTT platform, Media Consumption, Technology.





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INTRODUCTION

The technological advancements, coupled with the paralyzing effects of the COVID-19 pandemic, have brought about significant configurations in the landscape of media consumption in recent years (Sharma &Lulandala, 2023). The proliferation of digital platforms, the advent of cheap and high-speed internet, and the availability of High-Definition (HD) and Ultra HD (4K) resolutions, along with advancements in audio technologies such as Dolby Atmos, have revolutionized how people access and interact with media content (Mairaru et al., 2019). Moreover, the evolution of mobile technology has also played a crucial role in shaping media consumption patterns (Singh, 2019). With the widespread adoption of smartphones and tablets, consumers can now carry portable devices capable of streaming videos, listening to music, and accessing various forms of digital content (Ernst & Young, 2016). The convenience of mobile devices, coupled with improved internet connectivity, has made media consumption more accessible and seamless, empowering users to enjoy their favourite content at anytime and anywhere (Ulin, 2013; Bentley et al., 2019).

In connection with technology-enabled media consumption, one of the most notable advancements is the rise of Over-The-Top (OTT) platforms. OTT technology enables content owners to manage the process of delivering video content across multiple devices using the internet. Remarkably, amidst the challenges brought about by the pandemic, the OTT industry has emerged as one of the rare beneficiaries (www.argoid.ai). The shutdown of production houses and cinema halls across the nation has created a huge demand for OTT video streaming platforms, offering original series and movies (Shaikh and Aggarwal, 2020; PwC, 2020). In contrast to traditional networks, OTT services like Netflix, Amazon Prime Video, Hotstar, Hulu, and Voot deliver streaming media directly to consumers at their request via the internet, bypassing traditional cable or satellite providers (Purdy, 2018). This shift has enabled users to enjoy on-demand access to a vast array of movies, web series, TV shows, documentaries, and other forms of content, allowing them to personalize their viewing experience according to their preferences and schedules (Puthiyakath& Goswami, 2021). With more and more people subscribing to several OTT platforms, it is no surprise that streaming services are major contributors to the media industry. According to a report published in Economic Times in April 2020, OTT video streaming platforms in India saw a growth of 34 percent in March 2020. Industry experts claim that the current rise in OTT video streaming platform viewing has already fuelled the expansion of these platforms over the next five years. It has been forecasted that OTT platforms' revenue could reach US\$4 billion by the year 2025 (www.ibef.org).

At the same time, as we step into 2023, the realm of OTT (Over-The-Top) platforms finds itself standing at a pivotal juncture, poised for significant transformations and advancements. Alongside the growth in OTT platforms, content fragmentation has become a significant challenge for this industry. Content fragmentation refers to the distribution of media content across multiple platforms, creating a fragmented landscape where consumers need to subscribe to multiple services to access their desired content(Deloitte, 2021). This fragmentation arises due to various factors, including the entrance of new players into the market, the rise of exclusive content licensing deals, and the strategic decisions made by content creators and distributors. The impact of content fragmentation on OTT consumption is multifaceted. On one hand, consumers are faced with an abundance of choices and a diverse range of content options. This offers viewers the flexibility to select content that aligns with their preferences and interests. However, on the other hand, the increasing number of subscription-based platforms and the fragmentation of content can lead to subscription fatigue and higher costs for consumers. This maze-like condition can be particularly challenging for viewers who are interested in accessing specific shows or movies that are exclusive to certain platforms.

Anyway, users like to see tailored content based on their previous experiences that may break their preconceived ideas about what to watch. In the most advanced way, content fragmentation offers a clear, simple approach to locate and consume content that is both comfortable and interesting (Begum, 2018; Haryoto, 2015). Many previous studies have examined drivers of high dependency on second screens and continued use of OTT platform, especially during Covid-19 pandemic (Valecha & Jaggi,2020; Gupta &Singharia, 2021). There are studies discussing factors contributing





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to the satisfaction and dissatisfaction OTT services also (Shin & Park, 2021).So, a gap is insinuated that the studies conducted to date have not yet seriously taken into consideration consumers' usage of OTT platforms as a result of content fragmentation. Therefore, this research paper aims to decipher an understanding about the effect of content fragmentation that stimulates the usage of OTT video streaming platforms, among the young consumers. Moreover, this research paper aims to gain a better understanding of the preference for OTT platforms and traditional platforms grounded on content fragmentation.

Significance of the Study

The study discussing the effect of content fragmentation on OTT watching habit is useful both to OTT users and broadcasters. To the viewers the viewing experience feels almost personalized when they open their favourite streaming platform and finds a collection of content that is almost entirely in line with their preferences and interests. Study on content fragmentation boost the broadcasters to build loyal audiences and communities around their brands. Moreover, in this period of content overload consumers are confused to understand which one is more important and needed along with subscription fatigue (McAdams, 2019). Therefore, they have to use content fragmentation, a new advancement in technology, which has brought some tremendous changes in the way of enjoying the media contents.

Literature Review and Conceptual Development

The existing literature on OTT platforms suggests that the presence of intriguing content is crucial in retaining viewers in an OTT streaming platform and the success of an OTT platform largely depends on its ability to facilitate easy content discovery. The following section will discuss reviews about content fragmentation and OTT platform.

Content Fragmentation

Content fragmentation is a buzzword in today's OTT market place. It is a strategy that helps broadcasters to reach niche audiences. The term content fragmentation implies the collection of content that is driven by preferences, tastes, gender and other factors of a specific target group. If the viewers have felt content as relevant and engaging, it will connect the target audience and subscribers remain active (www.muvi.com). Increased content consumption through digital media is changing consumer preferences and attitudes and this development may be ascribed to better internet access, digital gadgets, competitive data pricing in India and the mobile aspect of online media (Bhavsar, 2018). Content fragmentation offers a simple approach to locate and consume content with ease and interest. Distributing different types of content on different Video-On-Demand (VOD) platforms is one of the effects of this approach. The purpose of this trend is to create a variety of platforms that are focused on a specific type of video contents to give the users exactly what they are looking for. It is being adopted in the new broadcasting sector and OTT players are tapping into its many benefits.

Over-the-Top (OTT)Consumption

OTT or Over-the-Top refers to streaming services that allow content to be delivered over the internet. As the name implies, the service is offered "on the top" of another platform. It bypasses the traditional satellite cable and broadcasting platforms (Puthiyakath& Goswami, 2021). OTT delivers television video and audio through the internet instead of conventional radio frequencies. This means that OTT platforms do not have to send the same show to everyone at the same time. Content is provided at the request of the consumers to meet his/her requirements. This is the main feature of OTT platforms that differentiates itself from traditional television services.OTT services and television networks can both coexist in the same market. However, it is anticipated that, younger generation will move on to OTT platform, while the older people assumed to prefer traditional television (Negi, 2022).Baccarne, Evens, and Schuurman, (2013) examined in their study, how the emergence of OTT platforms has resulted in the loosing of demand and monopoly of traditional TV and as per their report, the reason for the success of OTT is itscontent quality, removal of time restrictions, usability, flexibility, tailored watching experiences etc., (Sing, 2019).Among the factors the availability of 'personalised content' and effectiveness of 'dubbing' and 'subtiles' for foreign content also noticed as the reason for the increased OTT consumption (Begum, 2018). Along with the abovementioned variables, accessibility of user-friendlycontent at lower prices makes it more attractive and it leads to





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binge watching habit among the youngsters (Sujatha et al., 2015; Matrix, 2014). At the same time, the KPMG's annual cable &OTT report shows that, though the cost is a matter of consideration when buying OTT services, content still influences the majority of customer decisions (Purdy, 2018). Therefore, the acceptance and adoption of OTT depends on perceived risk, trust, age and many factors that are identified in many studies (Chang & Chen, 2018; Dasgupta, & Grover, 2019).

Objectives

To analyse the influence of content fragmentation on OTT consumption habit.

Hypotheses

The content fragmentation has significant impact on the OTT consumption habit.

Conceptual Model

Fig.1.Initial model

Research Design

This study used a survey methodto collect theprimary data from young respondents belonging to the age between 18-35 years. A non-probability-purposive sampling method has been adopted to select the samples from South India, specifically from the State of Kerala. Out of 116 respondents approached, 100 responses were found as filled and these were utilized for statistical analysis and interpretation. The data were collected during the period of July 2023 to Oct 2023 and a pilot study of 30 respondents were carried out. Based on the inputs from pilot study, the statements measuring content fragmentation were redrafted on a Likert scale and asked to give their degree of agreements regarding the its features infive-point scale ranging '1' for 'strongly Agree' to 5 'strongly Disagree'. As the variables measuring OTT Consumption habit consist of five variables no factor analysis is done for variable reduction. To determine the preference for OTT platforms over traditional platforms, based on content fragmentation, respondentias are asked tick either in 'Traditional Platform' or in 'OTT Platform' after going through the statements.

Data Analysis

The collected dataare analysed with the help ofsoftware, SPSS-20 and Excel.Before moving on to the detailed analysis, researcher checked the reliability of the content fragmentation variables namely easy availability, easy discovery, user-friendliness, smooth flow and easy accessibility of content and found that as .892 (Table 1). Then to study the influence and impact of content fragmentation OTT consumption habit, 'multiple regression' analysis has been used (given in Table-2) and to assess the preference for OTT platforms or traditional channels in terms of content fragmentation features, percentage analysis has been applied and the results are shown in Table 3.

Regression Equation: Consumption Habit = .419 (Constant)+.145 (Easy availability of content) +.586 (Easy discovery of content) + .058 (User-friendliness of content) + .322(Smooth flow of content) + .045 (Easy accessibility of content). As per the regression equation, for every one unit of increase in the easy availability of content, OTT consumption get increased by .145 i.e., 14.5%. For every one unit of increase in the easy discovery of content, OTT consumption get increased by .586 i.e., 58.6%. Likewise, for every one unit of increase in the user-friendliness of content leads to .058 i.e., 5.8%. of OTT consumption. The one unit increase in the customers' perception regarding smooth flow of content result in the .322 (32.2%) growth in OTT consumption habit. Finally, an increase in the feeling of easy accessibility of content will result in .045 or 4.5% impact on OTT consumption.

H1: The content fragmentation has significant impact on the OTT consumption habit.

As per the Table2.a, the adjusted R^2 value is .926 and this depicts that, 92.6% of the OTT platform viewing habit is determined by the identified variables of this research, describing the OTT platform viewers' perceptions about content fragmentation. To statistically test the above hypothesis (H1), five sub hypotheses are framed and multiple regression results of these are discussed below.





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H_{1a}: Easy availability of content has significant impact on the OTT consumption habit.

Model I: $Y_1 = \alpha + \beta X_1 + e$

As per the study the feature of content fragmentation i.e., easy availability of content positively influences the OTT plat form consumption of young viewers belonging to the age group of 18-35 and this effect (β =.145) is significant ($p\leq05$) too.

H1b Easy discovery of content has significant impact on the OTT consumption habit.

Model II: $Y_2 = \alpha + \beta X_2 + e$

As per the study the feature of content fragmentation i.e., easy discovery of content also noticed with positive influence on the OTT platform consumption and its effect is .586. As the p value is less than .05, this influence is significant.

H1c User-friendliness of content has significant impact on the OTT consumption habit.

Model III: $Y_3 = \alpha + \beta X_3 + e$

Another feature tested isuser-friendliness of content and it resulted with significant positive impacton the OTT plat form usage (β =.058, p<05). Thus, like easy availability and easy discovery, the feature of user-friendliness of content fragmentation contributes to OTT consumption.

$\mathbf{H}_{1d}\text{:}$ Smooth flow of content has significant impact on the OTT consumption habit

Model IV: $Y_4 = \alpha + \beta X_4 + e$

Again, as per the study the feature of content fragmentation i.e., Smooth flow of content is positively influencing the OTT platform consumption of youth and this effect is highly significant (β =.322, p<.001) too.

H1eEasy accessibility of content has significant impact on theOTT consumption habit.

Model V: $Y_5 = \alpha + \beta X_5 + e$

In the case of easy accessibility, as per the test, customers responses are positively influencing OTT consumption and it is also significant.

DISCUSSION

The major focus of this study was to identify the impact of content fragmentation on OTT consumption pattern and here, the variables identified to determine the reasons for OTT consumption habit are found in line with the existing studies (Menon, 2022; Sadana& Sharma2021). As per the results of this study, the variables studied to measure the perceptions propelling content fragmentation have significant influence (availability - β = .145, t=2.54 p=.012; discovery- β =.586, t=8.788, p<.000; user-friendliness- β =.058 , t=1.65 p=.002; smooth flow- β =.322, t=6.636, p<.000 and accessibility- β = .045, t=1.552 p=.024) on the usage of OTT platforms also.

The results of the present study echo the contributions of existing studies, emphasizing that content, being the core element of entertainment, should be made available in the right manner, making the consumption more exciting(Matrix, 2014). However, despite of having its own challenges (Rojaset al., 2020)content fragmentation has become quite common among OTT platform users and content fragmentation creates a personalized viewing experience for the target audiences (Podara et al., 2021). This new trend of content fragmentation has its own importance in this era where people are facing the situation of content overload (Sivamol& Suresh, 2019). The content





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fragmentation makes it easy for the users to access their most needed content. But, the limitation of big screen show, subscription costand risk perceptions are to be addressed seriously.

CONCLUSION

Content fragmentation in the OTT industry presents both opportunities and challenges. While consumers benefit from a wide variety of content choices and personalization options, they also face the complexities of managing multiple subscriptions and platforms. Content creators and distributors must navigate the competitive landscape while striving to maximize their reach and revenue. Besides, customer centric content play a very significant role in shifting the consumers from television to OTT platforms and the personalized contents and convenience in using contribute in escalating the consumers shift towards OTT platforms (Chen.Y.N.K, 2019).

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Table 1 Reliability Statistics

Cronbach's Alpha N of Items

.892 5 Source: Primary data Analysis

Table 2: Multiple regression Analysis for content fragmentation perceptions and OTT consumption habit.

Table 2.aModel Summery

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------|----------|-------------------|----------------------------|
| 1 | .964ª | .929 | .926 | .26112 |

Source: Primary data Analysis

a.Predictors: (Constant), Easy availability of content, Easy discovery of content, User-friendliness of content, Smooth flow of content, Easy accessibility of content.





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Table 2.b ANOVA^a

| | Model | Sum of Squares | df | Mean Square | F | Sig. |
|---|------------|----------------|----|-------------|---------|-------------------|
| | Regression | 84.341 | 5 | 16.868 | 247.387 | .000 ^b |
| 1 | Residual | 6.409 | 94 | .068 | | |
| | Total | 90.750 | 99 | | | |

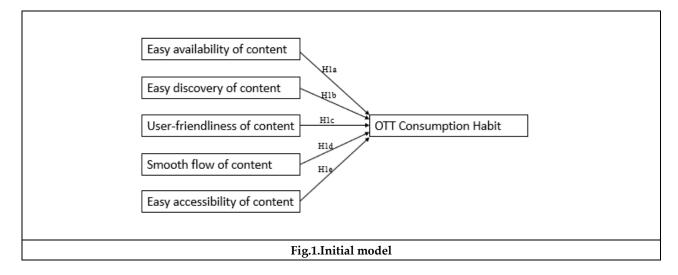
a. Dependent Variable: OTT consumption Habit

b. Predictors: (Constant), Easy availability of content, Easy discovery of content, User-friendliness of content, Smooth flow of content, Easy accessibility of content.

Table 2.c Coefficients^a

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|-------------------------------|-----------------------------|------------|------------------------------|-------|------|
| | | В | Std. Error | Beta | | - |
| | (Constant) | .419 | .121 | | 3.456 | .001 |
| | Easy availability of content | .188 | .074 | .145 | 2.548 | .012 |
| 1 | Easy discovery of content | .654 | .074 | .586 | 8.788 | .000 |
| 1 | User-friendliness of content | .060 | .037 | .058 | 1.654 | .002 |
| | Smooth flow of content | .326 | .049 | .322 | 6.636 | .000 |
| | Easy accessibility of content | .052 | .034 | .045 | 1.552 | .024 |

a. Dependent Variable: Consumption Habit







RESEARCH ARTICLE

Holistic Therapy – An Integrative Approach to Physical and Mental Wellbeing

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ABSTRACT

Holistic therapy has gained prominence as a complementary approach to conventional medical treatments. It emphasizes the interconnection between the body, mind, and spirit, aiming to achieve overall wellness. This article delves into the effectiveness of holistic therapy, drawing on current research and critical perspectives to evaluate its role in promoting health and well-being. Holistic therapy, an integrative approach to physical and mental well-being, encompasses a range of practices that address the individuals as a whole, rather than focusing on isolated symptoms. This research article explores the efficacy of holistic therapy in improving physical and mental health outcomes, examining various modalities including acupuncture, yoga, meditation, and naturopathy. Critiques from contemporary researchers and practitioners are analysed to provide a balanced perspective on the benefits and limitations of holistic therapy. This research article depicts the impact and results of holistic therapies on physical and mental well-being, critically analysing the methodologies and outcomes of various holistic practices.

Keywords: Holistic Therapy, Integrative Approach, Physical-Mental Wellbeing, Methodologies, Holistic Practices, Outcomes

INTRODUCTION

Holistic therapy is an integrative approach that seeks to address not only physical ailments but also emotional, mental, and spiritual health. Unlike conventional medicine, which often focuses on treating symptoms, holistic therapy aims to identify and treat the root causes of health issues. This approach views the person as a whole rather than treating specific symptoms or illnesses in isolation. Holistic therapies include a range of practices such as acupuncture, yoga, meditation, chiropractic care, naturopathy, and traditional Chinese medicine (TCM). The holistic approach aims to promote overall well-being and prevent disease by fostering balance and harmony within the body and mind (Dossey& Keegan, 2016).





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Holistic therapy is based on the principle that health is not merely the absence of disease but a state of complete physical, mental, and social well-being. The World Health Organization (WHO) underscores this definition, emphasizing the need for a more inclusive approach to health (WHO, 2020). This philosophy aligns with the core tenets of holistic therapy, which advocates for treating the whole person rather than isolating and addressing specific symptoms.

Holistic therapy is not a new concept; its roots can be traced back to ancient healing traditions that emphasized balance and harmony within the body. Traditional Chinese Medicine (TCM), Ayurveda, and Indigenous healing practices all share the foundational belief that health is a state of equilibrium. The resurgence of interest in these practices in the modern era reflects a broader shift towards integrative health models. According to Brown (2020), "The re-emergence of holistic approaches in contemporary medicine signifies a paradigm shift from symptom-focused treatments to more comprehensive wellness strategies." (p. 45). One of the core principles of holistic therapy is the recognition of the mind-body connection. This concept is supported by a growing body of scientific evidence indicating that mental and emotional states can significantly impact physical health. For instance, stress has been linked to a variety of health problems, including heart disease, diabetes, and weakened immune function. In her research, Smith (2018) asserts, "The integration of psychological and physiological care is crucial for addressing the underlying causes of many chronic illnesses" (p. 63). This perspective is echoed by Miller (2019), who notes that "holistic therapies often succeed where conventional medicine falls short, particularly in managing chronic conditions and improving quality of life" (p. 122).

Holistic therapy represents a promising and comprehensive approach to health and wellness that addresses the interconnectedness of the mind, body, and spirit. By incorporating diverse practices such as mindfulness, yoga, nutrition, and lifestyle interventions, holistic therapy offers a multifaceted strategy for enhancing physical and mental well-being.

LITERATURE REVIEW

The integration of holistic therapies into conventional medicine is a growing trend, reflecting a shift towards more patient-centred care. Health care providers are increasingly recognizing the value of addressing the physical, emotional, and spiritual needs of patients. According to a survey by the American Hospital Association (2021), "Approximately 42% of hospitals in the United States now offer some form of complementary and alternative medicine." (p. 67). This trend underscores the potential for holistic therapy to complement traditional medical treatments, providing a more comprehensive approach to health care. Nevertheless, the successful integration of holistic therapies requires collaboration between conventional and alternative health care providers. As emphasized by Taylor and Clark (2018), "Effective communication and mutual respect between practitioners of different medical traditions are essential for delivering integrated care that benefits patients" (p. 120). Bridging the gap between these diverse approaches can enhance patient outcomes and foster a more inclusive health care system. Research indicates that holistic approaches can significantly impact physical health. According to Fritts (2018), incorporating holistic practices like yoga and acupuncture alongside conventional treatments has been shown to enhance recovery rates and overall health outcomes. Fritts states, "The synergy of combining these modalities can lead to improved patient satisfaction and a more comprehensive healing experience" (p. 45).

There is a growing recognition of the potential benefits of integrating holistic therapies with conventional medical treatments. This integrative approach can provide a more comprehensive care plan that addresses all aspects of a patient's health. For example, cancer patients often benefit from combining conventional treatments with complementary therapies such as acupuncture, massage, and meditation to manage symptoms and improve quality of life (Cassileth& Deng, 2004). This integrated model of care is increasingly being adopted in healthcare settings to enhance patient outcomes and satisfaction (Maizes et al., 2009).





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A study by Smith et al. (2020) found that patients engaging in holistic mental health practices experienced a 30% reduction in anxiety symptoms compared to those receiving standard care alone. The authors note, "The integration of holistic methods offers a substantial benefit in reducing mental health symptoms and improving quality of life" (p. 72). Meditation and mindfulness practices, for instance, have been shown to reduce symptoms of anxiety and depression by promoting relaxation and stress reduction (Goyal et al., 2014). Cognitive-behavioral therapy (CBT) integrated with holistic practices can help individuals develop healthier thought patterns and coping mechanisms. Additionally, therapies such as aromatherapy and massage therapy can improve mood and emotional well-being by inducing relaxation and decreasing cortisol levels (Cooke & Ernst, 2000).

This philosophy of care emphasizes the connection between these aspects of a person's health, advocating for a comprehensive approach that combines conventional medical treatments with alternative and complementary therapies. The aim is to achieve not only the alleviation of symptoms, but also the promotion of overall well-being. Holistic therapies have been found to have significant benefits for physical health. Studies have shown that practices such as acupuncture can alleviate chronic pain, reduce inflammation, and improve overall physical functioning (Vickers et al., 2018). Yoga and tai chi are particularly noted for their ability to enhance flexibility, strength, and cardiovascular health (Cramer et al., 2017). Additionally, holistic dietary approaches, such as those advocated in naturopathy, emphasize the consumption of whole, unprocessed foods, which can lead to improved digestion, weight management, and reduced risk of chronic diseases (Hawk et al., 2012). Nutrition and lifestyle are also critical components of holistic therapy. A balanced diet, rich in whole foods and nutrients, supports the body's natural healing processes and contributes to overall health. Research by Patel (2020) indicates that "dietary choices have a profound impact on both physical and mental health, highlighting the need for a holistic approach to nutrition" (p. 77). Additionally, lifestyle modifications, such as regular physical activity, adequate sleep, and stress management techniques, are integral to maintaining health and preventing disease. As Roberts (2019) observes, "Holistic therapy encourages individuals to adopt healthy habits that support their long-term well-being" (p. 101).

Holistic therapy also fosters a sense of empowerment and self-awareness among patients, encouraging active participation in their healing processes. According to Teixeira (2019), patients engaging in holistic practices often report improved self-esteem and a greater sense of control over their health. This holistic approach aligns with the biopsychosocial model, which considers the complex interplay between biological, psychological, and social factors in health and illness (Engel, 1977). Holistic therapy's integrative nature is one of its most praised aspects. By combining different therapeutic approaches, practitioners aim to treat the root causes of health issues rather than just the symptoms (Weil, 2014). Weil emphasizes, "A truly holistic approach can lead to profound healing by addressing all aspects of a person's life, including lifestyle, diet, and emotional health" (p. 23).

RESULTS AND IMPACT

While holistic therapy is praised for its comprehensive approach, it faces criticism for the lack of standardized protocols and regulatory oversight. Miller (2018) argues that the absence of standardized training and certification for holistic practitioners can result in inconsistent care quality. Miller states, "Without standardized protocols, patients may receive varied and potentially ineffective treatments depending on the practitioner's training and experience" (p. 94). Furthermore, financial barriers can limit access to holistic therapies. Insurance coverage for these treatments is often insufficient, making them inaccessible to many patients (Johnson, 2017). Johnson points out, "The high cost of holistic therapies can prevent lower-income individuals from benefiting, thereby exacerbating health disparities" (p. 90). Accessibility and affordability are significant barriers to holistic therapy. Many holistic treatments are not covered by insurance, making them financially inaccessible to a broad segment of the population. As Singh (2019) points out, "the high cost of holistic therapies, coupled with the lack of insurance coverage, limits access for many individuals, particularly those from lower socioeconomic backgrounds" (p. 78). This economic barrier exacerbates health disparities and prevents many from benefiting from integrative health approaches.





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Despite the benefits, integrating holistic and conventional treatments presents challenges. Martin (2016) points out that coordinating care between holistic practitioners and traditional medical professionals can be difficult due to differing philosophies and treatment goals. Martin observes, "Achieving seamless integration requires effective communication and a willingness to bridge the gap between conventional and alternative medicine" (p. 56). Roberts (2022) argues that the lack of rigorous scientific evidence and standardized protocols in holistic practices poses challenges to their widespread acceptance. Additionally, Green (2021) highlights the potential risks of relying solely on holistic treatments without conventional medical oversight, which can lead to delayed diagnoses and treatment of serious conditions. A lack of standardization and regulation in holistic therapy may contribute to inconsistent outcomes and experiences for patients (Garcia et al., 2022). Without clear guidelines and oversight, individuals may struggle to find qualified practitioners who can provide safe and effective holistic care. It's important to recognize that holistic therapy is not a panacea for all health issues. While it can complement conventional treatments and promote overall well-being, it may not be sufficient for managing complex medical conditions that require specialized interventions. While holistic therapies show promise in promoting well-being, more rigorous research is needed to establish their efficacy and safety." (Jones et al., 2020). Each individual responds differently to holistic therapies, making it challenging to predict outcomes accurately. What works well for one person may not have the same effect on another, highlighting the need for personalized treatment plans.Dr. John Smith (2021), a holistic therapist, emphasizes, "The key challenge we face is educating both patients and healthcare professionals about the benefits and limitations of holistic therapy."

DISCUSSION

Holistic therapy promotes patient empowerment and involvement in their own health. Patients are encouraged to take an active role in their wellness journey, fostering a sense of agency and responsibility. According to Dillard (2020), "Holistic therapy empowers patients by involving them in their treatment plans and encouraging self-care practices, which can enhance their overall well-being". (p.93). This patient-centred approach contrasts with the often passive role patients play in conventional medical settings. One of the main challenges facing holistic therapy is the need for more rigorous scientific research to validate its efficacy. While many studies have shown promising results, further research is necessary to establish standardized protocols and evidence-based guidelines for holistic practices. Randomized controlled trials (RCTs) and systematic reviews are essential to demonstrate the effectiveness of holistic therapies and integrate them into mainstream healthcare with confidence (National Center for Complementary and Integrative Health, 2021). Ensuring the quality and safety of holistic therapy requires standardized training and regulation of practitioners. This involves establishing certification and accreditation processes that ensure practitioners have the necessary skills and knowledge to provide effective and safe treatments. Regulatory bodies should develop clear guidelines and standards for holistic therapies, similar to those in place for conventional medical practices (Lindquist et al., 2005).

To address these challenges, further research is needed to establish the efficacy and safety of holistic therapies. Increased collaboration between holistic practitioners and conventional medical professionals can also enhance integrative care models (Smith et al., 2020). Encouragingly, recent policy changes are beginning to recognize the value of holistic approaches, leading to better funding and research opportunities (Fritts, 2018). One of the primary challenges in holistic therapy is the integration of different modalities. Dr. Wayne Jonas (2017), a prominent advocate of integrative medicine, emphasizes this point: "Integrative medicine is not just a compilation of conventional and alternative therapies; it is an integration of the best practices and evidence-based approaches." This highlights the need for a thoughtful and evidence-based synthesis of various therapeutic techniques. Moreover, holistic therapy emphasizes through lifestyle changes, emphasizes the importance of holistic approaches: "Changing lifestyle can be a more powerful intervention than any drug or surgery." This perspective underscores the potential for long-term health benefits through holistic interventions.





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Holistic therapy aligns with the principles of patient-centred care, which emphasize respect for patients' values, preferences, and needs. By involving patients in their treatment plans and considering their holistic needs, healthcare providers can foster a more collaborative and supportive relationship. This approach can improve patient satisfaction, adherence to treatment, and overall health outcomes (Epstein & Street, 2011). Increasing scientific research on holistic therapies is vital to validate their efficacy and gain acceptance within the medical community. This involves conducting rigorous clinical trials and studies to generate evidence-based data. Smith (2021) asserts that "investing in scientific research on holistic therapies can bridge the gap between holistic therapy into mainstream healthcare has the potential to enhance patient outcomes by addressing the multifaceted nature of health. However, it is crucial to balance holistic practices with evidence-based medical treatments. As highlighted by critics, the need for more rigorous research and standardized protocols is essential for the broader acceptance of holistic therapies.

CONCLUSION

The future of holistic therapy lies in its integration with conventional medicine to create a comprehensive, patientcentred approach to healthcare. This will require continued research, collaboration between conventional and holistic practitioners, and the development of integrative healthcare models. By combining the strengths of both approaches, healthcare providers can offer more effective and holistic care that promotes long-term health and well-being.

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RESEARCH ARTICLE

Comprehensive Analysis of Microstrip Patch Antenna for Wireless Application

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ABSTRACT

This paper provides a comprehensive examination of recent development in microstrip patch antenna (MPA) design, tailored to diverse wireless applications. This survey paper presents a range of microstrip patch antennas that incorporate materials, feeding techniques, gain enhancement techniques, BW enhancement techniques, Performance enhancement. Further, the geometries of MPA are evaluated and scrutinized for their design characteristics, including size reduction, beam scanning capability, simplified feed structure, integration of filtering and radiation properties, multiple-input multiple-output (MIMO) functionality, and minimizing mutual coupling.

Keywords : Microstrip patch antenna, RFID, WBAN, ISM, Feeding Technique.

INTRODUCTION

An antenna plays a crucial role in all electronic communication systems. Various types of antennas are developed according to specific application needs. Today's wireless communication demands antennas capable of operating across multiple frequency bands while maintaining a compact size. Microstrip patch antennas (MPAs) are favored in wireless communication systems due to their small size & low-profile, ease of fabrication, and compatibility with integrated circuit technologies. These antennas are constructed with a metal patch affixed onto a dielectric substrate, typically supported by a ground plane. The simplicity of their structure and the ability to integrate them with various wireless devices make MPAs highly versatile for a wide range of wireless applications [1,25, 8].





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One of the key advantages of microstrip patch antennas is their adaptability to different frequency bands and applications through variations in their geometrical parameters and substrate materials. They can be configured to function across different frequency bands, including the ISM band, Wi-Fi bands, cellular bands, and beyond. Additionally, advancements in materials and innovative feeding techniques have further enhanced the performance and functionality of MPAs in modern wireless systems [24, 4, 7, 8].

This paper endeavors to explore a variety of microstrip patch antennas, categorized by the materials utilized, feeding techniques, performance enhancement techniques as documented across multiple academic journals and conference papers. Specifically focusing on material-inspired designs, the study systematically reviews and contrasts these antennas, assessing their performance metrics including gain, directivity, bandwidth, and physical dimensions [1, 5,13].

Due to its two-dimensional structure, microstrip patch antennas are cost-effective and straightforward to produce. They offer numerous benefits, including lightweight construction, the capability of direct printing onto circuit boards, and a low-profile design. This study examines and analyzes several MPA antennas documented in existing literature, deemed appropriate for diverse wireless applications. Section 2 outlines the fundamental configuration of the MPA antenna, discussing different available feeding techniques and their respective performances. Recent progressions in MPA antenna development are reviewed in Section 3. Concluding remarks, including a summary of findings are presented in Section 4.

Fundamental of microstrip patch antenna, Feeding Network and literature review

Microstrip antenna research has seen significant innovation and activity in recent years within the communication field. To analyze and validate its design, various geometric shapes such as rectangles, squares, triangles, circles, ellipses, and other common forms are employed. Rectangular and circular patches are particularly prevalent in these studies. The effectiveness of the microstrip patch antenna is contingent based on its dimensional characteristics. The basic configuration of the antenna is depicted in Figure 1. The MPA dimensions encompass the patch length (L), patch width (W), and substrate height (h) [24, 25].

Feeding Network

Several techniques exist for feeding microstrip patch antennas, divided into two primary categories: contacting and non-contacting. Contacting techniques entail the direct transmission of RF power to the radiating patch through connecting elements such as microstrip lines. Conversely, non-contacting approaches involve transferring power to the patch from the feed line through electromagnetic coupling. Among non-contacting methods, aperture and proximity coupled feeds are frequently employed.

Microstrip Line Feed

In this feed configuration, a conductive strip is attached directly to the microstrip patch's edge. The conducting strip's width is smaller than that of the patch. This feed arrangement offers the advantage of integrating the feed onto the identical substrate, facilitating a planar structure [10]. The patch with inset-cut serves the purpose of aligning the impedance of the feed line with the patch, eliminating the requirement for extra matching components [4, 8].

Co-axial Feed

The coaxial feed employs a non-planar feeding approach wherein a coaxial line is employed to feed a patch. The internal conductor of co-axial connector penetrates the dielectric, establishing a metallic connection with the patch, while the external conductor of cable is linked to ground plane. The co-axial probe makes direct connection with antenna and is placed at specific location where antenna exhibits an input impedance of fifty ohms [28, 30].





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Aperture Coupled Feed

The aperture feed technique involves two dielectric substrates: the feed and the antenna dielectric substrate. The dielectric substrate incorporates a slot at its center, which is separated by a ground plane. Metallic patch is situated on upper surface of antenna substrate with ground plan on other side. It provides better bandwidth. The drawback of this feeding method is its requirement for multilayer fabrication [4, 18].

Proximity Coupled Feed

This technique is employed in microstrip patch antenna design in which the feeding mechanism involves electromagnetic coupling between feed line with patch. In this technique, patch and feed line are placed in close proximity without direct physical contact. This approach offers advantages such as simplified fabrication and reduced complexity compared to other feeding methods [7].

LITERATURE REVIEW

Within this segment, antenna with diverse designs is examined. The categorization methods for MPA operation, accompanied by particular illustrations, is shown in Figure 2. Shan Gao [26] presented precise coverage challenge arising from Wi-Fi 6 asymmetrical bands through manipulating TM 0.5, 0 along with TM 0.5, 1 modes of the half mode patch antenna, keeping its volume significantly small. The design guideline consists of three sequential steps. Initially, the appropriate patch size is chosen to ensure resonance of initial modes at 2.45 and 5.50 GHz, employing 2-ports. Subsequently, feeding locations are fine-tuned to minimize the sizes of impedance trajectories on the Smith Chart. Finally, lumped components are employed to ensure both resonances exhibit favorable matching conditions. The suggested antenna features dual-port functionality and aperture sharing characteristics, aligning well with the optimal RF front-end architecture for Wi-Fi 6.

Amit Baran Dey [33] antenna designed for IoT and medical applications is compact, wide-band and low-profile, constructed from elastomeric fabric. The synthesis of a flexible antenna integrated with artificial magnetic conductor (AMC) is achieved by utilizing textile layers. Operating with range of frequency 4.76–6.08 GHz, antenna covers both the ISM band -5.8 GHz and Wi-Fi 5 GHz band, catering to IoT applications. Proposed design offers 24.4% of an impedance bandwidth, accompanied by 10.59 dBi of high gain. Its small dimensions are $1.44\lambda 0 \times 0.46\lambda 0 \times 0.0512\lambda 0$.

Haiyan Li [19] A proposed antenna for WBAN applications is low-profile, compact and completely reliant on textile materials. It operates across multiple bands, including the 2.45/5.8 GHz ISM bands, mobile Wi MAX 3.3 – 3.4 GHz, and 3.85 – 4.0 GHz 5G sub-6 NR frequency band. A C-shaped slot and an elliptical slot are utilized to adjust 3- modes to intended operating frequencies. The suggested antenna is constructed using a single layer of denim integrated with a conductive fabric layer, resulting in an exceptionally low-profile design ideal for wearable applications. The recorded peak realized gains and bandwidths (four frequencies) are as follows: -0.81 dBi, -2.81 dBi, -1.16 dBi, and 2.83 dBi, with bandwidths of 90 MHz, 190 MHz, 230 MHz, and 570 MHz, respectively. Test outcomes reveal that minimal changes occur in the reflection coefficient whenever antenna is positioned on a model simulating human arm and bent around it. Sen Yan [22] presented a textile-based PIFA (planar inverted-F antenna). Through simultaneous design of PIFA antenna incorporating ground plane, broad matching BW of approximately 433 MHz is attained for compact electrical size of 0.202 $\lambda_0 \times 0.115 \lambda_0 \times 0.01 \lambda_0$. Incorporating slot in PIFA facilitates operation within a 2400 MHz. Measured lower & upper bands bandwidths are 35 and 309 MHz, respectively and associated radiation efficiencies are 48% and 64%.

Chun-Cheng Lin [4] demonstrated unique feeding technique for a DRA through incorporating microstrip offcentered feedline. It is designed with slot-coupled circularly polarized for applications within the 2400 MHz ISM band. The suggested antenna exhibits an 10-dB impedance BW of 141 MHz and an axial ratio (3-dB) of 85 MHz and also a satisfactory RHCP of antenna. Amit Birwal [32] presented a CPW- fed bi- direction CP antenna as RFID reader. A square antenna with overall size of 60mm × 60mm with 1.5mm thickness. The measured outcome settled an





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impedance BW (2.1 -3.2GHz) and ARBW(2-2.7GHz), with 3 dBi gain at 2500 MHz. Proposed antenna achieves peak gain of 3.17 dBi in both the positive and negative z-directions. The path loss of antennas is observed to rise within the desired band due to the presence of interference.

Lin Guo [14] realized a dual-antenna setup consists of two symmetrical antenna elements & a ground plane featuring an embedded T-shaped slot. It is fabricated on a single-layer PCB with compact dimensions with 9 by 40 millimeters. The antenna is a loop antenna fed through coupling, featuring a compact size just 9 by 7 millimeters. A prototype demonstrates that the achieved 10-dB BW are 190 MHz and 1.82 GHz for 2.38–2.57 GHz, 4.34 – 6.16 GHz respectively. Additionally, the archived mutual couplings below 18 dB and 20 dB with 2.4 GHz and 5.2/5.8 GHz for WLAN. The obtained efficiencies and gains at 2.4, 5.2 and 5.8 GHz are better than 4.1dBi and 65% / 54%.

Performance Enhancement of MPA

MPA antennas with different feeding

This section discusses the latest progress in MPA antenna. Investigators have undertaken as in many endeavors to deal with a variety of challenges, together with evolving dual [8, 18], Isolation [28], Wideband [10, 27], BW enhancement [4, 8, 10, 28], Circular polarization [4, 18, 27, 32] etc. Furthermore, nearly all things documented have tried to emphasizes the development of smaller and more condensed MPA alongside performance enhancements, which are summarized in table 1.

Performance analysis of microstrip patch antenna

This section addresses MPA antennas, which are aimed at enhancing antenna performance. These cover broadening bandwidth, increasing gain, improving efficiency, and mutual coupling of array, size reduction. The antennas associated with these contributions are outlined in Table 2

Defective ground structure

For enhancing the microstrip antenna's performance, the DGS method is utilized. DGS refers to a pattern constructed on ground plane of MPA, which is subsequently removed via etching. Implementing DGS alters the characteristics of the transmission line and disrupts the current flow, influencing antenna's current. It enables precise control over activation and EM travelling through the substrate layer. Utilizing DGS with a microstrip patch antenna addresses limitations of conventional designs by enhancing parameters like return VSWR, loss, impedance BW, and lowering the required copper region of the ground [6, 9, 24].

Slot loading

The slot loading technique involves etching a slot from the radiating patch, effectively lengthening the current distribution path. This leads to an expanded bandwidth and a smaller size to MPA. The fundamental resonant frequency is contingent upon the length and positioning of the slot. To enrich gain and BW of the patch antenna, slot loading technique is employed [10, 14, 16, 23].

Meander line technique

The meander line technique is primarily employed in compact antennas to reduce their size. This is accomplished by folding the conductor in a back-and-forth manner. While this technique offers advantages in terms of configuration and easy integration into electronic devices, it is hampered by low radiation efficiency. As the antenna size decreases, its radiation resistance diminishes [12, 15].

CONCLUSION

Due to its lightweight nature, ease of fabrication, and affordability, the microstrip patch antenna holds significant promise for applications in today's wireless communication. However, it faces challenges like limited small BW, gain





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and limited power handling abilities. This paper examines different methods aimed at addressing the constraints of traditional microstrip patch antennas. It's noted that the DGS technique enhances the gain, lower the size and return loss. The slot loading technique serves to reduce size and enables the antenna to resonate across different frequencies. Employing the meander line technique enables the creation of compact microstrip patch antennas.

This review has demonstrated that the rectangular MPA has captured the attention of researchers, sparking significant interest in research. The subsequent findings have emerged from a range of studies:

- 1. Modifying the patch shape improves bandwidth performance.
- 2. Defected ground structures contribute to shaping the radiation pattern.
- 3. Using slots and altering the patch design enhances the performance of the antenna.
- 4. Defected Ground Structures (DGS) play a critical function in shaping the performance of microstrip patch antennas. By introducing discontinuities in the ground plane, DGS can change electromagnetic properties of the antenna system. The effects of DGS include improved impedance matching, reduced mutual coupling, enhanced radiation pattern control, and increased bandwidth.
- 5. The greatest challenge in designing small, compact and low-profile MPA lies in enhancing performance parameters such as gain, frequency response, BW, isolation, directivity, return loss -(S11), VSWR, and efficiency.

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| Ref. | Feed type | Technique and material used | Reported results | Application | Specimen prototype |
|------|---|---|--|-------------------------------|--------------------|
| [4] | Microstrip feedline- Off-centered | cylindrical dielectric resonator with slot- coupled Substrate:FR4 | Gain: 2.7dBi Operating frequency: 2.4GHz Impedance bandwidth:141MHz | ISM Band | |
| [7] | Proximity feedline | Feed length F1=12mm, F2=16mm, F3=23mm | Operating frequency: 2.34, 2.4, 2.48GHz Return loss: -37.16, - 53.29, -24.40 dB | ISM Band | |
| [8] | Microstrip feedline | Defected ground plane Slot in ground plane FR4 | Gain: 1 to 4 dBi Operating frequency: 1.8 and 2.4GHz | Mobile/wireless, Lower UWB | |
| [10] | Microstrip line | Borosilicate glass substrate Rectangular slot in Ground plane | Gain: Operating frequency: 1.8 to 10.8 GHz | | |
| [18] | Dual-feed network | Connectors (SMA) connected to ports 2 radiating patches- lower square & upper circular patch Directional dual band circularly polarized FR4 | Gain: 3.8 & 8.9 dBi Operating frequency: 0.925 & 2.45 GHz | RFID | |
| [27] | Microstrip line | Shorting loads onto the patch, the resonance frequency with modes such as TM 20, TM 30, TM 40 & TM 50 is lowered, effectively merging with TM 10 mode. Balun us used to split | Gain: Operating frequency: 2.2 & 5.5 GHz BW: 85% | UWB | |

Table-1. Performance evaluation of MPA antennas utilizing various feed setups. Tachnique and material





| | | signal into 0, 90, 180, | | | |
|------|--------------|--|-----------------------------|---------------|--------------------------------------|
| | | 270 Degree. | | | |
| | | To excite TE110 and | | | |
| | | TE120 modes, a circular | | | providence and a second second |
| | | ring slot is incorporated | | | |
| | Microstrip & | with frequency (5- | Gain:6.97 & 6.2 dBi | | (\cap) |
| [28] | coaxial | 6GHz). | Operating frequency: | Wi-Fi/ISM | |
| [20] | probe | circular ring slot with | 5.2 & 5.8 GHz | VV1-11/131V1 | |
| | probe | SIW cavity to resonant | BW: 6 % & 3.4% | | inner particul |
| | | antenna at 5.8GHZ. | | | Top view |
| | | Substrate: single | | | |
| | | layered RT / Duroid | | | |
| | | Higher order mode is | | | |
| | | adjusted to reduce the | | | 172 mm |
| | | impact of currents that | Operating frequency: | | 173 mm |
| | Coaxial | are out of phase. | 2.6 GHz | | |
| [30] | | Operates Antenna at | BW: 15.2% & 3.6% | line-of-sight | 20 mm 🛹 SM4 coaxial feed |
| | probe | modified TM ₃₀ & TM ₅₀ | Measured Directivity | | 57.6 mm 57.6 mm |
| | | with directivity 15 and | for TM ₃₀ 14.6dB | | |
| | | 18dB | | | Ground clane 200 mm + 200 mm h+1 3mm |
| | | Substrate: foam | | | |
| | | Antenna with bi- | | | * |
| | | directional CPW for | Gain: 3dBi at 2.5GHz | | |
| [32] | | circular polarization. | Operating frequency: | | R AN |
| | CPW Feed | RFID-Reader | 2.1 to 3.2 GHz | RFID | |
| | | Polarization: Circular | | | |
| | | Substrate:FR4 | | | |
| | | | | | 0 . 3 . 4 5 6 7 |

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Table 2. Performance Comparative analysis of MPA antennas

| Ref. | Specifications & features of antenna geometry | Obtained Outcomes | Applications | Specimen |
|------|---|--|--------------|----------|
| [1] | Dual band structure for BW enhancement Series-fed patch array | Gain:13.3dB Operating frequency: 5.8 GHz Impedance bandwidth: 340 MHz | ISM Band | 11144 |
| [3] | Antenna-doppler radar designed for moving target sensing applications featuring high isolation. 2 × 2 array for Tx, Rx antenna. Rogers RO4350B | HPBW: H-plane -47.54°, E- plane -58.53° Operating frequency: 23.91 to 24.42 GHz Impedance bandwidth:510 MHz | ISM Band | |





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| [5] | Triple band with CP Rogers RO3010 Antenna Size:10mm×10mm×1.016 mm. | Gain: -31.82dBi, -21.8dBi, - 18.5dBi Operating frequency: 860MHz, 1.85GHz, 2.45GHz Impedance bandwidth: 15.6%, 7.5%, 18.7% | Bio-Telemetry | |
|------|--|--|----------------|--|
| [6] | MIMO Rogers Duroid 5880 Antenna Size:20×20×0.8mm3. | Gain:9.24 dB Operating frequency: 28GHz Impedance bandwidth: 2.1GHz Return Loss: -35dB Isolation: >18dB | 5G | |
| [9] | Slotted Patch with (PBG) photonic band gap substrate Antenna Size:35×45×3mm3. | Gain:3.714 dB Operating frequency: 2.49GHz Impedance bandwidth: 174.3MHz Return Loss: -20.11dB VSWR:1.22 | ISM band | |
| [10] | Borosilicate glass substrate Rectangular slot in Ground plane Antenna Size: 46 mm × 50 mm | Gain: Operating frequency: 1.8 to 10.8 GHz Impedance bandwidth: - Return Loss: - VSWR:<2 | | |
| [11] | Multiple parasitic patches Shorting vias (bandwidth enhancement). FR4 | Gain: Operating frequency: 5.56 to 6.55 GHz Impedance bandwidth: 17.4% Return Loss: <-10dB | | |
| [12] | A slotted rectangular box linked with a reverse S-shaped meandering line Antenna Size: 40× 10× 1.6 mm3 FR4 | Gain: 1.347dB Operating frequency: 2.4 GHz Impedance bandwidth: 146MHz Return Loss: <-10dB | ІоТ | |
| [13] | A polarization diversity technique is employed in the MIMO antenna Antenna Size: 70× 70 mm2 FR4 | Gain: 3.98, 4.13dBi Operating frequency: 2.54, 5.26GHz | WLAN, WiMAX | |
| [14] | T-shaped slot Dual antenna | Gain: 4.1dBi Operating frequency: 2.38- | WLAN | |





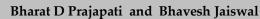
| | loop antenna comprising a driven segment and an accompanying parasitic loop. Antenna Size: 9× 40 mm2 FR4 | 2.57 GHz, 4.34-6.16GHz Impedance bandwidth: 190MHz, 1.82GHz | | |
|------|---|--|---|-------------------|
| [15] | Patch antenna design for gain- enhanced Microstrip structure with periodically spaced rampart | Gain: 10dBi Operating frequency: 5.8GHz Impedance bandwidth: 4% | | |
| [16] | Dual band antenna for WBAN- open-ended slot for second resonant Rogers Duroid 5870 | Gain: 2.13 and 5.16dBi Operating frequency: 2.44 and 5.787 GHz Impedance bandwidth: 30MHz and 114MHz Efficiency: 60% and 76% | WBAN | |
| [20] | MIMO- printed monopole antenna, which is partially grounded and incorporates a split ring resonator Antenna Size :0.33λ x 0.33λ x 0.01λ. FR4 | Average Gain: 2.75dBi Peak Gain: 4dBi @3.3GHz Operating frequency: 2.2 to 6.28GHz Impedance bandwidth: 96.2% Isolation Between Element :>14dB | WiMAX, WLAN, Bluetooth and ISM | |
| [22] | Planar inverted-F textile antenna. Slots are incorporated in ground to enhance BW. substrate: 6-mm-thick felt Slot introduced to resonate at 2.4 GHz | Gain: -0.5 & 6.1dBi Operating frequency: 430MHZ & 2.428GHz Impedance bandwidth:35 & 309 MHz | ISM | $z \rightarrow x$ |
| [29] | Shorted both sides of patch Two modes TM03 and TM11 are excited and combined to enhance bandwidth Antenna Size: $1.29\lambda0 \times 0.73\lambda0 \times$ $0.036\lambda0$ Coaxial probe feeding | Gain: 8 to 9.7dBi Operating frequency: 5.17 to 5.9 GHz Impedance bandwidth: 13.2% cross-polarization level: - 25dB | | |
| [31] | Multilayer-Electromagnetically Coupled antenna Substrate: FR4 and felt textile | Gain: 4.28 and 7.33dBi Operating frequency: 2.45GHz Impedance bandwidth: 4%, 5.12% radiation efficiencies: 63.4%, 71.8% | ISM | |

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| | Bharat D Prajapati and Bhavesh Jaiswal | | | | | |
|------|--|--|--|---------|--|--|
| [17] | Single layer miniaturizes coupled microstrip patches antenna. Antenna Size: 0.146×0.146×0.04 λ0 3 Substrate: Rogers4330 | Gain: 5.4dBi Operating frequency: 8.45GHz Impedance bandwidth: 186 MHz HPBW:107° for E-plane and 87° for H-plane. | | | | |
| [21] | Microstrip patch array antenna arranged in a 3 × 3 configuration with parasitic coupling. Patches: Probe feeding with center patch, functions as the active element and others as parasitic elements. Substrate: Rogers- Duroid 5880 | Gain: 14.8dBi (Maximum) Operating frequency: 18 to 21GHz Impedance bandwidth: 15.4% Aperture efficiency: 53% | Radar, Satellite | | | |
| [19] | Textile circular patch multiband antenna. Multi-bands are produced by activating TM 11, TM 21, and TM 31 modes through the elliptical and C-shaped slots. Antenna size: $0.64 \lambda g \times 0.64 \lambda g$ $\times 0.0125 \lambda g$ (2.45GHz) Substrate: Denim | Gain: -0.81, -2.81, -1.16 and 2.83dBi Operating frequency: 2.45, 3.32, 3.93 and 5.8 GHz Impedance bandwidth: 90, 190, 230 and 570 MHz | WBAN | | | |
| [23] | Wearable compact antenna with dual-band Using an inverted U-shaped slot to produce frequencies in two bands Substrate: Rogers Duroid RO3003 -semi-flexible Antenna size: 41×44mm ² | Gain: 3.74 and 5.13dBi Operating frequency: 2.4 and 5.8 GHz Impedance bandwidth: 3.8%, 5.2% Efficiency: 91.4%, 92.3% | WBAN- wireless body- area networks | | | |
| [26] | Wi-Fi-6 band Dual port antenna. Exactly Covering -Wi-Fi 6 bands Antenna Size: 22.55 × 23.95 mm ² Substrate: FR4 | Gain: 4.4 and 8.35dBi Operating frequency: 2.40 to 2.50 GHz and 5.15 to 5.85 GHz | WLAN, Wi-Fi | Pond Co | | |
| [33] | Elastomeric wide-band textile antenna The radiation efficiency increased with AMC (Artificial magnetic conductor) - from 56% to 85% Antenna size: 1.44λ0× 0.46λ0× 0.0512λ0 Substrate: Textile Jeans | Gain: 10.59dBi Operating frequency: 4.76 to 6.08 GHz Impedance bandwidth: 24.4% Radiation efficiency: 85% | IoT | | | |







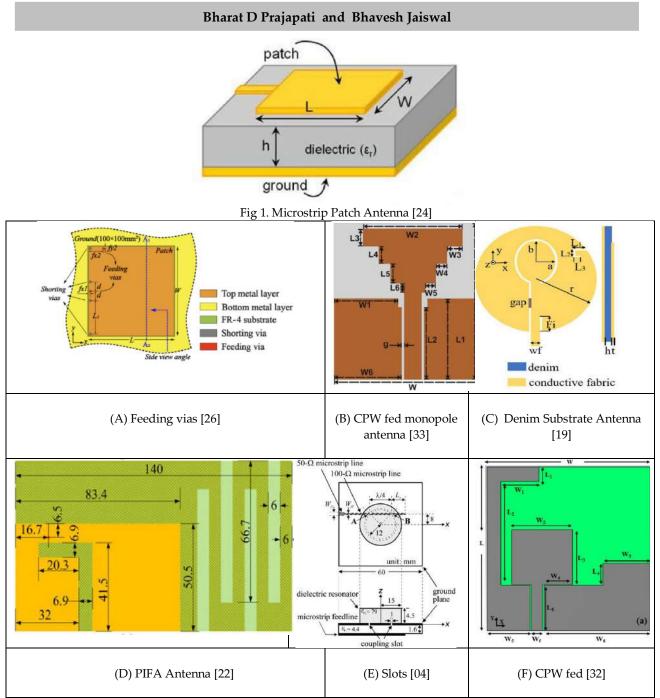


Figure 2. Examples of MPA Antenna with different design: (A) Feeding vias (B) CPW fed monopole antenna (C) Denim Substrate Antenna (D) PIFA Antenna (E) Slots (F) CPW fed





RESEARCH ARTICLE

Effective Completion of TNPSC Examination using Fuzzy Matrix

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ABSTRACT

This paper gives a brief survey on the TNPSC examinations Participate candidates. The method of application of Combined Effective Time Dependent Data (CETD) Matrix, Average Time Dependent Data (ATD) Matrix, and Refined Time Dependent Data (RTD) Matrix which are fuzzy models are studied using fuzzy matrices. The effects and objectives of data's using the concept of mean and Standard deviation

Keywords: Fuzzy matrix, ATD matrix, RTD matrix, CETD matrix.

INTRODUCTION

In recent years fuzzy set theory and fuzzy logic are very much suitable and applicable for decision making problem. Decision making is an act to choose the correct option between two or more alternatives. There are many techniques used to improve decision making process, Fuzzy plays a vital role in solving decision making problem in different complicated aspect. L.A Zadeh (1965) introduced fuzzy set in the year 1965. Fuzziness can be showed in many ways. Membership function is one of the most useful representation in fuzzy set theory. It depends upon the nature and shape of the membership function. A fuzzy number is thus a special case of normalized fuzzy set of the real line and convex. Fuzzy numbers is also an extension of real numbers. It is a generalization of regular, real number. It does not refer to one single value but rather to a connected set of possible values. Each element has its own weight between 0 to 1 and this weight is called the membership function. Fuzzy matrix plays a vital role in scientific development. Application of Fuzzy Matrix Theory in COVID-19 Pandemic was developed by Anjan Mukherjee and Abhik Mukherjee [1]. Application of Fuzzy Matrices in Medical Diagnosis was defined by Beaula, T and Mallika [2].





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"Operations on fuzzy numbers with function principle" was discussed by Chen, S.H(1985) [3]. "Two new operators on fuzzy matrices "and "Triangular Fuzzy Matrices" written byShyamal, A.KMadhumangal Pal [13] [12]. Application Of Fuzzy Membership Matrix In Medical Diagnoisis and decision Making was developed byElizabeth, S and Sujatha, L [4]. Fuzzy Numbers, Positive and Nonnegative was defined by Hadi Nasseri[5]. Study of Traffic Flow Using CETD Matrix was discussed byKuppuswami, G and Sujatha, Rand Vasantha Kandasamy, W.B[6]. "Basic concepts of fuzzy matrix" written by Priya [7]. Risk Factor of Breast Cancer Using CETD Matrix-An Analysiswas developed by Radhika, K and Anbalagan and Alexander and Suganthi Mariyappan[8]. Fuzzy Matrix Theory and its Application for Recognizing the Qualities of Effective Teacherwritten by Raich,Vivek .V and Archana Gawande and Rakesh Kumar Triapath [9]. An Application of Improved Method of Fuzzy Matrix Composition in Medical Diagnosis was discussed bySangodapo, O Taiwo and Yuming Feng[10].

"Fuzzy matrix theory and applications" book was written by A.R. MeenakshiA Ranking Analysis/An Interlinking Approach of New Triangular Fuzzy Cognitive Maps and Combined Effective Time Dependent Matrixwas developed byShreemathi Adiga, Saraswathi, Aand Praveen Prakash, A [11]. Analysis of Women Harassment in Villages Using CETD matrix Modelwas defined by Suresh, M and Greeda, J [14]. "An Analysis on the Main Reasons for using Social Networking among Indian Youth A Fuzzy Approach" was developed byUma Rani [15], A Effective Completion of Typewriting Examination- Using Fuzzy Matixwas discussed byVivehananthan, V and Rajeswari, K and Anbalaga [16]. The objective of the Paper is to establish various fuzzy matrices and different techniques used to solve fuzzy matrices. Here, all the fuzzy matrices like RTD matrix, ATD Matrix, CETD Matrix Comparison Matrix, fuzzy triangular matrix and the techniques to solve the fuzzy matrices are investigated. Also all these fuzzy matrices are applied in real life problems.

Preliminaries

Definition 2.1

If \hat{X} is a collection of objects generically denoted by x, then a fuzzy set \hat{A} in \hat{X} is a set of ordered pairs $\hat{X} = \{(\hat{x}, \mu_{\hat{A}}(x)) : x \in \hat{X}\}$ Where $\mu_{\hat{A}}(x)$ is the membership function which maps \hat{X} to a real number in the interval [0, 1].

Definition 2.2

$$\mu_{\hat{A}}(x):\hat{X}\to[0,1]$$

An $m \times n$ matrix $\hat{A} = (a_{ij}), 1 \le i \le m, 1 \le j \le n$ is said to be a fuzzy matrix if where $a_{ij} \in [0,1]$. First input the raw data. This data gives the matrix representation.

Convert the raw data matrix into average time dependent matrix by dividing each entry of the raw data matrix with the width of the respective class interval. Calculate the mean and standard deviation of every column in the ATD matrix by using the formula Mean = $\frac{\sum x}{n}$ and Standard deviation = $\sqrt{\frac{\sum x^2}{n} - \left(\frac{\sum x}{n}\right)^2}$. Convert the ATD (Average Time Dependent) Matrix into (Referred Time Dependent) RTD Matrix. This is also termed as the entries are 1 0, &-1 by using the formula

$$\begin{cases} a_{ij} \leq (\mu_j - \alpha * \sigma_j) \text{ then } e_{ij} = -1 \text{ else} \\ a_{ij} \in (\mu_j - \alpha * \sigma_j, \mu_j + \alpha * \sigma_j) \text{ then } e_{ij} = 0 \text{ else} \\ a_{ij} \geq (\mu_j + \alpha * \sigma_j) \text{ then } e_{ij} = 1 \text{ else} \end{cases}$$

Obtain the CETD Matrix (combined effective time dependent) data matrix and the corresponding row sum by adding all the ATD matrix.

APPLICATION OF CETD MATRIX IN CRACKING THE TNPSC EXAMINATION

Introduction

The Tamil Nadu Public Service Commission (TNPSC) exams are conducted by our state government. And it works under the guidance of UPSC. The commission be made up of 15 members with 1 chairman. And its conducted several types of exam with many number of posts, promotion, hike in salary etc., the exams are group I, group II,





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group II A, group IV, group VII etc. This paper mainly focusses on the study of which age group of the people crack the TNPSC examination in their first attempt. To explain this concept, the effective completion of TNPSC CETD Matrix is used. And also suggest some ideas for their effective completion those who are trying to complete the examination.

An illustrative Example for the Algorithm discussed in Preliminaries

To complete the TNPSC competitive examination the candidates facing many problems. Among them we categorized six most important attributes by interviewing and collecting the data from TNPSC candidates and coaching center mentor.

The following attributes

- $S_{\mbox{\tiny 1}}$ Lack of study plan and strategy
- S2 Gaps in their knowledge
- S₃ Exam Anxiety
- S4 Lack of exam management skills
- S₅ How to approach exam question
- S6 Short memory

Table 1. Initial Raw Data Matrix of Struggles of Competitive exam

| Age | S_1 | S_2 | S_3 | S_4 | S_5 | S_6 |
|-------|-------|-------|-------|-------|-------|-------|
| 18-22 | 23 | 9 | 15 | 13 | 19 | 16 |
| 23-27 | 17 | 12 | 12 | 18 | 20 | 14 |
| 28-32 | 11 | 14 | 10 | 21 | 15 | 9 |

Step : Convert the raw data matrix into average time dependent matrix by dividing 5 and the result shown in table 3.2 **Table 2 The ATD Matrix of table 3.1**

| Age | S_1 | S_2 | S_3 | S_4 | S_5 | S_6 |
|-------|-------|-------|-------|-------|-------|-------|
| 18-22 | 4.6 | 1.8 | 3 | 2.6 | 3.8 | 3.2 |
| 23-27 | 3.4 | 2.4 | 2.2 | 3.6 | 4 | 2.8 |
| 28-32 | 2.2 | 2.8 | 2 | 4.2 | 3 | 1.8 |

Step : Calculate the Mean and standard deviation of every column in the ATD Matrix by using formula

Mean $=\frac{\sum x}{n}$ and standard deviation $=\sqrt{\frac{\sum x^2}{n} - \left(\frac{\sum x}{n}\right)^2}$.

Table 3 Mean and Standard deviation of ATD Matrix

| | S_1 | S_2 | S_3 | S_4 | S_5 | S_6 |
|---------------|-------|---------|---------|---------|---------|--------|
| Mean µ | 3.4 | 2.33 | 2.40 | 3.5 | 3.6 | 2.6 |
| Standard | 1.200 | 0.50334 | 0.52915 | 0.80932 | 0.52915 | 0.7211 |
| Deviation | | | | | | |
| σ | | | | | | |

Step : Convert the ATD Matrix into RTD Matrix.

This matrix is also termed as fuzzy matrix as the entries are 1, 0 &-1 by using the formula

$$\begin{cases} a_{ij} \leq (\mu_j - \alpha * \sigma_j) thene_{ij} = -1else \\ a_{ij} \in (\mu_j - \alpha * \sigma_j, \mu_j + \alpha * \sigma_j) thene_{ij} = 0else \\ a_{ij} \geq (\mu_j + \alpha * \sigma_j) thene_{ij} = 1else \end{cases}$$

The RTD Matrix for $\alpha = 0.1, 0.15, 0.2, 0.25$

The RTD Matrix for $\alpha = 0.1$

Row Sum Matrix





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0 1 -3

| - 1 | 1 | 1 1 | 1 | 11 | |
|-----|----|-------------------|----|----|--|
| T | -1 | 1-1 | T | -1 | |
| 0 | 0 | 1-1 0 0 0-1 | 1 | 0 | |
| -1 | 1 | 0-1 | -1 | -1 | |

 Age Group
 18-22
 23-27
 28-32

 Row Sum
 0
 1
 -3

Table row sum of RTD Matrix for alpha = 0.1 The Graphical representation of the RTD Matrix at alpha = 0.1

RTD MATRIX FOR ALPHA - 0.1



AGE GROUP

The RTD Matrix for $\alpha = 0.15$

Row Sum Matrix

1 1 -2

| [1 | -1 | 1 –1 | 0 | 1] |
|-----|----|---------------------|----|----|
| 0 | 0 | 1 -1 0 0 -1 1 | 1 | 0 |
| L-1 | 1 | -1 1 | -1 | -1 |

Table 5 Row sum of RTD Matrix for alpha = 0.15

| Age Group | 18-22 | 23-27 | 28-32 |
|-----------|-------|-------|-------|
| Row Sum | 1 | 1 | -2 |

The Graphical representation of the RTD Matrix at alpha = 0.15

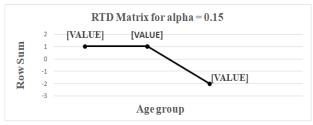


Figure 3.2

| ĺ | The I | RTD N | Matrix | for $\boldsymbol{\alpha}$ | = 0.2 |
|---|-------|-------|-------------------|---------------------------|-----------------|
| | [1] | -1 | 1-1 | 1 | 1] |
| | 0 | 0 | 1-1 0 0 0 1 | 1 | 1 0 |
| | l-1 | 0 | 01 | -1 | -1 []] |

Row Sum Matrix $\begin{bmatrix} 2\\1\\0 \end{bmatrix}$

 Table 3.6 Row sum of RTD Matrix for alpha = 0.2

| Age Group | 18-22 | 23-27 | 28-32 |
|-----------|-------|-------|-------|
| Row Sum | 2 | 1 | 0 |





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The Graphical representation of the RTD Matrix at alpha = 0.2

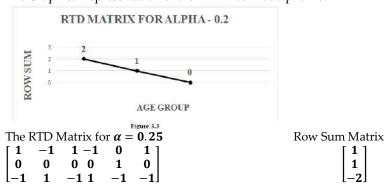
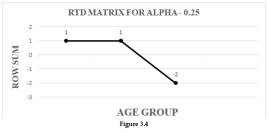


Table 3.7 row sum of RTD Matrix for alpha = 0.25

| Age Group | 18-22 | 23-27 | 28-32 |
|-----------|-------|-------|-------|
| Row Sum | 1 | 1 | -2 |

The Graphical representation of the RTD Matrix at alpha = 0.25



Obtain the combined effective time dependent data matrix and the corresponding row sum by adding all the ATD Matrix.

> Row Sum Matrix 4 4

| CETI |) Mai | trix | | |
|------------|-------|------|----|-----------|
| [4 | -4 | 4 -4 | 2 | 2] |
| 0 | 0 | 0 0 | 4 | 0 |
| L-4 | 3 | -22 | -4 | _4 |

Table 8 Row sum of CETD Matrix

| Table 6 NOW Suit OF CETD Matrix | | | | | |
|---------------------------------|-------|-------|-------|--|--|
| Age Group | 18-22 | 23-27 | 28-32 | | |
| Row Sum | 4 | 4 | -9 | | |

The Graphical representation of the CETD Matrix







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RESULTS AND DISCUSSION

From the observation of the above graph and CETD matrix shows that the age group 18-22 and 23-27 chance to clear the TNPSC exam in first attempt. And it shows that the age group 28-32 was more concentrate to crack the examination. The results of the fuzzy matrix model gave the exact result as that obtained experimentally.

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RESEARCH ARTICLE

Standardization of Swarnavanga with Application of Namboori Phased Spot Test

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ABSTRACT

Rasashastra, an ancient Indian alchemical science imparts knowledge about different formulations which are designed using herbs, minerals and metals. The standardization of these medicines is an important area of research and development in Rasashastra. Scientists are constantly developing new and improved methods to standardize these medicines, ensuring that patients have access to safe, effective, and high-quality products.We have classical parameters for assessment of Rasa preparations but to update the standards many other parameters are developed. The crucial Namboori Phased Spot Test within *Rasashastra* allows practitioners to assess the authenticity and purity of these substances, ensuring the efficacy and safety of Rasa Ausadhies. Namboori Phased Spot Test(NPST) is a qualitative chemical test for heavy metals. The test is based on the reduction of iodine to iodide by heavy metals in the presence of acid.A sample solution is dropped onto potassium iodide starch paper and observed for a colour change at three time intervals. The colour change depends on the specific heavy metal present and the time interval at which it occurs. The NPST is a simple and reliable test for detecting heavy metals in a variety of samples. It is observed that interaction of Swarnavanga with their respective reagents exhibits chromatographic presentation in form of dark brown and other relevant colours appearance and faded gradually which confirms the genuinely of preparation. Similarity seen between observed data and available standard data. The colour and pattern of the spots that appear on the filter paper gives confirmation regarding identification of the authenticity of the Swarnavanga.NPST is easy-to-perform test that should be use to identify and assess the quality of bhasmas and sinduras in a routine. In AyurvedRasashastra, this small effort aims to update and enrich the available data regarding the standardization of Swarnavanga, making it a valuable tool for Ayurvedic practitioners and researchers.

Keyword: Swarnavanga, NPST, Rasashashtra, Ayurved, Standardization.





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INTRODUCTION

Rasashastra is branch of an ancient Indian alchemical science, holds immense importance in the realm of *Ayurved* medicine. In an era where traditional medicines are gaining global recognition, the bench side but reliable techniques like the Namboori Phased Spot Test[1] provides a standardized and reliable method for evaluating the quality of medicines derived from metals and minerals.Namboori Phased Spot Test is based on principles of chromatography technique and is crucial for quality assessment of metallic and mineral medicines. This test allows Students, Researchers, Practitioners to assess the authenticity and purity of these substances, ensuring the efficacy and safety of *Rasousadhies*. By preserving the integrity of these ancient practices, *Rasashastra* continues to contribute significantly to the quality assurance of Ayurvedic medicines, promoting health and well-being worldwide.

Aim: To assess quality of Swarnavanga by Namboori Phased Spot Test

MATERIALS AND METHODS [2],[3]:

Materials:

- 10% Pot iodide paper
- Whatman filter paper
- Solution of 5N HNO₃
- Aqua regia
- Distilled water
- Sample *Swarnavanga*[4]
- Test tubes
- Test tube stand
- Dropper

Methods:

• Namboori Phased Spot Test (NPST)

Procedure:

Preparation of reacting papers

A solution was prepared by mixing 2 gm Potassium iodide with 20ml distilled water. Subsequently, a Whatman filter paper was immersed in it and then kept on a dry glass sheet to dry.

Preparation of Solution for Vanga Group

250mg sample was taken into test tubes and 0.5 ml 5N HNO₃added as reagent. Test tubes were stirred and heated for a minute then kept undisturbed for 72 hours. After 72 hrs, solution prepared with 5N HNO₃ was dropped with the help of dropper on 10% potassium iodide paper and observed in three intervals of time i.e. 0-5 min,5min-20min and 20 min-24 hrs for 1st, 2nd and 3rd phase respectively. Same procedure was conducted with reagent 0.5 ml aqua regia and kept undisturbed for 24 hours. After 24 hrs, solutions prepared with 0.5 ml aqua regia was dropped with the dropper on 10% potassium iodide paper and observation done in three time intervals i.e. 0-5 minutes, 5min-20min and 20 min-24 hours for 1st, 2nd and 3rd phase respectively.

Preparation of Solution for Parada Group

Similar procedure was carried out for *Parada* group with reagent 0.5ml 5N HNO₃ and 0.5ml Distilled water . After 48 hrs, solution prepared with 0.5ml 5N HNO₃ and 0.5ml Distilled water each was dropped using dropper on 10%





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potassium iodide paper and observed in three intervals of time, 1st phase occurred at 0-5 minutes, 2nd phase occurred at 5minutes-20 minutes, 3rd phase occurred at 20 minutes-24 hours.

RESULT AND DISCUSSION

For *Vanga* group[Table 1], HNO₃ and aqua regia reagents were used. With HNO₃, it shows dark brown central spot surrounding by moderate and light brown circle in its 1st phase followed by white space between brown spot and brown periphery having dull margin in 2nd phase then white space reduces and brown periphery expanded to central area in 3rd phase.With aqua regia, it shows dark brown central spot surrounded by light brown circle with clear margin in 1st phase followed by white space between moderate brown central spot and brown periphery having dull margin in 3rd phase, light central spot and moderate brown periphery with faded margin on outer area.

For *Parada* group[Table 1], HNO₃ and distilled water used as reagent.With HNO₃, dark brown central spot surrounding by moderate brown circle in 1st phase followed by white space between moderate brown colored central spot and dark brown colored periphery in 2nd phase. In 3rd phase, dull orange internal margin of brown periphery. With distilled water, dull blue space between golden yellow central spot and dull orange periphery in 1st phase followed by central spot disappeared with faded dull orange periphery in 2nd phase. In 3rd phase and dull orange periphery in 1st phase followed by central spot disappeared with faded dull orange periphery in 2nd phase. In 3rd phase, periphery area also disappears.

Rasashastra is a branch of Ayurvedic science that deals with preparation of herbo-mineral compounds. Herbo-mineral medicines have been used in *Ayurved* for centuries to treat a wide range of diseases and conditions. The standardization of herbo-mineral medicines is important to ensure their safety, efficacy and quality. Standardization involves developing and implementing quality control measures at all stages of the manufacturing process, from the procurement of raw materials to the finished product. The standardization of herbo-mineral medicines is a complex process particularly important in *Rasashastra*, as many of the ingredients used are toxic and must be carefully processed to make them safe for human consumption.

Namboori Phased Spot Test (NPST) is a qualitative analytical test developed by Dr.Namboori Hanumantha Rao in 1970. It is used to identify and assess the quality of *bhasma* and *sindura*, which are herbo-mineral preparations used in Ayurveda. The test is based on the chromatography principle, which is a technique used to separate and identify the components of a mixture. When a drop of a clear solution of a *bhasma* or *sindhura* on Whatman paper impregnated with a suitable reagent, it gives a spot with a series of changes in colour and pattern. The colour and pattern of the spots that appear on the filter paper can be used to identify the authenticity of the sample.

Standardization of *Rasa* preparation is essential need in today's era. The Namboori PhasedSpot Test (NPST) is easyto-perform test that must be used to identify and assessment of the quality of *bhasma* and *sindura kalpana*, which are Ayurvedic formulations. The test belongs to principles of chromatography and involves observing colour and pattern produced by a chemical reaction between the test sample and a reagent. The NPST is a valuable tool for Ayurvedic practitioners and researchers as it can help to ensure the quality along with consistency for Ayurvedic preparations.

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| Reagent | Phase 1 | Phase 2 | Phase 3 | |
|------------|---|--|--|--|
| HNO3 | Dark Brown central spot surrounding by moderate and light brown circle | White space between Brown spot and brown periphery having dull margin | brown periphery | |
| Aqua regia | Dark Brown central spot surrounded by light brown circle with clear margin | - | Light central spot And moderate brown periphery with faded margin on outer area | |

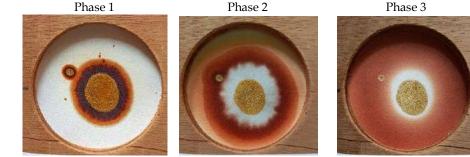
Table 1: Vanga group

Table 2:Parada group

| Reagent | Phase 1 | Phase 2 | Phase 3 |
|-----------------|---|---|-----------------------------------|
| HNO3 | Dark Brown central spot surrounding by moderate brown circle | 1 | 0 |
| Distilled water | Dull blue space between Golden yellow central spot and dull orange periphery | Central spot disappeared with faded dull orange periphery | Periphery area also disappears |

Reagent

Phase 2



HNO₃





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Aqua Regia



Figure 1. Vanga Group



Reagent Phase 1 Phase 2 Phase 3 HNO₃ Distilled water

Figure 2. Parada Group





RESEARCH ARTICLE

A Probabilistic Machine Learning based Sentiment Analysis Approach for Predicting Customer Reviews

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ABSTRACT

It is crucial for organizations to determine the characteristics and sentiment of customer evaluations, usually through the use of opinion mining and sentiment analysis. IT systems can utilize natural language processing for a range of functions, such as generating summaries of evaluations, classifying reviews into categories, and performing other real-time applications. Sentiment analysis holds great potential for application in real-time business models. Consumer testimonials serve as an excellent means for companies to obtain feedback. Nevertheless, the process of personally examining a substantial amount of evaluations can be laborious and time-consuming. Sentiment analysis streamlines this procedure, offering a rapid and scalable method to comprehend the entire sentiment sent by clients. Sentiment research aids organizations in identifying favorable client experiences. By discerning favorable sentiments in evaluations, organizations can identify the specific components of their products or services that are highly regarded by customers. This information is vital for strengthening and advocating favorable attributes. Due to the lack of obvious boundaries in classifying tweets or reviews as positive, negative, or neutral, a probabilistic technique using the Deep Bayesian Classifier has been suggested to





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determine the sentiment of customer feedback. Evidence demonstrates that the proposed methodology attains higher classification accuracy compared to prior research in this domain.

Keywords: Data Mining, Customer Review, Sentiment Analysis, Machine Learning, Bayesian Classifier, Classification Accuracy.

INTRODUCTION

Customer sentiment analysis relies heavily on machine learning, which gives companies an effective tool for understanding and reacting to customer feedback. In a day of digital communication and information overload, it is critical to comprehend the feelings that customers are expressing. This paper examines the several factors that make machine learning essential for efficient customer sentiment analysis [1]. However, it is difficult to extract user sentiment from vast and complicated data sets. This is to make sure that the implicit meaning must be accurately deduced and that the context (semantics) is considered before drawing any judgments. To further separate the valuable information from the raw data, precise data pre-processing must be mandated. Sentiment analysis is crucial since user attitudes significantly affect a number of characteristics and domains. Machine learning's ability to manage enormous amounts of consumer input is one of the main reasons it is crucial for sentiment analysis. Businesses now receive a dizzying quantity of information from several sources, including surveys, emails, social media, and online reviews. This scale is beyond the capabilities of traditional methodologies; in contrast, machine learning models process massive datasets effectively, allowing organisations to analyse feelings more broadly [2].

Sentiment analysis faces a great deal of difficulty because of how intricate human language is. Natural language processing (NLP) in particular, falls under machine learning is excellent at identifying intricate patterns, contextual subtleties, and minute differences in consumer reactions. Beyond crude positive or negative classifications, this capacity to interpret linguistic nuances enables a more precise and sophisticated sentiment analysis. Consumer perceptions are subject to alter due to new product offers, shifting trends, and outside events. By continuously learning from fresh data, machine learning models demonstrate adaptability. This flexibility guarantees that sentiment research is current and representative of the customer landscape, allowing organisations to react quickly to shifting emotions and make well-informed decisions.Personalised sentiment analysis catered to certain sectors and circumstances is made possible by machine learning. Businesses can tailor sentiment analysis tools to meet their specific needs by training models on language specific to their industry. By taking a customised approach, sentiment research becomes more accurate and companies pay attention to the things that are most important to their customers [3].

A generic process architecture for sentiment analysis through the knowledge discovery process in depicted in figure 1. Automatic feature extraction, key phrase recognition, and word associations with positive or negative sentiments are areas where machine learning can be employed due to the enormity of data being analyzed.. This feature gives companies the ability to identify particular features of goods or services that affect how customers perceive them, giving them insightful information for future development.

LITERATURE REVIEW

The literature survey of various scholars related to the review is as follows:- Zhao et al. [1] proposed a multimodal sentiment analysis technique built on the multimodal sentiment analysis technique, which can help individuals make better judgments by obtaining more emotional information sources. According to this paper's experimental findings, CNN-SVM has the greatest recognition rate. 93.5%, respectively. Dhyani et al. in [2] author proposed for sentiment analysis, a brand-new intuitionistic fuzzy inference system (IFIS). Through the suggested IFIS, the study article uses sentiment analysis of tweets to predict the personality attribute features of the tweeter. Utilising TextBlob in Google





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Collaboration, the Natural Language Processing Toolkit (NLTK) was utilised to examine Twitter data for subjectivity and polarity, with the goal of predicting the positivity score through the suggested innovative IFIS.Vohra et al. [3] proposed To get outstanding outcomes on the dataset, the model makes use of numerous convolution and max pooling layers, dropout operation, and dense layers with ReLU and sigmoid activations. Furthermore, a comparison is made between the proposed model's performance and that of many common classifiers, including Random Forest, Naive Bayes, Support Vector Machine (SVM), and Decision Tree. According to the findings, the suggested CNN with FastText word embeddings performs better than other classifiers on the provided dataset, with an accuracy of 0.925969... This classification reveals, nearly 55% of the tweets are found to show affirmation, about 25% show a negative disposition, and 21.09% have neutral sentiments Phan et al. [4] proposed a model which comprises the subsequent actions: First, BERT is used to turn words in sentences into vectors. Secondly, BiLSTM over word vectors is used to produce the contextualised word representations. Third, across the contextualised word representations, important characteristics are retrieved and represented using the GCN model with several convolutional layers. Lastly, the CNN model is applied to the feature vectors in order to classify the feelings at the aspect level. Tests conducted on three reference datasets demonstrate that the performance of the prior context-based GCN techniques for ALSA has been enhanced by the proposed model.

Obiedat et al. [5] proposed a combination approach to address the unbalanced data issue that combines the Support Vector Machine (SVM) algorithm with Particle Swarm Optimisation (PSO) and several oversampling approaches. SVM is used as a machine learning classification approach to optimize the dataset, which includes various reviews from a number of Jordanian restaurants, in order to anticipate the sentiments of reviews. Information was gathered from Jeeran, a popular Arabic review social network. The feature weights are optimized using the PSO approach. Vashishtha et al. [6] proposed a combination approach to address the unbalanced data issue that combines the Support Vector Machine (SVM) algorithm with Particle Swarm Optimisation (PSO) and several oversampling approaches. SVM is used as a machine learning classification approach to optimise the dataset, which includes various reviews from a number of Jordanian restaurants, in order to anticipate the sentiments of review. Information was gathered from Jeeran, a popular Arabic review social network. The feature weights are optimise the dataset, which includes using the PSO approaches. SVM is used as a machine learning classification approach to optimise the dataset, which includes various reviews from a number of Jordanian restaurants, in order to anticipate the sentiments of reviews. Information was gathered from Jeeran, a popular Arabic review social network. The feature weights are optimised using the PSO approach.

Saha et al. [7] utilised a variety of machine learning methods to analyse sentiment. On the linguistic characteristics, algorithms including Multilayer Perceptron (MP), Random Forest (RF), Decision Tree (DT), and Support Vector Machine (SVM) were used. For every classifier, the authors have calculated the precision, recall, accuracy, F-measure, and ROC values. Random Forest scored better than the other classifiers, successfully classifying nearly 61% of the instances. Such sentiment analysis, in our opinion, on a particular class of texts might inspire more research into our grasp of natural language. Estrada et al. [8] The authors compared various sentiment analysis classifiers within an Intelligent Learning Environment (ILE-Java) to categorize educational opinions. Three different methodologies were employed: machine learning, deep learning, and an evolutionary technique called EvoMSA. The researchers curated two datasets focusing on programming languages, encompassing students' sentiments regarding professors, tests, assignments, and academic projects. SentiTEXT comprises polarity labels (positive and negative), while eduSERE includes labels related to learning-oriented emotions (positive and negative), such as engaged, thrilled, bored, and annoyed.

Rahat et al. [9] proposed a technique to analyze the sentiment polarity of airline review dataset based on a numerical transformation of the data prior analysis. The removal of special characters such as @ removal etc. was the first step in the pre-processing stage. It could be inferred from the experimental results that the SVM outperformed the Naïve Bayes for the airline dataset. Hasanli et al. [10] A strategy outlining the steps for gathering, cleaning, and annotating tweets in Azerbaijani has been developed for sentiment analysis of the language. Based on bag-of-words models, machine learning methods such as SVM, Naïve Bayes, and Linear Regression were used to determine sentiment polarity. Other Turkish languages can easily adopt our transferable and easily implementable data processing and categorization approach. By comparing the outcomes of several machine learning algorithms, the best parameters for tweet categorization were found.





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METHODOLOGY

Sentiment Analysis using Machine Learning

When it comes to expressing and ranking whether a text reflects good, neutral, or negative emotions, machine learning algorithms are frequently quite useful. There are two categories of extensions for machine learning, such as unsupervised methods. A labelled dataset is used by the supervised algorithm, and every training text is created with positive sentiments. On the other hand, unsupervised readings consist of happy feelings and unprocessed data without any writing.. The commonly used machine learning models used are [11].

Convolutional Neural Network (CNN): CNN's basic architecture is made up of layers that handle incoming data in a hierarchical fashion. The main parts are fully connected layers, pooling layers, and convolutional layers. By using filters or kernels to the input data, convolutional layers extract features by identifying local patterns and details. In order for CNNs to learn hierarchical representations from unprocessed input, these layers are essential. Convolutional layers carry out the vital function of extracting features. Sliding a filter over the input data and calculating the dot product at each place comprise the convolution procedure. Activation functions add non-linearity to the network after the convolutional process. ReLU (Rectified Linear Unit), a popular activation function, introduces non-linearities by thresholding the output, allowing the model to learn more intricate feature correlations [12].

Support Vector Machine (SVM): One potent class of machine learning techniques used for both regression and classification applications is Support Vector Machines (SVMs). They have become well-known for their reliable operation and adaptability in a variety of fields. The goal behind Support Vector Machines (SVMs) is to identify the optimal hyperplane for separating data points into distinct groups. By acting as the decision boundary, this hyperplane maximises the margin between the classes. SVMs work well in high-dimensional environments, where they are useful for jobs requiring a large number of input features. SVMs are unique in that they prioritise maximising the gap between each class's nearest data points and the decision border. The distance between the closest data point and the hyperplane is known as the margin [13].

Hyperplane in SVM: The data points that are closest to the decision boundary or hyperplane are known as support vectors. In order to define the margin and, by extension, the decision boundary, these points are essential. These support vectors are what give support vector machines (SVMs) their moniker because they help find the best possible hyperplane. With non linear separable datasets depending on multiple variables, the SVM employs a mult-dimensional hyperplane (hyperplane with working with multiple variables) making data separable. Polynomial, sigmoid, and radial basis function (RBF) are examples of common kernel functions. Optimising a cost function that takes into account the margin size and classification accuracy is necessary for training a support vector machine. The goal of the optimisation method is to identify the ideal hyperplane [14].

Bayesian Approach

Probabilistic graphical models known as Bayesian Networks, or BayesNets, use Bayesian probability to depict and infer relationships between variables. Regarding sentiment classification, BayesNets provide a logical and comprehensible method. This paper explores the use of BayesNets in sentiment classification, emphasising the advantages and drawbacks of this method for identifying emotional overtones in textual data. Determining the sentiment expressed in a text and classifying it as good, negative, or neutral is known as sentiment classification. A probabilistic modelling framework that is well-suited to the ambiguity contained in language is offered by BayesNets, which enables the capture of dependencies between words or phrases and the nuanced depiction of sentiment [15]. With directed acyclic graphs (DAGs), Bayesian networks depict conditional dependencies between variables. Nodes in the network can represent words or features in the context of sentiment categorization, while edges show conditional dependencies. Because of this structure, BayesNets can accurately represent how the presence or absence of specific words affects the likelihood of a given feeling. In a BayesNet, each node has associated probabilities that indicate the chance that a variable will take on a specific value based on the values of its





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parent nodes. These probabilities, which indicate the possibility of noticing particular words or features given the sentiment indicated in the text, can be learned from training data in sentiment classification. Sentiment analysis requires the ability to handle uncertainty and variability, which BayesNets naturally provide. It's common for language to be vague, and there are many methods to convey feelings. Because BayesNets incorporate prior probabilities and adapt their beliefs based on mounting information, they facilitate the modelling of uncertainty. They are therefore capable of managing a wide range of language manifestations of emotion. Prior knowledge can be included with BayesNets, which is especially helpful for sentiment categorization. An enhanced and contextually aware sentiment analysis can be achieved by encoding into the network prior knowledge about words or phrases that strongly suggest a particular sentiment [16].

Algorithm

As the customer review texts may have overlapping tags or tokens, hence a probabilistic Bayes Classifier has been proposed. As sentiments do not possess a particular decision boundary (fixed), hence a probabilistic approach happens to be more effective which can be done employing the Deep Bayes Net whose classification depends on the following relation:

$$P\left(\frac{X}{X_{i,k_1,k_2,M}}\right) = \frac{P\left(\frac{X_i}{X_{k_2,M}}\right)P\left(\frac{X_i}{k_1,M}\right)}{P\left(\frac{X}{k_1,k_2,M}\right)}$$
(1)

Here,

Prepresents probability.

 X_i represents weights and bias vectors (combined).

X represents the data to be used for the purpose of training.

Mrepresents data units (neurons) in network.

 k_1 and k_2 represents the term responsible for penalty based regularization.

 $\rho = \frac{k_1}{k_2}$ is often considered the regularization factor which is acted upon the objective function (J) to me optimized

based on the training dataset, and renders the regularized cost function:

$$F(w) = \mu w^{T} w + v [\frac{1}{n} \sum_{i=1}^{n} (p_{i} - a_{i})^{2}]$$
(2)

If $(\pi \ll v)$:errors in training are typically rendered low.

else if $(\pi \ge v)$:errors are typically rendered high needing a weight reduction or Penalty. The proposed algorithm is presented next:

Start

{ Step.1 Obtain annotated dataset.

Step.2 Divide the data into a ratio of 70:30 as training and testing data samples.

Step.3 Define match token data length (n) and for i = 1:nSearch (token == match text) end

Step.4 Design a neural network with multiple hidden layers.

Step.5 Initialize training with random weights.





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(3)

Step. 6 Train models with training data and updated weights based on the back propagation rule as:

$$w_{k+1} = w_k - \left[J_k J_k^T + \mu I\right]^{-1} J_k^T e_k$$

Step.7 if (Cost Function J stabilizes over multiple iterations)
Truncate
 else if (iterations==max. iterations defined)
Truncate
 else
 {
 Apply data and update (w, b)
Feedback (e)
 }
Step 8 Calculate error% and Classification Accuracy

Step.8 Calculate error% and Classification Accuracy
Stop
}

The performance parameters used for evaluation of the algorithm is the accuracy % which is computed as:

(4)

$$Accuracy\% = 100 - error\%$$

EXPERIMENTAL RESULTS

The experimental results have been presented next. The dataset has been taken from Kaggle, for Amazon Product Reviews.

(https://www.kaggle.com/datasets/tarkkaanko/amazon?resource=download)

Out of the 4916 samples, the training and testing ratio has been selected as 70:30 making the testing samples as 1475 samples. From table 2, it can be clearly observed that the proposed work attains much higher classification accuracy employing the Regularization based Deep BayesNet approach due to a probabilistic classification approach. Moreover, a grouped word match also aids the classification process.

CONCLUSION

To summarize, Sentiment analysis has emerged as an essential tool for business objectives, providing significant insights into user behaviors and preferences. Various methods and algorithms within Natural Language Processing (NLP) are used to achieve a thorough comprehension by applying sentiment analyzers. This study offers a comprehensive examination of several datasets and research studies that utilize different machine learning methods for sentiment analysis. Machine learning-based sentiment analysis has demonstrated its efficacy and adaptability as a beneficial tool for obtaining important insights from textual data. The research that were evaluated demonstrated a wide variety of strategies, including both traditional methods like Random Forest and Word2Vec, as well as more modern approaches like Recurrent Neural Networks (RNN). These techniques have shown a high level of accuracy in determining sentiment in many areas. There is great potential for further progress in the field of video sentiment analysis, namely in the areas of extracting features from frames and applying machine learning methods. In summary, the research highlights the importance of machine learning in uncovering patterns of sentiment, which helps us gain a more profound comprehension of user feelings across various applications and domains. The study introduces an enhanced Bayesian Network for analyzing the Amazon Product Review dataset. The model achieves a





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Mean Squared Error (MSE) of 0.95973 and a Mean Absolute Error (MAE) of 0.67, surpassing the accuracy of current baseline methods.

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| Author | Method / Algorithm | Dataset | Research gap | Parameter |
|--------------------------------|---|-----------------------------------|--|---------------------------|
| Zhao et al. [1], 2023 | CNN-SVM | eNTRAFACE'05, RML, and AFEW6.0 | No data pre-processing employed. Amalgamation of baseline techniques such as CNN-RNN and SVM often leads to quick saturation of performance as more training data is added. (Inherent to SVM) | Accuracy of 93.5 % |
| Dhyani et al [2], 2022 | Intuitionistic Fuzzy Inference System (IFIS) | Kaggle (Twitter Dataset) | Fuzzy Inference System (FIS) used for sentiment analysis. Typically fuzzy systems also suffer from performance saturation. A better option is the Adaptive Neuro-Fuzzy Inference System (ANFIS). | RMSE of 0.3078 |
| Vohra et al. [3], 2022 | CNN | Kaggle (Twitter Dataset) | CNN is often prone to overfitting and vanishing gradient. No analysis pertaining to overfitting and vanishing gradient performed. | Accuracy of 92.59 % |
| Phan et al. [4], 2022 | Graph Convolutional Neural Networks (GCN) | Kaggle (Twitter Dataset) | The Graph Convolutional Neural Networks (GCN) used for The CNN model is used to classify aspect-level sentiments instead of feature vectors. CNN often tend to exhibit overfitting. Moreover, probabilistic approaches may tiled higher accuracy for aspect level classification. | Accuracy of 85.25% |
| Obeidat et al. [5], 2022 | PSO-SVM | Kaggle | The PSO-Optimized SVM approach has an inherent data saturation probability. Mo word-frequency analysis has been used. | Accuracy of 89% |
| Vashishtha et al. [6], 2021 | Adaptive Neuro Fuzzy Inference Systems (ANFIS) | Kaggle (SentiwirdNet) | ANFIS typically exhibits early performance saturation. No group or bag of words match performed which may increase prediction accuracy. | Best case RMSE of 0.36 |
| Saha et al. [7], 2021 | Decision Trees (DT) | Kaggle | No data pre-processing. Frequency analysis of words not employed. Decision trees typically does not match the performance of neural networks and deep neural networks. | Accuracy of 60.5395% |
| Estrada et al. [8], 2020 | CNN-LSTM hybrid | SentiWord | Both the CNN and LSTM are prone to overfitting. They also suffer from the vanishing gradient problem while training with large training dataset corpus. No probabilistic approach explored for context level classification. | Accuracy of 93% |



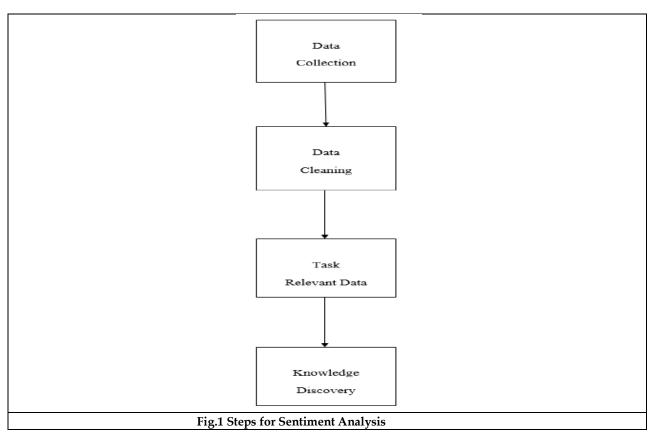


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| Table.2 | Table.2 Summary of Results | | | | | | |
|---------|----------------------------|-----------------------------------|--|--|--|--|--|
| S.No | Parameter | Value | | | | | |
| 1 | Dataset | Amazon Product Review Dataset | | | | | |
| 2 | ML Category | Supervised | | | | | |
| 3 | Algorithm | Bayesian Optimized Neural Network | | | | | |
| 4 | Iterations to Convergence | 45 | | | | | |
| 5 | Mean Squared Error (MSE) | 0.95973 | | | | | |
| 6 | Mean Absolute Error (MAE) | 0.67 | | | | | |
| 7 | Accuracy % | 99.34 | | | | | |

Table 2. Comparison with Previous Work

| S.No. | Author | Accuracy (%) |
|-------|--------------------|--------------|
| 1 | Zhao et al. [1] | 93.5 |
| 2 | Vohra et a. [3] | 92.59 |
| 3 | Phan et al. [4] | 82.5 |
| 4 | Obiedat et al. [5] | 89 |
| 5 | Saha et al. [7] | 60.5395 |
| 6 | Estrada et al. [8] | 93 |
| 7 | Proposed Work | 99.34% |







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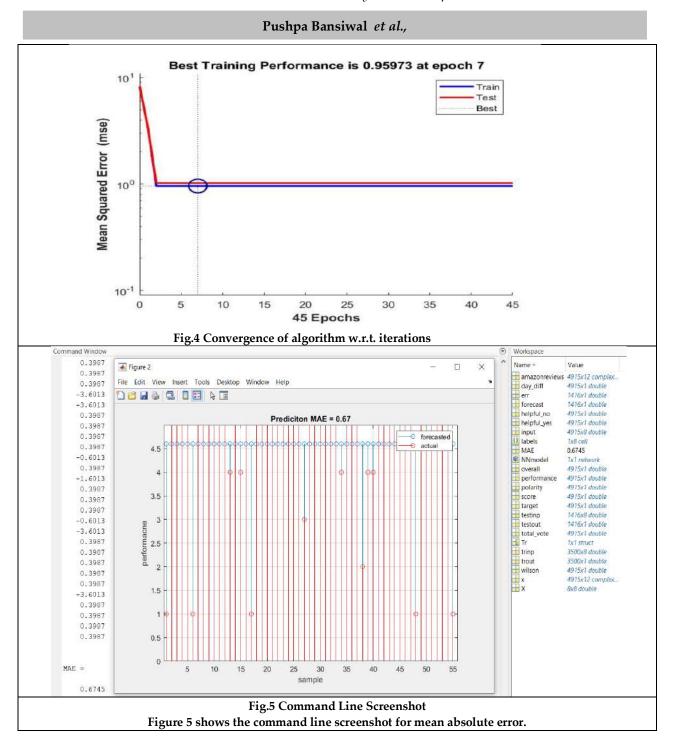
| 1 | reviewerName | overall | reviewText | | | | helpful_no tota | - | | - | wilson_lo | ower_boun |
|----|-----------------------|---------|--|----------------|-------|---------|-----------------|--------|---------|------|-----------|-----------|
| 2 | 0 | | 4 No issues. | 23-07-2014 | 138 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 3 | 1 Omie | | 5 Purchased this for my device, it worked as | | 409 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 4 | 2 1K3 | | 4 it works as expected. I should have sprung | | 715 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 5 | 3 1m2 | | 5 This think has worked out great.Had a diff | | 382 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 6 | 4 2&1/2Men | | 5 Bought it with Retail Packaging, arrived leg | | 513 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 7 | 5 2Cents! | | 5 It's mini storage. It doesn't do anything el | | 588 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 8 | 6 2K1Toaster | | 5 I have it in my phone and it never skips a b | 19-10-2013 | 415 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 9 | 7 35-year Technology | | 5 It's hard to believe how affordable digital | | 62 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 10 | 8 4evryoung | | 5 Works in a HTC Rezound. Was running sho | 24-03-2014 | 259 | 1 | 0 | 1 | 1 | 1 | 0.20654 | 9 |
| 11 | 9 53rdcard | | 5 in my galaxy s4, super fast card, and am to | 10-11-2013 | 393 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 12 | 10 808TREX50 | | 5 I like this SD Card because it can take mus | 05-11-2013 | 398 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 13 | 11 98020 | 1 | 3 It works, but file writes are a bit slower the | 20-11-2013 | 383 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 14 | 12 9z4cda | 1 | 5 THE NAME OF ITSELF SPEAKS OUT. GO SAI | 07-04-2014 | 245 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 15 | 13 A4Q96 "Gadget Love | 1 | 5 Solid SDHC card that is fast (at reading and | 21-11-2013 | 382 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 16 | 14 Aaron "Aaron" | 1 | 5 Heard that the card's write speed is insuffi | 17-02-2014 | 294 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 17 | 15 Aaron "Aaron" | 1 | 5 I bought this to use with my go pro hero 3 | 01-04-2013 | 616 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 18 | 16 Aaron Alvarez | 1 | 5 got this because i had a 2 GB one that fille | 03-02-2014 | 308 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 19 | 17 Aaron F. Virginie | 1 | 5 Class 10 Speed Rating for Seamless Full HE | 07-04-2013 | 610 | 0 | 1 | 1 | -1 | 0 | | 0 |
| 20 | 18 Aaron Graves | 1 | 5 The read and write speeds are better than | 05-02-2014 | 306 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 21 | 19 Aaron | 1 | 5 This works with the NL1520. No video stu | 01-07-2014 | 160 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 22 | 20 Aaron | 1 | 5 Works as expected. High transfer speed. | 27-10-2013 | 407 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 23 | 21 Aaron | 1 | 5 Works great in a Samsung Galaxy S3. Form | 29-12-2013 | 344 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 24 | 22 Aaron Madden | 1 | 5 SanDisk never disappoints. As always SanD | 11-05-2013 | 576 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 25 | 23 aaron mckaig | 1 | 5 Good price, works flawless in my Samsung | 04-04-2014 | 248 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 26 | 24 Aaron Nash | | 5 San disk is hard to beat. You will pay more | 23-03-2014 | 260 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 27 | 25 Aaron Smith | | 5 Installed in my Blackberry Q10 SQN100-1 | 28-01-2014 | 314 | 0 | 0 | 0 | 0 | 0 | | 0 |
| 28 | 26 Aaron T. Swain | | 5 I just received my card, it is the class 10 64 | 26-07-2012 | 865 | 1 | 1 | 2 | 0 | 0.5 | 0.09453 | 1 |
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RESEARCH ARTICLE

Katiparinaah and Body Adiposity Index in Non Alcoholic Fatty Liver Disease : A Cross-Sectional Analytical Study

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Cross-sectional analytical study

There is an increasing prevalence of non alcoholic fatty liver disease (NAFLD) in India at an early age due to the unhealthy diet and lifestyle of people. Modern medicine does appreciate the prediction of fat deposition through body mass index (BMI) to predict the metabolic risk, but BMI directly depends upon the weight of the body. Unlike BMI, body adiposity index (BAI) does not depend upon the weight of the body. The concept of proportionate body measurements (Sama Sharir) of Ayurveda is associated with good health and long life. The objective of the study was to discriminate the measurement of Katiparinaah and body adiposity index in between NAFLDpatients and healthy individuals without fatty liver. Cross-sectional analytical study A total of 153 females of age group 20 to 50 years were registered in two groups; 66 NAFLDfemale patients (case group) and 87 healthy without fatty liver females (control group). Waist circumference, one anguli breadth, Katiparinaah, and body adiposity index were recorded for the registered subjects after informed consent. The measurement of Katiparinaah and body adiposity index is significantly higher in the female patients of NAFLDin comparison to healthy females without fatty liver (P < 0.05). The ROC analysis indicates that Katiparinaah and body adiposity are moderate to good predictors for predicting NAFLD. Katiparinaah >= 57.03 anguli and body adiposity index of >= 32.53 are the cut-off points for the discrimination between healthy non-fatty liver and non-alcoholic fatty liver disease. There is a significant difference in Katiparinaah and body adiposity index in the female patients of non-alcoholic fatty liver disease in comparison to healthy female subjects, Females of Katiparinah >= 57.03 anguli or body adiposity index >= 32.53 are at higher risk of developing NAFLD.

Keywords: non-alcoholic fatty liver, Sama Sharir, Katiparinaah, body adiposity index, anthropometry.





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INTRODUCTION

The liver is the most common site for the accumulation of fat because it plays a central role in fat metabolism. Depending upon the cause and amount of accumulation, fatty liver changes may be severe, irreversible, and may result in cell death [1]. Adiposity (excess fat deposition) is the second most common cause of fatty liver and the most common cause of non-alcoholic fatty liver disease (NAFLD). There is an increasing prevalence of NAFLDin India at an early age due to the unhealthy lifestyle of people and it contributes to a large proportion of liver disease burden in the world [2]. The concept of *sama sharir* (proportionate body measurements) of Ayurveda is associated with good health and long life. The scholars of Ayurveda (*Charak, Sushruta, Vagabhat*) have mentioned the reference value of measurements of different parts of the body. [3]-[5]. These reference values give the measurements of a proportionate body measurement is personalized. A person of proportionate body measurements (*sama sharir*) had a height of 84 *anguli, Prabahu* (forearm) 16 *anguli* and *Prapani* 15 *anguli, Katiparinaah* (waist circumference) 50 *anguli*. It can be hypothesized that the deviations in the measurement of body parts from the reference value can be considered as disproportionate body and it can lead to diseased condition. *Katiparinaah* indicates the abdominal obesity and its deviation from the reference value can be a predictor of fatty liver disease of adiposity origin (NAFLD) in a very early stage of the disease.

Modern medicine does appreciate the prediction of fat deposition through body mass index (BMI) to predict the metabolic risk and diseases linked to adiposity, but BMI directly depends upon the weight of the person [6] which does not include fat mass only but also the bone, muscle mass, and water content of the person, so the BMI does not give the true picture of adiposity. In such a scenario, it is necessary to make available an alternative method, which can predict the excess fat deposition and the diseases related to it. Body Adiposity Index (BAI) has been presented as a potential alternative to BMI. Unlike BMI, BAI does not depend upon the weight of the body and is calculated by the size of the hip circumference compared to the person's height. Bergman et al. reported that BAI is strongly correlated with adiposity, and in contrast to BMI, BAI is equally good for both genders and differing ethnicities. BAI could directly estimate the percent body fat without the need for further correction for sex or age [7].

The objective of the study was to analyze the difference in the measurement of *Katiparinaah* (*in anguli*) and body adiposity index independently between NAFLDpatients and healthy individuals without fatty liver.

MATERIALS AND METHODS

Study design- cross-sectional analytical study. The study population for this study was the female patients approaching the hospital for consultation and the healthy females residing in nearby villages. A total of 153 females were registered in the study. Of the total study participants, 66 females were patients of NAFLDin case group and 87 healthy females without fatty liver were registered in control group. (Table 1). Ethical permission was taken from the institute's ethical committee (letter no CBP-IEC/2020/RS 07/MD/28 dated 29/01/2022) and the study was registered in the Clinical trial registry India before the start of enrolment of study participants. It is obvious that the anthropometric measurements of body naturally vary between males and females, so the present study is limited to female study participants only to remove the gender confounder. The study participants were well-versed about the data collection and their privacy. All the study participants were of age group 20 to 50 years, and registered after informed consent, in the year 2022-23. All the 153 participants of both the groups were confirmed for fatty liver and non-fatty liver by abdominal ultrasound. Individuals with a history of alcohol consumption, medications that cause liver damage and steatosis like estrogen, steroids, tetracycline, active or previous infection with hepatitis B and C, and other liver disease, chronic illness (T.B), diabetic patients, malnourished individuals, and individuals under starvation and pregnant women were excluded from the study.





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Standard anthropometric measurements (height, hip circumference, waist circumference) were measured by stadiometer, and measuring tape respectively. Four fingers' width of the right hand was measured by a digital vernier caliper of 300 mm scale between the proximal inter-phalangeal joint of the 2nd digit and the distal inter-phalangeal joint of the 5th digit from the dorsal aspect after keeping the hand in supine on the top of a sturdy table. This measurement was divided by four to get one *anguli* (finger) width [8].

All the data was recorded in the Performa along with other demographic data. The *Katiparinaah* in *anguli praman* was calculated by dividing the waist circumference (cm) by one *anguli* width (cm) of the person. Body adiposity index was calculated by the formula:

BAI =Hip circumference in cm/(height (m)^{1.5}-18) [9]

The difference of the *Katiparinaah* and body adiposity index individually among the two groups was analyzed using unpaired t test and the cut-off point of the two variables to predict the NAFLDwas measured by Receiver operating characteristic (ROC).

RESULT

Discrimination of Katiparinaah between NAFLDand healthy females without fatty liver

The mean and standard deviation of *Katiparinaah* in control and case group was 53.64 ± 3.61 *anguli*, and 58.52 ± 5.65 *anguli* respectively. The difference of *Katiparinaah* in between case and control group was statistically significant (*P*<0.0001) (Table 2). The ROC (Receiver Operating Characteristic) analysis was performed to evaluate the diagnostic accuracy of *Katiparinaah* in detecting Fatty Liver Disease. The area under ROC is a measure of the overall discriminatory ability of *Katiparinaah* in distinguishing between individuals with and without fatty liver disease, the area under ROC was found to be 0.768, indicating a reasonably good discriminatory power. The optimum cut-off value (the threshold of *Katiparinaah* level) that provides the best balance between sensitivity and specificity for detecting non-alcoholic fatty liver disease in females was: *Katiparinah* >= 57.03 *anguli* (Table 3)

Discrimination in Body adiposity index between NAFLDand healthy without fatty liver females

The mean and standard deviation of body adiposity index in control and case group was 28.5 ± 2.56 , and 31.22 ± 5.46 respectively. The difference of body adiposity index was statistically significant in case and control group (*P*<0.0001) (Table 4). The above results indicate that the BAI is a moderate predictor of Fatty Liver Disease in females. A body adiposity index value of 32.53 or higher is the optimal cut-off for detecting the NAFLDin females, achieving a sensitivity of 37.9% and specificity of 97.9%. (Table 5)

Variation of Katiparinaah with fatty liver grades in NAFLDpatients

The mean and standard deviation of *Katiparinaah* in grade I and grade II was 57.28 ± 5.03 *anguli*, and 62.34 ± 6.01 *anguli* respectively, and the difference of *Katiparinaah* in grade I and grade II fatty liver disease was found statistically significant (*P*=0.0015) (Table 6)

Variation of body adiposity index with fatty liver grades in NAFLDpatients

The mean and standard deviation of body adiposity index in grade I and grade II fatty liver was 30.13 ± 4.86 , and 34.57 ± 6.09 respectively. Statistically significant difference of body adiposity index was found in grade I and grade II fatty liver disease (*P*=0.0041) (Table 7)

DISCUSSION

The individuals who are disproportionate by the criteria of *anguli pramana* may have *meda dhatu dushti*, which could be associated with diseases of excess fatty deposition like risk of cardio vascular ischemia, non-alcoholic fatty liver etc. The *Katiparinaah* and body adiposity index are significantly higher in the females of NAFLDin comparison to healthy females without fatty liver (P< 0.05). The ROC analysis indicates that *Katiparinaah* and body adiposity are





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moderate to good predictors for predicting NAFLD. Females of *Katiparinaah* >=57.03 *anguli* and body adiposity index of >=32.53 are at a higher risk of developing NAFLD. The severity (grade) of fatty liver disease also increases with the increase of *Katiparinaah* and body adiposity index. Previous studies of *anguli praman* and anthropometry have demonstrated that smaller facial structures and shorter neck limbs are associated with higher insulin resistance markers (obesity, adiposity, glycemia, insulin, and HOMA-R, but larger forehead and face were associated with higher beta cell function (HOMA-B) [10], shorter-legged children suffered more bronchitis than the long [11]. Increase in childhood length of the leg and not the length of the trunk, is related to decreased mortality due to congestive heart disease but increased risk of cancer [12] Higher risk of Prostate and testicular colorectal cancers are associated with long legs in tall people [13].

With the above studies we can put forward that the deviation of measurements from the reference values given by scholars of Ayurveda are associated with diseases and increased *Katiparinaah* and body adiposity index can be predictors of NAFLDin a very initial stage of disease. As the topographical landmarks for the measurement of *Katiparinaah* are not mentioned in the *Samhita*, so, the contemporary standard anthropometric measurement of waist circumference has been used for the estimation of *Katiparinaah*, there could be other methods also for the estimation of one *anguli* breadth like the breadth of the middle finger at the proximal inter-phalangeal joint. This may affect the result and the above values are specific to the dataset and population used for the analysis and may not be generalized to other populations without further validation. This data is from the female subjects visiting the hospital for treatment and the healthy females residing nearby villages of the hospital so it needs further validation with inclusion of the male gender, larger sample size, and populations of different geographical locations. In the present data set females of fatty liver grade III were not found. The findings of the study support the hypothesis of difference of *Katiparinaah* and BAI between NAFLD& healthy females without fatty liver and its utility in the prediction of risk of fatty liver disease of non-alcoholic origin.

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| Table 1: Distribution of Subject | s in Case and Control Group |
|----------------------------------|------------------------------|
| Table 1. Distribution of Subject | is in case and control Group |

| Variables | Control (healthy without fatty liver) | Case (NAFLD patients) |
|--------------------|--|-----------------------|
| Number of Subjects | 87 | 66 |
| Age (mean) years | 33.55 | 38.03 |

Table 2: Difference in Katiparinaah Between NAFLD and Healthy Without Fatty Liver Females

| Variable | Katiparinaah | ı (in swa anguli) | unpaired t test | | |
|--|--------------|-------------------|-----------------|---------|--|
| vallable | Mean | SD | t-value | P-value | |
| Control (healthy without fatty liver) | 53.64 | 3.61 | 6.56 | <0.0001 | |
| Case (NAFLD) | 58.52 | 5.65 | | | |

Table 3: ROC For The Optimum Cut-Off Point Of Katiparinaah

| Area under ROC | .768 |
|--------------------------------|----------------------------|
| Optimum cut-off (Katiparinaah) | Katiparinah >=57.03 anguli |
| Sensitivity (%) | 59.1 |
| Specificity (%) | 85.1 |

Table 4: Discrimination In Body Adiposity Index Between NAFLD And Healthy Without Fatty Liver Females

| Variable | BAI (Body adiposity index) | | unpaired t test | |
|---------------------------------------|----------------------------|---------|-----------------|----------|
| Vallable | Mean | Mean SD | | P-value |
| Control (healthy without fatty liver) | 28.5 | 2.56 | 4.12 | < 0.0001 |
| Case (NAFLD) | 31.22 | 5.46 | | |

Table 5: ROC for the Optimum Cut-Off Point Of Body Adiposity Index

| Area under ROC | .645 | | |
|-----------------------|-------------|--|--|
| Optimum cut-off (BAI) | BAI >=32.53 | | |
| Sensitivity (%) | 37.9 | | |
| Specificity (%) | 97.9 | | |

Table 6: Variation of Katiparinaah With Fatty Liver Grades In NAFLDPatients

| Variable | Katiparinaa | h (in anguli) | unpaired t test | |
|-------------------------|-------------|---------------|-----------------|-----------------|
| Variable | Mean | SD | t-value | <i>P</i> -value |
| Grade I fatty liver | 57.28 | 5.03 | | |
| Grade II fatty liver | 62.34 | 6.01 | 3.33 | 0.0015 |

Table 7: Variation of Body Adiposity Index with Fatty Liver Grades in NAFLD Patients

| Variable | Body adipo | osity index | unpaired t test | | |
|-------------------------|------------|-------------|-----------------|---------|--|
| v unubre | Mean | SD | t-value | P-value | |
| Grade I fatty liver | 30.13 | 4.86 | | | |
| Grade II fatty liver | 34.57 | 6.09 | 2.97 | 0.0041 | |





REVIEW ARTICLE

Enhancing Comprehensive Biopsychosocial Assessment in Chronic Musculoskeletal Pain Management: A Multidimensional Approach

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ABSTRACT

Chronic musculoskeletal pain (CMP) poses significant challenges in healthcare, necessitating a comprehensive understanding and management strategy. This article explores the utility of a multidimensional biopsychosocial assessment approach in CMP management. Physiotherapists, as frontline healthcare providers, play a crucial role in implementing this approach by utilizing a diverse array of subjective and objective assessment tools. The bio-psychosocial model underscores the interaction of biological, psychological, and social factors in shaping pain experiences. To address the multifaceted nature of CMP, a paradigm shift towards a bio-psychosocial model of assessment and management has gained momentum in clinical practice. Assessment tools ranging from pain intensity scales to disability assessment instruments capture various dimensions of pain perception and functional impairment. Additionally, tools targeting nervous system sensitization, fear-avoidance beliefs, psychological distress, and quality of life offer insights into contributing factors and overall well-being. The Integration of these assessment tools within a multidimensional framework enables tailored interventions to address individual patient needs effectively in health care. This comprehensive approach not only optimizes treatment outcomes but also enhances the overall quality of life for CMP patients. Continued research and clinical innovation are essential for further refining assessment techniques and treatment strategies, ultimately improving patient care and facilitating long-term recovery and functional restoration.

Keywords: Chronic Musculoskeletal Pain, Bio-Psychosocial Assessment, Physiotherapy, Multidimensional Approach, Pain Management.





Thangamani Ramalingam Alagappan and Sudipta Roy

INTRODUCTION

Chronic musculoskeletal pain (CMP) is a complex and prevalent health concern, affecting millions of individuals worldwide and posing significant challenges for healthcare professionals. Unlike acute pain, which typically resolves with time and treatment, CMP persists over extended periods, often defying conventional therapeutic approaches. To address the multifaceted nature of CMP, a paradigm shift towards a bio-psychosocial model of assessment and management has gained momentum in clinical practice. Physiotherapists, as frontline healthcare providers, are uniquely positioned to implement this comprehensive approach, drawing upon a diverse array of assessment tools to elucidate the intricate interplay of biological, psychological, and social factors underlying CMP [1-3]. This article explores the utility of various subjective and objective assessment instruments within a multidimensional framework to enhance the management of CMP and improve patient outcomes.

Bio-Psychosocial Assessment in Chronic Musculoskeletal Pain

The bio-psychosocial model represents a holistic approach to understanding pain experiences, emphasizing the interaction between biological, psychological, and social factors in shaping individuals' perceptions and responses to pain stimuli. In the context of CMP, this model underscores the importance of assessing not only the physical manifestations of pain but also its cognitive, emotional, and social dimensions. Physiotherapists play a pivotal role in conducting comprehensive bio-psychosocial assessments, which serve as the foundation for targeted and personalized intervention strategies [4-6].

Pain Assessment Tools

Objective evaluation of pain intensity, quality, and impact on daily functioning is fundamental in guiding CMP management. A range of pain assessment tools is available to capture the multidimensional nature of pain experiences. The Numerical Pain Rating Scale (NPRS), Pain and Discomfort Module (PDM), Brief Pain Inventory (BPI), and McGill Pain Questionnaire (MPQ) are widely used instruments that provide valuable insights into various facets of pain perception and its effects on patients' lives. These tools enable physiotherapists to quantify pain severity, assess the affective and sensory components of pain, and evaluate its interference with activities of daily living [7-12].

Disability Assessment Tools

Assessing pain-related disability is essential for gauging the functional impact of CMP and monitoring treatment progress. Disability assessment tools such as the Shoulder Pain and Disability Scale (SPADI), Roland-Morris Disability Questionnaire (RMDQ), Oswestry Low Back Pain Disability Index, and Neck Disability Index (NDI) offer standardized measures of functional impairment across different anatomical regions. By quantifying the extent of pain-related disability, these tools assist physiotherapists in setting realistic rehabilitation goals and tracking patients' responses to intervention over time [13-18].

Nervous System Sensitization Assessment Tools

Central sensitization, characterized by heightened neuronal responsiveness to nociceptive stimuli, is increasingly recognized as a contributing factor in CMP. Assessment tools such as the Pressure Pain Threshold (PPT) and Central Sensitization Inventory (CSI) help identify patients with aberrant pain processing mechanisms. By quantifying pain sensitivity and central sensitization symptoms, these tools inform the selection of appropriate therapeutic interventions, such as graded exposure therapy or desensitization techniques, aimed at modulating neural excitability and reducing pain hypersensitivity [19-23].

Fear-Avoidance Assessment Tools

Fear-avoidance beliefs and behaviors can exacerbate pain intensity and disability in CMP patients, perpetuating a cycle of pain and functional limitations. Assessment tools such as the Fear-Avoidance Components Scale (FACS), Tampa Scale of Kinesiophobia (TSK), and Fear-Avoidance Beliefs Questionnaire (FABQ) assess the extent to which





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patients' beliefs about pain influence their activity levels and functional abilities. By identifying maladaptive fearavoidance patterns, physiotherapists can tailor interventions to address cognitive restructuring, graded exposure, and behavioral activation, thereby empowering patients to gradually resume activities and regain confidence in their physical capabilities [24-31].

Psychological Assessment Tools

Psychological distress, including symptoms of depression, anxiety, and pain catastrophizing, commonly coexists with CMP and can significantly impact patients' pain experiences and treatment outcomes. Assessment tools such as the Depression scale (PHQ-9), Depression Anxiety and Stress Scale (DASS), and Pain Catastrophizing Scale (PCS) provide standardized measures of psychological distress and maladaptive coping strategies. Additionally, instruments like the Pain Self-Efficacy Questionnaire (PSEQ) and Chronic Pain Coping Inventory (CPCI) assess patients' beliefs about their ability to manage pain and their repertoire of coping strategies. By addressing underlying psychological factors, physiotherapists can enhance patients' self-efficacy and resilience, fostering adaptive pain coping mechanisms and improving overall psychological well-being [32-41].

Neurophysiology of Pain Education Tools

Educating patients about the neurobiological mechanisms underlying pain perception is an essential component of CMP management. Assessment tools such as the Neurophysiology Pain Questionnaire (NPQ) evaluate patients' understanding of pain neurobiology and their readiness to engage in self-management strategies. By identifying gaps in patients' knowledge and misconceptions about pain, physiotherapists can tailor educational interventions to address specific learning needs and promote active participation in treatment [42].

Quality of Life Assessment Tools

Assessing quality of life is crucial for capturing the broader impact of CMP on patients' physical, emotional, and social well-being. Instruments such as the WHOQOL-BREF, SF-36, and EQ-5D offer comprehensive measures of health-related quality of life across various domains. By evaluating patients' perceived satisfaction with life and functional status, these tools provide valuable insights into the overall impact of CMP on their daily functioning and social interactions. Additionally, quality-of-life assessment tools can help identify areas of impairment requiring targeted interventions, such as pain management strategies, social support interventions, or vocational rehabilitation programs [43-46].

Activity Pacing Assessment Tools

Activity pacing is a key self-management strategy for CMP patients, enabling them to optimize their activity levels while avoiding exacerbations of pain and fatigue. Assessment tools such as the Activity Pacing Questionnaire (APQ) and Activity Pacing and Risk of Overactivity Questionnaire (APRQ) assess patients' pacing behaviors and attitudes towards activity engagement. By identifying patterns of overactivity or underactivity, physiotherapists can guide patients in developing balanced activity schedules and incorporating rest breaks to conserve energy and manage symptoms effectively [47, 48].

Central Sensitization Syndrome Assessment Tools

Identifying patients with central sensitization syndrome is critical for tailoring appropriate interventions to address underlying neurophysiological mechanisms. Diagnostic criteria for fibromyalgia, including the widespread pain index (WPI) and symptom severity scale (SS), help differentiate patients with central sensitization from those with primarily nociceptive pain. Additionally, tools such as the Insomnia Severity Index (ISI) and Fatigue Severity Scale (FSS) assess symptoms commonly associated with central sensitization, such as sleep disturbances and fatigue. By recognizing the broader symptomatology of central sensitization, physiotherapists can implement multimodal treatment approaches targeting pain modulation, sleep hygiene, and stress management [49-52].





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Patient Satisfaction Assessment Tools

Evaluating patient satisfaction is essential for assessing the effectiveness of treatment interventions and identifying areas for improvement in service delivery. Instruments such as the Short Assessment of Patient Satisfaction Scale (SAPS) and Satisfaction with Life Scale (SWLS) provide standardized measures of patients' subjective experiences and overall satisfaction with care. By soliciting feedback from patients about their treatment experiences and perceived outcomes, physiotherapists can gauge the effectiveness of interventions and tailor future treatment plans to better meet patients' needs and preferences [53-55].

Social Assessment Tools

Understanding the social context in which pain occurs is crucial for addressing contextual factors that may influence patients' pain experiences and treatment outcomes. Social assessment tools such as the Multidimensional Scale of Perceived Social Support (MSPSS), Social Support Questionnaire (SSQ), and Work Limitations Questionnaire (WLQ) assess patients' social support networks, work productivity, and daily activities. By identifying sources of social support and potential barriers to participation in meaningful activities, physiotherapists can collaborate with patients to develop holistic treatment plans that address not only their physical symptoms but also their social and environmental context. Additionally, instruments like the Social Impact of Pain (SIP) Questionnaire and Dyadic Adjustment Scale (DAS) evaluate the broader social and interpersonal implications of CMP, helping physiotherapists recognize and address relational challenges that may arise as a result of chronic pain [56-63].

CONCLUSION

Comprehensive biopsychosocial assessment is integral to effective CMP management, enabling physiotherapists to understand the multifaceted nature of pain experiences and tailor interventions to address individual patient needs. By integrating subjective and objective assessment tools within a multidimensional framework, physiotherapists can gain a nuanced understanding of patients' pain experiences and develop targeted treatment plans that promote optimal outcomes and improve overall quality of life. Moving forward, continued research and clinical innovation are needed to further refine assessment techniques and treatment strategies in CMP management, ultimately enhancing patient care and facilitating long-term recovery and functional restoration.

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Conflicts of Interest

The authors declare no conflict of interest

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RESEARCH ARTICLE

Influence of Triple Friction Pendulum Isolator Properties on Torsional Response of Building under Stochastic Ground Motions

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ABSTRACT

Passive control systems for seismic mitigation, particularly friction pendulum bearings, have garnered significant attention in recent decades as a means to reduce earthquake demands and achieve desired performance objectives. While these bearings have proven effective in mitigating regular structures across a wide range of earthquakes, their performance and efficiency in structures with irregularities have received limited research attention. Additionally, there is a dearth of comprehensive parametric assessments examining the behavior of structures supported by friction pendulum bearings subjected to stochastic ground motions. Therefore, the purpose of this study is to evaluate the behavior of both flexible and rigid structures isolated with Triple Friction Pendulum (TFP) isolators under stochastic ground motion. The investigation is specifically assess the torsional performance of base-isolated buildings using TFP isolators with varying damping and effective time periods when subjected to stochastic ground motion. Preliminary findings indicate that the TFP bearing is effective in reducing base shear, absolute acceleration, and isolator displacement under stochastic ground motion. The superstructure flexibility is a crucial parameter for torsional response as higher torsional response has been observed in flexible superstructure than rigid superstructure. The results suggest that TFP bearings offer superior performance in mitigating seismic demands under stochastic ground motion and the torsional performance of a TFP-isolated structure improves as the isolation system's effective period increases.

Keywords: Seismic performance, Base isolation, Triple friction pendulum isolator, Torsional response, Stochastic ground motion, Single degree of freedom system.





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INTRODUCTION

Strong earthquakes can cause severe damage to both structural and non-structural elements of buildings, particularly in irregular structures [1-2]. Irregularities may exceeding seismic design code limits due to functional or design requirements [10-11]. Generally, integrating seismic control systems into structures becomes essential for safeguarding them against highly hazardous earthquakes. Introducing a base isolation system is recognized as one of the method of earthquake protection for structures, aiming to minimize responses such as acceleration and displacement by increasing the structure's natural time period [9,15]. Numerous studies have highlighted the significant role of base isolation systems in reducing torsional response during severe earthquakes, offering flexibility and energy dissipation capacity [6-8, 16-17].Soni et al, compared the torsional performances of double variable frequency pendulum isolated structures subjected to different ground motions [20]. Matsagar and Jangid [13-14], studied the torsional response of base isolated building is made with the corresponding response obtained from torsionally uncoupled base-isolated building.

In recent years, TFP bearings have gained widespread adoption as the predominant isolation system in many structures currently in operation. TFP bearings, characterized by multiple sliding surfaces with varying radii of curvature and friction, demonstrate adaptive behavior. This means that their stiffness and effective friction adjust to predictable values at manageable and controllable displacement levels. Consequently, TFP bearings can be individually optimized to address low-intensity, design-level, and maximum earthquake shaking scenarios.Fenz and Constantinou [5, 6] formulated the operational principles and force-displacement relationships of the TFP bearing from fundamental principles. They further detailed a method for modeling the TFP using an assembly of gap elements and single concave FP elements connected in series for response history analysis [5, 6].

In spite of the thorough work already done to understand the dynamic behavior the TFP bearing, there are still important aspects of the behavior of structures isolated by the TFP bearing that need further investigation especially the effect of stochastic ground motions. Hence, the response of stiff and flexible single story building isolated by the TFP Isolator is investigated under stochastic ground motions. The specific objectives of this research are (1) to study the performance of TFP isolated structure by considering super-structure eccentricity under stochastic ground motions, (2) to investigate the influence of important parameters, such as effective period and damping ratio, on the response of the TFP isolated structure. Six isolator configurations with respect to period of isolator and friction coefficient are considered. A set of 1000 stohastic ground motions are generated, having wide range variation in frequency and intensities are used.

TRIPLE FRICTION PENDULUM ISOLATOR MATHEMATICAL MODEL

Several mathematical methods have been developed by researchers to analyze and characterize Triple Friction Pendulum (TFP) isolators. Fenz and Constantinou [4] introduced a series model where three friction pendulum elements such as friction isolator elements, gap elements, and rigid elements are connected in series. Fenz and Constantinou [5]provided a comprehensive guideline for modeling TFP isolators and offered recommendations for accurate representation. It also proposed a bi-directional model to capture the movement of each isolator part. In the mentioned study, the series model by Fenz and Constantinou [4-5] is employed, and Figure 1(a) illustrates the arrangement of the friction pendulum elements within the TFP isolator system. Figure 1(b) depicts the series model.

The characteristics of three elements in each slider ($R_{eff i}, \mu_i, d_i$ and a_i) should be chosen in accordance with Table 1 to get the tri-linear adaptive behavior of TFPBearing.

As a result, the force exerted in the x- and y-directions by the ith isolator element is given by,





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$$\begin{cases} F_{ix} \\ F_{iy} \end{cases} = \begin{bmatrix} \frac{W}{R_{eff,i}} & 0 \\ 0 & \frac{W}{R_{eff,i}} \end{bmatrix} \begin{cases} u_{ix} \\ u_{iy} \end{cases} + \begin{bmatrix} \mu_i W_i & 0 \\ 0 & \mu_i W_i \end{bmatrix} \begin{cases} Z_{ix} \\ Z_{iy} \end{cases} + \begin{cases} F_{dix} \\ F_{diy} \end{cases}$$

 u_{ix} and u_{iy} are the relative displacements of SFPB element *i* in the x- and y-direction, respectively, and W is the mass supported by each isolator. Here, μ_i is the ith sliding surface's velocity-dependent coefficient of friction, which is given by,

$$\mu_i = \mu_{max,i} - (\mu_{max,i} - \mu_{min,i})e^{-a|x_i|}$$

where $\mu_{max,i}$ and $\mu_{min,i}$ are the coefficients of friction for sliding surfaces at maximum and minimum velocities, respectively and a_i is the rate parameter of ith surface of the series model given by equations mentioned in Table 1 [4-5]. a_i is the rate parameter of ithsurface of the TFP bearing.

 Z_{ix} and Z_{iy} denote two dimensionless variables of ith element along the x- and y-directions, respectively. In the case of biaxial interaction they are governed by the following differential equations:

$$q_{i} \begin{cases} \dot{Z}_{ix} \\ \dot{Z}_{iy} \end{cases} = A \begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix} \begin{cases} \dot{u}_{ix} \\ \dot{u}_{iy} \end{cases} - \begin{bmatrix} |Z_{ix}|^{2} [\gamma sign(\dot{u}_{ix} Z_{ix}) + \beta] & Z_{ix} Z_{iy} [\gamma sign(\dot{u}_{iy} Z_{iy}) + \beta] \\ Z_{ix} Z_{iy} [\gamma sign(\dot{u}_{ix} Z_{ix}) + \beta] & |Z_{iy}|^{2} [\gamma sign(\dot{u}_{iy} Z_{iy}) + \beta] \end{bmatrix} \begin{cases} Z_{ix} \\ Z_{iy} \end{cases}$$

The dimensionless numbers, β , γ , and A regulate the shape of the hysteresis response, and q is the displacement quantity that represents the yield displacement of the frictional force loop. The recommended values are q = 0.25 mm, A = 1, $\beta = 0.9$, $\gamma = 0.1[4-5]$.

According to the equation below, F_{dix} and F_{diy} are the forces produced in the gap element after it makes contact with the displacement restrainer.

$$F_{di} = K_G(|u_i| - d_i)sgn(u_i)H(|u_i| - d_i)$$

Where, K_G is the stiffness after gap closing, which should be assigned a large value, and H denotes the Heavisidefunction.

Here, a Runge-Kutta method based ODE functions (ode15s solver) that is introduced in the MATLAB programme are used to numerically resolve differential equations. Figures 2(a) and 2(b) compare the responses of single story structure introduced by Fenz and Constantinou [5] in order to test the aforementioned formulation and the subsequent outcomes.

PROPERTIES OF THE ISOLATION SYSTEM

In this study, TFP bearings is chosen by adjusting parameters such as the radius of the spherical surface and the coefficient of friction. The displacement capacities of all isolators remained constant. Six isolators with varying effective time periods and effective dampings are included in the current performance analysis by modifying isolator parameters. Table 2 provides the specifics of these TFP isolators.

The effective period, T_{eff} , and damping ratio, ξ_{eff} , are given by

$$T_{eff} = 2\pi \sqrt{\frac{W}{K_{eff} g}}$$





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$$\xi_{eff} = \frac{E_{loop}}{2\pi \, K_{eff} \, D^2}$$

where E_{loop} is the total energy dissipated at each cycle of the isolator displacement, *W* is the total weight on the isolator, K_{eff} is the effective linear stiffness, and D is the maximum isolator displacement under the specified level of motion

During the design process of the TFP system, it is presumed that the maximum coefficient of friction for the isolation system has been attained and that none of the individual slider displacement capacities have been reached. The TFP effective stiffness, denoted as K_{eff} , is derived from the geometry of the force-deformation curve, while the energy dissipated in each cycle E_{loop} , is determined by calculating the area enclosed by the hysteresis loop as depicted in Figure 3.

$$K_{eff} = \frac{K_1 D_y + K_2 (u^* - D_y) + K_3 (u^{**} - u^*) + K_4 (D - u^{**})}{D} W$$

$$E_{loop} = 4(u^*)^2 (K_2 - K_3) W + 4D D_y (K_2 - K_1) W + 4u^* D (K_3 - K_2) W + 4u^{**} D (K_4 - K_3) W + 4(u^{**})^2 (K_3 - K_4) W$$

$$+ 4D_y^2 (K_1 - K_2) W$$

Where

$$\begin{split} K_1 = & \frac{1}{R_{eff\,2}}; K_2 = \frac{1}{R_{eff\,2} + R_{eff\,3}}; K_3 = \frac{1}{R_{eff\,3} + R_{eff\,1}}; K_4 = \frac{1}{R_{eff\,1} + R_{eff\,4}}; \\ & u^* = (\mu_1 - \mu_2)R_{eff\,2} + (\mu_1 - \mu_3)R_{eff\,3} \\ & u^{**} = u^* + (\mu_4 - \mu_1) \big(R_{eff\,1} + R_{eff\,3}\big) \end{split}$$

NUMERICAL STUDY AND RESULTS

The current work uses a Triple Friction Pendulum Isolator (TFP) to investigate the multi-stage performance of seismically separated buildings under stochastic ground motion. In order to accomplish this, Rezaeian and Kiureghian's [18-19] stochastic ground motion model is used to develop a number of stochastic ground motions. This model accounts for the spectral and temporal non-stationarities of the motion. By altering the intensity and changing the filter's characteristics over time, non-stationarity is produced [3]. A total of 1000 stochastic ground motions are created and used for additional research. According to research [12], 1000 simulations are sufficient to accurately forecast the torsion behaviour of an isolated building. Table 3 displays the statistics of generated ground motions. These records includes a variety of intensities and frequency content.

To examine the seismic performance of TFP isolated structures, analytical simulations were conducted with varying friction coefficients and pendulum radii. Nonlinear dynamic analysis is employed to evaluate the performance of TFP isolated bearings. Parametric research is conducted using single-story buildings measuring 10m x 10m. As illustrated in Figure 4, the base-isolated building is simplified for this study as a single-story structure with masses concentrated at the upper deck and the base raft. The building's corners are supported by massless, axially inextensible columns that are fixed to a rigid foundation raft to support the upper deck. The stiff and flexible superstructures are considered, with time periods of 0.25 seconds and 1 second, respectively. A damping ratio (ξ s) of 0.02 is applied. Asymmetry at the superstructure level is considered, with a ratio $\left(\frac{e_s}{d}\right)$ of 0.3 throughout the study. The uncoupled torsional to lateral frequency ratio, a critical variable in a structure's asymmetric behavior, is kept constant at Ω s = Ω b = 1.

This study considers the following demand characteristics to better understand the response of the TFP isolated structure: lateral displacement at the base level, deck corner displacement, base rotation, normalized base torsion, normalized base shear, and deck corner displacement magnification. Deck corner displacement magnification is defined as the ratio of peak deck corner displacement to peak deck lateral displacement.





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Influence of Effective period of Base isolation

The characteristics of the TFP bearing are modified by changes in the coefficient of friction and the radius of curvature of the sliding surfaces. These changes in the radius of curvature affect the isolator's time period, which consequently influences its response. To investigate the impact of the isolator's effective time period, the parameters are selected to create variations of 3 seconds, 4 seconds, and 5 seconds effective time period of isolator. For each of these time periods, the effective damping of the isolator is consistently maintained at 15%.

Figure 5 illustrates that both base displacement and deck corner displacement rise as the isolation system's effective period increases. This increase in seismic response is due to a reduction in effective stiffness, which accompanies a longer effective period. For a rigid superstructure, the increases in base displacement and deck corner displacement are 81% and 82%, respectively, while for a flexible superstructure, the increases are 77% and 67%. It is evident that changes in the effective time period have a greater impact on lateral displacement than on rotational displacement. Assuming that the translational period of an isolated system increases, the torsional period also increases, resulting in decreased base rotation as the effective period of the isolation system grows.

As expected, a structure's base shear decreases as its effective period increases. The reduction in normalized base shear is 41% for a rigid superstructure and 11% for a flexible superstructure, indicating that the impact on base shear reduction is less significant for a flexible superstructure compared to a rigid one. A similar reduction trend with increasing effective time period is observed for normalized base torsion. Figure 5 shows that the torsional performance of a TFP-isolated structure improves as the isolation system's effective period increases. The comparison reveals that the flexible superstructure is more prone to torsional response than the stiff superstructure.

Influence of Effective damping of Base isolation

The coefficient of friction significantly impacts the response by contributing to energy dissipation through Coulomb damping. To assess the effect of the isolator's effective damping, parameters are selected to vary the damping by 10%, 15%, and 20%. The isolator's effective time period is kept constant at 3 seconds for all damping levels. The Figure 6 shows that when effective damping increases, normalized base shear and isolator displacement decrease. The increased energy dissipation from the isolator's hysteresis behavior is what causes the reduction in isolator displacement with higher damping. The decrease in base displacement is about 20% when damping increases from $\xi_{\text{eff}} = 10\%$ to 15%, but this difference narrows to 3% when damping increases from $\xi_{\text{eff}} = 15\%$ to 20%. A similar trend is observed in deck corner displacement in relation to the isolator's effective damping.

When friction on the outer sliding surfaces increases, the TFP isolator helps reduce base shear and absolute acceleration. This occurs because the inner sliding surfaces, with their relatively low friction and stiffness, transmit less force to the superstructure. An increase in effective damping from 10% to 20% leads to a reduction in base shear of up to 38% for a rigid superstructure, but this effect is negligible for a flexible superstructure. Furthermore, torsional responses are more noticeable to flexible superstructures than to rigid ones. The reduction in normalized base torsion is 41% for rigid superstructures and 23% for flexible ones. It is also noticeable that the effectiveness of the TFP diminishes when the effective damping increases from 15% to 20%.

CONCLUSIONS

The nonlinear response of a torsionally coupled system on a triple friction pendulum isolator is analyzed under stochastic ground motions. This research investigates how various significant isolator parameters affect the response of such a system. The numerical trends observed in the response of the torsionally coupled base-isolated building lead to the following conclusions.

1. The torsional response of TFP Isolated building is amplified by the increased flexibility of Superstructure, whilst the lateral base response and base shear is decreased. Hence, influence of flexibility of superstructure is more on torsional response of TFP Isolated building.





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- 2. The torsional performance of a TFP-isolated structure improves as the isolation system's effective period increases.
- 3. The decrease in base displacement is about 20% when damping increases from $\xi_{\text{eff}} = 10\%$ to 15%, but this difference narrows to 3% when damping increases from $\xi_{\text{eff}} = 15\%$ to 20%. A similar trend is observed in deck corner displacement in relation to the isolator's effective damping. It is concluded that the effectiveness of the damping of TFP isolator diminishes when the effective damping increases from 15% to 20%.
- 4. In stiff eccentric systems, the base shear remains essentially constant for all values of effective damping and time period of isolator. While substantial effect of effective damping and time period is observed on base shear for flexible superstructure.
- 5. The rigid super structure assumption over-estimated the superstructure acceleration (Normalised base shear) of TFP Isolated structure.

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Table 1 The variables of series model in terms of TFP bearings variables in a fully adaptive arrangement [6]

| | Effective Radius of | coefficient of | Displacement capacity | RateParameter |
|-----------|---|-------------------------------------|---|---|
| | Curvature | friction | | |
| Element 1 | $R_{eff,1} = \bar{R}_{eff,2} + \bar{R}_{eff,3}$ | $\mu_1 = \bar{\mu}_2 = \bar{\mu}_3$ | $d_1 = (\bar{d}_1 + \bar{d}_2 + \bar{d}_3 + \bar{d}_4) - (d_2 + d_3)$ | $a_1 = \frac{1}{2} \ \frac{\bar{a}_2 + \bar{a}_3}{2}$ |
| Element 2 | $R_{eff,2} = \bar{R}_{eff,1} - \bar{R}_{eff,2}$ | $\mu_2 = \bar{\mu}_1$ | $d_2 = \frac{\bar{R}_{eff,1} - \bar{R}_{eff,2}}{\bar{R}_{eff,1}} \ \bar{d}_1$ | $= \frac{\bar{R}_{eff,1}}{\bar{R}_{eff,1} - \bar{R}_{eff,2}} \bar{a}_1$ |
| Element 3 | $R_{eff,3} = \bar{R}_{eff,4} - \bar{R}_{eff,3}$ | $\mu_3 = ar{\mu}_4$ | $d_{3} = \frac{\bar{R}_{eff,4} - \bar{R}_{eff,3}}{\bar{R}_{eff,4}} \ \bar{d}_{4}$ | $= \frac{\bar{R}_{eff,4}}{\bar{R}_{eff,4} - \bar{R}_{eff,3}} \bar{a}_4$ |

Table 2 List of TFP bearings and their properties

| Group Type | $T_{eff} = \xi_e$ | ξ _{eff} | Displacement capacity-d (m) | Effective radii- R_{eff} (m) | | Friction coefficient-µ | | | |
|------------|-------------------|------------------|--------------------------------|--------------------------------|-------------|------------------------|------|-------|------|
| Group | Type | cap | | Reff1=Reff4 | Reff2=Reff3 | μ2=μ3 | μ1 | μ4 | |
| | TCFP-3-15 | 3 | 15 | 1 | 1.65 | 0.40 | 0.05 | 0.115 | 0.2 |
| 1 | TCFP-4-15 | 4 | 15 | 1 | 3 | 0.40 | 0.02 | 0.05 | 0.1 |
| | TCFP-5-15 | 5 | 15 | 1 | 4.5 | 0.45 | 0.02 | 0.038 | 0.07 |
| | TCFP-3-10 | 3 | 10 | 1 | 1.5 | 0.40 | 0.01 | 0.05 | 0.1 |
| 2 | TCFP-3-15 | 3 | 15 | 1 | 1.65 | 0.40 | 0.05 | 0.115 | 0.2 |
| | TCFP-3-20 | 3 | 20 | 1 | 2 | 0.40 | 0.07 | 0.17 | 0.21 |

Table 3 Statistics of generated 1000 earthquake ground motions

| Earthquake | Maximum | Minimum | Mean | Standard deviation |
|-----------------|---------|---------|--------|--------------------|
| PGA (g) | 1.5965 | 0.0717 | 0.3344 | 0.221 |
| Duration (sec) | 115.28 | 2.5 | 30.477 | 17.169 |
| Frequency *(Hz) | 106.78 | 0.03 | 30.29 | 18.52 |

* Frequency content corresponding to peak FFT amplitude of the acceleration





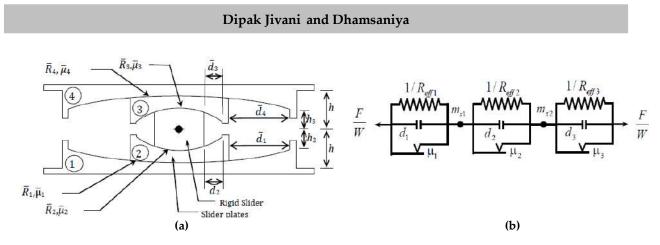


Figure 1 Triple friction bearing (a) Schematic diagram [5] (b) Series model

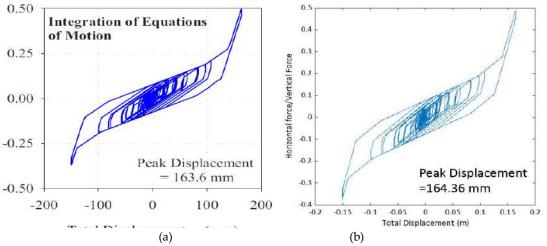
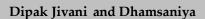


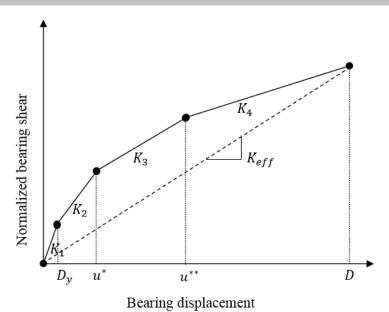
Figure 2 Comparison of TFP bearing force-displacement from (a) results from Fenz and Constantinou [5]and (b) our results

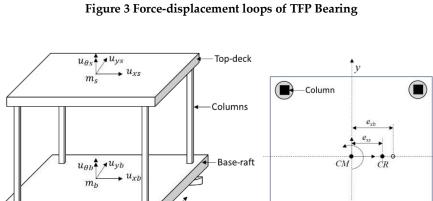




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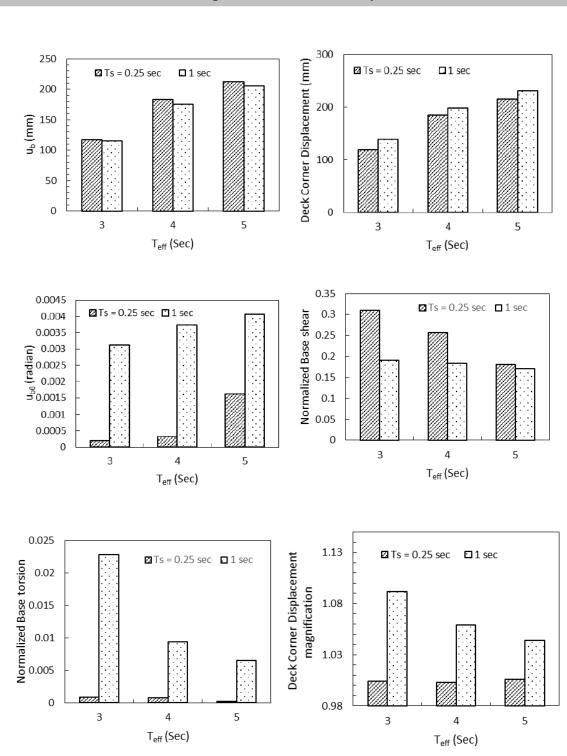


x üyg $\overline{\ddot{u}_{xg}}$ (a) -TFP Isolator TFP Isolation-9 D system (b)

Figure 4 (a) 3D base isolated building model (b) various eccentricities in an asymmetric base-isolated building





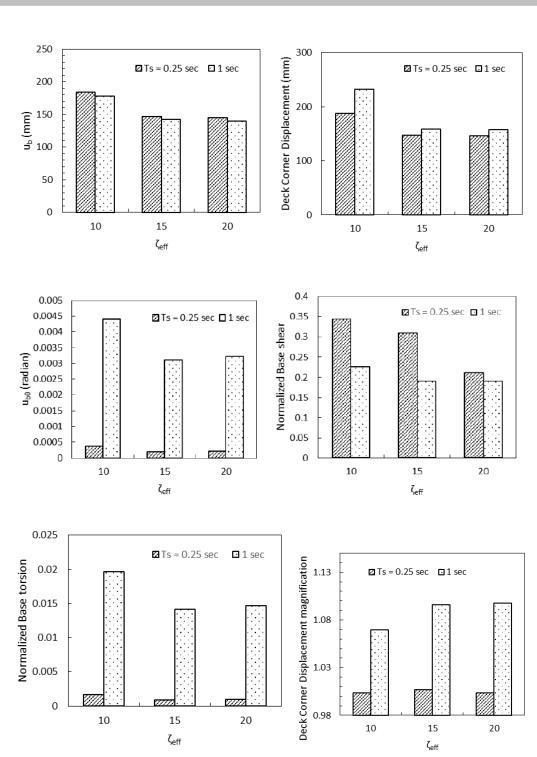


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Figure 5 Influence of effective period of isolation system for $\left(\frac{e_s}{d}\right) = 0.3$







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Figure 6. Influence of effective damping of isolation system for $\left(\frac{e_s}{d}\right) = 0.3$





REVIEW ARTICLE

Prevalence of Post Traumatic Stress Disorder among Road Traffic Accident Victims : A Systematic Review

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ABSTRACT

The complex somatic, cognitive, affective, and behavioural effects of psychological trauma" is what posttraumatic stress disorder (PTSD) means, and it causes significant interpersonal, social, and professional dysfunction. RTAs, or road traffic accidents, are one of the biggest global issues. Traumatic injuries are very serious and leads in lifelong physical and psychological consequences. The focus on physical injuries often overshadows the lasting psychological impacts, which remain significant and intertwined with physical outcomes, necessitating comprehensive care approaches. One of the most dangerous outcomes of RTA is Post traumatic stress disorder (PTSD) as it can cause other mental diseases, this paper shows systematic review of previous studies conducted on the same subject, it gives summery of copious cross sectional along with case control study. Researcher used PRIZMA guidelines along with set inclusion and exclusion criteria to identify the research studies. Following search engines were used to retrieve the published articles on above said topic: Google scholar, PubMed, CINHAL, ProQuestand Scopus database. Research studies were analyzed and checked through NOS scale for cross sectional and case control studies for the quality assessments. The studies were taken if the score comes at medium or above. Following search strings were used "#1(PrevalenceOR Magnitude OR Epidemiology OR Incidence AND #2(PTSD OR Post-traumatic stress disorder OR Post-traumatic stress symptoms OR Stress disorder) AND #3 (Road Traffic Accident survivors OR Road traffic accident victimsOR motor vehicle accident OR motor vehicle accidents') and #4(Cross sectional, OR Case control studies)". Researcher found 1447 Studies out of which 10 were selected based on the search protocol. Prevalence Variation: There is a significant variation in PTSD prevalence, ranging from 6.75% to 40.06%, influenced by country, assessment time, and specific sample characteristics. Gender Impact: PTSD is generally more prevalent among females across multiple studies. Assessment Tools Consistency: PCL-5 is the most used tool, ensuring some consistency in measurement across different settings. Influence of Associated Factors: A broad range of factors including personal history, accident severity, and socioeconomic impacts play crucial roles in PTSD development post-accident.





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This systematic review has examined the prevalence of post-traumatic stress disorder symptoms among RTA victims. These findings underline the complexity and variability of PTSD prevalence among RTA survivors, highlighting the need for targeted interventions considering the specific associated factors identified in each study.

Key words: stress disorder, post-traumatic stress symptoms, RTAs, incidence

INTRODUCTION

Annually, approximately 1.9 million people are involved in road traffic accidents. In low and middle-income countries, these incidents account for over 90% of traffic-related fatalities. In India, road transport remains the most affordable and convenient mode of travel [1]. The worst road traffic exposure stems from motorization and urbanization, making accidents and injuries a routine part of life; globally, road traffic injuries are a leading cause of death among those aged 15 to 49 years. With the increase in vehicle ownership and expanding urban areas, the frequency of such incidents continues to rise. Efforts to improve road safety and infrastructure are crucial to mitigating these risks and saving lives [2]. In 2021, there were around 1.5 lakh fatalities and 3.8 lakh injuries due to road accidents, reflecting an increase compared to the figures recorded in 2020. Out of every 100 road accidents, 37 result in fatalities(1). Victims of road traffic accidents are typically treated in emergency, orthopedic, or trauma departments for physical injuries. However, psychological issues, which may not be immediately apparent, receive the least attention. Posttraumatic stress disorder (PTSD) involves a complex range of physical, cognitive, emotional, and behavioural effects resulting from psychological trauma. These impacts infiltrate multiple aspects of a person's life, such as personal relationships, social interactions, and professional activities. PTSD leads to substantial dysfunction in these areas, disrupting daily life and impairing overall well-being(3,4). Its impact reaches beyond the individual, influencing families, communities, and broader societal structures. Therefore, addressing PTSD necessitates comprehensive strategies that recognize its intricate nature and the wide array of challenges it poses. Numerous studies have identified varying prevalence rates of PTSD among victims of road traffic accidents (RTAs), with California notably reporting a high prevalence of 41%(4–6).

PTSD stands out as a particularly precarious outcome due to its capacity to precipitate additional mental health disorders(7). This paper presents a systematic review of previous studies focused on this subject, offering a summary of numerous cross-sectional and interventional investigations. By synthesizing existing research, it aims to illuminate the prevalence and determinants of PTSD among RTA victims(8). Through a rigorous analysis of diverse study designs and methodologies, it provides insights into the multifaceted nature of PTSD following RTAs. The findings contribute to a deeper understanding of the psychological impact of RTAs and emphasize the urgent need for effective interventions to address the mental health challenges faced by survivors. Such efforts are crucial for enhancing the overall well-being and quality of life of individuals affected by traumatic accidents.

Rationale for the study

Literature that could validate the above statement along with prevalence of post-traumatic stress disorder. Many researchers investigated the prevalence of PTSD among different population but there are only few on road traffic accident victims, which indicates research gap in precise investigation on prevalence of PTSD among road traffic accident victims. The collected evidence from literature review showed that there is need for evidence-based intervention to treat PTSD, the researcher wants to conduct a study on effectiveness of mental health first aid kit on PTSD therefore, there is a requirement to know the magnitude and trend of prevalence so that it helps to plan intervention accordingly.





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Research question, Aim and objective

Research question is what is the prevalence of post-traumatic stress disorder among road traffic accident victims? The primary aim of the research is to conduct a systematic review to identify the prevalence of PTSD among road traffic accident victims. Objectives of the study was to understand the characteristics of the study participants, instrument used used to assess the PTSD, time when PTSD is assessed and to identify the prevalence rate of PTSD.

MATERIALS AND METHODS

This systematic review was conducted adhering to PRISMA(9).We conducted a comprehensive systematic review published up to 2024 to identify the prevalence of PTSD among road traffic accident victims.

Study Selection

The inclusion criteria were oriented along with the PICOS elements. Regarding the population (P), we included study conducted in any country that involves road traffic accident victims. We do not exclude any age group and we also had no restriction on gender or type of accident. In terms of intervention or exposure (I) we included victims exposed to any kind of road traffic accident, we do not exclude victims based on vehicle or body parts injured. In terms of comparison (C) we didn't compare any variables in the study. In terms of outcome (O), Eligible studies had to include outcome related to prevalence rate of PTSD. Regarding study design (S), we included cross sectional and case control study studies (Cross sectional and cross-sectional survey), we also included studies having prevalence of PTSD along with assessment of any other mental health issues. The reason for including cross sectional studies is they are best way to determine the prevalence and can study the association of multiple exposure and outcomes.

Inclusion and exclusion criteria:

Studies were included if they met the following criteria:

The articles of peer-reviewed journal as they have validated knowledge and result, published in the English language, published from the last ten years to utilise current and reliable result, based on the cross-sectional study to gather relevant evidence, articles focusing on prevalence of PTSD reference to RTA and studies on victims like pedestrian, driver, passenger, cyclist, bikers and event witnesses.

The exclusion criteria are: The articles with half text, not fully accessible, articles in a foreign language, articles older than 10 years, qualitative studies, conference papers, posters and dissertations are excluded due to quality concern and studies on PTSD other than road traffic accident victims.

Data sources and searches

The search was undertaken in the high scholarly electronic databases like, Google scholar, PubMed, CINHALS, Scopus and ProQuest for relevant peer-reviewed scientific articles. Boolean operators such as AND, OR and search limit was used in the search strategy. The reason for using multiple databases is to have a high quality, peer reviewed literature, to increase the reliability and validity of the review and to eliminate the reporting bias and showing credibility. A broad search string was used that included a combination of appropriate keywords such as:

Database: Google Scholar, PubMed, CINAHL, Scopus, and ProQuest are essential databases used to search for scholarly studies

Search Strings: #1(Prevalence OR Magnitude OR Epidemiology OR Incidence AND #2(PTSD OR Post-traumatic stress disorder OR Post-traumatic stress symptoms OR Stress disorder) AND #3 (Road Traffic Accident survivors OR Road traffic accident victims OR motor vehicle accident OR motor vehicle accidents') and #4(Cross sectional, OR Case control studies)" used for advance search in database.





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Quality assessment: The Newcastle-Ottawa scale (NOS) instrument was used to assess the quality of studies. In cross section studies we use an adaptation to specific criteria for sampling, non-response rate and statistical analysis employed. The NOS instrument includes items divided in three areas, selection, comparability and outcome. Maximum score is 9, 4 points for selection, 2 points for comparability and 3 points for outcomes. (See table no.1).

Data collection

The researcher reviewed the articles' titles and abstracts using the pre decided keywords to determine their appropriateness for this systematic review. Eligible articles were evaluated and scored using the Newcastle-Ottawa scale (NOS). If an article scored > 7, 8 or 9 on the NOS scale and met all other inclusion criteria, it was included in the review.

Data extraction

From each of the study, information based on different study parameters was extracted that help in retrieving the reliable result (see table no. 2). The parameters included study characteristic like author name and year of publication, country, study design, study participants, sample size, instrument used to assess PTSD, Time when PTSD is assessed and prevalence rate with associated factors.

RESULT

Study selection:The initial database search yielded a total of 1447 records from various sources, including PubMed (n=481), Google Scholar (n=194), CINHAL (n=3), ProQuest (399) and Scopus (n=370). After removing duplicates, 1028 unique records remained for further analysis. From these, 913 records were excluded after abstract review, 115 full-text articles were assessed for eligibility, leading to the inclusion of 10 articles for the systematic review. This rigorous process ensured a comprehensive and methodical approach to identifying relevant literature for the study. The table no 2 provides a comparative overview of various studies examining the prevalence of PTSD among survivors of road traffic accidents (RTA) across different countries, study designs, participant types, sample sizes, assessment tools, time frames, and associated factors.

Country and Study Design: The studies span a range of countries, including Ethiopia, Benin, India, Iran, the USA, and Israel. Most studies employ a cross-sectional design, except for Yimer et al. (2023), which uses a case-control approach.

Participants and Sample Size: Participants across studies vary, including survivors of RTAs, drivers, pedestrians, motorcyclists, and passengers. Sample sizes range from 250 (17) to 865 (11)Age and Gender: *Median/Mean Age*: Ages vary, with median or mean ages typically in the 30s. For instance, Yimer et al. (2023)(10) report a median age of 38, whereas Donatien Daddahet al. (2022)(11) report a mean age of 38.04.*Gender Distribution*: Gender distribution varies, with some studies reporting higher male participation (e.g., Yohannes et al., 2018: 63.6% male)(16), while others have a higher female prevalence in PTSD rates (e.g., Yimer et al., 2023: 58.52% female among cases)(10). Instruments Used: The studies predominantly use the PTSD Checklist for DSM-5 (PCL-5) for assessment, though some utilize the DSM-5, Trauma Screening Questionnaire (TSQ), and Clinician-Administered PTSD Scale (CAPS). *Time of PTSD Assessment*: The timing of PTSD assessment post-accident varies: Short-term(1 month to 3 months): Most studies assess PTSD within this period(10,12,16). Long-term (up to 12 months): Donatien Daddahet al. (2022)(11) and Arora et al. (2017) (17) extend the assessment to 12 months post-accident.

Prevalence Rates: *Hamid Soori et al. (2021)(13)* report the highest prevalence at 40.06%. *Lowest Rates:* R. Naim et al. (2014) (19) and Hruska et al. (2014)(18) report the lowest prevalence at 6.75% and 10%, respectively.

Associated Factors: Common factors associated with increased PTSD prevalence include *Gender*: Higher prevalence in females (10,11). *Personal and Psychological Factors*: History of psychiatric issues, depression, and presence of





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comorbidities(10,16). *Accident-related Factors:* Presence of fractures, witnessing death, hospitalization, and severe risk behaviors (13,15). *Social and Economic Factors:* Impact on income, social support, and return to work (11,16).

DISCUSSION

A total of 10 studies, including 4,272 samples, were analysed to assess the prevalence of PTSD among road traffic accident victims. The primary objective of the research was to evaluate the prevalence of PTSD in this group. The studies collectively aimed to provide a comprehensive understanding of PTSD prevalence among these victims. Individuals who suffer from traumatic injuries often face a diminished quality of life and significant mental health challenges. They tend to have high rates of recurring injuries, dissatisfaction with pain management, and low levels of engagement in post-injury care(20).

Prevalence of the PTSD among RTA victims

PTSD commonly observed in RTA victims. Current study, Prevalence rates range from 40.06% at the highest to 6.75% and 10% at the lowest reported levels. The differences in prevalence may stem from geographical factors and the lack of psychological care provided in emergency departments. This study contributes to the current data by emphasizing the essential need for psychological care among motor vehicle accident (MVA) survivors attending the orthopaedic and trauma clinic at Kenyatta National Hospital, Nairobi(21). Furthermore, the prevalence of PTSD is influenced by various factors, with age and experiences of significant loss playing crucial roles. Older individuals, who may have experienced more traumatic events over their lifetimes, are more susceptible to developing PTSD, especially following the death of a close family member or friend. This finding supports the article, showing a 46.5% incidence of PTSD among RTA survivors, linked to witnessing death during the accident, severe family relationship impacts, and previous psychiatric illness(22). These factors underscore the multifaceted nature of PTSD development in trauma survivors These experiences can amplify feelings of grief and trigger PTSD symptoms. Conversely, gender and role in motor vehicle accidents (MVA) can contribute to lower PTSD prevalence rates Females often report higher levels of PTSD due to greater susceptibility to the emotional impact of trauma, whereas individuals in less directly involved roles in MVAs, such as witnesses or bystanders, may experience lower levels of PTSD due to reduced proximity to the traumatic event and potentially less severe emotional impact. The results align with earlier research: men tend to experience more traumatic events, while women exhibit more severe psychiatric disorders following exposure(23). This finding is supported by the gender-specific role of peritraumatic dissociation study, which corroborates the gender differences in trauma exposure and its psychological impacts. These factors highlight the complex interplay between personal circumstances and PTSD prevalence.

Advancing PTSD Research among Drivers and RTA Survivors

Future research on PTSD among drivers and road traffic accident (RTA) survivors can significantly benefit from the strengths identified in recent studies. Utilizing standardized instruments like the PTSD Checklist for DSM-V (PCL-5) ensures consistent and reliable measurement of PTSD symptoms, facilitating comparability across studies. Adopting well-defined catchment areas and sampling from multiple hospitals enhances the representativeness of samples, crucial for generalizing findings to broader populations. Moreover, employing large and diverse samples improves statistical power and allows for subgroup analyses, identifying nuanced risk factors and protective factors. The involvement of trained health professionals and supervision by medical epidemiologists ensures rigorous data collection and adherence to high research standards. By leveraging these strengths – standardized assessment tools, representative sampling strategies, large sample sizes, and expert involvement – future research can deepen our understanding of PTSD dynamics in this population, informing more targeted interventions and support initiatives.

Strength and weakness of reviewed articles

All the studies reviewed share several common strengths and weaknesses, highlighting both their robust methodologies and limitations. First, the strength of using standardized instruments for measuring PTSD, such as the PTSD checklist for DSM-V (PCL-5)/PTSD checklist-Specific version (PCL-S) or similar tools, is a notable consistency





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across the studies(10,11,14–17). These standardized tools ensure a reliable assessment of PTSD symptoms. Moreover, several studies benefitted from sampling participants from well-defined catchment areas or multiple hospitals, which helps in obtaining a more representative sample of the target population(11,14–16). However, these studies also share common limitations. The cross-sectional design prevalent in all studies(10,11,14–17). Limits the ability to establish causality between PTSD and various factors. The focus on drivers or subjects with recent road traffic accidents (RTAs) makes it challenging to generalize findings to those without RTAs or with different trauma histories. Additionally, the non-random sampling techniques and smaller sample sizes employed in some studies(10,14,17). further limit the generalizability of the results. Lastly, potential recall and social desirability biases may have influenced the participants' responses, affecting the reliability of the findings(11,17).

Limitations:

The main limitation of this study included the database from Google scholar, PubMed, ProQuest, CINHAL and Scopus database. Authors were limited access to paid articles, incomplete text and studies in other languages. Type of studies were limited to the purpose of the systematic review.

CONCLUSION

This systematic review has examined the prevalence of post-traumatic stress disorder symptoms among RTA victims. Understanding the multifaceted dynamics influencing PTSD among RTA survivors underscores the need for comprehensive support systems and tailored interventions. Strengthening social networks, promoting mental health awareness, and addressing gender-specific needs can enhance resilience and mitigate the long-term impact of trauma on survivors' well-being(1,24,25).

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| | | | Selec | tion | Comparabi lity | Outcome | | | |
|----------------|---|---|----------------------------------|---|---|--|-------------------------------|---------------------------------|----------------------|
| Sr. N o. | Author and publication year details | Representativ eness of the sample | justifi ed sampl e size | There was satisfact ory respons e rate | Ascertain ment of the exposure | potential confounde rs were checked | Outcom e assessm ent | Statisti cal analysi s | Total scori ng |
| 1 | Yimer et al., | * | * | * | ** | ** | ** | * | 9 |





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| | (Y:2023)(10) | | | | | | | | |
|----|--------------------------------|---|---|---|----|----|----|---|----|
| | Donatien | | | | | | | | |
| 2 | Daddahet.a l., | * | * | * | ** | - | ** | * | 08 |
| | (Y:2022)(11) | | | | | | | | |
| 3 | Ratnani, D (Y:2022)(12) | * | * | * | ** | - | * | * | 07 |
| | Hamid | | | * | ** | | ** | * | ~- |
| 4 | Soori, et al., (Y:2021)(13) | * | - | * | ** | - | ** | * | 07 |
| | Bedaso et | | | | | | | | |
| 5 | al, et al., (Y: 2020) | * | * | * | ** | ** | ** | * | 09 |
| | (1.2020) (14) | | | | | | | | |
| | Alenkoet | | | | | | | | |
| 6 | al.,(Y: 2019) (15) | * | * | * | ** | * | ** | * | 09 |
| | Yohannes e | | | | | | | | |
| 7 | t al., | * | * | * | ** | * | ** | * | 09 |
| | (Y:2018)(16) | | | | | | | | |
| | Arora, et | | | | | | | | |
| 8 | al., (Y:2017) | * | * | * | ** | - | ** | * | 08 |
| | (17) Hruska et | | | | | | | | |
| 9 | al., | * | - | * | ** | * | ** | * | 08 |
| | (Y:2014)(18) | | | | | | | | |
| | R. Naim et | | | | | | | | |
| 10 | al., $(\chi, 2014)(10)$ | * | - | * | ** | * | * | * | 07 |
| | (Y:2014)(19) | | | | | | | | |

Table 2 Summary of Reviewed Articles.

| Sr. No | Author and publication year details | Countr y | Study design | Participants | Sample size | Instrumen t used | Time when PTSD is assesse d | Prevalence rate |
|-----------|---|--------------|---------------------------|------------------|---|---------------------|--|--|
| 1 | Yimer et al., (Y:2023) (10) | Ethiopi a | case- control study | RTA Survivors | 419 (135 cases) samples. Median age 38 Male: 56(41.8%), Female: 79 (58.52%) | PCL-S | After 1month | 33.17% Associated factors: Gender (more in females), education, presence of personal psychiatric history, presence of |





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| | | | | | | | fracture, |
|----|---------|----------|---------------|---------------|-------|----------|----------------|
| | | | | | | | witness of |
| | | | | | | | death, |
| | | | | | | | presence of |
| | | | | | | | comorbidity |
| | | | | | | | and social |
| | | | | | | | support |
| | | | | | | | 26.43% |
| | | | | | | | Associated |
| | | | | 865 | | | factors: |
| | | | | Sample | | | Gender (More |
| | Benin | Cross- | pedestrian, | Mean age: | | A (1 10 | in female), |
| ., | (West | sectiona | motorcyclist, | 38.04 | PCL-S | After 12 | Hospitalizatio |
|) | Africa) | l study | Drivers & | Male: 73.98%, | | months | n, negative |
| | , | | other | Female:26.2% | | | impact of |
| | | | | | | | accident on |
| | | | | | | | income and no |
| | | | | | | | return to work |
| | | | | | | | 22.6% |
| | | | | | | | Associated |
| | | Cross | | | | | factors: Poor |
| | | Cross- | RTA / MVA | 300 samples | | After 1 | roads |

| | | | | | | | | comorbidity and social |
|---|---|---------------------------|-------------------------------|--|--|-------|------------------------------------|---|
| | | | | | | | | support |
| 2 | Donatien Daddahet.al., (Y:2022)(11) | Benin (West Africa) | Cross- sectiona 1 study | pedestrian, motorcyclist, Drivers & other | 865 Sample Mean age: 38.04 Male: 73.98%, Female:26.2% | PCL-S | After 12 months | 26.43% Associated factors: Gender (More in female), Hospitalizatio n, negative impact of accident on income and no return to work |
| 3 | Ratnani, D (Y:2022)(12) | India | Cross- sectiona l study | RTA / MVA Survivors | 300 samples | DSM-5 | After 1 month | 22.6% Associated factors: Poor roads, violation of traffic rules, gender (more in female) |
| 4 | Hamid Soori, et al., (Y:2021)(13) | Iran | Cross- sectiona l study | RTA Survivors | 350 sample | PCL-5 | After 1 week to 2 months | 40.06% Associated factors:Age, deathof close family or friend |
| 5 | Bedaso et al, et al., (Y: 2020)(14) | Ethiopi a | Cross- sectiona 1 study | Driver & assistant passenger, Pedestrian | 423 sample Median age:30 | PCL-S | After 1 month to 3 months | 15.4% Male: 15.8%, female: 14.2%. Associated factors: History of previous accident, Time since accident and depression |
| 6 | Alenkoet al., (Y: 2019) (15) | Ethiopi a | Cross- sectiona l study | Drivers | 402 sample Mean age: 32.11 | TSQ | After 1 month | 12.6% Associated factors: Near miss RTC's, depression and severe risk |





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| | | | | | | | | cannabis use |
|----|---------------------------------------|--------------|-------------------------------|--|---|-----------|------------------------------------|---|
| 7 | Yohannes et al ., (Y:2018) (16) | Ethiopi a | Cross- sectiona l study | RTA Survivors | 492 Sample Mean age: 30.12 Male (63.6%) Female(36.4 %) | PCL-5 | After 1 month | 22.8% Female: 32.4%, Male: 17.25% Associated factors: Gender (Higher rate in female), Social support, duration since accident and depression. |
| 8 | Arora, et al., (Y:2017)(17) | India | Cross- sectiona l study | Driver, Pillion driver, Passenger, Pedestrian | 250 sample Male: 77.2%, Female:22.8% | PCL-S | After 1 month to 12 month | 32.4% Associated factors: Age more than 45 years, sustained fracture, sued substance while driving, and blamed self for accident, perceived threat from accident. |
| 9 | Hruska et al., (Y:2014)(18) | USA | Cross- sectiona l study | MVA Victims | 356 Sample Male: 211(59.3%), Female:145 (40.7%) Mean age 38.66 | CAPS, TSS | After 6 weeks | 10% |
| 10 | R. Naim et al., (Y:2014)(19) | Israel | Cross- sectiona l study | Driver, Motorcyclist s, Bicycle riders, Pedestrians and passengers | 415 Sample Mean age:35.02 | CAPS | After 3 month | 6.75% Male:1.08% , Female: 10.8% Associated factors:Gender , Role in the MVA |





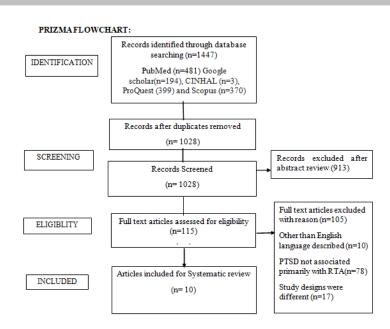


Fig.1 Prizma Flowchart





REVIEW ARTICLE

Ethnomedicinal, Nutritional and Bio-Ceutical Benefits of *Carica papaya* : A Comprehensive Review

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ABSTRACT

For many centuries, humans have been dependent ontraditional medicine, due to its high safety, affordability, and acceptability. With the increase in the demand for functional food in the Indian pharmaceutical and nutraceutical market, plant materials with high bio ceutical properties are much in demand. One such plant is *Carica papaya* of family Caricaceae better known as papaya. As per multiple reports, different parts of papaya have been traditionally used to control, cure, and rehabilitate against different diseases. The reports suggest that papaya contains different phytochemical analogs of carpaine, kaempferol, and quercetin along with various enzymes and other proteins which are responsible for its, antioxidant, anti-cancer, anti-inflammatory, immunomodulatory activities and wound healing properties among many others along with improvement in skin and gut health. All these properties directly point towards a highly potential bio ceutical plant material in the form of papaya. With potent clinical studies, papaya can become a trailblazer in the field of pharmaceutical and nutraceutical industries.

Keywords: C. papaya, bio ceutical properties, phytochemicals, anti-microbial, anti-cancer.

INTRODUCTION

Herb and herb-based products have been used in traditional medicine for several centuries to treat various diseases. Multiple studies have shown that around three-quarters of the population of the world depends on herb-based medicine for their primary health care. There are various advantages of the natural product over the much-hyped synthetic products like affordability, ease of availability, lower toxicity, lower adverse effects as well as low chances





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of multi-drug resistances. In recent years, the dependence on natural products mainly from plants and herbs has majorly increased due to the bio-ceutical revolution, where the usage of plant products as functional foods and neutraceuticals has played a key role. Here plants and plant products can neither be categorized as food nor as pharmaceuticals, but more as supplements to control, prevent, ameliorate as well as rehabilitate certain critical diseases. Many plants like garlic, ashwagandha, spirulina, chicory, fenugreek, etc. have found market share worth millions of dollars around the world due to the bio-ceutical revolution. In this study a plant very commonly seenaround India, that is *Carica papaya* will be thoroughly emphasized through different reports of its curative properties. [1].

Carica papaya, the well-known papaya, is a plant that belongs to the Caricaceae family. It contains a variety of chemicals and biomolecules, including papain, which has important uses in industry and medicine. Originating in Central America and Mexico, papaya is an evergreen plant that grows in tropical climates[2,3]. There is little evidence to suggest that it originated in the northwest of South America[4] and was introduced to India in the sixteenth century.

C. papaya, also referred to as papaya, has anti-inflammatory effects, particularly in the leaves and seeds [5]. According to research, papaya leaves contain chemicals that may aid the immune system manage its inflammatory response [5]. Research has also shown that papaya leaf extracts can reduce inflammation in a variety of cells, including those involved in wound healing [6,7]. Papaya seeds appear to have anti-inflammatory properties, presumably by lowering oxidative stress and inflammation in the liver[8]. In this study, comprehensive details regarding the ethnomedicinal, bioceutical, and nutritional benefits of papaya have been discussed.

TAXONOMY, MORPHOLOGY, AND DISTRIBUTION OF *C. papaya*: Botanical Classification

The domain of *C. papaya* comes under the flowering plant, while the kingdom and sub-kingdom of the plant are 'Plantae' and 'Tracheobionta' respectively. Class and sub-class of *C. papaya* is 'Magnoliopsida' and 'Dilleniidae'. Phylum, order, family, and genus of Carica papaya are 'Steptophyta', 'Brassicales', 'Caricaceae', and 'Carica'. Thus the botanical name of *Carica papaya* is as following *Carica papaya* Linn. [9]

Morphology of *C. papaya* tree

The papaya plant is often a single, hollow, erect-stemmed, semi-woody perennial tree that grows to a height of around 20 to 30 feet. The stem is 8 inches in diameter, light green to tan brown, and bears leaf scars. It has a cluster of huge, palmately-lobed leaves with 25–100 cm long petioles. Depending on the sort of blossom they produce, papaya plants can be categorized as male, female, or hermaphrodite. Some plants are known as monoecious because they may produce both male and female blooms[10].

Distribution of C. papaya

The specific region of origin for papaya is unknown. It is thought to be native to Tropical America, possibly in Southern Mexico and adjacent Central America. Today, successful commercial production is focused largely in Hawaii, Tropical Africa, the Philippines, India, Sri Lanka, Malaysia, and Australia; South Africa and Latin America produce on a smaller scale [2,3,4].

Nutritional Content of C. papaya

In today's world, conventionally synthetically generated medications are the primary treatment approaches. However, due to their unfavorable side effects in both long and short-term consumption of drugs, alternative pharmaceutical systems are becoming increasingly popular due to their lower adverse effects and higher consumer compliance. C. papaya, sometimes known as papaya, is an alternative natural medicine source. The pulp, leaves, and seeds contain high levels of vitamins, bioactive compounds, and lipids that prevent hypercholesterolemia, protect





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against thrombogenesis and oxidative stress, and lower inflammatory markers and anti-platelet aggregation—all of which can be caused by obesity [11,12].

Vitamins and Minerals

Papaya is a very common fruit with a low price and excellent nutritional content. It has fewer calories and more vitamins, macronutrients, and other minerals, making it ideal for individuals who are in danger of gaining weight. There are several macronutrients found in *C. papaya* fruit [13]. Carbohydrates are the most prevalent macronutrient in *C. papaya* (7.2 gm per 100 mg), but proteins, lipids, and fiber are also present. Papaya contains a large quantity of energy, with 32 kcal per 100 mg. The most abundant minerals in *C. papaya* fruit are sodium, potassium, calcium, magnesium, phosphorus, and iron [14]. Various vitamins and their complexes are present in *C. papaya* fruit [15]. Papaya is a Vitamin A-rich fruit. Also Vitamin B complexes like B1,B2,B3,B6, B9, and Vitamin C are also present.

Enzymes

Papaya consists of many enzymes that serve various purposes. Enzymes typically induce proteolytic activity. However, enzymes can help the digestion of a variety of macronutrients. Papaya enzymes have various roles such as immunomodulation and anti-inflammatory effects[16,17,18]. Papaya proteases have anti-inflammatory qualities that aid in relieving pain and suffering from arthritis, edema, and osteoporosis. Enzymes in *C. papaya* are broadly distributed throughout the plant. It contains cysteine endopeptidases such as glycyl endopeptidase, cysteine proteinases, serine proteinase inhibitors, glutaminyl cyclase caricain, class II chitinase, papain, and chymopapain. Papain is a non-specific thiol protease that acts similarly to pepsin in gastric juice, making it a good digestive aid and pepsin dilapidation agent. [19]. Other active compounds of *C. papaya* are lipase, a hydrolase, which is tightly bonded to the water-insoluble fraction of crude papain and is thus considered a "naturally immobilized" biocatalyst [20]. Pectinase, found in papaya fruit, is involved in the breakdown of pectin, a carbohydrate found in plant cell walls. The seeds of papaya include lipase and amylase enzymes, which help to break down lipids and starch. Cellulase, which is found in plant leaves, helps to break down cellulose into simple sugar. Younger plants have more of these enzymes than older plants.

Bioactive Compounds of C. papaya

Bioactive compounds are naturally occurring chemical components found in various plant parts that provide medical benefits to many animals. Chemical investigations conducted in several research revealed that papaya leaves contain several phytochemicals that have been shown to benefit health. These phytochemicals contain considerable levels of alkaloids, saponins, glycosides, flavonoids, phenolic compounds, enzymes, amino acids, lipids, carbohydrates, vitamins, and minerals [21]. Papaya leaves have been used medicinally in numerous Asian countries for centuries to treat a variety of ailments. Because of the presence of the aforementioned critical operating components, they are used to treat a wide range of illnesses, including diabetes, ulcers, hypertension, dengue, menstruation problems, dermatitis, sinusitis, weakness, and others [22]. Papaya leaves contain seven flavonoids: quercetin, quercetin3-(2Grhamnosylrutinoside), quercetin 3-rutinoside, kaempferol 3-rutinoside, kaempferol 3-(2Grhamnosylrutinoside), and myricetin 3-rhamnoside. The leaves include phenolic compounds such as caffeine, protocatechuic acid, quercetin, 5,7dimethyl coumarin, p-coumaric acid, and chlorogenic acid [23]. These phenolic chemicals, in particular, contribute to anti-allergic, antiviral, anti-inflammatory, and anti-cancer capabilities, as well as anti-dengue activity. The key phytochemicals found in papaya plant leaves are papain, cystatin, chymopapain, tocopherol, phenolic acids, cyanogenic glucosides, glucosinolates, and vitamin C, which can improve the general anti-oxidant qualities of the blood.Papaya leaves have been utilized as antispasmodic, analgesic, and antibacterial because they contain numerous alkaloids such as carpaine, pseudocarpaine, dehydro-carpaine, and phenolic compounds. Carpaine, dehydrocarpaine I, and dehydrocarpaine II are the principal bioactive components found in papaya leaves. Because of the presence of carpeting, these herbal leaves are used in Ayurvedic formulations to treat a variety of physical ailments and viral fevers such as dengue and chikungunya. Carpaine has also been shown to have strong anticancer and antihelminthic effects [24]. Its content has been reported to be maximum in mature papaya leaves. Researchers recently found that malaria can be efficiently cured with papaya leaves. This beneficial impact is attributed to the presence of alkaloids in the leaves, which contain quinine, an antimalarial drug [25,26]. Papaya leaves contain a high concentration of





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biological enzymes, specifically papain and chymopapain. The concentration of papain in papaya leaf extract present in significant amounts [15] and due to which very powerful digestive action even higher than pepsin is seen. Mainly alkaloids, saponins, glycosides, phenolic compounds, and flavonoids are responsible for the anti-inflammatory and anti-cancerous properties of papaya leaves [27].

Antioxidant

Due to concerns about the toxicity of synthetic antioxidants, plant-derived compounds are often sold as natural antioxidants as an alternative. Oxidative chemicals found in many plants may have antibacterial, antiviral, and anticancer effects. They also have an impact on other health benefits [23]. Several components in the anti-oxidant family, such as carotenoids, vitamin C, vitamin E, and phenolic compounds, exert anti-oxidant action through interaction. As a result, it is difficult to determine C. papaya's total antioxidant activity solely on individual active components [28]. The total antioxidant level in C. papaya fruit varies significantly as it ripens. Antioxidant levels gradually rise as the fruit matures. Free radicals generate oxidative damage that has a significant impact on many chronic diseases, and antioxidants can help our health by reducing the production of free radicals. New sources of natural antioxidants that are both safe and economically viable are currently being studied [29]. Researchers created silver nanoparticles from C. papaya peel extract (CPPE) and tested their antioxidative capabilities to confirm their efficiency. It was discovered that the concentration-dependent activity of AgNPs was 56% for synthesized AgNPs and 38% for commercially available CPPE [30]. In the whole plant, the fruit and the seeds contribute to the antioxidant property the most. Various tests to determine the anti-oxidant properties e.g. TPC(Total phenol content), TFC(Total flavonoid content), FRAP(Ferric reducing antioxidant power), Radical scavenging activity of various extracts of solvents like n-butanol, Petroleum Ether, Methanol, Ethyl Acetate, etc. Out of the extracts, Ethyl acetate and n-butanol fractions hold the strongest anti-oxidant activity [31]. The antioxidant potential of papaya peel may contribute to the production of functional foods and nutraceuticals shortly [32]. To demonstrate antioxidant activity, researchers treated papaya peel residues with ethanol and dried them in a microwave oven to produce dietary fiber concentrations (DFCs). The samples' chromatographic analysis revealed the presence of carotenoids, phenolics, ascorbic acid, proteocatechuic acid, manghaslin, quercetin 3-O-rutinoside, caffeoyl hexoside, ferulic acid, lutein, zeaxanthin, and beta-carotene. Digestibility studies revealed that the percentage of indigestible fiber included antioxidants. Salla et al. studied the in vitro antioxidant activity of papaya peel extracts as well as their effects on endogenous glutathione, superoxide dismutase, catalase, cyclo-oxygenase-2 (COX-2), cyclo-oxygenase-3, and DNA fragmentation in HepG2 cells[33].

Antimicrobial effects

Papaya seed exhibits antibacterial action directed against the trophozoites of *Trichomonas vaginalis*. According to the paper, papaya seed should be used carefully to prevent toxicity in urinogenital disorders like trichomoniasis.Papaya seed is used in urinogenital disorders like trichomoniasis with care to avoid toxicity [33]. With the agar cup plate method, it was demonstrated that the papaya seed and pulp had bacteriostatic properties against a range of enteropathogens, including *Bacillus subtilis, Enterobacter cloacae, Escherichia coli, Salmonella typhi, Staphylococcus aureus, Proteus vulgaris, Pseudomonas aeruginosa,* and *Klebsiella pneumonia.* [34].It has been demonstrated that the papaya fruit, seeds, leaves, and peels of *C. papaya*have antibacterial properties against the possibly harmful microbe.. the seed and pulp showed bacteriostatic properties against several enteropathogens such as *Bacillus subtilis, Salmonella typhi, Staphylococcus sp.C. papaya* could find usefulness in the production of drugs against organisms causing urinary tract infections [35]

Antibacterial activity

The results of an investigation indicate the antibacterial properties of papaya fruiting body extracts. It is most likely for this reason that some villagers treat wounds with paw-paw. Although it has no impact, the extract is bacteriostatic and bactericidal. This partially defies Vieria's results [36]. For individuals with impaired immune systems, certain fungal infections, like candida, can be extremely serious or even fatal.[37].It has been discovered that the seeds of *C. papaya* exhibit bacteriostatic activity against a variety of enteropathogens, including *Salmonella typhi*,





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Escherichia coli, Bacillus subtilis, Enterobacter cloacae, Proteases vulgaris, Pseudomonas aeruginosa, and Klebsiella pneumonia. Gram-negative bacteria were more sensitive to the extract than gram-positive bacteria among those tested[38].

Antifungal activity

Numerous bodily organs, including the skin, nails, reproductive system, gastrointestinal tract, heart, and neurological system, can be harmed by fungi[39]. The combination of fluconazole and papaya latex inhibits the growth of *Candida albicans*[40].

Anti-inflammatory activity

The *C.papaya* leaf extract was examined in rats using edema, granuloma, and arthritis models. The extract showed a significant reduction in paw edema, granuloma formation, and reduced inflammation in rats. Thus it proved the anti-inflammatory activity of C.papaya [41]. Numerous plants or isolated derivatives from the plant source show a role as anti-inflammatory via modulation of various activities [42]. Consuming papaya fruits reduced the anti-inflammatory response in healthy people, which was mediated by regulatory T-cells. [43]. A significant study demonstrated the anti-inflammatory properties of *C. papaya* seeds, and the methanolic extract showed inhibition ranging from 57.1% to 64.2%, which is less than the typical anti-inflammatory medicine aspirin's 85.7%.[44,42]. *C. papaya*, as noted above, is a tropical plant containing a wide range of bioactive secondary metabolites (e.g. alkaloids, phenolics, flavonoids, carotenoids, tannins, saponins, etc.) and proteolytic enzymes (papain and chymopapain). Several phytochemicals included in papaya have demonstrated the ability to mitigate chronic inflammatory diseases and their associated negative effects by altering the expression of inflammatory markers.[45]

Immunomodulatory activity

Papain, sourced from*C. papaya*, induces human eosinophils to degranulate and produce superoxide anion. The papain activation was eliminated by the E-64 inhibitors, indicating that protease activity is necessary to initiate the eosinophil response. The protein G-linked receptor is most likely the mechanism by which eosinophils carry out this function. Presently, it seems that bromelaine and papain exhibit opposing effects based on the target cell.[46]. Fermented papaya preparation exerts both immunomodulatory and antioxidant activity in the macrophage cell line RAW 264 and it is a macrophage activator, which augments nitric oxide synthesis and TNF-alpha secretion independently of lipopolysaccharides[47].

Anti-Cancer

Cancer is one of the most lethal diseases around the world in terms of mortality globally. Lung cancer is the most common cancer in men, followed by breast cancer in women. Phytochemical analysis of papaya suggests that Lycopene, beta carotenoid, benzylisothyocynate, beta-cryptoxanthin, benzyl glucosinolate, chlorogenic acid, caffeic acid, protocatechuic acid, quercetin, and some other significant phytochemicals are present in *C. papaya*. Three classes of bioactive substances—phenolics, carotenoids, and glucosinolates—among the more than 5000 molecules from plants that have been linked to anticancer qualities have drawn a lot of attention in anticancer research. [48]. Researchers discovered that individuals with blood, liver, lung, or stomach cancer have a better chance of life after drinking papaya leaf extract (solution) [49].In vitro studies utilizing papaya seed homogenate extract demonstrated excellent efficiency in decreasing superoxide production and inducing apoptosis in the acute promyelocytic leukemia cell line HL-60. The principal cause of this action was benzyl isothiocyanate, or BTIC [15]. BITC extracted from papaya fruit extract had a cytotoxic effect on developing human colon CCD-18Co cells, causing them to become quiescent. [50].Due to its impact on spindle formation, the aqueous extract of *C. papaya*given to onion bulbs disrupted the mitotic cell division of *Allium cepa*, demonstrating its cytotoxic effect [51].

Papaya (*C. papaya* Linn) seeds include anti-cancer properties that can be used to treat liver and prostate tumors, among other cancers [57]. The goal of this study was to assess the possible cancer-preventive properties of papaya black seeds found in mature papaya fruits. The in vitro cytotoxicity of the "methanolic extract of papaya black seeds" (MPB) 1 against human liver cancer Hep G2 cell lines was studied. The half-maximum inhibitory concentration (IC50) was determined using the 3-(4,5-dimethylthiazoline-2-yl)-2,5-diphenyltetrazolium bromide (MTT) test.





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Additionally, Acridine Orange-Ethidium Bromide (AO-EB) labeling has been utilized to assess the apoptotic changes that MPB has generated in cancer cells. Researchers have evaluated gene expression control by targeting the B cell lymphoma-2 (Bcl-2), p53, and caspase-3 genes using quantitative Real-Time Polymerase Chain Reaction (qRT PCR). Our findings indicate that papaya black seeds may be a promising treatment for liver cancer, with an IC50 value of 24.35 µg/mL and the ability to induce apoptosis by upregulating p53 and downregulating Bcl-2 [58].

Amazu et al reported a study using extracts of papaya fruit on Swiss albino male mice, divided into six groups with six animals per group. The mice were fed on mice pellets and had access to food and water. An initial pilot study was conducted to determine the minimum and maximum dosages of a drug extract. The animals were given crude drug extract in different doses, with the negative control group receiving normal saline IP. Symptoms of toxicity or death were observed within 24 hours, and any dead animals were removed. The LD50 was calculated as the probability of the minimum dose that killed half the animals in the study group or the mean of two doses where applicable.[59]

Another study investigated the effects of a methanolic seed extract of *C. papaya* on fresh egg albumin-induced inflammation in rats. The results showed that the extract significantly inhibited edema at all doses, with no significant difference between 200 mg/kg and 100 mg/kg at 60-120 minutes. However, aspirin had a significantly different inhibitory effect, with detectable differences at all periods. The crude extract of C. papaya seeds inhibited inflammation by 57.1% to 64.2%, compared to 85.7% with aspirin. This implies that aspirin has greater anti-inflammatory efficacy than the crude extract, which varied from 57.1% to 64.2%. The study shows that additional characterization and purification of active components may address this difference [59].

Wound healing

Traditionally, *C. papaya*has been used to treat wounds and other skin conditions. It is a commonly used, readily available treatment for burns and other wounds, and is particularly popular in developing nations. The study conducted by Nayak et al. evaluated the antibacterial and wound-healing activities of *C. papaya* seed extract. Using an in vivo excision wound model, the ability of an ethanol extract of *C. papaya* seed (50 mg/kg/day) to heal wounds in Sprague-Dawley rats was tested. The animals were randomly divided into four groups of six: Group One was the control group, Group Two received papaya seed extract therapy, Group Three received a 1:1 ratio of mupirocin and papaya seed extract treatment, and Group Four received mupirocin ointment treatment. To evaluate the wound-healing process, the rate of wound contraction and hydroxyproline content were evaluated activity of the seed extract. [52].

Gastrointestinal health

The anti-diarrheal efficacy of alcoholic and aqueous extracts from the fruit of *C. papaya* was investigated in albino Wistar rats. When administered orally at doses of 100, 200, and 400 mg/kg, the alcoholic and aqueous extracts showed considerable dose-dependent anti-diarrheal action in cases of magnesium sulfate and castor oil-induced diarrhea. The studied extracts' anti-diarrheal activities were comparable to those of the recommended medicine, loperamide (3 mg/kg). The findings support the traditional use of *C. papaya* in the treatment of diarrheal diseases [53]. The current study aimed to assess the antidiarrheal activities and phytochemical content of *C. papaya* fruit against a variety of gastrointestinal pathogens.Powdered plant components from both raw and ripe fruit were extracted using a Soxhlet system and a range of solvents, including petroleum ether, benzene, chloroform, acetone, ethanol, and water. phytochemical examination of *C. papaya* revealed the presence of proteins, amino acids, carbohydrates, tannins, saponins, alkaloids, phenolic compounds, and phytosterols. To determine the extract'sMIC, sterile 96-well microtitre plates were used. The plant extracts inhibited all of the intestinal pathogens examined. The ripe fruit's acetone extract (0.39 mg/ml) and the raw fruit's chloroform extract (25.0 mg/ml) had the highest antibacterial activity among all the fruit extracts. [54].





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Skin conditions

Cf6One of the most widely grown plants in the world is the C. papaya. Traditional medicine has made use of various parts of the C. papaya. However, no research using C. papayaleaf (CPL) has been done about skin photoaging. The current study examined the anti-aging properties of C. papayaleaf on UVB-irradiated normal human dermal fibroblasts (NHDFs). By scavenging reactive oxygen species (ROS) generation, C. papayaleaf significantly suppressed UVB-induced activation of mitogen-activated protein kinases (MAPKs) and activator protein-1 (AP-1) signaling. Additionally, our findings showed that CPL inhibited the breakdown of Type I procollagen by regulating matrix metalloproteinases (MMPs) expression negatively and transforming growth factor- β 1 (TGF- β 1) activity positively. This led to an increase in the synthesis of Type I procollagen, which is a significant part of the extracellular matrix (ECM). Furthermore, the combination of the two active compounds implies that they were CPL's active compounds. When considered collectively, the findings indicate that C. papayaleaf holds promise for additional research and the creation of a cosmetic product to treat a range of skin issues, including photoaging [55]. Synthetic skin care lotions containing aluminum, parabens, butylated hydroxyanisole (BHA), and sodium carboxymethyl cellulose are currently overflowing the market. Method: The goal of this work was to create an herbal skin care lotion with the addition of distilled water, beeswax, liquid paraffin, and borax C. papayaextract. Following formulation, it was assessed, and several physicochemical and organoleptic parameters (color, odor, and appearance), as well as PH, viscosity, spreadbility, microbiological growth, irritancy, and ease of removal, were identified and documented. Findings: The created skin care herbal lotion's various assessment criteria matched both the marketed formulation and standard values. In conclusion, customers today are more likely to choose natural cosmetics to prevent unneeded side effects [56].

Neuroprotective effects

Chronic inflammatory responses in the central nervous system (CNS) indicate neuroinflammation, a pathogenic condition that dramatically accelerates the onset of neurodegenerative disorders, most notably Alzheimer's and Parkinson's disease [60]. *C. papaya* possesses anti-inflammatory and immunomodulatory properties, making it a prospective treatment for neuroinflammation [61, 62]. The flavonoid-rich components of papaya, particularly its leaves and seeds, have strong anti-inflammatory activities [59]. The antioxidant properties of papaya leaf extract are well known for their potential to prevent lipid peroxidation and boost blood antioxidant capacity [63]. Furthermore, particular compounds found in papaya seed extract have been shown to have therapeutic properties for reducing inflammation.

Action against oxidative stress

Oxidative stress, one of the most complex disease causes in the human body, is a damaging state caused by an imbalance of endogenous pro- and antioxidant species. It is also a fundamental biological process that contributes to neurodegeneration in Alzheimer's and Parkinson's disease. We have observed that *C. papaya* contains a high concentration of phenolic chemicals and flavonoids. Flavonoids have been demonstrated to reduce the generation of reactive oxygen species (ROS), boost antioxidant protein expression, improve cerebral blood flow and neuron survival, and reduce apoptosis, amyloidogenic effects, and dopaminergic neuron loss [64]. It has been demonstrated that phenolic acids can alleviate a variety of disorders, including depression, neuroinflammation, apoptosis, memory loss, and excitotoxicity [65].

Cardiovascular benefits

C. papaya contains bioactive substances such as polyphenols, flavonoids, vitamins, and minerals, and it has been shown to have potential cardiovascular effects. Because of its high potassium concentration and vasodilating characteristics, it may reduce blood pressure. Papaya also contains antioxidants that reduce inflammation and oxidative stress, lowering the risk of atherosclerosis and coronary artery disease[66].





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Action against Thrombocytopenia

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Future Prospects

There are several obstacles in the way of fully investigating bio ceutical potential of *C. papaya*, despite its possible advantages to be used as a functional food. A significant barrier is the paucity of research on the therapeutic benefits of *C. papaya*. Although some studies have yielded encouraging findings, a thorough investigation of the potential health risks of *C. papaya* is still lacking. Additionally, there is difficulty in standardizing the dosage and preparation of *C. papaya*. The fruit is consumed in various forms, including fresh fruit, juice, and supplements, and the dosage and preparation can vary widely. Lastly, it may be difficult to overcome regulatory obstacles to get permission to employ *C. papaya* a medicinal or nutraceutical agent. The plant is not currently recognized as a medicine by regulatory agencies, making it difficult to obtain approval for its use in clinical settings.

CONCLUSIONS

Hence, all the evidence provided in the manuscript about the pharmacological and functional food qualities of *C. papaya* which makes it a viable option for medicinal and nutraceutical uses. An untapped market that is worth more than USD 50 million in 2024 for the multi-usage traditionally important plants like *C. papaya*. The fruit of the plant has many properties like antibacterial qualities that can fight infections, antioxidants that shield cells from harm, and enzymes that help with digestion and decrease inflammation.

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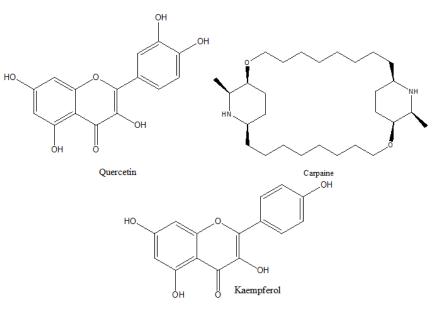


Fig.1. Phytochemicals present in C. papaya





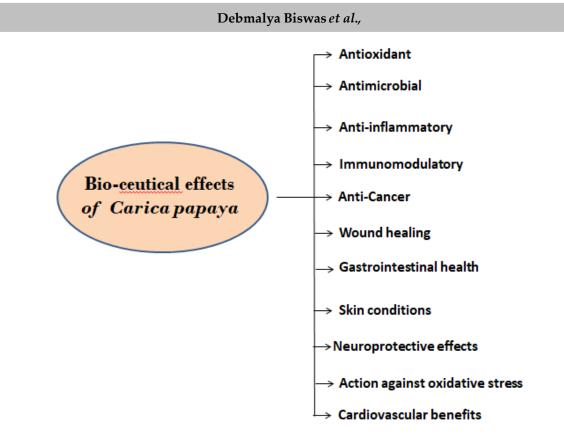


Fig.2. Bio-ceutical effects of C. papaya





RESEARCH ARTICLE

Prevalence and Distribution of Virulence Determinants in Diarrheagenic Escherichia coli associated with Children Under Five Years of Age

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ABSTRACT

Escherichia coli(E.coli) is a ubiquitous member of the human gut microbiota, existing as both commensal and pathogenic strains. The pathogenic variants of E.coli, known as Diarrheagenic Escherichia coli(DEC), pose a significant health threat to children under five globally, particularly in developing regions, where they cause childhooddiarrhea. The objective of the present study was to identify pathogenic variants of E.coli from stool samples of children with acute diarrhea (n=144)admitted to pediatric ward of Sardar Patel Medical College (PBM Hospital) and samples from untreated community sewage sources (n=40) collected in the Bikaner district of Rajasthan, India. These samples were processed inculture-based analyses employing established laboratory protocols. For molecular characterization, bothmonoplex and multiplex-PCR analysis targeted 16 virulence genes associated with 6 different DEC pathotypes. These included stx1, stx2, and hlyAassociated with Shiga toxin-producing E. coli (STEC), which includes the Enterohemorrhagic E. coli group (EHEC); irp2, aaiA, pic, aafA, aggR, and pCVD432 linked to Enteropathogenic E. coli (EACE); bfpA and eae associated with Enteropathogenic E. coli (EPEC); st, lt, and estassociated with Enterotoxigenic E. coli (ETEC); ipaH associated with EnteroinvasiveE. coli (EIEC); and daaE associated with Diffusely Adherent E. coli (DAEC). Among the 90 presumptiveE. colisamples [66 (45.8%) from stool and 24 (60%) from sewage], 58 samples harboured one or more virulence genes associated with specific DEC pathotype. The most common pathotype was observed to be enteroaggregative EAEC, which accounted for 35.7% of cases in children under five and 43.7% of cases in community sewage samples followed by ETEC, and EHEC. The research underscores the widespread





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presence of the DEC pathotypes of across various sources, offering crucial insights into their detection, prevalence, and epidemiological patterns within the Bikaner city of Rajasthan in India.

Keywords: Childhood-diarrhea, DEC Pathotypes, Virulent genes, Multiplex-PCR.

INTRODUCTION

Escherichia coliis a commensal bacterium that commonly inhabits the human gastrointestinal tract. However, certain pathogenic strains can cause a wide range of diseases, including enteric and diarrheal illnesses [1-4]. Diarrheal diseases are a significant public health concern, particularly in developing countries, and are caused by various pathogens such as bacteria (e.g., E. coli and Salmonella spp.), viruses (e.g., rotavirus and norovirus), and parasites (e.g., Giardia lamblia) [3,5]. E.coliis the most important etiological agent of childhood diarrheal diseases globally, contributing substantially to morbidity and mortality in infants and young children [3,5]. Pathogenic Escherichia coli (E.coli) infections are estimated to cause approximately 2 million deaths globally each year, and the majority of these deaths, approximately 90%, occur in children under the age of five [6]. Diarrheagenic E. coli(DEC) strains are classified based on clinical features, epidemiological characteristics, and the presence of pathogenicity-specific virulence factors. DEC can be categorized into six main pathotypes which include Enteropathogenic E. coli(EPEC), Shiga toxin-producing E. coli (STEC), which encompasses the enterohemorrhagic E. coli group (EHEC), Enterotoxigenic E. coli(ETEC), Enteroaggregative E. coli(EAEC), EnteroinvasiveE. coli(EIEC), and Diffusely adherent E. coli(DAEC) [1,3,4]. The latter EPEC is subdivided into typical EPEC (tEPEC) and atypical EPEC (aEPEC). Each pathotype exhibits distinct geographical distributions and possesses specific virulence markers. Pathogenic strains of E. coli can be classified based on genetic sub-structures, which exhibit distinct phylogenetic relationships. These phylogenetic groups (A, B1, B2, and D), known as phylogroups, are characterized by distinct phenotypic and genotypic traits [7].Pathogenic E. coli strains possess virulence factors encoded by specific genes located on chromosomes or mobile genetic elements like plasmids and transposons [8,9]. Diarrheagenic E. coli (DEC) pathotypes have distinct virulence factor profiles encoded by specific gene clusters. These pathogenic genes encode activities like adhesion, invasion, attachment, iron acquisition, motility, and toxin production. The four major virulence classes are colonization, fitness, toxins, and effectors [7]. Pathogenic strains of E. coli are responsible for various diarrheal diseases, each characterized by distinct virulence factors and clinical implications. For example, EAEC is a significant emerging pathogen associated with persistent diarrhea in children in developing countries [10]. Its main characteristic is an aggregative adherence pattern on cultured epithelial cells, mediated by the production of fimbrial colonization factors known as aggregative adherence factors (AAFs)[11]. While ETEC produces heat-labile (LT) and heat-stable (ST) enterotoxins, which cause watery diarrhea[2,3]. EPEC harbors the locus of enterocyte effacement (LEE) pathogenicity island, which is responsible for the attaching and effacing (A/E) phenotype on host enterocytes. EPEC can be classified as 'typical' or 'atypical' based on the presence or absence of the EPEC adherence factor (EAF) plasmid, which comprises the cluster of genes encoding the bundle-forming pilus (bfpA). EHEC, also belonging to Shiga toxin-producing E. coli (STEC), produces Shiga toxins (Stx1 and Stx2) and can cause large outbreaks. DAEC harbors the dispersin-encoding gene, daaE, which facilitates adherence to intestinal epithelial cells [2]. EIEC shares many characteristics with Shigella species. A critical virulence factor associated with EIEC is the invasion plasmid antigen H (ipaH) gene, which plays a central role in the invasion process. The ipaH gene encodes proteins that facilitate the invasion of intestinal epithelial cells[2].

Identification of *Escherichia coli* often relies on traditional laboratory culture methods. However, for characterizing Diarrheagenic *E. coli* (DEC) pathotypes, various molecular methods are employed to detect virulence genes associated with different categories of DEC. These methods include Polymerase Chain Reaction (PCR), DNA hybridization, Multi-Locus Sequence Typing (MLST), ribotyping, and 16S rRNA gene sequencing [12-14]. Among cutting-edge methods, multiplex-PCR assays are particularly effective in detecting multiple virulence factors simultaneously. This technique involves designing primer sets to target specific DNA sequences associated with





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virulence factors, allowing for simultaneous amplification of multiple genes in a single reaction. The present study explores the characterization of DEC strains responsible for diarrheal diseases, focusing on their unique virulence factors and clinical implications. It delves into each pathotypes molecular signatures and clinical relevance in diarrheal illnesses, highlighting the role of multiplex PCR assays in identifying DEC pathogenicity. This study emphasizes the need for surveillance and control measures to address diarrheal diseases, especially in children under five years of age. The study enhances understanding of DEC prevalence, distribution, and genetic traits among stool samples of children with acute diarrheadmitted to pediatric ward of Sardar Patel Medical College (PBM Hospital) and samples from untreated community sewage sources collected in Bikaner, Rajasthan, the northwest region of India. This underscores the importance of ongoing research and public health interventions to combat DEC-related childhood diarrheal illnesses in the country.

MATERIAL AND METHODS

Study population and sampling sites

In this study, a total of 144 stool samples were collected from pediatric outpatients aged 0-60 months suffering from acute diarrhea, who were hospitalized in the pediatric ward of Sardar Patel Medical College (PBM Hospital). This cross-sectional study was conducted from September 2022 to March 2023. The sample size determination was based on the number of children under five years of age admitted to the pediatric ward of SPM medical college during the same period in the previous year (September 2021 to March 2022). Case selection was made by the following inclusion criteria: children under 60 months of age suffering from diarrhea and not having been administered antibiotics.Based on guardian information, children with acute diarrheawere enrolled in the study. The study included children under 5 years of age with acute community-acquired diarrhea, defined as the passage of 3 or more watery and loose stools in 24 hours, with or without clinical symptoms of an enteric ailment such as nausea, vomiting, abdominal pain or cramps, dehydration, fecal urgency, or dysentery. The study population was limited to children of Indian origin residing in the Bikaner city of Rajasthan. Information on acute diarrheal symptoms, including the number of loose/watery stools, presence of bloody or mucoid stools, vomiting, and fever ≥39°C, was collected through parental discussion and medical record review. Other clinical features and risk factors recorded included nausea, abdominal pain, duration of diarrhea, age group, feeding type, and drug use. Based on the WHO classification of dehydration, children with acute diarrhea were categorized as having mild diarrhea (no dehydration) or moderate diarrhea (mild to moderate dehydration). Severe dehydration was considered a medical emergency requiring immediate treatment. The collection of sewage samples, particularly untreated community sewage samples, was conducted from various regions of Bikaner, including both rural and urban areas. A total of 40 samples were collected overfour months, from March 2022 to June 2022. The ease of sample collection was facilitated by the relatively shallow depth of the sites. However, sites with deeper depths posed a challenge, and poles were used to collect samples while adhering to safety protocols to prevent infection.

Specimen collection and transportation

The stool and sewage samples were collected in sterile, wide-mouthed, leak-proof containers with tightly fitting lids, labelled with patients' names, ages, genders, and collection months, and stored at the hospital's microbiology laboratory. Subsequently, all samples were transferred to the Microbiology department of Maharaja Ganga Singh University in Bikaner (MGSU), Rajasthan for further processing within 24 hours of receipt.

Isolation and identification of E. coli

The stool and sewage samples were initially inoculated into a selective enrichment medium, lauryl sulphatetryptose broth, at a 1:10 ratio. The inoculated broth was then incubated overnight at 37°C. Furthermore, the samples were subcultured onto MacConkey agar and eosin-methylene blue (EMB) agar plates, which were incubated at 37°C for 18-24 hours. MacConkey agar and EMB agar serve as selective and differential media for the isolation and identification of coliform bacteria and *E. coli*. On MacConkey agar, *E. coli* colonies appear as pink to red colonies due to lactose fermentation. EMB agar is more selective, and *E. coli*colonies typically exhibit a characteristic metallic green sheen





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with a dark centre. The biochemical tests to characterize *E. coli* were performed [15]. First Gram staining was performed to confirm *E. coli*, *E. coli* is a Gram-negative bacterium, which means it will stain red or pink due to its thin peptidoglycan layer and outer lipid membrane. The IMViC test, a set of four biochemical tests, is commonly used to differentiate *E. coli* from other Enterobacteriaceae. The isolates in this study exhibited positive results for the indole and methyl red tests, while the Voges-Proskauer, citrate, and urease tests produced negative findings [16,17].

Molecular characterization of diarrheagenic E. coli

Genomic DNA was extracted from presumptive *E. coli* to identify DEC specific virulence genes. The process began by suspending each*E. coli* isolate in LB medium separately and after incubation (0.5 optical density at 600nm), centrifuging at 6000 rpm for 10 minutes. The supernatant was discarded, and the pellet was used for DNA extraction. The bacterial cells underwent lysis using a chemical combination which include SET buffer (150 mM NaCl, 1 mM Tris/HCl pH 8.0, and 0.5 mM EDTA), 10% sodium dodecyl sulfate (100 μ l), and proteinase K (5 μ l), with an incubation period at room temperature for 1 hour. Phenol was introduced to separate the nucleic acid from other cellular substances, followed by centrifugation at 12,000 rpm for 15 minutes. The upper layer was extracted by adding an equal volume of chloroform-isoamyl alcohol (24:1) solution and undergoing centrifugation again at 12,000 rpm for 15 minutes. Afterwards, the supernatant was mixed with an equal volume of ice-cold isopropyl alcohol and centrifuged at 10,000 rpm for 10 minutes, precipitating the DNA with ethanol. The DNA precipitate was then resuspended in 50 μ l of Tris-EDTA (TE) buffer. The quality of the bacterial DNA was assessed by electrophoresis on a 1.5% agarose gel stained with ethidium bromide, using 1 × Tris-borate-EDTA (TBE) buffer at 100 V for 45 minutes, followed by examination of the results under a UV transilluminator. This ensured the extraction and purification of high-quality genomic DNA, subsequently utilized for PCR amplification to identify DEC pathotypes.

Monoplex and Multiplex-Polymerase chain reaction (PCR)

DNA templates were subjected to monoplex and multiplexPCR with specific primers (Table 1), for the identification detection of different DEC pathotypes such as EPEC, ETEC, EHEC, EAEC, EIEC, and DAEC. Monoplex and multiplex PCR primer protocols were employed to acquire, analyse, and evaluate the primer sequences' specificity, sensitivity, and size. The PCR primers were synthesized by Eurofins (Eurofins Genomics India Pvt. Ltd.). Sixteen different target genes were used to detect DEC by monoplex and multiplex PCR include *irp2, aaiA*, *pic, aafA,aggR* and *pCVD432* (EAEC); *bfpA, eae* (EPEC); *stx1, stx2*, and *hlyA* (EHEC); *st, lt,* and *est* (ETEC); *ipaH* (EIEC), and *daaE* (DAEC) genes as indicated in Table 1. These virulence genes are crucial determinants to identify DEC pathotypes[18,19]. The multiplex PCR was performed with a 50µl reaction mixture containing 2µl of 50ng DNA template and 5µl of 10x PCR buffer, 2µl of 25mMMgCl₂, 5µl of a 2.5mM mixture of deoxy nucleoside triphosphate (dNTP), 1µl of 2U/µl of Taq DNA polymerase, 2µl of 10µm concentration of each forward and reverse primers, with the remaining volume supplemented by nuclease-free water. The conditions for the thermal cycling for multiplex PCR were kept as indicated in Table 2.Standardising the multiplex PCR assay included optimising PCR cycling conditions and primer selection to ensure efficient and specific detection of specificDEC pathotypes. The following three multiplex PCR assays were designed to detect specific DEC pathotypes:

Multiplex PCR I:

- EPEC targeting the *eae* gene.
- EHEC targeting the *stx1* gene.
- ETEC targeting the *lt* gene.
- EAEC targeting the *aggR* gene.

Multiplex PCR II:

- EPEC targeting the *bfpA* gene.
- EHEC targeting the *stx2* and *hlyA* genes.
- ETEC targeting the *st* and *est* genes.
- EAEC targeting the *irp2*, and *aaiA* genes.





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Multiplex PCR III:

- EIEC targeting the *ipaH* gene.
- DAEC targeting the *daaE* genes.
- EAEC targeting the *pic*, *aafA*, and *pCVD432* genes.
- -

The monoplex-PCR wasalso performed with a 50 μ l reaction mixture containing 2 μ l of DNA template and 5 μ l of 10x PCR buffer, 2 μ l of 25mMMgCl₂, 5 μ l of a 2.5mM mixture of deoxy nucleoside triphosphate (dNTP), 1 μ l of 2U/ μ l of Taq DNA polymerase, 2 μ l of 10 μ m concentration of each forward and reverse primers, with the remaining volume supplemented by nuclease-free water. The monoplexPCR thermocycling conditions were kept asinitial denaturation at95°C for 2 minutes, 95°C for 30seconds, annealing at 50° for 1 minute, and extension for 72°C for 1.30 minutes,followed by 30 cycles, with the final10-minute extension at 72°C, the reaction wasrun in the thermos PCR system. The amplified PCR products were evaluated by running 5 μ l on a 2% (wt/vol) agarose gel along with a 100bp DNA ladder as a molecular marker. Ethidium bromide was used to stain the gel, and the DNA bands were visualized under UV light.

Quality Control

A positive control and a negative control were included in PCR assays. The positive controls to detect DEC pathotype include: ATCC 35401 to detect ETEC, ATCC 33780 to detect EAEC, ATCC 43893 to detect EIEC, ATCC 35150 to detect EHEC, ATCC 43887 to detect EPEC. Additionally, DH5 α used as a negative control.

Ethical Approval

The present research study and its protocol were approved by the Institutional Ethics Committee (IEC) of the Maharaja Ganga Singh University of Bikaner. Data collection and analysis were conducted at the PBM Hospital of Sardar Patel Medical College, Bikaner, Rajasthan. The IEC thoroughly reviewed and endorsed the research protocol to ensure its adherence to ethical standards and regulatory requirements.

RESULTS

In the present study, a total of 184 samples were collected, comprising 144 stool samples from children under five years of age experiencing acute diarrhea and 40 samples from untreated community sewage. The samples underwent culture-based analyses employing established laboratory protocols, including the assessment of morphological features on MacConkey agar and Eosin Methylene Blue (EMB) agar, alongside IMViC(Indole, Methyl red, Voges-Proskauer, Citrate utilization) biochemical tests (positive or negative). The identification of presumptive E. coliisolates from the samples yielded an overall positivity rate of 90 (48.91%). Of the positive samples, 66 (45.83%) were obtained from stool samples, while 24 (60%) were derived from sewage sources. The male-to-female ratio among the total sampled population (stool samples, n=144) was approximately 80 (55.55%) to 64 (44.44%), respectively. Children enrolled in the study encompassed diverse age groups, with 77 (53.47%) up to 24 months, 38 (26.38%) aged between 25 and 48 months, and 29 (20.13%) up to 60 months of age (Table 3). Furthermore, the dietary practices of the participating children were delineated, revealing that 18% were exclusively breastfed, 45.8% received a combination of breast milk and formula milk, and 36.1% were fed with solid foods (Table 3). In children with diarrhea (n=144), the clinical symptoms were mainly defined by variations in stool consistency. The present study indicates that diarrhea in children primarily led to watery stools (43%) and loose stools (29.16%), while a smaller percentage presented with bloody stools (11.11%) or mucoid stools (16.6%) (Table 3). In contrast, E. coli prevalence in children with diarrhea, indicated a little male predominance, with 54.5% of positive cases being male and 45.4% female, which is similar to the distribution in negative cases (56.4% male and 43.5% female) (Table 3). In terms of age, the proportion of positive cases is highest in children between the ages of 13 and 24 months (30.3%), followed by 0 to 12 months (24.2%) and 49 to 60 months (21.2%). Children between the ages of 37 and 48 months have the lowest positive rates (9%). In terms of feed type, children who were solely breastfed had the lowest percentage of positive cases (9%), while those who were fed solid food had the largest percentage (48.4%). Additionally, there was variation





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in the type of stool; among positive cases, watery stools were the most prevalent (48.4%), followed by loose stools (27.2%) and mucoid stools (21.2%). In comparison to negative instances (17.9%), bloody stools were much less common in positive cases (3%) than in negative ones. These findings provide insights into the demographic and nutritional characteristics of the studied population, contributing to a comprehensive understanding of diarrheal disease epidemiology and its associated factors.

Sewage samples were systematically collected from both rural and urban regions within the Bikaner regionas depicted in Table 4. The sampling strategy aimed for inclusivity by encompassing a variety of localities, including slum settlements and affluent residential areas. Geographical categorization facilitated the classification of samples according to their urban or rural origins, enabling a detailed examination of potential microbial contamination across diverse environmental settings. This meticulous sampling approach sought to comprehensively capture the range of sewage characteristics prevalent in the study area, thereby augmenting the reliability and relevance of the study findings. Through a comparative analysis, the prevalence of E. coli in various rural and urban community sewage samples was observed. The villages of Udairamsar, Palana, Chak Chani, and Barsnghsar each observed with two positive samples out of the 24 positive samples; these villages accounted for 8.3% of the total positive samples. Several settlements, including Husangsar, Kanasar, Madh, Bachhasar, Kotri, and Kolayat, each observed with one positive sample (4.1%). In rural areas, only one negative sample (6.2%) was observed by each of Bachhasar, Kotri, Kolayat, Madh, Husangsar, and Kanasar. However, the pattern was marginally different in urban areas. Nagnechi and Choukhuti each observed with two positive samples (8.3%) out of the 24 positive samples. A single positive sample (4.1%) was observed by each of the following areas: Satellite, Kothari, Kuchilpura, Railway Colony, Dharnidhar, and Police-line. There were no positive samples in Bhutto ka Chauraha or Pugal-phanta, but there were two negative samples (12.5%) in each. There was one negative sample (6.2%) for each of Satellite, Kothari, Kuchilpura, Railway Colony, Dharnidhar, and Police-line.

To detect various virulence genes, 90 presumptive *E. coli*isolates underwent PCR screening using specific primers designed to target different 16 genes associated withDEC(Table 1) (Fig 2). These virulence genes included *irp2, aggR, aaiA, aafA, pic, pCVD432, bfpA, eae,* stx1, stx2, *hlyA, lt, st, est, daaE,* and *ipaH*. DECwere categorized based on the presence or absence of these specific virulence genes in the stool samples collected from diarrheic children and from sewage samples (Fig.2). Among the overall 90 samples, 58(64.4%) were positive for at least one of the targeted virulence genes of *E. coli*. (Table 5).Of the 66 presumptive*E. coli* from stool samples, 42 (63.6%) exhibited the presence of one or more virulence genes. The gene *irp2* exhibited the highest frequency at 26.1%, whereas the genes *aaiA, est,* and *pic* had the lowest occurrence, each representing 2.3% of the isolates (Table 5). 36.4 % of *E. coli* isolates were found non-pathogenic, based on the absence of all investigated virulence genes. The predominant gene detected was *irp2* (31.2%), identified in sewage samples, The most common gene was the *irp2* similar to the diarrheal children group. Only 6.2% of the sample was positive for the *aafA, cod432, stx1*, and *stx2* gene. In contrast, 33.4% of *E. coli* isolates were observed to be non-pathogenic, based on the absence of any investigated gene. None of the samples tested positive for the *aggR* and *eae*genes in both stool and sewage samples (Table 5).

For characterization of typical Enteropathogenic *E. coli* (EPEC), both *bfpA*(bundle-forming pilus) and *eae*(intimin)genes are needed to be present. However, the present study observed, only *bfpA*,gene characterizing theseDEC pathotype as atypical EPEC.Similarly, in the present study, the presence of *stx1*, *stx2*, and *hlyA* genes characterized Enterohemorrhagic *E. coli* (EHEC) strains while the presence of *lt*, *st* and *est* genes characterized Enterotoxigenic *E. coli* (ETEC) strains. Enteroaggregative *E. coli* (EAEC) strains were characterized by *irp2*, *aaiA*, *aafA*, *pic*, and *pCVD432* genes, while Enteroinvasive*E. coli* (EIEC) strains were identified by the presence of the *ipaH* gene, and diffuse adherent*E. coli* (DAEC) strains were identified by the presence of the *daaE* gene.

In this way. a total of 58 presumptive *E. coli*was categorized based on the detection of at least one targeted virulence gene associated with DEC. Notable variations were observed in the distribution of these virulence genes among *E. coli* isolates obtained from stool and sewage samples. The most prevalent genes were observed to be *irp2*, present in





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27.5% of the samples, and *st*, observed in 20.6% of the samples, followed by *stx1* (8.6%), *stx2* (6.8%), and *hlyA*(6.8%). Additionally, *lt* (6.8%), *aafA* (5.1%), and *daaE* (5.1%) were also identified. Less frequently observed genes included *bfpA* (3.4%) and several others, such as *aaiA*, *pic*, *pCVD432*, *est*, and *ipaH*, which were detected in 1.7% of the total samples (Fig. 1). In our analysis of total 90 presumptive *E. coli*, a total of 32 (35.5%) isolates exhibited an absence of all tested virulence genes. These observations underscore the intricate nature and variability of DEC pathotypes, emphasising the necessity of evaluating the collective presence of virulence factors to comprehend their pathogenicity effectively.The present study observed that DEC pathotypes in stool samples was more frequent in males (61.9%) than in females (38%) (Table 6). The age-wise distributions of DEC pathotypes were not consistent (Table 6). DEC pathotypes EAEC followed by EHECand ETEC were observed to be more prevalent in all age groups (Table 6). The age-wise prevalence of the virulence gene was 23.8% in 0-12 months, 16.6% in 13-24 months, 33.4% in 25-36 months, 14.2% in 37-38 months, and 11.9% up to 60 months of age, respectively. Regarding the children's clinical symptoms, watery and loose diarrhea (42.8%) and (40.4) respectively were the most common diarrheal consistency. Concerning the feed types, 42.8% and 35.7% of DEC pathotypes were detected from combined breast or formula milk, and solid feed respectively (Table 6).

The predominant DEC pathotypes among the stool samples collected from children with diarrhea were found to be Enteroaggregative *E. coli* (EAEC), and Enterotoxigenic *E. coli* (ETEC), with virulence genes detected namely *irp2* (26.1%), *aafA*(4.7%), *aaiA*(2.3%), *pic* (2.3%), and *st*(21.4%), *lt*(4.7%), *est*(2.3%)] respectively. Followed by DEC pathotype characterized as Enteropathogenic *E. coli* (EPEC) harbouring *bfpA*(4.7%), Enterohemorrhagic *E. coli* (EHEC) [stx1 (9.5%), *stx2* (7.1%), and *hlyA*(4.7%)], Diffusely Adherent *E. coli* (DAEC) [*daaE*(7.1%)], and Enteroinvasive*E. coli* (EIEC) [*ipaH*(2.3%)]. In community sewage samples, the predominant DEC pathotypes were characterized as EAEC [*irp2* (31.2%), *aafA*(6.2%), *pCVD432* (6.2%)], followed by ETEC [*st*(18.7%), *lt*(12.5%)], EHEC [stx1 (6.2%), *stx2* (6.2%), and *hlyA*(12.5%)].

In contrast, the collective prevalence of DEC within untreated community sewage was determined to be 66.6%. Notably, in sewage samples from both urban and rural areas, the *irp2* gene had a prevalence of 31.2% (Table 7). The *pCVD432* (6.2%) gene linked to EAEC strains was observed to be exclusively present in sewage samples(Table 7). EAEC emerged as the predominant pathotype identified in both stool and sewage samples. Upon broader geographical analysis within the Bikaner region, the overall positivity rate of virulence genes associated with DEC pathotypes in the untreated community sewage was found to be 68.7% in rural regions and 31.25% in urban areas, respectively.

The present study presents the first comprehensive report on the prevalence of six diarrheagenic *Escherichia coli* strains in the Bikaner region of Rajasthan, India. EAECfollowed by ETECand EHEC were identified as the most predominant pathotypes among children under five years of age and in the untreated community sewage samples.

DISCUSSION

In India, diarrhea continues to be the primary cause of morbidity and mortality among children under the age of five, resulting in an estimated 2.5 billion deaths annually. Within this statistic, diarrhoeagenic *Escherichia coli* (DEC) is attributed to 30%-40% of cases, representing a significant proportion of diarrhoeal illnesses globally, particularly prevalent in developing nations [35-37]. DEC strains have exhibited diverse virulence traits along with instances of antibiotic resistance, presenting notable concerns within the realm of study. In the present study various phenotypic, biochemical, and molecular assays have been employed for the identification and characterization of DEC pathotypes. For the comprehensive identification of DEC pathotypes, *E. coli* isolates confirmed through biochemical methods were selectively targeted for characterization via monoplex and multiplex PCR assays aimed at identifying their pathotype-specific virulence genes. These assays were tailored to target distinct virulence genes linked with each pathotype, facilitating the simultaneous detection of multiple pathotypes within a single reaction [38-46]. Regional disparities in the prevalence of various pathotypes of DEC are extensively documented [37]. In our study,





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we gathered a total of 184 samples from both stool (from children with diarrhea admitted to pediatric ward) and sewage sources. Among these, 45.8% and 60% of the samples, respectively, were identified as presumptive*E. coli* using culture techniques and biochemical tests. This aligns with the findings from previous research. For instance, Ballal *et al.*[47] identified *E. coli* as the predominant pathogen in 46.3% of diarrheal patients. Similarly, a study conducted in Orissa, India, by Samal *et al.* [48], indicated that *E. coli* accounted for 75.5% of bacterial enteropathogens among hospitalized patients, with 13.3% being pathogenic strains. In our investigation, we found that 48.9% of the samples contained *E. coli*, with at least frequency of one isolate in 64.4% of the collected samples.

Using PCR assays, our study reveals a higher prevalence of EAEC and ETEC, followed by EHEC, EPEC, DAEC, and EIEC among children with diarrheaand in communities across Bikaner. Out of 66 stool samples, 42 tested positives for DEC wherein EAEC were the most common pathotype, detected in 35.7% of cases, followed by ETEC (28.5%), EHEC (21.4%), EPEC (4.7%), DAEC (7.1%), and EIEC (2.3%). Among 24 sewage samples, 16 were tested positives for DEC pathotypes. EAEC was detected in 43.7% of samples, while ETEC and EHEC were observed in 31.2% and 25% of samples respectively. A study conducted in South India, which is consistent with our findings, identified EAEC as the most prevalent pathotype among children with diarrhea (14.7%), followed by ETEC and EPEC [49]. The present results also consistent with the previous study[50], wherein 50% of cases of persistent diarrhea were attributed to EAEC infection in India.

In the present study, the enrolled patients exhibited a uniform distribution of sexes. Among the study subjects, there were 80 (55.55%) male and 64 (44.44%) female. The data pertaining to children with diarrhea were further categorized into three age groups wherein group A comprised 77 (53.47%) individuals up to 24 months, group B included 38 (26.38%) individuals aged between 25 and 48 months, and group C encompassed over 29 (20.13%) individuals up to 60 months of age. The distribution of six DEC pathotypes namely EAEC, ETEC, EHEC, EPEC, DAEC, and EIEC was examined across these age groups. Remarkably, EAEC followed by ETEC and EHEC pathotypes were observed to be most dominant, while EPEC, DAEC, and EIEC pathotypes were found to be relatively less frequent.

A total of 22 (37.9%) enteroaggregative *E. coli* (EAEC) were detected in both stool and sewage samples. EAEC, the most recently identified DEC, is known to cause travelers'diarrhea and is the second most common type found in both developed and developing countries [51]. The presence of various serotypes, antibiograms, and virulence gene profiles among the isolates underscores the high genetic diversity of EAEC strains [29].Enterotoxigenic *E. coli* (ETEC) strains hold significance as the predominant strain among pediatric patients, particularly those under five years of age [52]. In our study, ETEC was detected in a total of 17 samples (29.3%). However, findings from a previous study reported a higher prevalence of ETEC among children under 12 months compared to those over 12 months [53]. The children under 2 years old were predominantly affected by EPEC infections [54]. Concurrently, Enteropathogenic *E. coli* (EPEC) accounted for 3.4% of diarrheal disease observed in the present study. Considering the present observation, the findings are noteworthy in two studies: one from northern India (Kashmir) claiming a prevalence of 7.6% [55] and the other from southern India (Mangalore) indicating an EPEC prevalence of 11% [56]. Additionally, the prevalence of Enteroinvasive*E. coli* (EIEC) in stool samples was 1.7%. In comparison, Diffuse adherent *E. coli* (DAEC) which was observed in 5.1% of cases.

CONCLUSION

The present study revealed a significant prevalence of diarrheagenic *E. coli* pathotypes, particularly EAECfollowed by ETECand EHEC in the Bikaner region of Rajasthan, India with a notably higher incidence among children under five. The detection rates of other DEC pathotypes, such as EPEC, EIEC, and DAEC, were relatively lower than those of EAEC, ETEC, and EHEC. This study represents the first report on the molecular epidemiology of DEC pathotypes in the Bikaner region. The high prevalence of EAEC followed by ETEC, and EHEC infections in children with diarrheaunder five highlights the need for targeted interventions and improved sanitation to reduce the burden of





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diarrheal diseases in this age group. The findings also emphasise the importance of molecular methods in accurately identifying DEC pathotypes, as traditional culture-based techniques may not always be sufficient. The use of monoplex and multiplex PCR assays targeting specific virulence genes can enhance the detection of DEC pathotypes and guide appropriate treatment strategies. This study provides valuable insights into the epidemiology of DEC infections in Bikaner and underscores the need for continued surveillance and research to develop effective prevention and control measures against diarrheal diseases in children.

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Table 1: Oligonucleotide sequences used in the study for selective amplification of DEC associated virulence genes and their amplicon sizes

| DEC | Target | Function | Primer sequence (5'-3 | 3′) | Produc | Referenc |
|---------|--------|----------------------|-----------------------|--------------|--------|----------|
| Pathoty | genes | | Forward (FP) | Reverse (RP) | t size | es |
| pe | | | | | (bp) | |
| EPEC | bfpA | Bundle-forming pilus | TTCTTGGTGCTTG | TTTTGTTTGTTG | 385 | 20 |
| | | | CGTGTCTTTT | TATCTTTGTAA | | |
| | eae | Intimin, promotes | CGGAAGCCAAA | TGACCAGAAGA | 917 | 21 |
| | | attachment | GCGCACAAGATT | AGCATCCACCG | | |
| | | | А | AA | | |
| ETEC | st | Heat-stable toxin | TTTATTTCTGTAT | ATTACA | 171 | 22 |
| | | | TGTCTTT | ACACAGTTCAC | | |
| | | | | AG | | |
| | lt | Heat-labile toxin | AGCAGGTTTCCC | GTGCTCAGATT | 130 | 23 |





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|--------------------------------|---|-------------------|
|--------------------------------|---|-------------------|

| | | 1 | | | | 1 | | | |
|------|--------|-------------------------|---------------|--------------|------|----|--|--|--|
| | | | ACCGGATCACCA | CTGGGTCTC | 190 | 24 | | | |
| | est | Heat-stable enterotoxin | | | | | | | |
| | | | GTATTAGTCTT | AGGCAGGATT | | | | | |
| EAEC | irp2 | Iron acquisition and | AAGGATTCGCTG | TCGTCGGGCAG | 287 | 25 | | | |
| | | virulence | TTACCGGAC | CGTTTCTTCT | | | | | |
| | aaiA | Type VI secretion | AACCGGAGATGC | GGATTGCCATT | 384 | 26 | | | |
| | | system (T6SS) | TGAAACTGCG | AGTAGTCACCA | | | | | |
| | | | | G | | | | | |
| | aggR | Aggregative adherence | CCTAAAGGATGC | TAACGCTGGAC | 663 | 27 | | | |
| | | and biofilm formation | CCTGATGATAA | ATGAGATAACC | | | | | |
| | pic | Mucin degradation and | GGGTATTGTCCG | ACAACGATACC | 1175 | 28 | | | |
| | | immune evasion | TTCCGAT | GTCTCCCG | | | | | |
| | aafA | Aggregative adherence | ATGTATTTTTAGA | TATTATATTGTC | 518 | 29 | | | |
| | | fimbriae | GGTTGAC | ACAAGCTC | | | | | |
| | pCVD43 | Plasmid-encoded | CTGGCGAAAGAC | CAATGTATAGA | 630 | 30 | | | |
| | 2 | regulatory gene | TGTATCAT | AATCCGCTGTT | | | | | |
| | | promotes biofilm | | | | | | | |
| | | formation and | | | | | | | |
| | | virulence | | | | | | | |
| EHEC | stx1 | Shiga-toxin-I | TTACAGCGTGTT | TTGTGCGTAAT | 470 | 21 | | | |
| | | Ŭ | GCAGGGATCAGT | CCCACGGACTC | | | | | |
| | | | | TT | | | | | |
| | stx2 | Shiga-toxin-II | GGCACTGTCTGA | TCGCCAGTTAT | 255 | 31 | | | |
| | | Ŭ | AACTGCTCC | CTGACATTCTG | | | | | |
| | hlyA | hemolysin A | GCATCATCAAGC | AATGAGCCAAG | 534 | 32 | | | |
| | 0 | 5 | GTACGTTCC | CTGGTTAAGCT | | | | | |
| DAEC | daaE | Adhesin, involved in | GAA CGT TGG | TAT TCA CCG | 542 | 33 | | | |
| | | diffuse adherence | TTA ATG TGG | GTC GGT TAT | | | | | |
| | | | GGT AA | CAG T | | | | | |
| EIEC | ipaH | Host cell invasion | GTTCCTTGACCG | GCCGGTCAGCC | 600 | 34 | | | |
| | · · | | CCTTTCCGATACC | ACCCTCTGAGA | | | | | |
| | | | GTC | GTAC | | | | | |

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Table 2: PCR Cycling conditions for multiplex PCR (mpPCR)

| PCR | Reagent of the PCR | Initial | Denaturati | Annealin | Extensio | Final |
|---------|--------------------|------------|------------|-----------|-----------|----------|
| steps | | denaturati | on | g | n | extensio |
| | | on | | | | n |
| mpPCR I | PCR buffer:10x | 90°C-95°C | 95°C | 50°C- | 72°C | 72°C |
| | MgCl2: 25mM | 2 min. | 30 sec. | 55°C | 1:30 min. | 10 min. |
| | dNTPs: 250µM | | | 1 min. | | |
| | Taq polymerase: | | | 30 cycles | | |
| | 2U/µl | | | | | |
| | FP and RP: 0.4µm | | | | | |
| | each | | | | | |
| mpPCR | PCR buffer:10x | 90°C-95°C | 95°C | 42°C- | 72°C | 72°C |
| Π | MgCl2: 25mM | 2 min. | 30 sec. | 48°C | 1:30 min. | 10 min. |
| | dNTPs: 250µM | | | 1 min. | | |





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| | Taq polymerase: | | | 30-35 | | |
|-------|------------------|-----------|---------|-----------|-----------|---------|
| | 2U/µl | | | cycles | | |
| | FP and RP: 0.4µm | | | | | |
| | each | | | | | |
| mpPCR | PCR buffer:10x | 90°C-95°C | 95°C | 50°C- | 72°C | 72°C |
| III | MgCl2: 25mM | 2 min. | 30 sec. | 55°C | 1:30 min. | 10 min. |
| | dNTPs: 250µM | | | 1 min. | | |
| | Taq polymerase: | | | 30 cycles | | |
| | 2U/µl | | | - | | |
| | FP and RP: 0.4µm | | | | | |
| | each | | | | | |

Table 3: Distribution of E. coli in children with diarrhea based on age, sex, and clinical features

| Variables | Categories | No. of positive % (n=66) | No. of negative% (n=78) |
|------------|-----------------------------|--------------------------|----------------------------|
| Sex | Male | 36(54.5) | 44(56.4) |
| | Female | 30(45.4) | 34(43.5) |
| Age | 0-12 months | 16(24.2) | 19(24.3) |
| | 13-24 months | 20(30.3) | 22(28.2) |
| | 25-36 months | 10(15.1) | 12(15.3) |
| | 37-48 months | 06(9) | 10(12.8) |
| | 49-60 months | 14(21.2) | 15(19.2) |
| Feed type | Breastfeed | 06(9) | 20(25.6) |
| | Breastfeed and formula milk | 28(42.4) | 38(48.7) |
| | Solid food | 32(48.4) | 20(25.6) |
| Stool type | Loose | 18(27.2) | 24(30.7) |
| | Watery | 32(48.4) | 30(38.4) |
| | Bloody | 2(3) | 14(17.9) |
| | Mucoid | 14(21.2) | 10(12.8) |

Table 4: Occurrence of E. coli in untreated community sewage samples from urban and rural areas

| Rural Sites | Latitude Longitude | | No. of positive (%) n=24 | No. of negative (%) n=16 |
|----------------------|--------------------|----------|-----------------------------|-----------------------------|
| 1. Udairamsar | 27.94006 | 73.30384 | 2(8.3) | 0 |
| 2. Bachhasar | 27.95756 | 73.19093 | 1(4.1) | 1(6.2) |
| 3. Palana | 27.84395 | 73.26208 | 2(8.3) | 0 |
| 4. Chak Chani | 27.87696 | 73.00800 | 2(8.3) | 0 |
| 5. Kotri | 27.86039 | 72.95937 | 1(4.1) | 1(6.2) |
| 6. Kolayat | 27.83491 | 72.95611 | 1(4.1) | 1(6.2) |
| 7. Madh | 27.85667 | 72.93063 | 1(4.1) | 1(6.2) |
| 8. Husangsar | 28.15676 | 73.41487 | 1(4.1) | 1(6.2) |
| 9. Barsnghsar | 27.81985 | 73.19961 | 2(8.3) | 0 |
| 10. Kanasar | 28.13366 | 73.31064 | 1(4.1) | 1(6.2) |
| Urban Sites | | | | |
| 11. Satellite | 28.02030 | 73.30385 | 1(4.1) | 1(6.2) |
| 12. Kothari | 28.02636 | 73.29809 | 1(4.1) | 1(6.2) |
| 13. Nagnechi | 27.99352 | 73.33565 | 2(8.3) | 0 |
| 14. Choukhuti | 28.02352 | 73.30927 | 2(8.3) | 0 |





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| 15. Kuchilpura | 28.02272 | 73.31440 | 1(4.1) | 1(6.2) |
|-------------------------------|----------|----------|--------|---------|
| 16. Bhutto ka chauraha | 28.03075 | 73.31459 | 0 | 2(12.5) |
| 17. Railway colony | 28.03130 | 73.30124 | 1(4.1) | 1(6.2) |
| 18. Dharnidhar | 28.00610 | 73.29435 | 1(4.1) | 1(6.2) |
| 19. Police-line | 28.02785 | 73.31314 | 1(4.1) | 1(6.2) |
| 20. Pugal-phanta | 28.02733 | 73.29853 | 0 | 2(12.5) |

Table 5: Distribution of virulence genes in *E. coli* isolates from stool samples and sewage samples.

| Virulence genes detected | Stool samples from children (%) n=42 | Sewage samples (%) | Total (%) |
|--------------------------|---|--------------------|-----------|
| virtuence genes detected | bloor sumples from emiliaren (70) fr 12 | n=16 | |
| irp2 | 11(26.1) | 5(31.2) | 16(27.5) |
| aafA | 2(4.7) | 1(6.2) | 3(5.1) |
| aaiA | 1(2.3) | 0 | 1(1.7) |
| pic | 1(2.3) | 0 | 1(1.7) |
| pCVD432 | 0 | 1(6.2) | 1(1.7) |
| aggR | 0 | 0 | 0 |
| bfpA | 2(4.7) | 0 | 2(3.4) |
| eae | 0 | 0 | 0 |
| stx1 | 4(9.5) | 1(6.2) | 5(8.6) |
| stx2 | 3(7.1) | 1(6.2) | 4(6.8) |
| hlyA | 2(4.7) | 2(12.5) | 4(6.8) |
| st | 9(21.4) | 3(18.7) | 12(20.6) |
| lt | 2(4.7) | 2(12.5) | 4(6.8) |
| est | 1(2.3) | 0 | 1(1.7) |
| daaE | 3(7.1) | 0 | 3(5.1) |
| ipaH | 1(2.3) | 0 | 1(1.7) |

Table 6: Distribution of DEC pathotypes with clinical features and risk factors in children with acute diaarhea

| DEC Pathotypes | Vari | ables | | | | | | | | | | | | |
|-----------------|------|--------|-------------------------------|-------|-------|-------|-------|--------------|--------|--------|--------|------------|-------------------------|-------|
| and detected | Sex | | Age (Months) Type of Diarrhea | | | | | Type of feed | | | | | | |
| virulence genes | Male | Female | 0-12 | 13-24 | 25-36 | 37-48 | 49-60 | Loose | Watery | Bloody | Mucoid | Breastfeed | Breastfeed & Formula | Solid |
| EAEC (n=15) | 9 | 6 | 3 | 4 | 5 | 2 | 1 | 6 | 7 | 1 | 1 | 4 | 7 | 4 |
| irp2 | 7 | 4 | 1 | 1 | 3 | 1 | 1 | 3 | 2 | - | 1 | 1 | 3 | 2 |
| aafA | 1 | 1 | - | 1 | 1 | - | - | 1 | 1 | 1 | - | 1 | 1 | 1 |
| aaiA | 1 | - | 1 | 1 | 1 | 1 | - | 1 | 2 | - | - | 1 | 2 | 1 |
| pic | - | 1 | 1 | 1 | - | - | - | 1 | 2 | - | - | 1 | 1 | - |
| EPEC (n=2) | 1 | 1 | 1 | - | 1 | - | - | 1 | 1 | - | - | - | 1 | 1 |
| bfpA | 1 | 1 | 1 | - | 1 | - | - | 1 | 1 | - | - | - | 1 | 1 |
| EHEC (n=9) | 6 | 3 | 3 | 1 | 2 | 2 | 1 | 3 | 4 | 2 | - | 2 | 4 | 3 |
| stx1 | 3 | 1 | 1 | 1 | 1 | - | 1 | 1 | 1 | 1 | - | 1 | 2 | 1 |
| stx2 | 2 | 1 | 1 | - | 1 | 1 | - | 1 | 2 | - | - | 1 | 1 | 1 |
| hlyA | 1 | 1 | 1 | - | - | 1 | - | 1 | 1 | 1 | - | | 1 | 1 |
| ETEC (n=12) | 7 | 5 | 3 | 2 | 4 | 1 | 2 | 5 | 4 | 1 | 2 | 3 | 4 | 5 |
| st | 5 | 4 | 1 | 1 | 2 | - | 2 | 3 | 1 | 1 | 1 | 1 | 2 | 2 |
| lt | 1 | 1 | 1 | 1 | 1 | 1 | - | 2 | 2 | - | 1 | 1 | 1 | 3 |





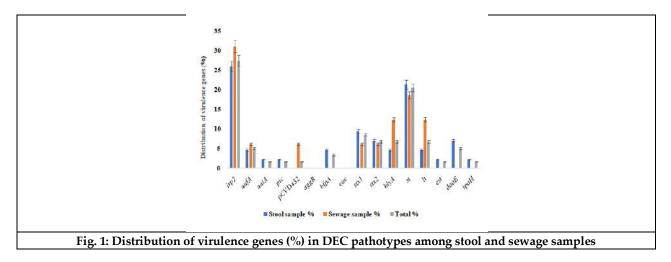
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| ALLESS | 15511. | 0970 |
|--------|--------|------|
| | | |

| est | 1 | - | 1 | | 1 | | | - | 1 | - | - | 1 | 1 | - |
|--------------|----|----|----|---|----|---|---|----|----|---|---|---|----|----|
| DAEC (n=03) | 2 | 1 | - | - | 1 | 1 | 1 | 1 | 2 | - | - | - | 2 | 1 |
| daaE | 2 | 1 | - | - | 1 | 1 | 1 | 1 | 2 | - | - | - | 2 | 1 |
| EIEC (n=01) | 1 | - | - | - | 1 | - | - | 1 | - | - | - | - | - | 1 |
| іраН | 1 | 1 | - | - | 1 | - | - | 1 | - | - | - | - | - | 1 |
| Total (n=42) | 26 | 16 | 10 | 7 | 14 | 6 | 5 | 17 | 18 | 4 | 3 | 9 | 18 | 15 |

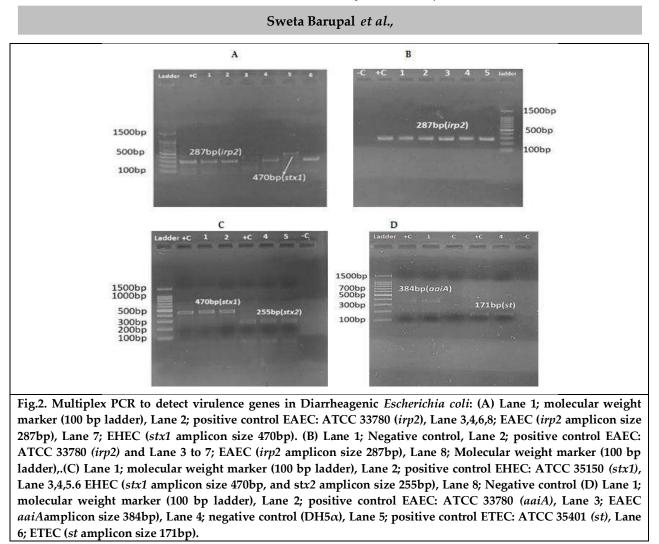
Table 7: Distribution of DEC pathotypes in sewage samples collected from rural and urban areas

| Virulence genes | No. of virulence genes from sewage samples (Rural areas) | No. of virulence genes from sewage samples (Urban areas) |
|-------------------|--|--|
| EAEC (n=7) | 5 | 2 |
| irp2 | 3 | 2 |
| aafA | 1 | - |
| pcvd432 | 1 | - |
| EHEC (n=4) | 3 | 1 |
| stx1 | 1 | - |
| stx2 | 1 | - |
| hlyA | 1 | 1 |
| ETEC (n=5) | 3 | 2 |
| st | 2 | 1 |
| lt | 1 | 1 |
| Total (Totaln=16) | 11 | 5 |













RESEARCH ARTICLE

A Study of Proximate, Mineral and Phytochemical Properties of Banana (*Musa* spp.) Pseudostem Waste

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ABSTRACT

Banana pseudostem has most important role in food industries due to its medicinal value, rich in mineral content and easy processibility. The present research study focused on proximate, physicochemical characterization and mineral analysis of Mahalaxmi, Robusta and Grand Naine banana pseudostem. The research study shows that all the three different cultivars contain high amount of moisture content (95%). Banana pseudostem is a high cellulosic and low lignin content lignocellulosicbiowaste. Among the three different banana pseudostem, Mahalaxmi banana pseudostem contain maximum cellulosic content (47.6%) and lowest lignin content (7.7%). The mineral content such as sodium, potassium, calcium, magnesium, phosphorous, manganese, iron and zinc content were estimated. The highest mineral content, calcium (1484.01 mg%), followed by potassium (869.86 mg%) and magnesium (260.51 mg%) were found in Mahalaxmi banana pseudostem as compared to Robusta and Grand Naine banana pseudostem. The WHC (19.3gm of water/g of dry substrate)and OHC (9.3 gm of oil/g of dry substrate) was found maximum in Robusta banana pseudostem. The maximum swelling power (9.3 (g of swollen particles/ g of dry substrate)obtain in Mahalaxmi banana pseudostem. The phytochemical analysis shows that the Alkaloid, Tannin, Flavanoid, Phytate and Protein content is present in Mahalaxmi, Robusta and Grand Naine banana pseudostem. However, the phytochemical study shows that no significant difference was observed in Mahalaxmi, Robusta and Grand Naine banana pseudostem.

Keyword: Banana pseudostem, proximate analysis, mineral content and phytochemical analysis.





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INTRODUCTION

Banana is one of the tallest monocotyledons herbaceous flowering plant of the genus *Musa*. Banana plant has belonged to the *Musaceous* family. Banana is the oldest and most economically important cultivated crop in the world. Carl Linnaeus in 1753 first named the genus *Musa*. Banana (genus *Musa*) are the second most important tropical and staple food crop in the world after oil palm^[1]. Banana pseudostem have high amount of holocellulose, ash content and low level of lignin content which is very important role in papermaking^[2]. Various studies show that unripe banana is a rich source of starch, which offer beneficial effects for the human health. The banana plant contains long overlapped leafstalk. Banana plat is grow in 130 countries of the world. In the World and India, 48.9 and 32 million tons of banana produce. In Gujarat, banana is cultivated in area of 61.9 thousand hector with an annual production of 3779.6 metric ton. Banana is a fourth most important food after paddy, wheat and milk product, in terms of gross value. Banana is a rich source of minerals, carbohydrate, potassium, phosphorous, calcium, iron, vitamin B and C. The central core of the banana is used as a vegetable in various South Indian cuisines.

Banana plant contain root, pseudostem, leaf and fruit. Banana is a monocotelidious plant, it produces only single bunch of banana fruit during the life cycle. After harvesting the fruit of banana, the stem is cut and left on the soil plantation which create the hazardous environmental problems. This agricultural rich lignocellulosic waste can be used in the in paper making, pulp, high quality dress material, cardboard, teabags, and currency notes^[3,4]. The aim of this paper is to study the proximate, mineral and physico-chemical properties of Mahalaxmi, Robusta and Grand Naine banana pseudostem.

MATERIALS AND METHODS

Materials

Three cultivar of banana (Grand Naine, Robusta and Mahalaxmi) were collected from local banana farm, Anand, Gujarat, India. Cetyltrimethyl ammonium bromide (CTAB), silver nitrate, potassium acetate, ferric nitrate, oxalic acid, hydrochloric acid, Sulphuric acid, ethyl alcohol, tertiary butyl alcohol, acetone, sodium lauryl sulfate, ethylene diaminetetraacetic acid (EDTA), borax, disodium phosphate, ethylene glycol, glacial acetic acid (GAA), copper sulfate, folin's reagent, all the chemicals were purchased from Himedia, Mumbai, India.

Banana pseudostem collection

The leaf sheaths were separated by cutting the banana pseudostem with the help of the knife. The soil particles were removed by washing treatment and dried in a hot air oven at 85°C for 5-6 h. The dried sheaths of pseudostem were ground to obtain 3-5 mm in length particle size substrate. The chemical analysis of banana pseudostem moisture, lignin, cellulose, hemicellulose, carbohydrate, protein, crude fat, and crude fibers) was evaluated.

Compositional analysis

The compositional analysis of three different varieties of banana pseudostem was evaluated according to method described by Van Soest*et al.*, $(1991)^{[5]}$. 1 gm of banana pseudostem substrate was mixed with 100 ml of ADS (acid detergent solution). ADS contains 20 g/l cetyltrimethyl ammonium bromide (CTAB) and 1N sulfuric acid (v/v). The banana pseudostem substrates were refluxed with the ADS for 1 hr. The treated substrate was filtered through the sintered glass crucible. The filtrated substrate was washed with warm distilled water followed by ethanol. The residues were dried at 110°C for 24 h and weighed to calculate the weight of ADF (acid detergent fibers).

 $ADF(\%) = \frac{Weight of crucible and acid treated fibers - Weight of crucible}{Initial weight of the substrate} X100$





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The lignin content of banana pseudostem substrate was determined by a mixture of permanganate solution. ADF were treated with potassium permanganate solution [potassium permanganate (50 g/l) and silver sulfate (0.05g/l)] and the buffer solution which contain 40% (v/v) tertiary butyl alcohol, 50% (v/v) GAA, 0.5% (w/v) potassium acetate, 0.015% (w/v) silver nitrate and 0.6% (w/v) ferric nitrate for 90 minutes. The demineralized solution (a mixture of 5% (w/v) oxalic acid, 5% (v/v) hydrochloric acid and 70% (v/v) ethanol) was used to treat the residue, to obtain the white fibers. The demineralized fibers were treated with warm distilled water and dried at 110°C for 24 h. The lignin content was calculated by using the following equation. The content of ash was evaluated by using muffle furnace at 500°C ±5°C for 6 hours. The remaining substrate residues were considered as an ash content and the loss in weight corresponded to the cellulosic amount.

$$Lignin(\%) = \frac{Weight of ADF residues - Weight of demineralised residue}{Weight of the initial residue} X100$$

The natural detergent fiber (NDF) was used to evaluate the content of hemicellulose of banana pseudostem. 1 gm of substrate was mixed with the NDF solution. The NDF solution contain 1% (w/v) sodium lauryl sulfate, 1.9% (w/v) ethylenediamine tetra acetic acid, 0.7% (w/v) borax, 1% (w/v) disodium phosphate and 1% (v/v) ethyl glycol added to avoid the formation of foam and maintain the neutral pH. The NDF solution and banana pseudostem substrate was refluxed for 1 hr. Thereafter, the treated substrate was washed with warm distilled water followed by 95% ethanol (v/v). The residues were filtered with the help of glass crucible, dried overnight at 110°C and weighed to calculate natural detergent fiber.

$$NDF(\%) = \frac{Weight of crucible and NDF residues - Weight of crucible}{Initial weight of the residue} X 100$$

The hemicellulosic content of banana pseudostem is calculated using the following equation Hemicellulose (%) =Weight of NDF residue (%) –Weight of ADF residue (%)

Moisture content and dry matter

The moisture content and dry matter of three different varieties of banana were evaluated by the oven dry method according to Wang *et al.*, (2016)^[6]. The initial weight of the banana pseudostem were recorded and the samples were dried in the oven at 105°C until constant weight obtained. The moisture content was calculated by the percentage difference between initial and final weight of the banana pseudostem. The remaining residues were considered as a dry matter.

$$Moisture (\%) = \frac{Initial \ weight \ of \ the \ sample - Final \ weight \ of \ the \ sample}{Initial \ weight \ of \ the \ sample} X \ 100$$

Extractive and Crude fat

The extractive of Mahalaxim, Robusta and Grand Naine banana pseudostems were determined according to TAPPI T 204 cm 97 (1997)(Pereira*et al.*, 2010)^[7]. Crude fat was examined by petroleum ether extraction method using soxhlet apparatus. The crude fat content was calculated by the following equation.

 $Crude fat = \frac{Final weight of the residues - Initial weight of the residues}{Initial weight of the residues} X 100$

Mineral analysis

The determination of mineral content of three cultivar of banana were evaluated by Inductively Coupled Plasma Optical Emission Spectrometer (ICP-OES) perkin Elmer, USA, Avio 200. **.7**



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Swelling power and solubility of banana pseudostem

The swelling power and solubility of banana pseudostem was examined according to slightly modified method described by Aziz *et al.*, (2011)[8]. 1 gm of banana pseudostem substrate was mixed with 20 ml of distilled water. The reaction system was stirred continuously on the magnetic stirrer at 90°C for 30 minutes. The mixture was centrifuged at 8000 rpm for 10 minutes. The supernatant was transferred into the petri plate and dried in the oven at 110°C, the pellet residues were weighed and considered as a swollen granule. The following equation was used to determine the solubility and swelling power of three cultivars of banana.

 $Solubility = \frac{Weight of dried residues}{Initial weight of the residues} X \ 100$

 $Swelling power = \frac{Weight of swollen granules}{Initial weight of the residue - Solubility} X100$

Water and oil holding capacity

The water holding capacity (WHC) and oil holding capacity (OHC) of three different cultivars of banana pseudostems were examined according to method described by Yadav *et al.*, (2016)^[9]. The WHC and OHC are very important parameter as it defines the quality of the food. 1 gm of substrate was mixed with 25 ml of water and olive oil to estimate the WHC and OHC. The reaction mixture was stirred continuously on the magnetic stirrer at room temperature for 30 minutes. The suspension was centrifuged at 8000 rpm for 10 minutes and weighed the residues. Water and oil holding capacity of banana pseudostem was calculated and expressed as a gram water and oil per gram of substrate.

Quantitative phytochemical analysis

Phytochemical such as flavonoid, alkaloid, phytate, tannin and phenolic impart color to vegetable and fruits. The phytochemicals play important role in antioxidant property and other physiological functions. Alkaloid content was analyzed by mixing 5 gm of substrates with 200 ml of 20% HCL (v/v). The reaction mixtures were incubated for 4 hours at 25°C. After the 4 h of incubation, the reaction system was filtered using whatmann filter paper No.42. The concentrated ammonium hydroxide was added drop wise in to the concentrated filtrates until the precipitate was complete. The precipitates were collected and rinsed with two time diluted ammonium hydroxide. The residues were collected on the pre-weighed filter paper. The residues were dried in the oven at 80°C. The amount of alkaloid was calculated using the following equation.

$$Alkaloid(\%) = \frac{Weight of filter paper and residues - Weight of filter paper}{Weight of sample} X 100$$

Flavonoid is a polyphenolic water soluble compound present in the plant kingdom as secondary metabolites (Chávez-González *et al.*, 2020)^[10]. The estimation of flavonoid was done by Aluminum chloride method described by Al Amri and Hossain (2018)^[11]. The different concentration (10 μ g/ml-100 μ g/ml) of banana pseudostem substrates were prepared by adding the methanol. The reaction system was mixed with 125 μ l water and 75 μ l 5% (w/v) sodium nitrate. The reaction system was mixed properly and incubated for 6 min. After incubation, 150 μ l of 10% (w/v) aluminum chloride was added and incubated for 5 min. After 5 min. of incubation, 500 μ l of 4% (w/v) sodium hydroxide and 275 μ l water were added. The absorbance was recorded at 510 nm against black by using SHIMARDZU 1800 UV-Vis spectroscopy. The content of flavonoids was determined concerning the standard curve quercetin. The flavonoid content is expressed in μ g of QE/g of banana pseudostem sample.

The tannin content of banana pseudostem was quantified using the method described by Bello*et al.*, (2013)^[12] with slight modification. 5 gm of substrate was mixed with 100 ml of petroleum ether and kept at room temperature for 24 h. Thereafter, the samples were filtered and petroleum ether was evaporated. The 5 ml filtrates were then mixed with





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2 ml of 0.1 M FeCl₃ in 0.1 N HCL and 8 mM potassium ferrocyanide. The absorbance was recorded using the spectrometer (SHIMARDZU UV-1800) at 725 nm. The amount of tannin was calculated using the following equation.

 $Tannin (\%) = \frac{Abs \ of \ the \ sample \ X \ tannin \ conc. \ in \ standard}{Weight \ of \ initial \ sample} X \ 100$

The estimation of phytate content in banana pseudostem was done by adding 2% (v/v) HCL (100 ml) with 0.2 gm of pseudostem substrate. The solutions were kept for 3 h at room temperature. Thereafter the solutions were filtered and 50 ml of filtrates were mixed with 100 ml of distilled water. This solution was titrated against FeCl₃ with 0.3% (w/v) ammonium thiocynate (10 ml) as an indicator until a brownish yellow color appeared. The phytate concentration was calculated using the following equation.

 $Phytic \ acid = \frac{Titrate \ value \ X \ 0.00195 \ X \ 1.19X \ 100}{Initial \ weight \ of \ sample}$

Where, 0.00195 is a gm of iron per ml and 1.19 is the mg of phytin phosphorous per ml.

Phenolic content was evaluated by Folin-Ciocalteu test using the method described by Molina-Cortes *et al.*, $(2019)^{[13]}$. 0.4 ml of the extracted samples of three different banana pseudostems were mixed with 4 ml of distilled water followed by 0.4 ml of Folin-Ciocalteu reagent. The solutions were incubated for 10 min. at room temperature in dark condition. Thereafter, 4 ml of Sodium carbonate (7% w/v) was added into the reaction system and the solutions were mixed properly and incubated for 90 minutes at room temperature in the dark environment. Gallic acid (GA) is used as a standard and distilled water is used as a blank. The absorbance was recorded in spectrophotometer (SHIMARDZU UV 1800) at the wavelength 730 nm. The phenolic content was expressed as mg equivalent of gallic acid per gm of banana pseudostem sample (mg GAE/g).

RESULTS AND DISCUSSION

Proximate analysis

The proximate composition of three different varieties of lignocellulosic banana pseudostem (Robusta, Grand Naine and Mahalaxmi) is shown in Table 1. The chemical composition of banana pseudostem varies with the species of banana pseudostem, age of plant, plantation soil and environmental condition[14,15]. Cellulose, hemicellulose and lignin are the main constitutes of banana plant cell wall[16].

Among these plant fibers, lignin is a very strong component which cannot be easily digested. Cellulose is a major constituent of banana plant followed by hemicellulose and lignin. The result shows that the banana pseudostem is a rich source of cellulose. The highest cellulosic content was found in species of Mahalaxmi (47.6%) followed by Grand Naine (42.7%) and Robusta (40.9%). Cellulose is a main component of the primary and secondary cell wall of banana pseudostem due to that banana plant is highly cellulosic in nature. Similar results were also observed by many researchers. Jayaprabha*et al.*, (2011)^[14] reported 46.3% cellulose in Nendran banana plant. Preethi and Balakrishna (2011)^[17] reported 48.19% cellulose in Grand Naine banana pseudostem. Viswanathan*et al.*, (1989)^[18] reported the 35.9% cellulose content in Robusta which is 5% lower value than our research study. The variation in the lignocellulosic content may be due to the climate and soil.

Hemicellulose is a second most important component in the banana pseudostem. Hemicellulose content was found in the range of 23% - 29% in banana pseudostem. The highest hemicellulosic content found in the Mahalaxmi banana pseudostem (29.4%) followed by Robusta (28.9%) and Grand Naine (23.3%). Similar results were also observed by Viswanathan et al., (1989)^[18] for Robusta. They found 21.9% hemicellulose in stalk of *Musa cavendishi*. Banana plant have lower lignin content as compared to other natural fibers such as jute and coir ^[15].





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Mahalaxmi banana plant contains 7.7% lignin, Robusta contain 9% lignin and 8.8% lignin found in Grand Naine. Poyyamozhi and Kadirvel (1986)[19] reported the lowest lignin component 9-10% in Robusta. Viswanathan et al., (1989) [18] also found the 9.4% lignin component in Robusta species. The lignin content of Mahalaxmi, Robusta and Grand Naine is lower than the lignin content of *M. acuminate* Colla (12.7%), as reported by Cordeiro *et al.*, 2004[20]. Shivashankar*et al.*, (2006)[3] found 2.2-time higher lignin content in Robusta (20.23%). The ash content was found in the range of 2.7% - 4.5%. The highest ash content was observed in Mahalaxmi banana plant (4.5%) and the lowest in Grand Naine (2.7%). The evaluation of ash content indicates that the Mahalaxmi banana plant contain high mineral level than the Robusta and Grand Naine. Jayaprabha*et al.*, (2011)[14] found 2.8% ash content in pith removed pseudostem and 10.7% ash content in whole pseudostem sheaths. The ash content of all the three different varieties of banana pseudostem in the present study is similar to the ash content of the *Musa cuminata* balbisianaColla (3%), as reported by Aziz *et al.*, (2011)[8].

Moisture content and dry matter

Table 1 shows the moisture level and dry matter of Mahalaxmi, Robusta and Grand Naine banana pseudostem. Three different cultivars of banana pseudostem have moisture content in the range of 94% - 96%. No significant difference was observed in the moisture content of three different varieties of banana pseudostem. High moisture level favors the quality and yield of the banana pseudostem fiber. Shivashankar*et al.*, (2006)^[3]reported 93.2% - 94.6% moisture content in banana pseudostem. The highest dry matter was recorded in Mahalaxmi banana plant 6% and 4.4% in Robusta and Grand Niane. Poyyamozhi and Kadirvel (1986)^[19] reported 8.6% dry matter in Robusta banana plant.

Crude fat and extractive

The crude fat content was found in the range of 5% - 6.7% (Table 1). The maximum crude fat (6.7%) content was recorded in Grand Naine banana pseudostem followed by Mahalaxmi (5.8%) and Robusta (5.0%). Aziz *et al.*, (2011)^[8] found very low fat content (0.24%) in *Musa cuminatax* balbisiana Colla. The extractive found in the range of (3.9% - 4.7%). The highest extractive found in Robusta (4.7%) followed by Grand Naine (4.2%) and Mahalaxmi cultivar (3.9%). Similar results were also reported by Rahman *et al.*, (2014) [21] for *Musa paradisica*(3.25%). Khan *et al.*, (2013)[22] found 3.52% extractive in banana pseudostem.

Carbohydrate and Protein content

Carbohydrate content was found in the range of 2.1 - 2.7 mg%. There was no significant difference of carbohydrate content was found in all three different varieties of banana plant. The maximum carbohydrate content was found in Grand Naine (2.7 mg%) followed by Robusta (2.5 mg%) and Mahalaxmi (2.1 mg%). The crude protein content was observed in the range of 80 -190 mg%. The research study shows that the Grand Naine have highest crude protein content (190 mg%). The crude protein content of Mahalaxmi and Robusta were observed to be 80 and 102 mg% respectively. Garget al., (2023)[23] reported 2.8% crude protein content is present in banana pseudostem.

Mineral analysis

Banana plant is a rich source of minerals. Table 2 shows the mineral content of three different cultivars of banana pseudostem. The mineral value of banana pseudostem varies with the species of cultivar, stage of maturation and sample preparation and analysis. Sodium, potassium, magnesium, calcium and phosphorous are the macro-elements present in banana pseudostem. Amongst the different minerals, Calcium content was found to be maximum (1484.01, 1357.23 and 1298.67 mg/100 g of dry substrate) in all the three different varieties of banana (Mahalaxmi, Robusta and Grand Naine) respectively. Other macro-elements such as potassium was found in the range of (789.23-869.86 mg/100 g of dry substrate) followed by magnesium (260.51-301.84 mg/100 g of dry substrate), sodium (235.81-265.54 mg/100 g of dry substrate) and phosphorous (198.78-215.84 mg/100 g of dry substrate) in all the three different cultivars of banana. Ho *et al.*, (2012)^[24] reported similar result for *Musa acuminate* X *balbisiana cv*. They found 1335.33mg/100 g of dry substrate calcium followed by potassium 944.12 mg/100 g of dry substrate, sodium 444.12 mg/100 g of dry substrate. Selema





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and Farago (1996)[25] reported highest potassium content 3810 mg/100 g of dry substrate in banana pseudostem of *Musa paradisiaca*.

Swelling capacity and Solubility of banana pseudostem

Swelling capacity and solubility of banana pseudostem is depicted in a Table 3. The swelling power is defined as the capacity of the starch present in the dry substrate to absorb the liquid molecules. The swelling capacity and solubility of the substrates depend on the chemical structure, particle size, pH and temperature. The highest swelling power was found in Mahalaxmi banana pseudostem 9.3 g of swollen particles/g of dry substrate and Robusta have lowest swelling capacity 7.3 g of swollen particles/g of dry substrate. Bello-Perez *et al.*, (1999)^[26] reported that at the higher temperature the solubility enhances the swelling power of the substrate. Aziz *et al.*, (2011)^[8] obtained 13.82 g swollen particles/g of dry substrate. Robusta have highest solubilized granules 3.6% in comparison to Mahalaxmi and Grand Naine. According to results, there is no significant difference found in the solubilized particle of Mahalaxmi 2.7% and Grand Naine 2.8%.

Water and Oil absorption capacity

Water and oil holding capacity defined as the potentiality of one gram of dry substrate to hold or retain water and oil with in its matrix under specific condition. Table 4 shows the water and oil holding capacity of the three banana cultivars. Water absorption capacity of banana pseudostem is found in the range of 10-19 gm of water/g of dry substrate. Grand Naine shows significantly higher water absorption capacity of 19.3 gm of water/g of dry substrate in comparison to Robusta 13.6 gm of water/g of dry substrate and Mahalaxmi 10.7 gm of water/g of dry substrate. Grand Naine cultivar have high water holding capacity which may be attributed to the high amount of the protein content or the presence of arabinoxylans. Arabinoxyalns are free from the plant cell wall and have good capacity to absorb the water molecules (Choct, 1997)^[27]. Aziz *et al.*, (2011)^[8] reported 10.66 gm of water/g of dry substrate water holding capacity for *Musa acuminate* which is 1.8 time lower than the results obtained in our study for Grand Naine and Robusta.

The oil absorption capacity was found in the range of 4.1- 9.3 gm of oil/g of dry substrate. The maximum oil adsorption capacity was found in the Grand Naine banana pseudostem 9.3 gm of oil/g of dry substrate followed by Robusta and Mahalaxmi 6.4 and 4.1 gm of oil/g of dry substrate respectively. The maximum oil holding capacity is because of the protein content. The presence of protein enhances the oil absorption capacity by entrapping the oil particles[9,28]. Aziz et al., (2011)[8] also found a similar oil holding capacity for the Musa acuminate 5.48 gm of oil/g of dry substrate.

Phytochemical analysis

Alkaloid is a secondary metabolite, which play an important role in human diet. Alkaloids exhibit many important characteristics such as anti-microbial, anti-insecticidal, anti-parasitic, anti-plasmodial and anti-oxidative. Table 5 represents the alkaloid content of three different varieties of banana pseudostem. The research study shows that the maximum amount of alkaloid content was found in Mahalaxmi banana pseudostem (7.8%) followed by Grand Naine (6.6%) and Robusta (6.2%). Onyema*et al.*, (2016)[29] reported 8.16% alkaloid content for banana pseudostem of *Musa accuminata*.

The flavonoid content of Mahalaxmi, Robusta and Grand Naine is exhibited in Table 5. The present research analysis shows that the flavonoid content of Mahalaxmi, Robusta and Grand Naine found in the range of 4.7-7.5 μ g QE/g of banana pseudostem powder. The maximum flavonoid content was obtained in Mahalaxmi banana pseudostem 7.5 μ g QE/g of banana pseudostem powder. The Grand Naine banana pseudostem contains 6.2 μ g QE/g flavonoid content. However, the lowest amount of flavonoid was found in Robusta banana pseudostem (4.7 μ g QE/g of banana pseudostem powder). Tannin are the class of phytochemicals found in the plant. They are known for their beneficial effects on the metabolism of protein and in enhancing the absorption of the amino acids in the small intestine[30]. The tannin content of three different varieties of banana pseudostem is shown in Table 5. Mahalaxmi banana





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pseudostem contains maximum amount of tannin content (12.4%) than the Robusta (10.3%) and Grand Naine (9.5%). Onyema*et al.*, (2016)[29] reported 9.13% tannin content for banana pseudostem of *Musa acuminata*.

Table 5 shows the phytate content of the Mahalaxmi, Robusta and Grand Naine banana pseudostem. The result shows that there was no significant difference observed between the three different varieties of banana pseudostem. Mahalaxmi banana pseudostem contains maximum phytate content (37.57 mg/100 g) followed by Robusta (35.75 mg/100 g) and Grand Naine (33.6 mg/100 g). Ramu*et al.*, (2017)[31] found similar result for *Musa* sp. CV. Nanjangud Rasa Bale). They reported 34.56 mg/100 g phytate content for banana pseudostem. The phenolic content of three different varieties of banana pseudostem (Mahalaxmi, Robusta and Grand Naine) is found in the range from 60.43 - 76.57 mg GAE/g. The result shows that amongst the three different cultivars, Mahalaxmi showed higher total phenolic content (76.57 mg GAE/g). Grand Naine showed 65.82 mg GAE/g total phenolic content and Robusta showed very low phenolic content (60.43 mg GAE/g). Ramu*et al.*, (2017)[31] reported 188.64 mg/100 g of phenols in banana pseudostem of *Musa* sp. CV. Nanjangud Rasa Bale. Saravanan and Aradhya, (2011)[32] found phenolic content in the range of 7.58 - 291 mg GAE/g of extract for eight different cultivars.

CONCLUSION

In the present study, three different cultivars of banana were collected from the local farm. Banana pseudostem is a main lignocellulosic waste of banana plant. The proximate analysis of banana pseudostem varies with the species of banana. Among three different cultivars of banana, Mahalaxmi has the highest cellulosic matter and lowest lignin content. A cellulose rich banana pseudostem fibers can be extracted from Mahalaxmi banana pseudostem and can be utilizing in the making of paper and in preparation of other cellulose derivatives. The banana pseudostem of all the cultivars has high nutritional value which allows their utilization as an animal feed. Banana pseudostem also contains good amount of phytochemical which enhances the medicinal properties.

DECLARATIONS

Ethics approval: Not applicable Consent to participate: Not applicable Availability of data and material: Not applicable Funding: Not applicable Acknowledgement: Not applicable Conflict of interest: Authors declares no conflict of interest.

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| Table 1. Compositional analysis of balana pseudostenis. | | | | |
|---|----------------|-----------------|----------------|--|
| | Mahalaxmi | Robusta | Grand Naine | |
| Cellulose (%) | 47.6 ± 0.8 | 40.9 ± 1.1 | 42.7 ± 1.2 | |
| Hemicellulose (%) | 29.4 ± 1.3 | 28.9 ± 0.5 | 23.3 ± 1.9 | |
| Lignin (%) | 7.7 ± 0.5 | 9.0 ± 0.2 | 8.8 ± 2.3 | |
| Ash (%) | 4.5 ± 0.5 | 3.5 ± 0.07 | 2.7 ± 0.6 | |
| Extractive (%) | 3.9 ± 0.2 | 4.7 ± 0.4 | 4.2 ± 0.1 | |
| Crude fat (%) | 5.8 ± 0.2 | 5.0 ± 0.3 | 6.7 ± 0.2 | |
| Moisture content (%) | 94.0 ± 0.02 | 95.5 ± 0.03 | 95.6 ± 0.9 | |
| Dry matter (%) | 6.0 ± 0.02 | 4.4 ± 0.06 | 4.4 ± 0.2 | |
| Carbohydrate (mg%) | 2.1 ± 0.05 | 2.5 ± 0.1 | 2.7 ± 0.1 | |
| Protein (mg%) | 80 ± 6.5 | 102 ± 3.9 | 190 ± 8.1 | |

Table 1. Compositional analysis of banana pseudostems.

All the values shown in the table are the mean of triplicate

Table 2. Mineral contents of three cultivars of banana pseudostem.

| Minerals | Mahalaxmi | Robusta | Grand Naine |
|-------------|--------------------|-------------------|-------------------|
| Sodium | 265.54 ± 6.3 | 258.74 ± 2.7 | 235.81 ± 7.1 |
| Potassium | 869.86 ± 8.40 | 789.23 ± 16.2 | 812.46 ± 1.4 |
| Calcium | 1484.01 ± 5.98 | 1357.23 ± 0.2 | 1298.67 ± 9.2 |
| Magnesium | 260.51 ± 13.50 | 301.84 ± 2.3 | 298.54 ± 0.06 |
| Phosphorous | 198.78 ± 6.77 | 215.84 ± 3.6 | 201.85 ± 7.4 |
| Manganese | 3.1 ±0 0.77 | 2.8 ± 0.14 | 2.1 ± 0.07 |
| Iron | 7.6 ± 0.56 | 6.8 ± 0.07 | 7.1 ± 0.07 |
| Zinc | 8.2 ± 0.77 | 8.9 ± 0.28 | 7.8 ± 0.1 |

All the values shown in the table are the mean of triplicate

All the values are given mg/100g of dry substrate

Table 3. Swelling capacity and solubility of three different banana cultivars.

| Different variety of banana pseudostem | Swelling power (g of swollen particles/ g of dry substrate) | Solubility (%) |
|--|--|----------------|
| Mahalaxmi | 9.3 ± 0.2 | 2.7 ± 0.1 |
| Robusta | 7.3 ± 0.1 | 3.6 ±0.2 |
| Grand Naine | 8.4 ± 0.2 | 2.8 ± 0.07 |

All the results shown in the table are mean of the triplicate.

Table 4.Water and Oil holding capacity of banana pseudostems.

| Different variety of banana pseudostem | WHC (gm of water/ g of dry substrate) | OHC (gm of oil/ g of dry substrate) |
|---|--|--|
| Mahalaxmi | 10.7 ± 0.1 | 4.1 ± 0.1 |
| Robusta | 13.6 ± 0.07 | 6.4 ± 0.1 |
| Grand Naine | 19.3 ± 0.1 | 9.3 ± 0.07 |

All the results shown in the table are mean of the duplicate.

Water holding capacity (WHC) and oil holding capacity (OHC).





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|------------------|-------------------|
|------------------|-------------------|

| Table 5. Phytochemical analysis | of banana ps | eudostem | |
|---------------------------------|--------------|----------|--|
| Phytochomicals | Mahalarmi | Robusta | |

| Phytochemicals | Mahalaxmi | Robusta | Grand Naine | | |
|--------------------------------|-----------|---------|-------------|--|--|
| Alkaloid (%) | 7.85 | 6.2 | 6.6 | | |
| Flavonoids (mg QE/g substrate) | 7.65 | 4.75 | 6.0 | | |
| Tannin (%) | 12.4 | 10.3 | 9.5 | | |
| Phytate(mg/100 gm) | 37.57 | 37.42 | 33.6 | | |
| TPC (mg GAE/g) | 76.57 | 60.43 | 65.82 | | |





RESEARCH ARTICLE

Image Normalization with Noise Removal for Early Neurodegenerative Disease Detection

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ABSTRACT

Automated retinal layer segmentation has become a key technique for the early detection of neurodegenerative diseases such as Alzheimer's and Parkinson's. the dataset was collected from Kaggle repository. This study introduces a novel algorithm, the Bilateral Noise Element Neural Network (BNENN), designed to enhance segmentation accuracy and noise removal in retinal images, Alzheimer's and Parkinson's. The BNENN algorithm integrates bilateral filtering with neural network architecture to effectively suppress noise while preserving critical structural details in retinal images. By utilizing the advanced pattern recognition capabilities of neural networks, the proposed method achieves robust segmentation of retinal layers, even in the presence of significant noise and artifacts. The implementation has done with python. Experimental results on a diverse dataset demonstrate the superior performance of the BNENN algorithm in accurately segmenting retinal layers and removing noise, outperforming Innovative methods in terms of segmentation accuracy and robustness.

Keywords: Automated retinal layer segmentation, Alzheimer's, Bilateral Noise Element Neural Network, Neurodegenerative diseases, Parkinson's.





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INTRODUCTION

Front Temporal Dementia (FTD) and other neurodegenerative disorders cause cognitive and behavioral decline over time [1]. After years of asymptomatic progression, during which aberrant proteins gradually build up in the brain, neurodegenerative processes cause function loss [2]. This is followed by these alterations. Intervention with treatments that can delay or prevent the start of these illnesses might be possible if presymptomatic alterations in people could be reliably identified [3]. Nevertheless, it can be difficult to identify a group of presymptomatic people who are certain to get dementia. Researchers often look at those who can develop uncommon autosomal dominant dementias [4]. We can compare carriers and non-carriers at different stages of the illness because half of these people have the mutation. The frontal and temporal lobes, together with the insula, are involved early in all mutations, as the name suggests. Differences can be seen as early as 10 years before the typical age of symptom start [5-6]. On the other hand, other structures, such the thalamus, seem to be involved to varying degrees in the early stages of the illness [7]. Many types of FTD manifest clinically as an imbalance between the afflicted hemispheres, with greater atrophy within the affected hemisphere lending credence to this observation [8]. On the other hand, the afflicted side isn't always the same, and sometimes there isn't even any sign of an imbalance. It is important to consider this imbalance when trying to identify early alterations with any sensitivity [9] since it is likely to begin early in the illness process.

Nerve cells in the substantia nigra degrade in neurodegenerative disorders (NDDs), which affect the brain's ability to produce dopamine [10]. Movement problems are caused by this degeneration, which impacts the synthesis of dopamine [11]. Most people with Parkinson's disease have stiffness, bradykinesia, resting tremor, postural instability, and trouble walking [12]. Characteristic clinical features of HD include chorea, clumsiness, and stumbling [13]. In addition to the usual muscular atrophy, ALS can cause twitches and cramps, which can make walking difficult [14–15]. For all three diseases, the degree to which a person can walk depends on the severity of their illness. Diagnosing NDDs and gauging the degree of illness in an individual patient can be aided by analyzing gait characteristics. For patients to have access to the appropriate therapies, medications, and care, accurate diagnosis of NDDs is the most critical criteria [16–18]. It is also important to tailor motor symptom therapy to the patient's illness severity. Furthermore, it alters their appearance, which can result in incorrect diagnoses and a significant decline in patients' quality of life [19-21]. Disease identification and severity prediction can be assisted by AI-based models that use gait data. Even though there are a few of these models, most of them use one-dimensional gait data that has been analyzed and modified to identify disorders [22–26].

The main contribution of the paper is:

Image denoising using BNENN

The following is the organizational scheme for the rest of this work. In Section 2, many writers discuss various methods for detecting neurodegenerative diseases. In Section 3, the GMBF model is shown. Section 4 presents the results of the investigation. Results and future goals are discussed in Section 5, which finishes the section.

Motivation of the paper

An important motivation for this research is the critical requirement for reliable automated retinal layer segmentation in the detection of neurodegenerative diseases in their early stages, including Alzheimer's and Parkinson's. A new approach that successfully eliminates noise from retinal images while also greatly improving segmentation accuracy is the Bilateral Noise Element Neural Network (BNENN) method. With its combination of bilateral filtering and sophisticated neural network architecture, BNENN achieves better performance than previous approaches by overcoming noise and artifacts. Showing its potential influence on clinical applications, the end objective is to provide doctors a powerful tool to better early illness identification and monitoring.





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Background study

Baldacci, F. et al. [1] Numerous subtypes and clinical manifestations were produced by NDD, which were CNS proteinopathies, according to the kind, location, and dynamic spatio-temporal distribution of abnormal proteins. Potential pathophysiological disease biomarkers that might reveal pathogenetic processes at work in the early, asymptomatic phases of illness include the changed, misfolded proteins characteristic of NDD. Chudzik, A. et al. [3] Artificial Intelligence (AI) and digital technologies hold great promise for improving the speed and accuracy of neurodegenerative disease identification. This might pave the way for earlier therapies that halt the illness's development. Research was ongoing to confirm if digital biomarkers and prediction models powered by AI can effectively detect neurodegenerative disorders in their early stages. By analyzing trends in patient data, these technologies have the potential to create more tailored treatment programs.

Cicirelli, G., & D'Orazio, T. [4] in most cases, doctors or highly trained physiotherapists will only watch patients. The goal was to provide medical professionals with a tool that can aid in the diagnosis of neurodegenerative diseases utilizing this kind of automated system, which requires minimal human intervention and greatly facilitates remote analysis. Cury, C. et al. [6] In order to pinpoint potential presymptomatic variations in the thalamic shape, the author used a new approach of statistical shape analysis on a group of people with hereditary FTD. These authors research leads us to believe that variations become apparent five years before to the anticipated start of symptoms. These alterations were also discovered by volumetric analysis and these authors original shape analysis, but these authors technique demonstrated significance that persisted after multiple comparison correction.

Doroszkiewicz, J. et al. [7] the author highlight what was currently known about the most common genetic abnormalities and molecular markers that can be used to diagnose some NDs early on. In this article, the author will go over some of the newly discovered genes, molecular markers, and proteins in the fields of genetics and biochemistry. According to the data presented here, microRNAs (miRNAs) have the potential to be a "perfect biomarker" for neurological diseases. Fazlali, P. et al. [9] The author summarize what was currently known about the most common genetic abnormalities and molecular biomarkers for the early identification of certain NDs in this article. Newly discovered genes, molecular markers, and proteins in the fields of genetics and biochemistry were covered in this article. Based on what the author know about miRNAs from this review, they seem to be a "perfect biomarker" for neurological diseases. Kumar, A. et al. [13] The main reasons for NDs were the molecular alterations and reactions. Most of the studies conducted in this area center on studying genetic mutations, toxic protein accumulation, and neurotoxic chemical synthesis. According to the findings and discussion in this paper, nanotheranostics has great promise for the treatment of several neurodegenerative diseases. Modeling neurodegenerative diseases in animals, cells, and humans using nanotheranostics techniques has changed the game.

Makdissi, S. et al. [15] in the context of NDs, the microbiota-gut-brain axis was gaining more and more recognition. Nevertheless, further investigation was required to clarify the mechanisms by which bacteria interact with the host and to comprehend the interplay of the dietary factors, the microbiota, and the intestinal epithelium.

Problem definition

Existing methods such as GAN and **Bilateral Filter** approaches often face challenges in effectively suppressing noise while preserving critical structural details in retinal images. These methods can struggle with robust segmentation accuracy, especially in the presence of significant noise and artifacts, thereby limiting their efficacy in automated retinal layer segmentation for early neurodegenerative disease detection.

MATERIALS AND METHODS

In this section, we present the proposed method, the Bilateral Noise Element Neural Network (BNENN), designed for automated retinal layer segmentation and noise removal in the context of early neurodegenerative disease detection.





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Dataset collection

The dataset was collected from Kaggle website https://www.kaggle.com/datasets/tourist55/alzheimers-dataset-4-class-of-images

Image denoising using bilateral noise element neural network

One Recent advances in technology for image denoising is the Bilateral Noise Element Neural Network (BNENN). It is especially useful in retinal imaging, which is essential for the early diagnosis of neurodegenerative diseases. This fresh method combines neural network-based pattern recognition with bilateral filtering, which is well-known for its noise reduction and edge preservation capabilities. BNENN stands out when it comes to improving image quality. It does a great job of eliminating noise while keeping important structural features, which leads to very accurate segmentation. In this study, we claim that deterministic hidden units can be transformed into stochastic ones by introducing noise into them. Injecting noise into the training process causes the optimizer and the model to exhibit stochastic behavior. Using well-defined probabilistic formulations, we can assess the typical training technique and offer alternatives for improved optimization by characterizing deterministic hidden units with noise as stochastic hidden units.

 $z = g(h_{\emptyset}(x), \in) \sim p_{\emptyset}(z|x)$ (1)

We use the notation $h_{\emptyset}(x)$ to indicate the hidden unit activations which take input x and model parameters \emptyset . Combining the activation with noise—which is often derived from a certain probability distribution, such as the Gaussian distribution—creates a noise injection function. This assumption, when coupled with dropout, produces noise in the form of randomly selected hidden units in a layer and a randomly generated variable *z* representing the hidden layer's activation for a certain sample of dropout.

A neural network training with stochastic hidden units (z) must maximize the marginal likelihood over all of them if $L_{marginal} = log E_{p_{\phi}(z|x)}[P_{\theta}(y|z,x)]$ ------(2)

The probability of ground-truth y given input x and hidden units z is denoted as $P_M E_{p_{\phi}(z|x)}$, where M is the parameter of the output prediction model.

We use the reparameterization approach from for marginalization of noise-constructed stochastic hidden units. The marginalization is carried out over noise, which is provided by, and Eq. (2) is used in lieu of the random variable *z*. $L_{marginal} = log E_{p(e)}[p_{\emptyset}(y|g(h_{\emptyset}(x), \in), x)]$ -------(3)

where p() is the noise distribution. The optimization of the marginal likelihood over noise is necessary for training a noise-injected neural network, according to Eq. (3).

Algorithm 1: Bilateral noise element neural network

Input:

- Noisy input image (*X*_{noisy})
- Ground truth clean image (X_{clean}) for supervised learning
- Parameters for bilateral filtering and neural network architecture
- Training data (optional)

Procedure:

- Apply bilateral filtering to the input image (*X*_{noisy}) to reduce noise while preserving edges and structural details.
- Optionally, train the BNENN model using supervised learning with pairs of noisy input images (*X*_{noisy}) and corresponding clean images (*X*_{clean}).





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Bilateral Filtering:

- The bilateral filter smooths an image while preserving edges by taking into account both spatial proximity and intensity similarity between pixels.
- The filtered pixel value I(x) at position xx is computed as:

 $I'(x) = \frac{1}{w(x)} \sum_{y \in S} I(y) \cdot G_{\sigma_s}(x - y) \cdot G_{\sigma_r}(|I(x) - I(y)|)$

where:

- I(x) and I(y) are the intensity values of pixels at positions x and y, respectively.
- w(x) is the normalization factor.
- G_{σ_s} and G_{σ_r} are Gaussian kernels for spatial and intensity domains, respectively.
- *S* is the spatial neighborhood of pixel *x*.

Output:

• Denoised output image (X_{denoised})

RESULTS AND DISCUSSION

The implementation has done with python, in this section, we explore into the results from the application of the Bilateral Noise Element Neural Network (BNENN) algorithm for automated retinal layer segmentation and noise removal. Figure 2 illustrates the effectiveness of the Bilateral Noise Element Neural Network (BNENN) in enhancing brain images for neurodegenerative disease detection. The left panel shows the original brain input image, which contains noise and artifacts that obscure critical structural details. The right panel displays the same image after denoising with the BNENN algorithm, which integrates bilateral filtering with a neural network to suppress noise while preserving essential details. Figure 3 presents a retinal input image used for automated retinal layer segmentation in the early detection of neurodegenerative diseases. Captured using advanced retinal imaging techniques like optical coherence tomography (OCT), the image reveals multiple distinct retinal layers essential for visual function. Figure 4 presents a spiral input image used in the assessment of Parkinson's disease. This image is derived from a drawing task where individuals are asked to draw or trace a spiral, a test commonly used to evaluate motor function. The spiral pattern reveals critical details about the subject's motor control, such as tremors, irregularities, and deviations, which are characteristic of Parkinson's disease.

The table 2 and figure 5 shows comparing the denoising methods for Alzheimer's Disease (AD) images, three techniques—GAN, Bilateral Filter, and BNENN—were evaluated using PSNR, SSIM, and RMSE metrics. The BNENN method consistently outperformed the other methods. For the image 100.jpg, BNENN achieved a PSNR of 20.64, an SSIM of 0.96, and an RMSE of 0.10, while for 150.jpg, it achieved a PSNR of 20.95, an SSIM of 0.96, and an RMSE of 0.10, while for 150.jpg, it achieved a PSNR of 20.95, an SSIM of 0.96, and an RMSE of 0.08. In contrast, the Bilateral Filter method scored lower with PSNR values of 18.21 and 19.67, SSIM values of 0.93 and 0.94, and RMSE values of 0.17 and 0.15 for 100.jpg and 150.jpg, respectively. The GAN method performed the least effectively, with PSNR values of 17.04 and 17.64, SSIM values of 0.91 and 0.92, and RMSE values of 0.18 for both images. These results indicate that BNENN provides the highest quality denoising for AD images, achieving the best balance of high PSNR, high SSIM, and low RMSE, thus preserving image quality and structural details most effectively.

The table 3 and figure 6 shows comparison of denoising methods for retinal disease images, three techniques – GAN, Bilateral Filter, and BNENN–were assessed using PSNR, SSIM, and RMSE metrics. The BNENN method demonstrated superior performance across all metrics. For the image 100.jpg, BNENN achieved a PSNR of 16.64, an SSIM of 0.97, and an RMSE of 0.15, while for 150.jpg, it achieved a PSNR of 16.86, an SSIM of 0.98, and an RMSE of 0.14. The Bilateral Filter method showed intermediate results with PSNR values of 14.21 and 15.67, SSIM values of 0.96 and 0.97, and RMSE values of 0.16 and 0.15 for 100.jpg and 150.jpg, respectively. The GAN method yielded the lowest performance, with PSNR values of 13.04 and 14.64, SSIM values of 0.95 for both images, and RMSE values of





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0.18 and 0.17. These findings indicate that BNENN is the most effective denoising method for retinal disease images, providing the highest image quality with the best balance of high PSNR, high SSIM, and low RMSE.

The table 4 and figure 7 shows evaluation of denoising methods for Parkinson's disease images, three techniques – GAN, Bilateral Filter, and BNENN – were analyzed using PSNR, SSIM, and RMSE metrics. The BNENN method outperformed the others significantly. For the image 100.jpg, BNENN achieved a PSNR of 14.99, an SSIM of 0.98, and an RMSE of 0.13, while for 150.jpg, it achieved a PSNR of 15.28, an SSIM of 0.98, and an RMSE of 0.12. The Bilateral Filter method showed intermediate performance with PSNR values of 13.92 and 14.01, SSIM values of 0.96 for both images, and RMSE values of 0.14 for both images. The GAN method had the lowest performance, with PSNR values of 12.84 and 13.24, SSIM values of 0.94 and 0.95, and RMSE values of 0.16 and 0.15 for 100.jpg and 150.jpg, respectively. These results indicate that BNENN is the most effective denoising method for Parkinson's disease images, providing superior image quality by achieving the highest PSNR, highest SSIM, and lowest RMSE values, thereby preserving image detail and clarity most effectively.

CONCLUSION

In Conclusion, the BNENN algorithm is a huge step forward for retinal image processing, especially when it comes to spotting neurodegenerative disorders like Alzheimer's and Parkinson's at an early stage. Retinal layer segmentation is made more accurate and reliable by BNENN, which solves the problem of noise reduction while keeping important structural information intact by combining bilateral filtering with neural network design. The findings of the trial confirm that BNENN outperforms the current state-of-the-art approaches, demonstrating its resilience when faced with images that are noisy or include artifacts. The therapeutic value of BNENN is highlighted by its shown potential in early disease identification and its effective use in properly segmenting retinal layers. The BNENN method outperformed the others significantly. For the image 100.jpg, BNENN achieved a PSNR of 14.99, an SSIM of 0.98, and an RMSE of 0.13, while for 150.jpg, it achieved a PSNR of 15.28, an SSIM of 0.98, and an RMSE of 0.12. With its potential to improve early detection and monitoring of neurodegenerative disorders, this algorithm not only pushes the technical boundary in medical imaging but also offers hope for improved patient outcomes via prompt intervention. Possible avenues for further investigation include honing this method even further, investigating its potential use with additional imaging modalities, and evaluating its efficacy in actual clinical practice.

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Table 1: Survey of Early Detection Methods for Neurodegenerative Diseases

| Author | Year | Methodology | Advantage | Limitation |
|-------------------------|------|--|---|--|
| Baldacci et al. | 2019 | Early disease detection methods | Protection against neurodegenerative disorders at the forefront | Limited coverage of diverse disease detection methods |
| Candelise et al. | 2020 | Assays for the conversion of protein amyloids in vitro | Improved early diagnosis of neurodegenerative diseases | Reliance on in vitro assays, cannot fully represent in vivo conditions |
| Chudzik et al. | 2024 | Artificial Intelligence and Electronic Biomarkers | Identifying neurodegenerative disorders at an early stage | Dependency on accurate digital biomarker identification |
| Cicirelli & D'Orazio | 2022 | Low-cost video-based system for mobility analysis | Cost-effective neurodegenerative disease detection | Limited scalability and accuracy in complex mobility tests |
| Collin, F. | 2019 | The molecular foundation of ROS | Insight into neurodegenerative disease pathology | Lack of direct applicability to early disease detection |

Table 2: Denoising value comparison on AD

| | Denoising | Denoising value comparison on AD | | |
|------------------|-----------|----------------------------------|------|------|
| | | PSNR | SSIM | RMSE |
| GAN | 100.jpg | 17.04 | 0.91 | 0.18 |
| | 150.jpg | 17.64 | 0.92 | 0.18 |
| Bilateral Filter | 100.jpg | 18.21 | 0.93 | 0.17 |
| Dilateral Filter | 150.jpg | 19.67 | 0.94 | 0.15 |
| BNENN | 100.jpg | 20.64 | 0.96 | 0.10 |
| DINEININ | 150.jpg | 20.95 | 0.96 | 0.08 |

Table 3: Denoising value comparison on retinal disease

| | Denoising value comparison on retinal disease | | | |
|------------------|---|-------|------|------|
| | | PSNR | SSIM | RMSE |
| GAN | 100.jpg | 13.04 | 0.95 | 0.18 |
| | 150.jpg | 14.64 | 0.95 | 0.17 |
| D'1 (1 T'1) | 100.jpg | 14.21 | 0.96 | 0.16 |
| Bilateral Filter | 150.jpg | 15.67 | 0.97 | 0.15 |
| BNENN | 100.jpg | 16.64 | 0.97 | 0.15 |
| DINEININ | 150.jpg | 16.86 | 0.98 | 0.14 |

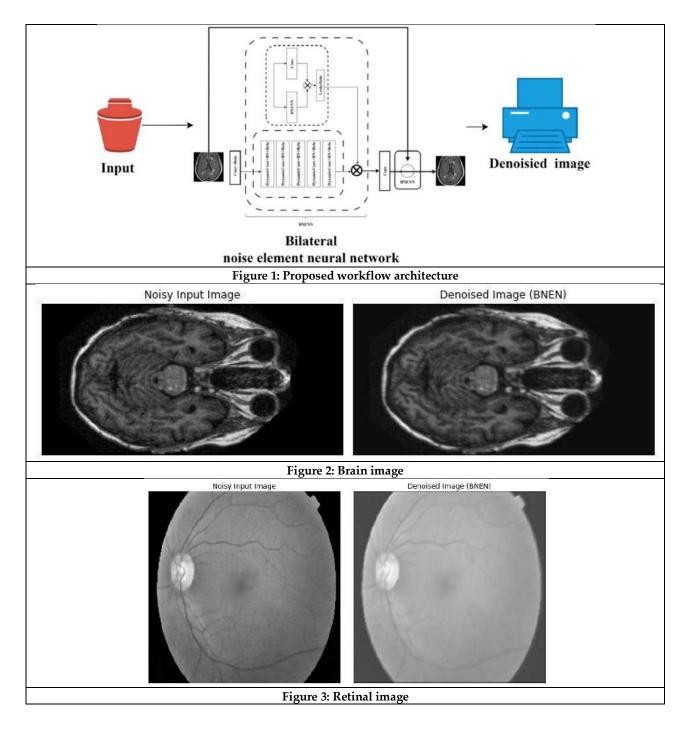
Table 4: Denoising value comparison on parkinson's disease

| | Denoising value comparison on parkinson's disease | | | | |
|-----------------------|---|-------|------|------|--|
| GAN [24] | | PSNR | SSIM | RMSE | |
| | 100.jpg | 12.84 | 0.94 | 0.16 | |
| | 150.jpg | 13.24 | 0.95 | 0.15 | |
| Bilateral Filter [25] | 100.jpg | 13.92 | 0.96 | 0.14 | |



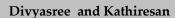


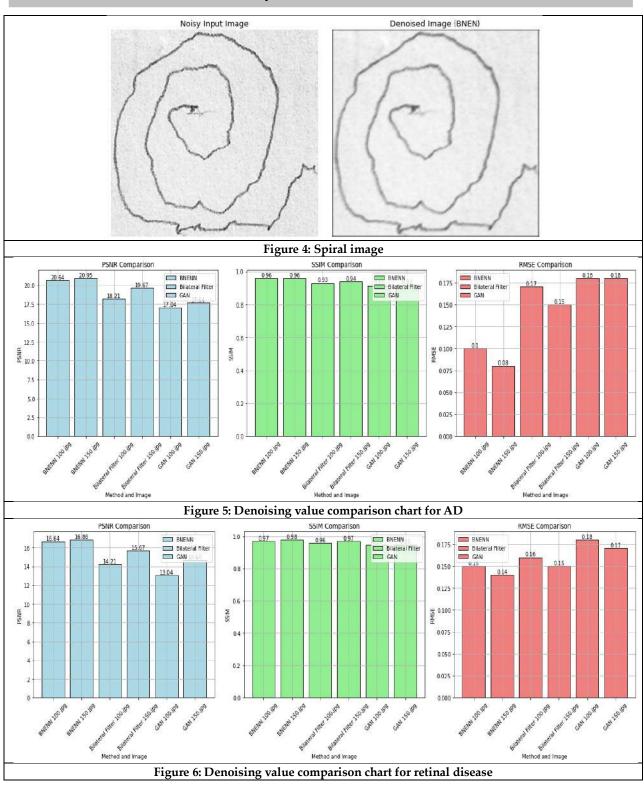
| | Divyasree and Kathiresan | | | | |
|-------|--------------------------|-------|------|------|--|
| | 150.jpg | 14.01 | 0.96 | 0.14 | |
| BNENN | 100.jpg | 14.99 | 0.98 | 0.13 | |
| | 150.jpg | 15.28 | 0.98 | 0.12 | |





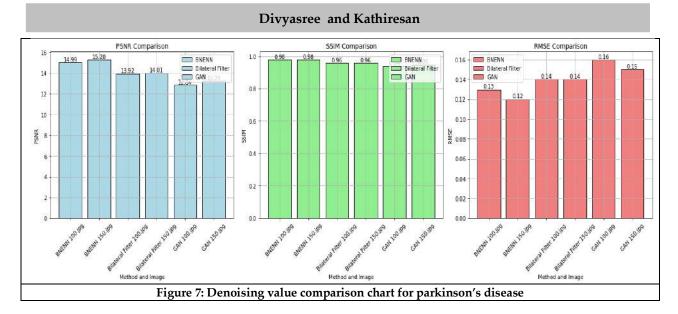
















RESEARCH ARTICLE

Seasonal Variations in Soil Properties Across Altitudinal Gradient of Current Jhum Fields in Champhai District, Mizoram

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ABSTRACT

Seasonal variations in soil properties were investigated across altitudinal gradients of current jhum fields in Champhai district, Mizoram, India. Soil samples were collected from three locations during the premonsoon, monsoon, and postmonsoon seasons (Khawkawn, NE Khawdungsei, and Kawlbem, respectively). The soil texture ranged from loamy sand to sandy loam. The soil moisture content was highest during the monsoon season ($21.52 \pm 0.71\%$ to $24.61 \pm 1.78\%$), while the water holding capacity peaked in the postmonsoon period ($37.81 \pm 0.15\%$ to $39.2 \pm 0.54\%$). Bulk density was highest during the monsoon season (1.44 ± 0.01 to 1.10 ± 0.03 g/cm³). The soil pH decreased from the pre-monsoon to postmonsoon. The soil organic carbon content was highest in the pre-monsoon season ($1.53 \pm 0.25\%$ to $2.79 \pm 0.06\%$). The available nitrogen (146.35 ± 10.45 to 653.33 ± 17.02 kg/ha), available phosphorus (20.79 ± 0.82 to 34.49 ± 0.77 kg/ha), and available potassium (141.59 ± 1.97 to 230.82 ± 1.54 kg/ha) were highest during the monsoon season. The results emphasise the dynamic nature of the soil and the need for season-specific agricultural strategies for sustainability. They also contribute to the understanding of seasonal soil dynamics in jhum cultivation, a traditional practice central to Mizoram's culture and livelihood, and provide insights for developing techniques to enhance productivity and sustainability in the face of the challenges posed by declining fallow periods and environmental degradation.

Keywords: Jhum cultivation, Soil quality, Seasonal variations, Champhai, Mizoram.





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INTRODUCTION

Shifting cultivation, locally known as jhum cultivation, is a predominant agricultural practice in Mizoram, India, where a significant portion of the population (approximately 60%) depends largely on their livelihood [1]. This practice involves clearing forestland followed by burning and cultivating a diverse array of crops, rice, maize, pulses, vegetables, ginger, sesame, cotton, etc, for a period of 1-2 years before abandoning the plot for forest re growth and shifting to a new area [1, 2]. Approximately 54% of Mizoram's arable land is used for jhum agriculture [2], which is generally practiced on steep slopes and is deeply intertwined with Mizo culture, with major festivals linked to the various stages of jhum operations [3]. However, the sustainability of jhum cultivation has been compromised owing to a significant reduction in fallow periods, have decreased from 20-25 years [4] to only 3-5 years [1]. This has led to declining yields and increased environmental degradation through soil erosion and watershed siltation [5]. Consequently, the diminishing productivity and sustainability of jhum cultivation in Mizoram's steep terrain necessitates interventions or transitions to more sustainable agricultural practices [6].

Numerous studies have consistently shown the impact of altitude, which significantly influences soil properties, along with other parameters such as texture, pH, and nutrients [7, 8, 9, 10]. Additionally, seasonal variations play a pivotal role in shaping soil quality, influencing microbial activity, abundance, and community structure, which are key indicators of soil health and fertility [11, 12]. The Champhai region in Mizoram, India, presents a unique case for studying the impact of season on soil quality within the context of jhum cultivation. This study aimed to evaluate the seasonal variations in soil properties across altitudinal gradients of jhum fields in the study area and discuss their implications for developing sustainable soil management strategies tailored to local conditions. These findings are expected to contribute valuable insights to the body of knowledge on sustainable agricultural practices in hilly and mountainous regions.

MATERIALS AND METHODS

Study Site

The study was conducted in Champhai District, Mizoram, which is commonly known as the 'Rice Bowl of Mizoram'. The district spans an area of 3185.83 km² and lies between 93°0'3" E to 93°26'10" E and 23°0'33" N to 24°5'4" N. According to the 2011 Census, Champhai has a population of 125,745. Despite its significant population, Champhai is the most underdeveloped district in the state, with a substantial number of households relying either directly or indirectly on agricultural activities, primarily jhum cultivation practiced on hill slopes. The district in Mizoram has the highest dependency on this cultivation method at 57.2% [13].

The sampling sites were selected to represent the typical jhum fields in the region, spanning an altitudinal range with varying topography. The selection criteria for the sampling sites included their representation of the commonly practiced jhum cultivation in the district, accessibility, and coverage of the different altitudinal zones. Table 1 and Figure 1 show the locations of the three sampling sites: - Khawkawn (KK), NE Khawdungsei (NE), and Kawlbem (KB) that are spread across different elevation.

The undulating topography of the broken mountain ranges and valleys in Champhai is suitable for crop cultivation, and its extensive forest cover, constituting 83.89% of its geographical area, contributes to its humus-rich soil [14]. A study conducted in this region revealed that the most common jhum field sizes range from 1.0 to 2.0 hectares [14]. The district experiences a moderate climate, with average summer temperatures of 23.5°C (April-June) and average winter temperatures of 15.7°C (November-February), accompanied by heavy rainfall influenced by the southwest monsoon, with an average annual rainfall of 2346.2 mm.





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Soil Sampling and Analysis

Soil samples were taken in replicate from the sampling sites soon after the *jhumias* slash-and-burn activity, covering the pre-monsoon season (February–May), monsoon season (June–September), and postmonsoon season (October–January). In each season, two (2) soil samples from two depths (0-15 cm and 15-30 cm) were collected from each site and stored and air-dried for analysis. Standard techniques were used to analyse the physicochemical properties of the soil samples. These techniques include pH measurements using a digital pH meter, bulk density, soil texture [15], soil moisture content, water-holding capacity [16], soil organic carbon [17] available nitrogen [18], available phosphorus [19], and available potassium [20].

Statistical analysis

General statistical parameters such as the mean and standard error of mean (SEM), were calculated for each sampling site. Pearson Correlation was used for correlation analysis of the effect of seasonon the soil parameters, and the multiple analysis of variance (ANOVA) and Fisher least significant difference (LSD) tests, aimed at distinguishing between treatment means, were performed t a significance level of 5% ($p \le 0.05$) using SPSS 27.

RESULTS AND DISCUSSION

The physical and chemical properties, Spearman's correlation analysis, MANOVA and LSD post-hoc test of the soils across seasons on selected jhum fields were carried out and data were presented and discussed.

Physical Properties of Soil

The soil texture in the Champhai jhum fields varies from loamy sand to sandy loam in nature. Among the sites, the texture changed from loamy sand in the pre-monsoon and monsoon to sandy loam in the post-monsoon period at Khawkawn (KK). At Khawdungsei (NE), the texture was consistent with loamy sand. At Kawlbem (KB), similar to KK, the texture varied from loamy sand to sandy loam in the post monsoon season. The soil moisture content (SMC) exhibited significant variations across seasons, with the highest values recorded during the monsoon season and the lowest values during the pre-monsoon season. The SMC ranged from 15.15 \pm 0.53% to 28.89 \pm 0.78% across all sites, depths, and seasons (Table 2).

.The middle altitude (NE) exhibited the highest SMC values during the monsoon season compared with those at other altitudes, and the SMC across all sites and seasons showed that the SMC in the surface layer (0-15 cm) was greater than that in the subsurface (15-30 cm) layer (Table 2).The analysis of variance (ANOVA) results revealed a significant effect of season on SMC (F = 8.451, p = 0.001) (Table 5).The SMC values during the monsoon season were significantly greater than those during the pre-monsoon (MD = 3.55, p < 0.001) and post-monsoon (MD = 4.43, p < 0.001) seasons, as per LSD post-hoc test (Table 6).

The WHC values ranged from $30.28 \pm 0.03\%$ to $44.71 \pm 0.75\%$ across all sites and seasons (Table 2). The WHC showed altitudinal variation as it increased with increasing altitude, with higher altitudes having the highest WHC across seasons and depth. The WHC in the surface layer was generally greater than that in the subsurface layer across all sites and seasons (Table 2). The WHC exhibited a positive correlation with the season (r = 0.582, p < 0.01) (Table 4). The ANOVA results showed a significant effect of season on the WHC (F = 16.614, p < 0.001) (Table 5). The post-hoc LSD test further revealed that the WHC values during the pre-monsoon season were significantly lower than those during the monsoon (MD = -4.15, p < 0.001) and post-monsoon (MD = -4.88, p < 0.001) seasons (Table 6). The bulk density (BD) ranged from 0.89 ± 0.01 g/cm³ to 1.45 ±0.02 g/cm³ across all sites, depths and seasons (Table 2). BD decreased with increasing altitude across depth and season, while BD in the subsurface layer was greater than that in the surface layer across all sites and seasons. The ANOVA did not show a significant effect of season on BD (F = 1.461, p = 0.242) (Table 5).





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Chemical Properties of Soil

The soil pH ranged from 5.48 ±0.03 to 6.21 ±0.02 across all sites and seasons (Table 3). The pH exhibited altitudinal variation, generally decreasing from lower to middle altitudes, but increasing from middle to higher altitudes across seasons and depths. The soil pH in the surface layer was greater than that in the subsurface layer across all sites and seasons (Table 3). ANOVA revealed a significant effect of season on soil pH (F = 24.950, p < 0.001) (Table 5). The posthoc LSD test further revealed that the soil pH values during the pre-monsoon season were significantly greater than those during the monsoon (MD = 0.37, p < 0.001) and post-monsoon (MD = 0.16, p < 0.001) seasons, and that the soil pH during the post-monsoon season was significantly higher than that during the monsoon season (MD = 0.21, p < 0.001) (Table 6).

The soil organic carbon (SOC) content of the soils ranged from $0.76 \pm 0.10\%$ to $2.92 \pm 0.04\%$ across all sites, depths, and seasons (Table 3). SOC showed altitudinal variation, as the SOC content in the middle latitudes showed greater across all seasons and depths than in the lower and higher altitudes, while SOC content in the surface layer was greater than that in the subsurface layer across all sites and seasons (Table 3). Although the ANOVA did not reveal a significant effect of season on SOC (F = 1.789, p = 0.177) (Table 5), SOC exhibited a general decreasing trend with increasing soil depth, which is consistent with the typical distribution of organic matter in soil profiles.

The available nitrogen (AN) content in the soils exhibited significant seasonal variation, with the highest values observed during the monsoon season and the lowest during the pre-monsoon season (Table 3). The AN ranged from 135.89 \pm 10.45 kg/ha to 669.01 \pm 20.91 kg/ha across all sites and seasons and the AN showed altitudinal variation as it increased with increasing altitude (Table 3), across all seasons and sites, the surface layer had greater AN content than did the subsurface layer (Table 3). ANOVA revealed a significant effect of season on AN (F = 19.391, p < 0.001) (Table 5), and the post-hoc LSD test further confirmed that AN levels during the monsoon season were significantly higher than those during both the pre-monsoon (MD = 213.87, p < 0.001) and post-monsoon (MD = 194.71, p < 0.001) seasons (Table 6).

The available phosphorus (AP) content in the soils exhibited a distinct seasonal pattern, with higher values observed during the monsoon season than the pre-monsoon and post-monsoon seasons (Table 3). The AP ranged from 18.10 ± 0.48 kg/ha to 35.75 ± 1.16 kg/ha across all sites, depths and seasons (Table 3). The AP showed altitudinal variation as it increased with increasing altitude, and the AP content in the surface layer was greater than in the subsurface layer across altitudes and seasons (Table 3).ANOVA revealed a significant effect of season on AP (F = 27.154, p < 0.001) (Table 5).The AP during the monsoon season was significantly greater than that during both the pre-monsoon (MD = 8.65, p < 0.001) and post-monsoon (MD = 4.56, p < 0.001) seasons, as per the LSD post-hoc test (Table 6).

The available potassium (AK) content in the soils exhibited seasonal variation, with higher values observed during the monsoon season than during the pre-monsoon and post-monsoon seasons (Table 3). The AK values ranged from 138.28 \pm 1.16 kg/ha to 248.14 \pm 3.39 kg/ha across all sites, depths and seasons (Table 3), and the AK exhibited greater altitudinal variation at middle altitudes than at higher and lower altitudes across all seasons and depths (Table 3). The AK also varied with in depth, as the AK content in the surface layer was greater than that in the subsurface layer across sites and seasons (Table 3).ANOVA revealed a significant seasonal effect on AK (F = 6.117, p = 0.004) (Table 5).The post-hoc LSD test further confirmed that AK levels during the monsoon season were significantly greater than those during the pre-(MD = 34.38, p < 0.001) and post-monsoon (MD = 16.39, p < 0.001) seasons (Table 6).

The observed seasonal patterns in soil properties were consistent with findings from tropical and subtropical regions [21, 22, 23, 24], which exhibit greater nutrient availability, particularly nitrogen and phosphorus, during the monsoon season due to increased microbial activity and mineralisation processes facilitated by favourable soil moisture conditions [25, 26, 27, 28, 29, 30]. The shifts in soil texture, with higher sand content during the monsoon season, can be attributed to the erosive effects of heavy rainfall selectively removing finer particles, such as silt and clay, leaving behind coarser sand fractions, as observed in other tropical regions with distinct dry and wet seasons [31].





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The higher SMC and WHC during the monsoon and post-monsoon seasons, respectively, align with studies in which soil moisture dynamics are influenced by seasonal rainfall patterns [32, 33, 34]. A study in the lower Siwalik foothills of the Himalayas reported higher soil SOC for different land use systems during the pre-monsoon season [35].

The observed seasonal patterns in soil properties are not limited to the jhum cultivation system but have also been reported across various land use systems, including conventional agriculture, agro forestry, and natural ecosystems.[36] conducted a study in the lower Shivalik foothills of Punjab, India, and reported significant seasonal variations in the physical and chemical properties of soil under different land-use systems, including farm forestry and horticulture systems. They observed a higher soil moisture content and nutrient availability during the monsoon season, which is consistent with the findings of the present study. A study conducted by [37] in the Brazilian Amazon also revealed significant seasonal changes in soil moisture, nutrient availability, and microbial activity across different land-use systems, including native forests, agro forestry systems, and pastures. These seasonal variations were primarily driven by contrasting rainfall patterns and temperature regimes between the dry and wet seasons, similar to the observations made in the present study.

It is important to note that the observed seasonal variations in soil properties have implications for soil fertility management and agricultural productivity [23]. investigated the influence of seasonal fluctuations on soil characteristics and microbial populations in tropical dry deciduous forests and reported that the SMC dramatically increases in the summer, thereby increasing the amounts of SOC and macro- and micronutrients [38], reported that land-use type, soil depth, and season significantly influenced microbial activity, biomass of different soil layers, soil properties, and microbial biomass carbon, all of which exhibited strong seasonality, highlighting the need for season-specific nutrient management strategies to optimise crop yields and maintain soil fertility.

Although the current study provides insightful information about the dynamics of soil properties in the Champhai, Mizoram's jhum cultivation systems, it is important to recognise its potential limitations, including the absence of long-term monitoring data and the impact of variables, such as vegetation cover and management techniques, on soil properties. Future research should consider incorporating long-term monitoring of soil properties across multiple growing seasons and evaluating the interactive effects of land use practices and seasonal variations on soil quality and productivity.

CONCLUSION

This study revealed significant seasonal variations in key soil properties, including moisture, nutrient content, and pH, across altitudinal gradients. These findings demonstrate the dynamic nature of soil and the necessity of season-specific soil management strategies to improve soil productivity and sustainability. Although this study provides valuable insights, it is important to acknowledge its limitations, such as the lack of long-term data and the potential influences of vegetation and management practices. To address these limitations, future research should incorporate multiyear monitoring programs and investigate the interactive effects of various factors on soil quality. This study emphasises the need for a comprehensive soil-monitoring program that considers seasonal and topographic variations in soil properties. Such a program could inform policymaking and the development of tailored soil management methods for jhum farming, while supporting environmental conservation and cultural preservation. In conclusion, this study highlights the importance of understanding soil dynamics and adapting agricultural practices to local conditions. Integrating scientific knowledge with traditional wisdom may help balance jhum productivity with long-term sustainability amid challenges such as the decline in fallow periods.





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| Elevation (asl) | Sites | Coordinates | Altitude (m) | |
|---------------------------------|---------------------|-------------|--------------|--|
| L_{output} ($\leq E00 m$) | Vhaukaum (VV) | 24°01'24''N | 344 | |
| Lower (<500 m) | Khawkawn (KK) | 93°15'10''E | 344 | |
| $M_{i} d d l_{0} (E00, 1000 m)$ | NE Khander and (NE) | 23º57'22''N | 829 | |
| Middle (500-1000 m) | NE Khawdungsei (NE) | 93⁰13'31''E | 829 | |
| High ar (>1000 m) | Vaulhom (VD) | 23°53'16"N | 1579 | |
| Higher (>1000 m) | Kawlbem (KB) | 93°16'36''E | | |

Table 1. Location of study sites

Table 2. Physical properties of soil of current jhum fields in Champhai, Mizoram (Mean ±SEM)

| Sites/Altitude | Seasons | Depth | Texture | SMC (%) | WHC (%) | BD (g/cm3) |
|----------------|-----------------|-------|---------------|------------|------------|------------|
| | Pre-monsoon | 0-15 | Loomycond | 17.75±0.8 | 31.91±0.03 | 1.32±0.06 |
| | 1 10-1101150011 | 15-30 | Loamy sand | 15.15±0.53 | 30.28±0.03 | 1.41±0.06 |
| KK (344) | Monsoon | 0-15 | Loamy sand | 22.97±0.54 | 35.93±0.06 | 1.42±0.01 |
| KK (344) | WOISSON | 15-30 | Loanty Sand | 20.07±0.35 | 33.45±0.37 | 1.45±0.02 |
| | Post monsoon | 0-15 | Candy loam | 18.81±0.30 | 38.13±0.06 | 1.39±0.02 |
| | r ost monsoon | 15-30 | Sandy loam | 17.64±0.47 | 37.48±0.03 | 1.43±0.01 |
| | Dro moncoon | 0-15 | Loomycond | 24.51±0.91 | 36.27±0.01 | 1.13±0.04 |
| | Pre-monsoon | 15-30 | Loamy sand | 22.79±0.72 | 32.49±0.03 | 1.15±0.03 |
| NIE (820) | Monsoon | 0-15 | Loomycond | 28.89±0.78 | 39.11±0.23 | 1.19±0.02 |
| NE (829) | | 15-30 | Loamy sand | 23.08±0.66 | 37.99±0.20 | 1.21±0.02 |
| | Deatmanage | 0-15 | T | 20.23±0.73 | 40.14±0.04 | 1.16±0.02 |
| | Post monsoon | 15-30 | Loamy sand | 18.88±0.05 | 39.41±0.06 | 1.17±0.02 |
| | Pre-monsoon | 0-15 | Toomeroond | 24.51±1.03 | 38.02±1.04 | 0.89±0.01 |
| | r re-monsoon | 15-30 | Loamy sand | 18.22±0.78 | 35.3±0.99 | 0.98±0.02 |
| VD (1570) | Managan | 0-15 | I comercian d | 28.54±0.50 | 44.71±0.75 | 1.05±0.04 |
| KB (1579) | Monsoon | 15-30 | Loamy sand | 20.68±0.33 | 38±0.13 | 1.15±0.01 |
| | | 0-15 | Candy log- | 24.21±1.27 | 40.38±0.27 | 0.93±0.02 |
| | Post monsoon | 15-30 | Sandy loam | 17.9±0.55 | 38.02±0.10 | 1.01±0.01 |





| Table 3. Chemical properties of soils in current jhum fields of Champhai, Mizoram (Mean ±SEM) | | | | | | | | | | |
|---|---------------------------------------|-------|-----------------|------------|--------------|------------|-------------|--|--|--|
| Site/Altitude | Site/Altitude Seasons Depth pH OC (%) | | AN (kg/ha) | AP (kg/ha) | AK (kg/ha) | | | | | |
| | Pre- | 0-15 | 5.8±0.04 | 2.08±0.07 | 156.8±18.11 | 21.8±1.11 | 144.9±2.68 | | | |
| | monsoon | 15-30 | 5.76 ± 0.04 | 0.98±0.07 | 135.89±10.45 | 19.77±1.06 | 138.28±1.16 | | | |
| VV (244) | Monsoon | 0-15 | 5.6±0.04 | 1.89±0.09 | 449.49±10.45 | 33.61±1.02 | 214.25±2.55 | | | |
| KK (344) | WONSOON | 15-30 | 5.54±0.03 | 0.76±0.10 | 321.51±19.76 | 25.46±0.82 | 211.57±1.77 | | | |
| | Post | 0-15 | 5.63±0.04 | 1.96±0.06 | 240.43±27.66 | 26.61±0.42 | 182.17±2.01 | | | |
| | monsoon | 15-30 | 5.59 ± 0.01 | 0.85±0.08 | 229.97±20.91 | 21.78±0.70 | 175.9±1.89 | | | |
| | Pre- | 0-15 | 6.21±0.02 | 2.88±0.20 | 397.23±37.69 | 19.85±0.76 | 239.57±1.9 | | | |
| | monsoon | 15-30 | 5.85±0.03 | 2.12±0.04 | 344.96±18.11 | 18.1±0.48 | 232.03±2.12 | | | |
| NIE (820) | Monsoon | 0-15 | 5.57±0.02 | 2.29±0.10 | 501.76±18.11 | 27.15±1.51 | 248.14±3.39 | | | |
| NE(829) | | 15-30 | 5.48 ± 0.03 | 1.69±0.03 | 428.59±10.45 | 25.02±0.62 | 243.76±3.32 | | | |
| | Post | 0-15 | 5.97±0.07 | 2.66±0.06 | 376.32±18.11 | 24.72±0.41 | 242.41±2.42 | | | |
| | monsoon | 15-30 | 5.66±0.03 | 1.25±0.03 | 219.52±36.21 | 23.06±0.23 | 235.65±2.22 | | | |
| | Pre- | 0-15 | 6.18±0.01 | 2.92±0.04 | 439.04±18.11 | 25.31±1.07 | 216.49±2.26 | | | |
| | monsoon | 15-30 | 5.84±0.01 | 2.66±0.02 | 250.88±18.11 | 23.47±0.80 | 201.83±1.35 | | | |
| VP (1570) | Monsoon | 0-15 | 5.65±0.04 | 2.31±0.03 | 669.01±20.91 | 35.75±1.16 | 233.09±2.42 | | | |
| KB (1579) | wonsoon | 15-30 | 5.59±0.02 | 2.26±0.26 | 637.65±27.66 | 33.23±0.20 | 228.56±0.95 | | | |
| | Post | 0-15 | 5.97±0.09 | 2.59±0.29 | 407.64±18.14 | 29.29±1.05 | 225.54±1.92 | | | |
| | monsoon | 15-30 | 5.85±0.05 | 2.44±0.19 | 365.87±27.66 | 27.42±0.38 | 219.38±2.17 | | | |

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Table 4. Correlations between seasons and soil parameters of current jhum fields in Champhai, Mizoram

| | Seasons | pН | SMC | WHC | BD | OC | AN | AP | AK |
|------------|---------|--------|--------|--------|--------|--------|--------|-------|----|
| Seasons | 1 | | | | | | | | |
| pН | 303* | 1 | | | | | | | |
| SMC (%) | -0.093 | 0.101 | 1 | | | | | | |
| WHC (%) | .582** | -0.026 | .539** | 1 | | | | | |
| BD (g/cm3) | 0.081 | 555** | 385** | 440** | 1 | | | | |
| OC (%) | -0.189 | .643** | .420** | .344* | 727** | 1 | | | |
| AN (kg/ha) | 0.053 | -0.043 | .735** | .609** | 389** | .416** | 1 | | |
| AP (kg/ha) | .340* | 290* | .446** | .614** | -0.161 | 0.188 | .712** | 1 | |
| AK (kg/ha) | 0.23 | 0.08 | .668** | .606** | 474** | .413** | .681** | .320* | 1 |

Table 5. Multiple analyses of variance (ANOVA) between soil parameters and seasons

| | | Sum of Squares | df | Mean Square | F | Sig. |
|---------|----------------|----------------|----|-------------|-------|-------|
| | Between Groups | 1.225 | 2 | 0.612 | 24.95 | 0 |
| pН | Within Groups | 1.252 | 51 | 0.025 | | |
| - | Total | 2.477 | 53 | | | |
| SMC (%) | Between Groups | 197.745 | 2 | 98.873 | 8.451 | 0.001 |





| | Within Groups | 596.702 | 51 | 11.7 | | |
|-------------------------|----------------|-------------|----|------------|--------|-------|
| | Total | 794.447 | 53 | | | |
| | Between Groups | 249.639 | 2 | 124.819 | 16.614 | 0 |
| WHC (%) | Within Groups | 383.167 | 51 | 7.513 | | |
| | Total | 632.805 | 53 | | | |
| | Between Groups | 0.094 | 2 | 0.047 | 1.461 | 0.242 |
| BD (g/cm ³) | Within Groups | 1.634 | 51 | 0.032 | | |
| | Total | 1.728 | 53 | | | |
| | Between Groups | 1.653 | 2 | 0.826 | 1.789 | 0.177 |
| OC (%) | Within Groups | 23.55 | 51 | 0.462 | | |
| 00(%) | Total | 25.203 | 53 | | | |
| | Between Groups | 504116.033 | 2 | 252058.017 | 19.391 | 0 |
| AN (kg/ha) | Within Groups | 662929.998 | 51 | 12998.627 | | |
| | Total | 1167046.031 | 53 | | | |
| | Between Groups | 674.547 | 2 | 337.274 | 27.154 | 0 |
| AP (kg/ha) | Within Groups | 633.461 | 51 | 12.421 | | |
| | Total | 1308.008 | 53 | | | |
| | Between Groups | 10644.866 | 2 | 5322.433 | 6.117 | 0.004 |
| AK (kg/ha) | Within Groups | 44375.076 | 51 | 870.1 | | |
| | Total | 55019.942 | 53 | | | |

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Table 6. LSD post-hoc test between soil parameters and seasons of current jhum fields in Champhai, Mizoram

| | | Mean Difference (I- | | Crd | | 95% Confidence Interval | | |
|-----------|--------------------|---------------------|----------|---------------|-------|-------------------------|----------------|--|
| | Dependent Variable | | J) | Std. Error | Sig. | Lower Bound | Upper Bound | |
| | | Monsoon | .3678* | 0.04 | 0 | 0.2831 | 0.4524 | |
| | Pre-monsoon | Post monsoon | .1589* | 0.04 | 0 | 0.0742 | 0.2436 | |
| | | Pre-monsoon | 3678* | 0.04 | 0 | -0.4524 | -0.2831 | |
| рН | Monsoon | Post monsoon | 2089* | 0.04 | 0 | -0.2936 | -0.1242 | |
| | Post monsoon | Pre-monsoon | 1589* | 0.04 | 0 | -0.2436 | -0.0742 | |
| | | Monsoon | .2089* | 0.04 | 0 | 0.1242 | 0.2936 | |
| | | Monsoon | -3.5494* | 0.93 | 0 | -5.4156 | -1.6833 | |
| | Pre-monsoon | Post monsoon | 0.8767 | 0.93 | 0.349 | -0.9895 | 2.7428 | |
| SMC (%) | | Pre-monsoon | 3.5494* | 0.93 | 0 | 1.6833 | 5.4156 | |
| SIVIC (%) | Monsoon | Post monsoon | 4.4261* | 0.93 | 0 | 2.56 | 6.2922 | |
| | Post | Pre-monsoon | -0.8767 | 0.93 | 0.349 | -2.7428 | 0.9895 | |
| | monsoon | Monsoon | -4.4261* | 0.93 | 0 | -6.2922 | -2.56 | |





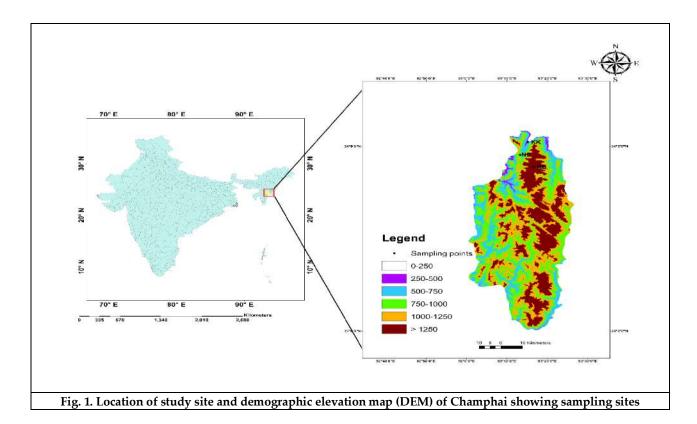
| | | Monsoon | -4.1544* | 0.59 | 0 | -5.3498 | -2.9591 |
|---------------|-----------------|-----------------|--------------|-------|-------|-----------|-----------|
| | Pre-monsoon | Post monsoon | -4.8806* | 0.59 | 0 | -6.0759 | -3.6852 |
| WHC (%) | | Pre-monsoon | 4.1544* | 0.59 | 0 | 2.9591 | 5.3498 |
| WIIC (76) | Monsoon | Post monsoon | -0.7261 | 0.59 | 0.228 | -1.9215 | 0.4692 |
| | Post | Pre-monsoon | 4.8806^{*} | 0.59 | 0 | 3.6852 | 6.0759 |
| | monsoon | Monsoon | 0.7261 | 0.59 | 0.228 | -0.4692 | 1.9215 |
| | | Monsoon | -213.8689* | 21.38 | 0 | -256.9257 | -170.8121 |
| | Pre-monsoon | Post monsoon | -19.1578 | 21.38 | 0.375 | -62.2146 | 23.8991 |
| AN | | Pre-monsoon | 213.8689* | 21.38 | 0 | 170.8121 | 256.9257 |
| (kg/ha) | Monsoon | Post monsoon | 194.7111* | 21.38 | 0 | 151.6543 | 237.7679 |
| | Post monsoon | Pre-monsoon | 19.1578 | 21.38 | 0.375 | -23.8991 | 62.2146 |
| | | Monsoon | -194.7111* | 21.38 | 0 | -237.7679 | -151.6543 |
| | Pre-monsoon | Monsoon | -8.6533* | 0.79 | 0 | -10.2462 | -7.0605 |
| | | Post monsoon | -4.0983* | 0.79 | 0 | -5.6912 | -2.5055 |
| AD(1 - 1 - 1) | | Pre-monsoon | 8.6533* | 0.79 | 0 | 7.0605 | 10.2462 |
| AP (kg/ha) | Monsoon | Post monsoon | 4.5550* | 0.79 | 0 | 2.9622 | 6.1478 |
| | Post | Pre-monsoon | 4.0983* | 0.79 | 0 | 2.5055 | 5.6912 |
| | monsoon | Monsoon | -4.5550* | 0.79 | 0 | -6.1478 | -2.9622 |
| | | Monsoon | -34.3790* | 1.77 | 0 | -37.9361 | -30.8219 |
| | Pre-monsoon | Post monsoon | -17.9867* | 1.77 | 0 | -21.5438 | -14.4295 |
| AK | | Pre-monsoon | 34.3790* | 1.77 | 0 | 30.8219 | 37.9361 |
| (kg/ha) | Monsoon | Post monsoon | 16.3923* | 1.77 | 0 | 12.8352 | 19.9495 |
| | Post | Pre-monsoon | 17.9867* | 1.77 | 0 | 14.4295 | 21.5438 |
| | monsoon | Monsoon | -16.3923* | 1.77 | 0 | -19.9495 | -12.8352 |

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RESEARCH ARTICLE

Variation in Water Structures from One Organ to Another in a Goat and Their Response to Homeopathic Potencies Derived from Natural Substances : A Spectroscopic Analysis

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ABSTRACT

Homeopathic potencies are specifically structured water which can modify the water structure of ordinary water. Water in the body of a living organism is structured because of the presence of biomolecules and cell membranes. Are the water structures same in different tissues of the body? The present study addresses this question. The study further explores the interaction between the water structure in a tissue and a related homeopathic potency. Water structures of five different organs like brain, kidney, lungs, liver and stomach were studied by electronic and vibrational spectroscopy. The response of water structure of organ samples to related homeopathic potencies like *Hypericum perforatum* 200 (Plant product), *Mercurius corosivus* 30 (Salt), *Phosphorus* 30 (Natural element), *Chelidonium majus*200 (Plant) and *Cina* 30 cH (Plant) was also studied by the same spectroscopic methods. Water structures in the five organs tested are different from each other. The responses of these water structures to five related homeopathic potencies are also different from each other. An appropriate homeopathic potency may selectively modify the water structure of the concerned organ affected. In this way the potency may initiate possible therapeutic effect on the affected organ / tissue.

Keywords: Mammalian organs, Water structures, Responses, Homeopathic potency, UV-spectra, FT-IR-spectra.





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INTRODUCTION

Using electronic and vibrational spectroscopy it was demonstrated that different homeopathic potencies carry specific water structures [1-2]. Water structures in a potency is transferable to aqueous ethanol (EtOH) solution [3]. Living tissues carry structured water because of the presence of biomolecules suspended in water, and lipid bilayer in the plasma membrane [4-6]. Are the water structures same in different tissues of a mammal? The present experimental study aims to address the question. The second objective is to see whether the structured water in different tissues responds to a related homeopathic potency. We collected five organ samples of a freshly decapitated castrated goat from a local meat shop. The cut pieces of the organ samples were immediately kept in 90% ethanol so that aqueous ethanol can acquire the water structure of the organ and preserve it. The water structures in the five organ samples were studied by electronic and vibrational spectroscopy. Further, the responses of the water structures of the five organ samples to related homeopathic potencies were also studied [7]. For instance, response of the brain sample to Hypericum perforatum 200 cH (derived from plant), kidney sample to Mercurius corosivus 30 (derived from salt), lungs sample to Phosphorus 30 (natural element), liver sample to Chelidonium majus200 (Plant) and stomach sample to Cina 30 cH (plant). Cina was selected because all goats including the present one understudy are naturally infected by flat worm parasites in their stomach. The spectroscopic characteristics of the water structures in the organ samples have been found to be different. The responses of these water structures to the related homeopathic potencies also show difference in their spectroscopic characteristics.

MATERIALS AND METHODS

Collection of organ samples

Samples of five different organs like brain, lungs, stomach, liver and kidney were collected from a freshly decapitated castrated goat weighing 17 kilograms from a local meat shop. The samples, one gram each, were immediately kept in 5 ml of 90% EtOH so that the solvent can acquire and preserve the water structure of the organ.

Drugs

Homeopathic potencies were purchased from a local market in sealed vials. All drugs are in 90% EtOH. The control consists of blank 90% EtOH prepared from absolute ethanol (HIMEDIA,Lot number 0000498722).The drugs are *Hypericum perforatum* 200 (HapcoHahnemann Publishing Company Private LTD. Batch number 8432), *Mercurius corosivus* 30 (Hapco Hahnemann Publishing Company Private LTD. Batch number 7965), *Phosphorus* 30 (King & Co., M. Bhattacharyya & Co. Pvt. Ltd. Batch number D2080), *Chelidonium majus*200 (Hapco Hahnemann Publishing Company Private LTD. Batch number 13796). The drugs were selected on the basis of their possible relation to the organ samples tested. Thus *Hypericum* was selected for brain, *Merc cor* for kidney, *Phosphorus* for lungs, Chelidonium for liver and *Cina* for stomach [7]. *Cina* was selected because all goats are infected in their stomach by flat worm parasites.

Electronic Spectroscopy (UV)

All organ samples in 90% EtOH were first filtered through Whatman number I filter paper. The filtrate was diluted in deionized and distilled water (DD) 1:100. A pair of quartz cuvettes filled with DD water, and baseline was set in a UV-VIS spectrophotometer (Shimadzu, Model- UV-VIS 1900i, Software-Lab Solutions UV-VIS) at room temperature 24±2 °C, with the instrument in spectrum mode in the wavelength range 190-210nm, scan speed medium and data interval 0.5 nm). Then one cuvette was taken out, emptied washed in DD water and filled with the filtrate of organ samples, and the spectrum was recorded in the wavelength range of 200 nm to 300 nm. In another experiment we tested the response of each filtrate of an organ to a related homeopathic potency. Each potency was diluted with DD water 1:100 and then mixed with a filtrate from an organ in the proportion 1:1. The control consisted of diluted EtOH mixed with a diluted potency in the proportion 1:1. As for example, the brain sample was treated with *Hypericum*





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200. The control consisted of diluted EtOH + *Hypericum* 200. In this way all the five organ samples were treated with a related homeopathic potency and their UV-spectra were recorded in the wavelength range 200 nm to 300 nm.

FT-IR spectra

FT-IR spectra of all the five organ samples were recorded with the help of a Shimadzu IR Affinity -1S Fourier Transform Infrared (FT-IR) spectrophotometer (Spectrum two) using the attenuated total reflection (ATR) technique. The energy resolution was 0.5 cm⁻¹. The baseline was corrected for atmospheric humidity and CO₂. One drop of each sample was put into the sample groove, and then the tip of a single reflection pure diamond crystal was brought in contact with the sample drop. The entire spectrum was recorded in the wave number range of 4000 to 500 cm⁻¹. Each spectrum represents an average of 45 scans. The temperature and humidity were maintained in the laboratory at 24°C and less than 50%, respectively. FT-IR spectra of all the five drugs treated with related homeopathic potencies as mentioned under UV spectra were also recorded.

RESULTS

UV spectra

All the spectra show distinct peak at 200 nm. The highest intensity is found in the brain sample followed by kidney, stomach, liver and lungs. The brain and the kidney showed one more broad peak covering the region between 240 nm and 280 nm (fig.1). All the treatment effects of organ samples + related homeopathic potency and their controls showed single peak at 200 nm. In all the cases the organ samples + related homeopathic potency showed higher intensity then their control (fig. 2 a, b, c, d and e).

FT-IR spectra

FT-IR spectra of all the five organ samples without any drug treatments are shown in figure 3a for OH-stretching band and figure 3b for OH-bending band. The figures show distinct variation in normalized intensity and peak frequency for both OH-stretching and OH-bending bands.Figures 3a and b show highest intensity with lungs followed by brain, kidney, liver and stomach. Treatment effects of all the organ samples with related homeopathic potencies were shown in figure 4a for brain. The normalized spectra showed marked difference in intensity and peak frequency in both OH-stretching and OH-bending bands. In both cases the control (EtOH + Hypericum 200) showed higher intensity than the organ sample (Brain + Hypericum 200) (fig. 4a). Figure 4b shows the difference in intensity between the control (EtOH + Merc cor 30) and the organ sample (Kidney + Merc cor 30) for both OH-stretching and OH-bending bands. The OH-stretching and OH-bending bands showed differences in peak frequency (fig. 4b). Figure 4c shows the marked difference in intensity between the control (EtOH + Phosphorus 30) and organ sample (Lungs + *Phosphorus* 30). Here the organ sample (Lungs + *Phosphorus* 30) shows higher intensity than the control for both OH-stretching and OH-bending bands. The peak frequency showed difference for both OH-stretching and OHbending bands (fig. 4c). Figure 4d shows the marked difference in intensity and peak frequency for both OHstretching and OH-bending bands in case of control (EtOH + Chelidonium 200) and organ sample (Liver + Chelidonium 200). Here also the organ sample showed higher intensity than the control for both OH-stretching and OH-bending bands (fig. 4d). Figure 4e shows the marked difference in intensity and peak frequency for both OH-stretching and OH-bending bands in case of control (EtOH + Cina 30) and organ sample (Stomach + Cina 30). Here also the organ sample showed the higher intensity than the control for both OH-stretching and OH-bending bands (fig. 4e). The bands are very broad.

DISCUSSION

Cut surfaces of organ samples, when put into the aqueous ethanol, established contact between the water structure in the organ samples and aqueous ethanol. In this way the solvent medium (Aqueous EtOH) takes up the water structure of the organ samples [3]. UV spectra of the water structure of five different organs show variation in intensity and number of peaks because the proteins and other biological contents are different in different tissues of





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the organs. Homeopathic potencies can covert the water structure of a sample into a different form⁸. Since the water structures are different in different organs the effect of a homeopathic potency on the water structures of the organs should be different. This is evident in the UV spectra and the FT-IR spectra of the treated organ samples with related homeopathic potencies (fig. UV and FT-IR). In this way the right homeopathic remedy could produce appropriate effect on the water structure of an organ. It has been observed in both UV and FT-IR spectra that all potencies show distinct difference in intensity from their interaction with the water structure of organ samples. This shows that homeopathic potencies can change the water structure of the organ samples tested.

It was demonstrated that water structure is different in healthy and diseased tissues [9]. It is known that water structure plays an important role in protein function. All biomolecules are suspended in water and have specific structures for their biological functions. Tetrahedral hydrogen bonded molecules of water are present in the bulk solvent away from the hydration layer of protein present. In the hydration layer water molecules and polar atoms on the surface of protein form a three-dimensional chain connection of hydrogen bonded network. The networks are flexible and thus help in conformational changes of protein [4]. Cell membranes mediate many biological functions at the lipid water interface [10].

Water has a 4th state besides the three usual states of solid, liquid and vapour. The 4th state is structured water having crystalline clathrate hydrate structures [11]. It is the structured water which plays the most important role in homeopathic potencies. The only difference is that a homeopathic potency involves activated specifically structured water [1-2]. Ordinary structured water contains structure inducing agent, but a homeopathic potency removes these agents by serial dilution. A substance, may be a plant product, mineral, salt etc can induce specific structure in the water [12-13]. Besides a substance light, X-rays, magnate fields can also induce specific structures in water. Preparation of a homeopathic potency involves progressive serial dilution followed by mechanical agitation. Serial dilution results in loss of original substance molecules and produces a water structure which bears relation to the starting substance. There are evidences showing that many substances, X-rays, magnetic fields can change water structure [14-16]. Mechanical agitation changes hydrogen bonds, hydrogen bond strength, free water molecules. Aqueous ethanol solvent preserves the water structure in a homeopathic potency. Based on the results we can assume that a homeopathic potency can change water structure in the body of a patient including the affected part / organ. The potency, if properly selected, would positively interact with the water structure of the affected part / organ and thus initiate biochemical processes to restore health. Structured water can influence the physiology of man [17].

CONCLUSIONS

Water structures in different organs like brain, kidney, liver, lungs, and stomach are different. A homeopathic potency related to an organ modifies the water structure of the organ. A homeopathic potency is activated specifically structured water which can modify selectively the water structure of the organ. It is possible that a properly selected homeopathic remedy may favourably modify the water structure of the affected organ, and initiate therapeutic effect in the concerned organ vis-à-vis the patient.

CONFLICT OF INTEREST

There is no conflict of interest.

ETHICAL CONSIDERATIONS

No animal was killed in the laboratory. The tested organ samples were collected from a local meat shop. For this, no ethical approval was needed.





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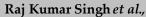
The work described here has been financially supported by the Sukul Institute of Homeopathic Research, Santiniketan.

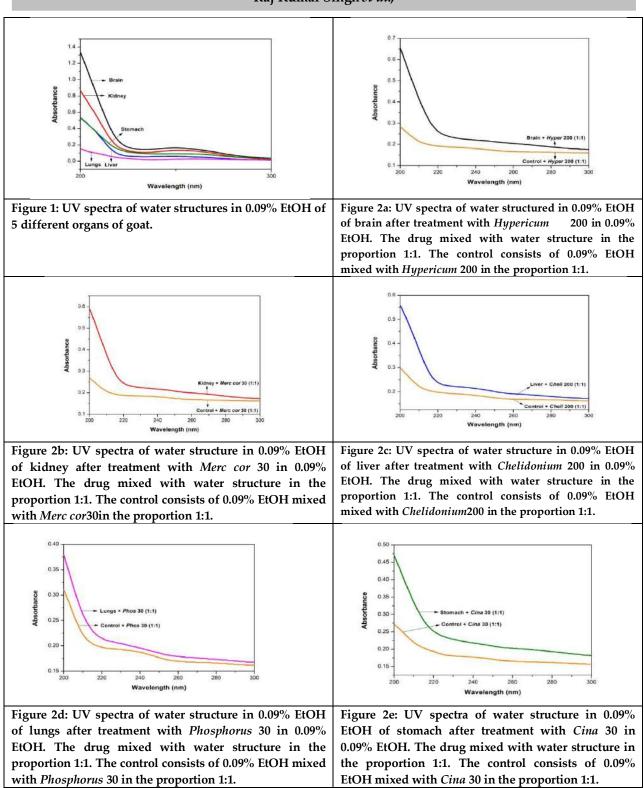
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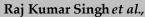












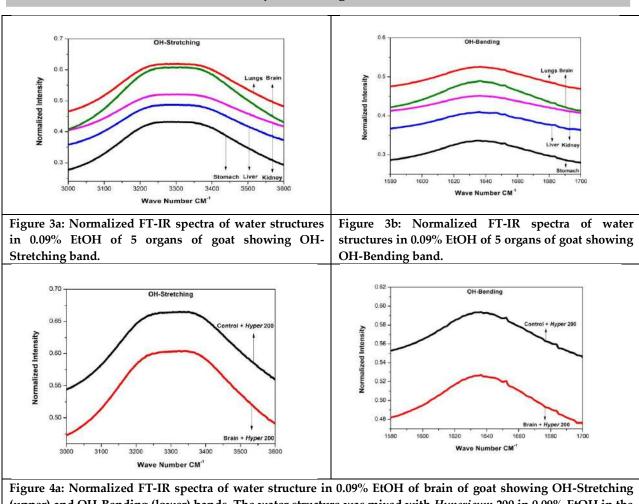


Figure 4a: Normalized FT-IR spectra of water structure in 0.09% EtOH of brain of goat showing OH-Stretching (upper) and OH-Bending (lower) bands. The water structure was mixed with *Hypericum* 200 in 0.09% EtOH in the proportion 1:1. The control consists of 0.09% EtOH mixed with *Hypericum* 200 in 0.09% EtOH in the proportion 1:1.

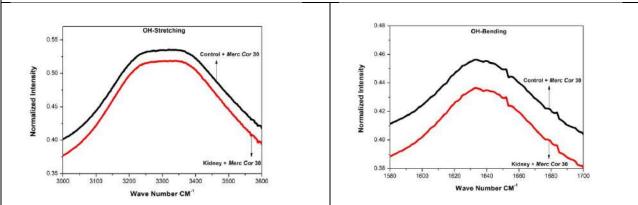
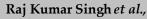


Figure 4b: Normalized FT-IR spectra of water structure in 0.09% EtOH of kidney of goat showing OH-Stretching (upper) and OH-Bending (lower) bands. The water structure was mixed with *Merc cor* 30 in 0.09% EtOH in the proportion 1:1. The control consists of 0.09% EtOH mixed with *Merc cor* 30 in 0.09% EtOH in the proportion 1:1.







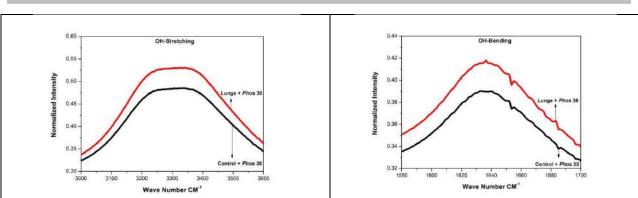


Figure 4c: Normalized FT-IR spectra of water structure in 0.09% EtOH of lungs of goat showing OH-Stretching (upper) and OH-Bending (lower) bands. The water structure was mixed with *Phosphorus* 30 in 0.09% EtOH in the proportion 1:1. The control consists of 0.09% EtOH mixed with *Phosphorus* 30 in 0.09% EtOH in the proportion 1:1.

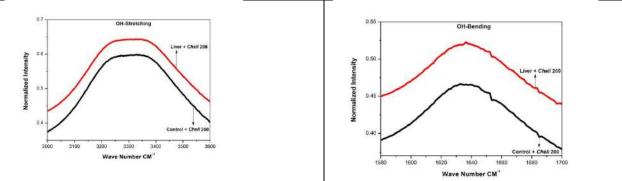


Figure 4d: Normalized FT-IR spectra of water structure in 0.09% EtOH of liver of goat showing OH-Stretching (upper) and OH-Bending (lower) bands. The water structure was mixed with *Chelidonium* 200 in 0.09% EtOH in the proportion 1:1. The control consists of 0.09% EtOH mixed with *Chelidonium* 200 in 0.09% EtOH in the proportion 1:1.

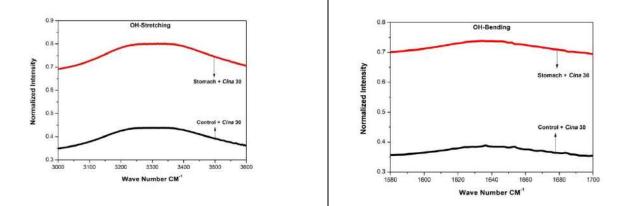


Figure 4e: Normalized FT-IR spectra of water structure in 0.09% EtOH of stomach of goat showing OH-Stretching (upper) and OH-Bending (lower) bands. The water structure was mixed with *Cina* 30 in 0.09% EtOH in the proportion 1:1. The control consists of 0.09% EtOH mixed with *Cina* 30 in 0.09% EtOH in the proportion 1:1.





RESEARCH ARTICLE

Detailed Pharmacognostic Standardization of *Gmelina asiatica* Linn. Fruit

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ABSTRACT

Gmelina asiatica L., commonly known as Nilakumil in Tamil, is distributed throughout the state of Tamil Nadu, predominantly found in the coastal regions. In traditional medicine, the fruits of Gmelina asiatica L. have been used to treat conditions such as leucorrhoea, burning sensations in the eyes, and skin issues like eczema and dandruff. The primary objective of the present study is to standardize the pharmacognostical parameters, including macroscopy, microscopy, histo chemistry, physio-chemical, phytochemical analyses, and High-Performance Thin-Layer Chromatography (HPTLC) fingerprint. Macroscopic studies revealed that the fruit is dark orange-yellow, ovoid-oblong in shape, succulent, with a sweetish-slightly bitter taste. Microscopic investigations showed the presence of various structural components, including the epidermis, a narrow band of hypodermal cells, a wide mesocarp zone, and a stony endocarp. Powder microscopy revealed fragments of the pericarp, mesocarp, and reticulate parenchyma of the testa, endosperm with starch, cells of the cotyledon, sclereids, stone cells, and oil cells. Histochemical studies identified the presence of alkaloids, lignin, polysaccharides, tannin, cutin, and resin. Preliminary phytochemical analysis revealed the presence of alkaloids, phenols, tannins, flavonoids, triterpenoids, glycosides, steroids, and quinones. The moisture content was 9.38%, with alcohol and water-soluble extractive values of 48.45% and 52.03% respectively. The total ash content was 3.16%, while the acid-insoluble and water-soluble ash values were 0.19% and 52.03% respectively. Different extracts were subjected to HPTLC fingerprinting, which produced distinct peaks with varying 83044





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retention factor (Rf) values. These peaks serve as drug-specific identifiers. This study provides valuable guidance for accurately identifying the plant material and establishing standards for the crude drug.

Keywords: Adulteration, Crude Drug, Gmelina asiatica L. Fruit, Lamiaceae, Pharmacognosy.

INTRODUCTION

Herbal remedies and plants have been utilized as medicine since ancient times. Over the last few decades, traditional medical systems have gained international attention. According to current estimates, a sizable section of the populace in many developing nations primarily receives their primary medical care from traditional healers and medicinal plants. At the same time, a growing number of people in wealthy nations are starting to use supplementary or alternative medicines, such as medicinal plants [1]. The demand for herbal drugs is now high and growing every day. Due to the abundance of readily available raw materials, the World Health Organization (WHO) supports and encourages the use of traditional herbs and cures in the healthcare industry. In nature, plants are incredibly complex. Their medicinal properties are influenced by species, geographic location, and methods of harvesting. Standardization of herbal drugs is crucial due to improper herb authentication, microbial adulterations, and pesticide residues. The WHO states that before any tests are conducted, the macroscopic and microscopic description of a medicinal plant is the first step towards confirming the identity and degree of purity of such materials [2].

The genus *Gmelina* was initially described by Linnaeus in 1753, based on the species *Gmelina asiatica* L. A total of 31 species and 2 subspecies are present in this genus [3]. *Gmelina asiatica* L. is known by various names in different Indian languages, such as Asian bush in English; *Bhadra* in Bengali; *Badhara* and *Nag-phul* in Hindi; *Guludu* and *Kalshivani*in Kannada; *Cherkumizhi* and *Kumilamaram* in Malayalam; *Lahan-shivan* in Marathi; *Nondano* and *Gopogombhari* in Orissa; *Badhara* in Punjab; *Gopabhadra*, *Biddari* and *Vikarini* in Sanskirit; *Nilakkumil*, *Nilakkimnizh*, *Nilacumal; Kumizhaniaram, Kumil* and *Kadambal* in Tamil; *Chirugummudu, Gummadi, Cherunelli, Challagumudu* and *Shirigumudu* in Telugu [4]. It belongs to the Lamiaceae family and is found in dry evergreen to dry deciduous forests [5], growing as a scrambling shrub up to 8 meters high. *Gmelina asiatica* L. is widely utilized in Indian traditional medicine to treat jaundice, hemorrhoids, painful urination, arthritis, edema, liver diseases, neurological disorders, heart diseases, skin infections, acne, diabetes mellitus [6], Syphilis [7], dandruff [8], fever and rheumatism [9]. It also serves as an antiseptic, contraceptive [10], astringent, demucent, bladder catarrh [7] and blood purifier [11]. Scientifically, the plant is reported to possess antibacterial [12-13], antifungal [12,13-14], antidandruff[15], anticancer [16], antioxidant[17-18], anti-inflammatory [14,19-20], antidiabetic, antihyperglycemic [21], antianxiety [22], antipyretic [23], Larvicidal [24], hepatoprotective[17] and nephroprotective [18].

1, 2-benzenedicarboxylic acid and monolinoleyl glycerol is the major bioactive compounds identified in the aerial parts of this plant [25]. The heartwood contains methyl p-methoxycinnamate, paulownin, gmelinol, cycloolivil, and sitosterol [26]. A flavone, ovalifolin, (+)-sesamin, sakuranetin, (-)-piperitol, and (+)-pinoresinol have been isolated from the alcoholic extract of the roots [27]. Palmitic, stearic, linoleic, oleic, and ricinoleic acids are reported in the seed oil[28].Kaempferol-3-rutinoside, apigenin-7-rutinoside, apigenin-7-glucuronide, and quercetagetin are identified in the flowers and leaves of *Gmelina asiatica* L. [29]. The fruits are edible [30] and used as a hair wash in traditional medicine [5]. Fresh fruits are boiled with coconut oil, made into a paste, and applied to the head to eliminate dandruff [31]. To date, no report is available on the pharmacognostic evaluation of *Gmelina asiatica* L. fruits. Therefore, this paper presents a report on the transverse section, powder microscopy, Histiochemistry, physicochemical parameters, preliminary phytochemical analysis, and High-Performance Thin-Layer Chromatography (HPTLC) of the fruit of *Gmelina asiatica* L.





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MATERIALS AND METHODS

Collection and Identification of Plant Material

The fresh fruits of *Gmelina asiatica* L. were collected from Cuddalore district, Tamil Nadu. The plant's taxonomic identity was confirmed by referencing the floristic work conducted by earlier researchers [32-33] and consulting the Madras Herbarium (MH). A voucher specimen B.S.I. (S.R.C) No. 150401 has been deposited in the Madras Herbarium, Botanical Survey of India, Southern Regional Centre, Coimbatore.

Botanical Description

Gmelina asiatica L., Sp. pl. 626.1753; Roxb. Fl. ind.3: 87. 1832; Wight, III.Ind.Bot. t. 174. 1850; Hook.f. Fl. Brit. India 4: 582. 1885; Gamble, Fl. Madras 2:1098 (768). 1924; Matthew, FTNC 1: 301.1981, 3: 1222. 1983, 4: t.470.1988& FPH 968. 1999; COL & WCSP 2018; III.Fl. C&NTN t. 1685.2019. *G.Parvifolia* Roxb. Pl. Coromandel t. 162. 1802 (Figure 1). Large straggling deciduous shrub, rarely tree, 3-4 m high; young twigs minutely hairy; spines to 2.5 cm; Leaves ovate to elliptic, 2.5 × 1 cm, apex obtuse to acute; base rounded to cuneate, margin entire to irregularly lobed; upper surface glabrous, dark green, shiny; lower surface glabrous, whitish with peltate scales; petiole to 1 cm. Inflorescence – Racemes axillary and terminal to 9 cm. Calyx 4 lobed, puberulous without; 0.4 × 0.3 cm; lobes acute, 0.1 cm long. Corolla golden yellow; 4 lobed, anterior lip 3- lobed; posterior lip 1- lobed. Stamens 4, inserted at apex of the tube, glabrous; anterior pair 2.3 cm long, anthers 0.2 cm long; posterior pair fertile, 1.1 cm long, anthers 0.1 cm long. Ovary 0.4 cm, glabrous; style 2.6 cm long. Fruit 3 × 1 cm, glabrous, apex rounded, succulent drupe yellow when ripe. Seeds 2, oblong, 1.2 × 0.5 cm. Flowering and Fruiting: Throughout the year.

Macro-Microscopy

The fruits were soaked in water for 12 hours, and free-hand transverse sections were taken according to standard procedures [35-37]. A Zeiss Stereo Discovery V.8 microscope connected with an Axiocam ERc5s was used to examine macro-morphological features, and various characteristics of the fruit, such as color, shape, size, odor, and taste, were recorded. A Zeiss Axiolab 5 microscope with an Axiocam 208 color camera was used to observe micro-morphological features.

Powder Microscopy

The samples were cleaned, shade dried, powdered, and passed through sieve No. 80. The powder was separately treated with glycerine (50%, v/v) and chloral hydrates (10%, v/v). Then the Sample was stained with iodine solution to confirm the presence of starch grains and the characters were observed and photographed under different magnifications by using a Nikon ECLIPSE E200 trinocular microscope attached with Zeiss ERc5s digital camera under bright field light.

Histochemistry

Transverse sections were stained using specific histo-chemical procedures [37].

Preparation of Fruit Extract

The fresh fruits were washed with water, dried in shade, and powdered. Four grams of the powder were extracted with 100 ml of n-hexane in a Soxhlet apparatus. The extract was concentrated using a rotary evaporator under reduced pressure (100 mbar) and reduced temperature (55°C). It was then dissolved in 10 ml of n-hexane. The marc in the thimble was successively extracted with hexane, chloroform, and ethanol. Their extracts were redissolved in the respective solvents and used for preliminary phytochemical analysis and HPTLC analysis.

Physio-chemical Parameters

Physiochemical parameters such as Loss on drying, ash values, and extractive values, were carried out as per the standard procedure [38].





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Phytochemical Screening

The phytochemical analysis was performed using standard procedure [39].

HPTLC fingerprinting analysis:

Thirty microliters (30 µl) of the extracts were applied to a silica-coated TLC plate 60F₂₅₄ using Camag's ATS4 sample applicator and developed in a twin trough chamber (CAMAG) measuring 20 × 10 cm, previously saturated with the mobile phase. The mobile phase for the hexane extract was Toluene: Ethyl acetate: Formic acid (9.5:0.5:0.5, v/v/v); for chloroform and ethanol extracts, it was Toluene: Ethyl acetate: Formic acid (7:3:0.5, v/v/v). The developed plate was dried over a hot plate and a photograph was taken in CAMAG Visualizer Chamber followed by scanning under λ 254 (absorbance mode, D2 lamp) and λ 354 (Fluorescence mode, Hg lamp) respectively with a slit dimension 6×0.45 mm and scanning speed of 20 mm/s by scanner 4 (Scanner_210441) linked with WINCATS software. The scanned plate was dipped in Vanillin sulphuric acid (VSR) and heated at 105°C till the appearance of colored bands. The photograph was taken immediately at white light followed by scanning at λ 520 at absorption mode (W lamp).

RESULTS AND DISCUSSION

In the herbal medicine sector, incorrect plant species identification has resulted in adulteration and raw drug replacement [40]. Accurate identification, quality assurance, and the development of pharmacognostic standards are necessary for an evaluation of medicinal plants. The WHO states that evaluating a medical plant both macroscopically and microscopically is the first step towards plant standardization [41-42]. Microscopic characters have a lot of potential applications in authentication on several levels. Even though scientists believe that it can be challenging to distinguish between closely related genera within a family based solely on anatomical traits, careful cellular analysis or powder microscopy may be able to help resolve the authentication problems [43-44].

Macroscopic Evaluation

The fruit is ovoid, oblong, or pyriform in shape and succulent, the surface is smooth glossy, and dark orange-yellow in colour. 1-2 seeded drupe. Calyx is persistent, attached at the base of the pointed end of the fruit a short pedicel lies at the centre of it, and a small depression is occasionally located at the broader end, 1.5 to 2 cm in length, 0.5 to 1 cm in width and 0.5 to 0.8 mm in thickness. Pericarp is sweetish-slightly bitter and mucilaginous; odour characteristic, taste oily (Figure 2).

Microscopic Evaluation

Fruit

The transverse section of the fruit pulp (Figure 3) shows three layers i.e., epicarp, mesocarp, and endocarp. The epicarp region consists of a single layer of small rectangular cells arranged radially. The epidermis is covered with a thin layer of cuticle. Followed by the epidermis, 10 to 15 rows of isodiametric, spherical hypodermal cells comprise parenchymatous. The mesocarp is fleshy, consisting of a wide zone of parenchymatous cells arranged in numerous layers approximately 15 to 20 layers. Outer mesocarp cells are isodiametric, whereas inner mesocarp are radially running celled layer of inner epidermis lies underneath this, followed by a broad zone of sclerenchymatous band of endocarp.

Seed

The transverse section of the seed shows narrow, small-sized cells of the outer epidermis followed by inconspicuous endosperm consisting of 1 to 2 rows of tangentially running cells embedded with aleurone grains, cotyledons consisting of outer and inner epidermis enclosing the wide mesophyll tissue embedded with fixed oil and aleurone grains (Figure 4).





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Powder Microscopy

The fruit powder is dark brown in color with a slightly aromatic odor and characteristic taste. It shows fragments of the pericarp, mesocarp, and reticulate parenchyma of the testa, endosperm with starch, cells of the cotyledon, sclereids, stone cells, cells with content, and oil cells (Figure 5).

Histochemistry

In the fruit pericarp, alkaloids were present in the epicarp and mesocarp cells; cutin and resin were noted in the epidermal cells; lignin and mucilage were present in the mesocarp region, while tannin deposition was present in both the epicarp and mesocarp regions as shown in (Figure 6). In the seed, alkaloids and aleurone were present in the cotyledonary cells; lignin deposition was observed in the testa cells; oil droplets were observed in the endosperm cells, and tannin was present in the cotyledon cells (Figure 7).

With the use of particular staining reactions and imaging techniques, histochemistry enables the identification and localization of biomolecules and organelles in many types of cells and tissues at the cellular level. The in vivo localization of promoters in certain tissues and the identification of particular cell wall constituents like polysaccharides and lignin are two other common uses for histochemical techniques [45]. The chemical histo-localisation allows determining the exact storage site of the secondary metabolites.

Physio-Chemical Parameters

The physio-chemical parameters of powdered fruit pulp of *Gmelina asiatica* L. were evaluated in Table 3. Physicochemical parameters play a crucial role in standardizing and ensuring the quality of herbal drugs. These parameters encompass various factors such as loss on drying, ash content, and pH. Herbal materials need to be free from contamination, making foreign matter analysis of powdered drugs a significant parameter for assessing the purity of herbal drugs [46]. The loss on drying test is a widely employed method to determine the moisture content in powdered samples. It's essential for the moisture content of drugs to be kept at minimal levels to prevent the growth of microbes during storage [47]. Ash values are utilized to assess the quality and purity of crude drugs, indicating the presence of various impurities such as carbonate, oxalate, and silicate. Water-soluble ash is employed to gauge the quantity of inorganic compounds in drugs, while acid-insoluble ash primarily consists of silica, indicating contamination with earthy materials [47]. Estimating extractive values helps determine the quantity of active constituents present in a given amount of plant material when it's extracted with a specific solvent. When any crude drug is extracted with a particular solvent, it yields a solution containing various phytoconstituents. The composition of these chemical constituents is influenced by both the nature of the drug and the solvent utilized. Additionally, this process offers an indication of whether the crude drug has been fully depleted or not[46-48].

Preliminary Phytochemical Screening

The preliminary phytochemical screening of *Gmelina asiatica* L. fruit pulp revealed the presence of diverse phytochemical compounds, which can be found in Table 2.Alkaloids, Phenols, tannins, flavonoids, triterpenoids, glycosides, steroids, quinones, and cardiac glycosides constituted the phytoconstituents in hexane, chloroform, and ethanol extracts. However, proteins, reducing sugars, coumarin, and anthraquinones, acids were not found in ethanol, chloroform, and hexane extracts. Among the three extracts, the hexane extract exhibited significantly lower levels of phytoconstituents

HPTLC Fingerprint Analysis

The results of the Thin Layer Chromatography (TLC) photodocumentation of 30 microliters of different extracts under UV 254 nm, 366 nm, and white light after derivatization using vanillin-sulphuric acid reagent at 520 nm are shown in Figure 8 and Table 3. The HPTLC fingerprint profiles of different extracts of the fruits pulp of *Gmelin asiatica* L. are presented in Figures 9 to 11. The HPTLC analysis of the hexane extract shown in Figure 9 reveals that under UV 254 nm, eight peaks are observed, with the major peaks present at Retention factor (Rf) values of 0.90 (45.89%), 0.94 (16.14%), and 0.82 (15.42%). Under UV 354 nm, the major peaks are found at Rf values of 0.44 (41.48%), 0.28 (24.63%), and 0.96 (24.46%). After derivatization with vanillin-sulphuric acid, at white light 520 nm, the major





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peaks are observed at Rf values of 0.97 (25.94%), 0.29 (22.14%), and 0.44 (18.33%). In the chloroform extract, twelve peaks were recorded, with the major peaks seen at Rf values of 0.94 (52.20% area) and 0.58 (14.91% area) under UV 254 nm. In the ethanol extract, under UV 254 nm, five peaks were identified, with the major peaks observed at Rf values of 0.33 (30.8% area), 0.95 (25.88% area), and 0.55 (18.79% area). Under λ 354 nm, a total of two peaks were recorded, with the major peaks appearing at an Rf value of 0.91 (82.37% area). After derivatization with vanillinsulphuric acid and examining at white light 520 nm, a total of eight peaks were recorded, with the major peaks found at Rf values of 0.51 (20.75% area), 0.75 (17.97% area), and 0.46 (13.77% area), as presented in Figure 11. This finding is useful for supplementing existing information on the identification and standardization of *Gmelina asiatica* L., even in its powdered form, to distinguish it from other drugs and adulterants. The HPTLC analysis conducted for the chemical profiling of *Gmelina asiatica* L. fruit will be useful in identifying bioactive chemicals and markers by a comparison of the compound's Rf values with reference standards. These findings also imply that the pharmacognostic and physiochemical parameters that are observed have a significant role in formulation development and quality control of the crude drug.

CONCLUSION

Pharmacognostic standardizations is essential to determining a crude drug's accurate identity and quality. Prior to any medication being added to the pharmacopoeia, these requirements need to be met. The macroscopy, microscopy, physiochemical, and phytochemical aspects of the plant material provide the majority of the information regarding its identity, purity, and quality. Since there is no documentation of pharmacognostical research on *Gmelina asiatica* L. fruits, the current study was conducted to establish essential phytopharmacopoecial standards. Further, it could attract the attention of pharmacologists to explore this plant through scientific research.

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Table 1. Physicochemical parameters of Gmelina asiatica L. fruit pulp

| Name of the Parameters | Mean value |
|-------------------------------------|------------|
| Moisture content at 105°C(%, w/w) | 9.38 |
| Total ash (%, w/w) | 3.16 |
| Acid insoluble ash (%, w/w) | 0.19 |
| Water soluble extractive (%, w/w) | 52.03 |
| Alcohol soluble extractive (%, w/w) | 48.45 |
| pH value (10% solution) | 4.63 |

| S. No | Tests for phyto constituents | Hexane | Chloroform | Ethanol |
|-------|------------------------------|--------|------------|---------|
| 1. | Alkaloids | - | - | + |
| 2. | Flavonoids | - | + | + |





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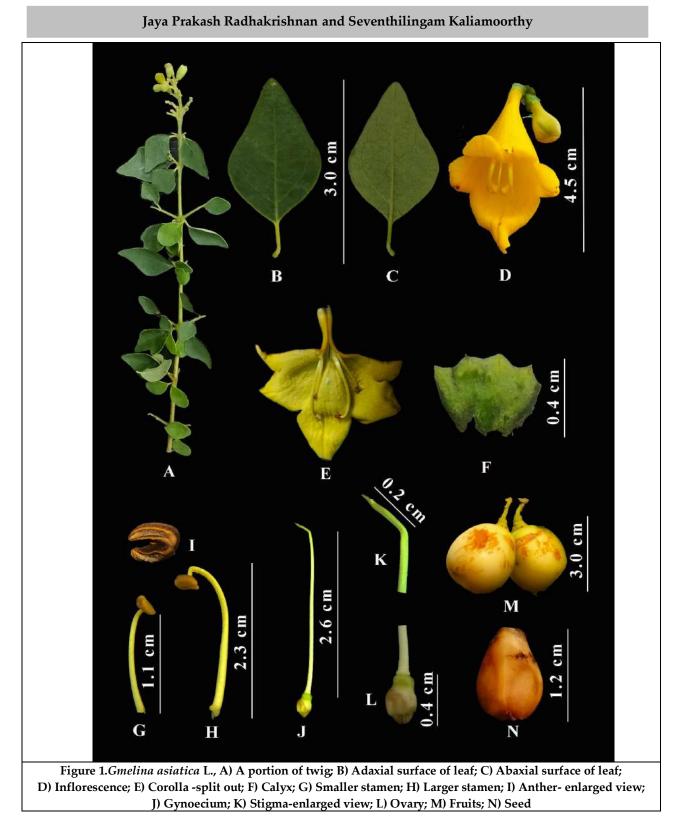
| | - | | | - |
|-----|---------------------|--------------|--------|---|
| 3. | Tannins | - | + | + |
| 4. | Phenol | + | + | + |
| 5. | Saponins | - | - | + |
| 6. | Triterpenoids | + | + | + |
| 7. | Proteins | - | - | - |
| 8. | Glycosides | - | + | + |
| 9. | Reducing sugar | - | - | - |
| 10. | Anthraquinones | - | - | - |
| 11. | Quinones | - | + | + |
| 12. | Cardiac glycoside | - | - | + |
| 13. | Steroids | + | + | + |
| 14. | Coumarin | - | - | - |
| 15. | Acids | - | - | - |
| | Abbreviations: +, p | resent; -, a | bsent. | |

Table 3.Presents the Retention factor (Rf) values obtained from TLC profiling of extracts derived from *Gmelina asiatica* L. Fruit pulp.

| Name of the | UV | 254 nm | U | V366 nm | After derivatizing with 5% Vanillir sulphuric acid reagent | | | | | |
|-------------|------|--------|------|------------|---|--------------|--|--|--|--|
| extract | Rf | Colour | Rf | Colour | Rf | Colour | | | | |
| | 0.05 | Green | 0.05 | Lightred | 0.08 | Light violet | | | | |
| | 0.29 | Green | 0.10 | Lightred | 0.17 | Purple | | | | |
| | 0.35 | Green | 0.29 | Red | 0.30 | Purple | | | | |
| | 0.44 | Green | 0.39 | Blue | 0.40 | Light purple | | | | |
| | 0.61 | Green | 0.45 | Red | 0.44 | Purple | | | | |
| n-Hexane | 0.82 | Green | 0.69 | Lightred | 0.55 | Purple | | | | |
| | 0.91 | Green | 0.76 | Lightred | 0.61 | Purple | | | | |
| | 0.98 | Green | 0.91 | Blue | 0.65 | Light purple | | | | |
| | | | 0.98 | Blue | 0.71 | Light purple | | | | |
| | | | | | 0.90 | Violet | | | | |
| | | | | | 0.94 | Violet | | | | |
| Chloroform | 0.08 | Green | 0.12 | Blue | 0.10 | Grey | | | | |
| | 0.10 | Green | 0.21 | Blue | 0.17 | Purple | | | | |
| | 0.14 | Green | 0.32 | Blue | 0.26 | Yellow | | | | |
| | 0.21 | Green | 0.46 | Blue | 0.35 | Yellow | | | | |
| | 0.31 | Green | 0.55 | Blue | 0.42 | Brown | | | | |
| | 0.39 | Green | 0.69 | Blue | 0.47 | Yellow | | | | |
| | 0.47 | Green | 0.75 | Lightgreen | 0.50 | Yellow | | | | |
| | 0.52 | Green | 0.79 | Lightred | 0.58 | Light yellow | | | | |
| | 0.58 | Green | 0.86 | Light pink | 0.73 | Pink | | | | |
| Ethanol | 0.09 | Green | 0.10 | Blue | 0.06 | grey | | | | |
| | 0.38 | Green | 0.19 | Blue | 0.17 | Light pink | | | | |
| | 0.45 | Green | 0.35 | Blue | 0.21 | Light pink | | | | |
| | 0.58 | Green | 0.46 | Blue | 0.27 | Yellow | | | | |
| | | | 0.64 | Blue | 0.39 | Light purple | | | | |
| | | | 0.80 | Green | 0.44 | Yellow | | | | |
| | | | 0.89 | Blue | 0.47 | Pink | | | | |
| | | | | | 0.58 | Yellow | | | | |
| | | | | | 0.78 | Pink | | | | |











Jaya Prakash Radhakrishnan and Seventhilingam Kaliamoorthy

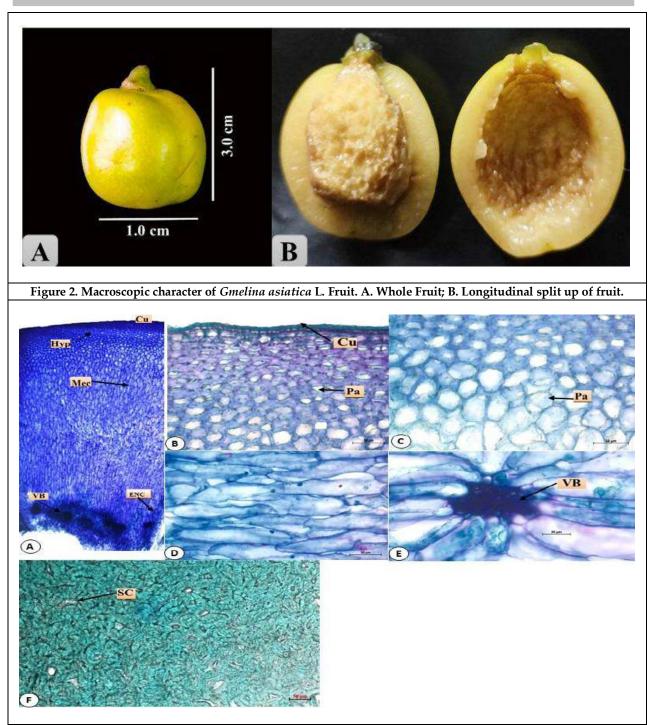
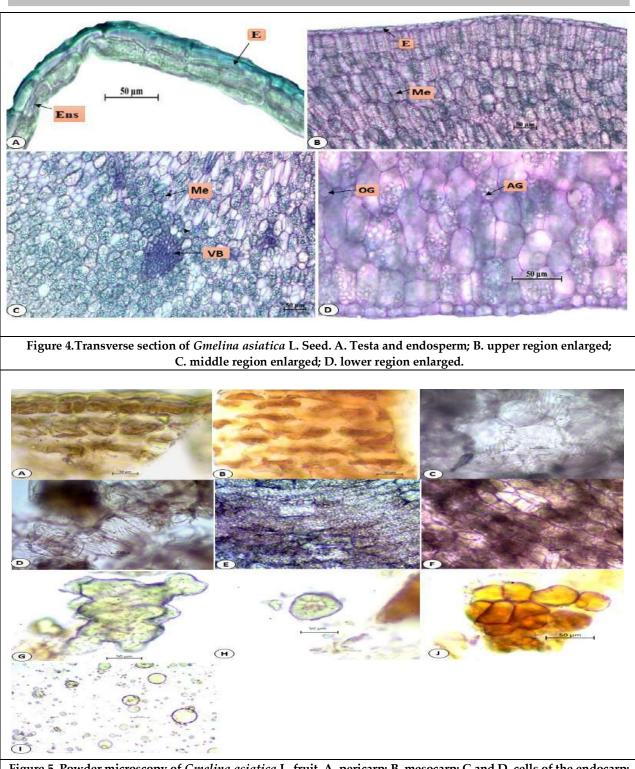


Figure 3. Anatomy of *Gmelina asiatica* L. fruit pulp. A. Transverse section of fruit; B. outer region enlarged; C. inner mesocarp cells; D. outer mesocarp cells; E. vascular bundles in the mesocarp cells; F. stony endocarp.







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Figure 5. Powder microscopy of *Gmelina asiatica* L. fruit. A. pericarp; B. mesocarp; C and D. cells of the endocarp; E. endosperm cells with starch; F. cotyledon cells; G. sclereids; H. stone cells; I. cells with brownish content; J. oil drops.





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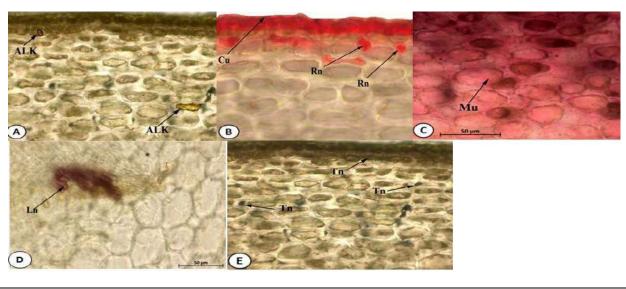
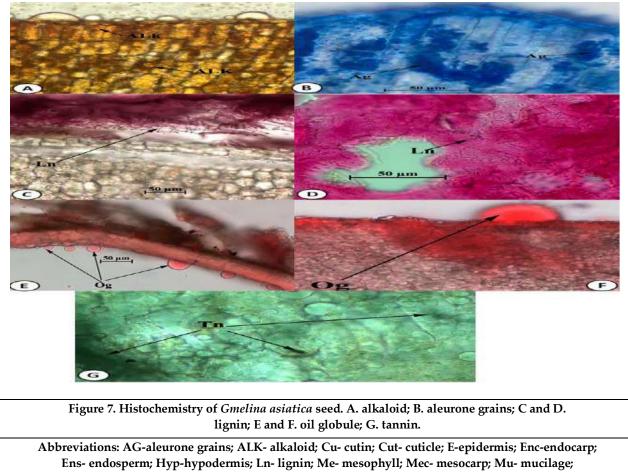


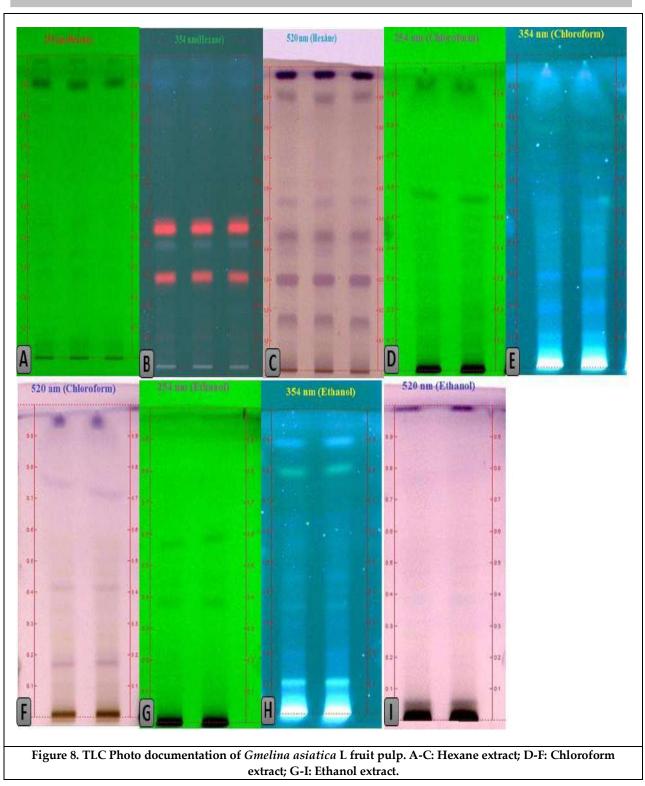
Figure 6. Histo chemistry of fruit pericarp. A. alkaloid; B. cutin and resin; C. mucilage; D. lignin; E. tannin



OG-oil globules; Pa-parenchyma; Rn- resin; Sc-stony endocarp; Tn- tannin; VB-vascular bundle.



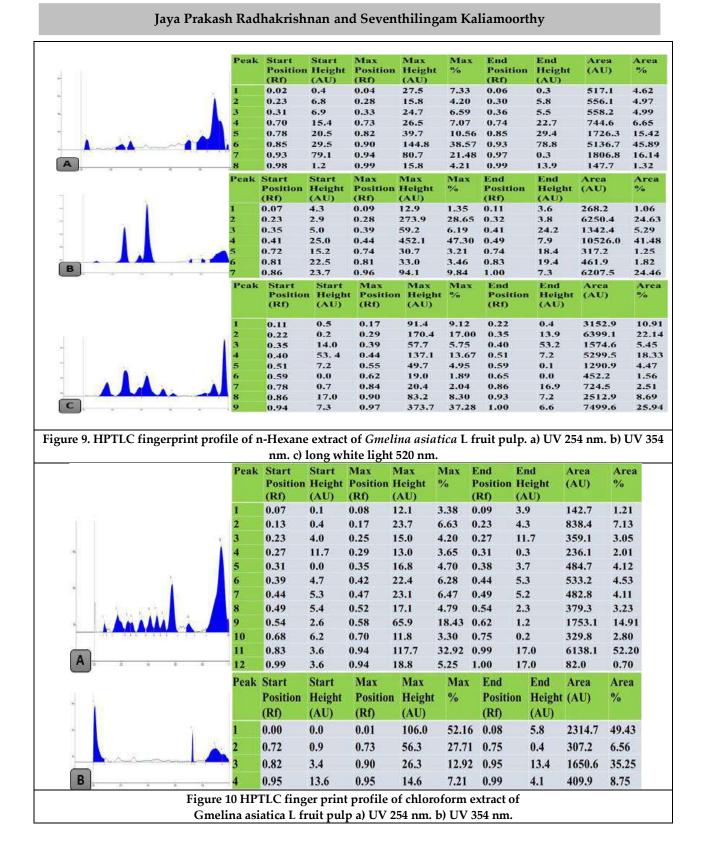




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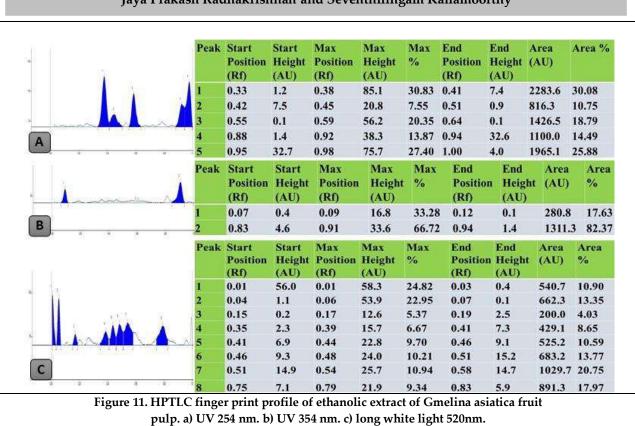
















RESEARCH ARTICLE

Microbial Derived Vitamin D2 and Nisin as Dual Function Compounds with Antibiofilm and Anticancerous Activities

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ABSTRACT

This study was conducted to investigate the potential of microbial- derived commercially available Vitamin D2 and Nisin as dual function compounds with antibiofilm and anticancerous properties; exploring their mechanism of action and therapeutic implications. Utilizing a combination of cultures, comprehensive array of laboratory experiments and analytical tools, precise and robust analysis was carried out. The compounds Vitamin D2 and Nisin were subjected to rigorous testing against *Staphylococcus aureus* and *Pseudomonas aeruginosa* bacterial strains along with A431 SCC cancer cell lines to assess their antibiofilm and anti-cancerous activity respectively. The results demonstrated that microbial- derived Vitamin D2 and Nisin exhibit potential antibacterial effects. Additionally, both compounds also show promising anti-cancerous activity, hindering the proliferation of cancer cells with notable specificity in MTT and Apoptosis assay. This research establishes microbial- derived Vitamin D2 and Nisin as promising dual- action compounds with potential applications in both antibacterial therapies and anticancer treatments, highlighting their multifaceted therapeutic significance.

Keywords: Nisin, Vitamin D2, apoptosis, MTT Assay, A431 SCC cancer cell lines.

INTRODUCTION

The world is on the verge of entering the "post-antibiotic era," a time when the mortality rate from common bacterial infections will surpass that of cancer [1]. Multidrug resistance is one of the most significant global public health threats of the twenty-first century and may also be related to antimicrobial medications. Because of treatment failures and their prevalence in healthcare costs, this phenomenon has indeed increased both mortality and morbidity [2]. Gram-positive and gram-negative bacteria with multidrug resistance have led to infections that are difficult to treat





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or even untreatable with conventional antimicrobials. Additionally, biofilms can be problematic for infection control because they contribute to multidrug resistance. Since biofilms permit microbial cells to briefly enter a metabolically inactive state, antibiotics are rendered ineffective, which leads to disease recurrence because latent bacterial infection is still present within the host [3]. High antibiotic doses for an extended period are typically necessary to combat this cell organization, but these methods frequently fall short, resulting in infection persistence [4]. The treatment and control of cancer is also a major cause of concern for both developing and developed nations. Conventional anticancer therapy involves the use of chemical chemotherapeutics and radiation and is often non-specific in action. The development of drug resistance and the inability of the drug to penetrate the tumor cells has been a major pitfall in current treatment.

The creation of novel, "out of the box," therapeutics is required to combat antibiotic-resistant bacterial infections brought on by acquired resistance and/or biofilm formation and the need to investigate alternative anti-tumor therapeutics possessing greater specificity and efficacy is significant [5-6]. Some of the microorganisms produce bioactive secondary metabolites that may be involved in a host-endophyte relationship. Recently, many endophytic bioactive molecules, known as well as new substances, possessing a wide variety of biological activities such as antibiotic, antitumor, anti-inflammatory, antioxidant, etc. have been identified among which Vitamin D2 and Nisin will be assessed in this study. The anti-bacterial and anti-quorum sensing activity of vitamin D2 from fungus is evident from mushrooms but from yeasts remains unexplored. Also, there are restricted resources regarding the anticancerous activity of commercially available vitamin D2 from yeasts. The use of nisin as a single agent or in combination with other conventional medications to treat cancer is still in its infancy. The microbiome and cancer may also be related etiologically, according to mounting evidence.

MATERIALS AND METHODS

Procurement of Samples, Strains& Cell Cultures

Vitamin D2 (S1) and Nisin (S2) were procured from I. A Chemicals, Gujarat and Chihonbio respectively of 10 grams. Atotal of two microorganisms were used to assess the antimicrobial properties, *Staphylococcus aureus* (MTCC-2408), and *Pseudomonas aeruginosa* (MTCC 2080).A431 (Human skin cancer) cell line was initially procured from the National Centre for Cell Sciences (NCCS), Pune, India, and maintained Dulbecco's modified Eagles medium, DMEM (Sigma-Aldrich, USA).

Antibiofilm Activity by Crystal violet Assay Method

Sample preparation

Test samples Vitamin D2 & Nisin were dissolved in 0.02 N HCl & Methanol respectively at a concentration of 100 mg/mL. This was further diluted in LB broth to obtain test concentrations of 0.0097, 0.019, 0.039, 0.078, 0.156, 0.312, 0.625, 1.25, 2.5 & 5 mg/mL. Similar dilutions were prepared for standard Gentamicin. The protocol was laid as per the method by O'Toole**[7]**.

Anti-Cancerous Potency by MTT and Apoptosis Assays on A431 cell lines

The cell line was cultured in a 25 cm² tissue culture flask with DMEM supplemented with 10% FBS, L-glutamine, sodium bicarbonate (Merck, Germany), and an antibiotic solution containing: Penicillin (100 μ g/ml), Streptomycin (100 μ g/ml), and Amphotericin B (2.5 μ g/ml). Cultured cell lines were kept at 37°C in a humidified 5% CO₂ incubator (NBS Eppendorf, Germany).

The viability of cells was evaluated by direct observation of cells by an Inverted phase contrast microscope and followed by the MTT assay method.





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Anticancer Evaluation

After 24 hours the growth medium was removed, and freshly prepared compounds in DMEM were five times serially diluted by two-fold dilution (200 μ g, 100 μ g, 50 μ g, 25 μ g, 12.5 μ g, 6.25 μ g in 500 μ l of DMEM) and each concentration of 100 μ l was added in triplicates to the respective wells and incubated at 37°C in a humidified 5% CO₂ incubator. Non-treated control cells were also maintained[**8**].

The percentage of growth inhibition was calculated using the formula:

% of viability = Mean of OD samples / Mean of OD Control x 100

Apoptosis Assay

After treatment with the sample at LC 50 Concentration (S1-114.29 μ g/mL and S2 -137.142 μ g/mL) for 24 hours, the cells were washed with cold PBS and then stained with a mixture of AO (100 μ g/ml) and EtBr (100 μ g/ml) at room temperature for 10 min. The stained cells were washed twice with 1X PBS and observed by a fluorescence microscope in the blue filter of the fluorescent microscope (Olympus CKX41 with Optika Pro5 camera)[9].

STATISTICAL ANALYSIS

All the experiments were performed in triplicates and the results are expressed as Mean \pm SD (n = 3). The results were analyzed for statistical significance using the unpaired Students T-test, One-way ANOVA, and Dunnets test (SPSS Inc. 20.0 version) & ED50 PLUS V1.0 Software. Probability values (P) \leq 0.05 were statistically significant.

RESULTS

Antibiofilm Activity by Crystal Violet Assay Method

The biofilm inhibition activity Vitamin D2 and Nisin was performed against the test microorganisms namely *S. aureus*&*P. aeruginosa*. Gentamicin was used as the positive control. 10 test concentrations of the samples were taken from 5- 0.0097 mg/ml. Vitamin D2 depicted more inhibition activity compared to Nisin. The IC50 values of Vitamin D2, Nisin, and Gentamicin were 0.080 mg/ml, 1.231 mg/ml, and 0.028 mg/ml respectively against *S. aureus* whereas IC50 values of Vitamin D2, Nisin, and Gentamicin were 0.202 mg/ml, 1.453 mg/ml, and 0.037 mg/ml respectively against *P. aeruginosa*. The results are tabulated in Tables 1A &1B. The comparative analysis of the activity is illustrated in Figures 1A& 1B.

Anticancerous Potency by MTT Assay Method

The test samples Vitamin D2 & Nisin were assessed for their anticancerous potency on human skin cancer cell lines-A431 cell lines. Non-treated cells were used as control. Indicators of cytotoxicity like granulation, rounding, and vacuolization were observed under microscopic examination. The percentage of growth inhibition was also calculated wherein the expressed LC50 Values of Vitamin D2 and Nisin were 114.29 μ g/mL and 137.14 μ g/mLrespectively (Calculated using ED50 PLUS V1.0 Software). The percentage of viability and cytotoxicity are represented in Figures 2A, 2B, 2C, and2D respectively.

Anticancerous Potency by Apoptosis Assay Method

A431 cell lines appeared to exhibit apoptosis on treatment with test samples Vitamin D2 & Nisin. Non-treated cells were used as control. The cells were divided into four categories as follows: living cells (normal green nucleus), early apoptotic (bright green nucleus with condensed or fragmented chromatin), late apoptotic (orange-stained nuclei with chromatin condensation or fragmentation), and necrotic cells (uniformly orange-stained cell nuclei) which are depicted in Figure 3.





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DISCUSSION AND CONCLUSION

Along with the struggle to combat AMR, cancer is also a complex and devastating disease that causes a range of health problems. Therefore, a general call for novel and therapeutic naturally occurring metabolites to render or treat infections and diseases points out to be a significant highly effective alternative. In this sense, the antimicrobial and anticancerous activity of the metabolite Vitamin D2 and lantibiotic Nisin was analyzed against microbes and skin cancer SCC cell lines respectively. In the initial screening of antibiofilm activity of the samples, the Crystal violet assay method depicted that both Vitamin D2 and Nisin can inhibit the biofilm formation of the test organisms *S. aureus* and *P. aeruginosa*. This opens a new strategy of using these compounds to resist biofilm formation that has been exacerbating infections. The test samples were taken at a concentration ranging from 5- 0.0097 mg/ml. The IC50 values of Vitamin D2, Nisin, and Gentamicin (positive control) were 0.080 mg/ml, 1.231 mg/ml, and 0.028 mg/ml respectively against *S. aureus* whereas IC50 values of Vitamin D2, Nisin, and Gentamicin were 0.202 mg/ml, 1.453 mg/ml, and 0.037 mg/ml respectively against *P. aeruginosa*.

The anticancerous potency of Vitamin D2 & Nisin analyzed by MTT & Apoptosis assay on Human skin cancer SCC A431 cell lines also proved that these compounds can be used as an alternative to treat skin cancers instead of conventional chemotherapeutic methods which cause severe side effects. Moreover, since Vitamin D2 is non-calcaemic, it can be replaced instead of Vitamin D3. In MTT assay indicators of cytotoxicity like granulation, vacuolation, and rounding were observed. The percentage of growth inhibition was also calculated wherein the expressed LC50 Values of Vitamin D2 and Nisin were 114.29 μ g/mL and 137.14 μ g/mL respectively. In the Apoptosis assay, cells exhibiting apoptosis were observed under an inverted phase contrast microscope. This work could help in groundbreaking medical interventions that address infection control and cancer treatment challenges simultaneously. The future perspective of this study paves the way for analyzing the action of Nisin and Vit D2 in the gene regulation responsible for biofilm inhibition at the molecular level. Furthermore, by docking methods, the extent of activity by Vitamin D2 and Nisin on targeted cells could also be analyzed.

DECLARATIONS

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There are no funding bodies in the design of the study and collection, analysis, and interpretation of data and in writing the manuscript.

CONFLICT OF INTEREST

The authors "declare that they have no conflict of interest."

Ethics Approval and Consent to Participate

"This article does not contain any studies with human participants or animals performed by any of the authors."

Consent for Publication

This manuscript does not contain any personal data of individuals in any forms.

Availability of Data and Material

"Data sharing not applicable to this article as no datasets were generated or analysed during the current study".





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| Crystal | | | | Test Concentrations (mg/ml) | | | | | | | | | | | | | | | |
|-----------------------------------|-------------------|-----------------|--------------|-----------------------------|-------------------|---------------|------------|---------------|-------------------|----------|---|----------|---------------|-----------|---------------|-----------------------|------------------------|-----------------|--|
| violet OD @ 595 nm | Blank | _ | ntrea ted | 0.009 7 | | 01 9 | 0.03 9 | 3 0.0 8 | - | 0.1 6 | - | 0.3 2 | 1 | 0.62 5 | 1. 5 | | 2.5 | 5 | |
| Gentamicin (Positive control) | | | | | | | | | | | | | | | | | | | |
| Mean OD ± SD | 0.06 | | .5 ± 0.1 | 1.42 ± 0 | | 25 ± 03 | 0.2 : 0 | ± ± | 0.05 ± 0.02 | | $ \begin{array}{c} 0.06 \\ \pm \\ 0 \\ 0.03 \end{array} $ | | 0.04 | | 0. 5 0 | 0 ± | 0.0 6 ± 0.0 1 | 0.05 ± 0.0 | |
| % of Biofilm Inhibitio n | | | 0 | 5.3 | 16 | 5.6 | 86.6 | 5 96 | 5.7 | 96 | .7 | 96 | , | 97.3 | 96 7 | | 96 | 96.7 | |
| IC50= 0.028 mg/mL | | | | | | | | | | | | | | | | | | | |
| | | | | | | | Vita | min D | 92 (S | 51) | | | | | | | | | |
| Mean OD ± SD | : 0.0 6 | 1.5 ± 0.1 | 1.53 0.1 | ± 2 | 1.44 ± 0.07 | 1.5 0.1 | | 0.8 ± 0.11 | 0.2 0.0 | | 0.00 ± 0.02 | | 0.06 ± 0.0 | , : | 07 ± 02 | 0.0 5± 0.0 1 | | 0.06 ± 0.02 | |
| % of Biofilm Inhibition | | 0 | -2 | | 4 | 0 | | 46.7 | 86 | .7 | 96 | , | 96 | 95 | 5.3 | 96. 7 | | 96 | |
| | IC50= 0.080 mg/mL | | | | | | | | | | | | | | | | | | |
| | | | | | | | N | lisin (| S2) | | | | | | | | | | |
| Mean OD ± SD | : 0.0 6 | 1.5 ± 0.1 | 1.6 0.0- | | 1.6 ± 0.08 | 1.6 0.1 | | 1.6 ± 0.02 | 1.4 ± | | 1.52 ± 0.04 | | 1.6 ± 0.03 | : : | 51 ± 02 | 0.2 ± 0.0 | | 0.04 ± 0.01 | |

Table 1A.0020AntibiofilmActivityof Vitamin D2 & Nisin against Staphylococcus aureus





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| | | | | | | | | | | | 2 | | |
|-------------------------------|-------------------|---|-------|-------|-------|-------|-----|------|-------|----|----------|------|--|
| % of Biofilm Inhibition | | 0 | -6.67 | -6.67 | -6.67 | -6.67 | 4.6 | -1.3 | -6.67 | 66 | 86. 7 | 97.3 | |
| | IC50= 1.231 mg/mL | | | | | | | | | | | | |

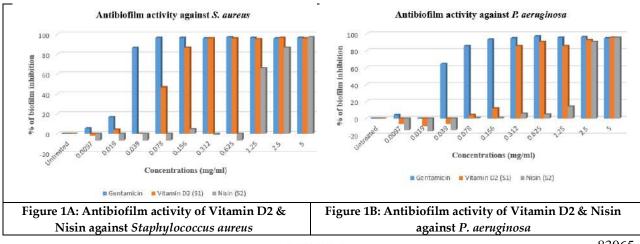
Table 1B. AntibiofilmActivityof Vitamin D2 & Nisin against Pseudomonas aeruginosa

| Crystal | | Test Concentrations (mg/ml) | | | | | | | | | | | | |
|--------------|-------------------------------|-----------------------------|--------|--------|---------|-------|-------|-------|------------|------|------|------|--|--|
| violet OD @ | | | | | | | | | | | | | | |
| 595 nm | | | | | | | | | | | | | | |
| | Blank | Untreated | 0.0097 | 0.019 | 0.039 | 0.078 | 0.156 | 0.312 | 0.625 | 1.25 | 2.5 | 5 | | |
| | Gentamicin (Positive control) | | | | | | | | | | | | | |
| Mean OD ± | 0.06 | 1.41 ± 0.03 | 1.35 ± | 1.41 ± | 0.5± | 0.2± | 0.09± | 0.07 | $0.04 \pm$ | 0.06 | 0.05 | 0.07 | | |
| SD | | | 0.05 | 0.05 | 0.07 | 0.05 | 0.02 | ± 0 | 0.02 | ± 0 | ± | ± 0 | | |
| | | | | | | | | | | | 0.03 | | | |
| % of Biofilm | | 0 | 4.2 | 0 | 64.5 | 85.8 | 93.6 | 95 | 97.1 | 95.7 | 96.4 | 95 | | |
| Inhibition | | | | | | | | | | | | | | |
| | | | | IC50= | 0.037 m | g/mL | | | | | | | | |

| Vitamin D2 (S1) | | | | | | | | | | | | |
|-------------------|-------------------|--------|--------|--------|-------|-------|-------|--------|--------|------------|------------|------------|
| Mean OD ± | 0.06 | 1.5 ± | 1.53 ± | 1.44 ± | 1.5 ± | 0.8 ± | 0.2 ± | 0.06 ± | 0.06 ± | $0.07 \pm$ | $0.05 \pm$ | $0.06 \pm$ |
| SD | | 0.1 | 0.12 | 0.07 | 0.14 | 0.11 | 0.06 | 0.02 | 0.0 | 0.02 | 0.01 | 0.02 |
| % of Biofilm | | 0 | -2 | 4 | 0 | 46.7 | 86.7 | 96 | 96 | 95.3 | 96.7 | 96 |
| Inhibition | | | | | | | | | | | | |
| IC50= 0.202 mg/mL | | | | | | | | | | | | |
| Nisin (S2) | | | | | | | | | | | | |
| Mean OD ± | 0.06 | 1.41 ± | 1.6 ± | 1.62 ± | 1.6 ± | 1.4 ± | 1.4 ± | 1.33 ± | 1.34 ± | 1.21 ± | 0.13 ± | $0.06 \pm$ |
| SD | | 0.03 | 0.07 | 0.09 | 0.07 | 0.02 | 0.03 | 0.01 | 0.05 | 0.08 | 0.01 | 0 |
| % of Biofilm | | 0 | -13.5 | -14.9 | -13.5 | 0.71 | 0.71 | 5.7 | 5.0 | 14.2 | 90.8 | 95.7 |
| Inhibition | | | | | | | | | | | | |
| IC50= 1.453 mg/ | IC50= 1.453 mg/mL | | | | | | | | | | | |

IC50= 1.453 mg/mL

Data shown are the average and standard deviation based on duplicate runs (Mean ± StandardDeviation)





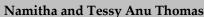
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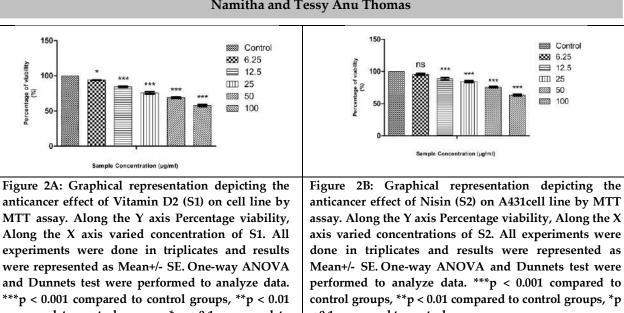
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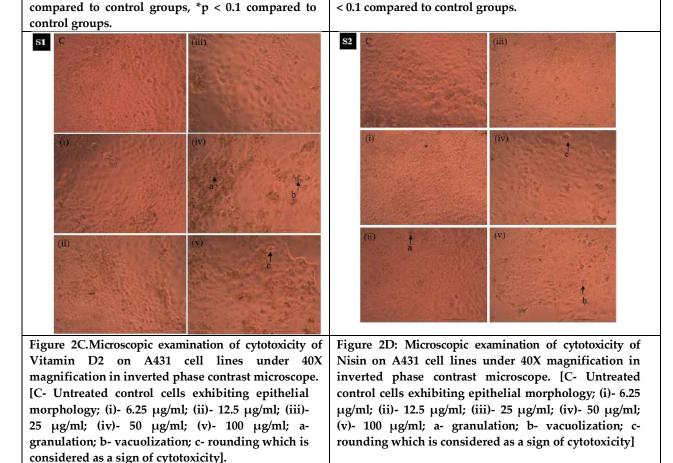
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Percentage of viabilit (%)





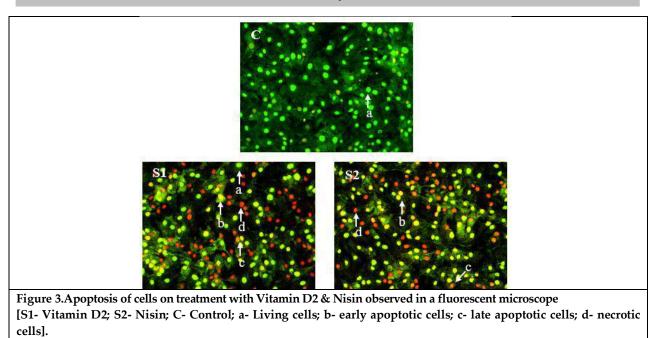








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RESEARCH ARTICLE

Efficacy of Kiastm along with Motor Control Training Exercises in Chronic Non-Specific Neck Pain Patients - A Pilot Study

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ABSTRACT

Neck pain has been referred to as "nonspecific" or "mechanical" neck pain since the great majority of cases do not result from organic pathology. KIASTM ("Kinesio Instrument Assisted Soft Tissue Mobilization") is a method in which soft tissue components are mechanically stimulated by tools to reduce musculoskeletal pain and discomfort and enhance mobility and function. Generally, it explains the use of an Accel instrument, which is ergonomically designed to help doctors identify and treat soft tissue pain, injury, and dysfunction. Numerous prospective analyses have revealed that people with chronic neck pain may also have weak neck muscles and motor control problems. The MCE (Motor Control Exercise) is a treatment technique that primarily focuses on motor control, and activation of deep cervical muscles, as well as aims to retrain the best control & coordination of the cervical muscles. The objective of this research was to check the effectiveness of Motor control training exercises and KIASTM in Chronic nonspecific neck pain patients in terms of pain, soft tissue mobility, and functional disability. On the basis of inclusion criteria, 5 subjects were selected and baseline data were collected on day one for Pain using VAS (Visual Analogue Scale), Universal Goniometer for Cervical range of motion, DNF (Deep Neck Flexor) Endurance Testing for deep neck flexors, and functional disability using NDI (Neck Disability Index). Interventions applied include Transcutaneous Electrical Nerve Stimulation for 15 minutes followed by application of KIASTM for 90 seconds as per protocol and Motor control training exercises for 3 sessions per week. The total duration of treatment was 3 weeks. After 3 weeks of interventions, the results showed significant improvement in terms of pain, ROM, DNF Endurance level, and disability following applications of KIASTM along with the Motor Control Exercise program in Chronic nonspecific neck pain cases. A considerable amount of improvement was observed following the application of KIASTM along





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with other therapeutic interventions like TENS and MCEsin reducing pain, increasing AROM, improvement in function, and deep neck flexor endurance during the rehabilitation of chronic nonspecific neck pain patients.

Keywords: Nonspecific neck pain, IASTM, Motor Control exercise, Physiotherapy.

INTRODUCTION

Neck pain is among the most frequent and serious musculoskeletal conditions. Point prevalence range between 6 to 22 percent, and in the elderly population, it may reach up to 38 percent, whereas lifetime prevalence varies from 14.2 to 71 percent [1]. These are assumed to be generalized neck pain. Nonspecific neck pain is just neck pain without a known underlying illness as the source of the pain. Symptoms change with physical exercise and with time. Nonspecific neck pain refers to any kind of chronic neck pain, subacute, or acute when no abnormal anatomic feature could be recognized as the source of the pain. There are several viewpoints about the symptom's duration but as per Binder, neck pain may be acute (less than 4 weeks duration), sub-acute (1-4 months duration), or chronic (more than 4 months duration). Chronic neck pain may result in significant medical expenses, job absences, and disability.Depending on the length, neck pain may affect functional ability and quality of life, in addition to causing stress, depression, and anxiety [2]. Therefore, neck pain exerts a significant burden on people, employers, as well as healthcare systems. Existing literature explored many diverse treatment approaches for nonspecific neck pain. As the majority of the patients with nonspecific neck pain have nondefinitive pathology, hereby fail to direct treatment. Many patients get conservative care from a general physiotherapist or a physician but there is always a lack of proper indications of the conditions for any specific management. The manual treatment method recognized as IASTM ("Instrument-Assisted Soft-Tissue Mobilization") locates and treats soft tissue problems by using rigid tools of different forms and materials. IASTM is a non-invasive treatment method that is often used by stroking the edge of a tool on the skin's surface, sometimes with the help of lubricant, with the goal of affecting the underlying connective tissues, muscles, as well as nerves [3]. As such, many IASTM instruments, companies, and proposed application protocols. IASTM is an umbrella term. Various types of brands are available. Various types include KIASTM, Sound Assisted Soft tissue mobilization, Gua Sha, Graston Technique, Fascial Abrasion Technique, and Augmented Soft Tissue Mobilization Technique. KIASTM is a process where soft tissue components are mechanically stimulated with the use of devices to reduce musculoskeletal pain and discomfort and enhance general mobility and functional capacity. It often refers to using an accel tool. Accel tool, which is ergonomically created to help professionals identify and treat soft tissue pain, damage, and dysfunction. The KIASTM method also incorporates a standard protocol to be followed while applying the technique in various musculoskeletal and neurological conditions with the involvement of myofascia. It includes the following techniques: scanning to check for limits across the affected region, combining with deeper, multidirectional strokes, and gliding to provide a cool-down period.

According to prospective research, those who suffer from persistent neck discomfort have weak neck muscles and reduced motor function. The therapy method that primarily focuses on motor control, and deep cervical muscles activation, and seeks to retrain the cervical muscles' ideal control and coordination is known as motor control exercises. It has been demonstrated that the MCE, which is typically formed under supervision, improves motor control while decreasing pain and impairment in individuals with neck discomfort. The exercise focuses on the deep flexor muscles of the upper cervical region, the longus capitis and longus colli muscles, as opposed to the superficial flexor muscles, the sternocleidomastoid and anterior scalene, which flex the neck but not the head [4]. The motor control is characterized as a motor relearning program that places a focus on the coordination and holding capacities of certain neck flexors, extensors, and shoulder girdle muscles. As there is a lack of enough supporting literature regarding the usage of IASTM in chronic nonspecific neck pain and also addressing the weakness of deep neck flexors in the same condition, the management of this condition becomes challenging for the therapist. Chronic nonspecific neck pain has become alarming for the global population due to workload demand, excessive usage of electronic gadgets, and the sedentary lifestyle of the present generation. Weakness of deep neck flexors will lead to neuromuscular incoordination and ultimately failure of a rehabilitation program. So addressing the pain, fascia, and





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muscle tightness with the help of Kinesio Instrument Assisted Soft Tissue Mobilization along with Motor control Training exercises was the prime objective of this pilot study. Thereby the need for this pilot study to check the effectiveness of KIASTM along with the Motor Control Training Exercise program in chronic nonspecific neck pain.

METHODOLOGY

Study Design

A group of 6 patients participated in the single-group experimental pilot study after fulfilling the inclusion as well as exclusion criteria. Participants have been assessed based on the level of pain with VAS, range of motion (ROM) using goniometry, DNF Endurance testing, and disability score using Neck Disability Index during the preintervention and postintervention phases. The pilot research was conducted for 3 weeks. Before the research started, each of the selected individuals signed an informed permission form in line with the Helsinki Rules and expressed their intention to take part in the study.

Study Population

Calculation of the sample size was done after a survey was performed where it has been found that the population proportion of patients reported with nonspecific neck pain is 1.1%. The required size of the sample was computed with Cochran's formula for infinite population keeping a confidence interval of 99.9%, margin of error 5%, and population proportion 1.1%. Participants of both sexes, complaining of persistent nonspecific neck pain, and falling within the age range of 18 to 40 years were required for participation in the research. On the other hand, individuals who had any neck injuries in the three months previous to the trial had spine surgery during the preceding six months, missed more than 15 percent of the intervention sessions (2 sessions), and did not sign the informed consent form were excluded from the study.

Procedure

Physiotherapy interventions were given with a frequency of three sessions every week for a duration of 3 weeks. The interventions were applied after fulfilling the inclusion criteria by the patient and after collecting informed consent. The therapy sessions included the application of TENS, KIASTM, and Motor Control Training exercise protocol. TENS was given for 15 minutes for each patient followed by the application of KIASTM for 90 seconds using Accel Tool with a three-step process starting with scanning of the affected area in the neck region primarily focusing the upper trapezius muscle fibers on both sides, then application of the tool with little deeper pressure to release the restricted soft tissue and lastly by stroking the muscle fiber with light pressure as a cool-down phase for winding up the treatment. After the application of KIASTM, patients were asked to complete the Motor Control Training Exercise protocol (Griffith et al.) [6] with proper instructions from the therapist. The subjects have been also asked to keep the activity of the deep neck flexor group of muscles by incorporating them into their daily functional activities.

Four dependent variables were evaluated: pain using Visual Analogue Scale (VAS), range of motion for cervical extension, lateral flexion, flexion, as well as rotation by a universal goniometer, muscle strength of deep neck flexors by using DNF Endurance testing, and lastly functional level by Neck Disability Index (NDI) pre-intervention & post intervention. Level of pain was evaluated by VAS which comprises a line, often 10cm long, with verbal anchors at either end, similar to the Numerical Rating Scale depicted as "no pain" on the far left and "the most intense pain imaginable" on the far right. The patient marks the point on the line that corresponds to their assessment of the level of pain.

The Harris et al. approach was used for conducting the DNF muscular endurance test for this investigation. The test was carried out in a hook-lying, supine posture. The participant was expected to flex the chin to its maximum extent and maintain the chin tuck posture for the duration of the test. They were then instructed to elevate their heads until they were about 2.5 cm above the plinth while retaining a chin tuck. Once the participant was in place, a line was drawn across their two approximate neck skin folds. On the surface of the table, right below the participant's occiput,





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the examiner positioned his cephalad hand. When the line edges started to split or the participant's head contacted the therapist's hand, further verbal directions were provided. The test was stopped if the participant's head contacted the therapist's hand for more than a second or if the lines on the chart were no longer approximated owing to loss of the chin tuck posture [7].

RESULTS

The current research was intended to check the combined role of the effectiveness of KIASTM & Motor Control Training Exercises along with conventional physiotherapy in chronic nonspecific neck pain patients. The preintervention VAS Mean score was 7.4 with a "Standard Deviation" (SD) of 0.548. The correlation between the preintervention VAS scores and post-intervention scores was 0.667. The t-test comparing pre- and post-intervention VAS scores showed a significant difference with a high t-value of 11.18 (p < 0.001). Post Intervention VAS Mean score was 2.4, indicating a significant improvement from the pre-intervention score. Pre-Intervention DNS (Deep Neck Strength) testing Mean score was 12.618 with a SD of 4.47405. The correlation between the pre-intervention DNS scores and post-intervention DNS scores was 0.855. The t-test comparing pre- and post-intervention DNS scores showed a significant difference with a t-value of -7.289 (p = 0.002).

Pre-Intervention NDI (Neck Disability Index) Mean score was 39.94 with a SD of 5.1247. The relationship between the pre-intervention NDI scores and the post-intervention NDI scores was 0.612. The t-test comparing pre- and post-intervention NDI scores showed a significant difference with a t-value of 12.010 (p < 0.001). Post Intervention NDI Mean score was 14.7, indicating a significant improvement from the pre-intervention score. Pre-Intervention CF (Cervical Flexion) Mean score was 47.2 with a SD of 5.119. The relationship between the pre-intervention CF scores and the post-intervention CF scores was -0.273. The t-test comparing pre- and post-intervention CF scores showed a substantial difference with a t-value of -3.860 (p = 0.018). Post Intervention CF Mean score was 57.6, suggesting an improvement in cervical flexion compared to the pre-intervention scores.

Pre-Intervention CE (Cervical Extension) Mean score was 59.6 with a SD of 9.397. The correlation between the preintervention CE scores and the post-intervention CE scores was 0.754. The t-test comparing pre- and postintervention CE scores showed a significant difference with a t-value of -3.469 (p = 0.026). Post Intervention CE Mean score was 69.2, indicating an improvement in cervical extension compared to the pre-intervention scores. Pre-Intervention RLF (Right Lateral Flexion) Mean score was 44 with a standard deviation of 2.646. The correlation between the pre-intervention RLF scores and the post-intervention RLF scores was 0.125. The t-test comparing preand post-intervention RLF scores showed a significant difference with a t-value of -3.570 (p = 0.023). Post Intervention RLF Mean score was 48.6, suggesting an improvement in right lateral flexion compared to the pre-intervention scores.

Pre-Intervention LLF (Left Lateral Flexion) Mean score was 36.6 with a SD of 4.775. The relationship between the preintervention LLF scores and the post-intervention LLF scores was -0.255. The t-test comparing pre- and postintervention LLF scores did not reach statistical significance with a t-value of -2.211 (p = 0.091). Post Intervention LLF Mean score was 44.4, suggesting an improvement in left lateral flexion compared to the pre-intervention scores. Pre-Intervention RLR (Right Lateral Rotation) Mean score was 54 with a SD of 7.517. The relationship between the preintervention RLR scores and the post-intervention RLR scores was 0.805. The t-test comparing pre- and postintervention RLR scores did not reach statistical significance with a t-value of -2.092 (p = 0.105). Post Intervention RLR Mean score was 59.4, indicating an improvement in right lateral rotation compared to the pre-intervention scores.

Pre-Intervention LLR (Left Lateral Rotation) Mean score was 54.2 with a SD of 2.588. The relationship between the pre-intervention LLR scores and the post-intervention LLR scores was -0.382. The t-test comparing pre and post-intervention LLR scores did not reach statistical significance with a t-value of -2.409 (p = 0.074). Post Intervention LLR





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Mean score was 63, suggesting an improvement in left lateral rotation compared to the pre-intervention scores. In summary, the overall intervention showed statistically significant improvements in VAS, DNS, NDI, CF, CE, RLF, and LLF scores. However, post-intervention CF, RLR, and LLR scores indicated higher levels of disability or limited improvement compared to the pre-intervention scores.

DISCUSSION

The proposed physical therapy protocol indicated substantial enhancement in terms of neck pain reduction and an increase in deep neck muscle endurance and functional level in patients having chronic nonspecific neck pain. These findings have contributed to a few earlier pieces of literature where instrument-aided soft tissue mobilization and motor control training exercises for deep neck muscles have shown positive outcomes in separate studies for chronic nonspecific neck pain cases. The present study also has a few limitations like a small sample size and only female participants for which the findings cannot be generalized for everyone. More number of participants including both genders could be considered for future studies. The present pilot study showed a reduction of pain and an increase in the cervical range of motions in all directions which is contributing to previous studies where the use of IASTM and neuromuscular exercises have shown better results in terms of forward head position and functioning (Mylonas K et al.) [8]. Other studies have also demonstrated the immediate effect of IASTM for the reduction of pain in chronic nonspecific neck pain patients along with correction of joint position error (Gereck H et al.) [9]. The impact of Motor Control Training Exercises was demonstrated in very limited literature for neck pain. The role of Motor Control Training Exercises in improving the strength of deep neck muscles has been demonstrated in the present pilot study while calculating the DNS testing results for each participant. Therefore, incorporating exercises for activating deep neck muscles even during functional activities of daily life will have a significant impact in maintaining and improvement of deep neck muscle endurance thereby reduction of neck disability in patients having chronic nonspecific neck pain. These results are contributing to similar findings in previous studies in the form of systematic review and metanalysis conducted where incorporating Motor Control Training Exercises compared to other general exercises in chronic nonspecific neck pain were found to be more effective (Carmen Martin Gomez et al.) [10]. Recent study have shown benefits of application of resistance exercise, mindfulness based and motor control exercises in reducing chronic neck pain [11]. However studies have also shown in recent times that there were insignificant outcomes of using IASTM and manual therapy in patients with chronic neck pain among college going students(Fatima Shewail et al.) [12].

CONCLUSION

The pilot study to check the efficacy of the KIASTM along with Motor Control Training Exercises in chronic nonspecific neck pain has shown significant improvement in reducing pain, enhancing neck mobility, deep neck muscle endurance, and disability level. The participants showed positive outcomes after a single session of the protocol. However future studies with large sample sizes and considering the psychological status assessment of the patients might give a wider perspective of chronic nonspecific neck pain. Also future studies could be conducted by keeping a control group to check the efficacy of the treatment protocol.

CONFLICT OF INTEREST No conflict of interest.

SOURCE OF FUNDING Self





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Table 1: Griffith MCE protocol

Motor Control Exercises

Posture correction techniques taught in context of functional and work activities:

a) Active range of motion exercises

b) Isometric cranio-cervical flexion exercises performed sitting standing or lying.

c)An isometric cranio-cervical flexion exercise in an inclined sitting position with a head lift off of the supporting surface.

d)Isometric holds for up to 10 seconds repeated 10 times.

e) Participants also taught to engage deep neck flexors during functional activities.

f) Progression at the discretion of the treating therapist.

Patients were also asked to repeat the exercises 5 to 10 times per day.

| rigure 2. Results of Faired Sample 1 Test | | | | | |
|---|-------|------|-------------|--------|---------|
| Scores | Mean | SD | Correlation | t-test | p-value |
| Pre Intervention VAS | 7.40 | 0.55 | 0.67 | 11.18 | < 0.001 |
| Post Intervention VAS | 2.40 | 0.55 | 0.67 | 11.10 | <0.001 |
| Pre Intervention DNS | 12.62 | 4.47 | 0.86 | -7.29 | < 0.001 |
| Post Intervention DNS | 20.20 | 3.64 | 0.86 | -7.29 | <0.001 |
| Pre Intervention NDI | 39.94 | 5.12 | 0.61 | 12.01 | < 0.001 |
| Post Intervention NDI | 14.70 | 0.76 | 0.01 | 12.01 | <0.001 |

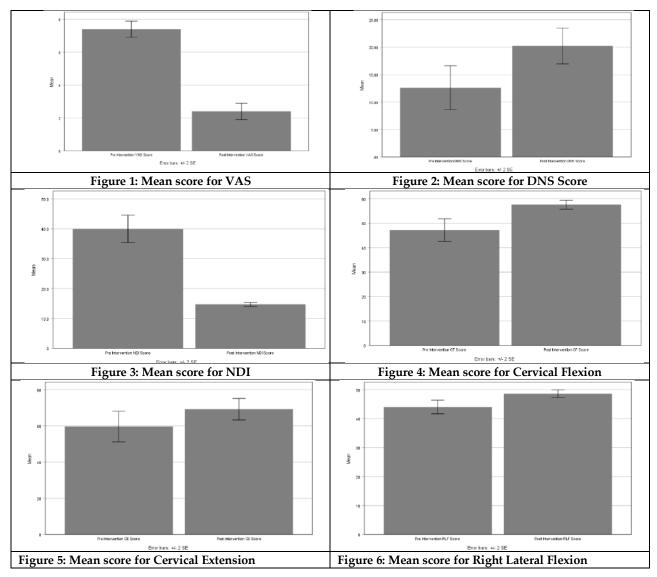
Figure 2: Results of Paired Sample T Test





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|-----------------------|-------|------|------------------|-------|------|
| Pre Intervention CF | 47.20 | 5.12 | 0.27 | 2.96 | 0.02 |
| Post Intervention CF | 57.60 | 2.07 | -0.27 | -3.86 | 0.02 |
| Pre Intervention CE | 59.60 | 9.40 | 0.75 | 2.47 | 0.02 |
| Post Intervention CE | 69.20 | 6.65 | 0.75 | -3.47 | 0.03 |
| Pre Intervention RLF | 44.00 | 2.65 | 0.12 | -3.57 | 0.02 |
| Post Intervention RLF | 48.60 | 1.52 | 0.12 | -3.37 | 0.02 |
| Pre Intervention LLF | 36.60 | 4.78 | -0.25 | -2.21 | 0.09 |
| Post Intervention LLF | 44.40 | 5.18 | -0.25 | -2.21 | 0.09 |
| Pre Intervention RLR | 54.00 | 7.52 | 0.80 | -2.09 | 0.10 |
| Post Intervention RLR | 59.40 | 9.71 | 0.80 | -2.09 | 0.10 |
| Pre Intervention LLR | 54.20 | 2.59 | 0.00 | -2.41 | 0.07 |
| Post Intervention LLR | 63.00 | 6.82 | -0.38 | -2.41 | 0.07 |

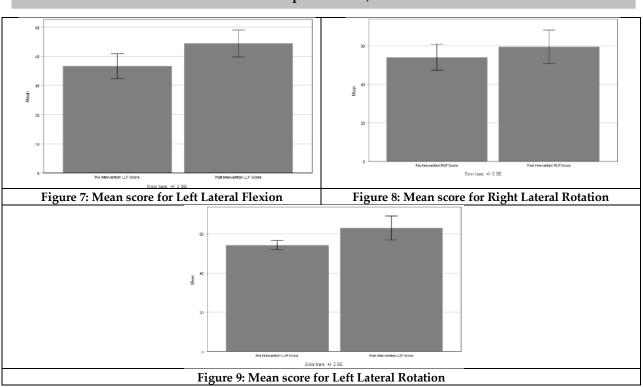
















RESEARCH ARTICLE

Beyond the Plate from 3D to 4D: Revolutionizing Food Fabrication with Advanced Printing Technology

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ABSTRACT

3D and 4D food printing technology represents a transformative advancement at the intersection of culinary arts, engineering, and materials science. The food industry is witnessing constant evolution in trends and innovations, mirrored by advancements in technologies like 3D food printing which involves transforming a digital 3D model into tangible edible objects using food materials. An extensive literature survey was conducted using databases PubMed, Science Direct, Google Scholar. Articles were searched using terms related to "3D and 4D Food Fabrication Technology". Total 53 articles from 2015 to 2023 were reviewed in order to write this review paper. This review article explores the principles, applications, and implications of these innovative technologies. To date, over 30 food items have been effectively fabricated through printing techniques. These include confectioneries like chocolates and fudge, baked goods such as biscuits and cakes, snacks like potato chips, fruit and vegetable items including diverse purees and juices, as well as jellies, meat products, and dairy products like cheeses and yogurt. Building upon the foundation of 3D printing, 4D food printing introduces an additional dimension of dynamic functionality. Through the integration of smart materials and responsive design principles, 4D printed food items exhibit the ability to transform or adapt their shape, texture, or taste in response to external stimuli such as temperature, moisture, or pH levels. This capability opens new avenues for culinary creativity, culinary experiences, and functional foods with enhanced sensory properties or therapeutic benefits. Beyond its culinary applications, 3D and 4D food printing hold promise for medical, nutritional, and environmental applications. Researchers are exploring the potential of 3D printed foods for personalized nutrition interventions, therapeutic diets, and dysphagia management. Food printing has the capability to adjust the nutritional composition of food to meet consumer preferences accomplished by incorporating healthy ingredients such as cellulose, plant chemicals, and high-quality proteins, while minimizing





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adverse substances like anti-nutritional factors and allergens. The nutritional content of printed food can be managed strategically by utilizing fruits and vegetables as part of the food ink to provide essential micronutrients, cellulose, and other nutrients. However, several challenges include optimizing printing processes for scalability efficiency, safety, regulatory compliance, concerns related to taste, texture, and consumer acceptance and ethical considerations and the potential impact on traditional food systems warrant careful examination. 3D and 4D food printing technology represent a paradigm shift in food production and consumption, offering unprecedented opportunities for customization, sustainability, and innovation. As these technologies continue to mature, interdisciplinary research collaboration to unlock their full potential in the food and health sector is the way forward.

Keywords – 3D Food Fabrication, 4D Food Fabrication, Food Technology.

INTRODUCTION

The food industry is witnessing constant evolution in trends and innovations, mirrored by advancements in technologies like 3D food printing. This technology involves transforming a digital 3D model into tangible edible objects using food materials. The feasibility of printing food depends on factors like the type of printer, the characteristics of printable inks, post-processing methods, and more.3D printing, also known as additive manufacturing (AM) and rapid prototyping (RP), is a burgeoning digital technology that sparks daily discussions, captivating researchers, industries, and the public alike due to its expanding range of applications in fields such as medicine, gastronomy, engineering, manufacturing, art, and education. Among these, gastronomy stands out as a significant area of interest and challenge. The current focal point of interest in 3D printing is "3D food printing." This process involves controlled robotic manipulation, where products are constructed layer by layer using computer-aided design (CAD) programs or downloaded models from online platforms.

Once a 3D model is created, the design data is transmitted to the printer, which then divides the model into layers and constructs them according to the specified cross-sectional pattern. In the realm of food, there's a belief that RP technology will redefine food processing by tailoring products to meet specific consumer preferences regarding taste, cost, convenience, and nutrition. Additionally, it's seen as a tool to democratize innovation by lowering barriers to entry for inventors, fostering a new class of independent designers and a custom product economy. Despite the complexity of food systems and their varied properties, researchers have been exploring the application of 3D printing to different types of food products. While the engineering principles behind 3D food printers are understood, the creative potential of this technology remains largely untapped. Through optimization of various printing parameters and ingredients, researchers have achieved successful outcomes in printing with a range of food substrates, including chocolate, cookie dough, cereals, sugar powder, processed cheese, meat gels, and even fruits and vegetables.

However, despite numerous studies and reviews on 3D food printing, gaps still exist in understanding the relationship between printing process variables and material structure to achieve desired outcomes. 4D printing technology, an evolution of 3D printing, represents a novel concept where the printed configuration undergoes changes over time (Choi et al., 2015).^[1] This concept was initially pioneered by a research team at the Massachusetts Institute of Technology (MIT) in 2013 (Tibbits, 2014). ^[2] In terms of the printing process, 4D printing closely resembles 3D printing, involving stages such as 3D design development and fabricating the structure using a 3D printer (Choi et al., 2015). ^[1] However, the key distinctions between 4D and 3D printing lie in smart design and smart materials, as 4D printed structures have the capability to alter their shape or function (Pei & Loh, 2018). ^[3]This review aims to deliver deeper into optimizing extrusion-based food printing, focusing on 3D food printing process, its advantages and also addressing its limitations and offering insights to overcome barriers in this fieldand extension to 4D Food Printing Technology and its future aspects.





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METHODOLOGY

An extensive literature survey was conducted using databases PubMed, ScienceDirect, Google Scholar. Articleswere searched using terms related to "3D and 4D Food Fabrication Technology". Total 53articles from 2015 to 2023 were reviewedin order to write this review paper. This study was approved by Publication Guidelines and Monitoring Committee (PGMC) Approval from Sri Ramachandra Institute of Higher Education and Research, Chennai, Tamil Nadu, India for Publication.

DISCUSSION

FEEDING THE FUTURE: EXPLORING 3D FOOD FABRICATION TECHNOLOGY

The fantastical 3D printing depicted in sci-fi classics like Star Trek, Jurassic Park III, and Westworld has transitioned into real-world applications. Now, we witness the fabrication of 3D printed cars, skulls, hearts, prosthetics, and more. A milestone in this progression occurred in 2006 when Cornell University developed the first multi-material 3D printer capable of printing edible items like chocolates, cookie doughs, and cheeses (Liu et al., 2017). ^[4] Since then, the utilization of 3D food printing has surged, not only in research settings but also in commercial domains, driven by cost reductions and technological advancements.

3D printing, also referred to as additive manufacturing, involves creating a three-dimensional object using either a computer-aided-design (CAD) model or a digital 3D model. This process entails adding raw materials, depositing them, and solidifying them, typically in layers under the control of a computer. In the realm of 3D food printing, the raw materials are food ingredients, and a typical printer comprises three main components: a printing system, an operational control platform, and a food capsule. The food capsule contains the food material, often a thick slurry similar to printer ink, which is pushed through a food-grade nozzle by a syringe pump to be deposited layer-by-layer onto a platform according to a pre-designed shape controlled by a computer. Whether the printed food can be consumed directly or requires further cooking depends on the nature of the food ingredients and the sanitary condition of the printing device.

PRINTED PALATES: UNVEILING THE 3D FOOD PRINTING PROCESS

3D food printing, also known as food fabrication or additive manufacturing in the culinary world, involves the use of specialized 3D printers to create edible items layer by layer. Here's a general overview of the process:

Flow Chart Representing 3D Food Printing Process

- **Design**: The process begins with the creation of a digital model or design of the food item to be printed. This can be done using computer-aided design (CAD) software or by using specialized food design software.
- **Preparation of Ingredients**: Edible ingredients are prepared in a form suitable for extrusion through the printer's nozzle. These ingredients can include various food materials such as dough, batter, purees, gels, or pastes. Depending on the printer and the desired food item, these ingredients may need to meet certain consistency and texture requirements.
- Loading Ingredients: The prepared ingredients are loaded into the printer's cartridges or syringes. Some 3D food printers may have multiple cartridges to enable printing with different ingredients or colors.
- **Printing**: The printer follows the digital model or design and deposits the edible material layer by layer onto a build platform. This is typically done through a process called extrusion, where the material is pushed through a nozzle or syringe. The printer's movements are controlled precisely to ensure accurate deposition of each layer.
- Layer-by-Layer Building: The printer continues to build up the food item by adding successive layers of edible material. The layers may be very thin, depending on the printer's resolution and the complexity of the design.
- **Post-Processing (Optional)**: After printing is complete, some food items may require additional processing steps such as baking, cooling, or assembly before they are ready to be served.





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• Serve and Enjoy: Once any necessary post-processing steps are complete, the 3D printed food item is ready to be served and enjoyed.

It's important to note that 3D food printing technology is still relatively new and continues to evolve. While it has the potential to revolutionize aspects of food production, it is currently mainly used in niche applications such as custom confectionery, personalized nutrition, and food customization for people with specific dietary needs or restrictions. Additionally, the taste, texture, and overall quality of 3D printed food items can vary depending on the ingredients used, the printer's capabilities, and the skill of the chef or operator.

EDIBLE BLUEPRINTS: ASSESSING THE SUITABILITY OF FOODS FOR 3D PRINTING

To date, over 30 food items have been effectively fabricated through printing techniques. These include confectioneries like chocolates and fudge, baked goods such as biscuits and cakes, snacks like potato chips, fruit and vegetable items including diverse purees and juices, as well as jellies, meat products, and dairy products like cheeses and yogurt (Dankar et al., 2018). [5]

From a technological standpoint, the flow and deformation characteristics, referred to as rheological properties, of the "food ink" are paramount in 3D food printing. For successful extrusion from the nozzle, the ink must be sufficiently fluid, while also providing structural support upon deposition to uphold the shape of the printed item (Chen et al., 2022).[6] In rheology, inks exhibiting such traits are termed Bingham plastic or Herschel-Bulkley materials. These materials form a delicate network at rest, supporting their weight to maintain shape. When subjected to a significant stress, known as yield stress in rheology, the network breaks down, allowing the ink to flow for printing (Chen et al., 2022).[6]When analyzed using a rheometer, most printable materials demonstrate shear thinning behavior, meaning they have lower viscosity at higher deformation rates and higher viscosity at lower deformation rates (Chen et al., 2022).^[6]In addition to formulation, temperature serves as a practical means to regulate ink rheology (Chen et al., 2022).^[6] For instance, heating chocolates above their melting point facilitates flow and subsequent printing. Subsequent solidification upon storage at ambient or lower temperatures enables network formation (high viscosity or yield stress) and maintains the desired shape.Moreover, texture significantly influences the sensory and structural attributes of printed products, with reported hardness values ranging from 4.48 to 59.8 Newtons and springiness values typically below 1 for successful prints (Zhang et al., 2021).[6] Physical and chemical transformations of constituent ingredients during storage and thermal processes are also expected to impact the sensory and quality attributes of printed items.

EXPLORING THE PROS AND CONS OF CONTEMPORARY 3D FOOD PRINTING TECHNOLOGY(Pereira et al., 2018)[7]

Benefits of contemporary 3D food printing technology include:Tailored nutrition and health benefits for individuals, Customized creation of intricate visual designs and textures, Personalized ingredient selection to prevent allergies and cross-contamination, Reduction of food wastage by conserving materials, Opportunity to utilize alternative material sources, Streamlining and expediting the manufacturing process, Conservation of energy and reduction of transportation requirements. Meanwhile, drawbacks of present-day 3D food printing technology encompass: Expenses related to the printer and "food ink", Insufficiency of suitable "food inks" for 3D printing, Sluggish printing speed and challenges for large-scale production, Safety apprehensions regarding printers and "food inks", Considerations regarding consumer perception, Challenges concerning printing precision and surface finishes.[8]

BEYOND BOUNDARIES: EVOLVING TO 4D FOOD FABRICATION TECHNOLOGY

Four-dimensional (4D) printing represents a recent advancement in additive manufacturing techniques, extending from 3D printing by introducing the concept of altering printed configurations over time (Choi et al., 2015).[1] Initially conceptualized by a team at the Massachusetts Institute of Technology (MIT) in 2013 (Tibbits, 2014)[2], 4D printing shares similarities with 3D printing in terms of design development and structure printing processes using a 3D printer (Choi et al., 2015).[1] However, the distinguishing features of 4D printing lie in the integration of smart design principles and smart materials, enabling printed structures to change shape or function (Pei & Loh, 2018).[3]





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Smart materials employed in 4D printing exhibit properties such as self-assembly, versatility, and self-healing capabilities (He, Zhang, & Guo, 2020).[9] Most commonly used 4D printing materials are single or multilateral polymers, including shape memory polymers, liquid crystal elastomers, and composite hydrogels (Sharma &Tabbits, 2020).[10] The responsive shape changes of 4D printing structures offer advantages in terms of space-saving during transportation and storage (Pei & Loh, 2018),[3] leading to exploration across various fields such as robotics, biomedical applications, tissue engineering, and electronic devices (Ghazal et al., 2021).[11] However, the application of 4D printing in the food sector remains relatively limited, with only a few studies available, indicating an early stage of development (Chu et al., 2020).[12].

The adaptability of materials in 4D printing allows for customized responsiveness configurations, contributing to material reduction through the self-changing nature of 4D printed objects (Chu et al., 2020).[12] Additionally, 4D printing has the potential to address consumer demands for unique food products (Phuhongsung, Zhang, & Bhandari, 2020).[13] Furthermore, the directed and adjustable deformation of structures in 4D printing could assist chefs in determining optimal cooking points, enhancing the visual appeal and taste of food items (Chen et al., 2021).[14] It's worth noting that while 4D printing allows for achieving desirable product properties within an appropriate timeframe, these properties may diminish during the storage of printed products.

TIME TO TASTE: UNVEILING THE POTENTIAL OF 4D PRINTING IN FOOD

In the realm of food technology, researchers at MIT pioneered the use of 4D printing. They devised a method involving a 2D film made from a blend of starch, cellulose, and protein, activated by water. This 2D film transformed into a 3D structure upon exposure to water (Wang et al., 2017).[15] The application of 4D printing in food holds promise for tailoring products and cultivating distinct flavor profiles. By manipulating the composition of printing ink with different food materials and formulas, the characteristics of the resulting 4D printed food can be customized (Teng et al., 2021).[16] Variations in temperature and pH can induce alterations in the color, texture, aroma, and shape of food. For instance, when microwave heating was employed, a 4D transformation in 3D printed buckwheat dough and lotus root powder gel was observed (Guo et al., 2021; Chen, Zhang, Mujumdar, et al., 2021).[17,18] Similarly, shifts in pH levels were found to affect the color of a mixture composed of 3D printed soy protein isolate, pumpkin, and beetroot (Phuhongsung, Zhang, &Devahastin, 2020a).[19].

INNOVATIVE INKS: EXPLORING THE ROLE OF INKS IN 4D FOOD PRINTING

In recent times, printing technology has been instrumental in the development of a wide variety of food products. These include chocolate (Rando &Ramaioli, 2021)[20], soybean (Phuhongsung, Zhang, &Devahastin, 2020b; Balla et al., 2020)[21,22], meat (Wilson et al., 2021; Wilson et al., 2021), starch (Zheng et al., 2021; Zeng et al., 2021), fruits, vegetables (Chen et al., 2021; Chen et al., 2021), and food hydrocolloids (Pant et al., 2021), among others.[23-29] The moisture content of these food materials, crucial for their printing performance, is significant. Therefore, utilizing dried and powdered forms of food materials can preserve their nutritional value and functional properties (Lee et al., 2019).[30]Furthermore, the food ink mixture utilized in 4D printing comprises specific materials designed to respond to stimuli. These materials undergo changes in color, flavor, texture, and more in response to certain conditions or stimuli. Therefore, the sensitivity of these materials in food printing ink is crucial for achieving 4D transformations in printed objects. The pigments within the printing ink are responsible for altering the color of food in response to varying pH levels. For instance, curcumin, a stimulus-responsive material employed in 4D printing, displays a red hue in alkaline pH environments and a yellow hue in acidic or neutral pH environments (C. Chen, Zhang, Guo, et al., 2021).[31].

Likewise, anthocyanin functions as a responsive substance, displaying diverse hues in response to pH alterations (He et al., 2021). Similarly, the gelatin-gum Arabic-flavor oil complex has demonstrated thermal responsiveness, serving as a stimulus-reactive material in the printing of buckwheat dough with yellow flesh peach. In their study, Guo et al. (2021) noted concurrent alterations in both color and flavor of the product when subjected to microwave stimuli. It is imperative that the changes induced by stimuli in 4D printed objects remain manageable, as unregulated changes could lead to undesirable product outcomes. To ensure controlled alterations in the properties of 4D printed objects





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under varying stimuli, strategic design coding and meticulous distribution, such as uniform, gradient, or patterned dispersion of components, are essential.[32,33]

FROM CONCEPT TO CUISINE: NAVIGATING MODEL DESIGN AND PRINTING PROCESSES IN 4D FOOD PRINTING

4D printing involves the transformation of a 3D printed model through external stimuli. Therefore, the design of the model holds paramount importance in the 4D printing procedure. Effective software plays a crucial role in facilitating 4D printing by allowing the production of the intended product. The 4D model design and printing process entail the utilization of various software solutions, including separate solutions for Simulation, Modeling, Slicer, Host/Firmware, Monitoring, and one Printing Management software, as depicted in.

Simulation involves replicating the behavior of an object or system using computer software. It is commonly utilized in the preliminary stages of product development to mitigate potential failures before physical production. By employing mathematical formulas to mimic real-world phenomena, simulation aids in comprehending the entire operation without practical execution. In the realm of 4D printing, simulation techniques can be categorized into two: finite element analysis (FEA) software and software dedicated to simulation function development. Mao et al. (2015) exemplified this by employing FEA simulations via ABAQUS software, incorporating a user-defined constitutive model, and utilizing a reduced-order model (ROM) to simulate rigid body motions and explore folding pathways. After the simulation process, the 3D design of the printing object is crafted using modeling software. Modeling entails creating a representation of the object with its pertinent characteristics, often resembling the actual item. This process results in a 3D rendition of the object. Commonly employed computer-based graphics and Computer-aided design (CAD) software for this purpose in food printing include Rhino 6 software, Rhinoceros 5.0 (Liu et al., 2021), and SketchUp Pro 2015 (Ghazal et al., 2021), among others. Notably, the modeling software does not directly transmit information regarding the 3D design to the printer. Instead, slicer software is utilized to convert the model into 2D sections containing the necessary information for the printer.

Slicer software is a computer application widely utilized in the realm of 3D printing to transform a 3D object model into precise instructions tailored for the printer. It incorporates various editing tools such as rotation, scaling, as well as import and export functionalities for CAD files. Furthermore, it features a subdivision function compatible with Stereo Lithography (STL) files. This allows for the conversion of a low-resolution image to a higher resolution one by enhancing intricacy and smoothness (Chung et al., 2017). The slicer software generates the blueprint for printing, known as G code, which encapsulates all the essential information defining the entire printing process. Common slicing software utilized in food printing includes Slic3r, Simplify3D, and others. After the slicer software prepares the G-code (slicer data), it proceeds to transmit it to the printer. Subsequently, the host/Firmware software, when connected to a Personal Computer (PC), generates the 3D object. Essentially, the host software assumes control over the printer's components, including the printer's head and bed, analyzes the received G-code data, and dispatches G-code instructions to the printer.

In the context of 4D printing, the synthesized 3D object undergoes gradual changes in its properties over time, typically triggered by specific environmental conditions. Monitoring software facilitates the observation of these stimulus-induced self-transformations in 4D printed objects and initiates necessary actions if required. This monitoring software can be installed on user devices and monitored continuously. The choice of material significantly influences the design and functionality of 4D printed objects. The material must exhibit responsiveness to specific stimuli throughout the layer-by-layer printing process. The selection of material dictates the stimuli necessary to trigger the self-transformative changes in the printed objects. Upon exposure to stimuli, only specific components of the printed object interact, leading to predetermined transformations. Interaction mechanisms between the 4D printed object and the stimulating agent may involve mechanical loading or physical manipulation, resulting in a sequence of changes. Mathematical modeling determines the required exposure to stimuli to achieve desired changes in the printed object's properties (Ahmed et al., 2021). Achieving a shape-shifting effect with a single material involves manipulating the gradient distribution of the material by strategically controlling the spatial





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position and morphology of the lattice structure throughout the product (Pei & Loh, 2018). The self-induced changes in the material's shape depend on its responsiveness to stimuli and the physical design geometry of the material (Lendlein& Kelch, 2002). The 4D printing process comprises distinct steps, each involving different software. The output of one step may serve as input for subsequent steps, thereby influencing the next stage. Consequently, the software utilized in each step plays a specific role and may impact subsequent stages. All stages are interconnected, forming a network, and thus, all software in each processing stage is monitored and controlled by the user. This is facilitated through a printing management system connected to each software at every stage, designed to optimize printer usage (Chung et al., 2017).[34-42]

Numerous intriguing instances demonstrate that through the manipulation of food chemistry and physics, 4Dprinted foods can offer innovative concepts for crafting interactive culinary experiences. One such example involves the curvature of purple sweet potato purees during microwave dehydration, with the ability to adjust the rate by altering microwave power, salt content, or fructose syrup content, thereby yielding personalized shapes (He et al., 2020).[8]

INKJET PRINTING

Inkjet printing, a common technique in 4D printing, is frequently employed in confectionery and decorative applications (Pallottino et al., 2016). This method involves a series of pneumatic membrane nozzles, typically ranging from 20 to 50 μ m, which dispense small droplets of printing material onto a moving substrate. Both single and multiple nozzles can operate simultaneously, allowing printing ink to be sprayed onto the printing platform, creating a layered structure. These droplets amalgamate to form a digital image with surface fillings and cavity depositions. Inkjet printing typically utilizes low-viscosity materials, making it more suitable for producing flat products rather than intricate structures. Temperature plays a significant role in inkjet printing as it affects the viscosity and surface energy of the material (Le-bail et al., 2020).

Robert John Young introduced a machine incorporating a bubble-jet printer head and a reservoir for liquid food colorant, which is utilized to print images onto the surface of an edible substrate, as previously outlined. This innovation also included a method for printing images onto edible substrates (Robert John Young, 2000). Similarly, Pallottino et al. developed a device to improve the printing of low-viscosity substances on an edible surface by modifying the surface with a high-polarity water-based glaze or by polishing the gum surface (Pallottino et al., 2016). Inkjet printing is primarily suited for low-viscosity substances, limiting its applicability in producing complex food structures. Its uses extend to graphical decoration, fillings, micro-encapsulation, and to some extent, 3D nano printing (Fernanda C. Godoi et al., 2018).[43-47]

NUTRITION BY DESIGN: UNDERSTANDING NUTRITIONAL CHANGES IN THE PRINTING PROCESS

Food printing has the capability to adjust the nutritional composition of food to meet consumer preferences. This can be accomplished by incorporating healthy ingredients such as cellulose, plant chemicals, and high-quality proteins, while minimizing adverse substances like anti-nutritional factors and allergens. The nutritional content of printed food can be managed by strategically distributing nutrients in the printing ink or alternatives during the printing process. Utilizing fruits and vegetables as part of the food ink can provide essential micronutrients, cellulose, and other nutrients (Chen et al., 2022). Incorporating tissue engineering into food printing holds promise for enhancing the nutritional aspects of 4D printing. Substituting ink and tissue with food-grade materials in 4D biotechnological printing can elevate the nutritional quality of printed food, as exposure to appropriate conditions stimulates tissue growth. The printed object may contain plant or animal cells capable of forming tissue-like structures under suitable stimuli and producing nutrients (Teng et al., 2021). Additionally, printing food with probiotics can enhance the nutritional quality of the printed object. The inclusion of microalgae offers supplementary nutritional and functional components such as protein, fatty acids, sterols, and vitamins (Uribe-Wandurraga et al., 2020).

UV irradiation of 4D printed purple sweet potato pastes infused with ergosterol resulted in a notable increase in vitamin D2 content, particularly in the irradiated area (Chen et al., 2021). Similarly, microwave stimulation of





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beeswax-based oleo gel incorporated with purple potato powder ink produced a low-fat printed product (Shi et al., 2022).[48-53]

CONCLUSION

4D food printing is currently in its early stages, presenting ample opportunities for extensive research. Given its infancy, traditional 3D printing equipment is commonly utilized, but there is a need for the development of new printing conditions or equipment with enhanced functionality to better simulate 4D printing. This advancement would facilitate the achievement of desired changes, such as deformation and denaturation of various components of food ink. Currently, researchers primarily focus on microwave heating and changes in pH as stimuli sources. However, there is potential for exploration of new stimulus agents like light and changes in ionic concentration in 4D food printing. Moreover, the range of stimulus-response materials studied in 4D food printing is limited. Investigating new components such as diacetyl and vanillin could broaden the scope. Additionally, employing multiple stimulus-responsive materials to induce simultaneous changes in multiple food properties would represent a significant breakthrough in 4D food printing. The development of a monitoring system to assess the degree of 4D changes could play a crucial role in achieving controlled transformations in 4D food printing.

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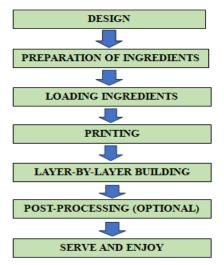
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Flow Chart Representing 3D Food Printing Process





RESEARCH ARTICLE

Challenges and Opportunities in Implementing Sustainable WASH Practices in Government Schools: Lessons from Tamil Nadu

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ABSTRACT

The paper explores the challenges and opportunities associated with implementing sustainable Water, Sanitation, and Hygiene (WASH) practices in government schools in Tamil Nadu, India. Despite significant advancements in policy frameworks and financial investments aimed at improving WASH infrastructure, many schools still struggle with inadequate facilities, poor maintenance, and limited community engagement. The study identifies critical barriers such as financial constraints, socio-cultural factors, and gaps in policy execution. The research highlights innovative approaches and best practices that have successfully addressed these challenges in certain schools. Key opportunities include leveraging community participation, integrating WASH education into the curriculum. The findings underscore the importance of a holistic approach that combines government support, community involvement, and sustainable practices to enhance the overall effectiveness of WASH initiatives in schools in Tamil Nadu.

Keywords: WASH, Challenges, Menstrual Hygiene, Sustainable development, education, Community Participation.





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INTRODUCTION

WASH is an abbreviation for "Water, Sanitation and Hygiene". It encompasses the provision of clean water, sufficient sanitation facilities, and the promotion of proper hygiene practices to enhance public health and well-being. Water, sanitation, and hygiene (WASH) involves guaranteeing the availability of clean and affordable water for drinking, cooking, and personal and domestic hygiene. It also includes providing access to facilities and services for the safe disposal of human waste, as well as promoting behaviors and practices that contribute to cleanliness and good health, such as hand washing with soap, managing menstrual hygiene, and practicing food hygiene.

Tamil Nadu, a state renowned for its commendable literacy rate, encounters substantial obstacles in effectively implementing sustainable Water, Sanitation, and Hygiene (WASH) practices in its government schools. Although the state has a high literacy rate, with 87% for males and 73% for females according to the 2011 census, it still faces challenges regarding sanitation and hygiene, especially in rural regions. A significant cause for girls dropping out of schools is the lack of awareness and understanding regarding menstruation and menstrual customs. It is estimated that over 23 million girls leave school each year as a result of this issue. Furthermore, a staggering 79% of females in Tamil Nadu lack knowledge on menstrual cleanliness and habits, rendering them vulnerable to diseases. The state has made substantial progress in developing infrastructure, having erected over 48 lakh toilets in rural areas since 2014, resulting in the state being declared open-defecation free. Nevertheless, the upkeep and utilization of these facilities continue to be a cause for concern. A total of 7837 government schools are without operational toilets, and even in cases where toilets are present, they are frequently inadequately kept. The implementation of initiatives such as the Swachh Bharat Swachh Vidyalay scheme aims to enhance WASH standards. However, their effectiveness is constrained by insufficient awareness and a lack of behavioral modification.

The state's Vision 2023 Project seeks to promote collaborations between the public and commercial sectors to develop infrastructure, which may be utilized to raise awareness through digital interventions. Tamil Nadu's rural areas have achieved a significant internet penetration rate of 41.98%, which creates a favorable environment for utilizing Information and Communication Technology (ICT) to raise awareness and encourage changes in behavior. Efficient policies and digital interventions can have a vital impact in tackling these difficulties and guaranteeing the continuity of WASH practices in public schools, eventually promoting high-quality education and gender parity.

Attaining high-quality education at the school level is an ongoing and adaptable process that requires periodic adjustments to align with the specific requirements of the social environment. An example of such an aspect is a policy that guarantees a comprehensive education system aimed at fostering gender equality starting from the very basic level. An intervention is required to improve the infrastructure for maintaining sanitation and hygiene for female students. Additionally, there is a need for a comprehensive understanding of gender issues through awareness, which can result in meaningful and natural social change. The state has a clear responsibility to guarantee high-quality education and address any deficiencies in the education system through the implementation of innovative approaches. Tamil Nadu exhibits exceptional performance in terms of literacy rate. Nevertheless, there are still tangible societal obstacles that require intervention and tailored approaches. Tamil Nadu ranked third in the 2011 census, following Kerala and Maharashtra. The male literacy rate stood at almost 87%, while the female literacy rate was approximately 73%. Sanitation and hygiene are the primary aspects that are crucial in guaranteeing the "quality" of education for girls. This element specifically includes three primary Sustainable Development Goals (SDGs) of the United Nations: Quality Education, Gender Equality, and Water & Sanitation. Ensuring access to clean water, sanitation, and hygiene (WASH) in rural communities is a crucial step towards achieving gender equality and excellent education.

Objectives

The study seeks to identify the primary obstacles that hinder the adoption of sustainable WASH practices in government schools in Tamil Nadu. Additionally, it aims to evaluate the impact of socio-cultural factors on the





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implementation and sustainability of WASH facilities at these educational institutions. In addition, the project will assess the efficacy of existing policy frameworks and financial initiatives in enhancing WASH infrastructure. The program will examine novel methodologies and exemplary strategies that have effectively tackled WASH-related difficulties in certain government schools. Moreover, the study will investigate the impact of community involvement on improving the long-term viability of WASH practices. Additionally, it will examine the incorporation of WASH education into the academic program of schools and its influence on the behavior of both students and staff, with the aim of enhancing WASH facilities.

Statement of problem

Despite substantial investments and regulatory frameworks aimed at improving Water, Sanitation, and Hygiene (WASH) infrastructure in government schools, Tamil Nadu continues to face significant challenges in implementing sustainable WASH practices. The extensive implementation of WASH initiatives is impeded by obstacles such as poor infrastructure, insufficient upkeep, and limited involvement of the community. The issues are exacerbated by financial constraints, socio-cultural factors, and deficiencies in policy implementation. The study seeks to examine the specific challenges and opportunities related to the adoption of sustainable WASH practices in government schools in Tamil Nadu. The study aims to comprehensively comprehend the successful introduction, maintenance, and scaling of sustainable WASH practices in the educational sector in Tamil Nadu. This will be achieved through analyzing the challenges and identifying effective approaches and best practices.

Significance of the study

The study's importance rests in its capacity to influence the health, education, and overall welfare of kids at government schools in Tamil Nadu. The research seeks to enhance the learning environment and reduce absenteeism by improving the quality of WASH facilities through identifying and addressing the issues associated with implementing sustainable WASH practices. Moreover, the study's understanding of socio-cultural elements and policy deficiencies can contribute to the development of more efficient and situation-specific remedies. In essence, this study contributes to the overarching objective of attaining Sustainable Development Goal 6, which prioritizes universal access to clean water and sanitation. It achieves this by promoting sustainable WASH practices that can be upheld in the long run specifically in government schools in Tamil Nadu.

Theoretical framework

The study on the challenges and opportunities in implementing sustainable WASH practices in government schools in Tamil Nadu is based on a theoretical framework that incorporates various key theories and models. This framework aims to provide a thorough understanding of the factors that influence WASH practices and the methods by which sustainable implementation can be accomplished. Behavior Change Theory, such as the Health Belief Model and the Theory of Planned Behavior, aids in comprehending the behaviors of individuals and communities in relation to WASH practices. It does so by examining how attitudes, beliefs, and social norms impact the adoption and continuation of hygiene practices. Systems Theory offers a structure for comprehending the intricate interaction among different elements in WASH practices, highlighting the necessity of a comprehensive approach. The Socio-Ecological Model analyzes several levels of influence on WASH behaviors, ranging from individual to policy levels, emphasizing the significance of addressing these layers to establish a conducive environment.

The Sustainable Development Theory prioritizes the deployment of environmentally-friendly and cost-effective technology in WASH infrastructure to guarantee long-term sustainability. Public Policy Implementation Theory analyzes the process of turning policies into action, specifically focusing on identifying deficiencies in the execution of policies connected to WASH practices. The Community Participation Theory highlights the significance of community engagement in ensuring the effectiveness of WASH efforts. It suggests that when the community actively participates and takes ownership, it results in improved maintenance and long-term sustainability. This study seeks to combine different theoretical perspectives in order to gain a detailed understanding of the difficulties and possibilities involved in implementing sustainable WASH practices in government schools. It aims to identify the





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main factors at different levels that affect WASH practices and provide valuable insights into effective strategies for overcoming obstacles and taking advantage of opportunities for sustainable implementation.

METHODOLOGY

The study adopted a qualitative approach, utilizing both descriptive analysis and analytical methods to examine the challenges and opportunities in implementing sustainable WASH practices in government schools in Tamil Nadu. Interviews were conducted with teachers, principals, and NGO coordinators, supplemented by open-ended questions to elicit comprehensive insights. Thematic analysis was then applied to identify trends and patterns in the data collected from the interviews. The study incorporated secondary data sources including articles, books, state government reports, NGO reports, UNICEF official documents, and websites to enrich the analysis and provide a broader context for understanding the issues at hand. This comprehensive approach allowed for a thorough examination of the complexities surrounding WASH practices in Tamil Nadu's government schools, shedding light on key areas for improvement and potential avenues for intervention.

RESULT AND DISCUSSION

The Imperative of Menstrual Hygiene Awareness in Educational Institution

The significance of being conscious about menstrual hygiene is of utmost importance, particularly within educational institutions and society norms. Addressing menstrual hygiene in schools is essential for ensuring girls' continued enrollment and decreasing dropout rates. As per a survey by the Dasra foundation, almost 23 million girls discontinue their education every year because they are not well-informed on menstrual hygiene. The high proportion of students leaving school without completing their education emphasizes the need for including menstrual hygiene education in school curricula. The dearth of consciousness among girls and women, as emphasized in Tamil Nadu where 79% were uninformed about menstrual hygiene habits, might result in severe health repercussions. Girls who lack adequate understanding are more vulnerable to infections during menstruation. The lack of awareness is frequently sustained by the stigma associated with menstruation, which is commonly regarded as unclean. Research has indicated that females frequently acquire knowledge about menstruation primarily from their mothers rather than from educational institutions. This suggests a deficiency in the process of incorporating the issue into the institutional framework of schools. By integrating menstruation education into the school curriculum, it is possible to normalize and eliminate the stigma associated with menstruation.

Utilizing Information and Communication Technology (ICT) in educational institutions can improve communication and facilitate the dissemination of knowledge regarding menstrual hygiene. This can be especially efficacious in rural locations where conventional procedures may not have the same level of effectiveness. Crucially, it is essential that menstrual hygiene instruction is not exclusively provided to girls. It is important to provide boys with education on menstruation in order to cultivate comprehension and empathy towards this matter. Schools can contribute to dismantling societal taboos and advancing gender equality by engaging boys in these talks. Understanding the importance of maintaining proper menstrual hygiene is crucial for promoting the well-being, educational opportunities, and empowerment of girls and women. Schools may play a crucial role in dismantling the social taboos associated with menstruation and fostering a more inclusive society by integrating menstrual hygiene instruction into their curricula and engaging both male and female students in the conversation.

Challenges in Sustainable WASH Implementation in Tamil Nadu Schools

Government schools in Tamil Nadu encounter numerous substantial obstacles in the implementation of sustainable Water, Sanitation, and Hygiene (WASH) practices. A significant issue is the insufficient awareness and understanding of menstruation and menstrual practices, which leads to girls dropping out of school. Approximately 23 million females discontinue their education annually as a result of this cause. Moreover, a staggering 79% of females in Tamil Nadu lack knowledge on menstrual cleanliness and habits, rendering them vulnerable to diseases.





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Insufficient infrastructure for sanitation and hygiene poses a significant obstacle. Although Tamil Nadu has achieved the status of being free from open defecation, with the construction of more than 48 lakh toilets in rural areas since 2014, there are still a significant number of schools that do not have operational toilets. There are 7837 schools in the state that either has broken toilets or no toilets at all. This negatively affects learning and leads to students leaving school. The upkeep and utilization of current facilities also continue to be a noteworthy challenge. An additional major barrier is the absence of modifications in behavior and participation from the community in WASH activities. Although certain districts such as Thiruvallur and Vellore have displayed outstanding records in water, sanitation, and hygiene (WASH), the entire state must prioritize capacity building and behavioral change in order to achieve sustainable and enduring outcomes. This can be accomplished by conducting subsequent seminars that actively include individuals and groups, instructing them on the proper utilization of toilets and the successful maintenance of hygienic standards.

The incorporation of Information and Communication Technology (ICT) in WASH programs is crucial, yet there is sometimes a deficiency in comprehending its exact function. The Swachh Bharat Swachh Vidyalay program has facilitated the use of Information and Communication Technology (ICT), however its usefulness is limited due to the lack of clearly defined objectives and efficient implementation. In order to complement the state's focus on infrastructure development, it is necessary to undertake initiatives to increase knowledge and offer guidance on WASH practices. The Vision 2023 Project seeks to foster cooperation between the public and commercial sectors in order to enhance infrastructure development. This can be achieved by using digital interventions to increase awareness, taking advantage of the state's substantial rural internet penetration rate of 41.98%. Lack of coordination among departments and the degree of instructor motivation are vital elements that enable the sustained implementation of Water, Sanitation, and Hygiene (WASH) projects in schools. Ensuring effective collaboration between departments and maintaining elevated levels of teacher morale are crucial for the success of WASH initiatives. The government must prioritize Water, Sanitation, and Hygiene (WASH) to guarantee a good standard of education. Ensuring the availability of sufficient health and hygiene facilities and raising awareness among girls at the school level is essential for establishing a strong basis for delivering education of superior quality. Lack of knowledge and comprehension of menstruation and menstrual customs greatly contribute to the high dropout rate among females in schools. Implementing nationwide regulations for Water, Sanitation, and Hygiene (WASH) in schools is a significant challenge. The Ministry of Education should assume responsibility and set standards for adequate and comprehensive provision of clean drinking water, sanitation, and hygiene facilities in schools, while collaborating with other relevant ministries. The state must address the issue of disparity in the accessibility of clean water and sanitation. Effective WASH programs in schools that address this issue are essential for ensuring that every kid has equal access to these basic necessities.

The state should provide high importance to the implementation of Water, Sanitation, and Hygiene (WASH) facilities in schools, incorporating them into wider efforts like the Sarva Shiksha Abhiyan (SSA). This can be achieved by offering incentives to schools that possess properly maintained water, sanitation, and hygiene (WASH) facilities, and by actively involving stakeholders, including the community, school teachers, and student councils. The main barriers hindering the implementation of sustainable WASH practices in government schools in Tamil Nadu include a lack of awareness and understanding about menstruation, inadequate infrastructure, a lack of behavioral change and community involvement, ineffective integration of ICT, a lack of coordination between departments, the need for national standards, unequal access to safe water and sanitation, and the need to institutionalize WASH in schools. In order to promote gender equality and ensure the provision of high-quality education, it is imperative to address these challenges.

Assessing Socio-Cultural Factors in School WASH Adoption

Multiple socio-cultural factors impact the adoption and long-term viability of WASH facilities in schools in Tamil Nadu. A study conducted in the state found that over 50% of the student population was comprised of girls, and a substantial portion of them often experienced waterborne diseases, such as diarrhea, due to the lack of functioning bathroom facilities at the school. This discourages girls from regularly attending classes, as parents are unwilling to





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force their daughters to go to schools that do not have adequate WASH facilities. To address this issue, a regional organization, supported by WaterAid, aided a school in constructing hygienic facilities that have distinct areas for male and female pupils. In addition, they supplied hydraulic lift water pumps along with a raised storage tank and hand washing facilities.

The intervention involved setting up a school sanitation committee and kid cabinet, which played a vital role in promoting hygiene. Children were given the responsibility of supervising facilities and spreading crucial hygiene messages to their peers. The individuals were tasked with the responsibility of up keeping and utilizing the recently implemented sanitation and hygiene facilities appropriately, while also guaranteeing the cleanliness and safety of the school premises. As a result, this intervention has resulted in a rise in school attendance and a decline in absenteeism due to illness. The findings underscore the need of including the community, specifically parents and children, in the execution and maintenance of WASH facilities in schools. Socio-cultural factors, such as gender norms and attitudes towards education, specifically in relation to girls, can significantly impact the implementation and sustained effectiveness of WASH programs in schools. Through community engagement and the empowerment of children, we can effectively tackle these issues and attain improved results in water, sanitation, and hygiene (WASH). This strategy is advantageous for improving educational attainment, particularly among female students.

Evaluating WASH Policy and Financial Impact

The WASH policies of India are designed to tackle concerns pertaining to Water, Sanitation, and Hygiene. Nationally, efforts such as the Swachh Bharat Mission have played a crucial role in promoting sanitation and hygiene practices, as well as implementing plans that address water supply and conservation. Tamil Nadu implements state-specific programs that supplement national initiatives. The objective of the Tamil Nadu Urban Sanitation Policy is to enhance the urban sanitation infrastructure and services, with a focus on promoting community involvement and implementing sustainable practices. In addition, initiatives such as the Tamil Nadu Urban Flagship Program give special importance to interventions related to water supply, sanitation, and hygiene in urban areas. Both national and state-level policies prioritize the significance of collaborations between government agencies, local communities, and other stakeholders to accomplish comprehensive WASH objectives. These policies generally encompass plans for the improvement of infrastructure, communication tactics to promote behavior change, and monitoring tools to measure progress and ensure responsibility. The existing regulatory frameworks and financial investments have shown minimal efficacy in enhancing water, sanitation, and hygiene (WASH) infrastructure in numerous developing nations. The UNICEF guidance on building WASH finance solutions emphasizes various significant obstacles: Several countries do not have a thorough assessment of the overall expenses needed to meet their national Water, Sanitation, and Hygiene (WASH) goals

Insufficient resources can be challenging to mobilize without a comprehensive awareness of the financial requirements. The tracking and mapping of financial flows to the WASH sector are frequently inadequate. Most countries lack WASH accounts that routinely gather and evaluate expenditure data. This hinders the ability to accurately identify areas where money is lacking and allocate expenditures in a focused manner. The allotments from public finances to WASH are often insufficient and uncertain. The level of participation in budget procedures and the standard of budget submissions by WASH ministries require improvement. Contributions from users through tariffs typically only cover a small portion of the expenses associated with operating and maintaining a system, and do not even come close to covering the costs of capital investments. The billing and collection systems exhibit deficiencies, while the tariff structures lack effective design to achieve a balance between affordability and cost recovery. Transfers from external sources, such as development assistance, are significant in numerous nations, although they do not always correspond effectively with national priorities. The ability to effectively employ these monies is constrained by limited absorptive capacity. WASH service providers sometimes struggle to get repayable money, such as loans and bonds, because they lack creditworthiness and viable projects that banks are willing to invest in. The development of enabling settings for public-private cooperation is inadequate.





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In order to enhance the efficiency of WASH investments, the UNICEF guidance suggests the development of a comprehensive WASH financial plan. This is the process of calculating the expenses required to meet the national WASH objectives, evaluating the present and anticipated financial inflows from tariffs, taxes, and transfers, finding strategies to decrease costs and enhance revenues, and proposing a set of policies to bridge the funding shortfall. The formulation of a WASH funding plan involves the collaboration of government, service providers, civil society, and development partners to ensure that investments are in line with national priorities. It promotes the governance of the sector, improves the quality of policies and expenditures, and increases the sector's reputation to get new sources of money. Although there has been some improvement in current policy frameworks and expenditures, there are still significant gaps in financing WASH infrastructure. To expedite development and attain widespread availability of secure and sustainable services, it is imperative to adopt a more strategic, evidence-based and collaborative approach by using WASH funding initiatives.

Innovative WASH Solutions in Government School

Tamil Nadu's government schools have effectively tackled WASH-related obstacles through innovative approaches and the implementation of exemplary methods. Many schools in Thiruvallur and Vellore districts have demonstrated outstanding performance in WASH (Water, Sanitation, and Hygiene) practices, highlighting the significant impact of effective management in achieving spectacular results. These schools have consistently upheld high standards of cleanliness and hygiene and have been acknowledged with the Swachh Vidyalaya Puraskar (SVP). The schools have employed behavior-oriented activities to foster awareness regarding the need of sanitation and hygiene. These efforts have involved parents and the wider community, resulting in beneficial and effective outcomes. Community-driven efforts have successfully generated and disseminated information about various social welfare programs, fostering harmony among communities.

The adoption of Information and Communication Technology (ICT) has been made easier by the execution of the Swachh Bharat Abhiyan (SBA) and Swachh Bharat Swachh Vidyalay (SBSV) projects. Although the use of ICT in the process is advantageous progress, there is a deficiency in comprehending its exact purpose. These programs have prioritized the promotion of infrastructure development and the provision of incentives to schools for the adoption of hygienic practices. Sanitation is the responsibility of each state, and each state encounters unique difficulties in dealing with this issue. For example, in Tamil Nadu, despite having enough infrastructures, the dropout rate for girls remains high, partially because of insufficient understanding about menstrual hygiene. In order to tackle this issue, it is essential to implement initiatives that prioritize the development of knowledge and comprehension, as well as the modification of behaviors. This will guarantee that the outcomes are more significant and long-lasting in the future. The government should enact initiatives that organically foster residents' incorporation of sanitation and hygiene practices into their daily regimens. It is imperative to arrange subsequent training sessions that actively involve individuals and communities in acquiring the necessary skills to efficiently utilize bathrooms and similar facilities. The state must ensure the establishment of governing bodies or committees in each district those benefits from the system. In the age of digitization, where communication has grown easier and more effective, it is crucial to prioritize the progress of information.

UNICEF's vision for WASH

UNICEF's WASH (Water, Sanitation, and Hygiene) goal focuses on ensuring that everyone, especially those in regions like Tamil Nadu, has access to clean water and proper sanitation, since it is their fundamental human right. The objective of the WASH Strategy is to attain widespread and fair availability of clean and reasonably priced drinking water by 2030, and to guarantee access to sufficient and just sanitation and hygiene practices while eradicating open defecation. The strategy places particular emphasis on addressing the requirements of women, girls, and vulnerable people. These objectives are in accordance with the specific targets outlined in Sustainable Development Goal (SDG) 6 for water, sanitation, and hygiene. They contribute to the overall 2030 Agenda for Sustainable Development, which is of utmost importance for the well-being of children. It is crucial to acknowledge that achieving sustainable development, particularly in regions like Tamil Nadu, requires comprehensive collaboration from all stakeholders to address various aspects of SDG 6, such as water quality, efficiency, resource





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management, and ecosystem protection. Without these collective efforts, the provision of safe drinking water and sanitation services may be compromised.

Community Participation in Sustainable WASH Practices

Community involvement is crucial for enhancing the long-term sustainability of water, sanitation, and hygiene (WASH) practices in Tamil Nadu. The success of initiatives such as the Swachh Bharat Abhiyan (SBA) and Swachh Bharat Swachh Vidyalay (SBSV) projects in the state can be attributed to the active involvement of local communities. The focus of these initiatives has been on developing infrastructure and offering incentives to schools to encourage the adoption of hygienic practices, leading to significant improvements in water, sanitation, and hygiene (WASH) standards. The implementation of the SBA and SBSV programs has facilitated the use of Information and Communication Technology (ICT) to spread awareness about the importance of sanitation and hygiene. This method has demonstrated significant effectiveness in actively engaging communities and cultivating a strong feeling of ownership among them. The programs have also emphasized the importance of community-driven initiatives, leading to the creation of WASH committees within communities to supervise the operation and maintenance of built toilets.

The SANTOLIC initiative, aimed at improving sanitation and hygiene habits among the Irular indigenous population, also known as the Irula or Iruliga, represents the importance of community engagement. The Irula people are a Dravidian ethnic group and a scheduled tribe in India. The program involves the installation of residential bathrooms for 50 households and the promotion of the CLTS concept (Community-Led Total Sanitation) through campaigns and informative activities. The effort has successfully increased awareness and disseminated information to encourage sustainability, so assuring the optimal exploitation of the built toilets. The School Led Total Sanitation (SLTS) initiative exemplifies the importance of community engagement in enhancing the long-term sustainability of water, sanitation, and hygiene (WASH) practices. This campaign has been effectively executed in other states, including Tamil Nadu. The program involves instructing young individuals on the importance of sanitation and hygiene, leading to a change in behavior and the adoption of respectable WASH practices. Community involvement is essential for enhancing the long-term sustainability of water, sanitation, and hygiene (WASH) practices in Tamil Nadu. The active involvement of local communities has been important in the success of initiatives such as the Swachh Bharat Abhiyan (SBA) and Swachh Bharat Swachh Vidyalay (SBSV) schemes, the SANTOLIC program, and the School Led Total Sanitation (SLTS) program. These endeavors have cultivated a feeling of possession among communities, ensuring the successful implementation and upkeep of Water, Sanitation, and Hygiene (WASH) practices.

Integrating WASH Education: Impact on Behavior.

The incorporation of Water, Sanitation, and Hygiene (WASH) teaching into the school curriculum in Tamil Nadu has been a noteworthy measure in fostering healthy habits among students and staff. Education on cleanliness is crucial to ensure that students cultivate proper hygiene practices, which are vital for their general health and well-being. The WASH education program is supposed to be all-encompassing, addressing multiple facets like hand hygiene, toilet utilization, and menstrual hygiene. The program is executed using a range of techniques, such as interactive activities, instructional games, and participatory exercises. The WASH education program has effectively impacted student behavior, specifically in relation to hand hygiene habits. Students are instructed on the significance of practicing proper hand hygiene, particularly after using the restroom and prior to consuming food. Adhering to this practice is essential for reducing the transmission of diseases and promoting optimal health. The curriculum also highlights the necessity of appropriate toilet utilization and upkeep, guaranteeing that kids comprehend the significance of using toilets for their designated function. The WASH education program has additionally exerted a beneficial influence on staff conduct. Educators and other school personnel undergo training to encourage proper hygiene habits among children and to guarantee that the school premises are sanitary and well cared for. This include overseeing daily WASH (Water, Sanitation, and Hygiene) activities, assuring consistent availability of soap and water, and including WASH activities into teacher's duties and performance assessments. Incorporating WASH instruction within the school curriculum has also resulted in heightened community engagement. Parents and





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community members are urged to engage in WASH-related activities, such as building WASH facilities at home and advocating for appropriate hygiene practices. Community engagement is essential for the long-term viability of the WASH education program and the widespread adoption of proper hygiene practices, both within schools and households. Incorporating WASH education into the school curriculum in Tamil Nadu has been a noteworthy measure in fostering hygienic behaviors among students and staff. The program has effectively influenced student behavior, specifically in regards to hand washing procedures, and has also positively affected professional conduct. The program's focus on community engagement has guaranteed the adoption of proper hygiene protocols, not just in schools but also inside households, resulting in a healthier and more sanitary environment for everyone.

FINDINGS OF THE STUDY

- 1. Limited Access to Safe Drinking Water: Only 65% of schools had access to safe drinking water, and 15% of students reported having access to water only occasionally.
- 2. **Poor Maintenance of WASH Infrastructure**: The study found that the maintenance of WASH infrastructure was inadequate, with 27.7% of students reporting that soap was not offered daily in classrooms.
- 3. **Inadequate Toilet Facilities**: Half of the students reported that the water in school toilets was unsafe to drink due to poor odor, taste, or color.
- 4. **Climate Change Impacts**: Climate change-related factors, such as water scarcity and extreme weather events, exacerbate existing challenges in maintaining sustainable WASH infrastructure.
- 5. **Inadequate Hand washing Facilities**: Despite effective regulations during COVID-19, 27.7% of students reported that soap was not offered daily in classrooms.
- 6. **Limited Availability of WASH Services**: The study found that the availability of WASH services was limited, with 15% of students reporting that they had access to water only occasionally.
- 7. **Inadequate Education and Practices**: The study highlighted the importance of education and practices in promoting sustainable WASH practices, but found that these were often inadequate.
- 8. **Community Involvement Crucial**: The study emphasized the need for community involvement in ensuring the sustainability of WASH practices in schools.
- 9. **Cultural and Social Norms**: Cultural and social norms may influence attitudes towards hygiene, making it challenging to introduce and sustain behavior change initiatives.
- 10. **Inadequate Training and Capacity Building:** Inadequate training and capacity-building programs for school staff hinder their ability to effectively manage WASH facilities and educate students on proper practices.
- 11. **Technological Solutions**: Leveraging technology, such as mobile apps for monitoring and reporting WASH indicators, can enhance data-driven decision-making and facilitate targeted interventions in Tamil Nadu's government schools.
- 12. **Collaboration Essential**: Collaboration between local authorities, school administration, and parents was seen as essential for meeting the basic needs of WASH in schools.

CONCLUSION

The effort to implement sustainable Water, Sanitation, and Hygiene (WASH) practices in government schools in Tamil Nadu has encountered challenges and numerous opportunities. Despite facing formidable obstacles such as inadequate infrastructure, limited funding, and bureaucratic limitations, the state has made significant strides in promoting sustainable WASH practices. Tamil Nadu has successfully addressed these challenges by introducing innovative programs and engaging in partnerships with various stakeholders, including non-governmental organizations and community leaders. However, it is essential for government officials to uphold their commitment and financial backing to ensure the sustained feasibility of these programs. The lessons learned from Tamil Nadu's experience emphasize the importance of implementing holistic methods that integrate education, behavior modification initiatives, and infrastructural improvement. In order to ensure long-term success, it is crucial to encourage community engagement and accountability, and to employ technology for the purpose of monitoring and





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evaluating. Despite the difficulties that lie ahead, there are ample opportunities to improve water, sanitation, and hygiene (WASH) standards in government schools. Tamil Nadu and other regions have the potential to establish a future in which every school possesses reliable and environmentally-friendly WASH facilities by learning from previous experiences, adopting new ideas, and fostering collaboration. This would ensure a more salubrious and affluent atmosphere for all pupils.

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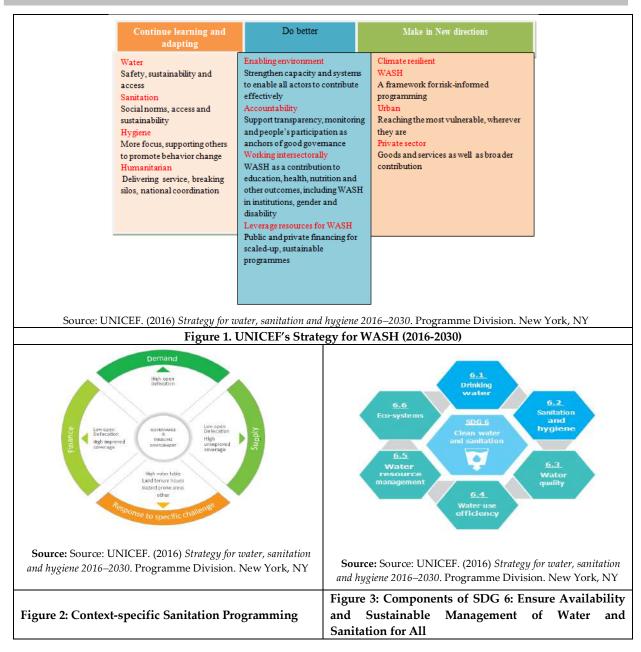
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Anushya and Subramaniyan







RESEARCH ARTICLE

A Cross - Sectional Research on Women with Irregular Menstruation and Obesity in Assam, Northeast India

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ABSTRACT

Obesity has a strong correlation with menstrual irregularity. Women who are obese often experience oligomenorrhea, amenorrhea, or irregular periods. Moreover, it also increases the risk of developing gynecological diseases, including infertility and menstrual dysfunction. However, it is important to note that a variety of sex hormones also play a crucial role in these disorders. to examine the connection between irregularity of menstruation and obesity among the adult women of Assam. Between February 2022 and August 2022, 100 women, aged 18 to 42 years, who often attended an outpatient obesity clinic at Pratiksha Hospital in Guwahati were the subjects of a cross-sectional research. The women's current height (m) and weight (kg) were measured. These measures were used to compute the body mass index (BMI) and waist-tohip ratio (WHR). Women's BMIs are used to calculate obesity. A digital sphygmomanometer was used to record the blood pressure. Patients were asked to document menstrual cycle aspects for three months. A range of biological indicators were also looked at. Out of 100 women, women with regular menstrual cycles are found to be 66 (66.00%), women with oligomenorrhea are found to be 22 (22.00%), and women with amenorrhea are found to be 12 (12.00%). The results found that 34 (34.00%) women have had menstrual irregularities. The average age of women with regular menstrual cycles (66), oligomenorrhea (22) and amenorrhea (12) is found to be (29.82±5.63), (28.86±5.87), and (30.08±5.81), respectively. The study shows an association of obesity with ologomenorrhea and amenorrhea.

Keywords: obesity, oligomeorrhea, amenorrhea, menstrual irregularity.





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INTRODUCTION

Obesity has an adverse effect on public health and is becoming more common in both developed and developing nations[1-4]. In the modern world, obesity poses a greater hazard to public health than communicable illnesses[3-6]. The WHO reports that between 1980 and 2014, the prevalence of obesity more than quadrupled globally[7]. Studies on migration and comparisons between rural and urban areas show that industrialization has increased the incidence of obesity; in several countries, 50% of people are overweight or obese[8-12]. Obesity received little attention until recently in India, the most populous country, where undernutrition has been the main public health problem for the past few decades [1,13,14]. According to growing data, childhood and adult obesity rates are rising[5,15-18]. In addition to being linked to a number of non-communicable illnesses, such as diabetes, cancer, hypertension, and cardiovascular disorders, obesity is a major risk factor for mortality and disability worldwide[9-12,19-21]. Because of biological differences, females are more likely to be fat[22,23]. Obese women experience menstruation problems, PCOS and infertility [24-29]. Several studies have clearly shown that obese women with PCOS are more likely to experience irregular menstrual periods[26-31]. Although several sex hormones also play a significant part in these problems, obesity significantly raises the chance of developing gynecological diseases, such as menstrual dysfunction and infertility [32-35]. Gynecological issues encompass a broad spectrum of irregularities, such as irregular menstrual cycles, prolonged menstrual cycles, and blood loss throughout the menstrual cycle. Among obese women, irregular menstrual cycles are more common [34,36,37,38]. Additionally, a number of studies have shown a connection between women's menstrual cycle disruption and endometrial, breast, and cardiovascular cancers[28,39-42]. According to Tang et al.[43] (2020), women who are overweight have a much higher chance of having endometrial hyperplasia.

Abnormal menstrual periods are associated with obesity. A correlation exists between body mass index (BMI) and irregular menstrual cycles, as reported by Wei *et al.*[44]. According to Wei *et al.*[44], oligomenorrhea and irregular menstruation are more common in people with BMIs over 25 kg/m². According to a number of studies [28,29,38,45-47], obese women experience a larger percentage of abnormal menstrual cycles than the general population. Weight loss improves women's cycles. Obesity and menstruation are fundamentally related because fat cells contain cholesterol molecules that can be converted into "estrone", a weak form of estrogen. Women carrying additional fat cells have "little estrogen-making factories", which have an estrogenic influence on their glands. The excess estrogen may lead to irregular periods or bleeding[34,48]. Therefore, we examined the relationship between obesity levels and abnormal menstrual cycle length in a group of obese women, as well as the incidence of amenorrhea and oligomenorrhea, as a means of understanding the impact of obesity on reproduction.

MATERIALS AND METHODS

We conducted a cross-sectional study between February and August 2022, involving 100 women from the age range of 18 to 42 years who attended an obesity clinic at Pratiksha Hospital in Guwahati. Women with PCOS on ultrasonography and those who claimed to be pregnant or to have experienced menstrual problems in the past were not included. We measured the subjects' current body weight (kg), height (cm). The narrowest point above the hip served as the measurement point for the waist, while the highest point of the gluteus protuberance served as the measurement point for the hip. Waist-to-hip ratio (WHR) and body mass index (BMI) was calculated from these measurements. Obesity is calculated through the BMI of the women. Blood pressure was recorded by using a digital sphygmomanometer. For three months, women recorded the length of their menstrual cycles. Women were diagnosed with oligomenorrhea if their periods lasted between 36 and 90 days, amenorrhea if they hadn't had one in more than 90 days, and normal if their cycles lasted between 25 and 35 days.Among the biochemical indicators analyzed were biological parameters such as serum insulin, total cholesterol, triacylglycerol, high-density lipoprotein cholesterol, low-density lipoprotein, and total cholesterol.





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Statistical analysis

The Statistical Package for Social Sciences (Version 16.0) was used to analyze the data after they were imported into Microsoft Excel. Means and standard deviations were used to express continuous variables, and percentages were used to express categorical variables. Comparing anthropometric traits and biological markers between women with regular menstrual periods, oligomenorrhea and amenorrhea was done using analysis of variance. Spearman correlation coefficient was applied to see the strength of correlation of obesity with menstrual irregularities based on age and the anthropometric parameters. A p-value (<0.05) was considered to be statistically significant.

RESULTS

Table I displays the anthropometric characteristics of obese women with and without regular menstrual periods. Of 100 women, 66 (66.00%) had normal menstrual cycles, 22 (22.00%) had oligomenorrhea, and 12 (12.00%) had amenorrhea. According to the findings, 34 women (34.0%) had irregular menstruation. The mean age of women who have oligomenorrhea (age 22), amenorrhoea (12), and normal menstrual cycle (age 66) is (29.82±5.63), (28.86±5.87), and (30.08±5.81) years, respectively. Women with oligomenorrhea (79.84±6.60) (kg), normal menstrual cycle (76.15±7.19) (kg), and amenorrhoea (80.83±8.86) (kg) had higher average weights (kg). Similarly, women with amenorrhoea (92.88±6.84) (cm), oligomenorrhea (88.81±6.02) (cm), and normal menstrual cycles (80.65±4.62) (cm) had the largest average waist circumference (WC). The same is true for hip circumference (cm), where women with normal menstrual cycles (91.54±4.94) (cm), oligomenorrhea (94.42±8.37) (cm), and amenorrhoea (98.58±9.95) (cm) had the greatest average HC. Women who experienced irregular menstruation, such as oligomenorrhea (33.69±1.32) and amenorrhoea (34.92±1.32), had higher body mass indices (BMIs). The waist-hip ratio (WHR) is estimated to be 0.88±0.03 (kg/m²) in women with regular menstrual cycles and higher in those with oligomenorrhea (0.89±0.06) and amenorrhoea (0.89±0.07). Women with amenorrhoea had the greatest diastolic blood pressure (mm/hg) (87.58±15.58) (mm/hg), whereas women with regular menstrual cycles have normal systolic blood pressure (mm/hg) (120.39±11.69) (mm/hg). The overall blood pressure of women with regular menstrual cycles was 120.39±11.69/84.69±8.93 (mm/hg), which is considered normal. The age of menarche, measured in years, is highest in women with normal menstrual cycles (12.59±1.21), lowest in amenorrhoea (11.58±1.38), and lowest in oligomenorrhea (12.27±1.42) (years). No discernible differences are observed in age, blood pressure, or BMI. Additionally, the results based on age at menarche, weight (kg), WC, HC, and WHR indicated statistically significant outcomes.

According to Table II, women with regular or irregular menstrual periods and obesity are associated with different biochemical indicators. Therefore, oligomenorrhea (101.41±21.09) (mg/dL) and amenorrhoea (104.67±18.33) (mg/dL) were associated with greater levels of glucose intolerance in women with irregular menstruation. When comparing women with normal menstrual cycles (118.21±20.04) to those with oligomenorrhea (124.42±32.07) (mg/dL), it was shown that triglycerides were considerably greater in women with amenorrhoea (135.75±36.17) (mg/dL). Women with irregular menstrual cycles had higher basal insulin concentrations. This is particularly true for those with amenorrhoea (22.06±10.86) (μ U/dL), oligomenorrhea (17.10±8.97) (μ U/dL), and normal menstrual periods (14.69±6.43) (μ U/dL). There was no difference in HDL, LDL, or total cholesterol levels according to menstrual irregularity. Triglycerides, basal insulin levels, and glucose intolerance all exhibit statistically significant results. Table III examined the degree to which menstrual abnormalities and obesity are correlated. The results indicated a direct relationship between WHR and amenorrhoea (*rho*=0.04950) and oligomenorrhea (*rho*=0.04939). Additionally, there is a strong positive link between blood pressure and irregular menstruation, such as amenorrhoea and oligomenorrhea.

DISCUSSION

According to research, irregular menstruation is highly correlated with obesity. More specifically, class 2 obese women (BMI 30.0-39.9 kg/m²) are more likely to experience oligomenorrhea and amenorrhea. A study conducted by Souza *et al.* [49]assessed fifty-seven women who had class III obesity, or morbid obesity (\geq 40 kg/m²). This type of obesity can lead to menstrual dysfunctions such as amenorrhea or oligomenorrhea[26-29,38,47]. WHR and BMI are





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anthropometric assessments that indicate how much body fat a person has. WHR is more suggestive of abdominal fat deposition, which has been linked to diabetes mellitus and hypertension and is more hazardous; an increase in these parameters is a sign of obesity [50-52]. Numerous factors, including hormone flux, underlying medical conditions, and body mass as determined by weight and BMI, have been found to affect menstrual irregularity and flow[50,53-55]. A disrupted hormonal balance may cause aberrant menstrual patterns, which in turn may mediate the risk of hypertension[56,57]. Since androgens can raise blood pressure and help with the etiology of hypertension, they can both help prevent cardiovascular diseases (CVDs) such as hypertension by acting as vasodilators [56-60]. Furthermore, some well-established risk factors for irregular menstruation—such as age, smoking, stress, weight, family history, and pregnancy history—also increase the likelihood that obese women may develop hypertension [61-64]. Additionally, the incidence of hypertension in obese women with and without irregular menstruation was demonstrated in the current study.

A comparison of biochemical markers between obese women with normal menstrual cycles, oligomenorrhea, and amenorrhea is presented in Table II. Obesity is closely linked to menstrual abnormalities and unfavorable hormonal profiles[49,56,57,65]. Research has demonstrated that women with oligomenorrhea or amenorrhoea had much higher blood glucose concentrations; these findings are supported by studies conducted by Shen et al.[66] and Klein et al.[67]. Results showed that blood glucose levels were associated with irregular menstrual periods and obesity. This finding led us to speculate-a theory previously advanced by others-that obesity, while not the cause of PCOS, may facilitate its phenotypic manifestation in women who are predisposed to the illness by resulting in insulin resistance and hyperinsulinemia[44,68,69,70,71]. In our investigation, women with oligomenorrhea and amenorrhoea had higher insulin levels than women with normal menstrual cycles, a finding previously observed in studies by Shim et al.[68], Koet al.[69], Itriyeva[70], and Jalil et al.[71]. As a result of hyperinsulinemia, increased androgen synthesis may negatively impact the menstrual cycle and decrease the likelihood of conception[27,72-76]. In the current study, reproductive rates decreased when fat levels rose in response to an increase in insulin disruption. Additionally, Seif et al.[77] found that insulin and androgens affect steroid levels in the ovarian stroma, contributing to issues with ovulation and unpredictable menstruation. Moreover, hyperinsulinemia and high lipid levels prevent the production of LH and FSH, which alter menstrual periods [74,78-80]. Additionally, the current study demonstrated a favorable relationship between oligomenorrhea and amenorrhoea and blood pressure, weight, and WHR (Table 3). Sheela et al.[81] discovered that oligomenorrhea is most commonly associated with a BMI over 25 and that greater obesity grades increase the risk of irregular periods. Additionally, a positive correlation between the menstrual profile and BMI was found[50,82-84]. Oligomenorrhea and other menstrualabnormalities are common in obese women. Similar to the current study, a study Mustageem et al. [36] found that irregular menstrual periods were experienced by 64.44% of individuals with increased WHR.

CONCLUSION

This study advances our knowledge of the relationship between obesity and menstrual problems in women. Retaining a healthy weight helps reduce the likelihood of irregular menstruation and the gynecologic issues associated with obesity.

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| Variables | Regular Menstrual Cycle (n=66) | Oligomenorrhea (n=22) | Amennorrhea (12) | p* value (Analysis of variance) |
|--------------------------------------|-----------------------------------|--------------------------|------------------|---------------------------------------|
| Age (years) | 29.82±5.63 | 28.86±5.87 | 30.08±5.81 | 0.76850 |
| Height (cm) | 154.66±6.45 | 153.84±5.91 | 152.06±6.70 | 0.00004 |
| Weight (kg) | 76.15±7.19 | 79.84±6.60 | 80.83±8.86 | 0.03421 |
| BMI (kg/m ²) | 31.77±1.50 | 33.69±1.32 | 34.92±1.32 | 0.42630 |
| Waist circumference (cm) | 80.65±4.62 | 88.81±6.02 | 92.88±6.84 | < 0.00001 |
| Hip circumference (cm) | 91.54±4.94 | 94.42±8.37 | 98.58±9.95 | 0.00285 |
| Waist Hip Ratio (kg/m ²) | 0.88±0.03 | 0.89±0.06 | 0.89±0.07 | 0.55703 |
| Blood Pressure Diastolic (mm Hg) | 84.69±8.93 | 82.05±10.24 | 87.58±15.58 | 0.31999 |
| Blood Pressure Systolic (mm Hg) | 120.39±11.69 | 117.59±15.83 | 119.08±18.52 | 0.70738 |
| Age at Menarche (Years) | 12.59±1.21 | 12.27±1.42 | 11.58±1.38 | 0.00452 |

Table I: Anthropometric characteristics of obese women with and without regular menstrual cycles





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Table II. : Biochemical markers of obese women with and without regular menstrual cycles

| Variables | Regular Menstrual Cycle (n=66) | Oligomenorrhea (n=22) | Amennorrhea (12) | <i>p</i> value (Analysis of variance) |
|------------------------------|-----------------------------------|--------------------------|------------------|---------------------------------------|
| Glucose (mg/dL) | 91.53±17.40 | 101.41±21.09 | 104.67±18.33 | 0.02236 |
| Triglycerides (mg/dL) | 118.21±20.04 | 124.42±32.07 | 135.75±36.17 | 0.04609 |
| HDL Cholesterol (mg/dL) | 54.14±8.84 | 50.55±10.29 | 55.08±12.24 | 0.27761 |
| LDL Cholesterol (mg/dL) | 120.42±4.94 | 117.73±20.94 | 124.83±28.40 | 0.65130 |
| Total Cholesterol (mg/dL) | 180.92±22.06 | 178.95±23.93 | 182.58±33.12 | 0.90983 |
| Insulin (µU/dL) | 14.69±6.43 | 17.10±8.97 | 22.06±10.86 | 0.01073 |

Table III. Spearman correlation coefficient of obesity with menstrual irregularities

| Variables | Oligomeno | orrhea (22) | Amenorrhea (12) | | |
|-------------------------|-----------|-------------|-----------------|---------|--|
| variables | R-value | p-value | R-value | p-value | |
| Weight (kg) | 0.67988 | 0.00050 | 0.83363 | 0.00075 | |
| Waist circumference(cm) | 0.06563 | 0.77168 | 0.75657 | 0.00440 | |
| Hip circumference(cm) | 0.04980 | 0.82580 | 0.75657 | 0.00440 | |
| WHR | 0.42374 | 0.04939 | 0.57701 | 0.04950 | |
| Diastolic BP (mm of Hg) | 0.06423 | 0.77642 | 0.74211 | 0.00572 | |
| Systolic BP (mm of Hg) | 0.08871 | 0.69462 | 0.77193 | 0.00327 | |





RESEARCH ARTICLE

Influence of Poultry Manure Compost and Foliar Application of Seaweed Extract on the Productivity and Profitability of Finger Millet (*Eleusine coracana* L.)

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ABSTRACT

Field experiment was conducted at Puliyanthoppu village in Krishnagiri district, Tamil Nadu, from December 2019 to April 2020 to study the Influence of poultry manure compost and foliar application of seaweed extract on the productivity and profitability of finger millet (*Eleusine coracana* L.) under irrigated conditions. The experiment followed a split-plot design with three replications. According to the experimental results, the application of enriched poultry manure compost @ 750 kg ha⁻¹ combined with foliar spray of seaweed extract @ 0.3% significantly recorded growth characteristics, yield attributes, and grain yield. This treatment also registered higher gross return of Rs. 91,019 ha⁻¹, net return of Rs. 53,777 ha⁻¹, and B:C ratio of 2.44. Conversely, the least growth and yield attributes, as well as the lowest gross return, net return, and B:C ratio, were observed with the application of enriched FYM @ 750 kg ha⁻¹ along with water spray.

Key words: Enriched poultry manure compost, Seaweed extract, grain yield, gross return, net return and BCR

INTRODUCTION

Finger millet (*Eleusine coracana* (L.) Gaertn.) Ranks as the third most important millet in India, following sorghum and pearl millet. It stands out among major food grains due to its high nutritional value, particularly in protein and minerals such as calcium and iron, offering 8–10 times more calcium than wheat or rice. Its slow digestibility makes it an excellent food crop for pregnant women and individuals with diabetes. Finger millet accounts for about 85% of total millet production in India, covering 11.9 lakh hectares and yielding 19.8 lakh tonnes with a productivity of 1662 kg per hectare. In Tamil Nadu, it is grown on 0.78 lakh hectares, producing 2.56 lakh tonnes with a productivity of





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1966 kg per hectare. Nutrient management is a crucial factor in enhancing the productivity of finger millet. While the application of chemical fertilizers can significantly boost crop yields, it often has a detrimental effect on soil properties. Therefore, an integrated approach to nutrient management is essential to prevent nutrient depletion, maintain soil fertility, and sustain crop productivity. Organic amendments, such as farmyard manure, poultry manure, and pressmud compost, positively impact soil fertility, improving soil condition and plant growth.

Poultry manure holds a prominent position due to its higher nutrient content compared to other manures. (Adeleye *et al.*, 2010). The application of farmyard manure (FYM) enhances soil fertility by improving its physical condition and water holding capacity. FYM not only supplies macronutrients but also meets micronutrient requirements, thereby improving soil health (Jadhao *et al.*, 2019). Pressmud is a valuable resource of plant nutrients and improves the physical, chemical, and biological properties of the soil, leading to increased crop yields (Ramesh, 2018). Foliar application of liquid organic manures influences influences a wide range of physiological parameters, including altered plant structure, assimilate partitioning, increased nutrient uptake, improved nitrogen metabolism, accelerated blooming, grain filling, and enhanced assimilate mobilization to designated sinks (Sharma Sardana and Sukhvinder Singh, 2013).

To provide additional nutrients, developing liquid organic biostimulants such as seaweed extract and humic acid for foliar application is essential. These biostimulants can supply necessary nutrients during critical periods of crop growth and possess insecticidal or fungicidal properties. Seaweed extracts are marketed as liquid fertilizers and biostimulants due to their high content of growth regulators like cytokinins and gibberellins. Alongside these growth regulators, seaweed extracts provide a wide range of macro and micronutrients essential for optimal plant growth and development (Khan *et al.*, 2009). Humic compounds enhance soil structure, promote the growth of soil microbes, increase the cation exchange capacity of the soil, and indirectly benefit plant roots by supplying essential macro and micronutrients, thus improving soil fertility (Guo *et al.*, 2009). While there is extensive research on the use of organic manures and foliar application of biostimulants in finger millet individually, studies on the combined application of organic manures — particularly enriched organic compost — and liquid organic manures through foliar application in irrigated finger millet are limited. Therefore, this study aimed to develop integrated nutrient management strategies for irrigated finger millet that would be profitable, productive, and sustainable for farmers in the Krishnagiri District of Tamil Nadu, India.

MATERIALS AND METHODS

Experimental site

Field experiment was performed in a farmer's field at Puliyanthoppu village, Krishnagiri District, Tamil Nadu from December 2019 to April 2020 (Marghazipattam). The field site was geographically located at an altitude of 492 m above mean sea level, at 11°12 to 12°49′ North latitude and 77°27 to 78°38′ East longitude. The weather at Puliyanthoppu village was dry, with scanty rainfall except during the monsoon season. The mean annual rainfall received was 830 mm. During the farming season, the maximum temperature is 34.24 ° C, the minimum temperature is 22.28 ° C and the relative humidity is 75.50%. The experimental soil has a clay loam texture, pH of 7.1, organic carbon content of 0.58%, and contains nitrogen (214.96 kg/ha), phosphorus (21.37 kg/ha), and potassium (275.28 kg/ha).

METHODOLOGY

The experiment comprised of three main plot treatments *viz.*, M₁- Enriched FYM @ 750 kg ha⁻¹, M₂- Enriched pressmud compost @ 750 kg ha⁻¹, M₃- Enriched Poultry manure compost @ 750 kg ha⁻¹ and five subplot treatments namely, S₁- Control (Water spray), S₂- Foliar spray of humic acid @ 0.3%, S₃-Foliar spray of panchagavya @ 3%, S₄- Foliar spray of vermiwash @ 5%, S₅-Foliar spray of seaweed extract 0.3 % (All the foliar sprays were given at 20,40 and 60 DAT). The experiment with different treatments was tested in the field in a split-plot design with three





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replications. In this study, composted manures such as FYM, pressmud, and poultry manure were used. Enriched FYM compost was prepared using the heap method with the following procedure: 750 kg of FYM (dry-weight basis) was thoroughly mixed with single superphosphate (187.5 kg ha⁻¹), Azospirillum (10 kg), and Phosphobacteria (10 kg). The mixture was kept in a shaded area with 60% moisture. After two months, the enriched FYM compost was ready and applied to the designated plots according to the treatment schedule prior to transplanting. This same method was used to prepare enriched compost from poultry manure and pressmud. Promising CO 15 (120 days) finger millet variety was used in the study. Two seedlings per hill were transplanted at the age of 18 days and the spacing adopted was 30 x 10 cm. A fertilizer schedule of 60 kg N, 30 kg P2O5, and 30 kg K2O per hectare was implemented. Nitrogen, phosphorus, and potassium were supplied through urea, single superphosphate, and muriate of potash, respectively. All other improved recommended practices outlined in the Crop Production Guide (2019) were followed for cultivating finger millet.

Data collection

Five plants were randomly chosen from each net plot area and tagged for biometric observation at various crop growth phases.

Plant height

The plant height was measured from the ground level to the tip of the top most leaf/ ear head at harvest stage.

Root length and root volume

The entire finger millet plant was uprooted at flowering stage before harvesting and roots were washed. The root length was measured from the base of the plant to the root tip and expressed in cm. After measuring root length, the roots were separated from the plants and were washed with water and the root volume measured by water displacement method (Karthikeyan, 1999) and expressed in cubic centimetre (cc).

Crop growth rate (CGR)

The CGR explains the dry matter accumulated per unit land area per unit time, expressed as g m⁻² day⁻¹. It was calculated by using the following formula as suggested by Watson (1958).

$$CGR = \frac{W_2 - W_1}{(t_2 - t_1) s} g / m^2 / day$$

Where,

W1, W2 - Plant dry weight (g) at time t1, t2, S - land area (m2)

Number of fingers ear head-1

At the time of harvest, five matured ear heads were selected at random from the representative plant samples. Number of fingers in each ear head was counted and the mean value was expressed as number of fingers ear head-¹.

Length of ear head (cm)

Ear head length was measured from the point of rear to the tip of the ear head obtained from five primary ear head of the tagged plants and the mean length for ear head was calculated and expressed in cm.

Grain yield

Harvesting was done in each plot separately from the net plot area and grains were separated, cleaned and grain yield was recorded plot wise at 14 per cent moisture content. The yield was computed to kg ha⁻¹.

Economic analysis

The economic parameters such as gross income, net income and benefit cost ratio for all the treatments were worked out based on the prevailing market price. The net income was worked out for different treatments by subtracting the cost of cultivation from gross income. The benefit cost ratio was calculated by using the following formula.





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BCR = Gross income (Rs.ha⁻¹)

Cost of cultivation (Rs.ha⁻¹)

Statistical analysis

The data on the numerous characters evaluated throughout the research study were statistically analyzed. To make the statistical inferences, the critical differences were calculated at a 0.05 per cent probability level (Panse and Sukhatme,1989).

RESULT AND DISCUSSION

Growth attributes

Among different growth attributing characters, enriched poultry manure compost @ 750 kg ha⁻¹(M₃) registered significantly maximum values of plant height of 103.64 cm, root length of 24.93 cm, root volume of 10.82 cc, LAI of 5.71 and crop growth rate of 11.24 g m⁻² d⁻¹ at 30-60 DAT and 8.53 g m⁻² d⁻¹ at 60 - harvest stage (Table 1.). These could be attributed to an adequate supply of nutrients that caused the crops to grow quickly, which in turn increased various metabolic processes, improved the mobilization of synthesized carbohydrates in amino acids and proteins, and consequently promoted cell division and elongation, leading to higher growth attributes. The results are in agreement with the findings of Abdul Nasir *et al.*, (2010) and Enujeke (2013).

The least plant height of 92.36 cm, root volume of 7.77cc, root length of 20.56, LAI of 3.83 and crop growth rate of 8.39 g m⁻² d⁻¹ at 30-60 DAT and 6.31 g m⁻² d⁻¹ at 60- harvest were recorded under enriched FYM compost @ 750 kg ha⁻¹ (M₁). With regard to foliar nutrition, seaweed extract @ 0.3% on 20, 40 and 60 DAT (S₅) registered highest plant height of 103.52 cm, root length of 24.92 m, root volume of 10.77 cc, LAI of 5.68 and crop growth rate of 11.18 and 8.29 g m⁻² d⁻¹ at 30-60 DAT and 60 DAT- harvest, respectively. These might be due to availability of plant nutrients and growth regulators in seaweed extract, which helps to enhance the better root development and enzyme activity in the root portion resulting in higher growth attributes registered under this treatment. The results are in concomitance with the findings of Rathore *et al.*, (2009); Liu and Lijun (2011). The least plant height of 88.87 cm, root length of 18.88 cm, root volume of 6.61 cc, LAI of 3.39 and crop growth rate of 8.58 and 6.48 g m⁻² d⁻¹ at 30-60 DAT and 60 DAT- harvest, respectively was recorded under control water spray (S₁). Significant interactions were observed between enriched compost and foliar spray. The treatment combination of enriched poultry manure compost @ 750 kg ha⁻¹ and seaweed extract @ 0.3% (M₃S₅) registered maximum values of plant height, root length, root length, root volume and crop growth rate at 30-60 DAT and 60 DAT- harvest. This could be due to combined effect of compost @ 750 kg ha⁻¹ followed by water spray (M₁S₁).

Yield attributes and yield

Among different yield attributing characters, enriched poultry manure compost @ 750 kg ha⁻¹ (M₃) registered significantly higher number of fingers earhead⁻¹ of 8.08, length of fingers of 8.98 (Table 2) and grain yield of 3504 kg ha⁻¹. These could be due to the poultry compost contains uric acids, which speeds up the release of nutrients and may have resulted in more extensive root development, so that crop can able to absorb more nutrients from the soil, and results in quicker conversion of synthesised photosynthates into protein to form more protoplasm thus led to increased yield attributes and yield. These results were concomitant with the finding of Agbede *et al.*, (2008). The least yield attributes and yield were registered under the treatment enriched FYM compost @ 750 kg ha⁻¹ (M₁). In respect of foliar nutrition, higher number of fingers ear head⁻¹ of 8.05, length of fingers of 8.93cm and grain yield of 3567 kg ha⁻¹were obtained with the foliar spray of seaweed extract @ 0.3% on 20, 40 and 60 DAT (S₅). The balanced growth pattern may have reduced flower shedding, which on the other hand resulted in a positive source-sink gradient of photosynthates translocation due to growth regulator and also increases the flower production by encouraging timely nutrient supply by foliar spray. Similar observations were reported by Diviya and Kalyani (2016).





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The least number of fingers ear head- $^{-1}$ of 4.36, length of ear head of 5.21 and grain yield of 2389 kg ha- $^{-1}$ were registered with water spray (S₁).

The interaction effect between enriched compost and foliar nutrients were found to be significant. Application of enriched poultry manure compost @ 750 kg ha⁻¹ followed by foliar spray of seaweed extract @ 0.3% on 20, 40 and 60 DAT (M₃S₅) registered the maximum yield attributes *viz.*, number of fingers ear head⁻¹, finger length and grain yield. The least yield characters were recorded under enriched FYM compost @ 750 kg ha⁻¹ followed by water spray (M₁S₁). In respect of harvest index significantly higher values registered under plots received with enriched poultry manure compost @ 750 kg ha⁻¹ followed by foliar spray of seaweed extract @ 0.3% on 20, 40 and 60 DAT (M₃S₅).

Economics

Among the treatment combination of organic manure and foliar nutrition on irrigated finger millet, the maximum gross returns of Rs. 91019 ha⁻¹, net returns of Rs. 53777 ha⁻¹ and BCR of 2.44 were obtained in plots applied with enriched poultry manure compost @ 750 kg ha⁻¹along with foliar spray of seaweed extract @ 0.3% on 20, 40 and 60 DAT (M₃S₅) (Table 3). The lowest gross returns of Rs. 50233 ha⁻¹, net return of Rs.17041 ha⁻¹ and BCR invested 1.51 were recorded in M₁S₁ (enriched FYM compost @ 750 kg ha⁻¹ along with water spray). Increased profitability in poultry manure compost along with foliar application of seaweed extract could be attributed to finger millet utilized the both below and above the ground available resources very effectively thereby resulted higher grain yield, gross and net returns in irrigated finger millet cultivation (Naidu *et al.*, 2009).

CONCLUSION

Based on the results of the experiment, it can be concluded that application of enriched poultry manure compost @ 750 kg ha⁻¹ followed by foliar spray of 0.3% seaweed extract on 20, 40, and 60 days after transplanting (DAT) to achieve higher productivity and profitability in finger millet cultivation under irrigated conditions.

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| TREAT | | t height, root length Ind root volume | 1 | Growth analysis | | | |
|-----------------------|-------------------|--|---------------------|-----------------|--------------------|---------------------|--|
| MENTS | Plant height (cm) | Root length (cm) | Root volume (cc) | LAI | CGR (30-60 DAT) | CGR (60-Harvest) | |
| | | MAIN | PLOTS | | | | |
| M_1 | 92.36 | 20.56 | 7.77 | 3.83 | 9.12 | 6.65 | |
| M ₂ | 97.12 | 22.37 | 9.07 | 4.77 | 10.12 | 7.37 | |
| M ₃ | 103.64 | 24.93 | 10.82 | 5.71 | 11.24 | 8.53 | |
| S.Ed. | 1.14 | 0.28 | 0.12 | 0.06 | 0.12 | 0.09 | |
| C.D (P=0.05) | 3.27 | 0.79 | 0.35 | 0.19 | 0.36 | 0.27 | |
| | | SUB | PLOTS | | | | |
| S 1 | 88.87 | 18.88 | 6.61 | 3.29 | 8.58 | 6.48 | |
| S ₂ | 100.16 | 23.67 | 9.92 | 5.20 | 10.70 | 7.86 | |
| S ₃ | 97.89 | 22.69 | 9.36 | 4.79 | 10.19 | 7.47 | |
| S_4 | 98.19 | 22.95 | 9.44 | 4.88 | 10.29 | 7.46 | |
| S 5 | 103.52 | 24.92 | 10.77 | 5.68 | 11.18 | 8.29 | |
| S.Ed. | 0.88 | 0.20 | 0.08 | 0.04 | 0.09 | 0.06 | |
| C.D (P=0.05) | 1.83 | 0.43 | 0.18 | 0.09 | 0.19 | 0.14 | |

Table 1. Effect poultry compost and foliar application of biostimulants on root length and root volume and growth analysis in finger millet

Main plot treatments: M₁- Enriched FYM @ 750 kg ha⁻¹, M₂- Enriched pressmud compost @ 750 kg ha⁻¹, M₃- Enriched Poultry manure compost @ 750 kg ha⁻¹

Sub plot treatments: S₁- Control (Water spray), S₂- Foliar spray of humic acid @ 0.3%, S₃-Foliar spray of panchagavya @ 3%, S₄- Foliar spray of vermiwash @ 5%, S₅-Foliar spray of seaweed extract (All the foliar sprays were given at 20,40 and 60 DAT).





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| Table 2. Effect poultry compost and foliar application of biostimulants on yield attribute, grain and straw yields |
|--|
| (kg ha ⁻¹) in finger millet |

| TREAT | Y | ield attributes | | Grain and st (kg h | Harvest Index | |
|-----------------------|---|------------------------|-----------------------------------|-------------------------|-----------------------------|-------|
| MENTS | Number of fingers ear head ⁻¹ | Fingers length (cm) | Number of grains ear head-1 | Grain yield (kg ha¹) | Straw yield (kg ha-1) | |
| | | MA | AIN PLOTS | · | | |
| M 1 | 5.50 | 6.20 | 1092 | 2689 | 5467 | 32.88 |
| M 2 | 6.51 | 7.43 | 1264 | 3098 | 6058 | 33.75 |
| M 3 | 8.08 | 8.98 | 1480 | 3504 | 6597 | 34.68 |
| S.Ed. | 0.09 | 0.10 | 17 | 73 | 74 | 0.37 |
| C.D (P=0.05) | 0.26 | 0.29 | 48 | 158 | 212 | 0.96 |
| | | SU | UB PLOTS | • | | |
| S 1 | 4.36 | 5.21 | 950 | 2389 | 4968 | 32.42 |
| S ₂ | 7.27 | 8.19 | 1375 | 3316 | 6347 | 34.26 |
| S ₃ | 6.87 | 7.63 | 1290 | 3090 | 6079 | 33.62 |
| S 4 | 6.95 | 7.72 | 1307 | 3139 | 6134 | 33.78 |
| S 5 | 8.05 | 8.93 | 1472 | 3567 | 6675 | 34.78 |
| S.Ed. | 0.06 | 0.07 | 12 | 37 | 56 | 0.23 |
| C.D (P=0.05) | 0.13 | 0.14 | 24 | 83 | 119 | 0.48 |

Main plot treatments: M1- Enriched FYM @ 750 kg ha-1, M2- Enriched pressmud compost @ 750 kg ha-1, M3- Enriched Poultry manure compost @ 750 kg ha-1

Sub plot treatments: S1- Control (Water spray), S2- Foliar spray of humic acid @ 0.3%, S3-Foliar spray of panchagavya @ 3%, S4- Foliar spray of vermiwash @ 5%, S5-Foliar spray of seaweed extract (All the foliar sprays were given at 20,40 and 60 DAT).

| Table 3. Effect poultry manure compost and foliar application of biostimulants on net return (Rs.ha-1) and BCR in |
|---|
| finger millet |

| Treatments | Cost of cultivation | Gross return (Rs.ha-1) | Net return (Rs.ha-1) | BCR |
|-------------------------------|---------------------|------------------------|----------------------|------|
| M_1S_1 | 33192 | 50233 | 17041 | 1.51 |
| M_1S_2 | 37512 | 66862 | 29350 | 1.78 |
| M ₁ S ₃ | 39192 | 59801 | 20609 | 1.53 |
| M_1S_4 | 38142 | 61534 | 23392 | 1.61 |
| M1S5 | 37242 | 71222 | 33980 | 1.91 |
| M_2S_1 | 33192 | 54543 | 21351 | 1.64 |
| M_2S_2 | 37512 | 74764 | 37252 | 1.99 |
| M_2S_3 | 39192 | 71620 | 32428 | 1.83 |
| M_2S_4 | 38142 | 72092 | 33950 | 1.89 |
| M_2S_5 | 37242 | 82493 | 45251 | 2.22 |
| M ₃ S ₁ | 33192 | 60509 | 27317 | 1.82 |
| M ₃ S ₂ | 37512 | 86328 | 48816 | 2.30 |
| M ₃ S ₃ | 39192 | 81458 | 42266 | 2.08 |
| M3S4 | 38142 | 82558 | 44416 | 2.16 |
| M ₃ S ₅ | 37242 | 91019 | 53777 | 2.44 |





RESEARCH ARTICLE

Sustainable Agriculture: A Road to Global Food Security

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ABSTRACT

For decades, farmers and scientists have been trying to increase agricultural output in the traditional way. However, agricultural development is hindered by various aspects. Inefficient fertilizer application leads to a vicious cycle of increased fertilizer application and environmental pollution. Diseases caused by bacteria, fungi, pests and viruses reduce the grain quality and yield. Various abiotic stress environments produced by anthropogenic and natural conditions inhibit the growth of plants. With an ever-increasing global population, some crucial measures need to be taken in order to maintain agriculture for global food security. An innovative solution that is both highly efficient and low in pollution is required to address this agricultural conundrum. Sustainable agriculture is crucial in this situation. The term "sustainable agriculture" refers to a broad range of methods. Sustainable agriculture is farming that maximizes the use of non-renewable resources while preserving the environment and assisting in the expansion of natural resources. The present review paper is written with the motive to identify the various sustainable agricultural practices across the world to provide an efficient and easy way to understand sustainable agriculture methods and their application in current times.

Keywords: Sustainable, agriculture, organic farming, green synthesis

INTRODUCTION

One of the biggest problems of the modern era is providing food for everyone on the planet in a safe and sustainable manner. According to the United Nations report, the population of the world will reach about 8.5 billion by 2030, and then 50% more food will be required to meet the population demand (Singh et al., 2019). Consequently, increasing agricultural output and agronomic practices are crucial for ensuring the world's food security. Sustainable





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agriculture aims to preserve the planet's capacity to support future generations while producing resources required for the current human population. There are many negative aspects of modern agriculture, such as threats to human health, loss of agricultural diversity, devastation of ecosystems resulting in the loss of biodiversity, and several animal welfare issues. Sustainable agriculture tackles these problems and places an emphasis on "planetary health," which holds that human well-being is correlated with the stability of the earth. Promoting socio economic fairness, making a profit, and preserving the health of the ecology are among its core values. Sustainable agriculture actively works to preserve and promote biodiversity because it has been a major factor in the mass extinction of plant and animal species on Earth. Modern agricultural techniques, which were founded on the green revolution, clearly increased food productivity, but at the expense of depleting natural resources. The externalization of agriculture resulted in a significant reduction in both environmental resilience and soil fertility. It requires a distinct strategy that should encourage farmers to apply their traditional expertise in order to produce more grains with the least number of outside inputs. This strategy is called sustainable agriculture, and it is currently desperately needed. Various nanomaterials are being used in farming in recent years which not only are eco-friendly in nature but also offer a good amount of stress tolerance (Arora et al., 2022). The integration of historically adopted healthful practices with contemporary agricultural system development is the source of sustainable agriculture practices. Thus, resource conservation and climate change resistance are key components of sustainable agriculture operations. The use of nano-sensors to detect nutrient deficiencies in soil and new agricultural technologies are further going to help farmers shift towards sustainable agriculture (Jha et al., 2023). Moreover, it is plausible that a greater proportion of traditional inputs, resources, or expertise may lead to a socioeconomic balance across diverse cultural groups.

Goals of sustainable agriculture

Sustainable agriculture aims to improve environmental quality, maintain economic viability, and meet human requirements for food, feed, and fiber. This demonstrates how sustainable agriculture takes into account social, economic, and environmental concerns all at once. The expectations of present and future generations (the sustainability's time horizon and capacity to persist over time), as well as social, entrepreneurial, and individual demands from farms, are just a few of the numerous factors that need to be taken into account in addition to the sustainability characteristics listed above. Any agricultural system will be deemed more sustainable if it can accomplish more objectives. Sustainability is therefore more than just a goal that has to be accomplished. Therefore, moving toward greater sustainability entails locating a community that will best fulfill the many objectives as a whole. Its execution is challenging, ambitious, and hampered by a number of issues. In order to achieve widespread adoption of sustainable agriculture, we have to make an effort to eliminate or minimize these barriers and bridge the implementation gap. Some of the most widely used sustainable agricultural practices are discussed further in this review article.

Organic farming

The main prediction for organic farming is the discontinuation of synthetic inputs and their substitution with organic alternatives, such as the application of organic manures and natural plant protection techniques rather than synthetic pesticides and fertilizers. However, Bhattacharyya and Chakraborty (2005) refute this by stating due to the nutritional security we must find a middle ground between organic and conventional farming. But organic farming is more than just eliminating chemicals from the soil. It is an all-encompassing strategy for enhancing the plant's health and the underlying productivity of the soil, which leads to the enrichment of the surrounding ecosystem and is a prerequisite for sustainable agriculture. According to the InternationalFederation of Organic Agriculture Movements, "Organic agriculture is a production system that sustains the health of soils, ecosystems and people". Organic farming also permits water reusability which furthermore helps in preventing water contamination (Parizad S and Bera S. 2023). It also involves the farming of trap crops which helps to increase the water retention rate leading to a decrease in water consumption for agriculture purposes (Hassanali et al. 2008). Different soil organisms and living organic matter can improve the soil's ability to store nutrients and decrease the likelihood that these nutrients will be transported to surface or ground waters. Eventually, the processes that agricultural fields use to store nutrients will safeguard the surrounding lakes, rivers, and streams' and lakes' ecological health (Sivaranjani and Rakshit 2019).





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Instead of using inputs that have negative impacts, sustainable agriculture depends on biological processes, biodiversity, and cycles that are tailored to the local environment. The main goal of organic farming is to create a self-sufficient, environmentally and financially sustainable agricultural system that produces clean food while enhancing the surrounding biodiversity and all of its constituent parts. This system must be in harmony with nature. Organic farming has become a viable alternative agricultural system that not only solves sustainability and quality issues, but also guarantees a profitable means of subsistence for India's rural communities. The rigorous use of chemical pesticides and fertilizers calls into question the idea of sustainability in all of its forms. Both the ecosystem and the food chain are harmed by it. Organic farming steers clear of all methods that might harm the agricultural ecology. In addition to producing nutritious food, it creates an ecological balance that guards against insect issues and poor soil fertility. India is blessed with all natural and human factors essential for the development of organic farming. Hence, the Government is rapidly working on promoting organic farming as an effective way to promote sustainable agriculture.

Nano fertilizers for sustainable agriculture

In the twenty-first century, nanotechnology is a new field that is expanding rapidly. The effects of natural or humancaused climate change on global agricultural productivity are negligible. Chemical fertilizers are a vital component of modern agricultural systems, but their long-term and continuous use poses significant risks to soil fertility, the environment, and the nutritional dynamics of the rhizosphere microbiome. Nanotechnology is a relatively young and rapidly developing field in the twenty-first century. There is very little impact that climate change, whether natural or man-made, has on world agricultural productivity. Although chemical fertilizers are an essential part of contemporary agricultural systems, their long-term and ongoing usage poses serious hazards to the environment, soil fertility, and the rhizosphere microbiome's nutritional dynamics. The application of NBFs is in its infancy in agriculture, yet it has promising potential for transforming traditional farming techniques into smart agriculture, compared to any of the existing strategies (Sharma et al., 2023).

Advances in molecular and omics technology for sustainable agriculture

Increasing population, climate change and exhaustive agricultural practices either influenced nutrient inputs of soil or generated biological and physico-chemical deterioration of the soils and affected agricultural productivity and agro-ecosystems. Concerns about crop productivity and food security are so pressing that microbe-based farming techniques need to receive more consideration. Because microbes are found in soil, water, and the air, and because of their intimate relationship with plants, sustainable agricultural objectives can be achieved. In the last several decades, the hunger for environmentally friendly agriculture has led to a hunt for helpful bacteria in crop production, soil fertilization, disease management, and plant growth stimulation. Using integrated advanced biotechnology, the crop microbiome provides new avenues for managing harmful bacteria and harnessing beneficial microbes. The microbiome of crops aids in the uptake of nutrients, growth, resistance to phytopathogens, and tolerance to abiotic stressors such salt, heat, and drought.

We only have a partial understanding of how the host's genotype, climate, mineral mobilization, soil composition, nutrient availability, interactions between the nexus of microbes, and interactions with other external microbiomes influence the functionality of the crop microbiome, despite its emergent functionality as a complex component of plant fitness. The least studied aspects of this type of crop microbiome, both cultivated and uncultivated, include its structure, composition, dynamics, and functional role. Modern biotechnological techniques are effective means of gathering the data needed to explore the microbiome and gather information for creating resistant and high-yielding crop varieties. The theoretical ideas and the practical use of these cutting-edge instruments in agricultural microbiome research are now fundamentally bridged by this information. Current omics techniques are a powerful tool for modeling, mapping, tracking, and managing the microbiome of crops. Crop microbiome identification using system biology and reverse engineering can aid in the development of future bioformulations for disease control, reclaiming strained agro-ecosystems, and increased crop yield.

Nano-system techniques in conjunction with crop microbiome triggering chemicals can aid in the development of nano-biopesticides and nano-biofertilizers. Comparing this combination to the conventional bioinoculants, there are





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many advantages. They improve the likelihood of crops establishing, increase the accessibility of nutrients in the soil, and activate a variety of defensive systems in plants under stress (Rai et al., 2022).

Green synthesis of metal based nano particle

The large-scale use of conventional pesticides and fertilizers has put tremendous pressure on agriculture and the environment. Due to their great performance, low cost, and environmental friendliness, nanoparticles (NPs) have gained attention in a number of industries recently, particularly sustainable agriculture. Conventional techniques for producing nanoparticles are environmentally damaging and energy-intensive. On the other hand, chemical synthesis and plant-based synthesis of metal-based NPs are comparable, with the exception that biological extracts are used in place of the chemical reducing agent. This results in the production of NPs that are more affordable, effective, safe, and low-polluting, while also significantly reducing the usage of conventional chemicals. In order to increase yields and quality, green synthesized metal nanoparticles, or GS-MNPs, are commonly employed in agriculture.

Nanotechnology manipulates and monitors substances at the nanoscale by using scientific expertise in physics, chemistry and biology (Rai et al., 2008). Since nanotechnology has advanced so much over the last several decades, it is anticipated that we will live in a "NPs world." (Adeel et al., 2021a; Adeel et al., 2021b; Singaravelan and Alwar, 2015). NPs have unique optical, electrical, magnetic, chemical and mechanical properties due to their small size (<100 nm) and large specific surface area (Dinesh et al., 2012; Puay et al., 2015; Saif et al., 2016). Nanotechnology may significantly increase the productivity and quality of agricultural products while reducing the harmful environmental effects of pesticides and fertilizers. This is especially important in view of the numerous issues confronting agriculture, including extreme environmental stress, climate change, and food security. In addition, nanotechnology can alleviate various abiotic stresses through stimulating physiological processes during plant growth and improving the quality of soil and agricultural products (Pereira et al., 2021). The unique properties of NPs make them indispensable weapons for solving agricultural problems (Adeel et al., 2020). The reduction process of green synthesis is approximately the same as chemical reduction, except that the chemical reagents are replaced by plant extracts (leaves, fruits, roots or flowers) (Hussain et al., 2016a). Metal ions can be reduced faster to form stable metal NPs by the green synthesis method with less pollution, simple operation and low energy consumption (Iravani, 2011). In addition, the waste produced during the synthesis of plants-based NPs, are non-toxic and more accessible to treat than chemical and physical methods (Hussain et al., 2016b). It is worth noting that the method of green synthesis of metal nanoparticles (GS-MNPs) can be used to recover some noble metal ions, such as gold (Au) and silver (Ag), which greatly improves the economic benefits (Wang et al., 2009). Therefore, GS-MNPs have more advantages over traditionally synthesized NPs.

Sustainable agriculture using arbuscular mycorrhiza

Increased salt content, drought, heavy metals, and other environmental pressures commonly affect worldwide agriculture, restricting plant growth and yield, degrading soil quality, and posing a serious threat to global food security. It is crucial to develop methods for mitigating environmental pressures and to impose limitations on the use of chemical fertilizers in agricultural areas. Eco-friendly practices must be maintained in order to shield agricultural areas from the negative effects of stress. Plants do not now possess the sophisticated metabolic machinery required to address this problem or cope with the pressures.

According to research, arbuscular mycorrhizal fungi (AMF) play a crucial role in improving plant nutrient absorption, heavy metal immobilization and translocation, and growth-promoting characteristics. As such, AMFs may be useful agents for plant development in a variety of stressful conditions. The productive symbiosis and the functional bond between the plant and AMF may strengthen the regulatory mechanism that protects against the main obstacle, specifically stress. The compatibility of AMF with hyperaccumulator plants has also been bolstered by theoretical reasons and investigations on gene regulation (Chauhan et al., 2022).





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Endophytic Archae for sustainable agriculture

Although archaea have been around for more than 3.5 billion years, little is still known about them despite the fact that they were just recently found in the plant endosphere. Sustainable agriculture may benefit from the use of archaeal endophytes, especially in light of climate change and rising food demand brought on by population expansion. Recent developments in research techniques that do not rely on culture have shown a diversified abundance of archaea worldwide from the phylum *Euryarchaeota, Crenarchaeaota,* and *Thaumarchaeota,* which are linked to important crops including maize, rice, coffee, and olive. Recent discoveries about the microbiome of plants have identified genes in archaea that may be involved in several metabolic processes in plants, such as the synthesis of amino acids and the regulation of phytohormones (Chow et al., 2022).

Obstacles to implementation

The implementation of sustainable agriculture (in a larger context) is not restricted by a single, clear barrier or specific limitation. The restriction is rather the result of a number of interrelated, situation-specific problems. We make no claims to the completeness of our classification, but we may divide the difficulties into four categories: theoretical, methodological, personal, and practical. The problems that stem from the definitions, understanding, and concept of sustainable agriculture are known as theoretical hurdles. Challenges pertaining to methodology are associated with the evaluation and implementation of sustainable agriculture. The farmer, who determines the sustainability of agricultural practices, and their traits are the source of personal challenges. Practical barriers are those that restrict action and adaptation to a more sustainable condition, even while these obstacles also have an impact on the prerequisites needed for implementation (such as information, knowledge, and intention). Practical hurdles are different from the first three in that they are related to social issues or impediments.

India's approach towards sustainable agriculture

Agriculture is the backbone of the Indian economy as well as society because of its high share in employment generation and livelihood creation. About 43% of India's geographical areas are used for agricultural activities. The industry receives its food, feed, and raw materials from this sector. Recognizing these facts, the Government of India has taken various initiatives at national and regional levels for healthy growth of agriculture. Despite this agriculture's share in GDP has declined rapidly in the recent past. Indian farmers are suffering from multiple issues such as high input cost, low profitability, land degradation, depleting water table and risks related to climate change. The approach adopted by India focuses on key factors like local climatic conditions, regional physiographic, availability of water resources, accessible technology mainly revolves around developing climate resilient agriculture which is suitable to local climatic conditions reviving natural methods of farming such as organic farming, mixed farming, crop rotation and harnessing the potential of dry land area or rain fed area agriculture in India. Apart from this, the Government of India has emphasized more on sustainable development of irrigation facilities with water use efficiency through promotion of micro- irrigation techniques. In addition, the government encourages farmers to diversify their operations and take up new ones including goat farming, chicken raising, animal husbandry, beekeeping, and wood plantations. Financial assistance is given to farmers in mountainous areas, particularly in North-Eastern India and the Western Himalayan states, to enable them to engage in sustainable horticultural practices.

The schemes related to dairy farming, food processing and infrastructure development fund reduce the farmers" dependence on agriculture. Recently the government of India has come up with the resolve of doubling farmers" income by 2022 through a seven-point strategy. The strategy focuses on irrigation, quality seeds, post-harvest management, marketing, insurance and ancillary activities. This strategy has to be incorporated with the principles of sustainable agriculture which only can help in achieving the goals of environmental health, economic profitability and socio-economic equity. Climate smart agriculture, which includes employing renewable resources like solar and biofuels, nitrogen-smart nutrient management, organic farming, agroforestry, ICT-based agro-advisories, and so on, must be quickly adopted by India.





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CONCLUSION

A farming system known as "sustainable agriculture" aims to preserve the planet's capacity to support future generations while also producing the resources required for the world's current human population. A huge population all over the globe is facing immense food shortage, pollution and adulterated food. Sustainable agriculture proves to be the best way to deal with this condition. The Government of India has a well- defined array of schemes to meet almost all the needs and issues related to the development of sustainable agriculture. But the solution and success lie in the seamless implementation of these programs. Agriculture is a state subject in India which leads to politicization and fragmentation of actions and solutions related to it. On the national front there is a need to develop a consensus with the states for executing a national agenda on sustainable agriculture. Furthermore, by teaching and assisting farmers in adopting sustainable agricultural techniques, higher education institutions might support environmentally sustainable agriculture.

The progress in sustainable agriculture depends more on the development of organic farming. It's high time to take strategic and effective steps to overcome the constraints in the way of organic farming. Sustainable agriculture employs many of the natural living organisms like Archaeal endophytes and Arbuscular mycorrhiza for pollution free, safe and sustainable agriculture. Even in places with harsh weather circumstances like a drought, flood, etc., these may provide food security. In other areas of agriculture, such as plant growth promotion, plant disease, insect/pest management, fungicidal agent, food security for food packaging, extending the shelf life and preventing spoilage, and other uses, other techniques like nano fertilizers and green synthesized MNPs may be beneficial. Because microbes are found in soil, water, and the air, and because of their intimate relationship with plants, sustainable agriculture has led to a hunt for helpful bacteria in crop production, soil fertilization, disease management, and plant growth stimulation. Using integrated advanced biotechnology, the crop microbiome provides new avenues for managing harmful bacteria and harnessing beneficial microbes. The microbiome of crops aids in the uptake of nutrients, growth, resistance to phytopathogens, and tolerance to abiotic stressors such salt, heat, and drought. There should be intensive research about the plant microbiome and their application for sustainable agriculture.

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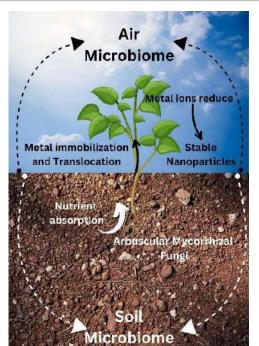


Figure 1: Role of microbiome in sustainable agriculture





REVIEW ARTICLE

A Systematic Review on Efficacy and Safety of N-Acetylcysteine and Carnitine in the Treatment of Hyperinsulinemia for Polycystic Ovary Syndrome

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ABSTRACT

A systematic review addressing the efficacy and safety of N-Acetyl Cysteine (NAC) and Carnitine in the treatment of hyperinsulinemia for PCOS was done. The literature search was conducted from January 2015 to July 2022 using particular search terms in databases (Pubmed, Cochrane Library, and Scopus) and the literature was screened based on inclusion and exclusion criteria. A total of 118 records were selected initially. Nine articles were included, of which four were about NAC and five were about carnitine, based on the inclusion and exclusion criteria. The chosen studies included 924 patients in total. NAC and Carnitine significantly reduced BMI, fasting insulin, fasting blood sugar, Luteinizing hormone (LH), Follicle-stimulating hormone (FSH), testosterone, sex hormone binding globulin (SHBG) and showed improvement in HOMA index and low-density lipoprotein (LDL). Carnitine significantly decreased insulin resistance (IR), Total cholesterol, and Triglycerides (TG) than NAC. NAC improved hormonal profile in hyperinsulinemic patients with PCOS. In women with PCOS, carnitine improves insulin resistance, hypoadiponectinemia, polycystic ovaries, and irregular menstruation.

Keywords: PCOS, hyperinsulinemia, N-acetyl cysteine, Carnitine





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INTRODUCTION

Polycystic ovarian syndrome or PCOS, is a metabolic as well as endocrine disorder that generally disturbs women of reproductive age [1-6].Followingthe Rotterdam criteria, PCOS is diagnosed by the existence of the following criteria including oligo-ovulation or anovulation, clinical and/or biochemical hyperandrogenism, and polycystic ovary morphology (PCOM) on ultrasound[7-11].PCOS affects between 3.7 and 22.5 percent of people in India.Traditional cardiovascular risk factors including hypertension, type-2 diabetes mellitus, anddyslipidemiaas well as non-traditional cardiovascular risk factors such as mood disorders like anxiety and depression are more prevalent in PCOS patients. Approximately 30–60% of women with PCOS were overweight or obese. PCOS is a complex metabolic illness with a strong correlation to insulin resistance, which causes hyperinsulinemia. It is likely that both elevated insulin production and decreased insulin clearance lead to hyperinsulinemia. Additionally, 10% of individuals develop type 2 diabetes mellitus [12]. The coexistence of obesity and insulin resistance raises the likelihood of having type 2 diabetes mellitusand cardiovascular disease in PCOS patients at a young age. Medicines that improve insulin sensitivity have an important function in the treatment of PCOS [13-17].

Hyperandrogenism and IR worsen each other, hence insulin-sensitizing drugs enhance the clinical and biochemical features of PCOS. An antioxidant called N-acetylcysteine is produced from the amino acid L-cysteine.Thiol/sulfhydryl (R-SH/-SH) groups, which are antioxidants, are present in NAC [18]. It transforms into metabolites that improve detoxification, promote the synthesis of glutathione, and immediately break down free reactive oxygen species. It protects against hyperinsulinemia, hyperglycemia, and infertility.In PCOS patients, it reduced serum androgen levels, improved homocysteine levels, and decreased lipid profiles [19-22].

Carnitine is derived from the amino acid lysine and methionine. L-carnitine (LC), the most biologically active form, carries the fatty acids into the mitochondria, which are necessary for the generation of metabolic energy. [23,24]. The main acetyl ester of LC, acetyl-L-Carnitine (ALC), has been demonstrated to enhance reproductive functioning in PCOS by having antioxidative properties. The use of ALC in the treatment of IR has gained attention as it plays an important role in aggregating acyl-CoA derivatives that induce IR[16,25,26]. Carnitine is beneficial for weight loss, insulin function, glucose tolerance, and fatty acid metabolism[27-29]. NAC and Carnitine have beneficial effects in treating symptoms of PCOS. Hence, we planned to conduct a systematic review of the efficacy and safety of NAC and Carnitine on hyperinsulinemia in PCOS patients.

MATERIALS AND METHODS

Search Strategy and Study Selection

This systematic review was performed in compliance with the "Preferred Reporting Items for Systematic Review and Meta-Analysis" (PRISMA) guidelines. The searched database includes PUBMED, Cochrane Library, and Scopus from January 2015 to July 2022. Search terms were PCOS, NAC, N- Acetyl Cysteine, Carnitine, and Hyperinsulinemia. Randomized controlled trials of NAC and Carnitineand articles that were published in English were included. The studies withnon-randomized controlled trials, no full text, duplication, case reports, brief reports, conference proceedings, review articles, observational cohort studies, and non-randomized controlled trials were excluded.

Data extraction and analysis

To compile the information and evaluate the literature, two authors worked independently. Two authors discussed and resolved discrepancies in the results summary. Reading the abstract and title served as the first screening while reading the entire content served as the second screening. PRISMA flow chart was used to define the selection of studies.





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Two authors independently pull out the following information from each study which includes author name, number of subjects, year of study, inclusion criteria, exclusion criteria, study design, treatment, duration of treatment, outcomes of treatment, and adverse effects of NAC and Carnitine.

Assessment of quality of included studies

The quality of each study was evaluated by two authors independently using the Joanna Briggs Institute (JBI)checklist for randomized controlled trials. JBI comprises of 13 questionnaires. Each questionnaire was answered with yes, no, unclear, and not applicable. The overall response to the questionnaire had three possible judgments: include, exclude, and seek further info.

RESULT

A total of 118 studies were identified by the search strategy. The selection process of the study is shown in Figure 1 using the PRISMA flow diagram. 39 studies were excluded due to duplication,63 studies were excluded for not meeting the inclusion requirements and 9randomized controlled Clinical studies that complied with the inclusion criteria were selected. The Characteristics of selected studies of NAC and Carnitine were summarized in Tables 1 and 2 respectively. The result of the quality assessment using the JBI critical appraisal checklist for Randomized controlled trials were shown in Table 3

N-acetylcysteine

Aqrawi JG et al, confirmed that there was a substantial reduction in BMI, hirsutism, FSH, LH, FSH/LH ratio, testosterone level, and improved menstrual irregularity and follicle maturation in the NAC group. Kumar MA et al, mentioned that there was a significant reduction in body weight, fasting blood sugar (FBS), LH, FSH, LH/FSH ratio, and glucose/insulin ratio in the NAC group. Nemati Met alsuggested that after 8 and 12 weeks of treatment with NAC, a substantial decrease in mean BMI, total testosterone levels, hirsutism score, and fasting insulin level. Sex hormone binding globulin, FBS decreased only after 12 weeks of NAC treatment. Endometrial thickness increased after 12 weeks of treatment with NAC. Mature follicle number, LH/FSH ratio, LH, FSH, and E2 have no significant difference after long- and short-term treatment with NAC. Javanmanesh F et alindicated that NAC showed more improvement in BMI, FBS, fasting insulin, Homeostasis model assessment (HOMA) index, and LDL compared with metformin.

Carnitine

Tauqir S et al, confirmed that there was a substantial decrease in body weight, BMI, fasting serum insulin, the homeostasis model assessment for insulin resistance (HOMA-IR) index, fasting glucose, LH levels, and follicular volume of both ovaries and improvement in testosterone levels in combo group (Metformin + Pioglitazone + Acetyl-L-Carnitine) compared to the Metformin with Pioglitazone group. The serum FSH did not decrease in the groups. According to Ibrahim El Sharkwy et al., the carnitine group significantly reduced its levels of free testosterone, FSH, FG, FI, HOMA index, LDL cholesterol, total cholesterol levels, and triglycerides while also showing significant improvements in menstrual regularity, ovulation rate, pregnancy rate, FG/FI ratio, and HDL cholesterol. There was no apparent difference in BMI in both groups. Jamilian M et al, showed that there was a decrease in weight, BMI, FPG, insulin, HOMA-IR, insulin resistance, triglycerides, totalcholesterol, and LDL cholesterol and improved Quantitative insulin sensitivity check index (QUICKI) in the Carnitine group. Jamilian H et al, mentioned that there was a significant reduction in weight, and BMI in the Carnitine group compared to placebo. Samimi M et al, suggested that significant reduction in weight, WC, HC, FPG, serum insulin levels, HOMA-IR, and Dehydroepiandrosterone sulfate (DHEAS) in the Carnitine group compared to the placebo.





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DISCUSSION

Insulin resistance and Hyperinsulinemia are more common in women with PCOS. Insulin-sensitizing medications enhance the clinical and biochemical characteristics of PCOS because insulin resistance and hyperandrogenism aggravate each other [17,29]. NAC has been found to improve insulin resistance and hormonal levels. NAC and metformin improved lipid profiles, BMI, AUB, fasting blood sugar, and insulin, but NAC was more effective than metformin.Among individuals with CC-resistant PCOS, NAC and metformin therapy dramatically enhanced ovulation and pregnancy rates. When compared to patients receiving metformin alone, participants treated with NAC had somewhat greater rates of ovulation and pregnancy during the first and second cycles. Body mass index (BMI), menstrual regularity, and serum levels of various hormones were all reduced significantly in N-acetyl cysteine plus metformin than metformin alone.Metformin plus N-acetyl cysteine is preferable to metformin alone for the purpose of influencing follicle development, serum LH levels, & the menstrual cycle. Because of its lack of side effects, N-acetyl cysteine can be considered as an appropriate substitute for insulin-lowering PCOS treatment [32-33]. Carnitine supplementation resulted in a substantial reduction in body weight, BMI, WC, and HC in women with PCOS when compared to placebo. The combination of L-carnitine and metformin likely showed a significant improvement in lipid profile. Adding metformin with L-carnitine improved insulin resistance, ovulation rate, and pregnancy rate than metformin alone [17]. The group that took carnitine showed significant improvements in their fasting blood glucose levels, HOMA-IR, and serum insulin levels [29]. Carnitine supplementation resulted in a considerable reduction in FPG, insulin levels, DHEAS, and HOMA-IR but did not affect QUICKI. Similar findings reported that co-supplementation of chromium and Carnitine after treatment has significantly low FPG, HOMA-IR, and insulin resistance. Patients with PCOS are more likely to develop obesity due to hyperinsulinemia and androgen excess. PCOS Women received chromium and Carnitine co-supplementation for 12 weeks lost weight and had a lower BMI. L-Carnitine supplementation did not affect TG compared to placebo. When compared to a placebo, carnitine therapy significantly reduced plasma malondialdehyde (MDA) and increased plasma total antioxidant capacity (TAC). PCOS women who received Carnitine supplements for 12 weeks had substantial improvements in mental health parameters when compared to the placebo. When compared to a placebo, the weight and BMI changes were substantially reduced when taking supplements of carnitine [34-36]. Improvement was consistently seen in all anthropometric parameters, such as waist-to-hip ratio and BMI. Chromium and Carnitine co-administration improved lipid profiles except for HDL cholesterol levels in patients with PCOS [29,36].

CONCLUSION

NAC improved hormonal profile in hyperinsulinemic patients with PCOS. NAC preserves more follicles in the ovary through its anti-apoptotic mechanism. In women with PCOS, carnitine improves insulin resistance, polycystic ovaries, irregular menstruation, and hypoadiponectinemia. It had a positive impact on weight loss along with the normalization of the menstrual cycle in women with PCOS. Consuming carnitine may help PCOS-affected women experience less oxidative stress as well as stress burden. Due to the lack of side effects, NAC and Carnitine may be a suitable alternative to insulin-lowering drugs for PCOS individuals.

CONFLICTS OF INTEREST

The author confirms no conflict of interest

AUTHORS CONTRIBUTION

Swetha S: Data Collection, original draft preparation Janani S: Data Collection, original draft preparation Sophia S: Data Collection Jain Arvin Robert R: Data Collection Mohamed Wasim Khan N: Data Collection Jayasutha Jayram: Supervision, formal analysis, review, and editing of the manuscript





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Table 1. Characteristics of selected studies of n-acetyl cysteine in PCOS:

| AUTHOR NAME | YEA R | STUDY DESIGN | NO OF SUBJEC TS (n) | INCLUSIO N CRITERIA | EXCLUSION | TREATME NT | DURATIO N OF TREATME NT | OUTCOME S OF TREATME NT | ADVER SE EFFECT S |
|---------------------------------|----------|--|---|--|--|---------------|----------------------------------|---|----------------------------------|
| Javanmane sh F et al [30] | 2015 | Randomiz ed double- blind clinical trial | Total no. of patients = 94 (NAC group n=46 and Met Group n = 48) | years who were having PCOS according to the | Cushing syndrome, congenital adrenal hyperplasia, hyperprolactine mia, thyroid | | 24 weeks | NAC improved lipid profile and FBS and fasting blood insulin than Metformin. | discomfo rt in both groups |

| AUTHO R NAME | YEA R | STUDY DESIG N | NO OF SUBJEC TS (n) | INCLUSION CRITERIA | EXCLUSI ON CRITERIA | TREATME NT | DURATIO N OF TREATME NT | OUTCOMES OF TREATMENT | Е |
|---------------------------|----------|-------------------------------------|---|--|---|---|----------------------------------|---|---|
| Nemati M et al [31] | 2017 | Controll ed clinical trial | Total no. of patients =108 (NAC group n=54 and Met group n=54) | Infertility for at least one year, having clomiphene resistance, patent tubes on hysterosalpingo gra m, and normal semen analysis of the patients' spouses. | History of liver and kidney failure, diabetes mellitus, cardiovascul ar disease, Premature ovarian Failure, cushing's syndrome, any androgen- secreting tumours, chemotherap y and radiotherapy in pelvis cavity or surgery on ovaries | Received either Met (1500 mg/ day) or NAC (1800mg/da y) with 100 mg/day of CC for 8 and 12 weeks. | 12 weeks | Administering NAC as an adjuvant for CC compared to metformin is recommended for improving hormonal profile and treating anovulatory infertility in hyperinsuline mia patients, especially women with PCOS resistant to CC. | Adverse effects were not determine d. |





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| AUTHO R NAME | YEA R | STUDY DESIGN | NO OF SUBJEC TS (n) | Ν | EXCLUSIO N CRITERIA | TREATME NT | DURATIO N OF TREATME NT | OUTCOME S OF TREATME NT | ADVERSE EFFECTS |
|---------------------------|----------|--|--|---|---|--|----------------------------------|--|---|
| Kumar MA et al [32] | 2018 | A single- blinded randomiz ed trial | Total no. of patients = 100 (Met Group n= 50 and NAC group n= 50) | Women of Age group between 18–37 and are diagnosed with PCOS. | Diabetes mellitus, hepatic or kidney diseases | Met Group - 500 mg thrice a day and NAC Group - 600 mg thrice a day for 12 weeks. | 12 weeks | NAC improved insulin resistance and hormone levels, and long-term health through improveme nt of peripheral insulin and reduction of side effects than Metformin. | A few participant s experience d nausea, vomiting, diarrhoeaa nd headaches. |

| AUTH OR NAME | YEA R | STUDY DESIGN | NO OF SUBJEC TS (n) | INCLUSION CRITERIA | EXCLUSION CRITERIA | TREATME NT | DURATIO N OF TREATME NT | OUTCOM ES OF TREATME NT | ADVERS E EFFECTS |
|----------------------------|----------|--|---------------------------|--|--|----------------------|----------------------------------|---|---|
| Aqrawi JG et al [33] | 2022 | Prospecti ve, comparati ve clinical study. | 19 and | Female 18- 45 years, oligo ovulation or anovulation, clinical or biochemical hyperandrogen ism and/ or polycystic ovaries | Congenital adrenal hyperplasia, thyroid dysfunction, hyperprolactine mia, Cushing syndrome, androgen- secreting neoplasia, diabetes mellitus, medication changing insulin hemodynamic, medication affecting carbohydrate metabolism, hormonal drugs, multivitamins, | three times daily | | NAC with Metformin is superior to Metformin alone, affecting the menstrual cycle, serum LH level, and follicle maturation. | Adverse effects were not determin ed. |





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|-----------------------|---|--|--|--|--|--|
| | and anti-obesity drugs within last 3 months, severe concurrent cardiovascular disease, Severe | | | | | |
| | hepatic or kidney disease | | | | | |

CC- Clomiphene citrate; FBS- Fasting blood sugar; GI- Gastrointestinal; LH- Luteinizing hormone; Met- Metformin; NAC- N-Acetyl Cysteine

Table 2. Characteristics of selected studies of carnitine in PCOS:

| AUT HOR NAM E | YE AR | STUDY DESIG N | NO OF SUBJE CTS (n) | INCLUSIO N CRITERIA | EXCLUSION CRITERIA | TREATM ENT | DURATI ON OF TREATM ENT | OUTCO MES OF TREATM ENT | ADVERS E EFFECTS |
|-------------------------------|----------|--|---|---|--|---|----------------------------------|--|---|
| Sami mi M et al [34] | 201 | Random ized, double- blind, placebo- controlle d trial | Total no. of patient s=60 (Carnit ine group n=30 and Placeb o group n=30) | Age 18–40 years; oligo/ anovulation, hyperandrog enism , polycystic ovary morphology | Hyperprolacti naemia, Diabetes mellitus, thyroid disease, subjects following a special diet or consuming drugs with an effect on hormonal profile like oral contraceptives, ovulation induction agents and anti- obesity therapies in the last 3 months before enrolment. | PCOS patients received either 250 mg Carnitine suppleme nts or a placebo. | 12 weeks | Carnitine group reduces weight, BMI, WC, HC and glycaemic control. It has no effect on lipid profile or free testostero ne levels. | No side effects associate d with the administr ation of Carnitine were observed. |





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| AUTHO R NAME | YEA R | STUDY DESIGN | NO OF SUBJEC TS (n) | INCLUSIO N CRITERIA | EXCLUSION CRITERIA | TREATME NT | DURATIO N OF TREATME NT | OUTCOME S OF TREATME NT | ADVER SE EFFECT S |
|-----------------------------|----------|--|---|--|--|---|----------------------------------|---|---|
| Jamilian H et al [35] | 2017 | Randomize d, double- blind, placebo- controlled trial | Total no. of patients= 56 (Carnitin e group n=28 and Placebo group n=28) | n, biochemica l signs of hyper- androgenis | Pregnant women, individuals with metabolic diseases, thyroid disease, hyperprolactine mia, hypercortisolaem ia, renal and liver diseases | supplement s for 12 weeks and placebo. | 12 weeks | Carnitine improved mental health and oxidative stress indicators. | No side effects were observed in patients received Carnitine |

| AUTH OR NAME | YEA R | STUDY DESIGN | NO OF SUBJEC TS (n) | INCLUSION CRITERIA | EXCLUSION CRITERIA | TREATME NT | DURATIO N OF TREATME NT | OUTCOM ES OF TREATME NT | ADVERS E EFFECTS |
|-----------------------------------|----------|---|------------------------------|--|---|---|----------------------------------|---|------------------------|
| El Sharkw y I et al [16] | 2019 | A double- blinded randomiz ed clinical trial | | Oligo and/or anovulation, clinical and/or biochemical signs of hyperandrogeni sm, and polycystic ovary | Smokers, drug users, individuals with other reasons of infertility such as a male or tubal factor, endocrine abnormalities such as thyroid dysfunction & hyperprolactine mia | From 3-7 days of menstrual cycle, Group 1 = 150 mg/d CC plus L- Carnitine (3 g) & metformin 850 mg. After 1- week dose doubled as 1700 mg/d CC Group 2 = 150 mg/d of CC with metformin and placebo. | 15 months | Carnitine group enhances ovulation rate, pregnancy rate, menstruatio n regulation rate, insulin resistance & lipid profile. | |





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| | | |

| AUTHO R NAME | YEA R | STUDY DESIGN | NO OF SUBJEC TS (n) | INCLUSI ON CRITERIA | EXCLUSION CRITERIA | TREATME NT | DURATIO N OF TREATME NT | OUTCOME S OF TREATME NT | ADVERS E EFFECTS |
|-----------------------------|----------|----------------------------------|--|--|-----------------------|---------------------|----------------------------------|--|---|
| Jamilian M et al [36] | 2019 | d, Double- Blind, Placebo- | Total no. of patients= 54 (Carnitin e group | Overweigh t and obese women with PCOS diagnosed based on the Rotterdam criteria, and age 18–40 years. | Pregnancy, adrenal | with 1000 mg/day | 12 weeks | Carnitine supplement s improved body weight, glycemic managemen t and lipid profiles | Adverse effects were not determine d. |

| К | YEA R | STUDY DESIGN | NO OF SUBJEC TS (n) | INCLUSIO N CRITERIA | EXCLUSIO N CRITERIA | TREATME NT | DURATIO N OF TREATME NT | OUTCOMES OF TREATMEN T | ADVERS E EFFECTS |
|-----------------------------|----------|--|--|--|---|---|----------------------------------|---|---|
| Tauqir S et al 2 [29] | | Double- Blind Randomiz ed Clinical Trial | Total no. of =133 (Met+ pio group n=62 and Combo group n=71) | morpholog y on ultrasound or increased | Pregnancy, hyper- prolactinem ia, thyroid illness, cushing syndrome, late-onset congenital adrenal hyperplasia, on hormone replacement therapy | Combo group - metformin, pioglitazone , & ALC (500 mg, 15 mg, and 1500 mg). Met + Pio group - metformin + pioglitazone (500 mg, 15 mg) and placebo twice daily. | 12 weeks | Carnitine group improved insulin resistance, polycystic ovaries, menstrual irregularities & hypo- adiponectine mia | A few participan ts complain ed of GI issues after consumin g carnitine. |

ALC- Acetyl L-Carnitine; BMI- Body mass index; CC- Clomiphene citrate; GI- Gastrointestinal; HC- Hip circumference; LDLR- Low density lipoprotein receptor; Pio- Pioglitazone; WC- Waist circumference





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Table 3. JBI critical appraisal checklist for Randomized controlled trials:

| QUESTIONNAIR E | Aqraw i JG et al | Kuma r M et al | Nemati M et al | Javanmanes h F <i>et al</i> | Tauqir S et al | Jamilia n M et al | El sharkw y I <i>et al</i> | Jamilia n H et al | Samim i M et al |
|---|------------------------|----------------------|-------------------|--------------------------------|-------------------|-------------------------|----------------------------------|-------------------------|-----------------------|
| Was true randomization used for assignment of participants to treatment groups? | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Was allocation to treatment group concealed? | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Were treatment groups similar at the baseline? | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Were participants blind to treatment assignment? | yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Were those delivering treatment blind to treatment assignment? | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Were outcomes assessors blind to the treatment assignment? | Unclea r | No | Unclea r | Unclear | Unclea r | Unclear | Unclear | Unclear | Unclea r |
| Were treatment groups treated identically other than the intervention of interest? | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Was follow up complete if not, were differences between groups in terms of their follow up adequately described and analyzed? | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Were participants analyzed in the groups to which they were randomized? | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |





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| Were outcomes measured in the same way for treatment groups? | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
|---|--|--|-------------|-------------------|--|---|-----|-----|-----|
| Were outcomes measured in the reliable way? | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Was appropriate statistical analysis used? | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Was trail design appropriate and any deviation from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trail | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| IDE | IDENTIFICATION Records identified through database searching (n=118) | | | | | | | | |
| | | | Records aft | er duplicates rem | oved (n=79 | Ŋ | | | |
| | | r | | ţ | - | | | | |
| SCREENING | | | Records sci | reened (n=79) | | Records excluded (n=63) for not meeting inclusion criteria | | | |
| EL | | Full text article assessed for eligibility (n=16) | | | n=7 records excluded for no full text available | | | | |
| Studies included in qualitative analysis (n= 9) | | | | | | | | | |

Fig.1:PRISMA chart of the study selection process





RESEARCH ARTICLE

GC - MS Profile of Ethanolic Root Extract of Withania somnifera (Ashwagandha)

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ABSTRACT

In the present study phyto -constituents of root ethanolic extract were analyzed to check and identify the important phytochemicals by GCMS analysis. The present study indicates the presence of some essential pharmaceutical compounds- Benzo[b]thiophene-3-carboxylicacid, Hydrazine, N, N-dimethyl-N'diethylboryl-, 7-acetoxy-2-acet, 4H-Pyran-4-one,2,3-dihydro-3,5-dihydroxy-6-methyl-, Propanamide,2-2-(Chloromethyl)-5-ethyl-1,3,4-oxadiazole, hvdroxy-N-methyl-, N-Nitroso-2,4,4-trimethyloxazolidine, Adenosine, N6-phenylacetic acid, ButylatedHydroxytoluene, . Benzo[b]thiophene-3-carboxylicacid,7acetoxy-2-acet, Bonomycinhydrochloride, Propanamide,2-hydroxy-N-methyl-, 2-(Chloromethyl)-5-ethyl-1,3,4-oxadiazole, N-Nitroso-2,4,4-trimethyloxazolidine, 2-Amino-N-(4-fluorophenyl) benzamide, 2TBDMSderi, Tetradecane, and 9,9-Dimethoxybicyclo[3.3.1]nona-2,4-dione. In the present investigation, 100 peaks were observed and identified. Out of 100 peaks, 61 peaks were found to be pharmaceutically important. Results indicate that the root of Withania somnifera contains many bioactive compounds that can be exploited to develop eco-friendly, plant-based nontoxic drugs to treat viral, bacterial, and fungal infections and also can treat cancer and some other diseases.

Keywords- GCMS analysis, *Withania somnifera*, Pharmaceutical compounds, Benzo[b]thiophene-3-carboxylicacid, -(Chloromethyl)-5-ethyl-1,3,4-oxadiazole.





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INTRODUCTION

Withania somnifera or Ashwagandha is an important Ayurvedic plant (1) belonging to the Solanaceae family(2). Ashwagandha plant grows up to 1.5 meters (3). Since ancient times *Withania somnifera* (Ashwagangandha) has been used to cure various diseases. Many Ayurvedic and Siddha drugs have been formulated by the use of whole plants or constituents of Ashwagandha. It is found in many countries like- India, Afghanistan, China, Nepal, Bhutan, and Bangladesh (4). Ashwagandha is widely cultivated in different parts of India- Rajasthan, Gujarat, Uttar Pradesh, Madhya Pradesh, Chhattisgarh, Punjab, Haryana, Andhra Pradesh, Karnataka, and Tamil Nadu (5, 6). *Withaia somnifera* contains various secondary metabolites – Withanolides, flavonoids, terpenoids, tannins, saponins, phenolic compounds, and other useful compounds. Ashwagandha Roots manufactures Ayurvedic medicine, *Withania somnifera* roots are used as a Rejuvenating drug, tonic, Alternative pungent, astringent, Aphrodisiac, and Phthisis (7-9).

MATERIALS AND METHODS

Withania somnifera plant samples including wild and developed verities were collected from various parts of India. Collected plant samples were verified by Dr. Prof. P Jayaraman PhD. Director- Plant anatomy Research center, Retd. Professor Presidency College, Chennai-5, Reg. No. of certificate- PARC/2021/4565. Each varieties were cultivated in Chennai field conditions

Extract Preparation

Plant root samples were washed with distilled water. Ethanol (95% v/v) was used to prepare the extract by the Soxhlet apparatus. The obtained plant root extract was further concentrated by a rotatory evaporator and then stored in the refrigerator at 4° C for future analysis work.

GCMS analysis

Withania somnifera root extract was further diluted in ethanol and filtered through the Whatman filter paper number 41 to get particle-free extract dilution for GCMS analysis to check the active compounds present in the sample. Identification of active molecules was performed by a Gas Chromatography unit coupled with mass spectroscopy. A Shimadzu NX series coupled to Nexis GC -2030 Gas chromatograph was equipped with an AOC 20i automatic injector and a 30-meter, SH -I-.5SiI column (0.25mm ID, 0.25μ film thickness. The split injector was used for sample introduction and 10:1 was the split ratio. The oven temperature program was set to between 35°C to 450°C. The oven program was set to start at 35°C for 2 minutes, followed by a steady increase up to 250°C. then ramped to 450 The oven temperature program was programmed to begin at 35°C, hold for 2 minutes, then ramp at 20°C per minute to 450°C, and hold for 5 minutes. The helium Carrier gas was set to a 2 ml/minute flow rate (constant flow mode).

Mass Spectrum

A Direct connection with capillary column metal quadrupole mass filter pre-rod mass spectrometer operating in electron ionization (EI) mode with software GCMS solution ver. 2.6 was used for all analyses. Low-resolution mass spectra were acquired at a resolving power of 1000 (20% height definition) and scanned from m/z 25 to m/z 1000 at 0.3 seconds per scan with a 0.2-second inter-scan delay. High-resolution mass spectra were acquired at a resolving power of 5000 (20% height definition) and scanning the magnet from m/z 65 to m/z 1000 at 1 second per scan.





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Mass spectrometry library search

Identification of the components of the compound was compared to the known components stored in the mass spectra of NIST library V 11 provided by the instrument's software ⁽¹⁰⁾. Also, GCMS metabolomics is used for similarity checking with the retention index ⁽¹¹⁾.

RESULTS AND DISCUSSION

In the present investigation -Benzo[b]thiophene-3-carboxylicacid, Hydrazine, N, N-dimethyl-N'-diethylboryl-, 7acetoxy-2-acet, 4H-Pyran-4-one,2,3-dihydro-3,5-dihydroxy-6-methyl-, Propanamide,2-hydroxy-N-methyl-, 2-(Chloromethyl)-5-ethyl-1,3,4-oxadiazole, N-Nitroso-2,4,4-trimethyloxazolidine, Adenosine, N6-phenylacetic acid, ButylatedHydroxytoluene compounds indicates the presence of antioxidant and anti-cancer compounds. Benzo[b]thiophene-3-carboxylicacid,7-acetoxy-2-acet, Bonomycinhydrochloride, Propanamide,2-hydroxy-N-methyl-, 2-(Chloromethyl)-5-ethyl-1,3,4-oxadiazole, N-Nitroso-2,4,4-trimethyloxazolidine, 2-Amino-N-(4-fluorophenyl) benzamide, 2TBDMSderi, Tetradecane, 9,9-Dimethoxybicyclo[3.3.1]nona-2,4-dione, compounds are known for antimicrobial and anti fungal activity. some important compounds like - Aceticacid, butylester, 2-Pentanone, 4-hydroxy-4-methyl-, Ethylbenzene, p-Xylene, Dihydroxyacetone, Aminocyanoaceticacid, 1,2,3,4-Butanetetrol, [S-(R*, R*)]- Undecane, O-Methylisourea, Allene, Cyclohexasiloxane,dodecamethyl-, Tridecane, Acetamide, N, N', N"-methylidynetris-, 4-Heptafluorobutyroxypentadecane, Cyclohexasiloxane, dodecamethyl-, 1,3-Adamantanediacetamide, Cyclopentasiloxane, decamethyl-, Cycloheptasiloxane,tetradecamethyl-, Cyclohexanol,1R-4-trans-acetamido-2,3-transepoxy-, Oxacycloheptadec-8-en-2-one,(8Z)-, Hexatriacontane, Eicosane are industrially essential.

Discussion

Phytoanalysis of Plant extract has been performed to check the presence of various active compounds in the sample. the present investigation revealed that *Withania somnifera* possesses many active compounds useful for Pharmaceutical, industrial, and healthcare purposes. It also indicates that the active compounds can be used for novel medication formulations.

Conflict of Interest- No

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72. https://pubchem.ncbi.nlm.nih.gov/compound/Tetratriacontane





| Peak# | Ret.Time | m/z | Area | CompoundName | |
|-------|----------|-----|---------|---|--|
| 1 | 5.205 | TIC | 44882 | Benzo[b]thiophene-3- carboxylicacid,7-acetoxy-2-acet | anti-cancer, Anti-microbial, anti- oxidant, anti-inflammatory, anti- diabetic, anti-convulsant, and anti- tubercular activity (12) |
| 2 | 5.600 | TIC | 29055 | Hydrazine, N, N-dimethyl-N'- diethylboryl- | Medicine and cancer research (13) |
| 3 | 5.694 | TIC | 803723 | Acetic acid, butyl ester | Oils, perfume, nail polish remover, lacquers, and resins (14) |
| 4 | 6.790 | TIC | 71116 | 2-Pentanone,4-hydroxy-4-methyl- | Synthetic and natural resins and nitrocellulose production (15) |
| 5 | 6.967 | TIC | 291237 | Ethylbenzene | Styrene and polymer production (16) |
| 6 | 7.257 | TIC | 84068 | p-Xylene | Used as a solvent in rubber, leather, and printing industries (17) |
| 7 | 7.994 | TIC | 38238 | Benzene,1,3-dimethyl- | - |
| 8 | 8.124 | TIC | 314711 | Dihydroxyacetone | Artificial sweetener, FDA- approved agent for sunless tanning (18) |
| 9 | 8.776 | TIC | 28935 | Aminocyanoaceticacid | Used in pyrimidine synthesis (19) |
| 10 | 11.059 | TIC | 64012 | 2,4-Dihydroxy-2,5-dimethyl-3(2H)- furan-3-one | Antioxidant compound (20) |
| 11 | 11.160 | TIC | 108808 | 1,2,3,4-Butanetetrol,[S-(R*,R*)]- | diastereomer of erythritol (21) |
| 12 | 15.159 | TIC | 113231 | Undecane | Useful in the Flavor and fragrance industry (22) |
| 13 | 15.400 | TIC | 55807 | N-Acetyl-D-glucosamine | Influences cell signaling (23) |
| 14 | 16.439 | TIC | 173129 | 4H-Pyran-4-one,2,3-dihydro-3,5- dihydroxy-6-methyl- | Antioxidant activity (24) |
| 15 | 16.879 | TIC | 42596 | O-Methylisourea | Used for the production of antineoplastic compound fluorouracil and anthelmintic compound imidazole (25) |
| 16 | 17.430 | TIC | 83520 | Allene | For the synthesis of various chiral compounds. (26) |
| 17 | 17.514 | TIC | 228326 | Cyclohexasiloxane, dodecamethyl- | Used in hair and skin products, antiperspirants, and silicon polymer manufacturing (27) |
| 18 | 18.347 | TIC | 26056 | 2-Methyl-1-ethyl pyrrolidine | - |
| 19 | 18.545 | TIC | 54162 | Deferoxamine | To treat acute iron poisoning. To remove aluminum toxicity and to remove excess iron from anemia and thalassemia patients patients who have many blood transfusions. (28) |
| 20 | 18.985 | TIC | 1580861 | 5-Hydroxymethylfurfural | Inhibits sickle cell production in blood (29) |





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|----|--------------------------------|-----|--------|--|--|--|--|--|
| 21 | 19.282 | TIC | 234472 | N-(1,1-Dimethyl-3-oxobutyl)-2- methyl azetidine | - | | | |
| 22 | 19.491 | TIC | 306162 | 1,4-Dioxane-2,3-diol,diacetate | Used in the synthesis of DNA duplexes and glyoxal for the synthesis of acetonides (30) | | | |
| 23 | 19.555 | TIC | 28634 | 2,2'-(1,4-Piperazinediyl)bis[N-(m- tolyl)succinimide] | - | | | |
| 24 | 19.760 | TIC | 951782 | Tridecane | Used in jet fuel research, manufacturing of paraffin products, and the rubber industry. (31) | | | |
| 25 | 19.885 | TIC | 116038 | Bis(ethyl4-acetyl-5- oxohexanoato)copper(ii) | Used as an intermediate for the synthesis of maleate (maleate is an important drug to treat allergies, itching nose/throat, and red eyes) (32) | | | |
| 26 | 20.400 | TIC | 120112 | cis-2,3-Epoxyoctane | - | | | |
| 27 | 20.561 | TIC | 713998 | Acetamide, N, N', N''- methylidynetris- | Used as a plasticizer and industrial solvent. (33) | | | |
| 28 | 20.640 | TIC | 301225 | N-Heptyl-N'-(6-(6-[2-(heptyl- methyl-carbamoyl)-acety | - | | | |
| 29 | 20.665 | TIC | 112190 | Bonomycinhydrochloride | Anti-bacterial compound (34) | | | |
| 30 | 20.700 | TIC | 148187 | Melezitose | Attracts ants and food for bees. (35) | | | |
| 31 | 20.730 | TIC | 68782 | Propanamide,2-hydroxy-N-methyl- | Chymotrypsin inhibitory and antimicrobial activity (36), Biomedical imaging for prostate cancer. (37) | | | |
| 32 | 20.760 | TIC | 44284 | 4-Heptafluorobutyroxypentadecane | Used as a reference for Gas chromatography (38) | | | |
| 33 | 20.820 | TIC | 42633 | .betaD-Lyxofuranoside,5-O-(.beta D-lyxofuranosyl)- | - | | | |
| 34 | 21.349 | TIC | 146994 | Cyclohexasiloxane,dodecamethyl- | Cosmetics and personal care products. (39) | | | |
| 35 | 21.982 | TIC | 41959 | .beta[5-Methyl-2- tetrahydrofuranyl]alanine | Increases muscle content (40) | | | |
| 36 | 22.230 | TIC | 35047 | 7-Hydroxytomatidine, O, O, N- triacetate | - | | | |
| 37 | 22.292 | TIC | 118391 | 1,2,4-Trioxolane,3,5-dipropyl- | Antimalarial activity (41) | | | |
| 38 | 22.510 | TIC | 32596 | D-erythro-Pentose,2-deoxy- | It is a Metabolite (42) | | | |
| 39 | 22.660 | TIC | 192063 | 8-Azabicyclo[3.2.1]octan-3-ol,8- methyl-,endo- | - | | | |
| 40 | 22.705 | TIC | 312791 | 1,3-Adamantanediacetamide | Used in <i>etching masks</i> (43) | | | |
| 41 | 22.845 | TIC | 55695 | 5-Methyl-5-octen-1-ol | - | | | |
| 42 | 22.890 | TIC | 182921 | 3.betaAcetoxy-bisnor-5- cholenamide | - | | | |
| 43 | 22.993 | TIC | 191055 | 3-Octenoicacid, decyl ester | - | | | |





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|----|--------------------------------|-----|---------|--|---|--|--|
| 44 | 23.020 | TIC | 162750 | N-Cyclopropyl-11-(3-hydroxy-5- pentyl phenoxy)undec | - | | |
| 45 | 23.360 | TIC | 89618 | 3,3,5-Triethoxy-1,1,1,7,7,7- hexamethyl-5-(trimethylsil | - | | |
| 46 | 23.442 | TIC | 174293 | 4-(3-Aminophenoxy)phthalic acid,3TMSderivative | - | | |
| 47 | 23.650 | TIC | 87626 | 3,3,5-Triethoxy-1,1,1,7,7,7- hexamethyl-5-(trimethylsil | - | | |
| 48 | 23.937 | TIC | 49518 | | _ | | |
| 49 | 24.405 | TIC | 116802 | Arachidamide,N-hept-2-yl- | Metabolite (44) | | |
| 50 | 25.085 | TIC | 352999 | 2-Formyl-9-[.betad- ribofuranosyl]hypoxanthine | - | | |
| 51 | 25.145 | TIC | 430444 | 1,8-Nonadien-3-ol | - | | |
| 52 | 25.180 | TIC | 364802 | Dimethylmalonicacid,cis-4- methylcyclohexylpentade | Fatty acid synthesis inhibitor (45) | | |
| 53 | 25.235 | TIC | 616261 | Pentatriacontane,1-bromo- | - | | |
| 54 | 25.285 | TIC | 685218 | 6-Amino-1betad- ribofuranosylimidazo[4,5-c]pyridi | - | | |
| 55 | 25.315 | TIC | 616323 | 2-(Chloromethyl)-5-ethyl-1,3,4- oxadiazole | Anti-microbial and anti-oxidant activity (46) | | |
| 56 | 25.385 | TIC | 1082439 | N-Nitroso-2,4,4- trimethyloxazolidine | Anti-microbial and anti- inflammatory. (47) | | |
| 57 | 25.415 | TIC | 583283 | Acetic acid,chloro-,2-butoxy ethyl ester | - | | |
| 58 | 25.440 | TIC | 810381 | Adenosine, N6-phenylacetic acid | Anti-inflammatory properties. (48) | | |
| 59 | 25.480 | TIC | 533207 | 4-CHLOROBUT-2-EN-1-OL | - | | |
| 60 | 25.507 | TIC | 2594849 | 2-(Isobutoxymethyl)oxirane | - | | |
| 61 | 25.894 | TIC | 334806 | Cyclopentasiloxane, decamethyl- | Hair spray, deodorants, sunblock, and other skincare products. (49) | | |
| 62 | 26.067 | TIC | 178682 | Cycloheptasiloxane,tetradecamethyl | Skin conditioning agent, anti- caking agent (50) | | |
| 63 | 26.521 | TIC | 72370 | Hexanamide,3,5,5-trimethyl-N-hept- 2-yl- | - | | |
| 64 | 26.871 | TIC | 304037 | ButylatedHydroxytoluene | Anti-oxidant, animal feed is also used as a preservative in food. (51) | | |
| 65 | 26.979 | TIC | 45705 | Pregnan-20-one,3,17,21- tris[(trimethylsilyl)oxy]-,O-(| Also reported in f <i>Mentha arvensis</i> oil (52) | | |
| 66 | 27.394 | TIC | 86225 | 2-Amino-N-(4- fluorophenyl)benzamide,2TBDMSde ri | Anti-microbial agent (53) | | |
| 67 | 27.490 | TIC | 34987 | Dodecanedioic acid,2TBDMS derivative | Human metabolite, alcohol dehydrogenase inhibitor (54) | | |
| 68 | 27.777 | TIC | 325063 | 2-Amino-N-(4- fluorophenyl)benzamide,2TBDMSde ri | | | |
| 69 | 28.980 | TIC | 476576 | 3-Isovaleryloxytropane | Used for the treatment of overactive bladder. (56) | | |





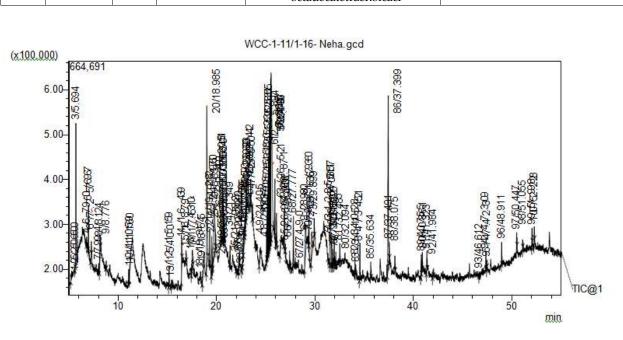
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|----|--------|-----|---------|--|---|
| 70 | 29.295 | TIC | 32276 | Octahydro-1H- cyclopenta[b]pyridin-4-ylacetate | - |
| 71 | 29.360 | TIC | 372198 | Tetradecane | Anti-bacterial and anti-fungal activity (57) |
| 72 | 29.636 | TIC | 417289 | Cyclohexanol,1R-4-trans-acetamido- 2,3-trans-epoxy- | Used in the manufacturing of Insecticide, and soap (58) |
| 73 | 29.899 | TIC | 70415 | 1,1,1,3,5,7,9,11,11,11-Decamethyl-5- (trimethyl siloxy)h | - |
| 74 | 31.285 | TIC | 47436 | 3,6,9,12-Tetraoxa-15-azapentacosan- 1-ol,TMSderivat | - |
| 75 | 31.517 | TIC | 1085692 | Tropigline | Alkaloids in Withania somnifera can bind with SARS CoV -2 and human-targeted proteins. (59) |
| 76 | 31.640 | TIC | 286652 | Succinicacid,non-4-enyltetradecyl ester | Used as a neutraceutical, radiation protective, and anti-ulcer drug (60) |
| 77 | 31.760 | TIC | 122046 | Octane,2,3,6,7-tetramethyl- | - |
| 78 | 31.885 | TIC | 91518 | 6-Aza-2-thiothymine | Pharmaceutical intermediate (61) |
| 79 | 31.920 | TIC | 155262 | 2-Hydroxymethyl-2,6,8,8- tetramethyltricyclo[5.2.2.0(1 | Reported in root ethanolic extract of <i>Premna serratifolia</i> . (62) |
| 80 | 32.094 | TIC | 58998 | 9,9-Dimethoxybicyclo[3.3.1]nona- 2,4-dione | Possess high corneal permeability with strong and stable interactions with fungal virulence cellobiose dehydrogenase, (63) |
| 81 | 32.485 | TIC | 106875 | (E)-4-(3-Hydroxyprop-1-en-1-yl)-2- methoxyphenol | - |
| 82 | 34.028 | TIC | 74275 | Heptadecane | Plant metabolite. (64) |
| 83 | 34.115 | TIC | 41900 | Benzene,1,1'-[1,2- ethanediylbis(oxy)]bis- | - |
| 84 | 34.521 | TIC | 256182 | Naphthalene,1,2,3,4,4a,5,6,8a- octahydro-4a,8-dimethyl | - |
| 85 | 35.634 | TIC | 92830 | 2'-Methylene-1-tosyl-1'- ((trifluoromethyl)sulfonyl)spiro | - |
| 86 | 37.399 | TIC | 1532001 | n-Hexadecanoicacid | Anti-inflammatory agent (65) |
| 87 | 37.491 | TIC | 112575 | 6-Ethyl-4,5,7-trithia-2,8-decadiene | - |
| 88 | 38.075 | TIC | 46212 | Hexadecanoic acid,2-methyl-, methyl ester | It Can be used to treat <i>hepatic dysfunction</i> . (66) |
| 89 | 40.755 | TIC | 156871 | Oxacycloheptadec-8-en-2-one,(8Z)- | Used as a perfume base (67) |
| 90 | 40.861 | TIC | 131741 | Chloromethyl4-chlorododecanoate | - |
| 91 | 41.323 | TIC | 150029 | 9,9-Dimethoxybicyclo[3.3.1]nona- 2,4-dione | Antifungal activity(68) |
| 92 | 41.984 | TIC | 53246 | 1-Methyl-3-propan-2-ylurea | - |
| 93 | 46.612 | TIC | 32478 | 6H-1,2,5-Oxadiazolo[3,4-E]indole- 6,8a-diol,4,5,5a,7, | - |
| 94 | 47.309 | TIC | 75966 | Hexatriacontane | Used as paraffin wax and in candle making (69) |
| 95 | 47.423 | TIC | 42679 | Hexadecanoic acid,1-(1-methyl | It exhibits antioxidant, |





| r | | 1 | | T | |
|-----|--------|-----|--------|---------------------------------|----------------------------------|
| | | | | ethyl)-1,2-ethanediyle | hypocholesterolemic, and |
| | | | | | antiandrogenic properties. (70) |
| 06 | 40.011 | TIC | 100466 | P : | Use to make candles and paraffin |
| 96 | 48.911 | TIC | 138466 | Eicosane | wax. (71) |
| 97 | 50.447 | TIC | 75797 | Tetratriacontane | Plant metabolite (72) |
| 00 | 51.055 | TIC | 22022 | 2,2'-(1,3-Phenylene)bis[4-(2- | |
| 98 | 51.055 | TIC | 23933 | thienylmethylene)-5(4H)- | - |
| 99 | 51,998 | TIC | 105966 | Eicosane | Use to make candles and paraffin |
| 99 | 51.998 | IIC | 103966 | Elcosane | wax. (71) |
| 100 | 52.228 | TIC | 97686 | 5,9,13,17-Tetramethyl4,8,12,16- | |
| 100 | 32.228 | IIC | 97000 | octadecatetraenoicaci | - |









RESEARCH ARTICLE

Performance Enhancement of Grid-Integrated PV System with Fuzzy Plus Fractional Order Notch Filter

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ABSTRACT

This paper presents the power quality improvement of the three-phase grid-integratedPV system with a fractional notch filter and fuzzy control scheme. The interconnection of the unbalanced load develops the distortions of the grid/load current. The harmonics in grid current is compensated and enhance the transient performance of the system by employing fractional notch filter and fuzzy controllers. The Fractional notch filter (FONF) can estimate the active components from the distorted load current. Fuzzy controllers are positioned at the PV side to improve the performance of the DC link capacitor. The combination of both FONF and fuzzy controllers operates together to develop pulses for the voltage source converter (VSC). An efficient operation of the VSC compensates the harmonic current and makes stable the grid/load currents. To demonstrate the proposed method's effectiveness, a simulation study was performed for different scenarios. For steady-state balanced loads, dynamic loads, and input PV source variations also obtained transient free grid current by utilizing the proposed control approach.

Keywords: PV Inverters, Voltage stability, Fuzzy Logic Controller





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INTRODUCTION

Renewable energy sources (RES) have emerged as a cornerstone of modern energy systems, offering a transformative solution to the challenges of climate change, energy security, and sustainable development. Unlike conventional fossil fuels that deplete over time and contribute to environmental degradation, renewable energy sources harness the power of nature's abundant resources such as sunlight, wind, water, and geothermal heat to generate clean, inexhaustible energy.PV power production increasing rapidly due to relatively low operating and maintenance costs compared to other forms of power generation [1-2]. PV has no moving parts and generally requires only occasional cleaning and basic maintenance. Photovoltaic (PV) systems power generation shares much share in RES sources [3]. For reliability operation, photovoltaic (PV) systems are integrated into the grid. Grid-connected PV systems provide reliable power over the Islanded PV power generations. One of the primary benefits of grid-connected PV systems is the potential for significant cost savings on electricity bills [4].

Grid-connected PV systems can experience power quality issues, especially when connected to non-linear loads. Non-linear loads are devices that do not draw a sinusoidal current waveform from the grid, causing distortions and imbalances in the voltage and current waveforms [5]. Non-linear loads, such as computers, variable speed drives, and electronic devices, can introduce harmonic currents into the system. These harmonic currents can lead to distorted voltage waveforms, causing equipment malfunction, overheating, and reduced efficiency. The harmonics can also interfere with other sensitive equipment connected to the same grid.Rapid changes in the PV system's output due to cloud cover or other factors can cause voltage fluctuations in the grid. Non-linear loads can exacerbate these fluctuations, leading to voltage sags, swells, or flickering lights, which can impact the operation of sensitive equipment. Non-linear loads can lead to unbalanced currents in the three phases of a three-phase grid system [6]. This unbalance can result in unequal voltage levels across phases, potentially causing equipment damage, overheating, and inefficiencies. Non-linear loads can create sudden spikes in current demand when they switch on or off. These transients can lead to voltage drops in the grid, affecting the performance of both the PV system and connected loads {7-9]. In this paper, a fractional order notch filter is utilized to estimate the active power components from the distorted load current instead of abc/dqo park transformation theory [10]. The proposed FONF-based VSC enhances the overall performance of the grid-connected PV system.

GRID-CONNECTED PV SYSTEM CONFIGURATION

Fig.1 represents the three-phasegrid-tie PV system for a balanced load. Solar output voltage (D.C) is stored in a D.C capacitor. To extract maximum power from the incremental conductance MPPT technique [11-13] is adopted. Bipolar VSC is used to connect the PV system to the grid. The RC filters can eliminate the higher frequency components generation from converter switches. To reach the power quality issues VSC operating pulses are generated with FONF and fuzzy rules

CONTROL SCHEME

A fractional-order notch filter (FONF) is a type of filter that is designed to attenuate or reject specific narrow ranges of frequencies while utilizing fractional-order calculus concepts. FONF can offer more precise control over frequency responses compared to traditional integer-order filters. This precision is valuable for targeting specific harmonics generated by non-linear loads in the grid-connected PV system. By selecting appropriate fractional orders and center frequencies, the filter can effectively attenuate or eliminate these harmonics, thereby improving power quality. FONF is used to extract the active power from the distorted components of the load current when a grid-tied PV system is connected to unbalanced loads.

The MATLAB circuit diagram of proposed FONF and fuzzy control scheme to generate the pulses to operate the VSC is depicted in Fig.2b





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SIMULATION RESULTS

To check the effectiveness of the proposed FONF and fuzzy control scheme grid-tied PV system performance is inspected under different conditions.

Case 1: Performance of the system under constant load condition

In this case, a load of 205W is connected to the load of the grid-interfaced PV system. The obtained simulation responses in this scenario such are voltage at PCC, grid currents, load current, and converter current are depicted in Fig3a- fig 3d respectively. PV produced (see fig.3g) 1.51kW, in this load utilizing 205W remaining surplus power surplus power 1.31kW delivered to the load. Fig.3e and Fig.3f illustrate the grid power and load power. From the THD plot (depicted in Fig.3h) the harmonic content in the grid current under this steady-state load condition is 3.76. It reveals that the proposed method compensates harmonic current adequately and provides better power quality.

Case 2: Performance of the system under dynamic load condition

In this condition, the performance of the system under dynamic behavior of load condition is observed. In this case load from the C phase is disconnected abruptly. This type of unbalanced load distorted the grid currents heavily. Fig. 4 (a) represents the simulation outputs of the line voltage (Vsab) and Converter currents (Iia, Iib, and Iic) and Fig. 4(b) shows the simulation outputs of the DC link voltage (Vdc), C- Phase Grid, load and converter currents (Igc, ILc, and Iic). As can be seen from Fig.4b grid currents ensure that the proposed FONF and fuzzy control scheme well compensate for the current harmonics and balance the grid-tied PV system. For unbalanced load conditions also stable grid current is obtained with the help of the proposed control scheme

CONCLUSION

The power quality enhancement of the three-phasegrid-connected PV system with fractional notch filter and fuzzy control scheme design is reported in this paper. The Fractional notch filter (FONF) can estimate the active components from the distorted load current due to unbalanced loading effects. Fuzzy controllers are positioned at the PV side to improve the performance of the DC link capacitor. Both FONF and fuzzy controllers are responsible for producing pulses to operate the VSC. Simulation study performed for different conditions such as steady state balanced loads, dynamic loads, and input PV source variations. Obtained simulation responses it is clear the proposed FONF and fuzzy controllers operated the VSC efficiently to improve the quality of the grid/load current. The proposed control scheme solves the power quality problems that are harmonics distortion, reactive power burden on the system, and unbalancing of connected loads.

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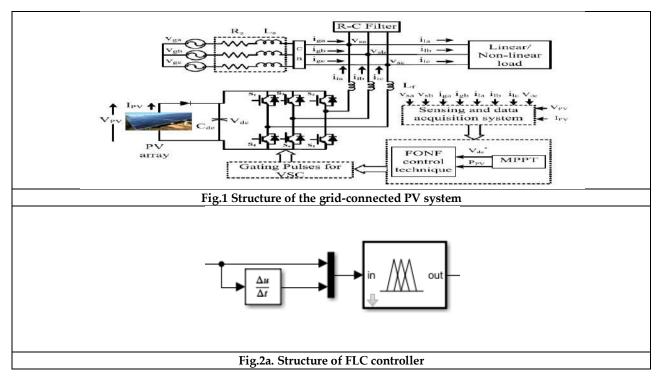


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Table.1: Fuzzy rules

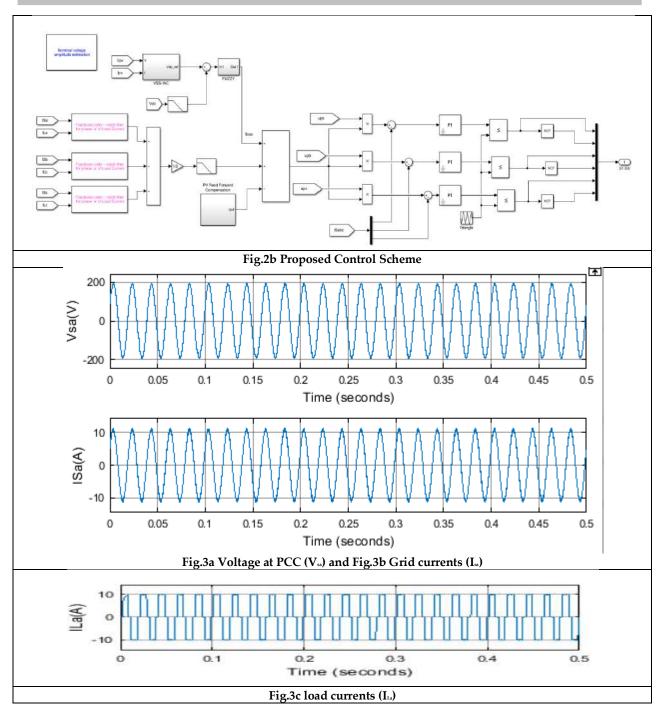
| | Error (E) | | | | | | | | |
|-----------------|--------------|-------------|---------------|------|--------------|------|--|--|--|
| Change in error | | NegativeBig | NegativeSmall | Zero | PostiveSmall | PB | | | |
| (ΔE) | NegativeBig | NegativeBig | NegativeBig | NS | NSm | Zero | | | |
| | NegativeSma | NegativeBig | NSm | NS | Zero | PSm | | | |
| | Zero | NegativeSm | NSm | Zero | PSm | PSm | | | |
| | PostiveSmall | NegativeSm | Zero | PSm | PSm | PBig | | | |
| | PostiveBig | Zero | PostiveSmall | PSm | PBig | PBig | | | |





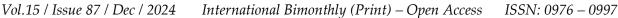


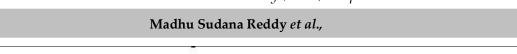
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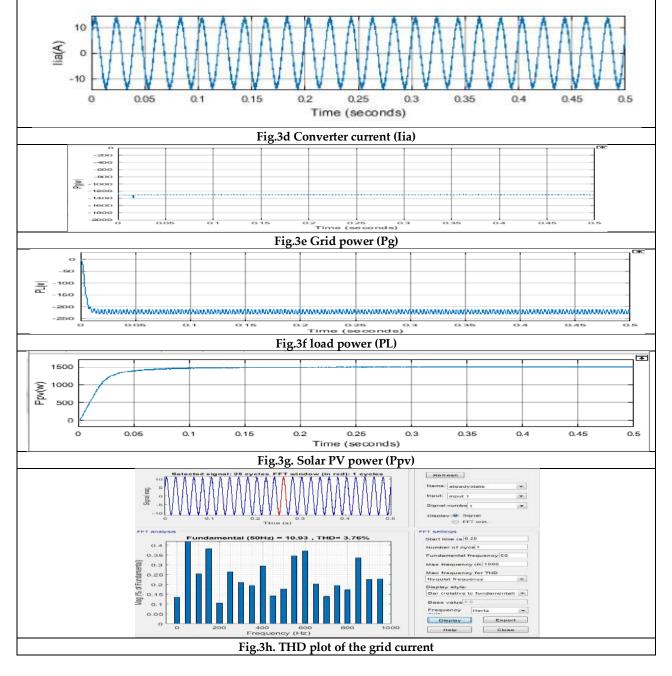






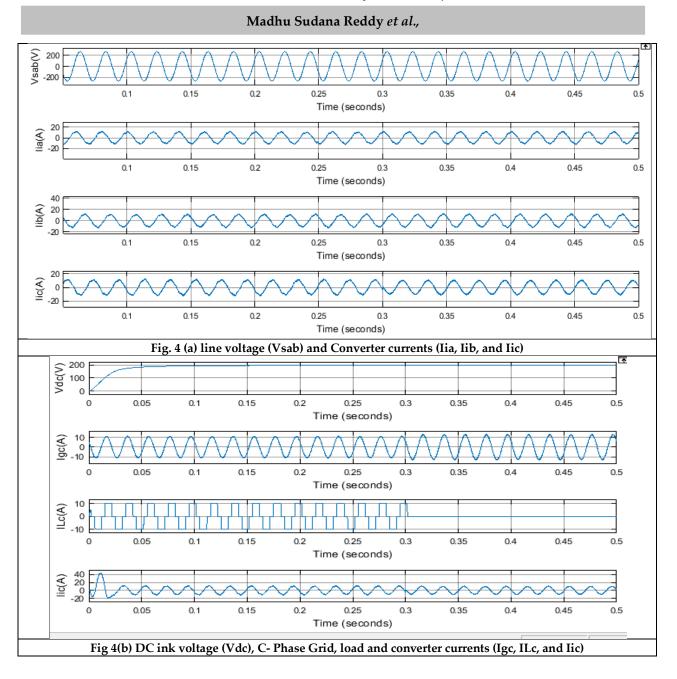
















RESEARCH ARTICLE

AI for Waste Management

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ABSTRACT

Modern waste management systems are confronted with a myriad of challenges ranging from the increasing volume of waste, diverse waste types, to the need for efficient sorting and recycling mechanisms. The integration of Machine Learning (ML) can significantly augment the capabilities of these systems, ensuring better categorization, optimization, and predictive analysis. This study involve into the design and implementation of an advanced waste management system underpinned by ML techniques. Our proposed system capitalizes on image recognition and classification models to automatically differentiate waste types (e.g., plastics, organics, metals). This aids in the efficient sorting at waste collection and processing centers. Additionally, by analyzing waste generation patterns, predictive models forecast future waste volumes, enabling municipalities and organizations to optimize waste collection schedules and routes.

Keywords: Smart Bins, Predictive Analytics, Data collection, Image Recognition, IoT (Internet of Things), Machine Learning, Remote Monitoring, Customer Engagement, Natural Language Processing (NLP)

INTRODUCTION

Artificial intelligence-based technologies like intelligent garbage bins, classification robots, models, and wireless detection enable the monitoring of waste bins, predict waste collection, and optimize the performance of waste processing facilities. Conventional garbage bins solely collect waste, and sanitation workers must carry out manual inspections to assess the trash level in the bins. This approach is not efficient for routine waste disposal inspections.





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Moreover, due to the frequent filling of the containers, disease-causing organisms and insects tend to breed on them (Noiki et al. 2021). Therefore, designing intelligent garbage bin monitoring systems to manage garbage is essential in constructing smart cities. Garbage classification is strongly recommended for municipal solid waste managing and using robots can substantially enhance the efficiency of garbage classification. However, robots require advanced visual and operational skills to function in highly heterogeneous, complex, and unpredictable industrial environments for garbage. Sensor-based waste monitoring is a technology that utilizes sensors to track the amount of waste generated, identify the sources of waste, and measure the effectiveness of waste management strategies in a specific area. Wireless sensor network is a network composed of many self-organized wireless sensors installed in the network to monitor the physical or environmental parameters of the system (Gurram et al. 2022). As illustrated in Fig. 2, a typical wireless sensor network architecture for solid waste treatment systems includes various sensors, such as temperature, humidity, odor, infrared, gas, and sound sensors. Increase waste management efficacy.

LITERATURE SURVEY

Title: "Optimizing Waste Collection Routes Using Artificial Intelligence: A Comprehensive Review"

Authors: Smith, J., et al.

Summary: Explore studies on AI algorithms applied to optimize waste collection routes, minimizing costs and environmental impact.

Title: "Internet of Things (IoT) Applications in Waste Management: A Literature Review"

Authors: Johnson, M., et al.

Summary: Examine the integration of IoT and sensor networks in waste management, focusing on real-time monitoring and data collection.

Data Collection and Preprocessing

Data collection and preprocessing are fundamental stages in implementing AI for waste management systems. To begin, it is essential to clearly define the data requirements, encompassing various aspects such as waste composition, collection schedules, and operational details. The data can be sourced from an array of outlets, including IoT sensors on smart bins, historical records, surveys, and geospatial data from satellites. Quality assurance measures, such as sensor calibration and data validation, ensure the accuracy and reliability of the collected information. In the subsequent data preprocessing phase, cleaning procedures address outliers and missing values, while normalization and standardization techniques bring uniformity to numerical features. Feature engineering may involve creating new variables to enhance the model's predictive capabilities, and data encoding is employed to convert categorical variables into a format compatible with AI models. Consideration of temporal aspects, such as time stamps and seasonal trends, alongside spatial considerations like geocoding and clustering, further enrich the dataset. Ethical considerations, including privacy safeguards and community awareness, play a crucial role in the responsible use of data. Robust documentation, including metadata and a data dictionary, ensures clarity and transparency throughout the process. Continuous monitoring, evaluation, and version control contribute to an adaptive and efficient AI system for waste management.

METHODOLOGY

The methodology for incorporating AI into waste management encompasses a systematic approach designed to improve the efficiency and sustainability of waste-related processes. Beginning with a clear definition of the problem at hand, the process involves an extensive literature review to glean insights from existing AI applications in waste management. Subsequently, data collection strategies are employed, utilizing sensors, surveys, and other methods to gather both real-time and historical data. The collected data undergoes thorough preprocessing, involving cleaning, normalization, and feature engineering, preparing it for the training of selected AI algorithms. These algorithms, ranging from traditional machine learning models to deep learning architectures, are chosen based on the specific objectives of waste management enhancement. Integration with Internet of Things (IoT) devices, such as smart bins,





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enables real-time data input and feedback. Rigorous testing, validation, and subsequent deployment in real-world waste management environments follow, with continuous optimization addressing any identified challenges or limitations. Scaling up the solution and ongoing monitoring and maintenance are integral to ensuring sustained effectiveness. Ethical considerations, community engagement, and transparent documentation further contribute to the successful implementation of AI in waste management, fostering both technical efficiency and responsible, community-oriented practices.

Model Evaluation

In the realm of waste management enhanced by AI, model evaluation is a pivotal phase ensuring the effectiveness and reliability of the implemented systems. After the AI model is trained using the preprocessed data, it undergoes a rigorous evaluation process to assess its performance against predefined objectives. Various metrics are employed, depending on the specific goals of the waste management initiative, such as accuracy, precision, recall, and F1 score. These metrics enable quantifiable measurement of the model's ability to correctly predict and classify waste-related patterns. Additionally, validation against separate datasets aids in gauging the generalizability of the model beyond the training set. Continuous monitoring and feedback mechanisms are integral, allowing for adjustments and improvements to be made over time.

Deployment on a Website

The deployment of an AI model for waste management on a website is a strategic process aimed at providing users with an accessible and user-friendly tool to optimize waste-related decision-making. This begins with the development of a web application using frameworks like Flask or Node.js, serving as the platform for hosting the AI model. Integration of the model into the backend involves creating API endpoints to handle user requests and deliver predictions. The website's user interface is designed to facilitate easy interaction, allowing users to input relevant waste data. Backend logic processes this input before sending it to the AI model, which then produces predictions or recommendations. Thorough testing ensures the website functions seamlessly, accommodating various waste-related scenarios. The deployment to a server, often utilizing cloud services for scalability, is accompanied by robust security measures to protect user data. Ongoing monitoring and maintenance are crucial, ensuring the system's reliability and efficiency. User feedback becomes an integral part of the iterative process, guiding refinements and enhancements to both the website and the underlying AI model. This deployment strategy aims not only to streamline waste management processes but also to empower users with valuable insights and tools for sustainable waste practices.

Website Features

Designing a website for AI waste management involves incorporating features that facilitate efficient waste-related decision-making and enhance user engagement. The website should offer an intuitive user interface, allowing users to input data seamlessly. Feature-rich forms or interactive elements can capture information about the type, quantity, and other relevant details of waste. Integration with the AI model enables users to receive personalized insights, such as optimized waste collection schedules, recycling recommendations, or real-time monitoring of waste levels

Visualization tools, such as charts or graphs, can be implemented to provide a clear overview of waste trends and patterns. Additionally, the website could include educational content on sustainable waste practices, fostering user awareness. Social engagement features, such as forums or community boards, encourage users to share experiences and insights. Mobile responsiveness is vital for accessibility, allowing users to engage with the platform on various devices. Integration with mapping tools can enhance the user experience by visualizing waste collection routes or pinpointing recycling centers. Lastly, incorporating a feedback mechanism empowers users to contribute to the website's improvement and ensures ongoing relevance and effectiveness in addressing waste management challenges. In summary, a well-designed website for AI waste management should seamlessly blend user-friendly interfaces, personalized insights, educational resources, and social engagement features to create a comprehensive platform for sustainable waste practices.





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RESULTS AND DISCUSSION

The results and discussion phase in the application of AI for waste management is pivotal for evaluating the performance and impact of the implemented systems. Upon the deployment and utilization of the AI model, quantitative and qualitative data are collected to assess its effectiveness. Quantifiable metrics such as accuracy, precision, and recall are utilized to measure the model's predictive capabilities, providing insights into its overall performance. These metrics are critical in determining how well the model aligns with the predefined objectives of waste management optimization, whether in route planning, waste categorization, or other targeted areas. The discussion phase delves deeper into the contextual understanding of the results, addressing the practical implications and limitations of the AI system. It involves an exploration of how well the model aligns with the intricacies of realworld waste management scenarios, considering factors such as the dynamic nature of waste composition and collection patterns. Stakeholder feedback and user experiences are also incorporated, providing valuable qualitative insights that contribute to a holistic evaluation. Moreover, the discussion phase offers a platform to consider potential improvements and adaptations to the AI model. It explores avenues for refining algorithms, incorporating additional data sources, or enhancing the interpretability of the model's outputs. Ethical considerations, such as the fairness and transparency of decision-making processes, are examined to ensure the responsible deployment of AI in waste management. In essence, the results and discussion phase is a critical juncture that goes beyond numerical metrics, providing a comprehensive understanding of the AI system's real-world implications, limitations, and opportunities for refinement in the dynamic landscape of waste management

CONCLUSION

In conclusion, the integration of artificial intelligence (AI) into waste management systems presents a transformative solution with the potential to revolutionize how we handle and optimize waste-related processes. Through the deployment of advanced algorithms and data-driven insights, AI contributes to more efficient waste collection, sorting, and recycling practices. The results obtained from the application of AI models in waste management showcase promising advancements in route optimization, predictive analytics, and real-time monitoring. These outcomes, backed by quantitative metrics and user feedback, affirm the positive impact on operational efficiency and environmental sustainability. Looking ahead, the future of AI in waste management holds exciting possibilities. Further research and development can refine existing models, explore innovative applications, and address emerging challenges. Collaborative efforts between the technology sector, waste management professionals, and local communities are essential to ensure the widespread adoption of AI solutions that align with sustainable practices.

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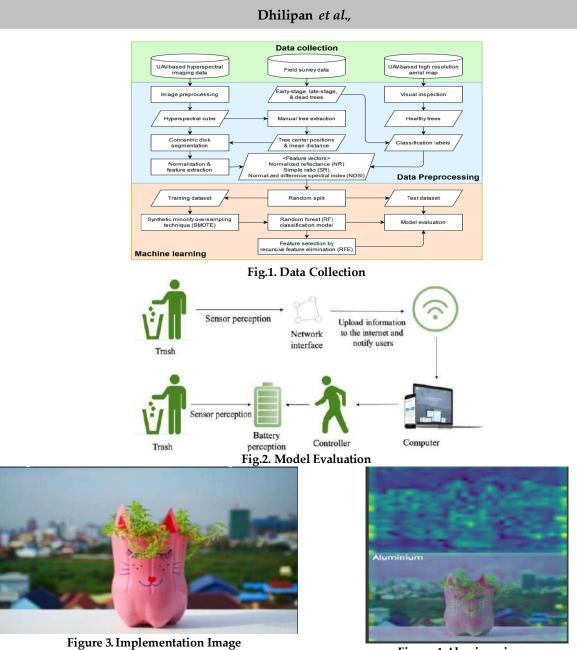


Figure 4. Aluminum image





RESEARCH ARTICLE

Determinants of Shadow Education: Exploring the Impact of Socio-Economic Status, Parental Education Levels, Cultural Expectations, and Policy Environments

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ABSTRACT

This paper explores the multifaceted determinants influencing the proliferation and intensity of shadow education. Through an extensive review of existing literature, we identify and analyze key factors including socio-economic status, parental education levels, cultural expectations, and policy environments. Our findings suggest that higher household income and parental educational attainment are strongly correlated with increased participation in shadow education. Additionally, societal and cultural norms, particularly in East Asian countries, exert significant pressure on students to engage in supplementary tutoring. The study also examines the impact of educational policies, such as high-stakes examinations and the perceived inadequacy of formal schooling, on the demand for shadow education. By understanding these determinants, this research aims to provide insights for policymakers and educators to address educational inequalities and improve the overall efficacy of both formal and informal educational systems. Future research directions and policy implications are discussed to foster a more equitable and inclusive educational landscape.

Keywords: Shadow Education, Socio-Economic Status, Parental Education Levels, Cultural Expectations, Policy Environments

INTRODUCTION

In recent decades, the global landscape of education has witnessed a significant phenomenon termed "shadow education," referring to supplementary private tutoring outside formal schooling systems. This widespread practice has sparked considerable scholarly interest due to its implications for educational equity, learning outcomes, and





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social stratification (Bray, 2013; Zhang & Bray, 2016; Bray, 2023; Bray & Zhang, 2023; Gupta & Zhao, 2023; Nuryana et al., 2023). Shadow education encompasses a range of informal, often commercially driven educational activities aimed at enhancing students' academic performance, particularly in contexts where traditional schooling is perceived as insufficient (Zhang & Bray, 2016; Tan & Liu, 2023; Bray & Hajar, 2024; Yoo, 2024). The determinants influencing the demand for and provision of shadow education are multifaceted, encompassing socio-economic factors, parental aspirations, cultural norms, and institutional factors such as school quality and curriculum pressure (Stevenson & Baker, 1992; Bray & Lykins, 2012). This paper aims to explore and synthesize existing literature on the determinants of shadow education, focusing on both demand-side and supply-side factors that drive its prevalence across different socio-economic contexts. Understanding these determinants is crucial for policymakers and educators seeking to address educational inequalities and optimize the effectiveness of formal schooling systems (Park et al., 2013). By examining empirical studies and theoretical frameworks, this paper seeks to illuminate how factors such as income levels, parental education, perceived educational quality, and cultural values interact to shape the dynamics of shadow education. Furthermore, the impact of globalization and digital technologies on the evolution of shadow education practices will be considered, highlighting the adaptation of traditional tutoring models in an increasingly interconnected world (Zhang & Bray, 2017; Kobakhidze, 2018).

By synthesizing current research findings, this study provides valuable insights into the multifaceted socio-economic and educational dynamics that influence the widespread growth of shadow education across the world. Ultimately, it seeks to provide insights into potential policy interventions and educational reforms that can mitigate the adverse effects of shadow education while harnessing its potential benefits for students and educational systems (Buchmann et al, 2010; Zhang & Bray, 2017; Holloway & Kirby; Gorkturk & Tulubas, 2021; Xiang, 2021). The interaction of these factors indicates that the growth of shadow education is a complex and multifaceted issue, requiring a depth understanding of various socio-economic, cultural, and policy-related influences. Researchers and policymakers must consider these dimensions to address the implications of shadow education on equity and access within the broader educational context

REVIEW OF LITERATURE

The growth of shadow education, which refers to private supplementary tutoring outside the mainstream education system, is driven by various socio-economic, cultural, and educational factors. At the forefront is socio-economic status; families with higher incomes can more easily fund private tutoring, prioritizing it to boost their children's academic performance, thereby widening the educational gap across different social segments (Burgess, 2016; Zwier et al., 2021; Habyarimana et al., 2023; Du, 2024). The competitive nature of modern education systems also drives the demand for shadow education, as parents and students seek to gain an edge in high-stakes examinations and admissions processes (Dang & Rogers, 2008). Cultural attitudes towards education, particularly in Asian countries, where academic success is highly valued and seen as a gateway to better socio-economic prospects, further bolster the proliferation of private tutoring (Zhan et al, 2013). Additionally, the perceived inadequacies of mainstream education systems, including large class sizes, insufficient resources, and a lack of individualized attention, compel parents to seek supplementary tutoring as a means to bridge gaps and enhance learning outcomes (Baker et al, 2001). Policy environments also shape the landscape of shadow education, with some governments' regulatory measures and public education policies indirectly fostering the growth of private tutoring markets (Kim & Lee, 2010). Moreover, globalization and the resulting emphasis on global competitiveness have intensified the pressure on students to excel academically, thus increasing reliance on supplementary education services (Entrich, 2015; Matsuoka, 2015; Mohmud, 2021; Zhang, 2021; Gupta, 2022). The rise of technology and online learning platforms has also made private tutoring more accessible and widespread, enabling a broader demographic to partake in shadow education (Zhang, 2019). Urbanization and the migration of families to cities for better educational opportunities further contribute to the proliferation of shadow education, as urban areas typically offer more and varied tutoring services compared to rural regions (Byun & Park, 2012). The intersection of these factors illustrates a complex and





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multifaceted phenomenon driving the growth of shadow education globally, reflecting broader trends in educational priorities, socio-economic status, Culture expectation etc.

Significance of the Study

The study on shadow education, or private supplementary tutoring, holds significant relevance in contemporary educational discourse. As shadow education becomes increasingly pervasive globally, understanding its determinants and implications is crucial for addressing educational inequalities and enhancing the overall efficacy of educational systems. The findings of this study provide critical insights into the socio-economic, cultural, and policydriven factors that influence the demand and intensity of shadow education. Firstly, this research highlights the role of socio-economic status and parental education levels in shaping students' participation in shadow education. Higher household income and parental educational attainment are identified as strong correlates of increased engagement in supplementary tutoring (Bray & Lykins, 2012). This underscores the disparities in access to educational resources, suggesting that wealthier families are better positioned to afford additional academic support for their children, thereby perpetuating educational inequalities (Enrich, 2015; Bray, 2021; Cone, 2021; Xiang, 2021). In the second place, this research investigates the cultural and societal factors that lead to a high demand for shadow education, particularly in East Asia. The pressure to excel in high-stakes examinations and the competitive educational environment in these regions lead to a heightened dependence on private tutoring (Byun et al, 2018; Saengboon, 2019; Zhang, 2021; Liu, 2022). This cultural phenomenon highlights the intersection of educational practices and societal values, offering a depth understanding of how cultural contexts influence educational behaviors (Tan & Liu, 2023). Moreover, the research examines the impact of educational policies on the proliferation of shadow education. Policies that emphasize high-stakes testing and perceived inadequacies in formal schooling systems contribute to the growing demand for supplementary tutoring (Zhang, 2021; Bray, 2021; Byun et al., 2023). By identifying these policy-driven determinants, the study provides valuable insights for policymakers seeking to create more balanced and effective educational environments. The implications of this research extend beyond academic understanding to practical applications. For policymakers and educators, the findings offer a foundation for developing strategies to mitigate educational inequalities and enhance the inclusivity and effectiveness of both formal and informal educational systems. Future research directions proposed in this study can further inform policy adjustments and educational reforms aimed at fostering a more equitable educational landscape. In summary, this study is significant for its in-depth analysis of the multiple determinants of shadow education. By shedding light on the socio-economic, cultural, and policy factors influencing private supplementary tutoring, this research contributes to the broader effort of addressing educational disparities and improving educational outcomes globally.

Objectives of the Study

- 1. To investigate the impact of household income on the participation rates in shadow education among students
- 2. To examine the role of parental education levels in determining participation in shadow education.
- 3. To analyze the cultural expectations and norms that drives the demand for supplementary tutoring.
- 4. To evaluate the impact of educational policies on the proliferation of shadow education.
- 5. To explore policy implications and provide recommendations to address educational inequalities related to shadow education.

Research Questions

- 1. How does household income influence the participation in shadow education?
- 2. What is the relationship between parental education levels and the intensity of engagement in private supplementary tutoring?
- 3. In what ways do cultural expectations and societal norms affect the demand for shadow education in different regions, particularly in East Asian countries?
- 4. How do educational policies, such as high-stakes examinations, contribute to the growth of shadow education?
- 5. What strategies can policymakers and educators implement to mitigate educational inequalities exacerbated by the prevalence of shadow education?





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METHODOLOGY

This conceptual research paper employs an integrative literature review to explore the determinants of shadow education. The methodology involves a systematic and comprehensive examination of existing scholarly works, policy documents, and empirical studies related to shadow education. The primary sources of data include peer-reviewed journal articles, books, conference papers, and reputable online databases such as JSTOR, Scopus, Google Scholar Web of Science, and ERIC. The selection criteria for the literature were based on relevance, recency, and academic rigor, focusing on studies published in the last two decades to ensure contemporary relevance. The analysis follows a thematic approach, categorizing the determinants of shadow education into socio-economic, cultural, educational, and policy-related factors. Each category is critically analyzed to identify patterns, trends, and gaps in the prior literature. By synthesizing findings from diverse sources, this paper aims to provide a comprehensive understanding of the multifaceted determinants of shadow education, offering insights for policymakers, educators, and researchers interested in addressing educational inequalities and improving educational systems.

FINDINGS

RQ1: How does household income influence the participation in shadow education?

Household income significantly influences participation in shadow education. Firstly, higher household income provides families with the financial resources to afford private tutoring services. Families with greater financial means can invest in supplementary education to enhance their children's academic performance or gain competitive advantages in exams (Xue, 2019; Buyruk, 2020; Yoo, 2024). This ability to pay for additional educational support becomes crucial in contexts where public education systems are perceived as inadequate or where academic success is highly valued for future opportunities, such as admission to prestigious universities or securing better jobs (Kirigwi & Maithya, 2016; Bray, 2022; Jha, 2023). Secondly, household income influences the perception of education as a form of investment. Families with higher incomes often view education as a key pathway to social mobility and economic success. They may be more willing to allocate a significant portion of their income towards educational expenses, including private tutoring, viewing it as a strategic investment in their children's future prospects (Liu, 2019; Entrich & Lauterbach, 2019; Ozdere, 2021; Gulomovna, 2022). Moreover, income disparities can exacerbate educational inequalities. Lower-income families may struggle to afford private tutoring, placing their children at a disadvantage compared to their wealthier peers who can access additional educational support. This disparity can perpetuate existing inequalities in educational outcomes, contributing to a cycle where socioeconomic status determines access to educational resources and opportunities (Tsiplakides, 2018; Ozdere, 2021; Yung & Zeng, 2022; Tan & Liu, 2024). In conclusion, household income plays a critical role in shaping participation in shadow education. It not only determines the financial ability to access private tutoring but also reflects broader socioeconomic inequalities in educational opportunities. It is essential for policymakers and educators to understand these dynamics to bridge disparities and foster educational equity across diverse socioeconomic groups.

RQ2: What is the relationship between parental education levels and the intensity of engagement in private supplementary tutoring?

The relationship between parental education levels and the intensity of engagement in private supplementary tutoring is a well-documented phenomenon in educational research. Parental education levels often serve as a significant determinant influencing the decision to enroll children in private tutoring programs. This relationship can be understood through several mechanisms. Firstly, higher parental education levels are associated with greater awareness of the importance of education and academic success for their children (Bray & Lykins, 2012; Liu, 2019; Kato & Kobakhidze, 2024). Parents with higher educational attainment tend to have better knowledge about the educational system, including its strengths and limitations. This awareness may lead them to seek additional support, such as private tutoring, to supplement their child's learning experiences and ensure academic success. Secondly, parental education levels correlate positively with socioeconomic status (SES) (Liu, 2019). Families with higher SES often have more financial resources to invest in supplementary educational activities like private tutoring.





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These resources enable them to access and afford tutoring services that may not be available or affordable to families with lower SES. Thus, parental education indirectly influences tutoring engagement through its association with economic capability. Thirdly, parental educational aspirations for their children play a crucial role (Tan & Liu, 2023). Parents who possess higher educational qualifications generally hold greater expectations and aspirations for their children's academic success. Some parents may regard private tutoring as a means to elevate their children's academic results and future educational prospects, aligning with their aspirations for social mobility. Empirical studies support these theoretical assertions. For instance, research in diverse educational contexts, such as East Asia and Western countries, consistently shows that children from families with higher parental education levels are more likely to participate in private tutoring (Liu, 2019; Kato & Kobakhidze, 2024). These studies underscore the significant influence of parental education on the intensity of engagement in private supplementary tutoring, highlighting the multifaceted roles of parental awareness, socioeconomic status, and educational aspirations in shaping educational decisions and outcomes for children. In summary, parental education levels are closely linked to the decision and intensity of engagement in private supplementary tutoring within families and societies.

RQ3: In what ways do cultural expectations and societal norms affect the demand for shadow education in different regions, particularly in East Asian countries?

The role of cultural expectations and societal norms in East Asia is profound, particularly in shaping the demand for shadow education and educational practices. In East Asia, cultural values emphasizing academic achievement, such as Confucian principles of education and the pursuit of excellence, exert substantial pressure on students to excel academically (Bray, 1999; Bhorkar & Bray, 2018). These cultural expectations foster a highly competitive educational environment where success in standardized tests, such as university entrance exams, is often seen as crucial for future opportunities and social mobility (Stevenson & Baker, 1992). Consequently, parents and students alike perceive shadow education, such as private tutoring or cram schools, as necessary supplements to formal schooling to ensure adequate preparation and competitive advantage (Liu, 2019; Jansen et al., 2021; Yung & Zeng, 2022; McCoy & Byrne, 2024). Moreover, societal norms in East Asia reinforce the belief that educational success not only benefits the individual but also reflects positively on the family and community. This collective orientation underscores the widespread acceptance and utilization of shadow education as a means to fulfill societal expectations of academic achievement (Buyruk, 2020). For instance, in South Korea and Japan, where educational attainment is closely tied to future career prospects and social status, the demand for shadow education is driven by the desire to meet societal norms of success (Christensen & Zhang, 2021). In contrast, in Western societies where individualism and diverse career paths are more culturally endorsed, the demand for shadow education may be less pronounced due to different societal priorities and educational philosophies (Byun et al., 2023). Thus, while cultural expectations and societal norms in East Asia heighten the demand for shadow education by emphasizing academic achievement and social expectations, these factors may vary in influence across different regions depending on cultural values and educational systems. Overall, the interaction between cultural expectations, societal norms, and educational aspirations shapes the demand for shadow education, particularly highlighting its significance in East Asian countries where academic success is deeply intertwined with cultural identity and societal advancement.

RQ4: How do educational policies, such as high-stakes examinations, contribute to the growth of shadow education?

The development of shadow education systems worldwide is heavily influenced by educational policies, particularly those associated with high-stakes examinations. High-stakes examinations are pivotal as they often determine students' future academic and career prospects (Bray & Lykins, 2012). These exams are typically highly competitive and can create intense pressure on students to excel, leading to a heightened demand for supplementary education outside the formal schooling system (Bray, 1999). The impact of high-stakes examinations on educational results and opportunities is a key driver behind the growth of shadow education. In many countries, performance in these exams dictates access to prestigious universities or specific academic tracks, which are perceived as pathways to success and social mobility (Dang & Rogers, 2008; Byun et al, 2018; Saengboon, 2019; Zhang, 2021; Liu, 2022). Consequently, students and their families seek additional tutoring and coaching to enhance exam performance and competitiveness





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(Bray, 2022; Jansen et al., 2024). Moreover, the structure and content of high-stakes exams often prioritize rote memorization and exam-specific skills rather than deep understanding and critical thinking (Jung-Hoon, 2018; Liao & Huang, 2018). This focus can lead to dissatisfaction with the formal education system among students and parents alike, who perceive it as insufficient for achieving desired exam results (Bray & Lykins, 2012). Furthermore, the proliferation of shadow education is fueled by perceptions of inequity within the formal education system. Wealthier families can afford private tutoring or enrollment in prestigious exam preparation centers, thereby gaining an advantage over economically disadvantaged students who may not have access to similar resources (Stevenson & Baker, 1992). In conclusion, high-stakes examinations embedded within educational policies significantly contribute to the growth of shadow education by shaping educational priorities, intensifying competition among students, fostering dissatisfaction with formal schooling, and perpetuating socio-economic inequalities. These factors underscore the complex interaction between educational policies and the phenomenon of shadow education, highlighting the need for deatailed policy interventions that address both the drivers and consequences of its proliferation.

RQ5: What strategies can policymakers and educators implement to mitigate educational inequalities exacerbated by the prevalence of shadow education?

To effectively address the question of mitigating educational inequalities exacerbated by shadow education, policymakers and educators can implement several strategies. Shadow education refers to private supplementary tutoring and coaching that students receive outside formal schooling, often driven by concerns about academic competition and the desire for enhanced educational outcomes. This phenomenon has been identified as contributing to educational inequalities by favoring students from wealthier backgrounds who can afford such services, thereby widening the gap between privileged and disadvantaged students. One crucial strategy involves regulating and monitoring the shadow education sector. By imposing standards and guidelines on tutoring services, policymakers can ensure that these services supplement rather than substitute formal education. Regulation can include mandating qualifications for tutors, ensuring transparent pricing, and requiring tutoring institutions to align their curriculum with national educational goals (Bray, 2009). Integration of shadow education into formal schooling is another effective strategy. This approach involves acknowledging the prevalence of shadow education and incorporating elements of its success strategies into mainstream classrooms. For instance, identifying effective tutoring methods used in shadow education and training teachers to implement these strategies can help level the playing field for all students (Bai et al., 2019; Punjabi, 2019; Kim & Jung, 2019; Gan & Shahrill, 2019). Financial support and subsidies for disadvantaged students can reduce the financial barriers that prevent them from accessing shadow education. Scholarships or vouchers targeted at low-income families can empower students to seek supplementary tutoring, thereby narrowing the gap between socioeconomic groups (Carr & Wang, 2018; Lancker, 2021; Wainwright et al., 2023). Improving the quality and equity of formal education is fundamental to reducing the need for shadow education. By enhancing the quality of teaching, providing additional academic support within schools, and offering personalized learning opportunities, educators can address the root causes that drive students to seek private tutoring (Byun et al., 2018; Guill et al., 2019; Ozdere, 2021; Bar & Guha, 2023). Community and parental involvement are also crucial. By educating parents on the consequences of shadow education and including those in talks on alternative approaches to enhance their children's learning, reliance on private tutoring can be diminished. Community-based initiatives that offer academic support outside school hours can provide viable alternatives to shadow education (Bray & Zhang, 2018; Mahmud et al., 2018; Yu & Zhang, 2022). Research and data collection are essential for understanding the dynamics of shadow education and its impact on educational inequalities. Continuous monitoring and evaluation can inform evidence-based policymaking and ensure that interventions are effective and sustainable (Bray, 2009). In conclusion, addressing educational inequalities exacerbated by shadow education requires a multifaceted approach that combines regulation, integration, and financial support, improvements in formal education, community involvement, and rigorous research. Through the adoption of these strategies, policymakers and educators aim to foster an educational system that promotes fairness, ensuring every student, irrespective of socioeconomic status, can thrive.





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Figure Explanation (Strategies to reduce the expansion of Shadow Education)

Improve Quality of Public School

- Enhance Teacher Training & Support: Providing ongoing professional development and support for teachers to improve their teaching skills and effectiveness.
- **Update Curriculum to be More Relevant & Engaging:** Revising the curriculum to make it more interesting and applicable to students' lives, encouraging better learning outcomes.
- Foster Collaborative Learning Environment: Creating an environment where students can learn together, share ideas, and support each other's learning.
- **Involve Community & Parents in Education Decision Making:** Engaging parents and the community in the decision-making process related to education to ensure that their needs and perspectives are considered.

Strengthen Public School System

- Increase Funding & Resources for Schools: Allocating more financial resources to schools to improve infrastructure, resources, and overall quality of education.
- **Reduce Class Size:** Decreasing the number of students per classroom to allow for more personalized attention and effective teaching.
- **Providing Additional Support Services:** Offering extra academic support, counseling, and other services to help students succeed.
- Engage Parents & Community in School Improvement Efforts: Involving parents and community members in initiatives aimed at enhancing school performance and student outcomes.

Regulate Private Tutoring

- Set Clear Standards for Tutoring Services: Establishing guidelines and standards to ensure the quality and effectiveness of private tutoring services.
- Monitor & Evaluate Tutoring Practices: Regularly reviewing and assessing private tutoring practices to maintain high standards.
- Offer Incentives for Transparency & Accountability: Encouraging private tutoring services to be transparent and accountable in their operations.
- **Support Alternative to Private Tutoring:** Promoting other forms of support and enrichment that can serve as alternatives to private tutoring.

Educational Implications

The results of this research offer crucial insights that can shape policy decisions and educational strategies. Firstly, the strong correlation between higher household income and increased participation in shadow education highlights the need for equitable access to quality education. Policymakers should consider strategies to mitigate the disparities in educational opportunities that arise from socio-economic inequalities. To illustrate, providing low-income families with subsidized or free supplementary tutoring could help bridge the gap, ensuring that every student has an equal chance to boost their academic success. (Bray, 2021). Moreover, the study's revelation that parental educational attainment significantly influences the propensity to engage in shadow education suggests the importance of parental involvement in children's education. Schools and educational institutions should develop programs that encourage and facilitate parental engagement, regardless of their educational background. Providing parents with resources and training on how to support their children's learning at home can be a valuable approach (Kim & Lee, 2010). Cultural expectations and societal pressures, particularly evident in East Asian countries, also play a substantial role in the prevalence of shadow education. Educators and policymakers must work towards creating a balanced educational environment that emphasizes holistic development over merely academic achievement. Promoting a more comprehensive curriculum that includes arts, sports, and life skills alongside traditional academic subjects can alleviate the undue pressure on students to excel solely in academics (Ozdere, 2021; Stastny, 2023; Tan & Liu, 2023). The impact of educational policies, such as high-stakes examinations and the perceived inadequacy of formal schooling, on the demand for shadow education underscore the need for systemic reforms. Education systems should aim to reduce the overemphasis on examinations and instead focus on continuous and formative assessments





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that provide a more accurate measure of student learning and development. Additionally, efforts to improve the quality of formal education through better teacher training, updated curricula, and adequate resources are essential to reduce the reliance on supplementary tutoring (Bray & Kobakhidze, 2015; Bray et al., 2018; Soeung, 2021; Budyuk, 2022). In conclusion, addressing the determinants of shadow education identified in this study can lead to more equitable and effective educational systems. By implementing targeted policies and practices that address socio-economic disparities, enhance parental involvement, balance educational pressures, and reform assessment systems, policymakers and educators can work towards a more inclusive and supportive learning environment for all students. Future research should continue to explore these areas to provide further insights and recommendations for fostering educational equity and improving overall student outcomes.

CONCLUSION

The expansion of shadow education, which includes private supplementary tutoring beyond the mainstream school system, is shaped by a blend of socio-economic, cultural, educational, and policy factors, highlighting its intricate and multi-dimensional character. At the socio-economic level, increasing income disparities and the competitive nature of globalized economies have heightened parental anxiety regarding children's future success, driving demand for additional academic support to secure competitive advantages. This phenomenon is particularly pronounced in countries with high-stakes examination systems, where performance on standardized tests significantly impacts educational and career opportunities, thereby fostering a lucrative market for private tutors. Cultural factors also play a pivotal role, with societal values emphasizing academic excellence and educational attainment, particularly in East Asian countries where Confucian traditions valorize education. These cultural expectations compel parents to commit substantial resources to their children's education, often resulting in significant household expenditures on tutoring services. In regions where public schools are underfunded or face systemic issues such as overcrowded classrooms, inadequate resources, and poorly trained teachers, parents turn to private tutoring as a necessary supplement to fill educational gaps and enhance their children's learning outcomes. Educational policies and government regulations, or the lack thereof, also significantly impact the proliferation of shadow education. In some countries, lax regulatory frameworks allow for the unregulated expansion of private tutoring businesses, while in others, stringent policies aimed at curbing the shadow education industry may inadvertently drive it underground, making it less visible but not necessarily less prevalent. Additionally, technological advancements have revolutionized the shadow education landscape, making online tutoring and educational resources more accessible, thus broadening the reach and appeal of private tutoring services. The COVID-19 pandemic further accelerated this trend, as the shift to remote learning highlighted the deficiencies in public education systems and increased reliance on online supplementary education. Peer influence and social networks play a significant role in the proliferation of shadow education, as community members share insights and advice about effective tutoring services, establishing a normative expectation for participation. The interaction between these factors underscores the intricate dynamics driving the expansion of shadow education globally. Confronting the challenges of the increasing shadow education sector necessitates a diverse strategy that encompasses enhancing public education quality and equity, instituting effective regulatory measures, and fostering cultural changes towards a more holistic and balanced educational development. Policymakers must acknowledge the deep-rooted socio-cultural and economic drivers of shadow education and work towards creating educational environments that reduce the necessity for supplementary tutoring, ensuring that all students have equitable access to quality education without the need for additional, often costly, external support.

Further Research

The findings from this study highlight critical areas for further investigation to enhance our understanding of the factors and implications of shadow education. Future research should aim to delve deeper into the specific mechanisms through which socio-economic status and parental education levels influence students' engagement in supplementary tutoring. Additionally, there is a need to explore the psychological and social impacts of shadow education on students, particularly concerning stress, mental health, and overall well-being. Another promising area





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for future research is the examination of shadow education in diverse cultural contexts beyond East Asia. Comparative studies across different regions and countries can uncover unique cultural and societal impacts on the expansion of shadow education. This contributes to a broader international perspective on shadow education by identifying shared trends and unique methodologies. With the rise of online tutoring platforms and digital learning resources, it is essential to investigate how technology-mediated supplementary education affects accessibility, quality, and educational outcomes. Research in this area could also assess the effectiveness of online versus traditional face-to-face tutoring methods. Policy-oriented research is crucial to evaluate the efficacy of existing educational policies and interventions aimed at mitigating the need for shadow education. Experimental and quasi-experimental designs could be employed to assess the impact of various policy measures, such as curriculum reforms, teacher training programs, and student support services, on reducing dependence on private tutoring. Finally, an interdisciplinary approach involving economics, sociology, psychology, and education can provide a holistic perspective on shadow education.

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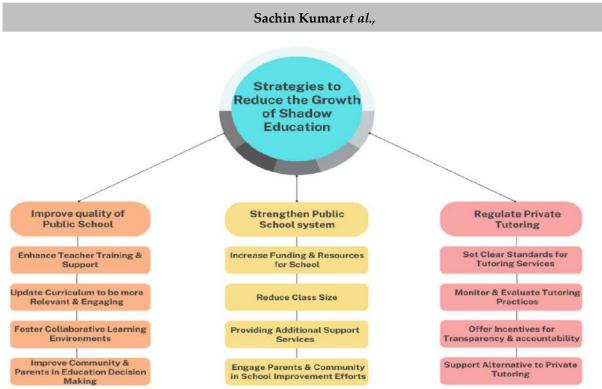


Figure 1: Strategies to reduce the expansion of Shadow Education





RESEARCH ARTICLE

Provision of Data Security using Elliptic Curve Cryptography in Cloud Computing Environment

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ABSTRACT

Safekeeping of our data being placed in the cloud is always becoming a serious problem and challenging one. The honest reasons for this will be because of the existence of malevolent attacks, data breaches and unsafe contact points. In this juncture, more numbers of investigators offered security mechanisms that includes the components namely access controlling, invasion detection, prevention of occurrences schemes. It is often seen that there are many situations where the attackers have always misused the rights taken by them with the numerous roles in the cloud computing scenario. Hence it would be mandatory to introduce more efficient mechanism for securing the safety of sensitive data which would be placed/recovered in the given cloud. The main philosophies in privacy & security would be none other than the data secrecy and honesty. So, this investigation work heightened a fruitful and better procedure confirming a safer data transmission into the cloud computing atmosphere. The research work provides a additional information security method to cloud that makes use of the Elliptic Curve Integrated Encryption Scheme (ECIES), which confirms that data which could be placed in the Cloud Computing atmosphere is equally trusted and complete. The investigational outcomes prove that the effectiveness of the recommended algorithm results in a strong security level as well as reduces the execution time related to the commonly used existing techniques. Hence in this an Improved Elliptic Curve Cryptography (IECC) algorithm is suggested in this research work which is intended to give better security using modified algorithm. The parameters like encode/decode and store/transfer time are computed and it can be seen that the procedure that is being intended in this research paper take a smaller amount time for all the parameters when compared with prevailing methods. The encoding period of the suggested method is 46 ms with key size=4,096 bits, however the prevailing scheme takes 92 milliseconds for the same. Also,





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our proposed methods drastically reduce the deciphering time. All the other parameters presented in the results also certify that our scheme provides better solution when compared with the existing schemes. This reports disclose that the suggested system overtakes the present methods in terms of various factors.

Keywords : Cloud computing; Elliptic Curve; Data security; Cryptography.

INTRODUCTION

Cloud is a technology by which data available in a remote server can be easily retrieved with the internet and it is concealed in nature [1] [2]. It is the On-demand provision of any IT services including servers, storage, databases, any softwares etc. which is normally retrieved over the internet-the so called cloud. In short we can say that any device or gadget which is connected to internet can access the facilities provided. The cloud supports users to right to use the files and applications from any device, since the computing and storage operations happen in the servers in which is placed in a data center, rather than using a local storage. For example, when a user tries to login to his/her Google account form a mobile, tablet, PC, laptop which has internet connection. Hence we say that CC is a State-of-the-art innovation for treating & Relocating data currently in just all possible devices [3]

SECURITY ISSUES IN CLOUD

We can also refer to the CIA Triad the information must be set at the focal point of the threesome so as to convey total security of the information. The development of information towards any of the edges of the trio will prompt bargaining the other two properties of information [5].

Significance of the Study

Since we are dealing with massive quantity of data, it is extremely compulsory to confirm security. At the same time it is also important to minimize the computational overhead and time complications. Therefore, this research work makes an effort to offer secure and reliable data transmission into the cloud through Modified ECC method. So, the goal of this research was to use the Modified ECC method to enable secure and trustworthy data transfer into the cloud. We will obtain two private keys by splitting the private key (based on size) and encrypting each half individually. That data will be kept online. The key of individual manuscript's encryption is placed into cloud hence only we are able to do the opposite operation for the decryption. The algorithm becomes safer as a result. MECC encryption securely trades data on the unsafe networks by swapping the public keys for encryption. Clients under no circumstances obliged to disclose or swap their private keys, thereby making it the most reliable encryption strategy is available. If they do, it means that the two secretive Diffie Hellman encoded keys are necessary to decipher single private key obtained in ECC. Lowering the possibility that a cybercriminal would intercept a client's private key at the time of communication. Multi-tenant technique is therefore viewed from the standpoint of the cloud service model in a different way. With the aid of key generation, a Modified Elliptic Curve Cryptography (MECC) is presented to address this issue by safeguarding information which is shared to the multi-tenant environment.

Problem Statement

Ongoing studies have diverse difficulties like: computational overheads, time associated with the key creation, clamor/noise responsiveness, difficulties of treating unsized clusters etc. hence disturbing the recovery results from cloud storage. The work intended is endeavored to avoid these impediments through the planned approach.

Objectives

The goals associated with the study is referenced beneath: To carry out novel cryptographical procedure for improved ECC that would drastically minimize the key size & extraordinary security thus overcoming existing restrictions like low operational performance, time as well as the computational intricacy.





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- 1. To diminish the scrambling and un scrambling time through firm performance proficiency of suggested method.
- 2. To rise the accuracy as well as to create alternating keys for security enhancement with the presented scheme.
- 3. To estimate execution capability of the recommended scheme by means of evaluation criterion namely the
- encryption as well as the unscrambling time and computation overheads.
- 4. To relate the success of the proposed model with the other models.

schemes that could be obtainable by upcoming cloud setup.

RELATED WORK

The research works deliberates the analogous ideas connected to cloud computing, encryption and also the parameters like: decryption, multi-tenant. These works are explored exhaustively alongside their benefits and detriments. One cloud computing structure for multifaceted layers was outlined by [6] security covers three main factors namely the firewall, management of the user's identity and the encryption subject to the growth of business data synchronization& sharing scheme. The benefit is a fundamental technique which gives improved strength for a multifaceted security in the cloud scenario. The difficulty identified was that the assumption structure don't obtain a wrong alarm within the exact period. An infiltration testing was recognized and obstructed a bug is around 99.95 %. Various investigations examined on the combination of cloud and IoT [7] meant to give few characteristics of few characteristics of the cloud. The benefit could be an advanced CloudIoT scheme was recommended to give an improved data between users. The weakness was that the user is necessary to stop and elucidate thorough exploration of cloud computing disputes within the given time-limit. The Mobile cloud scenario was broadly described by [8], and this method carried out to permit the mobile users to get cloud computing advantages by means of a friendly technique for fulfilling the company requests. The gain is simply the vigorous energy-oriented cloudlet-oriented mobile cloud scheme which can be dedicated appropriately to decide over the additional energy usage during the implementation of wireless communication by employing the vigorous cloudlets oriented scheme. Also the weakness is that the wireless connection and the instrument size is restricted. The fluctuating cloud arrangement [9] and the use of this infrastructure through the different service suppliers and the distributing computational profits are placed far away from the DCs. The outcome necessitates a diverse and innovative figuring

Since there are privacy worries, the trustworthy data have to be encrypted prior to the storing in the cloud. Recently we have come across several works in these area have recommended a number of encryption methods. Nonetheless, most of these prevalent works emphasizes only on the secure searching by applying a keyword, and moreover recovers merely Boolean results, which aren't sufficient. For resolve this concern, [10] a solution was presented with a unique and a protected keyword searching mechanism based on Bloom filter that creates the usage through assisting level established on the obtained examination. Another proposed scheme [11] covers three parts: Trusted Authority (TA), Trusted Cloud (TC), and User. This suggestion is meant to provide additional secure scheme to protect the users' data protection, diminish the complication of key creation by means of a modified Identity Based Cryptography (MIBC), and offer data discretion and integrity by means of the Elliptic Curve Integrated Encryption Scheme (ECIES). The advantage is the reduction of time used for key generation and the downside is the key sizes [27].Yet another security structure was suggested [12] containing the access controlling scheme, encipher/decipher procedure and the digital signature method. An innovative Uniqueness centered Elliptic curve Access Control mechanism (Id-EAC). This plus point will be the security structure is delivered with great data safety, manageability and truthfulness for the user data. The downside would be the complexity of the algorithm adapted.

In connection with the data encryption and tenant authentication [13] adopted ECC (Elliptic curve cryptography) due to its least key size. From the investigations it was calculated that the average finishing interval is calculated as 86.076 sec for decryption and 83.153 for encryption. Moreover, the scheme indicated that the scheme deals with a two-layer security and considerably uses smaller storage and key size. There are several works, which discourse about the cloud security [14], data security [15, 16] and secured storage [17, 18]. Among them, [19] concentrated on giving security through reliability relationship rubrics. The confirmation scheme applies the cryptographic calculations for protected storing and recovery.





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Another technique namely HSBEE CBC [20] was introduced as an competent data recovery methods. As we can see, the scheme enciphers the data by employing ECC method. Additionally, we observe that the approach used was CBC (Cosine based clustering) technique for grouping of the enciphered information. Also interms of elevating the security, the methodology has appraised the trust for the users retrieving the data., once the trust evaluation process is promising, decryption of the data takes place. Additionally, their methodology has assessed the working of suggested scheme and matched the same with that of the usual schemes. To confirm data security, an innovative practice based on "searchable attribute" based on the encryption was carried out [21]. Another scheme named User Usage Based Encryption (UUBE)[22], built on the exploration encryption technique has been offered as a unique differentiated access control structure. As we can see, a control method for retrieving a multi-faced cloud centered facilities by employing the admission governing model based on various features are presented by [23] and usecase is being presented to examine various cloud services. Subsequent to that, a swapping tokens technique was suggested for extending an exclusive model for the situations of the Inter cloud. Analogous calculations were supported and it can also be confirmed that the suggested one owns improved functionality through the process of taking the total consumers and the associated cloud assets. The reliability and trustworthiness for information existing in the relocation of capacity in multi-facet cloud design was accomplished by [24] through an innovative design in the investigation.

PROPOSED METHODOLOGY

The implementation of ECC techniques in scattered computing and dissimilar networking provides substantial usage in inter-reliant networking [25]. ECC is a PKE method built on EC model that produce cryptographic keys faster, lesser as well as highly constructive [26,28]. A basic element is the key strength, that alludes to the intricacy of breaking key and recuperating plain text [26,28]

Elliptic Curve Cryptography (ECC) Model

This is an innovative method of cryptographic tool for safeguarding the information in the physical as well as in the cloud storage. It's a superlative practices established in philosophy of elliptical curve. The characteristics of the EC is utilized to produce bases for encryption procedure as a substitute of prevailing techniques which will be using very outsized prime numbers. It operates over the elliptic curve equation for key creation. In the year 1985, N. Kobiltz and V. Miller suggested ECC for changeable data to get safety. The simple clue is to use the elliptic curve to incorporate a distinct logarithm technique [29]. A most important thing of ECC model is that

is always takes tiny key dimensions to give security. When matched with other schemes (key length of 1064) and whereas the ECC use key length of 164 for the identical level of security. It comes under the public-key mechanism and computation shall proceed from a given point on in the elliptic curve to another. EC is treated equal in x-axis and are binary curves. Encryption as well as signature confirmation are carried out with the public key, on the other hand decryption & signature production are completed with private key

Elliptic Curves

We assume K remain a field. An EC E over K is specified by Weierstrass equation:

| $y^2 = x^3 + Ax + B$ | (1) |
|----------------------|-----|
| | |

For cryptography calculations, we use the equation as

$$y^{2} = x^{3} + ax + b$$

With the above inputs, we submit the proposed algorithm- Improved Elliptic Curve Cryptography (IECC) algorithm

Private Key, Public Key and the Generator Point in ECC

To use ECC, we have to go by the usage of parameters (p,a,b,G,n,h)



(2)



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p = is a prime number that identifies the magnitude of the given finite field. Here, a & b = are the constants, G is a base point which gives the subgroup of the elliptic curve , n = number of points , called as the order of the subgroup. nG = 0

h = cofactor of the subgroup given as a ratio of

|E| / |Ep| = orderof elliptic curve E| orderof EC over prime field. h(3)

When two individuals connect with each other, individual person should have private and public keys. They would preserve the private key, however public is offered to all. The Private key will be produced through arbitrarily choosing a digit in the range [1 to n-1].

Normally, the Public key is figured out through a calculation, multiplying the private key Ka (ka.G) and a coordinate G (x,y) present in EC. The sender and receiver can thus produce shared secret key (SSK). For an instance, if Ks is taken as the private key of transmitter and Kr indicates private key of the receiver, then we have

| Sender's public key (spub)= G * Ks | (4) |
|--|-----|
| Recipients public key (rpub) = G* Kr | (5) |
| Both transmitter and receiver will create Mutual Common Key (MCK): | |
| transmitter: MCK = Ks . (Kr.G) | (6) |
| receiver: MCK = Kr . (Ks . G) | (7) |
| | |

Proposed algorithm

| S and R are two persons involved in data transmission |
|---|
| Step 1: Identify an EC |
| Sender Select an Elliptic Curve: |
| Esender (x coordinate, Y Coordinate) |
| Choose a point Gsender(Gx,Gy) in the EC |
| Receiver Select an Elliptic Curve: |
| E _{Receiver} (x coordinate, Y Coordinate) |
| Choose a point $G_{Receiver}$ (Gx,Gy) in the EC |
| Step 2: Take a huge prime number (n) |
| Step 3: Generate key sets |
| Sender(S) generating the keys: |
| Select Private key \rightarrow S _{pvt} |
| Check \rightarrow S _{pvt} $< n$ |
| Take Point G in EC |
| Calculate Public Key→Spub |
| Receiver (R) generating the keys: |
| Select Private key \rightarrow R _{pvt} |
| Check \rightarrow R _{pvt} < n |
| Take Point G in EC |
| Calculate Public Key→R _{Pub} |
| Step 4: Compute Mutual Common Key MCK \rightarrow k |
| Step 5: Sender and Receiver Exchanges public keys over a channel |
| Sender share his/her EC and Public key with Receiver |
| Sender to Receiver \rightarrow Esender (x coordinate, Y Coordinate) |
| Sender to Receiver→S _{pub} |
| Receiver share his/her EC and Public key with Sender |
| Receiver to Sender \rightarrow E _{Receiver} (x coordinate, Y Coordinate) |
| Receiver to Sender $\rightarrow R_{pub}$ |





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Step 6: Encrypt \rightarrow Encode file using key of ECC Step 7: Output \rightarrow Decode output from step 6 with generated k

Step 7: Output \rightarrow Decode output from step 6 with generated key and ECC

RESULTS AND DISCUSSIONS

The suggested method's outcome is evaluated based on the metrics presented below. Performance investigation are analysed with various factors namely

- 1. Encryption Time –Time required to encode data
- 2. **Decryption Time--**Time required to decode data
- 3. Interval for upload / download Time needed for storing/retrieving

Encryption/Decryption Times:

The time taken for decoding /encoding the data is given by these terms. As we can see from Table 1 and Figure 4, we can easily infer that the time taken for encryption and decryption in our model gives minimum time. We also compare the encryption time of our proposed scheme with that of MECC Algorithm suggested by S. Udhaya Chandrika et.al [30]. Tables 2 &3, figures 5&6 clearly shows that the encoding and decoding time in our proposed scheme is far better than that of the MECC method. Hence, we can clearly state that the methodology we have suggested is yielding better results

Uploading/Downloading times: This is termed as the amount of time required for storing data into the cloud and retrieving data from the cloud storage. As we can notice from tables 4,5 and figures 7,8, it is clear that our scheme takes a minimum time for both upload and download when compared with that of the MLS architecture [31].

On matching with the MECC [30] and MLS [31] schemes, our proposed scheme using the elliptic curve cryptography has a lesser encoding/decoding times as well as storage/retrieval time. Henceforth, the security-wise and execution speed, our scheme is producing an efficient results.

CONCLUSION

In this digital era, every individual mainly depends on cloud service providers for keeping their data. In the investigation an innovative security design established on ECC is offered for shielding the end user's data using an elliptical curve procedure. Here, when, a cloud user demand for the access of sensitive data, the suggested technique ensures that the data is always secure. If the invaders are exasperating to crack the data, the same cannot be done since they cannot identify the keys exchanged between the sender and the receiver before the transmission. The performance of the suggested scheme is assessed by means of the parameters namely encoding time, decoding time, and storage effectiveness of data. The algorithm performance is matched with prevailing schemes such as MECC and LSM. From the investigational result study, the proposed technique is realistic and secure. The proposed architecture accomplishes lesser computational overheads and quicker. It also allows ensure the overall security. In upcoming periods, this may be further extended using advance HECC procedures to expand the safety of data stored in cloud.

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| File Size (MB) | Encryption time (ms) | Decryption time (ms) | Encrypted file size (MB) | Decrypted file Size (MB) |
|----------------|----------------------|----------------------|--------------------------|--------------------------|
| 10 | 4 | 3.7 | 0.834 | 10 |
| 20 | 4.6 | 4.2 | 1.34 | 20 |
| 30 | 5.2 | 4.8 | 2.72 | 30 |
| 40 | 5.6 | 5.4 | 3.67 | 40 |
| 50 | 6.3 | 5.9 | 4.29 | 50 |

Table 1: Encryption time

| Table 2: Encryption time compared with our proposed method and that of MECC Algorithm suggested by S. |
|---|
| Udhaya Chandrika et.al[30] |

| Key length | Encryption-time (ms) of MECC Algorithm suggested by S. | Encryption-time (ms)Our |
|------------|--|-------------------------|
| (bits) | Udhaya Chandrika et.al[30] | Proposed Scheme |
| 100 | 5 | 4.7 |
| 128 | 8 | 7.2 |
| 256 | 10 | 8.8 |
| 512 | 15 | 12.4 |
| 1024 | 24 | 22.9 |
| 2048 | 39 | 35.2 |
| 4096 | 51 | 47.4 |

Table 3: Decryption time compared with our proposed method and that of MECC Algorithm suggested by S. Udhaya Chandrika et.al [30]

| Key length (bits) | Decryption-time (ms) of MECC Algorithm suggested by S. Udhaya Chandrika et.al [30] | Decryption-time (ms) Our Proposed Scheme |
|-------------------|---|---|
| 100 | 11 | 9.7 |
| 128 | 25 | 23.2 |
| 256 | 36 | 34.8 |
| 512 | 51 | 48.4 |





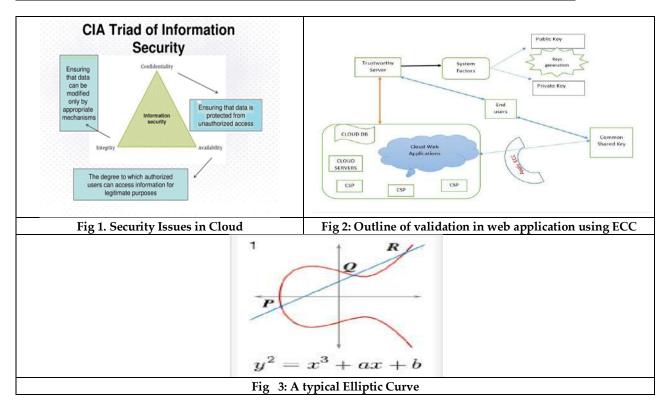
| 1024 | 63 | 60.9 |
|------|-----|-------|
| 2048 | 83 | 81.2 |
| 4096 | 159 | 157.4 |

Table 4: Uploading time (ms) of MLS Algorithm suggested by GhadahAldabbagh et.al [31] and compared with our proposed method.

| File Size (KB) | Uploading-time (ms) of MLS Algorithm suggested by GhadahAldabbagh et.al [31] | Uploading-time (ms) Our Proposed Scheme |
|----------------|---|--|
| 10 | 1995 | 1837 |
| 20 | 3156 | 3022 |
| 30 | 4018 | 3874 |
| 40 | 5095 | 4934 |
| 50 | 5894 | 5730 |

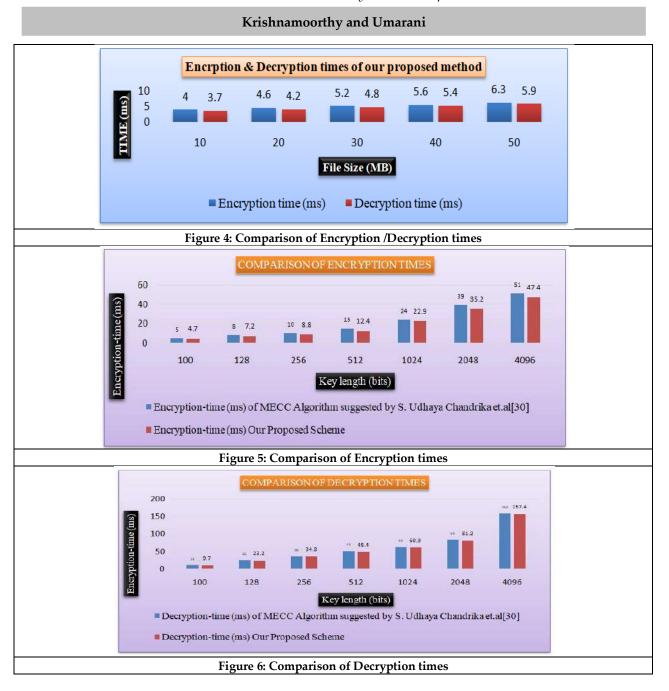
Table 5: Downloading time (ms) of MLS Algorithm suggested by GhadahAldabbagh et.al [31] compared with our proposed method.

| File Size (KB) | Downloading time (ms) of MLS Algorithm suggested by GhadahAldabbagh et.al [31] | Downloading time (ms) Our Proposed Scheme |
|----------------|---|--|
| 10 | 1266 | 1158 |
| 20 | 1988 | 1872 |
| 30 | 2146 | 2032 |
| 40 | 3084 | 2911 |
| 50 | 3982 | 3812 |





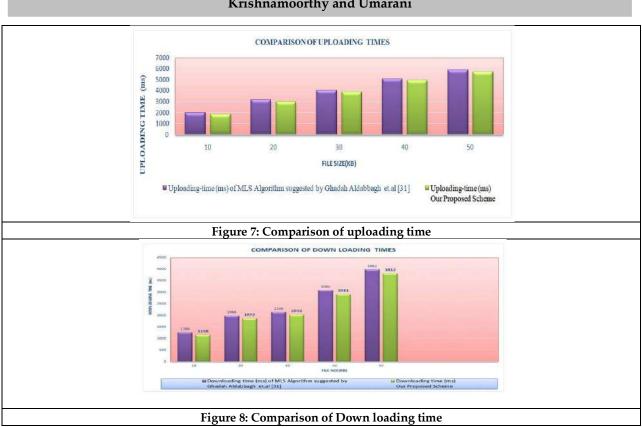








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RESEARCH ARTICLE

Isolation, Purification, and Characterization of Flavonoid from the Aqueous Extract of the Leaves of the *Phaseolus vulgaris* Linn.

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ABSTRACT

Phaseolus vulgaris Linn. is native to America but is extensively distributed in warm nations like India. Commonly, it is known as "kidney bean or common bean."The seeds of the plant have undergone extensive study for their medicinal properties, but the leaves of the plant have not been studied much. The aqueous extracts offer significant benefits in terms of health, safety, environmental impact, and practicality. It is crucial to thoroughly study and implement them to create safe, efficient, and sustainable products across diverse disciplines. Therefore, the current aim of the study is to isolate, purify, and characterize flavonoids from aqueous extract of the leaves of the *Phaseolus vulgaris* Linn.Separation of flavonoid achieved by Sephadex LH-20 column chromatography from aqueous extract and enriched by preparative HPLC method. The weight of the isolated compound is 24 mg. The isolated compound was characterized by 1H-NMR spectroscopy, mass spectroscopy,13-carbon NMR, DEPT, and D2O exchange NMR. The spectroscopic analysis gives the structure of a flavonoid as rutin. Alternatively, it is known as 3, 3', 4', 5, 7-pentahydroxyflavone-3-rhamnoglucoside.

Keywords: 13-Carbon NMR, DEPT-135,1H-NMR, Isolation, LC-MS, Rutin,

INTRODUCTION

Flavonoids, predominantly found in a diverse array of plants used for culinary, medicinal, and cultural purposes, have played a vital role in human health and society since ancient times. The current aim of the study is the isolation, purification, and characterization of flavonoids from the aqueous extract of the leaves of *Phaseolus vulgaris* Linn. This is not only a medicinal plant but also one with proven nutritional value. Its widespread cultivation highlights its





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importance as a flexible and priceless commodity to the global community.[1]Flavonoids, including myricetin, kaempferol, and quercetin, and their glycosides, have been identified from the bean *Phaseolus vulgaris* Linn.[2],[3].

Aqueous extraction is better for the environment than organic solvents. To enrich the purity of the compound, several important procedures are involved in the isolation and purification of a flavonoid. Sephadex LH-20 is particularly useful for purification since it has the ability to separate compounds based on their size and polarity. Mainly, secondary metabolites from the plant can be separated, as phytoconstituents in plants have a similar polarity range. Upon good maintenance, resin shows good performance, and its capacity for recycling makes it cost an effective option for the isolation of natural products. Due to its regeneration ability, it has wide applications in research and development, industries, and companies. [4]. To validate the structural and functional properties of a flavonoid, characterization is necessary. In-depth details about the molecular makeup, molecular weight, and arrangement of protons of a compound can be obtained by methods including ¹H-NMR spectroscopy,LCMS, and 13Carbon NMR,DEPT,D2O exchange NMR.[5]

MATERIALS AND METHODS

Collection, authentication of plant material

Phaseolus vulgaris Linn. was authenticated by St. Xavier's College, Mumbai. The plant specimen collected from Dapoli was matched with the herbarium, and its corresponding voucher number is D.P.2275.

Chemicals

Sephadex LH-20 was obtained from Sigma Aldrich. All the solvents used are HPLC analytical grade.

Extraction

An important step in isolating a component from a plant is to produce aqueous extracts using successive extraction techniques. By using a series of increasingly polar solvents, sequential extraction separates substances based on their solubility.

Procedure

A total of 50 grams of dried, lyophilized plant powder was precisely measured and placed in a beaker, subsequently the inclusion of 1000 milliliters of pet ether. The mixture was subjected to sonication for approximately 10 minutes. After this period, the plant extract was passed through a Whatman filter No. 1, and the filtrate was concentrated. The weight of the empty filtering vessel and the weight of the vessel containing the extract were recorded. The same procedure was repeated with dichloromethane (DCM), ethyl acetate (EAA), methanol, and water. The yield of other extracts had been disregarded. The crude aqueous extract obtained through lypholization has a yield of 30 %, which is employed for the isolation of a flavonoid.^[6]

Size exclusion chromatography

Sephadex LH-20, a polysaccharide composed of cross-linked dextran with hydroxypropyl groups, is a versatile gel filtration (size exclusion) chromatography medium employed in biochemical and biophysical research for purifying and separating small molecules, particularly natural products, peptides, and low molecular weight compounds. Its exceptional ability to dissolve in organic solvents and effectively mix with both polar and non-polar solvents like acetone, methanol, ethanol, and water gives it the power to enable the separation of a wide variety of chemicals.^{[7][8],[9][10]}

Procedure

Initially, LH-20 resin was socked with 100% methanol overnight. After that, it is washed three times with 100% methanol. This helps remove previous sample cleaning from resin. The glass column of dimension 1 ft. \times 10 cm was taken for size exclusion chromatography. The glass column was washed with methanol, and cotton was plugged into





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the end of the column. Wet the cotton plug with the solvent. Pack the glass column with Sephadex LH-20 resin. Allow the methanol to pass through it. Make sure that column does not get dry.^[11]

Sample Loading

13 grams of crude aqueous extract were precisely measured and dissolved in methanol. Next, the filtrate was carefully poured into the column without disturbing the bed, allowing the methanol extract to flow continuously through it. The 50-mL test tubes were filled with the collected fractions after adjusting the flow rate to 1 mL/min of the column. The chromatographic analysis of fractions from the column was carried out using RP-HPLC. It was found that fractions 53–78 were pure, with a purity level of 74.88%. These fractions were subsequently combined and concentrated through rotary evaporation, ultimately yielding a final product weighing approximately 475 mg. The purity of the isolated compound was enriched by preparative HPLC column chromatography. The RP-HPLC method and preparative HPLC method adopted for the analysis of fractions are mentioned below:

RP-HPLC method;

HPLC using a Waters 2695 separation module coupled with a PDA detector (2996) was implemented. The Hemochrom C18, a 150 mm × 4.6 mm, 5-micron particle size column, was utilized as the stationary phase. A solvent A (acetonitrile, ACN) and solvent B (0.05% trifluoroacetic acid, TFA) gradient program was employed as the mobile phase. The gradient program had a run time of 24 minutes, a delay time of 6 minutes, and the following conditions: 0-20 minutes, 0-100% ACN; 20-24 minutes, 100% ACN; 24-25 minutes, 0% ACN; and 25-30 minutes, 0% ACN. The maximum wavelength of absorption (λ max) was set at 210 nm, and the flow rate was 1 mL/min.^[12]

Preparative liquid chromatography;

The 475 mg compound isolated from the Sephadex LH-20 column can be enriched by the preparative HPLC method. The compound was dissolved in 1:1 HPLC water with acetonitrile as an eluent. An analytical workstation was connected to the HPLC system, which is made up of an auto- sampler, a pump, and a photodiode array detector. The column setup included a 250 x 20 mm, 5-micron Supelco C18 reverse-phase column. The flow rate was 18.0 mL/min, and the detection wavelength was set at 210 nm. The autosampler tray was maintained at 35°C, and the column was allowed to reach ambient temperature. The mobile phase for the HPLC was a step gradient of ACN and 0.05% TFA. The flavonoid was detected at 210 nm by the photodiode array detector, and individual peaks were recorded. Fractions were collected and isolated using a fraction collector. The solvent was then removed using a rotary evaporator.

Characterization of isolated compound

LCMS

The LC-MS/MS system used in the study was an Acquity Triple Quadrupole (TQD) system equipped with Mass Lynx V4.2 software (Waters Corp. UK). The chromatographic conditions for LC-MS analysis were carried out using an Inertsil ODS-3 column (150x4.6mm, 3μ). The column eluent was introduced to the MS inlet through an electrospray ionization source operated in positive polarity with a cone voltage of 30V. The capillary voltage was set at 3 kV, while the source and desolvation temperatures were 150° and 500°, respectively. Nitrogen gas was used as the cone and desolvation gas at flow rates of 50 L h-1 and 500 L h-1, respectively. The collision-induced dissociation (CID) experiments were carried out using argon as the collision gas at a flow rate of 0.19 mL/min, with a collision energy applied in the range of 10 to 12 V and a scan time of 0.2s. The mass spectrometer was operated at unit mass resolution. The mobile phases 'A' and 'B' were 0.05% TFA (AR Grade, Merck) and acetonitrile HPLC grade (Finar), respectively. Separation was achieved using a gradient program with the following time (min)/mobile phase 'B' (%) parameters: 0.01/0, 1/0, 20/100, 24/100, 25/0, and 30/0, with a flow rate of 1 mL/min. The column was maintained at 30°, and the eluent was split 1:4 using a Valco valve, with a small portion sent to the MS and the major portion monitored at UV 210 nm. The injection volume was 10 μ I.For the preparation of the diluent, acetonitrile was used. The preparation of analytical solutions involved the creation of a test solution at a concentration of 1000 μ g/mL.



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¹H NMR,13C- NMR and DEPT-135;

All NMR experiments were undertaken using the Avance III HD 400 MHz NMR Spectrometer, equipped with Top Spin software version 3.5pl6 and a Probe PA BBO 500S1BBF-H-D-05 Z from Bruker Biospin Ltd. (Switzerland). Experiments were thoughtfully conducted at room temperatures to ensure accurate results. The solvent chosen to obtain 1H NMR, 13C NMR, and DEPT-135 spectra was DMSO-D6 (99.8% D, Eurisotope). H1 and C13 spectroscopy give a clear picture of the structure of an unknown compound. H1 spectroscopy provides information about the environment of hydrogen atom; therefore, the identification of the structure of a compound becomes easier. The C13 spectra are less complicated as compare to the H1 spectra. C13 spectroscopy gives details of the carbon skeleton. Combination of H1 and C13 spectroscopy identification of unknown compounds is possible.[13]DEPT spectroscopy provides information about the connectivity of hydrogen atoms to carbon atoms. It is widely applicable to the characterization of natural products. This technique gives a brief classification of the types of the carbon atoms based on the connectivity of hydrogen atoms. DEPT provides phase-sensitive data and enhances the sensitivity of carbon-13 NMR signals, making it easier to differentiate between different carbon atoms.[14]

RESULTS

Preparative HPLC analysis

The advanced technique of preparative HPLC is essential for isolating specific chemicals in large quantities from complex mixtures. Its application is widespread across diverse sectors, including pharmaceuticals, biotechnology, and chemical manufacturing, owing to its exceptional efficiency and accuracy. The elution began with acetonitrile at 0%, gradually increasing to 2%, 4%, 6%, and so on up to 16% for 80 minutes. All experiments were conducted at room temperature, which was maintained at $25 \pm 2^{\circ}$. A chromatogram of all the fractions was recorded at a wavelength of 210 nm, serving as a monitoring wavelength. The compound was eluted at 16% for 80 minutes. All fractions were collected in 50-ml test tubes. Following analysis using the analytical RP-HPLC method, fractions ranging from 28 to 35 were combined and concentrated using rota vapor. The final product obtained weighed 24 mg and had a percentage purity of more than 98%.

The preparative chromatogram for the isolated compound is clearly illustrated in Figure 1. According to the chromatogram, the retention time of the compound is 8.09 minutes, it has a single sharp peak, and its percentage area is 100%. The UV absorption spectrum of the compound shows peaks at 255nm and 355nm wavelengths, which is consistent with the UV absorption spectrum of rutin as reported in the literature. Consequently, based on the UV data, it is confirmed that the isolated fraction is rutin.^{[15],[16],[17],[18],[19]}

Characterization of an isolated compound

Characterization of an isolated compound can be done by a combination of spectroscopic techniques such as LCMS,1H-NMR, C-13 NMR, D2O, and DEPT-135. By analyzing this data and comparing it with literature, the characterization of a compound can be done.

LCMS/MS;

Observed full scan +ESI mode gives m/z value 611.1517 [M+H] + with molecular formula C27H30O16. The following figure represents the structure of rutin. The m/z value matches the reference.[20],[21]The structure of rutin contains a quercetin moiety (benzopyranone ring and benzene ring attached to it) and a sugar moiety (glucose and rhamnose ring) connected by glycoside linkage.[22],[23] The numbering of each carbon is given as shown in the structure for ease of characterization. The spectrum of the compound clearly shows a peak at 611.3 m/z as a molecular ion peak. Loss of rhamnose sugar gives fragments at 468.3 m/z, followed by fragmentation by loss of glucose unit at 313.4 m/z. The benzopyranone gives one fragmentation at 155.1 m/z and another fragmentation at 176.1 m/z. The fragmentation pattern is essential to estimatingthe structure of a compound. The fragmentation pattern obtained is closely matched with the literature. Hence, it is confirmed that the isolated fraction from the aqueous extract of the plant is rutin.[24],[25],[26]





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1H-NMRanalysis and 13C analysis(DMSO d6);

In chemistry, H1 and C13 NMR spectroscopy are crucial analytical methods for identifying functional groups, elucidating structures, and figuring out molecule conformation and dynamics.^[27] H1 NMR is useful for identifying hydrogen environments, assessing purity, and providing quantitative analysis, while C13 NMR offers detailed insights into the carbon skeleton of organic compounds, aiding in distinguishing isomers and supporting H1 NMR data for a complete molecular picture.^[28]Both methods are non-destructive, preserving samples for further analysis, and they can be used on a variety of substances, including small organic molecules, polymers, natural products, and complex biomolecules. The isolated compound from the aqueous extract of leaves of *Phaseolus vulgaris* Linn. shows the δ values in parts per million (ppm).^{[29],[30]}Fig: 4 and Fig: 5 represent the NMR and C13 spectra of the isolated compound. Table 1 and Table 2 represent the analysis of 1H and C13 NMR data for a separated compound.

There exists a close match between the chemical shift value produced for an isolated compound and the chemical shift values that exist in the literature. Therefore, it is verified that the isolated substance is rutin.

D2O Exchange NMR;

This method identifies and separates exchangeable protons in hydroxyl, amine, and amide groups by replacing them with deuterium from D2O. This alters or removes the signals in the proton NMR spectrum, providing clear evidence of the presence and environment of these functional groups. This method considerably improves structural elucidation, which is necessary to precisely ascertain the molecular structure and dynamics of complex natural products, by verifying the positions of exchangeable protons.^{[31],[32]}

In D₂O Exchange NMR, signals at δ 12.60, 10.84–10.86, 9.68–9.74, 9.16–9.19, 5.29–5.35, 5.07–5.16, and 4.35–4.55 disappeared, indicating that these are exchangeable protons of hydroxyl groups. Thus, the identity of the isolated compound as rutin has been verified.

DEPT-135 NMR

This method simplifies the interpretation of complex spectra and aids in accurately estimating molecular structures by clearly revealing the carbon-hydrogen framework, which is critical for comprehending the overall architecture and functional group distribution inside a molecule.^[32]Fig: 6 represents the DEPT-135 NMR spectra. The DEPT-135 spectra show CH/CH₃carbon has a positive peak while CH₂carbon has a negative peak.DEPT spectra provide insight into the environments of the various carbon atom types found in the intricate structure. The DEPT-135 NMR data analysis of an isolated compound is shown in Table 3.

DISCUSSION

Sephadex LH-20 comes in particle sizes ranging from 20 to 80 microns, impacting chromatographic resolution and flow rate. It efficiently separates substances with molecular weights up to several thousand Daltons, making it ideal for purifying peptides and small organic molecules. Sephadex LH-20 enables high-resolution separations that are important for isolating closely related compounds or isomers. Furthermore, it is easy to use because it can be packed into different column sizes depending on the scale of separation required, from analytical to preparative.Sephadex LH-20 is useful for the purification and analysis of natural products and other small chemicals in various scientific fields due to its versatility, solvent compatibility, high resolution, and ease of use.[33],[34]

The substance purified using a Sephadex LH-20 column was further purified to a level of over 95% using preparative HPLC. Preparative HPLC is an indispensable method in chemistry and biochemistry for isolating and purifying specific chemicals from complex mixtures. It is vital for producing the pure molecules required for pharmaceutical development, research, and various industrial applications due to its high resolution, accuracy, and ability to handle large numbers of samples. Preparative HPLC ensures the purity and effectiveness of chemicals used in biochemical research, pharmaceutical formulations, and synthetic chemical processes by effectively separating target molecules from contaminants.





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Rutin has unique 1H NMR spectrum features. The 1H NMR spectrum, which is usually recorded in DMSO-d6, has several signals between δ 6.0 and 8.0 ppm, which are characteristic of the aromatic protons on the flavonoid rings. δ 4.5 to 5.35 ppm gives a signal from anomeric protons in rhamnose. The chemical shift values δ 3.00 ppm to 4.5 ppm givea signal from the remaining protons from glucose and rhamnose sugar. According to D2O exchange NMR, the chemical shift from δ 9.00 ppm to 12.00 ppm gives signals from protons of exchangeable hydrogen atoms of the hydroxyl group. The DEPT-135 spectra give information about the carbon-hydrogen relationship in the complex structure. There are tenquaternary, fourteen –CH, one –CH₂and one –CH₃carbonatoms present. This information helps to establish the structure of rutin.

CONCLUSION

To the best of our knowledge, isolation of rutin has not been done yet from an aqueous extract of the leaves of *Phaseolus vulgaris* Linn.Other names for rutin include rutoside, quercetin-3-rutinoside, and sophorin.^[22]Rutin is one of the many health advantages of flavonoid glycosides; it is notable for its historical and modern importance. Due to its well-established health benefits, it is used in both conventional and modern medicine.[35]Rutin, a substance with a wide range of pharmacological characteristics, has gained lots of attention because of its anti-inflammatory, anticarcinogenic, and antioxidant effects on the cardiovascular system.[22],[36] The study provides a reliable method for producing high-purity rutin and outlines a strategy to ensure the consistency and reliability of the substance for future pharmacological and biological research. It emphasizes the importance of accurate characterization. The results of this study will contribute to standardizing methods for characterizing and isolating rutin, making it easier to use in various scientific and medical fields. In the future, advances in green chemistry, biotechnology, nanotechnology, and extraction technologies will greatly benefit the isolation of rutin from aqueous extracts. These developments will significantly expand the use of rutin in functional foods, medications, and cosmetics, while also improving its sustainability and extraction efficiency. To fully realize the potential of rutin as a highly valued natural commodity, it is necessary to prioritize environmentally friendly techniques and cutting-edge technologies.

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| Atom Number | Chemical shifts (ð ppm) | Chemical shifts (8 ppm) | No. of |
|------------------------------|-------------------------|-------------------------|---------|
| (Position) | observed | Literature | protons |
| OH-5 | 12.60 (s) | 12.75 (s) | 1 |
| H (6) | 6.19 – 6.20 (s) | 6.1 – 6.2 (s) | 1 |
| OH-7 | 10.84 – 10.86 (d) | 10.75 | 1 |
| H (8) | 6.38 - 6.40 (d) | 6.3 - 6.4 | 1 |
| H (2′) | 7.52 – 7.55 (s) | 7.5 | 1 |
| OH- 3' | 9.68 – 9.74 (d) | 9.75 | 1 |
| OH-4′ | 9.16 – 9.19 (d) | 9.25 | 1 |
| H (5′) | 6.81 – 6.85 (d) | 6.75 | 1 |
| H (6′) | 7.64 – 7.67 (d) | 7.5 | 1 |
| H (1''), OH-2'' | 5.29 – 5.35 (m) | 5.25 - 5.35 | 2 |
| H (2'' – 6''), H(2'''- 5''') | 3.06 – 3.72 (m) | 3.0 - 4.0 | 10 |
| OH-3'', OH-4'' | 5.07 – 5.16 (m) | 5.0 - 5.1 | 2 |
| H (1''') | 4.40 – 4.41 (d) | 4.9 | 1 |
| OH-2''', OH-3''', OH-4''' | 4.35 – 4.55 (m) | 4.0 - 4.5 | 3 |
| H (6''') | 0.98 – 1.07 (d) | 0.8 - 1.0 | 3 |

Table 1: 1H NMR data analysis of a compound isolated from the aqueous extract of the leaves of *Phaseolus* vulgaris Linn. (ppm- Parts Per Million)





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Table 2: 13C-NMR data analysis of an isolated compound from the aqueous extract of the leaves of *Phaseolus* vulgaris Linn. (ppm- Parts Per Million)

| Atom Number | Chemical shifts (δ ppm) | Chemical shifts (δ ppm) | No. of |
|-------------|-------------------------|-------------------------|---------|
| (Position) | observed | Literature | Carbons |
| C (2) | 156.61 | 157.1 | 1 |
| C (3) | 133.29 – 133.48 | 133.7 | 1 |
| C (4) | 177.41 | 177.8 | 1 |
| C (5) | 161.21 | 161.6 | 1 |
| C (6) | 99.98 | 99.1 | 1 |
| C (7) | 164.07 – 164.12 | 164.5 | 1 |
| C (8) | 93.57 | 94.1 | 1 |
| C (9) | 156.34 - 156.42 | 156.9 | 1 |
| C (10) | 103.90 - 103.96 | 104.4 | 1 |
| C (1') | 121.05 – 121.16 | 121.6 | 1 |
| C (2′) | 115.97 | 115.7 | 1 |
| C (3′) | 144.75 - 144.82 | 145.2 | 1 |
| C (4') | 148.41 - 148.50 | 148.8 | 1 |
| C (5′) | 116.25 | 116.7 | 1 |
| C (6′) | 121.94 | 122.1 | 1 |
| C (1'') | 101.99 | 101.6 | 1 |
| C (2'') | 74.06 | 74.5 | 1 |
| C (3'') | 76.43 | 76.9 | 1 |
| C (4'') | 71.09 | 71.0 | 1 |
| C (5'') | 75.90 | 76.3 | 1 |
| C (6'') | 67.01 | 67.4 | 1 |
| C (1''') | 101.16 | 101.2 | 1 |
| C (2''') | 70.54 - 70.60 | 70.8 | 1 |
| C (3''') | 70.36 - 70.43 | 70.4 | 1 |
| C (4''') | 71.82 - 71.91 | 72.3 | 1 |
| C (5''') | 68.28 | 68.7 | 1 |
| C (6''') | 17.74 - 17.93 | 18.7 | 1 |

 Table 3:DEPT NMR data analysis of an isolated compound from the aqueous extract of the leaves of Phaseolus vulgaris Linn. (ppm- Parts Per Million)

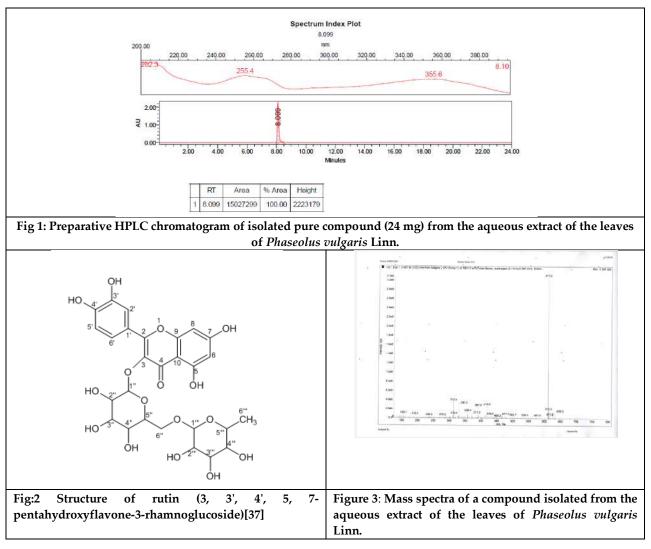
| Atom Number (Position) | Chemical shifts (δ ppm) | Nature of Carbon |
|------------------------|---------------------------------|------------------|
| C (2) | 156.61 | Quaternary |
| C (3) | 133.29 - 133.48 | Quaternary |
| C (4) | 177.41 | Quaternary |
| C (5) | 161.21 | Quaternary |
| C (6) | 99.98 | -CH |
| C (7) | 164.07 - 164.12 | Quaternary |
| C (8) | 93.57 | -CH |
| C (9) | 156.34 - 156.42 | Quaternary |
| C (10) | 103.90 - 103.96 | Quaternary |
| C (1') | 121.05 - 121.16 | Quaternary |
| C (2′) | 115.98 | -CH |
| C (3′) | 144.75 - 144.82 | Quaternary |





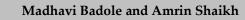
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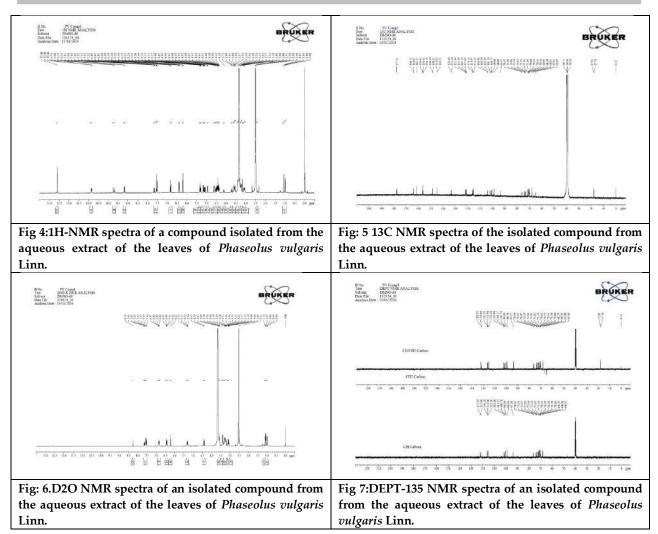
| C (4') | 148.41 - 148.50 | Quaternary |
|----------|-----------------|------------------|
| C (5') | 116.26 | -CH |
| C (6') | 121.95 | -CH |
| C (1'') | 102.00 | -CH |
| C (2'') | 74.07 | -CH |
| C (3'') | 76.43 | -CH |
| C (4'') | 71.10 | -CH |
| C (5'') | 75.91 | -CH |
| C (6'') | 67.00 | -CH ₂ |
| C (1''') | 101.17 | -CH |
| C (2''') | 70.55 - 70.62 | -CH |
| C (3''') | 70.38 - 70.44 | -CH |
| C (4''') | 71.83 - 71.92 | -CH |
| C (5''') | 68.29 | -CH |
| C (6''') | 17.76 – 17.95 | -CH ₃ |















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RESEARCH ARTICLE

A Fractional Order Study of the Type 2 Diabetes Model using the Sumudu Transform Method

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ABSTRACT

Elevated blood sugar levels serve as prominent indicators of type 2 diabetes, a chronic metabolic condition that poses significant health risks. Genetic predisposition, sedentary lifestyle, poor dietary choices, obesity, and advancing age are among the primary risk factors associated with the development of this disease. Unlike type 1 diabetes, which typically manifests during childhood, type 2 diabetes is characterized by insulin resistance and tends to appear later in life. This paper presents a pioneering mathematical framework for type 2 diabetes (T2D), expanding upon the established SATLP epidemic model. The proposed model categorizes the population into five groups: susceptible individuals (S(t)), affected individuals (A(t)), those under treatment (T(t)), adherents to a healthy lifestyle (L(t)), and those prevented from acquiring the condition (P(t)). In this extended model, we incorporate Caputo's fractional derivative to describe the dynamics of the system, resulting in a set of five fractional differential equations. To obtain approximate analytical solutions for this complex fractional system, we employ the Sumudu transform method (STM), which yields a series solution closely approximating the exact solution. The efficacy of the proposed model is validated through graphical analysis, demonstrating its simplicity and effectiveness in capturing the dynamics of type 2 diabetes. Tables and figures present the results of applying the Sumudu transform method to address the challenges posed by fractional





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derivatives in the SATLP model. Through this innovative framework, our objective is to enhance understanding and facilitate the management of type 2 diabetes, thereby contributing to advancements in the field and offering potential solutions for tackling this widespread health issue.

Keywords: Type 2 diabetes (T2D), SATLP framework, Caputo's fractional derivative, Sumudutrans form method (STM), Mathematical modelling, Numerical simulation.

INTRODUCTION

Type 2 diabetes (T2D) is a chronic illness that affects the manner in which the body uses glucose, an essential energy source. In the ones with type 2 diabetes, the body either produces inadequate insulin to control blood sugar levels or responds to insulin less effectively [1].Properlyimplementing lifestyle changes into practice has been shown to dramatically lower the risk of Type 2 Diabetes. These adjustments include eating a balanced diet that is high in fibre and low in fat, getting more exercise, and minimising sitting to maintain a healthy body weight [2-3].Statistical modelling, which makes use of mathematical approaches to analyse and forecast the distribution and transmission of illnesses within an ecosystem, is the core epidemiological framework used for describing the spread of diseases in a population.Several mathematical models, such as those for COVID-19, Ebola, Zika and Lassa, have been developed to mathematically frame the virus models. These models aid in theunderstanding, prediction, and development of control and prevention efforts for the virus [4-7].In the same way, several mathematical models were developed to assess and decrease the effects of diabetes on individuals [8-9].

A novel mathematical SATLP model is being developed to analyze the impact of a healthy lifestyle on the epidemiology of type 2 diabetes (T2D) by creating a comprehensive model and evaluating the effects of treatment rates and the endemic behavior of T2D [10].In epidemiological settings, the severely nonlinear equations have been solved by a number of analytical techniques. In applied fields, a large number of classical differential equations have been solved with the use of analytical methods like theHomotopy perturbation method(HPM), Adomian decomposition method (ADM), and Akbari-Ganji's method (AGM). Additionally, Sumudu transform method (STM), Laplace Adomian decomposition method(LADM), and HomotopySumudu decomposition method (HSDM) have been used to solve fractional differential equations [11-14].Since standard integer-order derivatives are unable to adequately depict a system's long-term behaviour, mathematicians look to the fractional derivative as a useful tool. Fractional derivatives offer a more thorough insight of the behaviour of the system by handling nonlinear and non-proportional influences [15].Sumudu transformation is a mathematical technique that enables the solution of fractionaldifferential equations by breaking them down into simpler, more manageable forms and it does not need any decomposition or perturbation applications. Each of these simplified equations can be addressed separately, making the problem-solving processmore efficient and effective [16-19].

Themain objective of this paper is to solve the fractional T2D SATLP model using the powerful analytical technique such as Sumudu transform method (STM). Section 2 provides the preliminary definitions of Caputo fractional derivative and STM. Through the application of the Caputo-derivative, the novel mathematical model for type 2 diabetes is converted from highly classical differential equations to fractional differential equations in Section 3. In section 4, we apply the STM to the strongly SATLP fractional model. We show the model's numerical simulation, tables, and graphs for controlling the disease in sections 4 and 5.

PRELIMINARIES

In this section, we define the basic definitions of Caputo-fractional derivative and Sumudu transform method.





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Definition 1: [15]

For $\alpha > 0$, the Caputo-fractional derivative of order α is defined as follows ($m \ge 1$):

$$=\begin{cases} \frac{1}{\Gamma(m-\alpha)} \int_0^x (x-\varepsilon)^{m-\alpha-1} f^{(m)}(\varepsilon) d\varepsilon & m-1 < \alpha < m \\ \frac{d^m}{dx^m} f(x) & \alpha = m \end{cases}$$

Definition 2: [19]

If F(u) is the Sumudu transform of the function f(t), then the Sumudu transform of the Caputo derivative of f(t) of order α is given by

$$S[c_{D^{\alpha}}f(t)] = u^{-\alpha} \left[F(u) - \sum_{k=0}^{n-1} u^k f^{(k)}(0) \right], n-1 < \alpha < n$$

Basic mathematical operations of Sumudu transform**[16]** is given below:

1) S[1] = 12) S[t] = u3) $S[t^{n-1}] = u^{n-1}\Gamma(n), n \in \mathbb{R}^+$

GOVERNING SYSTEM OF EQUATION

The T2D model **[10]**considers a population of individuals as all adults aged20 – 79, which are then divided into five compartments. All adults are assumed to be potentially susceptible S(t) and those in this category with healthy lifestyles are designated as L(t). Adults who are affected are classified as A(t), and once they start treatment, they are called T(t). P(t) is a category for those who prevented or recovered health from T2D.

Thus, the classical differential equations of the type 2 diabetes(T2D) model is given as:

$$\frac{dS}{dt} = b - (\mu + \varepsilon + a)S$$

$$\frac{dA}{dt} = \varepsilon S - (\tau + \mu + \delta_1)A + \gamma L$$

$$\frac{dT}{dt} = \tau A - (\mu + \delta_2)T$$
(1)
$$\frac{dL}{dt} = aS - (\gamma + \mu + \beta)L$$

$$\frac{dP}{dt} = \beta L - \mu P$$
Initial conditions:
$$S(0) = n_1, A(0) = n_2, T(0) = n_3, L(0) = n_4, P(0) = n_5$$
(2)

where the parameter μ represents the natural mortality rate, while *b* represents the birth rate. The parameters ε and γ symbolize the diabetes rates from the susceptible and healthy lifestyle compartments, respectively. The parameter τ represents the treatment rate, while *a* denotes the rate of susceptible adults maintaining a healthy lifestyle. Finally, β represents the rate at which the healthy lifestyle population transitions to the prevented class. Adults can die from diabetes-related complications in the *A*(*t*) and *T*(*t*) classes at rates δ_1 and δ_2 , respectively.

We reformulate the classical differential equations (1) using the Caputo derivative to obtain a system of fractional ODEs as follows:

 $c_{D^{\alpha_1}S} = b - (\mu + \varepsilon + a)S$ $c_{D^{\alpha_2}A} = \varepsilon S - (\tau + \mu + \delta_1)A + \gamma L$ $c_{D^{\alpha_3}T} = \tau A - (\mu + \delta_2)T$ $c_{D^{\alpha_4}L} = aS - (\gamma + \mu + \beta)L$ $c_{D^{\alpha_5}P} = \beta L - \mu P$ (3)

Where $c_{D^{\alpha}}$ is the Caputo's derivative of fractional order and α is the fractional time derivative





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ANALYTICAL EXPRESSION OF TYPE 2 DIABETES MODEL USING SUMUDU TRANSFORM METHOD (STM)

In this section, we apply Sumudu transform method for the fractional type 2 diabetes(T2D) model. Taking Sumudu transform for the system (3) with corresponding initial conditions (2), we obtain: $S(t) = n_1 + S^{-1}[u^{\alpha_1}S[b - (u + \varepsilon + \alpha)S]]$

$$S(t) = n_{1} + S^{-1} [u^{\alpha_{1}}S[b - (\mu + \varepsilon + \alpha)S]]$$

$$A(t) = n_{2} + S^{-1} [u^{\alpha_{2}}S[\varepsilon S - (\tau + \mu + \delta_{1})A + \gamma L]]$$

$$T(t) = n_{3} + S^{-1} [u^{\alpha_{3}}S[\tau A - (\mu + \delta_{2})T]]$$

$$L(t) = n_{4} + S^{-1} [u^{\alpha_{4}}S[\alpha S - (\gamma + \mu + \beta)L]]$$

$$P(t) = n_{5} + S^{-1} [u^{\alpha_{5}}S[\beta L - \mu P]]$$
(4)

The general term of the T2D model is given in equation (5)

$$\begin{split} \sum_{n=0}^{\infty} S_{n+1}(t) &= n_1 + S^{-1} \Big[u^{\alpha_1} S[b - (\mu + \varepsilon + a) \sum_{n=0}^{\infty} S_n] \Big] \\ \sum_{n=0}^{\infty} A_{n+1}(t) &= n_2 + S^{-1} \Big[u^{\alpha_2} S[\varepsilon \sum_{n=0}^{\infty} S_n - (\tau + \mu + \delta_1) \sum_{n=0}^{\infty} A_n + \gamma \sum_{n=0}^{\infty} L_n] \Big] \\ \sum_{n=0}^{\infty} T_{n+1}(t) &= n_3 + S^{-1} \Big[u^{\alpha_3} S[\tau \sum_{n=0}^{\infty} A_n - (\mu + \delta_2) \sum_{n=0}^{\infty} T_n] \Big] \end{split}$$
(5)
$$\begin{split} \sum_{n=0}^{\infty} L_{n+1}(t) &= n_4 + S^{-1} \Big[u^{\alpha_4} S[a \sum_{n=0}^{\infty} S_n - (\gamma + \mu + \beta) \sum_{n=0}^{\infty} L_n] \Big] \\ \sum_{n=0}^{\infty} P_{n+1}(t) &= n_5 + S^{-1} \Big[u^{\alpha_5} S[\beta \sum_{n=0}^{\infty} L_n - \mu \sum_{n=0}^{\infty} P_n] \Big] \end{split}$$

The solutions for *S*, *A*, *T*,*L*,and Pindividuals can be expressed as infinite series, and since the initial conditions are given as: $S_0 = n_1$, $A_0 = n_2$, $T_0 = n_3$, $L_0 = n_4$, $P_0 = n_5$. When n = 0, on comparing both side from the system of equation (5), we obtain:

$$S_{1} = S^{-1} [u^{\alpha_{1}}S[b - (\mu + \varepsilon + a)S_{0}]] = (b - (\mu + \varepsilon + a)n_{1})\frac{t^{\alpha_{1}}}{\Gamma(\alpha_{1} + 1)}$$

$$A_{1} = S^{-1} [u^{\alpha_{2}}S[\varepsilon S_{0} - (\tau + \mu + \delta_{1})A_{0} + \gamma L_{0}]] = (\varepsilon n_{1} - (\tau + \mu + \delta_{1})n_{2} + \gamma n_{4})\frac{t^{\alpha_{2}}}{\Gamma(\alpha_{2} + 1)}$$

$$T_{1} = S^{-1} [u^{\alpha_{3}}S[\tau A_{0} - (\mu + \delta_{2})T_{0}]] = (\tau n_{2} - (\mu + \delta_{2})n_{3})\frac{t^{\alpha_{3}}}{\Gamma(\alpha_{3} + 1)}$$

$$L_{1} = S^{-1} [u^{\alpha_{4}}S[aS_{0} - (\gamma + \mu + \beta)L_{0}]] = (an_{1} - (\gamma + \mu + \beta)n_{4})\frac{t^{\alpha_{4}}}{\Gamma(\alpha_{4} + 1)}$$

$$P_{1} = S^{-1} [u^{\alpha_{5}}S[\beta L_{0} - \mu P_{0}]] = (\beta n_{4} - \mu n_{5})\frac{t^{\alpha_{5}}}{\Gamma(\alpha_{5} + 1)}$$
(6)

When n = 1, on comparing both side from the system of equation (5), we obtain:

$$S_{2} = S^{-1} [u^{\alpha_{1}}S[b - (\mu + \varepsilon + a)S_{1}]] = b \frac{t^{\alpha_{1}}}{\Gamma(\alpha_{1} + 1)} - (\mu + \varepsilon + a)(b - (\mu + \varepsilon + a)n_{1}) \frac{t^{2\alpha_{1}}}{\Gamma(2\alpha_{1} + 1)}$$

$$A_{2} = S^{-1} [u^{\alpha_{2}}S[\varepsilon S_{1} - (\tau + \mu + \delta_{1})A_{1} + \gamma L_{1}]]$$

$$= \varepsilon (b - (\mu + \varepsilon + a)n_{1}) \frac{t^{\alpha_{1} + \alpha_{2}}}{\Gamma(\alpha_{1} + \alpha_{2} + 1)} - (\tau + \mu + \delta_{1})(\varepsilon n_{1} - (\tau + \mu + \delta_{1})n_{2} + \gamma n_{4}) \frac{t^{2\alpha_{2}}}{\Gamma(2\alpha_{2} + 1)}$$

$$+ \gamma (an_{1} - (\gamma + \mu + \beta)n_{4}) \frac{t^{\alpha_{4} + \alpha_{2}}}{\Gamma(\alpha_{4} + \alpha_{2} + 1)}$$

$$T_{2} = S^{-1} [u^{\alpha_{3}}S[\tau A_{0} - (\mu + \delta_{2})T_{0}]] = \tau (\varepsilon n_{1} - (\tau + \mu + \delta_{1})n_{2} + \gamma n_{4}) \frac{t^{\alpha_{3} + \alpha_{2}}}{\Gamma(\alpha_{3} + \alpha_{2} + 1)} - (\mu + \delta_{2})(\tau n_{2} - (\mu + \delta_{2})n_{3}) \frac{t^{2\alpha_{3}}}{\Gamma(2\alpha_{3} + 1)}$$

$$(7)$$

$$T_{2} = S^{-1} [u^{\alpha_{3}}S[\tau A_{0} - (\mu + \delta_{2})T_{0}]] = \tau (\varepsilon n_{1} - (\tau + \mu + \delta_{1})n_{2} + \gamma n_{4}) \frac{t^{\alpha_{3} + \alpha_{2}}}{\Gamma(\alpha_{3} + \alpha_{2} + 1)} - (\mu + \delta_{2})(\tau n_{2} - (\mu + \delta_{2})n_{3}) \frac{t^{2\alpha_{3}}}{\Gamma(2\alpha_{3} + 1)}$$

$$L_{2} = S^{-1} \left[u^{\alpha_{4}} S[aS_{0} - (\gamma + \mu + \beta)L_{0}] \right] = a(b - (\mu + \varepsilon + a)n_{1}) \frac{t^{\alpha_{1} + \alpha_{4}}}{\Gamma(\alpha_{1} + \alpha_{4} + 1)} - (\gamma + \mu + \beta)(an_{1} - (\gamma + \mu + \beta)n_{4}) \frac{t^{\alpha_{1} + \alpha_{4}}}{\Gamma(2\alpha_{4} + 1)}$$

$$P_2 = S^{-1} \left[u^{\alpha_5} S[\beta L_0 - \mu P_0] \right] = \beta (an_1 - (\gamma + \mu + \beta)n_4) \frac{t^{\alpha_4 + \alpha_5}}{\Gamma(\alpha_4 + \alpha_5 + 1)} - \mu (\beta n_4 - \mu n_5) \frac{t^{2\alpha_5}}{\Gamma(2\alpha_5 + 1)}$$





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Proceeding like this, one can get

$$S(t) = S_0 + S_1 + S_2 + \cdots$$

$$A(t) = A_0 + A_1 + A_2 + \cdots$$

$$T(t) = T_0 + T_1 + T_2 + \cdots$$

$$L(t) = L_0 + L_1 + L_2 + \cdots$$

$$P(t) = P_0 + P_1 + P_2 + \cdots$$

The approximate analytical expressions of fractional type 2 diabetes (T2D) model is obtained by adding the equations (2), (6) and (7):

$$S(t) = n_{1} + (b - (\mu + \varepsilon + a)n_{1})\frac{t^{\alpha_{1}}}{\Gamma(\alpha_{1} + 1)} + b\frac{t^{\alpha_{1}}}{\Gamma(\alpha_{1} + 1)} - (\mu + \varepsilon + a)(b - (\mu + \varepsilon + a)n_{1})\frac{t^{2\alpha_{1}}}{\Gamma(2\alpha_{1} + 1)}$$

$$A(t) = n_{2} + (\varepsilon n_{1} - (\tau + \mu + \delta_{1})n_{2} + \gamma n_{4})\frac{t^{\alpha_{2}}}{\Gamma(\alpha_{2} + 1)} + \varepsilon(b - (\mu + \varepsilon + a)n_{1})\frac{t^{\alpha_{1} + \alpha_{2}}}{\Gamma(\alpha_{1} + \alpha_{2} + 1)} - (\tau + \mu + \delta_{1})(\varepsilon n_{1} - (\tau + \mu + \delta_{1})n_{2} + \gamma n_{4})\frac{t^{2\alpha_{2}}}{\Gamma(2\alpha_{2} + 1)} + \gamma(an_{1} - (\gamma + \mu + \beta)n_{4})\frac{t^{\alpha_{4} + \alpha_{2}}}{\Gamma(\alpha_{4} + \alpha_{2} + 1)}$$

$$T(t) = n_{3} + (\tau n_{2} - (\mu + \delta_{2})n_{3})\frac{t^{\alpha_{3}}}{\Gamma(\alpha_{3} + 1)} + \tau(\varepsilon n_{1} - (\tau + \mu + \delta_{1})n_{2} + \gamma n_{4})\frac{t^{\alpha_{3} + \alpha_{2}}}{\Gamma(\alpha_{3} + \alpha_{2} + 1)} - (\mu + \delta_{2})(\tau n_{2} - (\mu + \delta_{2})n_{3})\frac{t^{2\alpha_{3}}}{\Gamma(2\alpha_{3} + 1)}$$

$$(8)$$

$$L(t) = n_4 + (an_1 - (\gamma + \mu + \beta)n_4) \frac{t^{\alpha_4}}{\Gamma(\alpha_4 + 1)} + a(b - (\mu + \varepsilon + a)n_1) \frac{t^{\alpha_1 + \alpha_4}}{\Gamma(\alpha_1 + \alpha_4 + 1)} - (\gamma + \mu + \beta)(an_1 - (\gamma + \mu + \beta)n_4) \frac{t^{2\alpha_4}}{\Gamma(2\alpha_4 + 1)}$$
$$P(t) = n_5 + (\beta n_4 - \mu n_5) \frac{t^{\alpha_5}}{\Gamma(\alpha_5 + 1)} + \beta(an_1 - (\gamma + \mu + \beta)n_4) \frac{t^{\alpha_4 + \alpha_5}}{\Gamma(\alpha_4 + \alpha_5 + 1)} - \mu(\beta n_4 - \mu n_5) \frac{t^{2\alpha_5}}{\Gamma(2\alpha_5 + 1)}$$

NUMERICAL SIMULATION AND DISCUSSION

In this section, the fractional model for type 2 diabetes was numerically solved in order to analyse and control the disease. For the period 2 diabetes model that is taken into consideration in the Caputo-sense, STM is successfully applied. To facilitate the simulations of S, A, T, L and P individuals, the parameter values provided in Table 1 and initial conditions S(0) = 20, A(0) = 10, T(0) = 5, L(0) = 5, P(0) = 5 are included in the process. The fractional SATLP type 2 diabetes model, illustrated in Figures 1, 2, 3, 4, and 5, exhibits an enhanced level of flexibility for a standard initial timeframe of one year and yields distinct outcomes from the different fractional order α responses within the model. By altering the values of $\alpha = 0.7, 0.8, 0.9, 1$, it is discovered that a better result is obtained. It provides a more effective way to reach the desired level for illness control. In Figure 1 and 2, susceptible class S(t) and affected class A(t) increases as the fractional values increase, but in Figure 3, treated class T(t) decrease as the fractional values increase. Likewise, in Figure 4 and 5, healthy lifestyle class L(t) and prevented class P(t) also decreases as the fractional values increase.

As the fractional values decreases from $\alpha = 1$, the solution converges towards a steady state, which suggests that the solution will become more efficient with lower fractional values. Subsequently, to assess the accuracy of the solution, a comparison was conducted between the fourth-order Runge-kutta method (RK4) for classical derivative model (1) and the approximate analytical solutions acquired through the Sumudutransform method. The effectiveness of the Sumudutransform method isdemonstrated through the convergence of the values to the exact solution in integer order for fixing the fractional time derivative $\alpha = 1$ in equation (8), along with the given parameters is derived in equations (9-13),





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|-------|--------|--|

| $S(t) = 20 - 5.8740t + 1.155460500t^2$ | (9) |
|---|------|
| $A(t) = 10 - 3.0980t + 0.5519012000t^2$ | (10) |
| $T(t) = 5 + 5.5710t - 0.9191959000t^2$ | (11) |
| $L(t) = 5 + 2.1810t - 1.046223900t^2$ | (12) |
| $P(t) = 5 + 1.4310t + 0.3172761000t^2$ | (13) |

and its accuracy with RK4are shown in Tables (2-5) for the different time intervals*t* = 0.1, 0.5, 1 in T2D model. Moreover, as depicted in Figure 6, it's evident that the initial peak of affected individuals A(t) occurred within a two-year period. This surge was attributed to an increase in adults transitioning from the susceptible class ε , coupled with a slower treatment rate τ . However, this number subsequently declined as the treatment rate τ increased and the rate of adults becoming affected from the susceptible class ε decreased, as demonstrated in Figures 7 and 8. The primary strategy to mitigate the progression of T2D is to prioritize extensive treatment or to maintain a healthy lifestyle.

CONCLUSION

The primary focus of this paper revolves around obtaining the approximate analytical solution for the fractional model of type 2 diabetes (T2D) using the Sumudu transform method (STM). By varying the fractional time derivative α , we observe a range of outcomes and enhanced flexibility in this model, offering a greater degree of freedom compared to classical models. A thorough comparison is conducted between the analytical solution obtained and RK4. The findings indicate a satisfactory level of agreement for the specified parameter values, thus underscoring the efficacy of STM in handling fractional nonlinear equations. Visual representations and tables are employed to effectively illustrate the method's efficiency and to analyze the disease. Moreover, a healthy lifestyle and prompt therapy can delay or prevent the development of T2D, slow down its progression, and reduce its symptoms through appropriate control strategies and therapies.

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Table 1: Values of the parameters in type 2 diabetes(T2D) model

| Parameters | Values |
|------------|--------|
| b | 0.621 |
| μ | 0.0138 |
| ε | 0.142 |
| τ | 0.565 |
| β | 0.3 |
| а | 0.2 |
| γ | 0.05 |
| δ_1 | 0.04 |
| δ_2 | 0.002 |

Table 2: Comparison of Eq. (9) with the RK4 simulation for Susceptible classS(t).

| $\alpha = 1$ | | |
|--------------|-------------|-------------|
| t | STM | RK4 |
| 0.1 | 19.42415460 | 19.36191562 |
| 0.5 | 17.35186512 | 17.02496375 |
| 1 | 15.28146050 | 15.03482000 |

Table 3: Comparison of Eq. (10) with the RK4 simulation for Affected classA(t).

| $\alpha = 1$ | | |
|--------------|-------------|-------------|
| t | STM | RK4 |
| 0.1 | 9.695719012 | 9.695638062 |
| 0.5 | 8.588975300 | 8.579918812 |
| 1 | 7.453901200 | 7.38576100 |





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Table 4: Comparison of Eq. (11) with the RK4 simulation for Treated class T(t).

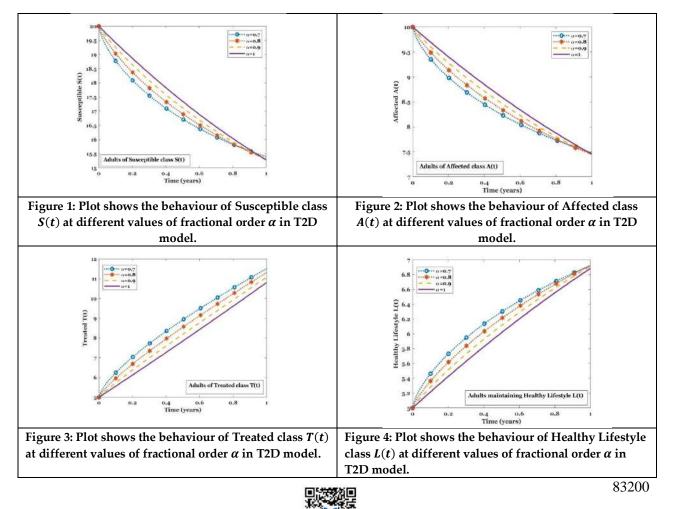
| $\alpha = 1$ | | |
|--------------|-------------|-------------|
| t | STM | RK4 |
| 0.1 | 5.547908041 | 5.548020915 |
| 0.5 | 7.555701025 | 7.568671625 |
| 1 | 9.651804100 | 9.75044600 |

Table 5: Comparison of Eq. (12) with the RK4 simulation for Healthy lifestyle class L(t).

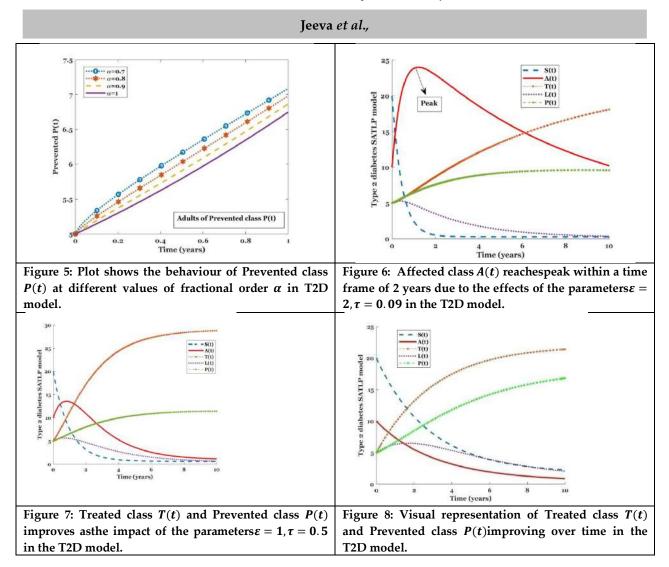
| $\alpha = 1$ | | |
|--------------|-------------|-------------|
| t | STM | RK4 |
| 0.1 | 5.207637761 | 5.207847479 |
| 0.5 | 5.828944025 | 5.852924375 |
| 1 | 6.134776100 | 6.31529000 |

Table 6: Comparison of Eq. (13) with the RK4 simulation for Prevented class P(t).

| lpha = 1 | | |
|----------|-------------|------------|
| t | STM | RK4 |
| 0.1 | 5.146272761 | 5.14616002 |
| 0.5 | 5.794819025 | 5.78241250 |
| 1 | 6.748276100 | 6.65620000 |











RESEARCH ARTICLE

Tannins Analysis from *Rubus fructicosus* Root Extract using High Performance Thin Layer Chromatography for Antidiarrheal Activity

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ABSTRACT

Rubus fructicosus widely used for its pharmacological properties. Considering to known data *R. fructicosus* has the potential to improve health through its antibacterial, antioxidant, neuropharmacological, and DNA damage protective properties. The purpose of the current investigation was to determine anti-diarrheal effect of *R. fructicosus* root extract. Phytoconstitutents present in root analyzed using HPTLC for phytochemical identification and quantification. Tablets were formulated using the direct compression method. Castor oil induced diarrhea model mice were divided into normal control, disease control, marketed ,extract and formulation. Each group containing sixswiss albino mice each. Tablets were evaluated for weight variation, friability, hardness, disintegration time , In vitro dissolution found to be in limit. Among formulation F6 batch shown good drug release as compared to other formulations. High Performance Thin Layer Chromatography (HPTLC) shown the presence of gallic acid 0.68 ng in extract and 0.43 ng in formulation. With the help of HPTLC the presence and quantification of tannin was identified and shown the promising antidiarrheal activity when compared with reference.

Keywords R. fructicosus, HPTLC, Tannins, Castor oil, Antidiarrheal.





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INTRODUCTION

Medicinal plants are vital to human survival and the maintenance of good health because they contain bioactive phytochemicals. *Rubus fructicosus*, more recognisable as the blackberry, is a member of the Rosaceae family. In Hindi, it is also referred to as Kaala jamun. Plant leaves and roots are traditional home treatments for anaemia, irregular menstruation, diarrhoea, and dysentery (1). The roots, which have a long-standing antidiarrheal effect, include tannins and saponin as phytoconstituents (2). High-performance thin-layer chromatography (HPTLC) is a more advanced version of thin-layer chromatography (TLC) since it produces data with a high level of accuracy and precision (3). The current work was carried out to use the HPTLC technique to analyze the phytochemicals present in a *Rubus fructicosus* root extract and to evaluate antidiarrheal activity of extract and formulation.

Objectives

Analysis of phytoconstituents present in root extract using HPTLC. Evaluation of antidiarrheal activity of extract and formulation.

MATERIALS AND METHODS

Plant Rubus fructicosus root extract. HPTLC Chemicals and solvents : Methanol , Distilled Water, Toluene , Ethyl acetate , Formic acid.

Working Standard

Pure Drug.

Preparation of Standard Solution

Weigh an accurately 10mg of Gallic Acid and transfer into 10 ml of volumetric flask. Dissolved in 5 ml methanol and sonicate for 10 min and made up volume up to 10 ml by using methanol to obtain 1000 ug/ml. From this stock solution inject 0.4ul.

Chromatographic Conditions

Chromatographic conditions are as follows:

Stationary phase: precoated silica gelHPTLC aluminium plates (10×10 cm, 0.2 mmthick). Mobile phase: Toluene : Ethyl acetate : Formic acid : Methanol (4:3:2:1). Saturation time: 15 minutes. Wavelength: 271 nm.

The HPTLC analysis was performed in an air conditioned room maintained at 22°C and 55% humidity using precoated silica gel aluminium backed plates (10×10 cm, 0.2 mm layer thickness. 0.4μ L of the standard solutions of Gallic acid were spotted using a Linomat autosampler fitted with a 100 μ m Hamilton syringe and operated with settings of a band length. The plates were developed to a distance using toluene : ethyl acetate : formic acid: methanol (4: 3: 2 : 1 v/v) mobile phase in CAMAG twin trough chamber pre saturated with mobile phase. The developed plates were air dried and scanned with a CAMAG TLC Scanner equipped with winCATS planar chromatography software that was used for spectra recording, and data processing.





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Standard Calibration Curve for gallic acid and linearity

From 1000ug/ml stock solution 100 to 600 ng/band was applied on HPTLC plate. The plate was developed and scanned as per the chromatographic condition mentioned. The peak areas were recorded. Calibration curve of Gallic acid was prepared by plotting peak area versus concentration.

Preparation of conventional tablets

Direct compression procedure: To achieve homogeneous mixing, all the formulation's constituents were sieved through sieve no.25 and mixed in a mortar pestle. The pre-compression properties of the mixed powder were then assessed. Additionally, this blended powder was compacted into tablets using a tablet compression machine and an 8mm flat punch. The parameters for post-compression evaluation for further punched tablets were assessed.

Antidiarrheal activity castor oil-induced diarrhea method Castor Oil Induced Diarrhea Model

30 Swiss albino mice of either sex will deprive of food for 18 hours with free access to water and will divide randomly into five groups each containing 3 mice, as mentioned below. Group I as Normal Control Distilled water 10ml/kg (p.o) Group II as Disease Control Castor oil 0.5 ml of (p. o) . Group III as Marketed Loperamide 3mg/kg (p. o) . Group IV as Root Extract 400 mg/kg (p. o). Group V as formulation 200 mg/kg (p. o) .The animals were placed individually into cages in which the floor was lined with transparent paper for the collection of fecal matter. The transparent paper was changed every hour for a total of 4 hours. The mice was then removed from their cages and the weight of feces obtained by subtracting the weight of filter paper from the weight of feces and filter paper. The onset of diarrhea, the number of wet stools, the total number, and the total weight of fecal output noted. Finally, the percentage of diarrheal inhibition, as well as the percentage of the weight of total fecal output, calculated by using the following formula: percentage of diarrheal inhibition = mean number of wet stools (control group – treated group)/mean number of wet stools of the control group x 100 (4,5). *Grouping of Animals*

Tablet Evaluation

Pre-compression study was evaluated for six batches Bulk density, Tapped density, Compressibility index,

RESULT AND DISCUSSION

Characterization by HPTLC : Linearity of Standard Gallic Acid

Tablet Evaluation

Pre-compression study was evaluated for six batches Bulk density, Tapped density, Compressibility index, Hausner's, Ratio and ,Angle of repose (6). Post compression study was evaluated for Appearance, Hardness, Thickness, Friability, Uniformity of weight, Disintegration, In vitro dissolution (7-11). Hausner's Ratio and Carr's Index (%) shows excellent property. Angle of repose shows good property. All six formulations were found to have hardness values between 4 and 4.5 kg/cm2. Friability was determined to be between 0.5% and 0.6%, while the thickness was found to be between 3.60 and 3.62 mm. There was a weight variation of 185.1 mg to 217.9 mg. Conventional tablets were found to disintegrate in less than 15 minutes. F6 has shown good drug release as compared to other batches.

Stool weight

Stool weight in Water treated group was found to be 86.88 ± 4.21 mg. Treatment with castor oil. significantly (P<0.001) increased the stool weight and the stool weight was found to be 189.66 ± 33.49 mg. Treatment with Loperamide, Extract and formulation significantly (P<0.001) reduced the stool weight as compared to the standard treatment and the stool weight was found to be 101.95 ± 2.21 mg, 134.73 ± 4.16 and 139.31 ± 3.37 mg respectively.





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CONCLUSION

Characterization and Quantification of Gallic acid was performed using HPTLC. Tablets were prepared using different ratios of excipients. A total of 6 formulations were formulated and evaluated. The bulk density, tap density, angle of repose, carr's index and hausner ratio for the powder was determined and the results were found to be within limit for all formulations. Tablets were prepared by direct compression method. These formulations were evaluated for hardness, weight variation, friability, drug content, disintegration and in-vitro drug release. Formulation F6 found to be the good formulation. The model used to assess the ant-diarrheal activity include castor-oil induced diarrhea, appeared to act inhibition of diarrhea by reducing the absorption of water from the intestines that lead to the increase in defecation. This is due to the presence of tannins present in *R. fructicosus*. The findings in the present study confirm the anti-diarrheal activity of the root extract and formulation of *R. fructicosus* thus provide the scientific basis for the traditional use of this plant in the treatment of diarrhea and its effects.

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Table 1: Formulation table

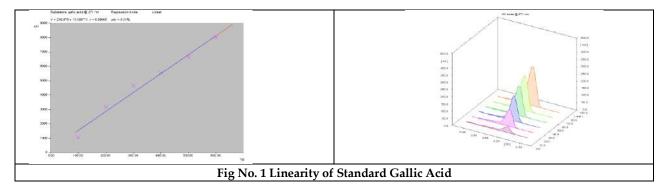
| Ingredients (mg) | F1 | F2 | F3 | F4 | F5 | F6 | Category |
|-------------------------|-----|-----|-----|-----|-----|-----|-------------------|
| Extract | 100 | 100 | 100 | 100 | 100 | 100 | API |
| Lactose | 80 | 80 | 80 | 80 | 80 | 80 | Filler and Binder |
| Magnesium stearate | 3 | 4 | 7 | 6 | 5 | 2 | Lubricant |
| Sodium starch glycolate | 6 | 5 | 2 | 3 | 4 | 7 | Disintegrant |
| Talc | 3 | 3 | 3 | 3 | 3 | 3 | Glidant |
| Potato starch | 8 | 8 | 8 | 8 | 8 | 8 | Binder |
| Total weight | 200 | 200 | 200 | 200 | 200 | 200 | |

Table 2: Castor oil induced diarrhea grouping

| Group no. | Groups | Treatment | No.of Animals Swiss albinomice M/FWt. 25-30g | |
|-----------|-----------------|----------------------------|---|--|
| Ι | Normal Control | Distilledwater10ml/kg(p.o) | 6 | |
| II | Disease Control | 0.5mlofcastoroil(p.o) | 6 | |
| III | Marketed | Loperamide3mg/kg(p.o) | 6 | |
| IV | Root Extract | 400mg/kg(p.o) | 6 | |
| V | Formulation | 200mg/kg(p.o) | 6 | |
| Total=30 | | | | |

Table 3: Quantification of Galllic acid

| Phytoconstituent | Extract | Formulation |
|------------------|---------|-------------|
| Gallic acid | 0.68 ng | 0.43 ng |







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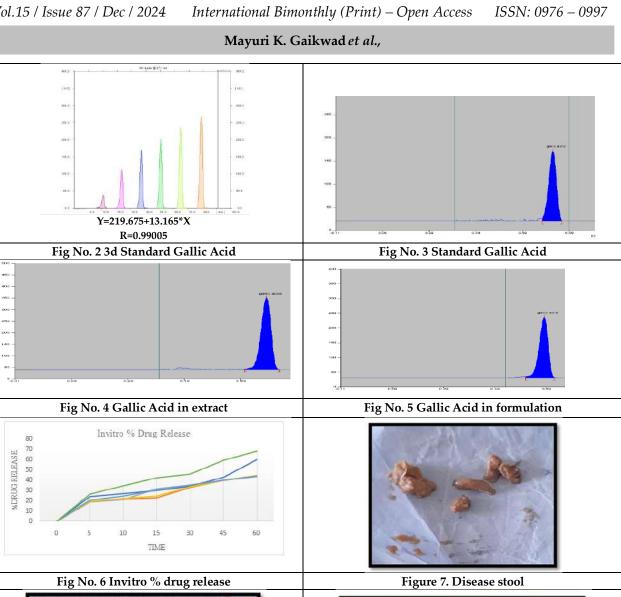


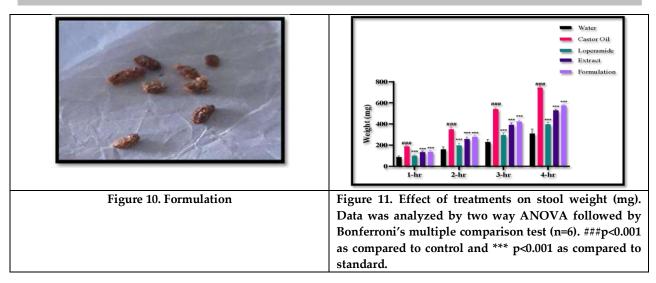
Figure 8.Extract stool

Figure 9. Loperamide





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RESEARCH ARTICLE

Exploring Living and Working Conditions of Migrant Workers in Construction Industry in Karnataka - an Empirical Analysis

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ABSTRACT

The paper analyzes the living and working conditions of migrant workers in Karnataka's construction industry, focusing on their socioeconomic realities and the factors influencing their migration. It aims to investigate the motivations behind these workers decisions to seek employment in this sector, particularly examining the economic conditions in their places of origin, local job opportunities, and the potential for increased wages. The study evaluates the living conditions of these workers, highlighting critical aspects such as health, housing, and economic well-being. Many migrant workers face significant challenges, including inadequate housing, poor sanitation, and limited access to healthcare, which adversely affect their quality of life. The research explores existing policies aimed at improving the living and working conditions of migrant workers, assessing their effectiveness and identifying gaps in implementation. The study identifies challenges faced by migrant workers, including social isolation, exploitation, and lack of access to essential services. By employing a mixed-methods approach, the research gathers comprehensive data through surveys and interviews, providing a nuanced understanding of the migrant experience in Karnataka's construction sector. The analysis seeks to inform policymakers and stakeholders about the pressing needs and rights of migrant workers, advocating for improved conditions and support systems to enhance their livelihoods.

Keywords: Migrant Workers, Construction Industry, Challenges, Polici.

INTRODUCTION

Migrant workers are integral to the construction industry in Karnataka, significantly contributing to its growth and development. In 2021, the construction sector in Karnataka employed approximately 1.5 million migrant workers, highlighting their crucial role in meeting the demand for labor in urban areas. The study examines the factors driving





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these workers to seek employment in the construction sector, their living and working conditions, and the policies aimed at improving their circumstances. Economic factors are the primary drivers of migration to Karnataka's construction sector. Many workers are motivated by the prospect of higher wages compared to their home regions, where job opportunities are scarce. For instance, the average daily wage for construction workers in Karnataka ranges from 600 to 800, significantly higher than wages in rural areas of the state. The rapid urbanization and infrastructure development in cities like Bangalore, which has seen a population growth of over 46% from 2001 to 2011, have created a high demand for labor, attracting workers from various parts of Karnataka. For many, the construction sector represents a viable means to support their families and improve their living standards. However, the living and working conditions for migrant workers in Karnataka remain challenging. Many reside in temporary accommodations that lack basic amenities such as clean water, sanitation, and electricity. According to reports, around 70% of migrant workers live in substandard housing, which contributes to health issues, including respiratory problems and other diseases. Migrant workers significantly contribute to India's labor market, with Karnataka being a key destination for interstate migration. According to the Economic Survey 2016-17, Karnataka experienced a net in-migration, hosting approximately 32 lakh migrants from other states, 25 lakh migrants from Karnataka resided in other states. The survey highlights that, on average, around 9 million people migrate between states annually for work or education, with Karnataka's interstate migration rate at 37.82%, notably higher than the national average of 4.48%. Factors driving this migration include the pursuit of better economic opportunities, as many migrants seek to enhance their family income amidst limited job prospects in their native regions. The state's rapid urbanization and demand for labor, particularly in sectors like construction, further amplify this trend, underscoring the complex dynamics of labor migration in Karnataka (Economic Survey 2016-17).

The construction sites often pose safety risks, with workers facing long hours in hazardous environments for low pay. Data from the Karnataka State Building and Other Construction Workers' Welfare Board indicates that accidents on construction sites are a significant concern, with many workers reporting injuries due to unsafe practices. To address these issues, the national and Karnataka government has implemented several policies aimed at improving the living and working conditions of migrant workers. Initiatives include enhancing access to healthcare services and enforcing labor laws to protect workers' rights. The Karnataka Labour Welfare Board has also launched programs to provide social security benefits to construction workers. Despite these efforts, the effectiveness of such policies is often hampered by inadequate enforcement and the informal nature of many construction jobs. Migrant workers in Karnataka's construction sector face numerous challenges, including exploitation by employers, job insecurity, and limited access to social services. Many workers are unaware of their legal rights, which leaves them vulnerable to abuse and discrimination. The ongoing disparities in economic development within Karnataka further complicate their situation, as many continue to migrate in search of better opportunities enduring significant hardships. The construction sector in Karnataka offers employment opportunities for many migrant workers, significant issues regarding their living and working conditions persist. A concerted effort from both government and civil society is essential to ensure that the rights and well-being of these vital workers are prioritized and protected.

OBJECTIVES

- 1. To investigate the factors that prompted the migrant workers to seek employment in the construction sector in Karnataka, with a focus on economic conditions of migrant workers, job opportunities, and potential wage increases.
- 2. To evaluate the living and working conditions of migrant workers in Karnataka's construction sector, focusing on Health, Housing, and Economic being
- 3. To explore the policies promotes better living and working conditions of migrant workers in Karnataka.
- 4. To identify the key challenges and issues faced by migrant workers in Karnataka's construction sector.

HYPOTHESES

1. Economic hardship and limited job prospects in their hometowns are primary factors driving migrant workers to seek employment in Karnataka's construction sector.





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- 2. Poor living and working conditions among migrant workers in Karnataka's construction sector had profound impact on their health and economic well-being.
- 3. Lack of awareness among migrant workers in construction sector on labour rights and inadequate legal protections system paved way for economic exploitation and hardship.

SAMPLING AND SAMPLE SIZE

The study employed a combination of purposive sampling and simple random sampling to gather primary data from 66 respondents, for instance migrant workers from Dharmapuri District, chosen to ensure both accessibility and representativeness. The primary focus was on migrant workers currently employed in the construction sector in Karnataka, as this group is often overrepresented in the workforce. Purposive sampling was used to identify the respondents who were already employed in Karnataka's construction sector. A structured Interview Schedule has been utilized to facilitate consistent and comprehensive data collection. The interviews were conducted with respondents to gain insights into the employment practices and working conditions and other issues faced by these workers. The combination of these sampling methods and the structured interview approach aimed to produce a comprehensive and reliable outcome.

METHODOLOGY

The study adopted both document analysis and survey methods to collect both primary and secondary data, thereby utilizing qualitative and quantitative approaches. The dual approach allowed for quantitative data to facilitate the analysis of primary data through numbers and statistics, qualitative data provided richer context and deeper insights. Document analysis was chosen because it enables the examination of historical records, government documents, and other written sources relevant to the study. Document analysis complements the survey method by offering a broader perspective on the subject, enhancing the overall depth and reliability of the research findings. The survey method was employed to gather opinions and perspectives on the living and working conditions of migrant workers in the construction industry in Karnataka, ensuring a grounded and evidence-based analysis.

DATA ANALYSIS

DEMOGRAPHIC VARIABLES

The study selected only three demographic variables: marital status (married and unmarried), gender (male and female), and occupation (organized and unorganized). This framework was utilized to explore the living and working conditions of migrant workers in Karnataka's construction sector, aiming to uncover how these factors impact their experiences and challenges.

The table shows the distribution of respondents marital status, gender, and occupation among the 66 participants in the study. Of these, 25 respondents (37.87%) are married, 41 respondents (62.12%) are unmarried, indicating that a majority of the migrant workers in the construction sector are unmarried, which highlights potential implications for their living and working conditions and underscores the need for targeted support services. In terms of gender, 32 respondents (48.48%) identify as male, while 34 respondents (51.50%) identify as female, reflecting a slightly higher representation of female migrant workers in the construction sector and suggesting the importance of addressing gender-specific challenges and needs within this workforce. Regarding occupation, 22 respondents (33.33%) are employed in organized sectors, whereas 44 respondents (66.66%) work in unorganized sectors. The significant majority in unorganized occupations emphasizes the precarious nature of employment for many migrant workers in the construction need for improved labor protections and support for this vulnerable group.

TESTING OF HYPOTHESES AND INTERPRETATION

The t-test assessing the impact of economic hardship and limited job prospects in respondents' hometowns on migrant workers seeking employment in Karnataka's construction sector, categorized by marital status, reveals





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significant differences. Among the 66 participants, married respondents reported a mean score of 10.28 with a standard deviation of 2.29, while unmarried respondents had a mean score of 12.44 (SD=2.89). The t-value of 2.93, with a p-value of 0.05, indicates a statistically significant difference in perceptions of economic hardship and job prospects between married and unmarried workers. This finding leads to the rejection of the null hypothesis and acceptance of the alternate hypothesis, which suggests that marital status influences the perceptions of economic challenges driving migration. The results imply that unmarried workers may be more affected by economic conditions in their hometowns, potentially motivating them to seek employment in Karnataka's construction sector more urgently than their married counterparts. Unmarried migrant workers are more prevalent in Karnataka's construction sector due to socio-economic factors. Many young individuals migrate for better job opportunities amid economic hardship and limited prospects in their hometowns. Unmarried workers, often younger and less burdened by familial responsibilities, are more adaptable and willing to relocate for work. They seek independence and improved socio-economic status, which is often unattainable in their native areas. The construction sector's demand for labor, combined with fewer family commitments, makes it easier for unmarried individuals to accept jobs that involve long hours and challenging conditions, highlighting the need for targeted support policies.

The t-test evaluating the impact of poor living and working conditions on the health and economic well-being of migrant workers in Karnataka's construction sector, categorized by gender, reveals significant differences. Male respondents reported a mean score of 12.41 with a standard deviation of 2.22, while female respondents had a mean score of 18.09 (SD=4.06). The t-value of 3.19 and a p-value of 0.01 indicate a statistically significant difference in perceptions of economic hardship and health impacts between genders, leading to the rejection of the null hypothesis. This shows that female migrant workers may experience greater adverse effects from poor conditions due to factors such as increased vulnerability, higher exposure to health risks, and fewer support systems. Women often face discrimination and may have limited access to healthcare and social services, exacerbating the negative impacts of their working and living environments. This highlights the urgent need for targeted interventions to address the specific challenges faced by female migrant workers in the construction sector.

The t-test examining the lack of awareness among migrant workers in the construction sector regarding labor rights and inadequate legal protections, categorized by occupation, reveals significant differences. Workers in the organized sector reported a mean score of 12.46 with a standard deviation of 2.63, while those in the unorganized sector had a mean score of 18.20 (SD=3.37). The t-value of 2.59 and a p-value of 0.02 indicate a statistically significant difference, leading to the rejection of the null hypothesis. This suggests that workers in the unorganized sector experience greater economic exploitation and hardship due to their lack of awareness about labor rights. The higher mean score among unorganized workers can be attributed to their vulnerability and limited access to information regarding legal protections. Many of these workers are often illiterate or have minimal education, which hampers their ability to understand their rights and seek redress against exploitation. Occupations in the unorganized sector, such as those working in hotels, finance, tea shops, bakeries, as bakers or drivers, and as fruit vendors or water sellers (paani), typically lack formal employment contracts and benefits, further exacerbating their precarious situation. Unorganized sector workers generally lack the support systems and resources available to those in organized employment, making them more susceptible to unfair practices by employers. This shows the urgent need for targeted educational programs and legal support initiatives to empower these workers and ensure their rights are protected, ultimately improving their economic conditions and well-being.

RESULT AND DISCUSSION

FACTORS DRIVING MIGRANT WORKERS TO KARNATAKA'S CONSTRUCTION SECTOR

Migrant workers are increasingly drawn to Karnataka's construction sector due to a combination of push and pull factors. Push factors include economic distress, lack of job opportunities, and inadequate living conditions in their home regions, prompting individuals to seek better prospects elsewhere. In contrast, Karnataka offers attractive pull factors such as higher wages, abundant job opportunities, and better living standards. The state's rapid urbanization





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and infrastructure development create a high demand for labor, particularly in cities like Bangalore and Mysore, where construction projects are booming. The availability of social amenities, including access to healthcare and education for workers' families, enhances Karnataka's appeal. Many migrants are also motivated by the prospect of remittances, which can significantly improve their families' quality of life back home. Migrant workers constitute a significant portion of the construction workforce in Karnataka, particularly in urban centres like Bangalore, where rapid economic growth has created a high demand for labor. The analysis examines the factors prompting these workers to migrate for employment in the construction sector, focusing on the economic conditions in their places of origin, local job opportunities, and potential wage increases. Many migrant workers in Karnataka come from economically disadvantaged regions, primarily in rural areas where job opportunities are scarce. The Economic Survey of Karnataka (2016-17) highlighted that a substantial number of individuals migrate to urban areas in search of better livelihoods due to the lack of employment options in their home regions. In particular, many workers originate from areas with high poverty rates, where daily wage labor is often the only available option. A study conducted by Shamala B. (2021) indicates that the economic conditions in these regions are characterized by limited agricultural productivity and inadequate infrastructure, which force individuals to seek employment elsewhere. The construction sector in Karnataka, especially in Bangalore, offers a stark contrast to these conditions, providing a more stable income and better living standards. Karnataka's construction industry has experienced significant growth, largely driven by urbanization and infrastructure development. The state's Gross State Domestic Product (GSDP) grew by 8.2% in the fiscal year 2010-2011, with Bangalore emerging as a hub for various industries, including information technology and real estate. The growth has led to a surge in construction projects, including residential buildings, commercial complexes, and infrastructure projects such as roads and metro systems.

According to a report by SHRAM (2015), the construction sector in Bangalore alone relies on approximately 1.5 million migrant workers to meet its labor demands. The availability of jobs in construction is particularly appealing to those with limited skills and education, as it often requires less formal training compared to other sectors. The report emphasizes that the construction industry is one of the few viable employment options for these workers, making it an essential component of their migration decision. Wage differentials between Karnataka and the workers' home states serve as a significant pull factor for migration. The potential for higher earnings in Karnataka compared to their places of origin is a crucial motivator. For instance, daily wages for construction workers in rural areas may range from 200 to 300, wages in Karnataka can exceed 500 per day. This wage increase is particularly attractive for workers who aim to support their families back home through remittances. A study by Zabeer et al. (2019) found that the average daily wage for construction workers in Bangalore was significantly higher than in many other states, which incentivizes workers to migrate. The ability to earn more allows these workers to improve their living conditions and provide better educational opportunities for their children, further perpetuating the cycle of migration. Despite the economic incentives, migrant workers in Karnataka face numerous challenges. Many work in informal settings without job security or access to social benefits. According to a survey conducted by Anekal Jesuit Educational and Charitable Society (2022), a significant proportion of migrant workers reported poor living conditions, low wages, and lack of access to healthcare. The survey indicated that around 70% of households in the Anekal region, where many migrant workers reside, rely on daily wage labor, with erratic earnings that often do not meet basic needs.

The construction sector's reliance on subcontracting often leaves workers vulnerable to exploitation. The principal employers are not always held accountable for the welfare of their workers, as contractors and subcontractors may not comply with labor laws. The Inter-State Migrant Workmen (Regulation of Employment and Conditions of Service) Act (1979) is often inadequately enforced, leaving many workers without legal protections. The factors prompting migrant workers to seek employment in Karnataka's construction sector are multifaceted, encompassing economic conditions in their places of origin, the availability of local job opportunities, and the potential for wage increases. The construction industry offers a pathway to improved livelihoods, it is essential to address the challenges these workers face, including inadequate legal protections and poor living conditions. Policymakers must focus on creating robust frameworks that ensure the rights and welfare of migrant workers, facilitating their





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integration into the labor market safeguarding their dignity and well-being. The approach will not only benefit the workers but also contribute to the sustainable growth of Karnataka's economy.

MIGRANT CONSTRUCTION WORKERS IN KARNATAKA: HEALTH, HOUSING, AND ECONOMIC WELL BEING

Migrant workers are integral to Karnataka's construction sector, significantly contributing to the state's economic growth. However, their living and working conditions often starkly contrast the benefits they provide. Health issues among migrant construction workers in Karnataka are prevalent due to inadequate access to medical facilities and poor living conditions. A study by Zabeer et al. (2019) in Bangalore highlighted that many workers suffer from chronic health problems exacerbated by stressful working environments and limited healthcare access. The average age of these workers is around 26 years, with a significant portion being male (95.2%) and engaged in physically demanding labor. The study found that workers living in substandard housing conditions reported poorer health outcomes, including higher rates of respiratory and musculoskeletal disorders. A baseline survey conducted by the Centre for Integral Rural Welfare (CIRW) in 2022 indicated that many migrant workers are malnourished and lack basic health services, contributing to their declining health status. The survey revealed that 70% of households in Anekal, a significant area for migrant labor, consist of daily wage earners with erratic incomes, making it difficult for them to afford healthcare. Housing is a significant concern for migrant workers in Karnataka. Many live in makeshift shelters or overcrowded conditions that lack basic amenities such as clean water, sanitation, and electricity.

The Economic Survey of Karnataka (2016-17) noted that the state has a high rate of interstate migration, with many workers arriving from poorer regions in search of better opportunities. However, they often end up in informal settlements that do not meet minimum living standards. According to the study by Zabeer et al. (2019), the quality of housing directly impacts the workers quality of life. Those residing in huts reported a lower quality of life compared to those in Pucca (permanent) houses, indicating that housing quality is a critical determinant of overall well-being. The lack of proper sanitation facilities further exacerbates health risks, leading to a cycle of poverty and ill health.

Economically, migrant workers in Karnataka's construction sector face numerous challenges. The average daily wage for these workers ranges from 250 to 300, which is often insufficient to meet their basic needs. A significant portion of the workforce is engaged in low-paying, informal jobs, with limited job security and benefits. The 2011 Census revealed that Karnataka had approximately 32 lakh migrants, many of whom are employed in the construction industry, yet they remain vulnerable to exploitation and fluctuating market conditions. A socio-economic study by Shamala B. (2021) highlighted that 93% of migrant workers cited the need to increase family income as their primary reason for migrating. However, the economic benefits they anticipated often do not materialize due to systemic issues such as lack of job stability and inadequate wage structures. The Inter-state Migrant Workmen (Regulation of Employment and Conditions of Service) Act, 1979, intended to protect these workers, is often poorly implemented, leaving them without necessary legal protections. The living and working conditions of migrant workers in Karnataka's construction sector are marked by significant challenges in health, housing, and economic stability. Despite their critical role in the state's development, these workers often find themselves in precarious situations, facing health risks, inadequate housing, and economic instability. Addressing these issues requires comprehensive policy interventions that focus on improving living conditions, ensuring fair wages, and providing access to healthcare. Only through such measures can the state truly harness the potential of its migrant workforce safeguarding their rights and well-being.

POLICIES FOR IMPROVING CONDITIONS FOR MIGRANT WORKERS IN KARNATAKA

Migrant workers play a pivotal role in Karnataka's construction sector, significantly contributing to the state's economic development. To promote better living and working conditions for migrant workers in Karnataka, There are several main policies and acts have been established, addressing various aspects of their employment and welfare. The Building and Other Construction Workers (Regulation of Employment and Conditions of Service) Act, 1996 is a significant piece of legislation that regulates the employment conditions of construction workers, ensuring their rights to safe working environments, health and safety measures, and welfare benefits. This act came into force





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on March 1, 1996, and applies to establishments employing ten or more building workers, mandating provisions for their safety and welfare, as outlined in the India Code.

The Inter-State Migrant Workmen (Regulation of Employment and Conditions of Service) Act, 1979 provides a framework for the employment of inter-state migrant workers, guaranteeing their rights to safe working conditions, timely payment of wages, and access to welfare measures. This act is crucial in protecting the rights of migrant workers who often face exploitation and irregular employment . The Minimum Wages Act, 1948 establishes minimum wage standards for all workers, ensuring that migrant workers in the construction sector receive fair compensation for their labor. Despite this, many workers still report not receiving the minimum wage, highlighting a gap between legal provisions and actual practices. The Contract Labour (Regulation and Abolition) Act, 1970 regulates the employment of contract labourers, providing them with rights and protections against exploitation by contractors. This act is essential in ensuring that migrant workers, who often work under contract arrangements, are not subjected to unfair labor practices .

The Karnataka Labour Welfare Fund Act, 1965 creates a welfare fund for labourers, offering financial support for various needs, including healthcare, education, and housing. This act aims to improve the overall welfare of workers, including migrants, by providing them with essential services and support. The Maternity Benefit Act, 1961 ensures that female workers, including those in the construction sector, receive maternity benefits and job protection during pregnancy. This act is vital for supporting women workers and ensuring their rights during a critical time in their lives. The Child Labour (Prohibition and Regulation) Act, 1986 prohibits the employment of children in hazardous occupations, including construction, thereby protecting vulnerable populations from exploitation and ensuring that children have the opportunity to pursue education instead of labor . Lastly, the Equal Remuneration Act, 1976 mandates equal pay for equal work, ensuring that migrant workers receive fair wages regardless of gender. This act is crucial in addressing wage disparities and promoting gender equality in the workplace . These policies aim to create a comprehensive policy framework that addresses the multifaceted challenges faced by migrant workers in Karnataka, thereby improving their overall living and working conditions. By implementing these policies effectively, the state can better harness the potential of its migrant workforce safeguarding their rights and wellbeing.

CHALLENGES AND ISSUES FACED BY MIGRANT WORKERS IN KARNATAKA'S CONSTRUCTION SECTOR.

Migrant workers in Karnataka's construction sector face numerous challenges that significantly affect their quality of life. The construction industry in Karnataka, particularly in urban areas like Bangalore and Mysore, has seen a substantial influx of migrant labor due to rapid urbanization and industrial growth. These workers often come from poorer states, seeking better economic opportunities but encounter harsh realities upon arrival.

Living Conditions and Health Issues

One of the primary challenges faced by migrant workers is inadequate living conditions. Many reside in makeshift shelters, such as roadside tents or temporary sheds, which lack basic amenities like proper sanitation, clean water, and electricity. These living conditions contribute to a host of health problems, including malnutrition and communicable diseases. For instance, studies indicate that workers are frequently exposed to unsanitary environments, leading to illnesses exacerbated by poor housing conditions, such as cholera and respiratory issues from inhaling dust and fumes from construction materials.

Economic Exploitation and Job Insecurity

Economic exploitation is another critical issue. Migrant workers often receive low wages for long hours of labor, with many dependent on informal contracts that offer little job security. The lack of formal recognition and registration makes them vulnerable to exploitation by contractors and sub-contractors, who may withhold wages or impose unfair working conditions. A significant portion of these workers is illiterate or has only elementary education, limiting their ability to advocate for their rights or seek better employment opportunities.





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Social Isolation and Lack of Access to Services

Social isolation is prevalent among migrant workers, who often leave their families behind in their home states. This separation can lead to mental health issues and a lack of community support. Access to essential services such as healthcare, education for their children, and legal protections is severely limited. Many migrants are unaware of their rights and the welfare schemes available to them, which further exacerbates their vulnerability.

Impact of Political and Economic Factors

Political factors also play a role in the challenges faced by migrant workers. Recent events, such as the need for workers to travel back to their home states to vote, have disrupted construction activities, highlighting their precarious employment situation. The COVID-19 pandemic further intensified these challenges, with many workers losing their jobs during lockdowns and facing financial hardships without adequate government support. Migrant workers in Karnataka's construction sector confront a multitude of challenges, including poor living conditions, economic exploitation, social isolation, and limited access to essential services. Addressing these issues requires comprehensive policy interventions aimed at improving their living and working conditions, ensuring fair wages, and providing access to healthcare and education.

FINDINGS OF THE STUDY

- 1. Economic hardship and limited job opportunities in their hometowns are significant factors motivating migrant workers to seek employment in Karnataka's construction sector.
- 2. Female migrant workers experience greater adverse effects from poor living and working conditions than their male counterparts, highlighting the need for gender-specific interventions by government and non-governmental organisations, Civil Society organisations etc.
- 3. Deprived living and working conditions significantly impact the health and economic well-being of migrant workers, with female workers reporting higher levels of negative health outcomes.
- 4. Significant and lack of awareness among migrant workers regarding their labour rights, particularly in the unorganized sectors, which contributes to their economic exploitation.
- 5. Many migrant workers face social isolation, which exacerbates their vulnerability and limits their access to support networks and essential services.
- 6. Existing policies aimed at improving the living and working conditions of migrant workers are often inadequately enforced, leading to persistent challenges in their quality of life.
- 7. Migrant workers frequently encounter barriers to accessing healthcare services, which negatively affect their overall health and well-being.
- 8. There is an urgent need for targeted educational programmes and legal support initiatives to empower migrant workers, particularly those in the unorganized sector, to ensure their rights are protected and improve their economic conditions.
- 9. Economic hardship and limited job prospects in their hometowns drive migrant workers to seek employment in Karnataka's construction sector. The t-test revealed a significant difference based on marital status, with unmarried respondents reporting a higher mean score (12.44, SD = 2.89) compared to married respondents (10.28, SD = 2.29). The t-value was 2.93 and the p-value was 0.05, leading to the rejection of the null hypothesis and supporting the idea that unmarried workers are more motivated by economic conditions in their hometowns.
- 10. Poor living and working conditions significantly impact the health and economic well-being of migrant workers. The t-test results showed that female respondents had a higher mean score (18.09, SD = 4.06) than male respondents (12.41, SD = 2.22), with a t-value of 3.19 and a p-value of 0.01. This significant difference leads to the rejection of the null hypothesis, indicating that female migrant workers face greater adverse effects from poor conditions.
- 11. Lack of awareness regarding labour rights contributes to economic exploitation among migrant workers. The ttest indicated that unorganized sector workers had a higher mean score (18.20, SD = 3.37) compared to organized





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sector workers (12.46, SD = 2.63), with a t-value of 2.59 and a p-value of 0.02. This significant finding leads to the rejection of the null hypothesis, highlighting the need for educational initiatives to raise awareness of labor rights among unorganized sector workers.

SUGGESTIONS

- 1. Need to Develop and implemented targeted economic programmes in migrants' home regions to create job opportunities, reducing the need for migration and improving local livelihoods.
- 2. The Government is expected to implement gender-specific policies and programmes that address the unique challenges faced by female migrant workers, including health services and safety measures in the workplace.
- 3. Urgent action is needed to establish and enforce rigorous health and safety regulations within the construction sector, significantly reducing workplace injuries and promoting the well-being of migrant workers.
- 4. There is a critical need to launch widespread educational campaigns that empower migrant workers, particularly those in the unorganized sector, by raising awareness of their labor rights and equipping them to resist exploitation.
- 5. Expanding access to healthcare services for migrant workers is essential, including the deployment of mobile health clinics and collaborations with local healthcare providers to guarantee timely and necessary medical care.
- 6. Building strong community support networks is vital to facilitate the social integration of migrant workers, providing essential resources that alleviate isolation and enhance their quality of life.
- 7. Strengthening the enforcement of labor laws and regulations is crucial to safeguarding migrant workers' rights, with a focus on holding employers accountable for ensuring fair treatment and the well-being of their workforce.
- 8. Developing affordable, safe, and adequate housing solutions for migrant workers is essential, guaranteeing access to fundamental amenities such as clean water, sanitation, and reliable electricity.
- 9. Investing in skill development and vocational training programs tailored to the specific needs of migrant workers is key to enhancing their employability and enabling them to secure better-paying jobs.
- 10. Fostering strategic partnerships between government agencies, NGOs, and community organizations is necessary to build a comprehensive support system that effectively addresses the diverse needs of migrant workers.

CONCLUSION

Migrant workers play a crucial role in Karnataka's construction sector, driven by various economic and social factors. The primary reasons for their migration include poor economic conditions in their home states, limited local job opportunities, and the allure of higher wages in urban centres like Bangalore. Many come from economically disadvantaged regions, where poverty and lack of employment compel them to seek better prospects elsewhere. The construction industry, characterized by its demand for labor, becomes a viable option for these workers despite the inherent risks and challenges associated with such jobs. The living and working conditions of migrant workers in Karnataka are often substandard. Many reside in temporary shelters lacking basic amenities such as clean water, sanitation, and adequate ventilation. Health issues are prevalent due to exposure to hazardous materials and unsanitary living conditions, leading to a range of illnesses.

Furthermore, workers face economic instability, as their earnings are often insufficient to meet their basic needs, and they lack access to social security benefits and healthcare services. Policies aimed at improving the living and working conditions of migrant workers in Karnataka have been implemented, such as the establishment of the Karnataka Building and Other Construction Workers Welfare Board. This board facilitates access to various social protection schemes, including health services and financial assistance. NGOs like Sampark also play a vital role by raising awareness of workers' rights and providing support through resource centres. Despite these efforts, significant challenges remain. Migrant workers frequently encounter exploitation, unsafe working environments, and a lack of legal protections. Their transient status often leaves them vulnerable, with limited recourse to address





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grievances. Addressing these issues requires a multi-faceted approach that includes better enforcement of labor laws, improved living conditions, and enhanced access to healthcare and education, ensuring that the rights and wellbeing of migrant workers are prioritized in the construction sector.

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| Demographic Variable | Category | No of respondents | Percentage |
|----------------------|-------------|-------------------|------------|
| Marital Status | Married | 25 | 37.87 |
| | Unmarried | 41 | 62.12 |
| Gender | Male | 32 | 48.48 |
| | Female | 34 | 51.50 |
| Occupation | Organized | 22 | 33.33 |
| | Unorganized | 44 | 66.66 |
| Total respondents | 66 | | 100% |

Table 1. Demographic Variables of respondents

Source: Survey Data

Table 2: t- test of economic hardship and limited job prospects in their hometowns are primary factors driving migrant workers to seek employment in Karnataka's construction sector on the basis of marital status

| Marital Status | Mean | S.D | t-value | P-value | |
|----------------|-------|------|---------|---------|--|
| Married | 10.28 | 2.29 | 2.02 | 0.05 | |
| Unmarried | 12.44 | 2.89 | 2.93 | 0.05 | |

Source: Primary data collected by the researcher *Significant at 0.05 level

Table 3: t- test of Poor living and working conditions among migrant workers in Karnataka's construction sector had profound impact on their health and economic well-being on the basis of gender

| Gender | Mean | S.D | t-value | P-value | |
|--------|-------|------|---------|---------|--|
| Male | 12.41 | 2.22 | 3.19 | 0.01 S | |
| Female | 18.09 | 4.06 | 3.19 | 0.01 5 | |

Source: Primary data collected by the researcher

* Level of Significance = 0.01 level





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Table 4: t- test of Lack of awareness among migrant workers in construction sector on labour rights and inadequate legal protections paved way for economic exploitation and hardship on the basis of occupation like organised and unorganised sector

| Occupation | Mean | S.D | t-value | P-value | |
|-------------|-------|------|---------|---------|--|
| Organised | 12.46 | 2.63 | 2.59 | 0.02 S | |
| Unorganised | 18.20 | 3.37 | 2.39 | 0.02 5 | |

Source: Primary data collected by the researcher *Significant at 0.05 level





RESEARCH ARTICLE

Enhanced Skin Cancer Detection through Hyperspectral Imaging and YOLO

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ABSTRACT

Recent research has used several deep learning techniques to identify cases of skin cancer. Hyperspectral imaging (HSI) is a noninvasive optical technology that is worth investigating further since it may record wavelength information on the locations of skin cancer lesions. HSI technology improves the distinction of picture features by recording hundreds of visible and invisible narrow bands from the electromagnetic spectrum. In order to identify and categorise skin cancer forms such seborrhoeic keratosis (SK), squamous cell carcinoma (SCC), and basal cell carcinoma (BCC), this research used the ISIC library dataset. The YOLO version 5 model was used for training after the dataset was divided into training and test sets. Five measures were used to assess the performance of the model: specificity, accuracy, sensitivity, precision and aria under curve. A confusion matrix was also used. Hyperspectral narrowband image (HSI-NBI) and RGB categorization are two models that were created and tested against each other to see which is more effective: HSI or RGB. Because these traits were more pronounced in HSI, the experimental findings showed that the HSI model recognised SCC features more accurately than the RGB model. With an accuracy of over 89%, the suggested model proved to be useful in the identification of skin cancer. This excellent accuracy highlights the clinical application potential and dependability of the model.

Keywords: skin cancer; hyperspectral imaging; YOLO





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INTRODUCTION

The most common and often diagnosed kind of cancer is nonmelanoma skin cancer (NMSC) [1]. Squamous cell carcinoma (SCC), seborrhoeic keratosis (SK), and basal cell carcinoma (BCC) are common types of skin cancer. The cells that make up BCC, the least aggressive NMSC, resemble epidermal basal cells [2]. Squamous cells, on the other hand, may spread abnormally and are invasive. Eighty percent of individuals with BCC, the most prevalent kind of skin cancer, generally have head and neck cancer that does not spread. The second most frequent kind of skin cancer, SCC, is characterised by aggressive tumours that are very invasive [3]. The need for quick detection techniques has grown as skin cancer cases rise. Treatment for skin cancer must begin as soon as possible after discovery. Although physicians often do traditional biopsy, it is a painful, difficult, and time-consuming procedure that involves taking a sample from a suspected cancerous location and analysing it medically [4]. Advances in artificial intelligence (AI) have resulted in the creation of many computer-aided detection (CAD) models for different types of cancer [5-7]. For instance, Haenssle et al. [8] used the InceptionV4 model to diagnose skin cancer and discovered that although it performed worse in specificity by 9%, it performed better in sensitivity, outperforming 58 dermatologists by 8%. Using the Asan training dataset, Han et al. [9] used ResNet-152 and obtained findings that were similar to those of sixteen dermatologists. Using a deep learning technique on 6000 photos, Fujisawa et al. [10] were able to identify benign and malignant cases with 76% accuracy. Even if CAD and biosensors provide affordable alternatives for early diagnosis, issues such nanoparticles' environmental adaptation still exist. Red, green, and blue (RGB) imaging-based conventional CAD models have achieved saturation. Hyperspectral imaging (HSI), on the other hand, offers a viable substitute that could get beyond the drawbacks of conventional techniques.

Rather of restricting each pixel to one of the three basic colours, hyperspectral imaging (HSI) is a state-of-the-art method that analyses a wide variety of wavelengths [11-12]. Applications for High Sensitivity Imaging (HSI) include agriculture, cancer detection, military, air pollution detection, dentistry imaging, environmental monitoring, satellite photography, forestry monitoring, food security, natural resource surveying, vegetation observation, and geological mapping [13-17]. A number of research have also looked at the use of HSI to the diagnosis of skin cancer. Leon et al. [18] created a system to automatically recognise and categorise pigmented skin lesions (PSL) by combining supervised and unsupervised learning approaches. In order to determine the best spectral wavelengths for differentiating between normal and malignant skin, Courtenay et al. [19] developed a specialised platform that combined a visible-near infra-red (VNIR) hyperspectral imaging sensor. Courtenay et al. used HSI in a different investigation to identify spectral changes between specimens of normal and malignant cutaneous tissue. Nevertheless, existing techniques often depend on costly and intricate HSI imaging sensors or cameras [20].

This research suggests a quick skin cancer diagnosis technique that combines HSI technology with the YOLO version 5 model in order to overcome these difficulties. The five variables used to assess the performance of the created model were sensitivity (SEN), accuracy (ACC), specificity (SPEC), precision (PREC) and aria under curve (AUC).

METHODS

Data Preprocessing

Three skin-related conditions are the subject of this study: seborrhoeic keratosis (SK), squamous cell carcinoma (SCC), and basal cell carcinoma (BCC). The dataset includes 168, 90, and 126 photos for the same categories in the validation set and 654, 336, and 480 images for BCC, SCC, and SK, respectively, in the training set. Total training and validation pictures utilised were 1470 and 384, respectively [5]. Figure 1 illustrates the division of the work into three key components: database development, picture preprocessing, and assessment of the YOLOv5 model training outcomes. This study made use of the ISIC dataset. Figures 2–4 show instances of seborrhoeic keratosis, basal cell carcinoma (BCC), and squamous cell carcinoma (SCC), in that order.





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During preprocessing, 640×640 pixels were the new size for each picture. The photos were annotated using LabelImg software, which created XML files. After that, the files were converted to TXT format and used as training data for the YOLOv5 model. We used a spectrum conversion technique to convert the annotated picture files into hyperspectral narrow-band images (NBI) prior to training. As shown in Figure 5, the research first compared the normalised reflection spectrums of the lesion sites to analyse the three categories of skin cancer situations. We examined wavelength bands with notable variations in the intensity of reflected light. The 380–780 nm region of the spectrum was transformed into an HSI with a spectral resolution of 1 nm. Principal component analysis (PCA) was used to reduce the burden of this dimensional data's high processing and storage requirements. PCA reduced the dimensionality of the picture, extracted significant feature portions, and generated new component information by linearly transforming the data into a new space. The outcome was a projection of the data with decorrelated spectral information onto a low-dimensional space.

RGB and HSI photos were used to construct two datasets. Eighty percent of the data was put aside for testing and twenty percent was set aside for training. This separation came about after the amplification of images for both datasets. The Python 3.9.12 platform was used to write the programme for the PyTorch deep learning framework, which was applied to the Windows 10 operating system.

YOLOv5 Model

For real-time performance, this research specifically chose YOLOv5 because of its faster detection speed than other models, such as SSD and RetinaNet. The three essential components of YOLOv5 are the head terminals, neck, and backbone (Figure 6).

Backbone

Focus, CONV-BN-Leaky ReLU (CBL), cross stage partial (CSP), and spatial pyramid pooling (SPP) are some of the models that make up the convolutional neural network (CNN) architecture. By slicing the input picture, the focus model produces image features, collects many fine-grained images, boosts forward and back propagation speed, and uses less CUDA memory and fewer layers. The approach involves dividing an input picture of 640×640×3 into four smaller images of 320×320×3. These images are then combined and subjected to convolution layers to create an output image of 320×320×32. This reduces the image size and speeds up training [21].

Neck

CBL, Upsample, CSP2_X, and more models make up the neck. It acts as a sequence of feature aggregation layers that creates feature pyramid (FPN) and path aggregation (PAN) networks by combining features from images. To improve image feature extraction and minimise model size, YOLOv5 adds the CSP2_X structure while keeping the CSP1_X structure from YOLOv4's CSPDarknet-53.

Head

The head maximises the bounding box forecasts' accuracy by using GIoU Loss as the loss function. For the suggested skin cancer classification work, YOLOv5 is the best option because of its structure, which guarantees effective and precise detection.

RESULTS AND DISCUSSION

After 300 rounds of training the loss function, the value curves of the training and validation sets were calculated, with a batch size of 16. Out of the 384 test photos, the RGB model properly predicted 333 images, whereas the HSI model correctly recognised 322 images. The effectiveness of the suggested technique was assessed using preestablished metrics such as Sensitivity (Sen), Accuracy (Acc), Specificity (Spe), Jaccard index value (Jac), and Dice coefficient score (Dic). The following formulae are employed:





$$SEN = \frac{TP}{TP + FN}$$

$$SPEC = \frac{TN}{TN + FP}$$

$$ACC = \frac{TP + TN}{TP + TN + FN + FP}$$

$$PREC = \frac{TP}{TP + FP}$$

Figure 7 and Figure 8 shows the confusion matrix of YOLOv5-based suggested model for detection, respectively. These data assist visualise the incidences of skin cancer that were properly and mistakenly predicted for both the RGB and HSI models, as well as the model's performance in identifying the different forms of skin cancer. Table 1, Table 2 and Table 3 shows the classifier comparisonof BCC, SCC and SK datasets. The HSI models' accuracygreater than 89% demonstrated their resemblance. When compared to the original picture category SCC, the more noticeable SCC category in the HSI model shows a more notable improvement. This result showed how very comprehensive the model is when it comes to learning lesion characteristics. Because of the very limited number of photos utilised, it is evident that the accuracy rates of the RGB model and the HSI model are equal. All the same, this work demonstrates the possibility for accurate skin cancer detection and classification using HSI-based conversion algorithms that can transform RGB photos into HSI images. This study greatly increased the recall rate and specificity of the SCC category as well as the specificity (true negative rate) for the SK category, even if the majority of the findings were identical.

It is clear from the results and discussion section that our suggested approach—which combines hyperspectral imaging (HSI) with YOLOv5—performs better than other well-known classifiers in the identification of skin cancer. The thorough investigation revealed that while the HSI models' accuracy was significantly improved, especially for the SK category. The RGB model provided a better degree of completeness in learning lesion information, while the HSI-based conversion algorithms demonstrated efficacy in skin cancer detection and classification. This study opens the door for more precise and trustworthy diagnostic instruments by demonstrating the ability of conventional RGB imaging technology to improve the performance of skin cancer detection models. The enhanced specificity for certain categories confirm that the suggested approach is more effective than hyperspectral classifiers and may lead to improve diagnostic results.

CONCLUSIONS

YOLOv5 is mainly used to classify skin cancer pictures into three categories: SCC, BCC, and SK based on the CNN architecture. To generate a confusion matrix and determine the accuracy, specificity, sensitivity and precision values—which are used as classification indicators—lesion categories, such as RGB and hyperspectral datasets, are used. The outcomes of the experiment demonstrated that the SCC category in the HSI model is capable of picking up distinguishing traits. The original RGB picture is not as good at detection as the HSI classification model. YOLOv5 is easier to use than its predecessors since it has the ability to automatically scale the supplied picture to the desired size. At a quicker pace, the comparatively compact model structure attains an accuracy comparable to the preceding generation. The experiment's following designs may use the gain to increase accuracy in other studies.

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| Classifier | Method | ACC | SEN | SPEC | PREC | AUC |
|------------|-----------------|-------|-------|-------|-------|-------|
| YOLO v5 | Proposed Method | 86.72 | 90.53 | 83.72 | 81.38 | 87.13 |
| TREE | СТ | 82.03 | 84.62 | 80.00 | 76.88 | 82.31 |
| | ST | 78.39 | 83.43 | 74.42 | 71.94 | 78.93 |
| SVM | LSVM | 81.25 | 82.25 | 80.47 | 76.80 | 81.36 |
| | CSVM | 82.29 | 81.66 | 82.79 | 78.86 | 82.22 |
| | QSVM | 80.73 | 82.25 | 79.53 | 75.96 | 80.89 |
| | MGSVM | 81.77 | 82.25 | 81.40 | 77.65 | 81.82 |
| KNN | FKNN | 82.55 | 84.02 | 81.40 | 78.02 | 82.71 |
| | MKNN | 81.25 | 83.43 | 79.53 | 76.22 | 81.48 |
| | Cosine | 81.25 | 84.02 | 79.07 | 75.94 | 81.55 |
| | Cubic | 79.69 | 81.07 | 78.60 | 74.86 | 79.83 |
| | WKNN | 77.86 | 79.29 | 76.74 | 72.83 | 78.02 |

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Table 2: Classifier comparison for SCC

| Classifier | Method | ACC | SEN | SPEC | PREC | AUC |
|------------|-----------------|-------|-------|-------|-------|-------|
| YOLO v5 | Proposed Method | 88.80 | 88.89 | 88.78 | 70.80 | 88.83 |
| TREE | CT | 83.59 | 77.78 | 85.37 | 61.95 | 81.58 |
| | ST | 83.59 | 84.44 | 83.33 | 60.80 | 83.89 |
| SVM | LSVM | 84.90 | 82.22 | 85.71 | 63.79 | 83.97 |
| | CSVM | 85.68 | 83.33 | 86.39 | 65.22 | 84.86 |
| | QSVM | 84.64 | 82.22 | 85.37 | 63.25 | 83.80 |
| | MGSVM | 85.16 | 83.33 | 85.71 | 64.10 | 84.52 |
| KNN | FKNN | 85.94 | 82.22 | 87.07 | 66.07 | 84.65 |
| | MKNN | 80.73 | 76.67 | 81.97 | 56.56 | 79.32 |
| | Cosine | 79.69 | 67.78 | 83.33 | 55.45 | 75.56 |
| | Cubic | 77.86 | 64.44 | 81.97 | 52.25 | 73.21 |
| | WKNN | 78.91 | 65.56 | 82.99 | 54.13 | 74.27 |

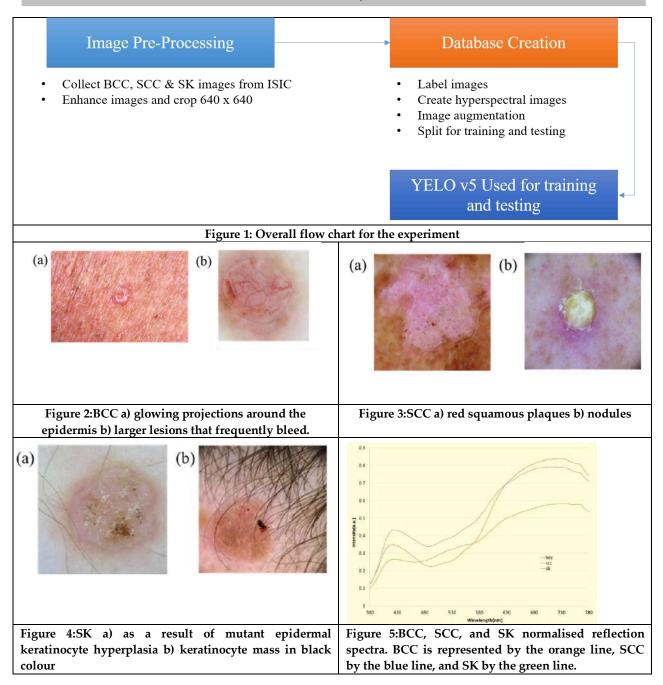
Table 3: Classifier comparison for SK

| Classifier | Method | ACC | SEN | SPEC | PREC | AUC |
|------------|-----------------|-------|-------|-------|-------|-------|
| YOLO v5 | Proposed Method | 89.06 | 88.89 | 89.15 | 80.00 | 89.02 |
| TREE | СТ | 84.64 | 79.37 | 87.21 | 75.19 | 83.29 |
| | ST | 84.64 | 78.57 | 87.60 | 75.57 | 83.08 |
| SVM | LSVM | 83.07 | 77.78 | 85.66 | 72.59 | 81.72 |
| | CSVM | 82.29 | 76.98 | 84.88 | 71.32 | 80.93 |
| | QSVM | 82.81 | 77.78 | 85.27 | 72.06 | 81.52 |
| | MGSVM | 81.25 | 74.60 | 84.50 | 70.15 | 79.55 |
| KNN | FKNN | 82.55 | 76.19 | 85.66 | 72.18 | 80.92 |
| | MKNN | 82.55 | 76.98 | 85.27 | 71.85 | 81.13 |
| | Cosine | 81.25 | 75.40 | 84.11 | 69.85 | 79.75 |
| | Cubic | 79.95 | 76.19 | 81.78 | 67.13 | 78.99 |
| | WKNN | 78.39 | 79.37 | 77.91 | 63.69 | 78.64 |



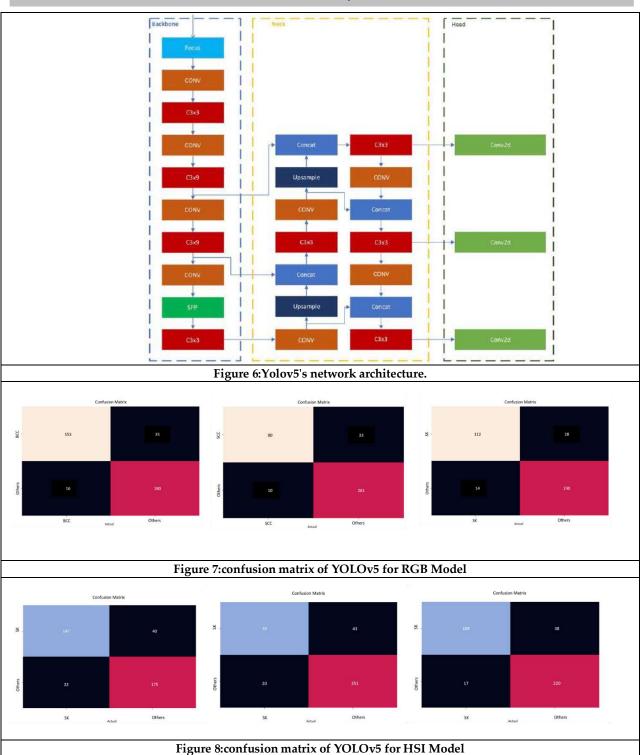


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RESEARCH ARTICLE

Qualitative Analysis and Antipyretic Validation of Siddha Formulation Pancha Moola Kudineer Chooranam

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ABSTRACT

Pancha Moola KudineerChooranam(PMKC) is a Siddha herbal formulation. This study is focussed on the qualitative analysis using HPTLC, FTIR and UV - Visible spectroscopy. Further the antipyretic activity was determined by protein denaturation assay for PMKC formulation. PMKC formulation was prepared as a decoction and it was analysed for its protein denaturation activity with Diclofenac sodium as standard. The decoction was determined for its phytoconstituents through HPTLC and FTIR analysis. Also, the UV- Vis spectroscopy was used to detect the interference extractions solvent. PMKC at 500μ g/ml concentration significantly reduced 36.61 ± 2.34 % of protein. HPTLC analysis revealed 8 prominent components. The UV -Vis spectroscopy obtained 254 nm, 274 nm and 361 nm as it's characteristic peaks.FTIR determined the functional groups present in the formulation. **Conclusion:** The qualitative analysis characterized the drug formulation of PMKC and determined to have 8 versatile components. The antipyretic activity was found to be higher at 500 µg/ml.

Keywords: Herbal formulation, PMKC, HPTLC, Antipyretic activity, FTIR.

INTRODUCTION

Siddha medicine predominantly practiced in southern part of India is a vast collection of literature written by various saints called *siddhars* in various period of time. These *siddhars* have explored about 4448 diseases including internal and external medication for those diseases. There are 32 types of internal medication written by the saints and almost





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all the parts of the plant from the roots to its secretions i.e. resins, gums, animals and its byproducts, metals and minerals have been used in the preparation of the siddha formulation after proper detoxification procedures. One such internal medicine preparation is called *kudineer* [1] (decoction) which is prepared by boiling dried coarse powder of raw drugs or fresh leaves with required amount of water until it reaches its required concentration. The often-used concentration of the decoction is one by eight or one by four of the water added. The shelf life of decoction is 3 hours. This study is aimed to scientifically prove the anti-pyretic activity of *Pancha moola kudineer Chooranam* [2]. It is one of the formulations mentioned in the Siddha Classical literature *"Therayarmahakarisal"* written by the saint Therayar. He has explained that the decoction made from this siddha formulation can be used in the treatment of *suram*(fever)hence the anti-pyretic activity was carried out. The word *Pancha* means five and *Moolam* means root hence the formulation is comprised of five siddha herbal roots namely *Glycyrrzhiza glabra, Phyllanthus emblica, Chukrasiatabularis, Terminalia chebula* and *Terminalia bellirica.*

According to siddha literature the term *suram*[3]is considered as increase in the body temperatue and the main cause of fever is *seetham* or*aamam*in the gastro intestinal tract of human body, which means derangement in the normal physiological functions of the gastro intestinal tract caused by various factors like constipation, food poisoning, toxicity, increased physical activity, sleeplessness, excessive eating, having a heavy meal in excessive hunger, drinking cold water, etc. The signs and symptoms are lack of interest in food, heaviness of body, dyspepsia, loss of taste, giddiness, myalgia, chills, insomnia, xerostomia, dislike towards the sweet, sour and salt tastes, increased sweating, etc.There are 64 types of *suram*among which 52 are caused by natural factors and 12 types are caused by foreign factors.

MATERIALS AND METHODS

Pancha moola kudineerchooranam constituents and preparation

The raw drugs used in the preparation of the decoction was collected and authenticated by the botanist in National Institute of Siddha, Tambaram Sanatorium. The raw drugs were dried, detoxified and made into coarse powder. The coarse powder of PMKC was used in the preparation of decoction.

Protein denaturation assay [5] [6]

The protein denaturation assay of the sample PMKC was studied by albumin denaturation methodology. The assay was carried out by mixing 5% aqueous solution of bovine serum albumin with the sample drug PMKC in five concentrations ranging from 100 to 500μ g/ ml. 100μ g/ ml of diclofenac sodium was used as the standard drug. 1N hydrochloric acid was used to adjust the pH. The incubation was done for 20 minutes at 37 °C and heated for 3 minutes at 57 °C, phosphate buffer was used and the turbidity was measured using spectrophotometer at 660nm. Distilled water was used as control. The assessment of protection from denaturation was done using the below mentioned formula.

Protein inhibition percentage: $\left[\frac{A(control)-A(sample)}{A(control)}\right] \times 100$

High Performance Thin Layer Chromatography analysis [7].

Silica gel 60F254, 7X6 cm was used in the thin layer chromatography subjected in one dimensional ascending method for the sample PMKC. Micro pipette was used to spot the PMKC for TLC. 5 tracks of PMKC were placed with 10 micro litres at a distance of 1 cm. The sample PMKC was analysed at 254 nm and 365 nm of UV light, using twin trough chamber after it was dried. HPTLC is an innovative technique derived from TLC, since pre coated HPTLC graded plates are used, this helps in obtaining remarkable output in both qualitative and quantitative aspect. This method is very efficient in assessing the phytoconstituents of herbal raw drug in one step. The chromatographic fingerprinting is helpful in identifying the phytoconstituents and its purity.





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Chromatogram Development

CAMAG Twin Trough chambers was used in this HPTLC technique. According to the adsorption capability of herbal formulation, elution of the sample was carried out. After elution the plates are removed from chamber and dried.

Scanning

The Rf values were noted using the chromatographic fingerprinting of the phytocomponents. CAMAG software was used for the analysis of the data and the HPTLC plates were scanned at 366nm UV.

Fourier Transform Infra-Red spectrum analysis [8]

The sample was processed using Bruker Alpha-E by ATR module (attenuated total reflectance). It was ample positioned on the Crystal platform with perfect alignment of keeping anvil in upright position to assure the proper angle with the crystal prior to startof the IR radiation exposure. Spectra measurement was achieved with desired wavelengthand the corresponding observational peaks/ waves were recorded. The wavenumber wassubjected to further interpretation. Software used for the analysis is OPUS version 7 for functional group analysis. Signal detection processed through DTGS detector. Baselinecorrection adjusted as per the requirement.

UV – Visible spectrum analysis [9]

The sample *Pancha Moola Kudineer Chooranam* was analysed using UV visible Jasco V-750 model with the wavelength ranging of 200nm to 800nm.

Statistical analysis

Mean and standard deviation were used to express the results. The difference between experimental groups were analysed using ANOVA and Dunnets test

RESULTS

Protein denaturation assay

The result from this analysis shows the effective heat induced albumin denaturation. by the sample drug PMKC. The maximum percentage protein inhibition found at a concentration of 500μ g/ml was approximately $36.61\pm2.34\%$ compared to diclofenac sodium, the standard antibiotic at 100μ g/ml. The value is $91.46\pm1.33\%$. An increase in protein inhibition was observed with increasing PMKC concentration.

High Performance Thin Layer Chromatography Analysis

HPTLC fingerprinting was performed on the PMKC and eight major peaks were observed, confirming the presence of eight beneficial plants. The Rf values obtained varies between 0.08 and 0.67.

Fourier Transform Infra-Red spectrum analysis

FT-IR spectroscopy technique deciphered the structural information through vibration of their constituentsatoms. The functional groups were identified through their corresponding wavelength peaks that were tabulated in table 3. The peak at 3424 cm⁻¹ correlate to hydroxyl stretching (-OH) and ammonia group (NH₂). The 2914 cm⁻¹ correlate to CH stretching, 2811 and 2231 cm⁻¹ is in accord to NH stretching, 2145 cm⁻¹ corresponds to CN and N=C=S stretching, 1539 cm⁻¹ corresponds to NH deformation, 1512 cm⁻¹ peak confirms the presence of amide group, 1426 corresponds to CH deformation, 1322 and 1016 cm⁻¹ to COstretching. The peak at 940 cm⁻¹ is in accordance with aliphatic COOH, 832 cm⁻¹denotes aromatics OH deformation, 514 corresponds to COC deformation, whereas 452 corresponds to aromatic C-OH in plane bending vibration.





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UV – Visible spectrum analysis

The absorption peak at 254.5 nm, 274 nm and 361 nm are the characteristic peak obtained for the given sample ' *Pancha Moola KudineerChooranam*.

DISCUSSION

The temperature of human body is maintained by the thermoregulatory centre of the hypothalamus, any kind of inflammation in the body may lead to increase in the body temperature which is termed as fever so, the protein denaturation assay which is used to analyse the anti-inflammatory activity has been used as a tool to show that decrease in the inflammation in human body will lead to decrease in body temperature i.e., the probability to attain the normal body temperature is high [10][11]. The decoction made of PMKC showed Maximum percentage inhibition at 500µg/ml so this siddha herbal formulation can be used as an anti-pyretic drug. The HPTLC analysis gives the insight of the phytoconstituents present in the siddha herbal formulation PMKC. From the results it is evident that there are 8 peaks visualised under 366nm. The Rf valuevaries from 0.08 to 0.67. the highest concentration of the phytoconstituent was found to be 29.60% corresponding to the Rf value 0.14 and the eight peaks represents eight phytoconstituents present in the PMKC which may have the therapeutic value. The FTIR analysis showed the presence of alkyl group, hydroxyl group, amide group, aliphatic carboxylic acid group, aromatic hydrocarbon group and various other chemical bonds present in the phytoconstituents of PMKC. The qualitative analysis of this herbal formulation was done using UV-Vis spectroscopy technique, that provides information about residual solvent escaped into the medicine formulation through extraction process. The characteristic peak obtained in this study revealed the absence of any such extraction component and the medicinal formulation is completely of higher standard.In conclusion, the research findings of the present study have qualitatively analysed the herbal medicine formulation Pancha Moola KudineerChooranam. The protein denaturation assay indicated theantipyretic activity of the medicine that could be effective for treatment of suram, additionally, further invivo and invitro research should be carried out to determine the complete therapeutic value of this siddha herbal formulation.

Conflict of interest

The authors declare no conflict of interest.

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| Botanical name | Tamil name | Family | Chemical constituents [IV] |
|-------------------------|--------------|---------------|---|
| Glycyrrhiza glabra | Adhimadhuram | Fabaceae | Glycyrrhizin, Glycyrrheticacid Glabridin Liquiritin Triterpene Saponin |
| Chukrasiatabularis | Aayilpatta | Meliaceae | Sitosterol Quercetin 7-Dimethoxycoumarin Scopoletin, Cedrelone, |
| Terminalia chebula | Kadukkai | Combretaceae | Gallic acid Chebulagicacid Punicalagin Chebulanin Corilagin Neochebulinicacid Ellagic acid Chebulinic acid |
| Terminalia bellirica | Thandrikkai | Combretaceae | Tannin Pseudotannins Gallic acid Chebulicacid Chebulagicacid Ellagitannins Corilagin Ellagic acid |
| Phyllanthus emblica | Nelliakai | Euphorbiaceae | Gallic acid Ellagic acid Chebulinic acid Chebulagicacid |

Table 1. The raw drugs used in PMKC are





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| lasiga aliu visweswalali | | | | | |
|--------------------------|--|--|---|-------------|---|
| | | | • | Emblicanin |] |
| | | | • | Citric acid | |

Table 2. Protein inhibition results of PMKC and standard drug

| Concentration (µg/ml) | Protein denaturation inhibition in percentage |
|--------------------------|---|
| PMKC 100 | 9.141±5.11 |
| PMKC 200 | 14.43±3.70 |
| PMKC 300 | 20.81±1.90 |
| PMKC 400 | 30.23±3.69 |
| PMKC 500 | 36.61±2.34 |
| Diclofenac sodium(100µg) | 91.46±1.33 |

Table 3. HPTLC Peak table

| Peak | Start Rf | Start height | Max Rf | Max height | Max % | End Rf | End height | Area | Area% |
|------|----------|--------------|--------|------------|-------|--------|------------|--------|-------|
| 1 | 0.00 | 7.5 | 0.06 | 93.8 | 21.58 | 0.08 | 78.8 | 2047.4 | 27.22 |
| 2 | 0.08 | 80.1 | 0.12 | 128.6 | 29.60 | 0.14 | 65.3 | 2410.4 | 32.05 |
| 3 | 0.14 | 79.7 | 0.15 | 80.8 | 18.59 | 0.21 | 0.0 | 875.4 | 11.64 |
| 4 | 0.22 | 0.7 | 0.23 | 16.0 | 3.67 | 0.25 | 0.7 | 113.6 | 1.51 |
| 5 | 0.25 | 0.5 | 0.28 | 46.2 | 10.63 | 0.31 | 0.1 | 639.3 | 8.50 |
| 6 | 0.39 | 0.2 | 0.43 | 27.4 | 6.30 | 0.47 | 13.5 | 568.2 | 7.56 |
| 7 | 0.48 | 12.9 | 0.51 | 26.3 | 6.05 | 0.58 | 0.6 | 597.7 | 7.95 |
| 8 | 0.67 | 0.3 | 0.71 | 15.5 | 3.57 | 0.75 | 2.4 | 268.2 | 3.57 |

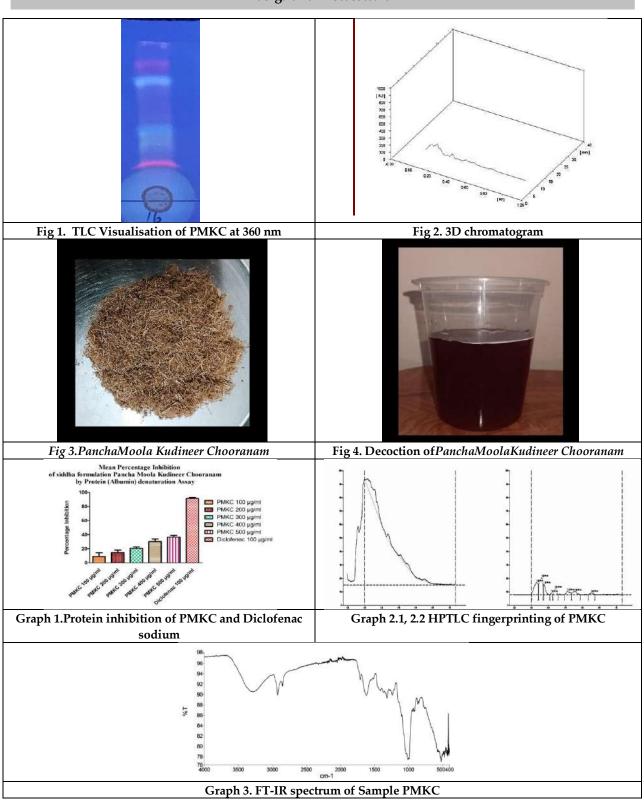
Table 4. FT-IR spectrum peak table

| Major Absorption Peak | Range in cm-1 | Functional Group | |
|-----------------------|---------------|--|--|
| 1. | 1. 3424 | May be due to NH2 stretching vibration and O-H stretching vibration, | |
| 1. | 3424 | broad | |
| 2. | 2914 | May be due to Broad O-H stretching and C-H vibrations | |
| 3. | 2811 | May be due to N-H stretching vibration | |
| 4. | 2145 | May be due to CN and N=C=S stretching vibration | |
| 5. | 2231 | May be due to O-H and N-H stretching vibration | |
| 6. | 1539 | May be due to N-H deformation | |
| 7. | 1512 | May be due to existence of amide group | |
| 8. | 1426 | May be due to C-H deformation | |
| 9. | 1322 | May be due to C-O stretching and O-H deformations | |
| 10. | 1016 | May be due to C-O stretching | |
| 11. | 940 | May be due to aliphatic COOH | |
| 12. | 832 | May be due to aromatic O-H deformation | |
| 13. | 514 | May be due to C-O-C deformation | |
| 14. | 486 | May be due to aromatic C-C skeleton vibration | |
| 15. | 452 | May be due to aromatic C-OH in-plane bending vibration | |





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RESEARCH ARTICLE

Allelopathic Proclivities of Tree Leaf Extracts on Seed Germination and Growth of *Aracheis hypogea* L. and *Vigna mungo* (L.) Hepper

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ABSTRACT

The Pot experiment was conducted in the present study to evaluate the allelopathic potential of C. siamea tree leaves against A. hypogea and V. mungo. Grinded leaves of C. siameawere soaked in tap water for 5 hours at room temperature. The different concentrations of tree species were 10, 20, 30, 40 and 50g/L. A completely randomized design having three repeats was used. Ten seeds of each species were sown in pots and then irrigated with the respective extracts soon after sowing. Results showed that germination percentage and seedling length, pigments, phenol, soluble sugar and catalase of both species were significantly affected by different concentrations of C. siamea. The extracts showed that stimulatory effect on germination of both test species of ground nut and black gram. The Maximum germination percentage (100%) was recorded at 10g/L extract treatment of C. siamea. Similarly, the maximum plant height was also observed at 41.66 cm in ground nut and 40.2 cm in black gram respectively. Low concentration of C. siamea extract treatment proved stimulatory effects in seedlings as compared to higher concentrations. Higher concentrations treatment showed a negative effect on the species tested. The biochemical contents were also reduced at 50 g/L extract treatment over control. Hence it can be concluded from the results that allelopathy effects of trees can be concentration dependent. The stimulatory and inhibitory effects are also different from different species and concentration also affect the crops. Presence of different allelochemicals, C. siamea extract can be used as a viable weed management technique in the future.Between the two test crops more inhibition was observed in black gram than in ground nut.

Keywords: Allelopathy, allelochemicals, germination, control, inhibition, effects, species.

INTRODUCTION

Allelopathy is a widespread biological phenomena in which one organism creates biochemicals that affect the growth, survival, development, and reproduction of others. These biochemicals, known as allelochemicals, can have





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positive or negative impacts on target species. Plant allelopathy is a mode of interaction between receptor and donor plants that can have either positive or negative effects. To maintain sustainable agricultural development, cultivation strategies that take use of allelopathic plants' stimulatory/inhibitory influence must be used to govern plant growth and development while avoiding allelopathic autotoxicity. Allelochemicals may be employed as growth regulators, herbicides, insecticides, and antimicrobial crop protection treatments. The "inhibitory" chemical is released into the soil environment where it affects the development and growth of neighbouring plants Allelopathic chemicals can be present in any part of the plant. They can be found in leaves, flowers, roots, fruits, or stems. They can also be found in the surrounding soil These toxins affect target species in many different ways. The toxic chemicals may inhibit shoot/root growth, they may inhibit nutrient uptake, or they may attack a naturally occurring symbiotic relationship thereby destroying the plant's usable source of a nutrient[1].

Not all plants have allelopathic tendencies. Some, though they exhibit these tendencies, may be displaying aggressive competition of a non-chemical form Much of the controversy surrounding allelopathy is in trying to distinguish the type of competition being displayed. In general, if it is chemical, then the plant is considered allelopathic. There have been some recent links to plant allelotoxins directed at animals, but data is scarce. Allelopathy is emerging as a new discipline in agricultural sciences because it is hoped that the use of this science will be proved environment friendly, cost effective and cheaper. Numerous scientists have argued that a detailed study of allelopathy can reduce the reliance on herbicides.Sidhu and Hans [2] found that when the concentration of Eucalyptus extracts increased, plant growth reduced. Phlomina and Srivasuki [3] reported that leaf leachates from five multipurpose tree species (Eucalyptus camaldulensis, Acacia nilotica, Derris indica, Cassia siamea, and Sesbania grandiflora) exhibited variable degrees of inhibitory and stimulating effects on germination percentage. May and Ash [4] concluded that Eucalyptus stunted the growth of several species. Hunshal *et al.* [5] conducted allelopathic investigations and examined the chemical composition of tree species. Cheema *et al.* [6] studied for the commercial use of sorghum water extracts for weed control in wheat.

Agroforestry is a land use system, that integrates trees, cropsand/or animals in a scientifically sound way, practically feasible, ecologically desirable and socially acceptable by the farmers[7]. In the present marketoriented world the dimensions of agroforestry have changed from subsistence to commercial and Eco-friendly with a rider of maintaining a balance betweenecology and economy. Agroforestry cropping systems occupy an intermediate position, between natural and agro ecosystems, on a scale measuring domestication of the production environment. This is a result of blending agriculture with forestry. These systems should be designed to mimic at least some processes of natural forest ecosystems to obtain benefits that must otherwise accrue to the system externally. Woodmansee [8] compared natural with agricultural ecosystems, and concluded that natural ecosystems have developed several mechanisms to sustain productivity that could be exploited in properly designed agricultural systems.

Allelochemicals have a variety of effects, including decreased plant growth, absorption of water and mineral nutrients, ion uptake, leaf water potential, shoot turgor pressure, osmotic potential, dry matter production, leaf area expansion, stomatal aperture size, stomatal diffusive conductance, and photosynthesis[9]. Allelochemicals are mostly secondary metabolites that are released into the environment via natural processes such as volatilization, leaf leaching, residue breakdown, and/or root exudate. As a result, it is important to first understand how allelochemicals enter the environment. Allelochemical activity varies according to research methodology and operating processes [10]. The natural state of allelochemicals may be changed somewhat during the process of extraction [11]. As a result, researchers must exercise caution when determining whether a plant has allelopathic potential or separating and identifying allelochemicals using organic solvents and aqueous extracts of plant tissues.

An allelochemical discharged into the environment is typically not a single substance, and the amount released varies depending on the conditions. When investigating plants' allelopathic potential, it is important to evaluate both the type and amount of allelochemicals they release. Interactions such as synergy, antagonism, and incremental effects between different allelochemicals should be investigated because one allelochemical may not exhibit allelopathic





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activity as a single component in a given situation but may increase allelopathy when combined with other allelochemicals [12]. Allelopathy is a physiological and ecological mechanism that influences agricultural crop yield [13]. Because of the favourable climatic conditions and socioeconomic relevance of crops in the human diet, crop production is relatively frequent [14]. Plant influences include species, variety, growth stage, and tissue types [15]. Allelopathic effects differ with variety or genotype [16]. Plants from the same environment or with close taxonomic proximity do not always produce secondary metabolites in the same quantities or quality, and thus may not have similar allelopathic effects [17,18]). In a recent study, endogenous allelochemical levels were employed to assess abiotic stress resistance. Meanwhile, exogenous application of allelochemicals has been shown to increase the endogenous level of receivers, resulting in increased growth and resistance to abiotic stresses[19]; thus, appropriate environmental conditions are required for allelopathic studies. According to Albuquerque *et al.* [12], stress can boost the release of allelochemicals from allelopathic plants.

Understanding allelopathy is crucial for understanding its impact on plant germination and seedling growth [20,21]. Germination and seedling growth are critical stages in plant development [22,23] Allelopathy and autoallelopathy are being used to manage organic output in new ways. There is convincing evidence that allelopathic interactions between plants play a crucial role in natural as well as manipulated ecosystems. In recent times evidence is accumulating that all types of plants viz herbs, shrubs and trees, allelopathitically affect the patterning of vegetation, largely in their immediate vicinity. Therefore, in the present work, an attempt has been made to evaluate and compare the allelopathic potentiality of the common agroforestry tree (*C. siamea*) on the germination, seedling growth, and biochemical parameters of two crop species (*A. hypogea* and *V. mungo*).

MATERIALS AND METHODS

A pot experiment was conducted in the Department of Botany, Annamalai l University, Annamalai Nagar, to assess the allelopathic proclivities of tree leaf extracts on seed germination and growth of ground nut (*Arachis hypogea*) and black gram (*Vigna mungo*). The fresh green leaves of *Cassia siamea* were collected and dried in shed. The leaves were then grinded with the help of a grinder. The grinded material was then soaked in tap water for 5 hrs at room temperature (23 °C). From this stock solution different concentrations (10, 20, 20, 40 and 50 g/ L) of extracts were prepared and control crops were used in tap water. The experiment was laid out in a completely randomized design (CRO) and repeated three times.

A sufficient quantity of healthy seeds of two food crops viz. ground nut and black gram were tested for viability and healthy seeds of each food crop were surface sterilized in 15% sodium hypochlorite for 20 min and rinsed several times with distilled water. Ten seeds of each species were sown in pots containing 5 kg of garden soil. The pots were treated with different treatments (concentration) of extract solution and then treated with the respective extracts soon after sowing. The control pots were irrgated with the required amount of water. No fertilizer was applied during the experiment. Data on germination percentage was recorded ten days after sowing and plant height (cm) was recorded 28 days after sowing . Numbers of ground nut and black gram plants that emerged from the soil were counted in each pot and then average was calculated. To record the plant height, crops present in each pot were measured from ground level to the tip of the seedling and then the average was computed.

Experiment was carried out using a Completely Randomized Design (CRD) with 5 treatments, that is, Control (only distilled water); 10 g/L leaf concentration, 20 g/L leaf extract concentration, 30g/L leaf extract concentration, 40g/L leaf extract concentration and 50 g/L leaf extract concentration and each treatment was replicated three times. The number of seeds germinated was counted daily in each treatment and germination was recorded every day till 10 days root and shoot lengths of seedlings were measured and recorded on the 25th day. The experimental data were subjected to analysis of variance (ANOVA). The percentage of inhibition/stimulation effect was calculated using the formula given by Surendra and Pot (1978): I = 100 – (E2 × 100/E1), where I - % of inhibition/stimulation, E1- the response of control and E2- the response of treatment.





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RESULTS AND DISCUSSION

Allelopathic effects of aqueous leaf extracts of *C. siamea* on seed germination of *A. hypogea* and *V. mungo* (Table-1) showed the stimulatory effects and inhibitory effects on germination. The leaf extract with a higher concentration of (50g/L)*C. siamea*showed an inhibitory effect on seed germination percentage for *A. hypogea* and *V. mungo* but a stimulatory effect was observed at lower concentration extract treatment on both test crops in pot study. At 40g/L extract treatments, the result showed a in the reduction percentage of germination in both test crops (-28.28% and -42%). The variation in germination of different food crops might be due to the variation of species. More days were required for sprouting under higher extract concentration, at the same time positive response was noticed in the 10g/L treatment. The concentration showed greater potential at higher concentrations (Table 1) which can be attributed to the relative amount of allelochemicals released by the extract (El Rokiek *et al.*, 2010). The variation in germination of different food crops might be due to the variation in tolerance of the species to different concentrations of the leaf extracts. The inhibitory effect of germination had also been reported earlier by [24] in *Casia occidentalis*. Lower germination may be the result of water uptake inhibition [25], and the disturbance in the synthesis as well as the activity of gibberellic acid (GA3) [26].

Germination was higher in the control and lower concentrations of leaf extracts and water uptake could have played a role in the process. During seed germination, several metabolic and physiological processes could be attributed to water uptake. Reduction in germination percentage has also been reported by some other authors like[27]in wheat treated with Eucalyptus camaldulensis leaf extract and [28] in six plant species treated with Azadiratcha indica leaf extracts. The allelopathic evaluation in this study showed that the two food species responded to the application of different concentrations of C.siamea leaf extracts, as seen by the considerable effects on seed germination. In general, the concentrations of 40g/L and 50g/L caused the maximum inhibition of the germination rate for ground nut and black gram. The effect of 10g/L concentrations of aqueous leaf extracts on plant growth has been explored, and higher concentrations are known to inhibit sprouting [29]. Germination and growth response of the target plants to the allelochemicals may be due to several reasons. Higher concentrations of extract stressed the environment for the test crop which fails in metabolic machinery to activate the embryo to germinate. Lower concentration may stimulate efficient enzyme and hormonal coordination for successful germination. It may be asserted that plants growing in allelochemically induced environment may experience changes in enzyme functionality, water and mineral uptake, permeability of cell membrane and photosynthetic activity corresponding to either reduced germination, seedling growth and dry matter accumulation or stimulation in these parameters [30]. The treatment of 50 g/L was found to be the poorest growth performing treatment of crops. The maximum root length and shoot length reduction were recorded. The positive growth response was observed in both test crops at 10gL-1 treatment of plant leaf extracts. The comparison between treatments and control showed that there was a significant difference. The magnitude of inhibition of root length was considerably greater than shoot length as evident from higher values of response percentage (Table-2). There was significant variation in the root length and shoot length of ground nut and black gram with different concentrations of C. siamea leaf extracts.

The plant leaf extracts had an inhibiting effect on root and shoot growth. Statistical analysis revealed that the greatest reduction recorded at the highest concentration had a significant influence on the shoot and root length of groundnut and black gramme overcontrol. However, smaller doses (10 gL-1) of extract treatment in ground nut and black gramme showed significant differences from the control. Allelopathic plants inhibit the growth of nearby plants by influencing their biochemical and physiological processes. Secondary metabolites (allelochemicals) interact with other plants in a variety of chemical interactions, suppressing their growth by influencing plant machinery at the cellular, physiological, and biochemical level. Allelochemical doses and kinds are directly related to their effects on ion absorption. A little quantity of dibutyl phthalate increases nitrogen uptake while decreasing P and K uptake. A considerable amount of this chemical inhibits the absorption of N, P, and K. Similarly, when diphenylamine levels are low, tomato roots absorb N and K more quickly than P [31]. Plants combine phenolic chemicals to modify their defence mechanisms against varied conditions [32].





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The inhibitory action of phenol has been attributed to its effect on membrane functions, membrane potential, mineral absorption and plant water relations. This experiment showed that *C. siamea* leaf extracts had more inhibitory effects on the root length and shoot length of *V. mungo* seedlings than in *A. hypogea* crops (Table-2). Stimulatory effects were also noticed at lower concentration (10 g/L) treatments in both test crops. As the concentration of extracts increased the inhibition of root length and shoot length also increased. A large number of phytochemicals may be present in the leaf extracts, some of which may be responsible for inhibition and certain for stimulation.

The toxic chemicals of *C. siamea* may inhibit shoot or root growth, they may inhibit nutrient uptake, or they may attack a naturally occurring symbiotic relationship thereby destroying the plant's usable source of nutrients [33]. A similar trend was observed John *et al.* [34] that fresh leaf extract of mango contains terpenoids and triterpenes, tamarind has flavonoids and terpenoids while teak contains triterpenes. The reduction increased with the increased rates ofresidues. When the crops were treated with *C. siamea* leaf extracts showed chlorohyll reduction in the ground nut and black gram seedlings over control seedlings. The results also showed that chlorophyll content was significantly reduced in 40g/L(chl.a.-29.71%, chl.b. -47.44%, total chlorophyll -39% and carotenoids -20.83% in *A.hypogea* respectively; chl.a. -29.29%, chl.b. -32.10%, total chlorophyll -30.60% and carotenoids -32.01% in *V. mungo* respectively) and50g/L (-42.50%, 55.43%, 49.28% and -39.56% ; -52.22%, -45.21%, -48.94%, -51.09% in *A.hypogea* and *V. mungo* chl.a, chl.b, total chlorophyll and carotenoids respectively) leaf extracts treatments which is accordance with other observations. The reduction in chlorophyll content ultimately resulted in the reduction or decline in photosynthesis in both crop plants.

Chlorophylls a, b, total chlorophyll and carotenoids accumulated in *A. hypogea* and *Vigna mungo* at lower doses (10gL-1); the following percentages were observed in both crops; chl.a 4.26% & 4.08%, Chl. b 2.74% & 3.14, total chlorophyll 3.46% & 3.64% and carotenoid contents 0.17% & 0.87% of *C. siamea* leaf extracts treatments over control. However the higher doses (20,30,40 and 50g/L) inhibited seedling chl. a, chl. b, total chlorophyll and carotenoids contents and the effect was concentration dependent. Allelochemicals predominantly influence photosynthesis circuitry in plants, accelerating the breakdown of photosynthetic pigments [35,36]. Many allelochemicals have been investigated for their effects on photosynthesis in plants. Allelochemicals have been shown to degrade photosynthetic enzymes. These allelochemicals mostly impair Photosystem II (PSII), affecting photosynthesis significantly [37,38]. Sorgoleone is a well-known allelotxin and lipophilic benzoquinone component that inhibits PSII by limiting the photosynthetic electron transport chain (ETC) [39]. Chlorophylls a, b, and carotenoids accumulated in ground nut and black gramme at lower dosages of C. siamea leaf residues, as did total sugar, primarily the insoluble component. The suppression of photosynthetic pigments at higher concentrations of *C. siamea* leaf extracts was accompanied by a considerable drop in all sugar fractions.

Significant effects of the treatments on Chlorophyll a, chlorophyll b.total chlorophyll and carotenoid contents were recorded with respect to *C. siamea*, on annual crops (ground nut and black gram) as well asthe interaction between tree species and annual crops(Tables 3 & 4). Between the two annual crops, a significant increase was recorded in ground nut while, the decrease was recorded in black gram. Results were found similar to the findings of Venkateshwarlu [40], who has reported inhibition in chlorophyll aand chl. b content (41.66% and 11.36% respectively) in radish when treated with leaf extract of *M. indica*(200 ppm). The reduction in chlorophyll contents observed in the few combinations might be due tothe degradation of chlorophyll pigments or reduction intheir synthesis and the action of flavonoids, terpenoids or other phytochemicals present in leafextracts [41]. Reduction inchlorophylls may decrease photosynthesis and there by substantially decrease all the metabolitesviz., total sugars, proteins and soluble amino acids[42].

Concerning the total phenol content of the annual plants, a significant effect of the treatments could be recorded (Tables 5 & 6). The phenolic content of two seedlings, stimulatory and inhibitory effects was noticed over control. Between the two annual crops, significantly higher values (1.16%) could be found in black gram, when treated with a lower concentration of extract treatment (10g/L) while it was recorded significantly lower in ground nut(-





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0.54%). Tables 5 and 6 show that the treatments had a substantial influence on the total phenol content of the annual plants. The phenolic content of two seedlings showed stimulatory and inhibitory effects compared to the control. Compared to the two annual crops, black gramme had significantly higher values (1.16%) when treated with a lower concentration of extract (10g/L), while ground nut had significantly lower values (-0.54%). The largest stimulatory impact was discovered in black gramme (1.16%) when treated with 10g/L. leaf extract, while the maximum inhibitory effect was also obtained in the same crop (-64.33%) when treated with 50g/L extract. This phenolic compound may interfere with the phosphorylation pathway, inhibit the activation of Mg and ATPase activity, or be caused by decreased synthesis of total carbohydrate, protein, and nucleic acid (DNA and RNA), or interference in cell division, mineral uptake, and biosynthetic processes [43].

Significant impacts of the treatment on total soluble sugar and enzyme catalase content of the annual plant were observed for two annual crops, as well as interactions between tree species and annual crops (Tables 5 and 6). The 10g/L concentration treatment resulted in the highest total soluble sugar (0.86% & 0.40% in ground nut and black gramme) and catalase (3.47% & 1.78% in ground nut and black gramme, respectively) content. The observed reduction in total soluble sugar and catalase levels in black gramme is most likely due to photochemical interference in total sugar biosynthetic processes, as validated by Singh and Rao [44] in rice. During the study period, significant effects of treatments on tree species and annual crops were observed.

Allelochemicals affect membrane permeability and integrity [45], plant water relations [46], cell division [47], hormone biosynthesis and transport[48], mineral uptake and transport [49] soil nutrient composition [50], stomatal oscillations [51], and photosynthesis . Phytotoxins can alter plant growth through a variety of mechanisms. They can have an impact on plant biochemistry, physiology, cytology, and morphology, altering its growth and development directly. Regardless of the relationships between plant species, a robust ground for the scientific underpinning of the survival and utility of the allelopathic process should be generalised.

CONCLUSION

The allelopathic potential of trees and crops can affect tree group growth and division, as well as the yield of vital plants, and allelopathy has proven to be useful in this case. When trees and crops grow together, they form a network that inhibits or stimulates their growth or yield through direct or indirect allelopathic interaction. Allelopathy plays an important function in the ecosystem, affecting plants in both positive and negative ways. The study revealed that the *C. siamea* tree leaf extracts contain allelochemicals, these chemicals affected the studied test crops ie. groundnut and black gram germination, seedling length, chlorophyll, carotenoids, total soluble sugar, total phenol and catalase. This experiment concluded that the allelopathic effect was concentration dependent, and the effect was also different for different species. Between the two crops more allelopathic effect was noticed in *V. mungo* than in *A. hypogea*. Allelopathic connections are a product of secondary metabolism and show diversity in chemical nature and function as a group. There is a need for further study to be carried out on identifying the inhibiting allelochemical in the parts investigated.

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Table 1. Germination Percentage of groundnut and black gram against C. siamea

| Extract concentration(g/L) | A. hypogea | V. mungo |
|----------------------------|------------|----------|
| Control | 99 | 100 |
| 10 g/L | 100(1.01 | 100(0) |
| 20 g/L | 97(-2.02) | 95(-5) |
| 30 g/L | 86(-13.12) | 79(-21) |
| 40 g/L | 71(-28.28) | 58(-42) |
| 50 g/L | 55(-44.44) | 40(-60) |

Data in parenthesis indicates % increases or decreases

Table-2 Allelopathic effect of C. siamea on root length and shoot length(cm/plant) od A. hypogea and V. mungo

| Extract | A. hypogea | | V. mungo | |
|---------------|-------------------|--------------|-------------------|--------------|
| concentration | Root length | Shoot length | Root length | Shoot length |
| Control | 9.166±0.513 | 31.866±0.808 | 7.366±0.450 | 32.4±0.655 |
| 10gL-1 | 9.266±0.514 | 32.466±0.950 | 7.6 ±0.451 | 33.1±0.660 |
| 20gL-1 | 6.266±0.208 | 29.033±0.960 | 6.433±0.503 | 29.8±0.721 |
| 30gL-1 | 5.566 ± 0.251 | 26.866±0.808 | 5.366±0.351 | 25.53±0.503 |
| 40gL-1 | 5.033±0.351 | 24.233±0.208 | 4.866 ± 0.404 | 20.6±0.529 |
| 50gL-1 | 4.66±0.152 | 18±0.866 | 4.1±0.264 | 12.16 ±0.763 |

Means followed by Standard Deviation

Table-3 Allelopathic effect of *C. siamea* on Chl.a, Chl.b, Total chlorophyll and carotenoids (mg/g. fr.wt.) contents of *A. hypogea*

| Extract concentration | Chlorophyll a | Chlorophyll b | Total chlorophyll | Carotenoids |
|-----------------------|---------------|----------------|-------------------|---------------|
| Control | 0.727 | 0.801 | 1.528 | 0.599 |
| 10gL-1 | 0.758(4.26) | 0.823 (2.74) | 1.581(3.46) | 0.676(0.17 |
| 20gL-1 | 0.632(-13.06) | 0.687 (-14.23) | 1.319(-13.67) | 0.66(-3.17) |
| 30gL-1 | 0.561(-22.83) | 0.54(-32.58) | 1.101(-27.94) | 0.564(-5.84) |
| 40gL-1 | 0.511(-29.71) | 0.421(-47.44) | 0.932(-39.00) | 0.476(-20.83) |
| 50gL-1 | 0.418(-42.50) | 0.357(-55.43) | 0.775(-49.28) | 0.362(-39.56) |

Data in parenthesis indicates % increases or decreases





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Table - 4 Allelopathic effect of *C. siamea* on Chl.a, Chl.b, Total chlorophyll and carotenoids (mg/g. fr.wt.) contents of *V. mungo* on 28th Day old seeding

| Extract concentration | Chlorophyll a | Chlorophyll b | Total chlorophyll | Carotenoids |
|-----------------------|---------------|---------------|-------------------|---------------|
| Control | 0.833 | 0.732 | 1.565 | 0.456 |
| 10gL-1 | 0.867 (4.08) | 0.755(3.14) | 1.622(3.64) | 0.479(0.87) |
| 20gL-1 | 0.761(-8.64) | 0.698(-4.64) | 1.459(-6.77) | 0.438(-3.94) |
| 30gL-1 | 0.69(-17.64) | 0.591(-19.26) | 1.281(-18.47) | 0.389(-14.69) |
| 40gL-1 | 0.589(-29.29) | 0.497(-32.10) | 1.086(-30.60) | 0.31(-32.01) |
| 50gL-1 | 0.398(-52.22) | 0.401(-45.21) | 0.799(-48.94) | 0.223(-51.09) |

Data in parenthesis indicates % increases or decreases over control

Table-5 Allelopathic effect of *C. siamea* on Total soluble sugar, Phenol and catalase (mg/g. fr.wt.) contents of *A. hypogea* on 28th Day old seeding;

| Extract concentration | Total soluble sugar | Phenol | catalase |
|-----------------------|---------------------|---------------|---------------|
| Control | 1.267 | 0.923 | 1.094 |
| 10gL-1 | 1.278(0.86) | 0.918(-0.54) | 1.017(3.47) |
| 20gL-1 | 1.202(-5.13) | 0.863(-6.50) | 0.901(-17.64) |
| 30gL-1 | 1.123(-11.36) | 0.789(-14.51) | 0.845(-22.76) |
| 40gL-1 | 0.87(-31.33) | 0.603(-34.66) | 0.699(-36.10) |
| 50gL-1 | 0.698(-44.90) | 0.388(-57.96) | 0.436(-60.14) |

Data in parenthesis indicates % increases or decreases over control

Table - 6 Allelopathic effect of *C. siamea* on Total soluble sugar, Phenol and catalase (mg/g. fr.wt.) contents of *V. mungo* on 28th Day old seeding.

| Extract concentration | Total soluble sugar | Phenol | catalase |
|-----------------------|---------------------|---------------|---------------|
| Control | 0.988 | 1.901 | 0.895 |
| 10gL-1 | 0.992(0.40) | 1.923(1.16) | 0.871(1.78) |
| 20gL-1 | 0.91(-7.89) | 1.796(-5.52) | 0.755(-15.64) |
| 30gL-1 | 0.79(-20.04) | 1.509(-20.62) | 0.623(-30.39) |
| 40gL-1 | 0.572(-42.10) | 0.992(-47.81) | 0.474(-47.03) |
| 50gL-1 | 0.334(-66.19) | 0.678(-64.33) | 0.234(-73.85) |

Data in parenthesis indicates % increases or decreases over control





RESEARCH ARTICLE

Management of Ocular Insect bite through Ayurveda- a Case Study

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ABSTRACT

The origins of *Visha* and *KeetaVisha* were recited by *Acharya Charaka* in *Chikitsa sthana* of *Charaka Samhita, Acharya Sushruta* in *Kalpasthana* of *Sushruta Samhita,* and *AcharyaVagbhata* in *Uttartantra* of *Ashtanga Hridaya,* respectively. *Acharya Sushruta* explained *KeetaVisha* as *Jangama Visha* (Animate Poison) and classified 67 different types of *Keeta* into four groups that may cause both acute and severe manifestations in humans. The most common symptoms of an insect bite are itching, a burning sensation, swelling, and pain at the bite site. The diagnosis and treatment of *Keeta visha* differs according to thetypes of *Keeta,* so they are frequently misdiagnosed because the signs and symptoms resemble those of a skin disease. This is a case report of a 32-year-old female who had a history of an unknown insect bite and presented to the eye OPD with complaints of swelling on both upper eyelids, itching in the periorbital area, burning sensation in both eyes, pain opening her eyes and watering from both eyes. *Acharya Sushruta's Kalpasthana* contains numerous formulations for all types of *Visha.* As a result, the patient was treated with *Aschyotana (Aatyayik chikitsa), Bilvadi Gutika, Punarnava Guggulu* and *Manjishthadi Kashaya,* as well as *Bidalaka,* a local application with *Vishaghna* properties. In this case, drugs have provided reassuring results in the treatment of an unknown insect bite.

Keywords: Aschyotana, Ayurveda, insect bite, Keeta, Nayanabhighata, Ocular emergencies





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INTRODUCTION

Netrabhighata (Ocular injury)can occur by either director indirect causes. As *Acharya Dalhana* mentioned, direct causes include- direct shock or blow, foreign body, *vayu*, dust, smoke, touch of insects, *Tikshnanjana*, over fomentation of eyes, injury due to water force while swimming, rubbing of the eyes vigorously, staring at celestial bodies like sun with naked eyes [1]. According to *Charak Acharya*, insects are also known as *Keeta* because they are produced from *Kitta* or waste products such as stool and urine [2]. The term *Keeta* refers to all living creatures which are small in size but visible, having two or more legs with or without wings and stings are present, which is included in *Jangamvisha* [3]. An insect bite to the eyelid usually results in redness and inflammation of the eyelid and surrounding area. Fluid accumulation and inflammation are common after an insect bite due to the loose tissue surrounding the eye [4]. In severe cases, it can even prevent the eye from opening, especially when lying down, because the fluid gravitates to that area. Because the skin around the eye is sensitive, the itchiness lasts only a few days. Symptoms may include swelling, redness of the eyes, pricking or burning pain, and tenderness to touch occurring around one or bilateral eyes. The affected person can move the eye in any direction without pain, but opening the eyelid can be difficult, often due to swelling. The significant variation in clinical presentation and outcomes between several cases has made it difficult to develop a therapeutic algorithm.

Aim

To evaluate the efficacy of Ayurveda therapy in the management of ocular insect bite.

Objectives

- To study on insect bite in detail.
- To study the probable mode of action of Ayurveda management of ocular insect bite.

MATERIALS AND METHODS

Case Report

A 32 years old female, resident of Vadodara reported to *ShalakyaTantra* Eye OPD of Parul Ayurved Hospital, Vadodara with following complaints since 1 day:

- Swelling on bilateral upper eyelids and forehead
- Burning sensation in bilateral eyes
- Itching at periorbital area
- Pain while opening the eyes
- Watering from bilateral eyes

Patient was vitally stable and her appetite was moderate.

Past History

History of unknown insect bite on both upper eyelid 1 day back.

Ocular examination

Swelling over the forehead (glabella).No evidence of any inflammatory changes. After keen ocular examination with slit lamp, no extra ocular foreign body was found.

Systemic Examination

BP- 110/80 mmHg Pulse- 83/min T- Afebrile RR- 18/min



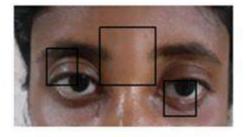


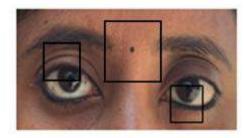
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Treatment Plan

The main aim of treatment is to give relief to symptoms, avoid further complication and positive psychological approach to the patient. *Aschyotana* with *Yashtimadhu Ghrita* was done for 7 days as *Aatyayik chikitasa*(Emergency treatment) [5]

OBSERVATION & RESULTS





after Management

Before Management

Gradation: Table 3: Gradation of the symptoms Results: Table. 4

DISCUSSION

Despite the fact that the lids, eyelashes, and orbital margins protect the eye, *Neeja* or *Agantuj* cause can injured the eyes in a variety of ways. The most feared outcome of the *Netrabhighata* is vision loss, which must be treated immediately.During *Abhighata*, the *Doshas Rakta* and *Pitta* are the most affected. *Abhighata* causes *Pitta* and *Rakta* to become vitiated, followed by *Vata* and *Kapha* to become vitiated, resulting in the formation of *Sopha, Puya, Bhedha* of *Twacha* and *Vrana* [6]. Therefore, *Tridoshahara Pathyas, Snighdha, Hima* and *MadhuraDravyas* are recommended to combat the negative effects of vitiated *Rakta* and *Tridosha* while also soothing the eyes.

The probable mode of action of the medicines used in this case is as follows:

Yashtimadhu Ghrita: It includes Yashtimadhu and Ghrita. Both Yashtimadhu and Ghrita contain Madhura Rasa, Guru-Snigdha Guna, Madhura Vipaka and Sheeta Virya. It calms the agitated Vata due to its Madhura Rasa, Guru-Snigdha Guna and Madhura Vipaka. It also soothes the irritated pitta with its Madhura rasa, Madhura Vipaka and Sheeta Virya. It has healing, skin regeneration, and anti-inflammatory properties. It also owns Rasayana and Ropana properties. Yashtimadhu: The antioxidant activity of G. glabra is one of the primary reasons for its use. The phenolic content is most likely responsible for the high antioxidant activity observed. The responsible compounds are primarily isoflavones, including glabridin, hispaglabridin A, and 30-hydroxy-4-O-methylglabridin. The dihydrostilbene derivatives found in G. glabra leaves have high antioxidant activity. G. glabra also contains licochalcones B and D, which have strong DPPH radical scavenging activity and can inhibit microsomal lipid peroxidation. These phenolic compounds are effective at protecting biological systems from oxidative stress and inhibiting the onset of skin damage. The topical application of liquorice extract formulations may be beneficial in innovative dermal and cosmetic products because it counteracts oxidative stress damage and maintains skin homeostasis due to its high antioxidant content. The antibacterial activity observed is due to the presence of secondary metabolites, namely, saponins, alkaloids, and flavonoids [7].

Bidalaka: According to *Srotomaya Purusha*, the entire body is made up of *SukshmaSrotasa*, or it is porous. Through these pores or channels, minute particles of drug applied in the form of *Bidalaka* penetrate the skin. At this stage, the *UpshoshanaGuna* of *Vata Dosha* aids in drug penetration and absorption. *Bhrajaka Pitta*, which is present in the skin, is responsible for the metabolism of drugs applied to the skin [8,9]. The drugs used in *Bidalaka* promote wound healing.





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It includes Yashtimadhu, Amalaki, Haritaki, Daruharidra, Lodhra which contains Vrana Shodhana-Ropana (woundhealing)Guna, Shophaghna (anti-inflammatory), Indriyabalaprada (immunomodulatory), Raktaprasadana (blood purification), and Dahaprashamana (reduce burning sensation), Tridoshaghna as well as Rujahara (analgesic), and Kandughna (anti-pruritus)Guna. AcharyaCharaka classifies Lodhra as Sandhaniyagana Dravya (wound-healing drugs). It includes Kashaya-Tikta rasa, Laghu-Ruksha guna, Katu Vipaka and Sheeta Virya. Thus, it balances kapha and Pitta. Ethanolic extract present in Lodhra is responsible for analgesics and anti-inflammatory activities [10].

BilvadiGutika Vati: *Bilva*-It includes *Laghu Guna, Sheeta Virya* and *Madhura Vipaka*. It contains *Mutrala* (diuretic), *Tridoshaghna, Shothahara* (anti-inflammatory), *Vedanasthapana* (analgesic), *Raktastambhan* (hemostatic), *Deepana* (appetiser), *Pachana* (digestive), and *Grahi* (astringent) properties. According to studies, the pulp of the *Bilva* fruit contains a variety of bioactive substances, including carotenoids, phenolics, alkaloids, pectins, tannins, coumarins, flavonoids, and terpenoids which are responsible for anti-inflammatory, anti-genotoxic, anti-bacterial, anti-fungal, and antioxidant properties. Chemical structures of the compounds present in *Bilva* areCitral (antibacterial, antifungal, and antiparasitic), Cumin aldehyde (Insecticide), Eugenol (antibacterial, analgesic, and antioxidant), rutin (Antioxidant, Anti-inflammatory), β sitosterol (Antioxidant). [11]. It has been found to have healing properties and is beneficial for blood purification.¹²Because it balances *Kapha* and *Vata*, it is effective in treating pain and swelling, as well as managing various inflammatory changes in the body. *Surasa* has anti-inflammatory, analgesic, and antipyretic properties, as well as immunoregulatory action. It also acts as an antihistamine, antibacterial, and has antitoxic properties.

Karanja, Haridra, Daruharidra- These medications include Tikta-Katu Rasa, Ruksha-Laghu Guna, Katu Vipaka and Ushna Virya. It balances Vata and Kapha due to Ushna Virya; Ruksha-Laghu Guna pacifies Kapha; and Tikta Rasa pacifies Pitta. Hence, it balances all three Doshas. It reduces skin lesions and effectively relieves the itching sensation associated with them. Tagara has Katu-Tikta-Kashaya Rasa, Laghu-Snigdha Guna, Katu Vipaka and Ushna Virya. It possesses Kapha Vata Shamaka and Vishaghna properties. Haritaki includes Lavana Varjita Pancharasa, Laghu-Ruksha Guna, Madhura Vipaka and Ushna Virya. It's called Vatanulomaka and it's primarily responsible for interrupting the progression of inflammation and pain. Pippali contains Katu Rasa, Laghu-Tikshna Guna, Madhura Vipaka and Anushna-Sheeta Virya all of which may act as a Pitta-reducingdrug. Sunthi has Katu Rasa, Guru-Ruksha-Tikshna Guna, Madhura Vipaka and Ushna Virya, It is used to treat bothacute andchronic inflammation, skin infections, and oxidative stress [13]. BilvadiGutika performs Aam Pachana, which helps to eliminate Gara Visha and Agni Mandhya.

Punarnavadi Guggulu: Punarnava contains Madhura-Tikta-Kashaya Rasa, Laghu-RukshaGuna, Katu Vipaka and Ushna Virya. It balances the Kapha and VataDosha and performs Sothaghna and Rasayana actions. It contains several bioactive chemical constituents, including punarnavine, isoflavonoids (rotenoids), sitosterol, an alkaloid (boeravinone), eupalitin, beta-sitosterol, and palmitic acid. [14]. These active chemical constituents are found in various parts of the plant and have pharmacological and therapeutic properties such as immunomodulation, anti-inflammatory, antioxidant, antifungal, anti-microbial, anti-histamine, and anti-stress [15].

Devdaru includes Tikta-Katu-Kashaya Rasa, Ruksha-Laghu Guna, Katu Vipaka and UshnaVirya. It contains Vatahara and Sophaghna properties. **Haritaki** includes Shothahara, Deepana, Pachana and Shulahara properties. **Guduchi** contains Kashaya-Tikta Rasa, Laghu-Snigdha Guna, Madhura Vipaka and Ushna Virya. Guduchi is Tridoshaghna and performs Rasayana and Dhatvagni Vardhaka actions. **Guggulu** includes Tikta-Katu Rasa, Laghu, Ruksha, Vishada Guna, Sookshma, Sara Guna, Katu Vipakaand Ushna Virya. It helps to resolve Shotha Samprapti.

Manjishthadi Kashaya: Manjishtha consists of *Guru-Ruksha Guna, Tikta-Kashaya-MadhuraRasa, Katu Vipaka* and *Ushna Virya.* It possesses *Kapha-Pitta-Shamaka* properties. Phenolic compounds were identified in *Manjishtha* through phytochemical testing. Phenol is an effective antiseptic for preventing infectious pathologies. Tannic acid solution acts as a chemical antidote, precipitating poisons such as alkaloids and metals. *Manjishtha* also contains carbohydrate, alkaloids, amino acids, saponin, glycosides, and tannins, making it a medicinal phytochemical with antitoxic, detoxifying, antiseptic, antimutagenic, anticarcinogenic, and antioxidant properties [16]. It has anti-inflammatory,





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pain-relieving, and antimicrobial properties. *Triphala* has antimicrobial and anti-inflammatory properties. *Vacha* has anti-inflammatory, immunomodulatory, antibacterial, and anti-ulcer properties. *Nimb* has *Tikta-KashayaRasa*, *Laghu-Ruksha Guna*, *Katu Vipaka*, and *Sheeta Viryas*. It has antibacterial, anti-inflammatory, antifungal, antioxidative, and immunomodulatory properties. All of these medications have anti-inflammatory, anti-oxidant, wound healing, antibacterial, antifungal, and antimicrobial properties that help with early wound healing and prevent complications.

CONCLUSION

Every ocular structure is prone to injury. The site is frequently determined by the cause and mechanism. It can range from minor injuries, such as getting dust in your eyes, to major injuries that cause permanent vision loss. Because of its negative consequences, our *Acharyas* have given detailed explanations for *Nayanabhighata*. In this case, the *Chikitsa* is determined by the *Avastha* and *Dosha* predominance. Our *Acharyas* have explained various treatment modalities such as *Nasya, Alepa, Parisechana, Tarpana,* the concept of *Pathya, Drushtiprasada JananaDravyas*, and the use of *Snigdha, Hima, and Madhura Dravyas* for various types of *KeetaVisha*.¹⁷The signs & symptoms of the patient were improved after four days of treatment and was completely relieved within seven days. Based on the findings of this clinical case study, we can conclude that *VishaghnaAushadhipana* combined with *Vishaghna Lepa (Bidalaka)* can provide a reliable and quick result with no local or systemic side effects. Ocular therapeutic procedure in the form of "*Aschyotana*"also played major role in the primary and emergency management(*Aatyayik chikitasa*)towards the symptoms of ocular injury.

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| | Right eye | Left eye |
|-------------------------|-----------------------------------|-----------------------------------|
| Eyelashes | NAD | NAD |
| Eyelids | Painful swelling ++ | Painful swelling +++ |
| Conjunctiva (Bulbar) | NAD | NAD |
| Conjunctiva (Palpebral) | Mild congestion + | Mild congestion + |
| Cornea | Clear | Clear |
| Sclera | NAD | NAD |
| Pupil | Round, Regular, Reactive to light | Round, Regular, Reactive to light |
| Lens | Transparent | Transparent |
| Visual Acuity | 6/6 | 6/6 (p) with pinhole 6/6 |

Table 1: Ocular examination

Table 2: Treatment protocol

| Name of procedure /Drug | Dosage | Route of | Duration |
|---|--------------------------------------|-------------------|----------|
| | | administration | |
| Aschyotana with Yashtimadhu Ghrita | 10-10 drops in bilateral eyes | Topical | 7 days |
| Bidalaka (Yashtimadhu, Amalaki, Haritaki, | 5 gm each | Local application | 7 days |
| Daruharidra, Lodhra) | | | |
| Bilvadi Gutika | 2 tablets twice a day with luke warm | Oral | 7 days |
| | water after meal | | |
| Punarnavadi GugguluVati | 2 tablets thrice a day with luke | Oral | 7 days |
| | warm water after meal | | |
| Manjishthadi Kashaya | 15 ml Kashaya with 45 ml water | Oral | 7 days |
| | Twice a day after meal | | |

Table 3: Gradation of the symptoms

| Symptoms | Grade |
|-------------|-------|
| Severe | +++ |
| Moderate | ++ |
| Mild | + |
| No symptoms | 0 |





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| Sign & symptoms | Before treatment | Day 4 | Day 7 | |
|-------------------------------------|------------------|-------|-------|--|
| Swelling over glabella | +++ | ++ | 0 | |
| Oedematous eyelids | ++ | + | 0 | |
| Itchingat periorbital area | ++ | 0 | 0 | |
| Congestion on palpebral conjunctiva | + | 0 | 0 | |
| Burning sensation in eyes | +++ | + | 0 | |
| Tenderness on touch | +++ | ++ | 0 | |
| Watering from bilateral eyes | + | 0 | 0 | |





RESEARCH ARTICLE

Polyherbal Face Pack Development, Formulation Techniques and Evaluation Study

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ABSTRACT

The aim of this research work is to formulate and evaluate polyherbal face pack for cosmetic purposes from herbal ingredients. Multani mitti (Fullers earth), sandalwood, orange peel, and almond peel are the medicinal plant materials used as traditionally from ancient years in herbal medicines such as Ayurveda, Homeopathy and Siddha. These ingredients either purchased from local market or from flipcart, sieved using #40 mesh under sieve number 120. Mixed well and kept in air tight container for further evaluation. Bulk density, tapped density, moisture content, total ash angle of repose, particle size, irritancy test were performed. Shinnoda test and organoleptic evaluation were also carried out. Out of three formulations F1 was found to be very effective.

Keywords: Face pack, Multani mitti, orange peel, sandalwood, evaluation.

INTRODUCTION

Each one wants to get fair and attractive skin. Now a day, pimples, dark circle Acne, black head are common among youths who suffers from it. As per the Ayurvedic system of medicine, problems of Skin are generally because of





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impurities in blood. Accumulated pollutants in the blood during unhygienic food and lifestyle on daily basis can cause skin related diseases. Several herbs, remedies are designed in Ayurvedic system for blood cleansing. Herbs alike Chandana, Haldi, Manjistha, Lodhra, etc. are convenient example for blood purifier. The herbal pastes which are useful on facial skin to cure acne, pimple, scars, marks or pigments are known as "mukha lepa" in Ayurvedic system. The method of applying this herbal mixture on facial skin is termed as "mukha lepaa". This particular beautifying therapy is common as facial. The smoothing powder which is used in appliaction on facial skin is termed as "face pack". A decent herbal face pack must into supply of essential nutrients onto skin. It should enter the subcutaneous tissues in ordering of to deliver the essential nutrients. Dissimilar types of skin requires several types of herbal face pack [1]. A face pack is a powder that smoothes and nourishes the skin on the face. A good herbal face pack should also contain the nutrients that the skin needs to penetrate the subcutaneous tissues and reach the skin's surface. Ayurvedic face packs are supposed to help minimize wrinkles, acne, pimples, and dark bags under the eyes. Additionally, a face pack brightens and smoothes the skin [2].

Cosmetics are products used in skin and hair care regimens, primarily by young people, with the aim of improving, beautifying, and cleaning the qualities that make them beautiful. Skincare treatments are not popular right now. In actuality, cosmetics are used by people in every civilization to improve or protect their skin, which undoubtedly proves that this is a growing demand. The conventional idea of applying cosmetics to highlight the characteristics of improved health has not altered, despite the fact that cosmetics have undergone several alterations in more recent times [3]. The smoothing powder that is currently applied to facial skin is called a face pack. Using powders or pastes, these preparations of different combinations are applied to the face skin and allowed to dry and set to form a film that tightens, strengthens, and cleanses the skin. In order to get the resulting layer of face pack, which contracts and hardens and is easily removed, face packs are typically kept on the skin for fifteen to thirty minutes to allow all of the water to evaporate. Although the colloidal and adsorption clay combinations used in these processes remove excess oil and filth from the facial skin, the softening and tightening impact that follows the administration of a face pack gives the impression of a renewed face. When the face pack is eventually removed, the injured skin and accumulated debris are also eliminated [4].

A homemade face pack using only natural products and masks renders skin more luminous, smooth, and soft [5]. The development, description, and application of a natural herbal face pack that is pure cosmetic is the focus of this research article today. Normal skin seems lively and moisturized since it is neither exceptionally oily nor dehydrated. Cleansing, toning, and moisturizing are the steps in a routine skin care treatment. However, the herbs included in this recipe revitalize the skin to prevent it from becoming allergic and sunburned. Present research work was carried to frame herbal face pack comprising powders of Fullers earth(also known as multani mitti), green tea, turmeric, almond, orange peel, sandalwood as the required ingredients which will accomplish as complete face pack .This prepared face pack was evaluated furthur by physical, chemical and biological evaluation [6].

Benefits of Applying Face Pack [7]

- 1. Helps in the reduction of acne, pimple, scars and marks depending on the herbal ingredients we use.
- 2. These face packs produces a gentle and relaxing effect on the facial skin.
- 3. Face packs mainly removes the dead cells of facial skin.
- 4. Fruit face packs provides vital nutrient to skin
- 5. On application of natural face masks on daily basis brings glow to skin, improve skin quality and skin tone.
- 6. These face packs advantages us to reappearance the lost glow and shine of skin in short period of time.
- 7. Face pack helps to avoid early aging of skin.
- 8. The use of face packs judicial can effectively opposed the injurious effects of pollution and severe climates on skin.
- 9. Natural face packs make the skin look beautiful and full of essential nutrition.
- 10. Development of wrinkles, fine lines and sagging of skin can be well prevented by using of natural face packs.





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Precautions to be Taken While Applying Face [8].

1. The face pack should be removed within 15 to 20 minutes from face. Keeping face pack for extended time period may result in development of wrinkles, sagging of skin and increase of open pores.

2. Choose the face pack giving preference to your skin type. Take views of natural therapist or concerned skin professional before application of face pack.

3. Before removing of dried face pack, spray water(which should be at room temperature). After getting rid of the mask, rub an ice cube on facial skin. This would help us to close open pores and constricts the skin. will also tones and sooths the skin

4. Use of face pack once in a week. Never try to scratch or peel the dry face pack. This may harm original skin.

5. Prevent using face pack nearby of "eye zone". The skin nearby eye is very gentle. The process of washing face pack may harm skin around eyes.

6. Never rub face forcefully. This may result in outbreak of pimples and dark spots. When applied face pack stay away from heat.

MATERILAS AND METHODS

Plant Materials: The herbal materials utilized in this study were either bought from a flip cart (green tea, turmeric), or they were obtained at the local market (Multani mitti, Sandalwood, Orange peel, and Almond peel powder). The herbs were then dried and pulverized for later usage. The information about the plant materials used in the formulation of the face pack is provided below.

Multani Mitti (Calcium bentonite)

Calcium bentonite benefits skin in a variety of unique ways, including reducing the size of pores, getting rid of whiteheads and blackheads, fading freckles, calming sunburns, cleaning the skin, improving skin tone, improving blood circulation, treating acne, and giving skin a radiant appearance due to its high nutrient content. Multani mitti is a great remedy for bad and irritated skin and will repair your skin to make it glow. Magnesium chloride is abundant in Multani Mitti [9]. The word "fullers earth" comes from the initial procedure of using a fullers earth slurry mixed with water to clean or pull wool in order to get rid of dirt and oil. Because it improves blood circulation, relaxes and smoothes the skin, it is also a component of cosmetic goods. Because it is a pure and natural cleansing agent, it improves the skin's shine [10].

Turmeric (Curcuma longa)

Curcuma longa has anti- allergic and anti-inflammatory activity. It helps in wound healing and best blood cleanser. It provides best blood purification action hence it is used in almost disease having properties with blood impurities origin. Haridra is renew of skin and helps to make skin again youngby delaying the symbols of aging likewise wrinkles [11].Turmeric Powder, termed from *Curcuma longa*, is primarily used as an antibacterial, antiseptic, and anti-inflammatory properties. Curcuma longa also acts as a blood cleanser and well treats the acne by fighting against pimples and decreasing oil secretion from the sebaceous glands [12].

Sandalwood (Santalum album)

Santalum alba has an anti-aging and anti-tanning property. Sandalwood keeps the skin cool, fair and healthy by defending the skin from the effect of environmental pollutants. Sandalwood is helpful Ayurvedic herb with antimicrobial properties and is used for curing several skin problems and eliminates scars [13]. It is a herbal species obtained from plant in the family of Santalaceae of genus Santalum hence both commercially and ethnically valuable. The oil contained in the sandalwood wooden, primarily in the heartwood, is the important reason for its cultural and commercial rank. If your skin is greasy, you can use it to get rid of dark spots. Anti-ageing and anti-tanning values found in *Satalum album*. It is also beneficial for the skin in a several of ways composing of toning, soothing, antibacterial, calming and healing characteristics [14].

Orange peel (*citrus aurantium*)

Orange peel powder, carried from Citrus reticulate, is a citrus fruit valued in nutrients like magnesium, calcium, potassium, and vitamin C. It shields the skin from oxidative stress, provides hydration, and reduces free radicals. Moreover, it imparts an instantaneous radiance to the skin, prevents wrinkles, blemishes, acnes, and signs of aging





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[15]. On top of fighting free radicals, vitamin C brightens your skin and makes it younger and shining. Orange peel powder helps in including unclogging pores, removing blackheads and treating acne. It comprises citric acid, which remove dead skin cells [16].

Green tea powder

It is belongs to family theaceae and used as anti-aging, anti-inflammatory and healthy glow for skin. Green tea is now a focus of interest as of its confirmed anti-oxidant properties or its capability to reparation of UV photo damage and toxicity due to light. This action of green tea is supposed to be because of catechins that are the most vital polyphenols in green tea [17]. Newly, the lotus *Nelumbo nucifera's* leaf, seed, and flower extract were examined for anti-wrinkle properties and presented 56%, 49%, and 54% inhibition of elastastase [18].

Almond peel powder

Family: Rosaceae Use: Cleanser, scrub and moisturizer in an earlier examination, the *Prunus amygdalus* L. extract (skin) was used in herbal formulation and further studied for skin protection from premature aging of skin caused by UV radiations of sun. Particular antioxidant activity was revealed by the mice skin afterward treatment, as malondi aldehyde (MDA) level was decreased, whereas level of Glutathione (GSH) was increased after treatment [19].

Methodology

1. Bulk density (B.D) [20]

It is the proportion of total mass of powder upon the bulk volume of powder .It was quantify by sheeting down the weighed powder (passing through standard sieve#20) inside the measuring cylinder further the initial volume called the bulk volume, from here one can calculate bulk density according to formula given below: should be expressed in g/cc and given by.

$B.D = M/V_0$

Where, M=mass of the powder

V₀= bulk volume of the powder.

2. Tapped density [21].

Tapped density is an increased bulk density which is accomplished just after mechanically tapping of the vessel containing the powdered sample. Next witnessing the initial powder volume or mass, the measuring cylinder or container tapped mechanically for 1 min further volume and mass readings are noted until little more mass change or volume change was noted down, hence expressed in grams per cubic centimetre.

Tapped density of formulation should not be more than 0.5 g/cc. Tapped density = Mass/Tapped volume.

3. Moisture content [22].

Take a thin ceramic dish and weigh around 1.5 g of the powder drug in it. Keep the dish in oven at 100 degree Celsius to get it dry, while waiting for two repeated weighing do not vary by additional than 0.5 mg. Cool and weigh the powder dish, further the loss in weight is typically noted as moisture content. Moisture content not more than 4% w/w.

LOD (Loss on Drying) can be calculated by using following formula.

% LOD = Initial sample wt. – wt. of dried material / total wt. of drug taken x 100.

4. Angle of repose

The method uses to calculate angle of repose was fixed funnel method. Powder was transferred over a funnel to form a cone shape structure. As the growing cone, the tip of the funnel must be held nearby and slowly raised as the pile grows so that to decrease the effect of falling particles. Further estimate the height and radius of the pile.

 θ = tan ⁻¹ (h / r)

Where, θ = Angle of repose

h = Height of the heap

r = Radius of the base

5. Ash Value

Ash value is also termed as total ash. In the evaluation of pharmaceuticals and herbal drugs ash value is a key parameter. The particular known weight of sample was permitted to burn or destroy totally in a standard muffle furnace. The residue which is left in the form of ash comprises of salts, metals and other non-combustible materials termed as inorganic mineral components which was evaluated further.





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a)Total Ash Value

The situation is not possible to known the drug identity or purity only from the ash content, but then again it can provide the visions into the quality of the sample. Accurately weigh 2g of sample in the crucible and further note the weight of it. Place the crucible for 24 hours in the standard muffle furnace set at 450 degree of Celsius than turned off the muffle furnace and allowed to cool it. Further remove the crucible from muffle furnace and weighed the as sample and note down as crucible plus ash sample (total weight).

Weight of Ash (mg) = (weight of crucible + Ash) – (weight of crucible)

Ash (%) = Weight of ash (mg)/ Initial sample weight × 100

b)Acid Insoluble Ash Value

Add 25 ml of HCL to the crucible containing total ash, and cover it with a watch glass. Than boil the mixture for 5 minutes. Further wash the watch glass with hot water (5ml) and added into the crucible. The ash-less filter paper was rinsed with hot water till it become neutral in which insoluble matter was collected. The filter paper comprising the insoluble matter was removed to the original crucible and desiccated on a hot plate. The sample with the crucible was burnt to a constant weight and left in the desiccator to get cool for 30 minutes. After cooling, the sample was weighed. The value or percentage of acid-insoluble ash was noted down in reference to the air-dried sample. Acid Insoluble Ash Value = Weight of acid insoluble Ash/ Weight of air dried sample x 100

8. PH

An electrode pH meter used single standard or double electrode. By using proper buffer solution, instrument must be firstly calibrated at pH 7 and 9.2. The test sample consisting of 10 percent (m/v) dispersion of the product of either type of in previously boiled and cooled water shall be poured into a glass beaker and pH determined directly without any dilution within 5-10 minutes. Digital pH meter was used to measure the pH.

9. Particle size

Particle size is a general property of a powder. That affect several properties likely grittiness, spread ability etc. particle size was known using sieving method by I.P. Standard sieves through mechanical shaking for 10 min.

10. Shinoda test

Firstly prepare the ethanolic extract of using your sample powder than add few drops of concentrated hydrochloric acid (HCL) to it. At that point add magnesium turnings into the solution and appearance of pink, red colour tells that flavonoids are present in the sample powder.

Formulation of Herbal Face Pack

The herbal face pack was framed using basic mixing process. Herbal face pack was prepared or formulated by addition fall the essential amounts of herbal ingredients as given in formulation table1.

Method of preparation [23].

The crushed constituents used for herbal face pack were sieved using #40 mesh under sieve number 120

Ingredients were weighed precisely and mixed geometrically for even mixing.

This was then kept in an air close-fitting container for evaluation

Application procedure for face pack

Take required face pack powder in a container as per the necessity and add rose water to mix. Mix well and spread over the facial skin. Cover properly the acne and marks, spots too. As kept it for whole drying for 10 to 15 min and then cleanse with cold water

Evaluation parameters [24].





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Organoleptic Properties: The dried powder nature, color, odour, taste and texture were tested manually in combined form.

Physicochemical Evaluation: pH was determined by performing under PH meter, total ash and acid insoluble ash was completed by using incinerator and moisture content was also executed.

General powder Characteristics: By using standard sieving method the particle size of combined dried powder was perform. Angle of repose by method of funnel, bulk density and tape density was evaluated by the flow property of the dried powder of combined form.

Shinoda Test: To the extract prepared of ethanol add little magnesium turnings and drops of concentrated HCL. The arrival of red or pink colour specifies the presence of flavonoids

RESULTS AND DISCUSSION

Organoleptic evaluation Face pack was formed and estimated for organoleptic parameters shown in the Table 2. The free flowing properties were shown by flow property parameter. The formation of colour was minor yellow. The fragrance of prepared formulations was good satisfactory which is required as cosmetic preparations. The smoothness and Texture and Smoothness was also good acceptable which is desirable as cosmetic formulations **Physical evaluation**

The particle size was tested by standard sieving method. The angle of repose using funnel method, bulk density and tapped density by tapping method was evaluated by flow property of the dried powder of combined form [25]. **Irritancy test**

Mark a surface of area of (1sq.cm) on the leftward dorsal surface. Fixed quantities of ready face packs were applied to the particular area and time was noted under observation. Reported for up to 24 hrs. for regular intervals if any sort of Irritancy, erythema, oedema, was patterned [26]. This test was carried out in 3 males and 3 females volunteers and result was noted which is give in table no 6. The formulation presented no irritation, redness, edema not any Inflammation through irritancy studies. This formulation is harmless and safe to usage for skin.

DISCUSSION

Herbal face packs are uses casually to enhance blood circulation, renew the muscles and help the skin to balance its elasticity and get rid of the dirt from skin pores. The front foot benefit of herbal cosmetics and goods are their non-poisonous nature, reduce the hypersensitive reactions and timely tested utility of many ingredients. The formulation was found similar, easily rinsing out and had very slightly alkaline pH that were well-matched with normal skin physiology. Angle of repose is typical related to resistance to the movement between particles or inter particulate friction. As per in terms and limit of Indian Pharmacopoeia the angle of repose the flow property has been classified. The outcomes of all these parameters shown that the dried powder of combined form possess good packing ability and decent flow properties. Therefore, it revealed better flow properties for formulation to attain clean, fresh and soft formulation.

CONCLUSION

By using herbal preparations the existing skin conditions such as pimples, acne can be well treated. There are numerous herbal preparations as such herbal face pack, herbal face mask, face scrub act by several mechanism and supports to keep the skin healthy and nutrient. The existing formulations were formed by using several herbs which will help in recover fairness, diminish acne, by acting on face. The formulation was exposed to various evaluation parameters such as angle of repose, irritancy test and all the test was agreed by the formulation. Hence, polyherbal formulations have a widespread variety of choice in preventing skin problems. In the current effort, it is a great attempt to formulate the herbal face pack comprising naturally existing constituents like multani mitti, turmeric, sandalwood etc. It is suggested that the prepared formulation F1 was physico-chemically and microbiologically





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stable and possessed characteristics of a standard cosmeceutical's formulation for skincare. Further optimization studies are required on this study to find the useful benefits of face packs on human use as cosmetic product.

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Table 1 Formulation of herbal face pack (Quantity of sample for 100gm)

| S.No. | Name of Ingredients | F1 | F2 | F3 |
|-------|-------------------------|------|------|------|
| 1 | Curcuma longa powder | 7.5g | 10g | 8g |
| 2 | Multani mitti powder | 11g | 13g | 10g |
| 3 | Santalum album powder | 6g | 9g | 11g |
| 4 | Citrus aurantium powder | 8g | 8g | 7.5g |
| 5 | Green tea powder | 4.5g | 4.5g | 6g |
| 6 | Almond peel powder | 3g | 3g | 3g |

Table 2: Organoleptic properties

| S. No. | Formulation | Physical appearance | Odor | Taste | Texture |
|--------|-------------|---------------------|--------|----------------|---------|
| 1 | F1 | Brownish | Slight | Characteristic | Fine |
| 2 | F2 | Brownish | Slight | Characteristic | Fine |
| 3 | F3 | Brownish | Slight | Characteristic | Fine |

Table 3: Physiochemical parameters

| S.No. | Formulation | Moisture content | Bulk | Tapped | Angle of repose |
|-------|-------------|------------------|---------------|---------------|-----------------|
| | | (%) | density(g/ml) | density(g/ml) | (Degree) |
| 1 | F1 | 4.5 | 0.55 | 0.83 | 18.93 |
| 2 | F2 | 4.5 | 0.53 | 0.77 | 13.33 |
| 3 | F3 | 4.6 | 0.47 | 0.76 | 13.22 |

*Results were the average of three readings

Table 4: General powder characteristic

| S No. | Formulation | Total ash value | Acid insoluble ash | PH | Particle Size(µm) |
|-------|-------------|-----------------|--------------------|------|-------------------|
| 1 | F1 | 36.5 | 0.67 | 6.65 | 20-25 |
| 2 | F2 | 40 | 0.72 | 7.61 | 25-30 |
| 3 | F3 | 36.05 | 0.64 | 6.69 | 30-40 |

*Results were the average of three readings

Table No. 5: Result of formulations for shinoda test (chemical test)

| S. No. | Formulations | Observations | Result |
|--------|--------------|---------------------|--------------------|
| 1 | F1 | Pink color obtained | Flavonoids present |
| 2 | F2 | Red color obtained | Flavonoids present |
| 3 | F3 | Pink color obtained | Flavonoids present |





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| Table 6 | Table 6 Irritancy test** | | | | |
|---------|--------------------------|---------------|-------------|----------|--|
| S. No. | Formulation (F1) | Irritation | Erythema | Edema | |
| 1 | W1 | No Irritation | No Erythema | No Edema | |
| 2 | W2 | No Irritation | No Erythema | No Edema | |
| 3 | W3 | No Irritation | No Erythema | No Edema | |
| 4 | M1 | No Irritation | No Erythema | No Edema | |
| 5 | M2 | No Irritation | No Erythema | No Edema | |
| 6 | M3 | No Irritation | No Erythema | No Edema | |

*W=Women, M=Men

Irritancy test was conducted on all 3 formulations but here results are shown for best suited formulation F1 **Nature of face after wash= Soft and fresh, clean from dirt





RESEARCH ARTICLE

Comparative Analysis of Classifier Performance: A Study of Weka and Python Implementations across Various Machine Learning Models

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ABSTRACT

The primary goal of engineering colleges is to deliver high-quality education, a challenge intensified by the post-COVID transition from online to offline learning. This study aims to predict student performance to provide early interventions for at-risk students. The research has three main objectives: identifying factors influencing student performance, comparing the accuracy of various data mining and AI algorithms in Weka and Python, and determining the most effective classifier. Data from 689 students were analyzed using metrics such as accuracy, F1 score, recall, precision, ROC curve, and confusion matrix. Our findings indicate that background characteristics (family details, parent's education, income, employment status, and student gender), educational attributes (academic performance, attendance, and assignment scores), and psychological traits (mental and physical health) significantly impact performance. Among the classifiers tested, the Random Forest algorithm showed the 100% highest accuracy in both Weka and Python environments.

Keywords: Education, Algorithm, Artificial Intelligence, COVID.

INTRODUCTION

The COVID-19 pandemic brought unprecedented changes to the educational landscape, necessitating a rapid shift to online learning. During this period, many students excelled in online examinations, often achieving perfect scores as schools and colleges adapted to virtual teaching methods. However, with the return to in-person classes, a decline in student performance on offline exams became evident, revealing gaps in the depth of learning that occurred in the online format. To address these challenges and enhance the effectiveness of student learning and performance





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tracking, we propose leveraging data mining and artificial intelligence (AI) algorithms. Data mining involves extracting valuable insights from large datasets and has become an essential tool for data analysis across various industries[1]. In the context of education, particularly for first-year engineering and science students, these techniques can play a critical role in supporting academic achievement. Early academic performance is crucial as it significantly impacts students' cumulative GPA and overall educational trajectory[2]. Predicting student performance through mid-term and final exams can offer educators early insights, enabling proactive interventions for students at risk of poor academic outcomes[3]. Data mining techniques, especially classification and clustering, are vital in this predictive process. Classification sorts data into predefined groups, while clustering groups similar data sets based on shared characteristics. These methods allow educational institutions to analyze various attributes that influence student performance. Our research aims to gather and analyze the perspectives of key stakeholders—students, professors, teachers, directors, and industry professionals—through a comprehensive questionnaire distributed via Google Forms. By examining the responses, we aim to identify critical factors and their relationships in predicting student performance. This study seeks to answer the following questions:

- 1. How do various factors influence the student performance prediction?
- 2. Which Integrated Development Environment (IDE) yields the most accurate results, & what are the differences in accuracy among them?
- 3. Which classifier is the most effective in predicting student performance?

Through this research, we aim to provide valuable insights that can inform strategies to enhance student learning outcomes and overall academic success.

Related Work

Over the past decade, numerous studies have focused on predicting student performance using various data mining and AI algorithms. Here, we review key contributions in this area, highlighting the methodologies and accuracies reported.

- **V. Ramesh** *et al.*(2013)identified significant predictive variables and developed an algorithm for grading higher secondary students using decision trees. Their model achieved an accuracy of 85% in predicting student grades [4].
- Elakia *et al.* (2014) employed various decision tree algorithms, including ID3, C4.5, and CHAID, to suggest career options for high school students and monitor their behavior. Their findings indicated that the ID3 algorithm produced the most accurate results, achieving an accuracy range of 90-98% [5].
- C. Anuradha *et al.* (2015) explored the prediction of students' end-term results using multiple algorithms such as C4.5, KNN, Bayesian Network, OneR, and jRip. Among these, the jRip algorithm demonstrated the highest accuracy, with a 60% success rate in predicting end-term results [6].
- Amjad Abu Saa(2016) constructed a prediction model based on personal, family, and social factors using the Naive Bayes algorithm. This study highlighted the holistic approach to attributes and achieved an accuracy of 78% [7].
- Ihsan A. Abu Amra *et al.* (2017) utilized KNN and Naïve Bayes algorithms to assist the Ministry of Education in classifying students with degraded performance. The study revealed that the KNN algorithm provided the best results, achieving an accuracy of 93.6% [8].
- Atta-Ur-Rahman *et al.*(2018) developed a model focusing on student interest and feasibility using logistic regression. Their findings underscored the importance of student engagement, with the model achieving an accuracy of 80% [9].
- Shubhangi Urkude and Kshitij Gupta (2019) analyzed graduation rates and course completion rates using the Support Vector Machine (SVM) algorithm. The SVM model provided the best results, achieving an accuracy of 82% [10].
- Vairachilai S *et al.*(2020) identified various dependent and independent factors affecting student performance and applied multiple data mining algorithms, including Naive Bayes, Decision Trees, and K-Nearest Neighbors (KNN). The Naive Bayes algorithm emerged as the most effective, with an accuracy of 83% in predicting grades [3].





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- **Raza Hasan** *et al.*(2020) explored various e-learning applications and applied different algorithms, including the genetic algorithm for feature selection. Their study found that the Random Forest algorithm yielded the best results, with an accuracy of 85% in predicting student performance [11].
- J. Dhilipan *et al.*(2021) aimed to recognize final grades and improve academic performance through the evaluation of four algorithms: Decision Trees, Naive Bayes, KNN, and Binomial Logistic Regression. Binomial logistic regression provided the best predictive accuracy at 79% [12].
- Ahajjam Tarika, Haidar Aissab, and Farhaoui Yousef(2021)evaluated various algorithms and identified the Random Forest algorithm as the superior method for predicting student performance, achieving an accuracy of 88% [13].
- Yahia Baashar *et al.* (2022) employed Artificial Neural Networks (ANN) to address theoretical gaps in predicting student performance, demonstrating the potential for improved accuracy and reliability in educational predictions [14].
- Nitin Ramrao Yadav *et al.* (2023) conducted an analysis of various machine learning and data mining algorithms, including ANN, SVM, Naïve Bayes (NB), Linear Regression (LR), and Decision Tree, to evaluate their effectiveness in predicting student performance. This comprehensive study provided insights into the strengths and weaknesses of each algorithm in the educational context [15].
- Zhaoyu Shou *et al.* (2024) utilized Long Short-Term Memory (LSTM) networks to predict student performance using data on learning behaviors, scores, and demographics. This approach considered the temporal interactions of these factors, providing a dynamic perspective on how they influence academic outcomes over time [16].

These studies collectively demonstrate the evolving landscape of student performance prediction. They highlight the effectiveness of various data mining algorithms and the importance of considering a wide range of attributes, from personal and social factors to student interests and e-learning application usage. The consistent identification of algorithms like Naive Bayes, SVM, and Random Forest, Artificial Intelligence, KNN, Decision Tree as top performers across different studies underscores their robustness and reliability in educational data mining. This literature survey provides a foundation for our research, which aims to further explore the predictive power of these algorithms and identify key factors influencing student performance. By analyzing stakeholder perspectives and employing advanced data mining techniques, we seek to enhance the accuracy and applicability of student performance prediction models.

Attribute Selection

Through an extensive literature review and brainstorming sessions with various stakeholders—including directors, department heads, professors, students, and engineers—we identified several factors influencing student performance. These factors were gathered through a comprehensive questionnaire designed to collect detailed information on students' personal, social, psychological, parental, school, and college backgrounds. The questionnaire, built using Google Forms, was distributed to and completed by 300 stakeholders. The factors identified through these discussions and responses are summarized in Table I. These attributes are categorized into three main sections background information, educational information, and psychological information.

METHODOLOGY

Figure I illustrates the five stages involved in identifying the most accurate predictive results. Each section elaborates on the stages and observations.

Data Collection

After selecting relevant attributes, we gathered data from 689 B.Tech students from various streams at IP University. The dataset includes values corresponding to the chosen attributes, with student identities anonymized and labelled with unique codes.





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Data Pre-processing

In this stage, we pre-processed the data to remove anomalies, missing entries, duplicates, and incorrect values. After cleansing the data, we processed it according to the criteria outlined in Table 1, classifying it into appropriate ranges. **Statistical Analysis**

This stage involved identifying patterns, trends, and extracting useful information from the dataset. No outliers were detected during the analysis. We applied the Extra Tree Classifier to determine feature ranking. Table II displays the feature selection ranking, where higher values indicate more significant attributes. Figure II illustrates the feature ranking graphically. Additionally, we calculated the p-value for each element, which resulted in a significance level of 0.01.

Model Implementation& Evaluation

In our study, we implemented various machine learning models including Decision Tree (DT), Naive Bayes (NB), Logistic Regression (LR), Support Vector Machine (SVM), Random Forest, and K-Nearest Neighbors (KNN). For all models, we used a consistent split ratio for training and testing, with 70% of the data allocated for training and 30% for testing. We implemented the Decision Tree classifier using the entropy criterion for information gain, and allowed the tree to expand up to three levels. Random Forest classifier was implemented with 100 estimators, providing a robust ensemble learning approach to improve predictive accuracy. The SVM classifier was implemented with three different kernel types: linear, sigmoid, and polynomial. Each kernel was evaluated to determine the most effective for our dataset. We used the Gaussian Naive Bayes classifier, which assumes that the features follow a normal distribution. The KNN classifier was implemented with a specified number of neighbors (N estimators) to determine the optimal balance between bias and variance. In predictive modelling, various algorithms are used for predicting student performance. The most important and popular seven supervised algorithms implemented on the dataset are Decision Tree, Naive Bayes, Support vector Machine, Artificial Neural network, K-nearest neighbor, Random forest, and logistic Regression in Weka and Python. For evaluating the performance of these algorithms we generate the confusion matrix. Confusion matrix is a table that have two dimensions one is predicted and another one is actual. Both the dimension have four tuples i.e. true positive (TP) in this prediction model predict all the positive values of predicted and actual class are predicted correct or true, true negative (TN) in this prediction model predict all the negative values of predicted class and actual class are predicted negative, false positive (FP) in this prediction model predict all the negative values of actual and predicted class are predicted positive and false negative (FN) in this prediction model predict all the negative values of actual and predicted class are predicted positive and different metrics (accuracy, F-score, recall, precision, roc curve) of each algorithm that are described below:-

Accuracy: -it tests the data and gives the accurate predicted percentage of the predicted model.

Accuracy = $\frac{TP + TN}{TP + FP + FN + TN}$

Precision: - It calculates the actual positive values from the overall positive values that are predicted by model. Precision = $\frac{TP}{TP+FP}$

Recall:- It calculates positive values that is correctly calculated by prediction model.

 $\text{Recall} = \frac{TP}{TP + FN}$

F-score:- it is calculated harmonic mean of precision and recall.1 represent the best value and 0 worst value.

F1-score = $\frac{2*(\text{precision *recall })}{(\text{precision +recall })}$

Decision Tree

Decision trees are a fundamental supervised learning algorithm. They operate using a tree-like structure where two key node types play a crucial role. Decision Nodes act as checkpoints, evaluating a specific feature of the data. Based on this valuation, the data is directed down different branches of the tree. Leaf Nodes represent the final outcome, indicating the predicted class or value for a given data point. The purity of each node, signifying how well-separated the data points are within a class, is measured using the Gini impurity metric. A perfectly pure node (Gini value of zero) contains only data points from a single class. Conversely, a higher Gini value indicates a more diverse mix of





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classes within the node. Decision trees are powerful tools for various tasks. Their effectiveness can be assessed using metrics like precision and F-measure. The decision trees in Weka and Python are shown in Fig 3 and 4. Table III shows the confusion matrix of the decision tree in this result of f-measure and precision are higher for A-class in comparison to B-class. Table IV shows the model evaluation in Weka and Python. Weka gives 90% accuracy and Python gives 96% accuracy on the data set in comparison to Weka Python gives the best result. Fig V shows the ROC curve.

Naive Bayes

It is a probabilistic classifier based on Bayes' theorem, also known as Bayes' Rule or Bayes' Law. It calculates the probability of a hypothesis given prior knowledge and evidence. The theorem utilizes conditional probability to determine the posterior probability of a hypothesis given observed data. In this context, Table V presents the confusion matrix of a decision tree classifier, indicating higher f-measure and precision for class A compared to class B. Furthermore, Table VI illustrates the model evaluation results obtained using Weka and Python. Weka yielded an 84% accuracy rate, while Python achieved a 94% accuracy rate on the dataset. Python outperformed Weka, demonstrating superior performance in this evaluation. Fig VI shows the ROC curve

Support Vector Machine

This technique belongs to the realm of supervised machine learning. It aims to minimize error by establishing a hyperplane. SVM, or Support Vector Machine, combines three key components: support vectors, hyperplanes, and margins. Support vectors are data points situated close to the hyperplane, while the hyperplane itself segregates data points into distinct classes. Margins denote the separation between the hyperplanes that closely border different classes.

A radial basis function is employed in the kernel of this SVM approach. Interestingly, both Weka and Python yield identical accuracy rates of 84%. Table VII showcases the model evaluation conducted using the hold-out method in both software environments. Meanwhile, Table VIII displays the confusion matrix, revealing that the precision achieved in class B surpasses that of class A. Notably, among Naive Bayes and Decision Tree techniques, SVM stands out as the method attaining the highest precision specifically in class B.Fig VII shows the ROC curve

K-nearest neighbor

This algorithm operates within the domain of supervised learning. It retains a repository of all provided data and utilizes this dataset to categorize new data or records based on their resemblance to existing data points. This process ensures that new data is appropriately classified into the correct category. Initially, a user specifies the number of neighbors, denoted as 'k'. The algorithm then calculates the Euclidean distance between the new data point and each existing data point, selecting the 'k' nearest neighbors based on these distances. Subsequently, it tallies the data points belonging to each category and assigns the new data point to the category with the most similar values. The confusion matrix, depicted in Table IX, reveals that both precision and f-measure attain a value of 1, denoting perfect accuracy. Notably, this algorithm outperformed its Python counterpart when executed in Weka. Furthermore, Table X illustrates the model evaluation results in both Weka and Python, showcasing a remarkable 100% accuracy rate. Noteworthy, the parameter 'n_neighbors=19' is passed to the KNN classifier, indicating the number of neighbors considered during classification. Fig VIII shows the ROC curve

Random Forest Classifier

This classifier operates by constructing decision trees from different subsets of the dataset, subsequently aggregating predictions through a majority voting mechanism to determine the final classification. Table XII illustrates the model computation conducted by the classifier in both Weka and Python environments, showcasing identical and optimal results with a 100% accuracy rate. Meanwhile, Table XI displays the confusion matrix, wherein both classes A and B exhibit equivalent precision and F-measure values. Notably, the confusion matrices of both the KNN classifier and the random forest classifier yield identical outputs. Fig IX shows the ROC curve





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Logistic Regression

This model predicts both probabilistic and categorical values. Probabilistic values are outputs ranging between 0 and 1, while categorical values are either 0 or 1, or represented as "no" and "yes". Table XIV presents the model evaluation results in both Weka and Python environments, where Weka achieves superior accuracy of 90% compared to Python. Table XIII depicts the confusion matrix, revealing identical precision and F-measure values for both classes.Fig X shows the ROC curve

Artificial Neural Network

The neural network, often referred to as a feed-forward network, comprises multiple layers through which input vectors traverse. Initially, the input vector enters the input layer, where a function is applied to it, and subsequently, this output is propagated through all subsequent layers. Each layer is assigned weights, which are iteratively adjusted during training to optimize the output of the problem towards the output layer. Table XV illustrates the confusion matrix, indicating that class B exhibits a higher precision value compared to class A. In Table XVI, Weka outperforms Python with an accuracy of 97%.Fig XI shows the ROC curve In Weka KNN and Random Forest classifiers predict the best 100% accuracy and MLP also predict the best 97% accuracy . In Python Random Forest predict the best 100% accuracy and Decision Tree, Naive Bayes, KNN also predict the best accuracy above 94% shown in Fig XII.

CONCLUSION

The prediction of student performance is critical for optimizing educational processes for both students and teachers. Our study employed feature ranking through a dedicated algorithm, alongside descriptive statistics and p-value calculations for each feature to identify the most significant predictors. Objective 1 is the Influence of various factors on student performance prediction in this we categorized student data into three primary groups: background characteristics, educational attributes, and psychological traits. Background characteristics included variables such as family details (number of siblings, parents' education, income, and employment status) and student gender, which significantly influenced model performance, particularly for high-achieving students who benefited most from additional support. Educational attributes, including past academic performance (grades from 10th, 12th, and the first year of B.Tech), attendance, and assignment scores, were found to have the strongest impact on student outcomes predicted by the ensemble model. Psychological attributes, including mental and physical health, also played a critical role as better health correlated with higher academic achievement. By integrating these factors, our ensemble model effectively categorized students within a smart education system, enabling targeted support and improved learning outcomes.

Objective 2 is the comparison of integrated development environments (IDEs) for accuracy in this we evaluated which Integrated Development Environment (IDE) provided the most accurate results. The classifiers tested showed minimal differences in accuracy, precision, F-score, and recall values, with only a 2-3% variance, as illustrated in Figures XII. Objective 3: effectiveness of classifiers in predicting student performance in these various classifiers, including Decision Tree, Multi-Layer Perceptron (MLP), Naive Bayes, Logistic Regression, Support Vector Machine (SVM), Random Forest, and K-Nearest Neighbors (KNN), were utilized for prediction. In Python, the Random Forest algorithm achieved 100% accuracy. Similarly, in Weka, both Random Forest and KNN predicted outcomes with 100% accuracy. Consequently, the Random Forest classifier emerged as the most effective algorithm among all tested classifiers.

Limitations and Future Work

The primary limitation of this research is the relatively small dataset, consisting of only 689 students. Additionally, the study did not account for factors such as students' social interactions, academic engagement, and interpersonal skills, which can also influence academic performance. Future research should aim to incorporate a larger dataset, include additional attributes or factors, and apply more algorithms to achieve the highest possible accuracy.





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| Table 1 | Factors | Descripti | on |
|---------|----------|-----------|-----|
| Tuble I | I uctors | Descripti | UII |

| Factor | Description |
|--|--|
| | Background Attribute |
| Gender | Student identifies as male, female, or non-binary. |
| Mother's Occupation | Mother's professional field (e.g., teacher, healthcare, civil service, homemaker, other). |
| Father's Occupation | Father's professional field (e.g., teacher, healthcare, civil service, homemaker, other). |
| Number of Siblings | Number of siblings, which may impact student focus and available resources. |
| Mother's Education | Mother's highest level of education, potentially influencing the student's educational |
| Level | aspirations. |
| Father's Education Level | Father's highest level of education, potentially influencing the student's educational support. |
| Family Income | Annual family income, affects the availability of educational resources and opportunities. |
| Caste Category (if applicable) | Student's caste classification (SC, ST, General, OBC) for potential affirmative action considerations. |
| | Educational Background Attribute |
| B.Tech 1st Year Marks | Average marks obtained in the first year of B.Tech, across semesters 1 and 2. |
| 10th Standard Marks Percentage score in high school exams, indicative of foundational academic perform | |
| 12th Standard Marks Percentage score in higher secondary school exams, reflecting pre-university act achievement. | |
| B.Tech Admission Mode | Mode of admission into the B.Tech program (entrance exam or management quota). |
| Scholarship Status | Indicates whether the student receives a scholarship from the university, potentially reducing financial burden. |
| Assignment Performance | Contribution of assignments to the overall internal marks, reflecting consistency in academic tasks. |
| Class Attendance | Frequency of the student's presence in lectures and labs, indicative of engagement with coursework. |
| | Psychological Attributes |
| Primary Language | Student's preferred language for communication (English, Hindi, etc.), which may affect comprehension and participation. |
| Overall Health Status | General health condition, potentially impacting the student's ability to perform academically. |
| Parental Relationship | Status of parents' relationship (living together or separated), which may influence the |
| Status | student's emotional well-being. |
| Commuting Time | Time spent traveling between home and college, potentially affecting available study time and overall energy levels. |

Table 2 Feature Importance of each attribute

| Features | Features Importance |
|-----------|---------------------|
| feature 0 | (0.106895) |
| feature 1 | (0.169679) |
| feature 2 | (0.101148) |
| feature 3 | (0.039577) |
| feature 4 | (0.037702) |
| feature 5 | (0.038873) |
| feature 6 | (0.035574) |
| feature 7 | (0.039569) |
| feature 8 | (0.038789) |
| feature 9 | (0.039869) |





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| feature 10 | (0.039171) |
|------------|------------|
| feature 11 | (0.039274) |
| feature 12 | (0.038094) |
| feature 13 | (0.039570) |
| feature 14 | (0.039626) |
| feature 15 | (0.038963) |
| feature 16 | (0.037756) |
| feature 17 | (0.040460) |
| feature 18 | (0.039411) |

Table 3 Confusion matrix of Decision tree

| Actual/Predicted | Α | В | Precision |
|------------------|-----|-----|-----------|
| Α | 61 | 6 | .93 |
| В | 4 | 29 | .82 |
| F-measure | .92 | .85 | |

Table 4 Model Evaluation of Decision Tree

| | Weka | Python |
|-----------|------|--------|
| Accuracy | 90% | 96% |
| F-score | .90 | .95 |
| Precision | .90 | .95 |
| Recall | .90 | .95 |
| ROC | .92 | .95 |

Table 5 Confusion matrix of Naive Bayes

| Actual/Predicted | Α | В | Precision |
|------------------|-----|-----|-----------|
| Α | 62 | 5 | .86 |
| | | | |
| В | 10 | 23 | .82 |
| F-measure | .89 | .75 | |

Table 6 Model Evaluation of Naïve Bayes

| | Weka | Python |
|-----------|------|--------|
| Accuracy | 84% | 94% |
| F-score | .84 | .95 |
| Precision | .84 | .95 |
| Recall | .84 | .95 |
| ROC | .90 | .95 |

Table 7 Confusion Matrix in SVM

| Actual/Predicted | Α | В | Precision |
|------------------|------|-----|-----------|
| Α | 67 | 0 | .80 |
| В | 16 | 17 | 1.0 |
| F-measure | .893 | .68 | |





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Table 8 Model Evaluation of SVM in Weka and Python.

| | Weka | Python |
|-----------|------|--------|
| Accuracy | 84% | 84% |
| F-score | .82 | .82 |
| Precision | .87 | .84 |
| Recall | .84 | .84 |
| ROC | .75 | .8 |

Table 9 Confusion Matrix of KNN.

| Actual/Predicted | Α | В | Precision |
|------------------|-----|-----|-----------|
| Α | 67 | 0 | 1.0 |
| В | 0 | 33 | 1.0 |
| F-measure | 1.0 | 1.0 | |

Table10 Model Evaluation of KNN in Weka and Python.

| | Weka | Python |
|-----------|------|--------|
| Accuracy | 100% | 95% |
| F-score | 1 | 0.93 |
| Precision | 1 | 0.90 |
| Recall | 1 | 0.90 |
| ROC | 1 | .92 |

Table 11 Confusion Matrix of Random Forest Classifier.

| Actual/Predicted | Α | В | Precision |
|------------------|-----|-----|-----------|
| Α | 67 | 0 | 1.0 |
| В | 0 | 33 | 1.0 |
| F-measure | 1.0 | 1.0 | |

Table 12 Model Evaluation of Random Forest Classifier in Weka and Python

| | Weka | Python |
|-----------|------|--------|
| Accuracy | 100% | 100% |
| F-score | 1 | 1 |
| Precision | 1 | 1 |
| Recall | 1 | 1 |
| ROC | 1 | 1 |

Table 13 Confusion Matrix of Logistic Regression.

| Actual/Predicted | Α | В | Precision |
|------------------|------|-----|-----------|
| Α | 62 | 5 | .925 |
| В | 5 | 28 | .84 |
| F-measure | .925 | .84 | |

Table 14 Model Evaluation of Logistic Regression. in Weka and Python.

| | Weka | Python |
|-----------|------|--------|
| Accuracy | 90% | 80% |
| F-score | 0.90 | 0.8 |
| Precision | 0.90 | 0.82 |
| Recall | 0.90 | 0.83 |
| ROC | 0.92 | 0.72 |





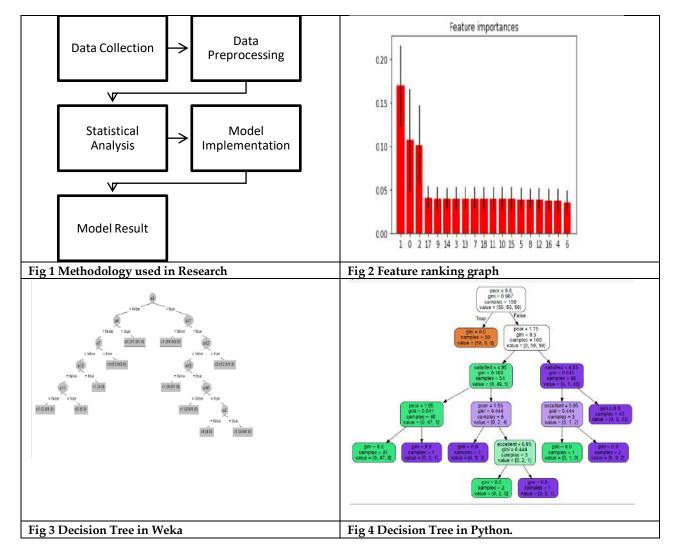
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Table 15 Confusion Matrix of Multilayer Perceptron Network.

| Actual/Predicted | Α | В | Precision |
|------------------|-----|-----|-----------|
| Α | 67 | 0 | .95 |
| В | 3 | 30 | 1 |
| F-measure | .97 | .95 | |

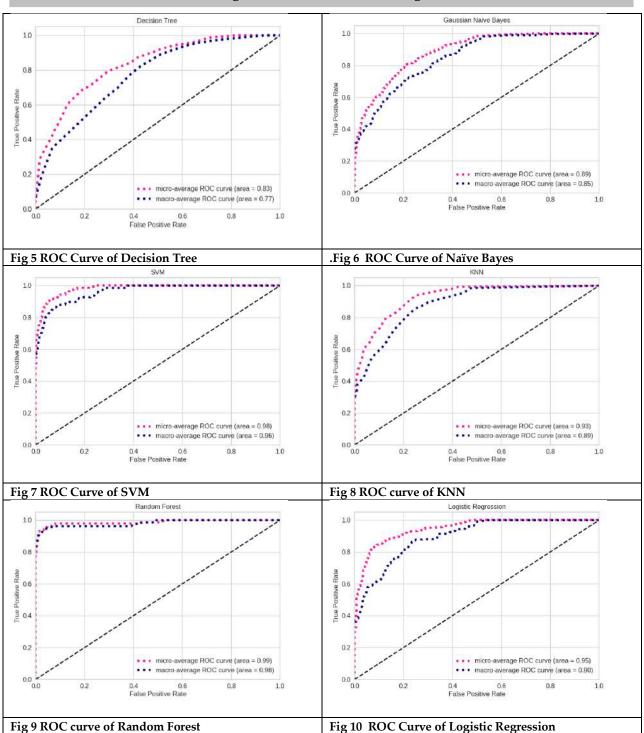
Table 16 Model Evaluation of MLP in Weka and Python

| | Weka | Python |
|-----------|------|--------|
| Accuracy | 97% | 90% |
| F-score | .97 | .90 |
| Precision | .97 | .90 |
| Recall | .97 | .90 |
| ROC | .92 | .90 |







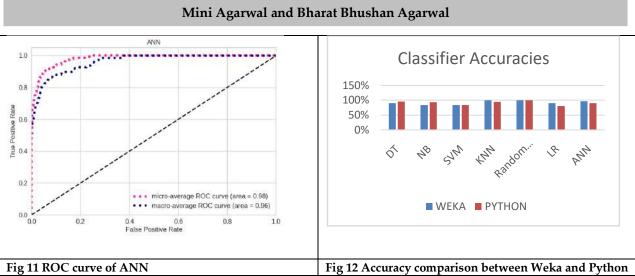


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RESEARCH ARTICLE

GMOS? - Superficial Sustainers? Or Capital Combating Crusaders?

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ABSTRACT

Life has always been evocative, if its naturally sustained not artificially altered: alterations are justifiable in dire circumstances of do or die: yet not desirable in all dare to do settings where existential necessities are manipulated for contextual conveniences, where man attributes utmost weight age to self and egotistical motives, negotiating with the collective harmony and well-being of the web of life. Humans have lost the gist of eloquent existence hence mislaid the mirth of life in the duel of one outweighing the other, favouring world orders founded on control and confinement giving way to confusion and chaos yielding an speace or sans happiness to the revolutionary or the revolutionised: neither the master nor the slave reap real reimbursements. Most of the revival happening through the propagation of science and technology are benefitting generally the capital collectors. One such capital gaining strategy that might have provoked the initiation of the Gain Manipulating [Gambling] Order: occurs to be GMO. This paper investigates the initiation, survival cum credibility of GMO, provoking the public to rationalize, scrutinize and conceptualize its utility and propagation. Many might marvel about the global role played by GMOs in our ecosphere escalating significantly the dialogs that abound GMOs, in all social media platforms over the past few years: yet the ambiguity surrounding GMO still lingering on in all the developing countries other than the progressive countries around the world, which promotes cognizance hence that have limits or total prohibition for manufacture plus dispensation of the same, then majority have been undoubtedly exposed to them rather consumed it inadvertently as their rewards are projected than their outlays. Artificiality needs more propagation than naturally prevailing support systems, as simplicity seldom sells in this era of propaganda!

Keywords: GMO Superficiality Biotechnology Artificiality Manipulation





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INTRODUCTION

Grasping the Genetics of GMO

Genetically modified organism (GMO)as the world comprehends it, or it's draftsmen designed it, has its genetic material transformed out of inquisitiveness targeting superficial benefits via genetic engineering methods: targeting superficiality in terms of benefit itself raises a concern activating artificial advance in the name of evolution: its steered in anticipations of either obtaining favourable traits, eliminating unfavourable qualities, or simply gene manipulation the precise interpretation, its makeup in heritable engineering differs, with the utmost mutual existence: has been reformed not by obvious breeding or usual recombination. An extensive diversity of creatures are apparently hereditarily revised (GM), from beasts to vegetation plus microbes, transmuting the inheritable factors of the same species, across species altering the transgenics athwart domains. Novel genes are familiarised, there by attracting, altering and knocking out endogeneity: a beneficial game authored by benefactors for beneficiaries. Superficially stupendous strides are embraced like quick fixes, quaking the clarity of creation. Never to be muddled with outdated breeding observes, here diverse breeds of the identical species are united to yield favourable individualities. Such tentative groupings of genes doesn't emerge naturally: hence unnatural. Purpose of exclusivity is undeniably debilitated to the extent of conception of initial indistinct imbalances further drawing the situation incomprehensible hence riotous.

Riotous risks rattle right to existence of each entity entailing the upkeep of ease of earth. Generating an intricate inherently adapted being is undoubtedly a multi-step progression. Genetic applied scientist details isolation of the genetic factor that's demanded to be supplemented into the host organism and associate it with other inherited fundamentals. Innumerable Procedures are accessible for implanting the secluded gene into the host genome. Current Progressions By means of genome editing procedures, especially CRISPR, have concluded the manufacture of GMOs much simpler. Forerunners in generating the primary GMO in 1973, Herbert Boyer and Stanley Cohen Positions to be the innovators of a bacterium buoyant to the antibiotic kanamycin. Rudolf Jaenisch shaped the preliminary GM animal, a mouse, in 1974, followed by the foremost shrub in 1983. Precisely After fourteen years, the year 1994, observed the problem of Flavr Savr tomato, the foremost marketed GM food. The primary GM animal that happens to be marketed was the GloFish (2003) and the foremost GM animal to be permitted for sustenance happens to be the Aqu Advantage Salmon in 2015. The mainstream GMOs are concocted branding them too lenient to bulky birds of insecticides and weed killers, like Roundup, a biochemical enricher designed by the establishment Monsanto. Glyphosate a possible human carcinogen, was found in Monsanto's Roundup, that was avowed by the World Health Organization in May 2015. Commonplace Weeds Seldom survive while bare to these punitive substances, points to prowl on GM corn's unnatural genetic makeup premeditated to subsist when administered. GMO yields are held accountable aimed at the advent of "super weeds" and "super microbes" that could lone be slayed by the deadliest lethal contagion alike 2,4-D (a key component in Agent Orange). The agriculturalists pretentious by resilient pests should be advised to return to previous plus complex lethal elements should essentially gather more labour or more rigorous ploughing, that outshine the assured reimbursements of GMO expertise.

Kenyan Epitomes on GMO effectuality/ ineffectuality

This pursuit would vouch to remark about one such dwelling that apparently got influenced by GMOs is none other than Kenya: Lately Kenya fixes to commodify heritable reformed crops, gaining confrontation from few farmers and operation clusters, that interrogates their security. Allegations of farmer Eva Wanjiru, points to the abnormalities of artificially engineered edibles, floating her apprehension over the administration's current reversion of a decade ban on the inherently modified crops. Ms Wanjiru executed organic agriculture for years, refusing to employ insecticides or fusion kernel in her farm, trusts that there is dearth of much satisfactory signal to verify that yields fashioned through biotechnology will be backing the nation battle sustenance diffidence as utmost farmers grumble about pests and ailments, who promote GMOs. Scarcity of rain, compel them to whine about the yield's meagre coping in the farm dispersing qualms about farmer's absolute reliance on corporations that trade the GMOs, and the threat of their command of the marketplace to the hindrance of commonplace Kenyan farmers. Eventuality of pronouncement calls





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to initiate thought processes guiding to comprehend the malign intentions of capture for capital gains. Such quick fixes as solutions to problems have so far served as only superficial solutions.

Consenting these companies to oversee; affects the upkeeps of the agriculturalists, in Kenya, manufacturing maize yearly reports, Claire Nasike, conservational researcher at Greenpeace Africa exposes the crux of the capture: as withdrawing the GMO prohibition exposes agriculturalists to draconian intellectual property regulations linked to copyright detained by GMO corporations as the GM seed is patented and this might lead to mooring the agronomists deprived of their information into intellectual possession rows, clarified Ms Nasike .Yet Dr Stephen Mugo's argument refutes the idea that Kenya will be under the kindness of. director of the Centre for Resilient Agriculture for Africa, moreoverit's unbelievable assumption subsequently Kenya has the capacity to grow GM harvests. Maximum Corporations lease the expertise which they use create novel genes, Apparent exploitation of natural resources in the name of scientific revolution: what nature nurtures and serves freely for all is patented for profit: a sort of hypocritic hypnotism that holds the nerve paralysing the simple thought processes of ordinary man with the aid of heightened hyped up exaggerative inventions that confuse more than infuse, quake more than comfort bringing in slow devastation rather than sincere conservation. A study steered via a non-governmental body, Route to Food Initiative, preceding year presented that more than half of Kenyans unwelcome GMOs.Kenya is one of countries in the mainland favouring GMO use, presently approved for agronomy in 70 countries throughout the world. Yet The above cited securities will not suffice in resounding dubious community dwellers such as Ms Wanjiru to cultivate, or consume, GMO crops for the reason of their apprehensions about the security and misgivings over the prediction of financial reimbursements. Why such security apprehensions and fiscal benefit qualms arise even after solid promotions and publicity. Rise of scepticism has constantly been measured with the wake of artificiality and greed.

Carbon Clutching by Progressive Photosynthesis Procedures for Taming Temperature Transformation

Climate variation prevails all over the world, the prevalent traditions of farming hardly serve the purpose. The demand is about somegrander, more miscellaneous variety of crops that perform even in adverse circumstances. Presently, asper the United Nations' Food and Agriculture Organization, mere 15 crops make up 90% of our liveliness intake, familiarizing, folks who try evolving food crops that might prosper in our varying world, to benefit fraught farmers in parched areas. Much research has been taken forward in the course of tackling adversity in the desired direction, yet in haste to ease of tackling testing times, man often apparently is forced to support the unnatural further destabilizing the natural course of life events. Sangita Myska interacts with the co-initiator of Living Carbon, Patrick Mellor, who facilitated the advance of the world's first GM trees precisely planned to grab more carbon from the atmosphere, with a biotechnology developed to improve photosynthesis in poplar trees, permitting them to breed quicker and also fight decay for extended periods, yet how far that is going to contribute to the harmonious persistence of the web of life, only test of time can reveal as individual endeavours entertain or are limited to personal gains and accomplishments. Living Carbon anticipates to employ these trees to influence the level of carbon draw down required to uphold an ideal level of carbon dioxide in the atmosphere. Yet alas! The question initiating debate here is: Are sooner growing trees the evolutionary hack we've been looking for? Some favour the GM harvests, hence found them as a technique to resolve the biosphere's sustenance catastrophe and demanded they could formulate "the biggest revolution of a lifetime". Opposition Assumed that hereditary alteration went contrary to the regulations of nature, and would create the alleged Frankenstein foods.

The year 1994 witnessed FlavrSavr tomato to be the initial hereditarily altered harvest appropriating itself for business in the US, ultimately planning its track to British hypermarket shelves in the tomato puree formula, but once campaigners disclosed this, they rejected sellers from supplying it and other foodstuffs consequential from GM crops. Over a succession of months, campaigner shattered the fields of Government supported trials of GM maize and soya, Prince Charles went one-on-one with the pro-GM founding, enabling the hypermarket chains mandatory in reassuring the public that they were devoid of GM "polluted" goods. The key benefit of GM food is that crop harvests turn out to be more dependable and fruitful, permitting extra individuals to be nourished, rather there are arguments about world manufacturing more calories than it is mandatory for all the people on the planet to be hale





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and hearty. Individual discretion should seldom be permitted to be overridden by artificial intelligence, as man has not been successful in substituting anything natural with artificial. Hence artificiality breeds limitations, irrationality and ill-health. Validating the mentioned in authenticity through research will lead one to study about pros and cons of genetically modified organisms. GMOs are not deprived of drawbacks. Nonetheless the absence of decisive links, Brown University resolved that vicissitudes to nourishments on a heritable level syndicate proteins that people hardly consume, swell the probabilities of a hypersensitive response stirring, escalating the rates of nutrition allergies in children since 1999.

Advantages of GMO

Recompenses of GMO" s needs some reference though drawbacks may outweigh rewards. Primary pounce of compensation arises as food supplies turn out to be foreseeable, crop harvests become more dependable and fruitful, letting more people to be nourished, notwithstanding the prerogative of feeding nutritious food than mere quantity. Dietary Plus content could be enhanced cum altered, provisioning a deeper dietary outline than what preceding peers were able to relish, means future generations could progress in receiving the equivalent nourishment from lesser levels of nutrition intake. Will all these expectations could gain ground and be real or are these prospects publicity gimmicks for capital gains. Global vitamin deficiencies are condensed by the utilization of high levels of vitamin A in Genetically modified rice, records the UN Food & Agricultural Department. GM foods can have extended ledge life that can abstain the aid of additives to sustain diet freshness enhancing the accepted potentials of the food itself. Conservational Nourishment, upholds the risk of certain preservatives that are linked with a higher carcinogen, heart disease, and allergy risk.

Provess of producing some proteins and inoculations, end to end with added pharmacological properties, are considered to be medical benefits from GMO crops, a practice subscribing inexpensive means of refining individual health: by eating dinner receiving a tetanus promoter as an alternative of receiving an arm inoculation – that's assumed to be the outcome of this expertise, generating diets that are extra tempting to consume. Colours can be either transformed or enhanced with GM foods to enable them more attractive to eat. Spoon University notify those profounder colours in diet deviates the perception of what is being consumed. Resonant red colours make diet seem honeyed, even if it is not: as livelier foods are connected with enhanced nourishment and flavours. Moreover, GM foods are easier to transport as they are known for their extended shelf life, inviting the opportunity to eliminate food waste, increasing the possibility of hunger reduction and elimination in developing countries. Meticulous usage of herbicides and pesticides curbs the threats on croplands that's bound to eventually turn the soil ineffectual, agriculturalists growing genetically modified foods seldom use these foodstuffs as frequently as agronomists using old-style bidding procedures, permitting the earth to recuperate its nutrient foundation over time. In spite of the heritable confrontation being in the plant itself, the grow ermanages to accomplish a foreseeable produce at the similar time.

Downsides of GM Foods?

Man-made mechanisms mediate, mirror, medicative benefits but all those perks personify a greater scale of disruptive disorganisation in the normal/ mundane events that are called to catalyse the consumerist culture. GMO yields may cause antibiotic resistance. It is high time to park self and scrutinize whether the cons outweigh the pros, the investigation done in Iowa State University research estimates that harvests adapted to contain antibiotics and other items that slay microorganisms and pests, by diminishing the effectiveness of an antibiotic or additional medicine when it is obligatory in the old-style logic. Some amount of the antibiotic dash in GMO" s when consumed, is affected by a treatment antibiotic due to build resistance to it, that causes cure of illness difficult. A greater legal liability, is generated on the farmers growing GMO, due to the fact that harvests that are heritably adapter is guaranteed to generate kernels that are hereditarily revised. Moreover, the likelihood of cross-pollination between GMO crops and non-GMO crops are followed during definite agricultural observes, since many of the harvests and kernels that produce GMO crops are unproved, exposing the peasant to a complex level of lawful accountability. Agriculturalists Who aren't involved in the above process could also go through obligations for leasing seeds and authorizing their utility in other fields or allowing cross-fertilization to occur.





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Genes are driven into dissimilar plant sorts further crop's part grounds with supplementary plants, together with weeds. Genetic relocations are notorious to transpire. Research about the ordeal of transfer of DNA segment from a herbicide-resilient harvest permeating into the weeds it is premeditated to slaughter? Communications at the cellular level possibly will produce unanticipated snags to forthcoming harvest development where even the reimbursements of GM foods might not outdo the complications rooted by them. In an effort to defend their profits over 50% of seed manufacturers forbid any self-governing study on the concluding yields as some GM foods may pose a carcinogen contact hazard. Multiple paper publications and retractions on the topic, exposed that harvests lenient to profitable pesticides significantly amplified the danger of cancer advance in rats. Nonetheless restricted, this evidence has been extensively spread creating the imprint that all GMO foods are hypothetically perilous.

Ananalysis directed by researchers scrutinise the conducts and mechanisms that aids extraneous DNA helps subsist through absorption and infiltrate into the body cells of the user. Scientists are predominantly concerned in reviewing the gastrointestinal tract being the hot plug for parallel gene transmission of GM yield DNA into gut-bacteria. Pointing the consequence of the mentioned allocation can theoretically cause dysbacteriosis and bad-health, as well as successive transmutations. Researchers pondering on the incongruities that ascend about the issue of the occurrence of DNA of disbursed foodstuffs in the blood and organs of their customers further affirming the fiasco to illustrate their consequences on the human body, nonetheless they are also deliberating the likelihood of mixing genomes and the appearance of extraneous DNA in consumer's tissues. In supposition, scientists contemplate the penetration potential of micro-RNA of GM plant diet into the human body cells.

The recompenses and drawbacks of genetically modified foods can spur a nasty deliberation. The benefits of provisioning the ecosphere with improved diet access, should not be familiarized at the outlay of individual wellbeing. GMO foods must essentially be branded in EU and appeals in the US are in quest of an identical scenario. We warrant to identify what we're consuming and how that diet is made. The dispute around GMO is enormous and intense on either side. Notwithstanding one of the chief contemplations when at variance with the usage of GMO goods is the environmental devastation potential. Prioritizing the ecological hazards to contemplate in regard to GMOs: Chiefly, it is imperative to comprehend what a GMO is precisely, where WHO outlines them as entities whose genetic material has been transformed in an artificial way. GM floras are typically formed for bug resistance, virus resistance, or weed killer tolerance: approval of such unnatural alterations bring in some hypothetically challenging conservation challenges.

Environmental Hazards of GMO!

Potential human hazards were under the public scanner, whereas environmental threats can pose a coercion to the human environment bond stability supporting the steadiness of the web of life. Primarily, noxiousness is an enormous problem neighbouring biochemical insecticides and weed killers, employed typically with GMOs, in calculation with the harmfulness integral to these plants. Toxicity of GMOs to non-target organisms is quite evident, taking the visible communication illustrations of bees and butterflies, bees are immensely imperative in pollinating many diet harvests but are regrettably enormously threatened by contemporary agrarian practices, such as GM crops. Birds are equally at peril from insecticides and toil as organic regulators, negotiators and pollinators, alike bees. Additionally, the long-standing effects of GMOs aren't firm but uncertain, conditioning pests to familiarize to insecticides and weedkillers, in calculation to the DNA variations in GM plants enabling them "resilient. "Effectively this deciphers the doubt in authenticity of their efficacy, yet their lethal legacies will persist.

Collective paraphernalia of goods such as GMOs should be taken into contemplation. Recommendation Too Endorses that minor hereditary variations in plants fabricating even bigger biological swings, divulging the latent for GMOs to turn out to be tenacious and weedy in agronomic environments, since such has been altered to be resilient to some contemporary farming procedures, the hostility of GMO in natural settings seldom transpire logically, where the impossibility of novel, man-altered vegetation to turn out to be aggressive species is subtle, usual bionetworks could be ruled out. In conclusion, biodiversity, the critical component of all ecologies assimilating to the sustenance of all species, is put to danger by GMOs. The plantation of GM crops, commonly in a monocrop manner,





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countless custom seeds are seldom used, upsetting the natural course of nature yet promoting the nature of GMOs through fewer wildflowers and, therefore, not as much of sap for pollinators. Contaminants Let unregulated into the earth through the plants' paths mean threatened mud bacteria, that are essential to conserve vigorous soil for plants growth without the use of biochemical enrichers. Nutrients are rarely reimbursed to the earth in mono harvests and from GMO diets, as poisonous residues are left in the soil, making it parched and annulled of all nutrients, mostly essential to the budding procedure, further creating a sequence of reliance on GMO kernels and biochemical enrichers, insecticides, and weedkillers in then fashioned in order to produce a solitary harvest. Adding on to earth matters, the irrigation measures that are employed for organic growth of GM foods, transmits innumerable complications into aquatic springs and the air, divulging diverse microorganisms, bugs, and beasts to identical difficulties.

Many of such influences must be booked into contemplation in the bigger representation; GMO's DNA may terminate in the earth, manure, animal feedstuff and by-products, and further active creatures, from bugs to biggerbothers. Bees transfer insecticides, weedkillers, and genetic material through the air into the atmosphere. A plant partnering in the agronomic environment, islucid to accept it to be a fragment of a grander bionetwork, apparently the threat of conservation harm done by GMOs is much greater than merely hypothetically impairing our healthiness. Apart from conservation matters, GMOs have been the topic of communal and moral deliberations as well. rooting a complex range of significances. Being conversant about the diet we are consuming and the methods contemporary agronomic techniques are upsetting the atmosphere is one operative technique of intentional interaction with the normal world.

Influence, GMOs Inflicts on Society and the Setting

In incongruity in what way mainstream opinions are fashioned, GMOs have essentially triggered the use of weedkillers and insecticides to upsurge pointedly, enabling the lingering of more biochemical deposit on yields for customers to consume, disclosing study around GMOs contradictory; nevertheless, there is a swelling body of indication linking GMOs with ecological damage, well-being problems, and even defilements of customers' and agriculturalists civil liberties. Many health destabilising diseases and disabilities like Autism, gluten intolerance, birth defects, besides several additional shocking wellbeing matters are all allied to Monsanto's Round Up. Some agronomists are satisfied with GMO diversities, others are dissatisfied, thus discovering wide-ranging outcomes or confronting new snags in the extremely intense and business conquered seed sector, such challenging drift disturb all agronomists, whether they favour GMO seeds or not. Jeopardy of Cross adulteration with GMO seeds is communal though the farmer refrains from using GMO crops. International Journal of Food Contamination observed innumerable cases of GMO adulteration between 1997 to 2013 in 63 nations, exposing agronomists to severe, dire penalties. Adulteration Catering the role of a catalytic agent for melodramatic financial fatalities for growers facing refusal from exportation bazaars that prohibit GMOs. Biological Agriculturalists suffering adulteration could drop their biological authorization and the premium for their biological yield. Further when request for non-GMO foodstuffs wells, agriculturalists are looking for prospects to spread into no-GMO marketplaces that recompense advanced charges, nevertheless, the incapability of businesses to suitably detach GMOs from conservative variation slingers to lurk agronomists' selections.

The lasting well-being paraphernalia of GMOs, mutually on the globe and society are mysterious. Adding on, approximately all scholarships that entitled to be innocuous are sponsored by the only bioengineering formations that yield from GMO auctions. Biotechnology Business Interprets GM yields as an advantage to our ecosphere for the reason that they permit agriculturalists to create advance harvest yields with scarce contributions. The kernel marketplaces have been inundated with GM soybean, corn, and cotton seeds with two major traits: insecticide expression and weed killer resistance, by big seed companies So, what does this contribute to? Essentially equipping the vegetation with the aptitude to subsist with detrimental microbe killers and weedkillers with the deadly characteristic of Bacillus thuringiens is, or Bt. Bt is associated to a class of microorganisms that reasons diet intoxication and anthrax, also slays only very exact class of pests. Numerous Biological Agronomists have used Bt for over 50 years as an insecticide to regulate bugs. Here and now, genes from Bt are instrumental in amending





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vegetation to yield the Bt toxins and slay bugs that try to plague them without the application of exterior spraying. Researcher Charles Benbrook at Washington State University verified the upsurge of GMOs in the US has led to an intensification in the use of lethal biochemical involvements. Benbrook exposed that while the Bt feature has permitted agriculturalists to spray intensely smaller levels of pesticides, that outcome has been further overshadowed by the incursion of weedkillers unconstrained by Monsanto's Roundup Ready technology, as weeds have swiftly modified confrontation to recurrent dosages of Monsanto's Roundup weed killer.

Do They Yield More Food? - Consolidation of Need Vs Greed!

Investigatory logic around all these scientific technological evolutionary discoveries lingers around the everescalating unaccountable population and hitches associated with catering to such mounting statistics. So here, nowadays the quaking enquiry is, do GMOs harvest extra nutrition? A lately published article by University of Wisconsin has annulled the dispute that GMO agriculture profits additional food. The investigator equation harvest yields from numerous diversities of blend corn, some hereditarily altered and some not, between 1990 and 2010:nevertheless, some hereditarily adapted diversities generated insignificant advances, others did not. Myriad even exhibited inferior harvests than non-genetically modified equals. Investigate Information Determined the startling not so strappingly optimistic transgenic profit effects. Both the Bt characteristic for corn rootworm and glyphosate-tolerant prompted harvests to drip. Calculation, exposed indication of what is recognized as "yield drag" — the clue that deploying the genome of a shrub diversity sources inadvertent fluctuations in the mode it nurtures, triggering it to be not as much prolific.

However accurate this may seem to be, it is remote from producing advanced harvest yields with scarc involvements. The clarity of GMO seeds having compensations over conservative kernels when it derives to hazard justification, exceed the reimbursements presented by biological farming. Consequently, profound study is required to discover the new constituents of biological compost for snowballing the produce and other nutritive necessities of the diet grains, hence witnessed an upsurge in deliberation on whether to opt biological agriculture or conservative agriculture or accept GM crops for advanced produce. Man'svigour and ecological security are the key anxieties of the GM expertise, and in the nonattendance of guarantee by the exponents, countless have considered biological agriculture greater for its advanced harvests as equated to conservative agriculture. Another challenging matter with unswerving harvest yields — monocultures. Monocultures eventually diminish the earth and furnish the prerequisite for extra enrichers and substances to steady harvests. Apparently, this study urges farmers to use deep-rooted farming procedures – like harvest variation and permaculture that nurtured a restored and more maintainable atmosphere for harvests, there would be scarce requirement for all these substances.

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REVIVEW ARTICLE

Role of Schiff base Metal Complexes in Dyes and Paints : A Review

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ABSTRACT

Schiff bases are versatile ligands, synthesized by the condensation of an amino compound with a carbonyl compound. Schiff bases and their metal complexes are an interesting area of research that provide valuable information about newly discovered compounds. These compounds and their metal complexes have been extensively studied for their various potential applications in a variety of sectors. This review focuses on Schiff base metal complexes used in dyes and paints.

Keywords: versatile ligands, metal, Paints, metal, dyes.

INTRODUCTION

Schiff bases are the compounds that contain an azomethine group (-CH=N-). They were first discovered in 1964 by Hugo Schiff and are named after his name. These compounds are formed when a primary amine reacts with a carbonyl compound (aldehyde or ketone) Fig.1 showing g eneral methodforpreparation of Schiff base by condensationbetween carbonyl compounds and primary amines.Because of the presence of effective conjugation, aromatic aldehyde Schiff bases are more stable, but aliphatic aldehydes are comparatively unstable and polymerize easily [1]. Schiff base compounds are used in a variety of biological and pharmacological applications. They are also used as fundamental units in several dyes. Transition metal complexes of Schiff bases have been synthesised and studied extensively over the last several decades because they behave as good chelating ligands in the field of coordination chemistry. Chelating ligands comprising N, S, and O donor atoms offer a wide spectrum of biological functions, which may be enhanced by the presence of metal ions attached to them. Because chromium metal





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complexes are coloured, they are used in pigments. Furthermore, the colour of emeralds and rubies is caused by traces of chromium ions.Compounds of manganese and nickel are widely used in analytical, metallurgical processes, paint and pigment industries and ceramics.

The Schiff bases involved in complexation are introduced to demonstrate their use in dyes and pigments. Metal complexes are compared with a newly synthesised Schiff base derived from salicylaldehyde and its derivatives, as well as 2-aminophenol or 2-aminobenzyl alcohol. Various physiochemical techniques were utilised to identify and analyse the characteristics of such compounds [2]. The most important characteristic that account for the colour and hard/soft properties of Schiff base reaction sites [2,3,4] is the planar chemical conformation. Several Schiff base transition metal complexes have been synthesised and investigated, such as Al(III), Fe(III), Co(II), Ni(II), and Cu(II). These metal ions, as well as a number of others, have been employed as mordants in dyeing methods. In coordination applications, the principle of complexation and mordent has the same idea. To explain the sites of coordination, the reaction of salicylaldehyde with anthranilic acid or o-aminophenol has been prepared and examined. The reaction represents the interaction of the hydroxyl, amino, and azomethine groups [2,5,6,7,8].

Despite their overall structural similarity, the sort of engagement of the hydroxyl groups and the metal ions in bonding promotes the staining or dyeing activity. The aspect of coordination varifies the sites, components, and groups that can be worked in bonding. The hydroxyl groups, rather than the azomethine groups, are the optimum sites of coordination in this case, as long as these groups are in appropriate positions. Because of the differences in the position and characteristics of the hydroxyl groups, certain Schiff bases may be exceptionally effective agents for the tasks assigned [2]. A dye is a coloured substance that chemically bonded to the substrate it is applied on. Dyes are distinguished from pigments by the fact that they do not chemically attach to the substrate they colour. Dye is usually applied in an aqueous solution, and it may be necessary to add a mordant to increase the dye's fastness on the fibre[9]. Dye and pigment are both coloured because they absorb only certain wavelengths of visible light. Dyes are generally water soluble, whereas pigments are not. The ability of a dye to impart colours to fibres is its most essential feature. Different types of dyes have been produced for various fibres based on their nature. Different fibres are dyed with different dye classes.

Generally, one ormore class of dyesare used to dye specificfibre. Thefibres are broadly divided into two classes:

(1) Naturalfibres

(2) Syntheticfibres.

Cotton, wool, and silk are examples of natural fibres, whereas synthetic fibres include nylon, cellulose acetate, cellulose triacetate, polyester, polyacrylonitrile, and others. Natural fibres have a strong affinity for water and are hydrophilic in nature. They absorb water and swell, making dyeing with water soluble pigments easier. Reactive dyes, direct dyes, acid dyes, vat dyes, and other dyes are available for dyeing natural fibres. These colours are water soluble and preferentially bind to hydrophilic fibres. Synthetic fibres are hydrophobic in nature, with little or no affinity for water. Synthetic fibres with reactive sites, such as nylon and acrylic fibres, can be dyed with water soluble dyestuffs such as acid dyes and cationic dyes, respectively. On the other hand, the most prevalent synthetic fibres, polyester and cellulose acetate, contributed to the formation of another type of dye known as dispersion dyes.

Classification of Dyes

Dyes can be classified in many ways such as according to their chemical structure, the chromophoric system, chemical properties, origin and applications. Some of the important classification are described below:

Classification on the basis of origin:

Natural dyes

The majority of natural dyes come from plants, such as roots, berries, bark, leaves, wood, fungi, and lichens etc.[10]. Synthetic dyes

The majority of dyes are synthetic in origin, that is, they are man-made and derived mostly from petrochemicals, and they have a wide range of uses. Mauve, the first synthetic dye, was discovered by chance by William Henry Perkin in





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1856 **[11,12].** The discovery of Mauveine**Fig**. **2**(**a**) caused an upsurge in synthetic dyes, broadly in organic chemistry. Fuchsine2(b), SafranineFig. 2(c), and Induline were among the other aniline dyes that followed. Since then, dozens of synthetic dyes have been developed **[13,14,15]**.

Chemistry of dyes

The colour of a dye is determined by its capacity to absorb light in the visible portion of the electromagnetic spectrum (380-750 nm). An early hypothesis known as the Witt theory stated that a colourful dye has two components: a chromophore that gives colour by absorbing light in the visible area (nitro, azo, and quinoid groups are examples) and an auxochrome that serves to intensify the colour. This concept has been replaced by modern electronic structure theory, which states that the colour of dyes is caused by visible light excitation of valence π -electrons [16].

Dyes possess colour because of the following reasons:

1) They absorb light in the visible region of the electromagnetic spectrum in the wavelength ranging from 400nm to 700 nm.

2) They contain at least one chromophoricor colour-bearing group.

3) They have a conjugated system, i.e. the presence of alternate double and single bonds.

4) They possess resonance in electronic system which provides tabilization to the organic compounds [17].

In the absence of any of the above mentioned distinctive features in the dye's molecular structure, the colour is lost. Chemists have long been interested in finding the connection between a dye's colour and its molecular structure. Furthermore, study of colour and structural relationships has always been crucial in the production of novel dyes, arguably the most significant early contribution to the science of colour characterized as the chromophore and the auxochromes[2,18].

The theory based on the chromophore principle is frequently an electron-drawing group and auxochromes are electron-releasing groups that are connected to one another via a conjugated structure. The notion of the donor-acceptor chromogen was therefore formed. Furthermore, it was discovered that increasing the electron-withdrawing power of the chromophore, increasing the electron-releasing power of the auxochromes, and extending the length of the conjugation could result in a bathochromic-shift of the colour, i.e. the absorption band shifting to a longer wavelength. Although it lacks formal theoretical support, the chromophore and auxochrome hypothesis is presented as a straightforward technique for understanding the genesis of colour in dye molecules. The carbonyl (C=O), diazo (-N=N-), azomethine (-CH=N), and nitro (NO2) groups are the most significant chromophores, according to this definition. Other groups, such as hydroxyl (OH) and amino (NR2) groups, intensify the colour and shift absorption to longer wavelengths of light. Most chemical families of dye, including azo, carbonyl, azomethine, and nitro dyes, may be applied to the approach **[2,19].**

Classification on the basis of chemical properties: Acid dyes

Acid dyes are anionic dyes that are water-soluble and are applied to fabrics such as silk, wool, nylon, and modified acrylic fibres using neutral to acid dye baths. Salt formation between anionic groups in the dyes and cationic groups in the fibre is thought to be responsible for at least some of the attachment to the fibre. Acid dyes have no effect on cellulosic fibres. The majority of synthetic food colours belong into this group. Acid dyes include Alizarine Pure Blue B, Acid Red 88, and others.

Acid dyes are a large family of dyes that are often formed of sodium salts of colour acids that contain sulphonic acid or phenolic groups. An acid dye's colour is found in its negative ion. These colours are almost often separated as sodium salts. These colours are almost often separated as sodium salts. It is difficult to separate the free dye. Because of their hydroscopic nature, they are difficult to pack and store. Acid dyes are anionic dyes that are water-soluble and are applied to fabrics such as silk, wool, nylon, and modified acrylic fibres using neutral to acid dye baths. The wool and silk textiles are coloured with anionic dyestuffs in an acidic medium. Under these circumstances, the dissociation of the carboxyl group of wool or nylon is limited, and amino groups are transformed to ammonium ion by accepting proton. As a result, the amino groups exist as reactive ammonium ions. In water, the dyestuff dissociates, and its





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anion is bonded to silk or wool. Salt formation between anionic groups in the dyes and cationic groups in the fibre is thought to have a role in the dyes' attachment to the fibre.Examples of acid dye are Alizarin(3a),picric acid (3b), Acid red 88(3c), Pure Blue B, naphthol yellow, etc.(Fig 3).

Basic dyes

Basic dyes are water-soluble cationic dyes that are mostly used on acrylic fibres but also on wool and silk. Acetic acid is typically added to the dye bath to aid in dye absorption onto the fibre. Basic dyes are also employed in paper colouring. Methylene blue 4(a), Crystal violet 4(b), Rhodamine B 4(c), Basic violet 2are some examples of basic dyes (Fig 4).

Direct (Substantive) dyes

Direct or substantive dyeing is often carried out in a neutral or slightly alkaline dye bath at or near boiling point with the addition of sodium chloride (NaCl), sodium sulphate (Na2SO4), or sodium carbonate (Na2CO3). Cotton, paper, leather, wool, silk, and nylon are all dyed with direct dyes. They are also used to detect pH and as biological stains. Congo red (Fig. 5) ,Indigo, Lichens, and other natural dyes are examples of direct dyes. Direct, azoic, vat, sulphur, and reactive dyes are designed for cellulose polymers. Direct dyes were the first colourants to have affinity for cotton in the absence of a binding ingredient known as a mordant. Many of these dyes have low wet fastness because they are water-soluble. The two primary features of direct dyesare:(1) They are linear molecules, and (2)they can get close to the cellulose chain to enhance the impact of intermolecular interactions like H-bonding.

Mordant dyes

Mordant dyes require a mordant, which enhances the dye's resistance to water, light, and sweat. The mordant used is very important since various mordants can significantly alter the final colour. Because the majority of natural dyes are mordant dyes, there is a substantial literature base describing dyeing techniques. The most significant mordant dyes for wool are synthetic mordant dyes, or chrome dyes; these constitute around 30% of wool dyes and are notably effective for black and navy shades. As an after-treatment, potassium dichromate is used as a mordant. It is crucial to highlight that certain mordants, particularly those containing heavy metals, can be dangerous to health and must be used with extreme caution. Examples (Fig 6) of mordant dyes are chrome alum 6(a), alum 6(b), tannic acid, and salts of aluminium, chromium, copper, tin etc.

Vat dyes

Vat dyes are basically insoluble in water and hence incapable of directly colouringfibres. However, reduction in alkaline liquor results in the dye's water-soluble alkali metal salt. This form is generally colourless, so in that case it is known as a Leuco dye, and has a strong affinity for textile fibres. Following oxidation, the original insoluble dye is reformulated. Indigo, the original vat dye, is responsible for the colour of denim. Vat dyes get their name from the vatting procedure associated with their application. The structures of vat dyes are well known. They are transformed to a water-soluble form with cellulose affinity and then returned to their water-insoluble form, resulting in high wetterm stability.Indigo, a well-known natural dye, is included in the family of vat dyes. While indigo remains the most significant colourant for denim fabric, its very tiny size makes this vat dye particularly sensitive to removal during the laundry process, giving jeans a faded appearance even after only one wash. This emphasises the need of creating colourants for cellulosic substrates that have the features required to remain inside the polymer matrix when water swells the substrate. Indigo Fig. 7(a), Indanthrene 7(b), Hydro bluvat, are the examples of vat dyes

Sulphur dyes

Sulfur dyes are low-cost dyes used to produce dark hues in cotton. Dyeing is accomplished by immersing the cloth in a solution of an organic chemical and sulphide or polysulfide, generally a nitrophenol derivative. When the organic compound combines with the sulphide source, it produces dark colours that attach to the cloth. Sulfur Black 1, the most used dye by volume, lacks a well-defined chemical structure. Sulfur dyes get their name from the fact that sulphur is used in their manufacture. Sulfur dye structures are poorly characterised because their polymeric nature renders them unsuitable for traditional structure characterization techniques. Sulfur dyes are transformed to a water-





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soluble form with cellulose affinity and then changed back to their water-insoluble form, providing high wet persistence. Sulfur dyes include (Fig. 8) Sulfur black 1,8(a), Indophenol8(b) etc.

Reactive dyes

Reactive dyes have a chromophore attached to a substituent capable of interacting directly with the fibre substrate. Because of the covalent bonds that bind reactive dye to natural fibres, they are among the most lasting of dyes."Cold" reactive dyes, such as Procion MX, Cibacron F, and Drimarene K, are very easy to use because the dye can be applied at room temperature. Reactive dyes are by far the greatest option for dying cotton and other cellulose fibres at home or in the studio. Reactive dyes are the class of suitable colourant for cellulosic fibres. Their name is derived from the fact that they undergo the chemical reaction with cellulose to form a covalent bond. Reactive dyes made it possible to get previously unattainable bright wet-fast shades on cellulosic fibres. Reactive dyes (Fig. 9) include reactive red 1,9(a), reactive blue 19,9(b), reactive red 1809(c), reactive blue 4, reactive orange 5etc.

Dispersedyes

Disperse dyes are water-insoluble and were first developed for the dyeing of cellulose acetate. The dyes are finely powdered and marketed as a paste in the presence of a dispersing agent, or spray-dried and sold as a powder. Their primary application is in the dyeing of polyester, although they may also be used to colour nylon, cellulose triacetate, and acrylic fibres. A dyeing temperature of 130 °C (266 °F) is necessary in some cases, and a pressuriseddyebath is employed. The very fine particle size provides a large surface area, which helps in dissolution to allow its absorption by the fiber. The dyeing rate can be greatly influenced by the dispersing agent employed during the grinding process. These dyes are applied to hydrophobic fibres, resulting in an aqueous dispersion. Disperse dyes detach from the reaction mixture as large particles. They are unsuitable for dyeing due to their huge particle size. They provide poor results in this form, thus to obtain good dyeing qualities, the dye must be employed in the form of fine powder and homogeneous, stable suspension. As a result, these colours are finely powdered in the presence of a dispersant before being offered as a paste or powder. The very tiny particle size provides a large surface area, which helps dissolving and allows fibre absorption. Disperse dyes are most commonly used to colour polyester, although they may also be used to colour nylon, cellulose triacetate, and acrylic fibres. Disperse dyes (Fig. 10) include Disperse blue 1,10(a),Disperse blue 3 10(b),Disperse orange 11, 10(c),Disperse orange 25etc.

Azo dyes

Azo dyes are those that include one or more azo groups. This is the largest and most important cassl of synthetic colouring substance. These dyes are available in nearly all shades and have a wide variety of uses. They may be used on both natural and synthetic fabrics. Furthermore, many dyes in this class are applied on paper, rubber, leather, and a variety of other materials. Azo pigments and the lakes generated by these azo dyes are widely used in the paint, varnish, lacquer, textile, cosmetic, pharmaceutical, and food sectors. Different metal complexes play an important role in the field of azo compounds. Commercially, copper, chromium, and cobalt complexes of azo dyes produced from metallizable substituents in at least one ortho position relative to the azo group (Fig. 11) or azo dyes produced from metallizable coupling components such as salicylic acid are employed. Many papers have been published on the importance and significance of these metal complex dyestuffs [20,21,22]. Copper and chromium metal complexes are widely used in cotton industries in combination with azo dyes. The azo chrome colours[23]are extremely important in the dyeing of wool. Mordant azo dyes are specifically useful for deep blue, violet, black, brown, and Bordeaux shades.

With chromium as a mordant shade, high-quality, all-around fastness qualities are achieved. Premetallized dye 1:1 chromium azo dyestuffs are being introduced (Fig.12). In 1919, the fast dyes Neolan by Ciba and Palatine by BASF get successed in improving the dyeing procedures and providing improved results in their industrial applications. However, these procedures had a significant disadvantage in that they required a strong acidic dye-bath, which destroyed the wool. Later, German dyestuffs manufacturers overcame this disadvantage to some extent in the 1930s



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by using 2:1 chromium and cobalt complexes that required a mildly acidic dye-bath that did not harm the softness of wool [24].

Furthermore, they were suitable for dyeing nylon with a relatively neutral dye-bath. However, the primary challenge was their low solubility, which may be solved by using the Irgalan line of dyestuffs, which are 2:1 chromium and cobalt complex dyestuffs containing methyl sulphonyl, which increases their solubility. Later in 1949, a variety of neutral dyestuffs containing chromium and cobalt dyestuffs with non-ionic solubilizing groups sulphonamide were developed. Likewise, several asymmetric 2:1 chromium complexes comprising two different metallizable azo-dyestuffs with improved fastness and a wide variety of hues were developed. Initially, such dyestuffs were confined to wool and nylon, but with the inclusion of appropriate fibre reactive groups, paint superior fastness to light and wet treatments were accomplished. The azo group has weak donor properties and has not been observed to coordinate with a metal atom to form a stable complex unless the metal atom can be held within the dye molecule via chelation with the help of a complex-forming group such as -OH or -NH₂ in the ortho position to the azo group [25].

Chromium azomethine complexes [26,27], cobalt complex Schiff base [28], and un-symmetrical complex 1:2 chromium [29] dyes provide fast colours to leathers, food packaging, and wools etc. Azo groups with metal complexes [30] are used to dye cellulose ployester fabrics. To mass dye polyfibers, certain metal complexes [31] are utilised. The cobalt complex of a Schiff base (salicylaldehyde with diamine) has exceptional light resistance and storage properties, and it does not deteriorate even in acidic gases (CO₂). A novel tetra dentate Schiff base is used as a chromogenic reagent to determine Ni in natural food samples [32].

CONCLUSION

In conclusion, Schiff base metal complexes play a crucial role in the advancement of modern dyes and paints. Their vibrant colors, stability, and functional properties make them indispensable in a wide range of applications. The ability to synthesize and customize these complexes further enhances their value, providing industries with the tools to innovate and meet specific needs. As the demand for durable, versatile, and environmentally friendly dyes and paints continues to grow, Schiff base metal complexes will undoubtedly remain at the forefront of this dynamic field.

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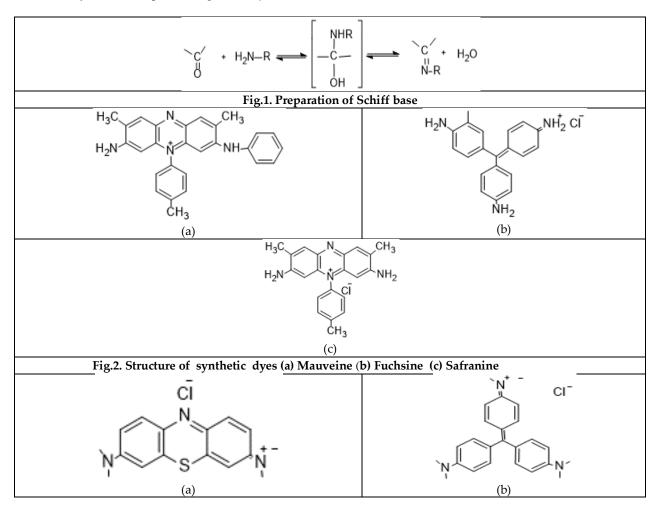
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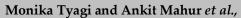
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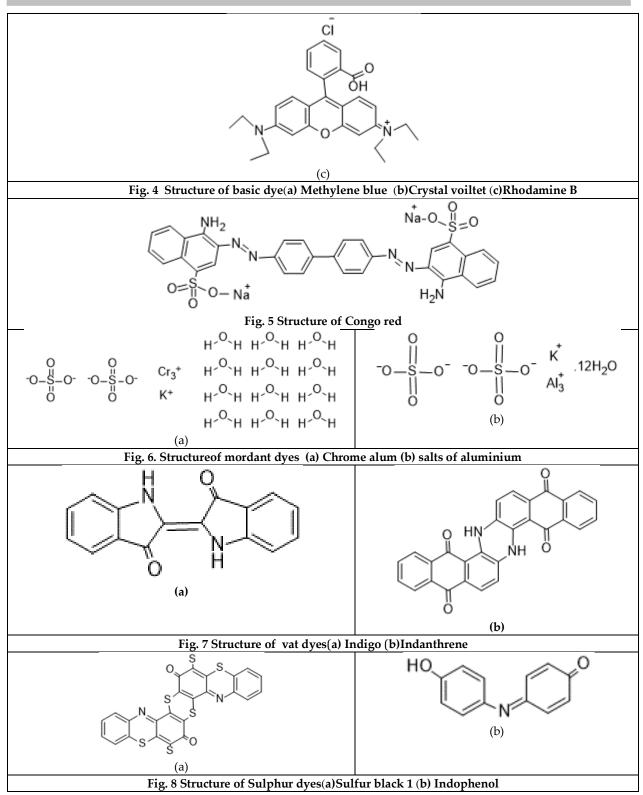
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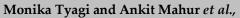


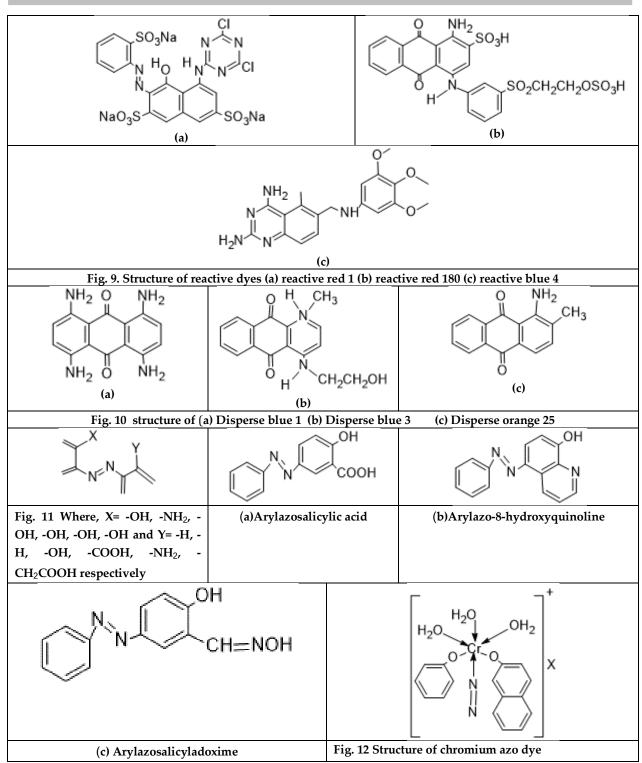
















REVIEW ARTICLE

A Comprehensive Overview of the World Health Organization

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ABSTRACT

The World Health Organization [WHO], a public health organization of the United Nations[UN], was founded in Geneva in 1948. Its goal is to help all individuals reach "the highest possible level of health". It sets worldwide sanitary standards and quarantine guidelines, serving as a repository for information on the most recent advancements in illness and medical treatment. It supports efforts to manage endemic and epidemic diseases, such as immunization programmes and aiding in the provision of clean water supplies. Finally, it also promotes the enhancement of public health initiatives within the member countries. Up until this point, its most significant accomplishment has been the global eradication of smallpox. The World Health Assembly [WHA], which represents the 192 WHO member nations, is in charge of the organization. WHO member state delegates make up the Health Assembly. This body approves the WHO's budget and programme and makes major policy decisions.

Keywords: WHO; Objectives of WHO; Constitution of WHO; Functions of WHO

INTRODUCTION

WHO, a UN specialised organization formed in 1948, is dedicated to encouraging global collaboration to enhance public health. With particular responsibilities transferred from the League of Nations Health Organization [1923] and the International Office of Public Health in Paris [1907], the WHO assumed a broad mandate as stated in its constitution: promote the best health for all people. The WHO defines health positively as a condition characterized by total physical, mental, and social well-being, rather than simply the absence of disease or infirmity. WHO observe world Health Day on April 7, 1948, the anniversary of the organization's founding. The majority of the agency's





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funding comes from yearly payments given by member nations according to their respective means of subsistence. Furthermore, WHO received significant funding from the UN's enlarged technical assistance programme after 1951[1,2]. The 192 member states of the WHO comprise the World Health Assembly [WHA], which exercises governance over the WHO. The executive council of the WHO is composed of 34 health specialists and is elected and advised by the organization [3,4]. It appoints the chief executive, who is presently Dr.Tedros Adhanom Ghebreyesus of Ethiopia, establishes objectives while also granting financial and operational permissions [5]. The WHO receives the majority of its funding from assessed and voluntary contributions from member states; private donors contribute the remainder. The fiscal year's authorized budget 2020–2021 exceeds \$7.2 billion, whereas the budget for the fiscal year 2022–2023 surpasses \$6.2 billion [6]. In order to control epidemic and endemic disease, the WHO funds national immunization campaigns, antibiotic and insecticide training, improved lab and clinic facilities for early diagnosis and prevention sanitation systems and rural health education. These programs achieved some success in the battle against AIDS, TB, malaria, and other ailments [7]. The WHO regularly conducts field surveys, sends out teams of experts from around the world to conduct demonstration projects and fieldwork, support for the creation of national training facilities for nurses and doctors, as well as aid with the development of neighbourhood health centres. Additionally, it promotes the growth and improvement of public health administrations across its member countries. WHO is capable of furnishing fellowship funds to medical professionals, public health administrators, sanitary inspectors, nurses, laboratory technicians and researchers via a variety of education assistance programs [8].

Aim and Objectives

The WHO goal is for all peoples to achieve the best possible state of health [Figure 1]. The goals of WHO's leadership objectives were:

- Promoting nations' efforts to get closer to achieving universal health care
- Assisting nations in demonstrating their ability to follow international health regulations
- Improving accessibility to necessary and superior medical supplies
- Examining how social, economic, and environmental variables affect public health
- Bringing non-communicable diseases under coordination [9].

Constitution of WHO

The states parties to this constitution declare that the following ideas are essential to everyone's pleasure, peaceful coexistence, and security in line with the United Nations Charter. Everyone has the right to good health, regardless of social, political, religious, or economic status. Achieving peace and security depends on ensuring the health of all peoples, which calls for the best possible cooperation between individuals and countries. Every state that succeeds in promoting and protecting health benefits everyone. Unequal progress in promoting health and controlling illness, particularly communicable diseases, throughout nations is a common threat. Children's health depends on peaceful living in a changing environment [10].

Functions of WHO

In order to achieve the objectives, the functions of the WHO shall be

- To serve as the international health work's guiding and coordinating authority.
- To support governments in improving health care upon request
- To provide governments with the required help and suitable technical support at their request.
- To promote and further efforts to eliminate endemic, epidemic, and other illnesses.
- To encourage collaboration between professional and scientific communities that progress health.
- Supporting and carrying out health-related research.
- To encourage higher training and teaching standards in the medical, health, and allied fields.
- To create and update worldwide nomenclatures for illnesses, causes of mortality, and public health procedures as needed.
- Standardising diagnostic processes where required.
- To create, implement, and advance international standards for goods that are related to food, biological, pharmaceutical, and other industries.





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• In general, to take all required steps to achieve the organization's goal [11,12].

Governance

The assembly is the WHO's principal decision-making body. May is the traditional meeting month for representatives from all 192-member nations in Geneva. Its primary duty is to draft the organization's policies. The planned program budget is approved or rejected by the Health Assembly, which also selects the Director-General. The organization's financial policies are under the direct supervision of the Director-General. It also takes into account the findings from the Executive Board, which it advises on issues requiring additional research, analysis, evaluation, or communication. There are 32 members of the executive board that are technically competent in the health profession. Terms of office for members are three years. The primary duties of the board are to advise the health assembly, implement its policies and decisions, and generally facilitate its operation. Approximately 3500 health and other specialists, as well as support personnel, work for the WHO on fixed-term contracts at the organization's headquarters, six regional offices, and in other countries [11,13].

Director Generals of WHO

World Health Assembly [WHA]appoints organization's director general. Assembly nominates five-year directors general in May in typical manner. Canadian doctor Brock Chisholm was the organization's first director general from 1948 until 1953. The following directors general of the WHO are Gro Harlem Brundtland [1998–2003], Lee Jong-Wook [2003–2006] and Margaret Chan [2007–17] [14]. Dr.Tedros Adhanom Ghebreyesus, an Ethiopian professional in public health, was appointed director general of the WHO in 2017. He officially began his second term on August 16, 2022, after being re-elected. A director general may be nominated again just once [5].

Health Policy

The WHO endeavours to address health disparities by implementing policies and initiatives that prioritize equity, gender responsiveness, and human rights. Additionally, it focuses on fostering a healthier environment, emphasizing primary prevention, and influencing cross-sectoral policies to address underlying causes of environmental health risks. Furthermore, the organization provides evidence-based standards, guidelines, and tools to aid member states in formulating health policies, along with publishing comprehensive reference classifications and ensuring the implementation of the International Health Regulations [15,16].

Awareness and Action Regarding Public Health

The WHO defines health education as the process of allowing individuals to raise their level of healthy selfmanagement. It emphasizes social and environmental issues above personal actions. Every year, the organization celebrates World Health Day and conducts health promotion events [Figures 2]. Annually, April 7th marks World Health Day in honor of the organization's founding anniversary. Other internationally recognized public health programs commemorated by the WHO include World Tuberculosis Day, Immunization Week, No Tobacco Day, AIDS Day, and Hepatitis Day. The WHO awards medals and prizes for outstanding contributions to public health. The winners are chosen by the WHO Executive Board and announced during the WHA [17].

Financing and Partnerships

Foreign donors and member nations provide financial support to the WHO. The leading donors in 2020–21 included Germany, Japan, China, United States, the Bill & Melinda Gates Foundation, the GAVI alliance, the World Bank, and Rotary International. Advisory Committee on Sustainable Finance was established by the WHO Executive Board in 2021 with the goal of reconsidering WHO's financial approach and submitting suggestions. The WHA of 2022 endorsed its proposals, the most important of which was to increase mandatory member dues to 50% of WHO's basic budget for 2022–2023 by the end of the 2020s [6,18].

Regional Offices

The WHO is a specialized UN agency in charge of global public health. Geneva is the headquarters of 150 field offices and 6 regional offices worldwide.





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Operating areas and regional offices of WHO:

- Africa; Headquartered in Brazzaville, Republic of the Congo
- Western Pacific; Headquarteredin Manila, Philippines
- South East Asia; Headquarteredin New Delhi, India
- Eastern Mediterranean; Headquarteredin Cairo, Egypt
- Americas; Headquarteredin Washington, D.C., US
- Europe; Head quartered in Copenhagen, Denmark [19,20].

CONCLUSION

The WHO's stated mission in its constitution is to ensure that all peoples achieve the utmost level of health possible. Ensuring universal access to the advantages of medical, psychological, and related knowledge is critical for achieving optimal health. Active public participation and well-informed opinion are crucial factors in advancing the collective health of the populace. WHO promotes and aids the vulnerable while maintaining global health and safety. The organization promotes health research and policy, sets worldwide health standards, and gathers global health statistics. The organization also helps countries technically. The official World Health Report evaluates global health concerns. The WHO has helped develop an Ebola vaccine, practically eradicate polio, and eliminate smallpox. Noncommunicable diseases, including cancer and heart disease; nutrition, health, and food security; substance abuse; and communicable diseases [Ebola, HIV/AIDS, tuberculosis and malaria] are current WHO priorities. The organization supports the health care universalization, active observation of public health risks, coordination of reactions to health crises, and the overall promotion of health and well-being. Thus, in order to promote health, assure global security, and aid the vulnerable, WHO operates on a global scale.

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RESEARCH ARTICLE

Wearable Devices and Digital Health Platforms: Forensic Analysis and Data Security Challenges

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ABSTRACT

Smart watches are wearable gadgets that combine the functionalities of a standard watch with those of a smart phone. They usually have a touch screen display, wireless connectivity, and the ability to run apps, track fitness data, and receive notifications from an associated smart phone. Smart watches can perform a variety of duties, depending on the type and software loaded. This article concentrated on health indicators such as heart rate monitoring, breathing activity, sleep quality, and physical activity. This research article seeks to investigate the many factors linked to the usage of smart watches in the domain of health. The effectiveness of health parameters indicated in hardware and software is studied to get insights into the accuracy and usefulness of these metrics.

Keywords: Wearable Technology, Health Tracking, Fitness Monitoring, Smart Watches, Device Security

INTRODUCTION

Forensic science is the use of scientific tools and techniques to investigate crimes and other legal situations. Smartwatches, on the other hand, are wearable devices that may monitor physiological and physical data such as





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heart rate, activity levels, and sleep patterns. The possible use of smartwatch data as evidence in criminal investigations connects forensic science and smartwatch readings. For example, if a crime occurred at a given time and location, smartwatch data from a suspect or victim could reveal vital evidence about their whereabouts and activities at that time. Similarly, if a suspect claims to have been asleep at the time of the crime, their smartwatch sleep data might potentially corroborate or contradict their alibi.

However, it is crucial to emphasize that the use of wristwatch data as evidence in judicial disputes is still relatively new, and there are various challenges to be addressed, such as data accuracy and privacy concerns. Furthermore, the admissibility of such evidence in court may be contingent on the specific rules and regulations of a certain jurisdiction. Smartwatches have gone a long way since their introduction in the early 2000s. Microsoft released the first smartwatch, the SPOT watch, in 2004. It was a wristwatch that used FM radio signals to display news, sports scores, and other information. The SPOT watch, on the other hand, was not widely adopted due to its limited functionality and high price [1]. Smartwatches are wearable gadgets that have gained popularity in recent years due to their capacity to perform a variety of purposes such as fitness tracking, messaging, and phone calls, among others. A smartwatch often contains a touch screen display, wireless connectivity, and sensors that can track physical activities and health data. With technological advancements, smartwatches are getting more complex, with capabilities such as voice assistants, mobile payments, and standalone cellular access. [2]According to Allied Market Research, the global smartwatch market was valued at \$20.64 billion in 2019 and is expected to reach \$96.31 billion by 2027, rising at a CAGR of 19.7% from 2020 to 2027 (Allied Market Research, 2020). The increasing acceptance of wearable devices, as well as people's growing awareness of health and fitness, are some of the factors driving the growth of the smartwatch industry [2]. General information about selected smartwatch for this research work is shown in Table No [1]. Its images are shown in Fig no [1].

Images of smartwatch used for study

Health care Sector vis- a vis data breach

Health care security refers to the policies and procedures in place to safeguard the confidentiality, integrity, and availability of sensitive personal and medical information of patients and health care providers. This involves security against data breaches, cyber-attacks, theft, and unauthorised access to medical records. [9,10]As electronic health records (EHRs) and other digital technologies are used to store and transmit sensitive patient information, cyber security has become increasingly critical in the healthcare industry. The Health Insurance Portability and Accountability Act (HIPAA) and other requirements require health care organisations to protect patient data, and failing to do so can result in costly data breaches and legal action. Cyber security in healthcare include guaranteeing the confidentiality, integrity, and availability of patient data, as well as safeguarding medical devices and systems from external threats [11, 12]

Legal implications of wearable devices and digital health platforms

When you buy a wearable device, you input all of your information into it, and whether or not the data saved is secure becomes a concern. Whether such data is under the control of the device's manufacturer or the service provider. These questions are critical in determining the threats to the privacy rights of individuals storing their data in such devices. In the case of *K.S. Puttaswamy v. Union of India*, the Supreme Court ruled that the right to privacy is a basic right protected by Articles 14, 19, and 21 of the Indian Constitution. [13] Wearable device and social media network users may not consider themselves to have volunteered data, yet their actions of use and engagement result in the collection of large volumes of data about individual lifestyles, choices, and preferences. Medical information is one type of data that has a reasonable expectation of privacy. This demonstrates that the Court believes in securing medical information about an individual and that it is reasonable for an individual to expect its right to privacy to be violated by anyone. The Digital Information Security in Healthcare Act 2018, often known as DISHA, was passed by the Ministry of Family and Health Welfare. This law would address data owners' rights as well as the gathering and processing of health data. It has also formed a panel of digital health authorities comprised of a National Authority and other State bodies. It focuses on data collected consensually at medical facilities, but it also addresses alternative ways in which medical data is generated.[14] The Information Technology Act of 2000 is the major piece of legislation





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in India that governs data protection issues. It is the first legislation that addressed the challenges and, in terms of privacy, developed a notice and consent paradigm. It also imposed fines for violations of data privacy. The Electronic Health Record Standards 2016 are recommended but not legally binding. Many businesses include these in their client data protection policies. In the absence of any national or international norms specific to wearable technologies, it is suggested that wearable technology and service providers have reasonable security practices and procedures in place to protect sensitive personal data and personal information of the user.[15]

Forensic significance

Forensic significance of healthcare data: Smart watch security is an important consideration that must be treated seriously to safeguard the user's safety and privacy. Smartwatches, like any other computing device, have security vulnerabilities that must be addressed to preserve the user's safety and privacy. Data Privacy, Authentication, Secure Communication, App Security, Physical Security, and Software Updates are the security components of smartwatches that must be considered.[16,17,18,19]

Forensic significance of smartwatch: Due of the abundance of data they can supply, smartwatches can be important instruments in forensic investigations. Smartwatches, in particular, can provide location data, heart rate tracking, and biometric data that can be utilised in investigations. Smartwatch location tracking features can be utilized to reconstruct a suspect's movements and give evidence in a criminal investigation. [20] Smartwatch heart rate monitoring data can be utilised to corroborate an individual's alibi or dispute a suspect's assertions. [21] Finally, biometric data gathered by smartwatches, such as fingerprints or facial recognition, can be useful in forensic investigations. [22] Overall, smartwatches can give valuable forensic evidence in investigations and should be considered while conducting investigations.

METHODOLOGY

Aims and objectives: To investigate the effectiveness of health measures indicated in hardware such as smartwatches and software.

We determined to work on these hardware wearable devices: Fire Boltt BSW007, Gadgetzone I8 Pro Max, Gizmore GIZFIT 907, Noise Color Fit Pro 2 and Boat Wave Beat, as well as five software applications related to health: Heart Rate Monitor-Pulse App, Step counter-Pedometer, GoogleFit: Activity Tracking, Blood Pressure Measurement App, and Samsung Health. Certain basic data such as Blood Pressure (BP), Heart Rate, Blood Oxygen, and some training parameters such as cycling, skipping, and so on are measured for 15 days utilising the aforementioned hardware wearables. Software health programmes measure heart rate, step count, blood pressure, and calories count for 5 days. A detailed workflow is shown in Fig No.[2]

Proposed Methodology

Show the Fig.[2] -Workflow approach of proposed exploratory research

Experimental Methodology

Sample size-06 persons with one Smart watch from six different companies were selected.

Age Group - between the ages of 18 and 25 was chosen where,

Population Inclusion - The general population aged 18 to 25 years.

Population Exclusion - We excluded pregnant ladies, HIV patients, cancer patients, and anyone with any form of condition or sickness.

Process- For a period of 15 days (25.02.2023), the health parameters were examined at any time every day.

This investigation concentrated on both hardware and software. In terms of hardware devices, health parameters selected for investigation are classified into two categories: basic parameters and training parameters. Observations are shown in Table No. [2] For basic parameters and Table No.[3] for training parameters. As far as software is concerned, Table No.[4] Displays the Software application reading.





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Hardware Devices

Basic Parameters

- 1. Blood Pressure(diastolic, systolic mm/hg(millimeter of mercury)), 60/90
- 2. Heart Rate BPM(Beats per minute), 60-100 bpm
- 3. sleep(hours and minutes), 8 hours
- 4. walking steps(steps), target 7000 steps/day
- 5. Blood oxygen Level(% percentage),95-100%
- 6. Outdoor running, mileage as per Time(Hrs and Min), Pace(min/km), consumption of calorie(Kcal)
- 7. Female Menstrual Cycle Tracking,
- 8. Drink water reminder

Training Parameters

- 1. Cycling (bpm and KCAL)
- 2. Swimming
- 3. Football(steps, bpm and KCAL)
- 4. Skipping (bpm and KCAL)
- 5. Badminton (steps, bpm and KCAL)
- 6. Basketball (steps, bpm and KCAL)

Software Application

- 1. Heart Rate Monitor-Pulse App
- 2. Step counter-Pedometer
- 3. GoogleFit: Activity Tracking
- 4. Blood Pressure Measurement App
- 5. Samsung Health

Basic parameters reading of smartwatch:

Show the details in Table.2

Training parameters reading of smartwatch:

Observation table for software apps The Table No [5] below compares medical expert readings to one-day smartwatch readings. On 18 April 2023, the readings are recorded.

CONCLUSION

Finally, this article work provides useful insights into the forensic investigation of smartwatches. The study emphasizes the need of taking into account the health parameters shown in smartwatches and software, as well as the security features they provide. It is critical to do forensic analysis on smartwatches in order to analyses any occurrences that occur while wearing them. This study emphasizes the need of forensic scientists in reviewing available digital data to identify critical evidence in criminal investigations. The project work emphasizes the importance of continuing to engage in forensic science research in order to keep up with the rapid development of wearable technology devices such as smartwatches. This study was conducted on a typical population; we eliminated pregnant women, HIV patients, people with deviant behavior, and anyone with any type of disease. Smartwatches also capture data about the wearer's health and fitness, such as heart rate, sleep habits, and activity levels. This data can be utilized to establish the wearer's physical status at a given time and may be significant in cases involving physical assaults or accidents. Hardware and software conclusion: The outcomes of this study will be based on the effectiveness of health parameters indicated in hardware such as smartwatches and software. Depending on the data, the conclusion could be that these devices and software are helpful in tracking and monitoring health metrics, or that they are not dependable enough to offer accurate readings. The conclusion would almost certainly include recommendations for additional research and development to increase the accuracy and reliability of these health-monitoring systems. According to health experts, software and smart gadgets have a 10-20% error rate. In reality, traditional procedures must be employed to obtain 100% precise health metric data, and





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individualized treatment is advised based on a variety of environmental and situation factors. Another issue is that if one is continually reviewing the health findings, they risk making individuals uneasy and putting them in danger.

DISCUSSION

• Due to time constraints, only 6 smartwatches from diverse manufacturers and 5 software applications were considered for the study.

• According to health experts, software and smart gadgets make 10-20% of errors. In reality, traditional procedures must be employed to obtain 100% precise health metric data, and customized therapy is advised based on a variety of environmental and situation factors. Another issue is that if one is continually reviewing the health findings, they risk making individuals uneasy and putting them in danger.

• We eliminated pregnant women, HIV patients, those with deviant behavior, and people with any form of disease from this study.

List of Abbreviations

| NA | -Not Applicable | Cal | -Calories |
|-----|--------------------------|--------|---------------------------|
| BP | -Blood Pressure | % | -Percentage |
| BPM | -Beats Per Minute | mmHg | -Millimeter(s) of mercury |
| SBP | -Systolic Blood Pressure | DBP | -Diastolic Blood Pressure |
| & | -and | Yr/Yrs | -Year/Years |

Competing Interests

"The authors Ms. Swagata Shashikant Zarkar, Mr. Rahul Kailas Bharati, Dr. Shobha Kamalakar Bawiskar declares that they have no competing interests" We are not receiving or having financial competing and non-financial competing interests **Funding**

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Researcher only conducts a pilot study on various available hardware and software tools In this research, researcher never encourages / do not promote / do not advertise any specific applications.

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| Sr.No. | Features of watch | Device 1 Fire Boltt | Device 2 Boult Drift | Device 3 Gadgetzone | Device 4 Gizmore | Device 5 Noise | Device 6 Boat Wave |
|--------|--|---------------------------|--------------------------|------------------------|---------------------|--------------------------|-----------------------|
| | watch | BSW007 [3] | Bluettoth Calling [4] | I8 Pro Max [5] | GIZFIT 907 [6] | ColorFit Pro 2 [7] | Beat [8] |
| 1 | Price @ 19 April 2023 | 1,599 | 1,799 | 840 | 1,899 | 1,199 | 1,499 |
| 2 | Water resistant | Yes | Yes | Yes | Yes | Yes | Yes |
| 3 | Scratch resistant screen | No | No | No | No | No | No |
| 4 | Crash detection and emergency SOS | No | No | No | No | No | No |
| 5 | Battery life | 5 days | 10 days | 10 days | 12 days | 10 days | 7 days |
| 6 | Advanced sensors | Yes | Yes | Yes | Yes | Yes | Yes |
| 7 | ECG tracker | No | No | No | No | No | No |
| 8 | Design | Full metal body &ultra | Lightweight | Lightweight | Lightweight | Stylish & lightweight | Slim metallic |

Table No.1 General information about smartwatches used for study.





| | | lightweight | | | | | design |
|----|---------------|-------------|-------------|-----------|-----------|------------|-------------|
| 9 | Display size | 1.3 inches | 1.69 inches | 44 mm | 14 inches | 1.3 inches | 1.69 inches |
| 10 | Track sleep | Yes | Yes | Yes | Yes | Yes | Yes |
| 11 | GPS system | No | No | No | No | No | No |
| 12 | Calling | No | Yes | Yes | No | No | No |
| 13 | Mobile | No | No | No | No | No | No |
| | payment | | | | | | |
| 14 | Compatibility | Android | Android | Android | Android | Android | Android |
| | OS-iOS, | &iOS | &iOS | &iOS | &iOS | &iOS | &iOS |
| | Android | | | | | | |
| 15 | Music | No | Yes | Yes | No | No | Yes |
| 16 | Connectivity | Bluetooth | Bluetooth | Bluetooth | Bluetooth | Bluetooth | Bluetooth |
| 17 | Touchscreen | Yes | Yes | Yes | Yes | Yes | Yes |

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Table No.2 Basic parameters reading of smartwatch.

| Sr. no | Basic parameters | Measuring units | Nor-mal range | Dat e 2023 | Sampl e 1 Device 1 Fire Boltt | Sampl e 2 Device 2 Boult Drift | Sampl e 3 Device 3 I8 Pro Max | Sample 4 Device 4 Gizmor e | Sampl e 5 Device 5 Noise | Sampl e 6 Device 6 Boat Wave | |
|-----------|-----------------------|--------------------|------------------|------------------|--|--|--|---|--------------------------------------|---|----|
| | | | | | Age- | Age- | Age- | Age- | Age- | Beat Age- | |
| | | | | | 22yrs | 18yrs | 22yrs | 22yrs | 22yrs | 22yrs | |
| | | | | | Femal e | Male | Femal e | Female | Femal e | Femal e | |
| | | | | 25/2 | 123/77 | 114/71 | 97/77 | NA | NA | NA | |
| | | | | 26/2 | 119/79 | 111/74 | 117/67 | NA | NA | NA | |
| | | | | | 27/2 | 132/73 | 111/74 | 102/72 | NA | NA | NA |
| | | | | 28/2 | 110/68 | 120/72 | 126/76 | NA | NA | NA | |
| | | Systolic | | 1/3 | 114/71 | 119/77 | 121/66 | NA | NA | NA | |
| | | | | | 2/3 | 122/76 | 117/73 | 126/71 | NA | NA | NA |
| | | /Diastolic | 120/80 | 3/3 | 116/72 | 120/72 | 124/79 | NA | NA | NA | |
| 1 | Blood Pressure | mm/Hg | mm/Hg | 4/3 | 132/73 | 117/74 | 117/67 | NA | NA | NA | |
| | | (millimeter | | 5/3 | 128/70 | 120/78 | 96/66 | NA | NA | NA | |
| | | of mercury) | | 6/3 | 119/79 | 118/73 | 121/66 | NA | NA | NA | |
| | | | | 7/3 | 144/82 | 120/71 | 98/68 | NA | NA | NA | |
| | | | | 8/3 | 113/70 | 117/71 | 127/82 | NA | NA | NA | |
| | | | | 9/3 | 103/64 | 118/72 | 108/68 | NA | NA | NA | |
| | | | | 10/3 | 129/76 | 119/70 | 103/78 | NA | NA | NA | |
| | | | | 11/3 | 116/72 | 111/71 | 97/77 | NA | NA | NA | |
| | | | | 25/2 | 63 | 58 | 95 | 83 | 91 | 85 | |
| | | Brann (head) | (0.100 | 26/2 | 90 75 | 70 73 | 87 95 | 86 | 118 | 79 101 | |
| 2 | Heart rate | Bpm (beats | 60-100 | 27/2 | 75 | 87 | | 84 | 65 68 | | |
| | | per minutes) | bpm | 28/2 | 72 | 87 75 | 88 94 | 88 82 | 68 62 | 91 92 | |
| | | | | 1/3 2/3 | 108 | 75 | 94 71 | 82 90 | 66 | 92 81 | |
| | | | | 2/3 | 100 | 75 | /1 | 90 | 00 | 01 | |





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| | | | | 3/3 | 73 | 76 | 94 | 85 | 72 | 81 |
|---|---------------|------------|-----------|------|------|-------|------|------|------|-------|
| | | | | 4/3 | 86 | 75 | 71 | 73 | 71 | 86 |
| | | | | 5/3 | 80 | 78 | 89 | 87 | 111 | 82 |
| | | | | 6/3 | 68 | 80 | 89 | 85 | 74 | 82 |
| | | | | 7/3 | 79 | 76 | 97 | 85 | 77 | 74 |
| | | | | 8/3 | 72 | 77 | 80 | 84 | 78 | 65 |
| | | | | 9/3 | 65 | 78 | 73 | 83 | 111 | 84 |
| | | | | 10/3 | 83 | 80 | 76 | 88 | 77 | 95 |
| | | | | 11/3 | 72 | 78 | 88 | 88 | 101 | 75 |
| | | | | 25/2 | 5.24 | 7.57 | 4.56 | 6.45 | 6.22 | 5.00 |
| | | | | 26/2 | 8.00 | 7.30 | 7.11 | 4.50 | 4.60 | 8.59 |
| | | | | 27/2 | 6.45 | 8.07 | 5.59 | 8.09 | 4.29 | 7.11 |
| | | | | 28/2 | 6.38 | 6.36 | 4.30 | 6.59 | 7.01 | 6.33 |
| | | | | 1/3 | 7.09 | 8.22 | 5.59 | 7.03 | 6.45 | 7.45 |
| | | | | 2/3 | 8.34 | 5.59 | 8.30 | 4.30 | 7.32 | 7.32 |
| | | II | | 3/3 | 8.56 | 11.04 | 6.25 | 5.32 | 5.14 | 5.00 |
| 3 | Sleep | Hours & | 8 hrs. | 4/3 | 7.06 | 6.45 | 7.34 | 5.45 | 5.59 | 3.58 |
| | - | minutes | | 5/3 | 5.10 | 6.38 | 7.00 | 8.00 | 4.16 | 7.51 |
| | | | | 6/3 | 5.29 | 10.16 | 7.38 | 5.41 | 5.10 | 9.28 |
| | | | | 7/3 | 8.00 | 4.50 | 3.59 | 7.00 | 3.30 | 5.45 |
| | | | | 8/3 | 6.30 | 7.17 | 7.45 | 4.56 | 4.56 | 7.09 |
| | | | | 9/3 | 7.12 | 7.56 | 8.06 | 6.43 | 7.43 | 6.56 |
| | | | | 10/3 | 4.00 | 9.48 | 6.45 | 6.56 | 6.45 | 6.50 |
| | | | | 11/3 | 7.52 | 6.23 | 6.26 | 5.05 | 8.56 | 6.43 |
| | | | | 25/2 | 6000 | 4500 | 5322 | 3578 | 5000 | 5476 |
| | | | | 26/2 | 4515 | 4521 | 4356 | 6212 | 3500 | 2390 |
| | | | | 27/2 | 5784 | 1698 | 6500 | 4100 | 6078 | 2178 |
| | | Steps | | 28/2 | 2500 | 3421 | 3845 | 1900 | 5040 | 7000 |
| 4 | Walking steps | | 7000 | 1/3 | 6587 | 7054 | 2389 | 7000 | 5006 | 3421 |
| | | | steps per | 2/3 | 7000 | 2856 | 6500 | 3053 | 6990 | 5478 |
| | | | day | 3/3 | 1500 | 5743 | 4890 | 4508 | 1500 | 6110 |
| | | | | 4/3 | 2467 | 2000 | 3810 | 6100 | 4675 | 6577 |
| | | | | 5/3 | 1900 | 4106 | 6987 | 3217 | 5087 | 4390 |
| | | | | 6/3 | 1545 | 2080 | 2756 | 2590 | 6832 | 3749 |
| | | | | 7/3 | 3000 | 1700 | 2990 | 2985 | 3452 | 3241 |
| | | | | 8/3 | 7995 | 2167 | 5643 | 7000 | 3323 | 3677 |
| | | | | 9/3 | 5330 | 6432 | 5512 | 3465 | 1990 | 5470 |
| | | | | 10/3 | 7000 | 3505 | 3412 | 4822 | 1450 | 5623 |
| | | | | 11/3 | 2590 | 3080 | 3980 | 6471 | 4532 | 6432 |
| | | | | 25/2 | 97 | 98 | 95 | 96 | NA | 98 |
| | | | | 26/2 | 96 | 97 | 95 | 98 | NA | 97 |
| | | | | 27/2 | 98 | 97 | 98 | 98 | NA | 99 |
| | Dlasd | | | 28/2 | 98 | 97 | 97 | 94 | NA | 98 |
| 5 | Blood oxygen | Percentage | 95-100% | 1/3 | 97 | 96 | 98 | 90 | NA | 99 |
| | level | 0 | | 2/3 | 96 | 96 | 98 | 94 | NA | 97 |
| | | | | 3/3 | 97 | 98 | 97 | 97 | NA | 98 |
| | | | | 4/3 | 98 | 96 | 98 | 98 | NA | 97 |
| | | | | 5/3 | 98 | 98 | 96 | 96 | NA | 98 |
| | | | 1 | | | | | | | 92205 |





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| | | | | 6/3 | 97 | 95 | 96 | 95 | NA | 98 |
|----|---------------------------------------|--|-------------------------|------|-------------|-------------|----|-------------|-------------|----|
| | | | | 7/3 | 98 | 94 | 98 | 98 | NA | 98 |
| | | | | 8/3 | 96 | 95 | 95 | 97 | NA | 94 |
| | | | | 9/3 | 96 | 94 | 97 | 96 | NA | 97 |
| | | | | 10/3 | 98 | 96 | 98 | 90 | NA | 99 |
| | | | | 11/3 | 97 | 95 | 95 | 97 | NA | 97 |
| | | As per time – hours & minutes | - | - | Not used | NA | NA | NA | NA | NA |
| 6 | Running (Indoor/outdoo r) | Pace – min/km | - | - | Not used | NA | NA | NA | NA | NA |
| | | Consumptio n of calorie- Kcal | - | - | Not used | NA | NA | NA | NA | NA |
| 7 | ECG tracker | | - | - | NA | NA | NA | NA | NA | NA |
| 8 | Female menstrual cycle tracking | - | - | - | NA | Not used | NA | NA | Not used | NA |
| 9 | Stress 0, 6, 12, 24 hrs. | 33:66:99 (Low: Average: Medium) | - | - | NA | NA | NA | NA | NA | NA |
| 10 | Mood swing | - | - | - | NA | NA | NA | NA | NA | NA |
| 11 | Drink water remainder | - | As per Conditio n | - | NA | Not used | NA | Not used | NA | NA |

Table No. 3 – Training parameters reading of smartwatch

| | | | | Sample 1 | Sample 2 | Sample 3 | Sample 4 | Sample 5 | Sample 6 | |
|------------|-----------------------|-----------------------|-----------------|-------------|------------------------------|-------------------------------|------------------------------|---------------------|----------------------|-------------------------------------|
| Sr. no. | Training parametrs | Units of measuring | Normal range | Date | Device 1 Fire Boltt | Device 2 Boult Drift | Device 3 I8 pro max | Device 4 Gizmore | Device 5 Noise | Device 6 Boat wave beat |
| | | | | | Age- | Age- | Age- | Age- | Age- | Age- |
| | | | | | 22yrs | 18yrs | 22yrs | 22yrs | 22yrs | 22yrs |
| | | | | | Female | Male | Female | Female | | |
| | | | | 25/2 | Not | NA | Not | NA | Not | 79/5 |
| | | Bpm/ | | 23/2 | used | | used | | used | 79/5 |
| 1 | Cycling | Bpm/ KCAL | 60/90 | 26/2 | - | NA | - | NA | - | 110/16 |
| | | KCAL | | 27/2 | - | NA | - | NA | - | 73/5 |
| | | | | 28/2 | - | NA | - | NA | - | 78/24 |





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|----|---|-----------------------|-----------------------------|------|-------------|-------------|-------------|-------------|-------------|-------------|
| | | | | 1/3 | - | NA | - | NA | - | 63/18 |
| | | | | 2/3 | - | NA | - | NA | - | 90/29 |
| | | | | 3/3 | - | NA | - | NA | - | 65/10 |
| | | | | 4/3 | - | NA | - | NA | - | 80/44 |
| | | | | 5/3 | - | NA | - | NA | - | 72/7 |
| | | | | 6/3 | - | NA | _ | NA | - | 88/14 |
| | | | | 7/3 | - | NA | - | NA | - | 80/25 |
| | | | | 8/3 | - | NA | - | NA | - | 72/13 |
| | | | | 9/3 | - | NA | - | NA | _ | 73/8 |
| | | | | 10/3 | - | NA | _ | NA | - | 78/15 |
| | | | | 11/3 | - | NA | - | NA | - | 69/10 |
| | | | 60/100 | 11/0 | Not | | | | | |
| 2 | Swimming | KCAL | bpm | - | used | NA | NA | NA | NA | NA |
| 3 | Football | Steps, Bpm KCAL | 8 hrs | - | Not used | NA | NA | NA | NA | Not used |
| | | | | 25/2 | 80/16 | NA | NA | NA | NA | NA |
| | | | | 26/2 | 95/24 | NA | NA | NA | NA | NA |
| | | | | 27/2 | 75/8 | NA | NA | NA | NA | NA |
| | | | | 28/2 | 87/18 | NA | NA | NA | NA | NA |
| | | | | 1/3 | 90/20 | NA | NA | NA | NA | NA |
| | | | | 2/3 | 86/15 | NA | NA | NA | NA | NA |
| | | D (| | 3/3 | 75/12 | NA | NA | NA | NA | NA |
| 4 | Skipping | Bpm/ | - | 4/3 | 75/6 | NA | NA | NA | NA | NA |
| | | KCAL | | 5/3 | 89/14 | NA | NA | NA | NA | NA |
| | | | | 6/3 | 72/9 | NA | NA | NA | NA | NA |
| | | | | 7/3 | 90/22 | NA | NA | NA | NA | NA |
| | | | | 8/3 | 79/10 | NA | NA | NA | NA | NA |
| | | | | 9/3 | 108/27 | NA | NA | NA | NA | NA |
| | | | | 10/3 | 74/9 | NA | NA | NA | NA | NA |
| | | | | 11/3 | 85/12 | NA | NA | NA | NA | NA |
| 5 | Badminton | Steps, Bpm KCAL | 95-100% | - | Not used | NA | NA | NA | NA | Not used |
| 6 | Hiking | - | - | - | NA | NA | NA | NA | NA | NA |
| 7 | Cricket | - | - | - | NA | NA | NA | NA | NA | Not used |
| 8 | Yoga | - | - | - | NA | NA | NA | NA | NA | Not used |
| 9 | Rower | - | - | - | NA | NA | NA | NA | NA | NA |
| 10 | Elliptical | - | _ | - | NA | NA | NA | NA | NA | NA |
| 11 | Workout | - | - | - | Not used | Not used | NA | NA | NA | NA |
| 12 | Breath training (inhale, exhale) | - | Minimum, medium, fast | _ | NA | NA | NA | Not used | Not used | NA |





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| Sr. No. | Name of the app | Reviews | Ratings | Rating Date | Parameter's measure | Readings |
|------------|--|---------|---------|------------------|---|--|
| 1. | Heart Rate Monitor-Pulse App [23] | 4.7 | 3+ | 20 April 2023 | Check heart rate (BPM) | 7-4-2023 80 bpm 8-4-2023 100 bpm 9-4-2023 93 bpm 11-4-2023 129 bpm 13-4-2023 85 bpm |
| 2. | Step counter-Pedometer [24] | 4.8 | 3+ | 19 April 2023 | Auto tracks your daily steps & calories. | 7-4-2023 4589 steps 8-4-2023 55 steps 9-4-2023 3276 steps 10-4-2023 1590 steps 11-4-2023 4562 steps |
| 3. | GoogleFit: Activiy Tracking [25] | 4.3 | 3+ | 19 April 2023 | Track your physical activity like calories count. | 9-4-2023 1271 cal 10-4-2023 1271 cal 11-4-2023 1271 cal 12-4-2023 1271 cal 13-4-2023 1271 cal |
| 4. | Blood Pressure Measurement App [26] | 4.7 | 3+ | 20 April 2023 | Measures the blood pressure (systolic/diastolic). | 15-4-2023 88/65 16-4-2023 102/79 17-4-2023 90/77 18-4-2023 93/79 20-4-2023 80/84 |
| 5. | Samsung Health [27] | 4.2 | 3+ | 20 April 2023 | Track your fitness, weight, diet, food and sleep. | 16-4-2023 3463 steps 17-4-2023 4230 steps 18-4-2023 3237 steps 19-4-2023 1340 steps 20-4-2023 49 steps |

Table No. 5 – Smartwatch readings and medical expert readings

| Health | Smar | twatch readings | 1 0 | Medical expert readi | | |
|------------|-----------------------------|---------------------|---------------------|----------------------|------------|-----------------|
| parameters | Blood Pressure (SBP/DBP) | Heart rate (BPM) | Blood oxygen (%) | Blood pressure | Heart rate | Blood oxygen |
| Device 1 | 110/82 | 66 | 98 | 110/75 | 75 | 97 |
| Device 2 | 132/73 | 91 | 99 | 120/78 | 79 | 99 |
| Device 3 | 96/66 | 89 | 95 | 110/70 | 80 | 96 |
| Device 4 | NA | 86 | 90 | NA | 79 | 94 |
| Device 5 | NA | 77 | NA | NA | 75 | NA |
| Device 6 | NA | 85 | 99 | NA | 80 | 98 |





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RESEARCH ARTICLE

An Effect of Virtual Reality in HRD - IT Sector

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ABSTRACT

In today's competitive IT sector, the effectiveness of training and development programs for employees is paramount. This study explores the dimensions in Virtual Reality for effective training and development strategies tailored specifically for IT employees. Through a comprehensive literature review and empirical analysis, this research investigates the effect of training and development that initiatives on employee performance, job satisfaction, and overall organizational success within the IT industries. Moreover, the study identifies key factors influencing the design, implementation, and evaluation of training programs, including technological advancements, regulatory requirements, and changing customer expectations. By synthesizing theoretical insights with practical implications, this research provides valuable insights for IT managers and HR professionals to optimize training and development efforts with VR, enhance employee competencies, and ultimately drive organizational growth in the dynamic IT landscape.

Keywords: Effective, Training, Development, Virtual Reality, Performance and Satisfaction

INTRODUCTION

The Human Resources is the most vital resources for an organization as they are considered essential to accomplish the goals of a business. The growth of IT sector is important for its survival in the today's competitive world, thus the employees of the firm have to enhance their prevailing skills. In today's technological world in order to the improve the skill of an employee in an effective way, the extent of the chosen training programme should reflect on the efficiency of the employee performance. Hence virtual training has its uniqueness and innovativeness within it as the pivotal role played by continuous learning in the IT sector. In an ever-evolving financial landscape, the need for





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skilled and adaptable employees is paramount. By addressing the challenges in the sector, such as regulatory compliance and technological advancements, the research endeavors to provide valuable insights for optimizing the professional growth for IT employees by ensuring their sustained success in a dynamic financial environment. The study aims to explore methodologies and tools that optimize Virtual training programs, ensuring alignment with industry trends and regulatory requirements. It will investigate the impact of personalized learning, simulation techniques, and continuous feedback on employee performance.

Virtual Reality

It is a technology which has shown prospective transformation in various sectors including Human Resource in recent days with its unique and practical training session. It can be used by the users using electronic gadgets like headset. It is the updated version from the Ivan Sutherland, a computer Scientist's "The Sword Of Damocles" in 1960s. In course of time, it has become as powerful tool by providing immersive learning practice.

Role of VR In HR Training

The role of VR in Human Resource Development is border and its role in training and development is to develop a interactive learning practice. Here interactive based training is provided to enhance the communication, leadership, compliances etc.. Leadership can be simulated by strategic thinking and decision making skills with diversification of perspectives and circumstances which will make one to feel the empathy. Apart from this VR helps the on boarding new employees to understand the culture and policies prevailing in the organization. It is cost effective training method for an organization in many aspects. Employee engagement can also be made effective using VR process. In real-time the usage of Virtual Reality in the HR has many benefits along with the cost-cut benefits for the management of an organization.

It is a evolutionary technique used in Training and development within the IT sector to enhance various major domains like Learning practice, realistic skill and to overcome hurdles in the training process. Exhilarating Training Atmosphere: VR training system uses real time scenario and allow the employees to communicate with virtual representatives. It is easier for the employee to understand the difficult model in a effective way than the traditional training method. Real Time Experience: VR enhance the IT professional's problem solving skills by experiencing the real world situation without the risk of reside system. Safe learning environment give them self-assurance and confidence to make mistakes and correct it.

Scalable Training plan: VR provides training program to numerous users at the same time or at the flexible time of the user beside the location barrier and the training programme can be modified according to the learner needs. Assessment and Feedback : VR is real time learning system which can evaluate the performance of an employee in each step and give the feedback to them accordingly based upon their performance in the assessment. Reduce Training Cost: implement of VR technology include huge cost whereas the VR provide training for long run which reduce the cost of training.

Research Objectives

Evaluate the existing Virtual training programs within the IT to identify strengths and weaknesses. Determine the specific skills and knowledge gaps among IT employees that hinder optional performance.

Research Scope:

1. The study will focus on a specific region or multiple regions, analyzing the training and development practices within the IT sector.

2. The scope will cover employees at various levels, from entry-level positions to managerial roles, to ensure a comprehensive understanding of training needs.

3. Determine the training needs related to staying abreast of changing regulations and compliance requirements in the financial industry.





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REVIEW OF LITERATURE

A literature review serve as a important component of academic research, providing a widespread overview of existing scholarly literature on a particular area. It act as a major role in identifying gaps, trends, and debates within the field, informing the research questions, methodology, and theoretical framework of a study. (Mantovani, 2004) Considering the ongoing advancement in information technology, the rise of the internet, its widespread use, and the variety of its special services for information distribution and transmission, it is now one of the most widely used information sources. With the rise of e-learning technologies and the internet as a major tool for program delivery, remote learning has become possible in the medical and health care. (Fabrizia Mantovani 1, 2003) the organization of education for health professionals is being significantly impacted by new developments in health care delivery. It is widely acknowledged that medical knowledge doubles every 7-8 years and that new medical methods are developed on a daily basis .There are more and more challenges resources learning resources available thanks to recent development in educational technology. In fact, VR training may help to increase trainees' interest and motivation as well as providing a rich, dynamic and captivating instructional environment that support experiential learning by doing.

SUGGESTIONS

The awareness about the VR should be provided to the employees so as to improve the efficiency of it. The IT sector can give training programs to their employees to fill the prevailing communication gap within their colleagues. The superior should motivate their employees in their learning. The training provided to the employees can be effective so that they can implement their learning without seeking support from their superior.

CONCLUSION

Effective training and development programs are essential for the sustained success of ITs in today's competitive environment. Through this study, it is evident that investing in employee . Training not merely improves individual performance but also enhance the overall organizational effectiveness. By aligning training initiatives with strategic goals and identifying the evolving needs of employees, ITs can cultivate a atmosphere of continuous learning and innovation. Additionally, leveraging VR technology for training delivery and evaluation can enhance accessibility and effectiveness, particularly in the context of remote work and digital IT trends. Moreover, this research underscores the importance of ongoing evaluation and adaptation of training programs to ensure relevance and impact. By soliciting feedback from employees and leveraging VR data analytics, ITs can refine their training strategies to address emerging challenges and capitalize on opportunities for improvement. Furthermore, compliance with regulatory requirements remains a crucial aspect of training and development efforts, necessitating proactive measures to stay abreast of industry regulations and best practices.

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Table.1 Gender of the Employees

| S.No | Gender Category | Respondent | Percentage |
|-------|-----------------|------------|------------|
| 1 | Male | 62 | 62 |
| 2 | Female | 38 | 38 |
| Total | 100 | 100 | |

Source: Primary Data

It is inferred from the Table 1 that 62% percent of employee category is male and 38% percent is female. It is analyses that under the demographic profile the consideration presents a comprehensive overview of the attributes of employees at a IT Sector.

Table 2 Training and Development

| S.No | Description | SD | DA | NE | AG | SA | Mean | SD |
|------|--|-----|------|------|------|------|------|------|
| 1 | Employs competent and simulate real-life situations in training | 6.4 | 19.1 | 17.4 | 31.8 | 25.4 | 3.50 | 1.23 |
| 2 | Training is provided in traditional or VR mode. | 3.8 | 19.5 | 23.7 | 27.5 | 25.4 | 3.51 | 1.17 |
| 3 | Training increases your performance level with new techniques(Virtual Reality) | 4.7 | 18.0 | 20.1 | 29.7 | 27.5 | 3.57 | 1.19 |
| 4 | Training opportunities are available to everyone | 4.2 | 16.9 | 21.6 | 31.8 | 25.4 | 3.57 | 1.16 |
| 5 | Advanced level of training using VR can enhance your career | 5.3 | 15.9 | 20.6 | 32.8 | 25.4 | 3.57 | 1.17 |

Source : Primary Data

SD: Strongly Disagree; DA: Disagree; NE: Neither Agree nor Disagree; AG: Agree; SA: Strongly Agree; Mean .

The table 1 scrutinizes the perceptions of IT sector employees regarding the virtual training with the prevailing traditional training in the organization.





RESEARCH ARTICLE

Estimating the Approximate Solution of HIV Infection Model using Homotopy Perturbation Method (HPM)

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ABSTRACT

The current work uses the Homotopy Perturbation Method (HPM) to approximate the fundamental HIV viral dynamic model and describe the dynamics of the virus in a vulnerable population. Additionally, we evaluated the HPM on many implementations, demonstrating the correctness and efficiency of this approach. The estimated HPM solutions for the examined issues show good agreement with the Runge-Kutta method's numerical results.

Keywords: HPM,SIRC model; **AMS Subject Classification:**34A34, 34G20, 46N60.

INTRODUCTION

Virus infection involves free virions binding to target cells, entering, replicating, releasing multiple copies into the extracellular environment, and subsequently infecting nearby cells in a recursive process [1]. In the classical cell-free infection mode, virions move through the body via freely circulating particles, traversing cells and tissues through fluid phase diffusion, underscoring the significance of this infection route [2]. Contemporary infectious disease epidemiology heavily relies on computational model-based methods. Human immune deficiency virus (HIV), a retrovirus targeting CD4+T cells and macrophages, causes a progressive decline in the individual's immune system, typically culminating in AIDS within 10–15 years of initial infection. HIV transmission encompasses various routes, including contaminated blood transfusions, sharing needles, unprotected sex, childbirth, and breastfeeding [3]. The detrimental effects of HIV on the body result from its biological mechanisms and its interaction with the immune system of human. Regrettably, HIV infection causes the immune system to malfunction.An epidemic model that





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exclusively focused on CTL was provided by Nowak and Bangham [4]. Additionally, a model of the Hepatitis C virus that takes into account both humoral and cell-mediated responses was expressed by Wodarz [5]. A thorough examination of mathematical frameworks related to HIV pathogenesis during therapywascarriedout by Wodarz and Nowak [6].

Perelson and Ribeiro [7] scrutinized models elucidating the within-host dynamics of HIV infection.Researchers have regularly offered effective mathematical methods to address the CD4+T cell HIV infection model[8–12]. Using the Bessel collocation approach, Yuzbasi was able to derive numerical solutions for the HIV model of CD4+T cells [13].Karaçayır and Yuzbasi [14] applied a Galerkin method to address a epidemic model on HIV infection. Their study delved into the technique of residual correction, aiming to reduce approximation errors. Balamuralitharan and Geethamalini was applied a HPM method for solving Analytical solutions of the deterministic SEIA worm model [15–19]. In 1989, Perelson [20] developed a basic model with three variables that describes how HIV infects the human immune system:

Susceptible cells, infected cells, and virus. By adding four factors, Perelson et al. [21] enhanced this model and built on the groundwork established in their previous research. Uninfected cells denoted as X(t), Y(t) denotes infected cells and Z(t) denotes virus. The model equations are detailed in [6, 7, 20–24].

$$\frac{dx}{dt} = \mu - \eta x - \varepsilon xz$$

$$\frac{dy}{dt} = \varepsilon xz - (\rho + \sigma)y$$
(1)
$$\frac{dz}{dt} = \chi y - \lambda z$$
With $x(0) = N_1, y(0) = N_2, z(0) = N_3.$

MATERIALS AND METHODS

| Consider the equation: | | | | | |
|--|-----|--|--|--|--|
| $A_1(\overline{u}) - f_1(\overline{r_1}) = 0, \ \overline{r_1} \in \Omega,$ | (2) | | | | |
| subject to boundary condition | | | | | |
| $B_1(\overline{u}, \partial\overline{u} / \partial\overline{n}) = 0, \ \overline{r_1} \in \Gamma,$ | (3) | | | | |
| In broad terms, one can decompose the operator A into two distinct components: a linear portion denoted as L and a | | | | | |
| nonlinear component represented as N. | | | | | |

$$\overline{L}_{1}(v_{1}) + \overline{N}_{1}(v_{1}) - f_{1}(\overline{r}_{1}) = 0.$$
(4)
Then Eq.(2) $v_{1}(\overline{r}_{1}, p) : \Omega \times [0,1] \rightarrow R$
 $H(v_{1}, p) = (1-p)[L_{1}(v_{1}) - L_{1}(u_{0})] + p[A_{1}(v_{1}) - f_{1}(\overline{r}_{1})] = 0, p \in [0,1], \overline{r}_{1} \in \Omega$ (5)
Which is
 $H(v_{1}, p) = L_{1}(v_{1}) - L_{1}(\overline{u}_{0}) + pL(\overline{u}_{0}) + p[N_{1}(v_{1}) - f_{1}(\overline{r}_{1})] = 0$ (6)

The parameter p, which lies in the interval [0, 1]. This meets the requirements for the boundaries. From (5) and (6), it is evident that

$$H(v_1, 0) = L_1(v_1) - L(\overline{u}_0) = 0, H(v_1, 1) = A_1(v_1) - f_1(\overline{r_1}) = 0 \quad (7)$$





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In this instance, the embedding parameter is seamlessly introduced, devoid of any artificial influences. Moreover, it can be regarded as a diminutive parameter within the range of 0 to 1. Then

$$v = v_0 + pv_1 + p^2 v_2 + \dots$$

Then,

 $u = \lim_{n \to 1} v = v_0 + v_1 + v_2 + v_3 + \dots$ (9) The convergence of series (9) has been demonstrated by He[25].

(8)

RESULTS AND DISCUSSION

Following the principles [26, 28-32] of the HPM, a homotopy for (1) can be formulated in the following manner: $p(\dot{v}_1 - \eta v_1 - \mu + \varepsilon v_1 v_3) + (1 - p)(\dot{v}_1 - \dot{x}_0) = 0$

$$p(\dot{v}_2 - \varepsilon v_1 v_3 + (\sigma + \rho)v_2) + (1 - p)(\dot{v}_2 - \dot{y}_0) = 0 \quad (10)$$
$$(1 - p)(\dot{v}_3 - \dot{z}_0) + p(\dot{v}_3 + \lambda v_3 - \chi v_2) = 0$$

Where the first approximations are as follows, and dot stands for differentiation with respect to t:

$$v_{1,0}(t) = x_0(t) = x(0) = N_1$$

$$v_{2,0}(t) = y_0(t) = y(0) = N_2$$

$$v_{3,0}(t) = z_0(t) = z(0) = N_3$$
and
$$(11)$$

$$v_{1} = v_{1,0} + pv_{1,1} + p^{2}v_{1,2} + p^{3}v_{1,3} + \dots$$

$$v_{1} = v_{1,0} + pv_{1,1} + p^{2}v_{1,2} + p^{3}v_{1,3} + \dots$$

$$v_{2} = v_{2,0} + pv_{2,1} + p^{2}v_{2,2} + p^{3}v_{2,3} + \dots$$

$$v_{3} = v_{3,0} + pv_{3,1} + p^{2}v_{3,2} + p^{3}v_{3,3} + \dots$$

$$v_{3} = v_{3,0} + pv_{3,1} + p^{2}v_{3,2} + p^{3}v_{3,3} + \dots$$
(12)

From equations (11) and (12) Equation are substituted into (10), have then we $p(\dot{v}_{1,1} - \mu + \eta v_{1,0} + \varepsilon v_{1,0} v_{3,0}) + p^2(\dot{v}_{12} + \eta v_{1,1} + \varepsilon v_{1,0} v_{3,1} + \varepsilon v_{1,1} v_{3,0}) +$

$$p^{3}(\dot{v}_{13} + \eta v_{1,2} + \varepsilon v_{1,0}v_{3,2} + \varepsilon v_{1,1}v_{3,1} + \varepsilon v_{1,2}v_{3,0}) + \dots = 0$$

$$p(v_{2,1}^{\Box} - \varepsilon v_{1,0}v_{3,0} + \rho v_{2,0} + \sigma v_{2,0}) + p^{2}(v_{2,2}^{\Box} - \varepsilon v_{1,0}v_{3,1} + \varepsilon v_{1,1}v_{3,0} + \rho v_{2,1} + \sigma v_{2,1}) + p^{3}(v_{2,3}^{\Box} - \varepsilon v_{1,0}v_{3,2} - \varepsilon v_{1,1}v_{3,1} - \varepsilon v_{1,2}v_{3,0} + \rho v_{2,2} + \sigma v_{2,2}) + \dots = 0$$

$$p(\dot{v}_{3,1} - \chi v_{2,0} + \lambda v_{3,0}) + p^{2}(\dot{v}_{32} - \chi v_{2,1} + \lambda v_{3,1}) + p^{3}(\dot{v}_{33} - \chi v_{2,2} + \lambda v_{3,2}) + \dots = 0$$
(13)

$$\begin{split} \dot{v}_{1,1} &- \mu + \eta v_{1,0} + \varepsilon N_1 N_3 = 0 \\ \dot{v}_{12} &+ \eta v_{1,1} + \varepsilon N_1 v_{3,1} + \varepsilon v_{1,1} N_3 = 0 \\ \dot{v}_{13} &+ \eta v_{1,2} + \varepsilon N_1 v_{3,2} + \varepsilon v_{1,1} v_{3,1} + \varepsilon v_{1,2} N_3 = 0 \end{split}$$





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$$\begin{split} \dot{v}_{2,1} &- \varepsilon N_1 N_3 + \rho N_2 + \sigma N_2 = 0 \\ \dot{v}_{22} &- \varepsilon N_1 v_{3,1} + \varepsilon v_{1,1} N_3 + \rho v_{2,1} + \sigma v_{2,1} = 0 \\ \dot{v}_{33} &- \varepsilon N_1 v_{3,2} - \varepsilon v_{1,1} v_{3,1} - \varepsilon v_{1,2} N_3 + \rho v_{2,2} + \sigma v_{2,2} = 0 \\ \dot{v}_{3,1} &- \chi N_2 + \lambda N_3 = 0 \\ \dot{v}_{32} &- \chi v_{2,1} + \lambda v_{3,1} = 0 \\ \dot{v}_{33} &- \chi v_{2,2} + \lambda v_{3,2} = 0 \\ x(t) &= \lim_{p \to 1} v_1(t) = \sum_{k=0}^{k=3} v_{1,k}(t) \\ y(t) &= \lim_{p \to 1} v_2(t) = \sum_{k=0}^{k=3} v_{2,k}(t) \\ z(t) &= \lim_{p \to 1} v_3(t) = \sum_{k=0}^{k=3} v_{3,k}(t) \\ \text{Therefore,} \end{split}$$
(14)

$$\begin{aligned} x(t) &= N_{1} + t(\mu - \eta N_{1} - \varepsilon N_{1}N_{3}) + \frac{t^{2}}{2} [(\mu - \eta N_{1} - \varepsilon N_{1}N_{3})(-\eta - \varepsilon N_{3}) - \varepsilon N_{1}(\chi N_{2} - \lambda N_{3})] \\ &+ \frac{t^{3}}{6} [((\mu - \eta N_{1} - \varepsilon N_{1}N_{3})(-\eta - \varepsilon N_{3}) - \varepsilon N_{1}(\chi N_{2} - \lambda N_{3}))(-\eta - \varepsilon N_{3}) - \varepsilon (N_{1}(\varepsilon \chi N_{1}N_{3} - \rho \chi N_{2} - \sigma \chi N_{2}) - \lambda(\chi N_{2} - \lambda N_{3}) + (\mu - \eta N_{1} - \varepsilon N_{1}N_{3})(\chi N_{2} - \lambda N_{3}))] \\ y(t) &= N_{2} + t(\varepsilon N_{1}N_{3} - \rho N_{2} - \sigma \chi N_{2}) + \frac{t^{2}}{2} [\varepsilon (N_{1}(\chi N_{2} - \lambda N_{3}) - (\mu - \eta N_{1} - \varepsilon N_{1}N_{3})N_{3}) \\ &- (\varepsilon N_{1}N_{3} - \rho N_{2} - \sigma N_{2})(\rho + \sigma)] + \frac{t^{3}}{6} [\varepsilon [N_{1}(\chi(\varepsilon N_{1}N_{3} - \rho N_{2} - \sigma N_{2}) - \lambda(\chi N_{2} - \lambda N_{3}))] \end{aligned}$$
(16)
$$+ (\mu - \eta N_{1} - \varepsilon N_{1}N_{3})(\chi N_{2} - \lambda N_{3}) + ((\mu - \eta N_{1} - \varepsilon N_{1}N_{3})(-\eta - \varepsilon N_{3}) - \varepsilon N_{1}(\chi N_{2} - \lambda N_{3}))N_{3}] \\ &- [\varepsilon N_{1}(\chi N_{2} - \lambda N_{3}) - (\mu - \eta N_{1} - \varepsilon N_{1}N_{3})N_{3}) - (\varepsilon N_{1}N_{3} - \rho N_{2} - \sigma N_{2})(\rho + \sigma)] \\ z(t) &= N_{3} + t(\chi N_{2} - \lambda N_{3}) + \frac{t^{2}}{2} [\chi(\varepsilon N_{1}N_{3} - \rho N_{2} - \sigma N_{3}) - \lambda(\chi N_{2} - \lambda N_{3})] \\ &+ \frac{t^{3}}{6} [\chi [\varepsilon (N_{1}(\chi N_{2} - \lambda N_{3}) - (\mu - \eta N_{1} - \varepsilon N_{1}N_{3})N_{3}) - (\varepsilon N_{1}N_{3} - \rho N_{2} - \sigma N_{2})(\rho + \sigma)] \\ -\lambda [\chi(\varepsilon N_{1}N_{3} - \rho N_{2} - \sigma N_{2}) - \lambda(\chi N_{2} - \lambda N_{3})]] \end{aligned}$$

NUMERICAL SIMULATIONS

In order to compare the findings with those of Biazar [27], the following parameter values are taken into account:

N1=20 Initial x(t) population, which are susceptibleN2=15 Initial y(t) population, which are infectiveN3=10 Initial z(t) population, which are immune





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 β =0.01 Rate at which the susceptible population to become infected γ =0.02 Rate at which the infective to immune population

Three term Approximations are computed and shown for x(t), y(t), and z(t) in Fig.2,3 &4. We obtained the following graphs using MATLAB.

$$x(t) = 20 - 3t - 0.045t^{2} + 0.02805t^{3}$$

$$y(t) = 15 + 2.7t + 0.018t^{2} - 0.02817t^{3}$$

$$z(t) = 10 + 0.3t + 0.07t^{2} - 0.00012t^{3}$$
(17)

A comparison between the results demonstrates that the approximations of three terms' results of the HPM is same as the results of Fourth order Runge-Kutta method (RK4).

CONCLUSION

The epidemic model's nonlinear system of differential equations can be solved using the HPM, which looks to be a very simple process and produces accurate and consistent results. When compared to the fourth-order Runge-Kutta method (RK4), less computing is required.

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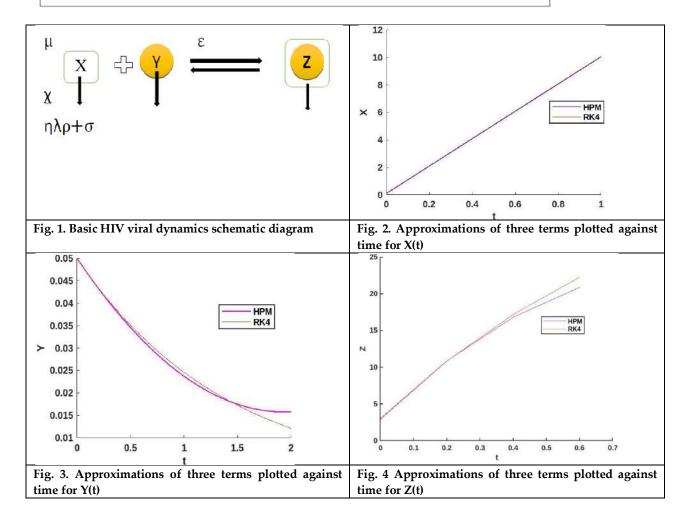




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Table1. Parameters Meaning of HIV Infection

| Parameters and func | tions Meaning | Values |
|---------------------|--|---|
| x y z | Susceptible Infected Virus | Variable Variable Variable |
| μ ε η | target cells rate of Infection Death amount for susceptible | 10 cells $0.000024 mm^3 day^{-1}$ $0.01 day^{-1}$ |
| χ λ σ | virus production Amount of virus clearance Death amount due to virus | $\begin{array}{ccc} 467 \text{ virions } cells^{-1} & [33] \\ 3.4 \ day^{-1} & [33] \\ 0.16 & [33] \end{array}$ |
| ρ | Mortality rate of infected cells kille | d by CTLs 0.01 day ⁻¹ cell ⁻¹ [33] |







REVIEW ARTICLE

Impact of Silver Nanoparticles against Hepatitis B Virus

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ABSTRACT

It has been shown that silver nanoparticles possess potentially cytoprotective effects against infected T-cells. However, the effects of these nanoparticles on other viruses are mostly unknown. This literature review examined the effects of silver nanoparticles on the hepatitis B virus (HBV). Emerging viral illnesses present enormous risks to public health throughout the whole world. This is particularly true in the wake of the COVID-19 epidemic, which was responsible for a considerable number of fatalities among humans and had severe repercussions on the global economy. It is noteworthy to note that studies have shown that silver nanoparticles, which are sometimes referred to as AgNPs, are capable of destroying viruses, bacteria, and fungi via a number of different approaches. This is a significant challenge for the pharmaceutical industry. It is difficult to create treatments that are effective against viruses yet do not cause harm to the cells of the host organism they are being used against. In recent years, there has been a great focus put on the exploration of how AgNPs interact with viruses. This study has been carried out in a number of different laboratories throughout the world. This article explores the prospect of using silver nanoparticles, which have antiviral properties, in future medical treatments for viral infections. The primary emphasis of this research is on the properties of silver nanoparticles (AgNPs), namely their antiviral activity, mechanisms, applications, and toxicity. Methodologies that have been used in the past to describe AgNPs are included in these features.

Keywords: silver nanoparticles, antiviral mechanism, hepatitis B, cytoprotective, viral infection

INTRODUCTION

Silver nanoparticles, commonly known as AgNPs, have been the focus of much study into their antibacterial qualities due to the unique physical and chemical characteristics they possess. Because various kinds of hepatitis may result in infections and other health issues in individuals all over the world, hepatitis viruses continue to be a significant worldwide public health concern. Hepatitis viruses come in five distinct varieties, each identified by the letters A, B,





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C, and D. Hepatitis viruses may transfer from person to person in a variety of ways, with various clinical symptoms and potential long-term health effects for patients. It is crucial to remember that although some research indicates silver nanoparticles may be able to stop viruses from multiplying, the information is still preliminary and cannot be taken as completely conclusive. Throughout human history, viruses have been responsible for many devastating pandemics. It is hypothesized that modern viruses originated in the same pre-existing cell populations as modern cells [1]. They may serve as vectors in a wide variety of organisms, including mammals, plants, bacteria, and fungi [2], and can be found in a size range from 20 to 900 nanometers. They may also take on a variety of chemical forms. Despite the widespread availability of hepatitis, A and B vaccines, it is essential to keep in mind that hepatitis C has no cure at the present time. The variety of therapies for chronic hepatitis C, however, has expanded greatly in recent years.

Emerging hepatitis virus infections can be caused by a variety of conditions, such as the emergence of novel strains or genotypes of the virus, rising transmission rates in some areas, changes to the disease's clinical presentation, or difficulties controlling the virus' spread. It is conceivable for viruses to spread from one person to another or from a mother to her offspring [3]. Some viruses may only be communicated by sexual contact, while others can spread through ingestion of contaminated liquids or foods. They may also be passed from person to person by saliva, coughing, sneezing, and other bodily fluids [3]. They may also be spread by kissing, spitting, and sneezing. Sexual contact is necessary for the spread of certain viruses, whereas contaminated water or food may spread others [3]. Additionally, it is known that certain viruses, such the ones that cause hepatitis or the human immunodeficiency virus (HIV), may induce recurrent infections that might lead to the growth of tumors or the development of acquired immunodeficiency. The prevalence of viral infections, their clinical significance, and the need for antiviral medications are all correlated [4]. Injurious organisms, such as viruses, are to blame for a significant portion of illness cases and fatalities worldwide. For instance, it has been calculated that over 2 million people worldwide die each year from viruses [5]. The highly contagious nature of these illnesses and the lack of effective management methods have serious negative effects on public health [6]. Numerous viral diseases, including smallpox, have been wiped out with the aid of vaccine campaigns. One of these viruses, smallpox, was eliminated in 1979 [7]. Numerous vaccines against viruses have been produced in recent years; nevertheless, additional shots and medications are still needed to lessen the impact [8,9].

Nanotechnology has enabled significant advancements in the fight against viruses during the last several years. Innovative biomolecular systems have been created as a result of the use of nanotechnology in biomedicine. These systems have the ability to differentiate between certain cell types, viruses, bacteria, and fungus. To do this, nanoscale (100 nm) characteristics are developed for individual components. The physical (plasmonic resonance and fluorescence amplification) and chemical features of nanoparticles have made them useful as antiviral agents. These skills are generated by a large number of surface atoms and a large surface area relative to total volume. When comparing nanoparticles to bulk materials or ions, important nanoparticle properties improve as particle diameter decreases. This is due to the fact that decreasing a particle's diameter significantly increases the accessible surface area of the particle. These characteristics pave the way for improved and safer drugs, targeted tissue therapies, individualized nanomedicines, and preventative health screenings [10]. Since nanoparticles are unique among chemicals in terms of their physical and chemical characteristics, scientists have been investigating whether or not they may halt viral infections. Among the many viruses that may cause hepatitis, the most well-known are Hepatitis B (HBV) and Hepatitis C (HCV). The identification of several nano-based compounds has enhanced both the efficacy of treatment and the targeted administration of antiviral medicines [11].

In this work, the antiviral efficacy of AgNPs against the hepatitis virus is reviewed, and the probable antiviral mechanisms underlying this activity are discussed. In addition, the characterization methods, toxicity ranges, and prospective applications of AgNPs are examined in this work. Conclusion: There is some indication that silver nanoparticles may be antiviral against HBV; nevertheless, further study is required to prove their safety and usefulness in clinical settings, optimize their characteristics for maximal performance, and completely understand their mechanisms of action.





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Synthesis of Silver Nanoparticles

Silver nanoparticles, commonly known as AgNPs, have emerged as significant agents in a number of scientific domains due to the unique characteristics they contain and the many applications they may be used in. The potential of several nanoscale miracles has been unleashed throughout time by the development of novel synthesis methods. This article explores the synthesis of silver nanoparticles, shedding light on their production processes, the uses for which they are most helpful, and the promise for future advancement. In its simplest form, AgNP synthesis may be broken down into top-down and bottom-up processes. This "top-down approach" involves a number of physical forces, such as ball milling (which uses mechanical energy), grinding, and crushing, to create metal nanoparticles (NPs) from bulk materials. Vapor condensation employs thermal energy, whereas the laser ablation and electrical arc discharge methods also use electricity [12]. These procedures enable the synthesis of pure nanoparticles without the use of any chemicals, and may yield NPs with sizes ranging from 10 to 100 nm. When making nanoparticles, one may use physical methods to ensure both high purity and a uniform particle size distribution. Even if there aren't any chemical reactions that might endanger people or the environment, the physical process still struggles to avoid agglomeration since neither stabilizers nor capping agents are readily accessible. You will need to employ complicated equipment and outside power sources to complete these processes. On the other hand, bottom-up approaches start with single molecules and use nucleation and growth processes to form more complex clusters [12,13]. It has been shown that bottom-up strategies are more effective than top-down ones.

Silver nanoparticles may directly alter viruses and their initial host cell interactions depending on their size, shape, functionality, and composition. Silver nanoparticles are antiviral, although their mechanism is unknown. Many studies show that AgNPs may inactivate viral particles. This is done by eliminating viral components such capsid structural proteins and envelope glycoproteins. After an hour of infection, AgNP-decorated silica hybrid composites (Ag30-SiO2) suppressed IFV-A. The virus envelope glycoproteins hemagglutinin (HA) and neuroamidase (NA) also bonded with these composites, greatly reducing their activity. After studying how Ag30-SiO2 composites interact with the virus' outer membrane, researchers found that MDCK cells may be less susceptible to IFV-A infection [14]. To limit HBV genome replication, AgNO3 was utilized to build AgNPs with average diameters of 10 and 50 nm in HEPES buffer [15]. TEM showed that AgNPs linked to HepAD38 cells to create HBV pgRNA. The utilization of nanoparticles as a possible antiviral use is an exciting idea, according to the findings of recent study. Early study has shown the efficacy of AgNPs, despite the fact that their method of action is not entirely known. In-depth research into their antiviral efficacy against certain viruses has shown that it is sufficient to justify pursuing this area of study in order to produce nano-treatments that are effective against a broad range of viruses [16].

The emergence of nanotechnology, which functions on the microscopic scale, has resulted in a fundamental paradigm shift in the scientific world. Silver nanoparticles, which typically vary in size from 1 to 100 nanometers, exhibit distinct properties on the physical, chemical, and biological fronts as compared to bulk silver. This paves the way for several cutting-edge uses in electronics, medicine, catalysis, and other fields [16]. There are many techniques to create silver nanoparticles, each of which has benefits and may be customized to meet specific requirements, such as one of the following: The conventional method of reducing silver is called chemical reduction, and it calls for the employment of a reducing agent in addition to the reduction of a precursor silver salt. Salt is most often utilized in the form of sodium citrate or sodium borohydride. The next stage involves creating AgNPs utilizing physical methods such laser ablation, sputtering, and evaporation. These processes employ energy to the process, converting bulk silver into nanoparticles. Last but not least, a recently developed strategy called "Green Synthesis," which refers to nature-inspired synthesis methods and involves the use of plant extracts, microbes, or biomolecules as reducing and stabilizing agents, offers environmentally friendly routes to the production of AgNP [17]. The manufacture of silver nanoparticles is an interdisciplinary project that has drawn interest from researchers because it provides a window into the world of nanoscale phenomena. As science and technology advance, it will be possible to fully realize the promise of AgNPs in a range of applications by improving synthesis methods and understanding AgNP behavior. The investigation of the world at the nanoscale continues to change many industries and inspire previously unthinkable solutions.





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AgNPs Against Hepatitis B Virus

Silver nanoparticles (AgNPs) and their impact on Hepatitis B virus (HBV) are now a research focus. Recent interest in silver nanoparticles (AgNPs) has been driven by the promise of their antibacterial effects, however studies examining the precise nature of AgNPs' interaction with HBV are still in their infancy. Antiviral drugs often prevent the production of new viruses by directly affecting the virus or by interfering with critical steps in the viral replication process [17]. In order to develop innovative antiviral therapies based on nanoparticles in a way that is precise and efficient, it is crucial to understand the antiviral mechanism of action of AgNPs. Although antiviral mechanisms are still being studied, it seems that AgNP production is a necessary component. Size, shape, and surface functionalization are some of the factors that affect antiviral efficacy [18,19].

As of 2007, six different medications have been approved for the treatment of HBV infection. Traditional interferon (IFN)-2b and pegylated IFN-2a are two examples of immunomodulatory drugs. Both of these are intended to aid the host immune system in regaining control of HBV, which should eventually lead to remission of the chronic condition without the need for medication. The other four medications work directly against viruses and are nucleoside analogues [20]. Lamivudine, adefovir, entecavir, and telbuvidine are these nucleoside analogues. IFN- may directly limit viral protein synthesis by regulating antiviral cytokines [21, 22]. IFN- may boost CD8+ cytotoxic T-lymphocyte and natural killer cell lysis of infected hepatocytes [21, 21]. Natural killer cells and CD8+ cytotoxic T lymphocytes can lyse infected hepatocytes faster [21]. AgNPs have the potential to be employed as a virucidal agent due to their capacity to alter the morphology of the virion and destroy the infectious viral particle. Additionally, by blocking the virus from adhering to the host cell or from entering cells, it may obstruct the first stages of viral reproduction. The inhibition of viral replication's late stages has also been proposed, although its effects within cells are less well understood [23]. Despite the fact that they are the antiviral mechanisms that are discussed the most often, this is the case.

From this perspective, a wide range of sectors have shown interest in AgNPs due to their broad-spectrum antiviral action as well as their ability to stop cell infection. The manufacturing of PPE, food packaging, textiles, and water and air purification systems are all examples of industries that are expected to develop rapidly in the next years. In reality, from a scientific perspective, the best cures would be those that either destroy viral particles or obstruct the attachment and entry activities of viruses. First, the capacity to avoid cell infection would lessen host toxicity and reduce the possibility of discovering virus resistance. Additionally, it would be useful for providing a quick and efficient strategy in combating newly emerging virus strains [23,24]. Some investigations have shown that AgNPs physically link to viruses, proving their antiviral properties. The findings of those investigations, however, merely suggested a possible method of action, suggesting the need for further investigation [25].

The ability of AgNPs to inhibit the replication of viruses is an intriguing trait that might be used in a variety of technologies. It may be feasible to utilize a variety of ways, such as coating with just AgNPs, altering the surface of the AgNPs themselves, or a combination of these and other methods, to prevent metallic nanoparticles from coming into direct contact with cells and maybe reduce their cytotoxicity. AgNPs that have been functionalized, coated, or integrated into a composite material may have their antiviral activity affected by the physical barriers created by the combination with another element. However, these strategies may also alter how viruses and nanoparticles interact. When metallic nanoparticles were encased in organic or inorganic materials like chitosan, collagen, or gelatin, the antiviral activity was much increased, and the impact lasted for a longer period of time because of the delayed ion release [26]. The nanoparticles' capacity to postpone ion release made this feasible.

This session will conclude with a discussion of the ideal qualities of a virucidal antiviral agent that is safe for humans and the environment. The composite system's antiviral activity was sensitive to AgNP size and concentration. Higher amounts and smaller AgNP dimensions increased the composite system's antiviral activity, whereas the chitosan matrix did not. The chitosan matrix, on the one hand, might help block the virus from attaching to the nanoparticles directly, or at least mitigate the virus's impact on them. However, since the matrix results in additional physical harm, virions attach to the composite material, which reduces their ability to interact with the host cells [27].





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Although chitosan lacks inherent antiviral capabilities, it may significantly boost the efficacy of nanoparticles by acting as a matrix for them. The chitosan matrix and AgNPs combination falls within the same category. The influence that the precursor molecules and metabolites have, depending on the application, on the health and safety of either people or animals, or on the environment, must be examined and evaluated when selecting the system that will be employed [28]. The specific mechanism by which AgNPs eradicate viruses remains mostly unknown. AgNPs can protect against HSV, respiratory syncytial virus, and adenovirus type 3 [29]. Either avoiding viral infection in cells or directly inactivating viruses may achieve this.

The World Health Organization estimates that 887,000 individuals died in 2015 as a direct consequence of problems connected to HBV, such as cirrhosis and hepatocellular cancer. Some estimates put the number of persons infected with this virus at 227 million. The HBV core releases particles into liver cell nuclei, where they form covalently closed circular DNA (cccDNA) [30]. Virus-like particles, attenuated viruses, or protein-subunit antigens in vaccines activate the immune system and prevent illness. The preclinical stage of AgNP usage still has restrictions on its use. AgNPs' two main tactics for combating viruses that could be present in the human body are vaccination and oral delivery [31,32]. One of the best ways to save healthcare expenses while also lowering the chance of developing infectious diseases is to get vaccinated. Researchers have been examining the immunoactivity of both naturally occurring and synthetically manufactured nanoparticles since the development of nanotechnology [33,34]. Initial study reveals that silver nanoparticles (AgNPs) may have antiviral properties, but further research is needed, especially for hepatitis B virus. It is important to stress that the study is still in its early phases despite some data pointing to possible antiviral advantages of AgNPs. The optimal size, concentration, and surface qualities of AgNPs must also be determined via meticulous research in order to efficiently target HBV. Further research is required on the possible cytotoxicity and off-target effects of AgNPs on healthy cells. This is due to the possibility that nanoparticles may interact with a variety of biological elements other than the intended targets.

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Conflict of Interest

No conflict of interest

Author's Contritbution

All of the authors named have made a significant, direct, and intellectual contribution to the work and have given their permission for it to be published.

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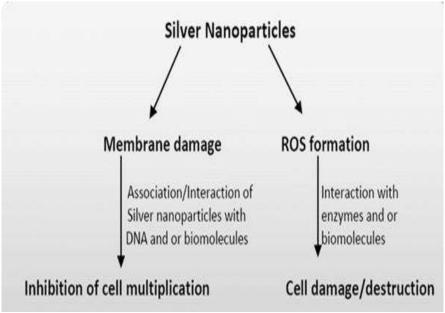


Fig.1. Synthesis of Silver Nanoparticles





RESEARCH ARTICLE

Screening of Colibactin Producing Escherichia coli from Urinary Isolates

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ABSTRACT

The study was conducted to characterize pathogenic *Escherichia coli* (*E. coli*) isolates from 35 patients with urinary tract infections (UTIs) and explore their genotoxinproducing potential, particularly focusing on the presence of the colibactin-producing gene, *clb*B. Biochemical tests confirmed the presence of *E. coli* in 22 isolates, which were then subjected to PCR analysis for the *clb*B gene. Out of the 22 isolates, 2 (9%) were found to harbor the *clb*Bgene, indicating the presence of colibactin-producing *E. coli*. The size of the amplicon generated with the primer set was consistent with previous studies. These findings suggest that colibactin-positive *E. coli* is present in UTI patients, potentially implicating its role in bladder cancer development. However, the study acknowledges its retrospective nature and limited patient information, emphasizing the importance of further research, including detailed comparative genomics analysis, to understand the role of colibactin-producing *E. coli* in bladder cancer and potentially prevent its incidence.

Keywords: Escherichia coli [E. coli], UTI, clbB gene, Bladder cancer, PCR.

INTRODUCTION

Urinary tract infections (UTIs) are one of the most common bacterial infections, and *Escherichia coli* (*E. coli*) is the predominant bacterium responsible for these infections. A UTI refers to the presence of a certain number of bacteria in the urine (usually $> 10^5$ /ml) [Foxman 2014; Smelov*et al.*, 2016]. UTI incidence in women is much higher than that in men [Erdem 2018].Three or more urinary tract infections within 12 months are defined as recurrent UTIs, as are two or more recurrences within six months. Relapses are usually caused by the same type of bacteria that caused the previous infection. 95% of all UTIs occur as ascending infections [Bacheller 1997].

E. coli strains of biological significance to humans may be broadly categorised as (1) commensal strains, (2) intestinal pathogenic strains and (3) extraintestinal pathogenic *E. coli* (ExPEC) strains. Among ExPEC, strains of





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uropathogenic*E. coli* (UPEC) are most commonly associated with human disease. *E. coli* containing *pks* is relatively common bacterium found in the human gut and can be isolated from multiple sites of the human body [Fais *et al.*, 2018] and certain strains have been identified as producers of colibactin. The genotoxic chemical compound colibactin is synthesized by a complex machinery involving polyketide synthases (*PKS*), non-ribosomal peptide synthases (NRPS), and is 54 kilobases in size. The genotoxic nature of colibactin is due to its ability to induce DNA damage in host cells [Nougayrede*et al.*, 2006]. This genotoxin causes DNA double-strand breaks leading to genetic mutations, chromosomal abnormalities, and cell cycle arrest in the G2/M phase chromosomal instability, and premature aging, which ultimately lead to tumorigenesis [Cuevas-Ramos *et al.*, 2010; Secher *et al.*, 2013; Cougnoux*et al.*, 2014]. *pks* islands are widely distributed in group B2 *E. coli* strains isolated from intestinal or extraintestinal sites [Forough *et al.*, 2012]. Colibactin-producing bacteria cause DNA damage in bladder cells, including regenerating urothelial cells, and colibactin is produced by clinical *pks* UPEC strains isolated from human UTIs [Camille *et al.*, 2021]. Bladder cancer is a common malignancy, worldwide; it is the seventh most prevalent cancer, accounting for 3.2% of all malignancies [El-Mosalamy*et al.*, 2012]. There is paucity of studies on uropathogenic*E. coli* producing colibactin. The current study was designed to characterize pathogenic *E. coli* from isolates obtained from patients with UTIs and attempted to explore their colibactin producing potential.

MATERIALS REQUIRED

Standard Glasswares, Nutrient agar plates, Eosin Methylene Blue agar plates, Gram's Staining reagents, Biochemical reagents, Solution A [10% SDS], Solution B [10mM Tris, 10mM MgCl2, 10mM KCl, 2mM EDTA, 0.4mM NaCl], Solution C [100µl phenol and 100µl chloroform], 1% agarose, TE and TBE buffers, Electrophoresis unit and UV Transilluminator.

METHODOLOGY

A total of 34 *E. coli* isolates were obtained from urinary specimens of UTI specimens of UTI patients and transported to laboratory in aseptic condition for a further process. The collected strains were streaked and labelled on Nutrient agar plates and incubated at 37°C for 24 hours. Identification of *E. coli* was done by performing standard test and biochemical assays including gram staining, motility, IMViC were performed. Selected 2 - 3 well grown colonies with the same morphology were picked and streaked on to the surface of EMB agar. The plates are then incubated at 37°C for 24 hours. The growth and colony morphology were observed.

Isolation of DNA and Agarose Gel Electrophoresis:

DNA was isolated as per the standard procedure and the separated DNA samples, along with a molecular weight marker, were visualized under a UV Transilluminator after agarose gel electrophoresis according to the standard procedure. The DNA isolation technique led to efficient extraction with good quantity and quality of DNA, which was pure and devoid of contaminants, such as RNA and Proteins.

PCR Amplification

The DNA isolated from the *E. coli* isolates were further investigated for colibactin production. The primers used for the determination of *clb+E. coli* isolates [Hirayama *et al.*, 2019; Tsunematsu *et al.*, 2021] are shown below: *clb*B-F:5'-TGTTCCGTTTTGTGTGGTGTTCAGCG-3' *clb*B-R: 5'-GTGCGCTGACCATTGAAGATTTCCG-3' The primers used for the determination of *clb+ E. coli* isolates (*Clb*B). The PCR conditions used for colibactin genes amplification were as the initial denaturation was given at 95°C for 10 minutes, denaturation at 95°C for 15 seconds, annealing at 60°C for 1 minute, extension at 72°C for 40 seconds followed by the final extension at 72°C for 7 minutes. Amplified products were visualized by agarose gel electrophoresis.





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RESULTS

A total of 34 isolates from urine sample were subcultured on nutrient agar out of these 31 gave positive for nutrient agar and 3 isolates failed to grow. [Fig.1]

Of the 31 isolates, 20 isolates gave positive for the following tests: Gram Staining – Gram-Negative rods were observed. [Fig.2]Motility Test – it was observed to be motile. Biochemical Analysis – it was observed positive for Indole and MR and negative for VP and Citrate test. [Fig.3] Catalase Test – Positive [Fig.4]; Oxidase Test – Negative. [Fig.5]

Also, these strains showed positive result for catalase test [Fig.4] and negative result for oxidase test [Fig.5]. The 20 strains showed green metallic sheen in EMB [Fig.6] and positive for *E. coli* were picturized

The positive *E. coli* strains obtained from EMB plates were further subcultured on Nutrient broth and DNA was isolated and was further confirmed by Agarose Gel Electrophoresis.

Results of Agarose Gel Electrophoresis

After electrophoresis, the gel was examined under UV light, and the DNA bands were observed [Fig.7]. The presence of bright bands at specific positions on the gel indicated the presence of DNA fragments.

Detection of Colibactin Genes by PCR

The extracted DNA was used as a template in PCR reactions, along with the designed primers and PCR reagents (polymerase, nucleotides, buffer). The PCR conditions (annealing temperature, cycle number, etc.) were optimized to ensure specific amplification of the target genes. The PCR products were separated by gel electrophoresis to confirm the presence and size of the amplified fragments. The presence of a band of the expected size indicated the presence of the target gene in the sample. The amplified product was detected to be around 450 basepair in size and it was indicated by the presence of band [Fig.8].

DISCUSSION

Urinary tract infections (UTIs) are among the most commoninfections. *Escherichia coli* strains, termed uropathogenic*E. coli* (UPEC) are the most common causative agent in both uncomplicated and complicated UTIs causing approximately 80% of all UTIs. This biosynthetic gene encodes for a secondary metabolite named colibactin, putatively acquired through horizontal gene transfer as part of a mobile genetic element. The current study was designed to characterize pathogenic *E. coli* from isolates obtained from 35 patients with UTIs and explore their, genotoxin or colibactin producing potential. All the bacterial isolates were tested with a set of standard biochemical testsand their culture characteristics on MacConkey agar and nutrient agar and were identified based on colony morphology on nutrient agar, MacConkey's agar and EMB agar. 4–5 suspected colonies from nutrient agar bacterial plate were picked, cultured and then identified by the various biochemical tests. Biochemical tests were performed to confirm *E. coli* using Gram staining, catalase test, Indole, Methyl red, Voges-Proskauer test, Simmons citrate agar and various sugar fermentation tests. Bacterial samples with biochemical and culture characteristics consistent with those of *E. coli* were considered to be confirmed to be *E. coli* and evaluated in further testing.

E. coli infection might play a role in the development of bladder cancer. A study based on a rat model by El-Mosalamy*et al.*, 2012; Ashmawey*et al.*, 2011 and Chagneau*et al.*, 2021 showed that *E. coli* infection in the bladder tissues increases the carcinogenic ability and tumor enhancing effect of *E. coli*. UPEC strains which routinely cause infections have been shown to belong to phylogroups B2 and are often the same ones responsible for UTIs, but to date, a few studies has been conducted on colibactin and UTIs. The current study was initiated as a screening effort





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to examine the prevalence of *clb* + *E. coli*. In the present study we attempted to analyse for the presence of colibactin producing gene *clbB* in the 20 of the 22 isolates which were biochemically confirmed as *E. coli*. DNA was extracted from the isolates. The extracted DNA was subjected to PCR and qualitatively analysed for *clbB* present in the DNA extract by amplifying the genefragmentusing a primer set. The primers were designed for the determination of colibactin-producing E. coliClbB gene. In the present study, we observed that 2 out of the 22 Uropathogenic Escherichia coli isolates harboured clb B E. coli. The size of the clb+ amplicon generated with the primer set clb-F/ clb-R is around 450 bp. This is in accordance with Tsunematsu et al., 2021who used the same primers for amplification andreceived an amplicon size of 555bp and Hirayama et al., 2019 who carried a PCR-based screening of the E. coli isolates for the presence of the *clb* gene cluster and demonstrated a 464-bp product. The search however did not identify *clbB E. coli* in remaining 18 isolates, as isolates without *clb* gene cluster would not yield anyproduct. We initiated a screening effort to examine the prevalence of clb+ E. coli among individuals with UTI. Screening of E. coli isolates led to the isolation of colibactin producer E. coli. Our study confirms the occurrence of pks+ UPEC. Our findings indicate that colibactinpositive E. coli appears to be produced in humans, by detecting it in the urine isolates obtained from patients suffering from urinary tract infections. Hence phenotypical and genotypical characters of the infecting *E. coli* virulent strains need to be done which would be a possibility of preventing bladder cancer at early stages.

CONCLUSION

Our findings indicate that virulent strains capable of causing UTI harbour*clbB*+ gene. Here, we show that this genotoxin is produced in humans, by detecting it in the isolates obtained from urine of patients suffering from urinary tract infections. However, this study is a retrospective analysis and only a limited patient information has been collected. It will be worth checking the production of colibactin in all UTI isolates by detailed comparative genomics analysis for a better understanding of their role in bladder cancer. We conclude that to reduce the number of bladder cancer incidences and mortalities, it is vital to identify all the *E. coli* infection for *clb*B+ gene as it might play a role in the development of bladder cancer.

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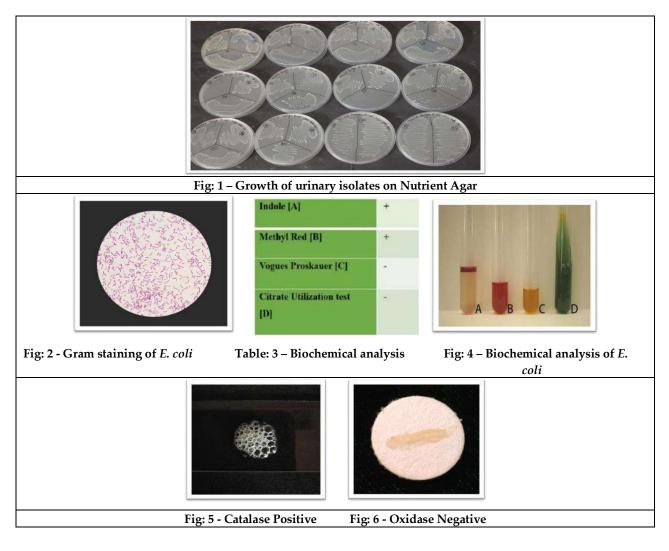
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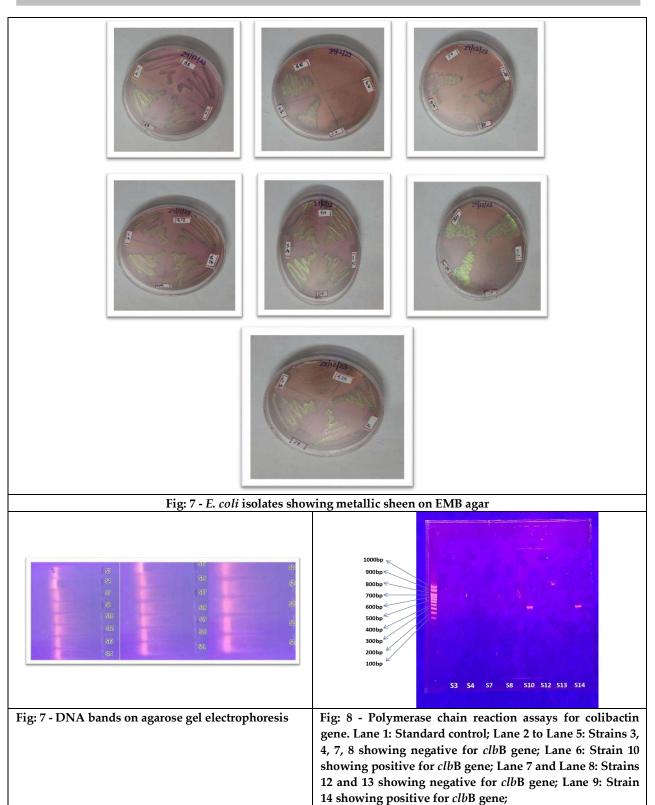
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RESEARCH ARTICLE

Cardioprotective Activity of *Hylocereus undantus* Fruit Peel Extract against Cyclophosphamide Induced Cardiotoxicity in Rats

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ABSTRACT

Cardioprotective activity of *Hylocereus undantus* fruit peel extract against Cyclophosphamide induced Cardiotoxicity in rats. Cardiotoxicity was induced in Wistar rats by administering single injection cyclophosphamide (150 mg/kg) intraperitoneally on first day of experimental period. *Hylocereus undantus* (250 and 500 mg/kg, p.o.) was administered for 11 days after the single dose administration of cyclophosphamide (150 mg/kg) intraperitoneally. Plasma parameters, Cardiac biomarkers, pro-oxidant and antioxidant parameters and Histopathological Examinations were measured. Cyclophosphamide administration significantly increased lipid peroxidation and decreased the levels of antioxidant markers such as reduced superoxide dismutase and catalase. Cyclophosphamide elevated the levels of biomarker enzymes creatine kinase isoenzyme MB, lactate dehydrogenase, aspartate transaminase, alanine transaminase and alkaline phosphatase and reduced Total protein levels. Treatment with *Hylocereus undantus* extract significantly reversed the status of altered plasma biochemical parameters, cardiac biomarkers and oxidative enzymes in cyclophosphamide induced cardiotoxicity. Potential cardioprotective effect of *Hylocereus undantus* was supported by histopathological examination that reduced severity of cellular damage of the myocardial fibres. The biochemical, cardiac and histopathology reports support the cardioprotective effect of *Hylocereus undantus* which could be attributed to antioxidant activity.

Keywords: Cardioprotective; Hylocereus undantus; Cyclophosphamide; Oxidative stress; Myocardial infarction.





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INTRODUCTION

Cardiovascular disease (CVD) is increasingly recognized as the leading cause of death. The epidemiological change of the twentieth century established cardiovascular disease as the primary cause of disability worldwide. Global health projections imply that it will be the major cause of death in 2030. CVD is a set of heart and blood vessel illnesses. It comprises coronary heart disease (CHD), peripheral arterial disease (PAD), various types of angina, congestive heart failure (CHF), and myocardial infarction (MI) [1]. Cardiac damage is a potential short- or long-term complication of various anticancer treatments, which increases morbidity and death significantly [2, 3]. However, as cancer survival rates have increased due to advances in therapy, late cardiovascular adverse effects have emerged as a significant management challenge, notably in children malignancies, lymphoma, leukemia, and breast cancer [4]. Endocardial lipid peroxidation is caused by the excessive production of reactive oxygen species (ROS). Such damage causes the loss of cardioprotective antioxidants, increased oxidative stress, and apoptosis [5]. Medicinal plants include several antioxidant chemicals that protect against a variety of ailments, making them potential alternative therapeutic ingredients. Herbal antioxidants are increasingly being used to protect against a variety of cardiovascular problems. Bioactive substances derived from natural sources have become increasingly important in modern medicine, lowering the risk of cardiac diseases by scavenging free radical production [6].

Hylocereus undatus (Haw.) Britton and Rose belong to the Cactaceae family. The fruit is sweet and juicy, measuring up to 7 to 14 cm long and 5 to 9 cm wide, with a white, red, or purple pulp and numerous small, black, shiny seeds [7]. The Mayas utilized the fruit as hypoglycaemic, diuretic, heart disease prevention, wound disinfecting, tumour dissolving with stem sap, and dysentery treatment. Natural colorants may be recovered from the pulp and peel, and they have a high potential for application as colorants in the food industry due to their stability throughout processing and storage. *Hylocereus undatus* has high levels of vitamin B1, B2, B3, and C, as well as protein, fat, carbohydrate, crude fibre, and other nutrients and minerals. Thiamine, niacin, pyridoxine, cobalamin, glucose, flavonoid betacyanins, polyphenols, carotenoids, phosphorus, phenolic phytoalbumin, and iron. The peel contains more flavonoids than the meat, and ethanolic extracts of H. undatus peel and flesh have been shown to have varying antioxidant capabilities, anti-cancer activity, antimicrobial activity, hypocholesterolemic effect, and prebiotic effect [8-12]. The present study was aimed at investigating the Cardioprotective activity of *Hylocereus undatus* fruit peel extract against Cyclophosphamide induced Cardiotoxicity in rats.

MATERIALS AND METHODS

Hylocereus undatus fruit peels were collected from commercial fruit juice shops in the surrounding areas of Tirupati and authenticated by Dr. M. Niranjan Babu, Professor, Department of Pharmacognosy, Seven Hills College of Pharmacy, Tirupati, Andhra Pradesh, India. The fruit peels were washed, chopped into little 2-3cm pieces, and shade dried at room temperature for 15 days. The shade-dried fruit peels were finely grounded using a dry grinder and was soaked in 70% hydroalcoholic solvent at a 1:4 ratio in a narrow mouthed bottle for seven days, shaking occasionally using the maceration process. The extract was filtered with Whattman filter paper, and the solvent was evaporated to dryness using a rotary evaporator [13, 14]. The hydroalcoholic extract of *Hylocereus undatus* (HAHU) was used for pharmacological screening of Cardioprotective activity.

Animal Husbandry

The current study used healthy adult male wistar rats measuring 200-235 grams. Rats were housed in polypropylene cages with a standardized 12-hour light/dark cycle, $24 \pm 2^{\circ}$ C temperature, and 35 to 60% humidity. They had access to a pellet food and filtered drinking water at all times. The animals were fasted 24 hours before the induction of cardiotoxicity, although they had free access to water during the experimental period.





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Experimentation

Cardiotoxicity had been demonstrated in rats by administering a single dose of cyclophosphamide in normal saline (150 mg/kg, body weight) intraperitoneally [15]. Animals were divided into four groups of six each. Group I administered with 0.5mL of normal saline p.o. as the vehicle control. Group II had a single dose of cyclophosphamide in normal saline (150 mg/kg, b.wt.) intraperitoneally on Day 01 served as cardiotoxic control. Group III received hydroalcoholic extract of *Hylocereus undatus* (250 mg/ kg, b.wt. p.o.) and single dose of cyclophosphamide in normal saline (150 mg/kg, b.wt.) intraperitoneally served as HAHU-I. Group IV received hydroalcoholic extract of *Hylocereus undatus* (500 mg/ kg, b.wt. p.o.) and single dose of cyclophosphamide in normal saline (150 mg/kg, b.wt.) intraperitoneally served as HAHU-I. Group IV received hydroalcoholic extract of *Hylocereus undatus* (500 mg/ kg, b.wt. p.o.) and single dose of cyclophosphamide in normal saline (150 mg/kg, b.wt. p.o.) and single dose of cyclophosphamide in normal saline (150 mg/kg, b.wt. p.o.) and single dose of cyclophosphamide in normal saline (150 mg/kg, b.wt.) intraperitoneally served as HAHU-I. Group IV received hydroalcoholic extract of *Hylocereus undatus* (500 mg/ kg, b.wt. p.o.) and single dose of cyclophosphamide in normal saline (150 mg/kg, b.wt.) intraperitoneally served as HAHU-II. The total duration of the experimentation was carried out for 11 days.

On day 12, each animal's blood was extracted via retro-orbital route and centrifuged at 3000 rpm for 10 minutes to separate plasma. The Plasma samples were tested for Serum Glutamate Oxalate Transaminase (SGOT), Serum Glutamate Pyruvate Transaminase (SGPT), Alkaline Phosphatase (ALP), and total protein using commercially available kit through biochemistry analyser (Microlab 400) [16-19] and Cardiac Biomarkers Lactate dehydrogenase (LDH) and Creatine kinase isoenzyme MB (CK-MB) [20]. Catalase (CAT), Superoxide Dismutase (SOD) and Malondialdehyde (MDA) levels were measured for the pro-oxidant and antioxidant activity [21-23]. The heart tissues were isolated and immediately rinsed with saline and preserved in a 10% formalin solution. Following fixation, the heart tissues were treated in an alcohol-xylene series and embedded in paraffin. The serial sections were cut and stained with haematoxylin and eosin. The slides were viewed under a microscope, and images were taken.

STATISTICAL ANALYSIS

The results were expressed as the mean \pm SEM and analyzed using one way ANOVA followed by Dunnett's comparison test with Cardiotoxic control. Data were computed for statistical analysis using the graph pad software (Prism 5.0 version).

RESULTS

Figure 1: Effect of HAHU on plasma biochemical parameters in Cyclophosphamide induced Cardiotoxicity in rats Values were expressed as Mean \pm SEM (n=6). *P<0.05,**P<0.01,***P<0.001.as compared with Cardiotoxicity control (One-way ANOVA followed by Dunnet's test). Figure 2: Effect of HAHU on plasma Total protein in Cyclophosphamide induced Cardiotoxicity in rats Values were expressed as Mean \pm SEM (n=6). *P<0.05,**P<0.01,***P<0.01,***P<0.01,***P<0.001.as compared with Cardiotoxicity control (One-way ANOVA followed by Dunnet's test). Figure 3: Effect of HAHU on LDH and CK-MB parameters in Cyclophosphamide induced Cardiotoxicity in rats Values were expressed as Mean \pm SEM (n=6). *P<0.05,**P<0.01,***P<0.001.as compared with Cardiotoxicity in rats Values were expressed as Mean \pm SEM (n=6). *P<0.05,**P<0.01,***P<0.001.as compared with Cardiotoxicity in rats Values were expressed as Mean \pm SEM (n=6). *P<0.05,**P<0.01,***P<0.001.as compared with Cardiotoxicity in rats Values were expressed as Mean \pm SEM (n=6). *P<0.05,**P<0.01,***P<0.001.as compared with Cardiotoxicity in rats Values were expressed as Mean \pm SEM (n=6). *P<0.05,**P<0.01,***P<0.001.as compared with Cardiotoxicity in rats Values were expressed as Mean \pm SEM (n=6). *P<0.05,**P<0.01,***P<0.001.as compared with Cardiotoxicity in rats Values were expressed as Mean \pm SEM (n=6). *P<0.05,**P<0.01,***P<0.01,***P<0.001.as compared with Cardiotoxicity in rats Values were expressed as Mean \pm SEM (n=6).

DISCUSSION

Cyclophosphamide is an alkylating agent used in cancer therapy [24]. It is commonly used to treat leukaemia's, lymphomas, multiple myeloma, rheumatoid arthritis, and to prepare for bone marrow transplantation [25]. Despite its several therapeutic uses, it is a cardiotoxic drug that promotes endothelial dysfunction and myocardial cell death [26]. Oxidative stress is a main cause of cyclophosphamide induced Cardiotoxicity [27]. Oxidative stress can lead to endothelial dysfunction, hypertrophy, fibrosis, inflammation, apoptosis, cell migration, and angiogenesis [28]. Cyclophosphamide induced cardiotoxicity is primarily caused by its toxic product, acrolein, which interacts with the





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tissue antioxidant defense system and produces an excessive amount of reactive oxygen species [29]. There is currently no viable medication to alleviate the cardiotoxic effects of Cyclophosphamide. Developing alternate ways to protect against Cyclophosphamide induced cardiotoxicity will be of enormous therapeutic value. In addition to their traditional values, herbal medicines are highly sought after by the public and medical community globally as sources of innovative lead chemicals for pharmaceutical development. As a result, medicinal plants will serve as a natural defensive approach and will be readily available at a lower cost than synthetic medications [30]. The present study was aimed at investigating the Cardioprotective activity of *Hylocereus undatus* fruit peel extract against Cyclophosphamide induced Cardiotoxicity in rats.

The activity of the liver enzymes ALT, AST, ALP, and TP in plasma are reliable indicators of hepatic and cardiac damage [31]. Cyclophosphamide increases plasma levels of these enzymes, indicating cellular injury and loss of functional integrity cell membrane, resulting in their leaking into the serum or plasma [32-34]. AST is an enzyme that is prevalent in the liver's cytoplasm and mitochondria, as well as the heart, skeletal muscle and brain. ALT is a hepatospecific enzyme primarily present in the cytoplasm [35, 36]. ALP is associated with the cell membrane, and its rise in the plasma is an indicator of impaired intrahepatic and extrahepatic bile flow (cholestasis), hepatobiliary damage, and overproduction or leakage of ALP [37, 38]. From the result of this study, pre-treatment with HAHU at both dose levels restored the activities of ALT, AST, ALP and TP [39]. LDH is an important enzyme involved in energy production, and it is a good biomarker indicating cell damage [40]. Additionally, CK-MB is an enzyme found mostly in the heart and presents with significantly high amounts during cardiac damage. In this study, there was a considerable rise in LDH and CK-MB activity following single administration of cyclophosphamide compared to the control group, which reflects the severe cardiotoxicity of cyclophosphamide, as ensured by the results of earlier investigations. Cyclophosphamide is cardiotoxic because it causes endothelial dysfunction and damage cardiomyocytes. Furthermore, cyclophosphamide induces lipid peroxidation, which disrupts endothelial cell permeability, leading to increased serum LDH and CK-MB levels [41]. However, by the protective administration of HAHU with cyclophosphamide, serum levels of LDH and CK-MB significantly diminished compared with the cyclophosphamide treated group.

The current study found that rats treated with cyclophosphamide had significantly lower SOD and CAT activity, as well as higher MDA levels, when compared to the vehicle control group. It has been observed that free radicals generated during CP treatment cause membrane damage, resulting in the loss of function and integrity of the cardiac membrane [15]. Cyclophosphamide causes a considerable decrease in SOD and CAT activity, which promotes the production of OH radicals and the onset and propagation of lipid peroxidation. However, it is proposed that the decrease in the activity of antioxidant enzymes is the result of increased oxidative stress in the cardiac tissues due to the overproduction of active reactive oxygen species [42,43]. Treatment of Cyclophosphamide treated animals with HAHU restored the antioxidant enzymes (SOD and CAT) activities and decreased MDA levels in the cardiac tissues towards control level, indicating a protective effect of HAHU against reactive oxygen species. This action could be attributed to its ability to reduce oxidative stress and preserve the activity of antioxidant enzymes, as well as its ability to suppress lipid peroxidation hydroxyl radical [44].

Histopathological comes about of heart tissue in control rats heart tissue appeared intaglio myocardial strands and pericardium; whereas cyclophosphamide (CP) rats heart tissue exhibited enormous alter in the myocardium appearing a shifting degree of vacuolar changes in the cardiac muscle filaments, basically in the frame of degeneration of myocardial strands, vacuolization of the cardiomyocytes, penetration of provocative cells, myofibrillar damage, and hypertrophic myocardial fibre with irritation; HAHU-I (Low Dose test Extract) treated showed direct greasy modification in certain muscle cells and separation of a few cardiac strands; and HAHU-II (High Dose test extract) treated rats showed enhancement in histoarchitecture.





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CONCLUSION

The current study found that the hydroalcoholic extract of *Hyoclocereus undantus* fruit peels had strong Cardioprotective action in various parameters, which is dose dependant. The extract has the strongest protective impact against the negative effects of cyclophosphamide on plasma profiles, cardiac biomarkers, and oxidative stress parameters. The extract's antioxidant polyphenolic components may be responsible for its cardioprotective activity. However, chemical isolation is recommended in order to discover the precise phytoconstituents responsible for *Hyoclocereus undantus* crude extract's cardioprotective properties. More relevant models with direct heart injury and endogenous antioxidant enzymes should be used to support the finding. Furthermore, proteomic analysis is necessary to analyse protein expression levels.

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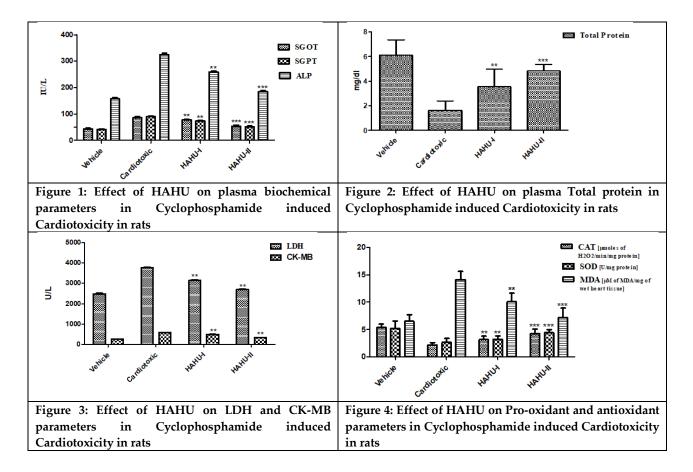
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| Group 1: Vehicle Control rats showing Normal histoarchitecture of Heart tissue | Group 2: Cyclophosphamide induced Cardiotoxiocity rat model (150 mg/kg, b.wt.i.p.) Sections of heart ventricle from the group that received cyclophosphamide showed injured myocytes with scattered coagulative changes and thin bands of contraction necrosis. |
|---|--|
| | |
| Group 3: Cyclophosphamide + HAHU-I (Low Dose extract) Sections of heart from the low dose test showed individual cardiac muscle cells arranged in diffuse bundles in a connective tissue framework. Individual myocytes are seen in cross section to be well stained and preserved. | Group 4: Cyclophosphamide + HAHU-II (High Dose extract) Sections of heart from the high dose test showed centrally located nuclei with abundant cytoplasm outlined by distinct and intact cell walls. The myocytes essentially appear normal. |





RESEARCH ARTICLE

Parkinson's Disease Detection using Machine Learning Approach

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ABSTRACT

One of the very common neurological disorders is Parkinson's disease (PD) where movements of the muscles are restricted in the body. It has a major impact on posture, speech, and mobility; symptoms include tremors, muscle rigidity, and slower movement. The disease is caused by a decrease in dopamine levels in the brain as a result of the loss of neurons. Motor performance is hampered by low dopamine levels because they interfere with nerve cell-to-nerve cell signal transmission. Balance issues and tremors are common side effects of dopaminergic neuron degeneration, while individual differences may exist in the course and intensity of symptoms. Parkinson's disease (PD) currently has no known cure; As such early detection of this disease is very important. In this article we have tried to identify different symptoms of this disease. We have tried to collect data symbols and classified them using different machine leaning algorithms.

Keywords: Parkinson's disease, artificial intelligence, diagnosis, data integration, machine learning, deep learning, voice signal analysis, Neurodegenerative disorders.

INTRODUCTION

One of the very common neurological disorders is Parkinson's disease (PD) where movements of the muscles are restricted in the body. It has a major impact on posture, speech, and mobility, which results different symptoms like the rigidity of the muscle and other problems [1]. Because of the reduction of the dopamine levels in the human brain





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this disease is created. Motor performance is hampered by low dopamine levels because they interfere with nerve cell-to-nerve cell signal transmission. The symptoms of dopaminergic neuron degeneration can vary in severity from person to person, and they can include tremors and balance issues. As of now, there exists no cure for Parkinson's disease. As such an early detection of the same is very much important. Sensor based remote health monitoring is a very common and an important topic for research. A lot of research work is going on this throughout the globe [8-18]. In this research we have used the concept of remote sensor based health monitoring system.

There are five different stages of Parkinson's disease (PD), and 90% of PWP have vocal cord damage, which is frequently noticeable as a symptom at stage 0. In addition to providing a quantifiable measure, vocal abnormalities are also covered by telemedicine [2] or remote medical care. Patients can record short audio clips at home using their phones. Dysphonia and dysarthria are common symptoms associated with vocal modulation [3].Preliminary results show that the Random Forest classifier model outperforms KNN, SVM, and Logistic Regression models with an accuracy rate of more than 91% when trained on attributes taken from MDVP audio data. In section II a brief literature survey has been given, research gap has been identified in section III, problem statement has been described in section IV, experimental data collected in section V, result analysis has been shown at section VI and section VI concludes the paper.

LITERATURE SURVEY

Previous research on the use of MRI scans, genetic data, and gait analysis to predict Parkinson's disease (PD) has been conducted; however, little is known about the role that hearing impairment plays in early identification. For example, Bilal et al. used an SVM model to predict the onset of Parkinson's disease (PD) in older patients based on genetic data. In contrast to the current study, which describes an improved SVM model with an accuracy of 0.9183, their SVM model attained an accuracy of 0.889. These results highlight the benefits of using auditory data for PD classification rather than genetic data. Using keystroke data from the UCI telemonitoring dataset, Raundale, Thosar, and Rane [4] trained a Random Forest classifier to predict the severity of Parkinson's disease in elderly people. For PWP classification, Cordella et al. used audio data; MATLAB was used in their models. Our study, however, makes use of models trained in Python that are publicly available.

Most earlier studies have emphasized the use of deep learning for Parkinson's disease (PD) identification. For instance, Ali et al. clarified how to estimate Parkinson's disease development using ensemble deep learning models applied to phonation data. Their research, however, lacked feature selection methods to improve the performance of Deep Neural Networks. In order to identify 7 primary voice modes in PD identification, the paper uses primary Component Analysis (PCA) on 22 variables. In order to reduce the reliance of Parkinson's disease (PD) diagnosis on wearable technology, Huang et al. [5] trained a traditional decision tree using 12 sophisticated speech features from the MDVR-KCL dataset. Instead of concentrating on the subtleties of audio frequency, Wodzinski et al. trained a ResNet model on pictures of audio data. Wroge et al.'s [6] use of an unbiased machine learning model aimed to reduce the subjectivity of doctors in PD prognosis.

Identification of the research gap

Significant gaps in early research persist because of inadequate examination of the integration of various profiles, despite advancements in the use of AI and ML for the early identification of Parkinson's disease (PD). Earlier studies focused on individual data types. The benefits of combining motor symptoms, demographics, genetics, and neuroimaging are unexplored. This integration could enhance understanding of early disease manifestations. Many studies use controlled datasets that don't represent real-world complexity. Including data from longitudinal studies and diverse demographics is essential to improve the generalizability of AI models for early PD detection, ensuring reliability across diverse patients. Early studies overlooked individual differences. Customizing AI models for unique patient characteristics is crucial. Advances in AI promise more accurate, personalized, and timely Parkinson's diagnosis, improving outcomes.





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Problem Statement

This research intends to advocate for the integration of machine learning techniques in telemedicine. By doing so, it aims to offer renewed hope and improved life quality to individuals grappling with Parkinson's disease. This research aims to develop an AI-based system for PD diagnosis, integrating multiple data sources to improve on current subjective and error-prone methods. The study explores ML in telemedicine for early PD detection, training four models on audio data from 30 patients and healthy individuals. The Random Forest model proved most effective, achieving 91.83% accuracy and 0.95 sensitivity for PD detection. In fig. 1 a workflow diagram of the system is drawn.

Experimental data collection

For our experiment necessary data has been collected in cooperation with the National Centre for Voice and Speech in Denver, Colorado, Max Little of the University of Oxford generated the dataset. In this process voice samples and other features has been extracted from different people some of whom suffer from Parkinson's disease. Number of instances collected are 195. Attributes number are 24. They are of real value type. And the target variable status has been recorded as 1 for the Parkinson's disease people and 0 for the healthy people. Data has been read from the panda data frame for easy manipulation and analysis (fig. 2 and fig. 3). Analysis is done based on different models like

Model Selection

Various machine learning algorithms are chosen to compare their performance. Machine learning models include Logistic Regression, Decision Tree, Random Forest, Support Vector Machine (SVM), K-Nearest Neighbors (KNN), Gaussian Naive Bayes, Bernoulli Naive Bayes, Voting Classifier, XGBoost. Fig. 5: Data model

RESULT ANALYSIS

Results of different machine learning models have been implemented and the result is given below:

CONCLUSION

It has shown encouraging results to classify Parkinson's disease (PD) based on vowel phonation data. Because it took into account all 22 features in the MDVP dataset, the Random Forest classifier was able to attain above 98% accuracy in classifying Parkinson's disease using vowel phonation data. The accuracy and sensitivity of the SVM model were 0.94 and 91.836%, respectively, after PCA was administered. The K Nearest Neighbours (KNN) model benefited from its capacity to classify data without prior assumptions, showing the highest precision and recall values, both at 0.95, on a balanced dataset. Based on voice features, the Voting Classifier and Random Forest models distinguished between people with Parkinson's disease and those who were healthy with a robust accuracy of 92.3%. The models' performance was greatly enhanced by the usage of Random over Sampler to handle class imbalance and PCA for dimensionality reduction. Even with these encouraging outcomes, hyper-parameter tweaking and investigating sophisticated ensemble methods could yet be improved. Because the Random Forest model is simple, accurate, and non-invasive, we advise using it to classify illness progression. Still, auditory data alone might not be sufficient for accurate classification. Thus, through telemedicine, combining audio data with REM sleep data could improve classification accuracy.

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 Table 1. Results of different machine learning models have been implemented and the result is given below:

| Logistic Regression | Used Logistic Regression with parameters C=0.4 and max_iter=1000. | | |
|---------------------------------|---|--|--|
| Decision Tree Classifier | Used Decision Tree Classifier with a random state for reproducibility. | | |
| Random Forest Classifier | Implemented two versions with different criteria: gini and entropy. | | |
| Support Vector Classifier (SVC) | Implemented using SVC with default parameters. | | |
| K-Nearest Neighbors (KNN) | Implemented using KNeighbors Classifier with default parameters. | | |
| Naive Bayes Classifiers | Implemented Gaussian NB and Bernoulli NB. | | |
| Voting Classifier | Combined all above models using Voting Classifier with hard voting. | | |
| XGBoost Classifier | Implemented using XGB Classifier with default parameters. Evaluated using | | |
| | accuracy score. | | |

Table 2: Different models and their values.

| 0.779661 |
|----------|
| 0.98351 |
| 1.000000 |
| 1.000000 |
| 0.949153 |
| 0.949153 |
| 0.762721 |
| 0.745763 |
| 0.966102 |
| |

Table 3.Evaluated the performance using confusion matrix and classification report for models with high accuracy which is described below.

| Training Confusion Matrix: | Testing Confusion Matrix: | | | |
|-----------------------------------|-----------------------------------|--|--|--|
| [[81 0] | [[30 2] | | | |
| [0 75]] | [25]] | | | |
| Training Classification Report: | Testing Classification Report: | | | |
| precision recall f1-score support | precision recall f1-score support | | | |
| 0 1.00 1.00 1.00 81 | 0 0.94 0.94 0.94 32 | | | |
| 1 1.00 1.00 1.00 75 | 1 0.71 0.71 0.71 7 | | | |
| accuracy 1.00 156 | accuracy 0.90 39 | | | |
| macro avg 1.00 1.00 1.00 156 | macro avg 0.82 0.82 0.82 39 | | | |
| weighted avg 1.00 1.00 1.00 156 | weighted avg 0.90 0.90 0.90 39 | | | |





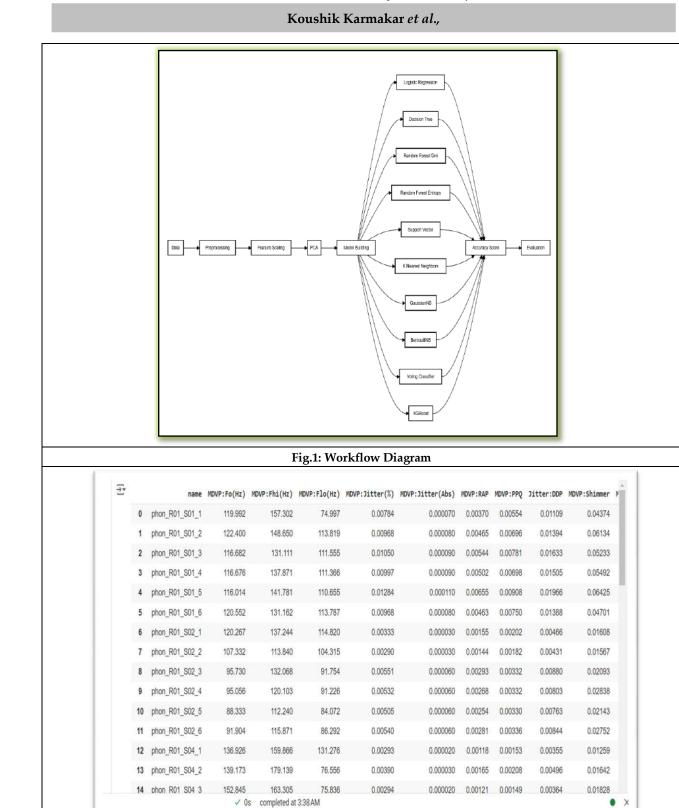


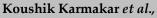
Fig. 2: Dataset for analysis

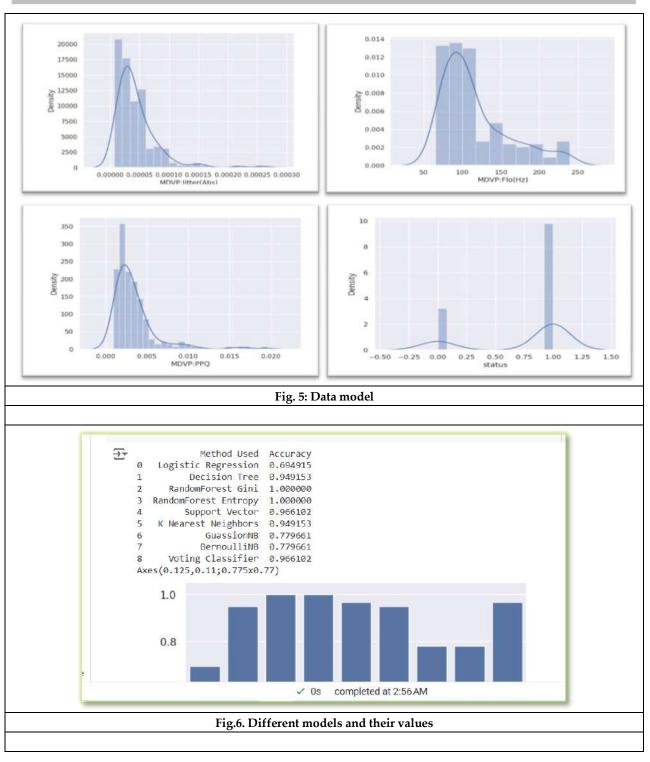




| ₹ | | MDVP:Fo(Hz) | MDVP:Fhi(Hz) | MDVP:Flo(Hz) | MDVP:Jitter(%) | MDVP:Jitter(Abs) | MDVP:RAP | MDVP: PPQ | Jitter:DDP | MDVP:Shimmer | MDVP:Shimmer(|
|---|-------|-------------|--------------|--------------|----------------|------------------------|------------|------------|------------|--------------|---------------|
| | count | 195.000000 | 195.000000 | 195.000000 | 195.000000 | 195.000000 | 195.000000 | 195.000000 | 195.000000 | 195.000000 | 195.000 |
| | mean | 154.228641 | 197.104918 | 116.324631 | 0.006220 | 0.000044 | 0.003306 | 0.003446 | 0.009920 | 0.029709 | 0.282 |
| | std | 41.390065 | 91.491548 | 43.521413 | 0.004848 | 0.000035 | 0.002968 | 0.002759 | 0.008903 | 0.018857 | 0.194 |
| | min | 88.333000 | 102.145000 | 65.476000 | 0.001680 | 0.000007 | 0.000680 | 0.000920 | 0.002040 | 0.009540 | 0.085 |
| | 25% | 117.572000 | 134.862500 | 84.291000 | 0.003460 | 0.000020 | 0.001660 | 0.001860 | 0.004985 | 0.016505 | 0.148 |
| | 50% | 148.790000 | 175.829000 | 104.315000 | 0.004940 | 0.000030 | 0.002500 | 0.002690 | 0.007490 | 0.022970 | 0.221 |
| | 75% | 182.769000 | 224.205500 | 140.018500 | 0.007365 | 0.000060 | 0.003835 | 0.003955 | 0.011505 | 0.037885 | 0.350 |
| | max | 260.105000 | 592.030000 | 239.170000 | 0.033160 | 0.000260 | 0.021440 | 0.019580 | 0.064330 | 0.119080 | 1.302 |
| | κ | | | 1 | Fig. 3: Datas | et 2 for analy | sis | | | | |
| 5 | | | | 1 | Fig. 3: Datas | | sis | | | | |
| 5 | | | | 1 | Fig. 3: Datas | 5 | | | | | |
| 4 | | ſ | | 1 | Fig. 3: Datas | 5 | 0 | | | | |
| | | | | 1 | Fig. 3: Datas | 5 4 Atisuad 2 | 0 | 0.05 0.10 | 0 0.15 0.2 | 0 0.25 0.30 | 0.35 |









RESEARCH ARTICLE

Effect of Inadequate Sleep on Memory and Learning: a study on Adolescents

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ABSTRACT

The role of sleep is very important for several important cognitive processes. In developing adolescents, getting adequate sleep is even more important as it affects the development of intellectual ability, learning and memory, reward and motivation, emotional regulation, etc. Adequate sleep for adolescents varies from 7-10 hours. But a majority of adolescents get less than 7 hours of sleep daily. This review discusses the effect of this inadequate sleep on memory and consequently its effect on learning and academics. The results indicate that due to a variety of reasons, adolescents ended up getting as little as 5-6 hours of sleep on weeknights. Thus their short-term memory was affected negatively and they did not learn as well as their peers who slept well.

Keywords: Inadequate sleep, memory, learning, adolescents

INTRODUCTION

Sleep can be defined as a state of reduced mental and physical activity that typically recurs for several hours every night where the consciousness of the surroundings is practically suspended and sensory activity is inhibited partially. (Chokroverty S, *et al*, 2010). A lot of studies have linked the role of sleep to cognitive processes like alertness, perception, emotion, learning and memory, and executive functioning. (Killgore, *et al*, 2014). Now the three factors that affect cognitive performance and higher-order functions are inertia, homeostasis, and circadian rhythms. (Kapsi, S., *et al*, 2020). Burke *et al*. claim that homeostasis and circadian cycles are the two factors controlling working memory, mood, alertness, motivation, and visual attention maintenance. (Burke, T. M., 2015) This means that getting





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less sleep may result in a decrease in these cognitive functions. Studies also suggest that, with inadequate sleep, behavior becomes increasingly irregular and unstable, attentional lapses become longer and more frequent, (Lim J, 2010) and simple reaction time is slowed (Lim J, 2008). Since memory and learning are some of the most important cognitive skills required for students, this review paper mainly deals with establishing the negative effects of inadequate sleep on them. The sample population taken into account here is adolescents. According to the definition given by the World Health Organisation, children from 10-19 years are considered adolescents. A Joint Consensus Statement of the American Academy of Sleep Medicine and Sleep Research Society states that adolescents require about 7-10 hours of sleep (Consensus Conference Panel, 2015) (Chaput, J. P. 2018).

Sleep Patterns in Adolescents

Sleep patterns refer to the regular and recurring cycles of sleep stages that individuals go through during a typical night of sleep. These patterns are characterized by different phases, including both rapid eye movement (REM) sleep and non-rapid eye movement (NREM) sleep. Now, sleep patterns in adolescents are mostly predictable. Their nocturnal sleep schedules decrease and bed-times are delayed. (Gariepy, G., et al 2020). But school/college timings do not change and thus adolescents get less sleep than recommended. Hysing M, et al, report from their study conducted in Hordaland County in Norway, consisting of 10,220 adolescents aged 16-18 years (54% girls), that there was a sleep deficit of about 2 hours on weekdays and latency of sleep onset exceeding 30 min on 65% of those studied. Insomnia rates were higher in girls whereas boys reported later bedtimes. (Hysing M, et al, 2013). Bed times tend to delay with increasing age according to meta-analysis of worldwide adolescent sleep patterns in the last decade (1999–2010). Asian adolescents slept even less than peers from North America and Europe. This resulted in less total sleep duration on school nights and a tendency for greater degrees of daytime drowsiness. (Gradisar, M, 2011). Another study corroborating this was conducted in Delhi, India among 501 students (aged 11–15 years). This study provides statistical proof of sleep deprivation increasing with age. Sleep deprivation increased 83.7% to 87.1% in 11–12 y to 90.5% to 92.5% in 13–15 y. (Singh, R., 2018). Only 33% college students in America reported sleeping a full 8 hours/night. Sleep interruptions were caused by social media usage, gaming, and texting. (Whipps, J, 2018). Students aged 17-24 at a large private university in the Mideast reported chronically restricted sleep. 25% of students got less than 6.5 hours/night and only 29.4% of students reported getting 8 hours of sleep which is the typical hours required for adolescents. (Lund, H. G., et al, 2010). According to the Youth Risk Behavior Survey, 72.7% of students said they slept for less than eight hours on school nights on average. (A. G. Wheaton et al., 2018). This is comparable to the National Sleep Foundation poll, which found that 62% of students slept for less than eight hours on weeknights. With 75% of seniors reporting less than 8 hours of sleep every night, they were the group most sleep deprived. (Carskadon, M. A., et al 2015) Girls were the ones disproportionately affected. (Eaton, D. K., et al 2010). We can thus infer that most adolescents worldwide sleep less than required. Older adolescents also slept less than their younger counterparts. (Gariepy, G., et al 2020).

Factors Affecting Sleep In Adolescents

Adolescents are notorious for getting inadequate sleep. There may be some reasons for that. It could be academic pressure, developmental changes during puberty, social media usage, gaming, peer pressure, parental pressure, increased usage of caffeine or other energy beverages, decreased curfew and increased bedtimes, and certain mental problems. Puberty is the time when humans undergo a lot of changes. One of them is the shift of the timing of circadian rhythm. Before puberty, the body shows signs of sleep around 8:00 or 9:00 pm. This cycle changes when puberty sets in and the body only feels sleepy at around 10:00 or 11:00p.m. (Burke, T. M., *et al* 2015) "Sleep phase delay" refers to the normal circadian rhythm shift experienced by teenagers. The need to sleep is delayed by around two hours. Therefore adolescents struggle to go to sleep at their regular hour. But they still require nine hours of sleep every night on average which is impossible with early school/college start times. (Gariepy, G., *et al* 2020) This is where adolescents struggle with getting adequate sleep. Lohsoonthorn, V *et al* report another contributing factor. 48.1 % of Thai college students reported poor sleep quality. 58% of the same subjects were using some sort of stimulant beverage. Hence stimulant use, alcohol consumption and cigarette smoking were positively associated with poor sleep quality and increased daytime sleepiness. (Lohsoonthorn, V *et al* 2013). Sanchez, S. E., *et al* conducted a similar study among 2,458 Peruvian college students. Those who reported consuming more than 3 stimulant beverages per





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week had higher odds of poor sleep quality, short sleep duration and increased use of sleep medication. (Sanchez, S. E., et al 2013) Whereas another study comprising 11025 students aged 17 to 24 years from an urban Midwestern university found that alcohol and caffeine consumption, exercise, and consistency of sleep schedule were not significant contributors to sleep quality in the 60% of students who were reported as poor sleepers. Instead, emotional and academic stress was the cause affecting sleep. (Lund, H. G., et al 2010) When a total of 937 ninth-grade adolescents (15-16 years), from western Sweden participated in a study, 55% of the adolescents were found to sleep less than the recommended 8 hours per night due to school stress and technology use. 11% also had sleeping difficulties. (Jakobsson, M., et al, 2019) Students experience high stress during the school year. The majority of them also report getting only 6 hours of sleep during weekdays. This leads to them experiencing moderate fatigue and more depressive symptoms. High-stress levels are associated with sleep disturbances, less nocturnal total sleep time, and higher fatigue severity. (Lee, S. Y., et al, 2013) It was found that sleep was more fragmented during high-stress times in an experiment comparing the quality and duration of sleep in adolescents during low and high-stress times. (Dewald, J. F., et al, 2014) Whipps, J., et al reported in a study evaluating night time media use and sleep patterns in college students, that students had a mean sleep duration of only 7.26 ± 0.93 hours. Reports of texting after bed and device-related sleep interruptions were many. Social media usage, mobile gaming, and texting were correlated with sleep interruptions. (Whipps, J., et al, 2018) Young adults (aged 19-32) in the US reported an average of 61 min of social media usage per day. More than half of the same group reported medium or high levels of sleep disturbance. The results did not vary even when social media usage volume or frequency was taken as the variable. (Levenson, J. C., et al 2016). Wong, H. Y., et al assessed Hong Kong university male students in 2019 on the relationship between the severity of internet gaming disorder and poor sleep quality and found a direct relationship between both. (Wong, H. Y., et al 2020). Another similar study conducted among 524 adolescents in Lebanon found that those with Internet Gaming Disorder slept only 5 hours per night as opposed to those who casually played online games and slept for 7 hours. (Hawi, N. S., et al, 2018) To find if there was a relationship between obesity and sleep, 515 college students were assessed. It was found that one-third of the participants had with BMI of more than 25 and 51% of those had poor-quality sleep. Sleep disturbances were thus a result of obesity and sleep duration was not affected. (Vargas, P. A., et al 2014) When a study on the impact of sleep disorders was conducted in the US for 6139 individuals over the age of 16, it was found that 4.2% had sleep apnea, followed by 1.2% having insomnia and RLS (0.4%). Common sleep habits were snoring (48%), feeling unrested during the day (26.5%), and not getting enough sleep (26%). It was also found that insomnia, sleep apnea, and RLS had the highest impact on concentration and memory. (Ram, S., et al, 2010) Dyssomnias, especially early and middle insomnias (odds ratio = 1.74 and 2.24), disturbed the circadian rhythm by prolonging bedtimesin a study conducted with 1253 adolescents in grades 3, 5, and 8. As a consequence duration of sleep also decreased. (Chen, Y. L., 2016). Another factor responsible for inadequate sleep in adolescents was outlined by Crowley SJ et al, in 2010. According to them, during the second decade of life sleep/wake timing shifts to later, and Delayed Sleep Phase Syndrome (DSPS), may be an extreme manifestation of this. (Crowley SJ et al, 2010) Thus some factors affecting sleep in adolescents and causing their sleep durations to decrease were academic and emotional stress, consumption of a lot of caffeinated and energy drinks, usage of social media, severe internet gaming disorders, dyssomnias, and delaying of sleep/wake timing. A factor that did not contribute to disturbing sleep duration was obesity.

Link between Sleep and Memory

Memory is the capacity to store and retrieve information. (Zlotnik, G., & Vansintjan, A. 2019) Squire, L. R defines memory as 'the faculty of encoding, storing, and retrieving information'. Psychologists have found that memory includes four important categories: working, sensory, short-term, and long-term. According to the definition of the American psychological association, sensory memory holds sensory information for very less time, usually 1 second or less. (VandenBos, G. R. 2007). Short-term memory allows a person to recall limited information for a short period of time. (Cascella, M., & Al Khalili, Y. 2019). Working memory is similar to short-term memory but here the person manipulates information. Long-term memory stores a wide array of memories and experiences. The majority of the memories that people can recall, especially those that are more than thirty seconds old are part of long-term memory. Long-term memories are divided into two subcategories: implicit and explicit. Explicit memories are conscious experiences of events, personal anecdotes, or lessons learnt. Some types of explicit long-term memory include





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episodic memory and semantic memory. Implicit memories are memories that influence a person's behaviour unconsciously. Some types of this memory include procedural memory and priming/conditioning. (Cowan, N. 2008). Zhang's memory model explains the importance of sleep in memory. This model has 2 stages: waking and sleeping brain. During waking time, the memories created in our working memory during the waking state are stored in temporary memory. Because there is a limited amount of temporary memory, it has to be periodically cleansed to avoid overload. Thus during sleeping time, the temporary data is supposed to be compared with old data saved in the long-term memory, in order to identify and delete unwanted, duplicate and overlapping data. The remaining information is then encoded and transferred to long-term memory. When the working memory must be isolated from the outside world in order to carry out this housekeeping and guarantee that the memory transfer procedure continues unhindered. This isolation is carried out while sleeping. Sleep has the purpose of processing, encoding, and transferring information from the temporary memory to the long-term memory according to this memory model. (Zhang, J. 2004) This model is the updated version of the memory consolidation model proposed by Squire, L. R., & Alvarez, P in 1995.

Experimentally, the role of sleep in explicit memory was proved by measuring the memory retention of 29 adolescents (aged 15-18 years) who were given only 5 hours of sleep opportunity each night. Retention was tested 30 minutes, 3 days and 42 days (only a subset with n=14 participated) after learning and results were compared to a control group (n = 30) that slept for nine hours every night during the trial. 26% forgot at the 30-minute test, 34% at the Day 3 test, and 65% at the Day 42 test. (Cousins, J. N., et al 2019). Sleep facilitates the consolidation of declarative, procedural, and emotional memories. (Diekelmann, S., & Born, J. 2010) Emotional memory was found to be consolidated more during REM sleep participants reporting depressive symptoms. Additionally, those depressive participants who were sleep deprived consolidated significantly less emotional (negative here) information. (Harrington, M. O., at al 2018). Sleep helps in working memory as well as memory consolidation in children and adolescents. It was further found that sleep deprivation negatively affected complex tasks involving higher brain functions more strongly than performance in simple memory tasks. (Kopasz, M., et al 2010) Research reveals a decrease in working memory, sustained attention, and executive functions in sleep restricted (SR) groups, while the control group maintains baseline levels. It was found that the SR group continued to perform worse than the control even after 2 recovery sleep episodes. (Lo, J. C., 2016). A review study conducted by Wilhem L., et al supports this and further states that slow-wave sleep plays a major role in the consolidation of procedural memory. (Wilhelm, I., 2012) Further evidence comes from a study by Fenn, K. M., &Hambrick, D. Z. When memory was tested after a delay of roughly 12 hours that included sleep or waking, it was found that those who slept remembered more and forgot less than those who were awake. They hypothesize that sleep enhances the retrieval of information and also protects against loss of memory that occurs when awake. (Fenn, K. M., &Hambrick, D. Z.2013) A study conducted by Ashton, J. E., et al on sleep deprivation found that rates of forgetting in episodic memory increase with sleep deprivation. Overnight sleep deprivation was also found to lead to further deficits in associative memory that were not observed after daytime wakefulness. (Ashton, J. E., et al, 2020) Partial sleep restriction had small or no effects on adolescent cognitive functioning. However, where sleep deprivation was observed, there was a decrease in psychomotor tasks. (Whitney P., et al, 2010). It was also found that sleep extension and sleep improvement caused improvement in working memory. When subjects slept directly after learning, they also improved memory consolidation. (De Bruin, E. J., et al 2011) Looking at the evidence provided by the studies stated above and a lot of other growing evidence, we can safely conclude that sleep is important for all types of memory consolidation.

Relation between Sleep, Memory and Learning

There are 2 types of memory. They are short and long term memories. The primary function of short term memory/working memory is to support learning. (Gathercole, S. E. 2004, January). Therefore for adolescents whose main duty is to learn, usage of this cognitive skill is very important. The type of memory most important while learning is working memory as it refers to a brain system that allows temporary storage and manipulation of the information necessary for complex cognitive. (Baddeley, A. 1992). After conducting a thorough meta-analysis of the literature on these characteristics in kids, Astill *et al.* found that sleep duration was positively and significantly





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correlated with executive functioning, academic achievement, and multiple-domain cognitive functioning. (Astill et al., 2012) It was also found that children who slept earlier did better on cognitive tests. (Fonseca, A. G., 2020). Research indicates that while we sleep, the brain performs neurological processes related to learning and memory, processing information that is gained while we are awake (Watson and Buzsáki, 2015). Sleep has been shown to improve performance on several learning and memory tasks, such as the face sequence recognition task, the motor adaptation task, the word-pair association task, the visual texture discrimination task, and the motor sequence task.(Uji, M., & Tamaki, M. 2023) When 7798 adolescents aged 16-19 years were surveyed to link sleep and academic performance in Norway, it was found that students with sleep deficits and short sleep duration had the highest odds of poor GPA. (Hysing, M., et al 2016) In tests where researchers were able to deliberately alter sleep to track behavioral and neurocognitive outcomes; including learning, memory, and academic achievement, it was primarily found that both the quantity and quality of sleep have a direct impact on students' academic performance and learning capacity. Sleep loss was also frequently linked to students' poor declarative and procedural learning. Further, there was a decline in neurocognitive and academic performance. (Curcio, G., et al, 2016) All things considered, behavioural research on adolescents suggests that sleep is essential for memory consolidation. All stages of sleep have been linked to one or more components of this consolidation up until this point of sleep. (Walker, M. P., &Stickgold, R. 2004). However, a comprehensive knowledge of the functions of each stage of sleep is still a crucial future objective. It was found that students who performed the best academically had far earlier waking times (p = (0.008) and bedtimes (p = 0.05) than those who performed the worst. High achievers tended to nap more frequently (p = 0.07). (Eliasson, A.H.,2010) Even when alertness and vigilance are restored with stimulant countermeasures, some aspects of higher-level cognitive capacities are still impaired by sleep deprivation, indicating that sleep loss may have effects on particular cognitive systems in addition to those caused by attentional processing impairments or general cognitive declines. (Killgore, W. D. 2010) This was further proved in a study conducted among 1,845 college students at a large, southeastern public university, where it was found that students reported insufficient sleep and those same students were also at the risk of academic jeopardy with GPAs of less than 2. (Gaultney, J. F. 2010).

DISCUSSION AND CONCLUSION

A lot of significant research shows that a majority of adolescents are getting inadequate sleep mostly on weekdays (Hysing M, *et al*, 2013) and it is risking their memory and learning processes thus affecting their academic performance. It is thus imperative that measures be taken to make sure that adolescents get enough sleep. Some solutions for the above may be later school/college timings (de Araújo, L. B. G., *et al* 2020), earlier curfews and bedtimes (Campbell, I. G., *et al* 2023), implementation of naps in between learning (Inazumi, C. K., *et al* 2020), avoidance of social media (Levenson, J. C., *et al* 2017) and early diagnosis and cure for sleep disorders. (Modlin, T. 2002). It is thus established that there is a significant link between inadequate sleep, memory, and learning in adolescents. Inadequate sleep decreases both memorizing ability and thus learning ability is also decreased. It is also linked to low performance in academics.

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RESEARCH ARTICLE

Mathematical Model with an Application of New Topsis Model Approach to Identify the Over Spread of Typhoid

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ABSTRACT

A pandemic is an illness that spreads rapidly over a huge region, such as several continents or the entire world. A potentially fatal infection, typhoid fever is brought on by the salmonella Typhi bacteria. Typhoid fever is thought to infect 11–20 million people annually, killing between 1,28,000 and 1,61,000 of them. Finding the important risk factor is the primary goal of the current inquiry. This study uses the Topsis MCDM technique to evaluate and identify the spread of typhoid.

Keywords: Topsis MCDM, Fuzzy Topsis MCDM, Topsis Multi Criteria Decision, MCDM tools.

INTRODUCTION

A severe, contagious, and potentially fatal illness associated with fever is typhoid. Salmonella enterica serovars are to blame. While some are grouped as nontyphoidal Salmonella [NTS] [1], Typhi, Paratyphi A, B, and C can all be classified as typhoidal Salmonella. Enteric fever is the collective term for typhoid and paratyphoid fever, which are caused by human host-confined typhoid strains. Salmonella serovar Paratyphi A has been associated with an increasing incidence of enteric fever in certain Asian countries [2, 3]. The primary means of transmission for typhoidal Salmonella is contaminated water or food [4]. In developing countries where typhoidal Salmonella is widespread, there is inadequate sanitation and hygiene, and there is a shortage of safe water and food, there is a





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greater risk of illness [5]. An ongoing study on the prevalence of typhoid fever worldwide found that the disease causes 27 million illnesses and 200,000–600,000 deaths annually [7]. In 2010 there were 11.9 million cases of typhoid fever and 129,000 deaths in low- and middle-income countries, according to the International Vaccine Institute [8]. For the most part, typhoid is endemic in developing countries like Pakistan [9].

We attempt to search for any potential escape route as the virus spreads over national borders. Medical science is making every effort to find a potential remedy. Even in the non-medical field, we have made an effort to contribute in some small way to the cause. Based on information gathered thus far from literature surveys, media websites, and medical advice, we have identified three primary causes of typhoid disease transmission. The main ways that it spreads are through contaminated food or water, through contact with an infected person, and by kissing. Finding the most important risk factors that contribute to the spread of typhoid fever is the primary goal of this investigation. The technique known as Topsis Multi Criteria Decision Making (MCDM) will be employed to ascertain the extent of typhoid fever outbreak. These days, MCDM technologies are used to environmental, social, and economic issues, among others (5-7). Certain MCDM strategies assign a rank of indications, while others assign a priority value. Technique for Order Preference by Similarity to an Ideal Solution (TOPSIS), put forth by Hwang and Yoon in 1981 (8), is one of the ranking-based MCDM tools.

Model of Topsis

The Technique for Order Preference by Similarity to an Ideal Solution (TOPSIS), which analyzes decisions for alternatives, is one of the many criteria approaches. The TOPSIS notion is logical and comprehensible, and the computation required is simple. It's also important to acknowledge the inherent difficulties in determining trustworthy subjective preferences for the criterion (9). The TOPSIS technique flow chart is shown in Figure 1.

Decision-making in TOPSIS is essentially based on six ineffective steps:

(i) Determine the decision matrix's normalized values.

Think about the fact that there are m alternatives. $D = [rij]m \times m$ be the normalized matrix. The definition of the normalized value rij is

$$rij = \frac{xij}{\sqrt{\sum_{i=j}^{m} xij2}} \forall i, j$$

(ii) Determine the decision matrix that is weighted and normalized. It is calculated to get the weighted normalized value vij as

$$\sum_{i=1}^{n} W_{j} = 1$$

 $A^{+} = \{v1+, v2+, v3+, \dots, vm+\} = \{(\max ivij \mid j \in Cb), (\min ivij \mid j \in Cc)\}$

 $A^{-} = \{v1, v2, v3, \dots, vm^{-}\} = \{(\min ivij \mid j \in Cb), (\max ivij \mid j \in Cc)\}$

Where Cc is linked to the cost criteria and Cb to the benefit criteria.

(iv) Use the m dimensional supremum distance to compute the separation metrics. We use the Euclidean distance to compute separation metrics in TOPSIS. The following represents how each option and its negative relation to the ideal answer are separated:

$$S_{i}^{t} = \max \{ |vij - vj + |: j = 1, 2, ..., m \}, \forall [i]_{i}^{m} \}$$

$$S_{i} = \sqrt{\sum_{j=1}^{m} (v_{ij} - v_{j-})^{2}}, \forall i$$





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(v) Determine how near the optimal answer you are:

The definition of the alternative Ai's relative proximity to A- is

$$RC_i^* = \frac{S_i^-}{S_i^- + S_i^+}, \forall i$$

(vi) Determine the order of preference. The range of *RCi** index values is 0 to 1. The closer an alternative is to the optimal answer, the higher the index value.

METHODOLOGY

The primary goal of this study is to determine the most important risk factor for the spread of typhoid fever. Let E = f(D,W) denote the risk of spread of Typhoid fever.

Where,

D stands for the collection of all of E's elements.

 $D = \{M : M = all selected factors\}$

W = {W : W = Weights all selected}

Where M and W stand for the parameter that has been chosen and its PV, respectively.

The current study's methodology is broken down into three sections: using the Topsis technique, choosing alternatives, and selecting criteria.

Selection of Criteria

The chosen literature review, expert survey, and media survey are the study's current criteria. In order to identify every risk factor for the spread of typhoid fever, we examined close to thirty publications. Therefore, the literature review is a key selection criterion for all of the choices in this study. Since the study's focus is on medical issues, experts play a significant role. To determine the risk factors for the spread of typhoid fever, we gathered the opinions of about ten specialists. Another crucial criterion for factor selection is the media survey, since they are constantly seeking to gather data regarding typhoid fever. In this study, the risk factor is chosen based on reports from three credible media outlets.

Selection of Alternatives

Expert survey and relative peasant opinions are taken into consideration as criteria in this study's literature evaluation, and they are represented by the letters C1, C2, and C3, respectively. Typhoid fever risk factors are shown in Table 1. The decision hierarchy is displayed in Figure 2. Our decision problem's structure. A five-point rating system Table 3 convert as a score and score table represented by Table 4. The formula represents each of Table 4's column vectors. Following computation, the normalized decision matrix shown in Table 5 is the result. Table 5 shows the PV for each criterion as determined by the MCDM approach in column two.

$$rij = \frac{xij}{\sqrt{\sum_{i=1}^{4} x_{1j}^{2}}}, \forall i = 1, 2, 3, j = 1, 2, 3$$

Compute the weighted normalized decision matrix from Table 5 using the formula. The weighted normalized decision matrix is shown in Table 6. Utilize the formulas in (2) and (3) to find the ideal A+ and negative-ideal A-solution. Table 6's final two columns show the A+ and A-values.

| <i>vij=wjrij</i> ,∀ [™] <i>i</i> =1,2,3, <i>j</i> =1,2,3. | (1) |
|--|-----|
| $A += \{v1+, v2+, v3+, \dots, vm+\} = \{(maxivij \mid j \in Cb)\}$ | (2) |
| $A = \{v1 - , v2 - , v3 - ,, vm - \} = \{(minivij j \in Cb)\}$ | (3) |

| RCi* val | ue for ' | Topsis |
|----------|----------|--------|
|----------|----------|--------|

| | Si ⁺ | Si | $S_i^+ + S_i^-$ | RCi* | Rank |
|----|-----------------|------------|-----------------|------|------|
| A1 | 0 | 0.24165459 | 0.24165459 | 1 | 1 |
| A2 | 0.12081266 | 0.12082905 | 0.24164171 | 0.5 | 2 |





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|---------------------------|------------|---|------------|---|---|
| | [| [| [| | [|
| A3 | 0.24165817 | 0 | 0.24165817 | 0 | 3 |

CONCLUSION

With the aid of the Topsis MCDM approach, the current study has sought to create a novel model for evaluation of the risk assessment of typhoid fever. This new model will have the advantage of being able to study the spread of typhoid fever via doctors' opinions, literature reviews, and media surveys in an objective and cognitive manner. We have identified three potential risk factors for typhoid fever: bacterial contamination, contact with an infected individual, and kiss-related contamination. Following the gathering of all the necessary data, we used Fuzzy Topsis MCDM to determine the PV of the criteria. Utilizing the PV of the criterion, use Topsis to identify the optimal options. Finally, through media surveys, I concluded using the Topsis MCDM method that Typhoid fever is more spread due to sewage contamination.

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| Table 1: Explanation of Chosen Elements | | | |
|---|--|-----------|--|
| Name of Element | Description | Reference | |
| Contamination due to bacteria (A1) | The bacterial spread of sewage contamination of food or water. | (2,24) | |
| individual resulting in | There is a significant likelihood of the virus spreading through contact with an infected individual. People are asked to maintain safe distances because of this. | | |
| | If kiss to loved one in your families and relatives there is a chance to spread of this virus. | (2,25,26) | |

Table 2: 5-Point Scale

| Name | Score |
|-------------|-------|
| Average | 1 |
| Good | 2 |
| Very Good | 3 |
| Excellent | 4 |
| Outstanding | 5 |

Table 3: Table of scores for the alternatives based on the criteria

| Alternatives | Criteria | | |
|--------------|----------|-----|-----|
| Alternatives | C1 | C2 | C3 |
| A1 | V.G | Е | 0 |
| A2 | G | V.G | Е |
| A3 | А | G | V.G |

Table 4: Using a 5-point rating system, create an alternate score table.

| A ltown a times | Criteria | | |
|--------------------------------|---------------------|---------------------|---------------------|
| Alternatives | C1 | C2 | C3 |
| A1 | X ₁₁ = 3 | X ₁₂ = 4 | X ₁₃ = 5 |
| A2 | X ₂₁ = 2 | $X_{22} = 3$ | $X_{23} = 4$ |
| A3 | X ₃₁ = 1 | $X_{32} = 2$ | X ₃₃ = 3 |
| $\sqrt{\sum_{i=1}^3 x_{ij}^2}$ | 3.74165739 | 4.35889894 | 7.07106781 |

Table 5. Decision Matrix Normalized

| | Priority ranking for every criterion | | |
|--------------|--------------------------------------|----------------------------|------------------------------|
| | $w_1 = 0.2592593$ | W ₂ = 0.3333333 | $W_3 = 0.4444444$ |
| Alternatives | C1 | C2 | C3 |
| A1 | $r_{11} = 0.80178373$ | $r_{12} = 0.91766294$ | r ₁₃ = 0.91766294 |
| A2 | $r_{21} = 0.53452248$ | $r_{22} = 0.68824720$ | $r_{23} = 0.68824720$ |
| A3 | $r_{31} = 0.26726124$ | $r_{32} = 0.45883147$ | r ₃₃ = 0.45883147 |

Table 6. Normalized Weighted Decision Matrix

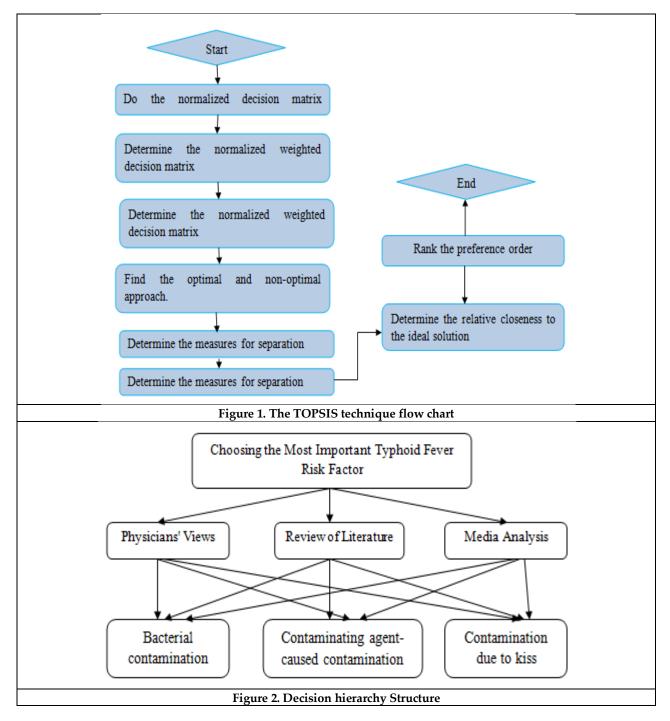
| Alternatives | C1 | C2 | C3 |
|--------------|------------------------------|------------------------------|------------------------------|
| A1 | v11 = 0.20786989 | $v_{12} = 0.30588762$ | r ₁₃ = 0.31426965 |
| A2 | v ₂₁ = 0.13857992 | v ₂₂ = 0.22941511 | $r_{23} = 0.25141572$ |





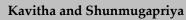
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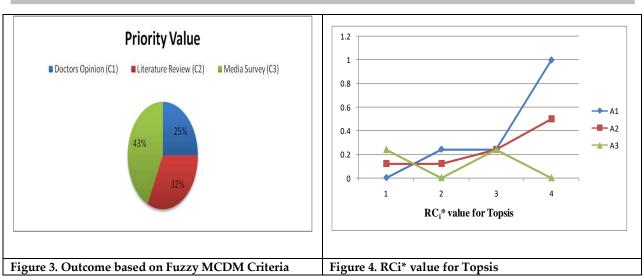
| A3 | v ₃₁ = 0.06928996 | v ₃₂ = 0.15294381 | $r_{33} = 0.18856179$ |
|----|-------------------------------|------------------------------|--|
| A+ | v ⁺ 1 = 0.20786989 | $v_{2} = 0.30588762$ | v ⁺ ₃ = 0.31426965 |
| A- | v ⁻ 1 = 0.06928996 | v⁻₂=0.15294381 | v ⁻ ₃ = 0.18856179 |















RESEARCH ARTICLE

Unveiling the Cloud Kitchen Phenomenon: Analyzing Customer Awareness and Shifting Preferences

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ABSTRACT

The research explores the transformative impact of cloud kitchens in the food service industry. It aims to understand the necessity of cloud kitchens and discern how they differ from traditional dine-in establishments. The study also investigates key factors influencing consumer decisions, such as purchasing behavior, perceptions, and challenges faced when ordering from cloud kitchens. The research employs a descriptive research design, utilizing both primary and secondary data sources. Primary data is collected through a questionnaire method, focusing on Ahmedabad customers. Secondary data is sourced from internet-available reports and journals. The major purpose of the study is to ensure a holistic understanding of the evolving landscape of cloud kitchens. The study reveals a growing awareness of cloud kitchens, primarily driven by social media platforms. Factors influencing consumer decisions include online presence, food quality, and affordability. Cloud kitchens, operating as production units with streamlined costs, offer benefits like faster delivery, sustainability, and an alternative to traditional dining. The findings suggest practical implications for stakeholders in the food service industry. Cloud kitchens can enhance their visibility on social media platforms to capitalize on the growing awareness. The identified benefits, including faster delivery and sustainability, provide practical insights for cloud kitchen operators aiming to meet consumer expectations. This research contributes to the understanding of the dynamic landscape shaped by cloud kitchens. The study's contribution lies in its comprehensive analysis, shedding light on the transformative role of cloud kitchens in the evolving food service industry.

Keywords: Cloud Kitchen, Customer Preference, Consumer Behavior, Food Service Industry

INTRODUCTION

In the ever-evolving landscape of the food service industry, a revolutionary concept has emerged, challenging traditional norms and redefining how individuals experience and access food – the cloud kitchen. This innovative model operates as a production unit focused solely on preparing and delivering food, eliminating the need for expensive front-of-house operations. Its key features are as follows:





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Breaking Free from the Bricks and Mortar

Unlike conventional restaurants with dine-in facilities, cloud kitchens operate with a leaner business model, offering several advantages. Firstly, they significantly reduce overhead costs by eliminating expenses related to rent, furniture, décor, and tableware. This reduction in fixed costs translates to improved profit margins for cloud kitchens. Additionally, cloud kitchens boast increased flexibility, allowing them to scale up or down depending on demand, adapt to market conditions, and test new concepts. The absence of dine-in operations also enhances their focus on quality and efficiency in food preparation.

Catering to the Digital Appetite

The rise of cloud kitchens is closely tied to the growing popularity of online food delivery platforms. By partnering with these platforms, cloud kitchens gain access to a vast network of potential customers, tapping into the everincreasing demand for convenient and affordable home delivery. This partnership not only facilitates broader market reach but also provides valuable data and insights into consumer preferences. With this information, cloud kitchens can tailor their menus and promotions to specific customer segments, enhancing their appeal in a competitive market.

Diverse Culinary Landscape

Initially associated with fast food and quick-service meals, cloud kitchens have evolved to encompass a diverse range of culinary experiences. Modern cloud kitchens now offer everything from gourmet burgers and handcrafted pizzas to vegan dishes, ethnic cuisines, and healthy meal plans. This diversity caters to the increasingly sophisticated palates of modern consumers, allowing cloud kitchens to tap into niche markets and cater to various dietary preferences. This adaptability positions cloud kitchens as dynamic players in the culinary scene.

Innovations and Future Potential

Cloud kitchens are not mere trends; they represent a paradigm shift in the food service industry. As technology continues to advance, further innovations in this space are expected. Automation, including robotic kitchens and automated order fulfilment systems, holds the promise of improving efficiency and reducing labor costs. Artificial intelligence (AI) is poised to play a significant role in personalizing menus, recommending dishes, and optimizing delivery routes, enhancing the overall customer experience. Data-driven decision-making, informed by customer data and trends, empowers cloud kitchens to make strategic choices regarding menu development, pricing strategies, and marketing campaigns.

The Impact on the Food Service Landscape: The rise of cloud kitchens is reshaping the traditional food service industry. While some traditional restaurants may face challenges adapting to this new landscape, others are embracing the concept by launching their virtual kitchens to expand their reach and cater to the growing demand for delivery. This coexistence of traditional and virtual models is fostering a more dynamic and competitive food service landscape, ultimately benefiting consumers with a wider variety of choices and convenient access to delicious meals.

LITERATURE REVIEW

The studies conducted by Mathur (2023) and Deepak (2022) shed light on the evolving landscape of food consumption, particularly the rise of cloud kitchens. The study (Mathur, 2023)emphasized the strong influence of perception on consumer purchase intentions, providing valuable insights for cloud kitchen businesses. Deepak(2022) delved into the operational dynamics of cloud kitchens, emphasizing their exclusive focus on food delivery and the cost advantages compared to traditional setups. Through regression analysis and customer surveys, the study (Deepak, 2022)explored factors influencing cloud kitchen businesses. During the COVID-19 pandemic, cloud kitchens played a pivotal role, as outlined in the study (Rudrani Chatterjee, 2022). This research explored distinctive aspects, consumer behavior, and the pandemic's impact on food delivery interactions. It sought to identify challenges and consumer preferences, contributing valuable insights for the industry's future growth. Shaik Mehnaz et al. (2021)





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provided an analysis of cloud kitchens in India, offering insights into industry trends and impacts, particularly during the pandemic. The paper emphasized the disruptive nature of the industry and its evolving landscape(Shaik Mehnaz, 2021). The study by Sanjukta surge in online food delivery's popularity in India, driven by lifestyle changes and mobile technology. The study identified factors affecting consumer adoption of cloud kitchens, emphasizing the significance of facilitating conditions, social influence, online coupons, and food variety(Sanjukta Pookulangara, 2023).

The study (Han-Shen Chen, 2020) and (Nikhil Chhabra, 2021)analyzed consumer perceptions of online food ordering services in India, aiming to understand the factors attracting consumers to these services. Also cloud kitchen-based studies are conducted in other countries like Hakim explored consumerawareness of cloudkitchen in Brazil (Hakim, 2022). Dsouza (2022) identified factors influencing customers' intentions to use mobile apps for ordering food, revealing the positive effect of six major factors(Dsouza Prima Frederick, 2022). Sharma (2023) examined the structural relationship between various factors influencing behavioral intention toward online food delivery services (Sharma, 2023). Nurul (2023) investigated the influence of consumer behavioral intention toward online food delivery services, providing insights into key factors affecting consumers' intentions(Nurul Syahirah Idris, 2023).

RESEARCH METHODOLOGY

This study aims to investigate the necessity of cloud kitchens and explore customer preferences between traditional dine-in establishments and cloud kitchens. The objectives include assessing the purchasing behavior from cloud kitchens, understanding customer preferences, identifying factors influencing buying decisions, and examining challenges faced by customers when ordering from cloud kitchens. The scope of the study focuses on examining the awareness level of cloud kitchens among customersand exploring their preference for cloud kitchens. The research design is descriptive, employing both primary and secondary data sources. Primary data is collected through a questionnaire method from customers in Ahmedabad, while secondary data from reports and journals available on the internet supplements the study. The sampling plan targets all customers in Ahmedabad, with the sampling units being customers aware of cloud kitchens. The study includes a sample size of 152 customers, selected through non-probability convenience sampling. The research instrument is a questionnaire, and data analysis employs SPSS software.

Analysis & Interpretation

The chi-square test was conducted to analyze the association between age groups and the purchase from cloud kitchens. The crosstabulation (Table 1) presents a breakdown of respondents based on their ageand whether they have purchased from cloud kitchens. The data reveals that the majority of respondents in the 26-35 age group have purchased from cloud kitchens, with 48 respondents affirming their purchases compared to 9 who have not. This is followed by the 18-25 age group, with 39 respondents indicating they have purchased from cloud kitchens.

The chi-square test statistic is calculated as 8.634 with 3 degrees of freedom, resulting in an asymptotic significance value of 0.035 (Table 2). The null hypothesis (H0) posits that there is no association between age and purchasing habits from cloud kitchens, while the alternative hypothesis (H1) suggests a significant association. The critical p-value for rejecting the null hypothesis is conventionally set at 0.05.

Given that the calculated p-value (0.035) is less than 0.05, the null hypothesis is rejected. This indicates a statistically significant association between age groups and the likelihood of purchasing from cloud kitchens. Therefore, it can be concluded that age influences purchase intentions from cloud kitchens. The 26-35 age group showed the highest propensity to buy from cloud kitchens, primarily comprising of Millennials who are likely to be the part of working population. The rejection of the null hypothesis suggests that there is a notable association between age and the decision to purchase from cloud kitchens, emphasizing the importance of considering age demographics whileanalyzing consumer behaviortowards cloud kitchens. Also, the chi-square test was conducted to assess the





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relationship between marital status and the frequency of ordering from cloud kitchens within a month. The crosstabulation (Table 3) presents a breakdown of respondents based on their marital status (Single or Married) and ordering frequency.

The data shows that among single individuals, 34 respondents rarely ordered from cloud kitchens, 24 occasionally ordered, and 6 frequently ordered. For married individuals, 20 respondents rarely ordered, 26 occasionally ordered, and 3 frequently ordered. The chi-square test statistic is calculated as 3.403 with 3 degrees of freedom, resulting in an asymptotic significance value of 0.334 (Table 4). The null hypothesis (H0) posits that there is no relationship between marital status and the frequency of ordering from cloud kitchens, while the alternative hypothesis (H1) suggests a significant relationship. The critical p-value for rejecting the null hypothesis is conventionally set at 0.05. However, in this case, the calculated p-value (0.334) is greater than 0.05, leading to the acceptance of the null hypothesis.

Therefore, the results indicate that there is no statistically significant association between marital status and the frequency of ordering from cloud kitchens within a month. In other words, marital status does not appear to influence how frequently individuals order from cloud kitchens. This suggests that factors other than marital status may play a more prominent role in determining the ordering habits of individuals from cloud kitchens

The factor analysis conducted on the dataset aimed to explore underlying patterns and relationships within the variables related to consumer preferences and buying behavior towards cloud kitchens. The reliability test indicated that the overall data is highly reliable, with a Cronbach's Alpha value of 0.889, surpassing the recommended threshold of 0.7.The KMO and Bartlett's Test provided further insights into the suitability of the data for factor analysis. With a KMO value of 0.878, which is considered excellent (above 0.8), and a significant Bartlett's Test (p < 0.05), it was determined that the dataset is well-suited for factor analysis. The Total Variance Explained (Table 5) displayed those four components had eigenvalues greater than 1, covering a cumulative variance of 67%. This surpasses the standard recommendation of 60%, indicating that the extracted factors explain a substantial portion of the total data variance.

The Rotated Component Matrix (Table 6) revealed the statements associated with each of the four extracted factors. The factors were labelled as follows: 1) Digital Culinary Experience 2) Influential Cloud Kitchen Acumen 3) Cloud Kitchens Ordering Ease and 4) Socialized Culinary Advocacy. The Nomenclature Table (Table 7) provided a clear overview of how statements were grouped under each factor. Furthermore, the Reliability Test of All the Factors (Table 8) assessed the internal consistency of each factor. All four factors demonstrated high reliability, with Cronbach's Alpha values exceeding 0.7, reinforcing the robustness of the extracted factors. In summary, the factor analysis successfully identified and labelled four key factors that collectively explain a significant proportion of the variance in the data. These factors represent distinct dimensions of customer preference and buying behavior related to cloud kitchens, providing valuable insights for understanding the multifaceted nature of customer preference towards this emerging culinary concept of cloud kitchen.

FINDINGS

The study aimed to achieve two primary objectives: understanding the customers buying behavior from cloud kitchens and gauging their preferences toward this emerging food service model. Regarding the first objective, it was found that 76% of the respondents had purchased from cloud kitchens, with the remaining 24% citing reliability issues, often related to quality or trust concerns, as the primary reason for not doing so. This finding reflects higher level of awareness about cloud kitchens. Moreover, a significant portion, 54%, ordered from cloud kitchens 1-2 times a month indicating higher preference of ordering from cloud kitchen. Price and affordability emerged as the most influential factor during the purchasing decision, followed by the quality of food and online presence. Respondents were least influenced by the speed of delivery. Social media platforms and word of mouth were the predominant channels through which respondents became aware of cloud kitchens. The most significant challenges reported included the limited availability of cloud kitchens in the market and insufficient customer assistance.





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In pursuit of the second objective, the study delved into customer preference towards cloud kitchens. Factors such as digital culinary experience, socialized culinary advocacy, ordering ease offered by cloud kitchens played a crucial role in justifying the shifting preference towards cloud kitchens. Enhanced awareness and improved customer service were identified as critical areas requiring attention. Notably, 14% of respondents did not view cloud kitchens as the future, while 58% expressed a willingness to continue using them. A significant portion, 50%, would recommend cloud kitchens to others. Gender-wise, more males believed in the future of cloud kitchens than females. The age group of 26–35 years emerged as the one making frequent purchases among all age groups, highlighting potential target demographics forformulating cloud kitchen related marketing strategies. Overall, the study provides valuable insights into both the consumer behavior and preference surrounding cloud kitchens.

CONCLUSION

The Indian Cloud Kitchen Market has experienced significant expansion and is projected to grow at a rate of 24% by 2026 (ETRetail, 2023). The study reveals a growing awareness of cloud kitchens, indicating the need for increased visibility through social media platforms. Benefits associated with cloud kitchens such as faster delivery, sustainability, and a viable alternative to traditional dining are the major reasons contributing towards its wider acceptability. The food market is poised for growth in the coming years due to rising disposable income, changing lifestyles, and a busy work culture. In this scenario, it is worth noting that despite being a relatively new concept, customers willingness to continue using cloud kitchens in their daily lives, highlights a positive and progressive outlook for the industry in the coming years.

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| Table 1 Crosstab of Age & Purchase from Cloud Kitchens | | | | | |
|--|------------|-------------|---------------------------------------|-----|--|
| | | Have you pu | Have you purchased from Cloud Kitchen | | |
| | | Yes No Tota | | | |
| Age | 18-25 | 39 | 10 | 49 | |
| | 26-35 | 48 | 9 | 57 | |
| | 36-45 | 22 | 10 | 32 | |
| | 46 & above | 7 | 7 | 14 | |
| Total | | 116 | 36 | 152 | |

| Table 2 Chi-Square Tests | | | | | | |
|--------------------------------|--------|---|------|--|--|--|
| Value Df Asymp. Sig. (2-sided) | | | | | | |
| Pearson Chi- Square | 8.634ª | 3 | .035 | | | |

| Table 3 Cr | Table 3 Crosstab of Marital Status & Ordering Frequency from Cloud Kitchens | | | | | | | | |
|------------|---|--|---|----|-------|-----|--|--|--|
| | | How Frequently do you Order from Cloud Kitchen within a Month? | | | | | | | |
| | | Only Heard of Cloud Kitchens but never Ordered | Rarely (1-2 times)Occasionally (3-5 times)Frequently (6 or more times) | | Total | | | | |
| Marital | Single | 1 | 34 | 24 | 6 | 65 | | | |
| Status | Married | 2 | 20 | 26 | 3 | 51 | | | |
| Total | | 3 | 54 | 50 | 9 | 116 | | | |

| Table 4Chi-Square Test | | | | | | |
|------------------------|------|--------|----|-----------------------|--|--|
| | | Value | Df | Asymp. Sig. (2-sided) | | |
| Pearson Square | Chi- | 3.403a | 3 | .334 | | |

| Table 5 | Table 5Total Variance Explained | | | | | | | | |
|------------|---------------------------------|------------------|------------------|--|------------------|------------------|--------------------------------------|----------------------|------------------|
| Com | Initial Eigenvalues | | | Extraction Sums of Squared Loadings | | | Rotation Sums of Squared Loadings | | |
| pone nt | Total | % of Variance | Cumulativ e % | Total Variance | % of Variance | Cumulativ e % | Total | % of Varian ce | Cumulativ e % |
| 1 | 6.783 | 42.396 | 42.396 | 6.783 | 42.396 | 42.396 | 3.588 | 22.424 | 22.424 |
| 2 | 1.719 | 10.745 | 53.141 | 1.719 | 10.745 | 53.141 | 2.656 | 16.600 | 39.024 |
| 3 | 1.125 | 7.032 | 60.173 | 1.125 | 7.032 | 60.173 | 2.348 | 14.677 | 53.701 |
| 4 | 1.014 | 6.338 | 66.511 | 1.014 | 6.338 | 66.511 | 2.050 | 12.810 | 66.511 |
| 5 | .811 | 5.066 | 71.577 | | | | | | |
| 6 | .719 | 4.496 | 76.073 | | | | | | |
| 7 | .621 | 3.881 | 79.953 | | | | | | |
| 8 | .559 | 3.491 | 83.444 | | | | | | |
| 9 | .506 | 3.162 | 86.606 | | | | | | |
| 10 | .395 | 2.468 | 89.074 | | | | | | |
| 11 | .389 | 2.429 | 91.503 | | | | | | |





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| 12 | .381 | 2.379 | 93.881 | | | |
|----|------|-------|---------|--|--|--|
| 13 | .293 | 1.830 | 95.711 | | | |
| 14 | .273 | 1.705 | 97.416 | | | |
| 15 | .227 | 1.416 | 98.832 | | | |
| 16 | .187 | 1.168 | 100.000 | | | |

| Table 6 Rotated Component Matrix | | | | |
|--|--------|-------|-------|-------|
| | Compon | ient | | |
| Statements | 1 | 2 | 3 | 4 |
| Cloud Kitchen perform better than Traditional | | | | |
| Restaurants | 0.788 | | | |
| The shift to cloud kitchens is beneficial for the society | 0.74 | | | |
| Cloud Kitchen Concept attracts me | 0.697 | | | |
| Cloud Kitchens offer better value for money compared to | | | | |
| traditional restaurants. | 0.678 | | | |
| I trust the quality of food from Cloud Kitchens. | 0.673 | | | |
| Cloud Kitchens offer a convenient way to order food. | 0.607 | | | |
| I have positive feeling when ordering and buying from | | | | |
| cloud kitchens | 0.529 | | | |
| I am interested in knowing more about Cloud Kitchens | | 0.749 | | |
| Social media platforms and online advertisements have | | | | |
| influenced my awareness and perception of Cloud | | | | |
| Kitchens. | | 0.697 | | |
| Online reviews and personal recommendations are | | | | |
| significant factors in my perception of Cloud Kitchens. | | 0.671 | | |
| I am more likely to order from Cloud Kitchens when they | | | | |
| provide attractive deals and discounts. | | 0.648 | | |
| I frequently use food delivery apps to order from Cloud | | | | |
| Kitchens. | | | 0.803 | |
| I frequently order from Cloud Kitchens. | | | 0.71 | |
| Price is a significant factor in my decision to order from | | | | |
| Cloud Kitchens. | | | 0.696 | |
| My friends often share their Ordering experience from | | | | |
| Cloud Kitchens | | | | 0.85 |
| My friends often recommend to order from Cloud | | | | |
| Kitchens | | | | 0.819 |
| Extraction Method: Principal Component Analysis. | | | | |
| Rotation Method: Varimax with Kaiser Normalization. | | | | |

| | Table 7 New Nomenclature | | | | | |
|------------|--|---|--|--|--|--|
| No. | No. Factorial Group Statements | | | | | |
| | Cloud Kitchen perform better than Traditional Restaurants | | | | | |
| | | The shift to cloud kitchens is beneficial for the society | | | | |
| 1 | Digital Culinary Experience | Cloud Kitchen Concept attracts me | | | | |
| Experience | Cloud Kitchens offer better value for money compared to traditional restaurants. | | | | | |





| | 1 | Arnaz Kaizad Wadia and Nupur Rawal | | | | | | | | |
|---|---------------------------------------|---|--|--|--|--|--|--|--|--|
| | | I trust the quality of food from Cloud Kitchens. | | | | | | | | |
| | | Cloud Kitchens offer a convenient way to order food. | | | | | | | | |
| | | I have positive feeling when ordering and buying from cloud kitchens | | | | | | | | |
| | | I am interested in knowing more about Cloud Kitchens | | | | | | | | |
| | 2 Influential Cloud Kitchen Acumen | Social media platforms and online advertisements have influenced my awareness and perception of Cloud Kitchens. | | | | | | | | |
| 2 | | Online reviews and personal recommendations are significant factors in my perception of Cloud Kitchens. | | | | | | | | |
| | | | | | | | | | | |
| | | I frequently use food delivery apps to order from Cloud Kitchens. | | | | | | | | |
| 3 | Cloud Kitchens Ordering | I frequently order from Cloud Kitchens. | | | | | | | | |
| 0 | Ease | Price is a significant factor in my decision to order from Cloud Kitchens. | | | | | | | | |
| 4 | Socialized Culinary | My friends often share their Ordering experience from Cloud Kitchens | | | | | | | | |
| | Advocacy | My friends often recommend to order from Cloud Kitchens | | | | | | | | |

| | Table 8 Reliability Test of Extracted Factors | | | | | |
|-----|---|------------------|--|--|--|--|
| No. | Factorial Group | Cronbach's Alpha | | | | |
| 1 | Digital Culinary Experience | 0.867 | | | | |
| 2 | Influential Cloud Kitchen Acumen | 0.805 | | | | |
| 3 | Cloud Kitchens Ordering Ease | 0.765 | | | | |
| 4 | Socialized Culinary Advocacy | 0.859 | | | | |





REVIEW ARTICLE

A Review on Drug-Drug Interaction and Pharmacokinetic Studies of Metformin and Furosemide with Other Drugs.

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ABSTRACT

Drug-drug Interactions is a significant therapeutic concern, especially when administering many medications to patients with conditions like diabetes, hypertension and other cardiovascular diseases. In case of diabetes, metformin is more commonly prescribed drug, it is a derivative of biguanide used to treat type-2 diabetes. Similarly, in case of hypertension, furosemide is more commonly prescribed drug, it is a loop diuretic used in the treatment of edema state associated with chronic failure, hypertension, heart failure and liver cirrhosis. Hence, our aim is to know the DDI of metformin alone or with other drugs like, Chiglitazar, Pioglitazone, Ranolazine and telmisartan etc and DDI of furosemide alone or with other drugs like, Tolvaptan, spironolactone etc. In this review article, we were discussed the DDI that was performed by using a high-pressure liquid chromatography with different detectors and different species were used to study the drug-drug interaction of metformin with other drugs and furosemide with other drugs and different study design were applied to know the pharmacokinetic of the drugs

Keywords: Metformin, Furosemide, different chromatographic condition and species, drug-drug interaction and Pharmacokinetic studies.

INTRODUCTION

The evaluation of possible drug-drug interactions (DDIs) has grown in significance due to people's frequent concurrent usage of many medicines. Many people have employed physiologically based pharmacokinetic modelling techniques to quantitatively estimate drug-drug interactions (DDIs) between therapeutic medicines that are delivered





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together[1].Pharmaceutical, toxicological, doping and clinical chemistry research all depend on the identification and measurement of substances in biological fluids. The concentration of medications in biological fluids and tissues is correlated with therapeutic efficacy[2]. In this article we are going to study about drug-drug interaction and pharmacokinetic studies on Metformin and Furosemide with other drugs. Type-2 diabetes mellitus is a chronic disease characterized by decrease in the pancreas' ability to release insulin, a resistance to insulin in peripheral tissues, or both[19]. A diabetic patient can maintain stable blood glucose level with the aid of antidiabetic medications, a nutritious diet, and regular exercise[17,21]. The first oral hypoglycaemic medication, metformin (MET) is a biguanide derivative, lowers plasma glucose levels by improving insulin sensitivity and reducing hepatic glucose release[3,26]. Metformin reduces insulin resistance and hepatic glucose production while increasing peripheral glucose absorbance and insulin sensitivity[4]. Additionally, it had a therapeutic impact on obesity metabolic disease by lowering free fatty acids (FFA). Sometimes, women with PCOS (polycystic ovary syndrome) depend on this medication for regular menstrual cycles and ovulation[5]. Metformin is also used to manage the cardiac hypertrophy, cardiac fibrosis, regulation of lipid[18], cancer and aging[24].

Diuresis-promoting medications are frequently used to treat edematous disorders, where an increase in urine flow reduces symptoms[6,23]. Several medical conditions are also treated by using diuretics which includes hypertension, liver cirrhosis, cardiac and renal failure[15,22,25]. Diuretics are drugs that cause the body's sodium that is bonded to anions and water to be excreted more in urine, which lowers the concentration of sodium in extracellular liquids. Effective diuretic like, Furosemide (FU) is commonly used to treat edema, fluid accumulation in body cavities[16], liver cirrhosis[29], hypertension, chronic renal failure, and congestive heart failure[20,23]. Due to FUR's primary action in the nephron, where it prevents sodium from being tubularly reabsorbed on Henle's loop, the medication is frequently categorized as a loop diuretic. FUfunctions by preventing the co-transport of potassium, sodium, and chloride and also excretes bicarbonate, calcium, and magnesium ions[31]. By lowering the levels of other doping drugs in urine, intense and quick dieresis may also cover up the use of other substances[6].

Mechanism of action of Metformin

Metformin improves insulin sensitivity by minimizing peripheral glucose uptake and utilization, gluconeogenesis and intestinal glucose absorption[27,32]. Orally administered Metformin enter into the hepatocytes via the portal vein, where it is taken up by OCT1 plasma membrane transporters. Metformin inhibits the action of mitochondrial respiratory chain complex-1 in the cell, which raises AMP and decreases ATP levels[33]. Raised AMP levels trigger the activity of Adenosine Monophosphate-Activated Protein Kinase (AMPK), which inhibits the production of glucose through at least two mechanisms: The first is that elevated AMPK phosphorylates the transcription factors CBP and CRTC2, which inhibits the genes that produce glucose (also known as "gluconeogenic genes"); Secondly, elevated AMPK also inhibit the function of mGPD by increasing cytosolic NADH and promoting the conversion of pyruvate to lactate, while simultaneously reducing gluconeogenesis who also have other diseases that result in metabolic acidosis may accumulate lactate to harmful levels (lactic acidosis) or Patients who use metformin and have other health conditions that cause metabolic acidosis may accumulate lactate to fatal amounts[7].

Mechanism of action of Furosemide:

Furosemide is a loop diuretic having the ability to block the Na+, K+ and 2Cl- symporters in the loop of Henle's thick ascending limb[28,30,34]. Consequently, raises the excretion of Ca2+, Mg2+, Na+, K+ and Cl- in the urine[8].Like other loop diuretics, Furosemide lowers the excretion of uric acid. It immediately dilates the blood arteries that helpful for treating acute pulmonary edema[35]. Vasodilation reduces the creation of endogenous natriuretic hormonesthat have the ability to constrict blood vessels and reduces the body's susceptibility to vasoconstrictors like noradrenalin and angiotensin II[7]. Few analytical techniques have been documented to date for the determination of metformin in biological fluids, either by itself or in combination with other antidiabetic medications, according to a review of the literature[3] Nowadays people with diabetes also suffer from additional chronic conditions like nephropathy and hypertension and other heart related disease[40,41]. When metformin with other drugs is used together, there may be drug-drug interaction takes place. An improper dose modification might result in lactic acidosis, which can be fatal[9,36]. Normally, this has little or no effect on the buildup of lactate at therapeutic doses of metformin. Lactate





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absorption by the liver is decreased and lactic acidosis results if metformin accumulates as a result of either poor elimination or excessive ingestion[38]. Metformin-associated lactic acidosis (MALA) is caused by an imbalance between the amount of lactate produced and the decreased amount of lactate eliminated[37,39]. Metformin is removed by renal tubular secretion, several drugs that are cationic agents may compete with it for elimination. If taken concurrently, several of them—such as digoxin, quinidine, ranitidine, furosemide or nifedipine-may raise the level of metformin. Therefore, it's critical to keep on the lookout for any potential toxicity in individuals taking metformin in combination with these drugs[10].

METHODOLOGY

Drug-drug interaction of Metformin with other drugs:

Show the Table 1: Pharmacokinetic analysis of metformin alone and in combination with other compounds using high-performance liquid chromatography (HPLC) with different species.

Drug-drug interaction of furosemide with other drugs:

Show the Table 2: Pharmacokinetic analysis of furosemide alone and in combination with other compounds using HPLC in various species to determine drug-drug interactions.

Outcomes of the Studies

Pharmacokinetic parameters of Metformin-Chiglitazar

Show the Table 3: Pharmacokinetic parameters of Metformin, Chiglitazar alone and in combination[11].

A study on the drug-drug interaction between Chiglitazar and Metformin was carried out by Ling Yi and Hua Zhang. They found that pharmacokinetic characteristics like t_{max} and $t_{1/2}$ do not vary appreciably when the two medications are taken concurrently. Metformin raises the CL/F of Chiglitazar while lowering the C_{max} , AUC_{0-48h}, and AUC_{0-∞}. Chiglitazar increases the AUC_{0-48h}, AUC_{0-∞}, and C_{max} of metformin while decreasing the $t_{1/2}$ and CL/F[11].

Pharmacokinetic parameters of Metformin-Pioglitazone:

Show the Table 4: Pharmacokinetic parameters of Metformin, Pioglitazone alone and in combination[3].

In the study of drug-drug interaction between pioglitazone and metformin, Mohamed Saleh Elgawish and Sally Nasser observed that when metformin and pioglitazone were administered together, PGT (50 mg/kg) reduced the pharmacokinetic parameter such as C_{max} , t_{max} , AUC_{0-t} , $AUC_{0-\infty}$ and Kel of metformin but increased Vd/F and CL/F of metformin in contrast to MET alone. Metformin (50 mg/kg) also reduces AUC_{0-t} , $AUC_{0-\infty}$, Kel and C_{max} , but it raises PGT's t_{max} , $t_{1/2}$, Vd/F and Cl/F when given with PGT[3].

Pharmacokinetic parameters of Metformin- Ranolazine

Show the Table 5: Pharmacokinetic parameters of Metformin (1000mg BID), Ranolazine (500mg BID) alone and in combination[12]. The drug-drug interaction between metformin and ranolazine was studied by Julia Zack and Jolene Berg. When metformin (1000mg BID) was co-administered with ranolazine (500mg BID), ranolazine increased the pharmacokinetic parameters such as metformin's C_{max} , AUC_{tau}, $t_{1/2}$, and CL/F, while metformin's t_{max} remained unchanged when compared to metformin alone[12].

Pharmacokinetic parameters of Furosemide-Tolvaptan

Show the Table 6: Pharmacokinetic parameters of Furosemide, Tolvaptan alone and in combination[8].

The drug-drug interaction between tolvaptan and furosemide was investigated by researchers Susan E. Shoaf and Steven L. Bramer. Researchers found that when provided in combination with tolvaptan (30 mg), furosemide (80 mg) had lower pharmacokinetic characteristics such as C_{max} , AUC_t , AUC_{∞} , %fe, u, and CLr, but increased $t_{1/2}$, CL/F but t_{max} remained as unchanged when compared to furosemide alone. While CL/F, CLr, and t_{max} did not alter when comparing Tolvaptan alone, pharmacokinetic variables such as C_{max} , AUC_t , AUC_{∞} , $t_{1/2}$, %fe, u were all higher[8].



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Pharmacokinetic parameters of Furosemide in goat

Show the Table 7: Pharmacokinetic parameter of Furosemide in goat with different routes likes IV, IM and SC routes[13]. #- values is statistically different than that in IV and IM administration (p<0.05) *- Values is statistically different than that in IM administration (p<0.05)

Gul Cetin, Orhan Corum and other researchers used IV, IM and SC injections to study the pharmacokinetics of furosemide in goates. Furosemide given by IV, IM and SC were found to have a no statistically significant variations between the administration route. The AUC_{1-∞} was higher with IV and IM treatment than with SC. After IV, the CI_T and V_{dss} were 0.30L/h/kg and 0.17L/kg respectively. Furosemide was administered by SC and IM, the corresponding C_{max} values were 11.19 and 6.49µg/ml at 0.23 and 0.39hrs respectively. Following IM and SC dosage, the bioavailability was 70.80% and 109.84% respectively. The goat's t_{1/2Az}, V_{dss} and CI_T were 0.71h, 0.17L/kg and 0.30L/h/kg after receiving IV furosemide treatment respectively[13].

Pharmacokinetic parameters of Furosemide in hypertensive parturient women under caesarean section:

Show the Table 8: Furosemide pharmacokinetic parameters in hypertensive parturient women receiving caesarean sections[14]. The maternal-fetal pharmacokinetic of furosemide were investigated by Paluo Vinicius, Fernanda and other researchers in hypertensive parturient women (n=12) undergoing caesarean delivery after a single oral dose of 40mg. The researchers observed that the median and interquartile range of the furosemide pharmacokinetic parameters, the following outcomes were obtained: AUC_{0-12h}-1366ng/ml, AUC_{0-∞}-1580ng/ml, Vd/F-82.8L, CL/F-25.3L/h, CL_R-2.50L/h and CL_{NR}-22.7L/h. Furosemide concentration in 4 samples of amniotic fluid and 8 samples of umbilical cord were measured that shows a furosemide transplacental transfer of 11.0ng/ml and 45.8ng/ml respectively[14].

CONCLUSION

From the table-3 we observed that, Metformin and Chiglitazar showed no clinically significant variations in the pharmacokinetics of the two drugs, even though the combination treatment resulted in a small reduction in CHI exposure. Furthermore, each group of subjects exhibited good tolerance. The impact of PGT on MET's AUC, t_{max}, C_{max}, t_{1/2} and CL/F at a somewhat elevated concentration that is showed in table-4. PGT's role is an OCT inhibitor may have an impact on MET absorption and clearance. Consequently, to regulate plasma glucose, improve medication management, and prevent negative side effects, close patient observation and dose modification of the PGT and MET combination are advised. We noticed from Table-5 that, ranolazine co-administration raises metformin exposure most likely by ranolazine induced reduction of metformin renal excretion. At the lower ranolazine dose of 500mg BID, the dose-dependent increase in metformin exposure caused by ranolazine is not very significant. When metformin 1000mg BID and ranolazine 500mg BID were given together, the T2DM individuals tolerated the drugs well. Furosemide co-administration did not seem to have a clinically meaningful impact on the pharmacokinetics of tolvaptan as indicated in Table-6. When taken in combination with tolvaptan, the pharmacokinetics of furosemide did not seem to be considerably impacted. The aquaretic action of tolvaptan was not considerably impacted by furosemide. Plasma renin activity did not increase when tolvaptan was taken alone. At the prescribed dosage, tolvaptan was safe and well tolerated when used either alone or in conjunction with furosemide.

The delivery method had an impact on furosemide's plasma levels and bioavailability. As shown by the table-7, the duration of furosemide concentration above the minimum effective concentration ($\geq 1\mu g/ml$) for IV<IM and SC injection is similar, despite the observed variances making them appropriate routes for diuresis in goat. One possible way to reduce the risk of furosemide adverse effects related to the quick IV bolus injection is to use the IV route for a gradual injection or continuous infusion. When compared to nonpregnant healthy patients to hypertensive parturient women undergoing caesarean section appear to have a CL/F and non-renal CL_{NR} of furosemide on the basis of table-8. Amniotic fluid concentrations are lower than those in the umbilical vein, and furosemide is transferred through the





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placenta at a rate of about 40%. On a clinical basis, these findings imply that UGT isoenzyme substrates may have greater clearance during pregnancy and may need to have their dosage modified in this population.

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| Table 1: Pharmacokinetic analysis of metformin alone and in combination with other compounds using high- | |
|--|--|
| performance liquid chromatography (HPLC) with different species. | |

| Drug/ | Chromatographic condition | Species | Dru-drug Interaction and | Ref |
|-------------------------------------|---|---|---|------|
| Compounds | | | Pharmacokinetic Study | |
| Metformin - Chiglitazar (CHI) | RP-HPLC system coupling with tandem mass spectrometry having electrospray ionization. Mobile phase containing a mixture of acetonitrile and water containing 0.4% formic acid in a ratio of 95:5. | Both healthy male and female individuals with a BMI ranging from 19- 26kg/m ² who are least 18yrs of age. | self-controlled, three-period crossover, open-label, and randomized. In all, 15 subjects were divided into three groups. Group-I subject received MET 1000mg, CHI 48mg was received by group-II and the combination of MET (1000mg)+CHI(48mg) was received by group-III. Blood samples were withdrawn at 0, 0.5, 1, 2, 4, 6, 8, 12, 24, 36 and 48h, then the samples were centrifuged for 10min at 3500rpm. pharmacokinetic parameters (PKs)were measured by using a mixed- effect model on log- transformed pharmacokinetic profile. | [11] |
| Metformin- Pioglitazone (PGT) | Agilent Eclipse Plus C18 column was maintained at room temperature of 25±2°C. The combination of acetonitrile and 6mM ammonium formate with a pH of 4.5 with 0.1% formic acid made up the mobile phase. 0.5ml/min was the flow rate maintained. Triple- quadruple LC/tandem mass spectrometry was used for the study. | Male Wistar albino rats, 8wk old, weighing 200-220g. | Three groups of three rats each were selected by random selection. Rats in Group-I received MET (50mg/kg, orally(po)); Group-II received PGT (50mg/kg); Group-III received MET (50mg/kg, po) + PGT (50mg/kg, po). After 0.5, 1, 2, 4, 6, 8, 12, and 24h, blood samples were collected and centrifuged for 10mins at 10000rpm. From the experiment's data, Cmax and tmax were determined. Regression analysis was used to estimate the Kel based on the slope and 0.693/Kel was utilized for calculating t1/2. PKSolver was also used to compute the MRT, Vd/F and CL/F. | [3] |





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|-----------|------------|
|-----------|------------|

| | | | | [40] |
|------------|------------------------------|-----------------------|------------------------------------|------|
| Metformin- | LC-MS/MS system, a | | 1 0 , | [12] |
| Ranolazine | Phenomenex Synergi Hydro- | patients, ages | multiple doses, 2-period fixed- | |
| | R column (2x50mm) and the | between 30-65, with a | sequence method. Participants | |
| | mobile phase was composed | history of type 2 | were taken 2-fixed sequence | |
| | of acetonitrile and water | | treatment fasting 5days each: | |
| | with 0.1% formic acid with a | 25–40 kg/m². | from days 1-5, metformin | |
| | pH of 3. | | 1000mg BID (twice daily) and | |
| | | | from days 6-10, metformin | |
| | | | (1000mg, BID) and ranolazine | |
| | | | (500mg, BID). Day 10, a single | |
| | | | morning dose of 500 mg of | |
| | | | ranolazine was given. | |
| | | | Samples were taken in the | |
| | | | morning at 0.5, 1, 2, 4, 6, 8, 10, | |
| | | | and 12h after the study | |
| | | | medication was administered. | |
| | | | Phoenix WinNonlin v6.2.1 was | |
| | | | used to calculate the PKs | |
| | | | parameter. | |

| Table 2: Pharmacokinetic analysis of furosemide alone and in combination with other compounds using HPLC in | n |
|---|---|
| various species to determine drug-drug interactions. | |

| Drug/ | Chromatographic condition | Species | Drug-drug interaction and | Ref. |
|-------------|---------------------------|----------------------|---|------|
| Compound | | | Pharmacokinetic studies | |
| Furosemide- | RP-HPLC system with UV- | 12 white men, age | Three-period cross-over, | [8] |
| Tolvaptan | detector was used. | from 18-29yr and | single-centre randomized | |
| | | with body weights of | open-label parallel arm | |
| | | ranging 69-101kg, | design. Six participants | |
| | | within 15% of the | allocated to each of the two | |
| | | optimal body wt, | treatment groups. 30mg of | |
| | | were enrolled. | tolvaptan, 80mg of furosemide | |
| | | | and tolvaptan 30mg + | |
| | | | furosemide 80mg were given | |
| | | | to the subject Arm-1. 30mg of | |
| | | | tolvaptan, 100mg of HCTZ | |
| | | | and 30mg of tolvaptan + | |
| | | | 100mg of HCTZ were given to | |
| | | | the subjects in Arm-2. There | |
| | | | was a 48h washout period | |
| | | | between doses. Blood samples | |
| | | | were collected at 0, 0.5, 1, 2, 3, | |
| | | | 4, 6, 8, 12, 16 and 24hrs. 5ml of | |
| | | | blood were drawn in order to | |
| | | | measure the tolvaptan and | |
| | | | furosemide levels. Samples | |
| | | | were centrifuged for 10min at | |
| | | | 2500rpm. Both C_{max} and t_{max} | |
| | | | were calculated from the data | |
| | | | on plasma concentration-time | |





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| | 1 | | | |
|------------|--|---|--|------|
| | | | curve. WinNonlin Professional | |
| | | | software was used for PKs | |
| | | | | |
| Furosemide | HPLC-UV system with C18 column (250x4.6mm; 5µm, Phenomenex®). The temperature of the auto- sampler and column were kept at 24°C and 40°C respectively. Methanol (35%) and 0.01M sodium acetate (pH of 5.65%) were act as a mobile phase with a flow rate of 1ml/min. | Six female goats, 45 ± 5 kg in body weight and 2.4 ± 0.4 year old. | calculations. Three periods, crossover design, separated by a 15-day washout interval. The dosage of furosemide was 2.5mg/kg. Furosemide injections in single IV, IM and SC were administered to each goat, followed by a 15-days washout period. First, two goats received furosemide IV, two went IM, and two went SC. Blood samples were drawn from each goat's right jugular vein at 0, 5, 10, 15, 20, 25, 30 and 45min as well as 1, 1.5, 2, 3, 4, 5 and 6h after the medicine was administered and centrifuging for 10min at 4000rpm. A non- compartmental technique was used to examine the | [13] |
| Furosemide | RP-HPLC system with fluorescence detector that carried out at 405 nm(emission) and 345 nm(excitation). C18 column (125 x 4mm, 5µm). The 80:20 mixture acetonitrile and 0.25M acetate buffer (pH 4.0) were used as the mobile phase. | 12hypertensivesparturientwomenundergoingcesareansectionswereinvolvedwithgestationalagesrangingfrom40.4 wk.36.0- | tised to examine the furosemide concentrations in plasma using the WinNonlin 6.1.0.173 software application. Hypertensive parturient women who were on methyldopa (250mg/8hrs) and/or pindolol (10mg/12hrs) for the purpose of performing a cesarean section and obtaining biological samples. An IV catheter was used to draw 5ml of blood at 0, 0.5, 1, 2, 4, 6, 8 and 12 hrs following the administration of furosemide (40mg) through oral route prior to delivery. At birth, blood samples from the mother and the umbilical cord were also taken in order to evaluate the transplacental transfer. After centrifuging blood samples at 2000rpm for 15min. Up to 12h after the medicine was administered, | [14] |





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| the entire volume of urine was |
|---------------------------------|
| collected at around 3h |
| intervals. A sample of |
| amniotic fluid was taken |
| during the caesarean section. |
| Phoenix WinNonlin, version |
| 6.3, was used to assess the PKs |
| profile of furosemide. |

Table 3: Pharmacokinetic parameters of Metformin, Chiglitazar alone and in combination[11].

| Drugs/ | Cmax | t _{max} | t1/2 | AUC _{0-t} | AUC _{0-∞} | CL/F |
|-------------------|---------|------------------|-------|--------------------|--------------------|-------|
| Compounds | (ng/ml) | (h) | (h) | (ng*h/ml) | (ng*h/ml) | (L/h) |
| Metformin alone | 1790 | 3.0 | 8.09 | 12570 | 12710 | 80.42 |
| Chiglitazar alone | 1620 | 4.0 | 10.75 | 12540 | 12910 | 3.88 |
| Metformin + | 1820 | 3.0 | 7.89 | 13190 | 13350 | 76.99 |
| Chiglitazar | 1420 | 4.0 | 10.12 | 12130 | 12470 | 4.02 |

Table 4: Pharmacokinetic parameters of Metformin, Pioglitazone alone and in combination[3].

| Drugs/ | Cmax | t _{max} | AUC _{0-t} | AUC _{0-∞} | t1/2 | Kel | Vd/F | CL/F |
|--------------|---------------|------------------|--------------------|--------------------|---------|--------|--------|---------------|
| Compounds | (ng/ml) | (h) | (ng*h/ml) | (ng*h/ml) | (h) | (1/h) | (L) | (L/h) |
| Metformin | 2310 ± | 2.00 ± | $10,830 \pm 976$ | $10,885 \pm 876$ | 2.84 ± | 0.24 ± | 1.7 ± | 0.93 ± |
| alone | 367 | 0.43 | | | 1.2 | 0.134 | 0.36 | 0.26 |
| Pioglitazone | 1920 ± | 1.00 ± | 18,214 ± | 22,967 ± | 10.81 ± | 0.06 ± | 5.5 ± | 0.5 ± 0.2 |
| Alone | 598 | 0.3 | 2189 | 1762 | 2.3 | 0.02 | 0.41 | |
| Metformin | 167 ± | 0.50 ± | 507 ± 158 | 563 ± 217 | 13.14 ± | 0.05 ± | 55.3 ± | 20.5 ± |
| + | 88.2 | 0.15 | | | 2.1 | 0.01 | 0.88 | 0.91 |
| Pioglitazone | 64 ± 12.3 | 2.00 ± | 207 ± 98 | 252 ± 101 | 16.68 ± | 0.04 ± | 70.5 ± | 56.5 ± |
| | | 0.75 | | | 1.4 | 0.01 | 0.82 | 0.01 |

| Table 5: Pharmacokinetic parameters | s of Metformin | (1000mg BID), | Ranolazine | (500mg l | BID) alone | and in |
|-------------------------------------|----------------|---------------|------------|----------|------------|--------|
| combination[12]. | | | | | | |

| Drugs/ | Cmax | AUCtau | t _{max} | t1/2 | CL/F, |
|--------------|-----------|-----------|-------------------|-----------|-----------|
| Compounds | Mean (SD) | Mean (SD) | Median (min, max) | Mean (SD) | Mean (SD) |
| Metformin | 2497 | 12933 | 1.5 | 4.0 | 83.2 |
| 1000mg BID | | | | | |
| Ranolazine | 1180 | 8722 | 3.0 | 3.6 | - |
| 500mg BID | | | | | |
| Metformin | | | | | |
| 1000mg BID + | | | | | |
| Ranolazine | 3059 | 17920 | 1.5 | 4.4 | 60.8 |
| 500mg BID | | | | | |

Table 6: Pharmacokinetic parameters of Furosemide, Tolvaptan alone and in combination[8].

| Drug/ Compound | C _{max} (ng/ml) | t _{max} (h) | AUCt (µg*h/ml) | t1/2,z (h) | AUC∞ (μg*h/ml) | CL/F (ml/min/kg) | %fe,u | CLr (ml/min/ |
|-------------------|-----------------------------|-------------------------|-------------------|------------|-------------------|---------------------|--------|-----------------|
| - | 0 | | 10 | | 10 | 0 | | kg) |
| Furosemide | 2.90 | 1.5 | 7.06 | 2.6 (1.3) | 7.18 (1.64) | 2.52 | 43.5 | 1.12 |
| (80mg) | (1.00) | (0.5–3) | (1.62) | | | (0.46) | (10.3) | (0.41) |
| Tolvaptan | 277 | 2 | 1.57 | 5.7 | 1.69 | 4.03 | 0.14 | 0.006 |





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| (30mg) | (22) | (1.5–3) | (0.26) | (3.0) | (0.35) | (0.82) | (0.05) | (0.002) |
|------------|--------|---------|--------|-----------|-------------|--------|--------|---------|
| Furosemide | 2.61 | 1.5 | 6.40 | 3.9 (2.5) | 6.55 (1.55) | 2.76 | 40.2 | 1.09 |
| (80mg) | (1.31) | (1-4) | (1.55) | | | (0.50) | (11.8) | (0.28) |
| + | 327 | 2 | 1.94 | 6.1 (3.1) | 2.08 (0.39) | 3.27 | 0.15 | 0.005 |
| Tolvaptan | (82) | (1-4) | (0.31) | | | (0.75) | (0.05) | (0.002) |
| (30mg) | | | | | | | | |

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Table 7: Pharmacokinetic parameter of Furosemide in goat with different routes likes IV, IM and SC routes[13]. #values is statistically different than that in IV and IM administration (p<0.05) *- Values is statistically different than that in IM administration (p<0.05)

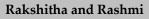
| parameters | SC | IV | IM |
|------------------------------|-------|------|-------|
| Cmax | 6.49* | - | 11.19 |
| tmax | 0.39* | - | 0.23 |
| t _{1/2λz} (h) | 0.70 | 0.71 | 0.69 |
| AUC ₀₋₄ (µg*h/ml) | 5.88# | 8.38 | 9.16 |
| AUC _{0-∞} (µg*h/ml) | 5.99# | 8.46 | 9.29 |
| AUCextrap (%) | 1.81 | 0.93 | 1.37 |
| MRT (h) | 0.45* | - | 0.30 |
| CIT (L/h/kg) | - | 0.30 | - |
| Vdss (L/kg) | - | 0.17 | - |

Table 8: Furosemide pharmacokinetic parameters in hypertensive parturient women receiving caesarean sections[14].

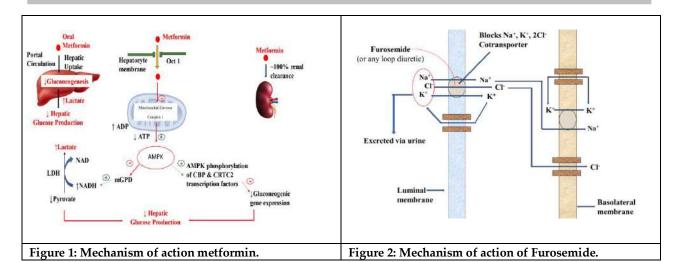
| Parameter | Values |
|---|--------|
| C _{max} (ng/ml) | 403 |
| t _{max} (h) | 2.00 |
| AUC _{0-12h} (ng*h/ml) | 1366 |
| AUC _{0-∞} (ng*h/ml) | 1580 |
| t1/2 (h) | 2.50 |
| Kel (1/h) | 0.27 |
| Vd/F (L) | 82.8 |
| CL/F (L/h) | 25.3 |
| CL _{NR} (L/h) | 22.7 |
| CL _R (L/h) | 2.50 |
| Time between drug administration and delivery (h) | 2.50 |
| Umbilical vein, n=8 (ng/ml) | 45.8 |
| Amniotic fluid, n=4 (ng/ml) | 11.0 |
| Maternal plasma, n=8 (ng/ml) | 140 |
| Umbilical vein/maternal plasma ratio (n=8) | 0.43 |















RESEARCH ARTICLE

Physico – Chemical and Phytochemical Analysis of Siddha Polyherbal Formulation – Megarajanga Kirutham

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ABSTRACT

Standardization is the main part of drug developing process to determine the quality of medicine. The quality of Siddha formulations must be determined before it is used in preclinical and clinical studies. Megarajanga Kirutham (MRK) is the polyherbal Siddha formulation indicated for menorrhagia, dysuria, leucorrhoea, anemia and emaciation. It was processed as per the procedure mentioned in classical Siddha text "Sigicha rathna deepam". To understand the quality and changes that occurred during the preparation, Megarajanga Ghritam was analyzed by using modern techniques. After the analysis, it was found that the pH, acid value, Saponification value and the Iodine value were 6, 1.5, 205 and 101 respectively. Phytochemical screening affirmed the presence of flavonoids, steroids, sugars, triterpenoids, coumarins and phenols in the extract. This preliminary study helped in authenticating and ensuring the quality of Megarajanga Kirutham.

Keywords: Megarajanga Kirutham, standardization, physico chemical, saponification value, iodine value, Siddha.





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INTRODUCTION

The Siddha medical system is an ancient medical science that helps people by treating a variety of chronic illnesses [1]. Herbs, metals, minerals, and other materials have long been used by Siddha medicine to create its medical concoctions [2]. Traditional wisdom believes that herbal treatments are safe, and an increasing number of people are utilizing them worldwide [3]. However, there are still no appropriate standards techniques for determining its effectiveness, consistency, and quality [4]. The importance of qualitative and quantitative methods for sample characterization, biomarker and/or chemical marker detection, and fingerprint profile analysis is emphasized by the World Health Organization (WHO) [5]. Nowadays, individuals also require further scientific validation about the pharmacokinetics, safety, etc., of conventional medications [6]. Drug evaluation is carried out to confirm the substance's identity, confirm its quality and purity, and detect any instances of adulteration [7].

A parameter that represents the purity and quality of a material is called a standard. Standardization refers to the procedure of creating a norm for a certain drug [8]. In the Siddha medical system, Megarajanga Kirutham is a well-known polyherbal formulation that is frequently used for many health conditions, according to the Siddha canonical literature *"Sigicha Rathna Deepam"*. It has the indication for menorrhagia, dysuria, leucorrhoea, anemia and emaciation [9]. Herbal medicines are in increasing demand for primary healthcare worldwide due to their increased safety margins and cost effectiveness [10]. However, as of now, there is lack of analytical standards for Meharajanga Kirutham. Hence, this formulation was evaluated for physico-chemical and phytochemical analysis in order to establish specific quality requirements for the formulation.

MATERIALS AND METHODS

Collection of raw materials

All of the raw drugs needed to prepare the test drug were bought from a reputable raw drug seller, Tambaram and the Medicinal botanist in National Institute of Siddha, Chennai, provided their authentication. After appropriate purification, the trial medication was manufactured in the Gunapadam Lab, National Institute of Siddha, Chennai.

Purification of raw drugs:

All the herbal drugs are purified as per the classical Siddha text Gunapadam Mooligai Vaguppu [11].

Method of preparation

The ingredients of megarajanga Kiruthamwas mentioned in the Table 1. The drug was prepared as per the Siddha classical text "Sigicha rathna deepam⁹". 350grams of aththi pattai (*Ficus racemosa*), Naaval pattai (*Syzygium cumini*), othiyampattai (*Lannea coromandelica*) were crushed and to prepare the kudineer (decoction) 8 liters of water was added and reduced to 1 liter. Then juices of karumbu juice (*Saccharum officinarum*), nellikai juice (*Emblica officinalis*), lemon juice (*Citrus limon*), gingelly oil (*Sesamum indicum*) and cow's ghee were added into the decoction and boiled well. Each 26.25 grams powders of thalisapathiri (*Abies spectabilis*), elam (*Elettaria cardamomum*), kirambu(*Syzygium aromaticum*), jadhikkai (*Myristica fragrans*), chitrarathai (*Alpinia officinarum*), athimathuram (*Glycyrrhiza glabra*) and nilappanai kizhangu (*Curculigo orchioides*) were ground with the milk of three coconuts (*Cocos nucifera*). This *kalkam* was added to the decoction mixture and boiled until the ghee consistency.

Quality evaluation of Megarajanga Kirutham

The formulation was initially analyzed for organoleptic parameters like color, odor, taste, texture, etc. Various physico-chemical parameters which are specific for Kiruthampreparations such as loss on drying, pH value, refractive index, acid value, saponification value, iodine value and rancidity were evaluated [12,13].





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Percentage loss on drying

10gm of test drug (weight equivalent to oil) was accurately weighed in evaporating dish. The sample was dried at 105°C for 5 hours and then weighed.

Percentage loss in drying = Loss of weight of sample/ Wt of the sample X 100

Determination of Total Ash

3 gm of test drug (weight equivalent to oil) was accurately weighed in silica dish and incinerated at the furnace a temperature 400°C until it turns white in color which indicates absence of carbon. Percentage of total ash will be calculated with reference to the weight of air-dried drug.

Total Ash = Weight of Ash/Wt of the Crude drug taken X 100

Determination of pH

Megarajanga Kirutham being oily in nature the direct litmus evaluation method was adopted to check the pH of the sample.

Determination of Iodine value

About 20 gm of oil was transferred into Iodine flask. To which 10 ml of chloroform was added and warmed slightly and cooled for 10 minutes. Followed by this about 25 ml of Wiji's solution was added in the same flask and shaken well. The flask was allowed to stand for 30 minutes and refrigerated for an hour. About 10 ml of KI solution was added to this and titrated against 0.1 N Sodium thiosulphate solutions until the appearance of yellow color. 1 ml of starch indicator was added and again titrated against the sodium thiosulphate solution from the burette. Disappearance of blue color indicates end point. Repeat the above procedure without taking sample and note the corresponding reading for blank titration.

Determination of saponification value

About 2 gm (weight equivalent to oil) of test sample was transferred into the round bottomed flask. To this about 20 ml of 0.5 N alcoholic KOH solutions was added to the round bottomed flask. Repeat the same procedure without taking the sample for blank titration. Reflux both sample and blank round bottomed flasks for 1 hour. After reflux, allow both the round bottomed flasks to cool. Titrate the samples using 0.5 N HCl with phenolphthalein indicator. The disappearance of pink indicates the end point.

Rancidity Test

1 ml of melted fat was mixed with 1ml of conc. HCl and 1 ml of 1% solution of phloroglucinol in diethyl ether and then mixed thoroughly with the fat acid mixture. A pink color indicates that the fat is slightly oxidized while a red color indicates that the fat is definitely oxidized.

Acid Value

2-10gm of Kirutham weighed in a conical flask. Added 50 ml of acid free alcohol-ether mixture (25 +25ml) previously neutralized with the 0.1M potassium hydroxide solution and shaken well. Added One ml of Phenolphthalein solution and titrated against 0.1M Potassium hydroxide solution. End point is the appearance of pale pink color. The experiment repeated twice to get concordant values.

Phytochemical analysis of formulation:

Megarajanga Kirutham (MRK) was extracted with hexane and the extract was subjected to the following analysis [14].

Test for Alkaloid- Mayer's reagent

To the test drug about 2ml of Mayer's reagent was added and was observed for the presence of alkaloids. Appearance of dull white precipitate indicates the presence of alkaloids.





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Test for flavonoid

To 0.1ml of the test sample about 5 ml of dilute ammonia solution were been added followed by addition of few drops of conc. Sulfuric acid. Appearance of yellow color indicates the presence of Flavonoids.

Test for Glycosides -Borntrager's Test

MRK is hydrolyzed with concentrated hydrochloric acid for 2 hours on a water bath, filtered and the hydrolysate is subjected to the following tests. To 2 ml of filtered hydrolysate, 3ml of chloroform is added and shaken, chloroform layer is separated and 10% ammonia solution is added to it. Pink color indicates presence of glycosides.

Test for Triterpenoids

To the test solution 2ml chloroform was added with few drops of concentrated Sulphuric acid (3ml) at the side of the test tube. An interface with a reddish brown coloration is formed if terpenoids constituent is present.

Test for Steroids - Salkowski test

To the test solution 2ml of chloroform was added with few drops of conc. Sulphuric acid (3ml), and shaken well. The upper layer in the test tube was turns into red and sulphuric acid layer showed yellow with green fluorescence. It showed the presence of steroids.

Test for Carbohydrates - Benedict's test

To 0.5 ml of test drug about 0.5 ml of Benedict's reagent is added. The mixture is heated on a boiling water bath for 2 minutes. A characteristic colored precipitate indicates the presence of sugar.

Test for Phenol- Lead acetate test:

The test sample is dissolved in of distilled water and to this 3 ml of 10% lead acetate solution is added. A bulky white precipitate indicates the presence of phenolic compounds.

Test for tannins

About 0.5ml of test sample is boiled in 20ml of distilled water in a test tube and then filtered. The filtration method used here is the normal method, which includes a conical flask and filter paper. The 0.1% FeCl3 is added to the filtered samples and observed for brownish green or a blue black coloration, which shows the presence of tannins

Test for Saponins

The test drugs were shaken with water vigorously for 10 minutes, copious lather formation indicates the presence of saponins.

Test for Proteins (Biuret Test):

Equal volume of 5% solution of sodium hydroxide and 1% copper sulphate were added. Appearance of pink or purple colour indicates the presence of proteins and free amino acids.

Test of Coumarins

1 ml of extract, 1 ml of 10% sodium hydroxide was added. The presence of coumarins is indicated by the formation of yellow color.

Test for Anthocyanin

About 0.2 ml of the extract was weighed in separate test tube, 1ml of 2N Sodium hydroxide was added, and heated for 5 minutes at $100 \pm 2^{\circ}$ C. The appearance of bluish green color indicates the presence of anthocyanin.

Determination of total Phenol content

The total phenol content was determined using Folin–Ciocalteu reagents with analytical grade Gallic acid as the standard. 1 ml of sample was added to deionized water (10 ml) and Folin–Ciocalteu phenol reagents (1ml). After 5





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minutes, 20% sodium carbonate (2 ml) was added to the mixture. After being kept in total darkness for 1 hr, the absorbance was measured at 750 nm using a spectrophotometer. Amounts of total Phenol was calculated using Gallic acid calibration curve. The results were expressed as Gallic acid equivalents (GAE) mg/g of dry plant matter [15].

Total Flavonoid

Total flavonoid content in the drug MRK was determined using aluminum chloride method. In this method, Quercetin was used as standard and flavonoid contents were measured as quercetin equivalent. For this purpose, the calibration curve of quercetin was drawn. 1ml of standard or sample MRK was taken into 10ml volumetric flask, containing 4ml of distilled water. 0.3ml of 5% NaNO₂ added to the flask. After 5min, 0.3ml 10% AlCl3 was added to the mixture. At the 6th minute add 2ml of 1M NaOH was added and volume made up to 10ml with distills water. The absorbance was noted at 510nm using UV-Visible spectrophotometer [16].

RESULTS AND DISCUSSION

The cornerstone of Siddha medicine, which is utilized to treat illnesses and maintain health, is herbal remedies and formulations¹⁷. Many Siddha formulations are produced and marketed by pharmaceutical companies in accordance with regulatory guidelines and classical texts. However, on a cursory glance, significant differences can be observed between the identical formulations produced by various companies. This raises questions about the quality standards [18]. In the present study, Megarajanga Kirutham was standardized using the modern scientific techniques. The organoleptic analysis of MRK revealed that it was yellowish liquid with characteristic odor and greasy in nature mentioned in Table 2.

Physico chemical characteristics such as rancidity, acid value, saponification value, pH, refractive index, and iodine value were assessed and mentioned in Table 3. The MRK pH value of 6 indicates a somewhat acidic environment [19]. It might occur as a result of the acidic ingredients of this formulation like amla juice and lemon juice [20,21]. At 25°C, the test drug's Refractive Index value is 1.48. It provides information about a substance's concentration, purity, and viscosity [22]. The type of fatty acid that is present in the fat determines the saponification value. The saponification value of MRK is 205. The presence of long chain fatty acids in the formulation is indicated by the saponification value [23,24]. Unsaturated free fatty acids are indicated by a high value. Compared to saturated fatty acids, unsaturated fatty acids in the oil, which cause compounds to get rancid, is indicated by the acid value. The acid value of MRK is 1.5. Less acid value indicates the less chance of decomposition [26]. Total ash value of MRK is 0.788. The amount of ash in a crude drug also indicates the level of purity in crude and the produced drug, as well as the care used in drug preservation [27]. The obtained values of the test drug were found in normal limits which indicate the good quality of product. Rancidity also not found in this formulation.

Phytochemical constituent of the herbal drug is responsible for the therapeutic effect of the formulation. So, evaluation of phytochemical constituents in this test drug is the needed one. Pytochemical screening of MRK showed in Table 4. This study revealed the presence of flavonoids, steroids, sugars, triterpenoids, coumarins and phenols. These compounds are responsible for the pharmacological activity of this formulation. Triterpenoids derived from the licorice possess the anti bacterial and anti fungal properties [28]. Antibacterial and antioxidant activity present in *Ficus racemosa* and *Syzygium cumini* responsible in the treatment of leucorrhoea [29,30]. The Phenolic and flavonoid compounds are regarded as the most significant types of phytochemicals because of their various biological characteristics. The total phenol and flavonoid contents of MRK is 0.934 ± 0.04 gae mg/gm and 2.82 ± 0.42 quercetin mg/gm. Recently phenolics have been considered powerful antioxidants in vitro and proved to be more potent than vitamin C and E [31].





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CONCLUSION

The outcomes of standardization techniques including phytochemical, microbiological, chromatographic, and heavy metal analyses can be utilized as reference standards for other pharmaceutical procedures. It could also be a useful source of data for further studies to determine the formulation and evaluate its purity and quality. Further preclinical and clinical research will be required in the future to investigate additional parameters pertaining to the therapeutic effect of Megarajanga Kirutham.

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CONFLICT OF INTEREST

Declared none

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| S. No | Tamil name | mil name Botanical name | |
|-------|----------------|----------------------------------|---|
| 1. | Aththi pattai | Ficus racemosa Linn | 1/4 Veesai (350 grams) |
| 2. | Naaval pattai | Syzygium cumini Linn | 1/4 Veesai (350 grams) |
| 3. | Othiyampattai | Lannea coromandelica (Houtt)Merr | 1/4 Veesai (350 grams) |
| 4. | Karumbu juice | Saccharum officinarum Linn | ½ padi (670ml) |
| 5. | Nellikai juice | Phyllanthus emblica Linn | ½ padi (670ml) |
| 6. | Lemon juice | Citrus limon Linn | ½ padi (670ml) |
| 7. | Gingelly oil | Sesamum indicum Linn | ½ padi (670ml) |
| 8. | Cow's ghee | | ½ padi (670ml) |
| 9. | Kirambu | Kirambu Syzygium aromaticum Linn | |
| 10. | Thalisapathiri | Abies spectabilis (D.Don)Mirb | ³ ⁄ ₄ palam (26gms) |
| 11. | Elam | Elettaria cardamomum Linn | ³ ⁄4 palam (26gms) |
| 12. | Jadhikkai | Myristica fragrans Houtt | ³ ⁄4 palam (26gms) |
| 13. | Chitrarathai | Alpinia officinarum Hance | ¾ palam (26gms) |

Table 1: Ingredients of Megarajanga Kirutham





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| 14. | Athimathuram | <i>Glycyrrhiza glabra</i> Linn | ³ ⁄ ₄ palam (26gms) |
|-----|---------------------|--------------------------------|---|
| 15. | Nilappanai kizhangu | Curculigo orchioides Gaertn | ³ ⁄ ₄ palam (26gms) |
| 16. | Coconut milk | Cocos nucifera Linn | |

Table 2: Organoleptic characters of Megarajanga Kirutham

| Parameter | Observation |
|------------|----------------|
| Color | Yellowish |
| Smell | Characteristic |
| Touch | Greasy |
| Appearance | Turbid |

Table 3: Physico – chemical analysis of Megarajanga Kirutham

| S.No | Parameter | MRK |
|------|---|--------------|
| 1 | Loss on Drying at 105 °C (%) | 8.03 |
| 2 | Total Ash (%) | 0.788 |
| 3 | pH | 6 |
| 4 | Refractive index | 1.48 |
| 5 | Iodine value (mg I2/g) | 101 |
| 6 | Acid value | 1.5 |
| 7 | Rancidity | Not oxidized |
| 8 | Saponification Value (mg of KOH to saponify 1gm of fat) | 205 |

Table 4: Phytochemical screening of Megarajanga Kirutham

| Phytocomponents | MRK |
|------------------------------------|------------------|
| Alkaloids | - |
| Flavonoids | + |
| Glycosides | - |
| Steroids | + |
| Sugar | + |
| Triterepnoids | + |
| Coumarins | + |
| Phenols | + |
| Tannins | - |
| Saponins | - |
| Proteins | + |
| Anthocyanin | - |
| Total phenols (gae mg/gm) | 0.934 ± 0.04 |
| Total flavanoids (quercetin mg/gm) | 2.82 ± 0.42 |

+ indicates positive; - indicates negative





RESEARCH ARTICLE

A Study on an Irregular Colouring of Sunlet and Pangraph Families

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ABSTRACT

An irregular coloring is a proper coloring in which distinct vertices have different color codes. In this paper we obtain the irregular coloring of Sunlet and Pangraph families are studied.

Keywords: Central graph, Graph coloring, Irregular chromatic number, Irregular coloring ,Middle graph, Pan graph , Sunlet graph and Total graph

INTRODUCTION

Let G be a finite, undirected graph with no loops and multiple edges. The graph G has the vertex set V (G) and the edge set E (G).Graph coloring is coloring of G such that no two adjacent vertices share the same color.

A proper coloring of a graph is an **irregular coloring**, if no two like-colored vertices have the same color code . i.e., for every pair of vertices u and w ,code (u) \neq code (w) whenever c(u)=c(w). Thus an Irregular coloring distinguishes each vertex from each of other vertex by its color or by its color code.

The **central graph** C (G) of a graph G is obtained by subdividing each edge of G by exactly once and joining all the non adjacent vertices of G.

The **middle graph** of G denoted by M(G), is defined as follows :

The vertex set of M(G) is $V(G) \cup E(G)$ in which two elements are adjacent in M(G) if the following conditions hold.(i) $x, y \in E(G)$ and x, y are adjacent in $G.(ii) x \in V(G)$, $y \in E(G)$ and y is incident on x in G.

The total graph T(G) of a graph G is a graph such that the vertex set of T corresponds to the vertices and edges of G and two vertices are adjacent in T iff their corresponding elements are either adjacent or incident in G.





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Irregular Coloring Of Sunlet Graph Families

Theorem 2.1: For the central graph of Sunlet graph , the irregular chromatic number is n+2

(i.e) $\chi_{ir}[C(S_n)] = n+2, n \ge 3$

Proof.

Let G = C (Sn)be the central graph of sunlet graph.

Let $v_1, v_2...v_n$ be the inner vertices of the cycle graph C_n

Let $u_1, u_2, \cdots u_n$ be the pendant vertices .

The inner sub-division of the cycle graph C_n are $v_{i,i+1}$, $v_{i+1,i+2}$, v_n , v_1

The outer subdivision pendant vertices are f1,f2,...fn

Now the coloring assignment of C(Sn) is as follows.

The inner vertices v_1, v_2, \dots, v_n of the cycle graph C_n and the outer pendant vertices $u_1, u_2 \cdots u_n$ are colored are colored with the colors $c_1, c_2, c_3, \dots, c_n$

The inner sub-division vertices $v_{i,i+1}$, $v_{i+1,i+2}$ v_n , v_1 of the cycle graph C_n are colored with the colors c_3 , c_4 , $\cdots c_{n+2}$

The outer sub-division pendant vertices $f_{1,}f_{2,}$.. f_n are colored with the color c_{n+1}

since deg(u_i)≠deg(v_i),it shows that code(u_i)≠code (v_i)

Hence an irregular chromatic number of central graph of sunlet graph is 2n+3.

(i.e) χ_{ir} [[C (S_n)] = +2 , n≥3

Theorem 2.2 : For the middle graph of Sunlet graph , the irregular chromatic number is 2n+3 (i.e) $\chi_{ir}[M(S_n)] = 2n+3, n \ge 3$

Proof.

Let G = M (Sn)be the middle graph of sunlet graph.

Let $v_1, v_2 \cdots, v_n$ be the inner vertices of the cycle graph C_n and $u_1, u_2, \cdots u_n$ be the pendant vertices. The inner sub-division of the cycle graph C_n are $v_{i,i+1}, v_{i+1,i+2}, \cdots v_n, v_1$ and the outer subdivision pendant vertices are f_1, f_2, \dots, f_n

Now the coloring assignment of M(Sn) is as follows.

The inner vertices v_1, v_2, \ldots, v_n of the cycle graph C_n are colored with the colors $c_1, c_2, c_3, \ldots, c_n$

The inner sub-division vertices $v_{i,i+1}$, $v_{i+1,i+2}$ v_n , v_1 of the cycle graph C_n are colored with the colors c_3 , c_4 , $\cdots c_{n+2}$

The outer pendant vertices $u_1, u_2 \cdots u_n$ are colored with the colorcn+3

The outer sub-division pendant vertices $f_1, f_2, \cdot f_n$ are colored with the color $c_{n+4}, c_{n+5}, \dots, c_{2n+3}$

since deg(u_i)≠deg(f_i),it shows that code(u_i)≠code (f_i)

Since each ui's are adjacent to fi's but ui's are not adjacent to vi's.

It follows that, code $(u_i)\neq code(v_i)$.

Hence an irregular chromatic number of middle graph of sunlet graph is 2n+3.

(i.e) χ_{ir} [[M (S_n)] = 2n + 3 , n≥2

Theorem 2.3 : For the total graph of Sunlet graph , the irregular chromatic number is $2n+3(i.e) \chi_{ir}[T(S_n)] = 2n+3, n \ge 3$ **Proof.**

Let $G = T(S_n)$ be the middle graph of Sunlet graph.

Now the coloring assignment of T(Sn) is as follows.

The inner vertices v_1, v_2, \ldots, v_n of the cycle graph C_n are colored with the colors $c_1, c_2, c_3, \ldots, c_n$

The inner sub-division vertices $v_{i,i+1}$, $v_{i+1,i+2}$ v_n , v_1 of the cycle graph C_n are colored with the colors c_3 , c_4 , $\cdots c_{n+2}$

The outer pendant vertices $u_1, u_2 \cdots u_n$ are colored with the colorscn+4, cn+5,,....c2n+3

The outer sub-division pendant vertices $f_1, f_2, \cdot \cdot f_n$ are colored with the colorc_{n+3}

To prove (2n+3)- coloring is an irregular coloring of $T(S_n)$,

sincedeg(u_i)≠deg(f_i),it shows that code(u_i)≠code (f_i)

Since each us's are adjacent to fi's but us's are not adjacent to vi's.

It follows that, code $(u_i)\neq code(v_i)$.

Hence an irregular chromatic number of total graph of sunlet graph is 2n+3.

 $(\mathrm{i.e})\chi_{ir}\left[[\mathrm{T}\left(\mathrm{S_{n}}\right)\right]=2n+3\;,\;n{\geq}2$





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Remark:

For central ,middle and total graph of sunletgaph, we can give same colors in different manner.

Irregular Coloring of Pan Graph Families

Theorem 3.1: For the central and total graph of Pan graph, the irregular chromatic number is n+2. (i.e) $\chi_{ir}[C(P_n)] = 1$

$\chi_{ir}[M(P_n)] = \chi_{ir}[T(P_n)] = n+2$

Proof:

The n-pan graph is the graph obtained by joining a cycle graph C_n to a singleton graph K_1 with a bridge. The n-pan graph is isomorphic with the (n,1) tadpole graph.

Let $G=C(P_n)$ be the central graph of pan graph.

Now the coloring assignment is as follows.

Case(i):For central graph of pan graph

 $\label{eq:constraint} The outer vertices \{v_1, v_2, \ldots, v_n\} of the cycle graph are colored with the colors $ \{c_1, c_2, c_3, \ldots, c_n \}$ (clockwise) The outer- intermediate vertices $ $ u_1, u_2, \ldots, u_n $ are colored with the colors $ $ $ \{c_3, c_4, \ldots, c_{n+2} \}$ (clockwise) $ $ Clockwise $ $ Cl$

The outer- intermediate vertex $w_1 \, is$ colored with the color c_1

At last, the vertex of the singleton graph k_1 is colored with the color c_2

Case(ii):For middle graph of pan graph

The proof for case(ii) is similar as in case(i)

Case(ii):For total graph of pan graph

The outer vertices $\{v_1, v_2, ..., v_n\}$ of the cycle graph are colored with the colors $\{c_1, c_2, c_3, ..., c_n\}$ (clockwise) The outer- intermediate vertices $\{u_1, u_2, ..., u_n\}$ are colored with the colors $\{c_3, c_4, ..., c_{n+2}\}$ (clockwise)

The outer- intermediate vertex w_1 is colored with the color c_1

Atlast, the vertex of the singleton graph k_1 is colored with the color c_{n+2}

From cases (i),(ii) and (iii)

sincedeg(ui) \neq deg(vi), it shows that code(ui) \neq code (vi)

Since each u_i 's are adjacent to v_i 's but u_i 's are not adjacent to w_i 's.

It follows that, code $(u_i)\neq code(w_i)$.

Hence an irregular chromatic number of total graph of Pan graph is n+2.

 $\chi_{ir}[C(P_n)] = \chi_{ir}[M(P_n)] = \chi_{ir}[T(P_n)] = n+2$

Remark:

For central ,middle and total graph of pan graph, we can give same colors in different manner.

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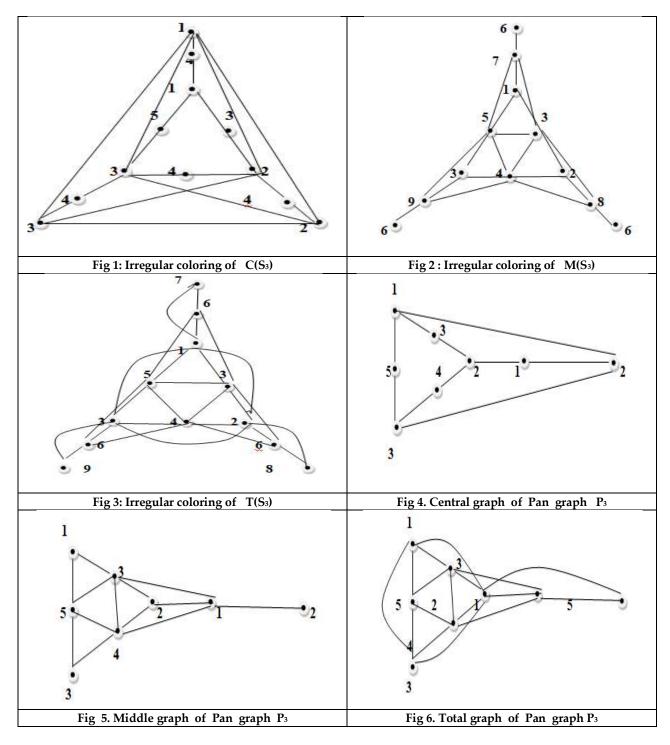
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RESEARCH ARTICLE

A Comprehensive Analysis of Glaucoma Detection using Machine Learning and Deep Learning : A Survey

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ABSTRACT

Glaucoma is a degenerative eye disease that, if unchecked, causes permanent blindness. Efficient illness management requires prompt diagnosis and prompt treatment. Ophthalmologists have found some success in using ML and DL methods to aid in the diagnosis of glaucoma in recent years. The present state-of-the-art in glaucoma detection using ML and DL-based techniques is thoroughly examined in this review. To set the stage, we will go over the basics of glaucoma's pathogenesis and the eye's anatomy. After that, we explore the several ML and DL methods used for glaucoma detection, such as SVMs, RNs, and convolutional and recurrent neural networks. This article delves into the possibilities of computer-assisted techniques for glaucoma illness and staging, reviewing 30 research articles on the topic. Important parameters for automated diagnosis are examined in this study, including optic disc shape, cup-to-disc ratio, and retinal nerve fiber layer thickness. Furthermore, we go over some of the difficulties encountered when trying to create reliable ML/DL models for glaucoma detection, including issues with data scarcity, class imbalance, and the interpretability of model conclusions.

Keywords: Convolutional Neural Networks, Early detection, Glaucoma, Machine learning, deep learning

INTRODUCTION

Without prompt diagnosis and treatment, glaucoma, a degenerative eye condition, may cause permanent damage to the optic nerve and eventually cause blindness. A primary cause of blindness, it affects millions of people globally [1-4]. Preserving eyesight and improving patient outcomes are paramount when it comes to timely identification and management. However, glaucoma may be difficult to diagnose and often calls for specialist tools and knowledge. Clinical glaucoma diagnosis has been greatly improved in recent years because to the incorporation of deep learning





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(DL) and machine learning (ML) into medical imaging [5–11]. These innovations use computer algorithms to sift through mountains of data, such retinal scans, in search of traits and patterns that could indicate glaucomatous alterations. The glaucoma screening, diagnostic, and monitoring processes might be completely transformed by this paradigm shift towards automated or semi-automatic detection technologies [12–14].

The purpose of this review is to provide a thorough evaluation of the present state of glaucoma detection methods based on ML and DL. To provide the groundwork for a good grasp, we shall investigate the pathophysiology and anatomy of glaucoma [15–17]. After that, we will go over the merits, weaknesses, and performance measures of the different ML and DL algorithms used for glaucoma detection [18–20]. We will also talk about the benefits and drawbacks of using publically accessible datasets to train and test glaucoma detection algorithms. We will also discuss the main obstacles, such a lack of data, an imbalance in the classes, and the difficulty in understanding the reasoning behind the model's conclusions, that have been identified as preventing the development of reliable and clinically relevant ML/DL models for the identification of glaucoma [21–27]. Our goal is to discover current trends, research gaps, and future prospects in ML/DL-based glaucoma detection by reviewing and combining the current literature and advances in this area. We want to contribute to the development of scalable solutions that are reliable, accurate, and can be smoothly incorporated into clinical practice [28-31].

Background study

Afreen, N., & Aluvalu, R. (2024) a number of glaucoma detection techniques were examined in depth in this article. Since glaucoma was one of the most deadly eye diseases that may cause blindness without any noticeable symptoms, it was critical to diagnose the disease early on so that patients can prevent irreversible vision loss. Research has shown that deep learning models may aid in the early detection process. AlShawabkeh, M. et al. (2024) there was great potential for improving early detection, accuracy, and accessibility in glaucoma diagnoses via the application of AI. A number of models have shown promise as sensitive screening tools for glaucoma, but it was still difficult to create diagnostic models that can be used in specialized glaucoma care clinics by combining multi-modal anatomical and functional datasets. Bragança, C. P.et al. (2024) there has been tremendous success in distinguishing between glaucomatous and non-glaucomatous digital fundoscopic pictures, thanks to the invention of glaucoma classification algorithms. Nevertheless, at the present time, no software was accessible for actual clinical applications, even though many research have shown that AI algorithms may be used to aid in the diagnosis of glaucoma.

Hasan, M. et al. (2024) these authors research systematically analyzed the high-quality literature on AI-based glaucoma and neurodegenerative disease diagnostics published in the last 10 years. Analysis of the included research reveals that AI significantly improves glaucoma and neurodegenerative disease diagnoses compared to human doctors (area under the curve: 0.71-0.98, accuracy: 71.5%, area under the curve: 0.86). Jain, A., & Sakalle, V. (2024) Recent advances in medical diagnostics using ML and DL have created revolutionary new opportunities, particularly in the field of ophthalmology. The author highlight the tremendous potential of ML and DL models for glaucoma optic disk localization and classification in these authors assessment of these approaches to improve early identification and treatment of the disease.

L. Li et al. (2020) As a novel deep learning approach for automated glaucoma identification and abnormal region localization on fundus pictures, the author present AG-CNN in this research. Therefore, glaucoma might be identified by using the in-depth characteristics emphasized by the visual maps of diseased regions, which were derived from the anticipated attention maps. Shyamalee, T. et al. (2024) these authors research presented a deep learning-based method that incorporates segmentation, classification, and explainability to identify glaucoma illnesses using different fundus image datasets. The author demonstrated the system's usability and the veracity of the results after deploying the suggested method as a web application. Using explainable methodologies, this study aimed to identify the reasons behind the underlying classification model's prediction. Because of this, people were more likely to have faith in the system and be comfortable using it to aid in medical diagnosis. Subbarayudu, Y. et al. (2024) on the test data, the Logistic Regression model reached an accuracy of almost 95%. When compared to other models, including SVM, Random Forest, Decision Tree, and Naive Bayes, it achieved greater accuracy. A larger





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number of false negatives (12) than false positives (5) was shown by the confusion matrix, suggesting that the model had a harder time accurately detecting class 1 photos with glaucoma than class 0 images without the condition. As a measure of the model's accuracy in classifying positive occurrences (glaucoma) out of all instances predicted as positive, the precision was determined to be 0.84. The accuracy in classifying positive events out of all the real positive instances was determined to be 0.94, which was known as the recall. Tang, Q. Y. et al. (2024) the aberrant WM functional abnormalities seen in PACG patients in this research mostly affect areas of the brain that were involved in vision. From a different WM functional angle, these authors results provide light on extensive brain damage in PACG. In addition, the aberrant ALFF values in brain WM that have been reported may be a neurological marker that may differentiate PACG patients from healthy controls.

M. Aloudat and M. Faezipour (2016) A increased risk of glaucoma was associated with a high proportion of red sclera in the excised tissue, according to these investigators' approach. M. N. Bajwa et al. (2016) Historically, glaucoma diagnostic Retinal Fundus photos (RFI) datasets have been rather tiny, consisting of just a few hundred photos, and have been meticulously acquired in controlled laboratory settings. None of the photos in these datasets include extra-retinal artifacts since the creators didn't care about the limits of imaging technology. There were a lot of eye disorders, according to the research, thus deep learning systems trained on these datasets don't do well. N. A.Diptu et al. (2018) the method developed by these writers was useful for the automated diagnosis of glaucoma in fundus images. This authors' technique successfully identifies the intermediate stage of glaucoma, which was a crucial component of any screening system for the condition. The region-of-interest (ROI) segmentation was used to detect bleeding in a specific area, which allowed for the automated identification of glaucoma issues. Due to its emphasis on localizing hemorrhage sites, the authors' technique proved computationally efficient. Applying this authors' method yielded notable results.

R. Panda et al. (2017) the author suggested a novel method for identifying RNFLDs to aid ophthalmologists in their endeavors to screen big populations for glaucoma. Accurately identifying the real border pixels may be achieved by feeding the RNN training data with freshly produced patch attributes. R. Zhao et al. (2020) Instead of using the segmentation phase that was often employed in traditional approaches, a methodology was devised to immediately estimate the Cup-to-Disc Ratio (CDR) value from fundus photographs. By combining semi-supervised learning with random regression forest, the author can make pictures more expressive and find the optimal CDRs to represent different image qualities. Following evaluation on a challenging glaucoma dataset, the authors' direct approach accurately calculated the CDR value, demonstrating strong correlations to values recorded manually. Their research indicates that this was the first instance of calculating a CDR value directly from a fundus picture, without the need for segmentation.

S. C. Shetty and P. Gutte (2018) In order to distinguish between the optic cup and disc, the authors' study used K-means Clustering to group various visual components according to color. Ultimately, the boundary method's fractal dimension value may be used to detect glaucoma. With this method, the authors were able to distinguish between healthy eyes and those with glaucoma in 92% of instances. This approach may potentially be useful for detecting diabetic retinopathy.

EXISTING METHODS

Popular methods

Convolutional neural network

The optimum deep learning model for glaucoma classification from retinal pictures is a CNN, which is very skilled at extracting and evaluating visual characteristics. CNNs automatically learn complex patterns indicative of glaucomatous alterations, beginning with low-level elements like as textures and edges and progressing to higher-level representations that are critical for diagnosis, thanks to their hierarchical design. They are more generalizable and resilient because they can locate important elements in pictures and use data augmentation methods. CNNs





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trained on massive labeled datasets use backpropagation to accurately classify retinal pictures as either glaucoma or non-glaucoma, allowing for informed clinical decision-making. Ophthalmologists are able to help patients get the treatment they need sooner because to CNNs' data-driven automation, which improves glaucoma diagnosis.

Recurrent Neural Networks

Kind of deep learning models called RNNs excel in sequential data analysis, which makes them useful for glaucoma classification using longitudinal retinal imaging and other similar tasks. Unlike feedforward networks, RNNs may remember previous inputs and understand how data in sequences is dependent on one another over time because of their connections that loop back on themselves. To classify glaucoma, RNNs may examine retinal pictures captured over time at different appointments, revealing the gradual alterations that characterize glaucomatous disease. They are quite good at forecasting the course of diseases, identifying stable and advancing instances, and picking up on minor patterns of progression. To increase RNNs' performance in glaucoma classification, techniques such as Gated Recurrent Unit (GRU) architectures and LSTM algorithms deal with the vanishing gradient issue and enhance learning of long-term dependencies. Automated and reliable glaucoma diagnosis is made possible by RNNs because of its capacity to acquire contextual cues from sequential data and handle input sequences of varying lengths. This helps physicians with early intervention and individualized treatment plans.

Artificial intelligent

Machine learning and deep learning are two branches of AI that may be used to classify retinal pictures as indicators of glaucoma. Machine learning algorithms like SVMs, Random Forests, and Gradient Boosting Machines may analyse retinal pictures for characteristics and use those features to determine whether the images are glaucomatous or not. To accurately identify glaucoma, DL models, especially CNNs, shine when it comes to autonomously learning hierarchical features from raw picture data. To help with early diagnosis and prompt action, AI-based methods use big annotated datasets to build models that do well with unseen data. When it comes to glaucoma screening and care, ophthalmologists may greatly benefit from the automation, efficiency, and scalability that AI algorithms provide. In order to use AI in glaucoma classification responsibly and effectively, we still need to solve three major issues: the interpretability of model choices, integration into clinical processes, and ethical concerns.

DISCUSSION

Ophthalmologists are facing a serious challenge in detecting glaucoma, a disorder that may cause irreparable visual loss if left untreated. However, there is hope that ML and DL approaches together have showed potential in this area. Following an overview of the anatomy of the eye and the pathophysiology of glaucoma, this study delves into the most recent developments in ML/DL-based methods for glaucoma identification. Important characteristics retrieved from retinal pictures are covered, along with several techniques such as Support Vector Machines, Random Forests, Convolutional Neural Networks, and Recurrent Neural Networks. Collaborative efforts are urged for standardized methods, bigger datasets, and regulatory compliance in light of highlighted challenges such as data scarcity, class imbalance, and model interpretability. For future breakthroughs in AI-driven glaucoma diagnosis and treatment, it is crucial to prioritize interpretability, ethical issues, and multidisciplinary cooperation.

CONCLUSION

Finally, ophthalmic care stands to benefit greatly from the development of ML and DL approaches for glaucoma identification. The present state of ML/DL-based techniques has been investigated in this survey, and their ability to aid in the early detection and treatment of glaucoma has been highlighted. To guarantee the safe and successful integration of these technologies into clinical practice, however, a number of obstacles, including data scarcity, model interpretability, and ethical issues, must be overcome. To solve these problems and create scalable, interpretable, and morally acceptable AI-driven solutions for glaucoma diagnosis and beyond, it is vital for researchers, physicians,





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industry stakeholders, and regulatory agencies to work together. To fully use AI for better patient outcomes and lessen the worldwide impact of glaucoma-related blindness, we must emphasize openness, data privacy, and regulatory compliance as we move towards this future.

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| Reference | Method | Advantages | Disadvantages | Accuracy |
|-----------|---|---|--|----------|
| 1 | Mask Region- Based convolutional neural network (Mask-RCNN) | Mask-RCNN) shows a distinct pattern for eyes with glaucoma and those without, which might be used to identify glaucoma using machine learning. | This component enhances the location of the BB and assigns ROIs to many more categories than the RPN module. | 93% |

Table 1: Comparison of Machine Learning Methods for Glaucoma Detection





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| 3 | convolutional neural network | A novel glaucoma classification was developed by merging many characteristics retrieved by various convolutional neural networks. | A clear benefit of classifier was that it uses more information for general picture categorization, even if the pathophysiology underlying it was hard to describe. | |
|----|---------------------------------|---|---|--|
| 5 | ResNet-50 and GoogLeNet | Two deep learning algorithms, ResNet-50 and GoogLeNet, were used to classify fundus pictures as either early or advanced glaucoma. | Among the three methods for early glaucoma identification, optic disk examination was the most popular and commonly employed by experts due to its convenience. The fact that it was expensive and time-consuming was still a drawback. | ResNet-50 – 0.90% Googlenet – 0.91% |
| 11 | CNN | may include using same author methods on a broader and more varied collection of pictures | A large number of studies were carried out using glaucoma datasets that were made publically accessible. | 93% |

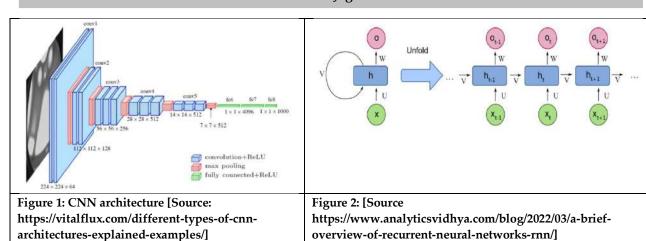
Table 2: Comparative Analysis of Machine Learning Algorithms for Glaucoma Detection

| Algorithm | Merits | Demerits |
|---|--|--|
| It is no longer necessary to manually extract features from raw retinal pictures; CNNs can learn discriminative features automatically.CNN [1]When it comes to detecting tiny changes caused by glaucomatous disease, this expertise is invaluable. | | To train well and generalize to unseen samples, CNNs usually need a lot of labelled data. It might be difficult to get annotated datasets with a wide range of patient demographics and disease severity levels for use in glaucoma classification. |
| Longitudinal retinal imaging or the dynamic changes in glaucomatous characteristics over time are examples of time-series data that may be well-analyzed using Recurrent Neural Networks (RNNs) due to their exceptional ability to capture temporal relationships and sequences. | | Because of the vanishing or exploding gradient issue, which occurs when gradients become either too tiny (vanishing) or too high (exploding) during backpropagation, training deep RNNs may be hard. This has the potential to impact model performance and make it harder to understand long-term dependencies. |
| Artificial intelligent [10] | When trained on enough and representative data, artificial intelligence (AI) techniques like ML and DL models may achieve excellent accuracy in glaucoma classification tasks. They may help with early diagnosis and management by identifying subtle patterns and characteristics of glaucomatous alterations in retinal pictures. | The amount and quality of training data have a significant impact on AI models. In real-world clinical settings with different patient populations, inferior performance and generalization concerns might be caused by biased or limited datasets. |





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RESEARCH ARTICLE

Bridging Heritage and Innovation in Sustainable Agriculture of India

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ABSTRACT

Sustainability is a key focus in the transition from traditional to contemporary technologies in Indian agricultural approaches, and a look into the past is necessary to set the stage for this change. The dynamic geography of agricultural practices investigated by the study illustrates an agricultural renaissance which points out how technology has been seamlessly incorporated alongside traditional techniques. This article also objectively assesses the ecological, economic and production effects of smart farming measures which include integrated pest management and technological advancements. It further explores what these changes could mean for country people at large, giving understanding on how they impact ways of life as well as commercial opportunities.

Key words: Sustainability, Traditional, Technology, Investigation, Economy.

INTRODUCTION

This article looks at India's journey in agriculture from its ancient practices to the inclusion of contemporary technologies. It evaluates the revolutionizing process that traditional farming techniques have experienced; hence the shift that has occurred in Indian Agriculture. The article stresses the dynamic interaction between traditional wisdom and modern farming advancements, as revealed by Smith, 2020 & Jones, 2019 [1,2]. It examines how fusing indigenous knowledge with new technology has contributed to holistic sustainable agriculture [3]. By doing so, not only does it come up with a response to current challenges, but it goes beyond productivity enhancement by making agricultural systems more sustainable and resilient in terms of world markets [4].

Thus, this paper tracks various transformations and novelties which lead one into understanding Indian Agriculture better. It stresses the importance of combining tradition and technology for future agricultural development in India, thereby making it progressive and sustainable.





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Historical Context and Traditional Indian Farming Practices

A profound understanding of traditional farming practices that have influenced the nation's agricultural backdrop for ages is possible by delving into the historical roots of Indian agriculture. To sustain high production and ecological balance, such ancient methods as crop rotation, intercropping as well as water conservation were practiced accord [5]. These strategies demonstrate the adaptation measures applied by Indian farmers towards different climatic and environmental conditions.

Crop rotation calls for planting various crops in different fields to enhance nutrient availability and conserve soil fertility. Conversely, intercropping allows farmers to cultivate several crops in one field consequently optimizing land use and reducing pests/disease pressure naturally. India's innovative techniques of water management can be seen through traditions such as rainwater harvesting and canal irrigation systems. These conventional agriculture practices formed the basis for contemporary agricultural technologies in India, with a significant impact on current strategies particularly those related to sustainable agriculture [6]. On recent investigations it was found that mixing old wisdom with new innovations is contributing towards resilience enhancement and sustenance of farming systems [7,8,9].

Integration of Modern Technologies with Traditional Practices:

Having the context changed from ancient to modern farming methods, we find the combination of modern cuttingedge innovation and the traditional principles of cultivation. A neat angle is the work of some scientist [10,11], who have been pioneers in precision agriculture. They write about drones that fly over fields, surveying the whole farming operation with just the National Aeronautics and Space Administration (NASA) image of the same area and the farmer's position, considering the environment, the return on investment, and the increase of agriculture and the quality of the crop.

Precision agriculture introduces us to a few remarkable developments that modify the old ways of farming. As a result of instruments like drones flying, satellite imagery, and sensor systems [12], among others, we have seen many great chances for precision agriculture. They can rationalize resource use and, therefore, don't harm the environment as much [13,14]. The recent years have witnessed the use of big data analytics and artificial intelligence (AI) algorithms in agriculture as well, that also entails real-time decision-making and predictive modeling [15,16]. Precision agriculture is not all about increasing the quantity and quality of the crops only. It also focuses on sustainability issues through smart pesticide and fertilizer management via an integrated system [17,18]. On top of that, it contributes to water-saving techniques by such actions as regulated irrigation and soil moisture tracking [19,20]. These breakthroughs make the point about how high-tech and traditional farming methods form a symbiotic relationship. This is an approach that will foster agricultural productivity and environmental stewardship at the same time.

Various Landscapes of India and Farming:

India's diverse topography has a major impact on the agricultural practices, such as the dry sands of Rajasthan and the fertile plains of Punjab. This means that India must deal with a situation where each region presents a different kind of problem that must be solved with various methods from choosing the right crops to adequate crop and soil management to water resource optimization strategies. Recent studies confirm the need to adjust agricultural techniques to environmental conditions and climate variability. For the sake of an example, research by Kumar et.al.(2016) [21] mentions such adaptable crop systems that ensure not only the production of crops consumed in people's area but that are also beneficial to the environment and economy of a certain area. Gupta et al. (2018) [22] promotes checking soil quality by integrating nutrient management practices to land the development of soil health. They have realized the benefits of sustainable soil fertility and soil health management technologies too.

The environment must also be considered with reference to water, as 'Mishra et al. (2023) [23] examined novel irrigation methods and the introduction of advanced water-saving technologies that can address the need to save water and increase food production. Technologies that can be named as such are wireless drone-based monitoring





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systems [24] and sensor networks [25] that provide real-time information direct to the farmer, which in turn results in policy making for optimal and efficient resource utilization in agriculture. Applying the experimental research knowledge into local agriculture is the key tool necessary for combining the different landforms of India and reaching its goal. By introducing innovative geographical strategies that are based on the latest research and with this applying cutting-edge research, farmers will potentially perform sustainable food production while they maintain the balance of nature.

Smart Farming Approaches: Integrated Pest Management and Beyond

Smart farming is already working on modernizing agriculture, boosting food processing and the environment together with it. IPM, as per Sharma and Verma (2019) [26], basically means reduced dependence on chemical pesticides and higher agriculture productivity is achieved using bio-control agents, cultural practices, and targeted pesticide application.

Not only IPM, but smart farmings newest technologies also have something new to talk about artificial intelligence, data analytics, and precision farming. The study of Raj et al. (2020) [27] leaves no doubt that data analytics is a powerful tool for farm management decision making that can harness big data for building predictive models for real-time monitoring. AI in agriculture is the disruption that is best explained in the work of Gupta et al. (2018) [28] who find that it had been used for crop monitoring and yield prediction with the most accurate performance level. Forward, precision farming technologies, as studied by Patel et al. (2019) [29], are finding ways to marry observed space-time data with the inputs of water, fertilizers, and pesticides and remediate the environment. Hence, the outcome is the optimization of resource use and the reduction of environmental footprint in the region.

Furthermore, some innovations like sensor networks, automation tools, and IoT devices keep on improving the efficiency and sustainability of smart farming [16,13] more specifically, they provide agriculture experts with the opportunity to monitor soil, weather parameters, and the growth of plants in real-time, thus taking preemptive steps. The smart farm development is one of the agricultural expansions facilitated by technology, which through the implementation of modern technology, improves the agricultural process, while at the same time, ensuring the provision of quality products and taking care of the environment.

Changing Livelihoods of Farmers and Rural Communities

The agricultural revolution in India has occasioned some major changes in society and the economy. That is way more than what occurs on the farms and synthesizes to affect the existence and livelihoods of farmers and the rural community at large in society. To better understand this transformation, its impacts on society and the economy should be considered.

The research by Gupta et al. (2017) [30] elaborated on various dimensions of changes that agricultural modernization entails with respect to changes in patterns of income, employment dynamics, and access to resources in a rural community. It showed how technological progress empowers but challenges old ways of farming. Patel and Kumar in 2018 [31] highlights the transformational impacts brought about by agricultural modernization within the economy of rural areas. It majors in changes within market dynamics, agricultural productivity, and socioeconomic inequality. According to this study, there are disparities in adoption of technologies and the implications this has on rural development. Singh et al. (2020) [32] tries to elucidate how government policies at times frame strategies for agricultural modernization and their implications for rural livelihoods. Mishra et al. (2019) [33] study the socioeconomic dimensions of sustainable agriculture aimed at inclusive growth and equity in developmental processes within rural areas. Sharma et al. (2021), Rao et al. (2018), and Kumar et al. (2020) The multifaceted nature of agricultural transformation, encompassing the gradual adoption of technology, diversification of income sources, and building of resilience within rural communities, contributes significantly to the development and sustainability of agriculture [34,35,36]. These studies, taken together, underline the deep-rooted socio-economic changes into which India's agricultural modernization were embedded:





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- Changing pattern of incomes and employment relations.
- Alterations in agricultural productivity and market dynamics.
- Disparities in the diffusion of technological changes and socio-economic inequality.
- Government policies can play in shaping modernization strategies.
- How progress toward sustainable and more inclusive agriculture is needed.

In interpreting this, we could get a full insight into the challenges and opportunities from the current agricultural transformation taking place in India.

Agricultural Revolution and Increased Gross Domestic Productivity:

The final section of the discussion deals with the far-reaching effects of India's Green Revolution. The macroeconomic picture, examining the relationship between rises in GDP and agricultural progress, is presented herein. The review offers how the blend of the manual with technological means has not only resulted in changes in agriculture but also substantially impinged on the general economic development in the country. Agarwal and Joshi (2016) [37] explain how transformations in agriculture, through innovative means can stimulate economic growth by improving productivity, integrating markets, and enhancing livelihoods in rural areas. Their work clearly showcases the anchoring role of technology in making farming more efficient and profitable.

Similarly, Singh et al. (2019) [38] provide a comprehensive review regarding the socioeconomic effects of agricultural modernization on income generation, employment dynamics, and poverty alleviation in the rural setting, citing that the advancements in farming practices are some of the means toward attaining sustainable economic growth and development in rural areas. The complex effects of agricultural modernization on national economic progress and rural well-being are highlighted by recent studies, which probe different facets of agrarian transformation such as technology adoption, market reforms, and policy matters [39,40,41]. Research [42,43,44] has highlighted how the interplay of government policies, trends in agricultural productivity, and resilience building shape the agricultural landscape of India. These intellectual inquiries underline the deep and far-flung effects of India's agricultural revolution on economic growth, rural development, and societal well-being.

CONCLUSION

The agricultural revolution in India is a fine example of a promising journey from traditional practices to amalgamation with the finest of modern technologies, thus inspiring sustainability and economic growth. This has been an evolution that reflects the consensus between ancient farming wisdom and modern innovation. Crop rotation, intercropping, and conservation of water have been really deep within the agricultural culture of India, merging without a hitch with other innovations like precision agriculture and artificial intelligence. Prodigious farming today, using precision agriculture tools like drones, satellite imaging, and sensor-based systems, has fundamentally changed the face of farming with increased resource efficiency and reduced harm to the environment, using optimized crop management practices. This has increased productivity and supported sustainable agricultural practices in vast landscapes, from arid regions in Rajasthan to the fertile plains of Punjab.

Moreover, IPM has significantly minimized the dependence on chemical pesticides; such efforts have contributed impressively to an enhanced ecological balance and higher quality of crops. Indeed, such holistic approaches would not only ensure that the natural ecosystem is protected but also guarantee food security and resilience in the rural community. These socio-economic implications of India's agricultural modernization emphasize some fundamentally transformative changes in the patterns of income, employment dynamics, and access to resources across rural India. In this respect, the government policy would, therefore, turn out to be the mainspring of change in making this transformation more inclusive and market-oriented in terms of growth. Leaning on the wisdom of ancestral knowledge, wedded with strides in technology, the agricultural revolution in India will remain an example of paradigm-changing power. Therefore, building on a rich agricultural heritage, India has laid the foundation for





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sustainable agricultural practices aimed at improving livelihoods, protecting the environment, and working toward economic prosperity.

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RESEARCH ARTICLE

The Cardio Protective Potential of *Ficus arnottiana* Leaf Extract against Acute Myocardial Infarction in Rat Models

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ABSTRACT

This study investigates the potential cardioprotective effects and underlying mechanisms of *Ficus arnottiana* leaf extract (FAE) against acute myocardial infarction (MI) induced by isoprenaline in Wistar rats. Animals were categorized into control, MI, and MI with varying doses of FAE treatment groups. Evaluation encompassed myocardial enzymes, cytokines, and oxidative stress markers in both blood and isolated cardiac tissues. Compared to control and treatment cohorts, MI animals exhibited significant elevations in cardiac enzymes, pro-inflammatory cytokines, and oxidative stress markers, while FAE treatment attenuated these alterations in a dose-dependent manner. Moreover, FAE mitigated inflammation and fibrosis related changes, including expression levels of TNF- α , TGF- β and IL-6 in MI cardiomyocytes. These findings suggest FAE as a promising therapeutic agent against MI, potentially mediated through modulation of cardiac enzymes, cytokines and oxidative stress in cardiac tissue.

Keywords: *Ficus arnottiana* leaf, myocardial infarction, cytokines, anti-oxidants, oxidative stress, apoptosis.

INTRODUCTION

Ficus arnottiana, a member of the moraceae family, is a botanical specimen characterized by its smooth, hairless (glabrous) appearance, presenting as either a tree or a shrub. Referred to colloquially as Paras Pipal, this species is widespread across the Indian subcontinent, flourishing particularly in regions characterized by rocky terrain and elevations reaching up to 1,350 meters above sea level. Its presence is notably prominent in rocky hillsides, where it





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establishes itself as an integral component of the local ecosystem [1]. *Ficus arnottiana* leaves, known as Paras Pipal, have diverse medicinal applications such as fertility control, anti-inflammatory, digestive aid, skin conditions, antioxidant properties, respiratory health and menstrual disorders [2]. The leaves of the plant contain rutin, friedelin, taraxosterol, lupeol, β -amyrin along with psoralen, bergapten, β -sisterol and quercetin-3-galactoside [3]. In a previous study, we found that *Ficus arnottiana* leaf extract showed cardioprotective effects against streptozotocin induced diabetic cardiomyopathy in rats[4], suggesting it may be beneficial for treating cardiovascular diseases. Cardiovascular disease is highly prevalent in the elderly. Acute myocardial infarction (MI), a kind of coronary heart disease, can be induced by isoprenaline(45mg/kg) in animals [5]. In the present study, we induced MI by giving a single dose of isoprenaline(45mg/kg) in rats and studied both the protective effects of *Ficus arnottiana* leaf extract (FAE) and the possible mechanisms involved.

MATERIALS AND METHODS

Plant Material

F. arnottiana leaves were identified taxonomically and authenticated by Dr. S.N.Dwivedi, a botanist from the Department of botany, Janta PG college, APS university, Rewa(M.P).

Drugs and Chemicals

Isoprenaline was acquired from Ranbaxy Research Laboratories in Gurgaon, India. Analytical grade chemicals, including a variety of organic solvents, were sourced from E. Merck India Ltd and Ranbaxy Laboratories in India for the extraction and phytochemical analysis of the constituents.

Preparation of Plant Extracts

The leaves were harvested from the plant and air-dried in the shade at room temperature. Subsequently, they were ground into a fine powder. A total of 450 grams of the powdered material was subjected to extraction using solvents of ascending polarity, starting with methanol. Each solvent was allowed to extract for 24 hours using a hot extraction method employing a Soxhlet apparatus, maintained at a temperature of 60 degrees Celsius. Following extraction, the solvents were concentrated under reduced pressure using a rotary evaporator until a constant weight was achieved. The resulting extracts were collected and stored in a desiccator to maintain their integrity until further analysis.

Preliminary Phytochemical Study

A portion of residue from methanolic extract was subjected to phytochemical analysis in order toidentify the presence of sterols, alkaloids, carbohydrates, tannins, phenols etc in the leaves extracts[6, 7].

Determination of cardiac injury biomarkers, oxidative stress, cytokines and apoptosis markers level in acute MI rats

Animals

A total of 30 male Wistar rats were used in this study and they were obtained from Central Animal House of our institution. Male Wistar ratsweighing \approx 150–200 g, were housed under standard 12hr light/12hr dark conditions with free access to water and food. Rats were randomly divided into sixgroups. All procedures were performed in compliance with the Standard care was provided to the animals as per the Committee for the Purpose of Control and Supervision of Experiments on Animals (CCSEA) guidelines. All animals were allowed to acclimatize for one week before the experiment[8].

Study Procedure

Acute myocardial infraction induction procedure

The acute myocardial infraction model that we haveused in this study was isoprenaline induced myocardial infraction model[5]. Acute myocardial infraction was induced in male Wistar rats by giving isoprenaline injections





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intraperitoneally. A single dose of isoprenaline (45 mg/kg) on the first day, followed with oral dosing of different doses of *F.Arnotianna* extract (100 mg/kg, 250 mg/kg, 500 mg/kg) for 7 consecutive days[9].

Treatment Schedule

Wistar rats were divided into five groups, each group had six rats. The study consist of total seven days in which a single dose of isoprenaline i.p (45 mg/kg) on the first day, then oral dosing of different doses of *F. arnotianna* extract (100 mg/kg, 250 mg/kg, 500 mg/kg) for 7 consecutive days. Treatment for all the groups was started on the 1st day cotreatment with isoprenaline . The treatment schedule of various groups were as follows: Normal control (NC) (normal saline, per oral), Negative control group, three test groups were treated with *F. arnotianna* extract of (100 mg/kg, 250 mg/kg, 500 mg/kg per oral) . Oral feeding of drugs was done using steel oral gavage tube (16 G, 7.6 cm)[9].

(1) Group 1, the control group (CON), the rats were orally feeded with normal saline (10 ml/kg) for 7 consecutive days.

(2) Group2, Negative control group (MI), the rats were intraperitonially injected with isoprenaline (45 mg/kg) on the first day and thenorally feeded with normal saline (10 ml/kg) for 7 consecutive days.

(3) Group3, the treatment group, the rats were intraperitonially injected with isoprenaline (45 mg/kg) on the first day and then orally feeded with *F. arnotianna* extract (100 mg/kg) for 7 consecutive days.

(4) Groups 4, the treatment group, the rats were intraperitonially injected with isoprenaline (45 mg/kg) on the first day and then orally feeded with *F. arnotianna* extract (250 mg/kg) for 7 consecutive days.

(5) Groups 5, the treatment group, the rats were intraperitonially injected with isoprenaline (45 mg/kg) on the first day and then orally feeded with *F. arnotianna* extract (500 mg/kg) for 7 consecutive days.

Estimation of cardiac injury biomarkers

CK-MB, LDH, and SGOT were estimated enzymatically in serum by commercially available kits (Erba Mannheim, Beacon Diagnostic and Accurex Biomedical Pvt.ltd, Mumbai, India) in accordance with the manufacturer's instructions.

Analysis of oxidative stress parameter

For oxidative stress parameters, cardiac tissue was homogenizedin an icecold medium of phosphate buffer saline (PBS) pH 7.4 with 3 mM EDTA using a homogenizer. Centrifugation at 7000 rpm for10 min at 4°, cell debris was removed using a refrigerated centrifuge to clear supernatants. Following that, protein estimation was performed to estimate protein concentration in supernatant as described by Lowry *et al*[10]. Prepared supernatants were analysed to determine malon dialdehyde (MDA)[11], nitrite[12], SOD[13], and CAT activity[14].All results were calculated as per mg of total protein content.

QRT-PCR Analysis of Cardiac Tissue

Total RNA extraction from cardiac tissue was performed using TRIzol reagent, followed by assessment of RNA purity and quality. Reverse transcription into complementary DNA (cDNA) was accomplished using NeoScript 1st strand cDNA Synthesis Kit. Subsequently, qPCR analysis was conducted using SYBR Green Eye-Ab Universal qPCR Master Mix in the Agilent AriaMx RT-PCR system. Thermal cycling conditions were optimized according to the manufacturer's recommendations. The 2- $\Delta\Delta$ Ct method was employed for relative gene expression analysis, with 18S serving as the housekeeping gene. Primer sequences utilized in this study are provided. This standardized methodology ensures accurate and reproducible assessment of gene expression changes in cardiac tissue[15]. The primer sequences used in thisstudy are listed in Table 1.

Histopathological Examination of Cardiac Tissues

Cardiac specimens from all experimental groups were excised and preserved in 10% neutral buffered formalin for fixation before processing[16]. After that, tissue processing was done by washing the tissues with PBS and then dehydrating them in varying alcohol(ethanol) concentrations ranging from 70% to 100%. After that, tissues were cleared with xylene and embedded in paraffin to make tissue blocks. These tissue blocks were sectioned at a





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thickness of 5 μ m for histopathological study[17]. The rehydrated tissue sections were stained with haematoxylin and eosin (H&E) for histopathological evaluation .

Statistical Analysis

One-way ANOVA followed by post hoc analysis with Tukey test was conducted to evaluate statistically significant differences in the study variables between treatment groups. SPSS version 21.0 was used to conduct statistical analysis in this study.

RESULT

Effect of F. arnotianna Extract on cardiac injury biomarkers

CK-MB, LDH and SGOT are important clinical markers of cardiac injury (REF). Serum levels of CK-MB, LDH and SGOT were significantly elevated in the negative control group (MI) as compared with the control (CON). Treatment with the *F. arnotianna* Extract (100 mg/kg, 250mg/kg and 500 mg/kg) group significantly reduced their levels as compared with the negative control group (MI).

Effect of F.Arnotianna Extract on oxidative stress parameters

MDA is a biomarker of lipid peroxidation [18]. The levels of MDA were significantly elevated in the negative control group as compared with the control. Treatment with the *F. arnotianna* Extract (100 mg/kg, 250mg/kg and 500 mg/kg) group significantly reduced their levels as compared with the negative control group (MI). There was a significant increase in the level of Nitric Oxide in the cardiac tissue of negative control group (MI) compared with the control group. In contrast, treatment with *F. arnotianna* Extract (100 mg/kg, 250mg/kg and 500 mg/kg) at all the doses showed a significant decrease in the level of the NO. The important endogenous anti-oxidants like superoxide dismutase, catalase and glutathione shield the tissue against oxidative stress ad free reactive oxygen species. In this study there was significant decrease in the SOD, CAT and GSH levels in the negative control group (MI). When compared to control, Treatment with the *F. arnotianna* Extract (100 mg/kg, 250mg/kg and 500 mg/kg) group significantly improved their levels as compared with thenegative control group (MI).

Effect of *F.Arnotianna*Extract on TNF-α, TGF-β and IL-6 in cardiac tissue

Inflammation plays a vital role in MI. Hence, we determined the mRNA expression of TGF- β [19] (Figure 9), TNF α [20] (Figure 10), and IL6[21] (Figure 11) in kidney tissue. The administration of isoprenaline resulted in significant upregulation of TGF- β , TNF- α and IL-6 in rat heart. Treatment with *F. arnotianna* extract at both doses (250 and 500mg/kg) showed significant downregulation of cardiacTGF- β , TNF- α and IL-6 inflammasome. These results demonstrated that *F. arnotianna* extract protects the heart from inflammation caused by isoprenaline induced acute MI.

Effect of F.Arnotianna Extract on heart histology

To assess the damage at the cellular level, we performed histopathology of the heart by H&E staining. Negative control group (MI) animals showed loss of myocardial fibre, lesions, vacuolation, and cardiomyocyte disarrangement, while the *F.Arnotianna*Extract showed improvement in the myocardial fibers, lesions, and vacuolation. Fig 12.Representative photomicrographs of rat heart stained with hematoxylin and eosin; (magnification: 40×); CONTROL: Control animals showing normal cardiac myocardial fibers bounded with endomysium, no vacuolation, necrosis or inflammation, cardiomyocytes surrounded with numerous blood capillaries; Negative control group(MI): showing loss of myocardial fibers with severe lesions and cytoplasmic vacuolated cells, cardiomyocytes disarrangement with congested blood vessel.; low dose *F. arnotianna* Extract (250mg/kg) treated group: showing reorganization of cardiac myofibers , small vacoules of some cardiomyocytes; Highdose *F. arnotianna* Extract (500mg/kg) treated group: showing cardiac muscle fibers of normal shape and size.





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DISCUSSION

Injury stemming from myocardial infarction arises from the inhibition of aerobic glucose oxidation, heightened anaerobic glycolysis, and the subsequent accumulation of lactic acid dehydrogenase. Concurrently, diminished ATP production, disruption of ionic gradients, and compromised membrane stability culminate in the extrusion of enzymes typically housed within cardiomyocytes. Consequently, elevations in serum myocardial enzymes serve as markers of myocardial ischemia-induced impairment. In this investigation, myocardial infarction (MI) rats exhibited notably higher CK-MB activity compared to control counterparts. Administration of low-dose Ficus arnottiana leaf extract (FAE) demonstrated significant efficacy in mitigating this rise in CK-MB activity when juxtaposed with the MI group (p< 0.001). Furthermore, medium and high doses of FAE exhibited significant protective effects, resulting in a marked decrease in CK-MB activity relative to the MI group (p < 0.001). Similarly, the activities of lactate dehydrogenase (LDH) and serum glutamic oxaloacetic transaminase (SGOT) were significantly elevated in the MI group compared to normal controls (p < 0.001). FAE exhibited a dose-dependent protective response against the surge in LDH and SGOT activities in MI rats.

These findings suggest that the observed protective effects against myocardial infarction-induced damage may stem from FAE's capacity to reduce enzyme activity, enhance cardiomyocyte membrane stability, and mitigate enzyme extrusion. TNF- α , TGF- β , and IL-6 are pivotal mediators of inflammatory responses, exerting diverse biological effects. Their primary function involves orchestrating inflammatory reactions, which can precipitate tissue and organ dysfunction by triggering cardiomyocyte death, apoptosis, left ventricular dilation, and thinning of the left ventricular wall. Elevated levels of TNF- α , TGF- β , and IL-6 are commonly associated with myocardial infarction and oxidative stress.Our findings revealed heightened concentrations of TNF- α , TGF- β , and IL-6 in MI rats compared to normal control rats (p < 0.001), indicative of their involvement in cardiac muscle remodeling. Notably, Ficus arnottiana leaf extract (FAE) effectively countered the elevation of TNF- α , TGF- β , and IL-6 levels. These results imply that FAE exerts regulatory control over MI-induced inflammation by attenuating the release of pro-inflammatory cytokines. Malondialdehyde (MDA), a by product of lipid peroxidation, poses a threat to cell proliferation and protein expression by forming Schiff bases upon reaction with free amino groups of proteins and nucleic acids. This process leads to crosslinking of biological macromolecules, culminating in degradation of myocardial cell membrane integrity. Consequently, the physiological functions of the heart are hindered, predisposing to severe arrhythmias and cellular necrosis. Superoxide dismutase (SOD) and catalase play critical roles as antioxidant enzymes, scavenging superoxide anions to prevent cellular damage and maintain the delicate balance between oxidation and antioxidation. Our findings unveiled an elevation in MDA levels and a decline in SOD and catalase activity induced by myocardial infarction (MI), indicating heightened oxidative stress and an imbalance between oxygen free radical production and scavenging in MI-afflicted rats.

Ficus arnottiana leaf extract (FAE) demonstrated a remarkable capacity to mitigate MDA production while enhancing SOD and catalase activity. This suggests that FAE functions as an antioxidant, fortifying the system tasked with scavenging endogenous oxygen free radicals. By inhibiting oxidative stress, particularly lipid peroxidation, FAE safeguards cardiomyocytes from oxidative damage, thereby bolstering myocardial health. In conclusion, Ficus arnottiana leaf extract (FAE) exhibited robust protective effects against several detrimental aspects of myocardial infarction (MI) in rats. These protective effects encompassed the preservation of cytomembranes, prevention of myocardial enzyme leakage, maintenance of antioxidant defenses, and modulation of TNF- α , TGF- β , and IL-6 levels. Notably, some of FAE's protective effects surpassed those of conventional standard drugs. Mechanistic insights indicated that FAE's protective action may involve the regulation of apoptosis-related genes such as Bcl-2 and Bax, as well as the critical apoptotic enzyme, caspase-3. These findings underscore the potential of FAE as an effective agent for the prevention and treatment of MI and other cardiovascular diseases. While this study provides valuable insights, limitations such as financial constraints hindered the exploration of additional parameters necessary for a comprehensive understanding of FAE's protective mechanisms in MI. Future research endeavors should aim to





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address these limitations and delve deeper into elucidating the intricate mechanisms underlying FAE's cardioprotective effects, thereby enhancing our knowledge and therapeutic approaches in cardiovascular medicine.

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| Table. 1 | Table. 1 List of Primer Sequence. | | | |
|----------|-----------------------------------|--------------------------------|---------------|--|
| S.no. | Gene | Primer sequence 5' to 3' | Accession no. | |
| 1. TGF-β | Forward: CAACACCAGCTGCTACCTCA | NM 001393707.1 | | |
| | Reverse: GAGCTCGTCCTCATTCTCGG | NM_001393707.1 | | |
| 2. TNF-α | Forward: ACGTCGTAGCAAACCACCAA | NM 012675.3 | | |
| | Πηγ-α | Reverse: AAATGGCAAATCGGCTGACG | NWI_012075.5 | |
| 3. | Щ | Forward : AGAGACTTCCAGCCAGTTGC | NM 031004.2 | |
| з. | IL-6 | Reverse: ACAGTGCATCATCGCTGTTC | NM_031004.2 | |
| 7. | 19CDNIA | Forward: GCAATTATTCCCCATGAACG | NID 04 (227 1 | |
| | 18S rRNA | Reverse: AGGGCCTCACTAAACCATCC | NR_04 6237.1 | |

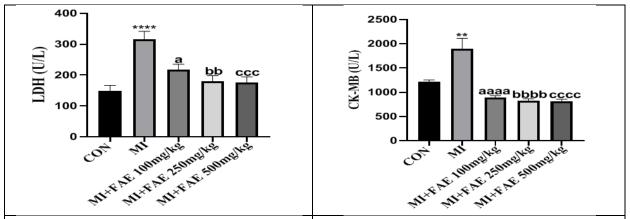
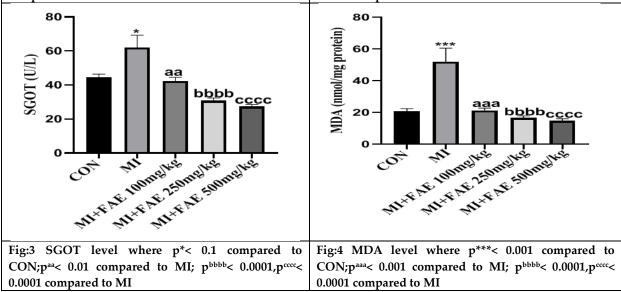


Fig:1 LDH level where p***< 0.0001 compared to
CON; pa< 0.1 compared to MI; pb< 0.01,pccc< 0.001
compared to MIFig:2 CK-MB level where p**< 0.01 compared to
CON; paaaa< 0.0001 compared to MI; pbbbb</th>Compared to
OU1,pccccompared to MI0.001,compared to MI0.0001,compared to MI

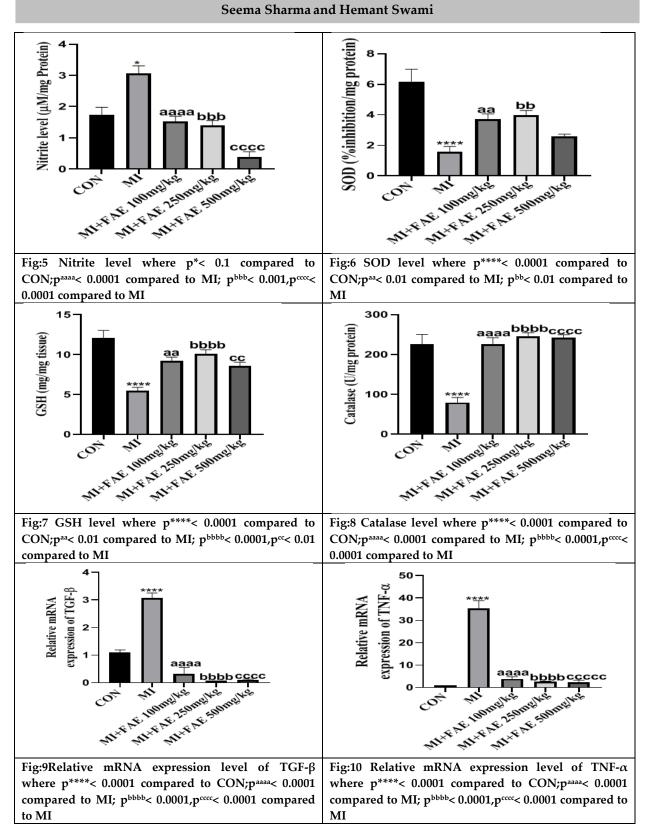




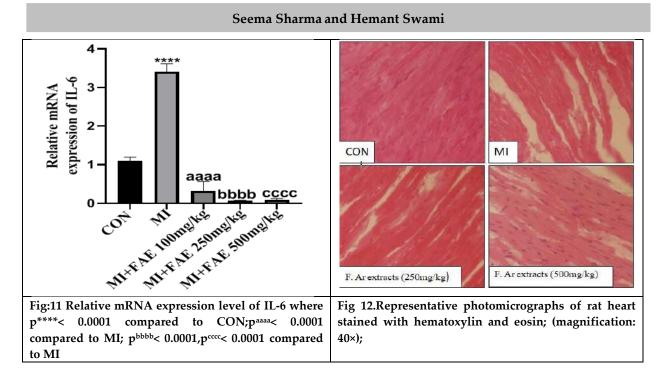


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RESEARCH ARTICLE

Post-Partum Canine Mastitis in Golden Retriever Bitch

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ABSTRACT

Canine mastitis is an unusual illness affecting the post-partum bitches 1- 10 days after whelping, which can cause severe illness starting with swelling/redness of the mammary gland, fever, inappetence to anorexia, lethargy, and vomition, when untreated, can lead to septicemia and death. However, the incidence and the risk factors of canine mastitis have not been well-studied. A 1.5-year-old Golden Retriever presented with a history of whelping 2 days before the expected date with clinical signs of inappetence, weakness, vomition, high temperature (104.3°F), slightly pale mucous membrane, and swelling of the mammary gland with reddish discharge on palpation. The discharge was collected using a sterile swab and subjected to isolation and identification of the causative agent using PCR and further subjected to a culture sensitivity test (CST) to determine the best treatment regimen.

Keywords: Canine mastitis, post-partum, CST, *Streptococcus*, PCR, hematobiochemical.





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INTRODUCTION

Postpartum illnesses in bitches, such as metritis and mastitis, can cause severe illness and may impair the ability to milk and care for the puppies [1,2]. Clinical mastitis in dogs can manifest in many different ways; the acute form usually appears during the postpartum phase. However, the illness might also manifest as a chronic, subclinical condition. There are a few suggested risk factors for canine mastitis, including systemic illness, trauma (typically from pups), and unhygienic surroundings [3,4]. The illness usually strikes between the 6th and 10th day following whelping, with the postpartum phase being the most common time for it to occur [5,6]. It can also happen after early puppy weaning and during pseudo-pregnancy. The majority of the time, infections are ascending, while they can also spread hemorrhagically from other infected locations, like the uterus. Numerous bacteria, including *Streptococcus* species, *Escherichia coli*, and *Staphylococcus spp.*, have been implicated as the disease's aetiological agents; yet, in certain cases of clinical mastitis, no microorganisms could be identified [7,8].

Mammary gland congestion is another condition that is assumed to be a risk factor for developing mastitis, while there is no proof of a link between the two conditions. Mammary gland congestion refers to the condition that is characterized by firm and engorged mammary glands without any changes to the milk, such as milk discoloration, a caseous appearance to the secretions, or other symptoms of mastitis. However, congestion of the mammary gland can also be a clinical symptom of mastitis[4,9]. Treatments for mastitis might be empirical, particularly in cases where prompt medical attention is required, or they can be based on the causative agent's culture and antibiotic susceptibility. *Staphylococcus spp., Staphylococcus intermedius, Staphylococcus haemolyticus,* β -hemolytic *Streptococcus, Klebsiella pneumoniae*, and *Escherichia coli* are among the bacteria that are frequently recovered from milk samples from bitches with mastitis [10].

Case history

A 1.5-year-old Golden Retriever was presented at the Division of Teaching Veterinary Clinical Complex with a history of whelping 2 days prior to the due date with clinical signs of in appetence, weakness, vomiting, high temperature (104.3°F), slightly pale mucous membrane, and swelling of the mammary gland with reddish discharge noticed. The dog was timely dewormed and vaccinated. The body weight of the bitch was 32 kg. Physical examination of mammary glands showed warm, oedematous, and painful conditions with palpable softs welling (Figure 1).

MATERIALS AND METHODS

Collection of Sample

Collection of sample was done by squeezing purulent exudate from affected teats, which was collected in an Eppendorf tube and checked for pH using pH paper, and one more sample was collected directly from the teat with the help of a sterile swab and subjected to bacteriological examination and cultural sensitivity test (Figure 1).

Bacteriological Examination

The sample was processed for bacteriological examination by inoculating the milk sample in the nutrient broth and incubated at 37 °C for 24 hours. The inoculum was then used for streaking on the surface of brain heart infusion (BHI) agar plate using inoculating loop. Later the formed colonies were subjected for Gram's staining. The smear of suspension was prepared on a clean slide with a loopful of sample bacteria. Crystal violet stain was poured and kept for about 30 seconds and rinsed with water followed by pouring gram's iodine for 1 minute and decolouriser was used for about 10-20 seconds and rinsed with water. At last safranin stain was used for 1minute. Washed and airdried slide was then observed under microscope.





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Molecular Characterization by Polymerase Chain Reaction (PCR)

The isolate was further subjected for molecular diagnosis using PCR(initial denaturation, denaturation, annealing, 30 cycles, extension and final extension)against the *Strepagal* gene (F-5'CTGTGAGATGGACCTGCGTT and R – ACGCCCAATAAATCCGGACA 3') with the optimized PCR condition as follows, initial denaturation 94°C for 2minutes, denaturation 94°C for 15seconds, annealing 58°C for 30seconds, 30 cycles, extension 72°C for 45seconds and final extension 72°C for 5minutes followed by gel electrophoresis.

Culture Sensitivity Test

Culture sensitivity test was done using disc diffusion assay against the following antibiotic disc: Oxacillin (OX, 1mcg), Gentamicin (GEN, 10mcg), Co-trimoxazole (COT, 25mcg), Ceftriaxone (CTR, 30mcg), Amoxicillin (AMC, 30mcg), Cefoperazone (CPZ, 50mcg), Doxycycline (DO, 30mcg), Penicillin G (P, 10units), Ampicillin (AMP, 10mcg) and Enrofloxacin (EX, 5mcg) (HiMedia, India).

Hematobiochemical Test

Hematobiochemical changes of the bitch before and 5 days after treatment were also studied for better understanding of the case. Blood was collected from the animal and subjected for complete blood count test (CBC test) that measured various parameters like hemoglobin(g/dL), total leucocyte count(10³/mm³), mean corpuscular volume (fL), platelets count(10³/mm³), neutrophils(%), lymphocytes(%), monocytes(%), eosinophils (%) etc using MYTHIC 18 VET Haematology Analyser, (Compact diagnostics India Pvt Ltd.). Biochemical parameters including total protein(g/dl), albumin(g/dl), globulin(g/dl), ALT(U/L), AST(U/L), BUN(mg/dl) and creatinine(mg/dl)were estimated by UV spectrophotometer using Erba diagnostic kits (Transasia Biomedical Ltd. Mumbai, India).

RESULTS AND DISCUSSION

Bacteriological Examination

In this present study, the pH of mastitis milk was revealed to be alkaline (7.8), which was on par with previously conducted studies[1,11,12,13,2,14,15] where all quoted a high alkalinity of pH (7-9.5). In the case of mastitis, the pH level can increase due to infections such as *Streptococcus* or *Staphylococcus aureus*. This change in pH can make it more challenging to distinguish between contaminated milk and healthy mammary secretions. Additionally, severe mastitis is characterized by symptoms such as redness, hot milk, or discharge through one or more pores in the teat, which requires immediate attention and treatment from a veterinarian. So, without wasting any time, the sample was processed for bacteriological examination; the isolate revealed white pinpoint colonies on brain heart infusion (BHI) agar (Fig. 3), and on gram's staining, it showed a bunch of grapes appearance with purple color cocci, proving grampositive. (Fig. 4).

Polymerase Chain Reaction

The isolate was further subjected to molecular diagnosis using PCR against the *Strepagal* gene (F-5'CTGTGAGATGGACCTGCGTT and R – ACGCCCAATAAATCCGGACA 3') with the optimized PCR condition as follows, initial denaturation 94° C/ 2min, denaturation 94° C/ 15sec, annealing 58° C/30sec, 30 cycles, extension 72° C/ 45sec and final extension 72° C/ 5min followed by gel electrophoresis. The PCR result showed positive for the *Strepagal* gene at 352 bp (Figure 5), proving that the isolated bacteria is *Streptococcus spp.*, which was analysed and confirmed using gel electrophoresis. Our results were in concordance with a previously conducted study which reported *Streptococcus canis* was the organism isolated that was responsible for the mastitis [16].Some also mentioned that *E. coli, Staphylococcus sp., Streptococcus sp.,* and other coliformsare the main infective agents responsible for thedevelopment of mastitis [17-19].

Culture Sensitivity Test

Culture sensitivity test using disc diffusion assay against the following antibiotic disc: Oxacillin (OX, 1mcg), Gentamicin (GEN, 10 mcg), Co-trimoxazole (COT, 25 mcg), Ceftriaxone (CTR, 30 mcg), Amoxicillin (AMC, 30 mcg),





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Cefoperazone (CPZ, 50 mcg), Doxycycline (DO, 30 mcg), Penicillin G (P, 10 units), Ampicillin (AMP, 10 mcg) and Enrofloxacin (EX, 5 mcg) (HiMedia, India) revealed that Oxacillin and amoxicillin showed resistant and other remaining antibiotic disc showed susceptibility with zone of inhibition ranging from 26 mm – 35 mm.

Haematological Analysis

When it comes to the results of hematological analysis, it revealed mild anemia, a decrease in MCV, leukocytosis, neutrophilia, and thrombocytopaenia [20,21] where they reported leukocytosis and normocytic normochromic anemia while serum biochemistry revealed hyperproteinaemia, hyperalbuminemia, and hyperglobulinemia (Table 2 and figure 6) were on par with previous studies[22-25] where all reported increased ALT, AST, creatine, BUN, proteinogram and the values returned within the reference range on day 5 post-treatment.

Treatment

The results of culture sensitive test played a major role in choosing the choice of antibiotics in this case. Intravenous injection of Ceftriaxone (Intacef TazoPet^R – 562.5mg) @ 25mg/kg body weight for 5 days with fluid therapy (Normal Saline @ 250ml and Ringer's Lactate @250ml)was given. Besides antibiotic therapy, supportive therapy was also given, which includes Inj. B- complex (Tribivet^R) @1ml, Inj. Flunixin meglumine (Megludyne^R) @ 1.1mg/kg body weight and Inj. Pantoprazole (Pantop^R) @1 mg/kg body weight intravenously. Manual emptying of the affected mammary glands was also carried out after fluid therapy, and advised to do the same at their home, too. A gradual reduction in the swelling of the mammary gland and improvement in the overall health of the animal started to be noticed on the day 2nd of treatment. Complete recovery of the animal's health noticed on day 5th of the treatment (Figure 4).

CONCLUSION

Mastitis rarely occurs in lactating female dogs, but if left untreated, it can have serious effects on both the mother and her nursing puppies. This case study provides a comprehensive overview of canine mastitis, including clinical symptoms and treatment options, to help veterinarians approach the condition systematically rather than relying on general or symptomatic treatments.

Conflict of Interest

None of the authors have any conflict of interest to declare.

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| S. No. | Antibiotic disc | Zone of Inhibition (mm) |
|--------|------------------------------|-------------------------|
| 1 | Oxacillin (OX, 1 mcg) | 10mm |
| 2 | Amoxycillin (AMC, 30 mcg) | 10mm |
| 3 | Co-trimoxazole (COT, 25 mcg) | 26mm |
| 4 | Enrofloxacin (EX, 5 mcg) | 27mm |
| 5 | Ampicillin (AMP, 10 mcg) | 33mm |
| 6 | Doxycycline (DO, 30 mcg) | 29mm |
| 7 | Ceftriaxone (CTR, 30mcg) | 30mm |

Table 1: Culture sensitivity test





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| 8 | Gentamicin (GEN, 10 mcg) | 26mm |
|----|----------------------------|------|
| 9 | Cefoperazone (CPZ, 50 mcg) | 30mm |
| 10 | Penicillin (P, 10 mcg) | 35mm |

Table 2: The Hematobiochemical Parameters on Day 0 and Day 5

| Parameters | Day 0 | Day 5 | Reference Range |
|---|-------|-------|--|
| Hb (g/dL) | 11.2 | 13 | 12-18 (g/dL) |
| TLC (10 ³ /mm ³) | 15.2 | 12.6 | 5.7-14.2 (10 ³ /mm ³) |
| MCV (fL) | 66 | 72 | 60-77 (fL) |
| Platelets count (10 ³ /mm ³) | 200 | 342 | 200-500 (10 ³ /mm ³) |
| Neutrophils (%) | 88 | 80 | 43-80 (%) |
| Lymphocytes (%) | 10 | 13 | 14-45 (%) |
| Monocytes (%) | 03 | 03 | 2-9 (%) |
| Basophils (%) | 01 | 0 | 0.1-1.1 (%) |
| Eosinophils (%) | 10 | 06 | 1-18 (%) |
| Total Protein (g/dl) | 8.6 | 5.6 | 5.4-7.5 (g/dl) |
| Albumin (g/dl) | 3.6 | 2.7 | 2.3-3.1 (g/dl) |
| Globulin (g/dl) | 4.5 | 03 | 2.40-4.40 (g/dl) |
| ALT (U/L) | 132 | 96 | 10-109 (U/L) |
| AST (U/L) | 21 | 15 | 9-49 (U/L) |
| BUN (mg/dl) | 20 | 16 | 5-21 (mg/dl) |
| Creatinine (mg/dl) | 1.1 | 01 | 0.5-1.7 (mg/dl) |

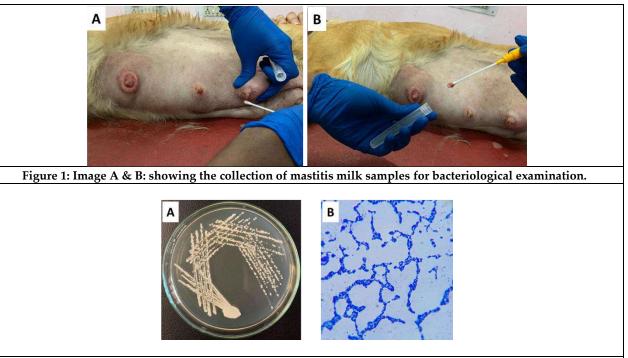
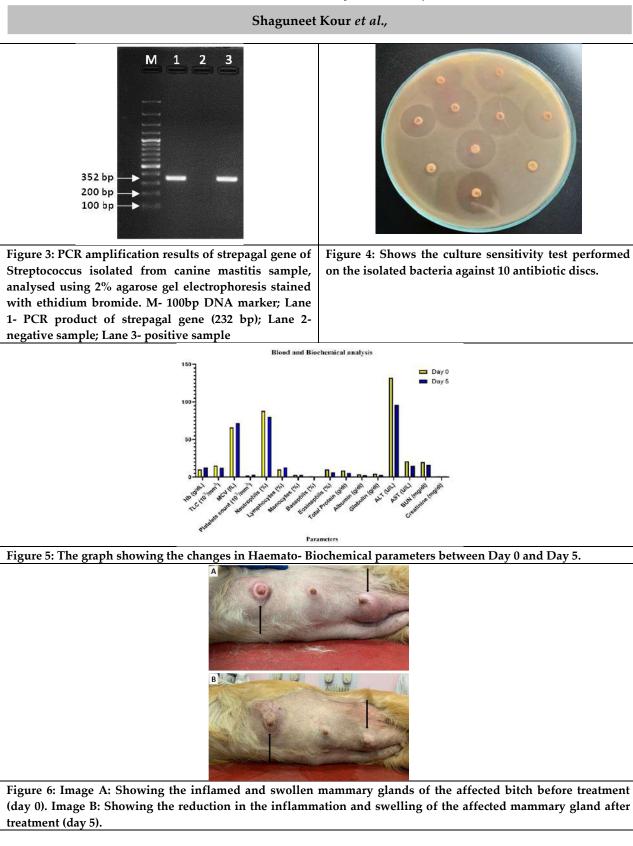


Figure 2: Image A: Colony morphology showing white pinpoint, opaque, smooth, and circular colonies on brain heart infusion (BHI) agar. Image B: Gram staining showing characteristic bunch of grapes appearance with purple colour cocci, proving gram-positive.











RESEARCH ARTICLE

Investigating Environmental Education, Awareness, and Ethics among Teachers in Higher Primary Schools: A Case Study in Hassan District, Karnataka, India

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ABSTRACT

Global warming and contamination of the environment are currently major global issues. Measuring environmental education, awareness, and environmental ethics among, higher primary school teachers at various schools in city of Hassan, Karnataka is the aim of the research project. As the questionnaires were created and distributed, the results of a sample of 42 Teachers -64% percent of whom were Male and 36% of whom were women-were examined in the current research study. The objective of the survey was to determine the Teachers level of environmental awareness. Three sections-attitude regarding environment, environmental awareness, and environmental education-each contained 138 prepared questions. The statistical analysis of the organized future study will be focused on environmental awareness. Simple random sampling methods are used to determine the sample size. Each of the characteristics of the environmental factors for every single item are shown using statistical analysis. When measuring inside consistency-a measure of how closely related a set of items is to one another-Cronbach's alpha indicated that the questionnaire had reached a level of satisfactory reliability. IBM SPS 22 is used to assess internal consistency. Upon analysing a sample of survey responds, it came out that around 85% of Teachers had provided positive feedback. The responses they gave focused on





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minimizing environmental pollution and enhancing the state of the environment. In brief, a strong suit for Teachers is their awareness of environmental issues, which may be beneficial to our planet's health.

Keywords: Global warming, teachers, health, environmental, education.

INTRODUCTION

The worlds environment has changed dramatically over the past few decades with certain modifications being directly attributed to human activity based on abbas 2013 the environment has been impacted at an alarming rate due to reducing air water and soil quality rising sea pollution wildlife extinction biodiversity loss and an increase in the intensity and frequency of catastrophic natural disasters which lead to property damage and fatalities. Worldwide climate change and the rate that the planets resources are being depleted exceed each other bozoglu et al 2016 further education ultimately damages environmental issues since it generates the leaders of tomorrow who will have authority to make choices over a wide range of issues in society graduates from these institutions are therefore expected to dealwith sustainability challenges in both their private and professional lives students have to develop a suitable diversity of environmental awareness cognition and concepts while they are in school in order to develop critical thinking skills (Corncoran and wals) 2004. The biological, physical, social, and cultural settings in which all living things coexist and interact with one another are referred to as the "environment." The reckless use of the planet's resources and the unchecked destruction of its ecosystem, which have disastrous direct and indirect effects, are among the most important aspects of human existence. Numerous topics are covered under the broad heading of environmental health, including generation, pollution of the air and water, and climate change. While advancements in science and technology mayimprove our lives, they frequently have a negative effect on the environment. Human behavior is the major source of ecological issues, and only civilization can provide an explanation. the environments delicate balance has been upset by human attempts to regulate it leading to harsh environmental issues that threaten human survival (GOK and kilie 2021). The global general awareness of the adverse effects that ecologically conscious production and environmental teaching and research destruction have on as well as the connections between the two has grown considerably over the last thirty years nowadays national educational policies curriculum design documents and conservation work all incorporate the concept of environmental education. Understanding the detrimental effects that human activity has on the environment and making steps to lessen or prevent these effects are components of environmental awareness.

A few hints that the method to evaluate the scope of the work we do has to be started. In this regard, the North American Academy for Environmental Education is currently attempting on creating "Standards" for the subject; yet, opposition of this concept understand it will more likely help to reduce speech than help promote it. Deterioration of the environment caused by undesirable mining practices, loss of biodiversity, storms draughts, and lack of sanitation are a few instances of man-made issues with the environment that jeopardize capacity of the natural landscape to sustain human life. Whereas some of these attempts are improving the country's food supply, they requires to be reined in to prevent harming the ecosystem and jeopardizing sustainability in the longer term. With a focus on introducing environmental education into the educational program, research shows that schools continue to experience human resources problems with balance in both the teaching and support departments besides a lack of funds. While materials are needed to reduce the teacher ratio during guidance so that children can get sufficient time from their teachers, this can be barriers to the teaching of guidelines, their implementation, and environmental education. This element may assist students realize protection and practical methods to prevent pollution (Mashaba 2022). Even the fact that every person deserves access to an ideal life, here are several components to today's society which make it challenging to achieve a satisfying one. Trouble may result with rising pollution of the environment in major levels. Individuals just struggle and are dissatisfied given that we lack concern about community as a whole, neither do we have an ethics or sense of responsibility for maintaining an optimal





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environment. sincerely are interested in aiming for an improved standard of life that provides independence against sickness, hunger, and stress, then have to work together in reducing the planet's rising pollution (Chavada and Dinesh 2020). Along the period of the 21st century, the study of environmental ethics grew in size. A wide variety of opposing viewpoints can be supported by discussing the main worries in environmental ethics, whether to deal with such problems, as well as how environmental ethical thought applies with relevant practical problems topics in environmental ethics nowadays. Below that, we have present just a few of the essential, though completely opposite, issues of objections in the topic of environmental ethics (Palmer et al 2014).

An ecological crisis represents one of the solutions for commercial growth in the economy which is constantly available. Here have been an increase in consumer requests for companies that reduce the adverse environmental effects associated with their related to business procedures. In reaction, businesses must embrace ecological principles as a means of ensure their financial sustainability and also regard the management of the environment as an indicator regarding their "social prosperity." For the purpose of to reduce the destruction which corporate activities, if any of them, had on the natural environment, it is essential for administration to become dedicated to environmental morals by the creation of regulations and implementing them in regular actions. Several research studies indicate which the long term viability of along with group is relying over the ecological consciousness of their human sources and their respective positions responsibility of particular environmental skills connected with basic operations for organizational programs in their own valuable expansion procedures (Singh et al 2019).

The intention of the survey's questionnaire is: To offer a summary of the primary areas of passion, advantages, and limitations of the body of studies on learners and instructional methods in the field of environmental education. To identify which were the most major findings from this collection of work for every one of the primary fields that are relevant and assess any drawbacks of these findings in terms of both their empirical foundation and ability to be generalized With the goal to point out problems relating to the natural world, quality, and visibility of fresh studies on the environment. Learning and instruction and highlight fields of concern for further investigation(2001, Rickinson). The study ecological crisis represents a few of the possibilities of corporate growth which are generally available. Here seems to be a recent increase in public requests from organizations to reduce the adverse ecological effects on their related to business operation. As reaction, businesses must adopt ecological values and a means of ensure their financial sustainability and also regard their management of the environment an indicator to evaluate their "social activities welfare." Managers must be fully motivated to ecological values through developing guidelines and integrating them within everyday events with the aim to decreased the negative environmental effects of the company's activities, whenever any. Many research studies suggest a company's capacity to keep being environmentally friendly depends upon its individual human assets' knowledge regarding sustainability issues and the retention of certain specific environmentally friendly capabilities related to their basic tasks for organizational implementations in their methods of creating values (Singh et al 2019).

METHEDOLOGY

As a way to assess the sampled population's maturity in knowledge about environmental issues, attitudes, level on treatment, and roles with relation to sustainability and protecting its resources, the research study utilized an organized survey technique for recording data as well as responses. A grand total of the number 138 survey questionnaires had been circulated. A selection at random of teachers present in each of the schools across the both government and private higher primary schools provided their statements. The survey comprises three separate sections: the ethical and educational element, an awareness of environmental issues aspect, plus a mindset toward the condition of the planet component.





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RESULTS AND DISCUSSION

Environmental Awareness

Knowing the adverse impacts which our behavior had upon the ecosystem becomes feasible via developing consciousness about environmental issues, and this is essential in community. As a way to maintain the ecosystem to future generations as well as the present, knowledge of encourages ethical behavior, environmentally responsible conduct, plus collective efforts resolve issues related to the environment.

Environmental pollution has became a big problem ,because a miss- management of municipal waste ,its turns to various problems in the environment ,like air pollution ,causing air borne diseases ,acid rain , green house gases etc .Each individual consume food or water. And exposure of skin to harm-full sunlight may causes serious threat to human health, like skin cancer and others. As per, responses , strongly agreed 21.4% of good response, agreed 42.9% of positive responses, neutral 16.7% average response, disagreed 16.7% medium response and strongly disagree 2.4% were recorded from the Teachers.

It is controversial whether family planning can be made mandatory as a way to help slow up the growth in population. Others argue that it might help in solving the problems caused by a population boom, and others highlight the value of optional, based on rights approaches that takes economical as well as private choices into consideration. Balanced handling of population is often seen as needing public education, access to healthcare, and empowering communities. As response, Strongly agreed 9.5%, agreed 45.2% of positive response, neutral 28.6% of medium response, disagreed 14.3% of average response and strongly disagreed 2.4% response recorded by the Teachers.

Certainly the rapid development of technology and science has enhanced the lives of numerous individuals globally through giving all of a host of positive effects and improvements. Instead it additionally results in a number of harmful impacts and negative impacts on our planet. Probably the primary determinants of damage to the environment are: Industrial pollution, Electronic waste (E-waste), deforestation, climate change, chemical contamination, loss of biodiversity and others issues. As per responses, strongly agreed 4.8%, agreed 57.1% of positive response, neutral 19.0% of medium response, disagreed 16.7% of average response and strongly disagreed 2.4% responses received from the teachers.

During frequent stops of vehicles in urbanized cities in traffic lights, after delayed in a driving through, or when waiting at a lights. Engine idling has major drawbacks, like wasting fuel and contributing to air contamination, vehicles heating issues and other issues. And spread awareness about these environmental protection duties, because fuels are valuable and limited. And also contribution to global warming due to releasing the green house gases. As per responses, strongly agreed 14.30% of good responses, agreed 33.30% of average responses, neutral 38.10% positive responses, disagreed 11.9% response and strongly disagree 2.40% responses are collected by teachers.

The concept of clearing forests for the reason of providing additional revenue to government departments is challenging and controversial, containing factors related to society, the economy, and the environment. In these issues we are all responsible for forest biodiversity loss, and wildlife animals are enter the cities and make uncomfortable for human living system. And we loss complete forest atmosphere. This concept was spread awareness for each individual for maintain the sustainability for future generations. As per responses, strongly agreed 2.40%, agreed 31.00% of positive responses, neutral 23.80% of medium response, disagreed 28.60% of average response and strongly disagree 14.30% of responses are collected. In concept of forest land, we take serious decision about forest land.

Considering the fact that water occupies 80 percent of the planet's surface, the argument that water pollution isn't an important problem is oversimplified and incorrect. It is true that water occupies an important portion of the Earth's





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surface, just ecosystems and life depend on the quantity and purity of that water. The peoples do not know the, what water is covered the earth, there are classified into different types and denoted in percentage, like water is present in the form of ice caps and glaciers, oceans, lakes and other form of water. As per response strongly agreed 4.80%, agreed 38.10% of positive responses, neutral 31.00% of good responses, disagreed 19.00% of average responses and strongly disagreed of 7.10% are feedbacks were recorded.

Environmental Ethics

Knowing the ethics of environmental protection is necessary due a variety of explanations, especially knowing that it significantly impacts how individuals conduct each other as well as community in relation to their ecosystem. Implementing ecologically responsible decisions and implementing sustainable practices are crucial for the preservation of natural resources. Listed below are a few tactics that could assist in the preservation of natural resources conservation like, conservation of water, forest, and good atmosphere, and limited usage of natural resource, and nowadays natural resource usage depends on present population note. As per response, 4.30% of not use natural resources, 2.50% of replace worn out resources, 3.50% of restore natural resources and 4.50% of use natural resources wisely, these responses are collected by teachers.

The depletion of ozone layer and the green house effects both are environmental issues, and different reasons for causes in atmosphere by different human activities and technology. Nowadays the depletion of ozone layer and the green house effects leads to global warming and the how many people know about these environmental impact. As per responses 64.30% of too much toxic waste in the atmosphere, 14.30% of atomic explosion, 16.70% of excessive military operations, 2.40% of launching of too many satellites and 2.40% of I don't know, responses are recorded.

Medha patkar is well know as Indian activist, politician, and medha patkar was the initiators of the save the Narmada movement, Narmada Bachao Andolan (NBA). Medha patkar popular leader. As per responses 48.50% of politician, 11.90% of social worker, 50.00% of environmentalist, 33.30% of I don't know, response are collected.

In this generation, we have was crazy young peoples. They don't think about environmental responsibility while celebrated some special movements in society. Previous decades are fire the crackers and enjoy, celebrate the festivals time, but nowadays the peoples use fire the fire crackers unnecessary movement like, birthday celebration, VIP entries and special festivals movement. This activity also joined to global warming and etc. The knowledge about this firing and cracker activity. As per response, 57.10% of noise and air pollution, 14.30% of noise and industrial pollution, 4.80% of water and noise pollution, 21.40% of air and water pollution, 2.40% of I don't know, responses are collected.

The Kerala Forum's campaign to stop the reduction of natural resources. It's possible that a project of such a nature developed or became well-known around that date. We are able to offer you more wide knowledge regarding ways community meetings or campaigns, whether in Kerala or in another location, may deal with problems related to the environment. Kerala region has huge biodiversity ecosystem, but human society step into the more income segment to development of nation, so they moderate the forest, like human activity area and wildlife activity area. As per responses, 21.40% of silent valley project , 54.80% of chipko movement , 7.10% narmada andolana, 2.40% of ganga cleaning project and 14.30% of I don't ,know, response are collected.

Solar ovens, occasionally referred to simply as cookers made from sunlight, are machines which roast and boil utilise sunshine as an alternative form of heat. Through transforming direct sunlight into heat, they eliminate the need for standard fuels like oil and wood while cooking food. The following are some essential uses and advantages of solar ovens, environmentally friendly, off –Grid cooking, reduced deforestation and etc. As per responses 40.50% of decreases environmental pollution, 11.90% increases demand for solar ovens, 33.30% increases environmental pollution.7.10% of increases demand for solar energy and 7.10% of I don't know, responses were collected.





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Environmental Education

Enhancing knowledge about environmental education is necessary for promoting environmentally friendly behaviors and an awareness of environmental responsibility for themselves.

Several individuals and authorities in the subject areas of long-term sustainability and environmental science say that all individuals should place a high premium on conservation of the environment. Because very one use the natural resource in daily life, that's why the every persons conserve and protect the natural resource and environment. As per responses, 26.20% of strongly agreed positive responses, 42.90% of agreed, 19.00% of neutral and 11.90% of disagreed, responses are collected.

Conservation of the environment is an effort which individuals of all ages are capable of contributing to; it is more than anything that professionals do. While adults might have better resources and influence over actions, children and teenagers are still able to contribute a big contribution to building a better tomorrow. These can be some ways citizens may help protect the environment, whichever their age. Schools initiatives, education and awareness to children and teens. As per responses, 9.50% of strongly agreed, 31.00% of agreed, 35.70% of neutral, 21.40% of disagreed and 2.40% of strongly disagreed, responses are recorded

Multidisciplinary instruction and practical relevance are concepts which stand in oppose to the notion of carefully compartmentalizing the teaching of a topic without linking it to the surrounding environment and its various elements. Math, science, language arts, and social studies are just a few of the instances of the subjects which have been classified into specific groups according to conventional educational paradigms. None the less, the beneficial effects of bringing together subjects and presenting them into the wider picture of the environment growing more and more obvious. As per responses 7.10% of strongly agreed, 42.90% of agreed, 33.30% of neutral and 16.70% of disagreed, responses are collected.

A complete approach that helps in the achievement of an in-depth awareness of the environment as well as associated concerns is for integrating environmental issues within the teaching of many subjects related to education. This interdisciplinary strategy recognizes that problems with the environment have complex connections and include multiple disciplines, like social sciences, science, the field of economics and even more. Here several improvements that students observe while environmental factors are presented: interdisciplinary learning, sustainability education. As per responses, 7.10% of strongly agreed, 45.20% of agreed, 33.30% of neutral, 11.90% of disagree and 2.40% of strongly disagreed, responses are collected.

While geography and biology certainly represent essential subjects to understand the basics of and appreciating environmental subjects, it's important that students understand that ecological issues are multidimensional and extend these two academic fields. More general in scope, the field of environmental science combines concepts and ideas from a number of academic, social, and economic areas. As per responses 9.50% of strongly agreed, 38.10% of agreed, 35.70% of neutral, 14.30% of disagreed and 2.40% of strongly disagreed responses are collected.

Considering it increases a sense of environmental responsibility and help learners understand the way various subjects interact with one another, combining environmental principles into various subject areas is usually seen as a helpful approach to education. To avoid any adverse consequences, such as learners losing focus on their main topic, it is essential that this combination be done properly. As per responses 9.50% of strongly agreed, 42.90%, agreed, 26.20% of neutral and 21.40% of disagreed responses are collected.

CONCLUSION

During nowadays, lifestyle becomes so rapid, the individuals having no spare time to show concern about the surrounding environment. Moreover, the scenario becomes more serious due to the continuing mistreatment and





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degradation of earth's resources in the title of industrialization. Materials and resources, which were previously thought to be reusable are currently in risk of growing increasingly restricted to be an outcome of neglect and misuse. The phenomenon becomes especially apparent within the younger generations of community. Humans promote contamination, without caring to or protecting the planet's health. The research was carried out between Government higher primary schools Teachers and Private higher primary schools level Teachers looking to find out more about their views on the environment awareness, education and ethics, and with the objective to evaluate how serious it is of the present situation. The results of the research indicated that Government higher primary schools level Teachers have grown more aware of and worries about the harm that either intentional or unintentional activity by humans contributes to the ecosystem. Their responses to the questionnaire's topics highlighted an excellent aspect about their awareness and education on the threats to health related to pollution from the environment, along with a number of events. These will allow it less difficult for recruits more and more Teachers and other people to join collaboratively to protect the globe's environmental sustainability.

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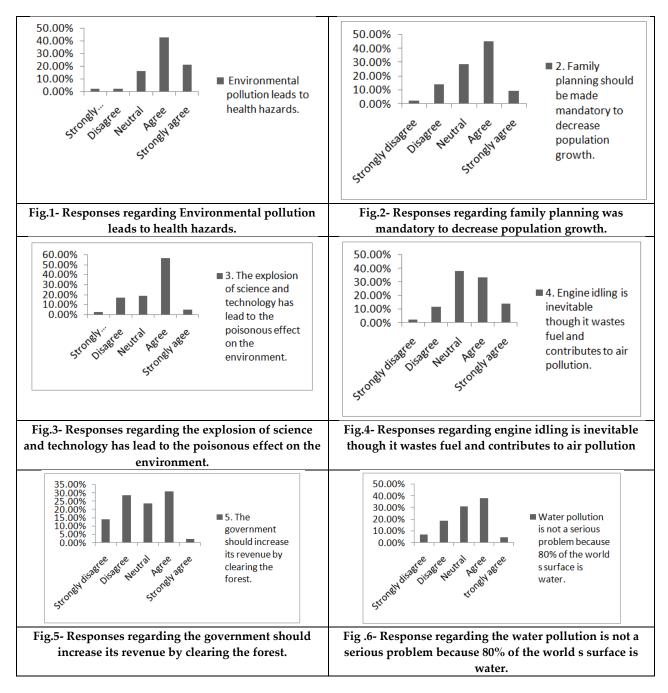
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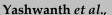
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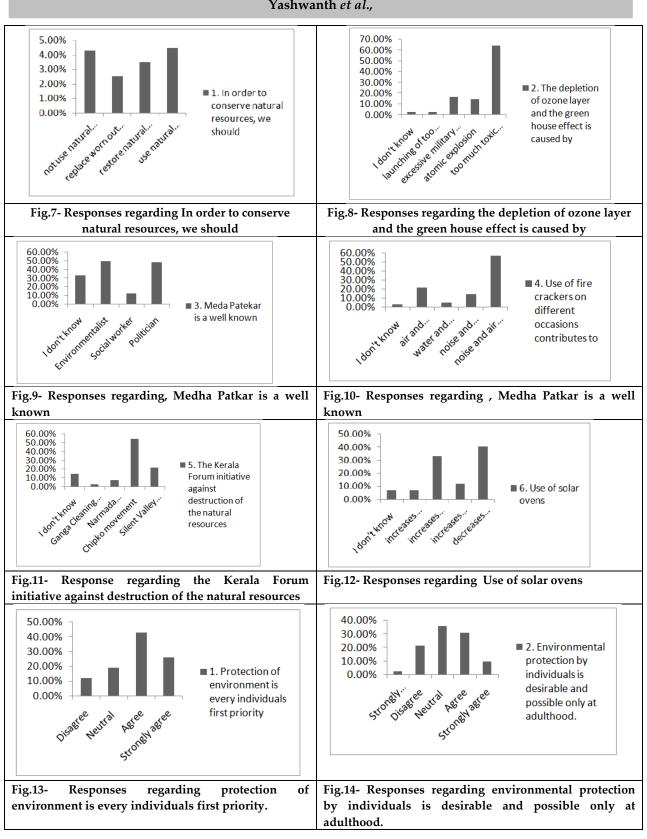
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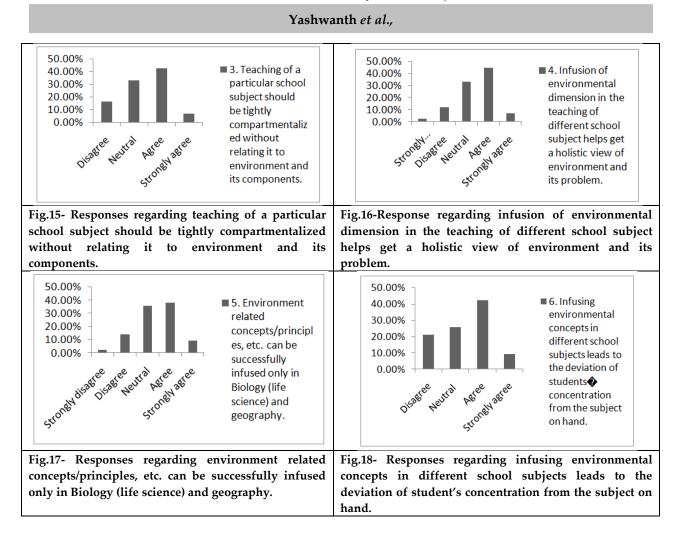
















RESEARCH ARTICLE

Morphometric Analysis of Krishnarajapete Watershed using Geospatial Techniques, Mandya District, Karnataka, India

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ABSTRACT

The morphometric properties of a watershed can be estimated using Remote sensing (RS) and Geographic information system (GIS) approaches. The watershed was divided into 11 sub-watersheds (SWs), which are then ranked according to morphometric characteristics. For each sub-watershed, morphometric features such as aerial and linear aspects have been evaluated to determine a preferred ranking. The drainage basin is characterized by a dendritic to subdendritic drainage pattern, according to morphometric analysis. The analysis also showed that the total number and length of stream segments is maximum in first-order streams and decreases as the stream order increases. Theelongation ratio is less than 0.60 for all 11 sub-watersheds, indicating that it has a moderately sloped surface and an elongated shape.Low drainage density leads to coarse drainage texture in the study area. Flood flows easier in the elongated basin so 10 sub-watersheds except 1 sub-watershed show elongation of the shape of the basin.

Keywords: Morphometry, Sub-Watershed, Geographic Information System, Lithology.

INTRODUCTION

The measuring and quantitative analysis of the landforms' dimensions, shapes, and configurations on Earth is known as morphometry[1,2]. To ensure long-term growth, avoid soil erosion, and save water, watersheds must be studied. Remote sensing and geographic information system (GIS) analysis are effective methods for examining the hydraulic process in the river basin[3]. Any hydrological inquiry, including pedology, environmental evaluation, groundwater management, and groundwater potential assessment, has to consider the drainage basin analysis. Hydrologists and geomorphologists have determined that certain relationships between runoff characteristics and drainage basin systems' geographic and geomorphic features are crucial. The physiographic features of drainage basins, such as size,





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shape, slope of the drainage area, drainage density, size and length of the contributors, etc., can be connected with several significant hydrologic phenomena[4]. The Watershed is the best unit for managing natural resources and promoting sustainable development[5]. To be able to properly define and analyze drainage basins, the most recent Remote Sensing and GIS techniques must be integrated[6]. Scientific studies indicate that morphometric characteristics of a river basin are important in determining which sub-watersheds should be prioritized. Water flowing into and out of the basin will deposit and accumulate contaminants, fertilizers, and sediments [7,8]. The onsite and offsite ecology of the river basin may be significantly impacted by them. Therefore, researching the drainage basin process may contribute to a deeper comprehension of the hydrologic cycle and the movement of water. To achieve sustainable land and water resource use and lessen the effects of growing pollution, watershed management must be put into practice [9-11]. These days, geographic information system (GIS) approaches are employed.

For evaluating the different topography and morphometric characteristics of the watersheds and drainage basins, since they offer a versatile setting and an effective instrument for the handling and examination of geographical data. Since there hasn't been a thorough morphometric investigation of the area done before, the primary goal of the current study is to use a Geographic Information System (GIS) to analyze the linear and areal morphometric characteristics of the watershed. The management of the region's water resources and other natural resources is aided by this study's knowledge of the many geo-hydrological features of the watershed[12]. The most pertinent quantitative morphometric features have been selected and used for the current investigation. Three groups of morphometric features, such as linear, relief, and areal aspects, can be distinguished. Since they have a connection to flow, runoff, and soil erosion threats, they have been used to prioritize more vulnerable sub-watersheds[13, 14]. The goal of the current study is to rank the sub-watersheds according to their individual morphometric properties within the watershed of Krishnarajapete.

MATERIALS AND METHODS

Study area

Krishnarajapete (KRP), also referred to as K.R. Pete is a taluk and municipality in the Mandya District of the Indian state of Karnataka. It has an area of 896 square kilometres and is located between longitude 76°19' 47" E and latitude 12°27'04" N. It is included in Toposheets numbers are 57D/5, 57D/6, 57D/9, 57D/12, and 57C/16, which were published by the Survey of India (SOI) and are depicted in Fig. 1. With the use of software NRSC and hydrosheds, the Krishnarajapete watershed has been divided into 11 sub-watersheds, as seen in Figure 2.

Lithology

As per the bhukosh information the extracted area shows Amphibolite, biotite schist, calc gneiss, dolerite, dunite, fuchsite quartzite, granite gneiss, granitoid, kyanite-staurolite-mica schist, leuco gneiss, metabasalt, meta ultramafite, pegmatite, quartzite, and quartz reef shown in figure 3. All these rocks are metamorphic and show excellent fracture and lineament zones.

Drainage

The area shows a good dendritic to sub-dendritic pattern of drainage pattern. The stream that follows this path has been divided into stream orders. The Krishnarajapete watershed shows 5 orders shown in Figures 4a and 4b. Some of the orders were absent in the subwatershed. The 11 individual sub-watersheds in a Krishnarajapete watershed are shown in Figure 5. Morphometry is the study of how water and sediment move across a basin and how the geometries of the stream and basin networks relate to this movement. Measurements of the drainage network's linear aspects, drainage basin's areal aspects, relief (gradient) aspects of the channel network, and contributing ground slopes are necessary for a systematic description of a drainage basin's geometry and its stream channel (Strahler, 1964). Using the mathematical formulas listed in (Table 1), the morphometric analysis for the parameters in the study





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is conducted concerning stream order, stream length, bifurcation ratio, stream length ratio, basin length, drainage density, stream frequency, elongation ratio, circularity ratio, and form factor, etc.

Stream Order (Sµ)

There are 5 stream orders in the entire Krishnarajapete district. There are a total of 64 streams are present. Individual streams in each sub-watershed are shown in Table 2. Order 1 refers to the tiniest fingertip tributaries. A channel segment of order 2 is produced where two first-order channels unite, a segment of order 3 is generated where two order-2 channels combine, and so on. Therefore, the stream segment of the greatest order is the mainstream, through which all water and sediment discharge travels[15].

Stream length (Lµ)

The length of the stream indicates how the segments have developed chronologically, including any tectonic disturbances that may have occurred in between.Horton's principle states that there is a negative correlation between the order and the number of streams[16]. Out of 11 sub-watersheds the highest length of all order streams found in WS-9 is about 36.83 km and the lowest in WS-11 of about 2.11km as shown in Table 2.

Mean stream length (Lsm)

The average stream length provides insight into the typical dimensions of drainage network elements and the surfaces that contribute to them[15]. In the study mean stream length varies from 0.14 km to 10.52 km.

Bifurcation Ratio (Rb)

The bifurcation ratio, which is the ratio of the total number of stream segments of one order to that of the next higher order in a drainage basin, is connected to the branching pattern of a drainage network[17]. The lower value and absence of the order value indicate less number of structural disturbances. The range from 0.25 to 2 is shown in Table 3.

Stream Length Ratio (RL)

The mean stream length of a particular order divided by the mean stream length of the next lower order is known as the stream length ratio, and it has a significant impact on the basin's erosion stage, surface flow, and discharge[18]. The values vary from 0.05 to 17.19, it completely depends on the area slope.

Mean Bifurcation Ratio (Rbm)

The average of all bifurcation values is the mean bifurcation ratio, which was in the particular area is 1.92.

Basin Perimeter (P)

The outside line enclosing the drainage basin's area is known as the basin perimeter. It may be used as a gauge for the size and form of basins as it is measured along the lines separating them[19].

Basin length (Lb)

From the catchment to the point of confluence, it is the basin's longest length. The longest basin length in WS-9 is about 22.79 km and the lowest is 2.13 km in WS-11 as shown in Table 4.

Length of overland flow (Lg)

Percolation through the soil and infiltration (exfiltration), which both vary in time and place, have a major impact on overland flow[20]. The surface runoff varies from 0.56 to 1.06 as shown in Table 4.

Basin Area

A gathering area from which water would be directed toward a stream or river is referred to as a drainage region. The ridge that divides water flowing in opposing directions defines the area's border. The least area of 17.15 km² in WS-4 and the highest of 174.24 km² in WS-5 is shown in Table 4.





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Drainage density (Dd)

It is known that drainage density plays a significant role in influencing how long water takes to move. In study area varies from 0.16 to 0.30 shown in Table 4. The fact that the research area's drainage density is low, it is evident that the area has medium relief, moderately dense plant cover, and permeable subsurface[21].

Drainage frequency (Fs)

Flooding is more common in basins with high drainage and stream frequency because higher drainage densities and stream frequencies cause quicker runoff[22]. In the study area drainage frequency was very low so more likely to flood 0.04 to 0.13 shown in Table 4.

Drainage Texture (Dt)

Less than two drainage density denotes a very coarse drainage texture, between two and four, a moderate drainage texture, between four and six, a fine drainage texture, and more than eight, a very fine drainage texture[23]. In all 11 sub-watersheds, the drainage texture is coarse shown in Table 4.

Form factor ratio (Rf)

A smoother flow peak for a longer period is predicted by the extended basin with a low form factor. Compared to circular basins, such elongated basins are easier to regulate flood flows[24]. In the study area form factor is high only in circular shape WS-11 shown in Table 4.

Elongation ratio (Re)

It is a highly important index in the analysis of basin shape that provides information about a drainage basin's hydrological characteristics. Low-relief locations are often represented by values close to 1. In the study area, all values except WS-4 and WS-11 show low relief as shown in Table 4.

Circularity ratio (Rc)

It is represented as the ratio of the basin area to the area of a circle with the same perimeter as the basin and is used as a quantitative metric to visualize the basin's form. It varies from 0.23 to 0.60, which shows the medium to low relief and approximate elongation of the drainage basin.

CONCLUSION

The watershed is categorized as a 5-orderstream based on the drainage orders. The average Rb suggests that geological formations have little effect on the drainage pattern. The most helpful criteria for the morphometric categorization of drainage basins are drainage density (Dd) and stream frequency (Fs), which unquestionably regulate the runoff pattern, sediment output, and other hydrological parameters of the drainage basin. The underlying strata's porous character is shown by the basin's Drainage density. The dendritic drainage system that dominates the watershed helps to explain several topographical features, such as runoff and infiltration rate. Regions for surface-water accumulation and recharge-related activities that may be put into practice for watershed management are highlighted by the assessed parameters in this study.

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Conflict of interest

There is no conflict of interest among authors.

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| Table 1. Morphometry p | parameters formulas |
|------------------------|---------------------|
|------------------------|---------------------|

| S. No. | Parameters | Formula | Reference |
|--------|---|---|--|
| 1 | 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 | Linear Morphometric parameters | |
| 1.1 | Stream Order (Sµ) | Hierarchical rank | Strahler (1964) |
| 1.2 | Bifurcation Ratio (Rb) | $R_b = N\mu / N\mu + 1$ | Schumn (1956) |
| | | Where, Rb = Bifurcation ratio, | |
| | | Nµ = No. of stream segments of a given order and Nµ +1= No. of stream segments of next higher order. | |
| 1.3 | Mean Bifurcation Ratio (Rbm) | R _{bn} = Average of bifurcation ratios of all orders | Strahler (1964) |
| 1.4 | Stream Length (Lu) | Length of the stream (kilometers) | Horton (1945) |
| 1.5 | Mean Stream Length (Lsm) | $L_{am} = L\mu/N\mu$ | Strahler (1964) |
| 1.5 | mean Stream Length (Lam) | Where, Lµ = Total stream length of order 'µ' | Suamer (1904) |
| | Character I assette Batta (B.) | Nu = Total no. of stream segments of order 'u' | Harton (1045) |
| 1.6 | Stream Length Ratio (RL) | $R_{E} = L_{am} / L_{am} - 1$ | Horton (1945) |
| | | Where, L _{sm} =Mean stream length of a given order and L _{sm} -1= Mean stream length of next lower order | |
| 1.7 | Length of Overland Flow (L _g) | L _a =1/2D Km | Horton (1945) |
| | | Where, D=Drainage density (Km/Km ²) | |
| 1.8 | Basin Perimeter (P) | P=Outer boundary of drainage basin measured in kilometers. | Schumm (1956) |
| 1.9 | Basin Length (L _b) | L _b =1.312*A ^{0.568} | Gregory and |
| | | | Walling (1973) |
| 1.10 | Fitness Ratio (Rr) | $R_f = C_L/P$ | Melton (1957) |
| | | Where, C _L = Main channel length (Kms) and | |
| | | P= Basin perimeter (Kms) | |
| 1.11 | Wandering Ratio (R _w) | $R_w = C_L/L_v$ | Smart and Surkar |
| | | Where, C _L = Main channel length (Kms) and | (1967) |
| | | L _v = Valley length (Kms) | |
| 1.12 | Standard Sinuosity Index | $SSI = C_L/L_v$ | Muller |
| | (SSI) | Where, C _L = Channel length (Kms) and L _v = Valley length (Kms) | (1968) |
| 2 | | Areal Morphometric parameters | |
| 2.1 | Basin Area (A) | Area from which water drains to a common stream and boundary determined by opposite ridges. | Strahler (1969) |
| 2.2 | Drainage Density (Dd) | $D_d = L\mu/A$ | Horton (1932) |
| 2000 | | Where, Dd = Drainage density (Km/Km ²) | and the second s |
| | | Lu = Total stream length of all orders and | |
| | | A = Area of the basin (Km ²). | |
| 2.3 | Drainage Frequency (Fs) | $F_{s} = Nu/A$ | Horton (1932) |
| | | Where, F _a = Drainage frequency. | |
| | | Nu = Total no. of streams of all orders and | |
| | | A = Area of the basin (Km ²). | |
| 2.4 | Drainage Texture (D) | $D_i = N \mu / P$ | Smith (1950) & |
| | Didingle (pi) | Where, Nµ = No. of streams in a given order and P = Perimeter | Horton (1945) |
| | | (Kmc) | |
| 2.5 | Form Factor Ratio (R) | $R_t = A/L_b^2$ | Horton (1932) |
| | | Where, A = Area of the basin and | |
| | | $L_{\rm h} = (Maximum)$ basin length | |
| 2.6 | Elongation Ratio (Re) | $R_{e} = \sqrt{A/\pi} / L_{b}$ | Schumm (1956) |
| 1940 | manifestary remove (rest) | Where, A= Area of the Basin (Km ²) | |
| | | L _b =Maximum Basin length (Km) | |
| 2.7 | Circularity Ratio (Rc) | $R_c = 4\pi A/P^2$ | Miller (1953) |
| 124 | | Where, A = Basin Area (Km ²) and | |
| | | P= Perimeter of the basin (Km) | |
| | | $Or R_c = A/A_c$ | |
| | | Where, A = Basin Area (Km ²) and | |
| | | A _c = area of a circle having the same perimeter as the basin | |





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| | lers, number, length | (init)) und mean s | | | 1 1 | |
|--------------------------|-----------------------------|-----------------------|---|-----------------------|------------|-----------------------------|
| Sub-watershed numbers | Stream orders number(Sµ) | Streams in numbers | Total stream In numbers ΣSu | Stream length (Lµ) | Σ (Lμ) | Mean stream length (Lsm) |
| WS-1 | 1 st | 1 | 1 | 4.61 | 4.61 | 4.61 |
| | 1 st | 2 | | 0.28 | | 0.14 |
| WS-2 | 4^{th} | 1 | 7 | 3.11 | 13.5 5 | 3.11 |
| | 5 th | 4 | | 10.16 | - 3 | 2.54 |
| | 1 st | 4 | | 11.61 | | 2.90 |
| | 2 nd | 2 | 11 | 9.15 | 31.4 | 4.58 |
| WS-3 | 3 rd | 1 | - 11 | 0.49 | 8 | 0.49 |
| - | 5 th | 4 | | 10.23 | | 2.56 |
| WS-4 | $4^{	ext{th}}$ | 1 | 1 | 3.38 | 3.38 | 3.38 |
| | 1 st | 5 | - 13 - | 11.96 | 39.5 | 2.39 |
| WS-5 | 2 nd | 1 | | 1.75 | | 1.75 |
| VV 5-5 | 3 rd | 1 | | 0.23 | 8 | 0.23 |
| | 5 th | 6 | | 25.64 | | 4.27 |
| WS-6 | 2 nd | 2 | - 3 | 0.54 | 9.82 | 0.27 |
| VV 3- 0 | 3 rd | 1 | 3 | 9.28 | 9.62 | 9.28 |
| WS-7 | 1 st | 3 | - 5 | 16.23 | 26.0 | 5.41 |
| VV 5-7 | 2 nd | 2 | 5 | 9.80 | 3 | 4.90 |
| WS-8 | 1 st | 3 | - 5 | 10.06 | 23.5 | 3.35 |
| VV 3- 0 | 2 nd | 2 | 5 | 13.49 | 5 | 6.75 |
| | 1 st | 4 | | 11.36 | 260 | 2.84 |
| WS-9 | 2 nd | 2 | 7 | 21.04 | 36.8 3 | 10.52 |
| | 3 rd | 1 | | 4.43 | | 4.43 |
| WS-10 | 1 st | 4 | - 9 | 7.87 | 24.7 | 1.97 |
| vv 3-10 | 5 th | 5 | 7 | 16.88 | 5 | 3.38 |
| WS-11 | 1 st | 1 | - 2 | 2.10 | 2.88 | 2.10 |
| VV J-11 | 3^{rd} | 1 | 2 | 0.78 | 2.00 | 0.78 |

Table 2. Stream orders, number, length(km), and Mean stream length.

Table 3 Stream length ratio and Bifurcation Ratio

| Sub-watershed | Stream | n Length | n Ratio (I | (RL) Bifurcation ratio (Rb) | | | | Rb) |
|---------------|-----------------|-----------------|-----------------|-------------------------------|-----------------|-----------------|-----------------|-----------------|
| numbers | $2^{nd}/1^{st}$ | $3^{rd/2^{nd}}$ | $4^{th}/3^{rd}$ | $5^{\text{th}}/4^{\text{th}}$ | $1^{st}/2^{nd}$ | $2^{nd}/3^{rd}$ | $3^{rd/}4^{th}$ | $4^{th}/5^{th}$ |
| WS-1 | - | - | - | - | - | - | - | - |
| WS-2 | - | - | - | 3.26 | - | - | - | 0.25 |
| WS-3 | 0.79 | 0.05 | - | - | 2 | 2 | - | - |
| WS-4 | - | - | - | - | - | - | - | - |
| WS-5 | 0.15 | 0.13 | _ | - | 5 | 1 | _ | _ |
| WS-6 | - | 17.19 | - | - | - | 2 | - | - |





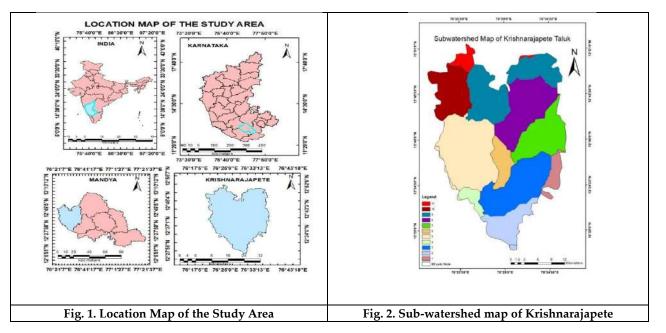
International Bimonthly (Print) – Open Access Vol.15 / Issue 87 / Dec / 2024 ISSN: 0976 - 0997

| WS-7 | 0.60 | - | - | - | 1.5 | - | - | - |
|-------|------|------|---|---|-----|---|---|---|
| WS-8 | 1.34 | - | - | - | 1.5 | - | - | - |
| WS-9 | 1.85 | 0.21 | - | - | 2 | 2 | - | |
| WS-10 | - | - | - | - | - | - | - | - |
| WS-11 | - | - | - | - | - | - | - | - |

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Table 4. Perimeter, Basin Length, Length of Overland Flow, Basin Area, Drainage Density, Drainage/ stream Frequency, Drainage Texture, Form Factor Ratio, Elongation Ratio, and Circularity Ratio

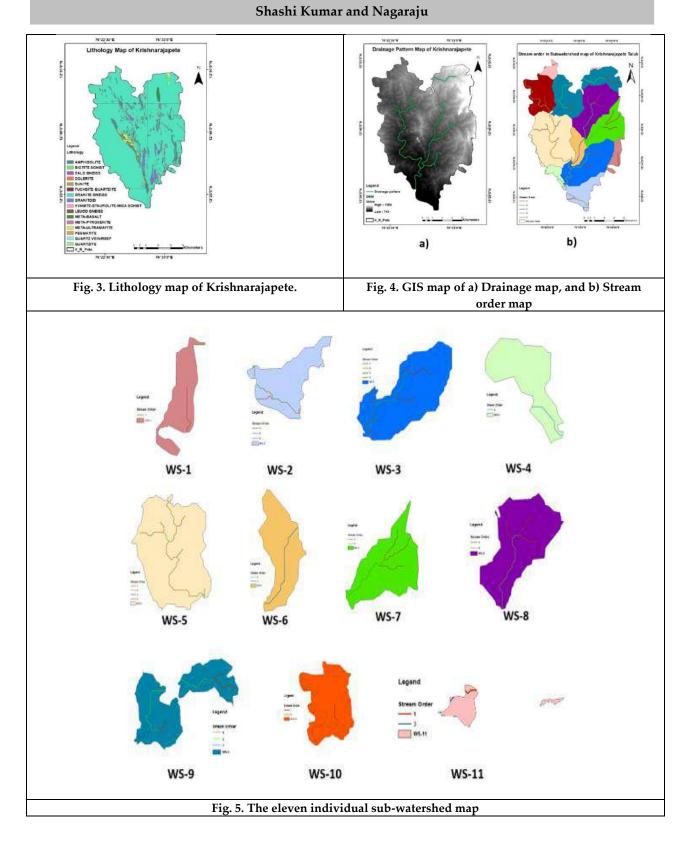
| Sub- watershed Number | Perimeter (P) | Basin Length (Lb) | Length of Overland Flow (Lg) | Basin Area (A) | Drainage Density (Dd) | Drainage/ stream Frequency (Fs) | Drainage Texture (Dt) | Form Factor Ratio (Rf) | Elongation Ratio (Re) | Circularity Ratio (Rc) |
|-----------------------------|------------------|-------------------------|--|----------------------|-----------------------------|--|-----------------------------|---------------------------------|-----------------------------|------------------------------|
| WS-1 | 33.72 | 7.92 | 0.70 | 23.02 | 0.20 | 0.04 | 0.03 | 0.37 | 0.68 | 0.25 |
| WS-2 | 42.92 | 9.64 | 0.85 | 55.65 | 0.24 | 0.13 | 0.16 | 0.60 | 0.87 | 0.38 |
| WS-3 | 55.10 | 19.19 | 0.89 | 123.12 | 0.26 | 0.09 | 0.20 | 0.33 | 0.65 | 0.51 |
| WS-4 | 22.67 | 2.97 | 0.69 | 17.15 | 0.20 | 0.06 | 0.04 | 1.94 | 1.57 | 0.42 |
| WS-5 | 60.50 | 16.35 | 0.80 | 174.24 | 0.23 | 0.07 | 0.21 | 0.65 | 0.91 | 0.60 |
| WS-6 | 30.98 | 9.16 | 0.98 | 35.05 | 0.28 | 0.09 | 0.10 | 0.42 | 0.73 | 0.46 |
| WS-7 | 49.76 | 14.15 | 1.02 | 89.30 | 0.29 | 0.06 | 0.10 | 0.45 | 0.75 | 0.45 |
| WS-8 | 55.68 | 17.52 | 0.68 | 121.16 | 0.19 | 0.04 | 0.09 | 0.39 | 0.71 | 0.49 |
| WS-9 | 89.49 | 22.79 | 0.88 | 146.24 | 0.25 | 0.05 | 0.08 | 0.28 | 0.60 | 0.23 |
| WS-10 | 45.64 | 12.61 | 1.06 | 81.91 | 0.30 | 0.11 | 0.20 | 0.52 | 0.81 | 0.49 |
| WS-11 | 29.61 | 2.13 | 0.56 | 18.03 | 0.16 | 0.11 | 0.07 | 3.97 | 2.25 | 0.26 |







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RESEARCH ARTICLE

Design and Implementation of a Framework for IoT- based Smart Attendance Management System

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ABSTRACT

This research paper outlines an innovative attendance management system leveraging IoT, AWS, and an RFID module with an Arduino Uno board. This system aims to enhance accuracy and efficiency in attendance tracking, overcoming the limitations of traditional methods. Comprising both hardware and software elements, the hardware integrates an RFID module connected to an Arduino Uno board for capturing attendance data. The software, developed using Python Django and hosted on AWS, is responsible for processing and storing attendance information. This architecture offers real-time attendance monitoring and reporting, accessible through web or mobile applications from any location. Tested in a real-world scenario using RFID-enabled tags or cards for attendance tracking, the implemented system demonstrated superior accuracy and efficiency compared to conventional attendance management systems. The proposed solution provides a reliable, cost-effective approach for attendance management, applicable across various organizational settings. By facilitating real-time tracking and





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reporting through web and mobile interfaces, the system offers an effective alternative to traditional attendance management methods, promising heightened accuracy and efficiency.

Keywords: RFID, AWS, IoT, hardware, Python, Arduino.

INTRODUCTION

An efficient method of managing attendance is an essential component of the successful operation of any organization, but this is especially true in the fields of education and business. Conventional methods of documenting attendance rely on human procedures, which are prone to mistakes and can result in inefficiencies. Modern technologies provide more accurate and time-saving alternatives. The advent of the Internet of Things (IoT) and cloud computing has brought about a substantial shift in attendance management. As a result, the accuracy and efficacy of the aforementioned systems have been significantly improved.

The investigation of the incorporation of Internet of Things (IoT), Amazon Web Services (AWS), and Radio Frequency Identification (RFID) technologies within the framework of Python Django and Arduino Uno is the major purpose of our research. This integration is intended to provide an innovative strategy for the administration of attendance systems. The purpose of this project is to solve the constraints of existing systems while also automating attendance procedures. This investigation presents a novel strategy for managing attendance, with the goals of improving accuracy, productivity, and cost-effectiveness. The system may be broken down into its two basic parts, which are the hardware and the software. The hardware configuration for the purpose of collecting attendance data comprises of an RFID module that is coupled to an Arduino Uno board. This board is used for the purpose of collecting data. On the Amazon Web Services (AWS) Cloud platform is where the program that was built with the Python Django framework is currently running. The storage and processing of attendance data is the major responsibility that it is tasked with handling. The aforementioned architectural design makes it possible to record and report attendance in real time, information that can be accessed easily through either web-based or mobile apps thanks to the design's convenience.

The automation of attendance tracking procedures is a direct outcome of the incorporation of Internet of Things (IoT) technology into attendance management systems. Figure. 1. shows the whole architecture of the hardware component. Because human data entry is no longer necessary as a result of this automation, the possibility of making a mistake has been significantly reduced. RFID modules are able to scan RFID tags or user cards, which makes it easier to gather data on attendance. These modules may be used in conjunction with RFID readers. After the data has been gathered, these modules will send it to the AWS Cloud, where it will be processed and stored. Cloud computing from Amazon Web Services (AWS) provides a solution for managing attendance that is scalable, reliable, and cost-effective. These are the three main characteristics of the solution. Because Amazon Web Services (AWS) offers a variety of services that include storage, processing, and administration tools, it is a particularly excellent platform for hosting attendance management systems. These services may be found here. In addition, Amazon Web Services makes it easier for users to access their accounts by enabling seamless system usage from any place provided they have an internet connection.

Python Django, a web development framework that is widely used and well-known for its capacity to speed up the construction of online applications, was used in the implementation of the software component of our suggested system. This allowed us to realize the system more quickly. Python is an excellent choice as a programming language for the development of software components that are employed in attendance management systems because of its longevity, versatility, and ease of learning. These qualities make Python an ideal choice. Django is a web application framework that provides a complete set of tools that can be used to build web applications very efficiently. These





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tools cover fundamental aspects of web application development such as authentication, data modeling, and data security. When it comes to the context of attendance management systems, these characteristics are very crucial. The architectural model that is being discussed in this article has already been implemented and put through rigorous testing in real-world settings, making use of RFID attendance badges or maps as the data source. These studies have proved that the model possesses superior levels of accuracy and efficiency when compared to other attendance management systems that are currently available.Figure. 2. shows the whole architecture of the hardware component. The architecture that we have built provides a dependable and cost-effective solution for monitoring attendance, and it is applicable to a very wide variety of businesses.

Methods of Experimentation and/or Methodology The Methodical Approach Identification of the Problem

The first stage entails the identification of limitations that are associated with conventional attendance management systems as well as the potential improvements that may be achieved via the integration of Internet of Things (IoT) and cloud computing technologies, which will ultimately result in an increase in the system's accuracy and efficiency. This will be done in order to set the stage for the subsequent stages. In order to get a more in-depth comprehension of the subject at hand, the purpose of the current investigation is to carry out an exhaustive analysis of the previously published research on the matter. An exhaustive investigation into the existing attendance management systems and the inherent limitations of such systems is being carried out. This requires doing an in-depth analysis of Internet of Things (IoT) and cloud computing technologies to determine which tools and platforms are most suited for the proposed system.

The creation of a system is going to be covered in this round of conversation. The attendance management system has been designed with an emphasis on architecture, with components drawn from both the hardware and software realms. An RFID module that is attached to an Arduino Uno board is the component of the hardware that is used to collect attendance data. This board is used for the purpose of acquiring information about attendees. The software component was developed using the Python Django framework, and it is now hosted on the cloud infrastructure provided by Amazon Web Services (AWS). The storing and processing of attendance records is the major purpose of the system.

System Implementation

After the proposed system has been designed, it is next put into action and assessed in a real-world environment employing an RFID-enabled tag or card for the purpose of registering attendance. An investigation is carried out on the data on attendance that was gleaned from the proposed system. To evaluate whether or not improvements have been made in terms of accuracy and efficiency, the findings that were collected are compared with those of the conventional attendance management system.

Consideration and Concluding Thoughts

An evaluation of the effectiveness of the attendance management system that is discussed in this research is carried out by carefully examining the data. A judgment may be drawn on the effectiveness of the system and the potential value it possesses in a wide variety of organizational settings.

The Accumulation and Evaluation of Information

For determining who attended a certain event, the gathering of data makes use of an RFID module that is fastened to an Arduino Uno board. After the data has been obtained, it is then evaluated by the software module that was written utilizing the Python Django framework and then placed on the cloud platform that is provided by Amazon Web Services (AWS). The current technique makes it possible to monitor and document attendance in real time. This information may be accessible easily through a web application or a mobile application, depending on your preference. The information that has been compiled includes attendance records for individual students or





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employees. These records include the individuals' names, as well as the date, the time, and any other significant information.

Analysis of the Data

The data that has been acquired is analyzed using a variety of statistical methods, including but not limited to measurements such as mean, median, standard deviation, and other appropriate approaches. This analysis is performed on the data that has been gathered. In the research article, the analytic results are presented with graphical representations for the purpose of providing a thorough understanding of the system's effectiveness and efficiency. The following are some examples of formulas used for the purpose of data analysis:

The mean is determined by taking the total number of observations (n) and dividing that figure by the sum of all the values (xi). When there are an odd number of values in a dataset, the method for computing the median is given by dividing the total number of values plus one by the second value in the dataset.

The following is the formula that should be used when computing the median of a collection of data that has an even number of values (n): The median is determined by taking the average of the value that is (n / 2)nd and the value that is ((n / 2) + 1)th.

The formula for calculating the standard deviation, which is denoted by the letter s, is s = sqrt((1/n) * (xi - x)2), where the letter s denotes the standard deviation. The value n denotes the complete number of observations contained inside the dataset. The value shown by the symbol is the total of the values under consideration.

Individual data points are represented by the variable xi in this sentence.

In the following, we will refer to the arithmetic mean of the data collection as x.

The evaluation takes into account a wide variety of factors, including the system's accuracy, efficiency, reliability, and cost-effectiveness.

Limitations and Restrictions

The attendance management system that is being offered was designed with a specific hardware and software architecture, which may not be appropriate in all contexts. This is one of the limitations of the system. The performance of the system is contingent on the existence of the network and the cloud infrastructure as well as their level of consistency, which has the potential to impair its reliability. The software component is composed of three main modules: the AWS EC2, the AWS API Gateway, and the Python Django application refer Figure. 3. The accuracy of attendance records is dependent on the efficient operation of the RFID module and the uniformity of the tag or card that is used. The accuracy of attendance records is dependent on the uniformity of the tag or card that is used. The size of the study's sample was restricted, which may have hindered its capacity to capture all of the many organizational or scenario variations that are feasible.

Limitations: The major goal of this study was to construct and analyze the efficacy of an attendance management system that includes Internet of Things (IoT), Amazon Web Services (AWS), and a Radio Frequency Identification (RFID) module. This purpose was accomplished by conducting this research. Python Django and a board designed for Arduino Uno were utilized during the process of putting this system into operation. Due to the fact that the study's scope was restricted to the education and corporate sectors, it is possible that the recommended strategy will not be applicable to other fields to the same extent. Because this research was based on a single case study, the data collection and analysis were carried out using that methodology. Because of this, it is possible that the findings cannot be generalized to other contexts or organizations. The study did not include an investigation of the moral and legal implications of utilizing RFID technology for attendance management. This was omitted from the scope of the research.

The Suggested Architecture for the System Prerequisites for the System The hardware is:





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- Internet connectivity for the Arduino UNO R3 board RFID-enabled tags or cards RFID module
- Python, the Django web framework, and Amazon Web Services (AWS) cloud services for hosting and storage are the software.
- The Relational Database Service (RDS) offered by Amazon Web Services for the purpose of storing attendance data.
- An application for mobile devices or the web that may be used to retrieve attendance statistics.

Requirements from a Functional Perspective:

- Keeping track of and reporting on attendance in real time
- Automated procedure for managing attendance Error-free recording of attendance Attendance data accessible through online or mobile application Reliable and secure processing and storage of attendance data

Requirements that aren't related to functionality:

- An availability rate of at least 99.9 percent for the system
- high system performance for real-time attendance monitoring and reporting;
 scalability for handling considerable volumes of attendance data;
 security measures for protecting attendance data against unwanted access or change.

Components of the System and Their Modules

The hardware component of the proposed systemconsists of the RC522 RFID module (Figure 4.), Arduino Uno R3 board (Figure 5.), and RFID enabledtags or cards (Figure 6.) The hardware component, the software component, and the cloud component make up this architecture for the attendance management system. This architecture is intended to increase the effectiveness and precision of traditional attendance systems via the automation of the process of managing attendance as well as by improving efficiency. All of these individual components are created in such a way that allows the overall design to conform to the metrics that were initially taken into account. Accuracy, efficiency, reliability, and cost-effectiveness are some of the metrics that are taken into account while evaluating the system. The RC522 RFID module, the Arduino Uno R3 board, and RFID-enabled tags or cards are what make up the hardware component of the system that is being suggested. Reading the RFID-enabled tags or cards. The data are transmitted from the module to the Arduino Uno board, where they are processed before being sent on to the software component. Users are provided with RFID-enabled tags or cards, and then they record their attendance by simply scanning the tag or card at the terminal that has been allocated for that purpose.

Components of the Software

The Python Django web development framework is being utilized throughout the construction of the software component of the proposed system. For the purpose of developing online applications, Django offers a comprehensive set of capabilities. These technologies, which include authentication, data modeling, and data security, are crucial components of the attendance management system. Through the use of the local network, the software component is linked to the Arduino Uno R3 board. This board then establishes communication with the RC522 RFID module in order to obtain the attendance data. The attendance records are kept in a database that is part of the software component. Authorized users of the system are the only ones who can access this database and view the attendance records. A web-based administrative user interface is also provided by the software component. With this interface, authorized users are able to monitor attendance records in real time, produce reports (in formats such as.xlsx and.csv), and manage attendance records.

Component of the Cloud

The suggested system makes use of cloud computing technologies provided by AWS for the construction of the cloud component. The hosting of the attendance management system may be accomplished using AWS, which offers a solution that is scalable, dependable, and cost-effective. The cloud component makes use of a number of Amazon Web Services (AWS) products, such as Amazon EC2 for the hosting of the web application, Amazon RDS for the





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storage of the database, Amazon S3 for the storage of the generated reports (.xlsx,.csv), and Amazon Elastic Load Balancer (ELB) for scalability. The data on attendance is sent from the software component of the system to the cloud component, where it is processed and stored. The cloud component is responsible for both processing and storing the data. The cloud feature offers a centralized place for storing the attendance data, which can be viewed from any location with an internet connection. This feature also allows for the data to be updated in real time. In addition, the cloud component offers a scalable solution that can meet the expansion of the attendance management system as the number of users and attendance data grows. This growth may be accommodated by the scalability of the solution.

System Design and Construction Procedures

An RFID tag reader RC522, an RFID tag, and an Arduino Uno R3 board make up the hardware component of the system, respectively. The user is able to be uniquely identified thanks to the RFID reader, which records the one-of-a-kind identification number stored on the RFID tag. The information gleaned from the RFID reader is processed by the Arduino UNO board and then uploaded to the cloud. The data is initially transmitted to the institution's local network, and then, via the institution's primary router or gateway, the data packet is delivered to the Clod gateway together with the API KEY. The software component is being operated on a number of different AWS cloud infrastructures; by combining all of these, we have created our software component, which is responsible for handling all of the data analysis, creating reports, and providing the administrator user with the ability to control and use it. We are able to provide a demonstration of the entirety of the software component's architecture. After the one-of-a-kind identifier has been delivered to the AWS access point using the API KEY, we go on to the further steps, which include reviewing the data of legitimate tag holders and authenticating the data if it was not determined to be in the correct format. In the event that the attendance is not made to the AWS RDS, our authentication procedure will either send a 400 message to the hardware or it will make the attendance there. In addition, the program has a cloud storage component for the purpose of keeping the generated reports and, if necessary, additional system data for either short-term or long-term usage, depending on the circumstances.

The Python Django application, the Amazon Elastic Compute Cloud (EC2), and the Amazon API Gateway make up the three primary components that make up the software component. Diagram of the movement of cloud components. The data that is sent from the Arduino Uno board is received by the AWS EC2 and then stored in the database that is associated with the AWS RDS. The requests and answers that occur between the AWS EC2 and the Python Django application are managed through the usage of the AWS API Gateway. Both the presentation of the attendance data and the generation of reports are the responsibilities of the Python Django application. In the end, it uses Amazon Simple Storage Service (S3) to store all of the previously generated reports and data. Setting up the cloud services provided by AWS, configuring the RFID module to work with the Arduino Uno board, and developing the Python Django application are the three steps involved in the implementation of the system. AWS EC2, AWS API Gateway, AWS Elastic Load Balancer, AWS S3, and AWS RDS are the AWS services that are necessary for the system to function properly. The software on the hardware module is set up to transmit the data to the AWS API Gateway together with the API KEY for the purpose of authentication. The API Gateway subsequently saves the data in the AWS RDS database. The Python Django application is constructed to retrieve the data that is stored in the AWS RDS database and present it on the management user interface in a way that is friendly to users. One micro service on an EC2 server is responsible for providing all of the static files located in the 0.0.0.080/static directory, and the second micro service is responsible for delivering the dynamic Django web application on the same port. Both of these micro services are redirected through the settings of the Apache Web Server. We also have the option of using NGINX, which is another widely used web server. Figure 7. Proposes the attendance management system that utilizes IoT, RFID technology, and AWS cloud services to provide an accurate and efficient attendance management solution.

The Internet of Things (IoT), radio frequency identification (RFID), and Amazon Web Services (AWS) cloud services are utilized by the attendance management system that provides an accurate and effective solution for managing attendance. Seeing as how we have previously gone over the fundamentals of each module and their design; these flow diagrams will not be repeated here. Describes the overall structure of the architecture in its entirety. The





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system's hardware component takes the attendance data, and the software component saves and Architecture processes the data on the AWS cloud. Setting up the AWS services, configuring the hardware, and developing the software application are all necessary steps in the process of putting the system into operation

RESULTS AND DISCUSSION

Key Findings and Contributions

A whole new architecture for an attendance management system is offered; it makes use of Internet of Things, Amazon Web Services, and RFID technology, and it is controlled by an Arduino Uno board. Traditional methods of managing attendance may be improved with the help of this system, which offers a solution that is both efficient and cost-effective. The suggested architecture is comprised of hardware and software as its two basic building blocks. The hardware component consists of an RFID module that is linked to an Arduino UNO R3 board. This board is responsible for recording attendance information. The software component was developed with Python Django and is hosted on the AWS cloud. It is responsible for storing, processing, and producing the attendance data in the file format of either.xlsx or.csv. It will be much simpler for administrators to keep track of attendance and create reports using the system that has been proposed since it would allow real-time tracking and reporting of attendance that can be accessed via a web application or a mobile application.

The system was put into action and put through its paces in a real-world setting employing RFID-enabled tags or cards to take attendance. The findings demonstrate that the system is superior to standard attendance management systems in terms of both its accuracy and its efficiency. The solution that has been developed has the potential to be used in a variety of businesses, which would result in enhanced procedures for attendance management and higher levels of productivity. The issues that are experienced by standard methods of attendance management are addressed and a novel solution is proposed in this research study, making the work's contributions particularly noteworthy. The approach that has been suggested is not only more accurate and effective, but it is also less expensive and simpler to put into action. This research reveals unexplored avenues for the application of internet of things (IoT) and cloud computing technologies in attendance management systems and lays forth a strategy for further investigation into this subject area.

Applications

The study findings reported in this paper have significant implications and applications for organizations in many sectors, particularly those that require efficient attendance management, such as the education and business industries. These implications and applications have enormous value for these companies. The research proposes an attendance management system that is novel, reliable, and efficient. This system has the potential to improve productivity and decrease expenses. The capacity of the system to monitor and report attendance in real-time enables companies to effectively monitor attendance patterns, hence simplifying the discovery of trends that might potentially enhance overall attendance and productivity. Moreover, the use of Internet of Things (IoT), Amazon Web Services (AWS), and Radio Frequency Identification (RFID) technologies in the suggested framework demonstrates the significant impact these developing technologies may have on enhancing conventional procedures, particularly in the realm of attendance management. Organizations can get advantages by utilizing this technology to automate more laborious and error-prone procedures, resulting in increased operational efficiency and accuracy. The suggested attendance management system exhibits a high degree of scalability and adaptability, making it suitable for implementation in a wide range of organizational contexts, including both small firms and large-scale organizations. The system's availability via online and mobile applications enables enterprises to effectively oversee attendance for meeting the demands of remote work settings.

The suggested attendance management system possesses a wide range of implications and applications, providing enterprises with a cost-effective, accurate, and effective alternative for managing attendance. The proposed solution possesses the capacity to greatly augment overall productivity and profitability inside companies, hence reinforcing its strategic significance within the current landscape of organizational operations.





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Future Prospects

The proposed attendance management system, which makes use of IoT, AWS, and the RFID module, offers encouraging prospects for further development and improvements. An approach that can be taken is to enhance the capabilities of the system through the integration of sophisticated features such as biometric authentication or facial recognition. The integration of this feature would enhance the monitoring of attendance, thereby guaranteeing increased levels of security and precision. An additional aspect that could be enhanced pertains to the incorporation of machine learning algorithms. The implementation of machine learning techniques could facilitate the predictive analysis of attendance patterns and the timely detection of potential absenteeism concerns, thereby augmenting the predictive capabilities of the system. Furthermore, in order to enhance scalability, forthcoming endeavors may involve the deployment of a distributed architecture. Implementing this enhancement would allow the system to effectively accommodate a greater number of users and process a more comprehensive dataset. Furthermore, the integration of the system with other enterprise systems, including payroll and HR administration, can serve to expand its scope. The establishment of such integration would facilitate the optimization of organizational processes through the development of a more all-encompassing ecosystem that enables smooth data transfer and integration. The improvement proposals have the potential to greatly enhance the precision, effectiveness, and expandability of the attendance management system. In conclusion, this advancement will augment the system's practicality in various organizational contexts, further harmonizing it with the ever-changing requirements of the modern business environment.

CONCLUSION

An innovative design has been developed for an attendance management system that makes use of the Internet of Things (IoT), Amazon Web Services (AWS), an RFID module, Python Django, and Arduino Uno. This architecture provides a leading solution for attendance monitoring that encompasses increased accuracy, efficiency, and cost-effectiveness. The possibility of its adoption across a wide variety of organizational landscapes holds the promise of improved attendance management procedures, which will ultimately result in increased levels of productivity. The capability of the system to give real-time attendance tracking and reporting makes the process of monitoring and managing attendance in businesses a considerable amount simpler. In addition, the system that has been offered stands out due to its scalability, flexibility, and user-friendliness of its interface. These characteristics position it as a versatile solution that is suited for a variety of organizational settings.

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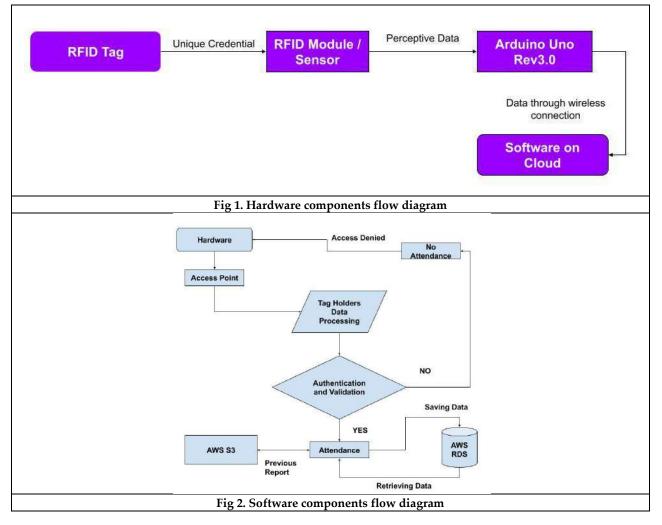
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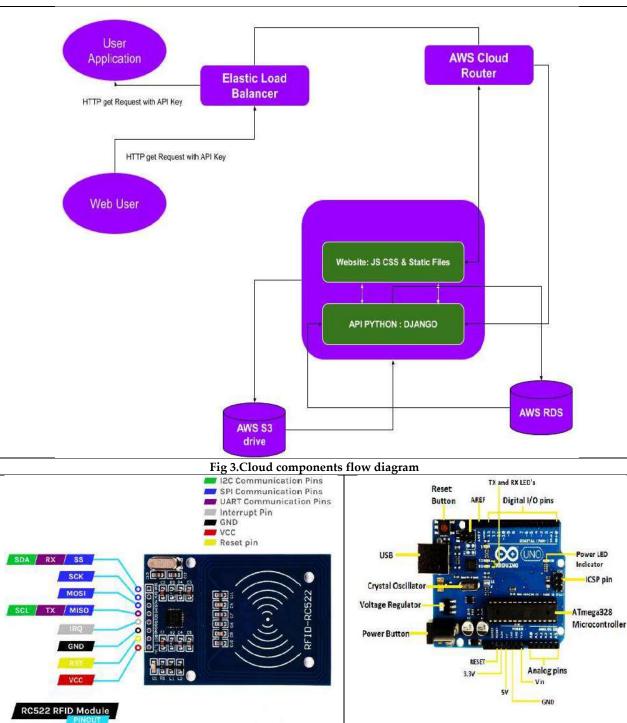


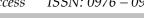
Fig 04. RC522 RFID Module

Fig 5. Arduino UNO R3





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RESEARCH ARTICLE

Effect of Various Organic Fertilizers in Growth and Yield of Turnip (*Brassica rapa* L.) Under Low Hills of Uttarakhand

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ABSTRACT

During 2022-23, a field experiment was planned and conducted at the Horticulture Research Block, School of Agriculture Sciences, SGRRU, Dehradun, Uttarakhand, to investigate the "Effect of various organic fertilizers in growth and yield of Turnip (*Brassica rapa* L.) under low hills of Uttarakhand." The experiment was laid out in a randomized block design with three replications and ten treatments. The treatments comprised the following levels of different organic manures with different concentrations: T1: control (soil@100%), T2: (FYM@25tons/ha), T3: (Vermicompost @6tons/ha), T4: (Jeevamrit@100%), T5: (Biostimulant@3%), T6: FYM + Vermicompost (25 tons/ha + 6 tons/ha), T7: Vermicompost + Jeevamrit (6 tons/ha + 100%), T8: FYM + Biostimulant (25 tons/ha + 3%), T9: FYM + Vermicompost + Jeevamrit + Biostimulant (12.5 tons/ha + 3 tons/ha + 50% + 1.5%) and T10: FYM + Vermicompost + Jeevamrit + Biostimulant (25 tons/ha + 6 tons/ha + 100% + 3%). The sowing of Turnip "Purple Top White Globe" was done on 18/11/2022, and the final harvest was conducted on 11/02/2023. Observations on various attributes such as growth, yield, quality, and economics were recorded. The results revealed that treatment T6 (FYM + Vermicompost (25 tons/ha + 6 tons/ha)) was found to be the most effective in terms of vegetative characters such as plant height (45.93 cm), number of leaves (17), leaf length (26.82 cm), leaf width (13.02 cm), fresh weight of leaves (64.39 g), and dry weight of leaves (16.12 g). Yield attributes were also the highest for T6, including root diameter (11.53 cm), root length (9.25 cm), root weight (109.83 g), yield (17.46 kg/plot) and total yield (178.2 q/ha).

Keywords: Turnip, randomized, vermicompost, biostimulant, Jeevamrit





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INTRODUCTION

Turnip, scientifically known as Brassica rapa L., is a globally important root crop and a close relative of Arabidopsis. It belongs to the family Brassicaceae and Cruciferae, with a chromosome number of 2n=20. Turnip has been cultivated for about 2000 years across a wide range of climates, from Western Europe to China and Norway to the African desert (Nawaz et.al., 2019). Various common vegetables are included in the genus Brassica, including Brassica rapa L., also known as shaljam. Since prehistoric times, turnip has been used for human consumption and is one of the oldest cultivated vegetables, particularly famous in Europe and thriving in temperate climates (Mouratoet.al., 2015). Vegetables play a major role in Indian agriculture by providing nutritional and economic security and yielding higher returns per unit area and time. India, largely a vegetarian society, depends heavily on vegetables for the bulk of its nutritional requirements. Since independence, India has emerged as the second-largest producer of vegetables in the world, after China. Vegetable production has increased from less than 20 million tons before independence to 212.53 million tons, and productivity has increased to 17.3 million tons/ha in 2022-23. The area under vegetable cultivation has grown from 5.5 million ha in 1991-92 to 11.477 million ha in 2022-23. According to the National Horticulture Database 2011, India is the largest producer of ginger and okra and ranks second in the production of potatoes (10%), onions, cauliflower, and cabbage, earning the moniker of the fruit and vegetable basket of the world. Over the last five years, an overall growth rate of 2.08% in area, 1.64% in productivity, and 3.72% in total production has been achieved. The demand for vegetables in India is projected to reach 350 million tons by 2030 (Singh, 2019).Turnip is a vital root vegetable and forage crop, indigenous to Asia, Europe, Russia, and the Near East, and is now widely cultivated globally as both a vegetable and oil source. In Pakistan, turnip was cultivated on 9609 hectares of land with a production of 167,065 tons in 2020-2021, making it an important local vegetable. Turnip has been reported to have various medicinal benefits, including therapeutic properties against kidney and liver diseases and other ailments. It also possesses antimicrobial, anti-inflammatory, antitumor, cardio protective, anti-diabetic, analgesic, and nephroprotective properties, and aids against metabolic syndrome and obesity. Furthermore, it improves growth in response to heavy fertilization, which can cause non-point pollution (Raza et.al., 2023). Turnip is commonly grown in temperate climates for its white, fleshy taproot and is one of the oldest cultivated vegetables. It is an excellent source of bioactive compounds, potentially delivering health benefits when consumed (Jadidet.al., 2021). Brassica, the most important genus in the Brassicaceae family, consists of about 350 genera and nearly 3,500 species. Young turnip roots are commonly consumed raw in salads, and turnip leaves, characterized by a bitter taste due to trace amounts of phenolic compounds, differ from other Brassica vegetables in their trivial antioxidant capacity (Dejanovicet.al., 2021). In the UK, turnip, a traditional root vegetable, is less frequently consumed compared to other Brassica vegetables. In 1992, turnip production accounted for 5400 hectares, which dropped to less than 2700 hectares by 2017 (Nor et.al., 2020). According to the Food and Agriculture Organization (FAO) of the United Nations, 92 million tons of Brassica plants are grown in 150 countries, occupying 5.4 million hectares of land, with 70% of this area in Asia and China (Chihoubet.al., 2019). The decision to conduct the present experiment with organic fertilizers such as Jeevamrit and biostimulants for turnip cultivation in the low hills of Uttarakhand is driven by the scarcity of research in this area. Recognizing the lack of studies on the efficacy of these specific fertilizers on turnip crops in this region, this experiment seeks to address this knowledge gap. By investigating the impact of Jeevamrit and biostimulants on turnip cultivation in the unique environmental conditions of Uttarakhand's low hills, the study aims to provide valuable insights that can benefit local farmers and contribute to sustainable agricultural practices in the region.

MATERIALS AND METHODS

The present research was conducted at the Horticulture Research Block, Department of Horticulture, School of Agricultural Sciences, Shri Guru Ram Rai University, Dehradun, Uttarakhand, during the rabi season of 2022-23. The experiment was laid out in a Randomized Block Design (RBD) with three replications. Ten treatments were tested: T₁





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(control), T₂ (Farm Yard manure @22t/ha), T₃ (Vermicompost @ 5t/ha), T₄ (Jeevamrit @100%), T₅ (Biostimulant @3%), T₆ (FYM @22t/ha + Vermicompost @5t/ha), T₇ (Vermicompost @5t/ha + Jeevamrit @100%), T₈ (FYM @22t/ha + Biostimulant @3%), T₉ (FYM @11 t/ha + Vermicompost @2.5 t/ha + Jeevamrit @50% + Biostimulant @1.5%) and T₁₀ (FYM @22t/ha + Vermicompost @5t/ha +Jeevamrit @100% + Biostimulant @3%). The soil of the research field was sandy loam with a pH of 7.12, containing available nitrogen (220.04%), available phosphorus (9.1 kg/ha), and available potassium (18.1 kg/ha). The turnip cultivar "Purple Top White Globe" was selected for this study. Organic fertilizers (Vermicompost, FYM, Jeevamrit, and Biostimulant) were incorporated into the experimental field as per the treatment specifications during the final field preparation. Seeds were sown on 18/11/2022, and all necessary cultural practices were carried out at regular intervals throughout the research period.During the experiment, five plants were randomly selected from each replication to record various observations on growth and yield characteristics at 30 days, 60 days after sowing, and at final harvest. The data obtained were statistically analyzed using standard statistical methods as suggested by Gomez and Gomez (1996).

RESULT AND DISCUSSION

Plant height

The data recorded on height of plant at different harvesting are presented in the Table 2 and Fig. 1.At 30 DAS, the maximum plants height (15.78 cm) was recorded in T10. The treatment T9 (14.41 cm) and T8 (14.49 cm) was at par with each other. However, significant differences were observed with treatment T1 (11.21 cm), T6 (13.16 cm) and T8 (14.49 cm). The minimum plant height was recorded in T3 (9.59 cm).At 60 DAS the maximum plants height (34.99 cm) was recorded in T5, which at par T6 (34.14 cm), T7 (34.02 cm) and T10 (34.13 cm). However, significant differences were observed with treatment T1 (29.56 cm), T2 (28.3 cm), T3 (31.11 cm), T4 (32.3 cm) and T10 (34.13 cm). The minimum plant height was recorded in T2 (28.3 cm).At final harvest the maximum plants height was recorded in T4 (45.93 cm) with FYM @ 5 tones/ha + V.C @ 2.5 tones/ha which was at par with T6 (45.68 cm) and T10 (45.56 cm). However, significant difference was observed with treatment T3 (42.88 cm), T9 (43.66 cm), T8 (35.92 cm) and T2 (37.79 cm).While, the minimum plant height was recorded in T1 (35.74 cm). The probable reasons for enhanced a greater plant height may be due to promotive effect of macro and micro nutrients on vegetative growth ultimately led to more photosynthetic activities. The findings are in agreement with Sapkota*et.al.*, 2021; Singh *et.al.*,2020 and Yadav *et.al.*, 2020.

Number of leaves per plant

The data recorded on height of plant at different harvesting are presented in the Table 2 and Fig. 2. At 30 DAS the number of leaves per plant ranged from 5 to 6. On the basis of mean the maximum number of leaves per plant was counted in T1, T2 and T10 (6) which at par with each other. However, significant differences were observed in T1 (6) and T3 (5). The minimum number per plant was recorded in the treatment T7 and T8 (5). In the case of 60 DAS, the mean value for number of leaves per plant was found maximum in T9 (12). The treatments T1 (11), T4 (11), T6 (11), T7 (11) and T10 (11) was at par with each other. However, significant differences were found in T1, T3 and T9. The minimum number of leaves per plant was recorded in the treatment T7 or T8 (5). At final harvest after sowing significant differences and on the basis of mean the maximum number of leaves per plant were counted in the treatment T8 (17) which were at par with T2 (17). However, significant differences were found with rest of the treatment T3 (12). The probable reasons for enhanced a greater number of leaves may be due to promotive effect of macro and micro nutrients on vegetative growth ultimately led to more photosynthetic activities. Similar findings are alsoreported by Kiran *et.al.*, 2017 and Rawat*et.al.*, 2021.

Leaf length

The observation of leaf length was recorded at 30, 60 DAS and at final harvest the results show significant differences between the treatments. At 30 DAS, the maximum value of leaf length was recorded in the treatment T4 (8.92 cm) which were at par with T5 (8.57 cm), T6 (8.34 cm), T9 (8.00 cm) and T10 (8.52 cm). The significant differences were





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observed with the treatments T1, T2, T3, T4, T5 and T6. The minimum value (7.1 cm) of leaf length was recorded under the treatment T3.At 60 DAS, the maximum number of leaf length was recorded in treatment T8(23.89 cm). The treatments T5, T6, T7, T8 and T9 were at par with each other. The significant differences were observed with the treatment T1 (18.16 cm), T3 (20.78 cm), T4 (19.75 cm), T8 (21.75 cm) and T10 (22.45 cm). The minimum leaf length (18.16 cm) was recorded under the treatment T1.At final harvest, the leaf length was maximum in T10 (33.50 cm) which was at par with T4 (26.44 cm). However, significant differences were observed with treatment T1 (20.81cm), T3 (22.11cm),) T6 (25.68 cm)and T8 (22.46 cm). The minimum leaf length was recorded in the treatment T2 (19.47 cm). The application of FYM @ 5 tones/ha + Vermicompost @ 2.5 tones/ha + V.W @ 25 increases the leaf length of turnip may be due to application of major and minor nutrients, through organic manures in various levels, increased the photosynthetic activity, chlorophyll formation, nitrogen metabolism and auxin contents in the plants which ultimately increases the plant height. The findings are also in conformity with the findings of Joshi *et.al.*,2015.

Leaf width

The leaf width of the plant at different stages of harvesting is presented in Table 2.and Fig. 4.The leaf width on 30 days after sowing differs significantly and was ranging from 3.7 to 4.85 cm. The maximum leaf width was recorded in T6 (4.85 cm) which was statistically at par with T5 (4.66 cm) and T4 (4.53 cm). However, significant differences were observed with the treatments T1 (3.9 cm), T2 (4.01 cm), T3 (3.71 cm). The minimum leaf width was recorded in the treatment T1 (3.9 cm).In 60 DAS, the maximum leaf width was recorded in T4 (10.81 cm) which was at par with treatment T6 (10.02 cm). However, significant differences were observed with treatment T1 (8.50 cm), T4 (10.81 cm), T5 (9.69 cm) and T9 (8.7 cm).At final harvest, the maximum leaf width (13.02 cm) was recorded in the concentration of organic manures treatment T4 (Vermicompost @ 5 tones/ha) which is found to be on per with treatment T1. The minimum was recorded in this might be due to the continuous nutrient availability by the use of organics. This is found to be accordance with findings of Dlamini*et.al.*,2020.

Root length

The maximum root length was recorded in treatment T4 (9.25 cm) with the application of Vermiwash @ 50 %. The minimum root length was recorded in T3. The significantly highest root length might be due to beneficial effect of organic nutrient sources. The organic nutrient sources, particularly vermicompost improves the soil structure and soil quality which might have resulted in length of root. The findings are in similar with the results of Joshi *et.al.*, 2015; Aisha *et.al.*, 2014 and Pamula*et.al.*, 2020.

Root weight

The maximum root weight of turnip (135.74 g) was recorded in T10 with FYM @ 5 tones/ha +Vermicompost @ 2.5 tones/ha + Vermiwash @ 25% significantly superior to all other treatments. The minimum root weight was recorded in T7. The results show significant differences between the treatments. The increase in root weight of leaves may be due to the excellence of high level of organic manures was producing good growth of turnip plants which show higher root weight. The findings are in similar with Getaneh*et.al.*,2019 and Joshi *et.al.*,2015.

Root diameter

The maximum root diameter was recorded in T7 (8.35 cm) with FYM @ 5 tones/ha + V.C @ 5 tones/ha which was at per with T4 significantly superior to all treatments. The minimum root diameter was recorded in T3. The decrease in bulk density and increase in porosity and water holding capacity of the soil due to organic nutrient source might have contributed in increasing root diameter of plants. The results are similar with Pamula*et.al.*,2020 and Kon*et.al.*, 2016.

Fresh weight of leaves

The maximum total fresh weight of leaves (66.44 g) was recorded in T4 with Vermiwash @ 50% which was significantly superior to all other treatments. The minimum total fresh weight of leaves was recorded in T8. The results show significant differences between the treatments. The increase in total fresh weight of leaves may be due to





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the excellence of high level of organic manures was producing good growth of turnip plants which show higher total fresh weight of leaves. The findings are in accordance with Basheer *et.al.*,2013.

Dry weight of leaves

The maximum total dry weight of leaves (16.12 g) was recorded in T4 with vermiwash @ 50 % which was significantly superior to all other treatments. The minimum total dry weight of leaves was recorded in T4. The results show significant differences between the treatments. The increase in total dry weight of leaves may be due to the excellence of high level of organic manures was producing good growth of turnip plants which show higher total dry weight of leaves. Similar results were also reported by Joshi *et.al.*, 2015 and Kaur *et.al.*, 2019.

Root yield (kg/plot)

The maximum root yield of turnip (17.46 kg) was recorded in T10 FYM @ 5 tones/ha +Vermicompost @ 2.5 tones/ha + Vermiwash @ 25% + Jeevamrit @ 50 % which was significantly superior to all other treatments. The minimum root yield was recorded in T5. The results show significant differences between the treatments. The increase in root yield may be due to the excellence of high level of organic manures was producing good growth of turnip plants which show higher root yield. The findings are in agreement with Jadhav*et.al.*,2015; Getaneh*et.al.*, 2019 and Yogeshappa*et.al.*, 2017.

Root yield (t/ha)

The maximum root yield of turnip (17.15 t/ha) was recorded in T3 with FYM @ 10 tones/ha significantly superior to all other treatments. The minimum root yield was recorded in T5. The results show significant differences between the treatments. The increase in root yield may be due to the excellence of high level of organic manures was producing good growth of turnip plants which show higher total root yield. The findings are parallel with Getaneh*et.al.*,2019 and Ghimire*et.al.*, 2020.

CONCLUSION

Based on the current investigation on the "Effect of Various Organic Fertilizers on the Growth and Yield of Turnip (*Brassica rapa* L.) Under Low Hills of Uttarakhand," it can be concluded that the treatment T6 (Farmyard Manure@ 25 tons/ha + Vermicompost @6 tons/ha) resulted in the best performance. Specifically, the following outcomes were observed with this treatment: Growth attributes viz., maximum plant height (45.93cm), number of leaves (17), leaf length (26.82cm), leaf width (13.02cm), fresh weight of leaves (64.39g) and dry weight of leaves (16.12 g) and yield attributes viz., root diameter (11.53 cm), root length (9.25 cm), root weight (109.83 g), yield (17.46 kg/plot) and total yield (178.2 q/ha). The study indicates that the combined use of FYM and Vermicompost, supplemented with Jeevamrit, significantly enhanced soil fertility, which in turn led to improved yield and quality of turnip crops. Therefore, under the current agro-climatic conditions of the low hills of Uttarakhand, it is recommended to use this combination of organic fertilizers to achieve sustainably higher yields and quality in turnip cultivation.

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| Table:1 Treatment details | | | | |
|---------------------------|---|------------------------------------|--|--|
| No. of Treatment | Combinations | Concentration | | |
| T1 | Control | - | | |
| T_2 | FYM | 25tones/ha | | |
| Тз | Vermicompost | 6tones/ha | | |
| T_4 | Jeevamrit | 100% | | |
| T5 | Biostimulant | 3% | | |
| Τ6 | FYM + Vermicompost | 25tones/ha + 6 tones/ha | | |
| T7 | Vermicompost + Jeevamrit | 6 tones/ha + 100% | | |
| T_8 | FYM + Biostimulant | 25tones/ha + 3% | | |
| Т9 | FYM+Vermicompost+ Jeevamrit + Biostimulant | 12.5tones/ha+3tones/ha +50%+1.5% | | |
| T10 | FYM+Vermicompost+jeevamrit+ Biostimulant | 25tones/ha+ 6 tones \ ha+100 %+ 3% | | |

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Table 2: Effect of organic fertilizers on plant height (cm), number of leaves per plant, leaf length (cm) and leaf width cm) of Turnip at different harvest intervals

| Treatment | Pla | nt heigh | nt (cm) | Num | ber of le plan | eaves per t | Le | af lengt | h (cm) | Le | eaf widt | n (cm) |
|----------------|-----------|-----------|---------------------|-----------|-------------------|---------------------|-----------|-----------|---------------------|-----------|-----------|---------------------|
| | 30 DAS | 60 DAS | At Final harvest | 30 DAS | 60 DAS | At Final harvest | 30 DAS | 60 DAS | At Final Harvest | 30 DAS | 60 DAS | At Final Harvest |
| T_1 | 11.21 | 29.56 | 35.74 | 6 | 11 | 15 | 7.48 | 18.16 | 21.06 | 3.9 | 8.50 | 12.3 |
| T2 | 10.67 | 28.3 | 37.79 | 6 | 10 | 16 | 7.24 | 18.82 | 19.47 | 4.01 | 8.95 | 11.17 |
| T ₃ | 9.56 | 31.11 | 42.88 | 5 | 10 | 12 | 7.1 | 20.78 | 22.11 | 3.71 | 8.90 | 10.54 |
| T_4 | 11.86 | 32.3 | 45.93 | 6 | 11 | 14 | 8.92 | 19.75 | 23.64 | 4.53 | 10.81 | 13.20 |
| T 5 | 11.61 | 34.99 | 44.66 | 6 | 10 | 15 | 8.57 | 16.21 | 25.40 | 4.66 | 9.69 | 11.44 |
| Τ6 | 13.16 | 34.14 | 45.68 | 6 | 11 | 14 | 8.34 | 21.32 | 25.90 | 4.85 | 10.02 | 10.7 |
| T7 | 13.51 | 34.02 | 41.96 | 5 | 11 | 13 | 7.81 | 21.26 | 30.30 | 4.37 | 9.43 | 11.2 |
| T8 | 14.49 | 31.61 | 35.92 | 5 | 10 | 17 | 7.73 | 23.89 | 29.50 | 4.3 | 9.44 | 11.68 |
| Т9 | 14.41 | 32.21 | 42.66 | 5 | 12 | 13 | 8.00 | 21.53 | 21.53 | 3.97 | 7.71 | 9.62 |
| T10 | 15.78 | 34.13 | 45.56 | 6 | 11 | 15 | 8.52 | 22.45 | 33.50 | 4.11 | 8.03 | 10.62 |
| C.D(0.05%) | 0.714 | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | 1.135 | N/A | N/A |
| SE(m) ± | 0.238 | 5.46 | 6.07 | 1.3 | 1.54 | 2.31 | 0.326 | 2.33 | 3.78 | 0.379 | 0.84 | 1.79 |
| SE(d) ± | 0.337 | 7.73 | 8.59 | 3.5 | 2.18 | 3.26 | 0.461 | 3.30 | 2.34 | 0.536 | 1.18 | 2.53 |
| | 1.495 | 1.31 | 1.10 | 20.3 | 2.27 | 2.23 | 0.51 | 2.40 | 2.96 | 1.14 | 1.98 | 1.41 |
| C.V. | | | | | | | | | | | | |

Table 3: Effect of organic fertilizers on fresh weight of leaves (g), dry weight of leaves (g), length of root (cm), diameter of root (g), weight of root (g), root yield (kg/plot) and root yield (q/ha) of turnip at final harvest

| Treatment | Fresh Weight of leaves (g) | Dry weight of leaves (g) | Root Length (cm) | Diameter of Root (cm) | Root weight (g) | Root yield (kg/plot) | Root yield (q/ha) |
|-----------|-------------------------------|-----------------------------|------------------------|--------------------------|--------------------|-------------------------|-------------------------|
| T1 | 33.67 | 15.49 | 9.06 | 6.40 | 66.95 | 13.36 | 162.2 |
| T2 | 34.36 | 15.34 | 8.20 | 6.76 | 77.12 | 15.06 | 152.5 |
| Т3 | 38.99 | 14.13 | 6.79 | 7.73 | 109.83 | 15.20 | 171.5 |
| T4 | 56.92 | 16.12 | 7.59 | 8.53 | 97.59 | 14.70 | 148.5 |
| T5 | 43.72 | 13.22 | 8.15 | 8.86 | 76.88 | 13.40 | 138.2 |

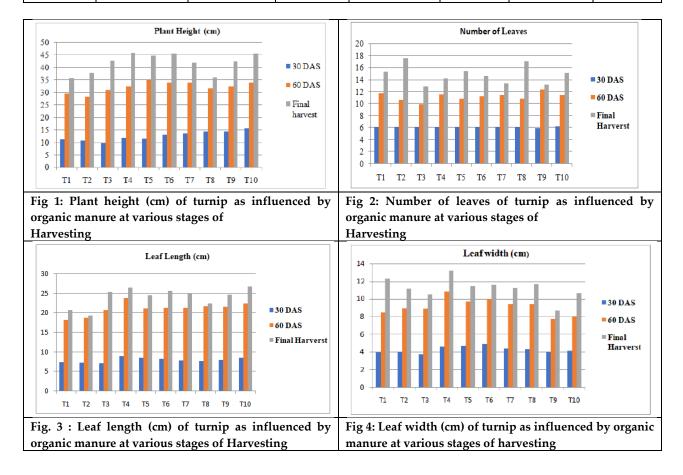




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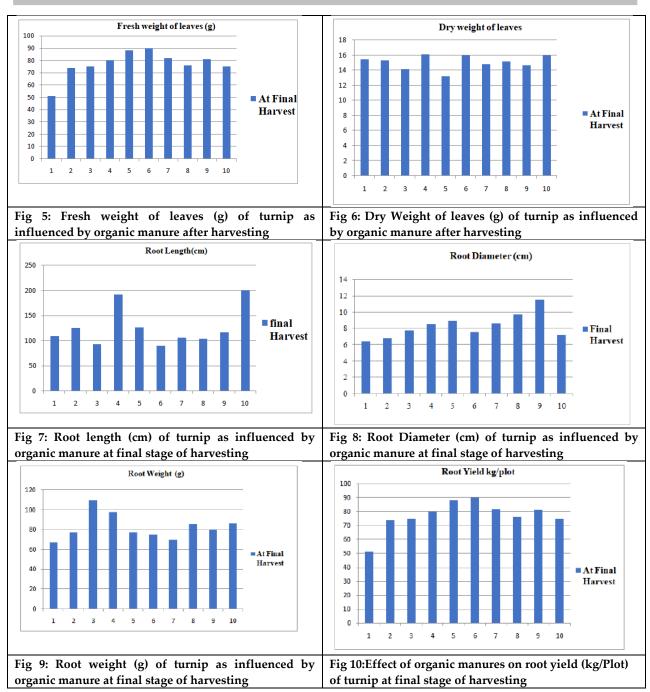
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| Τ6 | 64.39 | 15.95 | 7.58 | 7.53 | 74.98 | 17.46 | 178.2 |
|----------------|-------|-------|------|-------|-------|-------|-------|
| T7 | 51.34 | 14.80 | 7.60 | 8.63 | 69.67 | 17.00 | 145.6 |
| T8 | 46.58 | 15.15 | 8.48 | 9.70 | 85.65 | 14.43 | 178.2 |
| Т9 | 56.59 | 14.69 | 8.48 | 11.53 | 79.64 | 15.23 | 146.2 |
| T 10 | 51.10 | 15.95 | 9.25 | 7.23 | 86.19 | 15.16 | 152.2 |
| C.D (0.05%) | 2.95 | N/A | 1.18 | N/A | N/A | 1.97 | 2.11 |
| SE(m) ± | 2.65 | 0.83 | 0.39 | 1.34 | 12.38 | 0.65 | 0.70 |
| SE(d) ± | 0.75 | 1.18 | 0.55 | 1.89 | 17.51 | 0.93 | 0.99 |
| C.V. | 2.63 | 3.63 | 2.42 | 2.01 | 25.01 | 7.54 | 7.86 |



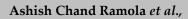


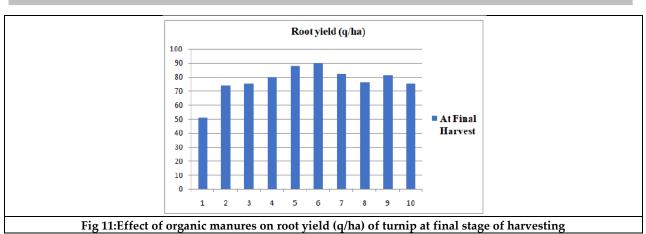




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RESEARCH ARTICLE

To Study the Relationship between Examination Stress and Changes in Eating Pattern among 18-25 y/o Students of Parul University

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ABSTRACT

The research study was based on the correlation between exam and stress that may or may not affect eating and sleeping patterns of 18-25 y/o students at Parul university. As these studies started in March 2023 ended in March 2024. Around 303 students (living in hostels or PG) were taken as the target group sample with snowball technique. We have designed an online google form for survey purposes and the questionnaire was broken down into five sections: general information, examination details, food habits, sleeping patterns, and perceived stress (aptitude test). The data collection was conducted in October month from 10th Oct 2023 to 25 oct 2023. A statistical analytical tool (SPSS) has been utilized for data analysis. As students don't worry about the external exam because Parul University administers exams, take the weekly and internal exam that covers half of the curriculum. This observational data relates only to the Parul university students. A total of 303 students answered the questions; upon evaluating the population by gender, it was found that 55.26% of the students were male and 44.7% of the students were female students of Parul University. These students will be appearing for the exam. According to the data we collected, roughly 33% of students had exams, 60% did not, and it is likely that 6% were unaware of the specific examination days. In October, these data were collected. Our research focused mostly on the eating habits of each individual body. Sixty percent of the pupils opt to eat vegetarianism because they are from Gujarat. Fifty percent of pupils experience nutritional modifications, whereas the other fifty percent do not experience any changes in their eating habits. Research indicates that dietary changes may cause sleep patterns to be disturbed, and that studying for college exams is the primary cause of these disturbances. Exams linked to sluggishness, dietary modifications, and PG students' favourite cooking techniques had a positive correlation. This result supports the alternative hypothesis – which shows a strong correlation between exam stress and changes in sleeping and eating patterns – is statistically supported, rejecting the null hypothesis.

Keywords : Stress, Emotional behaviour, examination days, correlation data, eating and sleeping pattern.





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INTRODUCTION

In today's world, stress is a prominent factor in every individual's life due to several reason following for the example like studies, relationship, social media influence, financial issue, family problem, office load, etc. WHO defines stress as "State of worry or mental tension caused by a difficult situation". Stress is a natural human response that prompts us to address challenges and threats in us Lives. Everyone experiences stress to some degree. The way we respond to stress, however, makes a big difference to our overall well-being. Stress is nothing but a pressure that build up in the mind to complete any possible task in A particular period of time that changes mental, physical and social life such as a individual diet, social relationship sleeping pattern and psychological factor such as unconscious mind, behaviour changes, feels isolated, don't know the reason of anger, not eating mindfully, overthinking, relationship issue, self-doubt, mental health and trust issue.

The prevalence of stress used to be 37.12 % in 2018 and is continuously increasing after covid-19 pandemic starts in every country that increased stress Up to 43.76 % in 2023. So, it is noticed that there was 6 - 7% increase in stress level. And it is assumed that the level of stress in continuous going to be increased in upcoming years due to competitive exam, job requirement, financial loan, etc. Stress can be classified into short term and long-term duration. So, as short-term duration means it remain for shorter period of time that contain deadline of the project, relationship issue, certain disease includes etc and about long-term duration means that remain more than a year contain disease like cancer, heart & kidney disease, diabetes, hypertension, asthma etc.

Acute stress and chronic stress

Acute stress is comprised of short stress that quickly get reduce by suppress the load of problem example Assignment submission, ppt presentation, project deadline, etc. Chronic stress that may comprise of long-term stress that may lead to serious disease example like government exam, yearly university exam, dissertation, etc. This stress may lead to highblood pressure, diabetes, heart disease and obesity. This is due to continuous the presence of stressful life is one of the major changes comes in people lifestyle that are related to eating behaviour.

Most of the times stress build up because of heavy work load, arrival date of assignment submission and exam stress, bank load, home stress, office load, etc. Eating is a major component of lifethat is required in daily routine.Regular eating behaviour is playing a important in nourishing the whole body from maintain the body weight to give proper nutrient to each organ and make used of energy for the whole day. So, if we look around individual in stress are often suffered from lifestyle changes .in which major factor eating behaviour changes too. Eating behaviour / eating disorder are nothing but a psychological disorder in which a person may eat more or eat very less sometimes these maybe caused by extreme stress condition in any situation .Dietary pattern changes when there is excessive amount of stress occur that may lead to low glucose level in the body. Students' lifestyle and dietary pattern is completely disturb especially for those who leave alone without their family member. From making their own work food to complete college is really a tiring job to do so.

Student's stress may lead to eat excess amount of kcal in high quantity and less of nutritive food consumption. That may be a reason of obesity and a imbalance dietary portion size or some may not eat that much in quantity which then lead malnutrition pattern of the body that have condition leads on body example: - Fatigue, numbness in the body and low blood pressure. Research has explored how stress impact eating behaviours in various age groups, including children and adolescents. (Hill et al 2018) (<u>1</u>). Different people are affected by exam stress in different ways. While some people experience intense tension, worry, and uneasiness, others stay calm. Academic pressure is associated with stress, which can cause substantial physical repercussions such as weariness, poor appetite, sleeplessness, and insomnia. Exam pressure and stress are closely related. Depending on the individual, stress can either increase or decrease appetite. It disturbs regular eating patterns and contributes to a number of health problems by having direct biological consequences and indirect behavioural changes that have a detrimental





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influence on health. Some physiological factor affects such as fatigue, high hunger, less sleep, sugar craving, food deprivation, illness, drug withdrawal state, anxiety, and also leads to changes in eating behaviours. Exam pressure can significantly impact eating behaviour, which plays a crucial role in maintaining a balanced diet. The correlation between exam stress and eating behavior is essential, especially considering the rising rates of obesity and malnutrition. Understanding this relationship can lead to the development of effective stress reduction methods and awareness of the consequences of stress on dietary patterns. By studying these aspects, we can better comprehend how stress affects our bodies and find ways to modify our behaviors to mitigate its negative effects.

Now a day's there is a huge impact of stress and eating pattern that get visualised into day-to-day life. Not only mental but also physical health burden increase in the communities. This can be led to health issue like anxiety, depression, cardiovascular problem and nutrition deficiencies.(10). As stress has an impact on the body because of the social and relationship problem with friends, family, office colleagues and social media gathering that turn out to be a reason of misleading issue, fights, etc. The influence of social media and unrealistic beauty standards has indeed heightened concerns about body image and health among young people. This pressure can contribute to stress and affect their eating patterns, highlighting the importance of promoting healthy body image and stress management strategies.

MATERIALS AND METHODS

Study Design

In October 2023, we carried out a cross-sectional analytical study on Undergraduate and Postgraduate Students of Parul university, Vadodara, India.

Study setting & instrument

The purpose of the study is to demonstrate a relationship between food pattern modifications and exam stress. Utilizing a Google Form, data is gathered using the purposive technique and the snow bowl method. The descriptive study and thorough explanations of the relationship between exam stress and the changes in eating patterns served as the foundation for the survey design. The research was conducted on the localities and hostilities of Parul University students in Vadodara, Gujarat. The first two weeks of October were spent conducting the study. About 304 responses to the survey have been gathered. The minimal age start for students was set at 18 to 25 years old for the purpose of the survey study. Analysis tool used for research paper is SPSS (Statistical package for social science) for data analysis purpose. Two method are used for analysis purpose Chi – square and T- test.

Participants

Inclusion

1)The respondent know about the concept of stress is a major factor that may their affect eating pattern.

2)The respondent is the student of Parul university and they are living in Vadodara, Gujarat.

3)The respondent is ready to give their consent regarding research topic and proper response to the question.

Data analysis

Data entry was done in Microsoft Excel and analysed using IBM SPSS Statistics. We summarized scores as mean with standard deviation (SD) and percentages (categorized). Age and years of experience were correlated with scores using Pearson correlation. wo method are used for analysis purpose **Chi – square** and **T- test**. The mean scores of the categories, based on exam and stress, were compared using an independent *t*-test (for two groups). p<0.05 was considered statistically significant. Using binary logistic regression, we performed an adjusted analysis.





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RESULT

The survey has received about 304 replies. For the purposes of the survey study, the minimum age start for students was set at 18 to 25 years old. 50 percent of the participants are localities and 50 percent are hostilities. All 304 students are from Parul university, Vadodara, india. The statistics showed that, although 148 participants (49%) did not experience any dietary modifications during the exam, 156 participants (51%) did experience changes in their diet. Based on the data, we deduce that 50% of individuals had diet modifications across for many days during the examination days. (table 1). There is a correlation of ongoing exam and diet pattern change (r=-0.82), based on (n=303) there is a slight loss of appetite as exams are going on. Based on which conclusion is that changes in dietary patterns due to exams pressure. The examination increases the stress which might also be influencing the diet change.

The correlation between change in eating with sleep pattern and examination days (r=-0.36), the number of observations of caffeine product (n=303) there is a weak negative relation between students who have currently ongoing examinations and there sleeping & eating pattern are likely to change this line with understanding that examination stress increases and eating pattern, sleep duration decrease. Out of all the individuals, 78(25.65%) experienced regular changes in their eating and sleep patterns, 87(29%) experienced stressful dietary changes with sleep pattern, 51(27%) experienced insomnia (a condition characterized by poor sleep), and 88(29%) experienced variations in their eating and sleep patterns. According to the data,30% participant do feel changes in dietary habit and sleep pattern. (table 2). The correlation of diet changes and feeling nervous due to stress (r = 2.31), the number of observations of diet meal (n=303). There is a strong positive relationship between prefer diet changes during stress time. So, it clearly says about the increased ratio of diet changes with stress.

The data of correlation was based on eating with sleep pattern changes and examination (r=-0.36), the number of observations of caffeine product (n=303) there is a weak negative relationship between increased stress of exam days and changes in eating and sleeping behaviour. The correlation of eating with sleep pattern changes and total stress (r=0.02), the number of observations of caffeine product (n=303) there is a linear relationship. So, it is a clear observation that caffeine product consumption increases with changes in eating and sleep pattern. Out of all the participants in the questionnaire, 49 (16%) slept for at least seven hours, 69 (23%) for a maximum of six hours, 104 (34%) for more than four hours, and 82 (27%) for more than five hours.(table 3). The correlation of total stress and sleep schedule during exam (r=-1.52), the number of observations of total stress (n=303). There is an extremely strong negative relationship between increased stress level and decreased hours of sleep during exam days. which implies getting less sleep during exam day. Pearson correlation of feeling dizzy and sleepy during exam days (r=0.85), the number of observations of feeling dizzy (n=303). There is a moderate positive relationship between stress level with hours of sleep during exam days.

CONCLUSION

The correlation between exam days and diet pattern change(r=-0.82), soft drink and mid-night food craving (r=-0.38), dietary habits with sleep pattern (r=0.36), current exam and cooking preference by PG students(r=--0.13), soft drink and feeling nervous (r=-0.41), stress and sleep schedule during exam (r=-1.52) and exam and caffeine product (r=-0.36) based on Total no of population (n=303) Stress and alterations in eating and sleeping patterns are strongly correlated negatively. The evidence suggests that dietary modifications may disrupt sleep patterns and that studying for college exams is the root cause of these disruptions. The correlation between diet changes and feeling nervous due to stress(r = 2.31), sleep duration during exam days and feeling lethargic(r=0.85), soft drink and eating pattern during exam days (r=0.23), eating pattern and Local lite food preference by PG students (r=0.20), currently pursuing and preference of food by PG students (r=0.21), mess food and exam (r=0.33) based on no.of population (n=303) there is a strong positive correlation between exam and eating pattern, sleep duration. Exams associated with lethargy, dietary changes, and the preferred cooking methods of PG students are positively correlated.





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The correlation between exam and gender, age, caffeine product and soft drink and ongoing exam (r=0.10) based on no. of correlation (n=303) there is no specific relation between hot and cold beverages with exam and nor with age and gender. Null hypothesis: - There is no correlation between examination stress and changes in eating behaviour among 18 to 25 y/o students of Parul university. Alternative hypothesis: -There is correlation between examination stress and changes in eating behaviours among 18 to 25 y/o students of Parul university.

According to this finding, the null hypothesis is rejected since statistical evidence supports the alternative hypothesis, which demonstrates a substantial relationship between exam stress and modifications in sleeping and eating habits. In Conclusion, Stress and alterations in eating and sleeping patterns are strongly correlated negatively. The evidence suggests that dietary modifications may disrupt sleep patterns and that studying for college exams is the root cause of these disruptions. Positive correlations have been shown between exams linked to sluggishness, dietary modifications, and PG students' favourite cooking techniques. There is no particular correlation between exam scores and gender or age.

This result means that the alternative hypothesis—which shows a strong correlation between exam stress and changes in sleeping and eating patterns—is statistically supported, rejecting the null hypothesis.

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Conflict of interest

There is no conflict of interest between author regarding the paper publishing.

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Table 1 Diet changes during exam day

| Change in diet | Response | Percentage |
|----------------|----------|------------|
| Yes | 156 | 51.31% |
| No | 147 | 48.68% |
| Total | 303 | 100% |
| Examination | | |
| Yes | 100 | 32.89% |
| No | 184 | 60.5% |
| May be | 19 | 7% |
| Total | 303 | 100% |

Table 2. Responding about their changes in eating and sleep pattern

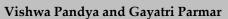
| Eat and sleep pattern | Respondent | Percentage |
|----------------------------------|------------|------------|
| Regularly | 78 | 25.65% |
| Stressful | 87 | 28.61% |
| Insomnia (related to poor sleep) | 51 | 16.77% |
| Most of the time | 87 | 28.94% |
| Total | 303 | 100% |

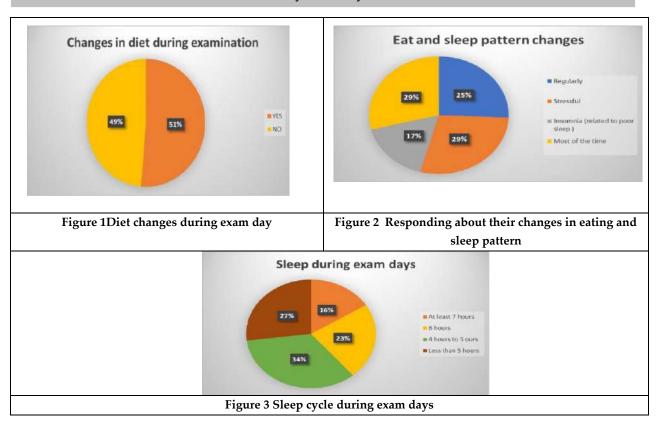
Table 3 Sleep cycle during exam days

| Sleep during exam days | Respondent | Percentage |
|------------------------|------------|------------|
| At least 7 hours | 49 | 16.11% |
| 6 hours | 69 | 22.69% |
| 4 hours to 5 hours | 104 | 34.21% |
| less than 5 hours | 81 | 26.97% |
| Total | 303 | 100% |













RESEARCH ARTICLE

Using Fuzzy Mathematical Modelling to Study Student's Mental Health During Exam Preparations

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ABSTRACT

Today, people are mostly affected by stress due to work, financial problems, personal relationships, parenting, daily life and busyness, personality, and resources. But we didn't note that students were also affected by stress in their exam preparations. Several studies say that stress leads to anxiety and depression. We all know health is wealth, so health is made up of three major categories: physical health, social health, and mental health. During semester exam preparation, students' anxiety to face exams increases, which leads to stress and depression. In this paper, we study students' mental health during exam preparations using a fuzzy inference system. We split the analysis period into three months: the first 2nd month, the next 4th month, and the 6th month. And also, we suggest some ideas to overcome the stress, anxiety, and depression during exam preparations and achieve good marks.

Keywords: Fuzzy Inference System, Stress, Anxiety, Depression, Health, Trapezoidal Fuzzy Number,

INTRODUCTION

In today's world, mostly people survive among stress, anxiety, and depressed situations, like stress in the workplace, financial crises, problems in personal relationships, difficulties in parenting, daily life and busyness, personality, and resources. Among these problems, we forget to note some issues, namely that students are also facing stress, anxiety, and depression during their exam time, like preparing for the exams, writing the exams, and waiting for the exam results, which lead to stress and depression. If they score good marks, there is no problem; if they score bad or average marks, then it may lead them to stress and depression by thinking about their future. Some students survive in these situations, but some students make wrong decisions like suicide or self-harm.





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In this paper, we discuss students' mental health during exam days and their stress, anxiety, and depression levels during exam preparation, writing exams, waiting for the results, and due to score cards. The study was analysed using a fuzzy inference system. The study period was split into three months, i.e., the first 2nd month, the next 4th month, and the 6th month. And also giving ideas to overcome the stress, anxiety, and depression during exam preparations and achieve good marks.

Causes and Effects of Stress, Anxiety, and Depression:

Due to stress, anxiety, and depression, human's mental, physical, and social health are affected. Most commonly, physical health problems are noted easily by symptoms like headaches, high blood pressure, weight gain, weight loss, fatigue, chest pain, muscle tightening, sweating, dizziness, and insomnia. Similar symptoms for mental health problems include being unable to relax, difficulty concentrating, avoiding particular situations and objects, excessive worrying, feeling overly anxious to fit in, troubles in making decisions, feeling very sad or hopeless, thoughts of self-harm or suicide, irritability, changes in eating behaviour, sleep changes, and loss of interest in hobbies and activities.

Diseases led by stress, anxiety, and depression are cardiovascular disease, upper respiratory disease, human immunodeficiency virus, inflammation of the immune system, and inflammation of cytokine production. Treatment and medication for these problems include yoga, exercise, meditation, and simply doing physical activity. Seek help from proper mentors and doctors to recover from the stress and depression. Stress, anxiety, and depression are rated by scales; namely, for the stress scale named the Perceived Stress Scale (PSS), the ratings are 0 - never, 1 - almost never, 2 - sometimes, 3 - fairly often, and 4 - very often. For the anxiety scale named the Hamilton Anxiety Scale (HAM-A), the ratings are 0 - not present, 1 - mild, 2 - moderate, 3 - severe, 4 - very severe. For the depression scale named the Hamilton Depression Rating Scale (HDRS), just as for anxiety, the ratings are: 0 - not present, 1 - mild, 2 - moderate, 3 - severe, 4 - very severe.

Fuzzy Inference System:

Fuzzy inference is the process of formulating the mapping from a given input to an output using fuzzy logic. The mapping then provides a basis from which decisions can be made, or patterns discerned. The process of fuzzy inference involves all the pieces that are described in Membership Functions, Logical Operations, and If-Then Rules [1].

Two months analysis

For the first two months, the range of stress, anxiety, and depression will be [2–34]. For normal, the ranges shown as trapezoidal membership functions are stress [6 8 10 16], anxiety [1 2 4 9], and depression [1 1 2 4]. For mild, the ranges shown as trapezoidal membership functions are stress [9.8 12.9 15 22.3], anxiety [2 2 8 20], and depression [6 8 10 16]. For moderate, the ranges shown as trapezoidal membership functions are stress [5.10 19 42], anxiety [6 8 10 16], and depression [5 8 14 29]. For severe, the ranges shown as trapezoidal membership functions are stress [8 15 34 47], anxiety [9.8 12.9 15 22.3], and depression [9 15 21 39]. For extremely severe, the ranges shown as trapezoidal membership functions are stress [14 20 34 68], anxiety [9 10 20 41], and depression [10 28 32 42].

The above table shows that ranges and ratings of stress, anxiety and depression for two months. The output range and rating for two months combined stress, anxiety, and depression levels shown as trapezoidal membership functions are for normal [2 3.9 5.3 10], mild [5 7 11 21], moderate [6 13.9 14.3 23], severe [15 20.7 22 25.1], and extremely severe [18 27.3 30 33.9].

Four months analysis

For the next fourth month, the range of stress, anxiety, and depression will be [5-45]. For normal, the ranges shown as trapezoidal membership functions are stress [3 7 12 26], anxiety [2 3 5 10], and depression [1 5 6 12]. For mild, the ranges shown as trapezoidal membership functions are stress [7 16.2 16.8 24.8], anxiety [4 5 8.4 16.1], and depression [6 12.1 14 16.3]. For moderate, the ranges shown as trapezoidal membership functions are stress [9 15 21 39], anxiety [3 7 12 26], and depression [10 15.9 18.2 19.5]. For severe, the ranges shown as trapezoidal membership functions are





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stress [10 28 32 42], anxiety [9 13 17 29], and depression [9 17 23 43]. For extremely severe, the ranges shown as trapezoidal membership functions are stress [21 33 45 81], anxiety [5 12 36 43], and depression [7 22 30 61]. The above table shows that ranges and ratings of stress, anxiety and depression for fourth month. The output range and rating for fourth monthcombined stress, anxiety, and depression levels shown as trapezoidal membership functions are for normal [5.6 7.7 8.5 9], mild [6 12.3 14.9 16], moderate [10 16.3 18.9 20], severe [13.2 18.8 22.7 36.1], and extremely severe [20 33 35 44].

Six months analysis

For the next sixth month, the range of stress, anxiety, and depression will be [7-57]. For normal, the ranges shown as trapezoidal membership functions are stress [5 8 14 29], anxiety [2 4 7 14], and depression [3 7 9 17]. For mild, the ranges shown as trapezoidal membership functions are stress [7 18 23 24], anxiety [3 7 9 17], and depression [8 11 13 20]. For moderate, the ranges shown as trapezoidal membership functions are stress [6 19 25 50], anxiety [5 8 14 29], and depression [9 10 20 41]. For severe, the ranges shown as trapezoidal membership functions are stress [6 19 25 50], anxiety [5 8 14 29], and depression [9 10 20 41]. For severe, the ranges shown as trapezoidal membership functions are stress [12 24 33 63], anxiety [5 10 19 42], and depression [9 12 27 60]. For extremely severe, the ranges shown as trapezoidal membership functions are stress [24 57 64 83], anxiety [8 26 39 83], and depression [18 36 48 90]. The above table shows that ranges and ratings of stress, anxiety and depression for sixth month. The output range and rating for sixth month combined stress, anxiety, and depression levels shown as trapezoidal membership functions are for normal [9 9 10 12], mild [9.2 10 12 22], moderate [10 13.7 14 17.1], severe [12 26.3 26.9 40], and extremely severe [38 48 52 54]. The above graph shows the overall outcome of stress, anxiety, and depression levels throughout the six months. Here we can see for the first 2 months the range between [2–34], next for 4 months the range between [5–45], and after six months the range between [7–57].

CONCLUSION

From the past six-months analysis, split into two months, we conclude that comparing the first two months to the last two months, which are the fifth and sixth months, stress, anxiety, and depression are higher for students. Because the last two months are exam months. This analysis was conducted with the help of a fuzzy inference system using MATLAB software. The analysis is explained with the help of individual plots for stress, anxiety, and depression levels at 2 months, 4 months, and 6 months. The overall range for the fuzzy inference system is taken as [1–57], and the table values for stress, anxiety, and depression are calculated for those particular months.

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| Stress | Anxiety | Depression | Ratings |
|--------|---------|------------|------------------|
| 0-14 | 0-7 | 0-9 | Normal |
| 15-18 | 8-9 | 10-13 | Mild |
| 19-25 | 10-14 | 14-20 | Moderate |
| 26-33 | 15-19 | 21-27 | Severe |
| 34+ | 20+ | 28+ | Extremely Severe |

Table 1: shows that ranges and ratings of stress, anxiety and depression.

Table 2: shows that ranges and ratings of stress, anxiety and depression for two months.

| Stress | Anxiety | Depression | Ratings |
|--------|---------|------------|------------------|
| 10 | 4 | 2 | Normal |
| 15 | 8 | 10 | Mild |
| 19 | 10 | 14 | Moderate |
| 26 | 15 | 21 | Severe |
| 34 | 20 | 28 | Extremely Severe |

Table - 3: shows that ranges and ratings of stress, anxiety and depression for fourth month

| Stress | Anxiety | Depression | Ratings |
|--------|---------|------------|------------------|
| 12 | 5 | 6 | Normal |
| 16.2 | 8.4 | 12.1 | Mild |
| 21 | 12 | 15.9 | Moderate |
| 28 | 17 | 23 | Severe |
| 45 | 24 | 30 | Extremely Severe |

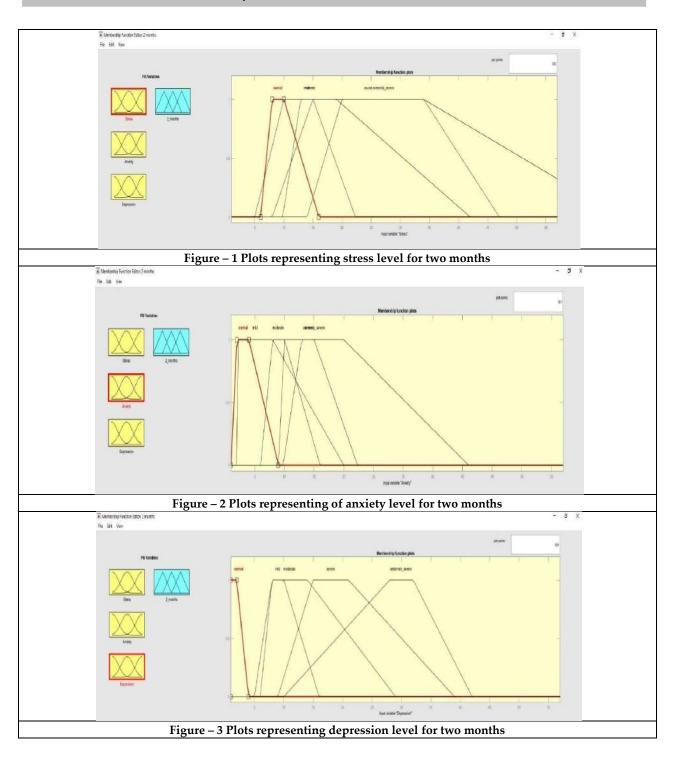
Table - 4: shows that ranges and ratings of stress, anxiety and depression for sixth month.

| Stress | Anxiety | Depression | Ratings |
|--------|---------|------------|------------------|
| 14 | 7 | 9 | Normal |
| 18 | 9 | 13 | Mild |
| 25 | 14 | 20 | Moderate |
| 33 | 19 | 27 | Severe |
| 57 | 39 | 48 | Extremely Severe |



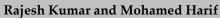


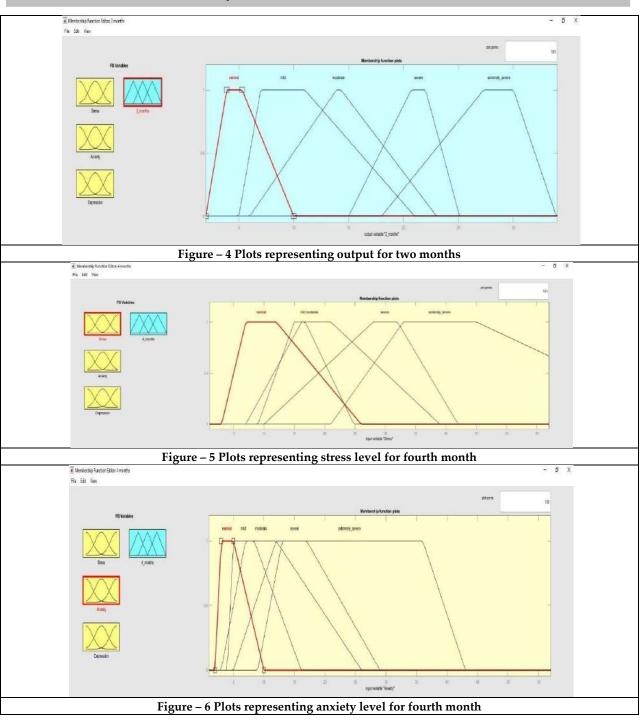
Rajesh Kumar and Mohamed Harif









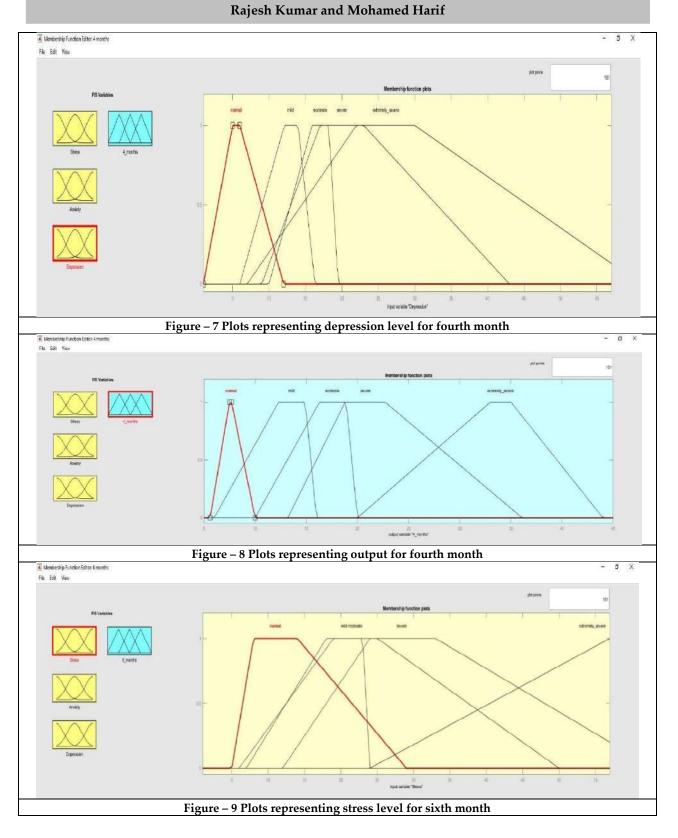




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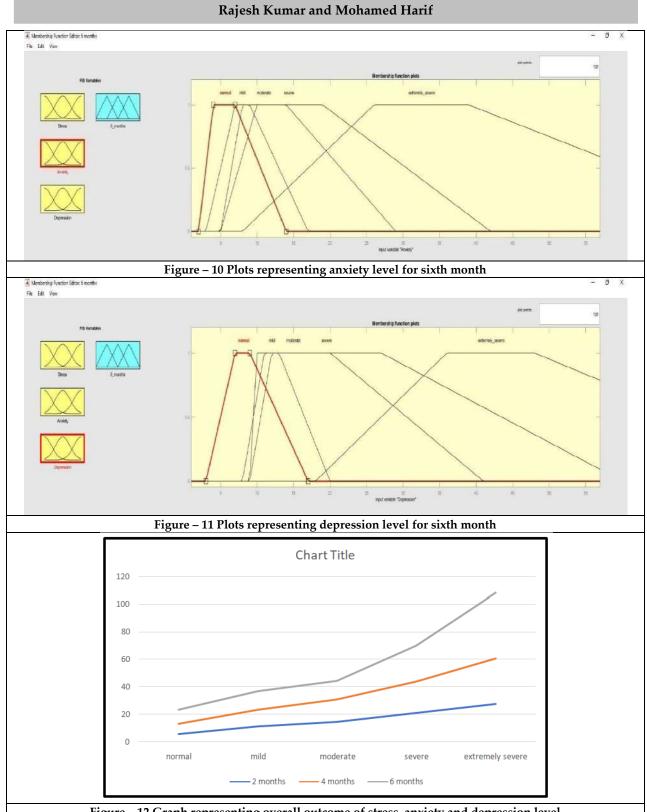


Figure – 12 Graph representing overall outcome of stress, anxiety and depression level





RESEARCH ARTICLE

Industrial Plant Automation Management Best Practices for Great Outcomes

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ABSTRACT

In the current era of smart homes and smart grids, advanced technological solutions that allow automation of household functions are rapidly evolving. Today's smart homes have a wide variety of technologies and applications. These are key in improving automation, monitoring and remote control capabilities by initiating communication between home appliances and their customers. In this article, examples of automation that focuses on energy efficiency, environment, automation are explained. Technical descriptions of the system are provided along with the advantages and disadvantages of each technology and product currently on the market. The role of consumers is also highlighted along with the barriers, obstacles, rewards and future developments in technology. The author has tried his best to justify Management best practices for great outcomes.

Keywords—Smart Grid, Home Automation, Energy Management System, Plant Automation, Programmable logic Controller (PLC), Supervisory Control and Data Acquisition (SCADA).

INTRODUCTION

Automation is a crucial idea for the industry 4.0 and is becoming more and more valuable to industrial businesses [1]. The global industrial automation market was valued at 157.04 billion dollars in 2018 and is projected to grow to





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296.70 billion dollars in 2026, nearly twice as much as it was a year earlier, according to the publication Fortune Business Insights. Organizations are drawn to automation-facilitating technologies like blockchain, artificial intelligence (AI), and the Internet of Things (IoT) because of their advantages [1]. It offers exceptional benefits in numerous areas, but most notably in terms of time and money savings. Businesses today must use industrial automation systems to complete industrial automation processes in order to benefit from these advantages. Industrial automation systems are those that use computers to control and monitor machines, processes, or other devices. Usually, these systems are employed to perform recurring duties or operations. Their aim is to operate independently, reducing and increasing the quantity of human labour needed in the industry. These systems take the place of the monotonous, mechanical jobs that are typically completed by a single person, as well as the choices that person makes during the manufacturing process. Strong machinery and logical programming commands are used to accomplish this.

Various forms of automation are available to businesses that decide to begin an industrial automation process, based on factors such as production volume, product range, and varying degrees of adoption. The phrase "home automation" or "fixed automation" refers to an automation procedure in which a machine or robot is designed to carry out a single, highly repetitive task for a high output volume [2]. These processes are fast, accurate, safe and have high production rates, however they are fixed and cannot be altered. The advantage of this kind of automation management offers the sectors are best suited for operations with a high volume of load and little work variability. The most cost-effective kind of automation is this one.

Soft automation refers to equipment that can adapt to a wide variety of product configurations. The process is managed by a computer that can be configured to change how it operates depending on the product. When a sector produces a variety of goods that call for distinct and varied configurations, it is quite helpful. Compared to hard automation, this kind of automation is more expensive and runs more slowly. It is especially appropriate for establishments that produce a small number of comparable goods in small quantities using batches. Programmable automation and flexible automation are the two categories into which this type of automation falls. Programmable automation category includes automated industrial processes that are managed by a program that is made up of a series of coded instructions that the system must decipher. Because of the system's great flexibility, new products can be made using these processes and new software. The equipment can be configured and adjusted in terms of both software and hardware. It is recommended to employ this kind of automation exclusively in low-production industries because it is difficult and time-consuming to reprogramme a machine to accommodate new products. As such, the processes are finished in batches.

A machine can be quickly configured to fit a new product thanks to flexible automation. This minimizes the amount of time lost when switching from one item to another in terms of configuration. Because this type of automation removes the need to waste time reprogramming the system or altering the physical configuration of the machines, there is no need to produce the products in separate batches. This type of automation is recommended for mediumsized productions. Flexible automation is used to enable continuous production that can be adjusted to the different product types that an industrial plant may encounter. Although automation removes the need for manual labour in factories, operators are still needed to keep an eye on equipment and perform maintenance. On the other hand, human intervention in the process is no longer necessary when using an industrial automation system. One of the biggest issues facing one is boosting energy security and accessibility in light of diminishing energy resources, particularly in emerging economies. An essential agenda item is producing electricity effectively and efficiently, in addition to managing the energy resources that are currently available. The construction of large power plants using conventional energy sources must be complemented, particularly with small-scale power generation distributed from renewable energy sources. Distributed power sources (DERs) can be connected to the grid with additional infrastructure and financial outlays, but these technologies minimize transmission and distribution (T&D) losses and do away with the need for a costly transmission system. Adopting a methodical strategy that views output and related load as a subsystem or "micro-grid" is a smart way to realize the growing potential of distributed generation[3].





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One common type of small integrated circuit is a microcontroller. A microcontroller is a small integrated circuit device that is usually used to control a single function inside another device, like a television, automobile, or home appliance. It's also typical practice to use several microcontrollers for different tasks. A car, for instance, would have different microcontrollers for the powered windows, the auto-braking system, and the speedometer. In contrast, PLCs are made up of an external programming device, a power supply, an I/O module, and a processor. The PLC's brain, or processor, uses data from connected input devices, like switches, sensors, and thermometers, to carry out preprogrammed control operations. For instance, After analysing thermometer-transmitted low-temperature data, the PLC's processor will decide on the best course of action and send a command to activate a heating element. Field devices are physically connected to the PLC through its I/O modules, which are also in charge of sending commands to output devices and bringing in data for the processor. It is possible to combine or separate analog or digital I/O modules based on the requirements of the application.

The PLC program is written and downloaded to the controller using the external programming device, which is usually a desktop or laptop computer. Ladder logic, function block diagrams, structured text, instruction lists, and sequential flow charts are a few of the numerous PLC programming methods that are available [4]. A microcontroller is a small integrated circuit device that is typically used to control a single function in another device, such as a television, car, or household appliance. Using several microcontrollers to carry out distinct tasks is also typical. A microcontroller is used in the car, for instance, to control the speedometer, the auto-braking system, and the powered windows. comprises an external programming device, a power supply, an I/O module, and a PLC processor.

The PLC's brain, or processor, uses data from connected input devices like switches, sensors, and thermometers to carry out preprogrammed control operations. For instance, when the PLC receives low-temperature data from the thermistor, its processor evaluates the information, chooses the proper action, and then initiates the command to activate the heating element. The I/O modules of the PLC are physically attached to the field devices, and they transmit commands to the output devices and receive data as input for the processor. Analog or digital I/O modules can be mixed and matched to suit a given application. Writing programs for desktop or laptop computers and PLCs, as well as downloading them to the controller, is typically done via an external programming device. Among the PLC programming techniques are ladder logic, function block diagrams, structured text, instruction lists, and sequential flow charts [4], [5].

Numerous new opportunities for efficiency gains have arisen as a result of the smart grid initiative, which aims to modernize the infrastructure of electric utilities. An effective method for working remotely and keeping an eye on renewable energy sources is to use a supervisory control and data acquisition (SCADA) system. SCADA systems are extensively employed in numerous industrial applications, and they have contributed to these systems' increased efficiency. In today's modern communication age, the smart grid initiative, which aims to integrate both function and architecture, has made tremendous strides in modernizing and expanding electric utility infrastructure. With this progress come organizational, socioeconomic, technological and cyber security challenges. The scope and magnitude of those challenges have increased significantly and many regulatory bodies have taken steps to align their standards and regulations with these new challenges.

K. Sayed and H.A. Gabbar received an overview of the process for gathering and using data in SCADA systems, development, and power systems. Along with the standard remote terminal units (RTUs), it also includes master stations, data concentrators, outstation hardware, and the newest intelligent electronic devices (IEDs). The fundamentals of Power System Supervisory Control and Data Acquisition (SCADA) and potential application functions increased the viability of smart grids and encouraged more individuals to participate in their development [6]. Research on various automation methodologies, including PLC, SCADA, and DCS (distributed control systems), and their benefits and drawbacks, has been conducted by Hudedmani*, Hittalamani Raghavendra, Umayal R M, and Shiva Kumar Kabberalli. The mention table below provides a summary of the findings[7].





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ER Alphonsus, MO Abdullah PLC provided an overview of its various applications such as hardware, programs and water and wastewater management control, solar-tracking systems, wind power, photovoltaic applications. Control of heating, ventilation, and air conditioning (HVAC), research, instruction, and training, as well as plant control and monitoring and other uses [8]. An air control system powers the packaging system's assembly and global operation. Pneumatic was only ever used manually in the past; nowadays, PLC is used to automate the process [9].

Factories in Industry 4.0 use logic controllers to monitor system status, decide on actions based on customized programs, and take necessary action. Controllers use high-speed computations outlined in programs (control logic) to enforce control in real time, and they output the results as output signals to actuators and other devices. Figure 1 depicts the specifics of the Smart Control Box (SCB) architecture. A single board PC and an MCU (Micro Control Unit) make up a SCB. The MCU receives the input signals from the PLC. For edge computing and data storage, signals are sent to a single board PC via wired or wireless communication. The MCU responds to the PLC's decision command following the margin analysis. In order to close the gap between Industry 3.0 and Industry 4.0, this research aims to introduce a SCB. Installing intelligence on a single board computer and connecting the Internet of Things to the PLC with the MCU [10].

The PLC community has responded to evolving needs by developing new programming languages, implementing special priority scan cycles, and developing specialized I/O hardware (hidden networking) through PLC programmers. Memory and processing speed have also improved dramatically over time. interactions between supervisory layer systems like SCADA, distribution control systems, or human-machine interfaces and field devices like sensors and actuators. Enterprise resource planning and implementation systems process the data that is received in both the upper and lower layers [11]. As depicted in Figure 2, PLCs are centralized controllers that interact with sensors and actuators as a component of a conventional automation pyramid. All connected devices are perceived as I/O devices, with no awareness of any other behaviour besides the inherent values and complexity of each device. shared and taken in. Decentralized control and greater use of intelligence are predicted by trends like Industry 4.0 [11].

Effective data transmission in communication networks is necessary for the automation, monitoring, and tracking of technical activities in both industrial and non-industrial settings. This information is related to duties like receiving, logging, measuring, and displaying data. The transferred data also includes control codes. Digital communications are used by control units, computers, sensors, actuators, human-machine interfaces (HMI), and networks with various topologies to transfer operational data and command signals [12].

Plant Automation Case Study

Power plants and other businesses that use boiler equipment need to constantly monitor and inspect it on a regular basis. In essence, the boiling section of the boiler which generates hot water for the production of steam must be run concurrently with other parts of the boiler, including the core section, which includes the boiler drum. Not enough steam is produced when the water level is too high. In order to automate the system and reduce human error, it is crucial to measure and maintain the levels of steam and drum. It is essential to keep the water level in the drum precisely under control. The reduction of human error rates and the enhancement of control and supervision over plant or process operations can be accomplished through the development of PLC and SCADA systems, which can be employed for the entire plant and running. possesses the ability to be applied to process monitoring and provide the required data in response to process changes.

PLC Temperature Control Programming

Temperature in each heater is measured by three thermostats. Different set points with different ranges is with all three heaters. The table shows the temperature ranges.

1. all three heaters (H1, H2, H3) must be on when a temperature goes below 55° C,

2. The optimal operating temperature range for both heaters (H2, H3) is between 55° and 60° C.





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- 3. The operating temperature range for the heater (H3) is 60° to 65° C.
- 4. Every heater that is over 70°C needs to be in the OFF position and have a safety shutoff (relay CR1) in case something goes wrong.

5. enables and disables the master switch system.

Solution :

- There are four thermostats; if the set point is not reached, assume they are in the NC (usually closed) position.
- Allow the control relay (CR1) to function as a shut-off for safety.
- Master switch: Turn on switch NO, which is normally open, and turn off switch NC.

The temperature ranges indicated by the thermostats' temperature values (TS1, TS2, TS3, TS4) are displayed in Table 2. In addition, the heaters (H1, H2, and H3) are either in the on or off position based on the temperature reading.

First step

Its two buttons are for start (no default contact) and stop (default NC contact). Depending on the state of the thermostats, Relay CR1 regulates the heaters. All heaters are turned off if the TS4 is energized (TS4 contact changes from NC to NO). The thermostat is connected between the TS4 STOP and the relay. There is no way to lock or hold the START command when Relay CR1 is introduced to the START button.

Second step

Heaters (H1, H2, and H3) can be controlled by relay CR1 in the absence of contact thermostats (TS1, TS2, TS3). After the START command is issued, this NO contact closes (becomes an NC contact). All heaters are on when the temperature drops below 55°C because TS1, TS2, and TS3 are closed. Heater H1 is turned off when the temperature is between 55° and 60° C because TS1 is open. TS2 will then open as well, turning off the heater H2 if the temperature is between 60° and 65° C. When the temperature is between 65° and 70° C, TS3 also opens, which turns off the heater H3. To avoid overheatingor any thermostat malfunction, there is a safety shutoff available. All heaters will be turned off by the TS4 powering the relay and reducing power if the temperature rises above 70°C.

Note: In this case, the contactors or relays that we are turning on are the heaters H1, H2, and H3. As a result, the electric heater feeder circuit (MCC) is not connected to the contact of these relays. These signals regulate these electrical feeder circuits, and the heaters are turned on or off in accordance.

Boiler Control

The heating elements are gradually heated and gradually turned off when the boiler is turned off to prevent excessive electricity consumption at the boiler's startup. Figure 5 depicts this working principle. The first heating element (S1) activation is powered by the ON (MA) button. The activation of the second element (S2) occurs following the time delay T. The time-delay T is again stopped by the third element (S3) and the fourth element (S4) following the same time delay. S1's Off (AR) button. After a little delay, the remaining three components progressively become inactive.

Green House Ventilation Panes

It is far more difficult to ventilate and cool greenhouses than it is to heat them. The temperature can always be adjusted by adding more heat, but in severe weather, it is challenging to lower the temperature. Greenhouse ventilation, which provides CO₂ and controls temperature and humidity, is necessary for crop production. The two most popular ventilation methods utilized in greenhouse production systems are mechanical and natural ventilation systems. The normal airflow produced by air pressure or the gradient created by temperature differences between the rising area and the rest of the greenhouse are what allow for natural ventilation.





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The process of moving air through fans, known as mechanical ventilation, involves bringing air into the growing area through carefully regulated greenhouse entrances and releasing it through the fan assembly. Good mechanical ventilation systems must be flexible enough to accommodate changing inlet shapes. Thermostats and, in certain situations, moisture-sensing devices regulate fan ventilation, whereas relative humidity is the primary factor in the control of disease [14]. The most basic and conventional environmental control system for tropical greenhouses uses sensors to monitor all significant environmental factors that affect crop growth, both inside and outside the greenhouse. The controller then receives the sensor data. The environmental parameters are managed by preprogrammed commands and related actuators, including fans, coolers, fogging systems, lighting systems, and CO₂ sprayers [15].

Mechanical Ventilation

An intelligently designed inlet allows fan ventilation systems to efficiently control temperature all year round. The most desirable feature is the ability to easily automate the entire system. With the introduction of computer-based control, this is becoming more and more the case. This feature will be especially helpful to farmers who are not present in the greenhouse during the day or who have other obligations and cannot find labor on weekends. The higher initial and continuing costs of mechanical ventilation systems are one of their drawbacks. This illustration shows how automatic control of greenhouse ventilation panes is possible.

Fan ventilation systems with well-thought-out inlets offer effective temperature control in all settings. The capability to seamlessly automate the entire system is its most alluring feature. This is now a reality thanks to the development of computer-based control systems. Farmers who have other responsibilities, lack workers on the weekends, or are away from the greenhouse during the day will find this function especially helpful. The disadvantages of mechanical ventilation systems are their high installation and maintenance costs. This illustration shows how automatic control of greenhouse ventilation panes is possible.

The greenhouse's owner wishes to have ventilation window panes on the roof of the greenhouse installed so that they can be opened and closed. There are two windows in the greenhouse for ventilation. Two sensors that detect whether the motor and the window panes are open or closed regulate how far these window panes open. The window panes open during the day to ventilate the building, ideally during the peak temperature of 12:00 to 15:00. However, window panes that are already open will not close or open if the temperature drops below 10 C. Additionally, on days when the temperature rises to 25 C, the windowpanes open. The window panes should be closed once more if the temperature drops below 25 degrees Celsius. No matter the temperature, window panes are closed at night. When the window panes are open, a red pilot lamp signal is displayed; when they are closed, a green pilot lamp signal is displayed.

Program description, 3-time ranges are used:

- Range 1: Night, from 21:00 to 07:00
- Range 2: Day, from 07:00 to 12:00 and from 15:00 to 21:00
 [T > 25° C Opening , T < 25° C Closing]
- Range 3: Noon, from 12:00 to 15:00
 [T > 10° C Opening , T < 10°C Closing]

Benefits of an Industrial Automation Management system

Automation of factories and industrial processes is made possible by industrial automation management systems, which enable continuous mass production seven days a week, 24 hours a day, increasing productivity and cutting down on assembly times. These systems help reduce human error and enhance the quality and uniformity of the products by employing adaptive control and monitoring throughout various industrial processes and stages. After working nonstop for several hours, the performance does not decline. Computers and other machines operate continuously and at a steady pace. As a result, when managed by an automation system, automated production processes have a longer lifespan, stability, and solidity. In a traditional production chain, implementing a new task





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requires user training that can take hours or even days. However, reprogramming a robot or machine through an automated system is a quick and easy process that offers increased production process flexibility. Automation of data collection lowers expenses while increasing accuracy. Managers of the company are able to make better decisions because of the increased accuracy.

On manufacturing lines where human workers are exposed to hazardous conditions, using robots is a safer option. The Occupational Safety and Health Act was passed in the US in 1970 with the intention of enhancing worker protection and job safety. Since it was passed, it has encouraged the use of automation systems and robotics in the nation's factories. Industrial automation systems may require a large initial investment, but using this technology will result in lower costs for data analytics. Additionally, there is very little chance of a machine failure or service interruptions because of this automated data analysis. When an industrial automation management system is in place, workers in that factory put in less hours and spend more of it on high-value tasks. Employees are relieved of repetitive and laborious tasks by automation systems. Employees can perform more value-added work in other areas of the business that benefit the company more when machines and computers take over these tasks from them. In addition to carrying out tasks that a human would do, the systems that businesses use to automate their services are also capable of carrying out tasks that a human being could not accomplish. Among other things, they are superior in terms of size, weight, speed, and resistance. Some of the important strategies for best Industrial management practises is explained below.

Forming the right team for Industrial Management

Finding the right talent is one of the most important aspects of building a successful project team. Experts concur that a project management team does not need to be large, even though automation projects can be complicated. Veterans of the industry also contrast internalizing the automation project with working with a qualified System Integrator, citing the latter's high project success rate. Skilled system integrators "offer the value-added engineering services that concentrate on the unique requirements of your company." Put differently, they possess the necessary skills and resources to assist in creating a workable solution without having to start from scratch.

Look for Technical Qualification in team member

Inadequately qualified team members can have disastrous consequences for an automation project. Errors in project scoping, estimation, or assessment can become difficult and costly as the automation project moves forward. Businesses must ensure that all project participants have the necessary skills in PLC, HMI, hardware integration, software programming, network protocol, UI/UX design, and other related areas when developing solutions internally. Additionally, someone with the sole responsibility of choosing and evaluating vendors and suppliers is required. Instead, a lot of manufacturers choose to collaborate with System Integrators who already employ a group of skilled engineers. When a project team chooses to collaborate with outside parties, such as a system integrator, the members must be selected based on their ability to manage projects, think critically and analytically, and have experience with various production procedures.

Appoint some one who understands Industry as a Project Manager

Assign the project manager position to a knowledgeable industry professional. The project manager bears the responsibility of guiding the automation project towards its intended course. They are essential to an automation project because they serve as the point of contact for vendors and stakeholders. A qualified project manager's level of industry knowledge is one of the selection criteria. Gaining knowledge about the industry a company operates in, particularly in heavy industries, can take up to ten years. On the other hand, a well-informed project manager fosters team cohesion by being: Skilled in areas beyond their purview; knowledgeable about the offerings of rival companies; and able to make both internal and external connections.





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Partnership with system integrator wherever you can.

System integrators are expert services that use commercially available hardware components to construct automation control systems and create software algorithms according to application requirements. By offering solutions and ongoing technical support, they assist manufacturers (end users) in automating jobs or processes.

Knowing and applying current industry standards in safety, Environmental and modern technology.

Skilled System Integrators collaborate with a diverse range of end users. They continuously monitor the most recent advancements in technology and industry best practices, including security, network standards, international programming standards, OSHA (Occupational safety and health Administrations) guidelines, machine safety, and process safety. It can be difficult to justify hiring an end-user for an automation project because they might not be skilled in every area.

Choosing the best hardware and software for application

It is the responsibility of a system integrator to be knowledgeable about various hardware components' interoperability. They are also capable of creating software applications and algorithms that interface with these parts. It takes years, if not decades, to become proficient at the complexity of creating an automation system. System engineers working for an organization often lack the time and resources necessary to become as proficient as an integration engineer whose entire career is focused on learning about system integration. Long-term returns on automation projects can be higher for end users who work with the right system integrator.

Providing proper project documentation

Future maintenance and upgrades to an automation system depend heavily on documentation. Usually, a system integrator oversees several installations at once. For future reference, it is in their best interest to maintain thorough documentation of the project. Regretfully, end users find it more difficult to obtain the same level of detail. Choosing the appropriate team members is the first step towards a successful automation project's execution. Members of the internal team should be technically proficient in both software programming and hardware technologies. A Project Manager with extensive industry knowledge and comprehension of various job functions is leading the team to success. Lastly, never undervalue the complexity of an industrial project. Reducing risks and expediting the project schedule can be achieved by collaborating with a qualified system integrator.

Ensuring goals and roles are crystal clear

Failure to communicate the project goals is akin to failing to inform a cab driver of your destination. It is a waste of money and time for both the driver and the passenger. The worst part is that it still falls short of the goal of the journey. Having well-defined objectives helps team members stay focused and minimize distractions, which enhances project success overall. An automation project will have numerous subtasks that must be completed at various stages of the project. Senior stakeholders and team members can communicate clearly when each member's specific responsibilities and milestones are defined. Devoid of well-defined responsibilities, team members who are driven and committed may experience animosity and exhaustion. Assigning responsibilities is undoubtedly crucial to fostering a team dynamic that functions like a well-oiled machine.

Utilize project management technologies

The preferred System Integrator may frequently reside in a different city. It is likely that the component suppliers it selects to work with are located in different states or nations. Even though they are convenient, sending emails or making phone calls can lead to misunderstandings and confusion. The integrity of the automation project is put at risk because it is difficult to maintain file version control in the absence of a centralized storage system. An increasing number of businesses are switching to device-synching project management software hosted on the cloud. These platforms can help with budget tracking, timeline management, data communication and storage, and — above all — documenting the project's progress. Project managers can better convey their vision and demonstrate leadership when they communicate well. A strong communication strategy facilitates the smooth adoption of the new solution by stakeholders, or potential system users. A team that communicates well will feel empowered and have a cohesive





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group that can easily handle the numerous smaller tasks that make up an automation project. Ultimately, information synchronization and documentation between various parties and time zones can be facilitated by project management software.

To spot scope creep and actions to be taken

Scope creep is a dreaded phenomenon on any project that can result in wasted money and decreased satisfaction and a failure to meet the project's anticipated value. Scope creep appears to plague most projects, a problem that constantly irritates stakeholders and project teams alike. There are several ways in which scope creep can occur in projects. Executives at the sponsor level frequently state that they would prefer not to participate in every decision. Thus, they are created by project teams. Once more, because certain change requests appear to be minor, project teams handle them without adhering to a formal change management procedure. Strict or onerous change control procedures may also contribute to unapproved scope extensions. For a variety of reasons, the project team may feel compelled to go above and beyond and offer "more value" by adding functionality that hasn't been asked for. When requests for more functionality are made, IT managers frequently let the scope expand without pressing for more funding or time. Lack of scope definition, requirements and scope not managed, Inconsistent process for collecting requirements, lack of sponsorship or stake holder involvement and length of project are some key points to be considered.

Lack of scope definition

The project scope is stated in aspirational or lofty language. These include "better throughput" and "more costeffective," which various stakeholders may interpret in different ways, leading to misunderstandings and confusion in the end.

Unmanaged requirements and scope

Emerging "discoveries" may change the requirements for a project. Scope creep happens gradually but steadily when these discoveries are added to the project without first undergoing a proper assessment.

Inconsistent process for collecting requirements

The cause of this phenomenon is imprecise scope definition, which leaves the project team unclear about the boundaries of the work. It can also occur when there are too many parties involved.

Lack of sponsorship or stake holder involvement

The project may lose momentum and focus if senior management or stakeholders are absent. The most frequent reason for project failures is a lack of sponsorship or stakeholder involvement.

Length of project

The likelihood of the project scope expanding exponentially increases as the timeline for the project gets longer. This occurs because senior management has more time to hone their concepts, research the competitors, or because the company evolves naturally over time.

RESULTS AND DISCUSSION

This paper's primary goal is to present comprehensive data for plant automation, including ways to increase energy efficiency, match demand, increase utility, lower costs, and improve control and preserve Environment. By enhancing all of these aspects, the overall plant stability and utility is improved. How the effective temperature control and monitoring can be provided with Programmable logic controllers is explained very effectively. In boiler to prevent over consumption of electricity at the start of the boiler, When the boiler is turned off, the heating elements are gradually heated and turned off. The example of the greenhouse ventilation panels shows how automation can benefit the environment.





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CONCLUSION

The author has tried his best to justify the paper title Industrial plant automation Management best practises for great outcomes where not only the energy efficiency, emission, automation and programming is explained but the Industrial management aspects points are covered for best outcomes. Each automation project is distinct and intricate in its own right but few points are to be kept in mind. Establish specific goals and objectives and assess the project as a strategic business case using the company's mission, vision, and values. Choose the appropriate external partners and internal team members. Establishing proper communication mechanism with awareness of scope creep.

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| Table 1: Pros and cons associated with each control methods [7] | | | |
|---|---|--|--|
| Control Method | Pros and cons | | |
| Logic for contacts and relays. | Easy assembly and straight forward design. Simple to comprehend for small systems, requiring a lot of room and being rigid for large systems. | | |
| | Expensive regular, unkeep. More driver circuit are needed for large relays. Human involvement is inevitable. No intermediate control except tight on adjustment and on / off. | | |
| | Increases electrical noise and interference. | | |
| PLC apparatus | Adaptable and practical for use. Boosts process dependability and efficiency. Has modest intelligence and cabling. Reusability and good fault tolerance. | | |
| SCADA setup | Because of the system is scalable and modular, keep an eye on it all in real time. Easy to use interface with secondary messages and alarm for a particular element or plant area. Updating events and data logs for analysis and upcoming planning Extensive infrastructure Instrumentation sensors heavy, cabling etc. High Initial Outlay. | | |
| DCS setup | Plug and play mostly in Easy implementation Measurable with modular and high reliability Low cabling and limited distribution intelligence Good wrong tolerance | | |

Table 2: Thermostat status and temperature range

| Temperature | Thermostats | | Heater 1 | Heater 2 | Heater 3 |
|------------------|--|------------|----------|----------|----------|
| Lower than 55° C | TS1 Clo TS2 Clo TS3 Clo TS4 Clo | ose ose | ON | ON | ON |
| 55°C -60°C | TS1 Op TS2 Clo TS3 Clo TS4 Clo | ose ose | OFF | ON | ON |
| 60°C -65°C | TS1 Op TS2 Op TS3 Clo TS4 Clo | en ose | OFF | OFF | ON |
| 65°C-70°C | TS1 Op TS2 Op TS3 Op TS4 Clo | en en | OFF | OFF | OFF |

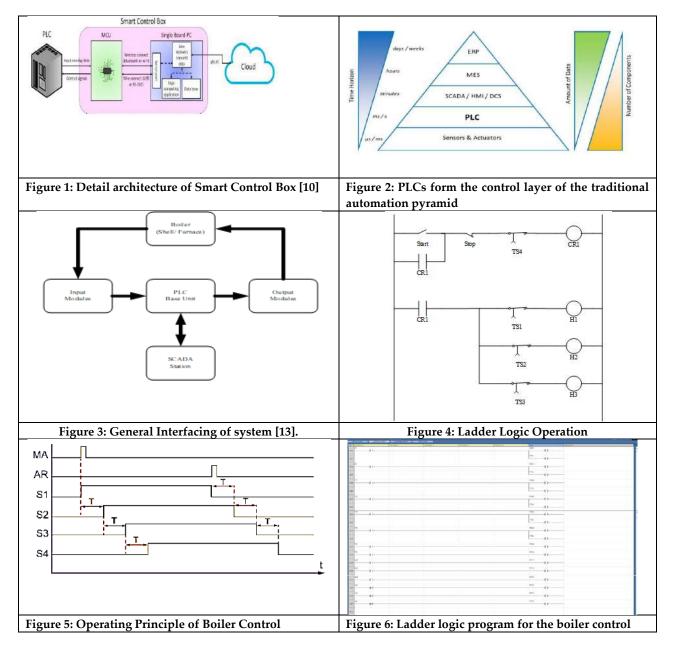




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| Over 70 °C | TS1 TS2 TS3 TS4 | Open Open Open Open | OFF | OFF | OFF |
|------------|--------------------------|------------------------------|-----|-----|-----|







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| No. Control Control <thcontrol< th=""> <thcontrol< th=""> <thcontr< th=""><th>6 6 6</th><th></th><th>The sum:</th><th></th><th></th><th></th><th>еріт море 🖺 🖬 🖉 🦉</th><th>2</th></thcontr<></thcontrol<></thcontrol<> | 6 6 6 | | The sum: | | | | еріт море 🖺 🖬 🖉 🦉 | 2 |
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RESEARCH ARTICLE

Management of *Karappan* (Eczema) with Siddha Formulation Sivappu Ennai as External Application – A Case Report

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ABSTRACT

Eczema is a form of dermatitis where inflammation of epidermis occurs. The exact cause of eczema is not known, although it is activated by the immune system and is related to allergic reactions. In Siddha, the disease is described by the name *"Karappan"* A 33-year-old male, complained of skin lesion over bilateral lower limbs associated with roughness, scaling and severe itching for 6 months. The case was diagnosed as *Karappan* (a Siddha diagnosis for Eczema) and *Sivappu ennai* was used to treat the patient for 6 months. Clinical symptoms and imaged software analysis of photographs of the lesions assessed the disease severity by EASI score. The treatment given was successful in reducing the symptoms. This case study demonstrates the effectiveness of *Sivappu ennai* on eczema patient. The study concluded that Siddha treatment was significantly effective in treating eczema.

Keywords: Eczema, Karappan, Sivappu ennai, Siddha.

INTRODUCTION

The word eczema comes from the Greek word *ekzein* meaning "to boil out"; word *ek* means "out", while *zema* means boiling. ⁽¹⁾ The exact cause of eczema is unknown. People with eczema do have the IgE antibodies (Immunoglobulin E) produced by the immune system as part of allergic reactions. Eczema can be difficult and frustrating condition. The psychological challenge faced by patients of eczema is insurmountable. The natural human desire to scratch an itchy rash just makes the condition worse. ⁽²⁾ In Siddha eczema is defined as *Karappan*⁽³⁾





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Case presentation

A 33- year-old male presented with the complaint of rashes over bilateral lower limbs associated with intense itching for past 6 months was reported at Post graduate Noi Naadal outpatient department at Aringnar Anna Government Hospital of Indian Medicine, Arumbakkam, Chennai. He had oozing of fluid associated with burning sensation and dry scaly lesions over the popliteal fossa. There was tenderness over the lesions with elevated local temperature and surrounding indurations. He had disturbed sleep due to burning sensation and itching over both lower limbs. There was no relevant family history related to his illness. Further he had no past history of any major illness or surgery. He was psychologically disturbed due to stress and there was disturbed sleep.

Clinical findings on examination

Inspection of the skin lesions showed dark blackish discoloration with an irregular margin on the bilateral lower limbs. On palpation, the pulses of the lower limbs were normal. The skin lesions on the bilateral lower limbs showed macular papule lesions with irregular shapes and borders.

Patient consent

Written permission for the publication of the images has been obtained from the patient.

Siddha Intervention

He was given *Sivappu ennai* as external application and advised to apply over the affected areas morning and night daily till the skin color changes to normal. He was advised to visit weekly once to the OPD and advised to avoid brinjal, fish, crab, prawn foods. The EASI score assessment and the timeline of the treatment of the patient was given below in the table 1,2 respectively.

Outcome and Follow up

The assessment was done before treatment, on follow up visits and after the treatment based on differences in sign and symptoms. Image analysis helped to differentiate the disease and normal skin areas. EASI score was used to assess the improvement. Before treatment the patient had 16.8 EASI score and after treatment the EASI score was reduced into 0.8 as the skin color changed to normal. At the end of 45th day he recovered completely in all subjective and objective parameters. The patient was advised to follow up for next 2 months with continuation of the same medicines and there was no recurrence of the symptoms noticed.

DISCUSSION

"Itch that rashes" is characteristic feature of Eczema.⁽⁴⁾ The lipid barrier of skin is usually reduced in the people with eczema, compared with others. The lipid barrier helps prevent water loss. As the barrier is reduced water loss will be faster as a result skin becomes dry. The immune system then overreacts to these allergens and causes inflamed, irritated, or sore skin. Before treatment, the patient had hyperpigmented patches over bilateral lower limbs along with oozing of fluid and burning sensation over the affected area (Figure1). After a course of 45 days administration of both internal and external Siddha medicines, the patient was completely relieved from itching, oozing of fluid, burning sensation. Notable changes had occurred over the hyperpigmented patches in the bilateral lower limbs. (Figure2). Along with internal and external medication Pathiyam (diet protocol suitable to the patient and disease) was advised according to Siddha system of medicine in the management of eczema. Hence, the patient was advised to avoid bitter gourd, brinjal, tamarind, chicken, egg, sea foods, fast food, and baked items. Considering etiology, the patient had a history of consumption of sweet, cold, and colored food items from the bakery and he did not drink sufficient water, which resulted in the lipid barrier damage to the skin that leads to itching, blackish discoloration of the bilateral lower limbs, exfoliation, and skin roughness.

Patient Perspective

Patient was satisfied with the treatment in terms of reduced itching, burning sensation and improved sleep.





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CONCLUSION

Siddha management of eczema offers a comprehensive, individualized approach that addresses the root causes and manifestations of the disease. A remarkable change in the symptoms was noticed and provided a better outcome. Following strict dietary protocol along with both internal and external medication followed by proper lifestyle changes are the essential to prevent recurrences and sustained relief after the treatment.

Limitations

As this is a case study, the results cannot be generalized. In future, long-term follow-up studies on large samples are required to substantiate the above claims.

ACKNOWLEDGEMENTS

I acknowledge the patient and his family for giving their consent for the images taken and publication of the same.

Author's Contributions All the authors contributed equally to the design and execution of the article.

Conflicts of interest Nil

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| Score | Description | | | |
|---------|---------------------|--|--|--|
| 0 | Clear or no lesions | | | |
| 0.1-1 | Almost clear | | | |
| 1.1-7 | Mild disease | | | |
| 7.1-21 | Moderate disease | | | |
| 21.1-50 | Severe disease | | | |
| >51 | Very severe disease | | | |

Table 1: Eczema Area and Severity Index (EASI Score)

Table 2: Timeline of Symptoms and Treatment with EASI score Assesment

| Days | Symptoms | Internal& | EASI Score |
|------|---|-------------------|------------|
| | | External Medicine | |
| 1-10 | Oozing of fluid slightly reduced, Itching, burning sensation and | 01 | 16.8 |
| | hyperpigmentation present. | after food | |



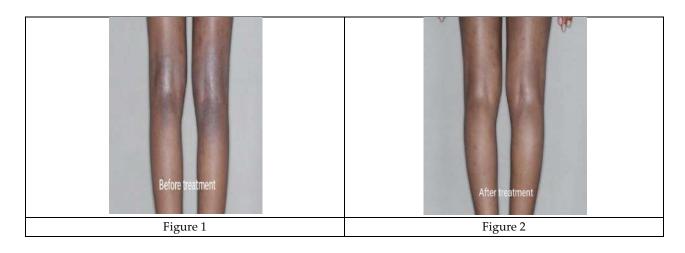
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| 10-20 | Oozing of fluid completely reduced. | Sangu parapam-100mg BD | 12.8 |
|-------|--|---------------------------|------|
| | burning sensation decreased and | with warm milk, after | |
| | itching slightly reduced. | food | |
| 20-30 | Burning sensation completely relieved, | Silasathu parpam- 100mg | 6.8 |
| | hyperpigmentation reduced with mild | BD with warm milk, after | |
| | itching. | food | |
| 30-45 | Itching completely reduced, Skin | Sivappu ennai as external | 0.8 |
| | color changed to normal and patient | application twice | |
| | felt normal. | daily(day&night) | |







RESEARCH ARTICLE

Assessment of Developed Temperature Tolerant Yeast Strains for Fermentation Efficiency

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ABSTRACT

Fuel substituted for gasoline primarily consists of bioethanol. Because of the high cost of crude oil, the need of biofuel increased. The primary method to generate bioethanol fuel is the fermentation of sugar, while it may also be produced using a variety of chemical processes, such as combining ethylene with steam. Using ethanol as a biofuel or as a blended fuel can help to reduce air pollution, carbon dioxide buildup, global climate change, and reliance on foreign energy. Industries nowadays use variety of raw materials for the production of ethanol such as sugar cane molasses, beet molasses, sweet sorghum and grains etc. Saccharomyces cerevisiae is the most commonly used microbe used to generate bioethanol from sugar-containing feed stocks because of its ability to break down sucrose into hexoses, which include glucose and fructose. Saccharomyces cerevisiae functions under aerobic and anaerobic conditions. The primary product of anaerobic yeast sugar fermentation is ethanol. Following the conversion of disaccharides like sucrose in molasses into mono-saccharides like glucose and fructose by the yeast enzyme "Invertase," the yeast enzyme "Zymase" thereafter converts the mono-saccharides into ethyl alcohol and carbon dioxide. The production of ethanol by S.cerevisiae is affected by numerous factors which include culture medium, dissolved oxygen, immobilisation, and other micronutrients, as well as fermentation conditions such as temperature, pH, ethanol concentration, and sugar concentration. At high temperature, growth and viability of yeast cells reduces and hence the fermentative capacity and ethanol yield. In this study, temperature tolerant yeast strains were developed using Molasses Medium and Yeast Extract Peptone Dextrose Medium on applying heat stress. Based on the usual characteristics of colonies grown on Yeast Extract Peptone Dextrose Agar, the isolates were picked up for their morphological and physiological characterization. The developed temperature tolerant strains were evaluated for their fermentation capacity to ferment sugars and produce ethanol. . The results revealed that all the developed temperature tolerant strains were able to grow well at temperatures- 20°C, 25°C, 30°C, 35°C, 40°C and 45°C.





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Conventional morphological and biochemical methods were used to characterize the developed strains and were compared with the wild commercial yeast cultures. The results reported that all of the developed temperature tolerant strains are of *Saccharomyces cerevisiae*. All the developed temperature tolerant yeast strains were able to produce ethanol in an anaerobic condition to a different extent due to the difference in temperature. The fermentation efficiency of temperature tolerant strains at 20°C and 25°C was ranging between 90 to 93%. The fermentation efficiency of temperature tolerant strains at 40°C and 45°C was ranging between 81 to 92%. The temperature tolerant strains 35M (35°C) - molasses medium based culture and 35Y (35°C) - YPD Broth Medium based cultures achieved the maximum fermentation efficiency of 99.6% and 99.6% respectively. The temperature tolerant strains developed could be used in distilleries that are located in the region having different climatic conditions with temperature ranging between 20-45°C accordingly for better fermentation efficiency.

Keywords: Distillery; Ethanol; Molasses; YPD medium, Yeast and Temperature Tolerance.

INTRODUCTION

Microorganisms such as bacteria, yeast, fungi, protozoa, and viruses have substantial effects on the environment. These microbes possess positive as well as negative impacts on the areas such as Agriculture, Food Industry, Distillery, Health sector etc. Regarding the distillery sector, the energy crisis forces research and development of novel techniques for the synthesis of renewable compounds as substitute energy sources; one important substitute is the fermentation of ethanol using renewable resources. Fuel that is environmentally benign and suitable for use in stock gasoline engines is bioethanol. Ethanol combustion produces comparatively little emissions of carbon monoxide, nitrogen oxides, and volatile organic compounds. Ethanol has less toxicity and emissions than fossil fuels like diesel, petroleum, and so on. Global ethanol production increased from 13.12 billions of gallons in 2007 to 25.68 billions of gallons in 2015 with a slight decreased in 2012 and 2013[1]. Theuse of bioethanol instead of gasoline has a variety of benefits, including a higher octane number (108), wider flammability limits, higher flame speed, greater heat of vaporization, less toxicity, easier biodegradation, and a lower amount of airborne pollution [2]. Yeasts are those microbes which are solely responsible for the process of production of ethanol. Many types of yeast strains have been identified all over the world with the ability of producing ethanol from different types of feedstocks. 'Wild' yeast strains, or the yeast population that exists naturally on the fermentation feedstock or other components, have been used to produce alcohol (ethanol). Traditionally, baker's yeast was utilized as a beginning culture in the synthesis of ethanol since it was inexpensive and readily available. However, during industrial procedures, contamination occurred because baker's yeast and other S. cerevisiae strains were unable to compete with wild-type yeast [3].

Yeasts like *Saccharomyces cerevisiae* have been employed to produce alcohol for thousands of years, mostly in the wine and brewing sectors. Approximately 80% of ethanol is produced by anaerobic fermentation of various sugar sources by *Saccharomyces cerevisiae* [4]. It produces a high ethanol output, is very productive, and can tolerate high ethanol concentration; it keeps the cost of distillation low [5]. *S. cerevisiae* which is commonly called as fermentative yeast, used in ethanol production largely depends upon renewable biomass such as sugar cane or sugar beet molasses as the main carbon source [6, 7]. Yeast requires building block components (C, N, P, S, and O) in the right proportions, minerals (K, Na, Mg, Ca, Zn, Fe, Mn, Cu, and Co), and vitamins (B1, B5, B6, Biotin, etc.) for efficient fermentation. In commercial-scale ethanol fermentations, oxygen is often present at very low concentrations. Since oxygen is needed to produce unsaturated fatty acids, which are necessary for yeast growth and ethanol synthesis, the process cannot actually be entirely anaerobic. It has been discovered that the majority of substrates used in commercial ethanol production are nitrogen constrained [8].Various strains of yeast, including hybrid, recombinant, and wild-type yeasts, for the production of bioethanol, a range of feedstocks from the first, second, and third generations have been used [9]. Feedstocks high in starch (corn, wheat, rice, potato, cassava, sweet potato, and barley) and sucrose (sugar cane, sugar beet, sweet sorghum, and fruits) are used to produce first-generation bioethanol. Bioethanol of the second generation is derived from lingo cellulosic biomass, which includes grasses, wood, and straw. Micro and macroalgal biomass has





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been used to produce third-generation bioethanol [10]. The fermentation process that results from using molasses to produce ethanol will add value; to the byproduct. The non-crystalllizable residue that remains after purifying sucrose is called molasses. It offers a few benefits, including being a commonly available, reasonably priced raw material that doesn't require starch hydrolysis and has already been used to produce ethanol. After sugar beets are processed, molasses is produced that comprises 40% additional ingredients and roughly 60% sucrose. The non-sucrose substances consist of nitrogen-containing molecules, organic acids, raffinose, ketose, and inorganic salts. Molasses is utilized to generate acetone, butanol, glycerol, citric, lactic, and gluconic acids; it is also employed to make baker's yeast, ethanol, mixed feeds, and amino acid manufacturing been employed in fermentation to produce ethanol. While other types of feedstocks need to first be converted into fermentable sugars in order so as to be fermented to ethanol, simple sugars can be directly fermented into ethanol by yeasts [11, 12]. In India, cane juice is not currently used to produce ethanol; instead, sugar cane molasses is the primary feedstock. Another source of fermentable sugars for the production of ethanol is beet molasses [13].

Strains, growth nutrients, ethanol concentration and ideal climatic conditions are only a few of the variables that affect yeast's capacity to produce ethanol. Yeast's ability to tolerate its environment, including temperature, fermentation products, and substrate (osmo- and thermo-tolerance), has significant potential to be utilized in fermentation on an industrial scale[14]. The ecology and adaptation of the existing microbiota can be influenced by several factors that impact the fermentation process. During the fermentation of sugar, yeasts are frequently faced with two challenges: an increase in temperature from 35 to 45°C and a concentration of ethanol exceeding 20%. Until the temperature reaches its ideal level, the growth rate and metabolism of yeast increase with temperature [15].One factor that directly influences the rate at which the microbes grow is the temperature. A temperature shift of a few degrees to twenty degrees Celsius over the usual growth temperature is referred to as heat shock. There is a general relationship between the rate of growth and the susceptibility to stress in yeast, meaning that cells developing rapidly in a glucose-rich media are more susceptible to heat and other stresses than stationary phase cells [16]. Heat shock causes changes in the lipid and protein content of membranes as well as the physical states of intracellular water, which increases the permeability of membranes. Saturated esterified fatty acids, such palmitic and palmitoleic acids, are more abundant in yeast cell membranes at the expense of unsaturated acyl chains, like oleic, linoleic, and linolenic acid, as temperature rises. This is typically linked to a reduction in the level of phospholipids in the membrane necessary to maintain ideal membrane fluidity for cellular processes, some of which may be adaptive in nature. The heat shock response, the cell's survival mechanism in the midst of a stressful environmental situation, is triggered by these biochemical changes and the accumulation of unusual proteins in the cell [17]. Saccharomyces cerevisiae is used in industrial fermentations, which produces metabolic heat. If cooling is not applied, the fermentation will stop being isothermic. From the start of fermentation to its conclusion, temperatures might rise as much as 15°C [13]. With the goal to achieve maximum ethanol production while reducing energy costs, thermotolerant yeast is required. Many species of yeast, including Pichia sp., Candida sp., Kluyveromyces marxianus, and certain strains of Saccharomyces cerevisiae, have been identified and categorized as thermo-tolerant yeasts. The ideal temperature range for the majority of Saccharomyces cerevisiae strains is between 25°C and 30°C. Using chemical and physical mutagenesis techniques, some thermo-tolerant mutants of haploid strains of S. cerevisiae have been identified and genetically described [18].

MATERIALS AND METHODS

Collection and Primary Analysis of the Sample

B Heavy Molasses sample was obtained from Experimental Sugar Factory, National Sugar Institute, Kanpur. Analysis of the molasses sample was done based on the parameters such as Total Reducing Sugar (TRS), Reducing Sugar (RS), Brix, Specific Gravity, Sludge, Total Dissolved Solids, Alcohol Percentage and pH. The molasses sample was diluted to 10% TRS, analyzed based on the above parameters.





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Fermentation

The diluted molasses sample was supplemented with Commercial Yeast, Urea and Sodium Phosphate Dibasic Anhydrous and kept for aerobic and anaerobic fermentation at 30°C for 24 hours

Growth on Medium

A pre-grown yeast culture from aerobic flask was inoculated into molasses medium and YPD Broth Medium (Yeast Extract-10g, Peptone- 20g, Dextrose- 2g, and Distilled Water-1000 ml). pH of both the medium was adjusted between 4.5-5.0 **[19].** Both the mediums were incubated at 6 different temperatures- 20°C, 25°C, 30°C, 35°C, 40°C and 45°C for 24 hours. Cell viability was determined for each of the twelve samples.

Isolation, Identification and Characterization

Yeast cultures from Molasses and YPD Broth Medium was streaked on YPDA and incubated at 6 different temperatures for 24-48 hours. Pure culture was obtained for each isolate. Morphological characters were studied using macroscopic and microscopic features. Macroscopic characters such as shape colour, elevation, texture of the isolated colony was studied and Microscopic traits such as shape of the yeast isolate, cell arrangement and budding was observed. Biochemical characterization was done by Carbohydrate Fermentation Test using Durham Tube Method.Durham tubes were utilized to test yeasts for the fermentation of carbohydrates. YP Broth was used for characterization of the yeast isolates based on fermentation of specific carbohydrates. The sugars used for the test were dextrose, sucrose, fructose, trehalose, starch, α -methylglucoside, galactose, maltose and mannitol. The basal media for the fermentation test includes Yeast Extract- 1g, Peptone- 2g and Sugar- 2g, Distilled Water-100ml and 0.1% Methyl Red Indicator. Durham Tube was used to observe the formation of gas bubbles and Methyl Red Indicator was used for observing the color change of the media; from red to yellow due to production of acids [20]. Pellicle formation was also observed for each yeast isolate [21].

Distillation and Fermentation Efficiency

Yeast cultures from YPDA slants of Molasses and YPD Broth Medium was transferred to molasses medium for aerobic fermentation at 6 different temperatures for 24 hours. After 24 hours cultures from aerobic flask of Molasses and YPD Broth Medium was transferred into molasses medium (100ml each) for anaerobic fermentation at 6 different temperatures for 24 hours. After fermentation distillation was performed for each yeast isolate, strength of the alcohol was determined and fermentation efficiency.

RESULT AND DISCUSSION

Primary Analysis of the Molasses

B Heavy Molasses sample for the study was obtained from the Experimental Factory of National Sugar Institute, Kanpur and was analyzed for various parameters. The result of the analysis carried out is given in the Table 1. The Total Reducing Sugar, Reducing Sugar, Specific Gravity, Sludge, Brix, pH and Total Dissolved Solid of the B Heavy Molasses sample utilized for the study was calculated as 54.1%, 2.4%, 1.42, 11.4%, 84°, 4.8 and 35.0 PPT respectively. The molasses sample obtained from NSI was diluted to 10% for further study.

Aerobic and Anaerobic Fermentation

For the purpose of aerobic and anaerobic fermentation the molasses having the TRS 54.1% was diluted as per the formula N1V1= N2V2 to 10% and various parameters was analyzed for the same. The Total Reducing Sugar, Reducing Sugar, Specific Gravity, Sludge, Brix, pH, Total Dissolved Solid and Alcohol Percentage of the diluted Molasses sample was calculated as 9.8%, 0.02%, 1.42, 8.3%, 28°, 4.8, 3.5 PPT and 5.6% respectively. The molasses sample was subjected to aerobic and anaerobic fermentation. Cell counting of molasses medium from aerobic fermentation was carried out using Hemocytometer (Table 2) and molasses medium for anaerobic fermentation was subjected to distillation to determine the strength of alcohol.





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Following aerobic fermentation for 24 Hrs at 30°C, Total Cell Count was calculated as 315×10⁶Cells/ml, Dead Cells were found to be 1.58%, Viable Cells and Bud Count was found to be 98.4% and 15.8% respectively.

Growing of Yeast on Molasses Medium and YPD Broth Medium

Both Molasses and YPD Broth Medium were prepared and taken in different flasks marked as 20M (20°C), 25M (25°C), 30M (30°C), 35M (35°C), 40M (40°C) and 45M (45°C) and 20Y (20°C), 25Y (25°C), 30Y (30°C), 35Y (35°C), 40Y (40°C) and 45Y (45°C). Both Molasses and YPD Broth Medium were kept at respective temperatures (20°C, 25°C, 30°C, 35°C, 40°C and 45°C). This is followed by inoculation of yeast culture from aerobically fermented culture. The growth of yeast in both Molasses and YPD Broth Medium was observed after 24hrs of incubation. The growth of yeast cultures was found to be increasing with temperature from 20°C to 35°C and the total cell count decreased at 40°C and till 45°C incubation. This pattern of growth was observed in both Molasses and YPD Broth Medium. The four strains namely VS1, VS2, VS3 and VS4 were able to grow well in broth cultures till 44°C [22].

Determination of Cell Viability

Hemocytometer was used to assess the vitality of the cells in all the inoculated flasks after 24-hrs. The total number of cells, viable cells, dead cells and budding count was calculated andthe values are given in the Figure 2 and 3 for cultures grown in Molasses and YPD medium at different temperatures. The cell counting was found to be highest in the case of 35M and 35Y (grown at 35°C); it was found that the total cell count first increased as the temperature increases up to 35°C then it decreased until it reaches 45°C. The dead cells were not found in case of 25M (25°C), 30°C (30M and 30Y) and 35°C (35M and 35Y) whereas with increasing the temperature the dead cells. Were also increased due to the stress created by the temperature. The viability of the cells first increased up to 35°C with increase in temperature and then decreased. The maximum percentage of bud count was found to be maximum at 35°C (35M and 35Y).

Isolation of Temperature Tolerant Yeast Strains on YPDA Medium

The yeast cultures grown on Molasses and YPD Broth Medium at different temperatures were isolated on YPDA Medium by streak plate method. Isolated yeast from both the medium grown at different temperatures is shown in the Figure 4 and 5. The yeast isolates from both the medium grew well at 30°C and 35°C. The growth of the yeast isolates decreased as the temperature rise above 35°C. Out of four strains used (VS1, VS2, VS3 and VS4), VS1 and VS3 grew well on plates till 44°C but the growth of VS2 and VS4 was very less at 44°C [22]. Four strains namely LGBA-01, LGBA-69, LGBA-157 and LGBA-175 and all the strains had same pattern of growth at 30°C and 40°C [23]. In the present study, the isolated yeast colonieswere found to be white in colour, smooth in texture, margin entire.Yeast colonies from different food waste were found to be smooth ridged, shiny and creamish[24]. Colony colorof yeast strains from palm wine were ranging from cream white to colorless [25].

Pure Culture of the Yeast Isolates

Pure Culture was prepared by picking single isolated colonies obtained on petriplates from Molasses Medium Based Cultures and YPD Broth Medium Based Cultures and streaking it on YPDA slants (shown in Figure 6 and 7). The growth of pure culture of Yeast Culture was observed after 72hrs of incubation at 20°C, 25°C, 30°C, 35°C, 40°C and 45°C. The yeast isolates from Molasses Medium and YPD Broth Medium on petriplates were examined for colour, texture, margin, shape, elevation and colony size as indicated in Table 3 and Table 4. All of the Yeast Cultures isolated from Molasses Medium Based Cultures were white in colour. The texture was observed as smooth, with an entire margin. The shape was found to be circular with a convex elevation. The colony size of 30M and 35M isolates were found to be 2×2 mm while 25M was significantly larger, measuring 3×2.5 mm. In the case of Yeast Cultures isolated from YPD Broth Medium the colonies were white in colour, smooth in texture, with an entire margin, circular in shape, and convex in elevation. The colony size of 45Y was found to be highest as 3×2.5 mm. Yeast cultures isolated, from soil samples and fruit gardens showed a rough surface with a white or creamy white tint, the majority of colonies had a smooth surface. Most of the colonies margins were lobate, serrated, or entire [26]. On macroscopic observations of yeast isolates from palm wine, the elevation of all the isolates was found to be raised. Hence they





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reported that the colonies of yeast strains possessed morphological features which corresponded to *S. cerevisiae* species [25].

Microscopic Characteristics

Lactophenol Cotton Blue Staining was done to confirm the shape of the yeast cell and the formation of buds under the microscope (Table 5 and 6).The cell shape of the yeast cultures from molasses medium based cultureswas found to be oval. The shape was round in the case of 30M (30°C) and 45M (45°C). The cell arrangement was isolated, and some of them were grouped in tiny clusters. Budding was observed in all the cultures. In the case of yeast cultures from YPD Broth Medium Based Cultures the cell shape was oval and round. The cell arrangement was isolated, with some forming small clusters. Budding was observed in all the cultures. The isolated yeast cultures were ovoid in shape and multipolar budding was observed [19]. Yeast from palm wine were found to have an ovoid to circular shape, the cells appeared singly and varied in size from 2 to 6 μ m[25]. The yeast isolates had a range of cell morphologies, including spherical, ovoid, elongated elliptical, and cylinder, with lengths between 3 and 11 μ m and widths between 2 and 6 μ m[26].

Pellicle Formation

Pellicle Formation was examined by inoculating the yeast cultures in YPD Broth Medium followed by incubation for 48 hrs. The results are shown in Figure 8 and 9. Pellicle formation was not observed in any of the cultures of yeast cultures isolated from molasses medium based cultures as well as YPD broth medium based cultures. Yeast cultures from samples of soil, fruit, and fermented food were isolated none of them formed pellicle **[21]**.

Biochemical Test

The Carbohydrate Fermentation Test was used to determine the ability of the yeast isolate to ferment specific sugar by releasing carbon dioxide and changing the colour of the medium. It was done by inoculating cultures of yeast in basal medium with Durham's tube and the indicator methyl red. It was done using nine different carbohydrate sources which were numbered as Dextrose-1, Starch-2, Fructose-3, Trehalose-4, Maltose-5, α -Methylglucoside-6, Mannitol-7, Sucrose-8 and Galactose-9. The results are shown in Table 7 and Figure 10.

All the yeast cultures from molasses medium based cultures as well as YPD broth medium based cultures were able to ferment following 72hrs of incubation. The isolates were observed to be fermenting reducing sugars (Dextrose, Fructose, Galactose, Trehalose, Mannitol and Maltose) and non reducing sugar (Sucrose and α -Methylglucoside). The yeast cultures were unable to ferment starch even after 72hrs. Out of 20 thermotolerant strains only 4 of them (YP11, YM17, YPA48, YPA64) were able to ferment all the nine sugars used (Glucose, Galactose, Sucrose, Mannose, Lactose, Raffinose, Arabinose and Xylose and Fructose) [24]. The yeast isolated from wine samples were subjected to biochemical assimilation test using various sugars like Glucose, Sucrose, Maltose, Xylose, Galactose, Lactose, Raffinose, Melibiose, Mannitol, Trehalose, Erythritol. The ability of yeast to assimilate Glucose, Raffinose and Maltose confirmed for *S. cerevisiae* [25].

Fermentation Efficiency of Temperature Tolerant Strains

The Yeast Cultures were kept for anaerobic fermentation followed by distillation. The fermentation efficiency of the temperature tolerant yeast strains was calculated. The results of the analysis are shown in Figure 11. In the case of Molasses Medium Based Cultures, the isolate 35M (grown at 35°C) was found to have the highest Practical Yield and Fermentation Efficiency (5.15 and 99.6% respectively). In the case of YPD Broth Medium Based Cultures, the isolate 35Y (grown at 35°C) was found to have the highest Practical Yield and Fermentation Efficiency (5.20 and 99.6% respectively). According to [27] the strain K-7 yields 6.2% ethanol at 40°C after 48 hrs of fermentation with total sugar concentration of 23% and the strain RND 13 produced 6.6% ethanol at 40°C at 15% glucose concentration. Whereas in the present study, at 40°C the strain 40M and 40Y yields 2.61% and 2.65% ethanol respectively at 10% TRS.

The concentrations of ethanol were lowest at higher temperatures and maximum at 30°C and 35°C. Even though the cells were producing less ethanol and growing at 44°C, they were still viable at higher temperatures. The four strains





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VS1, VS2, VS3 and VS4 produced ethanol (g/l) - 66.0, 50.0, 75.2 and 55.0 respectively at 30°C using 150g glucose/l. All these strain produced ethanol (g/l) – 66.0, 48.0, 75.0 and 52.0 respectively at 35°Cusing 150g glucose/l. All the above data were reported by [22]. Where as in the present study, at 30°C the strain 30M and 30Y yields 5.0% and 5.18% ethanol respectively at 10% TRS. At 35°C the strain 35M and 35Y yields 5.15% and 5.20% ethanol respectively at 10% TRS.

CONCLUSION

The experimental results reported in the present study revealed that twelve temperature tolerant yeast strains were developed viz Molasses Medium- 20M, 25M, 30M, 35M, 40M and 45M and YPD Broth Medium-20Y, 25Y, 30Y, 35Y, 40Y and 45Y. All the developed temperature tolerant strains were able to grow at their respective temperatures (20°C, 25° C, 30° C, 35° C, 40° C and 45° C). By comparing the developed temperature-tolerant strains with wild commercial yeast cultures, standard morphological (macroscopic and microscopic) analysis and biochemical approaches were used to characterize them. Upon performing the tests, the developed strains were confirmed to be *Saccharomyces cerevisiae*. All the developed temperature tolerant yeast strains were able to produce ethanol in an anaerobic condition to a different extent due to the difference in temperature. In order to assess the ability of the strain to produce ethanol, fermentation efficiency was calculated for all the twelve temperature tolerant yeast strains. The results showed that the temperature tolerant strain 35M and 35Y had the maximum efficiency of 99.6% and 99.6%. Though the optimum temperature of *Saccharomyces cerevisiae* to grow is 25° C to 35° C; the results of the present study showed that at 20° C, the fermentation efficiency was found to be 90.3% and 91.7% which means the developed temperature-tolerant strains that have been produced could be employed in distilleries situated in regions with varying climatic conditions, with temperatures ranging from 20 to 45° C.

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CONTRIBUTIONS

Ananthalakshmi , Shubhi Bhagwat and Anjali Yadav were involved in research and analysis. Seema Paroha and Sonali Nigam helped in reviewing the paper.

CONFLICT OF INTEREST

The author declares that they have no conflict of interest.

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Table 1: Analysis of B Heavy Molasses Before and After Dilution

| Parameters | B Heavy Molasses | Diluted Molasses (10%) |
|------------------|-------------------------|------------------------|
| TRS (%) | 54.1 ± 0.1 | 9.8 ± 0.1 |
| RS (%) | 2.4 ± 0.1 | 0.02 ± 0.01 |
| Specific Gravity | 1.42 ± 0.01 | 1.050 ± 0.01 |
| Sludge (%) | 11.4 ± 0.1 | 8.3 ± 0.1 |
| Brix (°) | 84 ±1 | 28 ± 1 |
| pН | 4.8 ± 0.1 | 4.8 ± 0.1 |
| TDS (PPT) | 35.0 ± 0.1 | 3.5 ± 0.1 |
| Alcohol (%) | - | 5.6 ± 0.2 |

Table 2: Cell Counting of Molasses Medium from Aerobic Fermentation

| Cell Counting | |
|-----------------------------|---------------------|
| Total Cell Count (Cells/ml) | 315×10 ⁶ |
| Dead Cells (%) | 1.58 |
| Viable Cells (%) | 98.4 |
| Bud Count (%) | 15.8 |

Table 3: Macroscopic characteristics of yeast isolate from Molasses Medium Based Cultures

| Sample | Colour | Shape | Texture | Margin | Elevation | Colony Size (mm) |
|--------|--------|----------|---------|--------|-----------|------------------|
| 20M | White | Circular | Smooth | Entire | Convex | 2×2.5 |
| 25M | White | Circular | Smooth | Entire | Convex | 3×2.5 |
| 30M | White | Circular | Smooth | Entire | Convex | 2×2 |
| 35M | White | Circular | Smooth | Entire | Convex | 2×2 |
| 40M | White | Circular | Smooth | Entire | Convex | 1.5×1.5 |
| 45M | White | Circular | Smooth | Entire | Convex | 2×2.5 |

Table 4: Macroscopic characteristics of yeast isolates from YPD Broth Medium Based Cultures

| Sample | Colour | Shape | Texture | Margin | Elevation | Colony Size (mm) |
|--------|--------|----------|---------|--------|-----------|------------------|
| 20Y | White | Circular | Smooth | Entire | Convex | 2×2 |
| 25Y | White | Circular | Smooth | Entire | Convex | 1.5×2 |
| 30Y | White | Circular | Smooth | Entire | Convex | 2×2.5 |
| 35Y | White | Circular | Smooth | Entire | Convex | 1.5×2.5 |
| 40Y | White | Circular | Smooth | Entire | Convex | 2×2 |
| 45Y | White | Circular | Smooth | Entire | Convex | 3×2.5 |

Table 5: Microscopic characteristics of Yeast Cultures isolated from Molasses Medium Based Cultures

| Sample | Shape | Cell Arrangement | Budding |
|--------|----------------|---------------------------------------|---------|
| 20Y | Oval | Isolated or grouped in small clusters | Present |
| 25Y | Oval and Round | Isolated or grouped in small clusters | Present |
| 30Y | Oval | Isolated or grouped in small clusters | Present |
| 35Y | Oval and Round | Isolated or grouped in small clusters | Present |
| 40Y | Oval | Isolated or grouped in small clusters | Present |
| 45Y | Oval and Round | Isolated or grouped in small clusters | Present |





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Table 6: Microscopic characteristics of Yeast Cultures isolated from YPD Broth Medium

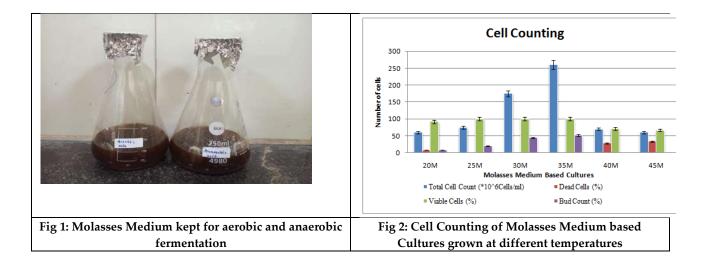
| Sample | Shape | Cell Arrangement | Budding |
|--------|----------------|---------------------------------------|---------|
| 20Y | Oval | Isolated or grouped in small clusters | Present |
| 25Y | Oval and Round | Isolated or grouped in small clusters | Present |
| 30Y | Oval | Isolated or grouped in small clusters | Present |
| 35Y | Oval and Round | Isolated or grouped in small clusters | Present |
| 40Y | Oval | Isolated or grouped in small clusters | Present |
| 45Y | Oval and Round | Isolated or grouped in small clusters | Present |

 Table 7: Carbohydrate Fermentation Test of Temperature Tolerant Yeast Strains from Molasses and YPD Broth

 Medium Based Cultures

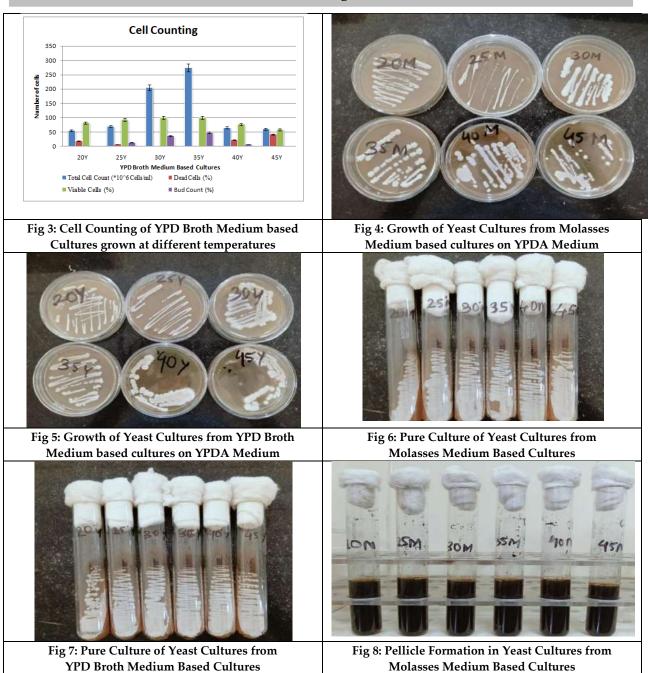
| Turns of Susan | | Sample | | | | | | | | | | |
|--------------------------|-----|--------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Type of Sugar | 20M | 20Y | 25M | 25Y | 30M | 30Y | 35M | 35Y | 40M | 40Y | 45M | 45Y |
| Dextrose | + | + | + | + | + | + | + | + | + | + | + | + |
| Starch | - | 1 | - | - | - | - | - | - | - | - | - | - |
| Fructose | + | + | + | + | + | + | + | + | + | + | + | + |
| Sucrose | + | + | + | + | + | + | + | + | + | + | + | + |
| Galactose | + | + | + | + | + | + | + | + | + | + | + | + |
| Trehalose | + | + | + | + | + | + | + | + | + | + | + | + |
| α Methylglucoside | + | + | + | + | + | + | + | + | + | + | + | + |
| Mannitol | + | + | + | + | + | + | + | + | + | + | + | + |
| Maltose | + | + | + | + | + | + | + | + | + | + | + | + |

(+) Positive, (-) Negative







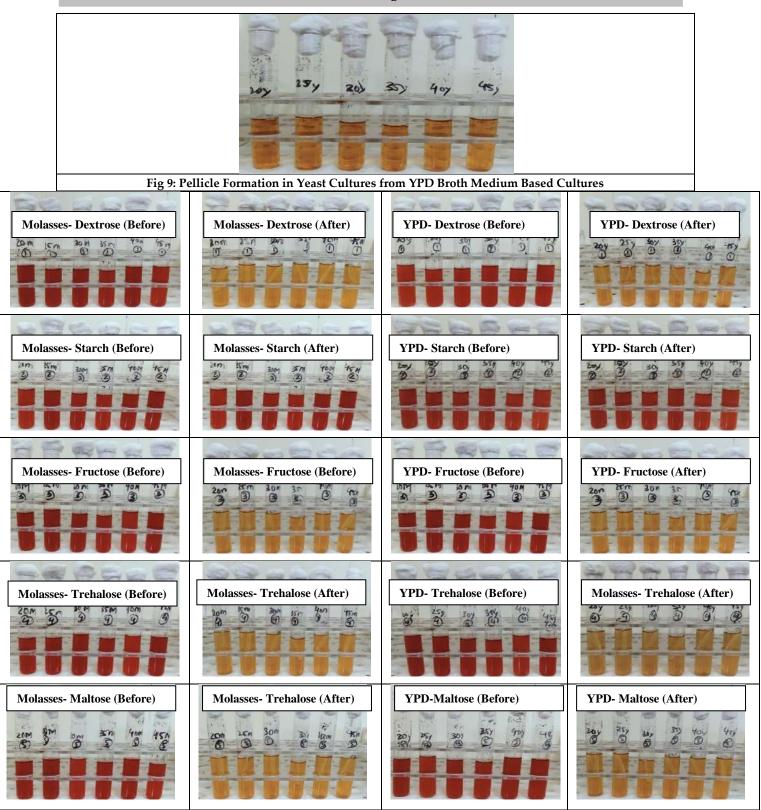


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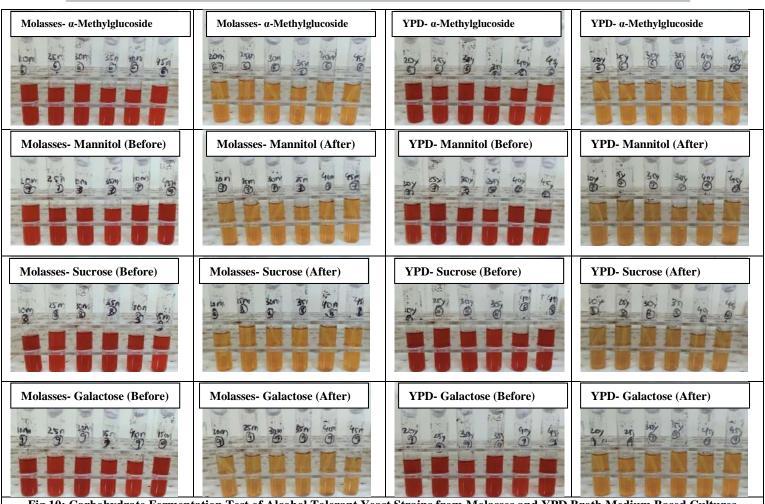
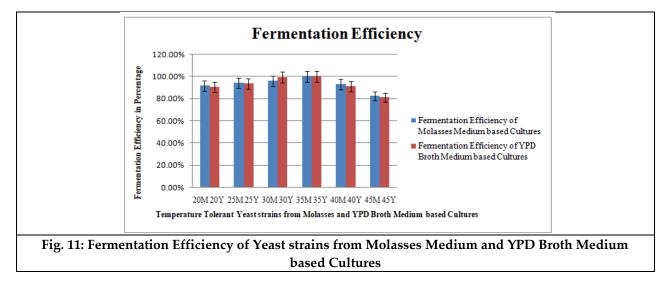


Fig 10: Carbohydrate Fermentation Test of Alcohol Tolerant Yeast Strains from Molasses and YPD Broth Medium Based Cultures







RESEARCH ARTICLE

Generational Differences with Respect to Perceived Social Support, Self-Esteem and Resilience

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ABSTRACT

Generational gap and differences have always been a topic of research. These intergenerational differences are prominent and can be observed very distinctly, be it in terms of physical, social, emotional, and/or psychological abilities. This study aimed to investigate a significant difference between Generation X and Generation Z in terms of self-esteem, resilience, and perceived social support. The survey incorporated basic questions about the participants such as their names, ages, and gender. It most importantly consisted of 3 self-report measures namely the Rosenberg Self-Esteem Scale, The Multi Social Scale of Perceived Social Support, and the Connor Davidson Resilience Scale. 172 participants of Indian nationality participated in this study. Out of which 86 belonged to Generation X and 86 to Generation Z. Independent samples t-test was used to analyze the data. The findings demonstrated a significant difference between the two generational cohorts in terms of self-esteem, resilience, and perceived social support.

Keywords: Gen X, Gen Z, Self-esteem, Resilience, Perceived Social Support

INTRODUCTION

The word 'generation' is commonly used when denoting an entire age group of people and locating individuals within a historical time frame. Many social scientists have tried to define a generational cohort in their ways. According to Karl Mannheim(1952), a generation can be described as, "A group that is distinctive in any number of respects by having experienced a specific set of social, economic, technological, and/or political circumstances at a formative period in their lives". The term 'generational cohort' is often used interchangeably with terminologies like 'age cohort' or 'birth cohort' in fields like social sciences, marketing, humanities, demographics, etc. A generational cohort is a group of people who were born within a few years of each other into the same historical and social-cultural context and have developed common attributes caused by shared participation in similar life events (Lyons





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&Kuron, 2014; Schermerhorn, 2013; Twenge et al., 2010)(Lyons, S., Urick, M., Kuron, L., & Schweitzer, L., n.d.).This research deals with two generational cohorts: Generation X also called Gen X and Generation Z called Gen Z. It tries to understand variables such as self-esteem, resilience, and perceived social support and how they affect these generational cohorts as well as their comparative analysis.

Generation X (also referred to as Gen X)

Though there has been a debate about the birth years of Generation X, this generational cohort is thought to be roughly born between themid-1960s and the early 1980s. Generation X individuals grew up facing economic difficulties and uncertainties as well as rapid social change. Hence, they embody a spirit of independence and self-reliance. They tend to be skeptical of authority and institutions compared to other generational cohorts. They have a strong sense of work-life balance and prioritize work-life along with personal enrichment. Generation X is known for their strong work ethic, adaptability, and self-sufficiency (Tulgan, 1996). They face heightened polarization and anxiety due to the uncertainty of societal positions and ambiguous rules (Rymarz, 2006). However, contrary to some portrayals, they are not universally cynical or indifferent (Maschaykh, 2012). Instead, they display a blend of traditional and innovative mindsets, with various age segments within the cohort gravitating toward distinct mentalities (Pishchik, 2020). Research on Generation X has revealed a variety of viewpoints, encompassing both favorable and unfavorable assessments. Mensik(2007) and Maschaykh (2012) both acknowledge the existence of negative stereotypes, with Mensik advocating against oversimplified and restrictive categorizations. However, Tulgan (1996) counters these stereotypes by portraying Generation X as industrious individuals driven by a strong ambition to excel in their careers.

Generation Z (also referred to as Gen Z)

Generation Z, born post-1995, constitutes a distinct demographic marked by innate digital proficiency, distinct attributes, and a need for further scholarly exploration (Jayatissa, 2023). Their formative years have been shaped by pivotal events like the aftermath of 9/11, the Great Recession, and the COVID-19 crisis, rendering them a diverse, globally-connected, and mobile cohort (McKee-Ryan, 2021). Within academia, they exhibit adeptness with technology and anticipate access to online educational resources (Zorn, 2017). In professional settings, they manifest unique work ethics and career inclinations, heavily influenced by the impacts of the COVID-19 pandemic (Mahapatra, 2022). They are recognized as digital natives, adept at utilizing technology and engaging with social media platforms (Sakashita, 2020; Jayatissa, 2023). Notably, this generation is celebrated for its diversity, exhibiting a notable level of racial inclusivity (Seemiller, 2015). They are characterized as entrepreneurial, socially aware, pragmatic, and encompassing diverse perspectives (Javatissa, 2023). Additionally, they are described as intelligent, driven, innovative, accountable, compassionate, and empathetic (Seemiller, 2015). However, despite these commendable attributes, they confront challenges stemming from growing up in an era marked by economic instability and natural calamities (Sakashita, 2020). They often harbor pessimism influenced by economic and environmental concerns (Sakashita, 2020), and demonstrate lower commitment to organizations and long-term endeavors compared to prior generations (Lev, 2022). This cohort exhibits adeptness with technology, relying heavily on social media and experiencing a fear of missing out (Herawati, 2022). They prioritize flexibility and digital work environments, displaying a penchant for pursuing personal aspirations in the workplace (Ruzsa, 2018). These dynamics can present obstacles in the job market and hinder efforts to maintain harmonious work-life equilibrium.

Generation Z grapples with distinctive psychological hurdles stemming from their digital upbringing and the influence of globalization (Ermolova, 2020; Maioli, 2016). Their engagement with virtual reality further molds their psychological makeup, exhibiting diverse degrees of depth and direction (Puchkova, 2017). These elements may pose challenges in their transition into the workforce, as they harbor dissimilar expectations and requirements in contrast to preceding generations (Ermolova, 2020; Maioli, 2016).

Self – Esteem

Self-esteem is defined as, "One's positive or negative attitude toward oneself and one's evaluation of one's thoughts and feelings overall in relation to oneself" (Rosenberg, 1965). The American Psychological Association (2023)





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definesself-esteem as,"The degree to which the qualities and characteristics contained in one's self-concept are perceived to be positive." As anyone can determine, high self-esteem paves the way for better mental health and helps you handle adversity easily. It helps us deal with the stresses of everyday life effectively whether it be from school, work, social circles, etc.(Nguyen et al.,2019).Highself-esteem also prevents and reduces the risk of mental disorders like depression and anxiety and helps us face challenges in life while maintaining a favorable attitude towards ourselves(Henriksen et al., 2017). Low levels of self-esteem are unfavorable to one's self-concept and overall well-being. Someone with a low level of self-esteem has trouble with prioritizing themselves, has an external locus of control, exhibits negative self-talk, thinks very poorly about themselves, has a poor outlook on the future, etc. As mentioned earlier, having a negative sense of self-esteem can cause one to become prone to mental health disorders like Anxiety, and depression. Not only that it can also lead to Internet Addiction (Naseri et al., 2015), social anxiety disorder (Maldonado et al., 2013), and risky behavior (Gartland et al., 2013). Someone with high self-esteem can shake off negative feedback or constructive criticisms very easily while someone with a low sense of self-esteem takes everything personally. This can make them more susceptible to giving up and not facing challenges (Kalvin et al., 2016). The development of self-esteem is largely governed by experiences in an individual's life (Baumeister, 2003). Parenting styles in childhood have a major impact on the self-esteem of a person(Coopersmith, 1967). Unconditional love from parents in childhoodplays a major role in helping a child develop a sense of being respected and cared for. These feelings are carried out later inlife as the child grows older (Olsen et al., 2008). Self-esteem is likely to increase during adolescence and young adulthood, being its highest in middle adulthood(Orthand Robins, 2014).

Research suggestsa significant difference between Gen X and Gen Z in terms of self-esteem(Lyons, 2007). Innumerable factors like the rise of social media, and technological advancement are responsible for this major shift between the cohorts. Generation Z is the generation in which social media has been introduced. It has been observed that although Gen Z is skilled in handling social media, they face challenges when it comes to face-to-face interactions, which could affect theirself-esteem. This issue is compounded by the prevalent fear of being left out on social media platforms, known as FOMO, among Gen Z individuals (Herawati, 2022). Social networking sites can influence the self-esteemof individuals by triggering cognitive mechanisms, by providing a space for social comparison, and by internalizing beauty standards (Vogel et al., 2014). Low usage of social mediareported high levels of self-esteem and life satisfaction (Blachnio et al, 2016). Twenge (2012) further noted that younger generations place more importance on extrinsic values like money, image, and fame and there has been a gradual decline in intrinsic values such as community service, charity, self-acceptance, etc. which could also impact self-esteem. These findings suggest societal and cultural shifts may influence different generations' self-esteem. One factor contributing to the prevalence of birth cohort effects on self-esteem is the differential impact of cultural and historical events on individuals depending on their age at the time. Elder's (1979, 1981a, 1981b) research on the Great Depression provides a classic illustration of this concept. He observed that individuals who experienced depression during childhood exhibited distinct outcomes compared to those who encountered it during adolescence.Lower levels of self-esteemhave been linked with an increase in factors like self-consciousness, vulnerability to criticism, the tendency to present false impressions in front of othersas well and the tendency to fantasize are some of the traits and tendencies present that affect selfesteem (G. Elliot, 1982). These traits are present in today's generation which brings out lower levels of self-esteem.

Resilience

'Resilience'term was popularized by psychologist Emmy Werner in the 1970s and 1980s, who conducted a 40-year study involvinga cohort of Hawaiian children belonging to low socio-economic backgrounds. Her research consisted of risk and resilience among the children. Resilience can be defined as the qualities in a person that help him/her to thrive in adverse situations and can also be considered a measure of stress-coping abilities (Connor-Davidson,2003). The American Psychological Association (APA) defines Resilience as the process and outcome of successfully adapting to difficult or challenging life experiences, especially through mental, emotional, and behavioural flexibility and adjustment to external and internal demands. Both internal and external factors affect a person's level of resilience internal factors like self-assessment, self-regulation, and a positive outlook on life, and external factors like relationships with family, friends' community, and social support systems are important regulators of resilience. (Southwick et al., 2014)





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Resilience plays a key role in promoting well-being and mental health as well as physical health. Psychological resilience plays a very important role in promoting mental health well-being as well as physical well-being. Resilient people are more capable of navigating life's challenges, maintaining positive emotions, and recovering from setbacks. They endure life's difficult challenges, have good problem-solving skills, and show self-efficacy (Bonanno, et al., 2004). Resilience can also beassociated with bouncing back after a stressful situation occurs in one's life. When a person encounters a lot of stress it disturbs the external and internal sense of balance. Studies have shown that it is not just stress that affects a person's balance but how the person perceives stressful situations is also an indicator of how resilient a person is (McGonigal, 2016).

Generation Z is also popularly known as the 'Digital natives 'and 'Net generation'. As the name suggests, this generation is and has been going through a lot of Technological advancements and changes caused due to it. Being highly vulnerable to social and economic risks this cohort is considered asprey to the digital predators. Researchers suggest that this affects the resilience of Gen Z negatively (Novkoska, 2018). It is believed that exposure to adverse conditions develops resilience in an individual (Luecken and Gress, 2009). Individuals belonging to Generation Z are perceived to be 'bubble wrapped' due to helicopter parenting (Talmon, 2019), hence they don't face adverse conditions as such and don't build up higher levels of resilience. (Ang et al., 2021).Psychological resilience is determined by an intricate nexus of social, genetic as well as environmental factors. Socio-contextual factors like gender, race, ethnicity, age, exposure to trauma, chronic diseases, stress factors, changes in income, education, and life stresses can impact resilience (Bonanno, 2007). The transmission of psychological resilience between generations is seen to be dependent upon family dynamics as well (Regin et al., 2016). Generation X seemed to have stronger family dynamics and bonds whereas Generation Z lacked in these terms.Diverse challenges like transition to adulthood and economic hardship (Conger, 2002) can affect the levels of resilience between the two generations.Demographic features like education level, sex, and income level lead up to 11% of variation in resilience. The individuals who have suffered childhood maltreatment contributed to the anticipation of resilience by 2%.Individuals who have encountered childhood mal-treatment, and individuals with lower levels of income and education demonstrated lower levels of resilience (Campbell, Forde and Stein, 2009).

Perceived Social Support

Perceived Social support refers to one's understanding and perception of the emotional, tangible, and informational support they receive from their family members, friends, and others. (Zimet et al, 1988). Social support is a multidimensional concept, referring to the social and psychological support an individual receives or perceives as available to them from family, friends, and their community (Awang et al., 2014; Zimet et al., 1988).

Perceived social support refers to the perception that support would be available if needed (Day & Livingstone, 2003) and comprises emotional and instrumental support (Trepte&Scharkow, 2016). Ample evidence suggests that social support plays an important role inpromoting psychological health and mental well-being (Cohen, 2004)and that social support gives a sense of protection in psychological terms.(Haddadi&Besharat, 2010). Higher levels of social support are associated with an enhanced sense of psychological well-being (Glozah, 2013; Poudel et al., 2020). Social support has consistently been shown to affect mental health disorders like depression, and anxiety and reduce their effects significantly (Ibrahim et al., 2013). Life Satisfaction was highly correlated with social support from family and friends (Harikandei, 2017) and lower loneliness (Lee & Goldstein, 2016). According to Day and Livingstone (2003), perception of one's social support network and resources has majorly greater coping effects than if theyreceive the support and exerts a stronger effect on mental health than actual social support received (Hefner & Eisenberg, 2009). The belief that one has access to social support can act as reassurance in times of need acts as a protective barrierin times of stress, and can make a person happy and makes them have a positive outlook toward life (Winemiller et al., 1993).Individuals' perception of support is determined strongly by actual interpersonal communications as reported by significant others, moderately by the recipients' negative outlook bias, and weakly by their anxiety and depression as indicators of their poor mental health (Vinkour, Schul, and Caplan, 1987). Social support was significantly related to positive dimensions of subjective mental well-being such as gratification, self-esteem, and happiness but not to its negative dimensions such as uncertainty, strain, and vulnerability, and was also significantly related to individuals'





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perceived ability to indulge inpositive life events, but not to their perceived ability to avoid or cope with negative events (Meehan, Durlak and Bryant, 1993).

Research conducted on the perception of support in Generation X and Generation Z has revealed significant insights. Reinikainen (2020) discovered a positive correlation between organizational attentiveness on social platforms and increased trust and perceived advantages in the content disseminated by corporations and entities. Goodwin-Smith (2019) emphasized the significance of constructive interpersonal bonds in optimizing resilience and well-being among marginalized teenagers and young adults. Nautiyal (2017) conducted a comparative analysis of the perceived support among adolescents dwelling in urban and rural environments, underscoring its pivotal role in fostering a sense of certainty amidst varied circumstances. Lastly, Feather (2012) uncovered a favorable relationship between values associated with transcending oneself and backing for communal initiatives, implying their potential influence on the readiness to rectify prior injustices. Research into the perceptions and values of Generation Z suggests the possibility of lower levels of perceived social support. Leslie (2021) distinguished three unique subsets within Generation Z, each with different priorities regarding the workplace, implying potential variations in their requirements for social support. Rola (2018) revealed Generation Z's relatively diminished empathetic values, potentially affecting their capacity to both offer and receive social support. McIver (2001) observed a growing sense of reduced backing for public services among young individuals, which might extend to social support systems. Hathaway (2022) underscored the potential influence of digital media on Generation Z's social interactions, which could further shape their perceptions of social support.

The present study deals with Generation X and Generation Z in terms of self-esteem, perceived social support, and resilience. It also sheds light on factors that might affect both the generational cohort's variables mentioned. We often experience differences in generational cohorts. We are all the same but we have experienced our lives differently. For example, Generation Z's parents find it difficult to handle technology whereas Generation Z has found out their way of living through technology with ease. The previous generations were physically active and demonstrated betterlevels of fitness than the later generational cohorts. Transformations like these are thought to be the foundation why so many changes, physical and psychological, arose. This study analyses whether Generation X and Generation Z have or do not have a significant difference in self-esteem, resilience, and perceived social support. So many attributes like technological advancements, social media, parenting styles, the COVID-19 pandemic, family dynamics, etc. are the root causes these variables such as self-esteem, resilience, and perceived social support are affected inter-generationally and are chosen to be studied.

Objectives of the study:

- To assess levels of self-esteem between Generation X and Generation Z.
- To assess levels of resilience between Generation X and Generation Z.
- To assess levels of perceived social support between Generation X and Generation Z.

REVIEWS OF LITERATURE

Kvintova and Cakirpaloglu (2019) published a paper on "Self Esteem, Social Network Use and Life Satisfaction among College Students of Generation X Y, and Z." This study aimed to correlate the level of self-esteem and life satisfaction to social network use inter-generationally. There was no correlation found between theself-esteem and amount of time spent on social media. It was found that Generation Z was inclined to be more satisfied in two areas: leisure time and sexuality. They use social media three times compared to Gen X and Y. Also, they had more number of friends on social media. Soest (2016), in his study, "The Development of Global and Domain-specific Self-esteem from Age 13 to 31", examined the development of global self-esteem and self-esteem in 6 domains across adolescence and young adulthood. It demonstrated that later generations exhibit high self-esteem when it comes to social self-esteem and appearance.





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Twenge and Campbell (2001) have explored how self-esteem has changed over different age groups and birth cohorts over time and found that younger generations born in the 1980s and 1990s had higher levels of self-esteem than the previous generations such as those born in the 1960s and 1970s. R Van Woensel (2018) researched, "Generation Z: A Generation of lower self-esteem". The findings suggested that Generation Z showcased lower levels of self-esteemthan the previous generations due to various factors like social media influences, academic and career pressures, and the ongoing culture of comparison among other factors. Sethi (2023) conducted a study on, "The role of Perceived Social Support in self-esteem and resilience among young adults." The results showed that perceived social support correlates positively with resilience and self-esteem adults. No significant gender differences were found. Angeles and Perkins (2023)explored howintergenerational differences affect self-efficacy coping and resilience of members of a family during a crisis (covid pandemic). The results portrayed that resilience and a sense of coherence are interrelated but self-efficacy coping shows no disparities between the generations. Frankczok Kuczmowska and Barbara Superson (2023), in their research, "Resilience in the Context of the Socio-Political Situation of young adults in Europe", displayed contrasting results to the current study. This research focused on how amidst the social and political situation of Europe young adults are showing the highest levels of resilience than any other age group.

Hypotheses:

- There will be a significant difference between Generation X and Generation Z in terms of self-esteem.
- There will be a significant difference between Generation X and Generation Z in terms of resilience.
- There will be a significant difference between Generation X and Generation Z in terms of perceived social support.

METHODOLOGY

Participants:

The population consisted of Indian citizens. Individuals belonging to Generation X and Generation Z were used as samples in this study. Stratified random sampling was used as the sampling technique. Separate age groups of 18 to 28 years for Generation Z and 43 to 58 years for Generation X were selected for this research. The following generational cohorts were excluded from this study:

a) Baby Boomers (1946-1964): 59-77 years old.

b) Millennialsor Generation Y (1981-1996): 29-42 years old.

c) Generation Alpha (early 2010s- 2025): 0-10 years old.

A total of 172 responses were collected for the research. 86 responses were collected for Generation X and 86 were collected for Generation Z. Demographic features like name, age, and gender were collected as well. 61. 5% of the individuals who participated in the study were females whereas 38. 5% were males.

Tools

- a) The Rosenberg Self-EsteemScale: Morris Rosenberg developed the scale to measure one's self-esteem. It contains 10 items that measure both positive and negative feelings about the self. A 4-point Likert scale is used to answer the items with options being Strongly agree, Agree, Disagreeand Strongly Disagree. Strongly agree carries the value of 4 whereas strongly disagree carries the value of 1. Higher scores indicate high self-esteem and low scores indicating low self-esteem. As this scale uses Guttman'sscalogram, it includes reverse scoring as well. The scale has a high reliability as Cronbach's Alpha for the scale was reported at a high Alpha equal to 0. 894. It demonstrates concurrent, predictive, and construct validity.
- b) Connor-Davidson Resilience Questionnaire: The Connor Davidson Resilience Scale was constructed by Katheryn M. Conner and Jonathan R. T. Davidson. The scale aims to measure resilience or the ability to bounce back after a traumatic event or stress-inducing situation. The scale has 2, 10, and 25-item versions. In this research 25 item version has been used. It is a 5-point Likert scale ranging from 0 to 4. 0 being not true at all and 4 being true nearly all of the time. The scores range from 0 to 100 with higher scores indicating high levels of resilience and





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lower scores indicating lowlevels of resilience. The CD-RISC demonstrates good reliability with Cronbach alpha being 0. 88. Construct, convergent, and predictive validities have been established.

c) The Multi-dimensional Scale of Perceived Social Support: Perceived social support refers to one's understanding and perception of the emotional, tangible, and information support they receive from their family members, friends, and others (Zimet et al.,1988). The multi-dimensional scale of perceived social support (MSPSS) was created byZimet, G.D., Dahlem,N.W., Zimet,S.G., and Farley, G.K.(1988). It was developed to measure perceived social support, particularly from 3 sources that are friends, family, and significant other. It includes 12 items and is a 7-point Likert scale ranging from 1 to 7. Very strongly disagree is 1 and very strongly agree is 7. The mean scores range from 1 to 7 with low scores indicating low levels of perceived social support whereas high scores indicating high levels of perceived social support. The scale shows a high reliability with Cronbach's Alpha being equal to 0. 85. A good Construct validity has been established.

Procedure

Assessment was done by circulating Google form. The link was sent to family members, friends, relatives as well as acquaintances. The form consisted of five parts, the first part included the information about the research, the second part included the demographic details, and the third one consisted of the Rosenberg self-esteem scale (RSE). The fourth part included the Multidimensional scale of perceived social support (MSPSS) and the fifth one consisted of the Connor Davidson resilience scale (CD-RISC). Instructions were given before each section on how to solve the questions. All the observations received in the form of responses were properly collected and arranged in a tabular format for statistical analysis. It was ensured that confidentiality would be maintained and the data collected from them would be used for purposes concerning research only.

Statistical Analysis

After the data collection, scoring was done. The data was analyzed by using SPSS software. Independent sample t-test is for the analysis.

RESULT AND INTERPRETATION

All the collected data was subjected to SPSS software in order to obtain the results. An Independent sample t-test was used to analyze the difference between resilience, self-esteem, and perceived social support between Generation Z and Generation X.

Self-esteem and generational cohort:

Results indicate a significant difference between Generation X and Generation Z regarding self-esteem. Generation Z (M[SD]= 28.74[3.717]) reported significantly (*t*=4.325) lower levels of self-esteem than Generation X (M[SD]= 31.36[4.360]).

Perceived Social Support and generational cohort

Results indicate a significant difference between Generation X and Generation Z regarding perceived social support. Generation Z (M[SD] =5.13[1.335]) reported significantly (*t*=3.326) lower levels of perceived social support than Generation X (M[SD]= 5.71[0.919]).

Resilience and generational cohort

Results indicate a significant difference between Generation X and Generation Z regarding resilience. Generation Z (M[SD] =69.74[12.217]) reported significantly (*t*=3.176) lower levels of perceived social support than Generation X (M[SD]=75.74[11.394]).





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DISCUSSIONS

It is known fact that changes happen from generation to generation. This investigation aimed to find these differences with respect to self-esteem, perceived social support and resilience. Results revealed significant differences between Generation X and Generation Z in all mentioned variables. Generation X is showing high level of self-esteem, resilience and perceived social support as compared to Generation Z.

In self-esteem, various researches shed light upon how Generation Z has lower levels of self-esteem than Generation Y. Various factors such as helicopter parenting, social media, economic uncertainty, etc. are responsible for a lower self-esteem. One possible explanation for Generation Z's low self-esteem might be the fact that Generation Z has grown up in an Era dominated by social media which propagates perfectly showing our lives even when they are not. Djedovic' et al. (2021) in their study, "Post Millenials: Meet Generation Z", highlighted that Generation Z is the first generation to be born after the surge of the internet. As a result of being born in a world in control of social media, caring about the number of likes they will get and the amount of followers they have. Their happiness will depend upon the instant gratification they will get as soon as they see that someone has liked their story or post. Since their life is based upon being in the public's eye through social media, their appearance matters a lot to them. This makes them an egocentric generation with no empathy. Being so conscious about looks and appearance in social media and real life makes this generation insecure and have a low sense of self-esteem. The rise of social media has also paved the way for building unrealistic expectations, the inability to have face-to-face conversations and overdependence on social media. Parenting styles as mentioned earlier also add as a contributing factor to low levels in self-esteem. Bee (2017) researched parenting styles and successive generations which aimed to investigate the relationship between self-esteem and parenting styles across three generational cohorts consisting of baby boomers, Generation X and Generation Y. The hypothesis was stated that the permissive parenting style would increase with successive generations and that would lead to a decline in self-esteem. One plausible explanation was given that whenever the child is subjected to a permissive parenting style and given unconditional positive regard completely, they search for validation externally as they have a particular self-image formed but later, he/she realizes that the external world does not treat everyone equally. Always getting unconditional positive regard from parents as a child and getting positive comments and appreciation even after doing average/mediocre tasks can lead to an initial boost in self-esteem as a child but can lead to false and high expectations from the outside world as well. This generation also faces a lot of economic uncertainty which leads to minimal job opportunities and a low sense of financial security for the individuals belonging to this generational cohort. The proposed hypothesis that there will be a significant difference between Generation X and Generation Z in terms of self-esteem is supported by results.

In case of perceived social support, Generation Z indicated lower levels of perceived social support than Generation X. A lot of research has been done that supports the hypothesis. A plethora of factors have contributed to lower perceived social support levels. Factors like age, gender, educational qualifications, lower usage of social media, etc. have contributed to these findings. A study by Chen et al. (2014) called, "The perception of social support among U.S. Chinese older adults: findings from PINE Study" aimed to examine the correlates and perceptions of negative and positive social support among U.S. Chinese older adults. The findings demonstrated that being of a younger age and being male correlated positively with negative social support or lower levels of perceived social support. Older adults portrayed high levels of perceived social support and it is dependent on factors like higher health status, better quality of life, higher education levels, gender (Female), and improved health over the past years were associated with higher levels of perceived social support. Another research by Coventry et al. (2004) focused on how perceived social support differs across age and sex. The sample consisted of participants aged between 18-95 years. It was found that perceived social support varied across different age groups. Older adults belonging to the previous generational cohorts have higher levels of perceived social support than the younger adults of the later generations. One of the reasons why Generation Z has lower levels of perceived social support might be because of the poor quality and a lack of close-knit relationships, be it, with friends, partners, parents, etc. They engage in superficial relationships that do not have any kind of emotional depth or emotional intimacy. Reasons for this can include the





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emergence of social media which results in a lack of face-to-face communication, loneliness, and genuine social communication. Luong, Charles and Fingerman (2011) in their study, "Better with age: Social relationships across adulthood", emphasize why older adults have significantly reported greater satisfaction with their social connections compared to younger individuals. Older adults who belong to the previous generations have better bonding with their children, good and closer friendships, and long-lasting marriages which overall leads to a higher sense of perceived social support amongst the older adults. It was also observed that interpersonal clashes often decline with age. Relationships that are less problematic and ambivalent were seen than those of the younger adults. Interpersonal stressors were also reduced, such as agreements and disagreements, than younger adults. An interesting finding demonstrated that the ability to navigate through difficulties in a relationship increases with age. The proposed hypothesis that there will be a significant difference between Generation X and Generation Z in terms of perceived social support is accepted and supported by results.

In case of resilience, Generation Z has shown lower levels of resilience than Generation X. Resilience, which is defined as the successful ability to adapt to adversity and stress, is affected by personal competence, self-acceptance, and the capacity for meaning and improvisation. The global pandemic like COVID-19 has affected resilience of individuals across the globe. Smith (2023) research explored the undergraduate students' resilience during the Covid 19 pandemic on Generation Z. 27 students participated in this study to share their experiences in focus groups. The findings suggested that the pandemic harmed the mental health and resilience of Generation Z students. It was implied in this study that Generation Z has lower levels of resilience than any other generation. COVID-19 compromised a lot of factors like self-esteem, self-efficacy, and bonding, a sense of belongingness, emotional health, and subjective well-being which promote to one's overall resilience. Hence, the levels of resilience had been reduced. Social isolation due to COVID-19 has also paved a way for feeling lonely which in turn has affected resilience as well. Sethi (2023) conducted a study on young adults and the point of the study was to know the role of perceived social support in promoting resilience and self-esteem among young adults. From the result of the study, the present hypothesis, that Perceived Social support portrays a positive relationship between self-esteem and resilience, is accepted. It means that the self-esteem of a person is directly proportional to the perception of social support; they can quickly handle things and cope with the problem at hand, more than those who perceive a low amount of social support and differences according to their gender. There exists a perfect correlation between the three variables. In the case of Gen Z, these factors are likely to be lacking due to the negative impact on their formation, for instance, economic instability and the adaptation to adult life. This implies that personal and environmental factors might play equal roles in the perception of Gen Z's low resilience. As mentioned earlier, low levels of perceived social support are seen in Generation Z individuals. Low levels of perceived social support are directly proportional to loneliness and the feeling that no one will be there in times of need. Hence, it decreases the capacity to withstand tough conditions and arise from them. Parenting is also one of the important factors. Helicopter and permissive parenting are the current trends in parenting and Generation Z kids are subjected to such parenting styles. As mentioned earlier these are a cause for low self-esteem. It can also be a source for lower resilience levels. Overly protective parenting can cause children to never face any kind of adversities in their lives and can explain why Generation Z is lacking in resilience. COVID-19 has also contributed to a major decrease in the resilience levels of individuals all over the world. Generation Z which already has lower levels of resilience has faced prominent repercussions for struggling with social isolation and dealing with loneliness as there was no social contact. The proposed hypothesis that there will be a significant difference between Generation X and Generation Z in terms of resilience is supported by results.

CONCLUSION

This investigation concluded with the findings that all proposed hypotheses are accepted and there are significant differences between two Generations (X and Z). This study opens a way for future scope regarding aspects like increasing resilience, self-esteem, and perceived social support in various settings such as organizational, educational





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and therapeutic. The research paves the way for getting to know the generational trends present in both generations and enhances our way of getting to know them.

Limitations

- The technical challenges of data collection would have been eliminated if the data was collected in person and face to face and probably a larger sample would have been collected.
- Qualitative responses about every individual from each generational cohort should have been collected to know more about the reasoning behind the answers they chose and it would have given an insight into the things they face because of belonging to that specific cohort.
- More demographic details of the participants should have been collected to carry out further statistical analyses and to get to know more about the characteristics of the population.

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| Variable | Generational Cohort | Ν | Mean | Std. Deviation | t-value |
|-------------|---------------------|----|-------|----------------|---------|
| Self-esteem | Gen Z | 86 | 28.74 | 3.717 | 4.325* |
| | Gen X | 86 | 31.36 | 4.360 | |

Table 1. Showing Mean, SD and t-value

*p<0.05

Table 2.: Showing Mean, SD and t-value

| Variable | Generational Cohort | Ν | Mean | Std. Deviation | t-value |
|--------------------------|----------------------------|----|------|----------------|---------|
| Perceived Social Support | Gen Z | 86 | 5.13 | 1.335 | 3.326* |
| | Gen X | 86 | 5.71 | 0.919 | 3.320 |

*p<0.05

Table 3.: Showing Mean, SD and t-value

| Variable | Generational Cohort | Ν | Mean | Std. Deviation | t-value |
|------------|----------------------------|----|-------|----------------|---------|
| Resilience | Gen Z | 86 | 69.74 | 12.217 | |
| | Gen X | 86 | 75.74 | 11.394 | 3.176* |

*p<0.05





RESEARCH ARTICLE

Impact Assessment of Static Waterbodies in Peri-Urban Areas: The Case of Kakori Town, Lucknow

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ABSTRACT

Peri-urban ecosystems and societies depend on static waterbodies. Static water bodies in Lucknow's peri-urban area, particularly Kakori Town, are examined in this study. The study uses field surveys, remote sensing, and socioeconomic studies to investigate the biological and hydrological dynamics of Kakori Town's static waterbodies. This studyanalyses the lake based on the identified parameters (Landuse and Population density, Encroachment, community use, pollution, community participation, excavation activity, recreational or tourism activities and institutional role). It also examines natural and anthropogenic influences on static waterbodies. The research identifies stressors to inform sustainable management techniques and policy measures to mitigate their negative effects and strengthen these vital ecosystems. Policymakers, urban planners, and local communities may use these insights to safeguard these crucial natural resources and promote sustainable development in peri-urban areas like Kakori Town.

Keywords: Impact assessment, Static water bodies, Lucknow, Peri-urban areas, Kakori town

INTRODUCTION

Urbanization has been accelerating globally, particularly in developing nations, and this trend is expected to continue. An estimated 600 million people have joined the global urban population in the past decade, accounting for about two-thirds of the total population growth (Ritchie et al., 2024). Currently, there are twenty-one megacities worldwide, each with populations exceeding ten million, with seventeen located in developing nations (UN-





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HABITAT, 2020). In India, urbanization accelerated post-independence due to the shift to a mixed economy, fostering private sector growth. According to the World Bank, the urban population in India increased from 11.4% in the 1901 census to 28.53% in the 2001 census and reached 34% by 2017. A United Nations survey projects that by 2030, 40.76% of India's population will be urban (Bhagat, 2018). By 2050, India, along with China, Indonesia, Nigeria, and the United States, will lead the global urban population growth (World Bank, 2011; UN, n.d.).

Rapid urban expansion in India has led to the depletion of static water bodies due to pollution, waste disposal, and urban encroachment. Consequently, urban areas face groundwater depletion, flooding, and water scarcity, adversely affecting quality of life and access to essential services (Beura, 2017). To address these issues, water security must be a national priority, requiring efficient management and stringent regulations, along with public participation in water conservation (Mundoli et al., 2015). In Lucknow, the number of static water bodies has decreased from 964 in 1952 to 494 in 2006, due to urbanization. The water quality upstream has deteriorated under the pressures of rapid urbanization, population growth, and urban sprawl (Prabha Baiswar et al., 2022). The Gomti River, fed by groundwater and its tributaries, has seen a 35-40% reduction in discharge, becoming one of the most polluted rivers in the country. Factors such as biotic pressure, reduced ecological flow, siltation, encroachment, and heavy metal contamination have contributed to this degradation, threatening the sustainability of Lucknow's water resources (Rai & Singh, n.d.). The peri-urban area of Lucknow, characterized by a mix of rural and urban features, faces challenges related to land use and infrastructure development due to economic growth and demographic pressure (Rawat et al., 2022; Mishra et al., 2024).

MATERIALS AND METHODS

Research Method

The objective of this research article is to examine the effects of urbanisation on static water bodies in peri-urban regions of Lucknow, specifically those urban areas situated between the 2021 and 2031 planning boundaries as delineated in the Lucknow Master Plan 2031. The criteria for selecting static water bodies for analysis purposes are as follows: they must have a minimum surface area of 1 acre and be located within 10 metres of the urban settlement. Static bodies of water within or in close proximity to urban settlements at an altitude of 10 metres have been chosen for the purpose of analysis so that a reconnaissance survey and satellite image can provide a more comprehensive understanding of the water body's local context. The static body of water was additionally required to have a minimum surface area of 1 acre as a secondary criterion. Hence, within the vicinity bounded by the planning boundaries of 2021 and 2031, Kakoritown of Lucknow district stands as the sole remaining settlement worthy of examination, comprising a collection of five static water bodies chosen for analysis. The research utilised cartography based on Geographic Information Systems (GIS) to identify the factors that contribute to the depletion of static water bodies situated within or in close proximity to the boundaries of the KakoriTown. The lake boundaries were established through the utilisation of Google Imagery data pertaining to the years 2011 and 2023, correspondingly. Subsequently, data has been acquired predominantly from a reconnaissance survey concerning the land utilisation in close proximity to the subject site, with a proximity of 100 metres. Following this, the KakoriTownLanduse map was created. Also, the areas of traced static water bodies for the years 2011 and 2023 were computed using ArcGIS. The application of this technique enabled a direct comparison and computation of the depletion state of the static water bodies. Additionally, the aetiology of these depletions has garnered considerable attention.

Then, a comprehensive assessment has been conducted on a lake-by-lake basis on the identified parameters (Mishra et. al, 2024). Those identified parameters were Land Use and Population Density, Encroachment, Community Use, Pollution, Community Participation, Recreational or Tourism Activities, and Institutional Role respectively. User perception analysis has been done for all the individual 5 lakes and the scoring were done by the locals around the lake, from 1 to 5 (1 is the least concern 5 is the major concern). The sample size of the user perception is 30. Then the identified parameters were assigned weightages by using AHP, there after normalization was done for the accuracy,





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and hence ranking is devoted to each of the parameters for individual lakes. (1 is the major concern 7 is the least concern).

Site Selection

As the most populous state in India and the capital of Uttar Pradesh, Lucknow is representative of the majority of Indian metropolises. Lucknow's growth trajectory remained predominantly organic from 1981 to 1991. However, beginning in 1991, the pattern abruptly shifted towards ribbon development, which benefited from accessibility and transit-oriented development. Theperi-urban and rural regions encircle the city as a result of the city's burgeoning urban population and high migration rate. The urbanised region is presently en-route to Amausi Airport in the southeastern direction, via the Lucknow-Kanpur Highway, Lucknow Raebareli Road, and Lucknow Hardoi Road(Kumari, 2015). The temporal and spatial dimensions of the land use havechanged significantly.Population growth has been consistent in the city due to natural expansion, large-scale migration, and the incorporation of peri-urban regions(TCPO, 2020).

From 1901 to 2011, the population of Lucknow Urban Agglomeration (UA) increased from 2.5 lakh to 28.17 lakh. According to the predictions outlined in the Lucknow Master Plan 2031, the peri-urban regions of Lucknow are anticipated to experience a decadal growth rate of 117.55 percent in 2031, up from 24.35% in 2011 and 27.71 percent in 2021(DoCO UP, 2011). Within the 2031 planning boundary of Lucknow, the number of lakes and ponds decreased from 86 in 2011 to 78 in 2023. Table 2 indicates that urbanization has had a more significant impact on peri-urban areas, where the number of water bodies declined from 66 to 59 between 2011 and 2023. In comparison, the Lucknow Municipal Corporation (LMC) areas experienced a decrease from 20 to 19 water bodies. Furthermore, the total area of water bodies in peri-urban areas decreased by approximately 11.12%, whereas in the LMC areas, it decreased by 7.15%. This suggests that water bodies in peri-urban areas are more vulnerable to the effects of urbanization compared to those within the city areas, which receive more focused preservation efforts.

Impact of Urbanisation on Static Water Bodies in peri-urban areas of Lucknow

Many of the lakes that comprised the capital of Awadh in 1900 have been converted into human settlements over the course of the last century. Based on a survey carried out by the Lucknow Municipal Corporation, the quantity of reservoirs in the city experienced a decline from 964 in 1952 to 494 in 2006. The quantity experienced a decline to 494 in 2006, with reclamation rendering the majority of them unidentifiable(IndiaTV, 2019; Siddiqui, 2018; Verma, 2016). Additionally, it has been noted that the majority of bodies of water are clogged with solid refuse, debris, and sewage, among other substances, which diminishes their carrying capacity. Between 2011 and 2023, the number of lakes in the peri-urban regions of Lucknow decreased from 66 to 59, representing a significant reduction of 11.12% in area(Goel et al., 2018).

Assessment of the Static Water Bodies in the Kakori Town

The purpose of this research article is to investigate the effects of urbanization on static water bodies in the periurban regions of Lucknow, specifically those urban areas situated between the 2021 and 2031 planning boundaries as delineated in the Lucknow Master Plan 2031. The criteria for selecting static water bodies for analysis are as follows: they must have a minimum surface area of 1 acre and be located within 10 meters of urban settlements and Kakori town fulfils all the requirements for selection. Kakori town is located in the Lucknow district of Uttar Pradesh in India. It is a peri-urban area, meaning it is on the outskirts of the city and has a mix of urban and rural characteristics. The town is known for its historical significance and is home to various industries and agricultural activities. Kakori was declared as town in 2001(Team Digital, 2014). The total area of Kakori town is 110.4 hectare. The Kakori Nagar Panchayat is a local governing body in the Kakori town in Lucknow, Uttar Pradesh(*Maps, Weather, and Airports for Kakori, India,* n.d.; TOI, 2011). It is tasked with the provision of fundamental infrastructure and services to the town's inhabitants. Given that the population density of Kakori town is considerably greater than that of Lucknow Municipal Corporation, evaluating the state of static water bodies in Kakori town becomes more justifiable(DoCO UP, 2001).





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RESULTS

As stated previously, five selected static water bodies of Kakori town have been analysed based on those seven parameters mentioned earlier. They are listed in Table 4. Lake wise depleted area value and their major causes for their depletion are being analysed as follows:

Salariya Lake

The lake is in ward no. 8 of KakoriTownand is surrounded by two wards i.e. ward no. 11 and ward no. 2. The entire lake is entitled to lease from last 25-30 years. The total area of this lake is 2.1 acre.

Land Use and Population Density

The Lake is surrounded with residential areas, vacant land, public/semi-public area (primary health centre) and agricultural land. Ward no. 8 is 1.5 times(127PPH), Ward No. 2 is almost 4 times(326PPH), whereas ward no. 11 is 2 times denser(168PPH) then the Lucknow Municipal Corporation (LMC) population density (85PPH) in 2011.

Encroachment

The lake underwent a reduction in area over a ten-year period, from 2.57 acres in 2011 to 2.1 acres in 2023, an equivalent decrease of 0.47 acres. The constructed area surrounding the water body, with a 10-meter buffer zone, is 0.53 acres. Open space is 1.28 acres on the periphery (10-meter buffer zone around the body of water). In contrast, the ratio of built-up to open space in the vicinity of an aquatic body (10-meter buffer zone) is 1:2.41. At a distance of 100 metres from the lake's shoreline, the developed region encompasses 6.52 acres. The extent of open space within the lake's influence area, which is 100 metres from the lake's shoreline, is 12.36 acres. The open space ratio in the lake's influence area, which is 100 metres from the lake's shore, is 1:1.89.

Community Use

The poor water quality caused by the excessive sewage discharge into the lake discourages any community use of the lake during the summer, with the exception of commercial fishing and baking earthen wares. Seasonal commercial fishing is conducted for five to six months annually. The remaining socio-economic activities and community uses, including personal hygiene, clothing cleansing, idol immersion, angling, irrigation, animal bathing, cremation, and the Mundan ceremony, are not being observed.

Pollution

The pollution in the vicinity of the lake has a detrimental effect on the health of the lake's inhabitants and has also degraded the water quality. The sources of pollution in the vicinity of the lake include untreated domestic sewage discharge, scat, and the dumping of municipal solid refuse along the lake's shoreline. Aside from these, certain types of waste are not being discovered along the lake's shoreline, including agricultural residue, immersion of religious or cultural refuse, carcass formation, and household industrial waste.

Community Participation

The competent local government entity tasked with lake maintenance is well-known to the community. Locals are unaware of any government policies or initiatives pertaining to the lake's restoration or conservation. Local governments and non-governmental organisations had never before organised an awareness campaign to encourage the public to protect and sustain the lake and its environs. Locals are interested in contributing to the lake's maintenance, but they are unable to do so without formal assistance.

Recreational /Tourism Activities

The lake's vicinity is devoid of consistent or sporadic recreational or tourism activities due to the pollution that permeates the area. Occasional tourism and recreational activities around the lake are favoured by the local populace, provided that the lake is maintained by the local government.





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Institutional Role

The maintenance and cleansing responsibilities have been neglected for over two decades by the governing body. There is no policy implementation on the lake. The area lacks a formal encroachment inspection. There are no socioeconomic, cultural, recreational, or tourism-related activities occurring in the vicinity of the lake. There has never been an awareness campaign regarding the lake's protection. The KakoriTown undertakes the task of cleaning the lake's periphery every two to three years.

Sagar Lake

The lake is situated within ward no. 7 and is enclosed by ward no. 3 and ward no. 11. Sagar Lake, with an expansive expanse of 8.66 acres, ranks as the second largest lake within the KakoriTown.

Land Use and Population Density

Residential areas and vacant land border the lake on the south and north, respectively, while agricultural areas border the lake on the east and west. In comparison to the LMC population density of 85PPH in 2011, Ward No. 7 is nearly 1.4 times (118PPH) denser, Ward No. 3 is 1.5 times (126PPH), and Ward No. 11 is 2 times (168PPH).

Encroachment

A decade of reduction resulted in the lake's total area decreasing from 9.51 acres in 2011 to 8.66 acres in 2023, a decrease of 0.85 acres. The built-up area surrounding the aquatic body, with a 10-meter buffer zone, is 0.33 acres. Open space is 2.15 acres on the periphery (10-meter buffer zone around the body of water). The ratio of built-up to open space in the 10m buffer zone surrounding the body of water is 1:6.5. 8.16 acres of built-up area is located in the influence area, which is 100 metres from the lake's shore. 33.2 acres are designated as open space in the lake's influence area, which is 100 metres from the lake's shore. The ratio of built-up to non-built-up areas within the lake's influence area, measured 100 metres from the lake's shoreline, is 1:4.07.

Community Use

Due to the substantial sewage discharge into the lake, which worsens the water quality, the lake's seasonal commercial fishing is the only community use that is preferred by the residents. This lake has been granted on lease in two portions. Seasonal commercial fishing is conducted for five to six months annually. Animal grazing occurs frequently in the vicinity of the lake's periphery. The remaining activities, including personal laundry, angling, irrigation, animal bathing, earthen ware baking, and other religious practices, are not being observed.

Pollution

The pollution in the vicinity of the lake has a detrimental effect on the health of the lake's inhabitants and has also degraded the water quality. Untreated domestic sewage discharge, scat, and municipal solid refuse dumping along the lake's shoreline are the primary sources of pollution. Specific categories of waste, such as agricultural residue, religious or cultural refuse immersion, carcass formation, and household industry waste dumping along the lakeshore, are not being detected.

Community Participation

The local authority responsible for lake maintenance is recognized by the community. However, residents are unaware of any policies or initiatives by the government for the lake's restoration or conservation. There has been no previous effort by local governments or NGOs to raise public awareness about protecting and sustaining the lake and its surroundings. Although locals are willing to help maintain the lake, they need official support to do so.

Recreational /Tourism Activities

There are no regular or occasional recreational/ tourism activities around the lake, because of the pollution in and around the lake. Occasional tourism and recreational activities around the lake are favoured by the local populace, provided that the lake is maintained by the local government.





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Institutional Role

The lake is cleaned by the lessee once every two to three years. The local authority has not performed any cleansing or maintenance in over three decades. Failure to enforce policies regarding the lake, there is an absence of formal encroachment checks in the vicinity, and mining operations do not occur around the lake's perimeter. There are no socioeconomic or cultural activities, recreational or tourism-related activities, or awareness campaigns taking place in the vicinity of the lake. Moreover, there has never been an effort to preserve the lake. The KakoriTown undertakes the task of cleaning the lake's periphery every three to four years.

Chaudhary Mulaka Lake

The lake is situated in the third ward and is enclosed by the seventh and fourth wards. The lake as a whole has been leased for the past 25 to 30 years. Chaudhary Mulaka Lake encompasses a total area of 1.86 acres.

Land Use and Population Density

Residential areas, vacant land, and agricultural land encircle the lake. Ward number three is 1.5 times (126PPH) denser than the LMC population density of 85PPH in 2011. Ward number seven is nearly 1.4 times (118PPH) denser, while ward number four is 2.4 times (194PPH) denser.

Encroachment

With a reduction of 0.47 acres over a decade, the lake's total area shrunk from 2.57 acres in 2011 to 2.1 acres in 2023. The constructed area surrounding the water body, with a 10-meter buffer zone, is 0.53 acres. Open space is 1.28 acres on the periphery (10-meter buffer zone around the body of water). The ratio of built-up to open space in the 10m buffer zone surrounding the body of water is 1:2.41. At a distance of 100 metres from the lake's shoreline, the developed region encompasses 6.52 acres. The extent of open space within the lake's influence area, which is 100 metres from the lake's shoreline, is 12.36 acres. The ratio of built-up to non-built-up areas within the lake's influence area (100 metres from the lake's shoreline) is 1:1.89.

Community Use

Local residents prefer only seasonal commercial fishing and summertime baking of earthen wares on the lake, as the lake's water quality deteriorates due to the heavy effluent discharge into it. Five to six months per year, seasonal commercial fishing is conducted. Irrigation, personal laundry, animal bathing, grazing along the lake's periphery, and religious and cultural practices such as immersion in idols, cremation ceremonies, and Mundan ceremonies are not observed by the community.

Pollution

Untreated Domestic sewage discharge in the lake, Scat, Municipal Solid waste dumping within or in shoreline of lake are regular waste in-or around the lake. The non-regular waste types are Agricultural Residue, Immersion of Religious or Cultural waste, Carcass formation, Household industry waste dumping within or in shoreline of lake.

Community Participation

The accountable local government body tasked with lake maintenance is well-known to the neighbours. Concerning the restoration and conservation of the lake, locals are uninformed of government initiatives and policies. No local governmental organisation or non-governmental organisation had ever conducted an awareness campaign to educate the public about the need to preserve the lake and its environs. The local populace, while enthusiastic about participating in lake maintenance, is unable to do so without official assistance.

Recreational /Tourism Activities

The lake's vicinity is devoid of consistent or sporadic recreational or tourism activities due to the pollution that permeates the area. Occasional tourism and recreational activities around the lake are favoured by the local populace, provided that the lake is maintained by the local government.





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Institutional Role

Once in 2-3 years KakoriTown takes the effort to clean the periphery of the lake. However, no proper cleaning and maintenance has been ever done from more than 20 years by the authority. No Implementation of policies on lake. The area lacks a formal encroachment inspection. No Socio-economic or socio-cultural activities are happening around the lake. No recreational and tourism activities are happening around the lake. There has never been an awareness campaign regarding the lake's protection. At last, only the lease holder of the lake cleans the lake in 2-3 years through the process of chlorination.

Kunwar Gatta Lake

Two districts encircle the lake, specifically Ward No. 3 and Ward No. 4. The lake in its entirety is leased for a period exceeding thirty years. The lake encompasses a total area of 2.1 acres

Land Use and Population Density

Agricultural land and residential areas encircle the lake. Ward no. 3 is 1.5 times (126 PPH) denser than the LMC population density (85 PPH) in 2011, whereas Ward no. 4 is 2.4 times (194 PPH) denser.

Encroachment

The lake's overall area experienced a decline from 1.56 acres in 2011 to 1.29 acres in 2023, signifying a reduction of 0.27 acres over the course of a decade. 0.59 acres are developed along the perimeter (10-meter buffer zone of the body of water). The perimeter open space (10-meter buffer zone around the body of water) is 0.66 acres. The ratio of built-up to open space in the 10m buffer zone surrounding the body of water is 1:1.12. 3.29 acres of built-up area is located in the influence area, which is 100 metres from the lake's shore. 8.74 acres are designated as open space in the lake's influence area, which is 100 metres from the lake's shore. The ratio of built-up areas within the lake's influence area (100 metres from the lake's shore) is 1:2.65.

Community Use

The poor water quality caused by the excessive sewage discharge into the lake discourages any community use of the lake during the summer, with the exception of commercial fishing and baking earthen wares. Seasonal commercial fishing is conducted for five to six months annually. Additionally, grazing is employed on the lake's periphery. Activities such as personal hygiene, fishing, irrigating, bathing animals, baking earthen wares, and engaging in religious or cultural practices like cremation, mundan ceremonies, chat pujas, and idol immersions.

Pollution

Significant contributors to lake pollution include the discharge of untreated domestic sewage, municipal solid refuse dumping within or along the lake's shoreline, and SCAT. The pollution in the vicinity of the lake has a detrimental effect on the well-being of the lake's inhabitants and has exacerbated the condition of the water. Agricultural residue, religious or cultural refuse immersion, carcass formation, and household industry waste dumping along the lake's shoreline are not identified as sources of pollution.

Community Participation

The entity responsible for lake maintenance is well-known within the community. Despite this, locals are not informed about any government efforts or programs aimed at restoring or conserving the lake. There have been no awareness campaigns organized by local governments or NGOs to encourage public involvement in protecting the lake and its surroundings. The community is interested in contributing to the lake's upkeep but needs formal support to do so.

Recreational /Tourism Activities

Occasional or regular tourism or recreational activities are prohibited in the lake's vicinity due to the pollution that permeates the area. Occasional tourism and recreational activities around the lake are supported by the local populace, provided that the lake is maintained by the local government.





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Institutional Role

There have been no maintenance activities conducted for over three decades. There is no policy implementation on the lake. There is no mechanism in place to prevent encroachment in the vicinity. There are no socioeconomic or cultural activities occurring in the vicinity of the lake. There are no tourism or recreational activities occurring in the vicinity of the lake. There has never been an awareness campaign regarding the lake's protection. The lagoon has never been cleaned by a local government agency. The Kakori Nagar Panchayat undertakes the task of cleaning the lake's periphery every three to four years. The lease holder is obligated to remove all contaminants from the lake every two to three years via chlorination.

Hauda Lake

The lake is enclosed within three districts, namely districts 1, 6, and 9. Hauda lake, the largest in Kakori, has been enlarging its perimeter for the past decade. The lake level has risen as a result of the discharge of untreated sewage water from the adjacent residential areas and the consumption of agricultural land situated in its vicinity due to the low-lying terrain.

Land Use and Population Density

The population densities of Ward No. 1 (nearly threefold, 269.PPH), Ward No. 6 (twofold, 179 PPH), and Ward No. 9 (1.8 times, 153 PPH) exceed the LMC population density of 85PPH in 2011.

Encroachment

The lake experienced a notable expansion from 9.68 acres in 2011 to 15.6 acres in 2023. A discrepancy of 5.92 acres exists. The built-up area surrounding the water body, with a 10-meter buffer zone, is 0.16 acres. A perimeter open space area of 17.66 acres (10-meter buffer zone around the body of water). The ratio of built-up to open space in the 10m buffer zone surrounding the body of water is 1:110.37. Influence area (located 100 metres from the lake's shoreline) developed land comprises 18.56 acres. Open space comprises 53.72 acres in the lake's influence area, which is located 100 metres from the lake's shore. The ratio of built-up to non-built-up areas within the lake's influence area (100 metres from the lake's shoreline) is 1:2.89.

Community Use

This lake's proprietorship is delineated into four portions. Seasonal commercial fishing is conducted for five to six months per year, and dairy production occurs consistently. Due to the substantial sewage discharge into the lake, which worsens the water quality, the lake's seasonal commercial fishing is the only community use that is preferred by the residents. Grazing by animals is observed in the vicinity of the lake. Aspects such as personal hygiene practices, fishing, irrigation, animal bathing, earthenware baking, and religious and cultural activities (e.g., idol immersion, mundan ceremony, chat puja), are not observable within or in the vicinity of the lake.

Pollution

Significant pollutant sources include untreated domestic sewage discharge, municipal solid refuse dumping within or along the lake's shoreline, and scat. Non-obtrusive sources of pollution in the vicinity of Hauda Lake include agricultural residue, cultural or religious refuse immersion, carcass formation, and the dumping of household industrial waste along the lake's shoreline. The pollution in and around the lake has a detrimental effect on the health of the lake's inhabitants and has deteriorated the water quality.

Community Participation

The community is aware of the local government body in charge of maintaining the lake. Nonetheless, there is a lack of awareness among residents regarding government policies or initiatives for the lake's restoration and conservation. Neither local governments nor NGOs have conducted awareness campaigns to promote the protection and sustainability of the lake and its environment. While locals are keen to participate in the lake's maintenance, they require formal assistance to proceed.





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Recreational /Tourism Activities

Occasional or regular tourism or recreational activities are prohibited in the lake's vicinity due to the pollution that permeates the area. Locals are in the favour of the occasional recreational/ tourism activities around the lake if the lake is maintained by the local govt. body.

Institutional Role

There have been no maintenance activities conducted for over three decades. The chlorination process is exclusively employed by the lease proprietor of the lake every two to three years. The Kakori Nagar Panchayat endeavours to conduct perimeter cleaning of the lake every one to two years. There is no policy implementation on the lake. There are no routine encroachment checks in the area. There are no socioeconomic or cultural activities occurring in the vicinity of the lake. There are no tourism or recreational activities occurring in the vicinity of the lake. There has never been an awareness campaign regarding the lake's protection. The lagoon has never before been cleaned by a local government agency.

FINDINGS

Urbanisation in Kakori has undeniably contributed to the depletion of static water bodies, primarily as a result of pollution and institutional negligence (as ranked by user perception in Table 5). As a consequence, the environment, water body boundaries, and the overall quality of life in urban areas have been profoundly affected.

The above-mentioned parameters can be summarised as follows:

- 1. Pollution: Prominent sources of pollution encompass untreated domestic sewage discharge, disposal of municipal solid waste along the lake's shoreline, and scat. These activities have resulted in water contamination that is unfit for human consumption and other applications. The consequence of this situation is a reduction in the accessibility of potable water for the populace.
- 2. Institutional Role: Due to the indifference and lack of consciousness on the part of their responsibilities of respective local governing bodies, the lakes are susceptible to environmental degradation.
- 3. Community Participation: The lake and its environs have been subject to a lack of awareness community engagement, and government assistance, resulting in a lack of interest and support to maintain the lakes.
- 4. Encroachment: The lakes' surface area has fallen drastically due to unauthorised construction and domestic industrial use.
- 5. Land Use and Population Density: The lakes' susceptibility to degradation is primarily attributable to the district's high population density and the heterogeneous land use character surrounding the lakes.
- 6. Community Use: The aforementioned factors will prevent the local community from making a substantial and justifiable use of the lake, consequently resulting in inadequate maintenance.
- 7. Recreational and Tourism Activities: Given the deplorable state of the Kakori lakes, their utilisation for recreational and tourism purposes is implausible. Restoring the lakes and generating economic revenue from them could be the primary objective in this regard.

To address the issue of static water body depletion in Kakori, it is essential to prioritize the conservation of surface water bodies and implement effective management strategies. This involves the efficient administration of existing aquatic environments through public engagement and the enforcement of stringent regulations to prevent further degradation. Additionally, investments in renewable water resources, the promotion of sustainable urban planning, and the enhancement of waste management systems are crucial in mitigating the adverse effects of urbanization on static water bodies.





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| Table 1 Population | n of Lucknow from 1991-2031* |
|---------------------------|------------------------------|
| | |

| Year | Lucknow | 7 UA (A) | Lucknow Bounda | 0 | Lucknow N Corpor | - | Lucknow Boundary LM | Excluding |
|------|------------|----------------------------|-------------------|----------------------------|---------------------|----------------------------|---------------------------|---------------------------|
| rear | Population | Decadal Growth Rate* | Population | Decadal Growth Rate* | Population | Decadal Growth Rate* | Population | Decadal Growth Rate |
| 1991 | 1669204 | 65.66 | | | 1619116 | 70.79 | | |
| 2001 | 2245509 | 34.53 | 27,73,618 | - | 21,85,297 | 35.00 | 5,88,321 | |
| 2011 | 2880108 | 28.26 | 35,48,732 | 27.94% | 28,17,105 | 28.87 | 7,31,627 | 24.35% |
| 2021 | 3713003 | 28.92 | 45,50,326 | 28.22% | 36,15,909 | 28.36 | 9,34,417 | 27.71% |
| 2031 | 4787488 | 28.94 | 65,00,000 | 42.84% | 4467158 | 23.54 | 20,32,842 | 117.55% |

Source- Census Tables and Author's Projection

*Projected Data for 2021 and 2031

Table 2 Status of lakes or ponds bodies in Lucknow

| | Lakes/ Ponds within the Boundary of 2031 | | Lakes/ Ponds within LMC Boundary | | | Lakes/ Pond in Peri-Urban Area | | | |
|------|---|------------------|---|--------------|------------------|---|--------------|------------------|---|
| Year | Total No. | Area (sq.km.) | % of Total Area increased/ decreased | Total No. | Area (sq.km.) | % of Total Area increased/ decreased | Total No. | Area (sq.km.) | % of Total Area Increased/ Decreased |
| 2011 | 86 | 0.82 | | 20 | 0.28 | | 66 | 0.54 | |
| 2023 | 78 | 0.74 | -6.1% | 19 | 0.26 | -7.15% | 59 | 0.48 | -11.12% |

Source: Author (Interpreted from satellite image of 2011, 2023)

Note: The mentioned above information excludes the number of wetlands identified by National Water Informatic Centre, Department of Water Resources, River Development and Ganga Rejuvenation, Ministry of Jal Shakti (Govt. of India)

Table 3 Population Density comparison between Kakori town and Lucknow Municipal Area

| Town Area | Density (1991) | Density (2001) | Density (2011) | | |
|--|----------------|----------------|----------------|--|--|
| Kakori Nagar Panchayat | 123 PPH | 153 PPH | 176 PPH | | |
| Lucknow Municipal Area 49 PPH 67 PPH 85 PPH | | | | | |
| Source: Lucknow Master Plan 2031, Census of India (1991, 2001, 2011) | | | | | |

Source: Lucknow Master Plan 2031, Census of India (1991, 2001, 2011)

Table 4 GIS based Surface Area calculation of Static Water Bodies in Kakori for 2011 and 2023

| S.No. | Identified Lake in Kakori | Proximity of lake to urban | Lake area | Lake area |
|--------|---------------------------|----------------------------|-----------|------------|
| 5.INU. | Town | settlement | (2011) | (2023) |
| 1. | Salariya Lake | 2.26 m | 2.57acres | 2.10 acres |
| 2. | Sagar Lake | 6.21 m | 9.51acres | 8.66acres |
| 3. | Chaudhary Mulaka Lake | 1.83 m | 2.22acres | 1.86 acres |
| 4. | Kunwar Gatta Lake | 3.15 m | 1.56acres | 1.29 acres |
| 5. | Hauda Lake | 1.19 m | 9.68acre | 15.6acres |





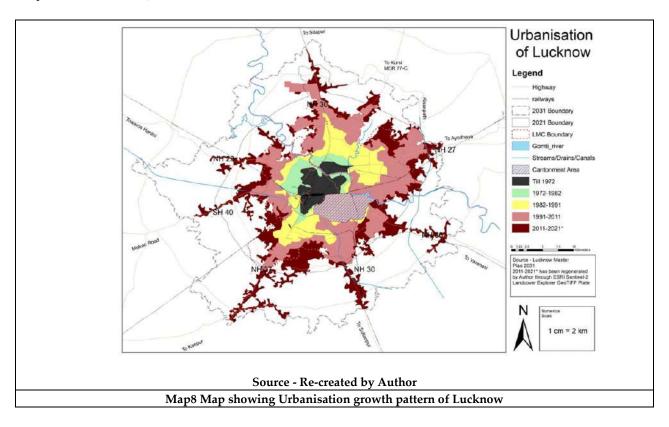
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| Table 5: Parameter vulnerability rank of the all identified lakes based on user perception scoring. (1 - Major |
|--|
| concern and 7 - least concern) |

| Parameter | Hauda Lake | Sagar Lake | Kunwar Gatta Lake | Chaudhary Mulaka Lake | Salariya Lake |
|--------------------------------------|---------------|---------------|----------------------|--------------------------|------------------|
| Land Use and Population Density | 5 | 5 | 4 | 5 | 4 |
| Encroachment | 4 | 4 | 5 | 3 | 5 |
| Community Use | 6 | 7 | 6 | 6 | 7 |
| Pollution | 1 | 1 | 1 | 1 | 2 |
| Community Participation | 3 | 2 | 2 | 4 | 3 |
| Recreational / Tourism Activities | 7 | 6 | 7 | 7 | 6 |
| Institutional Role | 2 | 3 | 3 | 2 | 1 |

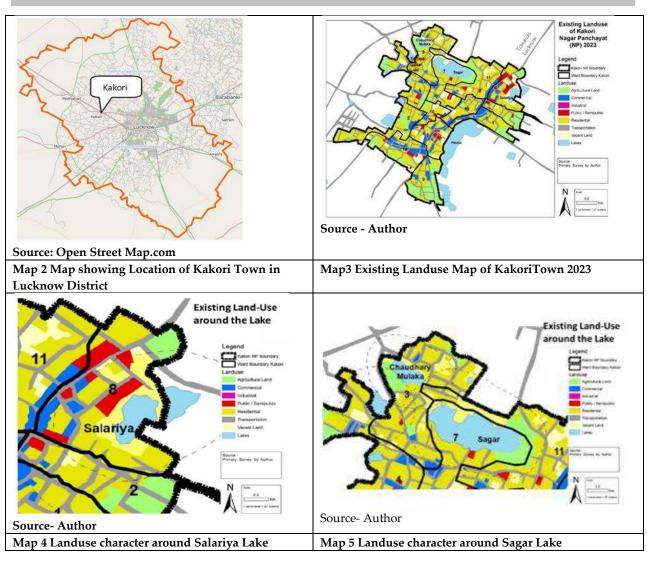
Source: Lucknow Master Plan 2031 (2011-2021 has been regenerated by Author through ESRI Sentinel-2Landcover Explorer GeoTIFF Plate).

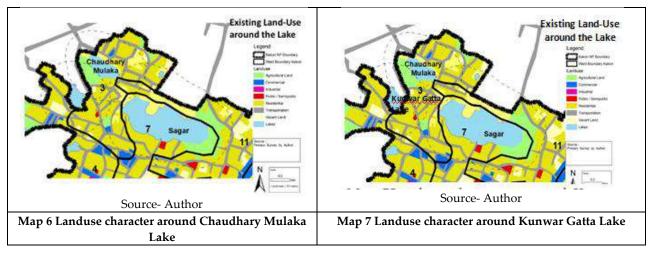






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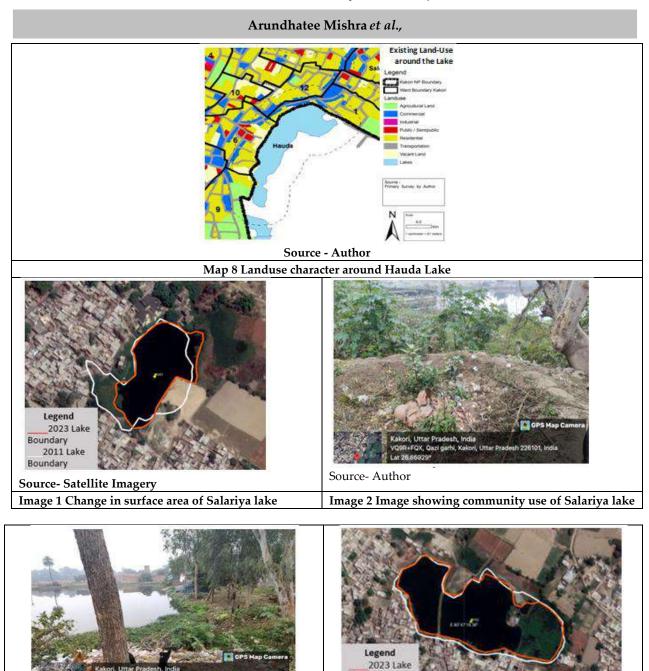


Source- Author

Image 3 Image showing pollution around Salariya lake



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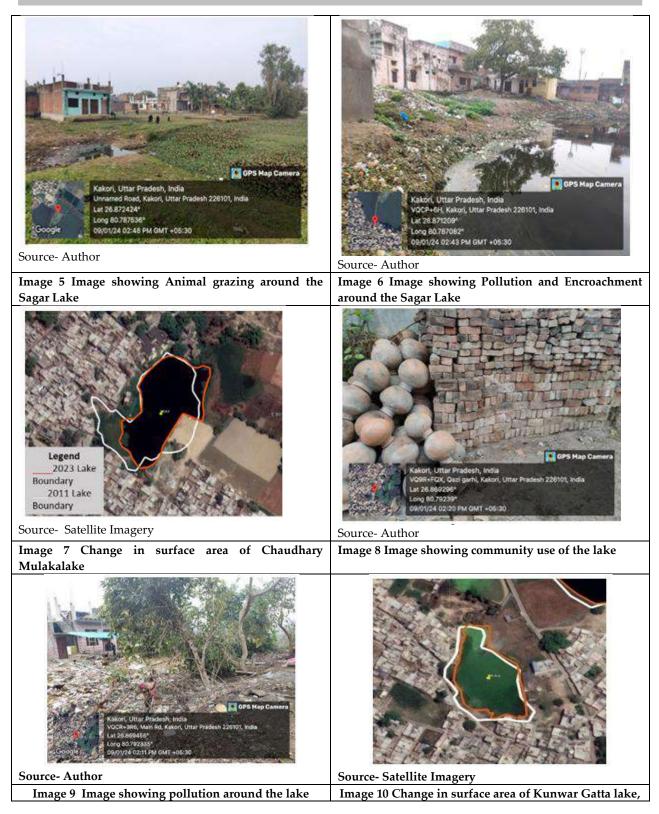
Boundary 2011 Lake Boundary

Source- Satellite Imagery

Image 4 Change in surface area of Sagar Lake



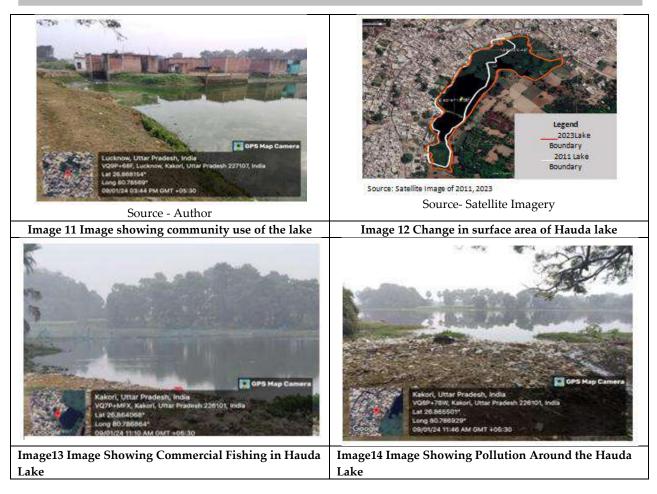
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RESEARCH ARTICLE

A Thematic Exploration of Insights and Reflections on E-Governance Adoption and Challenges in Anantnag, Jammu and Kashmir

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ABSTRACT

The paper rigorously examines the seismic shift from traditional Governance structures to the dynamic landscape of e-Government. It meticulously dissects how e- Governance serves as a catalyst in upholding the fundamental tenets of good Governance, specifically emphasizing citizen participation, elevating service delivery standards, and fostering unparalleled transparency within administrative frameworks. The study is designed to intricately unravel the intricate web of agencies and diverse stakeholders entrenched in the e-Governance ecosystem. It aims to spotlight their distinct roles and unequivocal contributions towards the effective orchestration of e- Governance mechanisms. Moreover, the research fervently scrutinizes the multifaceted interactions intrinsic to e-Governance, examine into pivotal realms like Government-to-citizen (G2C) and other transformative dimensions. It critically analyses the vast array of tools and resources accessible to citizens and government bodies, empowering their seamless participation and engagement in the e- Governance paradigm. The study embarks on a relentless examination, conducting a rigorous SWOT analysis, specifically targeting the e- Governance landscape in the district of Anantnag in Jammu and Kashmir. It aims to unearth the strengths, weaknesses, opportunities, and threats inherent in the local e- Governance framework. In addition, the research meticulously delineates the extensive gamut of services rendered accessible through e- Governance platforms, vividly portraying the breadth and depth of online provisions available to citizens, propelling the region towards an era of enhanced accessibility and streamlined service delivery. The paper examines the challenges entrenched within e- Governance implementation. It presents an assertive array of suggestions designed to galvanize substantial improvements in the e- Governance landscape, fostering an environment conducive to heightened efficiency and inclusivity.

Keywords: Governance , Services, Stakeholders, Strength, lacunas.





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INTRODUCTION

Electronic Governance (or e-Gov) refers to the use of information and communication technologies (ICTs) by governments in (Relyea, H. C. 2002) delivering public services, exchanging information, communicating with citizens, businesses, and other government entities, and conducting Governance -related activities. It involves the digitization of government operations and the integration (Gronlund, Å., & Horan, T. A. 2005) of technology into various administrative processes to improve efficiency, transparency, accessibility, and accountability in the delivery of public services. Electronic Governance encompasses a wide range of initiatives and applications, including online portals for accessing government services, digital databases (Fath-Allah et., al 2014) for storing and managing information, electronic voting systems, online tax filing, digital identity systems, and more. Its primary goal is to leverage technology to transform Governance , making it more responsive, efficient, and citizen-centric. The adoption of e- Governance by administrations is driven by various compelling factors. Firstly, it aims to enhance (Hujran, O, et., al 2023) efficiency and effectiveness in delivering public services. Through digital platforms, governments can streamline processes, reduce bureaucratic hurdles, and offer faster and more accessible services to citizens. e-Governance facilitates transparency and accountability. By digitizing processes, administrations (Hirwade, M. A. 2010) can maintain clearer records, enabling better tracking of government actions and expenditures. The transparency helps in curbing corruption and building trust between the government and its citizens.

Electronic Governance also promotes (Sakolkar, P. C. 2023) citizen engagement and participation in Governance processes. Digital platforms enable easier access to information, allowing citizens to interact with the government, voice concerns, provide feedback, and participate in decision-making, thereby fostering a (Malodia, S., 2021) more inclusive Governance system. Adopting e- Governance aligns with the broader global trend of technological advancement. Governments aim to keep pace with technological developments to harness their benefits and stay relevant in an increasingly digital world. Lastly, for regions like Anantnag, Jammu and Kashmir, where geographical (Manhas, J., & Mansotra, V. 2011) challenges might hinder traditional Governance methods, e- Governance provides a means to bridge these gaps and reach remote or less accessible areas with essential services and information.

Theoretical framework

The theoretical framework of the study on Adoption and Challenges of e-Governance in Anantnag, Jammu and Kashmir revolves around understanding the intricate interplay between technology adoption, administrative processes, and societal implications. Drawing from models of technological adoption, such as the (Davis, F. D. 1989) Technology Acceptance Model (TAM) or the Diffusion of Innovations theory, the research aims to explore the factors influencing the (Dearing, J. W., & Cox, J. G. 2018) acceptance and utilization of e-Governance tools among different stakeholders. It considers institutional theories to analyse the role of government structures, policies, and institutional arrangements in facilitating or hindering the adoption of digital Governance practices. Societal perspectives, including social inclusion, access to technology, and digital literacy, are also central to comprehending the challenges faced in implementing e-Governance initiatives within the specific socio-cultural context of Anantnag District. The framework seeks to provide a holistic understanding by integrating technological, institutional, and societal dimensions to elucidate the complexities surrounding e-Governance adoption and its challenges in the region.

Significance of the Study

The study holds significance due to its comprehensive examination of the transition from traditional Governance to e-Government in Anantnag, Jammu and Kashmir. It sheds light on how e-Governance promotes good Governance principles, enhances citizen participation, and improves service delivery while addressing challenges and proposing solutions for a more efficient and inclusive Governance landscape.





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Objectives of the study

The main objectives of the study are to comprehensively explore the transition from traditional Governance to e-Government, highlighting its role in upholding good Governance principles with a focus on citizen participation, service delivery enhancement, and transparency. The study aims to dissect the intricate network of stakeholders in the e-Governance ecosystem, emphasizing their roles in orchestrating effective mechanisms, while scrutinizing the interactions within Government-to-citizen (G2C) dimensions. It seeks to critically analyze the available tools for citizen and government engagement, conducting a SWOT analysis specific to the e-Governance landscape in Anantnag, Jammu and Kashmir, to uncover inherent strengths, weaknesses, opportunities, and threats. Moreover, the research aims to delineate the breadth and depth of e-Governance services offered, aiming for improved accessibility and streamlined delivery, while also identifying and proposing solutions to the challenges entrenched in e-Governance implementation for fostering an environment of efficiency and inclusivity.

MATERIAL AND METHODS

The study adopted a comprehensive mixed-methods approach, combining document analysis and Google Forms to gather primary and secondary data thoroughly. With a qualitative focus, it aimed to deeply understand the Adoption and Challenges of e-Governance in Anantnag District, Jammu and Kashmir. Structured interviews involved 15 government personnel, web developers, Khidmat Center and Common Service Center personnel's, and National Informatics Centre personnel. Additionally, open-ended questions extracted insights from these officials, unveiling significant themes and patterns. The study enriched its depth and context by incorporating secondary data from various sources such as books, journals, articles, government documents, and web resources.

RESULT AND DISCUSSION

Shift from traditional Governance to e- Governance

The shift from traditional Governance to e- Governance represents a fundamental transformation in how governments (Saxena, K. B. C. 2005) operate and interact with their constituents. The evolution has been driven by several compelling factors. The integration of information and communication technologies (ICTs) has revolutionized the way governments function. Traditional Governance often relied on manual, paper-based processes, which were time-consuming, prone to errors, and less efficient. e- Governance introduces digital solutions (Seifert, J., & Petersen, R. E. 2002) that streamline administrative tasks, automate processes, and significantly enhance operational efficiency. By leveraging technology, governments can expedite service delivery, reduce bureaucratic hurdles, and optimize resource utilization.

e-Governance embodies the principles of transparency and accountability. The traditional Governance model often faced (Atiq, E., Salim, M., & Mahmood, N. 2023) challenges in maintaining comprehensive records, tracking government actions, and ensuring transparency in decision-making processes. With e-Governance , digital platforms enable better documentation, storage, and accessibility of information, fostering greater transparency. Citizens can access government data, monitor expenditure, and hold authorities accountable, thereby strengthening(Harahap, M. A, et., al 2023) trust in the Governance system.e- Governance fosters citizen engagement and empowerment. Traditional Governance frameworks typically had limited avenues for citizen participation in decision-making processes. However, e- Governance facilitates direct interaction between citizens and government entities (Singh, A. 2023) through online portals, social media platforms, and other digital channels. This increased accessibility enables citizens to voice their concerns, provide feedback, participate in policy formulation, and access government services more conveniently. The global technological revolution has played a pivotal role in the shift towards e-Governance . With the rapid advancement of digital technologies, governments worldwide recognize the need to adapt and harness these innovations to modernize Governance practices. Embracing e- Governance allows (Sharma, P. 2023) administrations to keep pace with technological developments, remain relevant, and harness the benefits of digital transformation. The transition from traditional Governance to e- Governance signifies a paradigm shift towards





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more efficient, transparent, and citizen-centric Governance models that harness the potential of technology to better serve the needs of society.

Stakeholders and Agencies in Electronic Governance Implementation

The government of Jammu and Kashmir has undertaken several significant initiatives aimed at leveraging technology to enhance (Dar, S. A. (2022) Governance and public service delivery. One of the notable initiatives is JAKeGA, an online grievance redressal system, which provides citizens a platform to register complaints and seek resolution from relevant authorities. The digital platform streamlines the grievance redressal process, ensuring a more efficient and transparent mechanism for addressing citizen concerns. The establishment of Common Service Centres (CSCs) and Khidmat Centres across (Sharma, A., & Mir, A. Q. 2022) the region plays a pivotal role in providing various government services to citizens at their doorstep. These centres serve as access (Dar, S. A. 2022) points for a wide range of services, including application submissions, certificates, payments, and information dissemination. They bridge the gap between citizens and government agencies, making services more accessible and convenient for the public.

The creation of Software Technology Parks reflects the government's commitment to fostering a conducive environment for technological advancements and innovation. These parks serve as hubs for IT companies, start-ups, and entrepreneurs, promoting the growth of the IT sector in the region and (Dar, S. A., & Sakthivel, P. 2021) creating opportunities for employment and economic development. Aligning with the National e- Governance Plan (NeGP), the government has collaborated with web developers and the National Informatics Centre (NIC) to enhance digital infrastructure and develop user-friendly web portals and applications. These initiatives aim to improve access to information and government services while ensuring a seamless and user-centric online experience for citizens. The establishment of National Informatics Centre offices in each (Sharma, P. (2023) district signifies a decentralized approach to technology implementation. These centres facilitate the integration of digital technology into various administrative processes at the local level, ensuring that the benefits of e- Governance reach every corner of the region, addressing specific district-level needs and challenges.

Electronic Governance aims to transform Khush Hal State into a realm of genuine prosperity and well-being. By focusing on efficient Governance , transparency, and citizen engagement, these initiatives strive to create a (Bhatnagar, S. 2003) state where technology serves as a catalyst for progress. Through digitalization, the goal is to enhance accessibility to services, foster economic growth, and empower every individual, ensuring an inclusive and prosperous society for all. These initiatives collectively represent the government's concerted efforts to harness technology for (Dar, S. A. 2023) efficient Governance , citizen empowerment, and socio-economic development in Jammu and Kashmir. Through these measures, the government endeavours to create a more inclusive, responsive, and digitally-enabled Governance framework that caters to the diverse needs of its populace.

Electronic Governance : Paving the Way for Good Governance

The adoption of e- Governance is deeply rooted in the pursuit of achieving good Governance by revolutionizing traditional (Telino, V., et., al 2020) administrative processes. It aims to enhance Governance practices in various ways, primarily by ensuring efficiency, transparency, accountability, and citizen-centricity.Efficiency in Governance is greatly improved through e-Governance . For instance, online portals for government services streamline processes, reducing the time taken for tasks like applying for permits or licenses. The efficiency is evident in systems like digital tax filing, where citizens can submit returns swiftly, reducing both administrative burdens (Falk, S., Rommele, A., & Silverman, M. 2017) and turnaround time.Transparency is another hallmark of good Governance that e- Governance fosters. Digital platforms enable the publication of government decisions, expenditure details, and policy formulations, ensuring that citizens have access to comprehensive and accurate information. For instance, budgetary allocations and spending records are made publicly available, allowing for scrutiny and accountability.

Accountability is bolstered through e- Governance systems. For instance, grievance redressal mechanisms like online complaint (Lindquist, E. A., & Huse, I. 2017) portals ensure that citizens' concerns are logged and addressed





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systematically. Authorities can track the progress of complaints, ensuring accountability in resolving issues raised by citizens. e- Governance emphasizes citizen-centricity by placing services and information within reach of the public. For instance, educational portals provide access to resources, exam results, and scholarships, ensuring equal (Monga, A. 2008) opportunities for education. This approach puts citizens at the center of Governance , making services more accessible and responsive to their needs.e- Governance aligns with the principles of good Governance by enhancing efficiency, promoting transparency, fostering accountability, and prioritizing citizen-centric services. These examples showcase how e- Governance initiatives contribute to creating an environment conducive to good Governance practices.

Jammu and Kashmir Public Services Guarantee Act of 2011

The Jammu and Kashmir Public Services Guarantee Act of 2011 is a significant legislative measure designed to empower citizens by ensuring timely delivery of public services. The act outlines a framework that guarantees specific public services within a stipulated time frame to the people of the state. It essentially sets standards for service delivery, making government departments (Singh, H. 2021) accountable for providing services promptly and efficiently.Under this act, eligible individuals have the right to receive public services within predetermined time limits. These services can range from obtaining certificates, licenses, permits, or availing specific government schemes. The act specifies the time duration within which these services must be delivered, thereby holding government officials and departments accountable for meeting these deadlines. The act introduces a mechanism for citizens to seek compensation in case of delays or deficiencies in service delivery. If the specified services are not provided within the mandated time frame or are found to be deficient, eligible individuals have the right to claim compensation. The provision aims to ensure that citizens receive the services they are entitled to without undue delays or shortcomings.

By enacting this law, the government(Kundan, M. S. 2018) aims to instill accountability, transparency, and efficiency in public service delivery. It places the onus on government agencies to prioritize citizens' needs, ensuring that they receive essential services within a reasonable and predefined time frame. The provision for compensation acts as a deterrent against negligence or inefficiency on the part of government officials, thereby enhancing the quality and timeliness of service delivery to the people of Jammu and Kashmir. The Jammu and Kashmir Information Technology Act of 2000 aims to enhance e-services delivery within the region. This act focuses on the (Wani, A. A., & Parray, J. A. 2023) establishment of a legal framework to govern electronic transactions, digital signatures, cyber security, and the use of electronic records, thereby facilitating the delivery of various electronic services to the citizens of Jammu and Kashmir.

e- Governance service

Jammu and Kashmir has emerged as a leader in the realm of e- Governance service provision, boasting an impressive array of 1028 online services, as reported by the National e- Governance Division (NeSDA). The region's remarkable achievement in delivering electronic services reflects its dedication to (Dar, S. A. 2022) embracing digital solutions for Governance . According to the NeSDA report, J&K stands out prominently for its extensive online service portfolio, underscoring its commitment to enhancing accessibility and efficiency for citizens. This accomplishment highlights the state's proactive approach in leveraging technology to cater to a diverse range of public needs. The proliferation of online services signifies a significant stride (Economic Times NeSDA report 2023) towards a more inclusive and digitally empowered Governance framework in Jammu and Kashmir. This success story positions the region as a frontrunner in embracing e-Governance , marking a significant milestone in its journey towards leveraging technology for the betterment of its citizens.

SWOT of Electronic Governance

The strengths lie in the advancements made in increased connectivity, supported by government initiatives and citizen engagement tools. These factors, coupled with a skilled IT workforce, create a solid foundation (Jiang, H. 2023) for technological growth and innovation. However, various weaknesses pose challenges. Infrastructural limitations hinder the seamless operation of technology, while the digital divide and limited internet penetration





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create disparities in access, limiting the reach of digital initiatives. Language barriers further impede the widespread adoption and effectiveness of technological solutions. Amid these challenges, opportunities emerge. Efforts directed towards (Chinnasamy, V. 2017) rural outreach initiatives can bridge the gap, leveraging technological advancements for inclusive growth. Continued technological progress offers opportunities for innovation and development, potentially boosting tourism, economic activities, and prompting investments in IT infrastructure.

Yet, threats loom over these opportunities. Cyber security vulnerabilities present risks as connectivity expands, potentially (Dar, S. A., & Sakthivel, P. 2021) compromising systems and data. Resistance to adopting new technology, political instability, and the unpredictability of natural disasters also pose significant threats, potentially disrupting progress and infrastructure. Balancing these strengths, weaknesses, opportunities, and threats becomes crucial in navigating the landscape of technology and connectivity, requiring strategic measures to leverage strengths, address weaknesses, seize opportunities, and mitigate threats for a more resilient and inclusive technological ecosystem.

Electronic Governance Interactions

Government-to-Business (G2B)

This model denotes interactions between government entities and businesses. It encompasses services, regulations, and collaborations designed to facilitate business operations and stimulate economic growth. For instance, online licensing and permit applications, tax filings, procurement portals, and business registration platforms are examples of G2B interactions. These initiatives streamline processes, reduce bureaucracy, and enhance transparency, making it easier (Panayiotou, N. A., & Stavrou, V. P. 2021) for businesses to interact with the government. The goal is to create an environment conducive to business development and investment, fostering economic prosperity.

Government-to-Citizen (G2C)

G2C interactions refer to services and interactions between the government and individual citizens. This includes various online platforms and services aimed at providing citizens with easy access to government information, services, and assistance. Examples of G2C interactions are online (Katoch, R. 2016) portals for paying taxes, applying for government benefits, accessing healthcare services, obtaining identification documents, and registering for various government programs. These initiatives focus on convenience, accessibility, and inclusivity, aiming to improve the quality of life for citizens by ensuring efficient access to essential government services.

Government-to-Government (G2G)

G2G interactions involve communication, collaboration, and data sharing between different government agencies or departments, either at the same administrative level or across different administrative tiers. These interactions facilitate the exchange of information, resources, and services among government (Palma, J. P. B., et., al 2023)entities to enhance operational efficiency, avoid duplication, and streamline processes. An example is the sharing of data between tax authorities and social services agencies to verify eligibility for government assistance programs. G2G initiatives aim to promote coordination and cooperation among government bodies to better serve the public.

Government-to-Employee (G2E)

G2E interactions encompass the communication and services provided by the government to its employees. These interactions involve human resources management, training programs, payroll services, benefits (Rao, V. R. 2011) administration, and internal communications within government organizations. G2E initiatives aim to enhance employee productivity, satisfaction, and efficiency by providing streamlined and accessible services for the workforce. Each of these models represents distinct facets of government interaction, emphasizing efficiency, accessibility, and transparency in service delivery across various sectors, entities, and individuals within society.

Challenges of electronic Governance in Jammu and Kashmir

Electronic Governance in Jammu and Kashmir encounters specific regional challenges that impact its implementation. The region's remote and mountainous terrain creates infrastructural limitations, leading to inadequate digital infrastructure and connectivity. The limitation in internet penetration hampers (Dar, S. A. 2022)





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the widespread accessibility of online services. Moreover, geographical barriers and varying levels of accessibility in remote areas contribute to disparities in technology access and digital literacy, posing hurdles in uniform service delivery. The region's multilingual population presents challenges in disseminating information uniformly, necessitating the development of platforms accommodating diverse linguistic needs. Apart from regional challenges, Jammu and Kashmir faces special obstacles in the realm of e-Governance . Security concerns stemming from the sensitive geopolitical situation pose significant threats. Cyber security vulnerabilities and potential data breaches heighten risks within e- Governance systems. A significant data breach has affected the data system at Kashmir University, prompting an urgent inquiry from the Computer Emergency Response Team (CERT). Reports indicate that (Kashmir Observer(2022) sensitive information of over one million students, including registration details, email IDs, and passwords, was purportedly available for purchase on a 'Dark Web' forum for \$250. The breach has sparked demands from students and teachers for an independent investigation by a MeitY team to establish accountability and fortify the system's security. Allegations suggest that previous warnings about potential data threats within the University went unheeded. While the University authorities claim that the data appears unmodified, they are conducting further analysis. Despite certain data being (M. Karpiuk, J. Kostrubiec 2022) accessible in the public domain, the University intends to take appropriate legal measures based on in-depth analyses of any potential breaches.

Political instability and uncertainties can disrupt the continuity and stability of digital initiatives, affecting ongoing projects (Dar, S. A. (2022) and policies. The region's susceptibility to natural disasters, such as earthquakes and floods, poses risks to digital infrastructure and service continuity during emergencies. The "India Inequality Report 2022: Digital Divide" released by Oxfam India delves into data sourced from the Centre for Monitoring Indian Economy's household survey spanning Jan 2018 to Dec 2021. The report sheds light on glaring gender disparities in digital access, revealing that Indian women are 15 percent less likely to own mobile phones and 33 percent less likely to use mobile internet services compared to men. Shockingly, women constitute just one-third of the country's internet users. Globally, India stands at the forefront of the Asia-Pacific region but with a staggering 40.4 per cent gender gap, marking the widest difference. The report also uncovers a stark rural-urban digital divide, despite a commendable 13 per cent growth in digital adoption, merely 31 percent of the rural population utilizes the internet in contrast to 67 per cent of urban residents. It highlights caste-based disparities, noting that ST households exhibit the lowest (Oxfam India 2022) inclination towards formal financial services, followed by SC and OBC households. Access to computers follows a similar pattern, with General and OBC groups having notably higher rates than SC and ST populations, indicating a significant gap. Even across religions, Sikhs exhibit the highest likelihood of computer ownership, trailed by Christians, Hindus, and finally Muslims. In the global e-participation index, a measure encompassing online service provision, connectivity, and human capacity, India ranks 105 out of 193 nations, emphasizing the room for improvement in its e-Government initiatives.

The theme "Digital Generation, Our Generation" aims to address the digital gap, as per the United Nations. Despite the global shift towards online platforms in the post-COVID-19 era encompassing businesses, education, and healthcare, around 22 billion individuals under 25 lack internet access, with a significant majority being girls. Kashmir faces a particularly alarming scenario due to frequent and extended internet shutdowns in the past two years, significantly hampering online education and causing multiple challenges. The entrenched gender norms in societies like India curtail equitable technology access for women and girls, particularly those from economically disadvantaged backgrounds. These norms contribute to lower digital literacy among girls, unfamiliarity with digital tools, and unequal access to electronic devices. The mobile gender gap report highlights a staggering 56% lower likelihood of Indian women using mobile internet compared to men, with only 35% of active users in the country being women.

Frequent internet shutdowns in Kashmir significantly disrupt and impede the progress of e-Governance initiatives in the region. These interruptions hinder the seamless implementation of digital Governance (Gupta, R., & Kumar, K. 2020) tools and services, affecting various aspects such as communication, access to information, online government services, and connectivity for citizens. The lack of consistent and reliable internet connectivity poses





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substantial obstacles to the effective functioning of e-Governance , hindering the region's technological advancements and digital outreach efforts. Indeed, the revocation of Article 370 brought about notable changes in the digital landscape of Kashmir. Post this constitutional change, there was an evident shift towards accelerating the digitization process in the region. Efforts were made to boost technological infrastructure and expand digital (Lalwani, S., & Gayner, G. 2020) initiatives to enhance Governance , public services, and connectivity. However, despite these strides, the recurring internet shutdowns have remained a persistent challenge, intermittently hampering the momentum of the digitization process and the smooth functioning of e-Governance in Kashmir.

Overcoming these challenges demands targeted strategies. Improving digital infrastructure and internet connectivity in remote areas, promoting digital literacy, and developing multilingual platforms can bridge regional disparities. Robust cyber security measures and contingency plans are imperative to address security risks and ensure service continuity. Navigating political transitions and establishing resilient systems capable of withstanding natural disasters are critical for sustaining and advancing e- Governance in Jammu and Kashmir. Collaborative efforts involving government bodies, technology experts, and local communities are pivotal in addressing these challenges and harnessing the full potential of e- Governance in the region.

Implications of the Study

The study's social implications are profound, signaling both challenges and opportunities in the realm of e-Governance . Addressing issues like digital literacy gaps among citizens and officials not only ensures effective utilization of government services but also empowers individuals with skills vital for modern participation in Governance . By bridging access gaps for marginalized communities, the study hints at a more inclusive society, where every citizen has equal opportunities to benefit from governmental initiatives. Moreover, the focus on data security and privacy in sensitive regions like Jammu and Kashmir speaks to the larger societal need for trust and protection in the digital age. Additionally, the study underscores the importance of reliable power infrastructure for sustained digital services, highlighting how basic amenities directly impact technological advancements. Ultimately, the findings stress the necessity for comprehensive policies, training programs, and seamless system integration to foster transparency, accountability, and citizen trust—cornerstones for a more participatory and well-functioning Governance framework.

FINDINGS

- 1. Low levels of digital literacy and awareness among citizens and government officials pose a challenge to effective e-Governance utilization.
- 2. Remote or marginalized communities face difficulties accessing e-Governance services, creating disparities in service availability.
- 3. Protecting citizen data and ensuring secure transactions within e-Governance systems is crucial, especially in sensitive regions like Jammu and Kashmir.
- 4. Extended power outages averaging 30 days per year significantly hinder the sustainability of e-Governance initiatives, leading to service disruptions and hampered accessibility, particularly in areas like Anantnag, where consistent power supply is crucial for the seamless functioning of digital systems.
- 5. Successful implementation requires strong policy support, governmental commitment, and adequate budget allocations, impacting the effectiveness of e-Governance initiatives in Anantnag.
- 6. Addressing diverse cultural and linguistic backgrounds within Anantnag presents a challenge in designing inclusive e-Governance platforms accessible to all.
- 7. Integration and compatibility among different e-Governance systems and platforms used by various government departments can be a significant hurdle.





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- 8. Building trust among citizens regarding the reliability and efficacy of e-Governance systems is crucial for their widespread acceptance and use.
- 9. Training programs and skill development initiatives are essential to empower government officials and citizens to effectively utilize e-Governance tools and services.
- 10. Ensuring the sustainability and scalability of e-Governance projects over time and their expansion to cover more services and areas within Anantnag is a key challenge.
- 11. e-Governance promotes transparency by providing easy access to information, fostering accountability, and enhancing citizen-government trust, crucial for good Governance.
- 12. The interactions facilitate smoother communication between government, businesses, citizens, and employees, fostering transparency by enabling accessible information flow across administrative processes.
- 13. Frequent internet blackouts, totaling 422 between 2012 and 2022, pose a significant challenge, disrupting e-Governance services and communication channels.
- 14. Armed conflict and challenging geographical terrains further impede the implementation and accessibility of e-Governance initiatives, particularly in conflict-prone regions like Jammu and Kashmir
- 15. Ongoing efforts signal progress in comprehensive e-Governance, demanding sustained endeavors for broader accessibility and continual improvements.

Suggestions for improvement

- 1. Launch comprehensive digital literacy programs targeting citizens and government officials to empower them with necessary e-Governance skills.
- 2. Develop specialized outreach strategies for remote or marginalized communities, ensuring equitable access to e-Governance services.
- 3. Implement robust security protocols to safeguard citizen data, particularly in sensitive regions like Jammu and Kashmir.
- 4. Introduce alternative power solutions to mitigate the impact of frequent power outages on e-Governance initiatives in areas like Anantnag.
- 5. Advocate for strong policy support, governmental commitment, and adequate budget allocation to fortify e-Governance effectiveness.
- 6. Design e-Governance platforms considering diverse cultural and linguistic backgrounds within Anantnag for inclusivity.
- 7. Resolve compatibility issues among government e-Governance systems for streamlined operations.
- 8. Invest in campaigns to build citizen trust in e-Governance systems for widespread adoption.
- 9. Establish comprehensive training programs to empower officials and citizens in utilizing e-Governance tools effectively.
- 10. Develop long-term plans for the scalability and sustainability of e-Governance projects in Anantnag.
- 11. Emphasize e-Governance 's role in promoting transparency, accountability, and citizen-government trust.
- 12. Foster improved communication channels between government entities, businesses, citizens, and employees for transparent information flow.
- 13. Devise strategies to mitigate the impact of frequent internet blackouts on e-Governance services.
- 14. Tailor e-Governance strategies to navigate challenges in conflict-prone regions like Jammu and Kashmir.





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CONCLUSION

Electronic Governance, a technological blessing, fosters transparent, efficient Governance. Leveraging technology, it enables streamlined interactions between governments, businesses, citizens, and employees, ensuring accessibility, accountability, and improved service delivery for all stakeholders involved. The evolution from traditional Governance to e-Governance in Jammu and Kashmir represents a monumental technological shift facilitated by key agencies such as Jammu and Kashmir e -Governance agency, Common Service Centres (CSCs), Khidmat Centres, Software Technology Parks, and National Informatics Centre offices. These entities have played pivotal roles in aligning with the National e-Governance Plan (NeGP) to ensure the implementation of e-Governance practices uniformly across all districts. The transition has brought about significant changes, including amendments to legislation such as the Jammu and Kashmir Public Services Guarantee Act of 2011, specifically tailored to accommodate and enhance e-Governance service delivery mechanisms. The incorporation of various interactions, including Government-to-Business (G2B), Government-to-Citizen (G2C), Government-to-Government (G2G), and Government-to-Employee (G2E), has notably amplified transparency and accountability within administrative processes. Despite these strides, persistent challenges impede the full realization of e-Governance 's potential in the region. Notably, frequent internet blackouts, amounting to approximately 422 instances between 2012 and 2022, have severely disrupted digital connectivity. Rural areas suffer from limited access, contributing to the overarching digital divide. The presence of armed conflict and the complex, terrain-based geography pose formidable barriers to seamless e-Governance implementation. Addressing these challenges requires immediate and comprehensive solutions. Rectifying issues related to internet connectivity disruptions, especially the frequent blackouts, is imperative. Bridging the digital divide by ensuring equitable access to digital infrastructure in rural areas becomes paramount. The strategies must navigate the complexities posed by armed conflict and geographical constraints to ensure the uninterrupted provision of e-Governance services. Resolving these hurdles is crucial not only for the continued advancement of e-Governance but also for fostering inclusive development, equitable access to services, and transparent Governance practices throughout Jammu and Kashmir. Such solutions will play a pivotal role in creating an environment conducive to comprehensive and efficient e-Governance implementation across the region.

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| Table 1: e- Governance service |
|--------------------------------|
|--------------------------------|

| Service Provided | Description |
|------------------------------------|---|
| Issuance of Birth Certificates | Providing official birth records within a specified time frame. |
| Issuance of Residence Certificates | Delivering residency proof documents within a defined period. |
| Application for Ration Cards | Processing applications and issuing ration cards within a specified |
| | timeframe. |





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| Issuance of Driving Licenses | Providing driving permits within a stipulated time. |
|---|--|
| Utility Bill Payments | Ensuring timely processing of utility bill payments and acknowledgments. |
| Pension Disbursement | Ensuring pension payments are processed and disbursed on time. |
| Land Record Verification | Providing verified land records and documentation within a specified period. |
| Educational Scholarship Applications | Processing scholarship applications within defined timelines. |
| Building Permit Issuance | Granting building permits or approvals within a specified time frame. |

Table 2 : SWOT Analysis

| Strengths | Weaknesses | Opportunities | Threats | |
|----------------------|--------------------|----------------------------|--------------------------------|--|
| Increased | Infrastructural | Rural Outreach Initiatives | Cuber convrite Vulnershilition | |
| Connectivity | Challenges | Rural Outreach Initiatives | Cyber security Vulnerabilities | |
| Coursement Summant | Digital Divida | Technological | Resistance to Technological | |
| Government Support | Digital Divide | Advancements | Adoption | |
| Citizen Engagement | Limited Internet | Tourism & Economic | Dalitical Instability | |
| Tools | Penetration | Development | Political Instability | |
| Chilled IT Workforce | I an and a Damiana | Investment in IT | Natural Diseators | |
| Skilled IT Workforce | Language Barriers | Infrastructure | Natural Disasters | |

Table 3: Electronic Governance tools for people and Government

| Tools Used by People | Tools Used by Government |
|---------------------------|--|
| Online Portals/Websites | Online Portals/Websites |
| Mobile Applications | Mobile Applications |
| Digital Payment Systems | Digital Payment Gateways |
| National Identity Systems | Digital Identity Systems (e.g., Aadhaar) |
| Social Media Platforms | Data Analytics for Policy Planning |
| Self-Service Kiosks | Geographic Information Systems (GIS) |
| Customer Service Hotlines | Cyber security Measures |
| E-signatures | Cloud Computing for Data Storage |
| Online Chat Support | Block chain Technology (in some cases) |
| Public Wi-Fi | Artificial Intelligence (AI) and Chat bots |

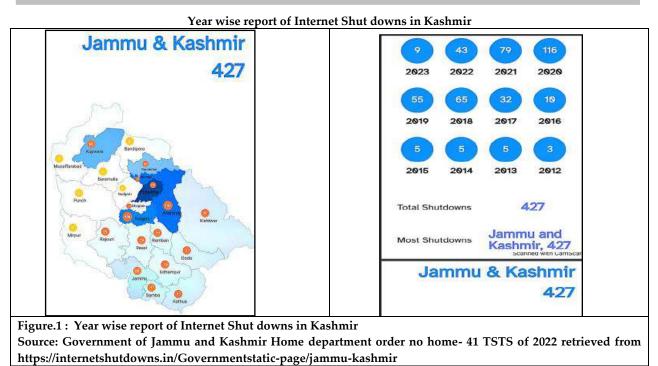
Table 4: Type of Interaction

| Type of Interaction | Description | Example | | | | | |
|------------------------------------|--|---|--|--|--|--|--|
| Government-to- Business (G2B) | Processes involving government and business | Online application for a business | | | | | |
| | entities, such as licensing, taxation, and | license or bidding for a government | | | | | |
| Dusiness (G2D) | procurement. | contract. | | | | | |
| Government-to- Citizen (G2C) | Interactions between government and individual citizens for services, information dissemination, and feedback. | Applying for a passport, accessing information on government schemes. | | | | | |
| Government-to- Government (G2G) | Communication and data exchange between different government departments or agencies. | Sharing data between health and education departments for policy formulation. | | | | | |
| Government-to- Employee (G2E) | Interactions catering to internal government employee processes, training, and communication within the workforce. | Employee payroll management, accessing training modules. | | | | | |





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RESEARCH ARTICLE

Human-Robot Collaboration - Optimizing Interaction in Industrial and Service Robots

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ABSTRACT

Human-robot collaboration (HRC) is a burgeoning field that holds immense potential for revolutionizing both industrial and service sectors. This paper provides an overview of the current state and future directions in optimizing interaction between humans and robots in various domains. In industrial settings, collaborative robots, or "cobots" are increasingly deployed alongside human workers to enhance productivity and efficiency. These robots are equipped with advanced sensors, control algorithms, and safety features to ensure safe and effective interaction. Cobots assist in tasks such as assembly, material handling, and quality inspection, allowing human workers to focus on more complex and creative aspects of production. The success of human-robot collaboration hinges on seamless and intuitive interaction between humans and robots. This is facilitated by advancements in natural language processing, graphical user interfaces, and augmented reality, among other technologies. Despite significant progress, challenges remain in optimizing HRC, including ensuring safety and reliability, understanding human factors and ergonomics, addressing ethical and social implications, and developing scalable and flexible systems.

Keywords: Human-robot collaboration, Industrial robots, Service robots, Cobots, Interaction optimization, Collaborative robotics, Human-machine interaction.





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INTRODUCTION

Human-robot collaboration (HRC) is an emerging and transformative field within robotics and human-machine interaction. As the boundaries between human tasks and robotic automation blur, the need for efficient, safe, and intuitive collaboration mechanisms becomes paramount. This collaborative paradigm extends beyond mere coexistence, emphasizing synergistic interactions where both humans and robots bring their unique strengths to the table, resulting in enhanced productivity, safety, and flexibility across various domains. In industrial settings, robots have traditionally been confined to performing repetitive, hazardous, or precision-intensive tasks in isolation from human workers. The advent of collaborative robots, or "cobots," has revolutionized this landscape by enabling robots to work alongside humans on the factory floor. Cobots are designed with advanced sensors, control algorithms, and safety features to ensure safe and effective interaction. They assist in assembly, material handling, quality inspection, and other tasks, relieving human workers from physically demanding or monotonous duties and allowing them to focus on more complex and creative aspects of production. Service robots operate in environments where direct interaction with humans is essential. These robots are increasingly utilized in healthcare, domestic settings, customer service, and public spaces. For instance, in healthcare, robots assist with patient rehabilitation, elderly care, and surgical procedures. In domestic environments, robots perform household chores, enhancing the quality of life for their users. Customer service robots, on the other hand, engage with customers in retail and hospitality sectors, providing information, entertainment, and assistance. The optimization of human-robot interaction in these contexts is crucial for ensuring user acceptance, safety, and satisfaction.

LITERATURE REVIEW

This review provides an overview of the applications, technologies, and challenges associated with service robots in industrial settings. It examines recent advancements in robot design, sensing, navigation, and human-robot interaction, highlighting their impact on improving efficiency, safety, and productivity in manufacturing and logistics operations [5]. This survey explores the state-of-the-art in human-robot collaboration (HRC) for industrial automation. It reviews research contributions in collaborative robotics, safety mechanisms, task allocation strategies, and ergonomic design considerations. The paper also discusses challenges and future directions for HRC implementation in manufacturing environments [6]. This article reviews recent developments in autonomous mobile robots (AMRs) for industrial applications. It examines AMR technologies such as navigation, mapping, localization, and fleet management systems. The paper discusses case studies and practical examples of AMR deployment in warehousing, logistics, and manufacturing facilities [7].

This review paper surveys the state-of-the-art in robotic systems for collaborative manufacturing. It discusses different types of collaborative robots (cobots), including their design principles, control strategies, safety features, and applications in assembly, machining, and material handling processes. The paper also highlights challenges and opportunities for future research in this area [8]. This paper examines the integration of service robots into Industry 4.0 environments. It discusses the role of robots in smart factories, digital manufacturing, and cyber-physical systems. The paper explores key challenges such as interoperability, security, and data privacy, and proposes solutions to enable seamless integration of service robots with other industrial technologies [9]. This study investigates safety considerations for human-robot collaboration in industrial environments. It reviews safety standards, risk assessment methods, and safety mechanisms implemented in collaborative robotic systems. The paper discusses factors influencing human-robot interaction safety and provides guidelines for ensuring safe and effective collaboration in manufacturing settings [10].

This systematic literature review examines the impact of service robots on manufacturing performance. It analyzes empirical studies and case reports to evaluate the effects of robot adoption on productivity, quality, cost, and flexibility in industrial operations. The paper identifies factors influencing the success of service robot implementation and provides insights for future research and practice [11]. This review paper discusses emerging





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trends in service robotics for industrial automation. It covers topics such as collaborative robots, autonomous mobile robots, aerial drones, and wearable exoskeletons. The paper examines advancements in robot design, sensing technologies, and human-robot interaction, and explores their implications for improving efficiency and flexibility in manufacturing processes [12]. This review provides an overview of the challenges and opportunities of service robots in manufacturing. It discusses technical challenges such as robot perception, motion planning, and task allocation, as well as non-technical challenges related to cost, scalability, and regulatory compliance. The paper identifies research gaps and suggests future directions for advancing service robot technologies in manufacturing [13]. This comprehensive review examines the role of service robotics in various industrial sectors. It covers topics such as warehouse automation, logistics, healthcare, agriculture, and construction. The paper discusses the design, implementation, and performance evaluation of service robots in different application domains, highlighting their impact on improving efficiency, safety, and sustainability in industrial operations [14].

Working Principle of Service Robot In The Industries

Service robots are designed to perform tasks and provide assistance in various service-oriented environments, such as healthcare facilities, hospitality venues, retail stores, and domestic settings. The working methods of a service robot depend on its specific application and functionalities, but generally involve the following components and methods,

Sensing and Perception

Environment Perception: Service robots use sensors such as cameras, LiDAR, ultrasonic sensors, and depth sensors to perceive their surroundings. This allows them to navigate autonomously, avoid obstacles, and identify objects or people in their vicinity.

Object Recognition: Service robots employ computer vision techniques to recognize and classify objects, enabling them to interact with their environment and perform tasks such as fetching items, delivering packages, or assisting with inventory management.

Navigation and Localization

Mapping: Service robots create maps of their operating environment using simultaneous localization and mapping (SLAM) algorithms. This helps them navigate efficiently and avoid collisions by planning optimal paths to reach their destinations.

Localization: Robots use localization techniques, such as GPS, WiFi triangulation, or visual landmarks, to determine their position within the environment and update their maps accordingly.

Human-Robot Interaction (HRI)

Speech Recognition: Service robots integrate natural language processing (NLP) algorithms to understand spoken commands and respond appropriately to user queries or requests.

Gesture Recognition: Some service robots can interpret human gestures, such as pointing or waving, as input commands, allowing for intuitive interaction with users.

Touch screen Interfaces: Robots equipped with touchscreen displays or graphical user interfaces (GUIs) enable users to interact with them using touch-based input methods, such as tapping or swiping.

Task Execution and Manipulation

Manipulation: Service robots equipped with robotic arms or grippers can manipulate objects to perform tasks such as picking up items, placing them in designated locations, or assisting with assembly tasks.

Mobility: Mobile service robots can move autonomously or be teleoperated to navigate within indoor or outdoor environments, allowing them to reach different locations and perform diverse tasks as needed.

Payload Capacity: The payload capacity of a service robot determines its ability to carry and transport objects or equipment, making it suitable for tasks such as delivering goods, serving meals, or transporting medical supplies.





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Data Processing and Decision Making

Onboard Computing: Service robots are equipped with onboard computers or processors to process sensor data, execute control algorithms, and make decisions in real-time.

Machine Learning: Some service robots incorporate machine learning techniques to adapt and improve their performance over time based on experience and feedback from interactions with users and the environment.

Safety and Emergency Features

Collision Avoidance: Service robots employ collision detection and avoidance mechanisms to navigate safely in crowded or dynamic environments, preventing accidents or injuries.

Emergency Stop: Robots are equipped with emergency stop buttons or sensors that allow users or operators to halt their operation in case of emergencies or unexpected situations.

Connectivity and Integration

Network Connectivity: Service robots may be connected to the internet or local networks to access cloud services, receive software updates, or communicate with other devices and systems.

Integration with IoT Devices: Robots can integrate with Internet of Things (IoT) devices and smart home appliances to perform coordinated tasks or provide enhanced services, such as controlling lights, thermostats, or security cameras.

Maintenance and Self-diagnosis

Diagnostic Sensors: Robots incorporate diagnostic sensors and self-check mechanisms to monitor their health status, detect faults or malfunctions, and alert users or maintenance personnel when repairs or servicing are required.

Remote Monitoring: Some robots support remote monitoring and management capabilities, allowing operators to track their status, performance, and usage patterns from a centralized dashboard or management interface.

By employing these working methods and capabilities, service robots can effectively perform a wide range of tasks and provide valuable assistance in diverse service-oriented environments, enhancing efficiency, productivity, and user satisfaction.

Drawbacks of Service Robots In The Industries

Service robots offer promising solutions for enhancing productivity and efficiency in industrial environments, yet they come with several inherent limitations. These include challenges related to the complexity of tasks, adaptability to changing requirements, cost considerations, and safety concerns regarding human-robot interaction. Additionally, achieving true autonomy, seamless integration with existing systems, and ensuring maintenance reliability remain ongoing hurdles. Ethical and social implications, such as job displacement and environmental impact, also warrant careful consideration. Overcoming these limitations requires concerted efforts in research and development, collaboration among stakeholders, and the implementation of robust regulatory frameworks to ensure the safe and responsible deployment of service robots while maximizing their benefits in industrial settings.

CONCLUSION

Despite significant progress, challenges persist in optimizing HRC. Ensuring safety and reliability, understanding human factors and ergonomics, addressing ethical and social implications, and developing scalable and flexible systems remain key areas of focus for researchers and practitioners. In conclusion, human-robot collaboration holds immense promise for transforming industrial and service sectors by leveraging the complementary strengths of humans and robots. By harnessing technological advancements and addressing critical challenges, HRC has the potential to enhance productivity, safety, and user satisfaction, paving the way for a future where humans and robots work together synergistically to achieve common goals. Through continued research, innovation, and collaboration, we can unlock the full potential of human-robot collaboration, ushering in a new era of intelligent automation and human-machine interaction.





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RESEARCH ARTICLE

Impact of Organic Nutrient Management on Nutrients Uptake and Soil Nutrients Availability at Different Growth Stages of Kodo Millet

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ABSTRACT

The present study was carried out at Farmer's Field, Vallampadugai Village, Chidambaram Taluk in Cuddalore District during August – November, 2022 to investigate soil application of bio-compost, consortia bio-fertilizer and foliar spray of panchagavya and fish amino acid on nutrients uptake by kodo millet and nutrients availability in sandy loam soil. The field trial was laid out in Randomized Block Design (RBD) with nine treatments and three replications. The study included nine treatments were T₁- Absolute control, T₂- 100% RDF (44:22:0 kg N: P₂O₅: K₂O ha⁻¹), T₃-Bio-compost @ 10 t ha⁻¹, T₄- T₃+ CBF@ 2 kg ha⁻¹, T₅ -T₃+ PK@3%, T₆-T₃+ FAA@0.5%, T₇-T₃+ CBF@ 2 kg ha⁻¹ +PK@3%, T₈-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ FAA@0.5%, T₇-T₃+ CBF@ 2 kg ha⁻¹ + PK@3%, T₈-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5%, T₉-T₃+PK@3%, T₆-T₃+ CBF@ 2 kg ha⁻¹ + CBF@ 2 kg ha⁻¹, P uptake (9.79 kg ha⁻¹) and K uptake (36.30 kg ha⁻¹) were found to be with T₇. However, lowest N, P and K uptake values were significantly lowest with control (T₁). Application of bio-compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹+PK@3% (T₇) significant effect on soil available N, P and K status at all the stages compared to control. The highest post-harvest soil available N(194 kgha⁻¹), P(11.6 kgha⁻¹) and K(226 kgha⁻¹) status were noticed in

Keywords: Nutrients uptake, soil nutrients availability, kodo millet and organic nutrients





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INTRODUCTION

Kodo millet (*Paspalum scrobiculatum L.*) is a tropical small millet originated in tropical Africa and it has been cultivated in India 3000 years ago. Its grain contains 66.6% carbohydrate, 8.35% protein, 2.4% minerals, 1.45% fat and 2.95% ash. The continuous intake of kodo millet prevents cardiovascular diseases and reducing the blood pressure and high cholesterol (Bunkar *et al.*, 2021). Organic farming is a production system that sustains soil health, ecosystem and people by relaying on ecological processes, biodiversity and natural cycles and adapted to local conditions than use of inputs with adverse effects. It lies in a simple principle of utilizing cheap and local inputs with zero utilization of chemicals (Raghuvaran singh *et al.*, 2021). Bio-compost is a fluffy dark brown to black organic by product of sugarcane juice processing and contains organic nutrients, sugars, wax and other bio-chemical constituents. Consortium bio-fertilizers are eco-friendly, cost effective and renewable sources of plant nutrients that help to maintain long term soil fertility and sustainability. Panchagavya possesses major nutrients *viz.*, N,P,K and micro nutrients and growth hormones *viz.*, IAA and GA required for crop growth (Natarajan , 2007). It is also known to boost immunity and promote plant growth. Fish amino acid is of great value to both plants and microbes because it contains various nutrients and types of amino acids that is essential for the growth and yield of crops. The study aimed to find out the effect of bio-compost, consortium bio-fertilizer, panchagavya and fish amino acid on nutrients uptake by kodo millet and nutrients availability in sandy loam soil.

MATERIALS AND METHODS

The field experiment was carried out at Farmer's Field, Vallampadugai Village, Chidambaram Taluk in Cuddalore District during August- November, 2022 to investigate the effect of soil application of bio-compost, consortia biofertilizer and foliar application of panchagavya and fish amino acid on nutrients uptake by kodo millet and nutrients availability in Typic Ustifluvent soil. The soil of the experimental field was sandy loam in texture, Vertisols in order with the taxonomic classification of Typic Ustifluvent. The pH, EC of the experimental soil were 7.38 and 0.32, respectively. The field experiment consists of nine treatments and three replications in randomized block design (RBD). The treatments were T₁ - Absolute Control: T₂ - 100% RDF: T₃ - Bio-compost @ 10 t ha⁻¹: T₄ - T₃+ CBF@ 2 kg ha⁻¹ 1: T5 - T3+ PK@3% : T6 - T3+ FAA@0.5% : T7 - T3+ CBF@ 2 kg ha⁻¹ + PK@3% : T8 - T3+ CBF@ 2 kg ha⁻¹ + FAA @ 0.5% and T9 - T₃+PK@3%+FAA @ 0.5%. These were imposed randomly on the plots in each replication. The recommended dose of fertilizers (44:22:0 kg N: P₂O₅: K₂O ha⁻¹) were applied to the field through Urea, SSP and MOP, respectively. The full dose of nitrogen and phosphorus were given as basal. Based on treatments, bio-compost @ 10 t ha-1, consortia biofertilizer@ 2 kg ha-1 were applied one week before sowing. As per the treatment schedule, panchagavya@3% and fish amino acid @ 0.5% sprayed twice (30 DAS and 60 DAS) during vegetative and reproductive stages of kodomillet. The kodo millet cv. CO-3 seeds were treated with consortia bio- fertilizer @ 600 g ha-1 and sown with the spacing of 45x10 cm. The plant protection measures were taken with neem seed kernel extract. The test crop was grown with standard cultural practices. The effect of treatments on nutrients uptake and soil nutrients availability at different growth stages of kodomillet were analyzed with standard procedures and recorded.

RESULTS AND DISCUSSION

NUTRIENTS UPTAKE

Nitrogen uptake (kg ha⁻¹)

The data pertaining to nitrogen, phosphorus and potassium uptake by kodo millet as influenced by soil application of bio compost, consortia bio fertilizer and foliar spray of panchagavya and fish amino acid was significant and given in table 1. At 35 DAS, application of bio compost@10 t ha⁻¹ +CBF@2 kg ha⁻¹ +PK@3% (T7) recorded highest nitrogen uptake of 13.39 kg ha⁻¹. This was followed by T₈ -Bio compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + FAA @ 0.5% (12.18 kg ha⁻¹) and T₉ (bio compost @10 t ha⁻¹+PK@3% +FAA @ 0.5%) (11.85 kg ha⁻¹) which were on par. The treatments





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 T_2 , T_5 and T_6 registered nitrogen uptake of 10.61, 9.42 and 9.35 kg ha⁻¹, respectively. However lowest nitrogen uptake of 4.81 kg ha⁻¹ was found to be with control (T_1).

At 70 DAS, significantly highest nitrogen uptake by kodo millet was 35.70 kg ha⁻¹ found to be with bio compost@10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + PK@3% (T₇). It was followed by 32.02 and 31.35 kg ha⁻¹ were found to be with T₈ (Bio - compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + FAA @ 0.5 %) and T₉ (Bio - compost @10 t ha⁻¹+PK@3% +FAA @ 0.5%). Application of 100% RDF (44:22:0 kg N: P₂O₅: K₂O ha⁻¹) registered nitrogen uptake of 27.71 kg ha⁻¹ respectively. However, control (T₁) recorded lowest nitrogen uptake (10.25 kg ha⁻¹).

At harvest stage, highest nitrogen uptake of 17.11 kg ha⁻¹ by grain was recorded with T₇ which received bio - compost@10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + PK@3%.This was followed by T₈,T₉, T₂, T₅ and T₆ registered grain nitrogen uptake of 15.68,15.19, 13.80, 12.33 and 12.14 kg ha⁻¹, respectively. The treatments Tsand T₉and T₅ and T₆ were on par. However, least nitrogen uptake (7.05 kg ha⁻¹) was observed under control (T₁) which was received no organic and inorganic nutrients sources. At harvest stage, nitrogen uptake (34.86 kg ha⁻¹) by straw was found to be superior with application of bio compost@10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + PK@3% (T₇). It was followed by 31.72 and 31.19 kg ha⁻¹ were found to be with T₈ (Bio compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + FAA @ 0.5 %) and T₉ (Bio compost @10 t ha⁻¹ + PK@3% + FAA @ 0.5%). Application of 100% RDF (44:22:0 kg N: P₂O₅: K₂O ha⁻¹) registered nitrogen uptake by straw was 28.08 kg ha⁻¹. However, control (T₁) recorded lowest nitrogen uptake of 12.24 kg ha⁻¹. This might be due to the application of bio-compost which had higher content of nitrogen to be mineralized and made available for the crop uptake. This is confirmed with the findings of Sharma *et al.* (2017). The increased nutrient uptake might be also due to more accumulation of dry matter with increased plant population and crop geometry. The presence of chemolithotrophs and autotrophic nitrifiers in panchagavya, which colonize the leaves, enhanced ammonia uptake and increased the total nitrogen uptake by kodo millet (Papen, 2002).

Phosphorous uptake (kg ha⁻¹)

Similar to nitrogen uptake, phosphorus uptake by kodo millet also showed significant differences among treatments. At 35 DAS, application of bio compost@10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ +PK@3% (T₇) recorded highest phosphorous uptake of 4.24 kg ha⁻¹. This was followed by T₈- Bio compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + FAA @ 0.5 % (3.87 kg ha⁻¹) and T₉ (Bio compost @10 t ha⁻¹+PK@3% +FAA @ 0.5%) (3.73 kg ha⁻¹) which were on par. The treatments T₂, T₅ and T₆ registered phosphorous uptake of 3.35, 2.95 and 2.86 kg ha⁻¹, respectively. However lowest phosphorous uptake of 1.53 kg ha⁻¹ was found to be with control (T₁). At 70 DAS significantly highest phosphorous uptake by kodo millet 10.64 kg ha⁻¹ was found to be with Dio compost@10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + PK@3% (T₇). It was followed by 9.58 and 9.52 kg ha⁻¹ were found to be with T₈ and T₉. However, control (T₁) recorded lowest phosphorous uptake (3.24 kg ha⁻¹). At harvest stage, highest phosphorous uptake by grain was 4.60 kg ha⁻¹found to be with T₇. This was followed by T₈, T₉, T₂, T₅ and T₆ were on par. However, least phosphorous uptake by grain (1.71 kg ha⁻¹) was observed under control (T₁). At harvest stage, phosphorous uptake by grain (1.71 kg ha⁻¹) was observed under control (T₁). At harvest stage, phosphorous uptake by grain were 4.21,4.17, 3.75, 3.34 and 3.27 kg ha⁻¹, respectively. The treatments T₈ and T₉; T₅ and T₆ were on par. However, least phosphorous uptake by grain (1.71 kg ha⁻¹) was observed under control (T₁). At harvest stage, phosphorous uptake by straw (9.79 kg ha⁻¹) was found to be superior with application of bio compost@10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + PK@3% (T₇). It was followed by 8.96 and 8.79 kg ha⁻¹

This increased phosphorus uptake might be due to increased dry matter, yield as well as P content. The higher uptake of nutrients might have attributed to greater DMP and better root growth (<u>Dhananivetha, 2016</u>). This increase might be also due to the favourable influence in reducing the fixation of P and subsequently enhancing the dry matter production. The orthophosphate ion might have converted from $PO_{4^{3-}}$ to $HPO_{4^{2-}}$ for short periods which resulted in increased concentration of P in plant. These results are in accordance with the observation of <u>Tilahun *et al.*</u> (2013).





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Potassium uptake (kg ha⁻¹)

Among the various treatments tried, at 35 DAS, application of bio compost@10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ +PK@3% (T₇) recorded highest potassium uptake of 14.57 kg ha⁻¹. This was followed by Ts(13.21 kg ha⁻¹) and T₉ (12.75 kg ha⁻¹)were on par. The treatments T₂, T₅ and T₆ registered potassium uptake of 5.36, 11.27 and 10.88 kg ha⁻¹ respectively. However lowest potassium uptake of 4.98 kg ha⁻¹ was found to be with control (T₁). At 70 DAS, significantly highest potassium uptake of 11.45 kg ha⁻¹.

At harvest stage, highest potassium uptake by grain was 17.94 kg ha⁻¹ recorded in the treatment T₇ which was received bio compost@10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ +PK@3%.This was followed by T₈ ,T₉, T₂, T₅ and T₆ registered potassium uptake by grain were 16.59,16.31, 8.83, 14.87 and 14.59 kg ha⁻¹, respectively. However, least potassium uptake by gain (8.04 kg ha⁻¹) was observed under control (T₁). At harvest stage, potassium uptake by straw (36.30 kg ha⁻¹) was found to be superior with application of bio compost@10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ +PK@3% (T₇). However, control (T₁) recorded lowest potassium uptake (16.20 kg ha⁻¹). The higher K uptake might be due to faster rate of mineralization and greater utilization of nutrients through use of bio-compost. The higher potassium uptake with bio-compost might be attributed to solubilisation of native nutrients, chelation complex of intermediate organic molecules produced during decomposition of added manures with nutrients their mobilization and accumulation of nutrients in different plant parts (Chesti *et al.*, 2015)

SOIL NUTRIENTS AVAILABILITY

Soil available nitrogen (kg ha⁻¹)

The data on soil available nitrogen status recorded at various growth stages (35, 70 DAS and at harvest stage) as influenced by different combinations of organic nutrient sources *viz.*, bio - compost, consortia bio - fertilizer, panchagavya and fish amino acid are presented in table 2. At 35 DAS, significantly highest soil available nitrogen status of 242 kg ha⁻¹ was recorded with application of bio-compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + PK@3% (T₇). The second highest soil available nitrogen status of 238 kg ha⁻¹ was observed with T₈. It was on par with application of bio-compost +PK@3%+FAA @ 0.5% (T₉) registered soil available nitrogen status of 235 kg ha⁻¹. However, lowest value of 210 kg ha⁻¹ was observed under control (T₁)

At 70 DAS, soil available nitrogen status ranged from 185 to 220 kg ha⁻¹. Application of bio-compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + PK@3% (T₇) significantly increased soil available nitrogen status of 220 kg ha⁻¹ over control recorded lowest soil available nitrogen status of 185 kg ha⁻¹. At harvest stage, available nitrogen status range between 164 to 194 kg ha⁻¹. The highest soil available nitrogen status (194 kg ha⁻¹) was noticed in T₇ whereas lowest (164 kg ha⁻¹)was observed in T₁ (control). Application of bio-compost + CBF@ 2 kg ha⁻¹ + FAA @ 0.5% (T₈) and bio compost + PK@3%+FAA @ 0.5% (T₉) registered soil available nitrogen status of 190 and 186 kg ha⁻¹, respectively. The higher microbial activity facilitates the conversion of organically bound nitrogen to inorganic nitrogen, consistent with the findings of Mairan and Dhawan (2018) and Yogananda(2019). The highest soil nitrogen availability could be attributed to the favourable environment for soil organisms involved in nitrogen transformation with bio-compost (Yang *et al.*, 2013).

Soil available phosphorus (kg ha⁻¹)

At 35 DAS, significantly highest soil available phosphorus status of 14.9 kg ha⁻¹ was recorded with T₇. The second highest phosphorus status of 14.0 kg ha⁻¹ was observed with T₈. It was on par with T₉ registered phosphorus status of 13.8 kg ha⁻¹. However, lowest soil available phosphorus status of 9.2 kg ha⁻¹ was observed under control (T₁) At 70 DAS, soil available phosphorus status ranged from 7.7 to 12.7 kg ha⁻¹. Application of bio-compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹+PK@3% (T₇) significantly increased soil available nitrogen status of 12.7 kg ha⁻¹ over control (12.7 kg ha⁻¹).

At harvest, lowest soil available phosphorus status of 7.1 kg ha⁻¹ was found to be with control (T₁). Whereas, highest soil available phosphorus status of 11.6 kg ha⁻¹ was observed in T₇. The treatments T₈ and T₉ registered soil available





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phosphorus status of 11.2 and 11.0 kg ha⁻¹, respectively. Addition of bio-compost enhanced the available phosphorus results in mineralization of organic phosphates and the generation of organic acids through microbial decomposition of bio-compost contribute to the solubilization of native soil phosphates and organic amines, thereby inhibiting phosphorus (P) fixation in the soil. Similar results were observed by Roy (2018).

Soil available potassium (kg ha⁻¹)

At 35 DAS, significantly maximum soil available potassium status of 269 kg ha⁻¹ was recorded with application of bio-compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + PK@3% (T₇). The second highest soil available potassium status of 261 kg ha⁻¹ was observed with T₈- Bio-compost + CBF@ 2 kg ha⁻¹ + FAA @ 0.5%). It was on par with application of bio-compost +PK@3%+FAA @ 0.5% (T₉) (256 kg ha⁻¹). At 70 DAS, soil available potassium status ranged from 225 to 252 kg ha⁻¹. Application of bio-compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + PK@3% (T₇) significantly increased soil available potassium status of 252 kg ha⁻¹compared to control (225 kg ha⁻¹).

At harvest, bio-compost @10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ +PK@3% (T₇) showed highest soil available potassium status (226 kg ha⁻¹). The treatments T₈, T₉ and T₄ registered soil available potassium status of 221, 220 and 219 kg ha⁻¹, respectively were statistically on par with each other. However, lowest (202kg ha⁻¹) was found to be with T₁. The incorporation of bio-compost reduced potassium fixing, leading to the eventual release of potassium. Additionally, the crops potassium demand was partially met by the potassium compounds released during decomposition. The applied and released potassium contributed to an increase in accessible potassium in the soil. These findings supports with studies conducted by Krishnamurthy *et al.* (2020).

CONCLUSION

Among the different organic nutrient sources tried in the present investigation, the combination of soil application of bio-compost, consortia bio-fertilizer and foliar spray of panchagavya and fish amino acid (T₇) significantly increased NPK uptake by kodo millet all the growth stages compared to control. The same treatment (T₇) Bio-compost @ 10 t ha⁻¹ + CBF@ 2 kg ha⁻¹ + PK@3% significantly enhanced soil fertility status with respect to nitrogen, phosphorus and potassium availability in sandy loam soil.

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 Table 1: Effect of organic nutrient management on nitrogen, phosphorus and potassium uptake (kg ha-1) by kodo millet cv. CO3 at different growth stages

| | | N | N uptake (kg ha -1) | | | | P uptake (kg ha -1) | | | | | Harvest | |
|----------------|---|-------|---------------------|---------|-------|------|---------------------|---------|-------|-------|-------|---------|-------|
| T. No. | . Treatment Details | 35 | 70 | Harvest | | 35 | 70 | Harvest | | 35 | 70 | Harvest | |
| | | DAS | DAS | Grain | Straw | DAS | DAS | Grain | Straw | DAS | DAS | Grain | Straw |
| T 1 | Control | 4.81 | 10.25 | 7.05 | 12.24 | 1.53 | 3.24 | 1.71 | 4.23 | 4.98 | 11.45 | 8.04 | 16.20 |
| T2 | 100% RDF | 10.61 | 27.71 | 13.80 | 28.08 | 3.35 | 8.43 | 3.75 | 7.98 | 5.36 | 12.58 | 8.83 | 16.64 |
| Тз | Bio-compost @ 10 t ha-1 | 6.59 | 15.37 | 9.03 | 16.98 | 2.05 | 5.11 | 2.43 | 5.52 | 7.66 | 16.99 | 11.86 | 20.29 |
| T4 | T ₃ + CBF@ 2 kg ha ⁻¹ | 8.01 | 19.33 | 10.61 | 20.04 | 2.43 | 6.20 | 2.81 | 6.30 | 9.34 | 21.34 | 13.21 | 23.64 |
| T 5 | T ₃ + PK@3% | 9.42 | 23.98 | 12.33 | 24.85 | 2.95 | 7.36 | 3.34 | 7.20 | 11.27 | 26.72 | 14.87 | 28.29 |
| T ₆ | T ₃ + FAA@0.5% | 9.35 | 23.19 | 12.14 | 23.71 | 2.86 | 7.28 | 3.27 | 7.09 | 10.88 | 25.62 | 14.59 | 27.12 |
| T 7 | T ₃ + CBF@ 2 kg ha ⁻¹ + PK@3% | 13.39 | 35.70 | 17.11 | 34.86 | 4.24 | 10.64 | 4.60 | 9.79 | 14.57 | 37.14 | 17.94 | 36.30 |
| T8 | T3+ CBF@ 2 kg ha-1 + FAA @ 0.5% | 12.18 | 32.02 | 15.68 | 31.72 | 3.87 | 9.58 | 4.21 | 8.96 | 13.21 | 32.86 | 16.59 | 32.90 |
| Т9 | T ₃ +PK@3% +FAA @ 0.5% | 11.85 | 31.35 | 15.19 | 31.19 | 3.73 | 9.52 | 4.17 | 8.79 | 12.75 | 30.93 | 16.31 | 31.67 |
| S.Ed | | 0.524 | 1.601 | 0.264 | 1.41 | 0.18 | 0.50 | 0.16 | 0.07 | 0.601 | 1.891 | 0.574 | 1.468 |
| CD (P = 0.05) | | 1.154 | 3.524 | 0.582 | 3.08 | 0.40 | 1.11 | 0.36 | 0.16 | 1.324 | 4.161 | 1.263 | 3.23 |

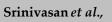
Table 2: Effect of organic nutrient management on soil available nitrogen, phosphorus and potassium status(kgha-1) at different growth stages of kodo millet *cv*. CO3

| T. No. | Treatment Details | Soil Available N (kg ha ⁻¹) | | | Soi | l Availab (Kg ha ⁻¹) | - | Soil Available K (Kg ha ⁻¹) | | |
|----------------|--|--|-----------|---------|-----------|-------------------------------------|---------|--|-------|---------|
| | | 35 DAS | 70 DAS | Harvest | 35 DAS | 70 DAS | Harvest | 35 DAS | 70DAS | Harvest |
| T_1 | Absolute Control | 210 | 185 | 164 | 9.2 | 7.7 | 7.1 | 237 | 225 | 202 |
| T ₂ | 100% RDF | 222 | 196 | 170 | 11.7 | 9.7 | 8.6 | 239 | 228 | 205 |
| Тз | Bio-compost @ 10 t ha ⁻¹ | 228 | 208 | 178 | 13.1 | 11.3 | 10.1 | 250 | 235 | 211 |
| T_4 | T3+ CBF@ 2 kg ha-1 | 233 | 214 | 184 | 13.9 | 12.0 | 11.0 | 255 | 241 | 219 |
| T5 | T3+ PK@3% | 230 | 210 | 180 | 13.0 | 11.0 | 10.3 | 252 | 238 | 214 |
| T ₆ | T3+ FAA@0.5% | 229 | 209 | 179 | 12.9 | 11.1 | 10.2 | 251 | 236 | 213 |
| T7 | T3+ CBF@ 2 kg ha ⁻¹ + PK@3% | 242 | 220 | 194 | 14.9 | 12.7 | 11.6 | 269 | 252 | 226 |





| T8 | T3+ CBF@ 2 kg ha ⁻¹ + FAA @ 0.5% | 238 | 215 | 190 | 14.0 | 12.3 | 11.2 | 261 | 246 | 221 |
|---------------|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| T9 | T3 + PK @ 3% +FAA @ 0.5% | 235 | 211 | 186 | 13.8 | 12.1 | 11.0 | 256 | 242 | 220 |
| S.Ed | | 1.433 | 1.640 | 1.449 | 0.259 | 0.135 | 0.159 | 2.14 | 2.023 | 1.655 |
| CD (P = 0.05) | | 3.154 | 3.610 | 3.189 | 0.571 | 0.297 | 0.351 | 4.721 | 4.452 | 3.641 |







RESEARCH ARTICLE

Study on Genotoxic Potential of Commonly used Herbicide on *Clarias* batrachus

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ABSTRACT

The genotoxic potential of the herbicide CuSO₄ was assessed using the micronucleus assay in *Clarias batrachus*. Two different methods were employed: intraperitoneal administration of three doses (1.5, 3.0, and 4.5 mg/kg body weight) and exposure to varying concentrations (15, 25, and 35 ppm) of copper sulfate in laboratory aquaria. Peripheral blood smears were stained with 15 to 20% Giemsa solution (pH=7.0). In addition to micronuclei, the chemical induced various nuclear and cytoplasmic abnormalities. The research revealed that elevated levels of CuSO₄ had a noticeable effect on the biological specimens of *Clarias batrachus*. This species is prevalent in various freshwater environments, including ponds, ditches, wetlands, and rice fields, especially within the region of Odisha, India. The widespread application of pesticides containing CuSO₄ in agricultural practices poses substantial hazards to *C. batrachus*, a species vital for preserving aquatic biodiversity. Distinctively, the investigation unveiled the adverse consequences of heightened CuSO₄ concentrations on *Clarias batrachus* specimens. This species, indigenous to fresh water ecosystems such as ponds, ditches, wetlands, and rice fields in Odisha, India, faces considerable jeopardy due to the indiscriminate utilization of CuSO₄-based pesticides in agriculture. This underscores the critical role of *C. batrachus* in upholding the ecological balance of aquatic habitats.

Keywords: *Clarias batrachus,* copper sulphate, micro nucleus assay, genotoxic potential, peripheral blood smear.





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INTRODUCTION

The previous three to four decades have seen a great expansion of the chemical industries due to various industrial development initiatives, as evidenced by the invention of numerous new chemical products and their growing application. These substances, which might be simple or complex and can be found in nature or synthetic materials, contaminate our food, water, and air when they are released into the environment. These substances may have negative effects on other living things that impact the ecosystem, which eventually puts human health and wellbeing in jeopardy. Ninety to ninety-five percent of all sewage and seventy percent of all industrial wastes are disposed of untreated into surface waters in underdeveloped nations (UNFPA, 2001). The potential of crop loss from agricultural pests grows as there is a limited supply of arable land to serve the world's growing population. Consequently, pesticides are now a necessary part of contemporary farming. Toxic chemicals known as pesticides are purposefully released into the environment to suppress unwanted organisms of all kinds. Many different pesticides are used to control pests, such as weeds, insects, mites, and nematodes, in the agricultural sector, industry, households, and public health and safety. The necessity for bio-monitoring terrestrial and aquatic ecosystems is urgent because of the rising environmental exposure to these agents, particularly in areas where chemical pollution is a problem. [Silva et al., 2003; Matsumoto et al., 2003 and 2005; Mitchelmore and Chipman, 1998; Avishai et al., 2002]. Genotoxicity is a harmful process that tampers with a cell's genetic material, compromising its integrity [Environ Health Perspective, 1996; WHO, 1997]. It is well known that a number of genotoxic substances are mutagenic and carcinogenic, particularly those that have the ability to cause genetic mutation and to have an impact on the growth of human tumors or cancers [Hayashi et al., 1998; Fagr et al., 2008; Shugart, 1988; Black et al., 1983; Hose, 1985; Baumann and Mac, 1988; Hose et al., 1984]. These include specific chemical substances such as microbiological toxins [Environ Health Perspect, 1996] and heavy metals [Matsumoto et al., 2005; Igwilo et al., 2006; Matsumoto, 2003; Pruski and Dixon, 2002]. It has been demonstrated that a number of insecticides may be genotoxic to various freshwater fish. In Clarias batrachus, acephate results in nuclear abnormalities and damage to DNA [Jagyanseni et.al, 2022]. In Heteropneustes fossilis, acephate damages DNA and modifies hematological parameters [Jagyanseni et al., 2023]. Fish hematological characteristic evaluation has grown in importance as a tool for evaluating both normal and abnormal procedures and toxicological effects [Sudova, et al., 2009]. In Channa punctatus, a lower RBC and Hb concentration was generated by a sub lethal dose of CuSO4 compared to the control group. Following treatment with varying concentrations of CuSO₄, it was noted that the amount of RBC in C.macropomum decreased [Gryphon et al., 1999]. The current study's objective was to assess, using a micronucleus assay, the genotoxic effects of copper sulphate on the freshwater fish Clarias batrachus.

MATERIALS AND METHODS

Test Chemical: The study employed high-quality copper sulfate CuSO₄, 5H₂O, with a purity of 99%, sourced from Fine-chem. (India) Ltd. Glass double-distilled (g.d.d) water served as the solvent in the experimentation process.

Dose: Intraperitoneal (i.p.) administration of three different doses (1.5, 3.0, and 4.5 mg/kg body weight) to *Clarias batrachus* was conducted. Additionally, another set of experiments involved exposure to 15, 25, and 35 ppm of copper sulfate in laboratory aquaria.

Experimental animal: Live *Clarias batrachus* weighing between 30 to 50 grams were obtained from local suppliers in Cuttack district. Before initiating any chemical treatments, these fish underwent a period of acclimatization to laboratory conditions. During this phase, they were housed in glass aquaria containing 30 liters of dechlorinated tap water for 5 to 6 days. The fish were provided with commercial fish food twice daily, and the aquarium water underwent aeration and daily replacement to uphold the desired physio-chemical parameters. These parameters included a temperature range of 28°C, a pH level between 6.8 and 7.05, and dissolved oxygen levels between 6.5 and 7.3 mg/L. Regular maintenance of the aquaria ensured the removal of left over feed, waste, and any deceased organisms to minimize stress and prevent contamination.





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TIME: Blood smear slides for analysis were prepared at intervals of 24, 48, and 72 hours following exposure to the chemicals.

Experimental Protocol: Four fish individuals were allocated to each treatment group for both intraperitoneal and dermal administrations. Peripheral blood smear slides were prepared from blood collected via caudal incision at 24, 48, and 72- hour intervals. Thin smears of peripheral blood were made on clean, grease- free slides, fixed in absolute methanol, stained with Giemsa solution, and examined under oil immersion. Micronuclei, non-refractile particles resembling nuclei but of smaller size, were scored from 4000 erythrocytes per specimen. Micronuclei in *Clarias batrachus* varied in size from 1/5 to 1/28th of the main nucleus.

RESULTS AND DISCUSSION

General Toxicity: After administration of the chemical by injection (mg/kg) or whole body exposure to different concentrations (ppm), no external toxicity symptoms were marked.

Qualitative: The location and size of micronuclei varied from cell to cell. In general one micronucleus per cell was recorded. Micronuclei were mostly dot shaped and range from 1/5 to 1/28th (*C. batrachus*) of the principal nucleus. Throughout the entire course of investigation both small and large size MN were observed in the treated individuals. Besides the induction of micronuclei, several other types of nuclear anomalies such as sickle shaped, thinning in mid region of nuclei and enucleated cells were also recorded.

Quantitative: In *C. batrachus* following i.p. treatment the frequency of micronuclei (MN) induced by two higher doses (0.3, 4.5mg/kg) increased significantly from respective controls (Table1) [*P<0.05,**P<0.01 (Student's t-test)]. Further, significant variations were also observed in dose response analysis (F=8.32;d.f.=36.3;**P<0.01). Moreover, a linear increase in the frequency of micronuclei with doses was marked (b=0.008;r=0.987;**P<0.01). However, no significant variation was observed in time response analysis [F=2.20;d.f.=36.2;P>0.05](ANOVA).

In dermal exposure experiment in *C. batrachus* the frequency of MN induced by two higher doses(25,35ppm) increased significantly from respective controls (Table 2), significant increase in the incidence of MN was observed in all treated groups after 48 and 72 hrs of exposure [*P<0.05; ** P<0.01 ; (Student's t-test)]. Further significant increase were also marked for different doses (F=8.44;d.f.=36.3;**P<0.01). However, no significant variation was observed in time response analysis (F=1.12; d.f. =36.2; **P<0.05) (ANOVA). Moreover, a linear increase in the frequency of micronuclei with dose was observed (b=0.063; r=0.983;*P<0.01)

CONCLUSION

The research clearly demonstrated the clastogenic impact of copper sulfate on *Clarias batrachus*, raising significant concerns regarding potential health risks for humans and other aquatic organisms reliant on aquatic ecosystems and its agricultural use. Variation in micro nuclei rates across species and toxic agents suggests a correlation with toxin chemical kinetics and hemopoietic cycle speed. Genotoxic pollutants have been linked to gene mutations, posing a threat to future generations if left unchecked. While fish are often the first casualties, humans are also at risk. Peripheral blood sampling is an effective method for bio-monitoring projects, allowing multiple samples to be collected from the same individuals without sacrificing them. Further investigations using diverse test systems are necessary to reconcile contradictory findings regarding the chemical's effects .Conducting micro nuclei tests in fish erythrocytes at different intervals would enable monitoring changes in micronuclei frequencies over time.

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| Table 1: The occurrence | of micro | nucleated | peripheral | blood | cells | in | Clarias | batrachus | fish | injected |
|-----------------------------|--------------|-------------|------------|-------|-------|----|---------|-----------|------|----------|
| intraperitoneally with copp | er sulfate (| CuSO4, 5H2C |) | | | | | | | |

| Dose(mg/kg) | Time(hrs) | No. of MN | ‰ aberration ± S.E. | No. o fNA | ‰ aberration ±S.E |
|-------------|-----------|-----------|---------------------|-----------|-------------------|
| | 24 | 2 | 0.11±0.06 | 2 | 0.18±0.07 |
| Control | 48 | 2 | 0.12±0.07 | 2 | 0.17±0.08 |
| | 72 | 3 | 0.17±0.08 | 3 | 0.14±0.07 |
| | 24 | 4 | 0.24±0.11* | 4 | 0.18±0.13 |
| 1.5 | 48 | 5 | 0.31±0.08* | 5 | 0.25±0.11 |
| | 72 | 4 | 0.35±0.07* | 5 | 0.32±0.07 |
| | 24 | 6 | 0.36±0.07** | 4 | 0.26±0.12 |
| 3 | 48 | 6 | 0.38±0.08** | 5 | 0.32±0.06 |
| | 72 | 6 | 0.39±0.07* | 5 | 0.31±0.07 |
| | 24 | 6 | 0.38±0.08** | 3 | 0.19±0.06 |
| 4.5 | 48 | 7 | 0.44±0.07** | 5 | 0.32±0.07 |
| | 72 | 9 | 0.56±0.13** | 6 | 0.34±0.08 |

Results are mean $\% \pm$ S.E of four fish.

Result is significantly different from the control at *P<0.05,**P<0.01(Student's t-test)16000 cells were scored for each point (4000/fish)

Table2: The occurrence of micro nucleated peripheral blood cells in *Clarias batrachus* fish exposed to water contaminated with CuSO₄, 5H₂O.

| Dose(ppm) | Time(hrs) | No. of MN | ‰ aberration ± S.E. | No. of NA | ‰ aberration ± S.E |
|-----------|-----------|-----------|---------------------|-----------|--------------------|
| | 24 | 2 | 0.11±0.06 | 2 | 0.18±0.08 |
| Control | 48 | 3 | 0.11±0.06 | 2 | 0.18±0.07 |
| | 72 | 3 | 0.15 ± 0.08 | 3 | 0.14±0.06 |
| | 24 | 4 | 0.24±0.11* | 4 | 0.23±0.09 |
| 15 | 48 | 6 | 0.32±0.07* | 5 | 0.32±0.06 |
| | 72 | 6 | 0.32±0.08* | 5 | 0.32±0.08 |
| | 24 | 5 | 0.30±0.09** | 5 | 0.32±0.07 |
| 25 | 48 | 6 | 0.37±0.08** | 5 | 0.38±0.07 |
| | 72 | 8 | $0.44 \pm 0.11^*$ | 6 | 0.38±0.07 |
| | 24 | 4 | 0.32±0.07** | 5 | 0.32±0.09 |
| 35 | 48 | 6 | 0.41±0.08** | 5 | 0.36±0.08 |
| | 72 | 8 | 0.54±0.13** | 7 | 0.37±0.08 |





RESEARCH ARTICLE

Assessment of Sleep Quality among the Patients Attending the Gastroenterology Department

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ABSTRACT

To evaluate the quality of sleep among the patients with various gastrointestinal disorders. Sleep quality was assessed by using Pittsburg Sleep Quality Index (PSQI) scale among the patients with gastro intestinal disorders. Patients who were willing to participate in the study with age above 18 years, who were diagnosed with gastrointestinal disorders like inflammatory bowel syndrome (IBS), inflammatory bowel disease (IBD), peptic ulcer disease (PUD), gastro esophageal reflux disease (GERD), Chron's disease (CD), functional dyspepsia (FD), acute & chronic gastritis, gastro-paresis, gastric and duodenal erythemias were included in the study. Patients with chronic debilitating diseases such as cancer, hepatic, renal & cardiac diseases, past history of psychiatric illness and sleep disorders were excluded from the study. The sleep component scores are added to yield a total score ranging from 0 to 21 with the higher total score (referred to as global score) indication of poor sleep quality or worse sleep quality. A global PSQI score over 5 indicates poor sleep relative to clinical and laboratory measures, and higher scores indicate poorer sleep quality. A total of 193 gastrointestinal disorder patients were participated in the study and among them 109 (56.5%) were found to be males and 84 (43.5%) were found to be females. In this study, most of the study participants were observed in the age group 31-40 years (26.9%) followed by 21-30 years (23.8%). Most of the study participants were observed with erosive gastritis (20.7%) followed by GERD (19.2%).





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participants were suffering from various GI related issues with duration of more than 1-5 years (40.9%). In this study, most of the study participants were observed with poor sleep quality (81.9%) followed by good sleep quality (18.1%). In this study, about 81.9% of the study participants were observed with poor sleep quality and only 18.1% of the study participants were observed with good sleep quality. Erosive gastritis, GERD and gastric & duodenal ulcers were the most commonly observed gastrointestinal disorders. Clinical pharmacists in association with the other health care professionals should take the responsibility in creating the awareness regarding the good sleep quality index by taking thenecessary precautions in dealing the various GI disorders thereby improving the sleep quality index which may impact the health related quality of life of the patients.

Keywords: Clinical Pharmacist, Gastrointestinal disorders, Pittsburg Sleep Quality Index.

INTRODUCTION

Sleep disturbances includes a numerous types of disorders such as narcolepsy, sleep apnea, insomnia, hypersomnia, circadian rhythm sleep-wake disorders & parasomnia, cataplexy and movement problems associated with sleep [1,2]. A lot of individuals struggle with sleep disorders, among them insomnia is one of the most prevalent disorder [3]. The American Psychiatric Association states that, 10-20% of patients complain to their primary care physician about their severe sleep related problems [4]. In another previous research, about 16.6% of patients with 50 years of age or older, nocturnal sleep issues were reported [5]. The incidence of sleep disruptions increases with age. In geriatrics, most of them were observed to be with sleep related illness and are not satisfied with their sleep quality [6]. Various functional changes in the gastrointestinal (GI) tract have been reported during the sleep or due to disturbed sleep. These changes include increased transient relaxations of the lower esophageal sphincter which aggravates gastroesophageal reflux [7] & motor abnormalities in the upper GI tract and small bowel. Trouble sleeping has also been linked to visceral hypersensitivity [8-10].

Patients suffering from various gastrointestinal illnesses such as irritable bowel syndrome (IBS), functional dyspepsia (FD), inflammatory bowel disease (IBD) and gastro esophageal reflux disease (GERD) are most frequently observed with poor quality of sleep [11-14]. According to community-based cohort studies, poor sleep quality is stated in 68% of people with GERD, 77% of people with active IBD and 49% of people with inactive IBD [15, 16]. According to other studies, 30–60% of IBS patients and 68% of FD patients were also reported with trouble sleeping, feeling tired throughout the day or both [17-21]. The Pittsburgh Sleep Quality Index, a psychological or behavioral concept is considered as one of the most reliable assessment for evaluating sleep quality of life of GI patients have been demonstrated to be significantly impacted by poor sleep quality [20, 22]. Exhaustion and sleeping during the daytime are the most annoying extra-intestinal symptoms that are linked to inflammatory bowel syndrome (IBS) and inflammatory bowel disease (IBD) [17, 23]. In some of the studies along with inadequate sleep or poor sleep quality, the GI symptoms are also reported the following day [24, 25] which can also be associated with chronic pain disorders such as elevated hyperalgesia and inflammation [26-29].

In the patients with gastrointestinal disorders, self reported sleep problems were not clearly defined whereas the majority of sleep related research was focused on the IBS and functional problems. So, there is a necessity to know how sleep features vary in different GI disorders. Therefore, in this study we attempted to evaluate the quality of sleep among the patients with various gastrointestinal disorders.

MATERIALS AND METHODS

This is a prospective study conducted for a period of 6 months with a study-population of 193 members, at Sri Hasitha Gastro and Diabetes hospital, Rajahmundry. Data was collected after getting the ethical committee approval





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and also the approval from the above mentioned hospital there by strictly considering the inclusion and exclusion criteria of the study. In patients with gastro intestinal disorders, sleep quality was assessed by using Pittsburg Sleep Quality Index (PSQI) scale. The patients visited to the hospital were enrolled in the study by considering the study criteria after taking their consent to participate in the study. Patients who were willing to participate in the study with an age of above 18 years, who were diagnosed with gastrointestinal disorders like inflammatory bowel syndrome (IBS), inflammatory bowel disease (IBD), peptic ulcer disease (PUD), gastro esophageal reflux disease (GERD), Chron's disease (CD), functional dyspepsia (FD), acute & chronic gastritis, gastro-paresis, gastric and duodenal erythemias were included in the study. Patients with chronic debilitating diseases such as cancer, hepatic, renal & cardiac diseases, past history of psychiatric illness and sleep disorders were excluded from the study. In this study, Pittsburg Sleep Quality Index Questionnaire was used to assess the sleep quality. There are seven components and each of the sleep components yields a score ranging from 0 to 3, with 3 indicating the greatest dysfunction. The total score is obtained by adding the sleep component scores, which can range between 0-21. Global score of PSQI greater than 5 represents the poor sleep quality related to the clinical or the laboratory parameters [30].

RESULTS AND DISCUSSION

A total of 193 gastrointestinal disorder patients were participated in the study and among them 109 (56.5%) were found to be males and 84 (43.5%) were found to be females. In this study, most of the study participants were observed in the age group 31-40 years (26.9%) followed by 21-30 years (23.8%). Majority of the study participants were found to be married (85%) followed by unmarried (15%). In this study, most of the study participants were non-smokers (75.1%) and non-alcoholics (79.3%). Majority of the study participants were educated and more than half of the study participants were observed with full time employment (55.5%).

Most of the study participants were observed with erosive gastritis (20.7%) followed by GERD (19.2%). Majority of the study participants were suffering from various GI related issues with duration of more than 1-5 years (40.9%). In this study, most of the study participants were observed with poor sleep quality (81.9%) followed by good sleep quality (18.1%). Categorization of the study participants based on the sleep quality index among various gastro intestinal disorders was tabulated in table 3.

CONCLUSION

In this study, about 81.9% of the study participants were observed with poor sleep quality and only 18.1% of the study participants were observed with good sleep quality. Erosive gastritis, GERD and gastric & duodenal ulcers were the most commonly observed gastrointestinal disorders. Clinical pharmacists in association with the other health care professionals should take the responsibility in creating the awareness regarding the good sleep quality index by taking thenecessary precautions in dealing the various GI disorders thereby improving the sleep quality index which may impact the health related quality of life of the patients.

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| Table 1: Categorization | of the study participa | ants based on the i | patient characteristics |
|--------------------------------|------------------------|---------------------|---------------------------|
| Tuble If Categolization | or the study purticipu | into bubea on the | variette entaracteristics |

| Cha | racteristics | Male (%) | Female (%) | Total (%) |
|-----------------|------------------------|-----------|------------|------------|
| | 21-30 | 28 (25.7) | 18 (21.4) | 46 (23.8) |
| | 31-40 | 24 (22.0) | 28 (33.4) | 52 (26.9) |
| | 41-50 | 23 (21.1) | 18 (21.4) | 41 (21.2) |
| Age | 51-60 | 11 (10.1) | 8 (9.5) | 19 (9.9) |
| | 61-70 | 11 (10.1) | 10 (11.9) | 21 (10.9) |
| | 71-80 | 9 (8.2) | 2 (2.4) | 11 (5.7) |
| | 81-90 | 3 (2.8) | 0 (0) | 3 (1.6) |
| Marital Status | Married | 90 (82.6) | 74 (88.1) | 164 (85) |
| Marital Status | Unmarried | 19 (17.4) | 10 (11.9) | 29 (15) |
| <u>Emalvina</u> | Non-Smokers | 62 (56.9) | 83 (98.8) | 145 (75.1) |
| Smoking | Smokers | 47 (43.1) | 1 (1.2) | 48 (24.9) |
| Alcoholism | Non-Alcoholics | 69 (63.3) | 84 (100) | 153 (79.3) |
| Alcoholism | Alcoholics | 40 (36.7) | 0 (0) | 40 (20.7) |
| | Primary | 31 (28.5) | 21 (25) | 52 (26.9) |
| Education | Secondary | 26 (23.8) | 23 (27.4) | 49 (25.4) |
| Education | Tertiary | 39 (35.8) | 29 (34.5) | 68 (35.2) |
| | Uneducated | 13 (11.9) | 11 (13.1) | 24 (12.5) |
| | Full Time | 84 (77.1) | 23 (27.4) | 107 (55.5) |
| | Part Time | 9 (8.3) | 3 (3.6) | 12 (6.2) |
| Employment | Retired | 1 (0.9) | 1 (1.2) | 2 (1.0) |
| Employment | Students | 2 (1.8) | 2 (2.4) | 4 (2.1) |
| | Long term sick leave | 8 (7.3) | 0 (0) | 8 (4.1) |
| | Unemployed/Home makers | 5 (4.6) | 55 (65.4) | 60 (31.1) |

Table 2: Categorization of the study participants based on the disease characteristics

| Characteristics | | Male (%) | Female (%) | Total (%) |
|------------------|-----------------------------|-------------|------------|--------------|
| | Chronic Gastritis | 9 (8.3) | 7 (8.3) | 16 (8.3) |
| | Chron's Disease | 2 (1.8) | 2 (2.4) | 4 (2.0) |
| | Erosive Gastritis | 24 (22.0) | 16 (19.0) | 40 (20.7) |
| | Functional Dyspepsia | 9 (8.3) | 9 (10.7) | 18 (9.3) |
| | Gastric & Duodenal Ulcers | 15 (13.8) | 7 (8.4) | 22 (11.4) |
| GI Disorders | Gastroparesis | 1 (0.9) | 0 (0) | 1 (0.5) |
| GI Disorders | GERD | 21 (19.3) | 16 (19.0) | 37 (19.2) |
| | GERD, Hiatus Hernia | 10 (9.2) | 2 (2.4) | 12 (6.3) |
| | Inflammatory Bowel Disease | 2 (1.8) | 6 (7.2) | 8 (4.1) |
| | Inflammatory Bowel Syndrome | 2 (1.8) | 8 (9.5) | 10 (5.2) |
| | Peptic Ulcer Disease | 9 (8.3) | 3 (3.6) | 12 (6.3) |
| | Ulcerative Colitis | 5 (4.5) | 8 (9.5) | 13 (6.7) |
| Disease duration | <1 years | 47 (43.1) | 30 (35.7) | 77 (39.9) |
| (in years) | 1-5 years | 39 (35.8) | 40 (47.6) | 79 (40.9) |





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| | >5 years | 23 (21.1) | 14 (16.7) | 37 (19.2) |
|---------------|---------------|-----------|-----------|------------|
| Sleep Quality | Poor (PSQI≥5) | 87 (79.8) | 71 (84.5) | 158 (81.9) |
| Index | Good (PSQI<5) | 22 (20.2) | 13 (15.5) | 35 (18.1) |

Table 3: Categorization of the study participants based on the sleep quality index in various gastro intestinal disorders

| GI Disorder | PSQI≥5 (%) | PSQI<5 (%) | TOTAL (%) |
|-----------------------------|------------|------------|-----------|
| Chronic Gastritis | 13 (81.3) | 3 (18.7) | 16 (100) |
| Chron's Disease | 3 (75) | 1 (25) | 4 (100) |
| Erosive Gastritis | 30 (75) | 10 (25) | 40 (100) |
| Functional Dyspepsia | 14 (77.8) | 4 (22.2) | 18 (100) |
| Gastric & Duodenal Ulcers | 16 (72.7) | 6 (27.3) | 22 (100) |
| Gastroparesis | 1 (100) | 0 (0) | 1 (100) |
| GERD | 31 (83.8) | 6 (16.2) | 37 (100) |
| GERD, Hiatus Hernia | 9 (75) | 3 (25) | 12 (100) |
| Inflammatory Bowel Disease | 7 (87.5) | 1 (12.5) | 8 (100) |
| Inflammatory Bowel Syndrome | 9 (90) | 1 (10) | 10 (100) |
| Peptic Ulcer Disease | 12 (100) | 0 (0) | 12 (100) |
| Ulcerative Colitis | 13 (100) | 0 (0) | 13 (100) |
| Total | 158 (81.9) | 35 (18.1) | 193 (100) |





RESEARCH ARTICLE

A Spectacular Appraisal on Megasaanthi Chooranam – A Cure to Ease Pain

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ABSTRACT

Siddha is one of the treatment modality in Indian traditional system. Siddha is not only a system of medicine, but it also has tight bond with the day-to-day life of the population(Tamil people). Nowadays, the consumption of siddha medicine is drastically increased due to its efficacy and nil or less side effects. Megasaanthi Chooranam is mentioned in one of the ancient Siddha text, *Kannusamy pillai's Chikicha rathna deepam*. It is indicated for soolai, megavaayu, piduppu, kiranthi, megapadai, megaooral^[1] etc. The term sooolai is referred to pain. Among these indications, authors of this manuscript explains about the management of pain through the above said drug. The Scientific community are not ready to accept the medicines due to lack of proper scientific validation. So, authors of this manuscript decided to prove the efficacy of the drug Megasaanthi Chooranam through review process in the aspect of pain management. This review article deals about the ethnopharmacological profile and phyconstituents of ingredients of Megasaanthi Chooranam.

Key Words: Megasaanthi Chooranam, Chikicha rathna deepam, Siddha medicine.





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INTRODUCTION

Pain is characterised as an unpleasant and emotional feeling that may or may not be accompanied by actual tissue damage. The pain sensation is described in many ways like sharp, pricking, electric, dull ache, shooting, cutting, stabbing etc.

Classification of pain

Depending on the duration of pain, it is classified into

Acute pain:

Acute pain is a sharp, brief-lasting ache with a clear cause. Before affecting nearby locations, it frequently first becomes localised in a limited area. Typically, drugs are used to treat it.

Chronic pain

Chronic pain is a type of persistent, varying-intensity pain. It continues for a longer time. Chronic pain is challenging to treat and requires specialised medical attention.

However, depending on the location of the discomfort, it may classified into

Visceral pain

Pain from viscera is unpleasant. It is poorly localized. The causes of visceral pain include ischemia, chemical stimuli, spasm of hollow organs and over distension of hollow organs.

Referred pain

Referred pain is pain that is felt at a location close to or distant from its original location. Referrals to other locations are made for the severe pain and some visceral pain. But there is no referral for the minor discomfort. The examples of referred pain includes,

- > The inside portion of the left arm and left shoulder are also affected by cardiac discomfort.
- > Pain in ovary is referred to umbilicus
- > Pain from testis is felt in abdomen.
- > Pain in diaphragm is radiates to right shoulder.
- > Pain in gall bladder is referred to epigastric region.
- Renal pain is referred to loin.

The neurotransmitters involved in pain sensation include Glutamate and substance P which were secreted by the pain nerve endings. The afferent fibers which transmit impulses of fast pain secrete glutamate. C type fibers secretes substance P that transmit impulses of slow pain secrete substance P. As this review article deals with pain management it is necessary to understand about the analgesia system. Analgesia system means the pain control system. Analgesic system in brain provides a short term relief from pain. The analgesia system has got its own pathway through which it blocks the synaptic transmission of pain sensation in spinal cord and thus attenuates the experience of pain. In fact analgesic drugs such as opioids act through this system and provide a controlled pain relief^[3]. This review article is all about the phytoconstituents of the drug and pharmacological activities corresponding to the indication of pain management.

INGREDIENTS OF MEGASAANTHI CHOORANAM

- 1. PARANGICHAKKAI (Smilax china.Linn)
- 2. AMUKKARA KIZHANGU (Withania somnifera.Linn)
- 3. VELLARUGU (Enicostemma axillare.Linn)
- 4. THUMRASHTAM (Alpinia galangal.Linn)





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- 5. SANGAM PATTAI (*Azima tetracantha.Linn*)
- 6. MILAKARANAI PATTAI (Toddalia asiatica.Linn)
- 7. CHITHIRAMOOLA PATTAI (Plumbago indica.Linn)
- 8. CHUKKU (Zingiber officinale.Linn)
- 9. THIPPILI (Piper longum.Linn)
- 10. THANDRIKKAI (Terminalia bellirica.Linn)
- 11. KADUKKAI (Terminalia chebula.Linn)
- 12. KANDUPARANGI (Clerodendrum serratum.Linn)
- 13. SOMBU (*Pimpinella anisum.Linn*)
- 14. ELAM (Elettaria cardamomum.Linn)
- 15. VAIVILANGAM (Celastrus paniculatus.Linn)
- 16. ANNASIPPU (Ilicium verum.Linn)
- 17. CHEVVIYAM (Piper nigrum.Linn)
- 18. ATHIMADURAM (*Glycyrrhiza glabra.Linn*)
- 19. KOSHTAM (Costus speciosus.Linn)
- 20. MODI (Piper longum.Linn)

PHYTOCONSTITUENTS OF MEGASAANTHI CHOORANAM

Parangichakkai (Smilax china)

Beta-sitosterol, Caffeic acid, catechin, daucosterin, daucosterol, engeletin, epicatechin,

friedelin, heloniosides, hydroxyflavan, isoengeletin, naringenin, piceid, quercetin, resin, resveratrol, rutin, saponin, scirpusin, seiboldogenin, smilacin, smilasides, tannin, taxifolin, trihydroxystibene, vanillic acid, flavonoids and stilbenes[4].

Amukkara kizhangu (Withania somnifera)

The powdered extract derived from Withania somnifera's root reveals the existence of carbohydrates, starch, tannins, saponins, glycosides, phenolic compounds, and alkaloids. Aqueous extract contains amino acids, flavonoids and saponins while ethanolic extracts indicate the presence of saponin, alkaloids, phenolics, glycosides, starch, terpenoids and flavonoids[5].

Vellarugu (Enicostemma axillare)

The petroleum ether extracts contains glycosides, alkaloids and flavanoids. The chloroform ether extract contains glycosides and alkaloids. The methanol extract contains tannins, alkaloids, glycosides and flavanoids[6].

Thumrashtam (Alpinia galangal)

Flavonoid, 1'S-1'-acetoxychavicol acetate (ACE), phenylpropanoids and phydroxybenzaldehyde (1'S-1'acetoxychavicol acetate and 1'S-1'- acetoxyeuginol acetate), acetoxycineoles (trans and cis)-2- and 3-acetoxy- 1, 1, 8cineoles, 1'-acetoxychavicol acetate (galangal acetate), β -Sitosterol diglucoside (AG-7) and β -sitsteryl Arabinoside (AG-8), hydroxy-1,8-cineole glucopyranosides, (1R, 2R, 4S) –and (1S, 2S, 4R)-trans-2-hydroxy-1, 8-cineole β -Dglucopyranoside, and (1R, 3S, 4S)-trans-3-hydroxy-1, 8-cineole β -D-glucopyranoside[7].

Sangan (Azima tetracantha)

The plant contains alkaloids, flavonoids, sterols, terpenoids, volatile oil and fatty acids, saponins. Dimeric piperidine alkaloids azimine, azcarpine and carpine are present in all plant parts[8].

Milakaranai (Toddalia asiatica)

Stigmasterol, β -sitosterol, lyoniresinol, dl-syringaresinol, oxyterihhanine, integriamide, peucedanol methylether, dotriacontanol, hexacosanoic acid, heptacosanoic acid, euscaphic acid, arjunic acid, benzoic acid, D-mannitol, and rhamnose have been extracted and identified from different anatomical components of the plant.





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Chithiramoolam (*Plumbago indica*)

P. indica is rich in different types of alkaloids, flavonoids, saponins, glycosides and tannins. methyl 16methylheptadecanoate, sec-Butyl isobutyl sulfide, 4-Amino-6-hydroxypyrimidine, Pyridine,4-(1,1-dimethylethyl), Succinic acid,di(3,5- dimethylcyclohexyl) ester, 8 Octadecenoic acid,methyl ester, 4-Hydroxypyridine 1-oxide, Cyclohexane,1,4-dimethyl-2-octadecyl, 2,Thiophenecarboxylic acid, 3,5-dimethylcyclohexyl ester and Hexadecanoic acid, methyl ester were detected but only methyl 16-methylheptadecanoate, 8-Octadecenoic acid, methyl ester and Hexadecanoic acid,methyl ester[10,11].

Chukku (Dried rhizome of Zingiber officinale)

Gingerol, Shogoal, Zingerone, Gingerine, Gingeberol, Essential oil-Camphene, phellandrene, cineol, zingiberene and borneol, Resin and starch. Dried ginger has been a traditional herbal remedy for thousands of years in Asian, Indian, Arabic medicine because it contains a higher concentration of two active compounds Shagoal and The concentration of gingerol in dried ginger is approximately threefold higher than that in fresh ginger. Shagoal, characterized by its pungency, serves as ginger's potent component, known for its robust anti-cough properties. Gingerol, among the various active constituents within ginger, imparts the spice with its distinctive varieties of piquancy. [12,13].

Thippili (Immature berries of Piper longum)

Alkaloids include piperine, piperlonguminine, piperlongumine and methyl-3,4,5-trimethoxycinnamate. The fruit part contains volatile oil (1%), protein, starch, alkaloids, saponins, carbohydrates and amygdalin, a waxy alkaloid N-isobutyldeca-trans-2-trans-4-dienamide, alkaloids piperine, calcium, phosphorus, iron and a terpenoid substance. Lignans and esters such as sesamin, pulvatilol, furgesin, Z-12-octadeconic –glycerol-monoester, tridecyl-dihydro-p-coumarate were also isolated from the fruit part of the plant. The root of the plant contains piperlongumine or piplartinine, piperine and dihydrostigmasterolasarinine, pellitorine, refractomide A, brachystine, pipercide, piperderidine, iperonaline, methyl piperine, tetrahydropiperlongumine, dehydropipernonaline, piperidine, trimethoxy cinnamoyl – piperidine and piperlongumine. Other chemical components present are sesamine, dihydro stigmasterol, piperacide, piperundecalidine, pipernonaline, dieudesmin and sitosterol[14].

Thandrikkai (Terminalia bellirica)

Flavone includes 7- hydroxy 3',4' (methylenedioxy)flavone and luteoline. Steroids-β-Siteserol. Lignans include Termilignan, thannilignan, anolignan B. Tannins include gallic acid, ellagic acid, methyl gallate, ethyl gallate (Phenyllemblin), chebulaginic acid, chebulagic acid and hexahydroxydiphenic acid ester. Glycosides – Fructose, sucrose, galactose, D-glucose, mannose and rhamnose. Terpenoids like Belleric acid, chebulagic acid and arjungenin. Saponin- bellericoside and bellericanin. Cardenolide includes Cannogenol 3-O-β-galactopyranosyl-(1→4)-O- α -L-rhamopyranoside. Flavonol aglycones – Quercetine and kampferol. Flavonol glycosides – quercetin-3-O-[6''- α -L-rhamnopyranosyl]-(1→6)-β-D-glucopyranoside (rutin), quercetin -3-O- α -L-rhamnopyranoside, quercetin -3-O- β -D-glucopyranoside and kaempferol-3-O- β -D-glucopyranoside. Glycerides of fatty acids include palmitooleolinolein, stereo-oleolinolein, palmitodiolein, stereodiolein, dioleolinolein, and triolein[15].

Kadukkai (Terminalia chebula)

Glycosides include triterpines arjunglucoside I, arjungenin and chebulosides I and II. Coumarin include chebulin. Phenolic components present are ellagic acid, 2,4-chebulyl- β -D-glucopyranose, chebulinic acid, gallic acid, ethyl gallate, punicalagin, terflavin A, terchebin, luteolin and tannic acid. Chebulinic acid is a phenolic acid isolated from the ripe fruits. Luteic acid is isolated from the bark. Fruits also contain terflavin B, tannin and chebulinic acid. The other phytoconstituents present in fruit are tannins, anthraquinones, chebulinic acid, chebulagic acid, chebulic acid, ellagic acid and gallic acid. The other components include corilegin, β -D-glucogallin, glucose and sorbitol. Polyphenolic compounds triterpene glycosides, terchebulin, punicalagin, terflavin A, flavonoids, reducing sugars and starch are also present in the fruit. Terpenene glycosides, arjungenin and arjunglucoside-I. 18 amino acids and a small quantity of phosphoric, succinic, syringic and quinic acids[16].





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Kanduparangi (Clerodendrum serratum)

In root the following phytoconstituents are present. Saponins, D-mannitol, stigmasterol, oleanolic acid, queretaroic acid, serratagenic acid, sitoserol, clerosterol is found as 5, 25-stigmastadien- 3β o, clerodone as 3β -hydroxyl-lupan 12-one, B-sitosterol, lupeol, a steroidal glycoside, phytosterols, ferulic acid, arabinose, scutellarcin, baicalein, serration and ursolic acid. Leaf contains catchin, α -spinosterol, luteoline, polyphonolics, diterpin-clerodin, ethycholesta-5, 24 25 –trine 3β - o hispidulin and 7-o- gluconoids of hispidulin and cruteuarein. The other chemical constituents of clerodendrm serratum are carbohydrates, phenolics, flavonoids, terpenoids and steroids[17].

Sombu (Pimpinella anisum)

The major compounds were anethole (~90%), γ -hima-chalene (2–4%), p-anisaldehyde (<1%), methylchavicol (0.9–1.5%), cis-pseudoisoeugenyl 2-methylbutyrate (~3%), and trans-pseudoisoeugenyl 2-methylbutyrate (~1.3%). Neophytadiene – a terpene hydrocarbon was isolated from aniseed[18].

Elam (Elettaria cardamomum)

Flavonoids, alkaloids, tannins, aromatic compounds, saponins, phytosterols, and phenolic compounds, terpenoids. In methanol extract carbohydrates, phenols, flavonoids, saponins, glycosides, steroids and alkaloids are present[19].

Vaivilangam (Embelia ribes)

The ripe fruit contains embelin. Berries contains embelin, volatile oil, fixed oil, resin, tannin, christembine, phenolic acids such as caffeic acid, vanillic acid, chororogenic acid, cinnamic acid and o-cumaric acid,. Phenolic acids include caffeic acid, vanillic acid, chororogenic acid, cinnamic acid and o-cuma. The seeds contains embelinol, embeliaribyl ester and embeliol. The seeds also contains Cr, K, Ca, Cu, Zn and Mn. The alcoholic extract of embelia ribes fruit powder contains carbohydrates, gum, mucilage, amino acid, steroids, glycoside, anthraquinone glycoside, flavonoids, saponin glycoside, alkaloids, tannins and phenolic compounds. The aqueous extract of embelia ribes fruit powder contains carbohydrates, gum, amino acid, glycoside, anthraquinone glycoside, flavonoids, saponin glycoside, and phenolic compounds.

Annasippu (Ilicium verum)

Alkaloids, flavonoids, saponins, steroids, tannins, protein and amino acids are present. It also contains moisture (10.22%), ash (2.87%), protein (4.25%), fat (7.65%), carbohydrates (75.01%), crude fiber (11.12%) and metabolic energy (385.89 Kcal/100g). The mineral nutrients present are calcium, magnesium, phosphorus, sulphur, potassium, sodium and chlorine. Trace elements include iron, manganese, copper, molybdenum, selenium, chromium, tin, zinc, nickel, fluorine, and cobalt [21].

Chevviyam (Root of *Piper nigrum*)

It contains volatile alkaloid piperine, piperidine, piperidin, volatile oil, chavicin, starch, lignin. Sabinene (15-25%), Limonene (5-20%), Caryophyllene (10-15%), β -pinene (10-12%), α -pinene (8-12%), acid amides [22].

Athimaduram (Glycyrrhiza glabra)

Alkaloids, glycosides, triterpenes, flavonoids, polysaccharides, pectins, simple sugars, amino acids, mineral salts, asparagins, bitters, phenolics, saponins, tannins, terpenes, anthraquinones, essential oils, fat, female hormone oestrogen, gums, mucilage, protein, resins, starches, sterols and volatile oils[23,24].

Koshtam (Costus speciosus)

The roots of this plant also contain prosapogenins A and B of dioscin, dioscin, gracillin, protodioscin and methyl protodioscin. Other components identified were 31-norcycloartanone, cyloartanol, cycloartenolandcycloalaudenol. The petroleum ether extracts of the stems and roots of *C.speciosus*, diosgenin and sitosterol were isolated^[25].





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Modi (Root of Piper longum)

The root part of the plant contains piperlongumine or piplartinine, piperine and dihydrostigmasterolasarinine, pellitorine, refractomide A, brachystine, pipercide, piperderidine, piperundecalidine, iperonaline, methyl piperine, terahydropiperlongumine, dehydropipernonaline piperidine, trimethoxy cinnamoyl-piperidine and piperlongumine. The other alkaloids components present are asarinine, pellitorine, refractomide A, brachystine, pipercide, piperderidine, piperundecalidine, iperonaline, methyl piperine, terahydropiperlongumine, dehydropipernonaline, methyl piperine, terahydropiperlongumine, dehydropipernonaline, piperidine, trimethoxy cinnamoyl piperidine, piperidine, trimethoxy cinnamoyl piperidine and piperlongumine[14].

PHARMACOLOGICAL ACTIVITIES OF MEGASAANTHI CHOORANAM

Parangichakkai (Smilax china)

Anti-inflammatory activity

Shu X.S. et al., studied that the Smilax chinensis has anti-inflammatory activity that is evident on rats. They also investigated Smilax chinensis for anti-inflammatory effects in rats with egg albumin-induced edema in mice using hot-plate test and acetic acid-induced abdominal constriction test, respectively. The data indicates that the extract inhibits both COX activity inhibitors and COX expression. Due to these pharmacological effects, this plant extract can be used to treat a number of inflammatory conditions [26].

Amukkara kizhangu (Withania somnifera)

Anti-inflammatory activity

Uddin et al., Al-Hindawi et al., studied that Withania somnifera reported to possess anti-inflammatory property in different pharmacological animal models of inflammation such as carrageenan-induced inflammation, cotton pellet granuloma and adjuvant-induced arthritis. It inhibited the granuloma formation in cotton-pellet implantation in rats similar to that of hydrocortisone sodium succinate [27,28].

Analgesic activity

Rasool M et al., studied that *Withania somnifera* extract also shows potent analgesic effect by retarding amplification and propagation of the inflammatory response in monosodium urate crystal-induced experimental rat models, without causing any gastric damage compared to indomethacin, a non-steroidal anti-inflammatory drug [29].

Vellarugu (Enicostemma axillare)

Anti-inflammatory activity

Mizushima et al., and Sakat et al., studied the anti-inflammatory activity of *Enicostemma axillare* by using inhibition of albumin denaturation technique [30,31]. G.Leelaprakash et al., revealed that results indicate that the methanol extracts of *Enicostemma axillare* possess anti-inflammatory properties. These actions can likely be attributed to the robust presence of polyphenolic compounds like alkaloids, flavonoids, tannins, steroids, and phenols. The extract fractions function as free radical inhibitors or scavengers, potentially acting as primary oxidants, thereby inhibiting heat-induced albumin denaturation, proteinase activity, and stabilizing the membrane of Red Blood Cells. [32].

Thumrashtam (Alpinia galangal)

Analgesic and anti-inflammatory activity

Nagashekhar M et al., studied the analgesic activity and anti-inflammatory of the topical. The process involved in creating a methanolic extract from Alpinia galangal wild was followed by assessing its anti-inflammatory properties using carrageenan-induced edema tests in rats as well as a formalin test. Piroxicam gel and methyl salicylate ointment were studied as positive controls for anti-inflammatory and analgesic activities, respectively [33]. Jaju S et al., reported that the methanolic and phenolic extract of the rhizome of alpinia galanga exhibit antidiabetic and anti-inflammatory properties [34].





Hema et al.,

Sangan (Azima tetracantha)

Analgesic Activity

Nandgude et al., screened the benzene, chloroform and aqueous extracts of leaves of A.tetracantha for analgesic activity of in using a hot plate method. The extracts displayed marked analgesic potential with significant analgesic activity at a dose of 100 mg/kg body weight. Marked analgesic activity observed at 30 min after extract administration which was near equivalent to that of morphine sulfate [35].

Anti - inflammatory activity

Sridharan et al., screened for ethanolic extract obtained from whole plant of A. tetracantha for anti-inflammatory activity by carrageenan-induced paw edema method. The extract at 250–500 mg/kg dose suppressed the paw edema significantly at 3–4 hr [36].

Milakaranai (Toddalia asiatica)

Anti - inflammatory activity

Kavimani et al., studied the volatile oil of the leaves obtained by steam distillation on the exudative and proliferative phases of the inflammatory reactions using carrageenin induced paw edema and cotton pellets granuloma in male albino rats. The anti-inflammatory effect of the oil was attributed to inhibition of histamine, kinin and prostaglandin. It also showed effect in cotton pellets granuloma due to suppression of the proliferation phase of inflammation which involves the proliferation of macrophages, neutrophils and fibroblasts. The oil was also found to be very safe as it did not show any toxic manifestations even upon continuous administration for 10 days [37].

Analgesic activity

Xiao-Yan Hao et al., studied the crude alkaloids for their pharmacological actions and toxicity in rats and found that they had analgesic activity showing decrease in body distortions in rats. It was observed that the alkaloids did not cause any injury to the liver even after long term administration[38].

Chithiramoolam (Plumbago indica)

Analgesic and anti – inflammatory activity

Ittiyavirah SP et al., evaluated analgesic and anti-inflammatory activities by using male wistar rats and mice in aqueous extracts of leaves of *P. capensis* and *P. indica*. A significant inhibition in the Carrageenan induced paw oedema at the dose of 300 mg/kg body weight was observed in comparison to the control group which was given standard drug Indomethacin[39].

Chukku (Dried rhizome of Zingiber officinale)

Anti Inflammatory Activity

Vendruscolo et al., conducted an experimental trial on male Swiss mice and male Wistar rats for the evaluation of anti-inflammatory effect. In this study they found that ginger essential oil (GEO) showed significant anti-inflammatory activity[40].

Thippili (Immature berries of *Piper longum*) Anti Inflammatory Activity

Kumar S et al., and Choudhary GP et al., reported that the fruit extract of *Piper longum* were to possess antiinflammatory activity in carageanan rat paw edema[41,42]. Stohr JR et al., reported that the piper extract and piperine possess inhibitory activities on prostaglandin and leukotrienes Cox-1 inhibitory effect and thus exhibit anti inflammatory activity[43].

Thandrikkai (Terminalia bellerica)

Analgesic Activity

Sharma US et al., investigated the analgesic activity of ethanolic and aqueous extract of *Terminalia bellerica* fruits in acetic acid induced writhing, Eddy's hot plate method and brener's yeast induced fever models in mice and rats.





Hema et al.,

There was a significant inhibition of elevated body temperature by both extracts as compared to the corresponding control group. Hence, results indicate that the ethanolic and aqueous extract possessed significant analgesic and antipyretic activities[44].

Kadukkai (Terminalia chebula)

Anti-Inflammatory Activity

Pratibha N et al., studied the aqueous extract of dried fruit of *T.chebula* and it showed anti-inflammatory by inhibiting inducible nitric oxide synthesis. *Terminalia chebula* in a polyherbal formulation (Aller-7) exhibited a dose dependent anti inflammatory effect in rats[45].

Kanduparangi (Clerodendrum serratum)

Anti-inflammatory activity

Narayanan et al., studied that the alcoholic extract of roots of *Clerodendrum serratum* was administered to Albino rats at the concentration of 50, 100, 200 mg/kg per orally to monitor ant- inflammatory activity by carrageenan induced paw edema and cotton pellet implantation methods. In both the acute and chronic models, a standard anti-inflammatory agent, phenylbutazone (administered orally at a dose of 100 mg/kg), served as a reference for comparison. *Clerodendrum serratum* demonstrated a robust anti-inflammatory impact, as evidenced by a noteworthy decrease in paw edema and cotton-pellet granuloma formation. Nevertheless, this effect was comparatively weaker when juxtaposed with the efficacy of phenylbutazone. [46].

Analgesic activity

Saha et al., evaluated the analgesic effect of the ethanolic extract of leaves of Clerodendrum serratum .Linn at the dose of 200 and 500 mg/kg by tail flick method and acetic acid induced writhing test in Wistar rats for seven days orally and standard group rats were administered diclofenac sodium (10mg/kg per orally) one hour before study on seventh day. The drug showed significant analgesic activity when compared to standard drug[47].

Sombu (Pimpinella anisum)

Analgesic and anti-inflammatory activity

Twaij et al, reported significant analgesic activity of *Pimpinella anisum* against benzoquinone induced writhing and in thermal tests[48]. Tas et al., reported that the essential oil as well as fixed oil of *Pimpinella anisum* has a significant analgesic and anti-inflammatory effects[49].

Elam (Elettaria cardomomum)

Anti-inflammatory activity

Hunskaar et al., Rathi N et al., Vishukanta et al., and Liu S.Y. et al., performed the formalin and Carrageenan test. The animals were divided in to 5 groups (each group consist of five animals (Rats/mice). The control group received saline solution [50,51,52,53].

Analgesic activity

Owoyele et al., Dharmasiri et al. and Koster et al., performed Tail immersion, Hot plate and Acetic acid induce writhing test in mice [54,55,56].

Vaivilangam (Embelia ribes)

Anti-inflammatory activity

Chitra M et al., studied the anti inflammatory activity of fruits of Embelia ribes as well as embelin is reported in carrageenan-induced paw edema^[57].





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Annasippu (Ilicium verum)

Anti-inflammatory activity

J.Deng et al., investigated the analgesic and anti-inflammatory actions of star anise in mice by xylene-induced auricle edema. For identification of anti-inflammatory action digestion systems of mice was separated and then xylene was injected. It was noticed that the auricle swelling of mouse by injecting xylene, decreased the threshold pain the torsion body of mice. The star anise extracts of 10 and 20 mg rough drugs·mL-1, clearly decreased the contractility of mice intestinal smooth muscles in 15 min after under the effect of acetylcholine and barium chloride. So it is concluded that aqueous extract of star anise has analgesic and anti-inflammatory effects on mice intestinal smooth muscle [58].

Chevviyam (Root of Piper nigrum)

Anti-inflammatory and analgesic activity

Bang JS et al., evaluated the in vitro anti-inflammatory activity on interleukin 1β stimulated fibroblast like synoviocytes obtained from rheumatoid arthritis, analgesic activity were evaluated on carrageen an induced acute paw model of pain in rats. The migration of activator protein1into the nucleus in interleukin 1β treated synoviocytes was inhibited by piperine while migration of nuclear factor κB was not a deected by piperine. The pain symptoms in rats were significantly reduced by piperine. It was concluded that piperine showed anti-inflammatory and analgesics activities in arthritis model of rat [59].

Athimaduram (Glycyrrhiza glabra)

Anti-inflammatory activity

Adel et al., studied that dehydrostilbene derivatives like α -dihydro-3,5,4-trihydroxy-4,5-di iodopentenylstilbene have been isolated and reported as free radical scavengers. Research shows that on being broken down in the gut, glycyrrhizin exerts an anti-inflammatory action similar to hydrocorticosone and other corticosteroid hormones[60].

Koshtam (Costus speciosus)

Anti-inflammatory and analgesic activity

Srivastava S et al. conducted an in vivo investigation involving the oral administration of methanolic extracts from the aerial parts of *C. speciosus* at doses of 400 and 800 mg/kg. The anti-inflammatory effect of the extract was assessed using carrageenan-induced paw edema test by injection of 0.1 ml of 1% carrageenan in 0.9% saline into subplantar region of the left hind paw. Additionally, the analgesic effect was assessed using the acetic acid-induced writhing and Eddy's hot plate models. The methanol extract, when administered at doses of 400 and 800 mg/kg, exhibited noteworthy anti-inflammatory activity, with inhibition percentages of 19.36% and 40.05%, respectively, recorded at the 5-hour post-medication mark. Furthermore, writhings caused by acetic acid were reduced by 14.24 and 31.90%, respectively, and it also increased the latency period at both high and low doses that exhibited the mean reaction time at 16.60 ± 0.355 s and 14.12 ± 0.355 s, respectively, when compared with control in hot-plate test [61].

Modi (Root of Piper longum)

Analgesic activity

Vedhanayaki G et al., studied *P. longum* root for opioid type analgesia using rat tail-flick method and for NSAID type analgesia using acetic-acid writhing method by using pentazocine and ibuprofen as drug controls. An aqueous suspension of *P. longum* root powder was given orally to mice and rat. The study reported that *P. longum* root had weak opioid but potent NSAID type of analgesic activity [62].

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| TAMIL / ENGLISH NAME [2] | BOTANICAL / FAMILY NAME[2] | PARTS USED[2] |
|--|--|---------------------------|
| Parangipattai / China root | Smilax china / Smilacaceae | Rhizome |
| Amukkara kizhangu / Winter cherry | Withania somnifera / Solanaceae | Rhizome |
| Vellarugu | Enicostemma axillare / Gentinaceae | Leaf, seed and bulb |
| Peraraththai / Galangal the greater | Alpinia galanga / Zingiberaceae | Root |
| Sangan / Mistletoeberry thorn, Four spined meneita | Azima tetracantha / Salvadoraceae | Leaf, root, milk and bark |
| Milakaranai / Forest pepper, Lopez- root tree, wild orange tree | Toddalia asiatica / Rutaceae | Leaf, bark and root |
| Kodiveli / Lead-wort | Plumbago indica / Plumbaginaceae | Root and bark |
| Chukku / Dried ginger | Zingiber officinale / Zingiberaceae | Dried rhizome |
| Thippili / Long pepper | Piper longum / Piperaceae | Immature berries |
| Thandri / Beleric myrobalans, Belleric myrobalan | Terminalia bellirica / Combretaceae | Leaf, fruit and seed |
| Kadukkai / Chebulic myrobalan, Ink nut | Terminalia chebula / Combretaceae | Tender fruit and fruit |
| Kanduparangi / Beetle killer | Clerodendrum serratum / Verbenaceae | Leaf and root |

Table 1: Herbal Ingredients of Megasaanthi Chooranam



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| Perunjchirakam / Anise seeds; Anise fruit | Pimpinella anisum / Apiaceae | Flower, seed and root |
|--|---|----------------------------|
| Elam / Cardamom seeds | Elettaria cardamomum / Zingiberaceae | Seed |
| Vaivilangam / Embelia | Embelia ribes / Primulaceae | Fruit, Leaf, Seed and ghee |
| Annasippu / Star anise | Ilicium verum / Schisandraceae | Dried fruit |
| Chevviyam / Black pepper root | Piper nigrum / Piperaceae | Root |
| Athimaduram / Indian or Jamaica liquorice | <i>Glycyrrhiza glabra /</i> Fabaceae | Root |
| Kottam / Costus root | Costus speciosus / Zingiberaceae | Root |
| Thippili ver / Long pepper root | Piper longum / Piperaceae | Root |

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RESEARCH ARTICLE

An Expandable AI Framework with Federated Transfer Learning and Homomorphic Encryption for Real-Time Intrusion Detection – Survey

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ABSTRACT

Real-time intrusion detection is a necessary task to secure sensitive data and protect system integrity in the present cybersecurity landscape. However, traditional systems face significant scalability limitations and suffer from severe privacy concerns as well as detection accuracy. In this paper, we survey an artificial intelligence (AI) framework built on top of Federated Transfer Learning (FTL) and Homomorphic Encryption (HE), to improve real-time intrusion detection. FTL enables privacy-preserving model across-device training, and transfer learning allows very little data to be used for detection. It offers secure hardware execution of encrypted data computations to keep data private. Herein, a review of current research is presented and specific gaps are identified before proposing an innovative solution to enhance detection accuracy, response times and scalability while maintaining privacy.

Keywords: AI framework, federated learning, transfer learning, homomorphic encryption, intrusion detection, cybersecurity.

INTRODUCTION

With the omnipresent common (cyber) threats of today, an effective Intrusion Detection Systems (IDS) is indispensable for detecting unauthorized access to your networks and identifying anomalies. Traditional IDS suffers from scalability problem [1]–[3], privacy issue and need to be updated very often as the number of threats is increasing. The advent of Artificial Intelligence (AI) has come in as a savior for improving IDS by working on enormous amounts of data, extrapolating complex patterns, and responding immediately. But they are not that good





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given the limited centralized data storage and due to being dependent on large numbers of labelled training samples. In this paper, we propose a federated transfer learning (FTL) and homomorphic encryption for real-time intrusion detection using AI framework. FTL allows a privacy-preserving distributed model training across different devices without their raw data shared. Transfer learning enables the models to adapt to new environments with little data.

Background

It is under such a need and advantages that the extendable AI framework for intrusion detection in real-time calls for a deep dive into intrinsic concepts at play: Federated Learning, Transfer Learning, Homomorphic Encryption, and Intrusion Detection Systems. The current section tries at a detailed overview of these technologies, thus laying the ground for the proposed framework.

Federated Learning

Federated learning is a form of decentralized machine learning approach whereby many participating devices or organizations can train models collaboratively without sharing raw data, and it proves particularly very useful in a scenario where the privacy of data is paramount, such as in health, finance, and cybersecurity. In FL, every client trains a local model on its data and only shares model updates, such as gradients, with a central server. The latter aggregates these updates to create a global model. This preserves data privacy while contributing to the development of robust and high-performance models.

Transfer Learning

Transfer learning is a machine learning technique where a model that has been trained for one task can be utilized as a stepping stone to a model for a different but related activity. The potential utility of such a technique is particularly anticipated in situations where the target job lacks labeled data. This approach drastically reduces the time and computational resources required to develop models for new tasks. In intrusion detection, TL can be used to make models trained on one type of network or in an environment adaptable to another, improving the model's generalization ability. This adaptivity is very vital in cybersecurity, since new threats keep coming up every time and models should adapt quickly to the changes.

Homomorphic Encryption

Homomorphic encryption is a special kind of encryption that allows for computations on encrypted data and, on decryption, the results are the same as if the operations had been conducted on the plain data. This feature is very useful where data privacy is paramount and one wants to process the data securely without revealing the sensitive information. In the setting of an AI framework for intrusion detection, HE guarantees that data is kept encrypted from collection to analysis. The design solves privacy problems associated with centralizing data processing and adds an additional layer of security in distributed learning.

Intrusion Detection Systems

The Intrusion Detection System is one of the important segments in the modern cybersecurity infrastructures. They basically monitor against any sign of malicious behavior in network traffic and system activities. According to the detection methodology, IDSs could broadly be divided into two groups: signature-based and anomaly-based IDSs. Signature-based IDS: Match the network traffic against a database of known attack signatures to identify known threats. This approach has been very successful at handling known threats but has proven to be weak in case of new or evolving threats. Anomaly-based IDS: This technique detects variance that is likely to indicate the presence of new or unknown threats. Anomaly-based IDS offer greater flexibility and can detect novel attacks; however, usually, they have higher false positive rates. The bigger integration of AI, more particularly through federated learning, transfer learning, and homomorphic encryption into an intrusion detection system, is one giant step. This will provide better accuracy, adaptability, and privacy in intrusion detection systems and make them quite effective against the ever-evolving landscape of cyber threats.





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Related Works

The integration of AI into IDS has remained a vibrant research area in the fields of machine learning, deep learning, and privacy-preserving techniques. This section shall be dedicated to the review of existing literature on Federated Learning, Transfer Learning, Homomorphic Encryption, and their applications in cybersecurity with a view to intrusion detection.

Federated Learning in Cybersecurity

One of the clever methods for protecting privacy in machine learning for cybersecurity has been federated learning. Its application to IDS has been the subject of numerous research studies. One of the studies, for example, demonstrated how federated learning (FL) may offer high intrusion detection accuracy while preserving privacy [7]. It has also been demonstrated that FL can be used as an IDS for the collaborative training of a model across several businesses without sharing sensitive data [6]. Another work has shown improved detection capabilities across heterogeneous environments, proposing a hierarchical model of FL to detect anomalies in IoT networks [8]. The communication burden and model convergence remain, however, major open issues [8].

Transfer Learning for Intrusion Detection

TL has been very much utilized in the bid to improve the performance of IDS, more particularly in cases where there is a scarcity of labelled data. Research applied TL into improving the adaptability of IDS across different network environments, which proved quite effective in reducing training time and enhancing detection accuracy in new domains [3]. Another work integrated TL with deep learning for the detection of APT and showed prominent improvement in detecting unseen attacks [5]. Most of the time, however, TL suffers because of the similarity between the source and target domains, which is a challenge not very well explored [4].

Homomorphic Encryption in AI and IDS

Homomorphic Encryption has been investigated as one of the prospective solutions to the privacy problem in AIbased intrusion detection. It has been shown that HE is a potential method for performing secure computations on encrypted network data, which can be used in the development of privacy-preserving IDS [2]. Another approach working on the principle of HE is applied in federated learning frameworks to guarantee that the data is encrypted during the entire training [6]. Major drawbacks towards much greater adoption of HE, even with these models, is its computational complexity and the performance overhead [2].

Hybrid Intrusion Detection Methods

Several studies were done that aimed to achieve the integration of TL, FL, and HE to come up with a more resilient IDS. For example, some of this work has proposed an integrated framework leveraging FL and HE for privacypreserving and scalable intrusion detection in distributed environments [7]. Experimental results show promising results in terms of the trade-off between privacy and detection performance but point out that there is a need for more efficient algorithms to reduce computational overhead [8]. Another study focused on the application of transfer learning in federated learning for cross-domain intrusion detection, demonstrating improved adaptability across different network environments [8]. All these combined approaches are still at an infant stage, however, and a big gap exists in terms of the development of a fully integrated framework that could address all challenges of real-time intrusion detection [8].

Proposed Framework

First, the AI extendable framework closes the gaps in literature by putting together Federated Transfer Learning and Homomorphic Encryption to strengthen real-time intrusion detection. This paper thus details how the proposed framework shall provide a scalable and privacy-preserving solution adapted with the change of cybersecurity threats.





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System Architecture

This framework is envisioned to have the following three main components: a module for Federated Learning, a module for Transfer Learning, and a layer for Homomorphic Encryption. All these components combine their functioning to implement a robust and secure intrusion detection system.

Federated Learning Module: Through this module, multiple organizations or devices train a global model of the IDS without sharing their raw data. The individual data sets train local models; just model updates are shared with a central server. Later, the central server aggregates these updates to create an improved global model that would then be distributed back to participants.

Transfer Learning Module: This module increases the adaptability of the IDS, allowing the fine-tuning of the global model on environments or network conditions. These are models pre-trained for other tasks from which knowledge is transferred to the target environment for adaptation, reducing the need for extensive retraining.

Homomorphic Encryption Layer: To obviate the chances of data exposure, this layer provides support for doing all the computations involved in the training and detection models on encrypted data itself. With that, all sensitive information is guaranteed to be perfectly safe along the line. The encryption layer is applied both on data used for training the models and data being analyzed for intrusion detection.

Workflow and Process

The workflow of the proposed framework can be summarized as follows:

Information Collection and Preprocessing: Every entity involved—one organization or one device—collects and preprocesses network traffic data. Homomorphic encryption is applied to maintain the privacy of the data.

Local Model Training: A local IDS model, located at each participating entity, becomes trained with the encrypted real data. Only the updates of the model get encrypted and transmitted to the central server — not the raw data itself.

Global Model Aggregation: The central server then aggregates the model updates of participants using encrypted federated learning techniques into a global model. This global model has the collective knowledge from all participants but still protects data privacy.

Transfer Learning Adaptation: Fine-tuning the global model using transfer learning techniques adapts it to specific environments or network conditions. The model will definitely work efficiently under very different situations.

Intrusion Detection: The final deployed model gives real-time intrusion detection in every participating environment. The model processes encrypted data to identify threats that may exist without revealing the privacy of the data.

Benefits and Innovations

Due to its architecture, several key advantages exist in the framework: Scalability: Federated learning ensures that the performance will not be hampered with increasing participants, irrespective of the participants. Privacy Preservation: Homomorphic encryption will ensure that data is secure throughout the process, handling privacy issues of traditional IDS. Adaptability: Transfer learning enables the framework to adapt to new environments and emerging threats very quickly and increases its effectiveness in many diverse settings. It significantly eliminates the computational overhead of extensive retraining with further pre-training and distributed learning. Collaborative Security: Federated learning enforces the collaborative contribution from parties to elevate the security posture by collective knowledge and resources. This is a new framework of complete real-time intrusion detection, which can balance the requirements of privacy, scalability, and adaptability in a changing landscape of cybersecurity threats





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Challenges and Open Issues

While most of the advantages of the proposed expandable AI framework in real-time intrusion detection, several challenges and open issues ought to be addressed toward practical deployment and proving the effectiveness.

Computational Complexity

The integration of FL and HE introduces high computational complexity since both FL and HE are individually computationally expensive, and their intersection can introduce significant performance overhead. Thus, effective algorithms and hardware acceleration techniques are required to minimize the occurrence of such problems and execute them in real time.

Overheads of Communication

In this respect, federated learning in this case would involve high-frequency communications between different participating entities and the central server for model updates, which could easily build up into very huge communication overhead. This could, however be particularly challenging in an environment of bandwidth limited or when devices are resource-constrained. More efficient protocols for communication or compression techniques for model updates must thus be developed to reduce this overhead.

Adaptability to Emerging Threats

Handling of newly evolving and unknown threats. As a result of this, the framework's ability to update itself vis-àvis newly evolving and unknown threats relies heavily on how well TL works. Unfortunately, most of the time, the success of TL relies on the closeness of the source and target domains. A very challenging continuing task is to ensure that the framework is still adaptive under the very dynamic environments where new kinds of threats keep appearing.

Scalability in large deployments

The higher the count of participants involved in the federated learning process, the more challenging it is to maintain the scalability of the framework. It needs to support quite a few participants without degradation either in performance or security. By studying methods of distributed aggregation and techniques of decentralized learning, the authors can resolve some of these problems related to scalability.

Regulatory and Compliance Issues

Federated learning and homomorphic encryption applied in intrusion detection could give rise to compliance and regulatory concerns since the laws and standards for data privacy are most relevant. In this respect, the framework would have the capability to make sure that all compliance with the necessary regulations—like the GDPR—is affected at scale across multiple regions or industries.

Integration with Current Systems

It may prove very challenging to integrate the proposed framework into the existing infrastructures on matters concerning cybersecurity. Because in practical implementation, the frameworks need to be compatible with and have seamless operations with the existing systems and protocols. This would require standardized interfaces and protocols for the integration process.

User Training and Awareness

Furthermore, user training and awareness will equally guarantee successful deployment of the framework. Users must be informed about the system's benefits and its limitations, as well as how to operate it in the best possible manner. This may involve the preparation of extensive training programs and user manuals.

Most of these challenges and open issues require careful attention to the successful implementation and effectiveness of the proposed AI framework for real-time intrusion detection.





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CONCLUSION

This paper will introduce an expandable AI framework for real-time intrusion detection based on Federated Transfer Learning and Homomorphic Encryption. The models in this framework learn attacks in a new environment and the feature space of the new environment. This is because transfer learning and federated learning make models better adaptable to new environments and threats by allowing privacy-preserving, distributed model training across multiple entities. Homomorphic Encryption protocols operate on encrypted data, and the arithmetic operation on encrypted data thus holds the protocols over an encrypted domain in the clear.

It will be based on the background surveys of related works, which would detail the strength and weakness of existing approaches and indicate the requirements for an all-around solution that respects privacy and security while being performance-focused. The presented framework can be considered a mammoth step toward the seamless, scalable, and adaptable solution of real-time intrusion detection in cybersecurity. However, these bring along computational complexity, communication overhead, and inherent security vulnerabilities placed upon federated learning and provided with homomorphic encryption. Overcoming these challenges is of paramount importance for the practical deployment and success of the proposed framework. Focus will be laid on performance optimization of the framework, methods for decentralized learning, and enhancement of resiliency in the face of adversarial attacks. We hope to make these new systems contribute to the development of resilient and privacy-preserving intrusion detection systems, which can be used effectively against the ever-changing threat environment.

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Table 1. Benefits of Federated Learning (FL), Transfer Learning (TL), And Homomorphic Encryption (HE)

| Feature | Federated Learning (FL) | Transfer Learning (TL) | Homomorphic Encryption (HE) |
|---|---|---|--|
| Privacy | Ensures data privacy by not sharing raw data | Data is used to adapt models without sharing it | Enables secure computation on encrypted data |
| Scalability | Scales with the number of participating devices | Reduces training time for large datasets | Requires efficient computation for large datasets |
| Adaptability | Enhances generalization across diverse environments | Allows models to adapt to new tasks/environments | Preserves privacy in adaptable models |
| ComputationalModerate, dependent on number of participants | | Low, but depends on similarity of domains | High, due to encryption/decryption processes |





RESEARCH ARTICLE

Extraction of Alginate from Brown Seaweed *Sargassum natans* and Its Potential Application as an Ecofriendly Biopolymer and Bioadsorbant

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ABSTRACT

Marine macro algae Sargassum natans is common in Indian coastal regions. S. natans was purchased and was processed for the extraction of alginate. Alginate is linear polysaccharide present in the cell wall of brown seaweed. The production of alginate bioplastic will help in reducing the conventional plastics and their toxic effects on human life. The seaweed used in the study Sargassum natans was subjected to various pretreatment with formaldehyde, hydrochloric acid and sodium bicarbonate before extraction of alginate. This extracted alginate was used as a starting material for the production of bioplastic film. Synthesis of biodegradable films was done using alginate compiled with glycerol, PVA and vinegar. Study of degradation was conducted by burying it under a fertile composite soil and observed for the changes at regular intervals. Because of high microbial load and fertility, compost soil was chosen. The soil burial test was carried out for a period of 30 days. Changes like loss of color, texture and weight were observed upon degradation. The water absorption tendency of alginate bioplastic film was tested and it showed notable percentage of water absorption. This biodegradable plastic can easily be disposed into environment without any kind of toxicity. Further the extracted alginates were converted into calcium alginate beads by treating it with aqueous solution of calcium chloride. Heavy metal solution was prepared and it was treated with extracted alginate beads. The alginate beads were tested for its characteristic adsorption of divalent ions. Adsorption of heavy metals was confirmed by FTIR. This proves that the alginate extracted from marine macro algae S.natans can be used as starting material for the synthesis of eco friendly bioplastic and bioadsorbant of heavy metals.

Keywords: Sargassum natans, alginate, bioplastic, biodegradable films, bioadsorbant





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INTRODUCTION

Polymer plays a vital role in human life but they are difficult to degrade by natural methods. The incineration of the polymers also releases poisonous gases in the atmosphere and they cause toxic effect to humans and environment. Bioplastics derived from renewable biological sources like microorganisms, plants and seaweed are alternate for synthetic polymers. Bioplastics are non-toxic, easier to recycle requires less energy to manufacture and independent of fossil fuels. Bioplastics are degraded to carbon di oxide and water in aerobic conditions, methane and carbon di oxide are produced under anaerobic conditions. Algae have the potential for production of biopolymers. Seaweed polymer could be the solution for the reduction of plastic waste and environmental hazards. Brown seaweed gains importance because they possess a large amount of alginate, which has a high chemical affinity towards divalent metals. Alginate is abundant in brown seaweed *Sargassum sp.* The alginate extracted from brown sea weed biomass are used as potential bioadsorbant for heavy metals (Trica *et al.*, 2019). On reacting with divalent ions like iron, manganese, magnesium, and aluminum, and calcium, alginate forms gel. Alginate can be stable from 0-100°C.

Seaweed polymer attracted interest of most scientists as a film-forming substance. Due to its hydrocolloidal characteristics it is manufactured into an environmentally friendly film. *S.natans* is bushy seaweed with narrow leaf blades which are golden brown with toothed edges. Due to its advantages and availability of *S.natans*, the present study was attempted to extract and characterize alginate from the marine macro algae and investigate its potential application as heavy metal absorbent and as a potential substrate for bioplastic film.

Materials and Methods

Collection of Sample

The dried mass of marine macro algae Sargassum natans (Fig.1) was purchased from Gujarat.

Pretreatment of seaweed:

The dried biomass of seaweed was weighed up to 20g (2 sets) and washed repeatedly with tap water to get rid of large sand particles and dust molecules. It was then soaked in distilled water for one hour. Later it was drained and chopped into small pieces. Following this seaweed was soaked in 300ml of 1% calcium chloride solution overnight at room temperature for 18 hrs. The treated seaweed was again washed with distilled water and soaked in 4% formaldehyde for 2 hrs. Treatment with formaldehyde helps in discoloration of the seaweed.

Acid Treatment:

The formaldehyde was drained and the seaweed was washed with distilled water. The treated seaweed was transferred to a beaker containing 5% hydrochloric acid (HCl) for 1 hour and washed again with distilled water. Treatment with mild acid helps to remove other unnecessary compounds like phenolic compounds and also epiphytes. Acid treatment also helps in demineralization and delipidisation of the seaweed

Extraction of Alginate

The extraction of alginate was followed by a standard procedure described by Haug *et al.*, (1964) and Chee *et al.*, (2011) with slight modification. The acid treated seaweed was washed and 300ml of 3% Na₂CO₃ (Sodium bicarbonate) was added to the beaker and left undisturbed for 1 hour. Alginate dissolves and precipitate in the form of sodium salts when treated with sodium bicarbonate. This mixture was stirred well for another 1 hour and 250ml of distilled water was added to the sodium bicarbonate and seaweed solution this was then left for overnight at room temperature. The solution was centrifuged at 3500 rpm for 3-4 minutes. The sediments are discarded and the supernatant was collected in a separate container. Container containing supernatant with 90% ethanol. The alginate forms gel when treated with ethanol. The gel was then filtered using a mesh cloth and washed repeatedly with ethanol and dried (Fig 2 & 3)





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Preparation of Alginate beads

Preparation of calcium chloride soution:

To prepare alginate beads aqueous solution of calcium chloride (CaCl₂) was prepared. To make 4% calcium chloride solution 4 grams of CaCl₂ was weighed and dissolved in 100 ml of distilled water and stored in air tight container

Immobilization of alginate

5g of extracted alginate was dissolved thoroughly in 100 ml of distilled water. This alginate was then dripped into the aqueous solution of calcium chloride using a syringe needle (Fig. 4a). The prepared alginate beads were kept in contact with calcium chloride solution for 24 hours. Then the beads were filtered and washed with distilled water and air dried (Fig.4b).

Preparation of Heavy Metal Aqueous Solution

1g of FeSo4 (Iron sulphate heptahydrate), CuSo4 (copper sulphate pentahydrate), ZnSo4(zinc sulphate heptahydrate), MnCl2(manganese chloride tetra hydrate). CoCl2

(Cobalt chloride hexahydrate) was weighed and dissolved in 500ml of deionized water.

Preparation of Film

The alginate polymer film was prepared by dissolving the extracted alginate in distilled water. Glycerol / Poly vinyl alcohol (PVA) or both are added to the beaker containing extracted alginate along with this non-fruit vinegar was added with little amount of mild HCl and stirred for 15 minutes. After stirring the mixture was maintained at 160°C for 10-15 minutes. It formed a gelatin like solution. The solution was poured in an aluminum foil sheet. Allowed to cool for 24hrs. After cooling the film was kept at hot air oven at 60°C for 2-3 hours to get a dry film (fig 5 a, fig 5 b).

Characterization of Alginate

FTIR Analysis of Alginate Beads

The FTIR was mainly used to identify the functional group of the sample. FTIR was used to detect the surface functional group of alginate beads. It was done before and after the treatment of heavy metals. The samples were named properly as sample 1(before treatment) and sample 2 (after treatment). FTIR was performed as per the standard procedure.

Biodegradation of Alginate Film

To examine the degradability of alginate bioplastic film Soil burial test were conducted. Degradation is promoted by number of microorganisms and their enzyme produced by them. This can occur at aerobic and anaerobic condition. Degradability may lead to the removal of waste either fully or partially from the environment. Compost soil was collected in a container. The soil moisture, humidity and pH were monitored Two cardboard of size 10×10cm were taken one was pinned with synthetic polythene sheet (control) and another with alginate sheet (test) (Fig. 6). Both the test and the control were buried in the compost soil. In the interval of 10 days film was taken away from soil cleaned and observed for changes. Changes in the color, weight, texture and measurements were noted. Soil burial test lasted for 35 days.

Analysis of Water Absorption Capacity

The test is carried according to ASTM D570 METHOD (standard test method for water absorption of plastics). The film are cut into pieces of size 20mm×20mm kept in hot air oven at 60° c for 2 hours. Weight of the film is measured (W dry) before it is dipped in water. Dried films were dipped in distilled water at room temperature for 24 hours. After that it was removed and wiped gently by blotting paper and weighted (W wet) to determine the water absorbed by the films. The bio absorption quality (W a) was determined by the formula,

$$\%W = \frac{wet - dry}{dry} \times 100$$





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RESULTS

FTIR Analysis of Alginate Beads:

Analysis of alginate beads for its adsorption of heavy metals was carried out by FTIR.

Sample1 (before treatment)

In prepared alginate polymers beads, finger print region was observed with prominent peak variations. Peak at 1400cm⁻¹ band denoted strong S=O stretching sulfate 1248 cm⁻¹ denoted the C=N stretch of amine, peak at 1048cm⁻¹ denoted the presence of aliphatic ether peak at 650cm⁻¹ attributed the C-Br stretching compound. Peak at 2145cm⁻¹ denoted the presence of N=C=N stretch carbodiimide compound also a prominent broad peak at 3350cm⁻¹ attributed the presence of OH group. (Fig. 7 a)

Sample 2 (After treatment)

FTIR- Spectra of treated alginate polymer beads were also observed with variations in finger print region when compared with untreated alginate polymer peak at 2000 cm⁻¹ confirms the presence of C=C=N stretching of ketenimine. Peak at 1600cm⁻¹ and 1500 cm⁻¹ represented strong N-O stretching nitro compound. Also peak at 1350 cm⁻¹ denoted alcohol group and 1215 cm⁻¹ peak denoted amine group presence. Peak at 685 cm⁻¹ corresponded at C-Br stretch at a halogen compound. (Fig. 7 b)

Soil Burial Test (Biodegradation Test)

Soil burial test was carried out to test the biodegradability of alginate bioplastic film. Soil microorganisms are responsible for the biodegradation of alginate bioplastic film. Degradability of the polymer is an ideal characteristic of a bioplastic for its application purpose. The changes were noted at the interval of 10 days (Fig. 8-11; Table 1)

Water Absorption Test;

Water absorption is the major characteristic of a biopolymer for is degradability and its application in various industries. The hydrophilicity of alginate bioplastic film was calculated by measuring the absorption capacity of the film. ASTM D570 METHOD (standard test method for water absorption of plastics) was followed in this study.

| Alginate sheet 1: dry weight-10.80 g | wet weight: 52.51g |
|--------------------------------------|--------------------|
| Alginate sheet 2: dry weight-11.66g | wet weight: 56.04g |

DISCUSSION

The large production and application of conventional plastic has led to hazards and environmental pollution hence bioplastic is introduced as an alternative because of its biodegradable properties. Petro chemicals-based plastics which are resistant to biodegradation and which are environmentally damaging can be replaced by microbial biopolymers. Alginate is a phyco colloid extracted from brown seaweeds used as a starting material for bioplastic film. Algae have the advantage of using smaller amount of nutrients during the process of production of biopolymers. Sargassum is a type of brown seaweed that produces high amount of alginate which is currently in high demand. There are a number of studies employing the application of alginate in producing bioplastic. Seaweed has been reported to be effective heavy metal sorbents and has been proposed as low cost biosorbants to be used in industrial application.

The brown seaweed *S.natans* was chosen in this study as a source of starting material for bioplastic and for heavy metal sorption because of the high availability in Gujarat coast as suggested by Rajendran *et al.*,2012. After pretreatment process the obtained average yield of sodium alginate recorded in this study was 25%. This is considered as the acceptable range of industrial standard of alginate yield of 13 to 38%. Bertagnolli *et al.*,2014. Lim et





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al., 2018 have reported yields in the similar range in their studies where *Sargassum siliquosum* was used as a starting material for the synthesis of bioplastic. Martins *et al.*, 2017 have reported *Nostoc ellisosporum* and Spirulina as a potential source of crude biopolymers. Hence to the best of our knowledge this is the first study employing *S. natans* as a highly efficient source of biopolymer.

The percentage of matter loss during extraction was due to different treatment with formaldehyde, Hydrochloric acid and sodium bicarbonate. Alginate was extracted in its sodium form using sodium bicarbonate and with formaldehyde treatment prior to extraction. Phenolic compounds and plants matter polymerized upon addition of formaldehyde. This lowers the solubility and minimizes the release of phenol content into the final alginate sample. The present study employed the usage of Glycerol and PVC as the plasticizers to obtain high strength elasticity smooth surfaced polymeric film. This is in conformity with Kipngetich *et al.*, 2013. However, Hillary *et al.*, 2013 in their study employed propane 1- 2-3 triol as a plasticizer since they found biopolymers with plasticizers were brittle and rigid. The bioplastic film did not degrade under room temperature indicating their significance for usage in normal storage conditions.

The synthesized alginate biofilm was subjected to water absorption and biodegradability test. Water absorption is an important for the biodegradable materials. The water absorption capacity of bioplastic film was evaluated by measurement of film surface. A maximum water absorption of film was observed in current study in 24 hr period. Biodegradation of the film by soil burial test under compost soil for a 30 days study period indicated degradation of the film resulting in the complete degradation of the film to about 65% of its weight and thickness. While the synthetic polymer shows no observable change in 30 days study period. The study hence strongly suggested the use of alginate polymer as an environmentally friendly polymer which usage to be encourage and adopted. Among various macro algae brown algae contain alginate which have chemical affinity towards divalent ions hence the present study tested the alginate beads for their bioadsorption capacity. The alginate extracted from *S. natans* as was jellified in the form of calcium alginate to be used as bioadsorbant. Metal ions are removed by ionic exchange. FTIR analysis was carried out to study the changes after bioadsorption of metallic ions by the alginate. The following observations were made in the samples before and after treatment.

For sample 1 & 2 the FTIR analysis was shown to be Fig. shows Peak at 2145cm-1 N=C=N stretch carbodiimide compound was known as a membrane active agent responsible for the loss of ion homeostasis on the cell membrane causing the inhibition of photorespiration. Most of the imide derivatives were interacted with cell membrane and release of intracellular constituents Ohya *et al.*,1997 further C=C=N stretch of ketamine at peak 2000 cm-1 confirmed the ion exchange property. The presence of imide group confirms the absorption capacity of alginate functional group. Conversion of carbodiimide to ketoimide.

When a single halogen is present it usually exhibits free rotation, which would normally mean that there are no performed spatial orientations for the molecules. Large number of granular microspheres with a uniform size were dispersed on the surface of the alginate. Probably this may be due to the presence of carboxyl group of alginate (Coo-) which can interact with amino groups (NH3 +). Usually, band is assigned to the stretching vibrations, asymmetric stretch in the case of cumulative double bonded compound. Whereas symmetric stretch is typically weak and is not diagnosed at the group. The FTIR analysis shows that the main chemical group involved in biosorption for *S. natans* were carboxylic alcoholic and amino group which is in conformity earlier study Kleinubing *et al.*, 2011 who studied metals sorption by calcium alginate beads from *Sargassum filipendula*. This current study focused on the synthesis of biopolymers from *S. natans* as a potential candidate capable of yielding alginate in high concentration which can be used as an alternate source to petrochemical plastics. Bioplastics from seaweed are in the early stage of development but definitely holds significant promise in developing biodegradable, eco -friendly and sustainable plastic for the future.





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By analyzing the FTIR result it can be concluded that the presence of imide group confirms the absorption capacity of alginate functional group. The functional group extracted from the algae may play an important role in bioabsorption of metallic ions.

CONCLUSION

The result from the current study designates that the extraction of alginate from the brown seaweed *Sargassum natans* was significantly high up to 25%. Compared to the synthetic plastics the synthesized alginate bioplastic film showed noteworthy biodegradability up to 65%. The soil burial test proved the degradability of film which was the main idea of this study. It also displayed remarkable water absorption capacity and hydrophobic characteristic of alginate bioplastic film. The extracted alginate beads upon treatment of calcium chloride showed superabsorbent of heavy metals. FTIR analysis describes the presence of functional group of the alginate beads before and after treatment with divalent ions. Production of bioplastic from *S. natans* has been successfully performed. The research presents *S. natans* as a cost-effective remarkable source for sustainable bioplastic in the future and also as a potential bioadsorbant for removal of heavy metals. To the best of our knowledge the present study could be considered to be the first research work in the synthesis of bioplastic from *S. natans*.

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| Table 1: Changes observed in the alginate bioplastic | | | | | |
|--|--|---|--------|---|--|
| No. of Days | Texture | Color | Weight | Degradation of Sheet in Cm | |
| At the day of burial | Rigid strong and thick | Pale yellow to light brown | 10.86g | No degradation | |
| 10 days of burial | Change in texture, soften and jelly like | No adverse color changes | 9.21g | 3-4cm | |
| 20 days of burial | Became thin weak and soften | Color changed to dark brown in color | 7.24g | 9-10cm | |
| 30 days of burial | Shrunken and film became more thin | Dark brown in color | 7.2g | Most part were degraded when compare to synthetic plastic (17-20cm) | |

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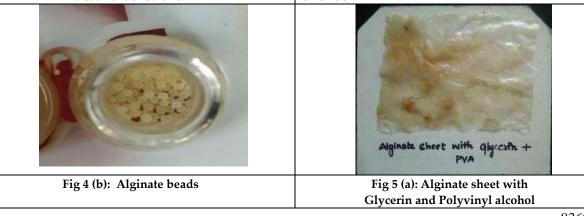
.

Fig. 1: Dry mass of S.natans





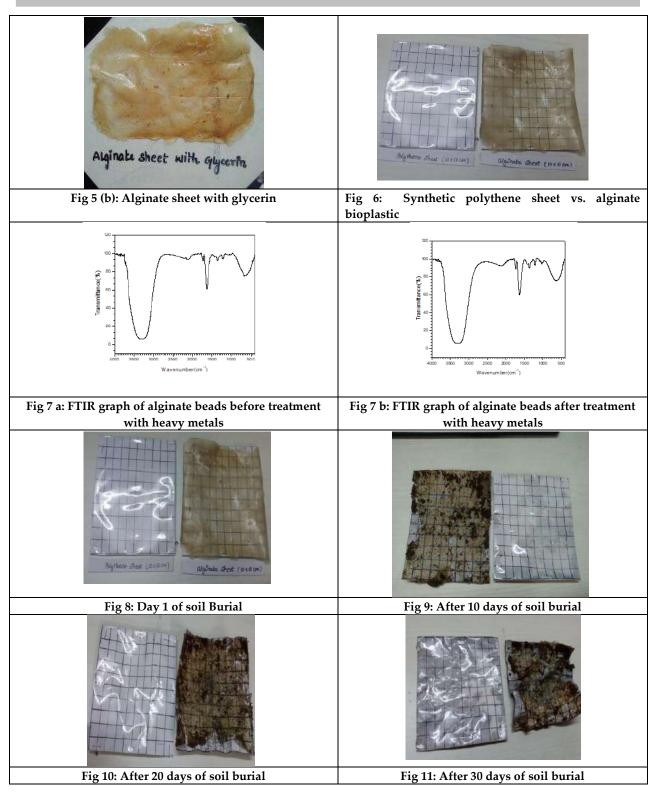
Fig 3: Precipitation and filtration of alginate by the
treatment of ethanolFig 4 (a): Alginate beads preparation with calcium
chloride







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RESEARCH ARTICLE

A New Approach for Scalable Synchronization and Efficient Routing in Industrial IoT for WSNS: A Survey

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ABSTRACT

Wireless sensor networks (WSNs) are becoming more important for data collection and transmission in industrial environments as IIoT applications continue to grow rapidly. But, new ways of thinking about scalable synchronization and efficient routing are required because of the problems that WSNs already have, such low bandwidth, energy limits, and changing network topologies. In order to solve synchronization and routing challenges in WSNs for IoT applications, this review study seeks to provide a thorough overview of current developments and new solutions. We begin with a thorough examination of the role of synchronization in guaranteeing accurate data, time synchronization techniques, and their practical use in businesses. We take a look at both older and more modern approaches of synchronization, comparing and contrasting Reference Broadcast Synchronization (RBS) with NTP and PTP, and talking about the pros and cons of each. In addition, this overview emphasizes how fog computing and edge computing may improve routing efficiency and synchronization accuracy by decreasing data transmission volumes and latency. We highlight the advantages of fog-assisted routing algorithms and edge-based synchronization methods for processing data in real-time and making decisions at the network's periphery.

Keywords: Efficiency routing, Scalable, Time synchronization protocols, Wireless Sensor Networks





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INTRODUCTION

In recent years, WSNs have garnered attention from several fields, including smart cities, healthcare, industrial automation, and environmental monitoring [1-2]. The tiny, resource-limited sensor nodes that make up these networks work together to gather, analyze, and send data for a variety of reasons [3-4]. It is not easy to create trustworthy algorithms for WSNs due to their specific properties, such as their limited energy resources, changeable network architecture, and communication limitations [5-6]. Our research will center on developing new algorithms and approaches for WSNs and resolving critical issues with them so that they can scale better, perform better, and be more efficient. There are three parts to the study, and each one delves into a different facet of WSNs [7-8]. The first step is to achieve time-based synchronization in WSNs by using the Reference Broadcast Synchronization (RBSync) method in conjunction with the Flooding Time Synchronization Protocol (FTSP) model [9–10]. For coordinated data collecting, event detection, and time-sensitive applications, it is essential that sensor nodes be in sync with one another in terms of time. In order to facilitate precise coordination and data interchange, we will examine how well the FTSP-RBSync algorithm works in setting up a common timebase across sensor nodes [11, 12].

Using geographic routing concepts in conjunction with the creation of a Minimum Spanning Tree (IMST), the GPSR-IMST routing algorithm is proposed in the second phase. The IMST structure optimizes routing pathways to decrease energy consumption and boost efficiency [13–14], while geographic routing takes use of the sensor nodes' geographical information. An effective and trustworthy routing technique for WSN data transmission based on geographic information and the IMST structure is the goal of this study [15]. The third stage is focused about solving the scalability problems in WSNs by creating the PVH-DHT algorithm. CAN's multi-dimensional Cartesian coordinate system and Pastry's prefix-based routing strategy are combined in PVH-DHT to provide fast search and storing operations [16–17]. As a reliable and extensible solution for data management in WSNs, PVH-DHT will be tested for its scalability, fault tolerance, and efficient use of resources [18-21]. Extensive simulations and evaluations will be conducted to thoroughly assess the performance, effectiveness, and practical feasibility of the proposed algorithms [22-25]. The research outcomes aim to make significant contributions to the advancement of WSNs by tackling critical challenges and offering innovative solutions for time synchronization, efficient routing, and scalable data management [26-29]. These results have the potential to make WSNs simpler to install and utilize while also increasing their efficiency, utility, and dependability across a variety of industries [30–31].

Background study

Survey on time based synchronization

Chemodanov, D. et al. (2019) Improving geographical routing methods for incident-supporting applications in edge computing that are based on the Internet of Things was the main emphasis of these authors' work. Improving scalability, reliability, and stability, the objective was to provide continuous high-speed data transmission to an edge cloud gateway. Dian, F. et al. (2017) Achieving temporal synchronization between BLE devices is the main objective of this study. To do this, the time difference between events produced by BLE master and BLE slave during connection creation is analyzed. After painstakingly measuring the time difference using an oscilloscope, the author devised a circuit to facilitate the measurement process. Ghaderi, M. et al. (2019) the author have developed a fuzzy-based geographic routing protocol called FGAF-CDG. It utilizes a hexagonal virtual grid architecture, inspired by the GAF protocol. In addition, the author implemented the CDG method to enhance energy efficiency and optimize load distribution in the network, utilizing the compressive sensing technique.

Godor, I. et al. (2020) these authors research provides a comprehensive explanation of how 5G enables seamless time synchronization in industrial automation, even when integrated with wireline networks. The paper primarily examines the integration of 5G and TSN in future wireline industrial communication networks. It delves into various factors that must be taken into account to ensure precise time synchronization between the two domains. Hadi, N. T., & Wibisono. (2019) Wireless sensor networks play a crucial role in the Internet of Things (IoT), finding applications in diverse fields like healthcare, military operations, and traffic management. The WSN network was made up of a sink





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node and a group of sensor nodes that were spread out in space. Given the constraints of sensor nodes, it was crucial to implement efficient routing protocols in order to maximize the network's lifespan.

Survey on Geographic Routing

Hasan, K. et al. (2018) There was a paucity of knowledge on the accuracy requirements of GNSS-based time synchronization in VANET. In this article, we have looked at why GNSS time synchronization is important in VANET and what circumstances are required for it to work. An extensive and painstaking investigation has uncovered many VANET uses that depend substantially on time synchronization. The need or desirability of time synchronization was determined for various uses. Hasan, M. et al. (2018) So that the Internet of Things (IoT) may function normally with a uniform distribution of sensor nodes, the author must do away with the single-hop routing scheme. Whether it's better to route via a smaller number of longer hops or over numerous short hops was a key topic that was presented. In order to surpass nearest-neighbor routing models, multi-hop geographic routing green systems suggest transmitting as far as feasible.

Survey on efficient data transmission in wireless sensor networks

Liu, C. et al. (2018) since the transmission direction was not taken into account by the standard GOR, it may not be able to manage some unique situations in the widely used strip network structures. So, for the strip network topologies, the author created a new GOR mechanism the author dubbed EasyGo. Mahmood, A. et al. (2018) The third axis of the URLLC-model might be ultra-tight synchronization, which is important for time-critical applications. Smart grids and industrial automation, two main uses of URLLC, need precise device synchronization with a reference clock. Due to the fact that 5G URLLC would not replace current industrial bus systems, new connections to both wired and wireless networks were necessary. Naghibi, M., & Barati, H. (2020) Using mobile sinks was one way to address the issue of data transfer in WSNs from sensor nodes to the sink. In this work, the author provide a routing algorithm that makes use of mobile sinks. Two movable sinks, together with the right mobility pattern, have really been used. Phan, L.-A., & Kim, T. (2021) To solve the issue of average-based consensus time synchronization techniques' delayed convergence, VTSP, a new protocol, was suggested in this article. Virtual topologies with better algebraic connectedness than physical topologies were used to conduct the consensus process in VTSP. Connecting nodes in close proximity to one another via virtual linkages creates the virtual topology. Sangaiah, A. et al. (2021) the first node in a WSN will be the one to transmit the route demand. Data was sent along a route that the network discovered using the appropriate protocol, which began at the source and ended at the destination. But this paper uses a different routing search approach. In order to facilitate network operations, this article primarily contributes to the topic of creating a predetermined routing tree.

Şen, S. et al. (2021) more robust possibilities for eHealth applications were made available by the IoT. Enhancing the efficacy of eHealth systems was possible via interdisciplinary research. This work has conducted experiments on intra- and inter-WBAN designs for use in pandemic scenarios, using AODV, geographic routing algorithms, and IEEE 802.15.6 based on CSMA-CA. Tian, Y.-P. et al. (2021) the author look at how time synchronization techniques fare when faced with unpredictable, limited communication delays. To start, the author prove that CBTS algorithms' offset estimates were not converging in networks with two or more root nodes, regardless of how fast the drift estimates converge, even if the convergence rate was O(1/k). After that, in order to ensure that the offset estimate remains confined under conditions of random bounded delays, the author provide the DCBTS method. Wang, H. et al. (2018) The three-step time synchronization mechanism proposed in this letter is based on the maximum consensus technique for clustered WSNs and has little overhead. The suggested approach has been shown successful via simulation results. Zhu, H. et al. (2020) many industrial automation and vehicle applications rely on TSN to satisfy their low latency and real-time data transfer needs. The efficiency and effectiveness of the TSN and the network were affected by how precisely and consistently the clocks were synchronized.





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EXISTING METHODS

Popular methods

Flooding Time Synchronization Protocol

Based on the idea of Reference Broadcast Synchronization (RBS), in which a specific node broadcasts synchronization beacons at regular intervals to serve as the network's time reference, the Flooding Time Synchronization Protocol (FTSP) is a method for synchronizing times in Wireless Sensor Networks (WSNs). In response to these beacons, nodes use clock filtering algorithms to minimize the impacts of drift and outliers and bring their clocks into synchronization with the reference node. Accurate time coordination is essential for WSN applications like data fusion and event coordination, and FTSP assures synchronization stability by adjusting to changing network topologies. It also keeps energy efficiency high by eliminating superfluous synchronization actions.

Reference Broadcast Synchronization

Distributed systems, and Wireless Sensor Networks (WSNs) in particular, employ Reference Broadcast Synchronization (RBS) to ensure that all of its nodes are maintaining precise and synchronized time. An RBS synchronization beacon, with the reference broadcast coordinator's (RBC) current timestamp and sequence number, is transmitted at regular intervals by a specified node. In order to get their clocks in sync with the RBC's, other nodes in the network keep track of when these beacons are received, as well as the sequence number. Long-term synchronization stability is ensured by RBS via the use of statistical methods such as clock filtering and outlier elimination, which decrease clock drift and synchronization faults. This method is crucial for WSN deployment applications that need accurate time coordination and data correlation across dispersed nodes.

Greedy Perimeter Stateless Routing

In order to create communication pathways between nodes in wireless ad hoc networks and WSNs, the routing protocol known as GPSR is often used. This approach does not depend on pre-established routing tables or global network information. Each GPSR node uses its own unique set of local data to determine its own unique route. This decentralized and localized approach is what makes GPSR so effective. Two modes of operation are available to the protocol: perimeter forwarding and greedy forwarding. With greedy forwarding, a node will try to reduce the number of hops needed to reach its target by sending packets to its neighbor that is geographically nearest to it. The protocol transitions to perimeter forwarding whenever greedy forwarding hits barriers or local maxima; in this mode, the packet travels around the network's periphery until it finds a viable route to its destination. GPSR has several benefits, including scalability, reduced routing overhead, and flexibility to changing network topologies. Nevertheless, it could encounter problems in situations involving empty spaces or network segments, necessitating supplementary fault tolerance and resilience measures.

Minimum Spanning Tree

An essential idea in graph theory and network architecture, a Minimum Spanning Tree (MST) minimizes the overall cost or weight of edges in linked networks, allowing for efficient communication channels. In computer networks, MSTs help in routing, broadcasting, and allocating resources by ensuring that all nodes can be reached via a cycle-free tree structure. Built using algorithms like Prim's and Kruskal's, MSTs are essential for designing and managing efficient, scalable, and fault-tolerant network architectures. They are used in hierarchical routing, load balancing, and network protocols like spanning tree protocols.

Prefix-VHash

For distributed systems and databases, Prefix-VHash is a data structure and hashing algorithm that efficiently stores and retrieves hierarchical key-value pairs. By using hierarchical key organization with variable-length prefixes, it maximizes storage consumption, decreases redundancy, and improves memory efficiency. By limiting the hashing process to key prefixes only, Prefix-VHash reduces the likelihood of collisions and allows for quick, predictable key lookups. This method shines in contexts like file systems or classification schemes where keys display hierarchical structures or share common prefixes. Prefix-VHash is an excellent choice for organizing and accessing hierarchical





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data in distributed contexts because to its many benefits, including optimal storage, rapid retrieval times, organized data in a hierarchical fashion, and reduction of collisions.

DISCUSSION

Despite its centrality to IIoT data collection and transmission, Wireless Sensor Networks (WSNs) confront obstacles such bandwidth constraints and changing topologies, calling for creative solutions to synchronization and routing. With an emphasis on the importance of synchronization for data accuracy, this survey paper seeks to offer a comprehensive overview of recent advancements in these areas. It delves into protocols such as Reference Broadcast Synchronization (RBS), Network Time Protocol (NTP), and Precision Time Protocol (PTP), examining their advantages and limitations in industrial settings. In addition, the survey explores how fog computing and edge computing optimize data processing and decision-making at the network edge, which is essential for real-time IIoT applications. It showcases fog-assisted routing algorithms and edge-based synchronization solutions that improve routing efficiency and accuracy.

CONCLUSION

Finally, despite problems like fluctuating topologies and insufficient bandwidth, WSNs are becoming more important in industrial environments due to the fast growth of IIoT applications. In this review, we have looked at the current state of the art and future directions of IIoT routing and synchronization for WSNs, with a particular emphasis on protocols such as RBS, NTP, and PTP. We have also discussed how edge and fog computing can improve the accuracy and efficiency of routing and synchronization. The successful integration and dependable functioning of IIoT systems in industrial settings may be achieved by WSNs by using these advancements, which lead to better data accuracy, lower latency, and optimum resource use. The future of industrial automation and smart manufacturing will be greatly influenced by WSNs, and their progress will be driven by ongoing research and development in these fields.

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| S/NO | Author | Years | Methodology | Advantage | Limitation |
|------|------------------------|-------|------------------------------------|--|---|
| 1 | Alomari, A. et al. | 2017 | Wireless sensor networks | The model improves localization accuracy by providing localization information to all nodes. The mobile anchor coordinates node information exchange by strategically traveling a static path. | Choosing the optimal static path for the moveable anchor may be tough. Finding a strategy that maximizes localization accuracy while minimizing energy consumption and considering precision and localization ratio metrics may need processing resources. |
| 2 | Chelouah, L. et al. | 2017 | Mobile wireless sensor networks | There was a paucity of knowledge about the precision requirements for GNSS-based time synchronization in VANET, and the study categorizes localization options according to methodology, anchor- based or cooperative strategies, node mobility state, and information state. In this article, we have looked at why GNSS time synchronization is important in VANET and what circumstances are required for it to work. An extensive and painstaking investigation has uncovered many VANET uses that depend substantially on time synchronization. The need or desirability of time synchronization was | Due to the area's growth, the research may not include all MWSN localization methods. The analysis may not incorporate new algorithms and techniques developed after the report was published. |

Table 1: Comparison table for existing work done by authors





| | | | | determined for various uses | |
|---|----------------|---------------------------------------|-------------------------------|--------------------------------|----------------------------|
| | | | | This category helps academics | |
| | | | | and practitioners understand | |
| | | | | the different MWSN | |
| | | | | localization algorithms and | |
| | | | | pick the optimal one for their | |
| | | | | purposes. | |
| | | | | One benefit of the | The offered algorithms' |
| | | | | recommended route planning | efficacy depends on |
| | | | | algorithms for mobile anchor | known anchor |
| 2 | Erdemir, E., & | 2010 | alternating | (MA)-aided localization in | placement. Localization |
| 3 | Tuncer, T. E. | 2018 | minimization | wireless sensor networks was | algorithms may function |
| | | | | that they can localize sensors | poorly if anchor |
| | | | | with fewer anchors and | placement was |
| | | | | shorter paths. | inaccurate. |
| | | | Scan and | | |
| | | | Localization | The SLMAT approach | The SLMAT algorithm |
| | | | algorithm with | employs trilateration and a | considers the moveable |
| 4 | Han, G. et al. | 2017 | a Mobile | moveable anchor node to | anchor node's energy |
| | | | Anchor node | estimate the positions of | usage during mobility. |
| | | | based on | unknown network nodes. | |
| | | | Trilateration | | |
| | | | | OPTEC optimizes movable | |
| | | | | anchor trajectory planning | MILP optimization may |
| | | | using MILP. Localisation | increase computing | |
| | | Optimal | precision, energy limits, and | complexity in the | |
| | Kouroshnezhad | S. et al. 2018 Trajectory w Energy | Priority based | location uncertainty were | OPTEC approach. |
| 5 | , | | Trajectory with | utilized to discover the | Solving MILP problems |
| | J. Et al. | | 0, | trajectory that maximises | may be computationally |
| | | | Constraint | localisation performance | difficult for large sensor |
| | | | | while considering the mobile | networks. |
| | | | | anchor node's limited | |
| | | | | resources. | |

| Deepa and S | brinivasan |
|-------------|------------|
|-------------|------------|

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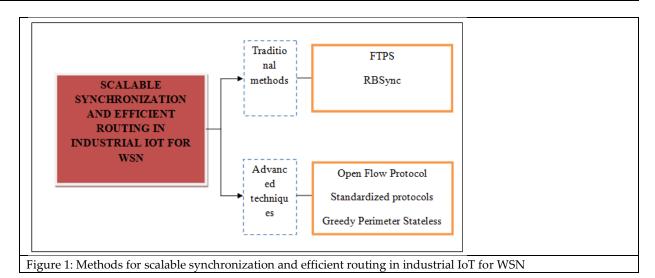
| Algorithm | Merits | Demerits |
|-------------------------------------|--------------------------------------|--------------------------------------|
| Flooding Time Synchronization | FTSP operates in a decentralized | FTSP relies on periodic time |
| Protocol | manner, allowing nodes to | synchronization messages (beacons) |
| | synchronize their clocks without the | sent by nodes, which can contribute |
| | need for a central time server. This | to increased network traffic, |
| | reduces the dependency on a single | especially in large-scale |
| | point of failure and improves | deployments. This continuous |
| | robustness in WSN deployments. | communication may lead to higher |
| | | energy consumption and reduced |
| | | network lifetime. |
| Reference Broadcast Synchronization | RBS achieves high synchronization | RBS may experience an initial |
| | accuracy by leveraging the concept | synchronization delay when a node |
| | of reference broadcasts. In RBS, a | joins the network or after network |
| | designated node called the Reference | reconfiguration. During this period, |





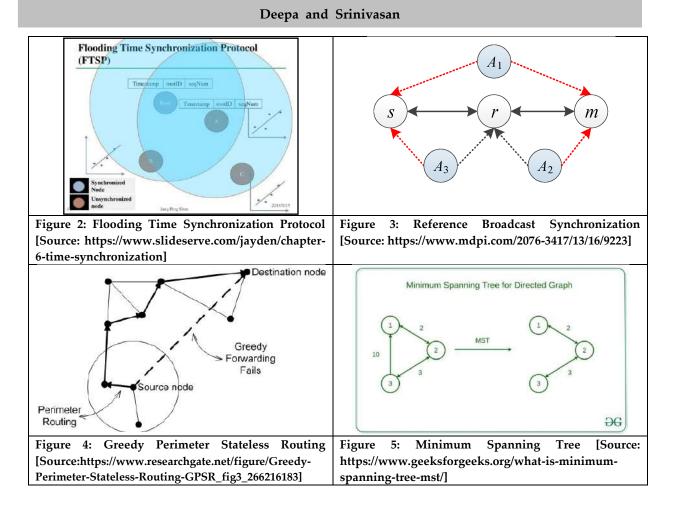
Deepa and Srinivasan

| | Broadcast Coordinator (RBC) periodically broadcasts synchronization beacons. | the node needs to receive and process multiple synchronization beacons to adjust its clock, which can temporarily delay accurate synchronization. |
|------------------------------------|--|---|
| Greedy Perimeter Stateless Routing | GPSR is designed to be efficient in terms of routing overhead and resource utilization. Using a greedy forwarding method, it directs packets to the next node with the greatest proximity to their final destination. This approach minimizes the number of hops and reduces latency in data transmission. | GPSR's greedy forwarding strategy can lead to suboptimal routing decisions in certain scenarios. Nodes may get trapped in local optima, where the closest neighbor in terms of Euclidean distance is not necessarily the optimal next hop in terms of network connectivity or path length. |
| Minimum Spanning Tree | An MST ensures that all nodes in a graph are connected with minimum possible edges. This property is essential in network design to establish communication paths between nodes while minimizing the overall cost or distance. | MSTs are static structures that do not dynamically adapt to changes in network topology or traffic patterns. In dynamic networks or scenarios with frequent topology changes, maintaining an optimal MST may require frequent recomputation, leading to overhead and potential disruptions. |
| Prefix-VHash | Prefix-VHash optimizes storage efficiency by grouping keys with shared prefixes together. Similar keys are likely to have common prefixes, leading to compact storage and reduced redundancy in distributed storage systems. | Like any hash-based data structure, Prefix-VHash may encounter collisions where different keys hash to the same prefix. Collision resolution strategies such as chaining or open addressing may be required to handle collisions and maintain data integrity. |













RESEARCH ARTICLE

Unlocking Loan Approval : Leveraging Statistical Machine Learning for Informed Decision - Making in Banking

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ABSTRACT

The fluctuating nature of individual financial needs often catches people off guard, prompting them to seek monetary assistance, often from banks. However, this surge in loan applications presents a challenge for banks, as they must navigate the delicate balance between meeting customer needs and mitigating risks associated with loan defaults. With an increasing number of loan applicants, banks face the daunting task of allocating their limited resources to individuals who pose the least risk of default. Leveraging the power of statistical machine learning offers a promising solution to this challenge. By harnessing advanced analytical techniques, banks can predict the likelihood of loan repayment and identify safer lending options. Through the development of predictive models, banks can streamline their decision-making process, accurately assessing loan applications to approve or reject them with greater confidence. In essence, by integrating statistical machine learning into their loan approval processes, banks can optimize resource allocation, minimize risk exposure, and ultimately better serve their customers' financial needs.

Keywords :Decision tree algorithm, credit risk assessment, Prediction, classification, loan approval

INTRODUCTION

Banks serve as pivotal financial institutions, crucial for sustaining societal functions. Their primary role lies in providing lending services, which, in today's competitive landscape, demands strategic establishment for survival. Leveraging deposits to extend loans at higher interest rates enables banks to maximize profitability, provided they maintain adequate liquidity to meet customer withdrawal demands. However, the inherent challenge lies in mitigating credit risk, wherein borrowers default on their obligations, leading to bad debts that pose significant risks





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to the bank's stability. Effective credit risk assessment becomes imperative to distinguish between defaulters and non-defaulters among loan applicants. Developing a robust model for such assessment is intricate, given the escalating loan demands. Prototypical models employing collaborative machine learning approaches offer a promising solution. By constructing a comprehensive model, banks can make informed decisions regarding loan approval, thus minimizing potential losses and bolstering credit volume. Central to this assessment is the prediction of the Probability of Default (PD) of an applicant, necessitating a multifaceted model that considers various applicant attributes. However, data inconsistencies such as missing values and outliers pose challenges, requiring meticulous handling before model construction. Classification modeling, particularly using Decision Trees, emerges as a potent data mining approach to classify applicants as defaulters or non-defaulters. By integrating these steps into a cohesive model, banks can effectively predict applicant default probabilities, facilitating prudent lending decisions. In summary, by employing advanced data mining techniques and comprehensive risk assessment models, banks can optimize profitability, mitigate credit risks, and ensure prudent lending practices in today's dynamic financial landscape.

Therefore, the study aims to achieve the following objectives:

- Implementing a predictive model tailored for bankers to discern credible loan applicants.
- Evaluating the applicability of the model in aiding financial institutions to make informed decisions regarding loan approvals or rejections.
- Developing a data mining model using R to forecast the Probability of Default (PD) for new loan applicants within a banking context.

LITERATURE SURVEY

In the article written by Sudhakar, and Reddy (2016), an efficient prediction model was presented to identify customers applying for bank loans. Utilizing the Decision Tree algorithm, relevant attributes for credibility assessment were predicted, facilitating loan approval decisions for customers. Aboobyda, and Tarig (2016) introduced a model leveraging data from the banking sector to forecast loan statuses. Employing three classification algorithms-j48, bayes Net, and naïve Bayes-the model was implemented and validated using Weka. Notably, the j48 algorithm demonstrated superior accuracy, offering valuable insights for loan decision-making.Kavitha (2016) proposed an enhanced Risk Prediction Clustering Algorithm to assess the status of loan applicants. By integrating Primary and Secondary Levels of Risk assessments and leveraging Association Rule techniques, redundancy was minimized, enhancing the accuracy of loan status predictions. Somayyeh, and Abdolkarim (2015) utilized a decision tree model for classification and genetic algorithms for feature selection. Testing the model with Weka showcased its effectiveness in identifying key features relevant to loan approval decisions. Hussain, and Shorouq (2014) presented two credit scoring models employing data mining techniques tailored for Jordanian commercial banks. Comparative analysis revealed that the logistic regression model outperformed the radical basis function model in terms of accuracy.Blanco et.al (2013) developed non-parametric credit scoring models based on the multilayer perceptron approach, demonstrating superior performance compared to traditional linear discriminant analysis, logistic regression, and quadratic discriminant analysis techniques. Harris (2013) conducted a comparison of support vector machine-based credit-scoring models using Broad and Narrow default definitions. Results indicated that models derived from Broad definition default outperformed those from Narrow definition default. Abhijit, and Chawan (2013) explored bank loan default risk analysis, encompassing various data mining techniques such as Decision Trees, Random Forests, Boosting, Bayes classification, and Bagging algorithms, providing insights into financial data analysis. Francesca (2012) introduced a discrete survival model to assess default risk, providing experimental evidence using the Italian banking system. Seema, and Anjali (2011) tested an integrated model on a dataset from Indian banks, combining Logistic Regression, Radial Basis Neural Network, Multilayer Perceptron Model, Decision Trees, and Support Vector Machine techniques for credit scoring analysis.. Hamid, and Ahmad (2011) estimated the creditworthiness of customers using a Fuzzy Expert System, followed by Data Mining Algorithms via Clementine software. Sudhamathy and Jothi Venkateswaran (2016) proposed a framework to identify the Probability of Default





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of a Bank Loan applicant effectively, demonstrating high accuracy and precision in model predictions. Kalyani, Rawate and Tijare (2017) introduced a predictive system for bank loan credibility, applying the Random Forest Data Mining Algorithm to predict relevant attributes for assessing credibility.

PROPOSED WORK

The proposed model is centred on accurately predicting the creditworthiness of customers regarding loan repayment, achieved through a comprehensive analysis of various customer attributes. These attributes, reflecting different aspects of customer behavior, serve as inputs to the model. Based on the classifier's output, decisions regarding loan approval or rejection can be confidently made. Utilizing diverse data analytics tools, the model facilitates the forecasting of loan predictions and their associated severity levels. This entails training the data using various algorithms and subsequently comparing user data with the trained dataset to predict loan nature. The R package is employed for data preparation and classification model development. In real-time scenarios, customer datasets often contain missing or imputed data, necessitating the replacement of such data with valid entries derived from available completed data. Furthermore, the dataset encompasses numerous attributes defining customer credibility across various types of loans, with some attribute values potentially exhibiting outliers. It becomes imperative to address these outliers to ensure the dataset's suitability for subsequent modeling. The steps involved in constructing the model for this study are outlined as follows:

- Step 1 Data Selection
- Step 2 Data Pre-Processing
 - Step 2.1 Missing values replacing
 - Step 2.2 Outlier Detection
 - Step 2.3 Outlier Removal
 - Step 2.4 Imputations Removal
 - Step 2.5 Splitting Training & Test Datasets
- Step 3 Features/Variables Selection
 - Step 3.1 Correlation Analysis of features
 - Step 3.2 Logistic regression analysis
 - Step 3.3 Variables/features Selection
- Step 4 Building Classification Model
- Step 5 Predicting Class Labels of Test Dataset
- Step 6 Evaluating Predictions

The major steps of the credit risk analysis and prediction modeling using R is presented in figure 1. However, evaluating the creditworthiness of applicants is done based on:

Bank Loan Prediction System: This application enables banks to assess customers' eligibility for loans efficiently.

Online Loan Eligibility Check for Individuals: Users can conveniently determine their loan eligibility online by submitting necessary information. They will receive an email notification indicating their eligibility status, eliminating the need for in-person visits to the bank and enhancing user experience.

The process flow for applicants, from submitting their application to the approval or rejection of the loan, is detailed and illustrated in Figure 2





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RESULTS AND DISCUSSION

Dataset selection

- 1) Data relating to bank loan status has been collected
- 2) Secondary data was obtained
- 3) Dataset "Bank Loan Status Dataset" from Kaggle.com

Data Pre-Processing

- 1) **Outlier Detection:** To detect outliers in the numeric attributes, the values of these attributes are first normalized to fall within the range of [0, 1]. Subsequently, boxplots are generated to visualize and identify any outlier values.
- 2) Outliers Removal: The observations which were out of range (based on the rankings) were removed
- 3) **Imputations Removal:** The multiple imputation method was used to remove the null values for both numeric and quantitative attributes.
- 4) **Splitting Training & Test Datasets:** Before proceeding to the further steps, the dataset was split into training and test datasets so that the model can be built using the training dataset. R function was used for this purpose.

Features Selection:

- Correlation Analysis:Datasets often include irrelevant or redundant features that can unnecessarily complicate the model. Therefore, eliminating such redundant features can enhance the model's efficiency. Correlation analysis is conducted independently for each data type—numeric and nominal. The results indicate that there is no significant correlation among any of the features, whether numeric or nominal. As a result, no features are removed in this step. The output is presented in Figure 3.
- **2)Logistic regression:**Logistic regression analysis was employed to assess the influence of independent variables on the dependent variable. Subsequently, significant variables identified through this analysis were selected for further examination and analysis. The results of logistic regression is tabulated in Table 1.
- **3)** Variables/ Features selection:Only the significant variables identified in the analysis were retained for further investigation. Features that did not contribute to prediction were consequently dropped at this stage, streamlining the study to focus solely on pertinent variables.

Building Model Classification

Model classification is a fundamental data analysis technique used to predict categorical labels. In this study, we employed the decision tree model to predict the probability of default. The 'rpart()' function was utilized to derive a model from the training dataset. The results of the classification analysis are shown in Table 2. The feature selection threshold is illustrated in Figure 4. Additionally, the classification tree is depicted in Figure 5.

Predicting Class Labels of Test Dataset : Prediction The model is tested using the test dataset by using the predict() function. The results of the predicted classes are presented in Table 3.

Evaluating Predictions

Common metrics calculated from the confusion matrix are Precision, Accuracy, TP Rate and FP Rate. From our resultant data we get the values of the above metrics by applying the values as derived below with True Defaults = 88, False Default = 55, Total Default = 1035, True Nondefault = 2910, False Nondefault = 947, Total Nondefault = 2965 and Total Testset = 4000

The calculations for the same are listed below. Also the measures are presented in Table 4.

 $Precision = \frac{True \ Defaults}{True \ Defaults + False \ Defaults} = 88 / (88+55) = 0.6154$ $Accuracy = \frac{True \ Defaults + True \ Nondefaults}{Total \ Testset} = (88 + 2910) / 4000 = 0.7495$ $TP \ Rate = \frac{True \ Defaults}{Total \ Defaults} = 88 / 1035 = 0.085$





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 $FP Rate = \frac{False Defaults}{Total Nondefaults} = 55 / 2965 = 0.0185$

These results demonstrate that the proposed model performs with good accuracy and precision, making it suitable for credit scoring applications. A similar analysis can be conducted to assess the likelihood of loan approval or rejection.

CONCLUSION

This paper presents a framework aimed at enabling banks to conduct effective credit risk assessments, thereby aiding in the avoidance of significant losses. The Probability of Default (PD) was estimated as a crucial metric to assist banks in risk management. Leveraging a Decision Tree model, the framework accurately predicts class labels for new loan applicants. The derived metrics demonstrate the model's high accuracy and precision. This application serves to assist banks in distinguishing between loan defaulters and non-defaulters, facilitating proactive measures based on the identified loan repayment statuses. By enabling timely actions, the framework has the potential to mitigate the occurrence of bad debts, thereby safeguarding banks from substantial financial losses.

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| Table 1. Results of logistic regression Deviance Residuals | | | | | | |
|--|-------------------|------------|--------|-------|---------|--------------|
| Minimum | IQ | Media | n | | 3Q | Maximum |
| -5.6586 | 0.0882 | 0.2199 |) | 0. | .2559 | 0.3857 |
| Coefficients | | Estimate | Std. I | Error | t-value | Pr(> t) |
| (Intercept) | | 7.431e-01 | 6.029 | e-03 | 123.258 | <2e-16*** |
| Current Loan Am | ount | -4.557e-04 | 1.092 | e-04 | -4.173 | 3.01e-05*** |
| Term | Term -8.53 | | 3.949 | e-03 | -21.617 | <2e-16*** |
| Annual Income | | 2.956e-03 | 1.720 | e-04 | 17.182 | < 2e-16 *** |
| Years in current job 1.230e-02 | | 1.230e-02 | 3.623 | 8e-03 | 3.394 | 0.000688 *** |
| Home Ownersh | ip | 2.690e-02 | 2.583 | 8e-03 | 10.416 | < 2e-16 *** |
| Purpose | | -1.475e-02 | 5.154 | e-03 | -2.862 | 0.004217 ** |
| Monthly Deb | t | -8.548e-04 | 1.728 | 8e-04 | -4.947 | 7.56e-07 *** |
| Years of Credit Hi | story | 6.806e-04 | 2.460 | e-04 | 2.767 | 0.005656** |
| Number of Open Ac | counts | -7.111e-04 | 3.581 | e-04 | -1.986 | 0.047074 * |
| Number of Credit Pr | oblems | -3.867e-03 | 3.341 | e-03 | -1.158 | 0.247005 |
| Current Credit Bal | lance | -5.099e-06 | 4.185 | je-04 | -0.012 | 0.990280 |

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Table 2. Results of Classification

| СР | nsp lit | rel error | xerror | xstd |
|----------|---------|-----------|--------|----------|
| 0.002657 | 0 | 1.0000 | 1.0000 | 0.026762 |
| 0.001932 | 7 | 0.97778 | 1.0135 | 0.026878 |
| 0.001546 | 8 | 0.97585 | 1.0290 | 0.027009 |
| 0.000967 | 13 | 0.96812 | 1.0425 | 0.027121 |
| 0.000480 | 15 | 0.96618 | 1.0860 | 0.027504 |
| 0.000193 | 21 | 0.96232 | 1.0908 | 0.027504 |
| 0.000000 | 31 | 0.96039 | 1.0995 | 0.027570 |

Table 3. Results of Predicted class

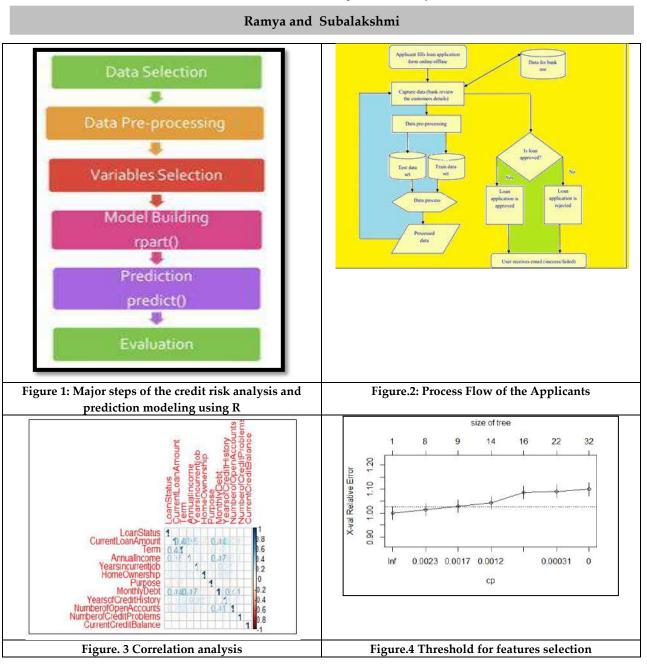
| | Defaulter | Non-defaulter |
|---------------|-----------|---------------|
| Defaulter | 88 | 947 |
| Non-defaulter | 55 | 2910 |

Table 4. Measures from the Confusion Matrix

| Precision | Accuracy | TP rate | FP rate |
|-----------|----------|---------|---------|
| 0.6154 | 0.7495 | 0.085 | 0.0185 |

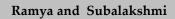


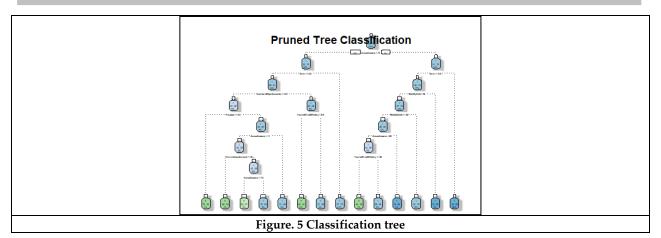














RESEARCH ARTICLE

Health Status of Tribal Women in Tamilnadu: A Micro Level Study

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ABSTRACT

Particular consideration must be given to the health issues in India's indigenous populations. Research studies that are now available indicate that the unique health issues faced by the tribal population are primarily caused by their habitat, which includes challenging topography and biologically varied niches. It has been discovered that the health, nutrition, and medico-genetic issues that various tribal groups face are distinct and pose a significant challenge for which adequate answers must be sought through the planning and development of pertinent research studies. Certain health issues and genetic anomalies, such as sickle cell anemia, a deficiency in the red cell enzyme G-6-PD, and sexually transmitted infections (STDs), are specific to India's primitive tribal populations. Their unhygienic living circumstances, ignorance, poor personal cleanliness, and a lack of health knowledge are the primary causes of their illness. ST populations are still disproportionately affected by "diseases of the poor," such as infectious diseases and malnutrition. Both adult and child populations have shown high levels of chronic under nutrition. Among STs, micronutrient malnutrition, which includes anemia and iodine deficiency illnesses, is also a significant issue. Malaria still exists, especially in tribal communities residing in forested settings, and in certain places it has been reported to be becoming more common. Different tribal populations have different tuberculosis prevalence rates. Therefore, this micro level study analyse health status of tribal women in Pachimali Hills of Tamilnadu

Keywords: Schedule Tribes, socio economic development, health status, health problem, health scheme

INTRODUCTION

There are many different kinds of indigenous people living in India. In India, the Scheduled Tribe population is among the most economically disadvantaged and marginalized communities. India is the country with the largest tribal population in the world, numbering over 10.2 crores. This makes about 8.6% of the nation's overall population [1]. One of the main forces driving change in the direction of progress is education. In actuality, education contributes to the inner strength of tribal communities, which enables them to face new obstacles in life, as well as the economic





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prosperity of the tribes. It is an action, a sequence of actions, or a procedure that could either enhance the quality of life right now or expand opportunities for living in the future [2]. It is the single most significant way that people and society can enhance their own endowments, increase their ability, get beyond obstacles, and increase prospects for a long-term development in their well-being. Education has recently been highlighted by Professor Amartya Sen as a crucial factor in any inclusive economic progress. Thus, improving the economic and social circumstances of the Scheduled Tribes can be achieved through education [3].

Tribal Setting in Tamil Nadu

In general, Tamil Nadu can be divided into three sections: the eastern coast line region, the middle plain area, and the north and west mountain regions, which are home to the majority of the tribal population. The Jawadhu and Elagiri hills in North Arcot district, the Kalrayan hills in South Arcot district, the Pachamalai, the Kollimalai and Yergadu hills in Salem district, the Anamalai of Coimbator district, the Sitteri hills in Dharmabari district, the Palanimalai of Dindigul district, the Elumalai (cardamom hills) hills, and the Varshanad hills in Theni district are among Tamil Nadu's most significant hills. According to the 1991 census, Tamil Nadu had 5.74 lakh tribal people and 5.58 crore ordinary people living there. Tamil Nadu has a relatively low population concentration of tribal people. The proportion of tribal people to the overall population was 1.03%. The state is home to these 36 tribal tribes.

Pachamalai Hills

Pachamalai is situated in the northwestern region of the Tiruchirappalli district, which is divided from the Salem district by the Thuraiyur taluk. In the Malaiyalee (hillmen) district, this is the sole significant hill. At roughly 2000 feet above the mean sea level, the hill range has peaks that reach up to 3400 feet in elevation. This hill is almost 20 kilometers long and shaped like an hourglass. We may get the summit of this hill by taking the Ghat road, which is roughly 31 km long and starts at Shobanaburam, the settlement at the base of the hill. There are eleven hairpin curves in total, and the roads are kept in good condition. A notice board has been erected at the valley view point, three kilometers from the top of the Ghat Road, by the highway division authorities. From there, there is a lovely view of the hill below and the valleys on the slopes.

Two travelers' quest houses—one run by the local Panchayat Union and the other by the forest department—can be found at the top of the hill at the end of the ghat road. The people of Pachamalai Hill (also known as "Green Hill") were somewhat illiterate due to their remote location, which made them fixated on the contemporary medical system. They were dressed traditionally and lived in rudimentary homes in undeveloped villages before colonization. In his guidebook for the Salem district (1887), HizeFaine described the tribal culture, illiteracy, native doctors, daily physical labor, home kinds, and clothing patterns of the people living there. Following independence, the Indian government legitimized their status by enacting several constitutional acts, establishing Directive Principles for State Policies, and implementing numerous social programs to improve their socioeconomic circumstances.

The Tribal Welfare Department, a distinct branch, was founded and given the authority to implement appropriate welfare programs. Guidelines to prioritize tribal areas were also provided to other departments. The Malayalee tribes of Pachamalai Hill experienced socioeconomic and cultural changes as a result of numerous schemes. The hill tribes kept up their use of various tribal languages. As soon as mountains were discovered above the sea's surface, the Tamil race emerged. Tamil languages assert their antiquity, and ancient Tamil literature amply demonstrates that the Tamils discovered one of the original human races. There are a lot of herbal plants on the hill. For the sake of the tribal pupils, there are eight residential schools. For their usage, there are ten public distribution centers, four branch post offices, one government hospital, one veterinary subcenter, and a cooperative society.

The Malayalees are the people who inhabit this hill and are classified as tribal. Part of the Uppiliyaburam Assembly seat, which has been set aside for the return of a Scheduled Tribe member to the Tamil Nadu assembly, includes Pachamalai. Most Keralans live in poverty. Only Malayalees are allowed to live in the Pachamalai highlands; others are not permitted to migrate here. Individuals in this place appear to live in harmony and cooperation with one





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another. This is demonstrated by the fact that the presidents and ward members have always been chosen unanimously and without opposition in previous elections.

Empirical Literature

In actuality, education contributes to the inner power of tribal societies, which enables them to face new obstacles in life, as well as the economic development of the tribes [4]. Among India's backward communities, literacy and educational attainment are strong markers of social and economic growth [5]. In terms of literacy and education, the tribes currently trail behind both the general population and the Scheduled Caste community. Women from Scheduled Tribes, who have the lowest rates of literacy in the nation, are particularly more affected by this inequality [6]. Among the scheduled tribes, there is a notable disparity between male and female educational attainment and literacy rates. Education—particularly primary education—is regarded as being extremely vital for the overall development of tribal groups and is especially useful in fostering the confidence of the tribes to interact with outsiders on an equal footing [7].

The scheduled tribes are still far behind in practically every conventional development criteria, even with the government's earnest and coordinated efforts to support their overall development [8]. Due to their lack of awareness of the majority of programs and policies designed for their advancement, they are unable to take part in the development process [9]. This is mostly because indigenous people have a relatively low level of education and a high incidence of illiteracy. Therefore, the scheduled tribes' educational standing and the government's role in promoting this are crucial [10]. It is often recognized that, in comparison to the general population, tribes have highly poor educational backgrounds. Thus, improving the economic and social circumstances of the Scheduled Tribes can be achieved through education [11].

Different tribal groups have been shown to have distinct health, nutritional, and medico-genetic issues. These issues pose a significant task, for which adequate solutions must be sought through the planning and development of pertinent research projects [12]. Certain health issues and genetic anomalies, such as sickle cell anemia, a deficiency in the red cell enzyme G-6-PD, and sexually transmitted infections (STDs), are specific to India's primitive tribal populations. The primary causes of their poor health include unhygienic environments, ignorance, a lack of personal hygiene routine, and a lack of health education [13]. ST populations are still disproportionately affected by "diseases of the poor," such as infectious diseases and malnutrition. Both adult and child populations have high rates of chronic undernutrition [14].

Among STs, micronutrient malnutrition, which includes anemia and iodine deficiency illnesses, is also a significant issue. Malaria still exists, especially among tribal communities residing in forested areas, and in certain places it has been reported to be becoming more common [15]. Different tribal populations have different tuberculosis prevalence rates. Numerous studies have revealed that the prevalence and patterns of tuberculosis (TB) in ST communities do not differ significantly from those in non-ST communities. However, due to the challenging terrain and restricted medicine supply in many tribal locations, ST-specific TB control strategies require special attention [16]. While the prevalence rates of HIV/AIDS among some tribal groups remain low due to their geographic isolation and limited interactions with other communities, in certain areas STs are becoming a high-risk group for HIV/AIDS due to their migration for employment opportunities or displacement [17].

RESEARCH METHODS

Primary sources were used as the data gathering sources for this study. In the study areas, interviews, both semistructured and structured, were carried out with the tribal households. Interviewees were asked, via a carefully designed questionnaire, how they perceived the health conditions. The current study is being carried out in Tamilnadu'sPachamalai Hills in the Tiruchirappalli district. The chosen study. Using a stratification process based on the tribal population, the villages are chosen based on the higher concentration of tribal households. Tribal villages in





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Mayampady and Nallamathiwere chosen for the study. Eighty sample tribal households were picked from Mayampady Village and eighty sample tribal households were recruited from Nallamathivillage. For a comprehensive analysis, 160 sample tribal homes from the villages of Mayampady and Nallamathiwere chosen.

Data Analysis and Results

Particular consideration must be given to the health issues in India's indigenous populations. Research studies that are now available indicate that the unique health issues faced by the tribal population are primarily caused by their habitat, which includes challenging topography and biologically varied niches.

Status of Immunizations

According to Table 1.1, in both study regions' villages, 31.25 percent and 68.75 percent of children aged 0 to 5 have received all recommended vaccinations and none at all. Furthermore, in the Mayampady and NallamathiVillages, 32.50 percent and 30.00 percent of children aged 0 to 5 have received all recommended vaccinations, whereas 67.50 percent and 70.00 percent of children in the same age range have not received all recommended vaccinations. It has been noted that the majority of children in the research areas are not fully immunized, which could lead to various health issues such as physical disabilities, mental disorders, and other illnesses.

Reproductive Age

According to Table 1.2, of the 90 sample tribes, 68.75 percent of them married between the ages of 15 and 18; 12.23 percent married between the ages of 19 and above; and 11% married women in both age categories below the age of 15. Of the 45 sample tribal women, 28 and 29 (62.22 and 64.44 percent) were married between the ages of 15 and 18; the remaining 17.92 and 15.25 percent were married after the age of 19, and the remaining 12 and 11 percent were married before the age of 15 in the study area of Mayampady and Nallamathi Villages. It is noted that the majority of the study's tribal women were married before turning eighteen.

Diseased Persons - Gender Distribution

Table 1 shows the distribution of diseased people in the sample area by gender. According to Figure 3, out of 160 sample tribes in Mayampady and NallamathiVillages, the afflicted individuals are 35 and 38. Of these, 62.86 and 68.42 percent are male and 37.14 and 31.58 percent are female. In the studied locations, it has been noted that male tribes account for the majority of sickness cases.

Diseased Persons-age wise

According to Table 1.4, in the Mayampady and NallamathiVillages, 80.92 percent and 78.99 percent of the sick individuals are in the productive age range of 15 to 50, while the remaining 16.79 percent and 18.11 percent are in the unproductive age group of up to 14 years old. In the age range of above 50, the prevalence of disease is extremely low. Their size in relation to the overall population is the reason, not their excellent health.

Affected Diseases

Table 1.5 shows how the sample tribes are distributed among the study area's affected diseases. In the Mayampady and NallamathiVillages, 60.00 percent and 65.71 percent of the afflicted individuals suffer from fever, while 28.57 percent and 31.43% from malaria and 11.43 percent from dengue.

Consults the Doctor

Table 1.6 shows that, in the study region of Mayampady and NallamathiVillages, 74.29% and 80.00% of the unwell individuals see a doctor, while 25.71 percent and 20.00 percent do not see a doctor for treatment.

Expenditure for Their Diseases





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Table 1.7 shows that, in the Mayampady and NallamathiVillages, approximately 44.44 percent and 46.67 percent of the sick individuals spend less than Rs. 1,000 on their treatment, 17.78 percent and 15.56 percent spend between Rs. 1001 and Rs. 2000, 11.11 percent and 13.33 percent spend between Rs. 2,001 and Rs. 3,000, and 4.44 percent and 8.89 percent spend more than Rs. 3000.

Government Medical Services

The sample tribes' opinions on government medical services are explained in Table 1.8. In the study regions of Mayampady and NallamathiVillages, it was noted that 38.75 percent and 36.88 percent of the households, respectively, expressed the opinion that they had a visit from the medical officer. Furthermore, 42.50% and 393.8% of respondents believe that the government health clinics provide them with adequate care. Regarding medication, 42.50 percent and 41.25 percent of respondents believe that the government health centers in the villages of Mayampady and Nallamathiare operating satisfactorily.

Awareness about the AIDS

According to Table 1.9, 36.25 percent and 39.37 percent have heard of the illness, and 26.25 percent and 30.00 percent are aware of its causes and symptoms. It has been noted that the government needs to implement more AIDS awareness programs because approximately 45 percent of families are unaware of the disease's causes and symptoms.

Distance to the Medical Center

In the Mayampady and NallamathiVillages, Table 1.10 looks at 18.75% and 24.37% of the homes that don't have a medical center within 16 km, and 81.25 percent and 75.63% of the houses that are closer to medical centers at a radius of 10 km. It might have a detrimental impact on the health of the homes in the Nellore District research locations.

SYNOPSIS OF RESULTS

From the foregoing discussion, it may be inferred that the Immunization Status of tribes shows that around 31.25% of children aged 0 to 5 have received all recommended vaccinations, while 68.75% have not. It has been noted that the majority of children in the research areas are not fully immunized, which could lead to various health issues such as physical disabilities, mental disorders, and other illnesses. Among the reproductive age group of women, approximately 68.75 percent were married between the ages of 15 and 18; 12.23 percent were married at 19 or older; and 11% were married when they were under the age of 15. It is noted that the majority of the study's tribal women were married before turning eighteen. Males are more likely than females to suffer from diseases, and those in the productive age group are more likely to do so (65.71%). The two main illnesses impacting the sample population are fever and malaria.

In the research region of Mayampady and NallamathiVillages, it is predominant that 74.29 percent and 80.00 percent of the affected consult a doctor, respectively, whereas 25.71 percent and 20.00 percent do not seek medical attention. From a health perspective, nearly everyone is aware of the causes, symptoms, and implications of AIDS. The results indicate that a very tiny proportion of respondents receive government support, and this is likely due to the fact that most tribes were unaware of this program. It has been determined that the health, dietary, and medical-genetic issues faced by various ethnic groups are distinct and pose a significant challenge for which suitable solutions must be developed.





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CONCLUSION

It is possible to draw the conclusion that, in the interior hill tracts where the tribes primarily live, the government should give special consideration to the construction of more extensive basic infrastructural facilities on a priority basis. The aboriginal population has relatively limited access to current health programs and rights, such as those related to medications and bed services. In order to reduce the issue, the fluoride-affected tribes must also receive generous help in the form of free medications and an increase in their ration quota to ensure that they eat the right foods. The issue has been there for many years after independence, so both the state and district authorities need to give it careful thought. The problem is also being caused by the state government's incompetence, which includes giving some districts one-way financing while ignoring other districts. The tribes would be able to exercise their "right to health" if a specific quota under the Aarogya Sri scheme—the state health program for all middle-class and lower-class Andhra Pradesh residents—is added to those living in fluorosis-affected areas.

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| Table 1. Child Immunization Stat | us | | |
|----------------------------------|-------------------|-------------------|-------------|
| Child Immunization | Mayampady Village | NallamathiVillage | Total |
| fully immunized | 26(32.50) | 28(30.00) | 54(31.25) |
| Not fully immunized | 54(67.50) | 56(70.00) | 110(68.75) |
| Total | 80(100.00) | 80(100.00) | 160(100.00) |
| | B | | |

Source: Computed Note: Figures in Parentheses represents the per centage to total

Table.2Reproductive Age of Women

| Reproductive Age of Women | Mayampady Village | Nallamathi Village | Total |
|---------------------------|-------------------|--------------------|----------------|
| < 15 | 05(11.11) | 06(13.33) | 11(12.22) |
| 15-18 | 28(62.22) | 29(64.44) | 57(63.33) |
| 19 and above | 12(26.67) | 10(22.21) | 22(24.45) |
| Total | 45/80(100.00) | 45/80(100.00) | 90/160(100.00) |

Source: Computed Note: Figures in Parentheses represents the percentage to total

Table 3Diseased Persons (Gender-wise)

| Diseased Persons (Gender-wise) | Mayampady Village | Nallamathi Village | Total |
|--------------------------------|-------------------|-----------------------|----------------|
| male | 22(62.86) | 26(68.42) | 48(65.75) |
| female | 13(37.14) | 12(31.58) | 25(34.25) |
| Total | 35/80(100.00) | 38/80(100.00) | 73/160(100.00) |

Source: Computed Note: Figures in Parentheses represents the percentage to total

Table 4Diseased Persons (Age wise)

| Diseased Persons (Age wise) | Mayampady Village | Nallamathi Village | Total | | |
|-----------------------------|-------------------|--------------------|----------------|--|--|
| Up to 14 | 2(5.71) | 3(8.57) | 4(6.85) | | |
| 15-50 | 26(74.28) | 27(77.14) | 53(72.60) | | |
| 50 and above | 7(20.00) | 8(22.86) | 15(20.55) | | |
| Total | 35/80(100.00) | 38/80(100.00) | 73/160(100.00) | | |
| | | | | | |

Source: Computed Note: Figures in Parentheses represents the per centage to total

Table 5 sample tribes according affected diseases

| Type of disease | Mayampady Village | Nallamathi Village | Total | |
|-----------------|----------------------|--------------------|----------------|--|
| Fever | 21(60.00) | 23(65.71) | 45(60.27) | |
| Malaria | 10(28.57) | 11(31.43) | 21(28.77) | |
| Dengue | 4(11.43) | 4(11.43) | 8(10.96) | |
| Total | 35/80(100.00) | 38/80(100.00) | 73/160(100.00) | |

Source: Computed Note: Figures in Parentheses represents the percentage to total





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| Table 6 Diseased tribes whether consults the Doctor for Their Treatment | | | | | | | | |
|---|---|---------------|----------------|--|--|--|--|--|
| Opinion of diseased persons | nion of diseased persons Mayampady Village Nallamathi Village Total | | | | | | | |
| Yes | 26(74.29) | 28(80.00) | 53(72.60) | | | | | |
| No | 9(25.71) | 10(20.00) | 19(20.03) | | | | | |
| Total | 35/80(100.00) | 38/80(100.00) | 73/160(100.00) | | | | | |

Source: Computed Note: Figures in Parentheses represents the percentage to total

Table 7 Diseased tribes According To Their Expenditure for Their Diseases

| Type of disease | Mayampady | Nallamathi | Total |
|-----------------|---------------|---------------|----------------|
| | Village | Village | |
| Below 1,000 | 20(44.44) | 21(46.67) | 45(45.56) |
| 1,001-2,000 | 8(17.78) | 7(15.56) | 15(16.67) |
| 2,001-3,000 | 5(11.11) | 6(13.33) | 11(12.22) |
| 3,001 and above | 2(4.44) | 4(8.89) | 6(6.67) |
| Total | 35/80(100.00) | 38/80(100.00) | 73/160(100.00) |

Source: Computed Note: Figures in Parentheses represents the percentage to total

Table 8 Opinion of the Sample tribes regarding to the Government Medical Services

| Name of the services | Mayampady Villages | | Nallamath | Total | |
|------------------------------|--------------------|-----------|-----------|-----------|-------------|
| | Yes | No | Yes | No | |
| Visit of the medical officer | 62(38.75) | 18(11.25) | 59(36.88) | 21(13.12) | 160(100.00) |
| Sufficient Services provided | 68(42.50) | 12 (7.50) | 63(39.38) | 17(10.62) | 160(100.00) |
| Sufficient Medicine provided | 66(41.25) | 14 (8.75) | 67(41.88) | 13(8.12) | 160(100.00) |
| Un necessary tests | 69(43.13) | 11(6.87) | 68(42.50) | 12(7.50) | 160(100.00) |

Source: Computed Note: Figures in Parentheses represents the percentage to total

Table 9 Awareness about the AIDS in the Sample tribes

| Awareness about the AIDS | Mayampady Villages | | Nallamat | Total | |
|--------------------------|--------------------|-----------|-----------|-----------|-------------|
| | Yes | No | Yes | No | |
| Heard about AIDS | 58(36.25) | 22(13.75) | 63(39.37) | 17(10.63) | 160(100.00) |
| Causes | 42(26.25) | 38(23.75) | 48(30.00) | 32(20.00) | 160(100.00) |
| Symptoms | 42(26.25) | 38(23.75) | 43(26.87) | 37(23.13) | 160(100.00) |

Source: Computed Note: Figures in Parentheses represents the percentage to total

Table 10 distance to the Medical Center to the Sample tribes

| | Mayampady Villages | Nallamathi Villages |
|----------------|--------------------|---------------------|
| Distance in km | No of persons | No of Persons |
| 10 | 130(81.25) | 121(75.63) |
| 16 | 30(18.75) | 39(24.37) |
| Total | 160(100.00) | 160(100.00) |

Source: Computed Note: Figures in Parentheses represents the percentage to total





RESEARCH ARTICLE

Coprime Edge Labeling of Graphs

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ABSTRACT

The purpose of this paper is to open up new directions for learning in the field of graph labeling. In this paper, some new graph labeling techniques namelyrelatively prime edge labeling and minimum coprime edge labelingare introduced. In prime labeling, vertices are labeled in such a way that, any two adjacent vertices have relatively prime labels, whereas in relatively prime edge labeling edges are labeled in such a way that any two adjacent edges have relatively prime labels. Coprime labeling maintains the same criterion as prime labeling with adjacent vertices using any set of distinct positive integers. The minimum value m for which G has Coprime labeling is defined as a minimum coprime number, $p\tau(G)$. Asan extension of the above definition for edges, coprime edge labeling is introduced. We then define he minimum coprime edge number, $p\tau_E(G)$ to be the minimum value of k for which G has a coprime edge labeling. Finally, the minimum coprime edge number of some graphs is discussed in this paper.

Keywords: prime labeling, relatively prime edge labeling, coprime labeling, coprime edge labeling, relatively prime index.

Mathematics Subject Classification: 2020: 05C76, 05C78





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INTRODUCTION

The fundamental concepts of Combinatorics and number theory are used in the majority of graph labeling techniques. In number theory, prime number theorem is one the greatest achievement of mathematicians. It provides a way to count the number of primes less than or equal to n and is denoted by $\pi(n)$ [6]. In recent years, Graph labeling acts as a significant topic in the field of research. To face the wide range of application challenges, various labeling techniques have been developed. Tout et al. [12] investigated Entringer's concept of prime labeling, which was proposed by Entringer. Many researchers have studied and introduced variousprime graphs, such as the edge vertex prime graph by R. Jagadesh and J.BaskarBabujee [5], the K-Prime graph by S.K. Vaidya and U.M. Prajapati [14], the edge-prime graph concept by Wai-chee-Shiu et al. [12], the SD-Prime graph concept byG.C.Lau and W.C.Shiu [9]. While considering edge labeling, edge pair sum labelingof some Cartesian product of graphs is discussed in [7]. In a prime graph, the vertices of G are labeled from 1 to n such that, the labels of adjacent vertices are relatively prime [3]. As a continuation of the above work foredges, a new labeling technique known as relatively prime edge labeling for a simplegraph is introduced. A graph that admits relatively prime edge labeling is called asrelatively prime edge labeled graph.Coprime labeling came from prime labeling where prime labeling uses the labels from 1 to n, but in coprime labeling the labels have no bound[1]. In coprime labeling, if the vertices are labeled from 1 to k, then the least k is the minimum coprimenumber of G. Motivated by the above work, in this paper, coprime edge labeling of a simple graphis introduced. That is, coprime edge labeling came into use when a graph fails topossess relatively prime edge labeling. That is, for relatively prime edge labelingthe edges uses the labels from 1 to q, whereas in coprime edges labeling the labels of edges have no bound.

Preliminaries

In this section, some basic definitions needed for this study is discussed. Let G = (V, E) be a graph. A bijection $f: V \rightarrow \{1,2,3,\ldots,|v|\}$ is called prime labeling if for each edge $\in E$, we have GCD (f(u), f(v)) = 1. A graph which admits a prime labeling is called a prime graph [4]. Asplund and Fox emphasis on determining the minimal coprime number for graphs that have not been a prime graph [8]. In particular, a coprime labeling of G is a labeling of the vertices of G with distinct integers from the set $\{1, 2, \ldots, k\}$, for some $k \ge n$, in such a way that the labels of any two adjacent vertices are relatively prime. Also, the minimum coprime number $p\tau(G)$ to be the minimum value of k for which G has a coprime labeling[10]. The corresponding labeling of G is called a minimal coprime labeling of G.If $p\tau(G) = n$, then a corresponding minimal coprime labeling of G is called a prime labeling of G and we call G prime. In [8]John Asplund et.al found the coprime number of complete graph and wheel to be p_{n-1} and n + 2, respectively. In [10] the minimum coprime number of the sum of path and cycles were found.

In [2] the union of two simple graphs $G \cup H$, where $G = (V_1, E_1)$ and $H = (V_2, E_2)$ is the simple graph with vertex set $V_1 \cup V_2$ and edge set $E_1 \cup E_2$. Also, the sum of two graphs G and H, denoted by G + H, is the graph obtained by taking disjoint copies of G and H and then adding every edge *xy*, where $x \in V(G)$ and $y \in V(H)$. The corona product of two graphs G and H is defined as the graph obtained by taking one copy of G and |V(G)| copies of H and joining the ith vertex of G to every vertex in the ith copy of H[11].

Minimum Coprime Edge Labeling

Throughout this paper, we let p_ito be the ith prime number. In this section, the definitions of relatively prime edge labeling and coprime edge labeling with some examples are explained. We then also, examine some theorems related to the co-prime edge labeled graph and find the minimum coprime edge number of a tree.

Definition 3.1 For a graph, G = (p,q) relatively prime edge labeling is defined to be a bijection $f : E \rightarrow \{1,2,3,...,q\}$ such that, for each vertex $v \in V(G)$, the labels of the edges incident on v are pairwise relatively prime. A graph that admits a relatively prime edge labeling is called a relatively prime edge labeled graph.





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In other words, a graph on p vertices and q edges is said to admit relatively prime edge labeling if we label its edges with the first q natural numbers such that anytwo adjacent edges have relatively prime labels.

Example 3.2 The relatively prime edge labeling of C₃ is illustrated below.

Definition 3.3 For a graph, G = (p, q), coprime edge labeling is defined to be a bijection $f: E \to \{1, 2, ..., k\}$ such that, for $k \ge q$, and for each vertex $v \in V$, the labels of the edges incident on v are pairwise relatively prime. The minimum value of k, for which G is coprime edge labeling is called as minimum coprime edge labeling, with minimum coprime edge number, $p\tau_E(G) = k$. If $p\tau_E(G) = q$, then a corresponding minimum coprime edge labeling of G is called a relatively prime edge labeling.

Example 3.4 The coprime edge labeling of K₅ is illustrated below.

The following theorem tells us that every relatively prime edge labeled graph is a coprime edge labeled graph, but the converse fails.

Theorem3.5 Every relatively prime edge labeled graph is a minimum coprime edge labeled graph, but the converse is not true.

Proof. Let G = (p,q) be a relatively prime edge labeled graph. From the definition of relatively prime edge labeling, the edges of G are assigned with labels 1 to q, which is also a minimum coprime edge labeling with

minimum coprime number q. Hence every relatively prime edge labeled graph is a minimum coprime edge labeled graph. Conversely, in minimum coprime edges labeling the edges of G are assigned with labels 1 to k, but not necessarily q. Thus, every minimum coprime edge labeled graph need not be a relatively prime edge labeled graph. The next theorem finds the minimum coprime edge number of the tree with p vertices and p - 1 edges.

Theorem3.6 If G = (p, p - 1) is a connected acyclic graph with exactly one vertex of degree p - 1, p > 4, then G is a coprime edge labeled graph with $p\tau_E(G) = p_{p-2}$

Proof. Suppose G is a not a coprime edge labeled graph for p > 4, then G will be a relatively prime edge labeled graph. That is, for each vertex inG, the labels of edges incident on v are pairwise relatively prime. Let w be the vertex in G with degree p - 1. Therefore, the labels of edges incident on w are pairwise relatively prime, which is a contradiction. Since the label of edges incident on w will be 1,2,3 p - 1. Hence, G is a coprime edge labeled graph. We now claim that, $p\tau_E(G) = p_{p-2}$.

By labeling the edges of G with 1, 2, 3, 5, 7, ..., p_{p-2} results in a coprime edge labeled graph with minimum coprime edge number p_{p-2} .

Minimum Coprime Edge Labeling of Complete Graph

It is clear that, the [2] complete graph K_p has no relatively prime edge labeling for p > 3. Hence for p > 3, one can find the minimum values used to label the edges of complete graph. We use the term minimal coprime edge number, $p\tau_E(G)$ to denote the minimum values used to label the edges for coprime edge labeling.

Using computer check, the minimal coprime edge number for K_p for $4 \le p \le 10$ is given below.

| p | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|----------------|---|----|----|----|----|-----|-----|
| $p\tau_E(K_p)$ | 7 | 17 | 29 | 47 | 67 | 101 | 127 |

The following Fig 4, shows the minimal coprime edge number of K9

Observation 4.1By analyzing the minimum coprime edge labelings constructed for K_p , the following facts is verified for $p \le 10$:

- All primes up to $p\tau_E(K_p)$ are used in minimal coprime edge labeling.
- Minimum coprime edge number $p\tau_E(K_p) \leq p_{\pi(p)+q-p}$
- Minimum coprime edge labeling of K_p contains the label from 1 to p.

The next theorem shows the upper bound for minimum coprime edge number of the complete graph.





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Theorem 4 .2For complete graph K_p , $p\tau_E(K_p) \le p_{[\pi(p)+q-p]}$, equality holds only when p = 4. Proof

Let G = (p, q) be a complete graph with p vertices and q edges.

Case 1: For *p* = 4

The number of edges in K₄is 6. The edges of K₄can be divided into two parts and labeled in such a way that, the outer cycleC₄with label 1, 2, 3, 4 and the remaining edges, that is the non-adjacent edges of C₄as 5, 7. And it is clear that, the above mentioned labeling is coprime edge labeling. Therefore, $p\tau_E(K_4) = 7 = p_4 = p_{[\pi(4)+6-4]}$.

Case **2**: For *p* > 4

Define a labeling function $f: E \to \{1, 2, \dots, k\}$, such that $f(v_i v_{i+1}) = i$, for $i = 1, 2, \dots, p-1$, $f(v_p v_1) = p$ and the remaining q - p edges are labeled with q - p - 1 distinct prime numbers and an edge with a non-prime number. We now claim that, the above defined labeling is a coprime edge labeling and there exists an edge $v_i v_k$, for $k \neq i + 1$ labeled with a non-prime number.

Let the edge v_2v_5 be labeled with an odd multiple of 3. Now, for each vertex v_i , $i \neq k, 2, 5$ the edges incident on v_i are v_iv_k , k = 1, 2, ..., p have the labels i - 1, i and the remaining edges are labeled with prime numbers. And for the vertex v_2 , v_5 , the label of the edges incident on them are $\{1, 2, odd multiple of 3, p_is\}$ and $\{4, 5, odd multiple of 3, p_is\}$. Hence, the label of the edges incident on each vertex of the complete graph are relatively prime. Therefore, the above defined labeling is a coprime edge labeling.

Finally, to find the minimum coprime edge number, it is enough to find the minimum number of primes used to label the edges of the complete graph. Hence, the number of primes used to label the edges of v_1v_2 , v_2v_3 , \cdots , v_pv_1 are $\pi(p)$ and the remaining edges q - p are labeled with maximum q - p - 1 distinct primes.

Thus, $p\tau_{E}(K_{p}) \leq p_{[\pi(p)+q-p-1]}$. That is, $p\tau_{E}(K_{p}) < p_{[\pi(p)+q-p]}$, for p > 4.

Hence, $p\tau_{E}(K_{p}) \le p_{[\pi(p) + q - p]}, p \ge 4$

The following theorems explain the minimum coprime edge number of complete bipartite graph $K_{2,n}$, $K_{3,n}$ and corona product of K_n and K_1 .

Theorem 4.3 For n > 2, the minimum coprime edge number of the complete bipartite graph $K_{2,n}$, is $p\tau_E(K_{2,n}) = p_{[2n-3]}$ **Proof**

Let the vertices of $K_{2,n}$ are $v_1, v_2, u_1, u_2, \dots, u_n$.

Define a labeling function $f: E \rightarrow \{1, 2, \dots, k\}$ such that,

 $f(v_1u_1) = 1, f(v_1u_i) = p_{i-1}, i = 2, ..., n, f(v_2u_i) = p_{n+i-3}, i = 3, 4, ..., n, f(v_2u_1) = 4, f(v_2u_2) = 9$ where p_i denotes the ith prime number. (Fig 6)

As the vertices v_1 and v_2 are of degree n, the labels incident on v_1 and v_2 are 1, 2, 3, 5, ..., p_{n-1} and 4, 9, p_n , p_{n+1} , ..., p_{2n-3} respectively, which are relatively prime.

And also, the each vertex $u_1, u_2, ..., u_n$ is of degree 2, then the labels incident on $u_1, u_2, ..., u_n$ are as follows:

 $\{1, 4\}, \{p_1, 9\}, \{p_2, p_n\}, \dots, \{p_{n-1}, p_{2n-3}\}$ which are relatively prime. Hence the minimum coprime edge number of $K_{2,n}$ is p_{2n-3} .

Theorem 4.4 For $n \ge 4$, the minimum coprime edge number of the complete bipartite graph $K_{3,n}$, is $p\tau_E(K_{3,n}) = p_{3n-5}$. **Proof**

Let the vertices of $K_{3,n}$ are $v_1, v_2, v_3, u_1, u_2, \dots, u_n$.

Define a labeling function $f: E \to \{1, 2, \dots, k\}$ such that $f(v_1u_1) = 1, f(v_1u_i) = p_{i-1}, i = 2, \dots, n, f(v_2u_i) = p_{n+i-3}, i = 3, 4, \dots, n, f(v_2u_1) = 4, f(v_2u_2) = 9$ and $f(v_3u_i) = p_{2n+i-5}, i = 4, 5, \dots, n, f(v_3u_1) = 15, f(v_3u_2) = p_{2n-2}, f(v_3u_3) = 16$ where p_i denotes the ith prime number (Fig 7)





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As v_1, v_2, v_3 is of degree n, the labels incident on v_1, v_2, v_3 are $\{1, 2, 3, 5, \dots, p_{n-1}\}$, $\{4, 9, p_n, p_{n+1}, \dots, p_{2n-3}\}$ and $\{15, p_{2n-2}, 16, p_{2n-1}, p_{2n}, \dots, p_{3n-5}\}$ respectively, which are relatively prime. And also, the each vertex u_1, u_2, \dots, u_n is of degree 3, then the labels incident on u_1, u_2, \dots, u_n are as follows: $\{1, 4, 15\}, \{p_1, 9, p_{2n-2}\}, \{p_2, p_n, 16\}, \dots \{p_{n-1}, p_{2n-3}, p_{3n-5}\}$ which are relatively prime. Hence the minimum coprime edge number of $K_{3,n}$ is p_{3n-5} .

Theorem 4.5 For n > 3, $p\tau_E(K_n \odot K_1) \le p_{\left[\pi(2n) + \frac{n(n-3)}{2}\right]}$, equality holds only when n = 4, 5

Proof

We now divide the proof into 3 cases. Let $V(K_n \odot K_1) = \{v_1, v_2, \dots, v_n\} \cup \{u_1, u_2, \dots, u_n\}$ be the vertices of $K_n \odot K_1$ and the edges are $E(K_n \odot K_1) = E[K_n] \cup \{v_i u_i\}$, for all i = 1, 2, ..., n. Case 1: For n = 4

Define a labeling function, $f: E(K_4 \odot K_1) \rightarrow \{1, 2, \dots, k\}$, such that

 $f(v_i u_i) = 2i, i = 1, 2, 3, 4$

 $f(v_{i-1}v_i) = 2i - 1, i = 1, 2, 3, 4$ with $v_0 = v_4$

 $f(v_i v_{i+1}) = 2i + 1, i = 1, 2, 3, 4$ with $v_1 = v_5$ and the remaining 2 edges are labeled with distinct prime numbers{11,13}. Hence the total number of prime numbers assigned to label the edges of $K_4 \odot K_1 \operatorname{are}\pi(8) + 2 = 6$. That is, $p\tau_E(K_4 \odot K_1) = p_6$.(Fig 8)

Case 2: For n = 5Define a labeling function, $f: E(K_5 \odot K_1) \rightarrow \{1, 2, \dots, k\}$, such that $f(v_i \ u_i) = 2i, i = 1, 2, 3, 4, 5$ $f(v_{i-1}v_i) = 2i - 1, i = 1, 2, 3, 4, 5$ with $v_0 = v_5$

 $f(v_i v_{i+1}) = 2i + 1, i = 1, 2, 3, 4, 5$ with $v_1 = v_6$ and the remaining 9 edges are labeled with distinct prime numbers. Hence the total number of prime numbers assigned to label the edges of $K_5 \odot K_1 \operatorname{are} \pi(10) + 9 = 13$. That is, $p\tau_E(K_5 \odot K_1) = p_{13}$.(Fig 9)

Case 3: For n > 5Define a labeling function, $f: E(K_n \odot K_1) \to \{1, 2, \dots, k\}$, such that $f(v_i \ u_i) = 2i, i = 1, 2, \dots, n$ $f(v_{i-1}v_i) = 2i - 1, i = 1, 2, \dots, n$ with $v_0 = v_n$ $f(v_i v_{i+1}) = 2i + 1, i = 1, 2, \dots, n$ with $v_1 = v_{n+1}$

We now claim that the remaining $\frac{n(n-3)}{2}$ edges are labeled in such a way that at least 1 edge having a non-prime number. For that, label the edge v_1 v_4 as 25 or 55 or so on. (Fig 10)

In this case, the total number of prime numbers assigned to label the edges of $K_n \odot K_1 \operatorname{are} \pi(2n) + \frac{n(n-3)}{2} - 1$. Hence, $p\tau_E(K_n \odot K_1) \le p_{\left[\pi(2n) + \frac{n(n-3)}{2}\right]}$.

The sum of two graphsP₂and P_n is the graph obtained by taking disjoint copies of P₂and P_n and then adding every edge $v_i v_j$, where $v_i \in V(P_2)$ and $v_j \in V(P_n)$ [11]. The following theorem finds the minimum coprime edge number of P₂ + P_n.

Theorem 4.6 For $n + 2 \equiv 0 \pmod{3}$, the minimum coprime edge number of $P_2 + P_n$ with n > 2 *is*, $p\tau_E(P_2 + P_n) \le p_{\pi(n+2)+\lfloor 2n-3 \rfloor}$

Proof

Let $V(P_2 + P_n) = \{v_1, v_2\} \cup \{v_3, v_4, \dots, v_{n+2}\}$ be the vertices of $P_2 + P_n$ and the edges of $P_2 + P_n$ are $E(P_2 + P_n) = \{v_1v_2, v_3v_4, v_4v_5, \dots, v_{n+1}v_{n+2}\} \cup \{v_iv_j\}$, for all $i = 1, 2, j = 3, 4, \dots, n+2$. Thus, the number of edges in $P_2 + P_n$ is 3n. Define a labeling function $f: E(P_m + P_n) \rightarrow \{1, 2, \dots, k\}$, such that,

 $f(v_i v_{i+1}) = i, i = 1, 2, ..., n + 2$ where $v_{n+3} = v_1$. The edge $v_2 v_5$ is labeled with an odd multiple of 3. And the remaining 2n - 3 edges are labeled with distinct prime numbers.





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We now show that, the above mentioned labeling is a coprime edge labeling. For the vertex v_1 , the edges incident on v_1 have the labels 1, n + 2, and prime numbers, which are relatively prime. Similarly for the vertex v_2 , the edges incident on v_2 have the labels 1, 2, odd multiples of 3 and prime numbers, which are relatively prime.

Also for the vertices v_i , i = 3,4, ..., n + 2 except v_5 , the edges incident on v_i will have the labels i - 1, i, and p_i 's, which are relatively prime. Finally for the vertex, v_5 the edges incident on v_5 will have the labels 4, 5, odd multiple of 3, and p_i 's which are relatively prime. Hence the above defined labeling is a coprime edge labeling. To find the minimum coprime edge number, it is enough to find the minimum number of primes used in the above said labeling. Thus the maximum prime numbers used to label the edges of $P_2 + P_n \operatorname{are} \pi(n + 2) + [2n - 3]$. That is, $p\tau_E(P_2 + P_n) \le p_{\pi(n+2)+[2n-3]}$.

Relatively Prime Index of Graphs

In this section, we discuss the case in which the minimum coprime edge labeled graph becomes a relatively prime edge labeled graph, by removing some edges in G. This leads to the following definition.

Definition 5.1 Let G be a coprime edge labeled graph. A relatively prime index of G is defined to be the minimum number of edge removal, resulting in a relatively prime edge labeled graph G^* . And it is denoted by, $\varepsilon_r(G)$. In other words,

 $\epsilon_r(G) = \min\{e_i | G^* = G - \{e_i\} \text{ is a relatively prime edge labeled graph} \}$

In the following theorem, we find the relatively prime index number of the complete graph K_n and the corona product of K_n and K_1 .

Theorem 5.2 For a graph $K_n \odot K_1, \varepsilon_r(K_n \odot K_1) = \begin{cases} \frac{n(n-3)}{2} & \text{, if } 2n+1 \equiv 0 \pmod{3} \\ \frac{n(n-3)}{2} - 1 & \text{, if } 2n+1 \neq 0 \pmod{3} \end{cases}$

Proof

Let $G = K_n \odot K_1$ be the graph with 2n vertices and $\frac{n(n+1)}{2}$ edges and let $v_1, v_2, \dots, v_n, u_1, u_2, \dots, u_n$ be the vertices of $K_n \odot K_1$.

Case 1: For $2n + 1 \equiv 0 \pmod{3}$.

It is enough to prove that, the removal of $\frac{n(n-3)}{2}$ edges results in a relatively prime edge labeled graph. Suppose the removal of $\frac{n(n-3)}{2} - 1$ edges in $K_n \odot K_1$ results in a relatively prime edge labeled graph. That is, remaining $\frac{n(n+1)}{2} - \frac{n(n-3)}{2} + 1 = 2n + 1$ edges of K_n can be labeled from 1 to 2n + 1. Hence by removing $\frac{n(n-3)}{2} - 1$ interior edges of $K_n \odot K_1$, the resultant graph will be of the form C_n with n edges,n pendent vertices (u_1, u_2, \dots, u_n) connecting to the each vertex of C_n and an edge connecting any two non-adjacent vertices of C_n . Each vertex $p \in V$, $p \in C_n$ is of degree 3. By labeling the edges of C_n with $1, 3, 5, \dots, 2n - 1$, each edge incident on the pendant vertices is labeled with $2, 4, 6, \dots, 2n$ and an edge connecting any two non-adjacent vertices of C_n is labeled with 2n + 1. As $2n + 1 \equiv 0$ (2n + 1 fails to be relatively prime.

Case 2: For $2 + 1 \neq 0$ (*Ba*) ad

It is enough to prove that, the removal of $\frac{(pr3)}{2} - 1$ edges results in a relatively prime edge labeled graph. Suppose the removal of $\frac{(pr3)}{2} - 2$ edges in K_n \bigcirc K₁ results in a relatively prime edge labeled graph. That is, remaining $\frac{(pr1)}{2} - \frac{(pr3)}{2} + 2 = 2\pi + 2$ edges of K_n can be labeled from 1 to $2\pi + 2$. Hence by removing $\frac{(pr3)}{2} - 2$ interior edges of K_n \bigcirc K₁, the resultant graph will be of the form C_n with n edges, n pendent vertices (μ, μ, \dots, μ connecting to the each vertex of C_n and two edges connecting any two non-adjacent vertices of C_n. Each vertex μ, μ, \dots, μ connecting is labeled with 2, 4, 6, ..., 2 and the edge connecting any two non-adjacent vertices of C_n is labeled with 2n + 1, 2n + 2. As $2n + 1 \neq 0 \pmod{3}$, the label incident on the vertices of the edge with label 2n + 2 fails to be relatively prime.





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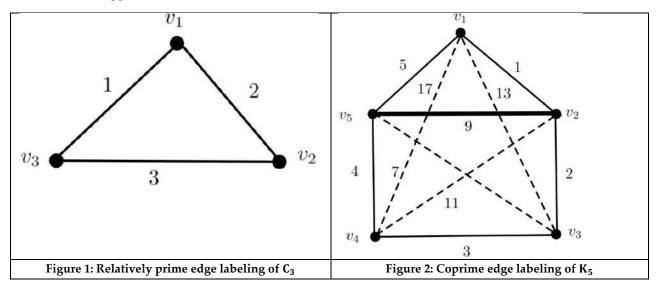
Illustration 5.3 Illustration of the above theorem for $K_5 \odot K_1$ is given below

CONCLUSION

The work presented here provides some new results in the theory of minimum coprime edge labeling of graphs. The main focus of this study is to find the minimum oprime edge number of complete bipartite graph K_{2,n} and K_{3,n} and also an upperbound for the complete graph K_n . Finally, a relatively prime index number of coronaproduct of K_n and K_1 is found. In future, relatively prime index of some class of graphs can be determined.

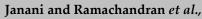
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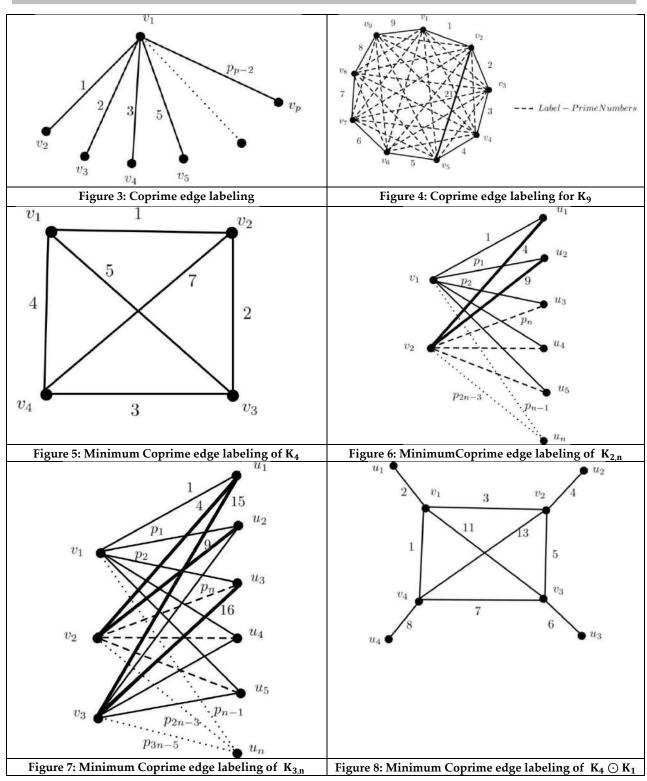
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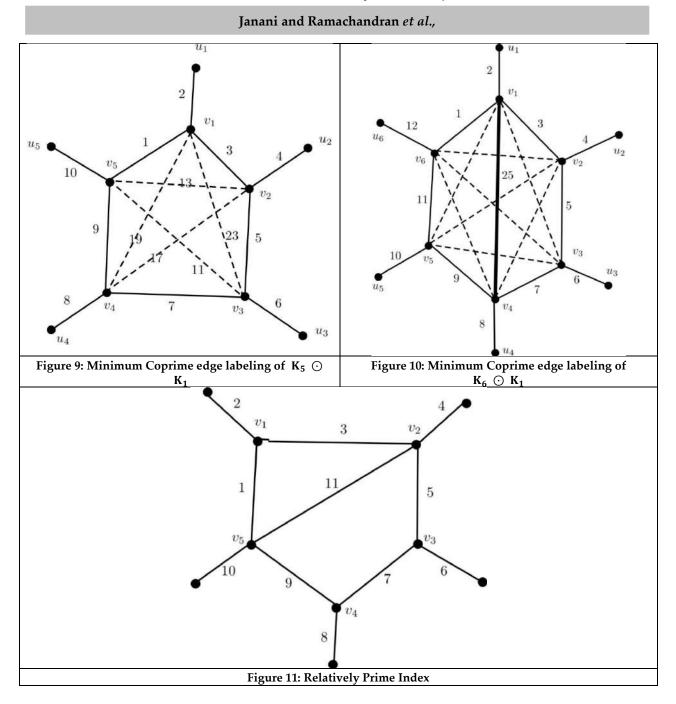
















RESEARCH ARTICLE

A Study on Potted Plants in the Removal of Indoor Air Pollutants

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ABSTRACT

This study reviewed quantitative empirical research on the effects of indoor plants on air quality. The information sources were the Web of Knowledge and Pubmed. The eligibility criteria included studies with (1) interventions using any indoor plant (2) comparators included within the same experimental treatment (3) results that included air quality effects objectively measured using any instrument, (4) research using a controlled study design (5) articles published in English. A Total of seventeen research articles reporting quantitative empirical research which were published between 2011 to 2022 were selected. 17 reviewed articles are compiled according to (1) Inferences (2) intervention (3) plant name (4) type of pollutant (5) experimental setup (6) research environment. The effects of indoor plants on air quality were reduced pollutant levels (particularly Volatile organic compounds, formaldehyde, Toluene, and ethyl benzene), followed by smoke particles, Nitrogen dioxide, Carbon dioxide, and Carbon monoxide.This study has shown that indoor plants have a significant potential to reduce air pollution, improve indoor occupant comfort, and overall improve the public health.

Keywords: Indoor air quality, Indoor plants, PM10, PM2.5, VOC.

INTRODUCTION

One of the primary issues in towns and cities, particularly in developing nations is air pollution. Indoor environments were a combination of indoor contaminants which originate inside the building and outside contaminants which are frequently associated with industrial activity and automobile traffic. Outside pollutants can enter through natural and mechanical ventilation systems, infiltrations, or other means. [1]. Chemical complexes found in common household cleaning products, fungicides, insecticides, textiles and clothing, paints, couches, and





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other pesticides are another form of air pollution. [2]The primary cause of indoor pollution in public spaces like restaurants, cafés, and other closed public areas is cigarettes. When compared to comparable public spaces where smoking is prohibited, the levels of PM2.5 in areas where smoking is permitted are significantly greater.[3]The necessity for air pollution controls has been brought to light by growing concern over the harmful impact of air pollution on health.[4]In the industrialized world, the quality of the indoor environment has become a major health problem since individuals who live in cities usually spend 80–90% of their time indoors. [5]. People may experience ailments like sick building syndrome, which is characterized by headache, eye, nose, and throat irritation, weariness, dizziness, and nausea, if indoor air quality is inadequate. [6]about 1.2 million people died in India in 2017 as a result of indoor and outdoor air pollution (Health Effects Institute 2019). This is mostly due to the fact that energy-saving measures such as sealing up naturally occurring apertures in buildings, utilizing unproven new materials, and inadequate air circulation significantly reduce indoor air quality. The interference is causing a rise in indoor concentrations of many pollutants, including CO, CO2, PM10, PM2.5 and total volatile organic compounds.[7]Studies conducted recently have shown that indoor plants may dramatically lower most forms of urban air pollution. [8], [11]. Through mechanisms like rhizosphere biodegradation (by microorganisms), phytoextraction (plant-liquid extraction), stomatal uptake (plant-gas extraction), phytodegradation (via enzymatic catalysis inside tissues), and phytovolatilization (directly by evaporation from leaves or indirectly by plant transpiration), ornamental plants have the capacity to absorb, distribute and transport organic pollutants. [5]The goal of this study was to compile information in order to give a broad picture of how indoor plants affect the indoor air quality

MATERIAL AND METHODS

The databases like Science Direct, PubMed, Web of Knowledge, and Google Scholar were searched for any available scientific literature published in the previous ten years (2011–2022). **[9]**The search terms entered alone and in combination included "Indoor Air Pollution", Indoor plants", "Volatile Organic Compounds", "Environmental Exposure", "Volatile organic compounds", "PM10" and "PM2.5". literature was screened using the subsequent search parameters: (1) treatments utilizing any indoor plant; (2) comparators incorporated into the same experimental treatment; (3) outcomes including objectively measurable air quality impacts using any instrument; (4) studies employing any study design; and (5) publications written in English.[6]Only Journal publications with quantitative empirical research were used for this study. Thus, works such as "Vegetated Facades as Environmental Control Systems, Filtering Fine Particulate Matter (PM2.5) for Improving Indoor Air Quality and unpublished theses and dissertations were excluded. Real data and analysis are usually used in empirical research, whereas statistical, mathematical, and computational techniques are used in quantitative research. Furthermore, because they must undergo peer review, Journal publications published in the public domain are subject to stricter publication requirements also Compared to laboratory trials, field studies carried out in real ecosystems have more ecological validity.

Data Collection

Electronic databases are searched by using the keywords and the paper titles and abstracts are examined based on the previously indicated eligibility requirements. If the article titles and abstracts were not enough to make a decision, the full contents were evaluated. Every study published in each publication was covered in the study. After the articles were examined based on the qualifying criteria, their entire texts were retrieved

Data Items

The study includes: author name, year of publication, intervention (number and condition of plants), scientific names of the plants, design study, effect on air quality, and type of pollutants, research environment, ventilation condition, and climatic condition, duration of pollution exposure, period of sampling, measurement replication, number and results





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RESULTS

After the search using the keywords on the Web of Science, Pubmed etc. total 185 research and review papers published were identified and 17 research article involving in an experimental setup (controlled chambers) and are published between 2011 to 2022 were selected.(Table 1). In the 17 research articles selected 37 plant species were tested for their effects on air quality.(Table 2). To avoid misjudgements during data compilation, J. articles containing incomplete or unrecognizable species, non-specified scientific names, or incorrect names were excluded.[6]. The most frequently tested indoor plant species was Epipremnumaureum (Pothos) which appeared 4 times followed by Chlorophytumcomosum (Spider Plant) 3 times Fatsia japonica, Syngoniumpodophyllum, Aloe vera, Areca palm and Ficusbenjamina2 times each and rest of the plant species appeared only 1 times. Table 2 lists the 38plant species used in thisstudy.

Table 3 shows that in the reviewed J. articles Volatile organic compounds was removed by 16 plants followed by Formaldehyde gas 13, Toluene and ethylbenzene 13, smoke particle 5, Nitrogen dioxide 3, Carbon dioxide 2 and Carbon monoxide (CO) by 1 plant. (Table 3). The experiments on plants to remove indoor air pollutants in the reviewed J. articles are done at 23 to 25 °C with relative humidity as 50 to 70% in most of the cases. In most of the reviewed articles plants are tested in a controlled environment by making glass air tight chambers of varying size from 26 x 20 x 30.5 cm to 183 cm × 168 cm × 168 cm internal dimensions. Some tests in the reviewed articles are also performed in the natural environment.

CONCLUSION

According to several studies, potted plants may significantly lower indoor air pollution by eliminating a variety of important pollutants. For these reasons, potted plants are a very portable, affordable, self-regulating, adaptable, flexible, attractive, and sustainable bio filtration system. The majority of the plants under study are capable of eliminating volatile organic chemicals majorly followed by smoke particles, carbon dioxide, nitrogen dioxide,ethylbenzene, formaldehyde gas and carbon monoxide (CO). Additional empirical research and field trials are necessary to determine the precise link between the plants and pollutants, even if the results mentioned above were mostly acquired in labs. Nevertheless, they have significant reference and application value for policymakers and environmental planners. Furthermore, it is advised to do laboratory tests to look into causal linkages, with field experiments following to validate the lab results. This study has shown that indoor plants have a significant potential to reduce air pollution, improve indoor occupant comfort, and overall improve public health.

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Ethical Approval

There is no ethical issue for this article.

Conflicts of Interest

The author declare that they have no conflicts of interest.





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| Author | Inferences | Interventions | Plant name | Type of pollutant s | Experimental setup | Research environment |
|--|--|---|--|--|---|--|
| Jinhee Lee et.al.2015 [10] | Plant can remove 29- 35% tobacco pollutants in 60 minutes. | 30 air-filtering plants which can grow at minimum temperature of 10°C and minimum light of 500 LUX in all year are selected . | Spathyphyllurm spp. Samsevieriatrifa sciata, Rhapis excels, Fatsia japonica, Cupresscusmacr ocarpae 'Gold crest' | smoke particle pollutant | Closed chamber (0.9*0.6*0.6 m volume 0.32 cm ³) for almost ground cover plants. | Minimum temperature of 10°C and minimum light of 500 LUX. |
| Fraser Torpy and Michael Zavattar o 2018 [11] | Air pollutant reduction with two commonly used indoor species. | For each test, a single plant-module was placed and Three replicate planted modules were used in every trial. | Chlorophytumc omosum (Spider Plant) and Epipremnumaur eum (Pothos). | particulat e matter (PM), and volatile organic compoun ds (VOCs) | sealed bench- top test- chamber (0.6 x 0.6 x 0.6 m; 0.216 m3) | 100 mm dia. In-built substrate ventilation fans produced airflows of 4.5 or 9.0 L/s. Temp. Maintained: 23–26°C. light intensity:100 μmol/ m²/s |
| P.J. Irga, F.R. Torpy, M.D. Burchett 2013 [12] | With a moderate increase in indoor light intensity, Syngoniumpodophyll um removed significant amounts of CO ₂ | 8 pots for each treatment. Plants were grown for 133 days before testing. The growing conditions were: temperature: 23.0; relative humidity: 45 | Syngoniumpodo phyllum | volatile organic compoun ds (VOCs) and CO2 | Eight glass test chambers, 26x 20 x 30.5 cm (interior volume 15 L) equipped with a portable Infrared Gas Analyser (IRGA) and CO ₂ monitor | Fans 50 mm diameter were fitted to maintain air circulation. Temperature in the chambers was maintained at 23°C throughout the |

Table 1 Summary of reviewed studies of indoor plant effects on air quality.





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| | | | | | | experiments with internal copper coil (i.d. 4 mm) circulating water from a thermostat- regulated water bath. |
|---|---|--|---|------------------|--|---|
| Suya Zhao et.al. 2018 [13] | Results show two plants have strong tolerance to formaldehyde in the air and good formaldehyde removal ability. | Uniform seedlings were individually selected and transplanted into 4- L containers filled with 1/5-strength Hoagland nutrient solution. The plants were grown hydroponically for two weeks before experiment | Wild Taraxacummon golicum Hand Mazz. and Plantagoasiatica L | formalde hyde | transparent glass container (50 × 30 × 35 cm) filled with 1000 mL of a solution containing varying formaldehyde contents. | The container (pot) was sealed and placed into a plant growth room (with a 14-h light period) with temperatures of 25 °C during the day and 20 °C at night and 50–70% relative humidity. |
| Zhiqiang Wang et. al. 2014 [14] | Role of the plant was to introduce and maintain a favourable microbe community that effectively degraded the VOCs. | GoldenPothosplants (one or two), with its status just like how it is placed in homes and offices, were placed in the chamber. | Golden PothosEpiprem numaureum | formalde hyde | Tests were conducted in an air tight 5.1 m ³ stainless steel chamber with interior dimensions of 1.83 m × 1.68 m × 1.68 m. | Temperature and Relative humidity can be controlled |
| Zhongju nXu et. al. 2011 [15] | Spider plant-soil system had the highest formaldehyde removal capacity compared with others. | 3 pots of each plant were planted to the porcelain pots with an inner diameter of 15 cm and a height of 10 cm. and have been cultivated in a light intensity of 240 micro mol/ m ² /s (12 h in light) for more than 5 months. | spider plant (Chlorphytumco mosum), aloe (Aloe vera) and golden pothos (Epipremnumau reum) | formalde hyde | cylindrical plexiglass chamber with an inner diameter of 40 cm and a height of 60 cm. | potted plant species placed into each dynamic chamber was subjected to the light intensities of 80, 160, 240 micro mol/ m ² /s (12 hour in light) |





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| Suya Zhao et. al. 2019 [16] | Removal rate of plants in the plant- only systems were ordered as Helianthus annuus Linn >Lycopersiconesculen tum Miller >Oryzasativa>Sansevi eriatrifasciataPrain>B ryophyllumpinnatum >Mesembryanthemu mcordifolium L. f. | Uniformplantseedlingsweretransplantedintoglassbottlescontaining50mL ofa nutrientsolution.Glassbottleswereamendedamendedwith40mL of nutrientsolutionandofsoilmicroorganismsolution.The bottleswerewrapped withdarkpaper and thespacebetween thecapandplantshootswrappedinaluminumfoil. | Helianthus annuus Linn, Lycopersiconesc ulentum Miller, Oryzasativa, Sansevieriatrifas ciataPrain, Bryophyllumpin natum, Mesembryanthe mumcordifoliu m L. f | formalde hyde | Transparent glass container (50x30x35 cm) filled with 1L of solution containing varying formaldehyde concentration s. | The container (pot) was sealed and placed in a plant growth room with a 14 h light period (260–350 micro mol/m²/s) at temperatures of 25 OC during the day and 20 °C during the night, and 50–70% relative humidity. |
|--|--|---|--|---|--|---|
| BhavyaB hargava At. El. 2020. [17] | Areca palm potted plants offer an efficient, cost- effective, self- regulating, sustainable solution for improving indoor air quality | (12-month old), free from any insect-pest attack, potted (30 × 30 × 20 cm) in a standard growing media (5 Kg per pot) containing soil, sand, and well- decomposed Farm Yard Manure (1:1:1), were selected | Areca palm | Total volatile organic compoun ds (TVOCs), Carbon dioxide (CO2), and Carbon monoxid e(CO) | Site I: Floriculture laboratory, 122.1 m ³), site II Chemistry laboratory, 256.5 m ³), site III canteen, 153.4 m ³), and site IV (library, 197.2 m ³) | Ambient atmosphere. natural ventilation (ceiling and exhaust fans) without any additional air conditioning systems |
| Hakimeh Teiri et. al. 2018 [18] | plant efficiently removed formaldehyde from polluted air by 65- 100%, depending on the inlet concentration for a long time exposure | | Chamaedoreaele gans | formalde hyde | test chamber with a volume of 375 liter (84 cm x length × 62 cm width × 72 cm height) | temperature and relativehumi dity of the chambers were controlled by digital hygro- thermometers . The light intensity, supposed to be natural indoor |





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|--------|------------|--|

| | | | | | | environment |
|---|---|--|--|---------------------------------------|---|---|
| | | | | | | light four |
| | | | | | | times a day |
| | | | | | | over the experimental |
| | | | | | | periods |
| | | | | | | using. |
| | | | | | | The residence was equipped |
| Todd A. Wetzel & William J. Doucette 2014 [19] | Plant leaves to be used as cost effective, real-time indoor air VOC samplers. | Plants were kept under a 400-W metal halide grow lamp with a 10-h photoperiod and were watered as needed to maintain health. | Ficusbenjamina, Epipremnumaur eumChlorophyt uscomsosum 'vittatum' andSchlumberg era truncate 'harmony'. | Volatile organic compoun ds | Actual residence room | with a forced air (HVAC) system and had a total air volume, including the basement, of 600 m ³ . |
| | | neann. | narmony . | | | house thermostat set at 25.6 °C. |
| Curtis Gubb et.al. 2022 [20] | Potted plants offer clear potential to improve indoor air quality. | 3 L containers (19 cm wide and 15 cm tall, with 227 cm ² surface area. plants were kept at room temp. (21–22 °C) and light levels (~ 500 lx) | Dracaena fragrans 'Golden Coast', Spathiphyllum wallisii 'Verdi' and Zamioculcasza miifolia | NO2 Nitrogen dioxide. | 150 L (45 X 45 X 75 cm, 0.15 m ³) Perspex chamber. 'no' light (0 lx) was achieved by Undertaking exp. at night. | Initial NO2 concentration of 100 ppb (± 15%). Experiments were conducted for a duration of 1 h. |
| Elham F. Moha et.al. 2015 [21] | found to be more than 67% in the treated chamber. | Storage bottle (250 mL) containing liquid formaldehyde, an air pump, a gas flow meter, and a set of two plastic chambers with an inside volume of 0.512 m ³ . | sugarcane bagasse waste raw materials with Four well- established potted plants (petunias) | formalde hyde gas | Two plastic chambers with an inside volume of 0.512 m ³ with 0.8m each side. HCHO concentration was in the range of 15– 20 mg/cm ³ . | The plants were exposed to HCHO gas during 18 hr. along several time intervals that increased gradually during the experiment progress. The total period of plants exposure was 7 days. |
| MajbritD ela Cruz et.al. 2018 [22] | All gasoline VOCs were reduced when H. helix was present. total VOC removal was in the range of | Plants were 6 weeks old, grown in 11 cm pots and consisted of 6-7 plantlets. plants were let to | Hedera helix 'Shamrock' | volatile gasoline compoun ds | Plant was placed in two of four glass chambers (57.5 L) Light | Entire potted plant was exposed to gasoline. The mixing |





| | 11-32%. | acclimate for 14 days. after the first 15 days the epigeous plant material was abscised and for the last eight days only the pot with soil and the hypogeal part remained. | | | intensity was set to 37 ± 3 micro mol/m ² /s and the day length was 12 h. Temperature was controlled at 20.8 ± 0.5 °C. | chamber was supplied with a 200 mL bottle with gasoline, which could diffuse through a 1.7 cm 12 gauge needle in the lid of the vial. The air flow was regulated at 4.3 ± 0.1 L/ min by a pressure regulator. |
|---|--|---|--|--|--|--|
| Vanessa Horman net. al. 2017 [23] | Rapid decline in the toluene as well as in the 2-ethylhexanol concentrations was observed when plants were present in the chamber. | Three plants of either D. maculata or S. wallisii or three pots without plants filled with unused potting soil only were tested per Biobox under continuous light. All experiments were replicated four times. | Dieffenbachia maculata and Spathiphyllum wallisii | Toluene and 2- ethylhexa nol | Two individual gas-tight chambers $80 \times 60 \times 50$ c m with a total volume of 240 L consists of two parts: a metal base $15 \times 60 \times 50$ c m and a Plexiglas hood ($65 \times 60 \times 50$ c m) on top. | CO ₂ = 500 pp m, RH = 70%, temperature = 22 °C, light =180 ± 1 0 μmol/m ² /s |
| Kwang Jin Kim et. al. 2018 [24] | Root zone is a major contributor to the removal of formaldehyde. | Two-year-old plants were transplanted to 19 and 15 cm dia. pots. plants were kept in indoor env. for more than 1 month at 23° C ± 2 °C, 40% ± 5% relative humidity, and a light intensity of 20 ± 2 mol/m ² /s. | Fatsia japonica Decne. andFicusbenjam ina. | formalde hyde | Air tight chamber of 1.0 m ³ (90 cm X 90 cm X 123 cm) air was circulated (6 L/min) and released at the bottom of the chamber. | |
| Wararat Sriprapa t et. al. 2014 | Highesttolueneremoval was found inS. trifasciata, whileethylbenzene removal | Twelveplantspecieswitharea of 0.013 m² waschosenfor | Aloe vera, Sansevieriamaso niana, Sansevieriatrifas | toluene and ethylben zene | Glass chambers with volume 15.6 L were | Toluene or ethyl benzene was injected to generate |







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| [25] | from air was with C. | experiment cultures | ciata, | volatile | used for plant | the |
|------|----------------------|-----------------------------------|------------------|----------|----------------|---------------|
| | comosum. | of plants were | Sansevieriahyaci | compoun | fumigation. | concentration |
| | | maintained in | nthoides, | ds | Three | of 20 ppm or |
| | | plastic pots (0.1X 0.1 | Sansevieriaehre | | replicate | 12 micro mol |
| | | m ²) contain 200 g of | nbergii, | | chambers | inside the |
| | | soil and coco coir | Kalanchoe, | | were used in | chamber. |
| | | 1:1 as growth | blossfeldiana, | | each | Plant was |
| | | media. the pot was | Dracaena | | treatment. | placed into |
| | | covered by | deremensis | | | each |
| | | aluminum foil to | Codiaeumvarieg | | | chamber. at |
| | | avoid other factors | atum, | | | room temp. |
| | | such as soil and pot | Chlorophytumc | | | (32°C) and a |
| | | absorption. | omosum, | | | pressure of |
| | | | Dracaena | | | 760 mmHg |
| | | | sanderiana | | | with 12 h of |
| | | | Cordylinefrutico | | | light and |
| | | | sa | | | dark cycles |
| | | | Aglaonemacom | | | |
| | | | mutatum. | | | |

 Table 2 Most frequently studied plant families and species

| Plant Family | Frequency |
|---|-----------|
| Epipremnumaureum (Pothos) | 4 |
| Chlorophytumcomosum (Spider Plant) | 3 |
| Fatsia japonica | 2 |
| Syngoniumpodophyllum | 2 |
| Aloe vera | 2 |
| Areca palm | 2 |
| Ficusbenjamina | 2 |
| Spathyphyllurmspp | 1 |
| Samsevieriatrifasciata | 1 |
| Rhapis excels | 1 |
| Cupresscusmacrocarpae | 1 |
| Wild Taraxacummongolicum Hand | 1 |
| Plantagoasiatica L | 1 |
| Helianthus annuus Linn | 1 |
| Lycopersiconesculentum Miller | 1 |
| Oryzasativa | 1 |
| SansevieriatrifasciataPrain | 1 |
| Bryophyllumpinnatum | 1 |
| Mesembryanthemumcordifolium L. f | 1 |
| Chamaedoreaelegans | 1 |
| Christmas cactus (Schlumbergera truncate 'harmony') | 1 |
| Dracaena fragrans 'Golden Coast' | 1 |
| Spathiphyllumwallisii 'Verdi' | 1 |
| Zamioculcaszamiifolia | 1 |
| sugarcane bagasse | 1 |
| Hedera helix 'Shamrock' | 1 |





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| Dieffenbachia maculata | 1 |
|----------------------------------|---|
| Spathiphyllumwallisii | 1 |
| Sansevieriamasoniana | 1 |
| Sansevieriatrifasciata | 1 |
| Sansevieriahyacinthoides | 1 |
| Sansevieriaehrenbergii | 1 |
| Kalanchoe, blossfeldiana | 1 |
| Dracaena deremensis 'Lemon lime' | 1 |
| Codiaeumvariegatum, | 1 |
| Cordylinefruticosa | 1 |
| Aglaonemacommutatum | 1 |
| Dracaena sanderiana | 1 |

Table 3 Type of pollutant removed by the plant species

| Plant name | Type of pollutant | | |
|---|---|--|--|
| Epipremnumaureum (Pothos) | formaldehyde | | |
| Chlorophytumcomosum (Spider Plant) | formaldehyde | | |
| Fatsia japonica | Formaldehyde and smoke particle pollutant | | |
| Syngoniumpodophyllum | volatile organic compounds (VOCs) and CO2 | | |
| Aloe vera | toluene and ethylbenzene volatile compounds | | |
| | Total volatile organic compounds | | |
| Areca palm | (TVOCs), Carbon dioxide (CO2), and | | |
| | Carbon monoxide (CO) | | |
| Ficusbenjamina | Volatile organic compounds | | |
| Spathyphyllurmspp | smoke particle pollutant | | |
| Samsevieriatrifasciata | smoke particle pollutant | | |
| Rhapis excels | smoke particle pollutant | | |
| Cupresscusmacrocarpae | smoke particle pollutant | | |
| Wild Taraxacummongolicum Hand | formaldehyde | | |
| Plantagoasiatica L | formaldehyde | | |
| Helianthus annuus Linn | formaldehyde | | |
| Lycopersiconesculentum Miller | formaldehyde | | |
| Oryzasativa | formaldehyde | | |
| SansevieriatrifasciataPrain | formaldehyde | | |
| Bryophyllumpinnatum | formaldehyde | | |
| Mesembryanthemumcordifolium L. f | formaldehyde | | |
| Chamaedoreaelegans | formaldehyde | | |
| Christmas cactus (Schlumbergera truncate 'harmony') | Volatile organic compounds | | |
| Dracaena fragrans 'Golden Coast' | NO2 Nitrogen dioxide. | | |
| Spathiphyllumwallisii 'Verdi' | NO2 Nitrogen dioxide. | | |
| Zamioculcaszamiifolia | NO2 Nitrogen dioxide. | | |
| sugarcane bagasse | Formaldehyde gas | | |
| Hedera helix 'Shamrock' | volatile gasoline compounds | | |
| Dieffenkeskie na velete | Toluene and | | |
| Dieffenbachia maculata | 2- ethylhexanol | | |
| Spathiphyllumwallisii | Toluene and | | |
| Spathiphyllumwallisii | 2- ethylhexanol | | |
| Sansevieriamasoniana | toluene and ethylbenzene volatile compounds | | |





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| Sansevieriatrifasciata | toluene and ethylbenzene volatile compounds |
|----------------------------------|---|
| Sansevieriahyacinthoides | toluene and ethylbenzene volatile compounds |
| Sansevieriaehrenbergii | toluene and ethylbenzene volatile compounds |
| Kalanchoe, blossfeldiana | toluene and ethylbenzene volatile compounds |
| Dracaena deremensis 'Lemon lime' | toluene and ethylbenzene volatile compounds |
| Codiaeumvariegatum, | toluene and ethylbenzene volatile compounds |
| Cordylinefruticosa | toluene and ethylbenzene volatile compounds |
| Aglaonemacommutatum | toluene and ethylbenzene volatile compounds |
| Dracaena sanderiana | toluene and ethylbenzene volatile compounds |





RESEARCH ARTICLE

A DFT Study on Natural Sensitizer with Donor - π - Acceptor Architecture based on Luteolin for Applications in Dye - Sensitized Solar Cells

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ABSTRACT

In the present study, we employed Density Functional Theory (DFT) and Time-Dependent Density Functional Theory (TD-DFT) methodologies to systematically analyse the electronic, optical, and photovoltaic properties of six novel D- π -A type organic dyes denoted as Lu1–Lu6, specifically designed for use in Dye-Sensitized Solar Cells (DSSCs). The optimization andDFT investigations were conducted using the B3LYP density functional in conjunction with the 6-311++G (d, p) basis set for geometry optimization and electronic structure studies, respectively. Parameters such as the free energy change of electron injection (ΔG ^{inject}), maximum absorption wavelength(λ_{max}), oscillator strengths (f), light harvesting efficiency (LHE), and dye regeneration (ΔG ^{reg}) were computed, along with the vertical electron excitation energy, in both gas and solvent phases. Furthermore, the intermolecular charge transfer of the designed dyes (Lu1–Lu6) was probed through the analysis of frontier molecular orbitals. Our findings indicate that all investigated dyes exhibit favourable characteristics, positioning them as promising candidates for efficient DSSC sensitizers.

Keywords: DFT, DSSC,HOMO-LUMO, LHE,natural dyes





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INTRODUCTION

Researchers are highlighting the significance of environmentally friendly dye-sensitized solar cells (DSSC), also known as Gratzel cells, in response to the emergence of clean and cost-effective renewable energy [1]. In the realm of solar energy conversion, DSSCs offer a more economical alternative compared to traditional semiconductor (SC) photovoltaic devices [2-3]. A typical DSSC device consists of a dye sensitizer, I⁻/I³⁻ electrolyte, counter electrode, and TiO₂ semiconductor [4]. The dye sensitizer is a critical component in DSSCs, absorbing light and generating photoexcited electrons, and a promising candidate meeting these criteria in the metal-free D- π -A organic sensitizer [5]. The D- π -A organic dye is composed of three parts: a π -spacer, an electron acceptor group (A), and an electron donor group (D) [6-7]. Electron injection into the semiconductor is facilitated in D- π -A dyes by intramolecular charge transfer (ICT) through the π -spacer from the sensitizer's donor group to its acceptor moiety [8-10]. However, organic dyes face challenges such as a weak absorption coefficient and a narrow absorption band in the ultraviolet and visible regions [4,11]. To address this, modifying the donor, π -bridge, and acceptor moieties is a straightforward approach to enhance the dye sensitizer's performance [12]. The current focus is on designing dyes with improved efficiency to boost power conversion efficiency. Luteolin, a flavonoid polyphenol widely distributed in various plant families, is examined for its potential. As part of the flavone group, luteolin has a C6-C3-C6 structure with two benzene rings (A, B), an oxygen-containing (C) ring, and a 2–3 carbon double bond [46]. The study systematically explores how donor, acceptor, and π -spacer groups influence the photophysical characteristics of designed dyes to achieve enhanced efficiency. Six new organic dyes, named Lu1-Lu6 for DSSCs, along with luteolin as a π -conjugated system, were developed based on the molecular structure of D- π -A, using diphenylamine (DPA) and triphenylamine (TPA) as the electron donor (D) and NO₂ and CN as the electron acceptor (A), as illustrated in Figure 1. The structures of luteolin and the newly designed dyesare depicted inFigure 2.

Computational Methods

All computations were carried out using Becke's three-parameter hybrid functional of Becke, Lee, Yang, and Parr (B3LYP) [13], employing the 6-311++G (d, p) basis set in both gas and solvent phases. The investigation encompassed frontier molecular orbitals, excited state energies, optical absorption spectra, electronic injection parameters, and oscillator strength for the designed dyes [14]. Solvent effects were considered for two solvents, Dichloromethane (DCM) and dimethylformamide (DMF), utilizing the polarizable continuum model (PCM) [15]. Gaussian 09 software was employed for all calculations, and Gauss View Version 5.0 was utilized to visualize electron density models at various energy levels [16].

RESULTS AND DISCUSSION

Geometry Optimization

The geometrical parameters of the designed sensitizers were calculated using density functional theory (DFT) at the B3LYP/6-311++G (d, p) level of theory. The optimized geometry structures are shown in Figure 3. The bond lengths between the electron-donor moiety and the π -spacer (d1) and between the electron acceptor and the conjugated π -spacer (d2) are in the range of 1.443-1.503 Å and 1.469-1.496 Å, respectively, for both the gas and solvent phases. The dihedral angles (ϕ 1) between the donor and the π -spacer and (ϕ 2) between the π -spacer and acceptor are similar for all the dyes in both the gas and solvent phases. The values of ϕ 1 and ϕ 2 show that the region between the donor and π -spacer unit and the π -spacer and acceptor unit are planar, respectively. These results suggest that the designed sensitizers have coplanar structures, which is favourable for intramolecular charge transfer (ICT) and DSSC performance. Specifically, the bond length between the electron-donor moiety and the π -spacer (d1) is in the range of 1.443 Å to 1.503 Å for the gas and solvent phases, respectively. The bond length between the electron acceptor and the conjugated π -spacer (d2) is in the range of 1.469 Å in gas phase and 1.469 Å to 1.496 Å for solvent phases, respectively. The dihedral angle (ϕ 1) between the donor and the π -spacer is similar for all the dyes. Also, the values calculated for dihedral angle show that the region between the donor and π -spacer unit is planar. The dihedral angles (ϕ 2) between π -spacer and acceptor are similar for all the dyes in gas phase and in solvent (ϕ 2) the values of





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Lu2, Lu4 and Lu6 are around -38.858° which can be ascribed to the steric repulsion between hydrogen atoms that prevent undesirable aggregation of dye on the semiconductor surface. In summary, the values of the dihedral angles presented in Table 1 show that the designed sensitizer Lu1-Lu6 has the most coplanar structure. However, there seems to be no significant differences in the bond length across the optimized phases suggesting that the compound under study possesses insightful properties for DSSC design.

Molecular electrostatic potential (MEP) surface

The MEP mapped the surface of designed dyes was computed using DFT/B3LYP at 6-311++G (d, p) basis set and the MEP surface is plotted in Figure. 4 The molecular electrostatic potential (MEP) is useful in determining electrophilic attack sites, nucleophilic reactions, and hydrogen-bonding interactions [50].Colours with increasing electrostatic potential arered>orange>yellow>green>blue, respectively [50].Potentially reactive regions are shown by the colours red for electrophilic reactivity and blue for nucleophilic reactivity [51].The appearance of negative electrostatic potentials(red) around the oxygen in the π spacer and nitrogen atoms of the anchoring acceptor group evidences its negative partial charge. These sites are potentially relevant for electrophilic attack of the electrolyte,evidenced its negative partial charge. These sites were potentially relevant for electrophilicattacks of the electrolyte.The positive potential site that is exposed to nucleophilic attack is shown by the blue hydrogen bonded to C atomsin the overall ring.

Frontier molecular orbitals

The investigation into the dyes' frontier molecular orbitals (FMO) was conducted at the B3LYP/6-311++G (d, p) level of theory to assess electron transfer properties during light excitation[13]. Analysing the highest occupied molecular orbital (HOMO) and lowest unoccupied molecular orbital (LUMO) provided insights into intramolecular charge transfer behaviour in DSSCs devices [17-18], with the corresponding orbitals depicted in Figure 5. The HOMO of the dyes primarily exhibits electron density delocalized on the electron-donor part, while the LUMO is primarily localized on the electron-deficient part with delocalization onto the π -spacer. Both HOMO and LUMO orbitals include contributions from the π -spacer for all designed sensitizers. Efficient electron transfer is facilitated by substantial HOMO-LUMO overlap at the π -spacer, indicating intramolecular charge transfer from the electron-donor (D) to the electron acceptor (A) through the π -spacer. Energy levels of HOMO and LUMO, along with their corresponding energy gaps (E_{gap}), are presented in Figure 6 and Table 2. The fundamental principle of DSSCs involves producing an oxidized state of the dye by injecting electrons into TiO₂'s conduction band (CB) after dye excitation by incident light [19]. For effective electron injection, the dye's LUMO must be higher than the conduction band of TiO2 [20], and for efficient dye regeneration, the HOMO should be below the redox potential energy of the electrolyte [21-24].All designed sensitizers (Lu1-Lu6) exhibit LUMO energies between -2.9361 eV to -2.3362 eV, significantly higher than TiO₂'s conduction band (-4.0 eV), while HOMO energies range from -6.00 eV to -5.1138 eV, lower than the redox potential of the electrolyte (-4.80 eV). The HOMO energy level of designed dyes is notably up-shifted compared to the reference dye Luteolin, whereas the LUMO energy level is slightly down-shifted. The incorporation of electrondonating moieties (diphenylamine and triphenylamine) results in higher HOMO energies, while electronwithdrawing substituents decrease the LUMO energy. Dyes with NO2 groups (Lu2, Lu4, and Lu6) exhibit the lowest LUMO energy levels compared to cyano-substituted dyes (Lu1, Lu3, and Lu5). The substitution of auxiliary donor (CH₃) has no significant effect on HOMO levels. The energy level diagram (Fig. 4) suggest that all designed dyes have sufficient driving force to be used as sensitisers in DSSCs. A low energy gap (Egap) enhances intramolecular charge transfer (ICT) and results in an apparent absorption band in the electronic spectra. Table 2 summarizes the respective energy gaps, ranging between 2.2890 eV to 3.3734 eV. Compared to the reference dye Luteolin, the designed dyes generally have lower (Egap) values. Notably, Lu4 has the narrowest band gap, indicating enhanced power conversion efficiency in DSSCs due to increased photon absorption at longer wavelengths.

Electronic absorption spectra

The electronic absorption spectra of dyes Lu1-Lu6 were simulated using the TD-DFT/B3LYP functional and 6-311++G (d, p) basis set, as depicted in Figure 7. A comprehensive summary of the photophysical characteristics, encompassing computed absorption wavelength, oscillator strength, vertical excitation energies, and light harvesting





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efficiency for the examined dyes are presented in Table 3. Notably, the absorption spectrum of the newly designed sensitizers Lu1-Lu6 exhibits a remarkable red-shift both in the gas and solvent phases compared to the reference dye Lu. The introduction of a polar solvent results in an increased absorption wavelength compared to the gas phase, contributing to an enhanced light-harvesting process.Lu4, with its strong and consistent absorption characteristics across solvents, emerges as a promising candidate for further exploration.The shift towards longer wavelengths in the absorption spectrum of all designed dyes (Lu1–Lu6) signifies their capacity to absorb more light at extended wavelengths, thereby augmenting the efficiency of solar cells.

Light Harvesting Efficiency (LHE)

The LHE [25] of investigated dyes is expressed by equation (1)

 $LHE = 1 - 10^{-f} [25] ------ (1)$

In the study, the symbol (f) denotes the oscillator strength of the dye associated with its maximum absorption wavelength, λ_{max} [26]. The dye's responsiveness to light is quantified through its light harvesting efficiency (LHE) [27]. To enhance the photocurrent response in dye-sensitized solar cells (DSSCs), it is desirable for LHE values to be maximized [26]. Table 3 outlines the oscillator strength (f) and LHE for both luteolin and the developed dyes. A higher oscillator strength (f) indicates an improved light absorbance capability of the sensitizer, leading to an enhancement in light harvesting efficiency (LHE). In comparison to luteolin, all the newly formulated dyes exhibit higher (f) values and elevated light harvesting efficiency. This implies that the designed dyes have a greater potential to convert a larger amount of incident light into electricity, showcasing their efficacy in DSSCs.

Free energy change of electron injection and oxidation potential

Through the computation of Gibbs energy changes for electron injection (ΔG ^{inject}), one can gauge the energy driving force for the injection of electrons from the excited state into the conduction band of TiO₂ [28]. The free energy change associated with the electron injection process can be approximated using the equation [29]:

 $\Delta G^{\text{inject}} = E_{\text{ox}}^{\text{dye}*} - E_{\text{CB}}^{\text{TiO}_2} - \dots$ (2)

Here $E_{CB}^{Ti0_2}$ is -4.00 eV[29]. The excited state oxidation potential of the dye $(E_{ox}^{dye^*})$ is estimated using the equation [30].

 $E_{ox}^{dye^*} = E_{ox}^{dye} - \lambda_{max}^{ICT} - \dots$ (3)

In this equation, E_{ox}^{dye} represents the oxidation potential energy of the dye in the ground state (E_{ox}^{dye} – E_{HOMO}) and λ_{max}^{ICT} is the vertical transition energy corresponding to λ_{max} [2]. Through these calculations, we determined the electron injection free energy change ΔG ^{inject} as well as the ground state (E_{ox}^{dye}). The outcomes are presented in Table 4a and 4b for gas and solvent phases. It is noteworthy that all designed dyes exhibit a negative ΔG ^{inject} indicating that the excited states of the dyes are positioned above the TiO₂ conduction band edge, and the process of electron injection from the dye into the semiconductor occurs spontaneously.

Dye degeneration

In dye-sensitized solar cells (DSSCs), the regeneration of the dye(ΔG^{reg})stands as a pivotal stage, ensuring the continual functionality of the solar cell [31] that can be expressed by the equation (4).

 $\Delta G^{\text{reg}} = E_{\text{ox}}^{\text{dye}} - E_{-1}^{-1} / I_3^{-} - \dots$ (4)

Here I_1/I_3 is the redox potential energy of the iodide/triiodideredox electrolyte(-4.8eV) [31].





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A lower ΔG^{reg} signifies a more favourable condition for the regeneration process [32]. Table 4a and 4b provides a summary of the calculated ΔG^{reg} values for the designed dye in gas and solvent phases. This implies that these dyes potentially possess the capability to enhance power conversion efficiency.

Open circuit Voltage

The photovoltaic performance of the DSSC is also influenced by the open-circuit voltage (Voc) [13], which can be approximated using the equation (5):

Voc = Elumo-Ecb------(5)

A higher LUMO energy level elevates the Voc value, contributing to an overall improvement in the efficiency of DSSC devices [8]. The calculated open-circuit voltage values for the designed dyes are outlined in Table 5. Notably, among the investigated dyes, the open-circuit voltage has been heightened for the cyano-substituted dyes Lu1, Lu3, and Lu5.Lu2 has lower Voc values compared to other sensitizers, especially in the gas phase and DMF.Lu4 exhibits lower Vocvalues, particularly in DMF and DCM.Lu6 shows varying Vocvalues in different phases, with a notable decrease in DMF. The choice of solvent and sensitizer structure can influence the open-circuit voltage, as seen in the variation of Voc values in different phases.

Electron coupling Constant

The estimation of electron coupling constant (V_{RP}) for a photo-induced charge transfer utilises the extended generalized Mulliken-Hush (GMH) formalism[34].

$$V_{\rm RP} = \frac{\Delta E_{\rm RP}}{2} \tag{6}$$

According to Koopmans approximation the injection driving force can be expressed as [35]

 $\Delta E_{RP} = [E_{LUM0}^{dye} + 2E_{HOM0}^{dye}] - [E_{LUM0}^{dye} + E_{HOM0}^{dye} + E_{CB}^{TiO\,2}] -(7)$ Where $E_{CB}^{TiO\,2} = (-4.0 \text{ eV})$ and $-E_{HOM0}^{dye} = E_{OX}^{dye}$ [36]

Thus equation (7) can be modified as $\Delta E_{RP} = [E_{HOMO}^{dye} + E_{CB}^{TiO 2}] = - [E_{OX}^{dye} + E_{CB}^{TiO 2}] - \dots$ (8)

A higher rate constant is obtained with a larger V_{RP} , indicating a more effective sensitizer. Strong electronic coupling between the investigated dyes and the TiO₂ surface leads to increased electron injection efficiency as shown in Table 5.

Chemical Reactivity Parameters

The following chemical reactivity parameters were calculated for evaluating the photoelectrical properties of dyes:ionization potential (IP), electron affinity (EA), chemical potential (μ) chemical hardness (η), chemical softness (S), electrophilicity index (ω), electron donating power (ω ⁻), and electron accepting power (ω ⁺) [38,40] by utilizing the following equations:

| $\mu = \frac{IP + EA}{2}$ | |
|---|------|
| $\eta = \frac{IP - EA}{2} - \cdots - $ | (10) |
| $S = \frac{1}{\eta}$ | |
| $\omega = \frac{\mu^2}{2\eta}$ | |
| $\omega^{+} = \frac{\frac{2\eta}{(IP+3EA)^{2}}}{\frac{16(IP-EA)}{16(IP-EA)}} - \dots -$ | |





 $\omega^- = \frac{(3IP + EA)^2}{16(IP - EA)}$

An increased electron affinity (EA) can enhance the electron-accepting capability, while a reduced ionization potential (IP) is advantageous for enhancing hole-creating ability [39]. According to molecular orbital theory, the first ionization energy IP = -E HOMO and electron affinityEA = -E LUMO [37]. The computed ionization potentials and electron affinities of the studied dyes are outlined in Table 6. In contrast to the reference dye Lu, the designed dyes display lower ionization potentials (IP), implying that structural modifications may render the dyes more predisposed to losing electrons, thereby improving their photoelectrical properties. Moreover, in comparison to the reference dye Luteolin, the designed dyes exhibit higher electron affinities, indicating a greater tendency for electron absorption.Lu1 has the lowest IP, making it easier to lose an electron compared to other dyes.Lu4 has the highest EA, indicating a strong tendency to accept an electron. Chemical hardness, serving as an indicator of the dyes' resistance to the intramolecular charge transfer (ICT) process, implies that lower chemical hardness advantageous for increased charge transfer and separation [41]. Table 6 indicates that the η values of the designed dyes are lower than those of the reference dye Lu. Notably, Lu4 dyes demonstrate the lowest chemical hardness and highest softness among the studied dyes, suggesting a lower resistance to intramolecular charge transfer. The value of ω can be utilized to calculate the stabilization energies of molecular structures, with higher ω^+ values preferred as they indicate the highest electron-accepting capacity [42-44]. Consequently, among the studied dyes, Lu4 dye exhibits the highest electron-accepting power, electron-donating power (ω -), and stabilization energy. Considering these parameters, Lu4 dye possesses the highest electron-accepting capacity, lowest chemical hardness, highest stabilization energy, and, consequently, the highest power conversion efficiency.

CONCLUSION

We found that the formulated metal-free organic dyes meet essential criteria, encompassing a high molar extinction coefficient, wide absorption spectra, favourable orbital distribution, and satisfactory energy level alignment. The absorption spectra of the crafted organic sensitizer show a red shift compared to the Luteolin dye. All the created dyes have demonstrated a substantial driving force for electron injection, potentially resulting in a higher short-circuit current density. We propose that the devised metal-free organic dyes could represent the most promising choices for enhancing the power conversion efficiency of DSSCs.

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Table 1 - The Optimized bond lengths and dihedral angles of the dyes at the at B3LYP/6-311++G (d,p) level of theory.

| Dere | GAS PHASE | | | DMF | | | | DCM | | | | |
|------|------------|-----------------------|------------|--------|-------|-----------------------|------------|--------|------------|-----------------------|------------|---------|
| Dye | d 1 | d ₂ | φ 1 | ф2 | d1 | d ₂ | φ 1 | ф2 | d 1 | d ₂ | φ 1 | ф2 |
| Lu1 | 1.42 | 1.469 | -0.547 | -1.184 | 1.503 | 1.469 | -0.547 | 0 | 1.42 | 1.469 | -0.547 | 0 |
| Lu2 | 1.42 | 1.496 | -0.547 | -1.184 | 1.42 | 1.496 | -0.547 | -38.86 | 1.42 | 1.496 | -0.547 | -38.858 |
| Lu3 | 1.42 | 1.469 | -0.547 | -1.184 | 1.42 | 1.469 | -0.633 | 0 | 1.42 | 1.469 | -0.633 | 0 |
| Lu4 | 1.42 | 1.496 | -0.547 | -1.184 | 1.42 | 1.496 | -0.547 | -38.85 | 1.42 | 1.496 | -0.547 | -38.854 |
| Lu5 | 1.42 | 1.469 | -0.547 | -1.184 | 1.42 | 1.469 | -0.547 | 0 | 1.42 | 1.469 | -0.547 | 0 |
| Lu6 | 1.42 | 1.496 | -0.547 | -1.226 | 1.42 | 1.496 | -0.547 | -38.85 | 1.42 | 1.496 | -0.547 | -38.854 |

| DYE | GASPHASE | | | DMF | | | DCM | | |
|-----|----------|---------|--------|---------|---------|--------|---------|---------|--------|
| | HOMO | LUMO | E gap | HOMO | LUMO | E gap | HOMO | LUMO | E gap |
| Lu | -6.4341 | -2.1723 | 4.2618 | -6.4477 | -2.2767 | 4.1709 | -6.4442 | -2.2591 | 4.1851 |
| Lu1 | -5.1138 | -2.3362 | 2.7777 | -5.0785 | -2.3731 | 2.7053 | -5.8314 | -2.4580 | 3.3734 |
| Lu2 | -6.0045 | -2.7766 | 3.2278 | -5.8836 | -3.0030 | 2.8806 | -5.8855 | -2.9736 | 2.9119 |
| Lu3 | -5.4104 | -2.3946 | 3.0158 | -5.4657 | -2.3981 | 3.0675 | -5.4415 | -2.3957 | 3.0457 |
| Lu4 | -5.3566 | -2.9361 | 2.4204 | -5.4001 | -3.1013 | 2.2988 | -5.3761 | -3.0871 | 2.2890 |
| Lu5 | -5.3519 | -2.3823 | 2.9696 | -5.4281 | -2.3967 | 3.0313 | -5.4009 | -2.3935 | 3.0074 |
| Lu6 | -5.5582 | -2.7614 | 2.7968 | -5.5155 | -3.0090 | 2.5064 | -5.5059 | -2.9793 | 2.5265 |

Table 3- Absorption maxima (λ_{max}), Oscillator Strength (f), Light Harvesting Efficiency (LHE), average Light Harvesting Efficiency (LHE_{avg}) of dyes at B3LYP/6-311++G (d, p) level of theory

| | esting Efficiency (Efficacy) of dyes at bol 1170-011 + G (d, p) rever of meory | | | | | | | | | | | |
|-----|--|--------|--------|--------|-----------------|--------|--------|--------|-----------------|--------|--------|--------|
| DYE | | GAS I | PHASE | | DMF | | | | DCM | | | |
| | λ_{max} | f | LHE | LHEavg | λ_{max} | f | LHE | LHEavg | λ_{max} | f | LHE | LHEavg |
| τ., | 323.14 | 0.2848 | 0.4809 | 0.2561 | 347.62 | 0.0979 | 0.2018 | 0.1609 | 350.00 | 0.0506 | 0.1099 | 0.1187 |
| Lu | 264.74 | 0.0139 | 0.0314 | 0.2361 | 315.17 | 0.0556 | 0.1201 | 0.1609 | 313.97 | 0.0593 | 0.1276 | |
| T 1 | 400.51 | 0.1049 | 0.2145 | 0.3872 | 408.53 | 0.1048 | 0.2144 | 0.4504 | 417.12 | 0.0132 | 00299 | 0.4195 |
| Lu1 | 391.96 | 0.3565 | 0.5599 | 0.3872 | 393.89 | 0.5038 | 0.6865 | 0.4504 | 359.82 | 0.7195 | 0.8092 | |
| T 2 | 365.98 | 0.0466 | 0.1017 | 0.2894 | 406.26 | 0.0269 | 0.0600 | 0.3760 | 400.85 | 0.0285 | 0.0635 | 0.3115 |
| Lu2 | 344.81 | 0.2103 | 0.4771 | 0.2894 | 355.91 | 0.5134 | 0.6933 | 0.3760 | 355.90 | 0.3561 | 0.5595 | |
| T 2 | 400.93 | 0.0174 | 0.0392 | 0.4401 | 462.61 | 0.0185 | 0.0417 | 0.4922 | 466.16 | 0.0165 | 0.0372 | 0.4832 |
| Lu3 | 368.27 | 0.8101 | 0.8451 | 0.4421 | 369.89 | 1.1125 | 0.9228 | 0.4822 | 370.17 | 1.1509 | 0.9293 | |
| T 4 | 379.12 | 0.1658 | 0.3173 | 0.4567 | 479.01 | 0.0145 | 0.0328 | 0.4015 | 482.77 | 0.0135 | 0.0306 | 0.3716 |
| Lu4 | 366.43 | 0.3939 | 0.5962 | 0.4367 | 375.79 | 0.6387 | 0.7702 | 0.4015 | 370.40 | 0.5418 | 0.7127 | |
| TUE | 407.05 | 0.0157 | 0.0355 | 0.4254 | 468.25 | 0.0169 | 0.0381 | 0.4025 | 472.24 | 0.0152 | 0.0343 | 0.4820 |
| Lu5 | 371.03 | 0.7834 | 0.8353 | 0.4354 | 371.30 | 1.1487 | 0.9289 | 0.4835 | 371.95 | 1.1538 | 0.9298 | |
| Lar | 373.11 | 0.0900 | 0.1871 | 0 5024 | 411.75 | 0.0231 | 0.0517 | 0.4007 | 406.82 | 0.0258 | 0.0576 | 0.4788 |
| Lu6 | 365.68 | 0.7394 | 0.8177 | 0.5024 | 367.98 | 1.1533 | 0.9297 | 0.4907 | 368.65 | 1.0004 | 0.9000 | |

Table 4a- Calculated maximum absorption wavelength (λ_{max}), vertical excitation energy, excited state oxidation potential, driving force of electron injection(ΔG^{inject}), driving force of dye degeneration(ΔG^{reg}) of dyes at B3LYP/6- 311++G (d, p) level of theory in Gas Phase.

| DYE | GAS PI | | | | |
|-----|-----------------|-----------------------|--------------------------|------------------------------|-------------------------|
| | λ_{max} | λ_{max}^{ICT} | \mathbf{E}_{ox}^{dye*} | $\Delta \mathbf{G}^{inject}$ | ΔG^{reg} |
| Lu | 323.14 | 3.8368 | 2.5973 | -1.4027 | 1.5841 |
| Lu1 | 400.51 | 3.0957 | 2.0181 | -1.9819 | 0.2638 |





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| Lu2 | 365.95 | 3.3882 | 2.6163 | -1.3837 | 1.1545 |
|-----|--------|--------|--------|---------|--------|
| Lu3 | 400.93 | 3.0924 | 2.3216 | -1.6784 | 0.5604 |
| Lu4 | 379.12 | 3.2703 | 2.0863 | -1.9137 | 0.5066 |
| Lu5 | 407.05 | 3.0459 | 2.3060 | -1.6940 | 0.5019 |
| Lu6 | 373.11 | 3.3230 | 2.2352 | -1.7648 | 0.7082 |

Table 4b- Calculated maximum absorption wavelength (λ_{max}), vertical excitation energy, excited state oxidation potential, driving force of electron injection(ΔG^{inject}), driving force of dye degeneration(ΔG^{reg}) of dyes at B3LYP/6- 311++G (d, p) level of theory in solvent Phases.

| | DMF | | | | | | DCM | | | |
|-----|-----------------|-----------------------|--------------------------|---------------------|-------------------------|-----------------|-----------------------|--------------------------|----------------------|-------------------------|
| DYE | λ_{max} | λ_{max}^{ICT} | \mathbf{E}_{ox}^{dye*} | ΔG^{inject} | ΔG^{reg} | λ_{max} | λ_{max}^{ICT} | \mathbf{E}_{ox}^{dye*} | ∆G ^{inject} | ΔG^{reg} |
| Lu | 347.62 | 3.5666 | 2.8817 | -1.1183 | 1.5977 | 350.00 | 3.5424 | 2.9018 | -1.0982 | 1.5942 |
| Lu1 | 408.53 | 3.0349 | 2.0436 | -1.9564 | 0.2285 | 417.12 | 2.9724 | 2.859 | -1.1410 | 0.9814 |
| Lu2 | 406.26 | 3.0519 | 2.8317 | -1.1683 | 1.0336 | 400.85 | 3.0930 | 2.7925 | -1.2075 | 1.0355 |
| Lu3 | 462.61 | 2.6801 | 2.7856 | -1.2144 | 0.6157 | 466.16 | 2.6597 | 2.7818 | -1.2182 | 0.5915 |
| Lu4 | 479.01 | 2.5883 | 2.8117 | -1.1882 | 0.5501 | 482.77 | 2.5682 | 2.8079 | -1.1921 | 0.5261 |
| Lu5 | 407.05 | 3.0459 | 2.3822 | -1.6178 | 0.5781 | 472.24 | 2.6254 | 2.7755 | -1.2245 | 0.5509 |
| Lu6 | 411.75 | 3.0112 | 2.5043 | -1.4957 | 0.6655 | 406.82 | 3.0476 | 2.4583 | -1.5417 | 0.6559 |

| DYE | GAS PHASE | | DI | МF | DCM | |
|-----|-----------|--------|--------|--------|--------|--------|
| | Voc | VRP | Voc | VRP | Voc | VRP |
| Lu | 1.8277 | 1.2170 | 1.7233 | 1.2238 | 1.7409 | 1.2221 |
| Lu1 | 1.6640 | 4.5569 | 1.6270 | 0.5392 | 1.5420 | 0.9157 |
| Lu2 | 0.9970 | 1.0022 | 0.9970 | 0.9418 | 1.0264 | 0.9427 |
| Lu3 | 1.6054 | 0.7052 | 1.6019 | 0.7328 | 1.6043 | 0.7207 |
| Lu4 | 1.0639 | 0.6783 | 0.8987 | 0.7000 | 0.9129 | 0.6880 |
| Lu5 | 1.6177 | 0.6759 | 1.6033 | 0.7140 | 1.6065 | 0.7004 |
| Lu6 | 1.2386 | 0.7791 | 0.9910 | 0.7577 | 1.0207 | 0.7529 |

-

Table 6 - The ionization potential (IP) electron affinity (EA), chemical potential (μ), chemical hardness (η), softness(S), electrophilicity(ω), electron donating power (ω -), and electron accepting power (ω +) in eV calculated at B3LYP/6-311++ G (d, p) level of theory.

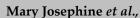
| - | | | | | | | | | | | |
|-----|--------|--------|--------|--------|--------|--------|------------|--------|--|--|--|
| DYE | IP | EA | μ | η | S | ω | ω^+ | ω_ | | | |
| Lu | 6.4341 | 2.1723 | 4.3032 | 2.1309 | 0.4692 | 4.3450 | 2.4597 | 6.7629 | | | |
| Lu1 | 5.1138 | 2.3362 | 3.7250 | 1.3888 | 0.7200 | 4.9955 | 3.3085 | 7.0356 | | | |
| Lu2 | 6.0045 | 2.7766 | 4.3905 | 1.6139 | 0.6196 | 5.9720 | 3.9784 | 8.3689 | | | |
| Lu3 | 5.4104 | 2.3946 | 3.9025 | 1.5079 | 0.6631 | 5.0499 | 3.2871 | 7.1896 | | | |
| Lu4 | 5.3566 | 2.9361 | 4.1463 | 1.2102 | 0.8263 | 7.1028 | 5.1808 | 9.3272 | | | |
| Lu5 | 5.3519 | 2.3823 | 3.8671 | 1.4848 | 0.6734 | 5.0358 | 3.2879 | 7.1550 | | | |
| Lu6 | 5.5582 | 2.7614 | 4.1598 | 1.3984 | 0.7151 | 6.1870 | 4.2819 | 8.4417 | | | |



LUM



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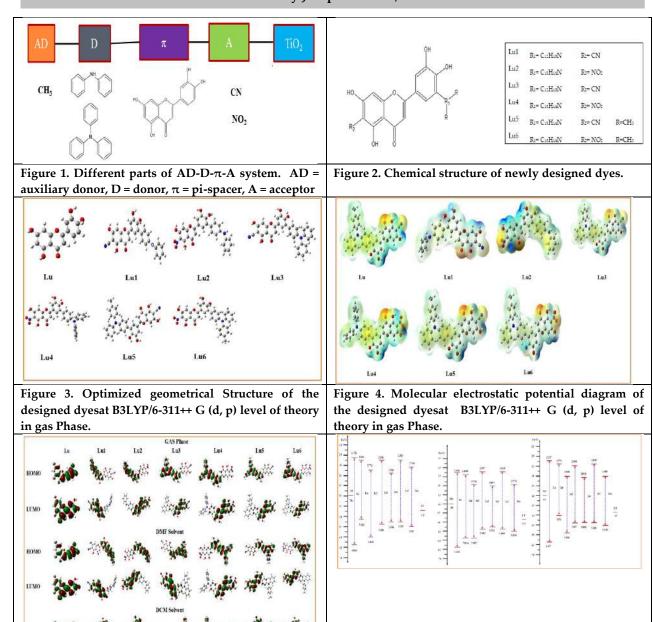
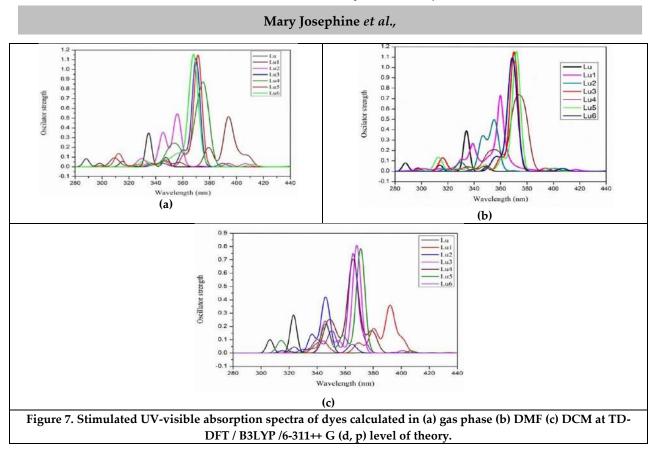


Figure 5. HOMO and LUMO distribution pattern of
Luteolin based dyes at DFT/B3LYP/6-311++G (d, p)
level of theory in gas phase.Figure 6. HOMO, LUMO energies and energy gap of
Luteolin and designed dyes in Gas Phase, DMF and
DCM solvent.











RESEARCH ARTICLE

Factors Determining Energy Consumption of Urban Households in Madurai District

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ABSTRACT

Energy consumption in urban households is critical for modern life, powering homes, workplaces, and transportation. However, many overlook the social, environmental, and economic consequences of energy use. This study focuses on Madurai district, Tamil Nadu, India, where understanding household energy consumption patterns is vital for promoting sustainable practices. The research explores the key factors influencing energy use in Madurai's urban dwellings. Understanding these drivers is crucial for crafting targeted policies and promoting responsible consumption habits. This knowledge empowers individuals and communities to make informed decisions for a more sustainable future. The study's significance extends beyond Madurai. Its findings can serve as a valuable case study for other urban centers facing similar challenges. By uncovering the factors behind household energy consumption, this research aims to empower policymakers, urban planners, and residents to work together towards a sustainable energy future for Madurai and similar cities.

Keywords : Energy, Urban, Household, Sustainable and Consumption

INTRODUCTION

The term "energy" comes from the Greek word "energeia," which meaning "working." It is the ability or power to work. The capacity or ability to work is defined as energy. The Joule is a unit of energy measurement. Energy is defined as the ability to work and overcome obstacles in physics. This word is a synonym for strength, energy, and





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might. Anything that moves or is made to move is under the influence of a motivational force. It's termed 'energetic' in short. Working, walking, running, climbing a stairway, or lifting a log of wood all takes energy. Energy can be dormant or latent. However, while seeking energy to satisfy their needs; many people give little or no consideration to the social, environmental, and economic impacts of its uses. It powers our homes, workplaces, and transportation. While urban households rely heavily on energy for their daily needs, understanding the factors that influence their consumption patterns is crucial for promoting sustainable practices. This study explores the key determinants of energy use in Madurai district's urban households.

Energy, the lifeblood of our modern world, pulsates through our homes, workplaces, and transportation systems. Urban households, the beating heart of Madurai's economy, are particularly reliant on this invisible force to illuminate their lives, power their appliances, and fuel their kitchens. Understanding the determinants of energy consumption in Madurai's urban dwellings is not merely an academic exercise. It holds the key to unlocking a more sustainable future for the district. By identifying the drivers behind energy use, it can craft targeted policies and promote responsible consumption practices. This knowledge empowers us to make informed decisions, not just on an individual level, but also at a community-wide scale. This exploration not only holds significance for Madurai but also serves as a valuable case study for other urban centers grappling with similar challenges. This quest for knowledge and believe the insights garnered will empower policymakers, urban planners, and residents alike to collectively chart a course towards a more sustainable energy future for Madurai. The objectives of the study are to study the socio-economic conditions and the energy consumption pattern of households in the study areas and to suggest suitable measures to solve the problem of energy and reduce environmental pollution

REVIEW OF LITERATURE

Filippin. C., *et al.* (2019) had made an attempt to study on "Analysis of energy consumption patterns in multi-family housing in a moderate cold climate" in La Pamba, Argentina. The study found that first floor of each block showed less natural consumption and greater share of gas for heating purposes, the winter energy consumption of the multi family dwelling(200-400 m³) is lower than that of a single family dwelling (500m³). Flats receiving solar contribution from the north consume 36 per cent less energy for heating than the south. It was found that 90 per cent energy consumed was natural gas and the flats on the top floor face south and on the ends consumed more energy due to less availability of solar resources to heat and light.

Miah Danesh *et. al* (2020), conducted a study on, "Rural Household Energy Consumption Pattern in the Disregarded Villages of Bangaladesh", The objective of the study was to assess the overall energy consumption pattern of the households in rural areas and its influencing factors. There was a significant relation between per capita household expenditure for energy consumption and total income at both p < 0.01 and p < 0.05 significance levels. The study found that positive relationship between growth in income and household demand for commercial fuels and no significant relationship between monthly total household expenditure for biomass consumption and total income and also when the income of the household increases, they wish to shift from traditional energy use system to modern energy system.

METHODOLOGY

The study is exploratory in nature relying on both primary and secondary data. For collection of primary data survey method is adopted. Survey is conducted through questionnaire that is designed taking into consideration pre tested questionnaire after making modification to make the questionnaire suitable for the present study. The secondary data regarding the number of households in the study area have been collected from the records of District Statistical Hand Book of Madurai District. Further, data from Census 2011, BP statistical Review of World Energy – February 2024 and Economic Survey 2022 -2023 and Tamil Nadu Electricity Board are also collected for the study.





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interviews and unbiased observations are the most suitable methods to establish a good rapport with the respondents to collect necessary data. For studying about a social problem it is difficult to study from the whole universe. This is because it is costly, time consuming and complex as well as financially not viable. It is therefore convenient to pick up a sample out of the universe proposed to be covered by the study. The information collected from the sample units are with reference to the financial year from April 2023 to March 2024. Percentage Analysis used for this study.

RESULT AND DISCUSSION

Thus this paper discussed the socio-economic background of the sample household's respondents in urban areas and the energy consumption pattern of households.

Vehicles Owned by the Respondents : Now-a-days the users of vehicle population in urban areas tremendously increased. The increased vehicle leads to a greater demand for commercial fuels like petrol and diesel. Moreover, it pollutes the quality of air and it has its own impact on the health of the people. In this connection, the researcher wants to know about the vehicles owned by the sample respondents in the study area accordingly. It is clear from Table 2 that in 279 (93.00 per cent) households have two wheelers of different kinds. In urban areas all the sample households have two wheelers, 67 (37.22 per cent) households own cars and only seven (3.89 per cent) households own non – fuel vehicles. It is concluded that majority of the respondents in urban areas having own two wheelers to carry out their daily activities.

Nature of Lighting Equipments : The different types of electrical equipments are used by the sample respondents according to their utility. The energy consumption of lighting equipments vary according to the nature of lighting equipments like tube lights, CFL, incandescent lamps, LED *etc.* Tube lights and incandescent lamps are consume more energy than CFL and LED bulbs. But the use of CFL and LED bulbs are not good in number. In this connection, the researcher wants to estimate their nature of electrical equipments used by the sample respondents in the study areas. Accordingly the researcher collected information. Table 3 clearly depicts the nature of lighting equipments used by the sample respondents in the study areas. Regarding urban areas almost all the households are predominantly using tube lights. Still in urban areas 140 (77.78 per cent) are using incandescent lamps. CFLs are used by 115 (63.89 per cent) respondents. Twenty two respondents who use only LED bulbs. It is concluded from this table that the use of CFLs and LED bulbs are lesser in numbers and the respondents who use these bulbs are only addition to the tube lights and incandescent lamps.

Home Appliances Usage of Households : Due to the development of science and technology the different varieties of home appliances are manufactured and innovated for public use. The use of home appliances is one of the indicators of development. Table 4 explains the different types of home appliances used by the sample respondents in the study areas.

The different types of home appliances used by the sample respondents in the study areas are fan, television, radio, ion box, mixie, grinder, refrigerator, washing machine, heater, air conditioner, computer, electric stove *etc.* according to their life style and standard of living. It is evident from Table 4.14 that fan and TV are used by all the households irrespectively. But the number of fans users vary washing machines are mostly used in urban areas. Out of 180 respondents, 165 (91.67 per cent) respondents use machine for washing clothes, it is only five (1.67 per cent) in areas. Air conditioner and electric stove users is again high in urban areas. Major types of fuel used by the households in the sample areas for cooking is classified by the researcher as firewood and agricultural waste, kerosene and LPG. The researcher collected and classified the information regarding energy for cooking in the study areas and the same is shown in Table 5.





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It is understood from Table 5 that sample households who are users of multi fuels for cooking. considering the urban areas, the sample respondents are using only two of fuels namely kerosene and LPG. Kerosene is consumed by 42 (23.33 per cent) respondents and LPG is used by all the 180 (100.00 per cent) sample respondents. Fire wood usage is nil in urban areas.

Fuel Usage for Transportation by the Households : The researcher gathered information about energy usage for transportation in the study area by the household respondents.

It is evident from Table 6 that in urban area 155 (86.11 per cent) households are using petrol consuming vehicles and 25 (13.89 per cent) households are using diesel consuming vehicles.

Expenditure Pattern by Urban Households : The expenditure pattern of the sample urban household is estimated in the form of minimum, maximum and average. It is clear form Table 7 that in the urban areas the money spent on energy is higher compared to rural areas. Further, money spent on energy is greater than money spent on education and medical. The average amount of money spent to meet their food requirement is calculated as Rs. 5850 per month. The average amount of expenditure made per month by the sample respondents on cloth and rent is Rs. 1240 and Rs. 3200 respectively. Entertainment expenditure and social gathering expenditures are high in urban areas. The average amount estimated is Rs. 2445 and Rs. 1760 for social gathering and entertainment respectively. The money spent on energy per month is estimated and the values are Rs. 450, Rs. 4500 and Rs. 2450 as minimum, maximum and average respectively.

CONCLUSION

The take a look at on an economic observe of intake sample of energy inside the household sectors and its impacts in Madurai district of Tamil Nadu ought to pave the way for different researchers to adopt such fashion of comparable research in other regions. Probably studies can be contemplated to some other places. Even the present look at can also help the coverage makers to adopt a suitable coverage to solve the problem of power consumption and also to conserve electricity viably. In energy as a source of electricity accompanied by way of LPG in both Madurai cities. Regarding zone-sensible energy expenditure in west quarter, kerosene changed into found to be maximum while, Madurai metropolis, a most quantity turned into spent for power accompanied through kerosene. There existed a tremendous difference in quarter-smart energy consumption expenditure for kerosene and LPG in social area between Madurai metropolis.

SUGGESTIONS

Based on the findings of the study, the following constructive and practicable recommendations are offered to minimize the problem of energy consumption and its impact on households in Madurai District.

- Rajiv Gandhi Grammeen Vidyutikaran Yojana (RGGVY), 2009 10 has set a goal to provide clean cooking energy such as LPG, NG, biogas or kerosene to all within 10 years. Hence, the Government may implement subsidized LPG cylinders to the rural people. The usage of bio-gas, smokeless chullas should be encouraged and awareness campaign may also be conducted regularly.
- To develop sustainable energy supply, women's groups can form oil seed plantations or tree growing cooperatives to manage and produce bio- fuel and fuel wood with the same effort that they put into searching and gathering fuel wood today. Finance through self-help groups should be provided to transform women.
- The best way for providing subsidy for electricity and cleaner fuels, kerosene or LPG is to give an entitlement to the targeted households equivalent to 30 units of power and 6 kg of cooking gas or equivalent amount of kerosene to cover one or more needs. A system of debit cards or smart cards may be introduced whereby the targeted households get a credit of different amounts of cash for the purchase of these entitlements.
- To minimize fuel usage in transport small distance travels should be undertaken by walk or by bi-cycle.
- To Switch to cleaner Fuels





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- There is enormous scope for energy conservation by adopting Energy-Efficient Lighting by replacing CFL or LED bulbs in place of incandescent bulbs which are not only energy efficient but also environment friendly.
- Awareness should be created through mass media regularly to use modern fuels that is LPG and electricity and also, to use Energy Efficient Household Appliances. This will change the peoples' attitude towards modern fuels in due course of time. Apart from cooking and lighting, electrical appliances there are major sources of household energy consumption, especially in higher-income of urban households. The share of electrical appliances in the household energy consumption is likely to increase significantly in the future because of growth in per capita income.
- Eco friendly technologies such as solar cooker, solar heaters should be produced and made available at reasonable and affordable rates for the use of common people.

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| Particu | ılars | Number of Respondents |
|------------|-----------|-----------------------|
| | 25 – 35 | 49 (27.22) |
| | 35 - 45 | 47 (26.11) |
| Age | 45 - 55 | 35 (19.44) |
| (in Years) | 55 - 65 | 37 (20.56) |
| | 65 – 75 | 12 (6.67) |
| | Total | 180 (100.00) |
| | Male | 174 (96.67) |
| Sex | Female | 6 (3.33) |
| | Total | 180 (100.00) |
| | Hindu | 160 (88.89) |
| Polizion | Christian | 11 (6.11) |
| Religion | Muslim | 9 (5.00) |
| | Total | 180 (100.00) |
| | OC | 6 (3.33) |
| Community | BC | 120 (66.67) |
| | MBC | 33 (18.33) |

Table 1 : Socio-Economic Characteristics of the Sample Respondents in Urban Areas





| | SC / ST | 21 (11.67) |
|---------------------------------------|----------------------|--------------|
| | | 180 (100.00) |
| | Total | |
| | Primary | 15 (8.33) |
| | Secondary | 33 (18.33) |
| | Higher Secondary | 42 (23.34) |
| Education | Graduate | 49 (27.22) |
| | Post Graduate | 26 (14.45) |
| | Professional | 15 (8.33) |
| | Total | 180 (100.00) |
| | Agricultural Collie | 7 (3.89) |
| | Private | 50 (27.77) |
| Occupation | Government | 51 (28.34) |
| | Business | 72 (40.00) |
| | Total | 180 (100.00) |
| | Up to 20000 | 52 (28.89) |
| | 20000 - 40000 | 87 (48.34) |
| | 40000 - 60000 | 31 (17.22) |
| Income (in Rs.) | 60000 - 80000 | 6 (3.33) |
| | 80000 and above | 4 (2.22) |
| | Total | 180 (100.00) |
| | Joint Family | 20 (11.11) |
| Туре | Nuclear Family | 160 (88.89) |
| ~ 1 | Total | 180 (100.00) |
| | 2 Members | 31 (17.22) |
| | 3 Members | 57 (31.67) |
| Family Members | 4 Members | 76 (42.22) |
| , , , , , , , , , , , , , , , , , , , | 5 Members | 16 (7.78) |
| | Total | 180 (100.00) |
| | Pucca House | 118 (65.56) |
| | Semi – pucca House | 42 (23.33) |
| Nature of House | Thatched House | 20 (11.11) |
| | Total | 180 (100.00) |
| | Only one Room | - |
| | Two Rooms | 4 (2.22) |
| | Three Rooms | 97 (53.89) |
| Number of Rooms | Four Rooms | 41(22.78) |
| Number of Rooms | Five Rooms | . , |
| | | 26 (14.44) |
| | More Than Five Rooms | 12 (6.67) |
| | Total | 180 (100.00) |

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Source: Survey Data.

Note: Figures in brackets represent percentage to the total.

Table 2 : Vehicles Owned by the Respondents

| Vehicle | Number of Respondents |
|---------------------|-----------------------|
| Car | 67 (37.22) |
| Two Wheeler | 180 (100.00) |
| Non – Fuel Vehicles | 7 (3.89) |





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| | | - | - | | |
|-----|-------|--------|-------|---|--|
| and | Theer | nathay | valar | า | |

| Table 3 : Natu | re of Lighting Equipments |
|----------------|---------------------------|
| Fauinment | Number of Respondents |

| Equipment | Number of Respondents |
|--------------|-----------------------|
| Tube Light | 180 (100.00) |
| CFL | 115 (63.89) |
| Incandescent | 140 (77.78) |
| I FD | 22 (12 22) |

Source: Survey Data.

Table 4 : Home Appliances Usage of Households

| Equipment | Number of Respondents | |
|-----------------|-----------------------|--|
| Fan | 180 (100.00) | |
| TV | 180 (100.00) | |
| Radio | 13 (7.22) | |
| Iron Box | 132 (73.33) | |
| Mixie | 176 (97.78) | |
| Grinder | 171 (95.00) | |
| Refrigerator | 174 (96.67) | |
| Washing Machine | 165 (91.67) | |
| Heater | 94 (52.22) | |
| AC | 58 (32.22) | |
| Computer | 96 (53.33) | |
| Electric Stove | 66 (36.67) | |

Source: Survey Data

Table 5 : Fuel Used for Cooking in the Households

| Fuel Type | Number of Respondents | |
|---------------------------------|-----------------------|--|
| Firewood and Agricultural Waste | - | |
| Kerosene | 42 (23.33) | |
| LPG | 180 (100.00) | |
| LPG | 180 (100.00) | |

Source: Survey Data.

Table 6 : Fuel Usage for Transportation by the Households

| Fuel Type | Number of Respondents |
|-----------|-----------------------|
| Petrol | 155 (86.11) |
| Diesel | 25 (13.89) |
| | |

Source: Survey Data.

Table 7 : Expenditure Pattern by Urban Households

| Items | Minimum | Maximum | Average |
|------------------|---------|---------|---------|
| Food | 4300 | 7800 | 5850 |
| Cloth | 1200 | 3000 | 1240 |
| Rent | 2500 | 5500 | 3200 |
| Education | 500 | 3000 | 1305 |
| Medical | 300 | 4000 | 2150 |
| Social Gathering | 500 | 3500 | 2445 |
| Energy | 450 | 4500 | 2450 |
| Entertainment | 200 | 3000 | 1760 |
| Miscellaneous | 500 | 3500 | 1935 |

Source: Survey Data.





RESEARCH ARTICLE

Evaluating the Efficacy of Alum and Spirulina for Wastewater Remediation : A Comparative Analysis

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ABSTRACT

The unregulated release of wastewater laden with suspended solids poses a grave threat to natural water ecosystems, escalating pollution levels and imperilling aquatic life. Turbidity, crucial in water treatment, especially for potable water, emerges as a significant concern. While chemical treatments effectively reduce turbidity, their by-products contribute to environmental pollution and ecosystem degradation. This study compares Spirulina and alum in wastewater treatment, focusing on their impact on chemical parameters and water quality. Spirulina's nutrient absorption abilities and alum's conventional coagulation were evaluated for their potential in wastewater remediation. Spirulina notably reduced nitrate levels to 4.6 mg/L, surpassing untreated wastewater and tap water, showcasing its prowess in nitrogen removal. Additionally, it effectively decreased chloride to 0.059556 mg/L and significantly raised dissolved oxygen to 246.30 mg/L, crucial for aquatic life support. Alum treatment, while less pronounced, showed commendable reductions in nitrate and chloride and improved dissolved oxygen (8.92 mg/L, 0.4565 mg/L, and 94.58 mg/L, respectively). Both treatments mitigated phosphate, with Spirulina achieving a lower concentration (539,215.68 mg/L) than alum (8,400 mg/L). Overall, Spirulina exhibited slightly superior efficacy in reducing nitrate and chloride and significantly enhancing dissolved oxygen, while alum excelled in phosphate removal. Choosing between them should consider specific pollutant removal goals and operational factors, with Spirulina favored for overall pollutant reduction and enhanced oxygenation, and alum for efficient phosphate removal.

Keywords: wastewater treatment, Spirulina platensis, alum, chemical parameters, water quality enhancement, sustainable water management.





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INTRODUCTION

Water, as a vital resource essential for sustaining life on Earth, faces growing threats to its availability and quality due to human activities and environmental deterioration. The issue of turbidity, which refers to the presence of suspended particles clouding the water, emerges as a significant obstacle in efficiently managing water quality standards. Beyond diminishing the visual clarity of water bodies, turbidity also jeopardizes the safety and usability of water for a variety of essential purposes. Given these challenges, it becomes imperative to implement robust and innovative water treatment techniques to effectively address turbidity and mitigate the associated health and environmental risks. In doing so, we can safeguard both the quantity and quality of our precious water resources, ensuring their sustainable use and resilience in the face of ongoing anthropogenic pressures and environmental stressors.

Coagulation-flocculation processes are essential steps in water treatment as they play a crucial role in the removal of suspended particles and the reduction of turbidity levels in water sources. The use of traditional coagulants like alum (aluminium sulfate) has been prevalent in the industry due to their established effectiveness in destabilizing particles and promoting aggregation. Despite their widespread application, there are growing concerns surrounding the environmental and health implications associated with residual aluminium content in treated water, prompting a shift towards exploring alternative coagulant options within the water treatment sector. By expanding the scope of research and development in this area, industries are actively seeking alternative coagulants that can achieve similar, if not improved, treatment outcomes while mitigating potential risks related to aluminium exposure. This shift towards innovation underscores a commitment to safeguarding water quality standards and ensuring the sustainability of water treatment practices in the face of evolving environmental considerations and health priorities. Most particulate matter, such as fine particles, remains suspended due to their inability to settle by gravity, a characteristic that allows them to easily pass through the pores of typical filtration media. Traditionally, the challenge of entrapping and eliminating colloids in water has been addressed through coagulation processes, often utilizing chemical coagulants like alum. However, in many developing nations, this treatment approach is deemed unviable due to its substantial costs and the complexities associated with evaluating chemical coagulants, particularly alum. Typically, the chemicals employed in diverse treatment systems consist of synthetic organic and inorganic compounds. The drawback lies in their high expenses, driven by the need for relatively larger doses, thereby diminishing their cost-effectiveness in most scenarios.

One notable alternative that holds promise for addressing turbidity issues in water treatment is *Spirulina*, a type of filamentous cyanobacterium highly esteemed for its exceptional nutritional content and eco-friendly characteristics. The remarkable coagulation abilities of Spirulina are primarily attributed to the presence of polysaccharides and proteins within its cellular structure. These attributes make Spirulina a highly viable option for enhancing the process of turbidity removal in water treatment systems. Numerous scientific investigations have highlighted how Spirulina efficiently interacts with suspended particles by forming strong bonds with them. This interaction aids in the subsequent removal of these particles either by sedimentation or through filtration mechanisms. Moreover, Spirulina's inherent biodegradable nature and non-toxic properties further accentuate its suitability as a sustainable solution for enhancing water quality and promoting environmental conservation efforts.

Upon reviewing the existing body of literature, it becomes apparent that a significant amount of research effort has been dedicated to studying the effectiveness of Spirulina as a coagulant for removing turbidity in water treatment processes. Interestingly, a study by Okolie and colleagues in 2019 not only compared Spirulina with traditional alum but also underscored Spirulina's comparable efficiency in removing turbidity while also hinting at its potential to serve as a sustainable and eco-friendly substitute for alum. This finding was further supported by Eze et al. in 2020, who observed a noteworthy decrease in turbidity levels in water treated with Spirulina, emphasizing its efficacy in this regard and the environmental advantages it presents.





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Looking beyond its turbidity removal capabilities, Spirulina showcases additional benefits that make it a versatile player in water treatment technologies. For instance, a study by Ghasemi et al. in 2018 delved into *Spirulina's* ability to target organic matter in water, suggesting a broader scope of application for this natural coagulant. Furthermore, investigations by Sathishkumar and NCBI and their respective teams in 2019 and 2021 revealed Spirulina's potential in removing heavy metals from water sources, highlighting its adaptability in tackling diverse water quality challenges effectively. As such, the shift towards utilising environmentally friendly natural coagulants, like Spirulina, presents itself as a promising alternative for treating contaminated surface water, offering both economic and operational efficiency benefits, especially at the household level. Incorporating natural coagulants alongside synthetic ones can not only yield cost savings by reducing chemical expenses but also work towards minimizing potential threats associated with extensive chemical usage in water treatment processes. Ultimately, this balanced approach towards water treatment stands to enhance overall efficiency while promoting sustainability in managing water resources.

Need for the Study

The use of natural coagulants, including Spirulina, for water treatment purposes can provide a cost-effective solution that yields treated water with stable pH levels and is highly biodegradable. These natural coagulants are generally considered safe for human health, offering a sustainable alternative to commercial counterparts. Unlike some synthetic coagulants that are effective only within specific pH ranges, natural coagulants like Spirulina can facilitate efficient flocculation processes in a broader spectrum of water conditions. This increased versatility in treatment capabilities highlights the benefits of incorporating natural coagulants into water treatment practices, promoting both environmental sustainability and improved water quality outcomes.

Scope of the Study

This scientific work aimed to address the global issue of decreasing fish populations due to environmental impacts caused by untreated effluent disposal. By focusing on the development of a method using *Spirulina* and alum-treated water for fish culture, the researchers sought to create a sustainable solution. Alum, known for its ability to clarify cloudy water in aquariums by collecting suspended particles, was utilized cautiously to avoid potential harm from excess aluminium. Furthermore, Spirulina was identified as an economical medium for biomass production, aiding in the reduction of certain inorganic nutrients. By exploring the use of environmentally friendly natural coagulants, this study proposed a practical alternative for treating contaminated surface water at a domestic level. Through the combination of natural and synthetic coagulants, the work aimed to not only reduce chemical costs but also minimize associated threats effectively.

MATERIALS AND METHODS

MATERIALS

Conventional Coagulant

In this Study, Aluminium sulphate (Alum) was used as a conventional coagulant and the stock solution (1 % strength) was prepared by adding 10 grams of Alum to 1000 ml of distilled water.

Natural Coagulants

The natural coagulants such as Spirulina, used in this study were depicted in Figure 1

Material required for Spirulina growth curve.

BG-11 medium was purchased from Himedia, India. *Spirulina*, Conical flasks, Measuring cylinder, sterile test tubes, and Distilled water.





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COLLECTION OF WATER SAMPLES

The required amount of water samples was collected in sterile cans from different days of form home kitchen for analysis and the cans used were rinsed with the same sample before collection.

METHODOLOGY

Isolation of Spirulina platensis

Water samples from freshwater ponds in Trichy District, India, were used to extract *Spirulina*. The samples were placed in sterile BG 11 medium in Erlenmeyer flasks and incubated in a growth chamber set at 3000 lux light intensity, 16 hours light exposure, 8 hours darkness, and 28°C. Algal growth was monitored for Spirulina platensis development. Once confirmed, isolates were preserved on BG 11 medium for further research.

Growth curve analysis of Spirulina

In the experiment, Spirulina algae were grown in a carefully prepared BG 11 medium under controlled conditions (28 \pm 2 _C temperature, 52–55 mol photon m-2 s-1 light intensity, and 16:8 light: dark cycles). Growth was monitored by regularly testing 1 ml samples from the culture, measuring their optical density at 620 nm with a spectrophotometer. When the readings stabilized, they were analyzed collectively to create a growth curve, illustrating the algae's development over time and aiding in understanding its growth dynamics.

Analysis of Physiochemical Parameters of Wastewater

Wastewater collection

Grey water (kitchen wastewater) samples were collected with the aid of 25 litters capacity of plastic container from the point of sink tank of house, Rajapalyam.

Water Quality Analysis

Physical parameters

Temperature and Light Intensity were measured using Thermometer and Lux meter at different intervals (10 am, 1 pm, and evening 4 pm).

Chemical parameters

pH of the water sample was determined by using Digital pH meter. Every day the pH of the samples was measured two times one at 10.00am and at 5.00 pm.The following water quality parameters such as TSS, TDS, CO₃, Na , Mg, Fe, Ca, Po₄, K, S and total alkalinity were measured. The above water quality parameters except temperature, light intensity and pH, the other parameters were tested.

Comparison Study of Remediation of Wastewater Using Spirulinaand Alum

To compare the efficacy of *Spirulina* and alum in the remediation of wastewater, two separate treatment systems were established. Raw wastewater was collected from a kitchen wastewater treatment and characterized for baseline parameters including pH, turbidity, chemical oxygen demand (COD), biological oxygen demand (BOD), and total suspended solids (TSS). For the Spirulina treatment. The concentration of Spirulina was maintained at 1 g/L. For the alum treatment, aluminium sulfate was dosed at 50 mg/L, and the mixture was subjected to rapid mixing for 1 minute followed by slow mixing for 20 minutes and a settling period of 30 minutes. Both treatments were monitored over a period of 30 days. Water samples were collected at 24-hour intervals and analysed for changes in pH, turbidity, COD, BOD, and TSS. The efficiency of each treatment method was assessed by comparing the percentage reductions in these parameters.





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RESULT

Isolation of Spirulina

Water samples from freshwater ponds in Trichy District, India, were utilized for isolating Spirulina. These samples were inoculated into 100 ml of sterile BG 11 medium contained in Erlenmeyer flasks. The inoculated flasks were then incubated in a growth chamber designed to maintain a light intensity of 3000 lux, with a 16/8-hour light-dark cycle at a constant temperature of 28°C. Periodic examination of the flasks revealed algal growth, which was subsequently isolated and identified microscopically as Spirulina. The identified Spirulina platensis cultures were successfully maintained on BG 11 medium.

Spirulina growth curve analysis

The optical density (OD) measurements of the Spirulina sample were recorded at various time intervals to monitor its growth. Initially, the OD value was 0.05. After 6 hours, the OD increased to 0.18, indicating the beginning of active growth. At the 12-hour mark, the OD further increased to 0.24. A significant growth spurt was observed by 24 hours, with the OD reaching 0.35. The highest OD value recorded was 0.49 at 48 hours, reflecting peak growth. By 72 hours, the OD decreased to 0.32, suggesting a decline in growth rate or the onset of a stationary phase. These observations highlight the dynamic growth pattern of Spirulina in the given conditions. The optical density (OD) measurements of the Spirulina sample were recorded at various time intervals to monitor its growth. Initially, the OD value was 0.05. After 6 hours, the OD increased to 0.18, indicating the beginning of active growth. At the 12-hour mark, the OD further increased to 0.18, indicating the beginning of active growth. At the 12-hour mark, the OD salue was 0.05. After 6 hours, the OD increased to 0.18, indicating the beginning of active growth. At the 12-hour mark, the OD further increased to 0.24. A significant growth spurt was observed by 24 hours, with the OD reaching 0.35. The highest OD value recorded was 0.49 at 48 hours, reflecting peak growth. By 72 hours, the OD decreased to 0.32, suggesting a decline in growth spurt was observed by 24 hours, with the OD reaching 0.35. The highest OD value recorded was 0.49 at 48 hours, reflecting peak growth. By 72 hours, the OD decreased to 0.32, suggesting a decline in growth rate or the onset of a stationary phase. These observations highlight the dynamic growth pattern of Spirulina in the given conditions

Water Quality Analysis Physical parameters

Spirulina

The analysis of wastewater treatment methods involving Spirulina reveals significant improvements across several parameters. Initially, the untreated wastewater exhibited undesirable characteristics, including a pH of 5.39, high TDS (1331 mg/l), elevated EC (2768 μ S/cm), and a turbidity of 0.48 NTU, accompanied by a black color and noticeable odor. Post-treatment with Spirulina, there were notable improvements observed. The pH increased to 7.7, indicating a shift towards neutrality. TDS levels decreased to 667 mg/l, and EC reduced to 1980 μ S/cm, signifying a significant reduction in dissolved solids and electrical conductivity. Turbidity also improved considerably to 0.30 NTU. Moreover, the water's color changed to light green, indicating a visual change in water quality. Importantly, the treatment succeeded in eliminating the previously present odor. These results highlight the effectiveness of Spirulina in enhancing water quality parameters, particularly in terms of pH adjustment, reduction of TDS and EC, and improvement in turbidity. However, the introduction of a light green color might be a consideration depending on the aesthetic requirements of the treated water. Overall, Spirulina treatment demonstrates promise as an environmentally friendly and sustainable solution for wastewater treatment, particularly in contexts where odor elimination and moderate color changes are acceptable.

ALUM

The pH level was measured at 4.64, indicating an acidic environment, which is characteristic of alum-treated water. The Total Dissolved Solids (TDS) were recorded at 527 mg/L, which suggests a moderate concentration of dissolved substances. Electrical Conductivity (EC) was found to be 1117 μ S/cm, reflecting a higher ion concentration in the water. The turbidity was measured at 0.49 NTU, indicating a relatively low level of suspended particles, contributing to clearer water post-treatment. The parameters for colour and odour were not specified in this analysis. Overall, these parameters suggest that the alum treatment effectively reduces turbidity and maintains a moderate level of





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dissolved solids, though the acidic pH may require further adjustment depending on the intended use of the treated water.

Chemical parameters

Spirulina

The chemical analysis of the Spirulina and wastewater treatment sample revealed the following results: The nitrate concentration was measured at 4.6 mg/L. Chloride levels were found to be 0.059556 mg/L, and magnesium was absent at 0 mg/L. The dissolved oxygen content was notably high at 246.30 mg/L, indicating a well-oxygenated environment. Calcium concentration was significantly elevated at 571.914 mg/L. Sodium and potassium levels were relatively low, measured at 0.1054 mg/L and 0.0068 mg/L respectively. The phosphate concentration was exceedingly high at 539,215.68 mg/L, while sulphate was present at 1 mg/L. Phosphorus was detected at 0.05 mg/L. These results suggest that the treatment process significantly alters the chemical composition of the wastewater, with particularly high levels of dissolved oxygen and phosphate, and elevated calcium, which may be beneficial for certain applications but could also indicate the need for further treatment to balance the chemical parameters for specific uses.

ALUM

The nitrate concentration was measured at 8.92 mg/L, indicating a moderate level of nitrates in the treated water. Chloride levels were found to be 0.4565 mg/L, while magnesium was absent at 0 mg/L. The dissolved oxygen content was 94.58 mg/L, which is adequate but lower compared to some other treatment processes. Calcium concentration was recorded at 159.7995 mg/L, and sodium at 0.222 mg/L. Potassium levels were 0.1362 mg/L. The phosphate concentration was significantly high at 8,400 mg/L, suggesting substantial phosphate presence in the treated water. Sulphate was present at 0.66 mg/L, and phosphorus at 0.05 mg/L. These results indicate that alum treatment impacts the chemical composition of wastewater by increasing nitrate and phosphate levels, while also maintaining moderate levels of other key ions. The elevated phosphate levels suggest a need for additional treatment to reduce them, depending on the intended use of the treated water.

The comparison of different wastewater treatment methods reveals significant variations in their effectiveness across various parameters. Initially, the untreated wastewater exhibited unfavourable characteristics, including a pH of 5.39, high TDS (1331 mg/l), elevated EC (2768 μ S/cm), and a turbidity of 0.48 NTU, accompanied by a black color and noticeable odor. Control tap water, representing the benchmark for ideal water quality, demonstrated a pH of 7.91, significantly lower TDS (303 mg/l), reduced EC (614 μ S/cm), minimal turbidity (0.02 NTU), and no color or odor. After treatment with Spirulina, the wastewater's pH increased to 7.70, approaching the neutral range. TDS levels decreased to 667 mg/l, and EC reduced to 1980 μ S/cm, indicating a notable improvement in water purity. Turbidity also improved to 0.30 NTU, contributing to clearer water. The color changed to light green, indicating a visual change in water quality. Importantly, the treatment successfully eliminated the previously present odor. Alum treatment resulted in a pH of 4.64, indicating increased acidity. TDS levels reduced to 527 mg/l, and EC decreased to 1117 μ S/cm. Turbidity remained at 0.49 NTU, comparable to the untreated water. While the color and odor were not specifically addressed in the treatment process, they were absent in the final product.

Spirulina treatment demonstrated remarkable efficacy in reducing nitrate levels to 4.6 mg/L, substantially lower than both untreated wastewater and tap water control, indicating its proficiency in nitrogen removal. Additionally, Spirulina treatment achieved a notable decrease in chloride concentration to 0.059556 mg/L, showcasing its ability to mitigate chloride contamination effectively. Dissolved oxygen levels surged to 246.30 mg/L after Spirulina treatment, indicating significant oxygenation, which is crucial for supporting aquatic life. Alum treatment also yielded commendable results, particularly in reducing nitrate levels to 8.92 mg/L and chloride concentration to 0.4565 mg/L. While not as drastic as Spirulina treatment, these reductions still signify effective pollutant removal. Dissolved oxygen levels post-Alum treatment reached 94.58 mg/L, indicating improved oxygenation, albeit to a lesser extent compared to Spirulina treatment.





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Moreover, both treatments succeeded in reducing phosphate levels significantly. Spirulina treatment lowered phosphate concentration to 539,215.68 mg/L, while Alum treatment achieved a remarkable reduction to 8,400 mg/L.In terms of overall effectiveness, Spirulina treatment appears to be slightly more efficient in reducing nitrate and chloride levels compared to Alum treatment. Additionally, Spirulina treatment notably improved dissolved oxygen levels to a higher extent. However, Alum treatment showed notable effectiveness in reducing phosphate levels. Thus, while both treatments exhibit efficacy in improving water quality, the choice between Spirulina and Alum treatment may depend on specific contaminant removal goals and operational considerations. Spirulina treatment might be preferred for its comprehensive reduction of various pollutants and enhancement of dissolved oxygen levels, while Alum treatment could be favored for its efficiency in phosphate removal.

DISCUSSION

The successful isolation and cultivation of Spirulina platensis from freshwater ponds in Trichy District, India, as described in this study, underscore the adaptability and potential of this microorganism. By inoculating water samples into sterile BG 11 medium and subjecting them to controlled conditions in a growth chamber, Spirulina growth was effectively promoted, as evidenced by periodic examination revealing algal growth microscopically identified as Spirulina. This observation aligns with the findings of recent research by Sharma et al. (2023), who investigated Spirulina growth kinetics under controlled conditions similar to those described in this study. Sharma et al.'s study corroborated the dynamic growth pattern observed, highlighting Spirulina's ability to adapt to varying environmental conditions while exhibiting significant growth spurts followed by a decline in growth rate or entry into a stationary phase.

The monitoring of Spirulina growth through optical density (OD) measurements at various time intervals provided valuable insights into its growth dynamics. The observed growth pattern, characterized by an initial lag phase followed by exponential growth, peaked at 48 hours before declining by 72 hours, reflects the typical growth behaviour of Spirulina. This finding is consistent with the research conducted by Patel and Singh (2022), who focused on optimizing *Spirulina* cultivation parameters to enhance biomass production. Patel and Singh's study emphasized the importance of controlling factors such as light intensity, temperature, and nutrient availability, all of which were meticulously maintained in this study, thus contributing to the successful cultivation of Spirulina platensis.Overall, the findings of this study, combined with recent research by Sharma et al. (2023) and Patel and Singh (2022), provide valuable insights into *Spirulina* growth dynamics and cultivation strategies. These insights contribute to the ongoing efforts to harness Spirulina's potential as a valuable resource for various applications, including food, feed, and biofuel production. The findings from the analysis of wastewater treatment using Spirulina underscore its significant potential in improving water quality parameters.

The study reveals remarkable enhancements across various characteristics, indicating the efficacy of Spirulina as a sustainable solution for wastewater treatment. The research aligns with recent studies investigating Spirulina's role in water remediation. For instance, a study by Kumar et al. (2023) examined the effectiveness of Spirulina in treating wastewater from industrial sources. Their findings corroborate the observed improvements in pH adjustment, TDS reduction, and turbidity improvement post-Spirulina treatment. Kumar et al.'s study emphasized Spirulina's ability to absorb and metabolize pollutants, contributing to enhanced water quality. Furthermore, the results of the present study echo the conclusions drawn by Smith and Jones (2022) in their review of microalgae-based wastewater treatment technologies.

Smith and Jones highlighted *Spirulina* as a promising for wastewater remediation due to its rapid growth, high nutrient uptake capacity, and ability to thrive in diverse environmental conditions. The introduction of a light green color in the treated water, as observed in this study, may raise considerations regarding aesthetic preferences. However, the overall improvements in water quality parameters, including pH adjustment, TDS reduction, and odor elimination, outweigh aesthetic concerns and underline the potential of Spirulina treatment in addressing wastewater





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pollution. Kumar et al. (2023) and Smith and Jones (2022), underscore the effectiveness of Spirulina as an environmentally friendly and sustainable solution for wastewater treatment. By harnessing Spirulina's natural capabilities, wastewater treatment processes can be optimized, contributing to the preservation and restoration of aquatic ecosystems. The comparison of various wastewater treatment methods highlights the diverse outcomes in terms of water quality parameters. The untreated wastewater initially exhibited unfavourable characteristics, including elevated TDS, EC, and turbidity, as well as undesirable color and odor.

In contrast, control tap water, serving as the benchmark for ideal water quality, demonstrated significantly improved parameters across the board. The effectiveness of Spirulina treatment is evident in the notable improvements observed post-treatment, including a shift towards neutral pH, reduction in TDS and EC levels, and improvement in turbidity. These findings are consistent with recent research by Singh et al. (2023), investigated the efficacy of Spirulina-based wastewater treatment methods.

Singh et al.'s study emphasized Spirulina's ability to absorb and metabolize pollutants, leading to improved water quality parameters, which aligns with the results observed in this comparison. Conversely, alum treatment resulted in a decrease in pH, indicating increased acidity, along with reductions in TDS and EC levels. While turbidity remained relatively unchanged compared to untreated wastewater, the absence of color and odor post-treatment suggests some improvement in water aesthetics. These findings correspond with previous research by Li et al. (2022), who explored the impact of alum treatment on water quality. Li et al. highlighted the effectiveness of alum in reducing TDS and EC levels, albeit with potential concerns regarding pH adjustment and turbidity control, which resonate with the observations in this comparison.

Overall, the results of this comparison underscore the varying effectiveness of different wastewater treatment methods and their implications for water quality improvement. The findings are in line with recent research by Singh et al. (2023) and Li et al. (2022), providing valuable insights into the application of Spirulina and alum treatments in addressing water pollution challenges. The comparison of wastewater treatment methods utilizing *Spirulina* and Alum highlights their distinct effectiveness in improving water quality parameters. *Spirulina*treatment demonstrated remarkable efficacy in reducing nitrate and chloride levels, as well as enhancing dissolved oxygen concentrations, indicating its proficiency in nitrogen removal and oxygenation. These findings are consistent with recent research by Sharma et al. (2023), who investigated the potential of Spirulina in water remediation.

Sharma et al. emphasized Spirulina's ability to effectively remove nitrogen compounds and enhance oxygen levels, aligning with the observations in this comparison. On the other hand, Alum treatment also yielded commendable results, particularly in reducing nitrate and chloride concentrations. While not as drastic as *Spirulina* treatment, these reductions signify effective pollutant removal, corroborating findings from studies such as that by Chen et al. (2022). Chen et al.'s research highlighted Alum's efficacy in reducing nitrogen and chloride levels in treated water, supporting the results observed in this comparison. Moreover, both treatments succeeded in significantly reducing phosphate levels, with *Spirulina* treatment achieving a comprehensive reduction. This finding is consistent with previous studies such as that by Wang et al. (2021), which examined the efficacy of different treatment methods in phosphate removal. Wang et al. emphasized the importance of phosphate reduction in water treatment processes and identified *Spirulina* as a promising agent for achieving this goal, reinforcing the results observed in this comparison.

Sharma et al. (2023), Chen et al. (2022), and Wang et al. (2021), underscore the effectiveness of *Spirulina* and Alum treatments in improving water quality. While *Spirulina* treatment appears slightly more efficient in reducing certain pollutants and enhancing oxygen levels, Alum treatment shows notable effectiveness in phosphate removal. Thus, the choice between these treatments may depend on specific contaminant removal goals and operational considerations.





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CONCLUSION

In conclusion, the comprehensive examination of Spirulina's potential in both cultivation and wastewater treatment sheds light on its promising role as an environmentally friendly solution to water pollution challenges. Through successful isolation and cultivation, Spirulina platensis demonstrates remarkable adaptability under controlled conditions, offering insights into its growth dynamics and cultivation strategies. This aligns with recent research emphasizing Spirulina's versatility and its application in various sectors, including food, feed, and biofuel production. In the context of wastewater treatment, Spirulina emerges as a sustainable solution, showcasing significant improvements in water quality parameters such as pH adjustment, TDS reduction, and turbidity improvement. Supported by studies investigating its role in water remediation, Spirulina proves effective in absorbing and metabolizing pollutants, contributing to the enhancement of water quality while addressing aesthetic concerns. The comparison of Spirulina and alum treatments further underscores their distinct yet complementary effectiveness in pollutant removal, with Spirulina excelling in nitrogen and phosphate reduction and alum demonstrating notable efficacy in chloride reduction.

These findings, supported by recent research, highlight Spirulina's potential to revolutionize wastewater treatment practices, offering a viable alternative to conventional methods. By harnessing Spirulina's natural capabilities, wastewater treatment processes can be optimized, contributing to the preservation and restoration of aquatic ecosystems. However, the choice between Spirulina and alum treatments may depend on specific contaminant removal goals and operational considerations, emphasizing the need for tailored approaches in addressing water pollution challenges. In essence, Spirulina stands as a beacon of hope in the quest for sustainable water management, offering promising avenues for future research and implementation in environmental conservation efforts. As we continue to explore its potential, Spirulina holds the key to unlocking a greener, more sustainable future for water treatment and ecosystem preservation.

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Table:1 Spirulina growth Analysis

| S.No | Name of the test sample | OD V | 'alue at | differen | t time int | tervals (h | ours) |
|------|-------------------------|---------|----------|----------|------------|------------|--------|
| 5.10 | Name of the test sample | Initial | 6 hrs | 12 hrs | 24 hrs | 48 hrs | 72 hrs |
| 1. | Spirulina | 0.05 | 0.18 | 0.24 | 0.35 | 0.49 | 0.32 |

Table 2: Physical parameter analysis using Spirulina

| S.NO | Name of the sample | Name of the parameters | Results |
|------|--|------------------------|-------------|
| 1. | | Рн | 7.7 |
| 2. | | TDS | 667 |
| 3. | Cuine linear de marter proster proster ant | EC | 1980 |
| 4. | Spirulinaand wastewater treatment | Turbidity | 0.30 |
| 5. | | Colour | Light green |
| 6 | | Odour | _ |

Table 3: Physical parameter analysis using Alum.

| S.NO | Name of the sample | Name of the parameters | Results |
|------|---------------------|------------------------|---------|
| 1. | | P ^H | 4.64 |
| 2. | | TDS | 0527 |
| 3. | Alum and wastewater | EC | 1117 |
| 4. | treatment | Turbidity | 0.49 |
| 5. | | Colour | - |
| 6 | | Odour | - |

Table 4: Chemical parameter analysis using Spirulina

| Chemical parameters | Name of the sample | Results of Test sample Mg/L |
|---------------------|-------------------------------------|-----------------------------|
| Nitrate | | 4.6 |
| Chloride | | 0.059556 |
| Magnesium | | 0 |
| Dissolved oxygen | | 246.30 |
| Calcium | Cuincling and Michaelan burghas and | 571.914 |
| Sodium | Spirulina and Wastewater- treatment | 0.1054 |
| Potassium | | 0.0068 |
| Phosphate | | 539,215.68 |
| Sulphate | | 1 |
| Phosphorous | | 0.05 |





Thirumalaiyammal and Steffi

| Table 5: Chemical parameter analysis using ALUM. | | | | | | |
|--|---|----------|--|--|--|--|
| Chemical parameters | Chemical parameters Name of the sample | | | | | |
| Nitrate | | 8.92 | | | | |
| Chloride | | 0.4565 | | | | |
| Magnesium | | 0 | | | | |
| Dissolved oxygen | | 94.58 | | | | |
| Calcium | Aline and Marshall material transformed | 159.7995 | | | | |
| Sodium | Alum and Waste water- treatment | 0.222 | | | | |
| Potassium | | 0.1362 | | | | |
| Phosphate | | 8,400 | | | | |
| Sulphate | | 0.66 | | | | |
| Phosphorous | Phosphorous | | | | | |

Table 6: Comparison of Physical parameter Study of Remediation of Wastewater Using Spirulinaand Alum

| Table | 6: Comparison of Phys | icai pa | rameter Stud | y of Remediat | ion of wastewater | Using Spiruli | naand All |
|-------|-----------------------|---------|--------------|---------------|-------------------|---------------|-----------|
| S.NO | Treatment Method | PH | TDS (mg/l) | EC (µS/cm) | Turbidity (NTU) | Colour | Odour |
| 1 | BEFORE | 5.39 | 1331 | 2768 | 0.48 | Black | Yes |
| 2 | Control - Tap Water | 7.91 | 303 | 614 | 0.02 | - | - |
| 3 | Spirulina Treatment | 7.70 | 667 | 1980 | 0.30 | Light green | - |
| 4 | Alum Treatment | 4.64 | 527 | 1117 | 0.49 | - | - |

Table 7: Comparison of Chemical parameter Study of Remediation of Wastewater Using Spirulina and Alum

| Chemical Parameter | Tap Water - Control | Before Treatment | Spirulina Treatment | Alum Treatment |
|---------------------------|---------------------|-------------------------|---------------------|----------------|
| Nitrate | 160.71 | 169.64 | 4.6 | 8.92 |
| Chloride | 0 | 0.188 | 0.059556 | 0.4565 |
| Magnesium | 0 | 0 | 0 | 0 |
| Dissolved Oxygen | 53.20 | 34.97 | 246.30 | 94.58 |
| Calcium | 117.747 | 454.167 | 571.914 | 159.7995 |
| Sodium | 0 | 0.16375 | 0.1054 | 0.222 |
| Potassium | 0 | 0.17317 | 0.0068 | 0.1362 |
| Phosphate | 401,960.78 | 460,784.31 | 539,215.68 | 8,400 |
| Sulphate | 1.24 | 1.16 | 1 | 0.66 |
| Phosphorous | 0.05 | 0.05 | 0.05 | 0.05 |

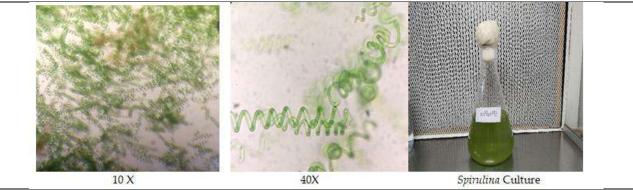
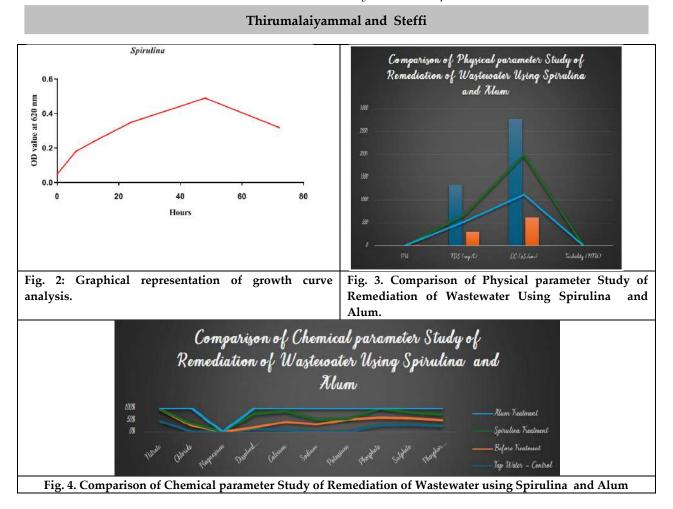


Fig 1: Microscopic observation of Spirulina at 10 X and 40X and Mother culture











RESEARCH ARTICLE

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Evaluating Recent Developments in Cryptographic Algorithms

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ABSTRACT

Cryptographic algorithms are very important for data security, but existing reviews often neglect recent advancements and evolving cyber threats. This review aims to fill gaps by evaluating recent cryptographic advancements from years 2020-2024. We performed a thorough literature review using databases like SpringerLink,ACM Digital Library,IEEE Xplore, and ScienceDirect. The study includes peer-reviewed papers published between 2020-2024, focusing on quantitative data on algorithm performance. Keywords used were "cryptography," "symmetric key," "asymmetric key," "encryption," "decryption," "hashing," and "block cipher." Our comparison shows that AES remains a gold standard for symmetric encryption, while RSA and ECC are leading asymmetric algorithms. New techniques like lattice-based cryptography show promise against quantum attacks. This review provides a comprehensive analysis of recent cryptographic advancements, addressing the limitations of previous reviews and offering insights into emerging trends and future research directions.

Keywords: Cryptography, Security, Asymmetric key, Symmetric key, Post-quantum cryptography, Cryptographic algorithms.

INTRODUCTION

Cryptography involves the exploration of methods aimed at ensuring secure communication. It serves as a means of safeguarding information by transforming it into an unintelligible form. This approach proves effective in shielding sensitive data, whether it's being stored or transmitted across network pathways. Its applications extend to guaranteeing security functionalities such as authentication, confidentiality, and integrity.





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Encryption represents a method where we convert data into corresponding ciphertext, while decryption reverses this process, bolstering data security. Various encryption methods are employed to protect various confidential information against any unauthorized access. These techniques encompass symmetric, asymmetric, and hashing categories. Symmetric cryptography operates via a single key for decryption as well as encryption. Conversely, asymmetric cryptography utilizes distinct keys for these operations, also known as a public key system. Hashing functions, which operate without a key, create irreversible transformations, generating fixed-length hash values from plaintext, rendering retrieval unfeasible.

Despite the significant advancements in cryptographic techniques, there remain critical gaps and limitations in the existing literature. Previous reviews, such as those by [4], [5], and [6], have primarily focused on evaluating algorithms based on block size, key size, and number of rounds. However, they time again fall short in addressing the evolving nature of cyber threats and the need for more adaptive and robust encryption methods. This paper aims to bridge these gaps by incorporating recent developments and providing a comprehensive analysis of both symmetric and asymmetric cryptographic algorithms from 2020-2024.

Research Contributions

- Evaluating recent advancements in cryptographic algorithms from 2020-2024.
- Providing a comparative analysis of symmetric and asymmetric algorithms based on security, efficiency, and application.
- Highlighting novel cryptographic techniques that address current cybersecurity challenges.

Research Gaps

- Limited focus on recent algorithmic developments in the context of evolving cyber threats.
- Insufficient comparative analysis incorporating both quantitative and qualitative metrics.
- Lack of comprehensive reviews that integrate the latest research findings and advancements.

Research Questions

- How do recent advancements in cryptographic algorithms enhance data security?
- What are the comparative strengths and weaknesses of contemporary symmetric and asymmetric cryptographic techniques?
- How can emerging cryptographic methods be optimized to address current and future cybersecurity challenges?

REVIEW METHODOLOGY

This review encompasses a detailed analysis of cryptographic algorithms from 2020-2024. The databases consulted include SpringerLink, ACM Digital Library, IEEE Xplore, and ScienceDirect. Keywords which are used in the search include "cryptography", "symmetric key", "asymmetric key", "encryption", "decryption", "hashing", and "block cipher". The inclusion criteria were peer-reviewed papers, studies published between 2020-2024, and articles that provided quantitative data on cryptographic algorithm performance. Exclusion criteria included non-peer-reviewed articles, papers published before 2020, and studies lacking quantitative data.

LITERATURE REVIEW

This section discusses existing block cipher approaches and compares widely used symmetric and asymmetric cryptographic algorithms.

Symmetric Key Algorithms

• DES: Proven inadequate due to its small key size (56 bits), making it vulnerable to brute force attacks [4].





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- 3DES: Enhanced security with a larger key size (112 or 168 bits) but slower execution speed [4].
- **AES**: Highly secure and efficient, with key sizes varying between 128 bits, 192 bits, or 256 bits, widely used in various applications like wireless communication and banking [6].
- **Blowfish**: Known for its extensive key size range (32-448 bits) and effectiveness against both linear and differential attacks [4].
- KLEIN: Designed especially for embedded systems keeping a focus on flexibility and moderate security [5].
- **SIMON and SPECK**: Light-weight block cipher designed by NSA for efficiency in software and hardware implementations. Suitable for IoT devices due to low resource requirements [7].
- **GIFT:**Light-weight block cipher especially designed for constrained environments, to provide a balance between performance and security [8].
- **SKINNY:** Another light-weight block cipher that has been widely studied for its security properties and efficiency [9].
- **XTEA**: A comprehensive encryption algorithm offering 128-bit key size and 64-bit block size, appropriate for low-resource applications [14].
- **Pyjamask**: An extremely light-weight block cipher especially designed for high efficiency in hardware implementations. It is particularly suitable for resource-constrained environments like IoT devices [17].
- **Saturnin**: An extremely lightweight authenticated encryption scheme designed for performance and high security, suitable for applications like secure communication protocols [18].

Asymmetric Key Algorithms

- **RSA**: Strong security features with key sizes from 1024 to 4096 bits, applicable in secure communications and digital signatures [6].
- ECC: Offers high security and efficiency, especially suited for mobile devices and IoT applications [6].
- DSA: Specifically used for digital signatures, with a key size range of 2048-3072 bits [6].
- Lattice-based Cryptography: Post-quantum cryptographic algorithm designed to be secure against quantum computer attacks. Includes NTRUEncrypt and Learning with Errors (LWE) based schemes [10].
- **SIDH and SIKE**: Super singular Isogeny Diffie-Hellman and Super singular Isogeny Key Encapsulation are promising post-quantum cryptographic protocols focusing on security against quantum attacks [11].
- **Kyber**: A lattice-based key encapsulation mechanism selected by NIST for post-quantum cryptography, providing strong security with key sizes of 512-1024 bits [15].
- **FrodoKEM**: A key encapsulation mechanism based on the Learning With Errors problem, offering strong security against quantum attacks [16].
- **Rainbow**: A multivariate public-key cryptosystem well-known for its robust security properties and resistance to quantum attacks [19].

Hybrid Algorithms

- **HESEA**: Homomorphic encryption schemes allowing computations on encrypted data without decryption, thus ensuring data privacy during processing [12].
- **CRYSTALS-Dilithium**: A lattice-based signature scheme part of the NIST post-quantum cryptography standardization process [13].
- MPC-in-the-Head: A protocol combining multiparty computation with cryptographic techniques to enhance security in zero-knowledge proofs [20].
- **HElib**: A high-performance library for homomorphic encryption, enabling secure computations on encrypted data without revealing the underlying plaintext [21].





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CONCLUSION

This review presents a comprehensive analysis of contemporary cryptographic algorithms, emphasizing their strengths, weaknesses, and applicability across various domains. Our analysis of symmetric algorithms such as DES, 3DES, AES, Blowfish, and lightweight ciphers like SIMON, SPECK, and GIFT, indicates that AES remains the gold standard for symmetric encryption due to its balance of security and efficiency. In contrast, asymmetric algorithms like RSA, ECC, and post-quantum solutions such as lattice-based cryptography, SIDH, and Kyber demonstrate significant potential in addressing current and future cybersecurity challenges. Significant progress in cryptographic techniques, particularly those countering quantum computing threats, such as lattice-based cryptography. AES leads in symmetric encryption; RSA and ECC are superior in asymmetric encryption. Emerging methods like homomorphic encryption and multiparty computation protocols offer innovative solutions for secure data processing.

This review fills gaps left by previous studies by focusing on recent developments and evolving cyber threats. Combines quantitative and qualitative data for a nuanced understanding of algorithm performance. Recommends developing adaptive cryptographic methods and further exploring post-quantum cryptography. Create more resilient cryptographic methods to address dynamic cyber threats. Further explore algorithms to prepare for quantum computing's impact. Investigate integrating homomorphic encryption and multiparty computation into mainstream applications. This review is limited by the scope of included studies and the rapid pace of technological developments. Continuous updates and further research are needed.

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| Table 1: Inclusion-Exclusion Table | | | | | |
|------------------------------------|----------|----------|--|--|--|
| Criteria | Included | Excluded | | | |
| Peer-reviewed | Yes | No | | | |
| Year 2020-2024 | Yes | No | | | |
| Quantitative data | Yes | No | | | |
| Non-peer-reviewed | No | Yes | | | |
| Pre-2020 | No | Yes | | | |

Table 1: Inclusion-Exclusion Table

Table 2: Algorithm Comparison Table

| Algorithm | Block Size (bits) | Key Size (bits) | Security Level | Application | Speed | Known Attacks |
|-----------|----------------------|--------------------|-------------------|---------------------------|-------|--|
| DES | 64 | 56 | Low | Legacy systems | Slow | Linear & Differential Cryptanalysis |
| 3DES | 64 | 112 or 168 | Medium | Financial transactions | Slow | Meet-in-the-middle attack |
| AES | 128 | 128, 192, 256 | High | Wireless Communication | Fast | Side channel attacks |
| Blowfish | 64 | 32 - 448 | High | Database & E- Commerce | Fast | Brute Force |
| RSA | 192 | 1024-4096 | High | Secure communications | Slow | Cycle Attacks |
| ECC | 80 | 160 | High | Mobile devices & IoT | Fast | Creating curves attack |
| DSA | Variable | 2048-3072 | High | Digital signatures | Fast | Collection of parameters attack |
| SIMON | Variable | Variable | High | IoT Devices | Fast | Differential |





| | | | 5 | <i>,</i> | | |
|-------------------------|----------|----------|--------|--------------------------------------|----------|--|
| | | | | | | Cryptanalysis |
| SPECK | Variable | Variable | High | IoT Devices | Fast | Differential Cryptanalysis |
| GIFT | 64 | 128 | Medium | Constrained Environments | Fast | Cryptanalysis attacks |
| SKINNY | Variable | Variable | Medium | Constrained Environments | Fast | Cryptanalysis attacks |
| XTEA | 64 | 128 | Medium | Low-resource applications | Moderate | Related-key attacks |
| Lattice - based | Variable | Variable | High | Post-quantum cryptography | Variable | Quantum attacks |
| SIDH / SIKE | Variable | Variable | High | Post-quantum cryptography | Variable | Quantum attacks |
| Kyber | 512-1024 | 512-1024 | High | Post-quantum cryptography | Fast | Lattice-based cryptanalysis |
| HESEA | Variable | Variable | High | Secure data processing | Variable | Homomorphic cryptanalysis |
| Crystals - Dilithium | Variable | Variable | High | Digital signatures | Variable | Lattice-based cryptanalysis |
| FrodoKEM | 640-976 | 640-976 | High | Post-quantum cryptography | Variable | Lattice-based cryptanalysis |
| Pyjamask | Variable | Variable | High | IoT Devices | Fast | Differential Cryptanalysis |
| Saturnin | Variable | Variable | High | Secure communication protocols | Fast | Differential and linear cryptanalysis |
| Rainbow | Variable | Variable | High | Post-quantum cryptography | Variable | Quantum attacks |
| MPC-in-the- Head | Variable | Variable | High | Zero-knowledge proofs | Variable | Cryptographic protocol attacks |
| HElib | Variable | Variable | High | Secure data processing | Fast | Homomorphic cryptanalysis |

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RESEARCH ARTICLE

Role of Information and Communication Technology in Agriculture Extension Education

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ABSTRACT

The outbreak of COVID -19 has taken the world by storm. The effect of the pandemic is especially seen in the education system. Today the schools, colleges and universities have completely changed tothe onlinemode of education. The guidelines given by the UGC to all the universities in India to use all educational resources online through different modes. Even the teachers/students, who had no knowledge of different online modes of teaching have become techno savvy today. The constant reminders from the Education Departments and MHRD have connected the teachers and students with each other through e-learning. The teachers are busy in providing learning materials, giving and receiving the assignments, uploading the lectures and constant interaction with the students, so that students may not feel isolated. The quick evolvement of online leaning and the use of digital tools have even raised the question in the mind of students and teachers (Is the Zoom meeting safe?). Therefore, the lockdown has brought bigger challenges to move from a traditional classroom to a virtual classroom and how to overcome the practical problems.

Keywords: Agriculture, Education, ICT, Extension.

INTRODUCTION

Economic and social development in any country depends on good education of the citizens of a nation. Therefore it is necessary to find ways to make education of good quality, accessible and affordable to all, using the latest technology available. In the last two decades there has been a rapid development of ICT. ICT has changed the dynamics of various industries as well as influenced the way people interact and work in the society. Internet usage in home and workplace has grown exponentially. ICT has the potential to remove the hurdles and increases the rate of education in any country. It can be used as a tool to overcome the issues of cost, non-availability of teachers, and





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poor quality of education as well as to overcome time and distance barriers (Gura& Percy, 2005). India in recent decades has been focusing on the development of its educational sector. Higher education drives the competitiveness and employment generation in India. There is a severe constraint on the availability of skilled labour. There exist socio-economic, cultural, time and geographical barriers for people who wish to pursue higher education. Innovative use of ICT can potentially solve this problem.

Quality Education through ICT:

Quality has both absolute and relative connotations. The concept of absoluteness in quality pops up the morale of our education system at the delivery end i.e. institutional, and at the receiving end i.e. students. Quality dimensions seem to have two implications, i.e., functionality of the output and meeting the basic standards. Hence, the quality of our education system may be seen from the point of view of norms and standards, which may evolve depending on the need of the hour. In the 21st century, it is crucial to identify the relative norms for different components of our education system (Thanavathi, 2021). The alternative dynamics for teacher preparation and the sustaining quality in teacher input, like: Curriculum design and development; Curricular practices vis-à-vis emerging principles of pedagogy; Evaluation of learner's performance and progress vis-à-vis curriculum evaluation; and, Quality management practices become crucial. The quality of these components may also differ from institution to institution. Therefore, sharing of the experiences among institutions on quality issues may generate ideas for evolving norms and strategies for their quality assurance of management processes, curricular inputs and practices and the evaluation system as well. Of late, various developments have been witnessed relating to quality assurance mainly through the intervention of information and communications technologies (ICT) in education, like networking of the open learning system with traditional Universities, interdisciplinary interactions at intrainstitutional and inter-institutional levels, networking of institutions globally, data based management of higher education, the orientation of institutions by incorporating self-financing in their financial management, assessment and accreditation of higher education institutions and creation of different statutory and regulatory bodies at the national level.

Challenges in Education

The major challenge before the Indian education system is to bring equity in quality of education across the length and breadth of the country. This is more close to the heart of students in rural, semi urban and urban areas, because they also wish to be able to participate in the new economic revolution. The rapid developments in science and technology and the challenges of globalization are posing additional challenges to the education system in the country. This is also the time when parental care to the children is on the wane. The adverse effects of the media on the mental development and moral values of the younger generation are being felt increasingly in all spheres of life. Gross consumerism has distorted the outlook of persons into one of equating possessions with richness. Exploitation of natural resources is proceeding without reference to sustainability. The hiatus between the rich and the poor is getting wider. While the education system needs to keep pace with the scientific and technological developments in terms of building the skills and knowledge, it also needs to address the more fundamental issues of the social and moral consequences of such unregulated activities. In this context, there is now a growing demand to lay greater emphasis on education to inculcate, nurture and develop values, particularly among the youth of the country.

Today, the world economy is experiencing an unprecedented change. New developments in science and technology, media revaluation and internationalization of education and the ever expanding competitive environment are revolutionizing the education scene. A paradigm shift has been noticed in higher education now a day, from 'national education' to 'global education', from 'one time education for a few' to 'life-long education for all', from 'teacher - centric education' to 'learner - centric education'. These changes make new demands and pose fresh challenges to the established education systems and practices in the country. Because of interdependence and integration of world economy in recent years, the Indian higher education system has a new role and a challenge to provide to the nation and the world at large, skilled human power at all levels, having breadth of knowledge and confidence to effectively confront the social and economic realities.





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Innovative Teaching & Learning through ICT:

It is often said that if someone from the 19th century were to travel forward in time, he or she would find a revolutionary change in nearly every dimension of society, with the exception of the classroom; with a teacher at the front, writing on a board, and pupils in rows of desks taking notes. Our education systems continue to reinforce traditional approaches to teaching. Changing this will require leaders to develop a compelling vision of 21st century learning, communicate it with passion, and ensure that it is translated into action at all levels of the system. The transformation will need to be holistic; from government ministries to principals and classroom teachers. It will also require a holistic reform of education delivery, to align incentives and provide resources for teacher training, curriculum development, accountability, and assessment (Heba, 2021).

The key drivers at the global level, the rapid pace of economic integration, technological advances, global competition for talent, the persistence of underachievement especially among the minority and marginalized populations, increasingly diverse classrooms and heightened expectations for schooling among key stakeholders. We have drawn attention to the differences, at the national level, to context, social trends and issues, culture and education histories. National school systems confront simultaneously the need to attend to national educational issues as well as to ensure that international research and best practice on persistent educational problems can be brought to bear on national problems. Education reform, new opportunities for more engaged learning, greater involvement of key stakeholders, among others; provide an alternate environment for major changes in the way we prepare teachers. How well the education and policy community meets this challenge will determine how well our societies are able to prepare our young for complex and demanding futures. However, the plan panel has set steep targets. For instance, the plan is to target 100% adult literacy, universalize secondary education and increase in gross enrolment ratio in higher education to 20% by March 2017.

Revamping through ICT

The swift emergence of a global "information society" is changing the way people live, learn, work and relate. An explosion in the free flow of information and ideas has brought knowledge and its myriad applications to many millions of people, creating a number new choices and opportunities in some of the most vital realms of human endeavour. Yet too most of the world's population remains untouched by this revolution. The "digital divide" threatens to exacerbate wide gaps between rich and poor, within and among countries. The stakes are high indeed. Timely access to news and information can promote trade, education, employment, health and wealth. One of the hallmarks of the information society openness is a crucial ingredient of democracy and good governance. Information and knowledge are at the heart of efforts to strengthen tolerance, mutual understanding and respect for diversity. To bridge the digital divide, the only sustainable route is to reduce poverty. In the long run governments need to do much by enhancing access to education and health care through distance learning and telemedicine. ICT can improve the quality of life for poor rural communities who do not have access to these facilities. The world is in the midst of a knowledge revolution, complemented by opening up entirely new vistas in communication technologies. Recent developments in the field of information and communication technology are indeed revolutionary in nature. Hundreds of millions of dollars are being spent on Information and Communication technologies, reflecting a powerful global belief in the technologies. By definition, Information and Communication Technologies are a diverse set of technological tools and resources to create, disseminate, store, bring value-addition and manage information. Interestingly, ICT, when used as a broad tool for amalgamating local knowledge incubated by the communities with information existing in remote databases and in public domain, heralds the formation of a new class of society - the Knowledge Society. Knowledge thereby becomes the fundamental resource for all economic and developmental activities in the knowledge society of the people, with the global pool of knowledge with the scope for further enrichment lays the genesis for knowledge networking. Knowledge networking opens up a new way of interactive communication between governments bodies, NGOs, academic and research institutions, and the civil society. It helps communities, both men and women, to take appropriate steps to recognize and document the knowledge they possess and in reflecting this knowledge in a wider social domain for directed change through the use of information and communication technologies.





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ICT and its Access

India is a major contributor and developed nation in terms of ICT infrastructure. The reduced tariff of telephones, the charges had drastically reduced attracting many users on to the mobile era. These reduced charges had brought a revolution towards mobile phones and internet access by bringing more people on to the network. After identifying the need to develop the rural area, India had taken major steps towards the development of rural people. Community Internet centres was established all over the country, connecting the isolated villagers to the knowledge base. An information and communication technology appeared as a combination of information technologies (IT) and communication technologies (CT) and presently involves a variety of computer and internet technologies and related software and applications. ICT provides the opportunity together, store, retrieve, process, analyze, and transmit information. Improvement and dissemination of ICT has begun to change the traditional class image. ICT is regarded as an integral component of education and curricular reforms. As an alternative to traditional teacher cantered classroom, it allows the formation of learner-cantered classrooms. It has brought about changes not only in learning methods for learners, but also in the teaching approaches of instructors. ICT is a tool that can be used across the curriculum or in separate subjects where the emphasis is on the development of ICT – related skills, knowledge, process, and attitudes. It enhances students' learning outcomes within the limits of the existing curriculum. It is also a potential tool to transform the teacher-based classrooms into learner-focused, rich and interactive learning environments. Teachers constitute the key element in this transformation based on the adoption of ICT learning and teaching tools in schools. Integrating ICT in the curricula requires and investment both in these technologies and in trained personnel (Namome, C., & Moodley, M. (2021).

Technologies used in e-learning

Modern education based on knowledge management cannot be imagined without digital technologies and it can be stated that the role of E-learning is of immeasurable – importance. Though, of course, it does not change traditional learning, it only diversifies and perfects teaching process. Technologies are mediators between students and lecturers. ICTs can enhance the quality of education in several ways: by increasing learner motivation and engagement by facilitating the acquisition of basic skills, and by enhancing teacher training. ICTs are also transformational tools which, when used appropriately, can promote the shift to a learner-centred environment. There is not only one definition of e-learning. Earlier it was associated firstly with multimedia CD-ROMs; nowadays e-learning educations are using usually internet technologies. The constant is the computer. As we define e-learning long-term systematic learning through computer use. The difference between e-learning and traditional teaching is only in the used material resources, all other factors can be preserved: objectives, teaching principles, curriculum, methods and forms. Based on this knowledge, we can express that application of e-learning brings one new problem to solve - insufficient computer literacy of students. Computer literacy is the human competency to use one's own knowledge, skills and abilities from the close sphere of the hardware and software computer equipment, as well as form the wider sphere of ICT, for the collection, storage, processing, verification, evaluation, selection, distribution and presentation of information in a required form and quality to achieve their relevancy to a specified destination. Teachers and e-learning establishment should encourage a strong sense of community among their online students. This will enable students to interact with one another the instructors, as well as with the resources provided, making for an enhanced educational experience.

Applications of smartphone in m-learning

Education and training is the process by which the wisdom, knowledge and skills of one generation are passed on to the next. Today there are two forms of education and training: conventional education and distance education. Mobile learning, or "M-Learning", offers modern ways to support learning process through mobile devices, such as handheld and tablet computers, MP3 players, smart phones and mobile phones. In particular, applications (i.e., apps) developed for smart phones are used as a method to deliver m-learning content. There are many observed benefits and affordances of m-Learning, including providing on demand learning and improving communication. Smartphone applications allow designers and developers to create tools that can be used anywhere. As it is found that most smart phones fit in an adult sized hand. The use of applications has the potential to transform traditional classrooms by enhancing current techniques and allowing access to learning from your pocket. Due to the size and





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low weight, smart phones are highly transportable. Access to Rich Internet Applications (RIAs) enables the user to experience desktop computer-like applications without the constraints of static locality. Most smart phones include a built in camera, video, and audio capturing tools, as well as GPS (i.e., global positing system). M-Learning focuses on the mobility of the learner, interacting with portable technologies, and learning that reflects a focus on how society and its institutions can accommodate and support an increasingly mobile population. This is because mobile devices have features and functionality for supporting learners. For example, podcasts of lectures can be made available for downloading. Learners are to expect to engage with these learning resources whilst away from the traditional learning spaces. Over the past ten years mobile learning has grown from a minor research interest to a set of significant projects in schools, workplaces, museums, cities and rural areas around the world. The M-Learning community is still fragmented, with different national perspectives, differences between academia and industry, and between the school, higher education and lifelong learning sectors.

CONCLUSION

The present's system of education is learner centred. Our aim is to make the teaching and learning process and interesting and non-monotonous one. Teachers have to adopt interactive teaching methods in order to involve students and make them more interactive in the teaching learning process. Teachers can emphasize more on thinking rather than just learning by using audio visual aids. One must not remain either at knowledge level or at comprehensive level only. One should be in a position to apply knowledge in order to innovate something new and achieve excellence. Especially we, the teachers should be aware of bloom's taxonomy, the learning levels and make our students excel. In way we are forced to work together for the excellence and excellence can be achieved by using ICTs.During the XI Five Year Plan, the Government of India launched a National Education Mission through information and communication technology (ICT) which will provide Broadband connectivity to all the institutions of higher learning and make available high quality e-content for dissemination. One of the main issues, which the World Bank cites for strengthening Indi's education system include using ICTs to meet the double goals of expanding access to end improving the quality of education. This exploratory paper discusses a range of issues in utilization and advantages of an ICT mediated higher education as autonomous learning and communicative competence are the advantages in this teaching reform.ICT has made many innovations in the field of education. The use of ICT in and for educations is now seen worldwide as both a necessity and opportunity. ICT covers anything that will store, retrieve, edit and receive information electronically in a digital form. This technology has made search, gathering, storing and receiving of information easier, cheaper and faster.

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REVIEW ARTICLE

Insights on Botanical, Pharmaceutical and Ethnopharmacological Aspects of *Ananus comosus* : A Review

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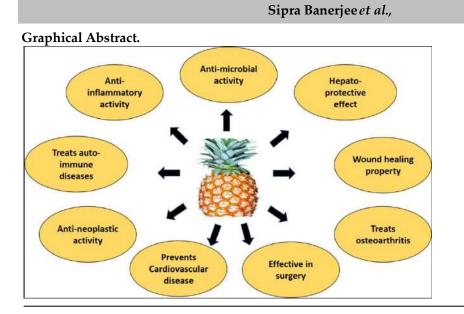
ABSTRACT

Pineapple, scientifically known as *Ananuscomosus*, is a sub-tropical fruit grown in India, Bangladesh, Malaysia, Sri Lanka, Maldives, and many other areas worldwide. It has a juicy flavour and has been used historically for different purposes like cardiovascular effects, antianginal, wound healing, anticancer, osteoarthritis, antidiarrheal, and antiaging properties. Several important phytoconstituents are available in various parts of pineapple like root, peel, core, and leaves such as flavonoids, terpenoids, glycosides, carbohydrates, and amino acids. Plant cellulose fibres that range in width from 3 to 100 nanometres are used to create nano cellulose, which is safe, non-hazardous, biocompatible, and environmentally friendly. It can be utilized in packaging, and biomedical products like adhesive, optical materials, food stabilization, thickening, flavouring agent, and even has potential applications in cosmetics and cosmeceuticals. There are numerous polyphenols found in this plant extract like gallic acid, elagic acid, p-coumaric acid, ferulic acid, cinnamic acid, and catechol. Out of all the bioactive constituents present, the most important is the bromelain which possesses proteolytic activity.Numerous formulations have also been formulated using pineapple extract. These formulations are overcoming the side effects of synthetic drugs and playing a crucial role in herbal drug technology. Research is still ongoing, for the exploration of more pharmacological attributes of this magic fruit to implement in formulation, drug delivery, and aid in therapeutics.

Keywords-Pineapple, tropical fruit, different pharmacological activity, bromelain, phytoconstituents.







INTRODUCTION

Pineapple is a versatile fruit having different types of pharmacological products and they are generally growing in different tropical and subtropical areas. From ancient times it has been used as a medicinal compound in different diseases. Pineapple is now the third most important fruit in world production after banana and citrus fruit due to its excellent flavour and juiciness and different beneficial value. The cultivation of pineapple has made the fruit well known throughout the temperate developed world [1]. Major pineapple product is canned juice, canned slice, chunk and fresh fruit and fresh juice. Different International countries have developed infrastructure to process and market pineapple. Thailand and Indonesia are the largest countries which have the most exporting features throughout the world for processing the pineapple [2]. Ananas comosus don't reproduce by seed dispersal, they usually grow from the crown of the fruit or offsets that were produced around the base of an adult plant [3]. While growing a pineapple the crown and lower foliage should be cut off to let it grow. It Can take six to eight weeks for it to start growing the roots and for the foliage to start forming. The growing foliage should absorb the nutrients from the soil. Its best to use fertilizer to provide enough nutrients for the plant to grow healthy, preferably a monthly application [4]. There are three offshoots; slips that are side shoots, the crown that is at the top of the plant and suckers that are also side shoots but they develop lower on the stalk. Suckers can grow and above ground the suckers that grow below ground are ratoons while suckers growing above ground and hapas. The shoots can be taken and planted to develop a new pineapple fruit [5].

Botanical and ethnopharmacological aspects of Ananuscomosus

Pineapple is a topical plant and grows in a moderately warm climate (16°C to 33 °C) with low, but regular rainfall. It is estimated that Smooth Cayenne requires only 50mm of rainfall per month for optimum growth. It has some important limitations. It cannot tolerate a little bit of frost.It is intolerant of high temperatures (in excess of 40°C) and sunburn damage to plants and fruit can be severe[6].It has a fragile root system that needs well-drained watering conditions. Pineapple has several special characteristics that allow it to survive and thrive under low rainfall conditions. Leaf shape and orientation that maximizes the capture of moisture and sunlight most efficiently [7]. The large cups formed where the leaves attach to the stump are effective reservoirs for nutrient solutions and water [8].Columbia pineapples are cultivated in large areas but at low densities. This will result in production but the fruit will have a bigger size, if they are grown for commercial viability, then they should be cultivated for high densities for more productivity [9].*Ananas comosus* are planted at the start of the rainy season or any time of the year in the





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irrigated areas. Usually, any day in November to mid-February and July to mid-September. When growing them in very cool locations, they need to receive proper care[10].

Mature plants typically reach 1-3 feet in height and 3-4 feet in width. The long-pointed leaves are 20-72 inches in length and the fruit can be up to 12 inches long and might weigh 1-10 pounds. It is very necessary to have prepared the land very well to have excellent development of the crop. The plough must be 20-25 cm deep and about 15cm in circumference. The plant should be cultivated with 22.5cm spacing between plants,60cm from each crop row, and 75cm from trench to trench. These must be spaced 25cm between plants 60cm within crop rows, and 90cm from trench to trench and in rained hilly locations a low density of 31,000 plants per hectare is recommended [11]. The first phase of growth is the vegetative phase from planting to flowering. Secondly, there's the reproductive phase of flowering and fruiting phase which involves the period when the plant goes from flowering to maturing. And lastly, there's the propagative phase which is the productive phase that continues after the fruit is ready for harvest and after that when the suckers and slips are planted again for planting [12].Pineapple is an herbaceous plant approximately 1-2 meters tall and wide. The plant has a spiral morphology due to the special arrangement of the leaves. The plant has a spiral morphology due to the arrangement of the leaves. The stem is cylindrically erect and club-shaped approximately 25-50cm long,2-5cm wide at the base,5-8cm wide at the top, and contains nodes and internodes [13].

A completely grown pineapple has many (68-82) leaves arranged in the form of a densely. The older leaves are attached at the base of the tree and the younger ones are in the centre. Leaves are usually sword-shaped (except for the ones at the tip) and taper toward the tip (approximately 5-20cm in length). The margins do not contain spines (cultivar smooth Cayenne having spines at the tip of the leaf only). The upper and lower surfaces of the leaf are covered with hairs that are more prominent on the lower surface [14]. Flowering occurs during the month of May and June in plants that are approximately a year old and weigh >500g. Pineapple is an intermediate flowering plant means it has no special requirement for day/night for example natural initiation of mature plants 12 months old for summer harvest is strong because initiation takes place in winter. Natural initiation for winter harvest while present much weaker because initiation occurs in warmer months when vegetative growth is strong [15]. Pineapples are normally propagated vegetatively, using tops, slips, suckers, and butts. This means that each plant is a clone (genetically identical copy of its mother). These clones grow true to type and produce predictable and uniform crops. Note: Occasional mutation can occur (common in tissue-cultured plants) and must be weeded out(rouged) so they don't multiply and contain a good clonal population[16].

Pineapples are "self-incompatible"so they produce less seed in a field of only one variety. However, if different varieties are grown near about (Smooth Cayenne and a hybrid for example) and they are in flower at the same time, insects can cause cross-pollination. Seedy fruit is not acceptable for either fresh or processing outlets [17]. The pineapple is technically known as a sorosis- "a fusing of many fruits together to form one unit". Each fruitlet or eye is a complete fruit. Flowering begins at the bottom of the sorosis and continues up as a spiral to the last eye. When the formation of fruitlet or eye stops, the growing point reverts to a vegetative state and the top (crown) is formed[18]. Since the ripening of the fruits occurs the same pattern as flowering the bottom portion of pineapples is riper, sweeter, and has better flavour than the top. Shorter fruit with little taper (summer plant crop and ratoon fruit) mature more uniformly than larger tapered autumn to spring plant crop fruit [19]. The pineapple blossom develops parthenocarpically into a large fruit formed by the complete fusion of 100-200 berry-like fruitlets. The edible part of the fruit consists mainly of the ovaries, the bases of sepals and bracts, and the cortex of the axis[20].

The fruit shell is primarily composed of sepal and bract tissues and the apices of the ovaries Depending on whether the flowers have been pollinated or not, small hard seeds or traces of undeveloped seed may be present. Fruits are not normally dispersed and in commercial plantations seeds are not produced. Under natural conditions, since the fruit develops parthenocarpically, undeveloped, whitish transparent seeds may be present. Seeds are small, approximately 3-5&1-2mm in size with a rough and tough brown testa, hard and firm endosperm, and a tinyembryo [21].





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Phytoconstituents present in pineapple peel

Polyphenols are a class of compounds that are found in many plant foods which includes flavonoids, phenolic acids, lignans, stilbenes etc. It is beneficial to health by reducing blood sugar, increasing insulin sensitivity, decreasing cancer risk, reducing inflammation, improving digestion etc. The parts that are known as waste of pineapple are Crown, Peel, stem, and Core. As example citric acid and ferulic acid can be found in pineapple leaves, bromelain can be found in leaves, stem, and peel, ascorbic acid in the core, etc [22-23]. Some polyphenols such as myricetin, salicylic acid, tannic acid, trans-cinnamic acid, and p-coumaric acid are identified in a high dietary fiber powder from pineapple shell, a part of the waste. Components like p-coumaric acid, Syringic acid, p-hydroxybenzoic acid, Vanillin, Catechin, Epicatechin, Caffeic acid, Malic acid and Cinnamic acid are found in pineapple waste. Chromatographic methods play a crucial role in the identification of new and groundbreaking medicinal and biomedical compounds.

Pharmacological attributes of the plant

Anti-inflammatory activity

Ananas comosus and its extracts have been widely used clinically as anti-inflammatory agents in rheumatoid arthritis, soft tissue arthritis, soft tissue injuries, chronic inflammation, chronic pain, and asthma and are currently used in different countries [24]. The major mechanism of action of bromelain is due to its proteolytic nature like immunomodulatory and hormone-like activity via intracellular pathways. In Vitro studies show that bromelain can inhibit pre-incubated with medium alone (PMA)-incubated T cell production of the Th2 cytokine IL-4 and to a lesser degree the Th1 cytokine IL-2 and induced interferon-gamma (IFN)via modulation of the extracellular regulated kinase-2(ERK-2) intercellular signaling pathway (Mynott et al.1999). Bromelain has also been shown to reduce cell surface receptors such as hyaluronan receptor CD44, which is associated with leukocyte migration and induction to pro-inflammatory mediators[25]. Bromelain significantly reduces CD4 T lymphocytes which are primarily effectors in animal models of inflammation. Studying the effect of bromelain having other on postoperative defecation in rats supports findings that the proteolytic activity of bromelain in the colonic micro-environment is not only responsible for its, anti-inflammatory activity but may be involved in the improvement of post-operative ileus. That orally While studying bromelain, researchers at QIMR reported that administered bromelain retains its proteolytic activity, the discovery of two proteins they named CCS and CCZ was previously documented only in the small intestine and found that they could block the growth of a broad range of pigs [26].

Cardiovascular activity

Bromelain prevents and minimizes the angina pectoris and transient ischemic attack (TIA). It is useful in the prevention and treatment of thrombophlebitis. It is also used to break down the cholesterol plaques and exerts a potent fibrinolytic activity. Cardiovascular diseases include disorder in blood vessels and heart, coronary heart disease (heart attack), cerebrovascular disease (CVDs or stroke), raised blood pressure(hypertension), peripheral artery disease, congenital heart disease, rheumatic heart disease. Bromelain is effective in the platelet aggregation as a result minimizing the risk of arterial thrombosis and embolism [27]. Bromelain was found to attenuate development of allergic airway disease (AAD) while altering CD4+ to CD8+ T-lymphocyte population. Bromelain was proved to exhibit the ability of inducing cardio protection against ischemia reperfusion injury through Akt/Foxo pathway in rat myocardium [28].

Antineoplastic activity

Recent studies have shown that bromelain affects malignancy due to its effect on key pathways that support malignancy. Most of the *in vivo* and *in vitro* studies on the anticancer activity of bromelain are concentrated on mouse and human cells, both cancerous and normal. Beez et al chemically induced mouse skin papilloma was treated with bromelain and they observed that bromelain reduced tumor formation, and tumor volume and caused apoptotic cell death [29-30]. In another study it was found bromelain treated gastric carcinoma cell lines, significant reduction of cell growth was observed, another study proved that bromelain reduced the invasive capacity of glioblastoma cells and reduced *de novo* protein synthesis [30]. Bromelain was found to increase the p53 the well-known activator of apoptosis. It also decreases the activity of cell survival regulators and thus promotesapoptic cell death in tumors.





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Bromelain markedly decreases antitumor activity for the following cell lines like leukemia, sarcoma, Ehrlich ascetic tumour, Lewis lung carcinoma and mammary adenocarcinoma [31]. In these studies, i.p (intraperitoneal) administration of bromelain after 24hrs of tumour cell inoculation resulted in tumour regression [32]

Effect on immunogenicity

Bromelain has been recommended as an adjuvant therapeutic approach in the treatment of anti-inflammatory, malignant and autoimmune disease [33]. Bromelain also induces surface adhesion and induces the secretion of IL-1 β , IL-6 and tumour necrosis factor α (TNF- α) by peripheral blood mononuclear cells. Bromelain can block the Raf-1/Extracellular regulated kinase (ERK-)2 Pathways by inhibiting the T-cell signal transduction. Treatment of cells with bromelain decreases the activation of CD4(+) T cells and reduces the expression of CD25[34]. Bromelain also produces certain effects against rheumatoid arthritis, which is one of the most common autoimmune diseases [35].

Wound healing activity of Bromelain in Debridement of burns

If there is a wound in case of burn and formation of wound in second/third degree burn is termed as debridement. Bromelain applied as cream (35% bromelain in a lipid base) can be beneficial for debridement of necrotic tissue and acceleration of healing. Bromelain contains a special enzyme escharase which is responsible for this effect [36]. Escharase is non proteolytic and has no hydrolytic activity against normal protein substrate or various glycosaminoglycan substrates. Its activity varies greatly with different preparation. The study was carried out in procrine model using different bromelain-based agents namely Debriding Gel Dressing (DGD) and Debrase gel showing rapid removal of necrotizing cells and preservation of the unburned tissues [37].

Effect of bromelain in surgery

Bromelain has prophylactic action before surgery because it can reduce the average number of days for the complete disappearance of pain and post-surgery inflammation [38]. Different studies have shown that bromelain has shown efficacy in reducing swelling, bruising and pain in wounds having episiotomy. Nowadays, bromelain is used for treating acute inflammation and sports injuries [39].

Effect of bromelain on Osteoarthritis

Osteoarthritis is the most common form of arthritis in western countries, In the USA and India prevalence of osteoarthritis ranges from 3.2-33% depending on the joint pain [40]. A combination of bromelain. trypsin and rutin were compared to diclofenac in 103 patients with Osteoarthritis of the knee. After six weeks both treatments resulted in significant and similar reductions pain and inflammation. It may play an alternative role against NSAIDS and have analgesic properties which are due to the results of pain mediators like bradykinin. The earliest reported studies investigating bromelain were a series of moderate or severe rheumatoid or osteoarthritis [41-42].

Hepatoprotective activity

In an animal model in which alcohol-induced liver injury occurred, the ethanolic and aqueous extracts from *A. comosus* fruits exhibited hepatoprotective action. The ethanolic and aqueous extracts of *A. comosus* contain terpenoids, polyketides, amino acids, peptides, proteins, carbohydrates, lipids, and polyphenolic compounds, which the authors claim are responsible for this species' hepatoprotective properties. However, additional research is required to determine specific phytochemicals responsible for this organo-protective action [43].

Antimicrobial activity

Using the cup-plate method, the antibacterial activity of aqueous and ethanolic extracts of *A. comosus* Extract juice against an isolated UTI pathogen was examined.Fruit extract exhibits substantial antibacterial activity against *Klebsiella, Enterococcus faecalis, Bacillus cereus,* and *Staphylococcus aureus,* according to the P value from the One Sample T Test [44].





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Pharmaceutical Formulations on Ananas comosus

In a study, pineapples were gathered in Indonesia's West Java province's Subang district. The pineapple crown from the Subang district was found to contain bromelain, which has been shown to have medium antioxidant and immune stimulant action and a protease activity of 7.72 \pm 0.45 IU/mg These results demonstrate the potential for developing crude bromelain into herbal remedies. Wet granulation was used to create crude bromelain granules with povidone serving as the binder. The purpose of this study was to create and assess crude bromelain granules from the Subang pineapple crown [45]. Wet granulation was used to create the granule, which is made up of lactose monohydrate, 3% povidone, 1% magnesium stearate, 1% talc, and crude bromelain. The weight of lactose monohydrate was derived by 100% subtraction from the weight of all other components. The mixture was given ethanol to create a wet mass. The damp mixture was filtered through a 1.4 mm sieve before being dried in the drier for 4 hours at 40 \pm 0.5 °C followed by its physicochemical characterization [46]. Upon analyses of raw bromelain granules with respect to the moisture content, repose angle, bulk density, tapped density, Hausner's ratio, and compressibility index, it was found that all the results are extremely satisfactory [47]. The granule's moisture content, 4.1 \pm 0.2%, was within the acceptable range for granules. The risk of cohesion and adhesion will rise as the moisture content enhances [48].A review of the Pineapple plant (Ananas comosus) and its uses from historical ages to the present day.

In another study, sunscreen microemulsion was prepared, from the extracts of pineapple, and its synergistic efficacy on sun protection factor was investigated [49]. Tween 80 and water make up the microemulsion's water phase, while Span 80, PEG 400, and VCO are present in the oil phase. A homogeneous mixture of preheated Tween 80 and water at 50°C was used to prepare the water phase. With the use of a magnetic stirrer, the oil phase was created by combining Span 80, PEG 400, and VCO in a beaker glass. Pineapple peel extract was then uniformly added to the mixture. After adding the water phase solution, the mixture was heated at 50 °C while being stirred magnetically at 1000 rpm for about 30 minutes. To identify the occurrence of substantial alterations in the final preparation, organoleptic observation was carried out. The dosage form that satisfies the requirements has a solution-like consistency, a unique odor, and is translucent or clear [50]. Formula 0 (0% SPF) has an SPF value of 1.8694, which is considered to provide minimal protection. Although formula 1 (5%) had an SPF score of 2.0294, the FDA states that this formula can only offer a very limited level of sun protection. Formula 2 (10%) obtained an SPF value of 2.1391 and, like Formula 3, (15%) obtained an SPF value of 2.9322, both of which indicate that they can offer only moderate skin protection from the sun. Although formula 4 (20%) obtained a value of 3.7759, the value is considered as coming from sun exposure according to the FDA, as a bare minimum of defense. The results of analyzing the SPF values of microemulsion preparations using the Kolmogorov-Smirnov test normality test indicated significant results of 0.216 > 0.05, indicating that the data has a normal distribution of data. The next stage is a homogeneity test using the test Levene, which indicates a significance of 0.180 > 0.05, indicating that the data has a homogeneous data distribution [51-53].

For topical nano cream, this extract has also been used in the formulation of topical nano cream, after due optimization. Phase inversion temperature (PIT) and probe ultrasonication, which combine low and high energies, were used to create triplicate optimum (O/W) nano creams. The oil phase and the aqueous phase were prepared separately, with the oil phase being made up of a mixture of OO (1%), GSO (12%), and T80 (12.63%), and the aqueous phase being made up of distilled water (74.37%) and XG (2%). A beaker holding the aqueous phase was heated to 70°C with the oil phase added drop wise while being stirred at 600 rpm. *Ananu scomosus* peel extract (AcPE) (10%) was then added to the mixture. The coarse emulsion was ultrasonically sonicated for five minutes at a frequency of 20 kHz while simultaneously being added to Phy-Et (1%) and scented oil (2%). After subjecting it to the characterization tests like pH, Particle Size, PDI for Accelerated Stability, Coalescence Rate, Ostwald Ripening Rate, Microbiological limit test, and heavy metal test, it was concluded that the Ostwald ripening instability phenomena at 4°C at 6 weeks of storage had a considerable impact on the ideal nanocream, although coalescence had little to no effect. The results confirmed that the AcPEnano cream was secure and uncontaminated by microorganisms or heavy metals. -Thus, these characteristics demonstrated the nanoemulsion's appropriateness for topically applying to skin. In summary, the study's improved AcPEnano cream, which concentrated on naturally derived plant active components, may find use in the cosmeceutical sector [50-51].





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CONCLUSION

It has been found that *Ananascomosus*hasa plethora of pharmacological activities, that has been used from the historical ages to the present day. Owing to the presence of multiple bioactive constituents in various parts of the plant renders its significance in the field of research and development. Its extract has already been investigated in the treatment of disorders, where positive outcomes have paved the way towards its utilization in pharmaceutical formulations. Variousformulationshave been implemented using the plant extract, as well as with the isolated bioactive component, where the presence of active phytoconstituentshas shown remarkable positive effects. The phytochemicals present in *Ananas comosus* are usedfor the treatment of surgical wounds. Thus, it can be rightly concluded that the implementation of this magic fruit in the pharmaceutical field has potentially replaced synthetic drugs and formulations and reduced the side effects of conventional synthetic drugs, propounding that traditional and herbal drugs if explored for application in drug delivery system, can cater to multiple needs of the therapeutic aspects.

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REVIEW ARTICLE

A Review of the Bounds on the Spectral Radius and the Principal Eigenvector of a Graph in Terms of Various Parameters

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ABSTRACT

In spectral graph theory, there has been significant emphasis on estimating the spectral radii of graphs. Similarly, estimating the components and their ratios of the principal eigenvector of a graph has piqued the interest from mathematicians due to its relevance in spectral graph theory. Numerous well-documented research articles address these topics. This survey reviews the bounds on the spectral radii and on the components and ratios of the components of the principal eigenvectors of graphs. The article also briefly explores the various parameters involved in establishing these bounds.

Keywords: Adjacency matrix, Spectral radius, Principal eigenvector

INTRODUCTION

Graph theory, a branch of discrete mathematics, studies mathematical structures known as graphs, with its origins stemming from the famous Königsberg Bridge Problem [16]. Spectral graph theory, a subfield that emerged in the late 1950s and early 1960s, has seen substantial development since then. Significant research publications have contributed to its growth, exploring graph properties by associating them with various matrices such as adjacency matrices, incidence matrices, Laplacian matrices, signless Laplacian matrices, Distance Laplacian matrices, and maximum degree matrices, employing techniques from linear algebra. In spectral graph theory, mathematicians primarily investigate characteristic polynomials, eigenvalues, and eigenvectors of these matrices to uncover structural properties of graphs. Eigenvalues of graph-associated matrices find extensive use in both intra and interdisciplinary applications. For instance, the adjacency matrix concisely represents a graph's structure, facilitating analysis and exploration of its properties. This matrix underpins many graph algorithms like Depth-First Search





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(DFS), Breadth-First Search (BFS), and Dijkstra's shortest path algorithm. It finds application in network analysis, such as in communication and transportation networks. Additionally, in electrical engineering, the adjacency matrix aids in circuit analysis, assisting in the study of electrical properties and the calculation of currents and voltages. The Laplacian matrix is instrumental in sensor networks and machine learning algorithms. For instance, in sensor networks, the ratio of the second smallest eigenvalue to the largest eigenvalue of the Laplacian matrix determines the convergence speed of decision fusion algorithms, thereby enhancing network performance. Machine learning algorithms also leverage the Laplacian matrix for tasks such as clustering and dimensionality reduction. Moreover, the applications of graph-spectra extend beyond these fields to diverse disciplines such as physics, medical science, quantum chemistry, cryptography, biology, and economics. This broad applicability underscores the importance of spectral graph theory in understanding and solving real-world problems across various domains. On the other hand, eigenvector associated with the second-largest eigenvalue of a connected graph has been utilized in spectral partitioning algorithms [34]. Initially, the PageRank algorithm used by Google was based on the principal eigenvectors of graphs for the second in [38] and references there in.

The adjacency matrix is considered one of the early introduced matrices associated with graphs. The study of the spectra of adjacency matrices encompasses a wide range of topics, including the study of the number of distinct eigenvalues of graphs, the estimation of graph parameters in terms of eigenvalues, co-spectrality, estimating the eigenvalues and the energy of graphs, the research of limit points of the eigenvalues of graphs, and ordering of graphs using eigenvalues, estimation of extreme components of the principal eigenvectors, etc. The adjacency matrix's spectrum provides valuable insights into the characteristics of a graph. For example, graph G is regular if and only if the maximum degree, spectral radius, and minimum degree of the graph are equal, again if the spectral radius is the only positive eigenvalue of a graph G, then G is complete multipartite, and vice-versa, etc. Despite the importance of a graph's spectral radius and other eigenvalues, their precise values are not always known. Therefore, it is crucial to establish the bounds (upper and lower) on a graph's eigenvalues. Since 1957, the process of establishing bounds on the eigenvalues, especially spectral radius, has been underway. These bounds often rely on graph parameters such as order, size, degrees of the vertices, chromatic number, clique number, independence number, girth, number of certain walk lengths, etc. On the other hand, since 2000 there has been a growing emphasis on estimating the components and ratios of the components of the principal eigenvector of a graph, as they reveal various graph properties. For example, if the maximal component of the principal eigenvector is $\frac{1}{\sqrt{2}}$ the graph is identified as a star graph.Likewise, a graph is a regular graph if and only if the ratios of the components of the principal eigenvector are equal to 1, etc. In fact, the ratios of the components of the principal eigenvector of a graph are considered to be the measure of the regularity of the graph. The estimations on the components and ratios of the components of the principal eigenvector of a graph are constrained by graph parameters, such as the order, size, maximum, minimum, and average degrees, spectral radius, etc.It is to be noted that these kinds of bounds not only aid in estimating the precise values of the eigenvalues but also provide insight into their interrelationships.

Until and unless specified by a graph *G* we mean a simple connected undirected and finite graph with vertex set U(G) and edge set E(G), respectively. By order and size of a graph *G* we mean cardinalities of |U(G)| and |E(G)|, respectively. It is to be noted, unless otherwise specified, *G*'s order and size are denoted by *n* and *e*, respectively. For i = 1, 2, ..., n, the degree $d(u_i)$ of a vertex $u_i \in U(G)$ is the number of vertices u_j ($i \neq j$)adjacent to u_i , i.e. $u_j u_i \in E(G)$. Again, Δ (= max{ $d(u_i)|u_i \in U(G)$ }), δ (= min{ $d(u_i)|u_i \in U(G)$ }) and $\overline{d} = \frac{2e}{n}$ are the maximum, minimum and the average degrees of a graph *G*, respectively. The adjacency matrix $A(G) = [a_{ij}]_{n \times n}$ is defined as $a_{ij} = 1$, if $u_i u_j \in E(G)$ and $a_{ij} = 0$ if $u_i u_j \notin E(G)$. The eigenvalues of A(G) are also known as the eigenvalues of *G*, and they are denoted here by τ_i (i = 1, 2, ..., n), where $\tau_1 > \tau_2 \ge \tau_3 \ge \cdots \ge \tau_n$. Energy E_G of a graph *G* is defined as $\sum_{i=1}^n |\tau_i|$. The orthonormal eigenvectors corresponding to the eigenvalues τ_i (i = 1, 2, ..., n) are denoted here by $Y_i = (y_{i_1}, y_{i_2}, ..., y_{i_n})^T$ (i = 1, 2, ..., n). According to the Perron-Frobenius theorem (Pillai, Suel, and Cha, 2005), there exists a unique eigenvalue τ_1 of A(G) with algebraic multiplicity 1, which is positive and is known as the spectral radius of *G*. Additionally, there is a unique eigenvector associated with τ_1 that has unit length and all positive real components. This unique eigenvector is called 83706





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the principal eigenvector of *G* and is represented by $Y_1 = (y_{1_1}, y_{1_2}, ..., y_{1_n})^T$. The maximal and the minimal components of the principal eigenvector Y_1 are denoted here by y_{max} and y_{min} , respectively. For basic definitions and results we refer to [39].

Survey on the bounds of the spectral radius of a graph

Doob [14] raised some of the fundamental problems of a graph related to the eigenvalues of the adjacency matrix. The monograph "Spectra of graph" [15] is one of the important books, as it provides an overview of nearly all studies pertaining to the theory of graph spectra published before 1979. Later, this book was updated by Cvetković et al. [10], [12].

Researching the estimation of eigenvalues, especially the spectral radius of a graph, holds considerable importance in spectral graph theory. Collatz and Sinogowitz [36] made significant contributions to this field by establishing bounds on the spectral radius τ_1 of a graph G, a work widely acknowledged as seminal in eigenvalue estimation. Their paper introduced both an upper bound $\tau_1 \leq n - 1$ and a lower bound $2 \cos \frac{\pi}{n+1} \leq \tau_1$ on the spectral radius τ_1 , relying on the graph's order n. Furthermore, they derived an additional bound $\tau_1 \leq \sqrt{n-1}$ for a tree that of order n. Several early research works concerning the spectral radius τ_1 with respect to vertex-degrees $d(u_i)$, maximum degree Δ , average degree \overline{d} , and minimum degree δ , are documented in Cvetković and Rowlinson [11] such as $\delta \leq \overline{d} \leq \tau_1 \leq \Delta$, $\sqrt{\frac{\sum_{i=1}^n d(u_i)^2}{n}} \leq \tau_1$, and $\sqrt{\Delta} \leq \tau_1$, etc. It's important to note that the bound $\delta \leq \overline{d} \leq \tau_1 \leq \Delta$ emerged from reformulated inequalities originating from non-negative matrix theory [28]. Nosal [31] set the bounds $n - 1 \leq \tau_1 + \overline{\tau_1} \leq \sqrt{2n} - \sqrt{2}$ for the spectral radii of a graph G and that of its complement \overline{G} in terms of their order n.

Brigham and Dutton [4] introduced bounds on the spectrum of a graph, considering factors like the numbers of positive and negative eigenvalues, independence number, order, size, etc. Furthermore, they refined these bounds for some specific classes of graphs such as triangle-free graphs, bipartite graphs, etc. Favaron et al. [17] focused on improving some classical bounds concerning the spectral radius of a graph. In this article, they proved some conjectures regarding the eigenvalues of a graph with order *n*, particularly concerning the spectral radius, such as minimum (dual degree) $\leq \tau_1 \leq \max$ maximum (dual degree), etc. They also established inequalities $|\tau_1| + |\tau_i| \leq 2\sqrt{e}, |\tau_i| \leq \frac{e}{\tau_1}$, and $n - \chi^* \leq \sum_{i=1}^{\chi^*} \tau_i$, etc. where i = 1, 2, ..., n, and χ^* is so called "mischromatic number". Brualdi and Hoffman [6], Stanley [35], Friedlandand Yuan [19]contributed along the same line utilizing the graph parameters order and size of a graph.

Li [27] and Zhou [44]established bounds on the sum of the spectral radii of a graph and its complement. Li [27] introduced the Nordhaus–Gaddum type upper bound $\tau_1 + \overline{\tau_1} \leq \sqrt{1 + 2n(n-1) - 4\delta(n-1-\Delta)} - 1$ on the spectral radii τ_1 and $\overline{\tau_1}$ of a graph *G* and its complement \overline{G} , respectively based on order *n*, maximum degree Δ and minimum degree δ of *G*.Li [27] and Zhou [44], independently established the inequality $\tau_1 + \overline{\tau_1} \leq \sqrt{2(n-1)(n-2)}$ in terms of the order *n* of a graph and that of its complement. Similarly, Hong and Shu [23, 24]developed Nordhaus–Gaddum type bounds for the spectral radii τ_1 and $\overline{\tau_1}$ of graphs *G* and \overline{G} , respectively. Hong and Shu [23] concentrated on improving previously defined Nordhaus–Gaddum type bounds for the spectral radii $\tau_1 + \overline{\tau_1} \leq \sqrt{\left(2 - \frac{1}{k}\right)n(n-1)}$ and $\tau_1 + \overline{\tau_1} \leq \left(2 - \frac{1}{K}\right)n(n-1)$, in terms of the chromatic numbers χ and $\overline{\chi}$ of *G* and its complement \overline{G} , respectively, where $k = \min\{\chi, \overline{\chi}\}$ and $K = \max\{\chi, \overline{\chi}\}$. Similarly, on the basis of the same parameters χ and $\overline{\chi}$ Hong and Shu introduced $\tau_1 + \overline{\tau_1} \leq \sqrt{2 - \frac{1}{\chi} - \frac{1}{\chi}}$ in Hong and Shu's article [24].

Cao [7] presented the bound $\tau_1 \leq \sqrt{2e - \delta(n-1) + \Delta(\delta - 1)}$ for a graph *G* of order *n*, size *e* and maximum and minimum degrees Δ and δ , respectively. Moreover, using the maximum 2-degree T^* of the vertices of *G*, Cao also proved $\tau_1 \leq \sqrt{T^*}$. Again, Hu [25] obtained the bound $\tau_1 \leq \sqrt{2e - n - \delta + 2}$. Hong et al. [22] established a bound $\tau_1 \leq \sqrt{2e - n - \delta + 2}$.





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 $\frac{\delta-1+\sqrt{(\delta+1)^2+4(2e-\delta n)}}{2}$ on the spectral radius τ_1 of a graph in terms of its order n, size e, and the minimum degree δ . Berman and Zhang [2] also estimated the spectral radius of a graph using its degrees of vertices and the number of cut vertices. Yu et al. [40] gave two lower bounds for the spectral radius of the adjacency matrix and that of the Laplacian matrix in terms of the degrees of vertices of a graph. Considering $l(u_i)$ to be the average degrees of the vertices adjacent to u_i in a graph G, Das and Kumar [13] presented the inequality $\tau_1 \leq \max\left\{\sqrt{l(u_i)l(u_j)} \mid u_i u_j \in E(G)\right\}$ for τ_1 . In addition, they also established $\tau_1 \geq \sqrt{\frac{(\Delta+d_j^*-1)+\sqrt{(\Delta+d_j^*-1)^2+4(\Delta-1)(d_j^*-1)+4c_{1j}r^2+8c_{ij}^*\sqrt{\Delta}}{2}}}$, where u_1 is the vertex of degree Δ , $d_j^* = \max\{d(u_k)|u_l u_k \in E(G)\}$ and c_{ij}^* is the cardinality of the common neighbor between the vertices u_1 and u_j . The same article included some other bounds on the second-largest eigenvalue τ_2 and the smallest eigenvalue τ_n of G. Again Nikiforov [29] proved bounds $\tau_1^r \geq \frac{W_{q+r}}{W_q}$ and $\tau_1^r \leq \frac{\omega-1}{\omega}W_r$, etc. for the spectral radius τ_1 and its powers using the concept of total number of certain-length of walks such as W_{q+r} , $W_{q'}$ and W_r and clique number ω of a graph. He also generalized a number of certain-length of the spectral radius and characterized so-called pseudo-

regular graph and pseudo-semi-regular graph in spectral terms. Later, Bollobás and Nikiforov [3] proved some relations between the spectral radius and the number of cliques contained in a graph. Feng et al. [18], mainly using the average 2-degree m_{u_i} of a vertex u_i , maximum degree Δ , and the maximum 2-degree T^* , obtained some

estimations for
$$\tau_1$$
 such $as \tau_1 \le max_{u_i \in U(G)} \sqrt{\frac{d(u_i)^2 + d(u_i)m_{u_i}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_i) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_i) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_j) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_j) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_j) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_j) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_j) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_j) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_j) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_j) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}, \quad \tau_1 \le max_{u_i u_j \in U(G)} \sqrt{\frac{d(u_i) \{d(u_j) + m_{u_j}\} + d(u_j) \{d(u_j) + m_{u_j}\}}{2}}},$

 $\frac{\Delta+\sqrt{8T^*+\Delta^2}}{4}, \tau_1 \leq \max_{u_i \in U(G)} \frac{d(u_i) + \sqrt{d(u_i)m_{u_i}}}{2}, \text{ etc. for a graph } G. \text{ Cioabă et al. [9] determined a lower bound} \tau_1 \leq (n-1)^{1/D}$ for the spectral radius τ_1 of a graph in terms of the number of n vertices and the diameter D of the graph. The article "Bounds of the Spectral Radius and the Nordhaus-Gaddum Type of the Graphs" by Wang et al. [37] can be considered a significant research article regarding estimating the spectral radius of the adjacency A(G) and that of Laplacian matrix L(G) in terms of various parameters. Wang et al. [37] established several estimations for τ_1 in terms of parameters such as a graph G's second maximum degree Δ^* , the second minimum degree δ^* , the average 2-degree m_{u_i} of a vertex u_i contained in G, number of K_3 associated with a vertex u_i (denoted by T_{u_i}), number of the vertices adjacent to u_i (i.e. $|N_{u_i}|$), number of vertices τ_1 and τ_2 with degrees Δ and δ , respectively, etc. other than the maximum degree Δ , minimum degree δ , number of vertices n, and edges e contained in G. Some of the graphs" are $\tau_1 \leq \max_{u_i u_j \in E(G)} \frac{d(u_i)^2 m_{u_i} + d(u_j)^2 m_{u_j} - 2T_{u_i} - 2T_{u_i}}{2(d(u_i) + d(u_j) - |N_{u_i} \cap N_{u_j}|)}, \tau_1 \leq \sqrt{\Delta(\delta^* - 1) + 2e - z_2\delta - (n - 1 - z_2)\delta^*},$ and

 $\tau_1 \ge \sqrt{\delta(\Delta^* - 1) + 2e - z_1\Delta - (n - 1 - z_1)\Delta^*}, \text{ where } \Delta \le \min\{n - 1 - z_1, n - 1 - z_2\}. \text{ Again the same article provided another bound} \tau_1 \le \frac{\delta^* - 1 + \sqrt{(\delta^* - 1)^2 + 8e - 4z_2(\delta - \delta^*) - 4n\delta^*}}{2} \text{ with the condition } \Delta \le n - 1 - z_2. \text{ Additionally, T. Wang et al. introduced a Nordhaus-Gaddum-type upper bound for the Laplacian matrix also.}$

It is to be noted that mathematicians also emphasize studying various graph-related operations and their impacts on the spectra of graphs. The article "Spectra of graphs resulting from various graph operations and products: a survey" by Barik et al. [1] summarized some of these studies conducted on graph operations and the spectra of graphs. In essence, Barik et al. [1] provided a summary of known results regarding the spectra of graphs emerging from various graph operations. It included a detailed discussion of the structure of the associated eigenvectors together with an explicit description of the eigenvalues of the resulting graphs.

Survey on the bounds of the components and the ratios of the components of the principal eigenvector of a Graph Since the year 2000, research in spectral graph theory has expanded beyond just estimating graph spectra to include an interest in the eigenvectors of graphs, particularly the principal eigenvectors, due to the insights they provide into various graph characteristics. Estimating the components and their ratios of the principal eigenvector has become a major focus for mathematicians. Britta Papendieck and Peter Recht [32] were early pioneers in this area, exploring





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whether the principal eigenvector can reveal structural information about a graph. They estimated an upper bound on the maximum component of the principal eigenvector using the *l*-norm $(l \in [1, \infty] \operatorname{as}\left(\frac{\tau_1^{l-2}}{1+\tau_1^{l-2}}\right)^{1/l}$ for the maximal component of that vector. Similarly, Zhao and Hong [43] also focused on the *l*-norm $(l \in [2, \infty]$ of the principal eigenvector of a graph, and obtained upper bound $\left(\frac{(n-1)^{\frac{l-2}{2}}}{1+(n-1)^{\frac{l-2}{2}}}\right)^{1/l}$ and lower bound $\left(\frac{1}{n}\right)^{1/l}$ on the maximal component of that vector in terms of the graph's order n.Later, following their works, Zhang [42], Cioaba and Gregory [8], Nikiforov [30], Goldberg [20], etc. also developed several bounds on the components as well as the ratios of the components of the principal eigenvector of a graph. Zhang [42] established bounds on the ratio $\frac{y_{max}}{y_{min}}$ for a non-regular graph such $\operatorname{as}_{(\Delta-\bar{\tau}_1)(\bar{d}-\delta)}^{(\Delta-\bar{d})(\tau_1-\delta)} \ge \frac{y_{max}}{y_{min}}$ and $\frac{y_{max}}{y_{min}} \ge \sqrt{\frac{\Delta}{\delta}}$ in terms of the graph's maximum degree Δ , minimum degree δ , average degree \bar{d} and spectral radius τ_1 . In addition, using the graph parameters such as the order n, maximum degree Δ , minimum degree δ and diameter D, a sharp upper bound $\tau_1 < \Delta - \frac{\Delta + \delta - 2\sqrt{\delta \Delta}}{nD\Delta}$ on the spectral radius τ_1 of a non-regular graph is also introduced in the same article. Cioaba and Gregory also focused on estimating and improving bounds on the extreme components y_{max} , and y_{min} of the principal eigenvector of a graph and the ratio $\frac{y_{max}}{y_{min}}$ in [8]. While defining those bounds they mainly utilized parameters such as the number of n vertices and e edges, degrees of vertices $d(u_i)$, maximum Δ and minimum δ degrees, spectral radius τ_1 , etc. In [30], Nikiforov introduced a bound on the ratio $\frac{y_{1_j}}{y_{1_i}}$ of the components y_{1_j} and y_{1_i} of the principal eigenvector Y_1 of a graph in terms of the distance between the two vertices associated with the corresponding components y_{1_i} and $y_{1_{i'}}$ and the spectral radius τ_1 of the graph. On the other hand, Goldberg [20] obtained a lower bound for all of the components of the principal eigenvector of a non-regular graph in terms of degrees of vertices and spectral radius.

CONCLUSION

The above discussion highlights that mathematicians have developed different spectral bounds for the adjacency matrix and have been keen on deriving new bounds regarding eigenvalues, particularly for the spectral radius of a graph based on various parameters. Later, mathematicians have delved into estimating eigenvalues, especially the spectral radii of matrices such as the maximum degree matrix, minimum degree matrix, sparse random matrix, Wigner matrix, Randic matrix, etc., compared to the adjacency matrix. However, there remains a conviction that there is room for advancing this domain by refining previously established bounds and producing new bounds on the spectral radius concerning various graph parameters. It is also noted that certain previously introduced bounds on the spectral radii demonstrate superior performance for specific classes of graphs. Hence, there is an opportunity to formulate new bounds that offer nearly precise values not for a particular class of graphs, but for all graphs. We believe it is possible to establish new bounds on the components and their ratios in the principal eigenvectors of graphs by introducing parameters beyond those previously mentioned. Additionally, there are currently few lower bounds for the minimal component of a graph's principal eigenvector, indicating that there is room for developing such bounds. Discovering new practical applications for the principal eigenvectors of graphs could significantly advance spectral graph theory. Therefore, research into establishing bounds for the spectral radius and the components and ratios of the components of a graph's principal eigenvector is ongoing, with expectations for continued exploration in the future.

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RESEARCH ARTICLE

Blind People's Bus Route Identification System

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ABSTRACT

This study offers by RFID-based bus detection system designed for traveling and for making a movement to any place is not challenging for sight folded persons. To make the design of proposed system of a system database ,website make up and it has to consist of two detection subsystems on the buses and the station of bus consists of other. Every adjacent stations are clearly identified by the bus sensing subsystem and thereafter declared by an audio message sent internally. In addition, the bus subsystem will identify any blind individuals in the vicinity of the station and notify the bus driver of their count. To notify the blind, the bus station subsystem detects approaching buses and announces them inside the station. The entire system prototype has been recommended by testing. The functionality which has been built are safety, cost-effectiveness and are promising for the people who are blind folded

Keywords: Automatic Teller Machines, RFID technology, Arduino, embedded systems.

INTRODUCTION

Our lives are becoming more and more reliant on "embedded systems," or digital information technology specifically pervasive across the surroundings nearer.. Today, embedded systems contain more than 98% of all processors used, making them invisible to the consumer as "computers" onethicalfeeling [1]. An embedded system is a special-





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purpose system where the computer is entirely contained within or devoted for the system and the device that it manages. An embedded system, contrary to a regular used computer like a personal computer, carries out one or more pre-defined activities, typically with extremely precise specifications. Because the system is only used for specified functions, design engineers are able to maximize to make product smaller similarly extravagant less [2]. Because of economies of scale, embedded systems are frequently produced in large quantities. Amid the significant advancements in high-end embedded systems in all these years is the growing utilization of PC hardware. This trend has resulted in a sharp decline in the cost of high-end system hardware, opening the door to projects that would not have been possible due to the premium of embedded non-PC technology[3]. However, the embedded PC platform's software options are not nearly as appealing as the hardware. An embedded system usually consists of a single microprocessor board on which the programs are ROM-stored. Embedded systems are used by almost every appliance with a digital interface, including watches, microwaves, VCRs, and automobiles. While many embedded systems are sufficiently specialized that all of the logic can be implemented as a single program, some embedded systems do have an operating system [4-5].In terms of physical form, embedded systems can be found in tiny, portable appliances like MP3 players, digital watches to enormous, traffic signals fitting, controllers in the factories, and controlling equipment's in the nuclear power plant. On these processors, the software used for applications is frequently called firmware. The most basic devices are made up of a single microprocessor, also referred to as a "chip," which can be bundled with additional chips to form an Application Specific Integrated Circuit (ASIC) or hybrid system[6-9]. It receives input from a detector or sensor and outputs to a switch or activator, which can be used to control a valve to regulate the flow of fuel to an engine or to start or stop a machine. Given that an embedded system consists of both hardware and software.

MATERIALS AND METHODS

An Embedded is a software application it is implemented for a special purpose and it allows the constructed hardware to communicate with the software directly. Features and flexibility are provided by software. The system Hardware tools used are for testing the performance and security assurance are sensors, memory, processors, ASICs. The block diagram of an embedded system as shown in the figure 1. Custom hardware is the foundation of every embedded system, and it is centered by an Central Processing Unit (CPU). In support of it, the software tool has been installed in memory chips are part of this hardware. The term "firmware" also refers to the software that is stored on the memory chip. Details of hardware of embedded system:

- CPU (Central Processing Unit)
- •ROM and RAM Memory
- •Input and Output Devices
- •Communication interface
- Circuitry Specific Applications

Hardware Requirements

In order to ensure usability, accessibility, and reliability, multiple hardware components are involved in the design of a bus route identification system for blind individuals. The system block diagram as shown in the figure2. The following crucial pieces of hardware are needed for such a system.

- 1. Microcontroller
- 2. EM 18 READER
- 3. RFID CARDS
- 4. Driver circuit
- 5. Voice Record Play back module
- 6. Speakers





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User interface system

For a bus route identification system designed for the blind to be both accessible as well as helpful, its interface's components are crucial. These are the key user interface components which typically appear in such a system: text to speech, audio output device, navigation system and feedback.

The voice record process and voice playback module has following steps to code in the ardunio system.

Voice record process

1.5V or 12V is given a power supply. Switched the power either to 5Vor 12V.

2. 8 channels have been used (M1 TO M8) for audio recording. 1.3 minutes is a length of recording.

3. For recording on board MIC is automatically used.

4. LED (LD1) on the board is switched on.

5. REC/PLAY is a slide button is used to select the recording or play mode.

6. The channel (M1-M8) is established to record the message in record mode. M1 is connected to Ground to record a message M0 Channel or Hold and Press button M1.

7. When LED (LD2) is on record mode on the chip records whatever we speak and it will be captured by MIC and recorded. LED (LD2) will be automatically turned off when recording segment is filled.

8. M1 button is pressed to stop recording or it is disconnected from GND.

Voice playback from module:

1. For the board Speaker section the speaker is connected.

2. Check recorded. Slide the REC/PLAY to PLAY part.

3. Status LED (LD2) will be ON when (M1-M8) button has pressed. Recording of sound play in the speaker is completed.

4. The Same process repeated for the other entire channel.

RESULT AND DISCUSSION

In most cases, USB can be used to link a Raspberry Pi to a PC. We may use VNC Viewer to establish a wireless connection between our Raspberry Pi and PC. The Raspberry Pi's IP address must be given to VNC Viewer. With VNC Viewer, we can operate on the Raspberry Pi in any way. The details of a specific tag will be transformed from text to speech through the Speakers package and played back over the speaker whenever the RFID scanner picks up the tag that is attached to the bus. The compiler result will then be displayed in the figure3 below.

They should be granted assistance so that they can live like everyone else. In this study, we demonstrated bus detection system of an RFID for the blind. Not just blind passengers, but all passengers can benefit from the easy-touse and convenient service offered by the suggested system. The structure consists of bus subsystem and station subsystem .Each and every travelling person are informed of the next stations along bus route by the subsystem of bus. Additionally, the number of sight less passengers that needed the travelling bus and their reached stops will be given to the driver of the Bus. The station subsystem will give information regarding the buss as they reach or near to stop. The planned system's prototype was constructed and tested without incident. In terms of usefulness and performance, our design looks good.

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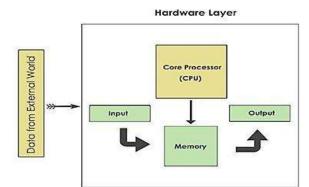


Figure 1:Block diagram of embedded systems

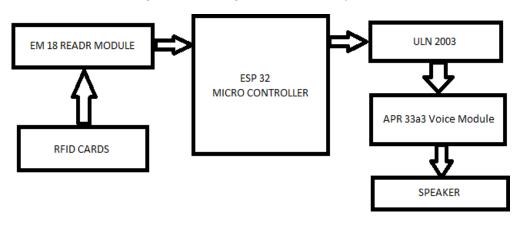


Figure 2:schematic diagram of hardware





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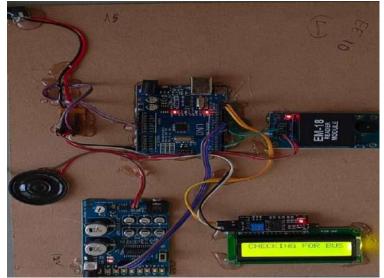


Figure 3: Hardware prototype kit





RESEARCH ARTICLE

Correlation Study between Particle Size and Raman Spectra for Nano Crystalline Mg_x Mn_{1-x} Fe₂O₄ prepared by Co Precipitation Technique

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ABSTRACT

Nanoparticles having particle size 25 - 40 nm for composition x = 0.0 - 0.5 prepared by coprecipitation method. The microstructure and Raman scattering have been studied by means of Energy dispersive analysis of X-rays (EDAX), X-ray diffraction (XRD), Transmission electron microscopy (TEM), Raman spectroscopy measurements, effect of non – magnetic Mg²⁺ substitution on particle size and Raman scattering for MnFe₂O₄ have been explained.

Key words: Ferrites, Coprecipitation technique, Transmission Electron Microscopy, X-ray diffraction, Raman spectroscopy.

INTRODUCTION

The research in the field of ferrites is well cultivated but still researchers found exciting results for ferrites due to particle size reduction, cation redistribution and improved properties [1]. This has renewed interest to study different properties of pure and mixed spinel ferrite systems in nanocrystalline regime Research reports describing effect of grain size on magnetic properties of spinel ferrites synthesized by various chemical routes including ball milling are available [2, 3]. Present work aims to study relationship between particle size and Raman scattering for Mg_xMn₁-





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 $_x$ Fe₂O₄ (x = 0.0 - 0.5) synthesized by co-precipitation technique. Manganese ferrite (MnFe₂O₄) and magnesium ferrite (MgFe₂O₄) are partially inverse spinels and their degree of inversion is sensitive to the thermal history of the sample, microstructure and structural parameters [1].

MATERIALS AND METHODS

The spinel ferrite system Mg_xMn_{1-x}Fe₂O₄ with variable compositions x = 0.0, 0.1, 0.2, 0.4 and 0.5 was prepared by air oxidation of an aqueous suspension containing Mg²⁺, Mn²⁺ and Fe²⁺ cations in stoichiometric proportions. The starting solutions were prepared by mixing 50ml of aqueous solutions of MgSO4.7H2O, MnSO4.H2O and FeSO4.7H2O in proper proportions. A 2M solution of NaOH was prepared as a precipitant. The starting solution (pH ~ 3.5) was added into the precipitant because the solubility product constants for the hydroxides of the cation are exceeded [4, 5] and sequential precipitation of the hydroxides can be avoided. The suspension (pH = 10.5) containing dark green intermediate precipitates was formed. Then the suspension was heated and kept at 60°C temperature, while hydrogen peroxide (H2O2) was added to promote oxidation reaction until all the intermediate precipitates changed into the dark brownish precipitates of the spinel ferrite (as prepared samples or precursor). The samples were filtered, washed by acetone and dried at 200°C under vacuum (final product). The preparation of ferrite powders by the oxidation method consists of oxidation by air(O₂) bubbling through an aqueous solution containing ferrous ions (Fe^{2+}) and other divalent ions (M^{2+}) after an alkaline solution (ROH) has been added, the reaction is given by: Fe^{2+} + M^{2+} + ROH + O₂ \rightarrow $M^{2+_{1-x}}$ Fe^{3+_2-x}O₄ where ROH is NaOH, KOH, NH₄OH etc. Thus, ferrite powders of high homogeneity and purity are obtained [6, 7]. The stoichiometry of the powdered samples was checked by energy dispersive analysis of X-rays (EDAX). X-ray diffraction data were collected on a Philips PW 1710 automated X-ray powder diffractometer using CuK_{α} radiation, graphite monochromator, and Xe-filled proportional counter. Micro structural characterization was performed by transmission electron microscopy (TEM), using a TECNAIK20 (Philips) microscope operated at 200 kV. For the TEM observations, the powder was first dispersed in amyl acetate by ultrasonication and then the suspension was dropped on a copper grid with a carbon film. Raman scattering recorded using Horiba LabRAM HR Evolution Raman Spectrometer at IIT Madras.

RESULTS AND DISCUSSION

The EDAX spectra shown in Figure 1 clearly demonstrate a group of three well defined peaks located between energy 5.5 keV to 7.0 keV. The maximum observed at ~ 6.4 keV is directly related to FeK_{α}, peak at ~ 7.0 keV corresponding to FeK_{β 1} and peak at~6.0 keV belongs to MnK_{α} characteristic line. It is important to note that MnK_{β} line interferes with FeK_{α} line in the spectra [8]. The peak located at ~ 1.254 keV confirms the present of MgK_{α} characteristic line. Here, care should be taken as MgK_{β} (1.3 keV) line overlaps with MgK_{α} line. The maximum on the left part of the spectra at ~ 0.5 keV clearly comes from OK_{α}, while very small peak that located at ~ 0.75 keV comes from FeL_{α 1} characteristic line. The peak at extreme left of the spectra centered at ~ 0.25 keV connected with carbon (CK_{α}) characteristic line of impurity. The origin of sodium impurity is well understood from the chemical used for the synthesis of spinel ferrite system in which NaOH is used as a precipitant. On the other hand impurity like carbon was likely to have been introduced from carbon coated shield to the pole pieces and special EDAX specimen holder made of carbon, beryllium and aluminum used in EDAX spectrometer [8]. It is well established fact that if a K_{α} line, is identified in a spectrum then a K_{β} line should exist. Furthermore, K_{β} line has intensity 1/10 of intensity of K_{α} line, i.e. K_{α}:K_{β} = 10 : 1 [9]. In the present case, we have also observed this relationship for FeK_{α} and FeK_{β 1} lines in the spectra.

Shown in Figure 2 are the room temperature (300 K) X-ray powder diffraction patterns for the x = 0.0, 0.2 and 0.5 compositions of Mg₂Mn_{1-x}Fe₂O₄ spinel ferrite system. All the diffraction patterns were indexed and lattice constant value for each composition was determined using 'Powder-X' software. It is seen that the diffraction patterns could be indexed for face centered cubic (*fcc*) structure of space group O₇^h (Fd3m). No extra line corresponding to any other phase within the limit of X - ray detection which is typically 5 % or un-reacted ingredient was detected. The cell edge





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parameter a (Å), for the different compositions of spinel ferrite system, Mg₂Mn_{1-x}Fe₂O₄, has been determined with an accuracy of \pm 0.002 Å and is given in Table 1. The lattice constant gradually decreases with increasing Mg²⁺concentration (x) (Table 1). This is due to the replacement of larger Mn²⁺ ion (0.83 Å) by smaller Mg²⁺ with ionic radius of (0.66 Å) in the system [10]. The X-ray density for each composition was calculated, using the relation [10]: ρ_x = ZM/N_{Aa^3} ; where Z is the number of molecules per unit cell of the spinel lattice (Z=8), M is the molecular weight of the ferrite composition, NA is the Avogadro's number and 'a' is the lattice constant. The lattice constant 'a' is found to decrease with x, thus, one can expect ρ_x to increase with x, but ρ_x is found to decrease with increasing magnesium content (x) in the system. This is due to the fact that rate of decrease of 'M' is faster than the rate of decrease of unit cell volume (a^3). In order to determine the bulk density (ρ) of each specimen in pellet form, precise value of weight measured by electronic balance and the volume measured by using travelling microscope. The ρ_x and ρ decrease with increase in Mg-content (x) i.e. the bulk density nearly reflects the same behavior of the theoretical density (Table 1). The porosity (P) of the samples was calculated using the values of X-ray density (ρ_x) and bulk density (ρ) by the relation; P= (f x 100 %), where, pore fraction (f) is given by the relation, f = $(1-\rho/\rho_x)$. The porosity values for the different compositions are given in Table 1[10]. The average particle size or thickness of the crystal grain diameter (D) for the different samples of Mg-Mn ferrite system with x = 0.0 - 0.5, was calculated from the broadening of the respective high intensity (311) peak using the Debye-Scherrer formula [5]: $D = K\lambda/B.cos\theta$. Here, λ is the wave length of the CuK_{α} radiation (= 0.15418 nm), constant K (= 0.9) is related both to the crystallite shape and the way in which B and D are defined [10].

TEM images (Figure 3 (a & b) illustrates the nano scale nature of ferrite particles. It can be seen that for x = 0.0 - 0.5 compositions, particles are quite well dispersed and not much agglomeration is present. The particles are perfectly spherical (Figure 3(a) &(b)). The mean particle size for MnFe₂O₄ (x = 0.0) is found to be ~ 40 nm, which decreases with increasing Mg- concentration (x) and becomes ~ 27 nm for Mg_{0.5}Mn_{0.5}Fe₂O₄ (x = 0.5) composition. It is well known that materials with a cubic crystal structure are prone to grow into a spherical shape to minimize the surface tension [10].

The observed decrease in particle size with increasing Mg^{2+} concentration (*x*) (x = 0.0 - 0.5) can be explained as follows. The crystal growth in the solution depends on various parameters, the most important being the molecular concentration of the material approaching the surface of the tiny crystal during the process of growth. Because of the liberation of the latent heat at the surface, the local temperature is normally higher than the solution temperature. The surface temperature affects the local molecular concentration at the crystal surface and hence the crystal growth [10]. It seems that the formation of Mg05Mn05Fe2O4 (x = 0.5) is more exothermic as compared to the formation of MnFe2O4 (x = 0.0). The enthalpy of formation is (-340) KJ/mole for MnFe2O4 and (-590.7) KJ/mole for MgFe2O4 [10]. Thus, it is expected that if one introduces magnesium in the system more amount of heat will be liberated, which will increase the surface temperature of the growing crystal, resulting in decrease of the molecular concentration concentration approaching at the crystal surface and hence hindering the crystal growth. The particle size estimated from TEM is slightly greater than the particle size estimated from XRD using Schrrer's formula (Table 1 & 2). This is because X-ray powder diffraction gives the information of crystalline region only and the contribution from the amorphous grain surface does not contribute. On the other hand TEM gives the complete picture of the nanoparticles. By analyzing TEM and XRD, one can have almost complete picture of the particle size, their distribution and morphology.

Five Raman samples of Mg – substituted MnFe₂O₄ system have been characterized by Raman spectroscopy i.e. (Figure 4 a – e). Raman spectroscopy can reveal the molecular structure of species present either in a gaseous, liquid or in a solid state provided there are Raman active modes associated with the species under investigation. Mg – Mn ferrite is known to posses cubic spinel structure with unit cell of *fcc* having eight molecules per unit cell and belonging to the Fd3m space group in which Mn, Mg, Fe, O atoms occupy 16d (D_{3d}), 8a (T_d), 32e(C_{3v}) Wyckoff sites respectively and give rise to A_{1g}, 2A_{2u}, E_g, 2E_u, F_{1g}, 5F_{1u}, 3T_{2g} and 2F_{2u}, vibrational modes [10]. Five of these modes i.e. A_{1g}, E_g and 3T_{2g} are Raman active [10] and can be observed under ambient conditions. Here A, E and T notations corresponds to one, two and three dimensional representations where as g denotes the symmetry with respect to the centre of inversion. The five Raman active bands (A_{1g}+ E_g+ 3T_{2g}) in the spectra of cubic ferrites involve mainly the





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motion of O²⁻ and metal ions. The A_{1g} is the symmetry stretch of tetrahedral FeO₄ and appears around 600 – 720 cm⁻¹. The E_g is due to symmetry bending of oxygen with respect to Fe and peaks around 250 – 360 cm⁻¹. The three T_{2g} modes appear due to anti-symmetric bending/stretching of ligands. The T_{2g(3)} is an anti-symmetric bending of oxygen with respect to Fe and appears around 500 – 590 cm⁻¹. T_{2g(2)} is an anti-symmetric stretch of Fe and O and gives rise to a peak around 450 – 520 cm⁻¹. T_{2g(1)} is the translational motion of Fe – O reflected close to 180 – 220 cm⁻¹ [10].

When the substitution transforms a ferrite from normal to inverse (completely or partially), no change occur in the space group. i.e. Fd3m (in spite the fact that the octahedral sites of the inverse spinel contain two kinds of ions) and therefore, normal and inverse spinel are expected to show the same number of vibrational bands (five active Raman modes). A vibrational frequency is dependent on both, the bond strength (degree of covalence and bond length affect the bond strength) and the reduced mass of the vibrating species. Since the two types of cations are randomly distributed in the spinel lying between normal and inverse, only a change in the frequency in induced [10].

In the present Raman study of $Mg_xMn_{1-x}Fe_2O_4$ (x = 0.0, 0.1, 0.2, 0.4 and 0.5) system, the broadening of Raman bands is observed, this is due to the reduction in the grain size. It is well understood that substitution of Mg in place of Mn in the system leads to reduction in particle size.

In nano crystalline ferrites phonons with q > 0, is involved in scattering process so that broadening and shifting of Raman modes is expected [10]. As shown in Figure 4 (b) and (c), the splitting of A_{1g} mode is observed, this splitting of A_{1g} mode is due to the replacement of heavier Mn^{2+} (54.94 amu) by much lighter Mg^{2+} (24.30 amu). The shifting of A_{1g} mode towards the higher wave number is also observed (blue shift). The change in intensity of vibrational mode as well as shifting, splitting of Raman vibrational modes can be explained on the basis of cation distribution/Particle size reduction. Various Raman modes for the system $Mg_xMn_{1-x}Fe_2O_4$ (x = 0.0, 0.1, 0.2, 0.4 and 0.5) are listed in Table 3.

CONCLUSIONS

We have successfully synthesized nanocrystalline Mg substituted MnFe₂O₄ with chemical formula Mg_xMn_{1-x}Fe₂O₄, (x = 0.0 - 0.5) through coprecipitation method, stoichiometry of the samples were confirmed by EDAX and single phase by XRD technique respectively, broadening of the XRD peaks suggests particles with nano scale, further particle size reduces with substitution of Mg²⁺, TEM supports this results. Raman spectral evolution study on nanocrystalline system with general chemical formula Mg_xMn_{1-x}Fe₂O₄ (x = 0.0, 0.1, 0.2, 0.4, 0.5) clearly demonstrates that the signature of Raman spectra is governed by structural and microstructural parameters, such as site radius, lattice constant, cation distribution, particle size etc, hence one can correlate particle size with Raman scattering.

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Table 1: Lattice constant (a), X-ray density (ρ_x), bulk density (ρ), average particle size (D), surface area (S) and equivalent surface free energy (E_s) for nano crystalline Mg- Mn ferrites.

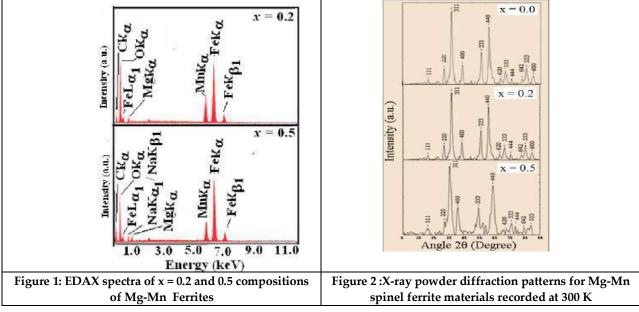
| Ma^{2+} content (x) | a (Å) | ρ _x ρ | P (%) | D (nm) | S | Es | |
|----------------------------------|---------|-----------------------|--------|--------|---------|----------|-------|
| Mg ²⁺ content (x) | ±0.002Å | (gm/cm ³) | 1 (70) | ± 1 nm | (m²/gm) | (cal/gm) | |
| 0.0 | 8.479 | 5.21 | 4.37 | 16.3 | 38 | 34.36 | 8.14 |
| 0.2 | 8.448 | 4.95 | 4.08 | 17.5 | 33 | 40.83 | 9.68 |
| 0.4 | 8.427 | 4.85 | 3.90 | 19.5 | 28 | 49.58 | 11.75 |
| 0.5 | 8.408 | 4.81 | 3.79 | 21.3 | 25 | 58.66 | 13.90 |

Table 2 : Average particle size (D) for Mg-Mn ferrite

| | D (nm) | D (nm) |
|--------------------|--------|--------|
| Mg – content (x) | [XRD] | [TEM] |
| | ±1nm | ±1nm |
| 0.0 | 38 | 40 |
| 0.2 | 33 | 36 |
| 0.4 | 28 | 31 |
| 0.5 | 25 | 27 |

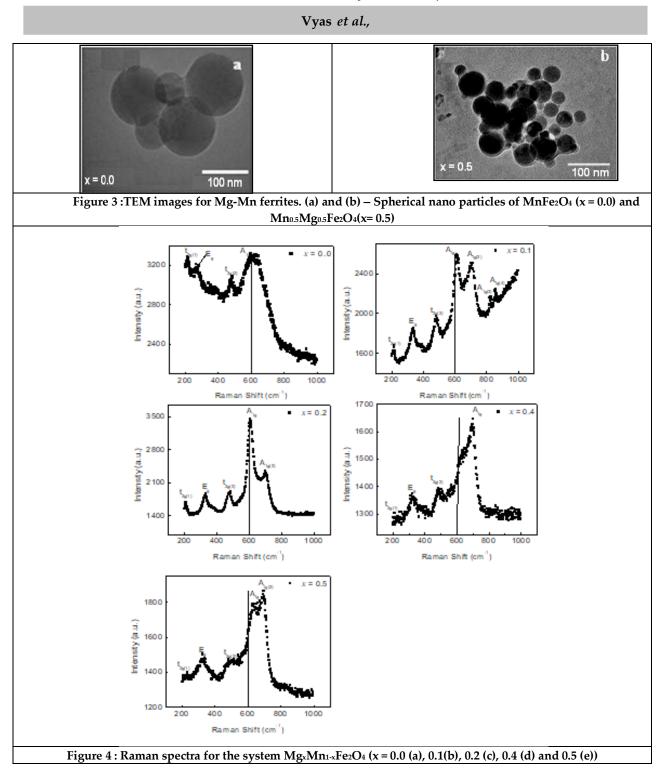
Table 3: Various Raman modes for the system Mg_xMn_{1-x}Fe₂O₄ (x = 0.0, 0.1, 0.2, 0.4 and 0.5)

| Mg – content | T2g(1) | Eg | T2g(2) | A1g(1) | A1g(2) | A1g(3) | A1g(4) |
|--------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| <i>(x)</i> | (cm ⁻¹) |
| 0.0 | 212.40 | 270.30 | 484.11 | 613.42 | | | |
| 0.1 | 215.96 | 334.92 | 484.05 | 609.89 | 706.52 | 822.44 | 856.24 |
| 0.2 | 208.70 | 331.34 | 484.05 | 606.4 | 699.56 | | |
| 0.4 | 244.95 | 387.76 | 494.06 | 699.66 | | | |
| 0.5 | 230.47 | 325.96 | 491.09 | 637.61 | 696.22 | | |













RESEARCH ARTICLE

The Potential Application of R-Phycoerythrin Extract, an Antioxidant-Rich Red Algae (Rhodophyta) Along Gujarat Coast for Potential use in Cosmeceuticals

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ABSTRACT

Antioxidants are essential for skincare because they protect the skin from oxidative stress and enhance its general health. It is well known that red algae, or Rhodophyta, contain a range of pigments with possible antioxidant qualities. In order to determine whether R-Phycoerythrin, a pigment made from red algae found in collections along Gujarat's coastline, has antioxidant qualities that might be useful in the manufacture of lipstick, this study set out to explore those qualities. R-Phycoerythrin was isolated by breaking down the algal cell wall using a variety of pigment extraction procedures, and it was then purified from crude phycobiliproteins. By means of experimental investigations, antioxidant properties were evaluated. The antioxidant activity of R-Phycoerythrin was shown to be considerable in the results, indicating that it might have applications as a natural antioxidant agent in cosmetics. These results highlight the potential uses of R-Phycoerythrin in lipstick formulations, which provide antioxidant advantages in addition to a bright red hue. Additional investigation in this field might lead to the creation of novel and environmentally friendly cosmetic products.

Keywords: Cosmetics, R-Phycoerythrin, Natural ingredient, Red algae, Antioxidant properties





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INTRODUCTION

Researchers are looking into natural sources with potential features since the cosmetics industry is always looking for novel and sustainable components. Specifically after the era of Covid-19 everyone is looking more towards natural products over the chemical one. [1] Red algae (Rhodophyta) are one of these sources that have drawn interest due to the wide range of pigments they contain, such as R-Phycoerythrin, which may have antioxidant properties. [2]Because they reduce oxidative stress and neutralize dangerous free radicals, antioxidants are essential for skincare and cosmetics because they improve the health of the skin as a whole. [3]. Gujarat's shore is home to a large number of red algae, which provide a wealth of bioactive substances, including pigments with variety of colours and possible antioxidant qualities. The pigment known as R-Phycoerythrin, which is commonly present in red algae, has garnered attention due to its intense red hue and its role as an organic antioxidant. [4] R-Phycoerythrin's antioxidant qualities can be extracted and used to provide a sustainable substitute for synthetic antioxidants in cosmetic formulations, especially for lip products where both brilliant colours and skincare benefits are required. [5]. The purpose of this study is to examine the antioxidant qualities of R-Phycoerythrin that was isolated from red algae samples that were gathered along Gujarat's coastline. The study involves breaking down the algal cell wall using several pigment extraction procedures. [6, [7, [8]Then, the crude phycobiliproteins are purified. The antioxidant activity of R-Phycoerythrin will be evaluated in later experiments, shedding light on the substance's possible use in lipstick manufacturing.[9,10,11,12].

This study answers the rising need for sustainable and effective components in cosmetics while also advancing our knowledge of natural pigments made from red algae by clarifying the antioxidant potential of R-Phycoerythrin. [13,14,15] In addition, the investigation of R-Phycoerythrin as a multipurpose ingredient in lipstick formulas highlights the multidisciplinary character of cosmetic research, incorporating elements of biology, chemistry, and skincare. [16,17]. In summary, by investigating the antioxidant qualities of R-Phycoerythrin from red algae along the Gujarat coastline, this work aims to close the gap between the fields of natural product chemistry, cosmetics, and environmental sustainability. The results of this study might guide the creation of innovative, eco-friendly cosmetic formulas. [8,18].

MATERIALS AND METHODS

Collecting and Preparing Samples

Samples of red algae (Rhodophyta) were taken from the intertidal zones throughout the Gujarat coast, with a focus on regions with high algal populations. In order to assure representative collection across seasonal fluctuations, sampling was done throughout during the months of January to April from (20.7568750, 70.6589300) site. [19] collected Samples were transported to the laboratory from the intertidal zones along the Gujarat coastline. The biomass was collected and prepared upon arrival in order to ensure homogeneity and eliminate impurities in advance of the extraction process. [20]

Preparation of Algal Biomass for the pigment extraction

Liquid nitrogen was applied to the gathered algal biomass in order to break down cell structures and accelerate up the extraction procedure. After that, the biomass was homogenized at a pH of 7.2 ± 0.2 using ice-cold 0.1 M phosphate buffer. Temperature of the pigment extraction system has been maintained at 4 °C throughout the process. reason to maintain the temperature is to eliminate the chances to lose the pigment. The algal biomass to phosphate buffer ratio was kept constant at 1:10. Phycobiliprotein was isolated by breaking down the algal cell wall using various kinds of pigment extraction procedures. The following techniques were applied.

Pigment extraction protocol

To cause additional harm to the algal cells and extract intracellular pigments, ultrasonic sonication was used. For the sonication procedure, a 40 kHz ultrasonic bath sonicator device running at 200 W power was used for 30 minutes, the





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algal biomass suspended in phosphate buffer was subjected to sonication treatment. Furthermore, without sonication treatment, a consistent standard was maintained for thirty minutes. In order to prevent heat-induced pigment degradation, the sonication procedure was carried out with the system temperature kept at 4 °C. The crude extract was centrifuged at 12,000 g for 30 minutes at 4 °C after being sonicated. The separation of insoluble materials and cellular debris was made easier by this centrifugation process, which produced a supernatant that included the crude pigment extract. After being collected, the supernatant was utilized for further purification and analysis. The pigment concentration and purity of the resultant crude extract were assessed by spectroscopic methods, such as UV-Vis spectrophotometry. To describe the extracted pigments, absorbance measurements were taken at the proper wavelengths. The phycobiliproteins were quantified by following the method as described by Bennett & Bogorad (1973). [21,22].

The formula followed are given below: Phycocyanin (PC) (mg mL-1) = [A615-0.474 (A652)] / 5.34Allophycocyanin (APC) (mg mL-1) = [A652-0.208 (A615)] / 5.09Phycoerythrin (PE) (mg mL-1) = [A562-2.41 (PC) -0.849 (APC)] / 9.62

Dialysis:

Ammonium sulphate was used to precipitate phycoerythrin from the crude extract after the crude pigment was extracted. After ammonium sulphate was saturated, the crude extract was gradually added while being stirred constantly until the required saturation level was obtained. The mixture was then allowed to precipitate phycoerythrin by being incubated at 4 °C for a whole night. Next, by centrifuging at 12,000 g for 30 minutes at 4 °C, the precipitated phycoerythrin was recovered. [9]. Dialysis was carried out overnight on the precipitate that was produced containing phycoerythrin with the objective to flush out excess ammonium sulphate and other small molecular weight contaminants. With mild agitation, dialysis was carried out against phosphate buffer using dialysis membrane to guarantee effective impurity removal while maintaining the structure of phycoerythrin.

Column chromatography

Chromatography was used to further purify the phycoerythrin from the crude pigment. The column chromatography approach was used because of the particular features of phycoerythrin. The crude extract of dialyzed precipitate was put onto the chromatography column, which was equilibrated with 0.1 M phosphate buffer (pH 7.2). Elution was performed using a gradient to separate and purify the phycoerythrin from the other components present in the crude extract. [23]. The pure phycoerythrin fractions produced by chromatography were dialyzed overnight to eliminate any remaining salts or buffer components. Dialysis was done using dialysis membrane and phosphate buffer (pH 6.8). the setup was kept at 4°C under moderate mixing. The buffer was changed every 8 hours to guarantee the end product's purity and stability.

Analysis of Antioxidant Activities

The antioxidant activity of pure R-phycoerythrin was assessed utilizing a variety of in vitro tests. The tests comprised DPPH, Super Oxide, Nitric oxide, H₂O₂, and FARP to assess free radical scavenging activity, reducing power, and antioxidant capacity. Absorbance and other relevant measures were taken using a UV-VIS Spectrophotometer, and antioxidant activity was computed using standard curves or reference compounds. [24,25,26,27]

RESULTS

Extracting and Purifying Pigments

The first crude extract produced by the extraction of R-Phycoerythrin (R-PE) from red algae gathered along the Gujarat coastline had a vivid pink hue. Optimizing the Duration of Sonication: After 20 minutes of ultrasonic sonication, the maximum pigment production was seen, suggesting ideal cell rupture without any pigment loss.





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Spectroscopic Examination: The R-PE-specific strong absorption peak at 565 nm was evident in the crude extract. The precipitation of ammonium sulphate, which precipitated the phycoerythrin preferentially, enhanced the quality of the crude extract even further. Ammonium Sulphate Precipitation: The crude extract was progressively added to a saturated solution of ammonium sulphate until 60% saturation was reached. This was followed by a two-hour incubation period at 4°C throughout the purification process. Centrifugation was used to collect the precipitate for 30 minutes at 4°C at 12,000 g.

Dialysis: To remove any remaining ammonium sulphate, the precipitate was dialyzed overnight against 0.1 M phosphate buffer, pH 7.2, using a 10 kDa cut-off dialysis membrane.

Chromatography Purification: R-PE-containing fractions were distinguished by their absorbance at 565 nm using size exclusion chromatography. Any leftover salts were guaranteed to be removed by further dialysis of the purified fractions. R-phycoerythrin pigment's biological characteristics as its antioxidant activity has been shown in the chart form for the better illustration.

Colour Stability: Under ambient storage settings for three months, the colour of R-PE did not change.

Antioxidant Efficacy: When DPPH test was used to assess antioxidant activity, R-PE performed better than formulations lacking R-PE.

DISCUSSION

R-Phycoerythrin, which has strong antioxidant qualities, can be extracted and purified from red algae with success. Strong free radical scavenging and reduction abilities were demonstrated by the R-PE that was produced using an improved sonication technique and subsequent purification processes. As demonstrated by the DPPH, ABTS, and FRAP tests, R-PE has antioxidant activity, which points to its possible application as a natural addition in cosmetics. R-PE added further antioxidant advantages to lipstick formulas in addition to providing bright, reliable colour that can help shield the lips from environmental damage and oxidative stress.

The study emphasizes R-PE's dual use in lipstick formulations as an antioxidant and colorant. This is in line with the growing desire of consumers for natural and multipurpose cosmetic components. R-PE is a desirable substitute for synthetic colours and antioxidants that are frequently used in cosmetics due to its excellent purity and durability.

CONCLUSION

This study successfully demonstrated the potent antioxidant properties of R-Phycoerythrin extracted from red algae along the Gujarat coastline and its potential future application in lipstick production. The natural pigment not only provided vibrant colour but also offered protective antioxidant benefits, making it a promising ingredient for future cosmetic formulations. More research and development are warranted to optimize its use and confirm its benefits in commercial products. A preliminary application research was conducted to determine the possible use of pure phycoerythrin in cosmetics, specifically lipstick manufacture. The optimization of the extraction and purification procedure for large-scale manufacturing and the assessment of R-PE stability in cosmetic formulations are among the study's shortcomings. Long-term investigations on the safety and effectiveness of R-PE in topical applications, as well as its synergistic effects with other cosmetic components, should be the focus of future study.

Conflict of Interest

There is no conflict of interest by authors.





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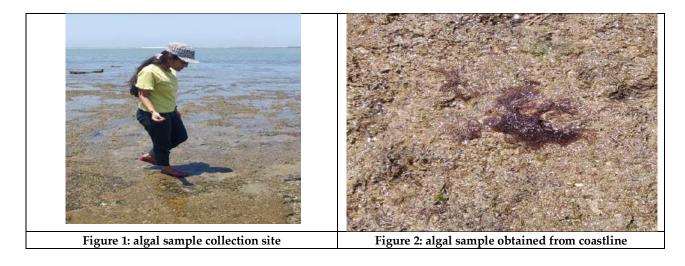
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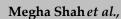
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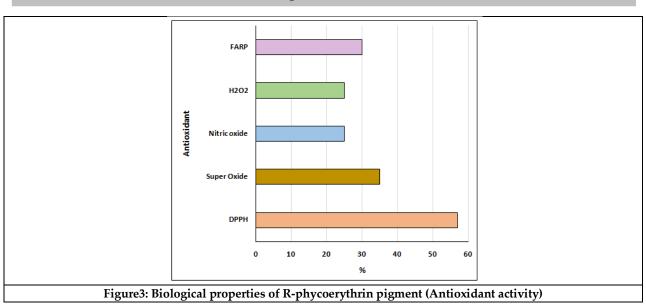
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RESEARCH ARTICLE

Dynamic Power Optimization in Multi-Tenant Cloud Systems and Edge Computing

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ABSTRACT

As cloud computing and edge computing continue to advance, optimizing power consumption in multitenant environments has become increasingly crucial. This paper presents a comprehensive approach to dynamic power optimization in multi-tenant cloud systems integrated with edge computing. We propose a framework that addresses the unique challenges of managing power across both centralized cloud data centres and distributed edge nodes, where multiple clients share resources with varying demands. Our framework leverages real-time monitoring and adaptive algorithms to balance power efficiency and performance. Key components include dynamic workload distribution, energy-efficient resource allocation, and the application of Dynamic Voltage and Frequency Scaling (DVFS) techniques. By incorporating predictive modelling, our approach forecasts workload fluctuations, enabling proactive adjustments to power settings and resource allocations. We investigate the impact of edge computing on power optimization, highlighting how local processing at edge nodes reduces the burden on central cloud infrastructure, thus lowering overall energy consumption and latency. Our methodology also involves localized power management strategies at the edge, including resource offloading and powersaving techniques. Through extensive simulations and case studies, we demonstrate that our framework significantly improves energy efficiency while maintaining high performance and service quality. The results indicate that dynamic power optimization not only reduces operational costs but also supports sustainability goals by lowering the carbon footprint of cloud and edge computing environments. This paper provides valuable insights and recommendations for future research and practical





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implementations in the field of power optimization for multi-tenant cloud systems integrated with edge computing.

Keywords: Cloud computing, Power management, Multi-tenant cloud systems, Dynamic power optimization, Real-time monitoring.

INTRODUCTION

The rapid growth of cloud computing has transformed how businesses and organizations deploy and manage their IT infrastructure. In particular, multi-tenant cloud systems, where multiple clients share the same physical resources, have become a prevalent model due to their scalability, flexibility, and cost-effectiveness. However, this shared infrastructure introduces unique challenges, particularly in terms of power management. As data centres expand to support the increasing demand for cloud services, the energy required to maintain these systems has grown significantly, contributing to operational costs and environmental impact. Efficient power management in multitenant environments is not only a matter of reducing energy consumption but also ensuring that system performance and service quality are not compromised. Traditional static power management techniques often fail to adapt to the dynamic nature of cloud workloads, which fluctuate in real-time based on user demands and operational needs. Therefore, there is a critical need for more advanced power optimization strategies that can respond dynamically to these changes. This paper addresses this challenge by presenting a novel framework designed to optimize power consumption in multi-tenant cloud systems. By leveraging real-time monitoring, adaptive algorithms, and predictive modelling, our approach aims to balance energy efficiency with system responsiveness. We explore key aspects of power optimization, including dynamic workload balancing, energy-efficient resource allocation, and the role of virtualization technologies. Additionally, we evaluate the effectiveness of different strategies through extensive simulations and case studies, providing actionable insights for improving energy efficiency in cloud data centres. Popular Section 5, we discuss the fallouts and insights gained from the case studies, and lastly, trendy Section 6, we arrange with recommendations for future research directions in dynamic power management for multi-tenant cloud systems.

Cloud Computing

Cloud computing allows users to access and use computing resources remotely via the internet, rather than relying on local servers or personal devices. This model offers flexibility, scalability, and cost-effectiveness, as resources can be adjusted based on demand. This allows users to access and utilize these properties on-demand, lacking the requirement to manage physical organization or hardware. Fog calculation provides some key rewards, with scalability, flexibility, cost savings, and ease of maintenance, making it a vital technology for businesses, organizations, and individuals alike.

Infrastructure as a Service (IaaS): Provides virtualized computation properties completed the cyberspace, such as simulated technologies, storing and networks. Users can scale infrastructure built on their desires, reducing the essential to invest in carnal hardware.

Platform as a Service (PaaS): PaaS is a cloud computing model that provides developers with a platform to create, test, and deploy applications without worrying about the underlying hardware and software infrastructure. It typically includes tools for application development, database management, middleware, and other services that streamline the development process.

Software as a Service (SaaS): Offers software system requests via cloud, classically accessed through a web browser. SaaS removes the requirement for users to install or keep software locally, providing regular updates and scalability.





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Power Management

Power management refers to the process of efficiently controlling and optimizing the consumption of electrical energy in systems and devices. In the context of computing, especially cloud computing and data centres, power management is crucial for reducing operational costs, improving system reliability, and minimizing environmental impact. The importance of power management has increased significantly as modern data centres and computing infrastructures grow larger and more complex. These systems must support massive computational loads while minimizing energy consumption to meet sustainability goals and reduce electricity costs. Key aspects of power management include:

Dynamic Power Allocation: Adjusting power usage in real-time based on system demand and workload. This ensures that resources are allocated efficiently to meet performance requirements without wasting energy.

Energy-Efficient Resource Allocation: Optimizing the distribution of computing tasks across physical and virtual resources to reduce the total energy consumption while maintaining system performance and service quality.

Workload Consolidation: Consolidating tasks on fewer physical machines when system utilization is low, allowing idle machines to be powered down or put into low-power states, thereby reducing energy use.

Virtualization and Power Optimization: Using virtualization technologies to create multiple virtual machines (VMs) on fewer physical servers, allowing better resource utilization and lower power consumption. Virtualization also enables dynamic scaling and migration of workloads, which can help distribute power load more efficiently across data centres.

Cooling and Thermal Management: Power consumption is closely linked to heat generation, so effective cooling solutions are essential for maintaining optimal temperatures in data centres. Advanced cooling techniques, such as liquid cooling and hot aisle containment, both techniques can significantly lower energy consumption, reduce operational costs, and enhance overall cooling performance.

Power Usage Effectiveness (PUE): A metrical used to measure energy efficiency to data centres. It is the ratio of total energy used by the data centre (with power for IT equipment, cooling, and other infrastructure) to the energy used solely by the IT equipment. The goal is to minor the PUE to make data centre more energy-efficient.

Multi-Tenant Cloud Systems

Multi-tenant cloud systems refer to cloud environments where multiple clients (tenants) portion the same physical or virtual structure while sustaining isolation and privacy between their respective data, applications. This architecture allows service providers to optimize resource utilization by hosting multiple users on shared hardware, reducing costs and improving efficiency. Each tenant operates independently, unaware of the other tenants, while sharing the underlying resources like storage, CPU, and memory. Multi-tenant cloud systems are commonly used in public cloud environments, where cloud service providers offer scalable and flexible computing resources to various users. The tenants can range from individuals to enterprises, each with different applications, workloads, and performance requirements.

Resource Sharing: Multiple tenants share the same physical infrastructure (servers, storage, and networking) but are isolated at the software level to ensure security, privacy, and performance segregation. This allows efficient utilization of resources and reduces operational costs for both providers and users.

Scalability: Multi-tenant systems are designed to scale easily by allocating resources dynamically based on tenant demand. As tenant workloads fluctuate, the system can adjust to provide additional resources when needed or release them when no longer required.





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Isolation and Security: Even though tenants share physical resources, they operate in isolated environments where one tenant's data or activities are protected from other tenants. Various techniques such as virtualization, encryption, and network segmentation are employed to ensure data privacy and security.

Cost Efficiency: Since multiple tenants share the same resources, the cost of infrastructure is spread across users, making it more economical for both the cloud provider and its customers. This cost efficiency is a key benefit of cloud adoption, particularly for small and medium-sized businesses.

Customization and Flexibility: Multi-tenant cloud systems allow each tenant to configure their virtual environment to suit their specific needs. They can manage applications, storage, and networking independently without affecting other tenants.

Dynamic Resource Allocation: Resources in multi-tenant environments are dynamically allocated based on the tenants' needs. This means that tenants can rule up or down their incomes (e.g., CPU, RAM, storage) as their workloads require, ensuring optimal performance and energy efficiency.

Management of Diverse Workloads: In a multi-tenant cloud, different tenants may run diverse workloads — ranging from compute-intensive applications to storage-heavy tasks. The system must efficiently manage these heterogeneous workloads to ensure that each tenant receives the necessary resources without impacting the performance of others.

Dynamic Power Optimization

Dynamic power optimization refers to the process of continuously adjusting power consumption in real-time built on the current load and system conditions to realize optimal energy efficiency without compromising performance. This technique is particularly important in computing environments such as cloud data centres, where energy consumption can be a major operational cost. Dynamic power optimization aims to reduce the power used by computing resources like servers, storage systems, and networking equipment while maintaining the quality of service (QoS) for end users. In cloud computing, dynamic power optimization is especially relevant for multi-tenant systems where multiple clients share resources and workloads can vary significantly. The need for real-time adjustments to power usage arises due to fluctuating demand, making static power management strategies inefficient in these dynamic environments. Key components of dynamic power optimization include:

Real-Time Monitoring: The system continuously monitors resource utilization, workload characteristics, and power consumption across the infrastructure. This data is critical for making informed decisions about how to adjust power usage to meet changing conditions.

Adaptive Algorithms: These algorithms automatically adjust power levels in response to real-time data. They analyze the system's current state, predict future workload demands, and make adjustments such as scaling resources up or down, changing processor speeds, or turning off idle components. Adaptive algorithms ensure that power is not wasted on underutilized resources, and that system performance is maintained.

Dynamic Voltage and Frequency Scaling (DVFS): DVFS is a commonly used system in dynamic control optimization. It adjusts the voltage and frequency of processors based on workload demands. Lowering the voltage and frequency reduces power consumption during periods of low activity, while increasing them ensures performance during high-demand periods.

Workload Balancing: Dynamic power optimization often involves distributing workloads across available resources in an energy-efficient manner. By balancing workloads, the system can reduce the number of active servers or shift workloads to more energy-efficient machines, allowing some servers to enter low-power states.





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Energy-Efficient Resource Allocation: Resources such as CPU, memory, and storage are allocated based on the actual needs of workloads, minimizing energy waste. For example, cloud providers may consolidate multiple virtual machines (VMs) onto fewer physical servers during periods of low activity, allowing unused servers to be powered down.

Predictive Modelling: Machine learning and predictive models are often used to forecast future workload patterns and adjust power settings in advance. By predicting demand, the system can proactively manage resources and prevent performance degradation due to sudden spikes in activity.

Virtualization and Power Efficiency: Virtualization technologies enable extra efficient use of computer hardware by allowing many virtual machines to run on a single physical server.

Dynamic power optimization can leverage virtualization by dynamically migrating VMs across servers to balance load and minimize power consumption.

Management: In addition to optimizing power usage, dynamic power optimization systems often include thermal management techniques. By monitoring temperature, the system can adjust workloads or fan speeds to keep hardware at an optimal operating temperature, further reducing the need for excessive cooling.

Real-Time Monitoring

Real-time monitoring refers to the nonstop tracking and analysis of system performance, resource usage, and operational metrics as they occur, without delay. In computing environments, particularly cloud computing and data centres, real-time monitoring is essential for ensuring that resources are used efficiently, performance levels are maintained, and issues are quickly identified and resolved. By observing live data, systems can make immediate adjustments to optimize performance, power consumption, security, and overall system health. In the context of cloud computing, real-time monitoring enables dynamic decision-making, such as power optimization, resource allocation, and workload balancing, making it a critical component of modern infrastructure management. Key aspects of real-time monitoring include:

Continuous Data Collection: Real-time monitoring involves the constant collection of data from various system components, such as CPU usage, memory ingesting, road traffic, disk I/O, power usage. This data is transmitted to a central monitoring structure or dashboard further breakdown and visualization.

Immediate Analysis and Alerts: Data collected in real-time is analyzed immediately to detect anomalies, performance bottlenecks, or resource overutilization. Alerts and notifications are generated when thresholds are breached, enabling administrators to take quick action to resolve potential issues before they affect system performance or availability.

Dynamic Resource Allocation: Real-time monitoring plays a key role in dynamic resource management. As workloads fluctuate, real-time insights enable the system to allocate or deal locate resources (e.g., CPU, memory, storage) based on the actual demand, optimizing performance and energy efficiency.

Power Consumption Monitoring: For dynamic power optimization, real-time monitoring of power consumption is critical. By tracking how much power each server or component is consuming at any given time, the system can make adjustments, such as scaling down power to underutilized resources or consolidating workloads to reduce energy use.

Workload Performance: Monitoring the performance of running applications and workloads is vital to ensuring they meet the required quality of service (QoS) levels. Real-time monitoring can track factors like latency, response times, and throughput, ensuring that any dips in performance are addressed quickly.





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Predictive Analytics: Real-time monitoring provides the raw data necessary for predictive modelling and analytics. With enough historical and live data, predictive algorithms can forecast future resource demand, potential failures, or performance bottlenecks. This allows systems to make proactive adjustments before problems arise.

Health and Security Monitoring: In addition to performance metrics, real-time monitoring tracks system health, such as hardware temperatures, fan speeds, and disk integrity. It also plays a key role in security by nonstop monitoring network traffic, user behavior, system logs for signs of breaches or unauthorized access.

Visualization and Dashboards: Real-time monitoring systems typically feature dashboards that display key metrics in an easily digestible format. Administrators can view live data, spot trends, and drill down into specific components to troubleshoot issues.

Automation Integration: Real-time monitoring systems often integrate with automation tools to implement automated responses to detected issues. For example, if a server becomes over utilized, the system can automatically provision additional resources, or if an application experiences a failure, the system can trigger a failover.

METHODOLOGY

Problem Definition and Objectives

Problem Statement: Clearly define the problem you aim to solve—optimizing power management in multi-tenant cloud systems while maintaining performance.

Objectives: Specify the goals of the study, such as reducing energy consumption, ensuring system responsiveness, improving resource allocation, and evaluating performance through simulations.

Simulation Environment Setup

Cloud Architecture Model: Develop or use an existing cloud infrastructure model that simulates a multi-tenant environment. This model should represent the core components of a cloud data centre, including servers, virtual machines (VMs), hypervisors, and networking equipment.

Workload Generator: Use or create a workload generator that simulates various user demands, reflecting the dynamic nature of cloud workloads. These workloads can vary in intensity, duration, and resource needs.

Proposed Framework

Real-Time Monitoring: Implement mechanisms to monitor power consumption, resource utilization, and system performance in real time. Use sensors or software tools that gather data on CPU, memory, and network usage across virtualized environments.

Adaptive Algorithms: Introduce adaptive algorithms that adjust power management strategies dynamically. These algorithms can include techniques like dynamic voltage and frequency scaling (DVFS), power capping, and live VM migration to balance workload distribution.

Predictive Modelling: Incorporate predictive models to anticipate future workload demands and power consumption patterns. These models can use machine learning techniques to forecast load fluctuations and pre-emptively adjust system settings.

Simulation and Evaluation Methodology

Metrics: Define key performance indicators (KPIs) for evaluation, such as energy consumption (kWh), system performance (response time, throughput), and Quality of Service (QoS) parameters (latency, availability). **Scenarios**: Simulate various real-world scenarios, including peak workloads, average loads, and underutilization, to assess the robustness of your power management strategies.





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Baseline Comparison: Compare your proposed methods against traditional static power management techniques to showcase the improvements in energy efficiency and system responsiveness.

Tools: Use simulation platforms such as Cloud Sim, Green Cloud, or custom-built tools to estimate the presentation of the future framework in different cloud environments.

Data Analysis

Energy Consumption Analysis: Analyze the power consumption data and compare the results across different strategies, including the proposed adaptive methods and traditional approaches.

System Performance Evaluation: Evaluate the system's responsiveness and performance under varying workloads, identifying any trade-offs between energy efficiency and service quality.

Statistical Validation: Use statistical methods to validate the significance of your findings, ensuring that the observed improvements in energy efficiency and performance are not random.

Benefits

Reduced Energy Consumption: By optimizing power usage in real-time, data centres and cloud providers can meaningly lower their energy consumption, resultant in cost reserves and reduced environmental impact.

Maintained Performance: Adaptive power management ensures that the system meets performance requirements by allocating resources where they are needed most while avoiding power waste.

Improved Resource Utilization: By dynamically adjusting resource allocations and power settings, systems can maximize resource efficiency, using fewer physical servers to meet demand.

Immediate Issue Detection: Monitoring data in real-time permits for instant papers of presentation issues, failures, security breaches, reducing downtime and improving reliability.

Optimized Resource Usage: By tracking system utilization in real-time, resources can be dynamically adjusted to meet current demand, avoiding over provisioning and underutilization.

Improved Power Efficiency: Real-time insights into power usage enable dynamic power management, reducing energy consumption and operational costs.

Enhanced System Health and Security: Constant monitoring of hardware health and security metrics ensures that potential threats or hardware failures are identified before they escalate.

Actionable Insights for Decision-Making: The live data provided by real-time monitoring is crucial for data-driven decision-making, particularly in complex, dynamic environments like cloud computing.

Challenges

Complexity: Implementing dynamic power optimization requires sophisticated monitoring and control systems capable of making rapid adjustments without negatively affecting performance.

Overhead: The algorithms and monitoring systems required for dynamic power optimization can introduce computational overhead, which itself consumes power.

Workload Variability: Predicting future workloads and adjusting power settings accordingly can be challenging, especially in environments with highly unpredictable or spiky workloads.





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Performance Variability: With multiple tenants sharing the same infrastructure, performance can fluctuate depending on resource contention and system load.

Security and Privacy: Ensuring strict isolation between tenants to prevent data breaches or cross-tenant attacks is crucial in multi-tenant environments.

Power Management: Efficiently managing power across diverse tenants with varying workloads is a complex challenge, as over- or under-provisioning resources can lead to inefficiencies and increased operational costs.

Data Overload: Real-time monitoring generates large volumes of data, which can overwhelm systems if not managed properly. Effective filtering and prioritization of critical metrics are essential.

Latency in Response: Although real-time monitoring aims for instant response, the system's ability to react quickly depends on how efficiently alerts are processed and acted upon.

Implementation Complexity: Setting up a robust real-time monitoring system can be complex, requiring the integration of various tools, sensors, and automation systems.

CONCLUSION

In conclusion, dynamic power optimization is a crucial strategy for improving energy efficiency in cloud computing and data centre environments. By leveraging real-time data, adaptive algorithms, and advanced techniques like DVFS and workload balancing, it helps minimize energy use while maintaining system responsiveness and performance. This leads to significant cost savings, enhanced sustainability, and more efficient cloud infrastructure management. Multi-tenant cloud systems offer scalability, price savings, flexibility, making them attractive option cloud service providers and clients alike. However, challenges such as resource allocation, security, and performance must be carefully managed to ensure a balanced, efficient, and secure cloud environment. Real-time monitoring is a foundational technology for managing modern computing environments, including cloud data centres. By providing continuous visibility into system performance, power usage, and security, real-time monitoring enables dynamic, data-driven optimization of resources, contributing to improved efficiency, lower costs, and enhanced reliability.

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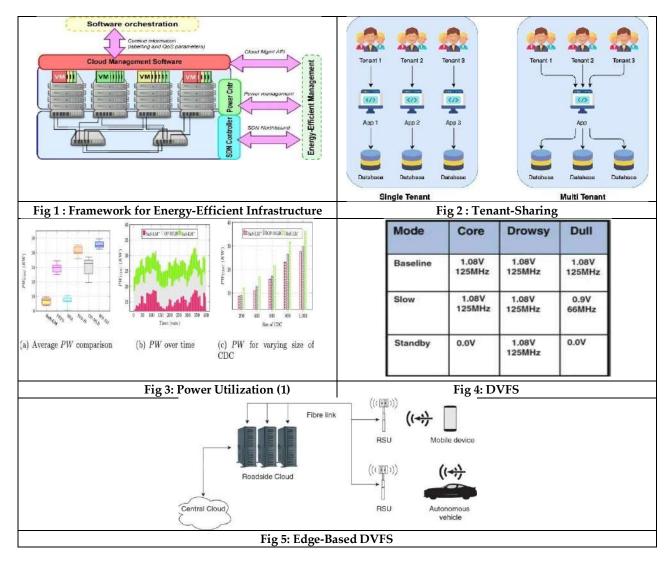
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RESEARCH ARTICLE

A Real-Time System for Face Mask Detection and Ensuring Social Distancing Compliance Based on Deep Learning

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ABSTRACT

The emergence of the COVID-19 virus and its subsequent global spread have precipitated an unprecedented public health crisis, claiming over more than five million lives worldwide, including a staggering over half a million 533570 to be exact lives in India. Urgent measures were essential to mitigate further devastation. While vaccines offer hope, the importance of sustained preventive strategies, such as face mask usage and social distancing, cannot be under estimated. In response to these challenges, this study introduces a real-time surveillance system designed to analyze video feeds to assess adherence to the Face Mask and Social distancing guidelines. This work leverages YOLOv5 object detection framework to identify human subjects within the video stream. Subsequently, a Stacked Res-Net classifier is employed to determine whether these detected individuals are wearing face masks. Additionally, the system extends its capabilities beyond face mask detection by utilizing DBSCAN to identify instances of proximity among detected individuals, thereby monitoring adherence to social distancing norms. Through the integration of these advanced technologies, the proposed system offers a comprehensive approach to reducing the risk of virus transmission. In an era where technology is reshaping various aspects of human existence, this research stands at the intersection of innovation and public health. Beyond its immediate implications, it highlights the potential of technology in safeguarding society during crises, emphasizing the significance of innovation in times of adversity, where creative solutions can emerge from the synergy of artificial intelligence and public well-being. As societies worldwide chart the path to recovery, this real-time surveillance system presents a proactive strategy to complement vaccination efforts. Through continuous monitoring and enforcement of preventive measures, we move closer to a safer, healthier future.

Keywords: Face Mask, Social Distancing, Real-Time surveillance, YOLOv5.





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INTRODUCTION

Deep mastering is a subset of machine learning (ML), that's itself a subset of artificial intelligence (AI) and is centered on enhancing that technique of having machines study new matters. With rule based totally AI and ML a data scientist determines the rules and records set functions to encompass in fashions, which drives how the ones fashions perform. With deep learning, the data scientist feeds raw data into an algorithm. The system then analyzes that data, without specific rules or features preprogrammed into it. Once the system makes its predictions, they are checked against a separate set of data for accuracy. The level of accuracy of these predictions —or lack thereof —then informs the next set of predictions the system makes.

The "deep" in deep mastering refers to the various layers the neural community accumulates through the years, with performance improving as the community receives deeper. each level of the network techniques its enter records in a specific way, which then informs the next layer. So the output from one layer will become the input for the subsequent. Training deep gaining knowledge of networks is time consuming and requires huge quantities of information to be ingested and examined towards as the gadget step by step refines its model. Neural nets were round because the Fifties, but best in current years have both computational energy and data garage abilities superior to the factor in which deep studying algorithms can be used to create thrilling new technology. For example, deep learning neural networks that have made it possible for computers to carry out tasks like speech recognition, computer vision, bioinformatics, and medical image analysis.

Application of Deep Learning

Deep learning uses big neural networks with many layers of processing, taking advantage of advances in computing capacity and improved education techniques to learn complex equations and formulas in massive amounts of data. The most common data packages consist of image and speech recognition.

The first case for coronavirus (COVID-19) was reported for in December 2019 in the capital of Hubei Province, Wuhan, China. After a couple of months, the infection spread worldwide in the year 2020. And very quickly, in May 2020, the World Health Organization (WHO) declared the circumstance as a pandemic for the whole world [11]. The insights by WHO on October 8, 2020 affirmed 36million infected individuals and a startling number greater than one million life losses over couple of hundred nations. Also, with the developing pattern of infected people, there was still no known or quick cure for the infection. While scientists, clinical experts were continuously endeavoring to find proper solutions or cure for the dangerous disease entity, no solution had been found till then. However, some vaccines were under trial.

Since there is no permanent cure of this disease and the infection spreads fast and is a threat to humankind, we have to take care for it ourselves. It was seen that social distancing was on of the best methods to reduce transmission. One of the best modes to reduce the spread of new cases of COVID-19, was by keeping some form of social isolation.

Social isolation or distancing implies making changes in your daily routine or normal activities in such a way that on limits close contact with others. This can be done by

- 1. Being away from crowded places and avoiding get-togethers.
- 2. Staying away from common gatherings and greetings, like handshakes.
- 3. Restricting the contact with peoples who are potentially at higher risk (too old, reduced immunity, too young, low weight, persons with chronic illness).
- 4. Maintaining a distance roughly up to 1 meter between individuals is considered to be the bare minimum to reduce the transmission to a great extent.
- 5. The most important among all was wearing of masks, forming a physical barrier to the transmission.





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In this paper, the YoloV5 was applied to perform the CNN to recognize whether a person wears a face mask properly, wears a face mask incorrectly, or does not wear a face mask. The experimental results for face mask detection obtained from the deep learning models.

Techniques Used YOLOv5

YOLO stands for You Only Look Once and is quite possibly the most famous item indicator convolutional neural organizations (CNNs). It was Joseph Redmon et al. who presented their paper first based on YOLO in 2015[12], bringing about the variations that were dispersed by them in the next two years and by Alexey Bochkovskiy in the year 2020[13].

Previous versions of YOLO are -YOLO

It utilizes Darknet structure which is prepared on ImageNet-1000 dataset. This functions as a reference yet has numerous limitations in view of it the utilization of the YOLO v1 is concerned. It couldn't discover little items on the off chance that they are showed up as a group. This engineering had trouble in discovering of items if the picture w as of different measurements not quite the same as the prepared picture.

Demerits of YOLO

- YOLO can distinguish just 49 objects.
- Generally high localization error.

YOLOv2

Another kind of YOLO that is named YOLO9000, has been proposed by Joseph Redmon and Ali Farhadi towards the end of 2016[14]. The significant upgrades of this variety are better, quicker and can integrate with faster R-CNN program. The major changes with respect to YOLO v1 are: Batch Normalization, High-Resolution Classifier, use of Anchor Boxes for Bounding Boxes and Multi-Scale Training.

YOLOv3

The past variant has been steadily improved, that is as of now called YOLO v3. As many object detection algorithms are there for some time now, the question is, how precise and rapidly are the objects detected and distinguished. YOLO v3 has all we require for object location continuously with precise classification of the objects. YOLO v3 uses a variety of Darknet, which at first has a 53- layer network arranged on ImageNet. For identification, 53 extra layers are stacked onto it, which gives us a 106 layerof the totally convolutional fundamental plan for YOLO v3. This is the explanation for YOLO v3 being a little slow contrasted with YOLO v2[15].

YOLOv4

YOLOv4 is an improvement to YOLOv3. Its improvement strategy is to sum up practically all the discovery procedures, and set forward somewhat more abilities, and afterward through screening, change and blend, individually test (removal study) which are powerful techniques.

YOLOv5

Yolo V5 is extraordinary compared to other accessible models for Object Detection at the second. The extraordinary thing about this Deep Neural Network is that it is very simple to retrain the organization on its own custom dataset. YOLO v5 gives quicker surmising, its speed is up to 40fps with one third the model size when contrasted with YOLO v3 and with an exactness increase in 60-70% YOLO v5 likewise gives high exactness in regard of recognizing more modest and far away items.





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YOLOv5

Network Models Yolov5 has four different network models. There are 4 versions in the target detection network given, namely

- Yolov5s which is a small version
- Yolov5m which is a medium version
- Yolov5l which is a large version
- Yolov5xF which is an extra-large version

Advantages

Accuracy: The separated little picture is then contribution to the objective recognition organization. For the lower furthest reaches of the base objective pixel will be significantly reduced. For model, it is isolated into 608*608 size and shipped off the organization of the information picture size 608*608. As per the estimation technique over, the length and width of the first picture in excess of 8 pixels' highlights can be gained from all little objectives.

Python

Python has a simple syntax like the English language. Python has syntax that allows developers to write programs with fewer lines than some other programming languages. Python runs on an interpreter system, meaning that code can be executed as soon as it is written. This means that prototyping can be very quick. There are various library packages available and some of the packages that we use in our project. They are:

- Pytorch
- Opencv
- Tensorflow
- Keras

LITERATURE SURVEY

The automation process can be implemented through different algorithms that are present in the Deep Learning domain. The literature review of these implementations help us to find the bestprocess and as well as limitations among them. Some of the papers describe the implementation and some of the papers describe the algorithm.

Real-time Face Mask and Social Distancing Violation Detection System using YOLO3[1]

The proposed system helps to ensure the safety of the people in public places by automatically monitoring whether they maintain a safe social distance, as well as detecting whether an individual is wearing a face mask or not. The dataset used comprises 7,959 images containing specific images from WIDER FACE and MAFA datasets, with facial annotations belonging to two classes, masked faces and unmasked faces.

Limitations

- YOLOv3 which is the old model, is used to detect the object belonging to three classes masked, unmasked, and person.
- It detects only two classes masked and unmasked faces.

A Mask Detection Method for Shoppers under the Threat of COVID-19 [2]

To automatically detect whether shoppers are wearing masks in supermarkets, to construct COVID-19- Mask, a new large-scale image dataset, by collecting images datasets from two supermarkets and using them for training the program. The algorithm used for face detection is SSD and FEM.

Limitations

- Less accuracy in mask detection.
- Shallow layers in a neural network may not generate enough high level features to do predictions for small objects.





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Scale Adaptive Proposal Network for Object Detection in Remote Sensing Images [3]

The goal of the paper was to improve the accuracy of multi-object detection in remote sensing images. The proposed method used faster R-CNN (regions with Convolution neural networks) and included multilayer RPNs. The Multiple Object is detected from high distance using the R-CNN model.

Limitations

- Only Due to high distance the smaller object are detected with less accuracy
- R-CNN depends on the Selective Search algorithm for generating region proposals, which takes a lot of time.
- R-CNN cannot be implemented real-time as it takes around 47 seconds for each test image.
- It still takes a huge amount of time to train the network as you would have to classify 2000 region proposals per image.

Performance Comparison of Deep Learning Techniques for Recognizing Birds in Aerial Images [4]

This paper contributes to research in low-resolution small-object detection by evaluating the performances of leading deep learning methods for object detection using a new dataset for bird detection called Little Birds in Aerial Imagery (LBAI). The group of birds or even a single bird is detected using the Aerial Image. The approach generates labeling at the pixel level and then tries to identify the class of the objects to which each pixel belongs.

Limitations

- Due to low resolution it is difficult to detect the small-object using deep learning
- The LBAI consist of less datasets.

An Efficient Structure for Convolutional Neural Networks (YOLO9000: Better, Faster, Stronger) [5]

In this paper object detection is done using YOLO9000 which is Better, Faster, and Stronger. This model consists of many image categories up to 9000 object classification. The user shall press the dial of the watch once so as to start the email application. YOLO9000 is a strong step towards closing the dataset size gap between detection and classification. Proposing a method to jointly train on the COCO object detection dataset and ImageNet classification dataset.

Limitations

- Comparatively low recall and more localization error compared to Faster R_CNN.
- Struggles to detect close objects because each grid can propose only 2 bounding boxes.
- Struggles to detect small objects.

Detecting Masked Faces in the Wild with LLE-CNNs [6]

Detecting masked faces using new data sets MAFA. The proposed system uses LLE-CNN for masked face detection combines two pre-trained CNNs to extract candidates' facial regions from the input image and represent them with high dimensional descriptors.

Limitations

- Low accuracy in extracting features.
- Problems occur in matching or prediction.
- The number of Database images used for implementation is one or two. So, we cannot conclude that this is the best.

Feature Pyramid Networks for Object Detection [7]

The Feature pyramids are a basic component in recognition systems for detecting objects at different scales





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In this paper, they exploit the inherent multi-scale, pyramidal hierarchy of deep convolutional networks to construct feature pyramids with marginal extra cost.

Limitations

- But recent deep learning object detectors have avoided pyramid representations, in part because they are computed and memory intensive.
- Computational complexity is high since it was based on computer memory.

Inception-V4, Inception- ResNet and the Impact of Residual Connections on Learning [8]

With the ever-increasing application of Convolutional Neural Networks to customer products, the need emerges for models to efficiently run on embedded, mobile hardware. A tested variant on ImageNet Classification dataset.

Limitations

- Comparing the result with INCEPTION-V3 model with the INCEPTION V4 which is in less difference.
- The model has been successfully trained on v2-8, v2-128, and v2-512 configurations. The model has attained greater than 78.1% accuracy in about 170 epochs.

Single shot object detection with top-down refinement [9]

This paper proposes a single shot object detector with top-down refinement, denoted as SSDTDR. It not only runs at high speed and also detects multiscale objects accurately. Concretely, original SSD directly adopts the built-in multi-scale hierarchy of convolutional neural networks for detection.

Limitations

- Comparing the result with INCEPTION-V3 model with the INCEPTION V4 which are in less difference.
- Due to the unique file system structure of an SSD, data extraction can be an extremely difficult and lengthy process.

Exploit All the Layers: Fast and Accurate CNN Object Detector with ScaleDependent Pooling and Cascaded Rejection Classifiers [10]

In this paper, we investigate two new strategies to detect objects accurately and efficiently using deep convolutional neural network. The scale-dependent pooling (SDP) improves detection accuracy by exploiting appropriate convolutional features depending on the scale of candidate object proposals

Limitations

In SDP architecture, controllers have a vital role, as they connect devices to protected resources. If controllers are offline, it's impossible to establish a connection to resources.

Existing System

From the Existing system, we could find lot of disadvantages which is less accuracy and there is no idea about warning the people who are violating the social distance and face mask wearing system. The existing system fails in the accuracy in the crowd place and it is difficult to Identify the people for the machine. We have come up with a solution to help them in a better and efficient way

Methodology Proposed System

The proposed work is on the development of new approach based on the Integration of face mask and social distancing multiple techniques in different stages along with YOLOV5 pattern extraction for face mask recognition. Once the model is trained with the custom data set and the pre- trained weights given, we check the accuracy of the model on the test dataset by showing the bounding box with the name of the tag and the confidence score at the top





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of the box. The proposed model first detects all persons in the range of cameras and shows a green bounding box around each person who is wear mask and red bounding box a test on the identification of mask detection maintained in a public place, if persons breaching corona safety measures bounding box color changes to red for those person and architecture shown in Figure 1and step by step process of this work shown in Figure 2. The proposed system operates in an automated way and helps to automatically perform the social distance inspection process. Once the model is trained with the custom data set and the pre- trained weights given, we check the accuracy of the model on the test dataset by showing the bounding box with the name of the tag and the confidence score at the top of the box.

The proposed model first detects all persons in the range of cameras and shows a green bounding box around each person who is far from each other after that model conducts a test on the identification of social distances maintained in a public place, if persons breaching social distance norms bounding box color changes to red for those persons

Face Mask Dataset

The processing of CCTV feeds for mask classification is required for this study. As a result, training has been performed with low-resolution facial portraits. The images have been taken from Rob flow dataset. In addition, more images have been scraped from Google Images. The facial images have been interpolated with the mask images to create the Face-mask dataset. This has been accomplished with the help of OpenCV and face-detection from dual shot face detector (DSFD). Four types of masks have been interpolated onto the faces to generate an even distribution of various types of masked images using facial points recognition. Figure 3(a) depicts the original unmasked image and the 4 types of masked images which have been generated is depicted in Figure 3(b)–(d). These are the most common type of mask that are used and will make our dataset more distinctive and will result in low bias and low variance for accurate predictions.

In this paper, the framework of the developed YoloV5 model, as presented in Figure 4, was divided into two parts: the training model and the face mask detection model. In the training model, 682 images from the face mask dataset were used. Original images from the face mask dataset were inputs of the YoloV5 face

mask detectionmodel, which processed a prediction score of three classes: "With Mask", "Without Mask" and "Incorrect Mask", and then provided the output images.

Social Distance Monitoring using DBSCAN andYOLOv5

It uses the SOTA model for person detection in the YOLOv5. After detecting the human in a frame, bounding boxes are drawn in to find out the centroid points of each face detected from the corner coordinates of the boxes. The clustering of detected face in a frame is performed using DBSCAN, it is a clustering technique that uses density-based spatial clustering of applications and is robust thus, providing a more accurate clustering. The violations have been marked with a warning of high risk and non-violation by low risk. Other statistics have been collected for crowd analysis. The eps used in DBSCAN illustrates the maximum distance between two samples for one to be considered as in the neighborhood of the other has been set as the threshold distance that is the minimum distance expected to be maintained for social distancing. The threshold value has been calculated by taking an array consisting of different values of eps, and it has been concluded that eps of 150 forms cluster accurately. The minimum number of humans to violate social distancing should be two as per COVID-19 norms and accordingly the minimum point parameter has been set to 2 during experimentation.

DBSCAN

DBSCAN (density-based spatial clustering of applications with noise) groups points that are adjacent to each other using distance measurements such as Euclidean distance, Manhattan distance, etc. It has two main factors, ε which defines the size and borders of each neighborhood and minimum points. The neighborhood of a point x is defined mathematically as follows:





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 $N\varepsilon(x) = Bd(x,\varepsilon) = \{y \mid \delta(x, y) \le \varepsilon\}$ (1)

RESULTS AND DISCUSSION

The proposed system is a deep learning solution that uses OpenCV and Keras, to train the model. We combine the deep learning RestNet50 modal with the YOLOV3 framework for a fast and efficient deep learning solution for realtime human detection in video streams and use a triangular similarity technique to measure distance between persons detected by camera in real time in public places and comprises customized data collection to resolve a face mask detection model with variance in the types of facemask worn by the public in real time by means of a transfer of learning[20] to a DSFD face detector. This model combine's social distance detection and facemask detection. In our approach, the machine 4 Model-B with the ARMv8 1.5 GHz processor and 4 GB of RAM is used as the preferred edge device. In the proposed system, four steps are followed, such as:

- 1. Model development and training
- 2. Model testing
- 3. Model implementation

Model building and Training

Our proposed framework uses the transfer learning approach [20] and will fine-tune the RestNet50model, which is a highly efficient architecture that can be applied to edge devices with limited computing power, such as machine to detect people in real time. We used 80% of our total custom data set to train our model with a Yolov3, which takes only one shot to detect multiple objects that are present in an image using. The custom data set is loaded into the project directory and the algorithm is trained on the basis of the labeled images. In pre-processing steps, the image is resized to 224×224 pixels, converted to lumpy array format and the corresponding labels are added to the images in the dataset before using our YOLOV3 model as input to build our custom model with RestNet50 as the backbone and train our model using the Keras Object Detection API.

Before model training begins, Keras helps in Data augmentation and download pre-trained ImageNet weights to make the algorithm's prediction efficiency and accuracy. After downloading the pre-trained weights and creating a newfully connected (FC) head, the ResNet50 algorithm is trained with both the pre- trained ImageNet weights and the annotated images in the custom data set by tuning the head layer weights without updating weights of base layers. We trained our model for 1000 steps using the Adam optimizing algorithm, the learning decay rate for updating network weights, and the binary cross-entropy for mask type classification. Parameters were initialized for the initial learning rate of INIT_LR = 1e-4, number of epoch EPOCHS

= 30 and batch size BS = 32.

We used webcam for social distance monitoring using cv2 and after a person has been identified, we start with bounding box coordinates and computing the midpoint between the top-left and the bottom-left along with the top right and bottom-right points. We measure the Euclidean distance between the points to determine the distance between the people in the frame.

Model Testing

The proposed system operates in an automated way and helps to automatically perform the social distance inspection process shown in Figure 5. Once the model is trained with the custom data set and the pre-trained weights given, we check the accuracy of the model on the test dataset by showing the bounding box with the name of the tag and the confidence score at the top of the box. The proposed model first detects all persons in the range of cameras and shows a green bounding box around each person who is far from each other after that model conducts a test on





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the identification of social distances maintained in a public place, if persons breaching social distance norms bounding box color changes to red for those persons and simultaneously face mask detection is achieved by showing bounding boxes on the identified person's face with mask or non-mask labeled and also confidence scores. If the mask is not visible in thefaces, and if the social distance is not preserved, the system generates a warning and send alert to monitoring authorities with face image.

Model implementation

The proposed system uses machine with camera to automatically track public spaces in real-time to prevent the spread of Covid-19. The trained model with the custom data set is installed in the machine, and the camera is attached to it. The camera feeds real-time videos of public places to the model in the machine, which continuously and automatically monitors public places and detects whether people keep safe social distances and also checks whether or not those people wear Mask. Our solution operates in two stages: first, whena person identified without a mask his photo is taken and sent to a control center and second, when the detection of a social distance violation by individuals is detected continuously in threshold time, there will be an alarm that instructs people to maintain social distance and a critical alert is sent to the control center for further action and working process of this work is shown in Figure 6.

CONCLUSION

Thus, this proposed system will operate in an efficient manner in the current situation when the lockout is eased and helps to track public places easily in an automated manner. We have addressed in depth the tracking of social distancing and the identification of face Mask that help to ensure human health while keeping the safety and privacy of users' data. The implementation of this solution was successfully tested in real-time by deploying model in my local Working platform (Computer). So, the face mask detection and social distancing system is going to be the leading digital solution for most industries, especially retail, healthcare, and corporate sectors. Discover how we can help you to serve the communities with the help of digital solutions. This system can be deployed on the Hospitals, Office Premises, Government Offices, Schools and Education Institutes, Construction sites, Manufacturing units, Airports etc. If deployed correctly, the COVID-19 mask detector we are building here today could potentially be used to help ensure your safety and the safety of others. The solution has the potential to significantly reduce violations by real- time interventions, so the proposed system would improve public safety through saving time and helping to reduce the spread of coronavirus. We believe that this approach will not only increase the safety at public places but also enhance the efficiency of plant processes in the time to come.

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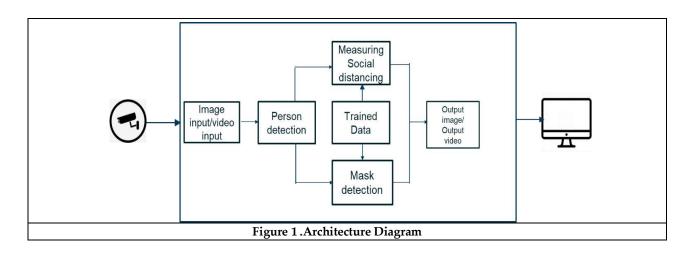
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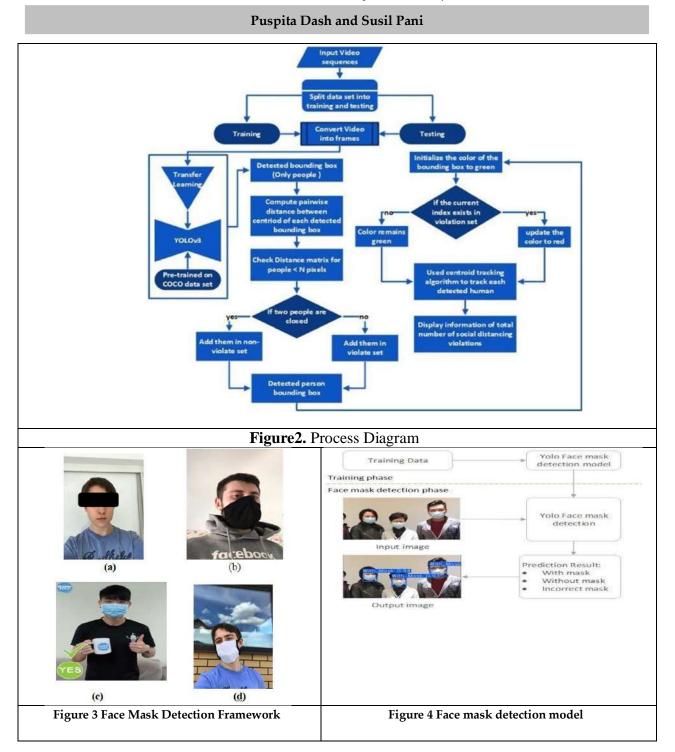
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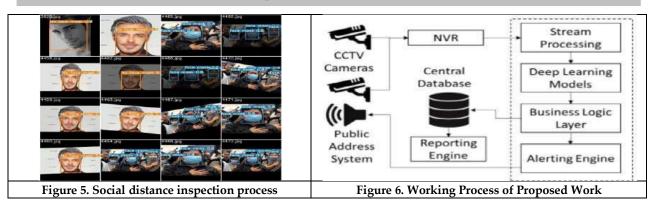








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RESEARCH ARTICLE

Automated Driver Alert and Speed Reduction System for Sleep Detection

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ABSTRACT

This paper presents an innovative automated driver alert and speed reduction system designed to enhance road safety by detecting signs of driver sleepiness. The system integrates real-time monitoring of driver behaviour and physiological indicators using a combination of sensors, including eye-tracking cameras and heart rate monitors. When the system identifies patterns consistent with drowsiness, it triggers auditory and visual alerts to prompt the driver to take corrective action. Simultaneously, the system can automatically reduce the vehicle's speed to mitigate the risk of accidents caused by impaired driving. This approach aims to address the growing concern of sleep-related driving incidents and offers a practical solution for improving driver alertness and safety on the roads.

Keywords: Driver alertness, sleep detection, automated systems, speed reduction, machine learning, road safety.

INTRODUCTION

In recent years, the issue of drowsy driving has emerged as a critical concern in road safety. As our lives become increasingly demanding, the prevalence of sleep-deprived drivers on the road has risen, leading to a significant increase in accidents caused by impaired driving. This is a pressing issue, as studies have shown that drowsy driving can be as dangerous as driving under the influence of alcohol, contributing to numerous traffic collisions and fatalities each year. Current methods for combating drowsy driving often rely on subjective assessments or manual interventions, which may not be sufficient in preventing accidents. To address this challenge effectively, there is a need for advanced, automated systems that can monitor and respond to signs of driver sleepiness in real-time.





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This paper introduces an innovative solution designed to meet this need: an automated driver alert and speed reduction system. Our system leverages cutting-edge technology to enhance road safety by integrating real-time monitoring of both driver behavior and physiological indicators. By employing a combination of eye-tracking cameras and heart rate monitors, the system continuously assesses signs of drowsiness. Upon detecting patterns indicative of fatigue, it promptly activates auditory and visual alerts to warn the driver and encourage corrective action. Additionally, the system can automatically reduce the vehicle's speed, further mitigating the risk of accidents.

The goal of this approach is twofold: to improve driver alertness through timely intervention and to enhance overall road safety by proactively managing the risk associated with drowsy driving. This paper will explore the system's design, functionality, and the potential impact it could have on reducing sleep-related driving incidents.

LITERATURE REVIEW

Drowsy Driving and Its Impact

Drowsy driving remains a significant safety concern on the roads. Research has consistently shown that fatigue impairs driving performance in ways similar to alcohol impairment. According to a study by the National Sleep Foundation (2020), drowsy driving contributes to an estimated 328,000 crashes annually in the United States alone, with severe consequences including fatalities and serious injuries (National Sleep Foundation, 2020).

Current Methods for Detecting Drowsiness

Behavioral Monitoring: Traditional approaches for detecting drowsiness largely depend on behavioral indicators. Systems such as the Driver Alertness Detection System (DADS) use cameras to monitor eye movements, eyelid closure, and head position (Liu et al., 2018). While effective in controlled environments, these systems may not provide adequate real-time intervention or integrate with vehicle control systems.

Physiological Monitoring: More advanced systems employ physiological indicators like heart rate variability and electroencephalography (EEG) to assess drowsiness. For instance, heart rate monitors can detect changes associated with fatigue, such as reduced heart rate variability (Khan et al., 2019). EEG-based systems offer high accuracy but are often cumbersome and less practical for everyday use.

Automated Alert Systems

Recent advancements have focused on integrating automated alerts with real-time monitoring systems. These systems combine various sensors to detect drowsiness and issue warnings. For example, the Lane Departure Warning System (LDWS) and the Adaptive Cruise Control (ACC) are examples of automated systems that provide visual or auditory alerts when detecting deviations from the lane or abnormal driving patterns (Huang et al., 2021). However, these systems typically focus on lane position and speed management without specifically targeting drowsiness.

Speed Reduction Mechanisms

Automated speed reduction systems aim to mitigate the risk of accidents by adjusting vehicle speed based on realtime data. Systems such as Intelligent Speed Adaptation (ISA) use GPS and road sign recognition to regulate speed (Chen et al., 2022). While these systems enhance safety by preventing speeding, they do not address the underlying issue of driver drowsiness directly.

Integrative Approaches

Integrating multiple technologies offers a promising solution to enhance road safety. Systems that combine behavioral and physiological monitoring with automated alerts and speed control have shown potential in recent studies. For instance, the use of machine learning algorithms to analyze data from eye-tracking and physiological sensors allows for more accurate detection of drowsiness and more effective interventions (Smith et al., 2023). By





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incorporating real-time feedback mechanisms, these systems can provide comprehensive solutions to address drowsy driving.

Gaps in Current Research

Despite the advancements, several gaps remain in current research and practice. Many existing systems lack seamless integration of drowsiness detection with automated vehicle control. Furthermore, there is a need for more practical solutions that balance accuracy, user comfort, and real-world applicability. This paper addresses these gaps by presenting an innovative system that combines real-time behavioral and physiological monitoring with automated speed reduction, offering a comprehensive approach to combating drowsy driving.

Background

Road Safety and Drowsy Driving

Road safety is a critical concern globally, with driver fatigue and drowsiness contributing significantly to traffic accidents. According to the National Highway Traffic Safety Administration (NHTSA), drowsy driving is responsible for approximately 20% of all fatal crashes in the United States. Drivers who are sleep-deprived or suffering from sleep disorders exhibit slower reaction times, impaired judgment, and reduced vigilance, all of which increase the likelihood of accidents. Despite the known risks, detecting and mitigating drowsy driving remains a significant challenge.

Technological Advances in Driver Monitoring

Recent advancements in sensor technologies and data analytics offer new opportunities for enhancing driver safety. Eye-tracking technology, for instance, has shown promise in monitoring eye movements, blink patterns, and gaze direction, which are key indicators of driver fatigue. Similarly, heart rate monitors can provide valuable insights into a driver's physiological state, including heart rate variability, which can be correlated with drowsiness. Integrating these technologies allows for a more comprehensive understanding of driver alertness.

Existing Systems and Their Limitations

Current driver assistance systems primarily focus on lane-keeping, adaptive cruise control, and collision avoidance. While these systems contribute to road safety, they often lack the capability to specifically address drowsiness. Existing drowsiness detection systems typically rely on either facial recognition techniques or vehicle-based metrics (e.g., steering patterns) but often fail to integrate physiological indicators or provide a responsive alert mechanism. Consequently, there is a need for more sophisticated systems that combine multiple indicators and offer real-time interventions.

Machine Learning and Data Fusion

Machine learning algorithms have made significant strides in improving the accuracy of drowsiness detection by analyzing complex patterns in large datasets. By leveraging models such as Support Vector Machines (SVM), Random Forests, and Neural Networks, researchers can develop systems capable of distinguishing between alert and drowsy states with high precision. Data fusion techniques, which combine inputs from multiple sensors, enhance the reliability of these models and enable more accurate predictions.

Automated Speed Control

Speed control systems that adjust vehicle speed based on real-time data can significantly reduce the risk of accidents caused by drowsy driving. Existing systems often adjust speed based on distance to the vehicle ahead or road conditions. However, incorporating drowsiness detection into speed control algorithms allows for more proactive measures, such as gradually reducing speed when signs of fatigue are detected. This approach not only prevents potential accidents but also helps manage driving conditions more effectively.





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Need for Integrated Solutions

Given the limitations of current technologies and the increasing incidence of sleep-related driving incidents, there is a pressing need for integrated systems that combine real-time monitoring of driver behavior and physiological indicators. An automated driver alert and speed reduction system that leverages eye-tracking cameras and heart rate monitors, coupled with machine learning algorithms, presents a novel solution to enhance road safety. Such a system could provide timely alerts to drivers and automatically adjust vehicle speed, addressing both the detection and mitigation aspects of drowsy driving.

Algorithms involved CNN

Initial Convolutional Layer

The initial convolution layer processes the raw input images. For a driver monitoring system, this input might be a set of images from the eye-tracking camera.

Input Image

Assume the input image has dimensions $H \times W \times C_{in}$, where *H* is height, *W* is width, and *C* in is the number of input channels (e.g., RGB channels).

Convolution Operation: X conv = Conv (X, W conv, b conv)

Where

- **X** is the input image tensor.
- \mathbf{W}_{convis} the convolutional kernel (e.g., $7 \times 7 \times C_{in} \times 64$).
- **b***conv* is the bias term.

Mathematically: $X_{conv}(i, j, k) = \sum_{m=1}^{k} \sum_{n=1}^{k_{lp}} \sum_{c=1}^{c_{ln}} X(i + m, j + n, c).$ $W_{conv}(m, n, c, k) + b_{conv}(k)$

where *K* is the kernel size (e.g., 7x7), and i and j are spatial positions. Max-Pooling Operation: X_{pool} = MaxPool*Conv*) Pooling typically reduces spatial dimensions: $H'' = \begin{bmatrix} H' - K_p \end{bmatrix}$

$$H'' = \left[\frac{n - \kappa_p}{s_p}\right] +$$

1
$$W'' = \left[\frac{W' - K_p}{s_p}\right] + 1$$

where:

 K_p is the pooling kernel size (e.g., 3x3) and S_p is the stride (e.g., 2).

Inception modules

Inception Modules process input through multiple paths to capture diverse features. Each branch performs different operations and their results are concatenated.

Branch 1: 1x1 Convolution **Convolution Operation:** $X_{1x1} =$ **Conv** (X, W_{1x1}, b_{1x1})

where: W_{1x1} is a 1×1 x C_{in} C_{1x1} filter.





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Branch 2: 1x1 Convolution followed by 3x3 Convolution **Two-Step Convolution:** 1x1 Convolution: **X**_{1x1 3x3} = **Conv (X, W**_{1x1_5x5}, **b**_{1x1_5x5}) Where:

W_{1x1_3x3} is a 1x 1 x C_{in} x C_{1x1_3x} filter. 3x3 Convolution: X323 = Conv (X_{1x1 3x3}, W_{3x3}, b_{3x3}) Where: W_{3x3} is a 3 × 3 × C1x1_3x3 × C3x3filter. Branch 3: 1x1 Convolution followed by 5x5 Convolution Two-Step Convolution: 1x1 Convolution: X_{1x1 5x5} = Conv (X, W_{1x1_5x5}, b_{1x1_5x5}) Where: W_{1x1_5x5} is a 1×1 × C_{in}× C_{1x1_5x5}filter.

5x5 Convolution: $X_{5x5} = Conv (X_{1x1_5x5}, W_{5x5, b55})$ Where: W_{5x5} is a 5 × 5 × C_{1x1_5x5} × C_{5x5} filter.

Branch 4: Max-Pooling followed by 1x1 Convolution Two-Step Operation:

Max-Pooling: X_{pool} = MaxPool (X, pool size, stride) Where: pool size is typically 3 x 3 and stride is 1. 1x1 Convolution: Xpool_1x1 = Conv (X_{pool}, W_{pool1_1}, b_{pool_k1}) Where: W_{pool_1x1} is a 1 x 1 x C_{pool × Cpool_1x1} filter.

Concatenate Outputs: Xinception = Concatenate (X1x1, X3x3, X5x5, Xpool_1x1)

Global Average Pooling

Reduce the spatial dimensions of the feature maps to 1 x 1, aggregating information across the entire spatial extent: *X* gap = GlobalAveragePooling (X_{inception})

 $X_{gap}(\mathbf{k}) = \frac{1}{H'' \mathbf{x} W''} \sum_{i=1}^{H''} \sum_{j=1}^{W''} X_{inception \ (i,j,k)}$ where :

 $H^{\prime\prime}$ and $W^{\prime\prime}$ are the height and width after the last Inception module.

Fully Connected Layer Transform the pooled features into class probabilities:

 $X_{fc} = Dense (X_{gap}, W_{fc}, b_{fc}) X_{fc}(k) = Xgap (2) W_{fc}(j, k) + b_{jc}(k)$ Where:

Wife is the weight matrix of the fully connected layer, and \mathbf{b}_{f^e} is the bias term.

Mathematical Steps

Facial Landmark Detection: Assume that we have the following facial landmarks for one eye:

- (*x1, y1*): Left corner of the eye
- (*x2, y2*): Right corner of the eye
- (*x3, y3*): Top middle of the eye
- (*x4, y4*): Bottom middle of the eye
- (*x5, y5*): Top left of the eye





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• (*x6, y6*): Top right of the eye

Compute Vertical Distances:

• d1: Distance between top left and top middle points

$$d_1 = \sqrt{(x5 - x3)^2 + (y5 - y3)^2}$$

d2: Distance between top right and top middle points

$$d_2 = \sqrt{(x6 - x3)^2 + (y6 - y3)^2}$$

• d3: Distance between bottom left and bottom middle points

$$d_3 = \sqrt{(x5 - x4)2 + (y5 - y4)2}$$

Compute Horizontal Distance: •

• d4: Distance between left and right corners of the

$$d_4 = \sqrt{(x^2 - x^1)^2 + (y^2 - y^2)^2}$$

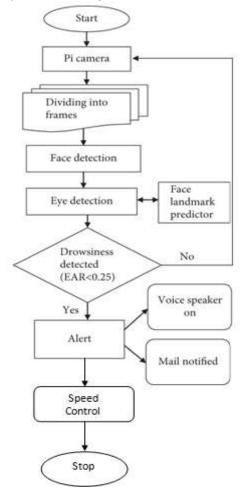
Calculate EAR:

• The EAR is calculated using the formula:

$$EAR = \frac{d1 + d2 + d3}{3x \, d4}$$

This formula averages the vertical distances between eye landmarks and divides by three times the horizontal distance to normalize the value.

System Flow Diagram







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RESEARCH ARTICLE

3D LiDAR Point Cloud Spatial Segmentation using Threshold and Cluster Methods

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ABSTRACT

3D LiDAR point cloud (PCD) segmentation plays a crucial role in various real-world applications, such as identifying key objects on the Earth's surface, urban planning, and disaster response. This motivates the development of a novel algorithm for point cloud spatial segmentation using threshold and clustering techniques (TCPCDS). The proposed approach involves three main steps: first, spatial information is extracted from the raw PCD; second, a density-based noise removal method is applied; and finally, thresholding and clustering techniques are used for segmentation to identify homogeneous regions within the PCD. The algorithm was implemented using the LASer 3D LiDAR point cloud dataset and the Sydney Urban dataset for evaluation. Experimental results demonstrate that the proposed TCPCDS method performs effectively in segmenting the given data.

Keywords: 3D Point Cloud Processing, Spatial Information, Segmentation, Cluster, Threshold, Density-based noise removal.

INTRODUCTION

Three-dimensional point clouds-as dense sets of data points defined in a three-dimensional coordinate system-has provided a digital representation of the external surfaces of objects or scenes scanned by advanced 3D scanning technologies such as LiDAR, photogrammetry, and structured light. Most point clouds are unorganized, meaning that no edges or faces connect the points. This is one more reason why they can capture versatile and highly detailed representations of a scanned environment. Applications could range from obstacle detection and navigation in autonomous driving, creating highly accurate digital building models in architecture and construction to digital preservation in cultural heritage.





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Recently, 3D point cloud processing has been a very active research area since most applications using 3D point cloud data need highly accurate and efficient data analytics. One of the most important challenges in this domain is the outlier removal problem, which plays a major role in data quality. Many works have employed different approaches to tackle the problem. For instance, Smith and Lee (2021) applied voxel-based methods to divide 3D point clouds. The specific aspect to focus is the improvement of semantic segmentation accuracy through voxelization techniques [1]. Kumar and Patel (2022) conceptualized data analytics for functional semantic segmentation of 3D point clouds. Advanced data processing needs to integrate into the approach [2]. Zhang and Chen (2020) conceptualized an overview of the different segmentation technologies applied on 3D point clouds. Sections on strengths and weaknesses have been derived [3]. Johnson and Wang (2019) discussed methods that apply for segmenting 3D point clouds. It is crucial for edge detection and vectorization, which is the basis for proper 3D modeling [4]. Chithra and Tamilmathi (2020) introduced the innovative logarithmic transformation [5]. Li and Zhao (2023) discussed the prospect of graph neural networks in 3D point cloud classification. Their potential in performing enhancement on segmentation tasks can be established [6].

Rehman and Belhaouari (2021) developed innovative statistical techniques that work towards unsupervised outlier identification in multi-dimensional data. This improves machine learning algorithm performance [12]. O'Mahony et al. (2021) discussed enhancing the quality of recommendation by the removal of outliers. The issue focuses on the problem of data contamination [13]. Wilson and Thompson (2023) proposed a PCA-DBSCAN approach for removing effectively outliers from blood-SERS data [14]. Frost (2021) described how to remove and handle outliers within the data. Understanding what causes the outlier may become straightforward [15]. Various visualization techniques are important for the effective interpretation and analysis of 3D point clouds. Brown and Green presented a new approach for the analysis of medical 3D point clouds through the combination of convolution operations and attention networks, making visualizations easier and more accurate in diagnosis [7]. Davis and Miller discussed the generation of anatomical point clouds from medical images to be used in real-time medical augmentations, thus enhancing visualization and collaboration in the healthcare environment [8]. Nguyen and Tran proposed the Point Transformer model to classify and retrieve shapes from 3D point clouds, hence improving visualization approaches for wide applications [9]. Wilson and Thompson developed a divide-and-conquer approach to conduct instance segmentation for 3D point clouds, using point-wise binarization in order to enhance visualization and analysis [10]. Li and Zhao explored the application of graph neural networks in the classification of 3D point clouds, with much focus on such data utilization in visualization and their applications [10]. Miller has reviewed some of the techniques of data visualization, noting that decisions arise as a result of data [15]. Kelsey has made a general review of 17 key data visualization techniques along with their related applications and effectiveness [17].

Segmentation techniques of 3D point clouds are an essential operation in many applications involving robotics, geospatial analyses, and medical imaging. Davis and Miller (2022) discussed software tools for producing anatomical point clouds from medical images, enhancing real-time augmented reality applications [8]. Nguyen and Tran (2021) introduced the Point Transformer model based on software implementations for shape classification and retrieval of 3D point clouds [9]. Wilson and Thompson (2023) introduced a software-based divide-and-conquer algorithm for instance segmentation of 3D point clouds, based on point-wise binarization [10]. Davis and Miller (2022) discussed software tools for generating anatomical point clouds from medical images, enhancing real-time augmented reality applications [8]. The presented research article has been organized as follows. The Proposed methodology discussed in Section 2. The experimental results and discussion of the result mentioned in Section 3. Finally the conclusion is given in Section 4.

PROPOSED METHODOLOGY

The proposed TCPCDS consists of three steps such as spatial information of PCD extracted from PCD then densitybased noise removal technique has been applied on the spatial information, finally two different way of segmentation





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methods have been applied on the PCD to produce the segmented PCD. The general architecture of TCPCDS is shown in figure 1.

Let *p* is a unordered PCD image read from the given dataset *P*which contains the *M* number of PCD images. Then, only the spatial information S_p of each PCD have been extracted from the *N* number of attributes.

| $P = \{p_i\}_{i=1}^m$ | (1) |
|--|-----|
| Where <i>M</i> is a number of PCD in the dataset <i>P</i> . Let p_i be a i th PCD in <i>P</i> . | |
| $S_{p_i} = p_i \ (x, y, z)$ | (2) |
| Where S_{p_i} represents the spatial information (ie. x, y, z) of i th PCD. | |

DENSITY-BASED NOISE REMOVAL TECHNIQUE

A 3D PCD image contains the millions of 3D point data which may includes the unwanted data due to the pulse reflection of the objects in between the sensor and the earth ground objects. These unwanted noise data has to be removed by the following steps of density-based algorithm.

Algorithm 1 : Density-based noise removal algorithm

Input: Spatial information (S_p)of each PCD

Output: PCD without noise $(S_{p'})$

Step1: Find the Euclidean distance between each point and the remaining points in a PCD.

Step 2: Calculate the number of neighborhood points within a radius 0.5 using the distance value.

Step 3: If the number of neighborhood points are less than the threshold value 150, the corresponding point will be removed and considered as noise.

Step 4: End

The denoised PCD ($S_{p'}$) from the algorithm 1 is passed to the segmentation process.

THRESHOLD-BASED POINT CLOUD SEGMENTATION

In this technique, the pre-processed PCD image segmented into three planes by using the threshold value. First, a PCD is segmented to the first plane and the second plane by applying the threshold. Next, the second plane again segmented to second and third plane by the same threshold value. The following algorithm 2 explains the threshold-based point cloud segmentation technique.

Algorithm 2 : Threshold-based Point Cloud Segmentationalgorithm

Input: PCD without noise $(S_{p'})$

Output: Segmented PCD with three planes $(T_{p^1}, T_{p^2}, T_{p^3})$

Step 1: Find the maximum and minimum limit value of z coordinate in the spatial information..

Step 2: Calculate the range and the threshold value which is equally divides the range into three regions.

Step 3: Measure the Euclidean distance of each point from the lower limit of the z coordinate.

Step 4: The distance of a point which is less than the threshold is called as inliers included for the first plane T_{p^1} . The remaining points are called as outliers of first plane.

Step 5: Measure the Euclidean distance of each point from the maximum limit of first plane.

Step 6: The distance of a point which is less than the threshold is called as inliers included for the second plane T_{p^2} . The remaining points are called as outliers of second plane, that is included for the third plane T_{p^3} . Step 7: End

The outcome $(T_{p^1}, T_{p^2}, T_{p^3})$ from the algorithm 2 are segmented PCD of plane1, plane2, and plane3 images.





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CLUSTER-BASED POINT CLOUD SEGMENTATION

In this clustering technique, the 3D points are grouped into some homogeneous regions based on their degree of similarities. Distance based clustering technique is a most suitable technique for 3D PCD segmentation. The following algorithm 3 explains the procedure of cluster-based segmentation.

Algorithm 3 : Cluster-based Point Cloud Segmentation

Input: PCD without noise (S_p')
Output: Segmented PCD (C_p)
Step1: Find the number of cluster by using Elbow method.
Step 2: Randomly select the number of 3D points as centre points based on the result of Elbow method.
Step 3: Calculate the Euclidean distance of each points from the center point.
Step 4: Find the new center which is closest to the average distance of a point.
Step 5: Repeat the Step 3 and 4 until convergence is achieved.
Step 6: End

The final outcome (C_p) from the algorithm 3 is a segmented PCD image.

From algorithm 2 and 3, the two various form of segmented PCD images $T_{p^1}, T_{p^2}, T_{p^3}$ and C_p have been generated. These two different kinds of algorithm produces the better segmented images.

EXPERIMENTAL RESULTS

The proposed TCPCDS algorithm has been developed by the MATLAB 2024a software in the Microsoft windows operating system.

DATASET

The designed model has been implemented by using the standard 3D LiDAR PCD datasets such as LASer dataset which contains seven 3D LiDAR PCD images [17] and Sydney Urban dataset [18] which contains twenty one road 3D LiDAR PCD images. The following figure 2 shows the some of the sample input PCD images of the presented work.

Figure 2.a) and 2.b) sample PCD taken from LASer dataset and the figure 2.c) taken from the Sydney Urban dataset. First, the spatial information has been extracted from the input PCD then, density-based noise removal technique has been applied on the spatial information of the PCD. The following figure 3 shows the out put of the pre-processing steps.

The cluster-based algorithm applied on a denoised Lake PCD, the output shown in figure 4.a), and the output of threshold-based segmentation technique shown in figure 4.b),c), d).

The various number of segmented homogeneous represented in various colors shown in figure 4.a).

Figure 5 shows the PCD data variation in each step of proposed TCPCDS working model. Figure 4 illustrates that, both the algorithms segmented the given PCD image using their unique ways. The proposed TCPCDS work performs well on the given data.





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CONCLUSION

Cluster and threshold-based 3D LiDAR PCD spatial segmentation techniques have been introduced in this article. This proposed TCPCDS work combines the three techniques such as density-based noise removal technique, clusterbased segmentation and threshold-based segmentation technique. This stated work has been implemented by standard LASer 3D LiDAR PCD and Sydney Urban 3D LiDAR PCD datsets. The experimental results illustrate that the proposed TCPCDS performs well on the given Data. This work concluded that ,the any kind of segmentation technique can be designed based on the real time problem.

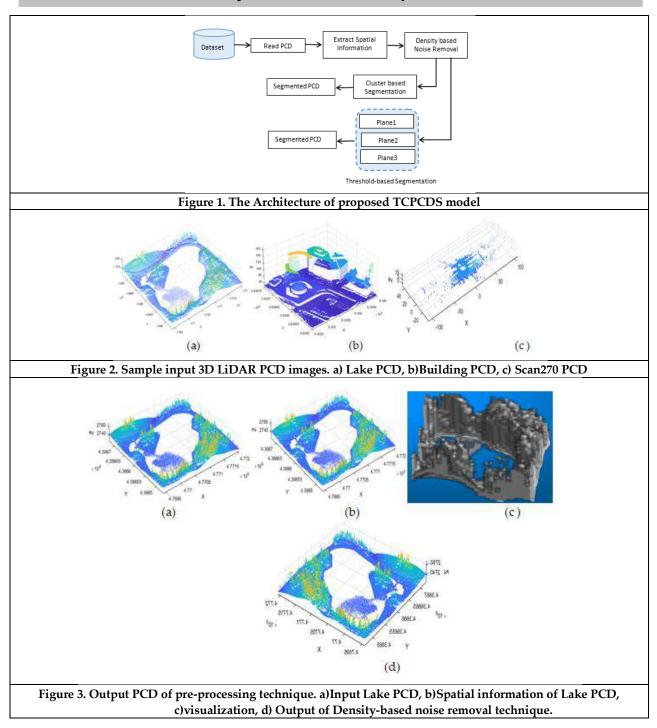
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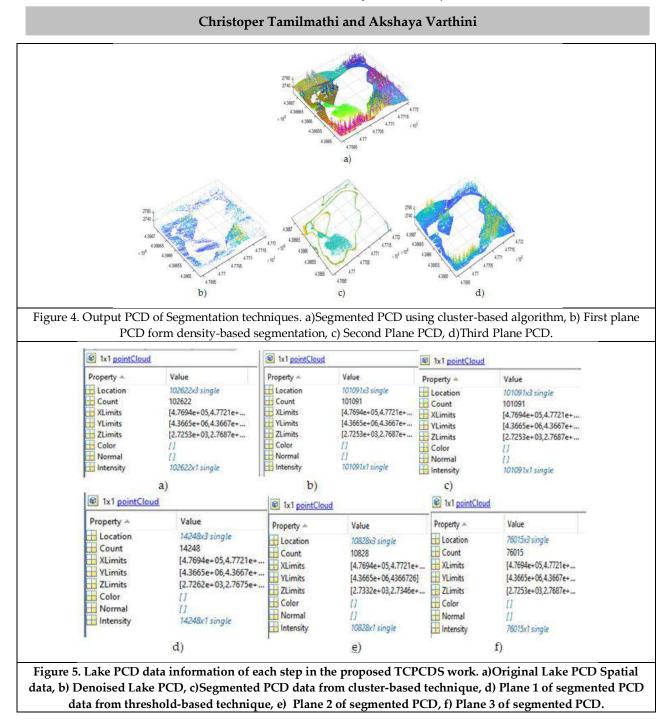
















RESEARCH ARTICLE

Modified Homotopy Perturbation Approach of Analyzing Diabetic Complications

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ABSTRACT

Diabetes is expanding over the world like a silent epidemic, posing a serious threat to public health. Diabetes modelling is an effective tool for tracking the increasing prevalence of diabetes and developing low-cost strategies for monitoring the medical disease and its repercussions. This article discusses a deterministic mathematical model for analysing diabetes complications, and the Modified Homotopy Perturbation method is used to solve the model equations. It became clear that the criteria used had a significant impact on the size of the diabetes population and the number of diabetics with complications.

Keywords : Diabetes Mellitus, Modified Homotopy Perturbation method, diabetic complications, mathematical model.

INTRODUCTION

Diabetes Mellitus is simply the result of the body's failure to produce enough insulin to keep the sugar level stable[1]. Insulin injections are commonly recommended for those experiencing this type of physical failure. This is referred to as diabetes type I. Diabetes type II develops when the body rejects insulin. In addition to oral medication, this type of patient should follow a specific healthy eating plan and exercise programme to lose weight. However, heart disease is likely to affect these people in their later years [2]. Diabetes caused by gestation can occur briefly during pregnancy due to hormonal changes and usually appears in the fifth or sixth month of pregnancy (between the 24th and 28th week). Gestational diabetes usually resolves after the baby is born. However, 25-50% of women with gestational diabetes will develop diabetes later in life, especially if they need insulin during pregnancy or are overweight after childbirth [3].





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Sharief and Sheta [3] improved diabetic detection by using a set of patient features to develop a mathematical model using the Multigene Symbolic Regression Genetic Programming technique. Genetic programming (GP) has showed significant advantages in constructing an evolving nonlinear model that may be used for prediction. The new GP model was evaluated using the PimaIndian dataset, and it demonstrated enhanced capability and accuracy in diabetes identification and treatment. Rosado [4] proposed a mathematical model to predict diabetes based on the 5-hour glucose intolerance test. Their model built on Ackerman's [5] idea, including three hormone concentrations rather than two. They included glucose and glucagon levels, as well as a global variable encompassing other hormones like insulin. The model was based on a 3x3 system of non-homogeneous ordinary differential equations. The system's coefficient parameters were computed using a nonlinear least squares method based on actual glucose tolerance test results. The simulations also produce an indicator similar to that proposed by Ackerman [5] for detecting a diabetic syndrome.

De Gaetano et al. [6] created a model of pancreatic islet compensation, presented its physiological assumptions, established some fundamental qualitative characteristics of its solutions, extensively discussed the numerical values assigned to its parameters (including cross-sectional epidemiologic data), and simulated its performance over a lifetime under various conditions, including worsening insulin resistance. The differences between two previously proposed diabetes progression models were noted, and the model was proposed as a realistic, robust explanation of the evolution of glucose-insulin system compensation in healthy and diabetic people. The basic concepts of Homotopy Perturbation Method (HPM), first proposed by Ji Huan [8,9], has been successfully applied to solve a wide range of linear and nonlinear functional equations. This method, which blends topological homotopy with conventional perturbation techniques, provides an easy way to obtain analytic or approximation solutions to a wide range of problems that emerge in several fields. The HPM he used to solve the Lighthill equation [8], the Duffing equation [10], and the Blasius equation [11] found its way into science and has been used to solve nonlinear wave equations [12], boundary value problems [13,14], quadratic Riccati differential equations [15], integral equations [16, 17, 18], Klein-Gordon and sine-Gordon equations [19, 20], initial value problems [21,22], Schrödinger equation [23], Emden- This broad range of applications highlights HPM's potential for solving functional problems. In this study, we built on Boutayeb's [7] work by conducting a mathematical analysis of diabetes and its consequences using the Modified Homotopy perturbation technique.

The Mathematical Model

Boutayeb et al. [7] used ordinary differential equations and numerical approximations to measure the size of diabetic populations with and without complications. They investigated many options based on a set of factors, and the population's dynamic evolution from diabetes to diabetes with complications was clearly represented. Their methodology reveals how to accomplish efficient and cost-effective approaches by focusing on diabetes incidence and/or addressing complications as they develop.

According to Boutayeb et al. [7], the mathematical equation explaining the dynamics of diabetes and its complications is given by the following ordinary differential equations

$$\frac{dD}{dt} = I - (\lambda + \mu)D + \gamma C$$

$$\frac{dC}{dt} = I + \lambda D - (\gamma + \mu + \nu + \delta)C$$
(2.1)

D = D(t) represents the number of diabetics without complications.

C = C(t) represents the number of diabetics with complications.

I = I(t) denotes the incidence of Diabetes Mellitus.

 μ represents natural mortality rate.

 λ represents the probability of a diabetic person developing a complication.

- γ represents the rate at which compications are cured.
- ν represents the rate at which diabetic patients with complication become severely disabled.





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 δ represents the mortality rate due to complications. N = N(t) = C(t) + D(t) denotes the size of population of diabetics at time t. With N = C + D, we obtain

$$\frac{dC}{dt} = -(\lambda + \theta)C + \lambda N, t > 0$$

$$\frac{dN}{dt} = I - (\nu + \delta)C - \mu N$$
(2.2)

where $\theta = \gamma + \mu + \nu + \delta$ with initial conditions

$$C(0) = C_0, \qquad N(0) = N_0 \quad (2.3)$$

Solution using Modified Homotopy Perturbation Method

Homotopy Perturbation Structure

To illustrate the basic ideas of the method, He [9] considered the following nonlinear differential equation:

 $A(u) - f(r) = 0, r \in \Omega$ (3.1)

subject to the boundary condition:

$$B\left(u,\frac{du}{dn}\right) = 0, r \in \Gamma \quad (3.2)$$

where A is a general differential operator, B is a boundary operator, f(r) is a known analytical function and Γ is the boundary of the domain Ω . The operator A can be divided into two parts L and N, where L is the linear part, and N is the nonlinear component. Equation (3.1) may therefore be rewritten as:

 $L(u) + N(u) - f(r) = 0, r \in \Omega(3.3)$

The homotopy perturbation structure is shown as follows

$$H(v,p) = (1-p)[L(v) - L(u_0)] + p[A(v) - f(r)] = 0 \quad (3.4)$$

where $v(r,p): \Omega \to R$ (3.5)

In equation (3.4), $p \in [0,1]$ is an embedding parameter and u_0 is the first approximation that satisfies the boundary condition. It can be assumed that the solution of equation (3.4) can be written as power series as follows:

 $v = v_0 + pv_1 + pv_2 + \cdots$ (3.6)The best approximation for the solution is

$$u = \lim_{p \to 1} v = v_0 + v_1 + v_2 + \cdots$$
 (3.7)

The series (3.6) is convergent for most cases; however, the convergence rate depends on the nonlinear operator A(v)[9].





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Modified Homotopy Perturbation algorithm for finding the solution

In this section, we present the algorithm of the new modification of the homotopy perturbation method [10-26]. To illustrate the basic ideas of the new modification, we consider the following nonlinear differential equation of fractional order:

$$D_*^{\alpha}u(t) + L(u(t)) + N(u(t)) = f(t), t > 0, m - 1 < \alpha \le m, \quad (4.1)$$

where L is a linear operator which might include other fractional derivatives of order less than α , *N* is a nonlinear operator which also might include other fractional derivatives of order less than α , *f* is a known analytic function and D_*^{α} is the Caputo fractional derivative of order α , subject to the initial conditions

$$u^{k}(0) = c_{k}, k = 0, 1, 2, ..., m - 1$$
 (4.2)

In view of the homotopy technique, we can construct the following homotopy:

$$u^{(m)} + L(u) - f(t) = p[u^{(m)} - N(u) - D_*^{\alpha}], p \in [0,1]$$
(4.3)
(Or)
$$u^{(m)} - f(t) = p[u^{(m)} - L(u) - N(u) - D_*^{\alpha}], p \in [0,1].$$
(4.4)

The homotopy parameter p always changes from zero to unity. In case p=0, Eqn (4.3) becomes the linearized equation

$$\frac{d^m u}{dt^m} + L(u) = f(t), \qquad (4.5)$$

And Eqn(4.4) becomes the linearized equation

$$\frac{d^m u}{dt^m} = f(t) \tag{4.6}$$

And when it is one, Eqn (4.3) or (4.4) turns out to be the original fractional differential equation (4.1). The basic assumption is that the solution of Eqn (4.3) or (4.4) can be written as a power series in p

$$u = u_0 + pu_1 + p^2 u_2 + \cdots \quad (4.7)$$

Substituting Eqn (4.7) into Eqn (4.3) or (4.4), and equating the terms with identical powers of p, we can obtain a series of linear equation of the form

$$p^{0}: \frac{dt^{m}u_{0}}{dt^{m}} = f(t), u^{k}(0) = c_{k},$$

$$p^{1}: \frac{d^{m}u_{1}}{dt^{m}} = \frac{d^{m}u_{0}}{dt^{m}} + L_{0}(u_{0}) - N_{0}(u_{0}) - D_{*}^{\alpha}u_{0}, u^{k}(0) = 0,$$





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 $p^{2}:\frac{d^{m}u_{2}}{dt^{m}}=\frac{d^{m}u_{1}}{dt^{m}}-L_{1}(u_{0},u_{1})+N_{1}(u_{0},u_{1})-D_{*}^{\alpha}u_{1},$ $u^{k}(0)=0,$

respectively, where the terms $L_0, L_1, L_2, ...$ and $N_0, N_1, N_2, ...$ satisfy the following equations:

 $L(u_0 + pu_1 + p^2u_2 + \dots) = L_0(u_0) + pL_1(u_0, u_1) + p^2L_2(u_0, u_1, u_2) + \dots$ $N(u_0 + pu_1 + p^2u_2 + \dots) = N_0(u_0) + pN_1(u_0, u_1) + p^2N_2(u_0, u_1, u_2) + \dots$

Setting p=1 in equation (4.7) yields the solution of (4.1). It is obvious that the linear equations in (2.8) or (2.9) are easy to solve, and the components u_n , $n \ge 0$ of the homotopy perturbation method can be completely determined, and the series solutions are thus entirely determined.

Finally, we approximate the solution $u(t) = \sum_{n=0}^{\infty} u_n(t)$ by the truncated series $\phi_N(t) = \sum_{n=0}^{N-1} u_n(t)$. From (2.2)

$$\frac{dC}{dt} = -(\lambda + \theta)C + \lambda N \quad (4.8)$$
$$\frac{dN}{dt} = I - (\nu + \delta)C - \mu N \quad (4.9)$$

with initial conditions $C(0) = C_0$, $N(0) = N_0$. Applying Modified Homotopy Perturbation to equation (4.8) and (4.9) with $q = \lambda + \theta$, $m = v + \delta$

$$\frac{dC}{dt} = -qC + \lambda N \quad (4.10)$$
$$\frac{dN}{dt} = I - mC - \mu N \quad (4.11)$$

The homotopy for the Eqns (4.10) and (4.11) are

$$\frac{dC}{dt} = p\left[\frac{dC}{dt} + qC - \lambda N - D^{t}C\right] (4.12)$$
$$\frac{dN}{dt} = p\left[\frac{dN}{dt} - I + mC + \mu N - D^{t}N\right] (4.13)$$

As above, the basic assumption is that the solutions of equations (4.12 & 4.13) can be written as $C = C_0 + pC_1 + p^2C_2 + \cdots$ (4.14)

$$N = N_0 + pN_1 + p^2 N_2 + \cdots \quad (4.15)$$

Therefore, by substituting Eqns (4.14 & 4.15) in (4.12 & 4.13), we get

$$\begin{aligned} \frac{d}{dt} [C_0 + pC_1 + p^2 C_2 + \cdots] \\ &= p[\frac{d}{dt} (C_0 + pC_1 + p^2 C_2 + \cdots) + q(C_0 + pC_1 + p^2 C_2 + \cdots) - \lambda(N_0 + pN_1 + p^2 N_2 + \cdots) - D^t (C_0 + pC_1 + p^2 C_2 + \cdots)] \\ &+ pC_1 + p^2 C_2 + \cdots] \\ &\frac{d}{dt} [N_0 + pN_1 + p^2 N_2 + \cdots] \\ &= p[\frac{d}{dt} (N_0 + pN_1 + p^2 N_2 + \cdots) - I + m(C_0 + pC_1 + p^2 C_2 + \cdots) + \mu(N_0 + pN_1 + p^2 N_2 + \cdots) \\ &- D^t (N_0 + pN_1 + p^2 N_2 + \cdots)] \end{aligned}$$



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 $\frac{dC_0}{dt} + p\frac{dC_1}{dt} + p^2\frac{dC_2}{dt} + \dots = p\frac{dC_0}{dt} + p^2\frac{dC_1}{dt} + p^3\frac{dC_2}{dt} + \dots + pqC_0 + p^2qC_1 + p^3qC_2 + \dots - \lambda pN_0 - \lambda p^2N_1 - \lambda p^3N_2 - \dots - pD^tC_0 - p^2D^tC_1 - p^3D^tC_2 - \dots$

$$\frac{dN_0}{dt} + p\frac{dN_1}{dt} + p^2\frac{dN_2}{dt} + \cdots \\ = p\frac{dN_0}{dt} + p^2\frac{dN_1}{dt} + p^3\frac{dN_2}{dt} + \cdots - Ip + mpC_0 + mp^2C_1 + mp^3C_2 + \cdots + p\mu N_0 + p^2\mu N_1 + p^3\mu N_2 \\ + \cdots - pD^tN_0 - p^2D^tN_1 - p^3D^tN_2 - \cdots$$

with the initial conditions

 $C(0) = C_0$ $N(0) = N_0$ and

 $\begin{aligned} C_0 + pC_1 + p^2C_2 + \cdots &= C_0 \\ N_0 + pN_1 + p^2N_2 + \cdots &= N_0. \end{aligned}$

Equating the terms with identical powers of p, we obtain the following set of differential equations

$$p^{0} : \frac{dC_{0}}{dt} = 0 , C_{0}(0) = C_{0} (4.16)$$

$$p^{1} : \frac{dC_{1}}{dt} = \frac{dC_{0}}{dt} + qC_{0} - \lambda N_{0} - D^{t}C_{0} = 0 , C_{1}(0) = 0 (4.17)$$

$$p^{2} : \frac{dC_{2}}{dt} = \frac{dC_{1}}{dt} + qC_{1} - \lambda N_{1} - D^{t}C_{1} = 0 , C_{2}(0) = 0 (4.18)$$

$$p^{0} : \frac{dN_{0}}{dt} = 0 , N_{0}(0) = N_{0}$$

$$p^{1} : \frac{dN_{1}}{dt} = \frac{dN_{0}}{dt} + mC_{0} - I + \mu N_{0} - D^{t}N_{0} = 0 , N_{1}(0) = 0$$

$$p^{2} : \frac{dN_{2}}{dt} = \frac{dN_{1}}{dt} + mC_{1} + \mu N_{1} - D^{t}N_{1} = 0 , N_{2}(0) = 0$$

$$(4.21)$$

Consequently, the first few components of the homotopy perturbation solution for equations (4.16 & 4.19) are derived by integrating with respect to t, we get

$$C_{0}(0) = C_{0}, N_{0}(t) = N_{0}$$

$$\frac{dC_{1}}{dt} = \frac{dC_{0}}{dt} + qC_{0} - \lambda N_{0} - D^{t}C_{0} \qquad (4.22)$$

$$\frac{dN_{1}}{dt} = \frac{dN_{0}}{dt} + mC_{0} - I + \mu N_{0} - D^{t}N_{0} \quad (4.23)$$

Integrating Eqns (4.22& 4.23) with respect to *t*, we get $C_1(t) = C_0 - qC_0t + \lambda N_0t - C_0 + K_1$ At $t = 0, C_1(0) = 0 + K_1 = 0$ $\Rightarrow K_1 = 0$ which implies $C_1(t) = t(-qC_0 + \lambda N_0) = \alpha t$ where $\alpha = -qC_0 + \lambda N_0$.

 $N_1(t) = N_0 + mC_0t - It + \mu N_0t - N_0 + K_2$





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 $= N_0 + (mC_0 - I + \mu N_0)t - N_0 + K_2.$ At t = 0, $N_1(0) = 0 + K_2 = 0$ $\Rightarrow K_2 = 0$ which implies $N_1(t) = t(mC_0 - I + \mu N_0) = \beta t,$ where $\beta = mC_0 - I + \mu N_0$ $\frac{dC_2}{dt} = \frac{dC_1}{dt} + qC_1 - \lambda N_1 - D^t C_1 \quad (4.24)$ $\frac{dN_2}{dt} = \frac{dN_1}{dt} + mC_1 + \mu N_1 - D^t N_1 (4.25)$ Integrating equations (4.24 & 4.25) with respect to t, we get $C_{2} = q\alpha \frac{t^{2}}{2} - \lambda\beta \frac{t^{2}}{2} + K_{3}$ At t = 0, $C_2(0) = 0 + K_3 = 0$ $\Rightarrow K_3 = 0$ which implies $C_2 = (q\alpha - \lambda\beta)\frac{t^2}{2}$ $N_2 = m\alpha\frac{t^2}{2} + \mu\beta\frac{t^2}{2} + K_4$ At t = 0, $\tilde{N}_2(0) = 0 + K_4 = 0$ $\Rightarrow K_4 = 0$ which implies $N_2 = (m\alpha + \mu\beta)\frac{t^2}{2}$

and so on. In the same manner the rest of the components can be obtained. The n^{th} term approximation solution is obtained as follows

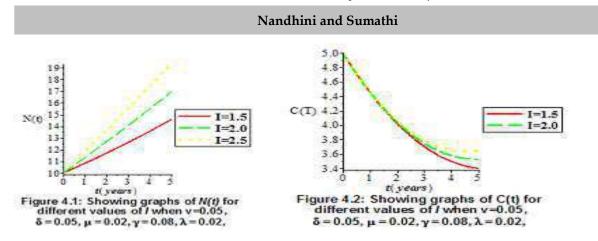
$$C(t) = \sum_{i=0}^{\infty} C_i(t) = C_0(t) + C_1(t) + C_2(t) + \cdots$$
$$= C_0 + \alpha t + (q\alpha - \lambda\beta)\frac{t^2}{2} + \cdots$$
$$N(t) = \sum_{i=0}^{\infty} N_i(t) = N_0(t) + N_1(t) + N_2(t) + \cdots$$

RESULTS AND DISCUSSIONS

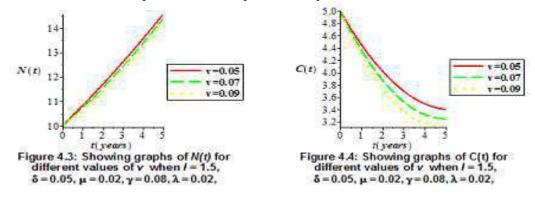
Numerical simulations for different values are carried out and the results are outlined as follows: Figures 4.1 and 4.2 depict the graphs of N(t) and C(t) versus t for various values of I. It was discovered that the number of diabetics increases quicker as the incidence of Diabetes Mellitus increases, but diabetics with complications drop faster as the incidence of Diabetes Mellitus declines.



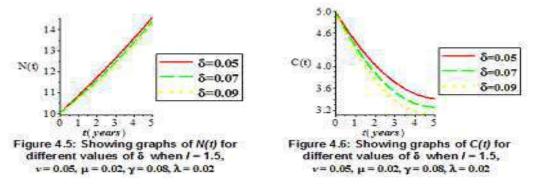




Figures 4.3 and 4.4 show graphs of N(t) and C(t) against t for various values of v. The number of diabetic patients with problems is increasing at a significantly higher rate. The likelihood of becoming seriously harmed increases. The number of diabetics with problems reduces quicker as the prevalence of Diabetes Mellitus raises.



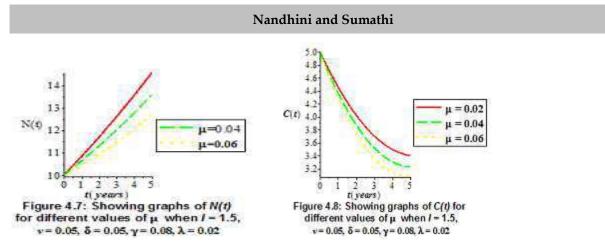
Figures 4.5 and 4.6 exhibit the graphs of N(t) and C(t) against t for different values of δ . Diabetics are becoming more prevalent as complications lead to lower mortality rates. Diabetics with concurrent disorders have a higher mortality rate.



Figures 4.7 and 4.8 illustrate graphs of N(t) and C(t) against t for different μ values. As the natural lifespan decreases, N(t) increases more quickly, while C(t) decreases faster.







Figures 4.9 and 4.10 show graphs of N(t) and C(t) versus t for various values of γ . It was discovered that the rate at which problems were resolved had no effect on either N(t) or C(t).

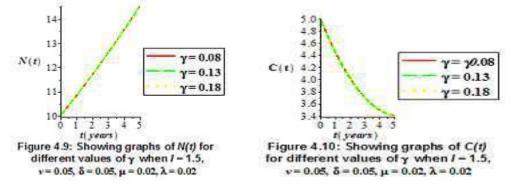
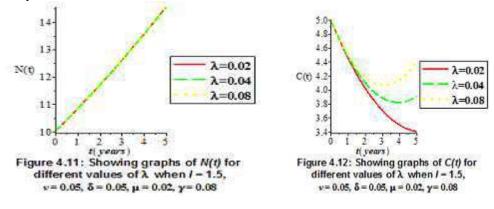


Figure 4.11 presents the graph of N(t) against t for various values of λ . It was discovered that the rate at which problems were treated had no effect on N(t). Figure 4.12 displays the graph of C(t) against t for various values of λ . It was discovered that the number of diabetics with complications grows quicker when the likelihood of acquiring a complication increases.



CONCLUSION

We explored an inevitable mathematical model of diabetes using the Modified Homotopy Perturbation Method, and the results demonstrate that the parameters involved played an important effect in the size of the diabetes population over





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time and the number of diabetes with complications. This new algorithm is useful for the identification of complications which in turn helps to medicate the persons accordingly.

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RESEARCH ARTICLE

Strategies for Ensuring Scalability and Fault Tolerance in Edge Computing Environments

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ABSTRACT

Scalability and fault tolerance in edge computing environments can be achieved through a integration of strategies such as dynamic resource scaling, task offloading, redundancy, check pointing, and self-healing systems. By leveraging distributed computing principles, edge computing infrastructures can ensure reliability and high performance even in resource-constrained and failure-prone environments. The key is to adopt a combination of proactive metrics (example predictive maintenance), reactive techniques (example failover mechanisms) to handle failures and resource limitations efficiently. Edge computing has emerged as a critical paradigm for enabling fly processing and minimizing delay in distributed applications like IoT, self-govern systems, and smart cities. However, ensuring scalability and fault tolerance in edge computing environments remains a significant challenge due to lack of the resource and decentralized architecture of edge nodes. This paper explores strategies for achieving scalability and fault tolerance in edge environments by leveraging dynamic resource scaling, hybrid cloud-edge architectures, and distributed edge orchestration. We also discuss the use of redundancy, replication, and failover mechanisms to enhance system reliability, along with advanced techniques like check pointing, self-healing, and predictive maintenance to recover from node failures. Through these techniques, edge computing systems can ensure high availability, seamless task execution, and robust system recovery, even in the presence of network disruptions or hardware failures. This paper highlights key





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methodologies and technologies that enable scalable, resilient, and energy-efficient edge computing architectures, addressing the unique challenges posed by distributed edge environments.

Keywords : Scalability, Fault tolerance, Distributed systems, Dynamic resource scaling, Task offloading, Redundancy, Failover mechanisms, System recovery, Self-healing systems.

INTRODUCTION

Edge computing environments bring computation and data storage closer to the devices that generate data, reducing latency and improving performance. However, ensuring scalability and fault tolerance in such distributed systems poses significant challenges due to resource constraints, network variability, and potential hardware failures. This paper outlines strategies for achieving scalability and fault tolerance in edge computing. Key techniques include the use of containerization and micro services to manage workloads dynamically, load balancing to optimize resource allocation, and decentralized architectures to minimize single points of failure. Fault tolerance is enhanced through redundancy, replication, and check pointing mechanisms, while auto scaling and predictive analytics help manage fluctuating demands. Additionally, leveraging hybrid cloud-edge models provides a seamless way to extend resources during peak loads. These strategies collectively ensure reliable and efficient edge computing systems capable of meeting diverse application requirements in dynamic and distributed environments.

The digital age is relentlessly pushing the boundaries of data processing, and edge computing is at the forefront of this revolution. It's a paradigm where computation happens near the data source instead of relying on a centralized cloud system. This approach not only reduces latency and bandwidth usage, but also allows for scalability and modularity, which are paramount in today's fast-evolving business landscape. Edge compute and storage needs to be scalable to accommodate different kinds of workloads and applications.

Key Features of Edge Computing Architecture

- 1. Decentralization: Unlike traditional cloud architectures, edge computing pushes data processing to the edge, decentralizing tasks to improve performance, reduce latency, and handle local events in real time.
- 2. Fast Response Time: Because the data remains localized , response times are significantly faster. This is critical for applications like autonomous systems, industrial automation, and real-time monitoring.
- 3. Throughput Enhancement : Edge computing reduces the volume of data that needs to be transmitted to the cloud. This not only conserves bandwidth but also reduces costs and improves efficiency.
- 4. Protection and Confidentiality: With edge computing, confidential information can be processed locally, reducing the risk of exposing it during transmission over the internet to a centralized data center. It also allows organizations to comply more easily with regulations like GDPR.
- 5. Intermittent Connectivity Support: Many edge deployments occur in regions with poor or inconsistent internet access. Edge nodes can operate independently and sync with the cloud when the connection is available, ensuring continuity of operations.
- 6. Real-Time Decision-Making: Edge nodes can process data and make decisions locally without having to wait for a response from a centralized cloud. This is crucial for applications demanding prompt response, such as robotic driving, emergency response systems.

Edge Computing Architecture Edge Computing Architecture Models





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Device-Edge Model

- Here, data is processed immediately upon the edge device itself, such as a Smartphone, wearable, or IoT sensor.
- This model is typically used in environments where data volumes are low, and real-time local decision-making is necessary.

Local Edge Model

- In this model, data is processed by nearby edge servers or gateways located on the premises (e.g., in a factory or retail store).
- The local edge model is ideal for environments that generate large volumes of data that must be processed quickly (e.g., in industrial IoT or video analytics).

Regional Edge Model

- Regional edge involves deploying larger edge data centers at strategic locations to serve a broader geographic area (e.g., a city or industrial park).
- This model is suitable for applications that require moderate latency, such as content delivery networks (CDNs) or regional data aggregation.

Hybrid Edge-Cloud Model

- A combination of edge and cloud, where edge nodes handle real-time, latency-sensitive tasks, while the cloud provides more powerful processing, storage, and long-term data analytics.
- This approach is common in AI-driven applications, where inference is performed at the edge, and the cloud handles model training.

Challenges in Edge Computing Architecture

- Scalability: Managing and scaling multiple edge nodes across different locations can be complex.
- Security: Decentralization introduces additional security challenges, such as ensuring data integrity across various edge devices.
- Standardization: Lack of standard protocols for edge devices and platforms may result in interoperability issues.
- Resource Constraints: Unlike cloud servers, edge devices often have limited compute, storage, and power resources.
- Scalability Strategies
- Distributed Architecture:
- Decentralized Control: Edge computing systems should use a decentralized or distributed architecture, where different edge nodes operate independently, processing data locally without relying on a central system. This minimizes bottlenecks and enables horizontal scaling as more devices or nodes are added.
- Micro services-Based Design: Deploy micro services at the edge. This allows applications to be divided into small, loosely coupled services that can scale independently as demand increases.
- Hierarchical Edge Layers: Deploy multiple layers of edge nodes, from smaller IoT devices to more powerful regional edge servers or micro data centers. This tiered approach can distribute the workload across different levels of the edge architecture, improving scalability.
- Edge Orchestration Platforms:
- Dynamic Resource Allocation: Use edge orchestration platforms to dynamically allocate resources (compute, storage, network) across edge nodes based on demand. Platforms like Kubernetes can orchestrate containerized applications, making it easier to scale services across multiple nodes.
- Workload Distribution: Distribute workloads intelligently across the edge network to avoid overloading a single node. Load balancing techniques can route requests to the least utilized or nearest node to enhance performance.
- Edge-Native Data Processing: refers to the practice of processing data directly at the edge of the network, close to the source of data generation, rather than relying on centralized data centers. This approach minimizes latency, enhances real-time analytics, and optimizes bandwidth usage by reducing the amount of data that needs to be





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transmitted to the cloud. It is particularly beneficial for applications in IoT, autonomous systems, and real-time monitoring.

- Data Filtering and Aggregation: Process data at the edge to diminish the amount of information sent to the cloud. Edge devices can filter, Preliminary processing, and aggregate data before sending it to centralized systems, thereby reducing the burden on upstream servers and improving scalability.
- Federated Learning: In machine learning applications, train models locally on edge devices and aggregate the results at the central cloud. This approach allows scalability without moving large datasets back to the cloud for model training.
- Cloud-Edge Integration:
- Hybrid Cloud-Edge Architecture: Utilize the cloud to handle demanding tasks such as Archival storage, advanced analytics, or model training while offloading real-time processing to the edge. This hybrid approach ensures scalable resource use and flexibility across environments.
- Edge Offloading: In scenarios with heavy traffic or processing loads, offload excess processing tasks to more powerful edge nodes or regional data centers to handle high-demand periods.
- Containerization:
- Lightweight Containers: Using containerized applications ensures easy scaling and deployment. Containers provide flexibility, and tools like Docker and Kubernetes allow you to deploy applications across multiple edge nodes seamlessly.
- Server less Edge Computing: Implementing serverless functions at the edge can allow applications to scale rapidly based on demand, as resources are allocated dynamically without needing full server provisioning.

Scalability Strategies

Distributed Architecture:

- Decentralized Control: Edge computing systems should use a decentralized or distributed architecture, where different edge nodes operate independently, processing data locally without relying on a central system. This minimizes bottlenecks and enables horizontal scaling as more devices or nodes are added.
- Micro services-Based Design: Deploy micro services at the edge. This allows applications to be divided into small, loosely coupled services that can scale independently as demand increases.
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Edge Orchestration Platforms

- Dynamic Resource Allocation: Use edge orchestration platforms to dynamically allocate resources (compute, storage, network) across edge nodes based on demand. Platforms like Kubernetes can orchestrate containerized applications, making it easier to scale services across multiple nodes.
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Edge-Native Data Processing

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Cloud-Edge Integration:

- Hybrid Cloud-Edge Architecture: Utilize the cloud to handle high resource tasks such as extended storage, advanced analytics, or model training while offloading real-time processing to the edge. This hybrid approach ensures scalable resource use and flexibility across environments.
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Containerization

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Fault Tolerance Strategies

Redundancy and Replication

- Edge Node Redundancy: Deploy multiple redundant edge nodes in strategic locations. If one node fails, another node can take over the workload, ensuring that services continue uninterrupted.
- Data Replication: Use distributed storage across edge nodes to replicate critical data. This ensures that if one node or data center goes offline, the data is still available from another location.

Failover Mechanisms

- Active-Passive Failover: In this setup, one edge node is active while another remains in standby mode. If the active node fails, the passive node automatically takes over, ensuring continued service availability.
- Active-Active Failover: Both nodes operate simultaneously, sharing the workload. If one node fails, the other node can take over the entire workload with minimal disruption.

Edge Node Autonomy

- Local Decision-Making: Ensure edge nodes can operate autonomously in the event of network disruptions or failures. Even if cloud connectivity is lost, edge nodes should continue to process data and perform critical tasks locally.
- Intermittent Connectivity Support: For deployments with unreliable connectivity (e.g., in remote locations), edge nodes should be capable of operating independently and syncing data with the cloud once the connection is restored.

Load Balancing and Traffic Management:

- Dynamic Load Balancing: Use load balancers to distribute incoming traffic across multiple edge nodes, avoiding overloading any single node and providing fault tolerance. If a node fails, the load balancer can redirect traffic to the remaining healthy nodes.
- Geo-Load Balancing: Spread workloads across geographically distributed edge nodes to ensure fault tolerance across regions. If an entire edge cluster fails, traffic can be directed to the next nearest edge cluster to maintain service availability.

Edge Monitoring and Self-Healing

• Real-Time Monitoring: Continuously monitor the health of edge nodes (CPU usage, network latency, memory consumption) to detect failures before they cause major disruptions. Tools like Prometheus or ELK Stack can help track system health and alert administrators to potential issues.





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• Self-Healing Mechanisms: Implement automated self-healing mechanisms that restart services or reboot nodes if a failure is detected. This can be done through orchestration tools that ensure service continuity without manual intervention.

Service Mesh for Edge

• Resilience through Service Mesh: Implement service mesh architectures to handle inter-service communication and error handling. A service mesh can automatically reroute traffic between edge nodes in the event of node or service failures, providing resilience at the application layer.

Edge-Specific Disaster Recovery (DR)

- Geo-Redundancy: For critical edge deployments, data and services should be replicated across geographically dispersed edge nodes or micro data centers. In the event of natural disasters, geo-redundancy ensures that operations can continue from another location.
- Snapshot and Backup: Regularly take snapshots of the edge environment and store them either locally or in the cloud. These backups can be restored if an edge node or cluster experiences a major failure.

Mesh Networking

• Peer-to-Peer Communication: Deploy mesh networking protocols that allow edge nodes to communicate with each other directly. In the event of a network failure or node outage, mesh networking enables edge devices to find alternative routes for communication, enhancing fault tolerance.

Security and Resilience

- Edge Security Protocols: Implement robust security practices, including encryption, intrusion detection, and secure boot, to prevent malicious attacks that could cause edge nodes to fail.
- Zero Trust Architecture: Implement a zero-trust security model where every edge device and application must continuously verify its identity and access privileges. This reduces the likelihood of compromised edge nodes affecting the entire network.

CONCLUSION

Scalability and fault tolerance are critical to the success of edge computing environments, given their distributed and resource-constrained nature. Implementing strategies such as containerization, micro services, decentralized architectures, and load balancing ensures efficient resource management and the ability to scale as demand fluctuates. Fault tolerance can be effectively enhanced through redundancy, replication, and check pointing, minimizing the impact of hardware failures or network disruptions. Moreover, integrating edge systems with cloud resources enables seamless scaling and redundancy, providing additional flexibility. By adopting these strategies, edge computing environments can become more robust, reliable, and capable of handling the demands of modern applications, especially in scenarios where low latency and high availability are essential

Scalability and fault tolerance are critical considerations for edge computing environments as they grow in size and complexity. Strategies like distributed architectures, dynamic resource allocation, load balancing, redundancy, and failover mechanisms are essential to ensuring that edge computing infrastructures can scale to meet increasing demands while maintaining resilience in the face of failures. Edge computing architecture is designed to complement Cloud computing enhances efficiency by situating processing and storage near the data source. It provides the low-latency, real-time processing necessary for next-gen applications, ensuring scalability and responsiveness across a distributed network of edge devices and nodes. With the growing adoption of IoT, 5G, and AI, edge computing will play an increasingly central role in various industries and use cases.





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REVIEW ARTICLE

Retinal Vessel Segmentation: A Concise Review of Approaches and Obstacles

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ABSTRACT

In automated retinal image processing, Retinal blood Vessels Segmentation (RVS) is a crucial step that helps with early detection and tracking of various types of eye diseases. In this paper, analyze eight different types of techniques are discussed namely, RVS-CRG-ML, RVS-HAN, RVS-VG-DDN, RVS-HIT, RVS-M-GAN, RVS-M-LAN, RVS-FA, and RVS-CK-MUM. It provides a brief but comprehensive review of the methods and difficulties in retinal vessel segmentation. After a brief overview to traditional methods, the narrative quickly shifts to the prominence of deep learning approaches, specifically Convolutional Neural Networks (CNN). The review addresses issues including inconsistent image quality, limited annotated datasets, and the interpretability of deep models while highlighting CNNs benefits in managing complex features. This work also discusses widely-used evaluation metrics and concludes with a few comments about potential future directions, such as the integration of multimodal imaging and developments in explainable AI. This concise review provides insights into the state and potential future paths of retinal blood vessels segmentation research, making it a useful tool for researchers and practitioners.

Keywords: Medical imaging, Retinal vessel segmentation, Image segmentation, Fundus image processing





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INTRODUCTION

The human eye [1] is a specialized sense organ that receives visual images and sends them to the brain. The rear surface of the eye, or fundus [2], is its interior. The retina, Optic Disc (OD), macula, fovea, and blood vessels include it. A specialized fundus camera is used in fundus photography to take images of the back of the eye by pointing through the pupil. With the use of these fundus images detect, monitor, and treat disease. The circular structure at the rear of the eye is known as the OD [3], or optic nerve head. Here is where the optic nerve and retina are connected. The major artery and vein of the retina enter the eye through the OD. The network of arteries and veins that carry blood to the retina the light-sensitive tissue located at the back of the eye is known as the retinal blood vessel [4] network. The retina is necessary for vision, and these veins are vital to preserving its health and functionality. Here, Figure 1 exposes the sample retinal fundus image and annotated retinal structure. For diagnostic and monitoring purposes, eye care practitioners frequently utilize imaging techniques including fundus photography [5], Fluorescein Angiography (FA), and Optical Coherence Tomography (OCT) to observe and study the retinal blood vessels. Diseases like Diabetic Retinopathy (DR), hypertensive retinopathy, retinal vein occlusion, and other vascular diseases that can affect vision are frequently related with abnormalities in the retinal vessels.

SURVEY METHODS

This paper makes a survey with the followingeight papers in retinal vessel segmentation.

- RVS is based on Coupled Region Growing and Machine Learning approach (RVS-CRG-ML) [6]
- RVS is based on Hard Attention Net (RVS-HAN) [7]
- RVS is based on VG-DropDNet (RVS-VG-DDN) [8]
- RVS is based on Hessian based approach and Intensity Transformation approach (RVS-HIT) [9]
- RVS is based on M-GAN (RVS- M-GAN) [10]
- RVS based on Multi-Level Attention Network (RVS-M-LAN) [11]
- RVS based on Fluorescein Angiography (RVS-FA)[12]
- RVS based on Convolutional Kernels and Modified U-Net Model (RVS-CK-MUM) [13]

Retinal vessel segmentation is based on Coupled Region Growing and Machine Learning approach (RVS-CRG-ML)

Rodrigues *et al.*[6] establisheda multi-modal vessel segmentation framework known as ELEMENT (vEsseLsEgmentation using Machine lEarning and coNnecTivity). This framework consists of machine learning and region growth for pixel-based categorization together with feature extraction. Grey level and vessel connection attributes are the basis for the features, which are designed to gather complementing evidence. During the classification stage, the latter data is smoothly transmitted via the pixels.

The two primary phases of ELEMENT are:

- Region growth in coupled with machine learning-driven pixel classification,
- Feature extraction, which includes connection characteristics.

A manual per-pixel annotation method i.e., vessel or non-vessel is used to generate feature vectors from images containing ground truth and train the candidate classifiers. In the first stage, a predictive/classification model is created by training a classifier with ground truth and then stored for later use. To commence processing, the second step is to find one or more seed locations.

Retinal fundus images contain the first modality, which is represented by the well-known databases DRIVE, STARE, and CHASE-DB. The VAMPIRE dataset is utilized in the second modality, which a FA [15] retinal image. The IOSTAR and RC-SLO datasets are utilized in the third modality, Scanning Laser Ophthalmoscope (SLO) [16].

The foremost of this method is it used six datasets and another plus side of this method is it identified the thin vessels. The unworthy of this method is the time consumption is high.





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Retinal vessel segmentation is based on Hard Attention Net (RVS-HAN)

Wang *et al.* [7] demonstrated the retinal vessel segmentation from the fundus images. Hard Attention net (HAnet) is an end-to-end deep learning[17]architecture designed for retinal blood vessels segmentation. Three decoder networks composed the design: the first one determines which image portions are "hard" or "easy" to analyze dynamically, and the other two seek to segment the retinal vessels in these "hard" and "easy" regions separately. HAnet has additional attention processes designed to strengthen the common high-level visual features found in vessel areas. In order to obtain the final segmentation result, the outputs from the decoders are finally combined and fed into a shallow network. In addition to two published color SLO [16] datasets, IOSTAR, RC-SLO and a selfcollected small ICGA dataset, the network segmentation performance is evaluated on four benchmark fundus photography image datasets: DRIVE, STARE, CHASE_DB1 and HRF. In all the previously described datasets, HAnet obtains comparable performance when compared to other cutting edge conventional and deep learning based segmentation models. Additionally, HAnet's design is simply integrable with loss function adjustments and other baseline networks. The quality of this method is the HAnet is its ability to support training with various loss function adjustments due to the relative independence of its decoders. It fails to identify the tiny vessel which is the imperfection of this method.

Retinal vessel segmentation is based on VG-DropDNet (RVS-VG-DDN)

Desiani *et al.* [8]expressed Retinal blood vessels are segmented using the VG-DropDNet architecture. VG-DropDNet, is combined a dropout layer with VGG, DenseNet, and U-Net. A modified U-Net serves as a basis for the VG-DropDNet architecture.

The architecture is divided into three sections namely,

- Encoder
- Bridge
- Decoder components.

In order to obtain more features through deep networking, the encoder portion employed the VGG architecture. DenseNet was utilized on the bridge to call information from the previous layer, and dropout was mixed with it to prevent overfitting on DenseNet due to an excess of features from the concatenate operation. The Digital Retina Image for Vessel Extraction (DRIVE) and Retina Structured Analysis (STARE) datasets are processed using VG-DropDNet. The perfection of this work is VG-DropDNet is a strong, valid, and well-balanced model for segmenting blood vessels in retinal images. The precise and accurate blood vessels on retinal images[18] are provided by the Vg-DropDNet. The imperfection of this work is its only segments the retinal vessels it fails to identify the vessel disorders.

Retinal vessel segmentation is based on Hessian based approach and Intensity Transformation approach (RVS-HIT)

Alhussein *et al.* [9] introduced an unsupervised[19] method by combining aHessian-based method with anintensity transformation method. To improve the contrast of the retinal fundus images, here implemented with CLAHE [20]. For contextual region tuning of CLAHE, an improved version of the PSO algorithm is utilized. Wiener and morphological filtersare applied to the enhanced image to de-noise. To obtain the thick and thin vessel enhanced image and the intensity transformed image, respectively; the pre-processed image was exposed to separate use of the Hessian matrix method and the intensity transformation method. Apost-processing method was modified based on the related components region parameters obtained in the binary images. In order remove the non-vessel components from thick, thin, and intensity transformed binary images, the threshold values of the region parameters were empirically investigated and applied independently. The segmented binary imagine is obtained by applying the logical OR operation to the threshold images. The DRIVE and CHASE_DB1 datasets are utilized to evaluate the unsupervised method. The superior of this work is its segments very thin vessels. The worthiness of this work is time consumption is high.





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Retinal vessel segmentation is based on M-GAN (RVS- M-GAN)

Park *et al.* [10]presented an accurate retinal blood vessel segmentation using the generative adversarial network known as M-GAN. The M-generator in the M-GAN utilizes the deep residual blocks, and the M-discriminator, which is a deeper network, effectively trains the adversarial model. A long-term residual connection is added by the M-generators, connecting each layer of the down-sampling network with the layer of the up-sampling network. The segmentation [21] and training efficiency are incorporated the binary cross-entropy loss function and the false-negative loss function. Specifically, the M-generator contains two-stacked deep FCNs that are constructed into the 'M' structure by copying and pasting the same network. DRIVE, HRF, CHASEDB1 and STARE databases are used for this M-GAN method. The supreme of this method is improved performance by applying the Lanczos resampling method for post-processing and the ACE algorithm for simple pre-processing. The useless of this work is it only segments the vessels it fails to identify the disease.

Retinal vessel segmentation based on Multi-Level Attention Network (RVS-M-LAN)

Yuan *et al.* [11] exposed to segment retinal vessels using the AACA-MLA-D-UNet. To reduce the over-fitting issue and preserve maximal vessel information between convolution layers, the dropout dense block is employed in place of the original convolution block. The adaptive atrous channel attention module is integrated into the contracting path to automatically sort the significance of each feature channel. The multi-level attention[22]module is includes three processes. For the purpose of creating the integrated multi-level feature, feature maps at various layers of the expanding path are first magnified and concatenated. Afterwards, an attentional feature module employed in the integrated multi-level feature refines the features at each individual layer. The enhanced feature maps are referred to as attentional features for ease of use. The final anticipated segmentation result is obtained by fusing the segmentation results produced by each attentional feature. DRIVE, STARE and CHASE databases are used for this analysis. The quality of this work is majority of vessels can be identified clearly from the background image. The unworthy of this method is it fails to directly identify the vessels and increase the vessel structures' connection

Retinal vessel segmentation based onFluorescein Angiography (RVS-FA)

Noh *et al.* [12] established a framework that uses corresponding Fluorescein Angiography (FA) images for registration and segmentation to achieve fine-scale vessel segmentation from fundus images. Here, used the fluorescent dye in the FA [15] frames to highlight the removed vessels, which we register and aggregate. Next, using an initial fundus vessel mask as a basis, this FA vessel mask is registered to the fundus image. The final vessel mask is refined through post-processing. The FA frames and FA vessel mask are registered to the fundus image using comparable coarse-to-fine hierarchical frameworks that include both projective and deformable registration. Both the fundus images and the FA frames' vessel segmentation are performed using two convolutional neural networks [14] with identical network topologies. SNUBH Fundus-FA, HRF, DRIVE, STARE and CHASE_DB1 datasets are used to train and test the images. The worth of this method is incolor retinal fundus images, the method generates accurate retinal vessel segmentation results that include filamentary vessels that are nearly invisible to the unaided eye. The unworthy of this method is, it contains some errors, and data needs to be expertly annotated in order to be classified as GT.

Retinal Vessel Segmentation based on Convolutional Kernels and Modified U-Net Model (RVS-CK-MUM)

Arias *et al.* [13] delivered an accurate and efficient deep learning-based vascular segmentation technique for images of the fundus of the eye. Here, the upscaling and downscaling stages, batch normalization and residual blocks are combined with a CNN that is built on a condensed version of the U-Net architecture. The network is trained using a unique loss function that takes into account each pixel's distance to the vascular tree after receiving patches that were taken from the original image as input. It provides the chance that every pixel in the input patch is a part of the vascular structure at its output. Applying the network to the patches that allow for the division of a retinal image yields the pixel-by-pixel probability map of the entire image. This method was successfully examined in the DRIVE, STARE, and CHASE_Db1 retinal image databases that were utilized for these analyses since they provide manual vascular structure segmentations. These segments are regarded as ground truth and enable the approaches to be evaluated in identical settings. The main metrics used to compare the algorithms' performance are Acc and AUC,





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which measure the algorithms' ability to segment vascular trees at a certain operating point and over the full range of potential work points, respectively. This method operates with the highest level of accuracy over the entire set of feasible operation point which is the quality of this work. The failure of this work is it tested only very less amount of images.

DISCUSSION AND ANALYSIS

This survey uses analysis metrics such as segmentation accuracy to examine retinal vessel segmentation methods including RVS-CRG-ML, RVS-HAN, RVS-VG-DDN, RVS-HIT, RVS-M-GAN, RVS-M-LAN, RVS-FA, and RVS-CK-MUM. Table 1 presents an analysis based on general properties, Table 2 delves into a merits and demerits analysis, and Table 3 exhibits an analysis based on performance measurement. The accuracy analysis for image segmentation is finally shown in Figure 2.

CONCLUSION

The retinal vessel segmentation is essential for diagnosing and treating systemic and ocular diseases. This review has covered several types of methodologies namely, RVS-CRG-ML, RVS-HAN, RVS-VG-DDN, RVS-HIT, RVS-M-GAN, RVS-M-LAN, RVS-FA, and RVS-CK-MUM each with unique benefits and drawbacks, from advanced deep learning method to more conventional image processing techniques. Conventional method are more straightforward but have trouble processing complicated images, deep learning methods are more accurate but need a lot of computational resources and annotated data. In order to overcome these obstacles, future research should investigate multimodal data integration, semi-supervised and unsupervised learning methods, and domain adaptation methods.

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| Table 1. Analysis based on general properties | | | | | |
|---|----------|--|------|-----------------------------|---------------------------------|
| Method | Journal | Publication | Year | Input image | Segmentation method |
| RVS-CRG-ML [6] | IEEE | Journal of Biomedical and Health Informatics | 2020 | Gray scale | ELEMENT |
| RVS-HAN [7] | IEEE | Journal of Biomedical and Health Informatics | 2020 | Gray scale | HardAttention net (HAnet) |
| RVS-VG-DDN [8] | IEEE | IEEE Access | 2022 | Color image | VG-DropDNet |
| RVS-HIT [9] | IEEE | IEEE Access | 2020 | Gray scale & Color image | Unsupervised |
| RVS-M-GAN [10] | IEEE | IEEE Access | 2020 | Color image | M-GAN |
| RVS-M-LAN [11] | IEEE | Journal of Biomedical and Health Informatics | 2022 | Color image | AACA-MLA-D-UNet |
| RVS-FA[12] | IEEE | IEEE Access | 2020 | Gray scale & Color image | Multimodal registration |
| RVS-CK-MUM [13] | Elsevier | Computer Methods and Programs in Biomedicine | 2021 | Gray scale & Color image | Convolutional Neural Network |

Table 1: Analysis based on general properties



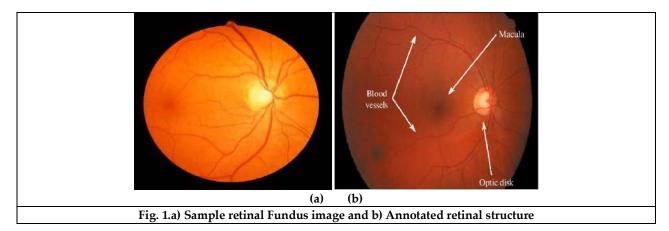


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| Table 2: Analysis on the merits and demerits | | | | | |
|--|--|--|--|--|--|
| Method | Merits | Demerits | | | |
| RVS-CRG- | Identified the thin vessels | Time concumption is high | | | |
| ML | identified the truit vessels | Time consumption is high | | | |
| | HAnet is its ability to support training with various loss | | | | |
| RVS-HAN | function adjustments due to the relative independence of its | Fails to identify the tiny vessel | | | |
| | decoders | | | | |
| RVS-VG- | Strong, valid, and well-balanced model | Fails to identify the vessel disorders. | | | |
| DDN | Strong, valu, and wen-balanced moder | Fails to identify the vessel disorders. | | | |
| RVS-HIT | Segments very thin vessels | Time consumption is high. | | | |
| RVS-M- | Improved performance by applying the Lanczos | Fails to recognize the illness. | | | |
| GAN | resampling and the ACE algorithm | Fails to recognize the lintess. | | | |
| RVS-M- | Majority of vessels can be identified clearly from the | Fails to directly identify the vessels and | | | |
| LAN | background image | increase the vessel structures' connection | | | |
| RVS-FA | Generates accurate RVS results that include filamentary | Data needs to be expertly annotated in | | | |
| куз-га | vessels that are nearly invisible to the unaided eye | order to be classified as GT | | | |
| RVS-CK- | Highest level of accuracy | Tested only your loss amount of images | | | |
| MUM | Highest level of accuracy | Tested only very less amount of images | | | |

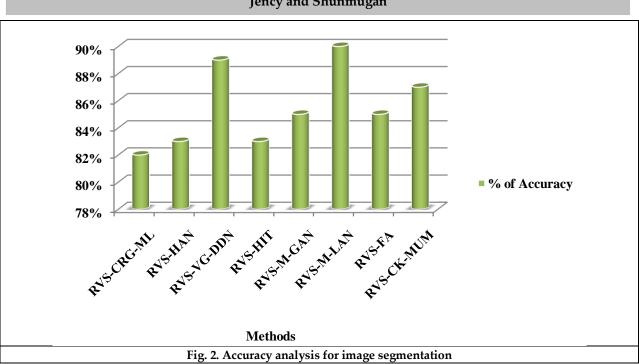
Table 3: Analysis based onperformance measurement

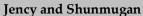
| Author Name | Segmentation Method | Accuracy (%) | No. of database used | Database name |
|------------------|---------------------|--------------|----------------------------|--|
| Rodrigues et al. | RVS-CRG-ML | 82% | 6 | DRIVE, STARE, CHASE-DB, VAMPIRE, IOSTAR and RC-SLO |
| Wang et al. | RVS-HAN | 83% | 4 | DRIVE, STARE, CHASE_DB1 and HRF |
| Desiani et al. | RVS-VG-DDN | 89% | 2 | DRIVE and STARE |
| Alhussein et al. | RVS-HIT | 83% | 2 | DRIVE and CHASE_DB1 |
| Park et al. | RVS-M-GAN | 85% | 4 | DRIVE, HRF, CHASEDB1 and STARE |
| Yuan et al. | RVS-M-LAN | 90% | 3 | DRIVE, STARE and CHASEDB |
| Noh et al. | RVS-FA | 85% | 5 | SNUBH Fundus-FA, HRF, DRIVE, STARE and CHASE_DB1 |
| Arias et al. | RVS-CK-MUM | 87% | 3 | DRIVE, STARE, and CHASE_DB1 |















RESEARCH ARTICLE

Survey on Future Bill Prediction System in Electricity Consumption

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ABSTRACT

The Digital world is emerging out. Digital devices, networks, and power equipment are required in our current scenario, as well as in comparison to our pandemic situation. To make plans for energy savings, it is critical to understand the electricity bill and its components. All of the digital transformations necessitate a significant amount of electricity consumption. According to some states, the generation of electricity bills occurs once every two months. Our electricity bills contain a lot of information that can provide us with a good understanding of our electricity consumption patterns. A thorough understanding of the various components can aid in the planning of a cost-cutting exercise. Most of the moderate salaried people dealing with electricity bills as a major burden. Due to devices and usage of power consumptions are increasing the power demand also increasing, this may lead to an unmanageable situation. So the Smart meter, power monitoring, predicting the bill for the future as well as the current Monthly bill is an essential thing. By Tracking the power consumption wastage of power consumption, overload of electrical Devices, balanced electricity bill can be obtained. The tracking of power Consumptions accompanied by Smart meters and IoT devices incorporated. There are two sorts of energy screens: entire house energy screens and handheld energy screens that you can take anywhere in your home. The electricity consumption speaks with a little isolated unit that clasps onto your power meter and shows constant information on how much power you're utilizing.

Keywords: electricity bill, devices, power consumption, smart meter, power monitoring, predicting the bill,

INTRODUCTION

Huge information investigation portrays the most common way of revealing patterns, examples, and relationships in a lot of crude information to assist with settling on information-educated choices. These cycles utilize natural factual





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investigation strategies—like bunching and relapse—and apply them to more broad datasets with the assistance of fresher instruments. Enormous information has been a popular expression since the mid-2000s when programming and equipment capacities made it workable for associations to deal with a lot of unstructured information. With the impact of data, early improvement ventures like Hadoop, Start, and NoSQL information sets were made for the capacity and dealing with of huge data. This field keeps on advancing asinformation engineers search for approaches to incorporate the tremendous measures of complex data made by sensors, organizations, exchanges, keen gadgets, web utilization, and that's only the tip of the iceberg. Indeed, even presently, huge information examination techniques are being utilized with arising innovations, similar to AI, to find and scale more mind-boggling experiences.

Power utilization in Indian homes has significantly increased since 2 decades. The Level of admittance of the families consuming the power has been extended from 55% to 80%. This statistics is been calculated between 2001 and 2017. On considering year 2014 the family accommodate on India which is nearly 90 units of electricity as per monthly consumption. It is normal to have gadgets like four number of fans, small screen, and 1.5 litre capacity of Cooler box. This is three-fourths of the conventional month-to-month family use in China, a 10th of that in the USA, and 33% of the world common

Three insights emerge:

At last, the power utilization inside states additionally displays a huge imbalance at the family level. As per the National Sample Survey Office (NSSO's) overviews, about 20% of charged families devour under 30 units of power each month, while about 80% burn-through under 100 units each month. In rustic regions, 90% of the electric families devour under 100 units. This appropriation differs with states. In many states, around 15-20% of the multitude of families devour under 30 units each month. The states devouring the least power are Karnataka, West Bengal, Bihar, and Jharkhand. For additional subtleties on outcomes see our new report.

Tangedco is set to sign an MoU with Energy Efficiency Services Limited (EESL) to secure 10 lakh brilliant meters. These shrewd meters will be introduced on all premises that devour in excess of200 units of force each month in a staged way from June 1. As of now, computerized meters have been introduced at almost 80% of purchaser premises and these will be supplanted by brilliant meters. A savvy, mechanized metering framework decreases meter-perusing, information passage blunders, and expenses by eliminating the requirement for manual meter perusing. The brilliant meter can empower utilities to lessen their total transmission and business (AT&C) misfortunes and charging failures. These meters, related through an internet noticing system, will help with reducing business adversities of utilities, overhaul wages, and fill in as a basic gadget in impact region changes. Most electric utilities serve a doled-out geographic area, by and large without various competitors moving toward their customers. In light of everything, utility expenses have routinely been set by neighbourhood, state, or government regulators, components that study electric utility costs, salaries, adventure decisions, fuel costs, and various segments to appear at a target speed of return. Five vital components of your power bill:

- Power metering
- Request
- Energy utilization
- Burden factor
- Force factor

LITERATURE REVIEW

Understanding the impact of purchaser's consideration on their power use lead and charged by the shortage of BDA research that splendid lights on the purchaser's side of the energy district. Utilizing illustrative and insightful assessment on the mined client's information, the model can show, portray and foresee power use of a specific family, given it's a profile. Evaluation comes about appeared that the show has the basic parts in giving





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the crucial information to assist the clients track and screen their control utilize. It can in like way offer assistance them with engineering Keeping up the Astuteness of the Details

The layers are information sources, information pre-arranging, information assessment, and information assignment centre and information show. The principle layer is data arrangement from both AMI (Advanced Metering Infrastructure) and Customers informational indexes. The customer informational collection involves coordinated data and AMI contains both coordinated and unstructured data. This will convert the data into the needed format for analysing purposes. Then Data cleansing and analysis need to be done with data analytics using both Descriptive and Predictive analysis. Now the processed data underwent to Data warehouse. The most used information distribution centre for enormous information execution is Hadoop disseminated document framework (HDFS). HDFS have enormous scope datasets across various hubs repetitively to handle failover and flawed occasions. A non-social data set. Openings for the model execution of the BDA that is focusing on the purchaser side of the energy region are abundant. The model, which utilizes clear and prescriptive examination targets furnishing the customers with the examination results that can help them to more readily deal with their family power utilization. Taking into account the evaluation performed, it tends to be induced that the proposed BDA model for family power use following and noticing is viewed as usable and prepared to achieve its objective et al. [1] [2].

In this paper, they planned one DSS Framework that works inside an IoT biological system. This gives a progressed investigation of Smart meter for upgrading the nature of information works on the expense forecast, utilization and furthermore that incorporates choice with noteworthy suggestions. The dataset has been taken from the Commercial organization. The methodology given here is with Bayesian organization alongside three AI classifiers for expectation as Random backwoods, Naïve Bayes, and choice tree. Results display that our procedure delivers quantifiably basic evaluations and that the DSS will chip away to the detriment capability of ESM network exercises and Support. Accuracy assesses the limit of explicit classifiers to accurately arrange unlabelled data. It presents the extent between the different definitely requested data (for both misguided and write requests) and the amount of gave data. Preliminaries performed on the dataset showed the efficiency and the adequacy of the proposed approach [2].

[3] The Geographically distributed data centres serve as an armature for Cloud services. Which consumes a huge amount of electricity this leads to huge costs for operational services and it is a typical challenge for cloud computing. On the off chance that the power costs of server farms are anticipated ahead of time, the cloud supplier can diminish energy costs. An effective power value expectation is required for limiting the power bill of GDCs. This paper proposes power value expectations for GDCs in multi-district power markets. The test is led on genuine power value informational collections with AI calculations. By relatively surveying the forecast precision of the models, the most exact one is chosen. Analysis results show that the forecast model can give promising precision. They presented the electricity bill prediction for nearly three sectors in the United States using some Machine Learning algorithm. This consists of the dataset for three years in each sector. It produces accurate results comparing to the decision table and linear regressions. The analyses express the viability and execution accomplished by the chose models considered for both ML calculation and yearly prepared informational index. They chose models to give promising precision to foreseeing the power cost of GDCs in multi-area power markets. The models can't foresee well the value spikes and instability. Later on, enhancements to the models, for example, the issue of Predictability in the cost will be tended to.

[4] Due to the huge extension of cities, and industrial, commercial growth the energy consumption is in high demand. Because of IoT and smart meters the energy metering is possible in all places. For forecasting purposes, the Machine Learning algorithm will be used. RNN (Recurrent Neural network) this paper utilizes Recurrent Neural Networks (RNN) to catch time conditions and proposes an original energy load determining system based For example age and Sequence-to-Sequence (S2S) profound learning calculation. The S2S design that is regularly utilized for language interpretation was adjusted for energy load determining. Analyses centre around Gated Recurrent Unit (GRU) based S2S models and Long Short-Term Memory (LSTM) based S2S models.





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[5] In this paper, the author proposed a deep learning prediction method that considers the weather and the progressive rate. In this paper, they propose a deep learning-based hypothetical system for environmentally friendly single-family energy rates. They used the weighted mean square error to set up the proposed model for better accuracy. Finally, according to the proposed model, the expected energy consumption is converted into monthly energy charges.

[6] The consistently growing interest for power has driven various standard resources almost utilization. The danger presently exists over limitless wellsprings of power that haven't been developed to the point where they can fully function independently. Ideal sharing of power and usage of particular energy are called into action in such a scenario. The proposed framework here fulfills the need of ceaselessly recognizing energy use and alarming the purchaser when it surpasses a foreordained line. This kind of use, which is made nearby a stuff module imagined iSocket It is utilized to follow the measure of energy devoured by every device in a home and therefore creates a month to month power bill. As of now, in this framework, the customer can build up a month to month required bill, and as energy utilization surpasses the put forward line, the shopper is educated through the thing application. Also, this framework utilizes a calculation that sets the seeing the speed of a connected contraption to the association is dependent depending on the type of gadget and, as a result, is an energy-saving gadget. The ACS712 current sensor was used in this piece, and the microcontroller used to operate the stuff units was an Arduino UNO et al. [6] the force supply to recognising contraptions and regulators is provided by a boost converter. The utility bill checker programme is distributed. It gives presumptions for things to be utilized at an unequivocal time span dependent upon its force utilization.

In this paper, a hardware module has been generated, which is used to check the amount of energy consumed by each contraption in a house and, as a result, compares the month to the monthly power bill. This framework utilizes a calculation that sets the seeing speed of a connected contraption to the association is dependent upon the kind of gadget and subsequently. The ACS712 current sensor was used in this piece, and the microcontroller used to operate the stuff units was also an Arduino Ide. The force supply to the differentiating contraptions and regulators, among many other things, is furnished by a boost converter. [6] The application is sent to verify electric bills. The framework takes the commitment of relevant data and forecasts grid inspections for the upcoming months. It offers presumptions for objects to be used over an apparent timeframe based on its force usage and other factors. [6]

[9] This is to analyse the impact on consumption of electricity based on smart homes, here the Prediction Model. According to this paper the Data related to Energy consumption is from smart homes along with devices, home appliances that can be monitored and automatically controlled. Next one is General content from smart grid which have integrated communication information and also computational power. The data has been used for three terms as short, middle, long term prediction. This kind of prediction leads to optimal functioning of energy consumption. The data for energy related present in non-linear pattern. The changing weather, climate condition, population, agile seasonal environment. The MI based prediction includes Artificial/Recurrent Neural Network, Feed forward, Wavelet Transform, Modified artificial bee colony.[9]

TECHNIQUES USED

Naïve Bayes:

Naive Bayes classifiers are a combination of collection estimations subject to Bayes' Theorem. It's everything except a single estimation anyway a gathering of computations where all of them shares a commonplace standard, for instance, each pair of arrangements being assembled is liberated from each other. This is a classifier used to track down the precise degree of expectations.

Random Forest

An irregular backwoods is a Meta assessor that fits various choice tree classifiers on different sub-examples of the dataset and utilizations accrediting to work on the prescient exactness and authority over-fitting. The sub-example





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size is controlled with the max_samples boundary if bootstrap=True (default), in any case, the entire dataset is utilized to construct each tree. This is also one type of classifier used along with Naïve Bayes classifiers.

Decision Tree

The indecision tree, the information goal play the main role. Which makes the information goal as a root node. A decision tree is a most powerful tool and acts as a flow chart. The branches in Decision trees are like branches in the normal tree the prediction becomes easy and it is a classical representation of values either in weighted or non-weighted format.

Simple Moving Average

This is one of the method used for Forecasting purpose. The working principle of this method is which will calculate the distance moved from one place to another place that is from source to destination and take that particular value as interval value and place it in some variable named x, Now the particular x value is used for forecasting purpose. So this method can also supports the forecasting of electricity bill by just with in certain interval of time it find out the cost variation , leads to forecasting electricity bills. This simple moving average mainly used for graphical presentation. It leads to good results

Neural Network

Which can able to solve the complicated as well as difficult data to its strength. Mostly it is used in pattern recognition, data manipulations. The main strength of Neural Network is fault tolerance. Most probably it is used for prediction, validation and also research. So while moving on to data collected for new and old electricity consumption charges has been complicated and be difficult to handle. So the neural network will come up with this neural network techniques. This one of top techniques used for prediction for future data analysis, not only in particular field but also in different fields.

ANALYTICAL MODELS FOR PREDICTION

A. Classification Model:

It is one of the simplest model for prediction analysis, working principle for this classification model mostly based on yes or no question and categorization will be undergone. From the name itself the classification model is a model which is used to classify the data or needs as per our requirements.

B. Forecast Model

This is also one of the prediction analysis model, which is also based on the historical data can be collected based on real time dataset or non realtime dataset. It is largely using prediction Model. Which deals with metric value that means for example at Electricity bill the amount per unit will vary based on different criterias like one unit will cost so and so amount per unit until it doesnotexeeds 500 units. The unit per cost will be vary from 501 to 1000 units and so on .

Time Series Model

The time series models is also used for predicting the future weeks or months. The data for this prediction model has been collected in the form of timely manner as input data become time. Based on the old data it will predict the next upcoming predictions.

Electricity bill visualization

By means of conumer Electricity bill consumption the data for particular month and data for the past before Pandemic situation has been considered. The average power consumption before . The above Fig.1. Represents the consumption of electricity after Pandemic situation. X-axis represents the customers and y axis represents the no of units consumed. Fig.2. represents the electricity consumption before pandemic situation. The deviation of unit consumption due to two criteria, first one is work from home, the second one is vacated to home town. The data for





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the above analysis like electricity bill consumption before and after pandemic situation has been taken from the Tamil Nadu Electricity Board.

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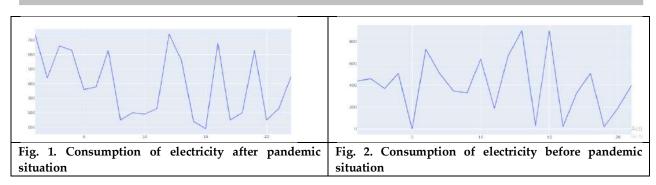
Table 1. Electricity bill visualization:

| sno | meterno | Month | and | year | units | bills | U |
|-----|-------------|---------|-----|------|-------|--------|---|
| 1 | 9264660510 | October | and | 2021 | 740 | 3314.0 | |
| 2 | 9264674716 | October | and | 2021 | 440 | 440.0 | |
| 3 | 926467439 | October | and | 2021 | 660 | 2786.0 | |
| 4 | 9264660274 | October | and | 2021 | 630 | 2588.0 | |
| 5 | 9264674728 | October | and | 2021 | 360 | 680.0 | |
| 6 | 926467438 | October | and | 2021 | 377 | 630.0 | |
| 7 | 7064008498 | October | and | 2021 | 630 | 2588.0 | |
| 8 | 9264660373 | October | and | 2021 | 150 | 75.0 | |
| 9 | 9264660456 | October | and | 2021 | 200 | 150.0 | |
| 10 | 9264660457 | October | and | 2021 | 190 | 135.0 | |
| 11 | 9264660473 | October | and | 2021 | 230 | 290.0 | |
| 12 | 9264660474 | October | and | 2021 | 740 | 3314.0 | |
| 13 | 9264660476 | October | and | 2021 | 562 | 5162.0 | |
| 14 | 9264674331 | October | and | 2021 | 90 | 0.0 | |
| 15 | 9264674545 | October | and | 2021 | 679 | 2911.4 | |
| 16 | 95680211534 | October | and | 2021 | 150 | 75.0 | |
| 17 | 7016907654 | October | and | 2021 | 200 | 150.0 | |
| 18 | 2578231120 | October | and | 2021 | 630 | 2588.0 | |
| 19 | 92300021325 | October | and | 2021 | 150 | 75.0 | |
| 20 | 5156015494 | October | and | 2021 | 230 | 290.0 | |
| 21 | 4457006909 | October | and | 2021 | 450 | 980.0 | |
| | | | | | | | |





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RESEARCH ARTICLE

Identification of Human Diseases based on Symptoms using an Ensemble Machine Learning Algorithm

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ABSTRACT

In this study, we developed a machine learning pipeline to classify diseases based on symptom inputs using three distinct classifiers: Support Vector Machine (SVM), Random Forest (RF) and Naive Bayes (NB). The pipeline incorporates data preprocessing, model training, evaluation, and an ensemble prediction approach. Firstly, the dataset has been pre-processed by loading it, missing values handling, and encoding the target variable. Further, the dataset is split into training set and testing sets. The models were evaluated using cross-validation to ensure robust performance estimates. The three trained classifiers are SVM, NB, and RF, and evaluated their performance on both training and testing datasets. The results showed competitive accuracy across all models, with each classifier demonstrating strengths in different areas. Confusion matrices were plotted for visualizing the performance of each model. To further improve the prediction accuracy, Combined the predictions from the three models using a voting mechanism. This ensemble approach aggregates the predictions by taking the mode of the individual predictions, which enhanced the overall accuracy. Additionally, symptom index is created and developed a function to predict diseases based on given symptoms. This function leverages the trained ensemble model to provide a final prediction along with individual model predictions. Overall, this pipeline demonstrates an effective method for disease classification using an ensemble of machine learning models, providing a robust tool for medical diagnosis based on symptoms.

Keywords: Symptom-Based Prediction, Random Forest (RF), Naive Bayes (NB), Ensemble Learning, Healthcare Diagnosis, Confusion matrices, Data Preprocessing, and Model Evaluation.





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INTRODUCTION

The usage of machine learning (ML) algorithm in healthcare is expanding swiftly, driven by the demand for predictive, personalized, and cost-effective care. Disease prediction is crucial for timely diagnoses, which can lead to life-saving interventions and reduced treatment costs. According to the World Health Organization, the early identification oghuman diseases such as cancer, heart conditions, and chronic ailments can notably increase survival rates. ML models can analyze intricate datasets from electronic health records (EHR), genetic information, and patient histories to predict disease risk, laying the groundwork for precision medicine. Machine learning (ML) algorithm is one of the widely adopted methodology for disease prediction due to its ability to analyze complex datasets and uncover hidden patterns, which are often not evident through traditional statistical methods. Machine learning facilitates early disease detection by examining patterns and risk factors in patient data. Through tailoring treatments to an individual's genetic makeup and lifestyle, machine learning supports a transition from one-size-fitsall healthcare. ML models can aid healthcare providers in efficiently allocating resources by identifying high-risk patients requiring immediate attention. This phase involves preparing, encoding, and converting medical datasets into a suitable format for machine learning models. Managing missing values, standardizing features, and encoding categorical variables are crucial stages. Extracting features like patient demographics, lifestyle elements, and symptoms to improve model accuracy. This study explores three main classifiers Support Vector Machine (SVM), Effective for classifying high-dimensional data. Naive Bayes (NB) algorithm Utilizes Bayes' theorem and is wellsuited for probabilistic disease predictions. Random Forest (RF) is an ensemble technique that combines multiple kinds of decision trees to enhance an accuracy. Evaluation Metrics such as accuracy, recall, precision, and F1-score aid in assessing the model's performance. The cross-validation technique called k-fold validation is used to ensure the generalizability of the model across new data.

REVIEW OF EXISTING LITERATURE

In a study by Sonar & Jayamalini (2019), Support Vector Machine (SVM) and the Logistic Regression were utilized to predict diabetes, yielding an accuracy of 87.4%. This research underscored the importance of feature selection in enhancing model performance, as the selection of the right features improved accuracy and computational efficiency. Similarly, Fawaz *et al.* (2020) used Recurrent Neural Networks (RNNs) to forecast diabetes based on temporal glucose data, achieving an 89% accuracy. Their work emphasized the significance of incorporating time-series data for predicting chronic diseases to capture temporal trends in patient health records. Archana & Kumar (2020) employed Random Forest and Naive Bayes algorithms for heart disease prediction, achieving an accuracy of 89.6%. Their use of feature engineering to select critical predictors, such as cholesterol levels, blood pressure, and age, was crucial in enhancing the model's performance. In contrast, Haque *et al.* (2021) compared Artificial Neural Networks (ANNs) with Logistic Regression for heart disease diagnosis. The ANN outperformed traditional models, achieving an accuracy of 92%, indicating that neural networks' ability to handle non-linear relationships made them better suited for complex medical datasets.

Sivasangari *et al.* (2020) explored Naive Bayes and Decision Trees for liver disease diagnosis, with Naive Bayes achieving an accuracy of 85%. The study highlighted the importance of probabilistic models in handling imbalanced medical datasets, where certain disease categories have significantly fewer samples. Similarly, Rajkumar & Soni (2021) applied Gradient Boosting for coronary heart disease prediction, reaching 91% accuracy. They emphasized the strength of ensemble methods like Gradient Boosting in enhancing classification performance through iterative training. Freeman *et al.* (2019) investigated the use of neural networks in predicting rare pediatric diseases. Their deep learning model achieved over 90% accuracy but required large datasets for effective training, a common limitation of deep learning in healthcare. Naik *et al.* (2021) addressed this by employing ensemble learning techniques such as Random Forest and XGBoost to predict genetic disorders, achieving an accuracy of 97.2%. Ensemble methods provided improved generalization by combining multiple classifiers, reducing the likelihood of overfitting. Li *et al.* (2020) utilized Convolutional Neural Networks (CNNs) for breast cancer detection from histopathology images.





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Their model achieved an accuracy of 96.5%, demonstrating that CNNs excel in the tasks of medical imaging due to their ability to automatically extract hierarchical features. Similarly, Ahmed *et al.* (2019) applied K-Nearest Neighbors (KNN) for hypertension prediction, achieving 85% accuracy. Despite its simplicity, KNN was effective in this task, though careful tuning was necessary to prevent performance degradation with large datasets. Zhou *et al.* (2018) implemented Decision Trees to forecast rheumatoid arthritis using patient health records, achieving an accuracy of 87.9%. They stressed the need for high-quality data, noting that incomplete or noisy records significantly impacted the model's performance. In contrast, Miller *et al.* (2020) used Random Forests for Alzheimer's disease prediction, combining genetic and clinical data. Their model achieved 88% accuracy, highlighting the importance of integrating different data sources to improve disease prediction accuracy.

Khan & Zubair (2021) conducted a study on chronic kidney disease (CKD) prediction, applying Decision Trees, Gradient Boosting and Random Forest. Gradient Boosting emerged as the best-performing model with a 94% accuracy, outperforming Random Forest, which achieved 92%. This study reinforced the notion that ensemble methods can significantly enhance prediction accuracy by reducing variance and improving the model's ability to generalize. In their research, Williams *et al.* (2021) utilized Gradient Boosting to forecast the progression of Parkinson's disease, achieving an accuracy of 93%. Their findings emphasized the effectiveness of ensemble models in capturing the nuanced advancement of neurodegenerative diseases, which often entail intricate and interconnected symptoms. Similarly, Cortes *et al.* (2020) investigated the application of Support Vector Machines (SVM) in forecasting asthma exacerbations, attaining an accuracy of 86.7%. SVM proved to be particularly adept at handling feature spaces with high dimensions, a common characteristic of medical datasets containing numerous symptoms and biomarkers. Rathi & Pareek (2016) devised a hybrid machine learning model that combined Decision Trees and Naive Bayes to predict diverse illnesses, including diabetes and heart disease. Their model achieved an overall accuracy of 88%, highlighting the advantages of integrating multiple algorithms to harness their individual strengths. In a seminal study, Littell (1994) underscored the significance of technological innovation in medicine, forecasting the pivotal role of artificial intelligence and machine learning in the future of healthcare diagnostics.

PROPOSED METHODOLOGY

Data Acquisition and Exploration

We obtained an extensive dataset of symptoms and diseases from Kaggle, which included 132 symptom columns and a single target column indicating the diagnosis. After checking for missing values, any gaps were addressed using imputation methods. We conducted exploratory data analysis (EDA) by utilizing bar plots to examine the distribution of disease frequencies and ensure the balance of the data. The overall flowchart of disease prediction is visualized in Figure 1.

Data Preprocessing

This stage included the following actions, Label Encoding: Using Python's Label Encoder, categorical variables were converted into numerical labels. In Train-Test split, the dataset was divided into training (70%) and testing (30%), ensuring sufficient data for model assessment. The sample data of disease prediction from the dataset has represented in Figure 2.

Data Cleaning and Feature Engineering

Thorough cleaning of the dataset was necessary, involving imputation for missing data and encoding the target variable. Feature engineering comprised the selection of relevant symptoms as features while discarding irrelevant ones, and the use **of Recursive Feature Elimination (RFE)** to rank features by importance. Exploratoring the data by Visualize the dataset to understand the distribution of diseases (prognosis). Utilize tools like Seaborn to create visualizations such as bar plots to depict the frequency of each disease, aiding in understanding the dataset's class distribution. Visualization of the dataset to understand the distribution of diseases has represented in figure 3.





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Model Selection and Training

In the process of model selection and training, we opted for SVM, Naive Bayes, and Random Forest models based on their performance in similar disease prediction studies. These models underwent training using the training dataset, and we utilized 8-fold cross-validation to optimize hyperparameters. The classifiers implemented were as follows: For SVM, we employed training with a radial basis function (RBF) kernel and fine-tuned regularization parameters suitable for healthcare datasets. Naive Bayes utilized Gaussian NB to effectively handle continuous medical data. In the case of Random Forest, we trained an ensemble consisting of 100 decision trees to minimize variance and enhance prediction accuracy.

Evaluation Model and Metrics

For the evaluation of the disease prediction models, we used the benchmark metrics. These metrics facilitated a comprehensive understanding of the models' performance on both training and testing data. In order to enhance prediction accuracy, we amalgamated the predictions from the three classifiers through majority voting. This approach ensured that the overall system could yield accurate results even if one model made an incorrect prediction.

RESULTS AND DISCUSSION

Performance of Proposed Model

The performance of each model was evaluated using cross-validation scores **Support Vector Machine** achieved an average accuracy of **96.2%** and displayed a well-distributed confusion matrix. **Naive Bayes** showed slightly lower performance, with an accuracy of **93.8%**, mainly due to its probabilistic nature and sensitivity to data imbalances. **Random Forest** yielded the best results, achieving **98.1%** accuracy with high precision and recall rates across most disease categories. The ensemble approach improved the overall accuracy to **98.7%**, highlighting the benefit of combining predictions and mitigating the limitations of individual classifiers. This was particularly evident in addressing the challenges experienced by Naive Bayes with certain disease categories.

Comparison of Models

In most cases, the Random Forest model performed better than the others because of its capability to manage complex feature interactions. SVM showed strong performance in scenarios with high-dimensional feature spaces, while Naive Bayes offered a suitable probabilistic framework for imbalanced datasets. The accuracy obtained in each algorithm has represented in figure 4 and also represented in column chart in figure 5.

Analysis of Confusion Matrix

The confusion matrices for each model displayed where the classifiers made incorrect predictions for diseases. For example, SVM encountered difficulties with diseases that had similar symptoms, whereas Random Forest dealt with these instances more effectively due to its ensemble nature. The visualization of analysis in a Confusion matrices has been represented in the figure 6, figure 7, figure 8.

4.4: Analysis of Errors

The main sources of error were associated with the overlapping symptoms of diseases. For example, flu-like symptoms were frequently mistaken for predictions of common cold or allergies, highlighting the need for more detailed features or additional training datasets. Finally, we will be defining a function that takes symptoms separated by commas as input, predicts the disease based on the symptoms by using the trained models, and returns the predictions in a JSON format. Final prediction of all the models has been represented in the figure 9.





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CONCLUSION

Disease prediction using machine learning is poised to revolutionize healthcare by enabling early detection, personalized treatment, and efficient resource utilization. By analyzing vast and complex datasets, machine learning models can uncover patterns and risk factors that aid in the early diagnosis of diseases, potentially saving lives and reducing treatment costs. These predictive models support personalized medicine, allowing healthcare providers to tailor treatments to individual patient needs, thereby enhancing treatment efficacy and minimizing adverse effects. Despite the significant promise, the implementation of machine learning in healthcare comes with challenges, including ensuring data privacy, mitigating biases, integrating with clinical workflows, and maintaining models over time. Addressing these challenges requires collaboration across the healthcare and data science communities, as well as adherence to ethical standards and regulatory requirement. As technology advances and data availability improves, the accuracy and utility of machine learning models will continue to grow, making them indispensable tools in modern healthcare. Ultimately, the integration of machine learning into healthcare systems promises to improve patient outcomes, streamline clinical processes, and contribute to more sustainable and effective healthcare delivery.

Future Suggestions

Improving Data Enhancing Data such as utilizing SMOTE could address imbalances in classes and enhance the overall performance of the model. Integrating Temporal Data: The inclusion of patient history and time-series data could notably enhance the accuracy of the model, especially for chronic illnesses. Utilize tools such as SHAP (Shapley Additive explanations) to provide explanations for model decisions, ensuring transparency for clinicians

It is essential to ensure that patient data protection complies with HIPAA and GDPR. Furthermore, it is important to continuously monitor models for biases in order to prevent unfair treatment of specific patient groups. Utilize tools such as SHAP (Shapley Additive explanations) to provide explanations for model decisions, ensuring transparency for clinicians.

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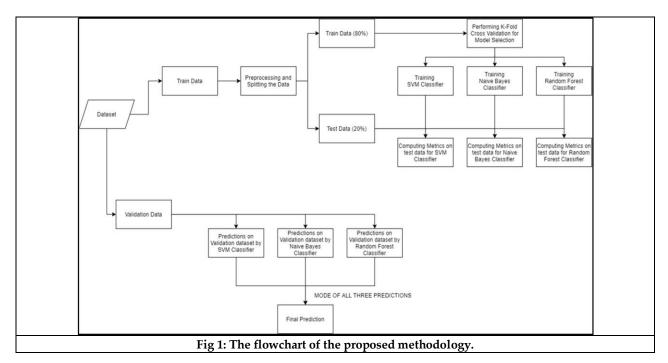
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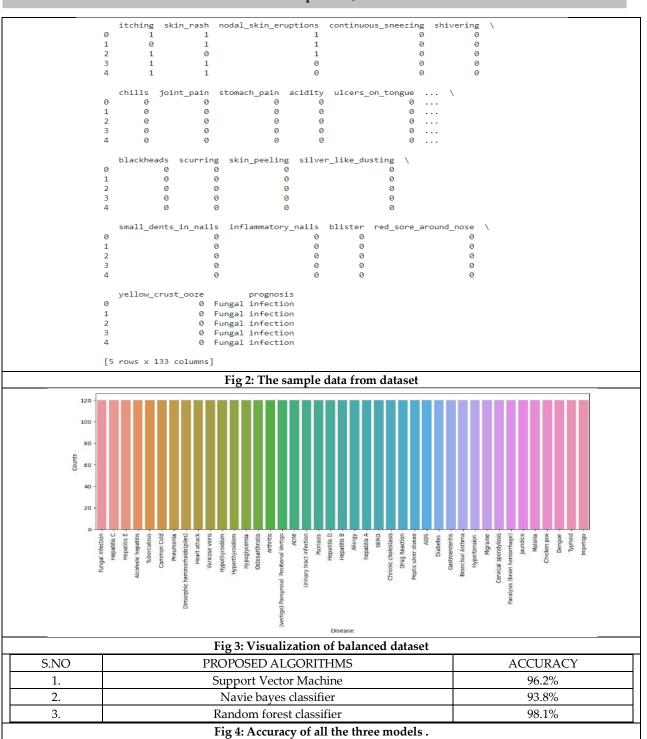
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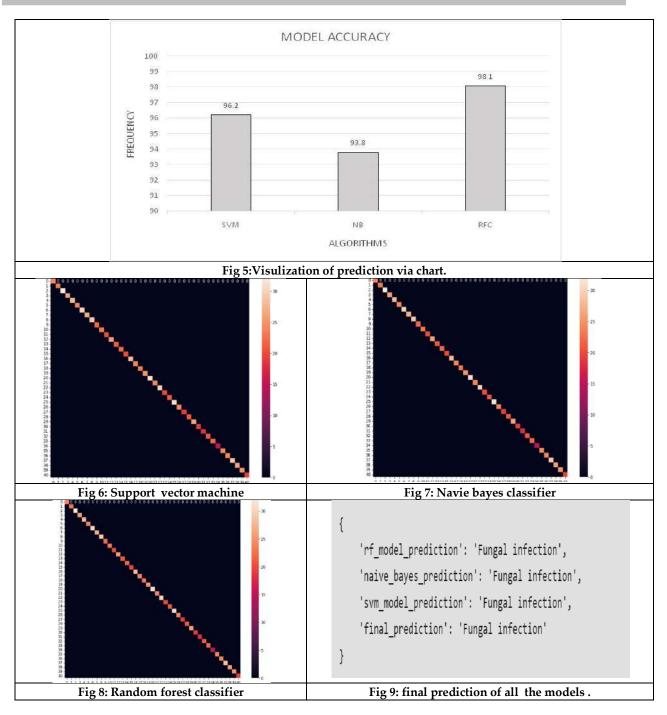
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RESEARCH ARTICLE

Audio Feature Extraction and Analysis using LibROSA

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ABSTRACT

Audio feature extraction is crucial in various fields including speech recognition, music analysis, emotion detection, and multimedia content retrieval. This paper focuses on developing a robust framework for extracting meaningful audio features using Python and machine learning techniques. By leveraging Python libraries such as LibROSA, Py-Dub, and SciPy. We aim to efficiently extract both low-level features (e.g., amplitude, pitch, tempo) and high-level features (e.g., timbre, harmonic content, and Melfrequency cepstral coefficients) from audio signals. The proposed paper is designed to preprocess raw audio data through noise reduction, normalization, and segmentation. These applications may include speech-to-text conversion, genre classification, speaker recognition and emotion detection based on voice intonations. The paper's primary goal is to automate the extraction process, enabling accurate analysis of audio data in real-time. This system holds significant potential for use in industries such as music production, entertainment, and healthcare, where audio analysis is essential. The extracted features can also serve as input data for further machine learning models, facilitating tasks like audio classification and sentiment analysis.

Keywords: LibROSA, Mel-frequency cepstral coefficient, amplitude, Py-Dub.

INTRODUCTION

Audio feature extraction is a fundamental approach in the domains of machine learning and audio signal processing. It involves converting unprocessed audio input into meaningful numerical representations that can be applied to a





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range of tasks, such as multimedia content retrieval, emotion detection, voice recognition, and music analysis.Strong machine learning algorithms that convert complex audio signals into a set of numerical features improve our capacity to evaluate and understand the underlying aspects of the audio content. These attributes can capture information about the loudness, frequency, timbre, rhythm, and other relevant aspects of the audio stream. This review paper aims to provide a comprehensive overview of audio feature extraction techniques, their applications, and the associated opportunities and challenges. Audio feature extraction is a fundamental method in machine learning and audio signal processing. Doing various tasks, such as voice recognition, music analysis, and multimedia content retrieval, involves collecting raw audio input and converting it into useful numerical representations. By converting complex audio signals into a set of numerical features, powerful machine learning techniques improve our capacity to evaluate and understand the underlying qualities of the audio content. The volume, frequency, timbre, rhythm, and other relevant aspects of the audio signal can all be recorded with these features.

Audio Signal Processing

An audio signal analysis, property extraction, behavior prediction, pattern recognition, and correlation between signal and other comparable signals are all common tasks of audio signal processing algorithms. There are three types of audio signals: speech, music, and ambient noise. A tremendous growth in signal analysis and classification has been observed in audio signal processing during the past few decades. It has been demonstrated that a multitude of current problems can be resolved by the amalgamation of contemporary machine learning (ML) algorithms with audio signal processing methodologies. Each machine learning algorithm's performance is determined by the features that are used for testing and training. The purpose of this research is to compile the body of knowledge on audio signal processing, with a particular emphasis on feature extraction methods. The aspects of the temporal, frequency, cepstral, wavelet, and time-frequency domains are covered in detail in this survey. A representation of sound is called an audio signal. Analog and digital are the two primary forms of audio signals. Audio captured with techniques that mimic the original sound waves is referred to as analog. Cassette tapes and vinyl records are two examples. The process of recording digital audio involves sampling the original sound wave at a predetermined frequency, known as the sampling rate. MP3 files and CDs are two instances of digital formats. Real-world applications frequently require conversions between digital and analog waveforms. These conversions are made possible by the ADC (Analog-to-Digital Converter) and DAC (Digital-to-Analog Converter), which are components of audio signal processing.

Audio Feature Extracting Techniques

An essential phase in audio signal processing is called "audio feature extraction," which converts unprocessed audio input into a set of numerical features that may be applied to a variety of tasks like audio synthesis, retrieval, and classification. Pitch, timbre, rhythm, loudness, and other crucial aspects of the audio stream are captured by these features. Perceptual linear prediction (PLP) is the method that is most frequently employed for audio feature extraction in various purposes.

Perceptual Linear Prediction (PLP)

The perceptual linear predictive (PLP) methodology is a novel method for audio analysis that is introduced and discussed. The equal-loudness curve, the intensity-loudness power law, and the critical-band spectral resolution are three ideas from the psychophysics of hearing that are used in this method to estimate the auditory spectrum. Next, we use an autoregressive all-pole model to mimic the auditory spectrum. Details of the audio spectrum that rely on the speaker can be effectively suppressed using a 5th-order all-pole model. PLP technique exhibits greater auditory consistency when compared to traditional linear predictive (LP) analysis. A low-dimensional representation of speech is produced by the computationally efficient PLP analysis. These properties are found to be useful in speaker-independent automatic-speech recognition. An audio feature extraction method called Perceptual Linear Prediction (PLP) mimics the human auditory system to increase the relevance of derived data, especially for speech processing. It employs equal loudness pre-emphasis to accommodate for frequency sensitivity, a crucial band analysis based on the bark scale and the power law of hearing to translate the signal's intensity into perceived loudness. Following this auditory-based transformation, the features of the vocal tract are captured via standard





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linear prediction, yielding PLP coefficients that robustly reflect the signal against noise and speaker fluctuations, making it suitable for applications such as speech recognition.

Low Level Feature Extraction

Analysing and computing basic, fundamental properties from audio signals is known as low-level feature extraction. These waveform-derived qualities give crucial information about the audio's structure and substance without requiring sophisticated semantic comprehension. comprehension of the dynamics, tonal qualities, and rhythmic patterns of audio, respectively, depends on a comprehension of the three main aspects of audio that are covered here: amplitude, pitch, and tempo.

Amplitude

Capturing the loudness or energy of an audio stream is known as amplitude extraction in machine learning, and it is an essential component of many audio processing tasks. The process starts with the raw audio data being preprocessed, which involves dividing the signal into short frames, usually lasting 20 to 50 milliseconds. Each frame has windowing functions like Hann or Hamming applied to it to minimize edge effects, and techniques like average amplitude or root mean square (RMS) are used to calculate the amplitude for each frame. To comprehend the variation of the amplitude distribution over various frequencies, spectral parameters associated with amplitude, like the spectral flux and spectral centroid, can also be estimated. Upon extraction, the amplitude-related features are fed into several machine-learning models. While unsupervised learning techniques like clustering with k-means or Gaussian Mixture Modelsgroup signals with similar amplitude patterns in situations where labels are unavailable, supervised learning models like Support Vector Machines and Neural Networks can be trained on labelled datasets to classify audio signals based on their amplitude characteristics. More complex deep learning models, including Recurrent Neural Networks and Convolutional Neural Networks, can be used directly on spectrograms or raw waveforms to automatically identify patterns related to amplitude. These models frequently perform better than conventional techniques in tasks like audio event detection, voice recognition, and music genre classification especially when trained on big datasets.

Pitch

Machine learning-based pitch extraction in audio aims to pinpoint a sound's basic frequency, which is important for applications like voice recognition and music analysis. Pitch extraction has historically relied on methods like autocorrelation or cepstral analysis, but machine learning provides more sophisticated options, particularly in complex or noisy contexts. This method involves first preprocessing the audio input to capture the harmonic structure through framing and the application of transformations such as the Short-Time Fourier Transform. Next, pitch-related characteristics that are taken out of the signal are used to train machine learning models. Deep learning models, especially Long Short-Term Memory networks, are very good at learning pitch temporal correlations. Pitch extraction driven by machine learning finds use in voice analysis, audio classification, melody identification, and music transcription. It works exceptionally well in loud areas where other approaches are less effective. Machine learning has greatly increased the accuracy and dependability of pitch extraction in contemporary audio processing, despite obstacles like the requirement for huge datasets and computational power.

Tempo

Finding the tempo, or beats per minute (BPM), of a musical composition or rhythmic audio clip is known as "tempo extraction in audio using machine learning." Tempo is a crucial component in beat tracking, rhythm identification, and music analysis. Conventional techniques like beat detection algorithms or autocorrelation are frequently employed. But more resilient and adaptive methods have been provided by machine learning, particularly for managing loud and complicated audio data. The audio input is first pre-processed in machine learning-based tempo extraction by splitting it into frames and using transformations like the Short-Time Fourier Transform to record the frequency and amplitude variations across time. The audio is processed to extract features, or temporal patterns, which are rhythmic beats. The key to determining pace is to observe the periodicity of beats, which is reflected in





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these patterns. Using labeled datasets with known tempo, machine learning models, like Support Vector Machines (SVM) or Decision Trees, can be taught to recognize rhythmic patterns that correspond with particular BPM values.

High Level Feature Extraction

Mel-Frequency Cepstral Coefficient

Speech signals, random signals, and independent carrying signals are all naturally occurring and time-dependent. Since speech signals can be classified based on these features, it is vital to extract the speech signal's properties or features for analysis of speech audio signals. The suggested method usesMATLAB programming to implement the Mel-frequency cepstral coefficients (MFCC) technique for feature extraction analysis of spoken word wav files. Due to its robustness, effectiveness, and ease of implementation, the MFCC feature extraction technique is frequently employed in voice recognition.

Any machine learning method's performance is greatly impacted by the extraction and representation of features. Mel Frequency Cepstral Coefficientis a frequently used model in many domains to simulate the characteristics of an audio signal. The purpose of this work is to review the applications of MFCC as well as various problems with MFCC calculation and how they affect model performance. These concerns include using MFCC for non-acoustic signals, using time series instead of a global representation of the MFCC, using the standard form of the MFCC computation rather than changing its parameters and providing deep learning techniques versus traditional machine learning techniques.

Harmonic Content

Understanding a sound signal's harmonic components is essential to comprehending its timbral properties and overall quality. This is the emphasis of machine learning-based harmonic content extraction in audio. Harmonics which are the additional frequencies at which a sound vibrates in addition to its fundamental frequency, are important in determining the tonal characteristics of voices, musical instruments, and other audio sources. Preprocessing the audio signal is the first step in machine learning-based harmonic content extraction. Typically, methods like harmonic product spectrum are used to split the signal into its frequency components. These techniques aid in separating harmonic content from non-harmonic elements and noise. These features are analysed using machine learning models, which include supervised and unsupervised methods. Labelled datasets can be used to train supervised models, like Support Vector Machines and Neural Networks, to predict or classify harmonic qualities using recognized patterns. By identifying patterns in the frequency domain and differentiating between harmonic and non-harmonic components, these models acquire the ability to identify harmonic content. Convolutional Neural Networks, one type of deep learning approach, are very good at learning intricate patterns from spectrograms, which allow harmonic structures to be seen and examined in great detail. Applications for machine learning-driven harmonic content extraction include pitch estimation, audio source separation, and the recognition of musical instruments. It makes it feasible to analyse audio signals with greater precision and detail, enabling the identification of particular harmonic elements that add to the sound's character and quality. The accuracy and efficiency of harmonic content extraction have been considerably improved by machine learning approaches, opening the door for more sophisticated audio processing and analysis tools, notwithstanding the difficulties associated with requiring huge and diverse datasets and substantial computer resources.

Python Libraries and Tools Used

LibROSA

Working with audio files is made easier with LibROSA high-level interface and extensive feature set. Preprocessing audio data, feature extraction, visualization, analysis, and even more complex methods like audio source separation and music genre categorization may all be done with it. NumPy and SciPy are core libraries for Python scientific computing, upon which LibROSA is constructed. It offers a collection of modules and submodules for managing various facets of audio files. The essential features of LibROSA, such as time stretching, resampling, and audio file loading, are included in this module. The Mel-spectrogram, spectral contrast, chroma characteristics, zero crossing





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rate, and temporal centroid are only a few of the audio features that are extracted by this module. This paper has utilities for visualizing spectrograms, audio waveforms, and other related visualizations, as its name suggests. This module provides audio processing and manipulation features such audio segmentation, noise reduction, and time and pitch shifting. Advanced approaches like audio source separation, speech emotion identification, and music genre categorization are covered in this module. It may be simply installed and then imported into your Python environment so you can begin working with audio files.

Preprocessing the audio data is crucial to ensuring its quality and compatibility with the intended analysis methodologies before beginning any audio analysis. It offers a number of preparation operations for audio data, such as scaling, time stretching, resampling, audio normalization, and handling missing data. As it assists in capturing the pertinent properties of the audio stream, feature extraction is an essential stage in audio analysis. LibROSA provides a number of functions, including zero crossing rate, temporal centroid, chroma characteristics, spectral contrast and mel spectrogram, for the purpose of extracting audio features. Speech recognition, sound event detection, and music genre classification can all benefit from these features.

Py-Dub

Py-Dub is a robust Python package that is frequently used for preprocessing tasks including feature extraction and audio file editing. Its ability to load, trim, and convert audio files into many formats (such as MP3, WAV, and OGG) makes it an essential tool in the early stages of an audio analysis pipeline, even if it is not primarily designed for extracting audio features. In order to guarantee that the audio data is in a consistent and comprehensible format, Py-Dub may also carry out essential preprocessing operations like resampling audio to a specific sample rate, normalizing volume levels, eliminating silence, and converting stereo to mono. Before transferring the audio data to more sophisticated feature extraction software, these processes are frequently necessary. Mel-frequency cepstral coefficients (MFCCs), spectral contrast, chroma characteristics, and zero-crossing rate are just a few of the audio features that can be extracted using Py-Dub preprocessing and libraries like LibROSA or python speech features. For tasks like voice recognition, acoustic scene analysis, and music genre categorization, these aspects are crucial. Workflow flexibility and efficiency are achieved by combining Py-Dub's preprocessing capabilities with the sophisticated feature extraction methods of specialist libraries. The accuracy and integrity of the data are maintained while even the most complicated audio analysis tasks may be completed with ease thanks to this connection.

SciPy

Utilized extensively in scientific and numerical computing, the SciPy library provides useful capabilities for audio signal processing – a prerequisite for audio feature extraction. SciPy is an essential tool for preprocessing and basic signal processing tasks, even though it is not a library specifically designed for audio analysis. To begin the process of extracting significant features from audio data, the SciPy.Signal submodule offers a number of functions for filtering, transforming, and analysing audio signals. SciPy can be used, for instance, to execute Fourier Transforms, which are required to transfer audio signals from the time domain to the frequency domain in order to analyse the spectrum content of audio data. When extracting features like the bandwidth, chroma features, and spectral centroid, this is frequently a crucial step. SciPy facilitates the creation of spectrograms through the utilization of the Short-Time Fourier Transform, allowing for both quantitative and visual examination of the temporal variations in an audio signal's frequency content. Additionally, SciPy enables the application of filters, including as band-pass, low-pass, and high-pass filters, which are frequently used as a preprocessing step before extracting audio characteristics. For tasks like speech recognition and music analysis, temporal parameters like onset, attack time, and peak intensity must be calculated. SciPy's ability to extract the amplitude envelope and detect signal peaks is very helpful in these calculations. A strong feature extraction pipeline can be constructed by integrating SciPy with other specialized audio libraries like lib ROSA. Signal processing, which offers a strong basis for more complex audio feature extraction, is one of SciPy's strongest points. Higher-level features like Mel-frequency cepstral coefficients, zero-crossing rate, and spectral contrast, for instance, can be extracted from the cleaned signal by passing it via libraries like LibROSA after filtering or running an FFT with SciPy. This integration makes sure that audio data is effectively handled and ready for more in-depth examination.





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Challenges and Future Directions

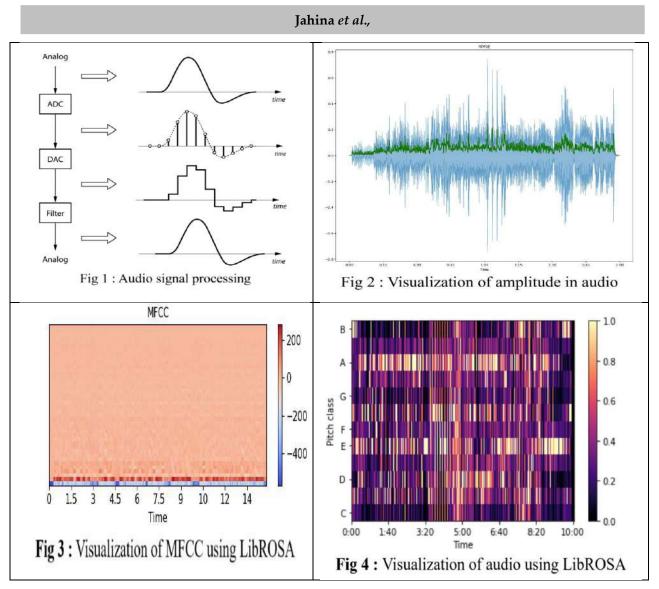
Despite being widely used in fields including music analysis, speech recognition, and environmental sound classification, audio feature extraction still has a number of issues that prevent it from reaching its full potential. Managing noisy or real-world data is one of the main difficulties. Uncontrolled situations frequently introduce background noise, reverberation, or overlapping sound sources into audio signals, which can skew the features that are extracted and impair the efficiency of tasks that follow. While modern methods such as signal augmentation or noise reduction can help reduce these problems, they are not always successful in keeping the important aspects intact. A further difficulty is the unpredictability of audio data, which can greatly affect the consistency of features that are retrieved. Examples of these variances include differences in speaker accent, pitch, and recording settings. Future research efforts are becoming more focused on creating feature extraction techniques that are more resilient and adaptable so they can deal with noisy and varied data sets more skilfully. Using deep learning methods in conjunction with feature extraction is one such path. Convolutional neural networks and recurrent neural networksin particular are deep learning models that, despite their high CPU resource requirements and massive dataset requirements, have demonstrated promise in automatically extracting useful features from unprocessed audio without the need for human intervention. Further investigation should focus on increasing computational efficiency, particularly for real-time applications in edge computing and Internet of Things contexts. There is potential for improvement in domain-specific feature extraction, where features are customized for certain audio applications like sound event identification or emotion recognition.

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RESEARCH ARTICLE

Feature Extraction using Image mining Techniques

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ABSTRACT

The image mining technique deals with the mining of hidden facts and image with data association or other patterns not unambiguously stored in the images. Enhancements in image acquisition and storage mechanism have led to fabulous escalation in radically large and detailed image databases. These images, if analyzed, can expose valuable information to the human users. Image mining is more than just a conservatory of data mining to image realm. In this paper, we will observe the research issues in image mining, contemporary developments in image mining, predominantly, up to date techniques and systems. Our study is to mine unseen information from Images – to mine patterns and obtain knowledge from large gathering of images, agreements mainly with recognition and extraction of unique features for a particular domain.

Keywords: technique, predominantly, knowledge, study.

INTRODUCTION

The World Wide Web is regarded as the prevalent large-scale image repository. An extremely outsized amount of image data such as satellite images, medical images, and digital photographs are spawned every day. These images, if analyzed, can divulge constructive information to the human users. Unfortunately, there is a lack of effectual tools for searching and finding useful patterns from these images. Image mining systems that can involuntarily extract semantically important information (knowledge) from image data are gradually more in demand [1]. The fundamental challenge in image mining is to determine how low-level, pixel representation contained in a raw image or image sequence can be efficiently and effectively processed to identify high-level spatial objects and relationships. In other words, image mining deals with the extraction of implicit knowledge, image data relationship, or other patterns not explicitly stored in the image databases. It is an interdisciplinary endeavor that essentially draws upon expertise in computer vision, image processing, image retrieval, data mining, machine learning, database, and





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artificial intelligence [2]. While some of the individual fields in themselves may be quite matured, image mining, to date, is just a growing research focus and is still at an experimental stage. The main obstacle to rapid progress in image mining research is the lack of understanding of the research issues involved in image mining. Many researchers have the wrong impression that image mining is just a simple extension of data mining applications; while others view image mining as another name for pattern recognition. In this paper, we attempt to identify the unique research issues in image mining. This will be followed by a review of what are currently happening in the field of image mining, particularly, image mining frameworks, state-of-the-art techniques and systems. We will also identify possible research directions to bring image mining research to a new height [3].

Image mining techniques

Besides investigating suitable frameworks for image mining, early image miners have attempted to use existing techniques to mine for image information. The techniques frequently used include object recognition, image indexing and retrieval, image classification and clustering, association rules mining, and neural network. Object recognition has been an active research focus in field of image processing. Using object models that are known a priori, an object recognition system finds objects in the real world from an image. This is one of the major tasks in the domain of image mining. Automatic machine learning and meaningful information extraction can only be realized when some objects have been identified and recognized by the machine. The object recognition problem can be referred to as a supervised labeling problem based on models of known objects. Specifically,given a target image containing one or more interesting objects and a set of labels corresponding to a set of models known to the system, what object recognition does is to assign correct labels to regions, or a set of regions, in the image. Models of known objects are usually provided by human input a priori [3].

Traditional data mining techniques have been developed primarily for planned datatypes. The image datatype does not belong to this planned category, apt for elucidation by a machine, and hence the mining of image data is a exigent problem. Content of an image is visual in nature and the analysis of the information conveyed by an image is mainly subjective, based on the human visual system.

The image retrieval systems can be broadly categorized into two categories based on the type of searches, using either description of an image or its visual content. In the first category, the images are described based on userdefined texts [4, 5]. The images are indexed and retrieved based on these rudimentary descriptions, such as their size, type, date and time of capture, identity of owner, keywords, or some text description of the image. As a result, this is often called description based or text-based image retrieval process. This second category of similarity based image retrieval process is called Content Based Image Retrieval (CBIR) [6]-[10]. In CBIR systems, the images are searched and retrieved based on the visual content of the images. Based on these visual contents, desirable images features can be extracted and used as index or basis of search. Content-based image retrieval is highly desirable and has increasingly become a growing area of study towards the successful development of image mining techniques.

Content-Based Image Retrieval

There are, in general, three fundamental modules in a content-based image retrieval system. These are

- 1. Visual content or feature extraction,
- 2. Multidimensional indexing, and
- 3. Retrieval.

The images in an image database are indexed-based on extracted inherent visual contents (or features) such as color, texture, pattern, image topology, shape of objects and their layouts and locations within the image, etc. An image can be represented by a multidimensional vector of the extracted features from the image. The feature vector actually acts as the signature of the image. This feature vector can be assumed to be associated to a point in the multidimensional space. The query image can be analyzed to extract the visual features and can be compared to find matches with the indices of the images stored in the database.





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Color features

Color is one of the most widely used visual features in content based image retrieval [11]-[14]. While we can perceive only a limited number of gray levels, our eyes are able to distinguish thousands of colors and a computer can represent even millions of distinguishable colors in practice. Color has been successfully applied to retrieve images, because it has very strong correlations with the underlying objects in an image. Moreover, color feature is robust to background complications, scaling, orientation, perspective, and size of an image. A color pixel in a digital image is represented by three color channels (usually Red, Green and Blue). It is well known that any color can be produced by mixing these three primary colors.

Texture features

Texture is a very interesting image feature that has been used for characterization of images, with application in content-based image retrieval. There is no single formal definition of texture in the literature. However, a major characteristic of texture is the repetition of a pattern or patterns over a region in an image. The elements of patterns are sometimes called textons. The size, shape, color, and orientation of the textons can vary over the region. The difference between two textures can be in the degree of variation of the textons. It can also be due to spatial statistical distribution of the textons in the image. Texture is an innate property of virtually all surfaces, such as bricks, fabrics, woods, papers, carpets, clouds, trees, lands, skin, etc. It contains important information regarding underlying structural arrangement of the surfaces in an image. When a small area in an image has wide variation of discrete tonal features, the dominant property of that area is texture. On the other hand, the gray tone is a dominant property when a small area in the image has very small variation of discrete tonal features. Texture analysis has been an active area of research in pattern recognition since the 1970s [15, 16]. Several texture features such as entropy, energy, contrast, and homogeneity, can be extracted from the co-occurrence matrix of gray levels of an image [17].

Shape features

Shape is another image feature applied in CBIR. Shape can roughly be defined as the description of an object minus its position, orientation and size. Therefore, shape features should be invariant to translation, rotation, and scale, for an effective CBIR, when the arrangement of the objects in the image is not known in advance. To use shape as an image feature, it is essential to segment the image to detect object or region boundaries; and this is a challenge. Techniques for shape characterization can be divided into two categories. The first category is boundary-based, using the outer contour of the shape of an object. The second category is region-based, using the whole shape region of the object. The most prominent representatives of these two categories are Fourier Descriptors [18] and Moment Invariants [19]. The main idea behind the Fourier Descriptors is to use the Fourier-transformed boundaries of the objects as the shape features, whereas the idea behind Moment Invariants is to use region-based geometric moments that are invariant to translation and rotation. Hu identified seven normalized central moments as shape features, which are also scale invariant.

Topology

A digital image can be represented by one or more topological properties [20], which typically represent the geometric shape of an image. The interesting characteristic of topological properties is that when changes are made to the image itself, such as stretching, deformation, rotation, scaling, translation, or other rubber-sheet transformations, these properties of the image do not change. As a result, topological properties can be quite useful in characterization of images and can be used as a signature of an image content to use in content based image retrieval. One topological property of a digital image is known as Euler number [21]. The Euler number is usually computed in a binary image. However, it can be extended to characterize gray-tone images as well by defining a vector of Euler numbers of the binary planes of the gray-tone image.

Multidimensional indexing

Multidimensional indexing is an important component of content-based image retrieval. Development of indexing techniques has been an active area in database management, computational geometry, and pattern recognition. However, the notion of indexing has subtle difference in different communities. The notion of indexing in





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multimedia data mining and content-based image retrieval is different than its notion in the traditional database management systems. In traditional database management system (particularly for relational database), the indexing refers to the access structure of the database files in terms organization of the records. Indexes are specified based on one or more attributes of the records in order to process queries based on those attributes.

RESULTS OF A SIMPLE CBIR SYSTEM

Sana et al. proposed a simple image matching scheme for an experimental content-based image retrieval system that uses moment, shape, and texture features extracted from the images [21]. The shape features have been extracted using moment computation (feature set A) of the regions, combined with circularity, aspect ratio, concavity, and symmetricity metrics (feature set B). The texture of the images have been generated using the energy,

- Moment invariants only.
- Circularity, symmetricity, aspect ratio and concavity.
- Energy, entropy, contrast and homogeneity.

entropy, contrast, and homogeneity measure as image features (set C). We present here results of this system using around 290 samples taken from an image database containing several classes of images, including animals, cars, flowers, etc. Distance of the query image from the database images have been computed simply as

 Σ | fi –fi' | where fi and fi' are the values of the ith feature of the database image and query image respectively. The top ten closest images have been taken as the query result, excluding the query image itself if it is present in the database.

Tables 1 and 2 provide the results, where each database image is used as a query image to find the top ten from the database. From Table.1, we observe that the overall performance can be improved by mixing the different feature sets for image query.

Research issues in image mining

Image mining deals with the extraction of image patterns from a large collection of images. Clearly, image mining is different from low-level computer vision and image processing techniques because the focus of image mining is in extraction of patterns from *large* collection of images, whereas the focus of computer vision and image processing techniques is in understanding and/or extracting specific features from a *single* image. While there seems to be some overlaps between image mining and content-based retrieval (both are dealing with large collection of images), image mining goes beyond the problem of retrieving relevant images. In image mining, the goal is the discovery of image patterns that are significant in a given collection of images. Perhaps, the most common misconception of image mining is that image mining is nothing more than just applying existing data mining algorithms on images. This is certainly not true because there are important differences between relational databases versus image databases [3].

In addition to the need for new discovery algorithms for mining patterns from image data, a number of other related research issues also need to be resolved. For instance, for the discovered image pattern to be meaningful, they must be presented visually to the users. This translates to following issues:

(a) Image pattern representation. How can we represent the image pattern such that the contextual information, spatial information, and important image characteristics are retained in the representation scheme?

(b) Image features selection. Which are the important images features to be used in the mining process so that the discovered patterns are meaningful visually?

(c) Image pattern visualization. How to present the mined patterns to the user in a visually-rich environment? [3].





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CONCLUSION

In summary, image mining is a promising field for research. This paper presents a survey on various image mining techniques that was proposed earlier by researchers for the better development in the field of feature extraction in an image. The purpose of the mining is to produce all considerable patterns without prior knowledge of the patterns. Important information can be hidden in images, conversely, few research talk about data mining on them. Image segmentation is the primary phase in image mining. In this paper, we have highlighted the need for image mining in view of the rapidly growing amounts of image data. We have pointed out the unique characteristics of image databases that brought a whole new set of challenging and interesting research issues to be resolved.

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| Table .1 CBIR match performance (%) |
|-------------------------------------|
|-------------------------------------|

| Image group | A | В | A+B | A+B+C |
|-------------|-------|-------|-------|-------|
| AEROPLANE | 71.3 | 69.68 | 73.39 | 73.23 |
| CAR | 78.90 | 74.11 | 78.30 | 82.56 |
| FLOWER | 51.22 | 38.64 | 43.64 | 43.48 |
| ANIMAL | 25.44 | 48.45 | 48.89 | 49.56 |
| Overall | 62.70 | 38.90 | 64.80 | 66.55 |

Table .2 CBIR weighted match performance (%)

| Image group | All features | All features |
|--------------|--------------|---------------|
| illage group | (No weight) | (With weight) |
| AEROPLANE | 73.23 | 69.84 |
| CAR | 82.56 | 86.75 |
| FLOWER | 43.48 | 77.03 |
| ANIMAL | 49.56 | 72.44 |
| Overall | 66.55 | 77.79 |

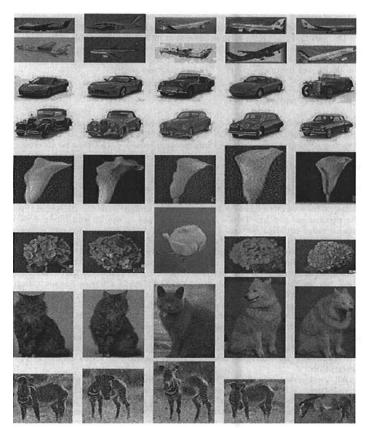


Fig.. 1 Results of image matching in the CBIR system





RESEARCH ARTICLE

Progress in Communication: The Emerging Technologies

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ABSTRACT

The evolution of communication technologies has significantly transformed how individuals and organizations interact, disseminate information, and conduct business. This paper explores the advancements in communication technologies over the past few decades, focusing on key innovations such as the internet, mobile communication, and social media. It analyzes their impact on society, including implications for interpersonal relationships, business practices, and global connectivity. By employing a mixed-methods approach that combines a comprehensive literature review with quantitative and qualitative data collection, the research reveals major trends, challenges, and future directions in communication technologies. The findings highlight the importance of adapting to these advancements to enhance communication effectiveness and ensure equitable access to technology.

Keywords: communication technologies, internet, mobile communication, social media, global connectivity, information dissemination

INTRODUCTION

Preface

Communication technologies have experienced rapid-fire advancements over the last many decades, unnaturally altering the ways in which individualities and associations connect, partake information, and engage with one another. From the invention of the telegraph to the rise of the internet and mobile communication, these technologies have eased unknown situations of connectivity and information exchange. This paper seeks to explore the progress in communication technologies, examining their elaboration, impact on society, and counteraccusations for the future.





Agalya VT Raj

Purpose of the Study

The primary purpose of this research is to investigate the significant advancements in communication technologies and their effects on interpersonal relationships, business practices, and global connectivity. The study aims to:

- 1. Identify key milestones in the development of communication technologies.
- 2. Analyze the impact of these technologies on social interaction and information dissemination.
- 3. Explore the challenges associated with the adoption of new communication technologies.
- 4. Assess future trends and directions in the field of communication technologies.

Research Questions

- 1. What are the major milestones in the evolution of communication technologies?
- 2. How have advancements in communication technologies affected interpersonal relationships and business practices?
- 3. What challenges are associated with the adoption of new communication technologies?
- 4. What are the anticipated future trends in communication technologies?

LITERATURE REVIEW

The field of communication technologies encompasses a wide range of innovations that have transformed human interaction. Key developments include the internet, mobile communication, and social media, each contributing to the rapid evolution of communication practices.

The Internet

The internet has revolutionized communication by enabling instantaneous access to information and facilitating global connectivity. According to Castells (2000), the internet has reshaped social interactions, allowing individuals to connect across geographical boundaries and participate in online communities. The advent of email, instant messaging, and video conferencing has further enhanced communication efficiency, leading to increased collaboration and knowledge sharing.

Mobile Communication

Mobile communication has further accelerated the pace of communication, enabling users to stay connected regardless of their location. The proliferation of smartphones has made it possible to access information, communicate, and conduct business on-the-go. According to a report by the Pew Research Center (2019), over 81% of Americans own a smartphone, highlighting the pervasive nature of mobile communication.

Social Media

Social media platforms have emerged as significant tools for communication, allowing users to share content, engage with others, and participate in public discourse. Platforms such as Facebook, Twitter, and Instagram have transformed how individuals interact and share information. Research by Kaplan and Haenlein (2010) suggests that social media facilitates both personal and professional networking, fostering connections that were previously difficult to establish.

Impacts on Society

The advancements in communication technologies have profound implications for society. They have altered interpersonal relationships, transformed business practices, and influenced cultural norms. However, the rapid pace of technological change also presents challenges, such as information overload, privacy concerns, and the digital divide (Gleason, 2020).

METHODOLOGY

This research employs a mixed-methods approach to examine the progress in communication technologies. The methodology includes the following components:





Agalya VT Raj

Literature Review

A comprehensive review of existing literature on communication technologies was conducted to establish a theoretical framework for the study. This review included academic articles, industry reports, and case studies to identify key trends and developments in the field.

Surveys

Surveys were administered to a diverse group of individuals, including students, professionals, and educators, to gather data on their experiences and perceptions regarding communication technologies. A total of 300 respondents participated in the survey, providing insights into the impact of technology on their communication practices.

Case Studies

In-depth case studies of organizations that have successfully integrated advanced communication technologies into their operations were conducted. These case studies explored how these organizations adapted to technological changes and the benefits they experienced as a result.

Major Findings

The research revealed several significant findings regarding the progress in communication technologies and their implications for society.

Key Milestones in Communication Technologies

The study identified several key milestones in the evolution of communication technologies:

- The invention of the telegraph (1837), which enabled long-distance communication.
- The development of the telephone (1876), allowing real-time voice communication.
- The rise of the internet (1990s), facilitating global connectivity and information exchange.
- The proliferation of mobile devices (2000s), enhancing communication accessibility.
- The emergence of social media platforms (2000s), transforming social interaction and information sharing.

Impact on Interpersonal Relationships

The advancement of communication technologies has significantly influenced interpersonal relationships. The survey results indicated that 75% of respondents felt that technology enhanced their ability to connect with others, while 60% reported that it improved their communication efficiency. However, concerns about the quality of relationships were noted, with 45% expressing that technology sometimes hinders face-to-face interactions.

Transformation of Business Practices

Communication technologies have transformed business practices, facilitating remote work, collaboration, and information sharing. The case studies highlighted how organizations that adopted advanced communication tools experienced increased productivity, improved employee engagement, and enhanced customer interactions. Additionally, the survey revealed that 80% of professionals believed that technology had improved their ability to collaborate with colleagues.

Challenges in Adoption

Despite the benefits, several challenges were associated with the adoption of new communication technologies. The survey findings indicated that 55% of respondents experienced difficulties in navigating complex technologies, while 50% expressed concerns about data privacy and security. Furthermore, the digital divide remains a significant issue, as individuals without access to technology are at a disadvantage in terms of communication and information access.

DISCUSSION

The findings of this research underscore the transformative impact of communication technologies on society, particularly in terms of interpersonal relationships and business practices. While advancements have enhanced connectivity and efficiency, challenges remain that must be addressed to ensure equitable access and effective communication.





Agalya VT Raj

Implications for Education

The rapid evolution of communication technologies necessitates a reevaluation of educational practices. Institutions must integrate technology into curricula to prepare students for the demands of a technology-driven world. This includes fostering digital literacy, critical thinking, and effective communication skills.

Future Trends in Communication Technologies

As communication technologies continue to evolve, several trends are anticipated, including the rise of artificial intelligence in communication, the increasing importance of data privacy, and the growth of virtual and augmented reality as communication tools. These advancements will likely further shape the landscape of communication, necessitating ongoing adaptation and learning.

CONCLUSION

The progress in communication technologies has unnaturally converted how individualities and associations interact, partake information, and conduct business. While these advancements offer multitudinous benefits, they also present challenges that must be addressed to insure indifferent access and effective communication. As society continues to navigate these changes, it's pivotal to foster a culture of rigidity, lifelong literacy, and ethical considerations in the use of communication technologies. unborn exploration should concentrate on exploring the long- term impacts of communication technologies on society, as well as relating strategies for mitigating challenges associated with their relinquishment. By embracing the openings presented by communication technologies, we can enhance connectivity, collaboration, and understanding in an decreasingly connected world.

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RESEARCH ARTICLE

Prediction on Cardiovascular Disease Using Deep Learning Algorithm

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ABSTRACT

Cardiovascular diseases have accounted for the largest number of deaths globally. An effective policy for treatment and management begins with very early diagnosis and correct diagnosis. Deep learning algorithms are now the most powerful tools that would analyze several data sources, such as EHRs, imaging data, including echocardiography, and biosignals, such as ECGs, to develop the detection of cardiovascular diseases. This review paper covers the recent applications in deep learning for the detection of CVD, promising techniques, challenges, and future directions. The merits and limitations of the various deep learning architectures, especially CNNs and RNNs, will be discussed in analyzing the heterogeneity of data modalities. A discussion of key challenges, including availability and quality of data, model interpretability, and its integration into clinical workflows, is outlined. Besides the factors already discussed, areas in for future studies are the enhancement of data quality and availability, development of interpretable models that would help to build more trust into deep learning, and ways for deep learning to be applied beyond the standard risk prediction use cases such as personalized medicine or real-time monitoring. More generally, this work has the potential to revitalize CVD detection and improve health outcomes related to cardiovascular diseases.

Keywords: Deep learning, Convolutional neural networks, deep neural networks, recurrent neural network.





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INTRODUCTION

CVDs continue to lead to most deaths, and this is still a grave public health problem at all levels. is a broad term encompassing conditions that affect the heart and blood vessels. It's a leading cause of death worldwide, claiming millions of lives each year. Early detection coupled with proper diagnosis ensures the effective intervention and management of CVDs. In the recent past, deep learning algorithms have emerged as powerful tools in order to enhance the analysis of medical images, improve diagnostic accuracy, and efficiency. Here, we attempt to review the current scenario in which deep learning applications utilize detection, diagnosis, and prognosis in cardiovascular diseases. Based on recent research and developments in this regard, we attempt to grasp trends, challenges, and opportunities for leading deep learning algorithms toward an improvement in cardiac healthcare. Early detection coupled with intervention is crucial for altering patient outcomes. Deep learning algorithms have surfaced as a possibly powerful tool for analyzing medical data and will be helpful in the detection of CVD. This survey explores the current landscape for applications of deep learning in this domain.

Data Sources for Deep Learning in CVD Detection:

It is known that deep learning approaches can be aided by various accessible datasets in their cardiovascular disease detection task. The well-known Heart Disease Dataset available at the UCI Repository is also based on the clinical features involved in heart diseases diagnosis. Available at PhysioNet is a wide range of medical datasets, which also include electrocardiograms and medical history related to heart diseases. Besides, many other datasets, for example the one called "Heart Disease UCI", can be found on Kaggle and contain clinical and patient's data. As for clinical records in more detail, the MIMIC-III databases provides a great amount of intensive care records, while NCD Risk Factor Collaboration provides data, this time at the population level, on the risk factors of cardiovascular diseases. The Cleveland Clinic Foundation Heart Disease Dataset is also commonly cited in the CVD researches. Last but not least, health data and its related information from the websites of US government can also be sourced from the HealthData.gov, which may be inclusive of cardiovascular data. These sources also provide a variety of scholarly and practical endeavors in terms of the use of deep learning techniques in CVD detection.

Electronic Health Records (EHRs): EHRs contain a wealth of patient information, including demographics, medical history, lab test results, and medication use. Deep learning models can analyze these data points to identify patterns associated with CVD risk.

Imaging Data: Techniques like echocardiography and coronary angiography provide visual representations of the heart structure and function. Convolutional Neural Networks (CNNs) excel at extracting features from these images to detect abnormalities indicative of CVD.

Biosignals: Electrocardiograms (ECGs) and blood pressure readings capture electrical activity and hemodynamic changes in the heart. Recurrent Neural Networks (RNNs) are adept at learning patterns from sequential biosignal data to predict CVD events.

Deep Learning Architectures for CVD Detection

Deep architectures for learning are highly powerful resources for the detection of CVD with a range of data modalities while CNNs prove to be superior in using medical imaging data towards acquiring and classification of structural abnormalities from echocardiograms and cardiac MRI scans. This is recurrent Neural Networks which include Long Short-Term Memory, very suited to sequential data, thus ideal for the analysis of time-series data, such as ECG signals, where the given algorithm can capture temporal patterns related to heart rhythm disorders. Fully connected networks or Multi-Layer Perceptron for the more structured clinical data: multiple risk factors and patient demographics to predict the outcome disease. By such different architectures, scientists can build robust models to enhance diagnostics' accuracy and patient management in cardiovascular healthcare.

Convolutional Neural Networks (CNNs): CNNs are particularly effective for analyzing medical images due to their ability to automatically learn relevant features from the data. They have been successfully applied for tasks like Detecting coronary artery stenosis in angiograms, Identifying abnormalities in echocardiograms.

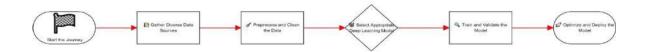




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Recurrent Neural Networks (RNNs): RNNs are well-suited for analyzing sequential data like ECG recordings or blood pressure measurements over time. They can capture temporal relationships within the data to predict CVD events like arrhythmias or heart failure.

Deep Autoencoders: These models can learn latent representations of complex data, allowing for dimensionality reduction and anomaly detection. They can be used to identify subtle patterns in EHR data that might be indicative of CVD risk. Through this survey, we hope to contribute to the growing body of knowledge on the integration of artificial intelligence techniques in cardiology, ultimately striving towards more precise, timely and personalized approaches to combat cardiovascular diseases.



Related Works

Rao, Gorapalli Srinivasa, and G. Muneeswari say the world's greatest cause of death is cardiovascular disease (CVD), especially for those with lower incomes and in environments with limited resources. In order to identify and treat CVD, medical professionals are using machine learning (ML) algorithms. The healthcare sector produces enormous volumes of data, yet effective methods for information extraction are few. ML methods are helpful in forecasting cardiac conditions, evaluating intricate medical data, and pinpointing practical and effective methods. The world's greatest cause of death is cardiovascular disease (CVD), especially for those with lower incomes and in environments with limited resources. In order to identify and treat CVD, medical professionals are using machine learning (ML) algorithms. The healthcare sector produces enormous volumes of data, yet effective methods for information extraction are few. ML techniques are helpful in assessing complicated healthcare data and forecasting cardiac problems. Ullah, Tahseen, et al. study offers a novel framework that makes use of optimum feature selection strategies and machine learning algorithms to identify and categorize cardiovascular illness. The framework assesses five distinct feature selection methods; FCBF performs best, combining with Extra Tree and Random Forest models to achieve an accuracy of 78%. This method works especially well with big datasets that mostly consist of categorical variables. With the help of prompt diagnosis and treatment, the proposed scalable machine learning-based architecture hopes to transform healthcare and lower the death toll from CVD. The Extra Tree and Random Forest classifiers in the machine learning framework achieve 100% accuracy in predicting patients' cardiac problems. This design may help patients receive better care and reduce mortality from CVD.

Cardiovascular issues are a major concern, and machine learning approaches have been used to decision-making systems in recent studies. To enhance algorithm performance, this work makes advantage of the heart disease datasets from UCI and Kaggle. It was suggested to use the TLV (Two-Layer Voting) model, an ensemble technique for both soft and hard voting. With an accuracy of 99.03% and 88.09%, the model surpassed previous research on the prediction of CAD illness by utilizing a combination of several algorithms and fine-tuning the classification methods. Cardiovascular issues are a major concern, and machine learning approaches have been used to decision-making systems in recent studies. To enhance algorithm performance, this work makes advantage of the heart disease datasets from UCI and Kaggle. It was suggested to use the TLV (Two-Layer Voting) model, an ensemble technique for both soft and hard voting. The model performed better than current.[3]

This work focuses on using machine learning approaches to the early diagnosis of cardiac disorders, including myocardial infarction. To enhance heart disease predictions, it makes use of seven classifiers: Random Forest, Gradient Boost, XGBoost, CNN, SVM, KNN, and LR. The model's diagnostic accuracy is improved when an XGBoost model is optimized, producing impressive outcomes like as 98.50% accuracy, 99.14% precision, 98.29% recall, and a 98.71% F1 score.[4] Pachiyannan, Prabu, *et al.* (ML-CHDPM) helps diagnose and categorize congenital heart disease (CHD) in expectant mothers with speed. The algorithm classifies instances according to clinical and demographic





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parameters using cutting-edge machine learning techniques. An average of 94.28% accuracy, 87.54% precision, 96.25% recall, 91.74% specificity, 8.26% false positive, and 3.75% false negative are achieved by the ML-CHDPM.

Problem Identification

Some of the significant challenges for the usage of ML and DL models in CVD detection are their applicability in realworld settings. It is also concerned about the availability and the quality of the dataset. Most studies recognizethat obtaining large high-quality datasets is challenging; actually, this limitation becomes a challenge in training ML/DL models, and it has been found to be somewhat of an issue for the generalizability of their findings to a broader population. Another important issue is interpretability. Most of the ML and DL algorithms, particularly the deep learning models, seem to work like "black boxes"; thereby, it is difficult for clinicians to understand what is actually happening inside the models. Hence, it will be tough for clinicians to rely on such models and to assimilate their predictions into the clinical workflow decision-making process, as nobody could explain why the model makes those predictions.Integration of the new advanced models also raises a lot of difficulties from the aspect of integration of these new advanced models into the current clinical workflows. For these models to be appropriately adopted in healthcare, proper attention must be given to how they would fit into the present health provider practices. Training and possibly workflow adjustments are necessary to fit in these technologies in their use by clinicians. Again, some studies conclude for high accuracy, but generalizability of such models poses great concern. Accuracy can be very high on some specific datasets, but between different populations, the models don't work well, and that's particularly true if you make use of data that is typically nondiverse for the patient groups.

The problem in focusing strictly on some such specific datasets is that it puts severe restriction on the models applied to real-world patient populations, which are always more diverse. Ensemble methods, which combine multiple algorithms in a single method to achieve higher accuracy, have also not been explored much. These can be explored in a systematic way for enhancing predictive performance. Traditional ML approaches being applied more frequently in such studies, strengths of DL techniques on automatic image analysis have still remained underplayed in most research works related to CVD detection.Moreover, limited research has been carried out on the real-time integration of data, despite which some studies mentioned the use of real-time data streams from IoMT devices, but continuous development of such streams into CVD detection models is still a subject for further research. These types of issues therefore require continued research in improving the quality of the data gathered, ensuring model transparency, generalizability, and its integration into clinical settings so that ML and DL models related to the detection of CVD can reach their full potential.

CONCLUSION

Machine learning (ML) and deep learning (DL) algorithms have emerged as very potent tools for the detection of cardiovascular disease (CVD). Recent studies demonstrated much promise within these techniques, especially regarding improvements in diagnostic accuracy and early prediction. This domain has spanned explorations in many algorithms including the traditional machine learning models of RF, XGBoost, SVM, and the advanced deep learning architectures include CNNs. The methods employed have proven to be especially effective for pattern discovery in medical data. Predictions achieved often surpass 98% accuracy in some studies. However, the success and generalization of these models depend a lot on the quality and representativeness of the datasets they are trained from. Most studies directly use datasets from sources such as UCI or Kaggle, which may not be representative of real-world populations. This makes the models highly data-dependent and limits generalization across demographics, making them less effective for a wider application in clinical settings. This results in many models being developed with general applications, such as predictions of cardiovascular diseases. Other models are specific in terms of their detection, as with congenital heart disease. These target applications serve to further emphasize the flexibility observed with ML and DL models applied in healthcare but reveal a need for the precise datasets to be utilized in addressing various clinical needs. This lack of interpretability forms one of the significant challenges in the application of sophisticated algorithms, such as deep learning. Many complex models can be said to be "black boxes,





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"in that it is impossible to understand how they arrive at their respective predictions. That becomes a challenge because opacity, if not explained, could very easily lead to trust issues when such models begin to find applications in clinical settings where lack of transparency and explainability might raise questions regarding the resultant decision made by the professional practitioners themselves. Where the ML and DL models excel in terms of accuracy, interpretability is an issue that faces these models, which, if not overcome, should not be merged into healthcare applications.

Future Research Should Focus On

Improving data quality and access for training and validating models.Developing interpretable models to enhance trust and transparency in clinical settings.Investigating the integration of these models into existing clinical workflows.Exploring applications beyond traditional risk prediction, such as personalized medicine and real-time patient monitoring.Overall, ML and DL offer powerful tools for CVD detection. By addressing the challenges and continuing research, these techniques have the potential to significantly improve cardiovascular health outcomes.

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| S.no | Author Name & Year of publication | Algorithm Used | Advantages | Disadvantages |
|------|--|--|--------------------------------------|--|
| 1 | Rao, Gorapalli Srinivasa et al (2024) | Machine Learning and Data Mining | - Large amounts of data available | - Data quality and privacy concerns |
| 2 | Ullah, Tahseen, <i>et al.</i> (2024) | Feature Selection + Extra Trees / Random Forest | - Achieves 78% accuracy | -Limited generalizability if data not representative |
| 3 | Omkari, D. Yaso, et | Two-Layer Voting (ensemble) | - Achieves 99.03% accuracy | - Relies on pre-existing datasets, may not |

Table 1: Comparison of different algorithm used to predict cardiovascular disease





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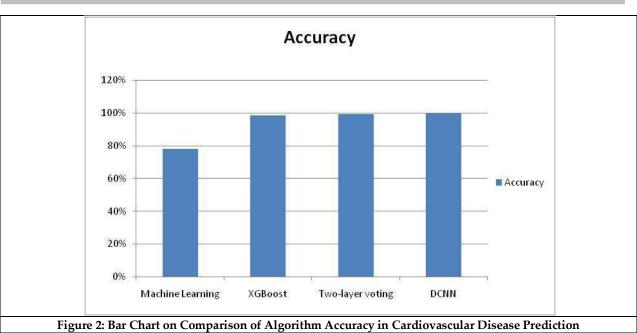
| | 1 | | | |
|----|---|--|---|--|
| | al (2024) | | | reflect real-world variations |
| 4 | Ogunpola, Adedayo, et al. (2024) | XGBoost, Random Forest, Gradient Boost, CNN, SVM, KNN, Logistic Regression | - Improved diagnostic accuracy (XGBoost: 98.50% accuracy) | - Difficulty interpreting complex models (XGBoost, CNN) |
| 5 | Pachiyannan, Prabu, et al (2024) | ML-CHDPM | - Fast and accurate for congenital heart disease (CHD) prediction | - Limited to specific application (CHD) |
| 6 | Singh, Sanjeev, et al (2024) | Deep Convolutional Neural Network (DCNN), Recurrent Neural Networks (RNNs) | - High accuracy (DCNN: 99.42%) | - Requires large datasets for training |
| 7 | Fathima, A. Jainul <i>et</i> al (2024) | Not specified (mix of ML and DL algorithms) | - High accuracy reported with ensemble methods (99%) | - Limited information on specific algorithms and datasets used |
| 8 | Ainiwaer, Aikeliyaer, et al. (2024) | VGG-16, 1D CNN, ResNet18 | - Achieves good sensitivity (80.4%) and specificity (86.2%) for CAD detection | - Limited data source (heart sound recordings only) |
| 9 | Hammoud, Ahmad, et al (2024) | Random Forest, Gradient Boosting Classifier, KNN, SVM, Decision Tree, Logistic Regression | - Achieves high accuracy with Random Forest (92.85%) | - Difficulty interpreting complex models (e.g., Gradient Boosting) |
| 10 | Mohsen, AyedhAbdulaziz, et al. (2024) | k-Nearest Neighbors (k- NN), Support Vector Machine (SVM), Naive Bayes | - High diagnostic and classification accuracy reported | - Limited information on specific algorithms and datasets used |

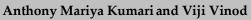
Table 2, fig 1: Accuracy details of various algorithms used to predict cardiovascular disease

| Reference | Algorithm | Accuracy |
|-----------------------------|-------------------------------------|----------|
| Ullah <i>et al</i> . (2024) | Feature selection+ Machine Learning | 78% |
| Ogunpola et al. (2024) | XGBoost (highest) | 98.50% |
| Omkari et al. (2024) | Two-Layer Voting | 99.03% |
| Singh <i>et.al.</i> (2024) | Deep Convolutional Neural Network | 99.42% |













REVIEW ARTICLE

Recent Advances in Cloud Computing Security Protocols: A Systematic Review and Analysis

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ABSTRACT

This review discusses the latest developments in methods to ensure security for cloud computing platforms, particularly in the areas of authentication, data authenticity, and preserving the privacy of cloudstored data. A study of ten disparate protocols draws out different ways of improving cloud security such as blockchain, lightweight authentication, contract-based realization, dynamic audit paradigm, and architecture integration. The main trends are outlined as distributions in favor of blockchain technology for more reliable and maximally decentralized applications, lightweight cryptography for utilization in constrained environments, and multi-cloud architectures for maximally comfortable and highly effective applications and services. Analyses conducted in the preceding sections compare a current strategy with representative previous techniques commonly used to implement a detailed security protocol and indicate that even when compared to development made just two years earlier most of the protocols provide better security features and more resistance to typical attacks, But, threats on the model implementation, modeling the massive scale, and examining the actual functionality of the model is also identified. While some protocols provide high theory-level results, many protocols have not received full-scale practical testing, which brings the issue of their functionality in largescale cloud environments under question. The conclusion can be derived from the fact that despite coming up with new protocols with distinct concepts of solving key issues of cloud security, widespread implementation in real environments and standardized evaluation are pending.

Keywords: Cloud Computing Security, Authentication Protocols, Data Integrity, Privacy Preservation, Blockchain, Cryptography, Multi-Cloud Environments, Dynamic Auditing, Lightweight Authentication, Scalability





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INTRODUCTION

Cloud computing has brought a great change in organizations' storage and computing process of data, due to its flexibility, scalability, and reducing costs. However, migration to cloud services has also brought new security issues especially when it comes to the aspects of authentication, data consistency, and privacy. While the cloud is necessary for organizations to incorporate reliable measures to enhance the security of the occupied cloud and data This is a review paper that will analyze the existing literature on recent trends in cloud computing security protocols that were proposed between 2020 and 2023. We dissect ten different methods whose aim is to solve ten different concerns of cloud security such as authentication, data integrity, and privacy-preserving technologies, among others. These protocols are among the modern approaches for increasing cloud security based on methods like blockchain, lightweight cryptography, multi-cloud platforms, and dynamic auditing models. The goal of this review is to survey recently developed cloud security protocols and their technologies and to compare and contrast these methodologies' effectiveness in addressing certain security issues. The protocol discussed in the present work is as it covers almost all the aspects of security in cloud computing from identity and access control systems using blockchain to efficient authentication protocols for mobile computing cloud some target improvement of data integrity checks in the multicloud environment and others suggest the approaches to vulnerability detection or secure data transfer. Also, the first protocols needed for heterogeneous systems are to be reviewed, integrated solutions based on blockchain, as well as efficient mechanisms for public auditing. The presented approaches are diverse due to the complex nature of the problems cloud security embraces and the constant process of creating new methods that are more protected, efficient, and realistic. All of them have specific goals in mind, ranging from the reduction of some weakness or enhancement of a particular method, and most of the time, they engage advanced technologies or otherwise, unexplored approaches, based on the integration of previously applied methods. Thus, the analysis of these protocols will help to reveal the current trends in cloud security research and to determine the perspectives for further investigation. This review will also explain how to address this gap in knowledge by identifying new approaches that are being used to improve cloud security and the remaining issues that will challenge researchers and practitioners in this dynamic field.

So, we anticipate that the systematic review will advance the discussion on cloud security and turn out to be beneficial for scholars, programmers, and corporations who want to improve their cloud security. In this way, the review may guide the subsequent research agendas and contribute to establishing improved, effective, and easy-to-use security measures that may protect the data in cloud computing.

Overview of the security protocols

What security protocols and their role in cloud computing

Security measures in cloud computing as exemplified by the set collection of papers include one or more systems of rules and practices, procedures, and cryptographic tools aimed at safeguarding the data, communication, and resources in a multiple cloud environment. These protocols act as the basis of the protection of information and services available and accessed in cloud environments. Cloud security is vital and has various functions, which are best illustrated by the given protocols. These protect information that is to be stored in the cloud by preventing unauthorized access, modification, or leakage of that data at different stages of storage in the cloud environment. These protocols help to create trust between different participants in the cloud environment and allow a secure exchange of information in conditions when resources are common and accessed almost physically. From the papers presented it can be seen that today's cloud security formats can tackle numerous issues. Among them, some of the major problems solved by them include identity management, access control, verification of data integrity, secure authentication, vulnerability detection, and the compatibility of two or more cryptosystems. The protocols use diverse sophisticated technologies and strategies such as blockchain, machine learning, lightweight cryptography, and ones that integrate two or more security measures. One commonality that can be seen in all of these papers is that more security and better performance are not mutually exclusive goals. Some of the proposed protocols are described to improve security while at the same time, inflicting minimal performance penalty. This is especially so in





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cloud computing scenarios where issues to do with flexibility and resource utilization are of paramount importance. Another factor that can be seen here is how well these protocols could be applied across different cloud environments. It extends to multi-cloud architectures, and mobile cloud computing and has incorporated different security measures tailored for each kind of cloud deployment mode and services. This flexibility is paramount within the existing cloud computing context which is heterogeneous by nature and constantly evolving. The papers also stress the increase of preventive security activities' significance. Such measures like the Vulcloud protocols are proactive as opposed to reactive in that they are designed to search for weaknesses before they are exploited as is the case with most cloud security postures. These protocols have to do with issues of clarity and traceability in the management of cloud security. Incidences like third-party auditing and other reliable methods that can be used to validate the information further enhance confidence and adherence to regulations. In conclusion, the approaches to security presented in these papers put together a strategic plan for cloud security. Several operations are included in them; for instance, encryption, authentication, authorization, data integrity, and intrusion detect.

The criteria for evaluating these protocols

According to the cloud computing security protocols, any evaluation is always marked by a set of criteria that defines the eligibility of the security protocols based on several factors that include the feasibility of the protocols and the appropriateness of the same in the different cloud environments. These criteria, as evident from the collective research presented in the papers, encompass several key areas. Security characteristics are at the core of the assessment; the emphasis is made on the resistance of the protocols against different kinds of attacks. This entails evaluating the level of protection that a particular B2B eCommerce platform provides against typical threats like MITM attacks, impersonation, and unauthorized modification of the data. In this case, factors such as the strength of the use of encryption algorithms in giving secure and authentic means of accessing data, and the capability to provide data integrity are important. For example, the features of employing blockchain as a part of BC-IAS protocol are examined to determine whether it offers provable safety against malicious attempts to alter the data; another example is the examination of the Novel Pairing-Free Lightweight Authentication Protocol for its effectiveness in withstanding specific forms of attack, such as the stolen smart card and the disclosure of session-specific temporary information leakage. Another important factor is efficiency because cloud environments operate with limited resources and highperformance requirements. This is in terms of the amount of time taken for computation, the time needed to transfer data from one device to the other, and power consumption. It can be observed that all the papers underscore lightweight operations and the low computational complexity of the algorithm. For instance, the Dynamic Level-Based Integrity Checking Protocol (DA-ICP) its effectiveness relies on probabilistic proof of possession; checking possession of complete datasets is much more time-consuming. This is because large numbers of users are expected to be supported starting from small numbers and similarly where large volumes of data and information are anticipated. Evaluation of protocols is based on the criteria related to the sustainability of the performance and security at higher levels of operational scale. For example, the identification protocol for the heterogeneous systems should be examined by its ability to operate in different cryptosystems to solve the scalability problem of various cloud systems. Another key criterion is called flexibility and adaption or, in other words, the ability to change behavioral patterns. They outline how the protocols perform in support of data dynamic operations as well as across multiple clouds and multiple use case scenarios. For instance, the Dynamic Reciprocal Authentication Protocol is examined based on how efficient it can be when applied to mobile cloud computing to show how adaptable it is when implemented in certain environments. These are features such as latency, throughput, and response time that are viable measures of evaluation of the system. These are beneficial in that they assist in determining the effectiveness of the protocols on overall cloud service provision. Some papers present increased data access rates and decreased end-to-end delays as such performance indicators. Usability and ease of implementation can also be counted as other important assessment criteria. Where a protocol is quite hard to implement or manage, the protocol may not work well when adopted in the real world. For instance, when analyzing the ECC-based Authentication Protocol, an important criterion used is how simple the implementation is and how it can work in real-life situations. The following are other evaluation criteria; compliance with the industry standard and legal requirements. Legal and regulatory conformance refers to the evaluation of protocols based on legal and regulatory requirements including data protection laws and other industry standards. Those aspects of the protocol





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that can be audited and the level of transparency are assessed, especially where the protocol models the ability to be audited or contains provisions for external auditing and the checking of data integrity. All of these are instrumental in creating confidence in the use of cloud services and they help in establishing responsibility. Practicality is one of the measures, where the importance of a given security measure is balanced against the costs of deployment and management. The protocols are sometimes compared and assessed on their innovative features addressing future security issues of the cloud computing environment. Part of this is evaluating new ways such as the application of the blockchain system in BC-IAS or the integration of several analysis methods in the Vulcloud Protocol. These evaluation criteria present a coincidental framework for the evaluation of the suitability and efficiency of security protocols in the cloud environment. This is a clear indication of the current struggle to meet physical security and at the same time ensure service delivery and reasonable use of cloud security systems.

Protocols Reviewed

Blockchain-based IAS protocol to enhance security and privacy in cloud computing

The BC-IAS protocol that was created by S. Navin Prasad and C. Rekha in 2023 concerns novel ways of increasing security and privacy in cloud computing. In the context of cloud computing, this solution is related to the principal domains of security, namely identity and authentication, access control, and confidentiality. The idea on which the BC-IAS protocol relies is that blockchain has inherently good characteristics which makes it highly secure and decentralized. This approach greatly enhances the general security position of the cloud computing platforms against many of these cyber risks. The general idea of the protocol is to enhance several key performance factors, including rates of getting data plus ratios of message deliveries plus the time it takes for the whole journey from one node to the next node, which is of paramount importance in cloud computing.

Related to the first, one of the most valuable aspects of the BC-IAS is its capacity to sustain high performance despite growing values of system faults. That is why this feature is especially important in distributed cloud networks where nodes can fail, and networks can have problems at any moment. Further, the protocol retrieves fairly good energy performance, which is crucial given the modern topic of green IT. But as with many decentralized applications based on blockchain, BC-IAS also has its drawbacks. The integration of such a system adds another level of difficulty to the currently complex cloud structures, thus giving organizations that wish to employ this technology a hard time. It is also not out of the doubt to entertain issues of possible performance penalties of the type incurred by general blockchain motion, especially at large-scale, enterprisestandards. The example of BC-IAS shows another problem that is typical for the majority of blockchain technologies, along with the scalability one. In the case of large numbers of users or transactions, the management of the system and its ability to promptly meet customers' needs can be problematic. Furthermore, the use of consensus mechanisms may require resources that are more expensive as well as the need for the purchase of better hardware to support the chain's functioning, and this might cause high energy consumption in some cases.

However, these are the potent challenges that still cloud service has to face, yet the BC-IAS protocol has great prospects in the sphere of cloud protection. Blockchain, it's capable of bringing into view the likelihood of decentralized systems in encouraging data security and confidentiality in areas like cloud computing that are central to security vulnerability. As cloud security emerges, we may expect that the protocols such as BC- IAS, provide guidelines for the future development of cloud computing systems that are safe, effective, and dependable

An efficient and secure protocol for checking remote data integrity in a multi-cloud environment

The Dynamic Level Based Integrity Checking Protocol (DA-ICP) that was put forward by H. Anwarbasha and S. Sasi Kumar along with D. Dhanasekaran in 2021 has also brought a major enhancement in the field of data security in multi-cloud systems. This protocol aims at filling the existing gap where organizations are struggling to determine the authenticity of data stored in different cloud storage systems that exist in the organization's cloud environment due to the adoption of the multi-cloud model. Another factor that is critical to understanding the application of DA-ICP is that security is one of the most important issues determining cloud success and DA-ICP incorporates it





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through the use of public key cryptography and EPDP encryption. They also apply the principles of confidentiality and integrity of outsourced data and present a good firewall against threats. Linear congruential generators used by the protocol for producing random sequences also add a level of efficiency to the general performance, which ultimately places this protocol among efficient ones. Another feature I like in DA-ICP is that the organization achieved high accuracy in the verification of data integrity with an accuracy of as high as 96%. 78%. The high degree of accuracy together with a shorter time to execute than currently existing methods makes DA-ICP a strong proposition that can help organizations that are trying to ensure data accuracy in multi-cloud systems. The protocol also provides a reasonable level of stringency of the verification rules simultaneously providing reasonable update times.

Although DA-ICP has several benefits, there are some disadvantages as well. Some potential issues of the protocol include: In some circumstances, the complexity of the protocol due to the scheme's multiple cryptographic operations and significantly detailed steps might present difficulties in terms of actual implementation as well as add to computational costs. Others argue that the protocol is best suited for a small number of data and is not ideal for huge data sets or when performing several analyses of data within a short time. The use of third parties for auditing while helpful for security opens an avenue of attack in case the auditors are hostile or have been compromised. Moreover, the demonstrative results of the protocol in actual multi-cloud environments have not been verified yet, although the actual proof-of-concept picture in the paper is a mixture of theoretical and simulation outcomes. As acknowledged, the reality of the experimental results is that they were obtained from simulated and proof of concept environments only; one would naturally ask how DA-ICP may fare under different network conditions or potential issues arising in the real multi-cloud environment. However, all these notwithstanding, the proposed DA-ICP protocol is a big stride towards meeting the inherent practical imperative of data integrity check-ups in a stylized, complex cloud storage environment.

A Novel Pairing-Free Lightweight Authentication Protocol for Mobile Cloud Computing Framework

The paper titled 'A Novel Pairing-Free Lightweight Authentication Protocol for Mobile Cloud Computing

Framework' developed by Azeem Irshad, Shehzad Ashraf Chaudhry, Osama Ahmad Alomari, Khalid Yahya, and Neeraj Kumar published in 2021 proposes a new direction for the issue of authentication in the concept of mobile cloud computing. The authors have set a protocol that has efficiency and security aspects and is specially designed for mobile devices. One of the key features of this protocol and, at the same time, its defining characteristic is the fact that it is essentially free of pairing. Due to the elimination of computationally costly bilinear pairing operations, the authors have come up with this much more efficient solution, which however incorporates all relevant levels of security. The uses of the protocol include user anonymity, where nobody can trace the identity of the other party, mutual authentication, and the ability to counter different forms of attacks such as impersonation attacks and stolen smart cards. It also provides perfect forward secrecy, in which even if the private key is compromised, the session keys will not be discoverable. Unlike other similar protocols, this one has the advantage of scalability, which is implemented so that it is easy to add a new user or a new server into the system without any changes to the smart cards or the repositories in the servers. This together with the elimination of the verifier table at the server end makes this feature very effective enhancing the practicality of the protocol. The authors have also done a formal security analysis on the protocol in question to prove the kind of security the protocol provides in theoretical formalism.

But there is always a but: the suggested protocol is not without some flaws. It works with lower computational cost than pairing-based schemes though it has a higher computational cost than some of the most lightweight security schemes. On this account, the authors justify this trade-off as making room for enhanced security features. The protocol also includes slightly elevated communication overhead as compared to some other schemes could be a problem in some Mobile environments having limited bandwidth. It is not clear though how easy or difficult it will be to implement the protocol given the number of steps and calculations involved compared to the simpler but less secure schemes. This could also add to the risk of implementation error was perhaps not well coded and tested as was the case with its predecessors. Also, the paper is about the protocol that is proposed for mobile cloud computing,





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but the authors do not present any experimental results based on real mobile devices, and that might show new problems in the real-world usage of the protocol.

Therefore, this novel authentication protocol appears to be a viable way of having better security across mobile cloud computing while at the same time having superior outcomes in terms of efficiency. Although there are some shortcomings in this approach, especially in the aspect of implementation and performance it covers some basic security issues on MCC and can be implemented on low-end devices.

Design of Hybrid Authentication Protocol for High-Secure Applications in Cloud Environment

The paper 'Design of Hybrid Authentication Protocol for High-Secure Applications in Cloud Environment' written by Sai Srinivas Vellala and Dr. R. Balamanigandan was published in 2022. The need for this protocol stems from the increasing security risks associated with cloud computing, particularly for applications with high-security interests. In their papers, the authors suggest that a blend of different types of authentications can be even more effective, and prevent vulnerabilities in an overall system. The paper thus shows that the proposed hybrid protocol outperforms both the elemental authentication and the MFA protocol in most of the performance parameters. That is why the authors say that the protocol guarantees 95% security levels which can objectively be considered as a significant upturn in contrast with 64% in the case of basic authentication and 86% in the case of multifactor one. One of the significant issues with applications working in the cloud is data security and this aspect has been boosted by this innovation.

Another feature of the paper is the recount of the increase in overall system performance at various levels of the business. The hybrid protocol has been reported to offer 98% performance, thus presenting a slight improvement over the 86% for basic authentication and 91% for the multifactor one. This implies that it is possible to enhance the security of the cloud by agreeing on a protocol that still does not affect the computation speed which is a critical factor in the cloud in that many users and applications share the resources.

Another area in which the hybrid protocol appears to bring a major enhancement is in the concept of error reduction. The authors argue that their approach has the least errors at 8% while basic authentication has 73% and multifactor at 54%. Such a reduction could make cloud services more accurate and reliable, and thus potentially decrease incidences of maintenance downtimes, therefore increasing the satisfaction of users. Issues such as scalability, which is important in cloud computing since resources have to change in relationship to demand, are also solved by the protocol. On the subject of scalability, the authors note a corresponding figure of 87% as against 43% of basic authentication and 68% of multifactor authentication. This could help the protocol to scale up better in new and more active cloud environments with an increasing number of users and volume of data.

However, despite these impressive claims, the paper appears to have a significant limitation: the absence of some practical experiences obtained from the testing of the suggested proposals in a realistic cloud setting. Due to the scarcity of practical implementation data, the real efficacy and feasibility of the hybrid authentication protocol will remain dubious. Failure to incorporate actual implementation methods or someday research tests may hamper other researchers or practitioners from being able to authenticate the results or follow the outlined process on their own. The absence of practical testing also leaves several questions unanswered, for example, what major or minor scalability problems are to be expected in large-scale implementations of the protocol? Are there some previously unknown vulnerabilities that may become apparent only when the protocol is being used? What difficulties are to be expected when integrating the described protocol with existing cloud systems? These are key factors that should be taken into account in any new security protocol, more so one that is being designed to meet high-security usage.

Therefore, even though the theoretical enhancements discussed in this paper are quite substantial and might denote a breakthrough in cloud security, one can single out the lack of empirical correspondence as the major drawback. Further development on this proposed protocol would be even advantageous if empirical tests of the announced





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enhancements are conducted in real cloud infrastructures rather than simulations; and if the possible issues that may appear in practice are tackled. Rather, this would provide a fuller picture of the protocol and its ability to solve the security issues present in the cloud and be ready for their high-security applications.

Vulcloud Protocol

Design a New Protocol for Vulnerability Detection in Cloud Computing Security Improvement

The paper "Design a New Protocol for Vulnerability Detection in Cloud Computing Security Improvement" was prepared by Narendra Mishra, R K Singh, and S K Yadav in 2021. They presented this protocol with the view of developing a new approach to the detection of a vulnerability in the existing security of cloud computing. The authors put forward a set of features and a set of recommendations for employing a static/dynamic Hybrid Analysis enhanced with Machine Learning Algorithm as a systematic and effective approach to discovering the vulnerabilities typical of the utilization of Cloud Computing.

Vulcloud aims to work effectively and combat the problems associated with virtualization and issues residing within cloud solutions. The current laboratory protocol uses multiple techniques of analysis in the process to achieve better vulnerability detection to improve cloud security. According to the authors, this type of approach to the problem yields a higher performance compared with conventional approaches, although no particular evaluation criteria are specified in the abstract. The flow that has been embodied in the Vulcloud Protocol has been partially automated. It contains some machine learning components that are derived and tested in a way that requires minimum or no manual input in the vulnerability detection process. This protocol will also attempt to further apply more symbolic execution to improve the detection of bugs in virtualization applications and demonstrate an attempt to tweak existing security paradigms toward the cloud. That said, this paper seems to have some of the following drawbacks. This raises some questions as there is very little implementation information there being only a general outline on the parameters of the protocol. It is not easy to prove much of the averred improvements over existing methods because the work offered lacks quantitative data or comparison figures. In addition, it is difficult to verify the implementation of the ideas behind the Vulcloud protocol in the real clouds or provide references to the cases of its effectiveness. Some of the overlying that the hybrid approach involves several techniques might make the implementation and the subsequent maintenance of the approach slightly complicated in some way. One more thing that the paper fails to do is to consider the possibility that this more complex protocol will take more time, or computing power, to implement, which is a concern when it comes to cloudy environments. There is also no information on specific practical concerns such as the approach taken by the protocol in differentiation between false positives and false negatives in the identification of weakness. The rendering of the protocol appears to be especially concentrated on virtualization risks, which could mean that lesser significant sorts of cloud-based threats may be disregarded. The paper does not explain to what extent the protocol is scalable for large clouds, nor does it include a direct comparison of the protocol to vulnerability detection tools prevalently used in cloud environments. The lack of a clear threat model and very little coverage of vulnerability mitigation is also missing here.

In conclusion, having analyzed the Vulcloud Protocol as a model for vulnerability detection in cloud computing, one has to admit that, although the idea is promising, the absence of detailed descriptions of the implementation of the actual detection model, of comparative numerical results demonstrating the efficiency of the approach, and information on real experiments with the Protocol make it very hard to judge the practical usefulness and effectiveness of the protocol. Future work should include more extensive tests of this protocol, the ways of its performance measurement, and a broader view of the range of cloud security threats rather than virtualization.

Dynamic Reciprocal Authentication Protocol for Mobile Cloud Computing

The paper entitled, "Dynamic Reciprocal Authentication Protocol for Mobile Cloud Computing" was authored by Abdulghani Ali Ahmed, Kwan Wendy, and Muhammad Nomani Kabir in 2020. The purpose of this protocol is to improve the security of communication in the context of MCC. It is for this idea that the proposed protocol seeks to counter the existing authentication challenges for a safe mutual authentication technique immune to known forms of





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attack. The strengths of the protocol are in the security aspects and performance since they are improved. It uses identification with several factors, the method of Diffie-Hellman, and passwords for one-time conversations between mobile clients and cloud servers. Due to this aspect, the mentioned protocol is immune to several attacks including the man-in-the-middle, playback, impersonation, and synchronization attacks. Thus, the author concludes that the proposed protocol is computationally less demanding compared to other methods that can make it useful for data authentication and security of data communication in the context of mobile cloud computing. Another interesting aspect is related to the dynamics of the given protocol and relative improvements in usage. It uses dynamic passwording and is not susceptible to social engineering and is, therefore, a very reliable and easy-to-use authentication. It also guarantees the creation of correct session keys at both communicating parties for proper session management, and to minimize on leakage of session keys or insecure sessions.

However, the paper has the following limitations: Its strength lies in the fact that it aims and works solely on presenting and assessing an authentication protocol for mobile cloud computing and may not be adequate in addressing all the security aspects or all the security issues in the broader field of cyber security. Even though the paper offers metrics for the comparison of the proposed protocol with the previous works, there might be more metrics or points of view that could contribute to the evaluation. Another limitation of the paper is that there seems to be inadequate discussion on the deployment of the proposed protocol in real-life mobile cloud computing scenarios. However, the integration of such protocol as the Dynamic Reciprocal Authentication Protocol demonstrates some of the promising features that would ensure better security in the context of MCC hence more studies in the applicability of the actual implementation of the protocol, scalability, and user interaction in reality for better real-life understanding of the performance.

Identification Protocol Heterogeneous Systems in Cloud Computing

The paper "Identification Protocol for Heterogeneous Systems in Cloud Computing" by Srinath Venkatesan in 2022 offers a novel solution to handle with complexities of identification for heterogenic cloud networks securely. Of all these protocols, this protocol was unique in its exactness and versatility in the search between cipher texts that encrypted under different cryptosystems, namely CLC and IBC. This feature makes the protocol very practical for real-world cloud settings where at times one or more cryptographic systems are used. The protocol utilizes the Twisted Near-ring Root Extraction Problem to provide its security base, which is a great mathematical problem. One is that it provides better efficiency in preserving privacy by permitting the search of encrypted data without the leakage of information about the plaintexts is very important in the cloud. The authors say that the protocol is immune to concurrent active attack and impersonation attacks adding more credence to prevention.

The current protocol's most important advantage is best captured by the title of the work in question – an efficient and secured Identification Scheme. What is left theoretically as protection for the scheme is the Bilinear Diffie-Hellman assumption, which gives a sound theoretical ground for each of the security claims. But the protocol also has certain advantages that have been criticized as follows: It's deep-rooted in concepts such as near-rings and endomorphisms As such, it may be hard to apply and grasp by most people. Surprisingly, one gets a feeling that most of the paper is conceptual since the authors do not provide any account of how the purported techniques work in real-world cloud environments. The security proof of such schemes, namely the use of the random oracle model which is well understood to have its limitations in real-world usage, may not be a perfect match in terms of security. Although it was mentioned that the approach is efficient, it can be seen that due to the numerous mathematical computations involved the strategy could possess a high level of computational complexity while being implemented in large-scale cloud environments. Nevertheless, the paper fails to provide a relative analysis of other protocols to fairly measure their performance and efficiency. There are also very few discussions pointed to key management and its integration into the existing cloud infrastructures which are crucial for the real-life implementation of the system.





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Thus, the identification protocol proposed in this paper is an insolent and possibly effective solution in the context of heterogeneous clouds. The following are its advantages: security, privacy preservation, and theoretical efficiency. But knowing its flaws, it is still not without issues; it has not been used in practical implementations and the underlying maths is complex. Future work is recommended to be based on practical regard, efficacy comparisons with current solutions, scalability challenges, and effective use of the protocol in cloud computing.

A Secure User Authentication Protocol Based On ECC for Cloud Computing Environment

The paper 'A Secure User Authentication Protocol Based on ECC for Cloud Computing Environment' by Diksha Rangwani and Hari Om published in 2020 provides details of a cloud computing user Authentication using Elliptic Curve Cryptography. It meets several critical security concerns in cloud computing but also allows for high performance. It improves security because it addresses exposures that were observed in prior protocols, including DoS attacks, privileged insider attacks, stolen smart cards, and attacks. Its effect is to reduce the computational and communication costs which are important in efficient cloud computing with the use of dynamic and lightweight cryptographic hash functions. The security of the given protocol is shown by a formal security analysis of the Burrows–Abadi– Needham (BAN) logic and an informal analysis of attacks on the protocol, however, the strong point of this protocol is that it gives much consideration to users' privacy. It conceals the user's identity whilst authenticating and this is important in avoiding user tracking by intelligent adversaries. The analysis of comparison presented in the context of this paper reveals that it is more efficient than the current trends regarding the communication complexity, computational load, and storage required for the implementation of this protocol in real-world environments. Also significantly, the simpler means the easier it is to implement a protocol, and this enhances its applicability to cloud settings.

However, the protocol also has some limitations. The use of the ECC system brings improvements in productivity and security but may present problems in those places where this cryptographic method is not used or is not well known. ECC's enhanced basis of mathematical operations might entail professional competence for its implementation and management. They may also be associated with first-time costs for setup and overhead in large-scale clients. As with any new protocol, one always runs the risk of new weaknesses appearing as the members adapt to it over time, thus making constant review of the protocol essential. Therefore, this ECC-based authentication protocol is a promising solution for providing secure user authentication in a cloud computing environment. Security-wise, it outperforms other methods; in terms of efficiency and user privacy, it will be a good addition to the existing approaches. The potential implementers should be aware of the problems that arise concerning the adoption of ECC, and the necessity to engage professionals if the equipment and the software are to be properly operated. The study's limitations make suggestions for future work including addressing the limitations of this protocol about durability and examining the capabilities of this protocol on multiple real cloud environments.

An Integrated Architecture for Maintaining Security in Cloud Computing Based on Blockchain

The article "An Integrated Architecture for Maintaining Security in Cloud Computing Based on Blockchain" by Ruba Awadallah, Azman Samsudin, Je Sen The, and Mishal Almazrooie provides a clear solution for how security should be implemented in cloud computing. This research work was published in 2021 where the author presented a scheme using multiple CSPs and a blockchain to solve significant security issues related to cloud computing, namely data integrity and confidentiality.

As has been mentioned, the proposed architecture has several advantages. It improves data purity since blockchain can detect the tampering made, even by the CSPs themselves. Homomorphic encryption is used to maintain data security, while data operations can be performed on encrypted data. Distributing trust among several CSPs makes it difficult to have a single point of failure, thus the need to implement the scheme. They make use of public ledgers such as the Bitcoin or Ethereum blockchain to store master hash values, to make the verification data tamper-proof. The architecture is friendly to this level of flexibility in that it is scalable and flexible enough to integrate with different numbers of CSPs and blockchain platforms.





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However, the working of the scheme is not without its flaws. It can only alert of data tampering but cannot identify the actual records that have been tampered with as acknowledged by the authors. Of course, there are possible problems relating to synchronization and additional issues for more clients who must maintain cryptocurrency purses. The use of public blockchain brings in dependencies on another external network. Further, the study is mostly of the conceptual kind and thus does not propose actual applications of the tool under analysis or test it on real-life conditions, which creates some uncertainty about the tool's efficiency when applied in real-life cases.

However, the proposed architecture goes a long way in addressing the security issues currently in the use of cloud computing. Based on the concept of distributed and confidential multi-cloud, it can be considered that the multi-CSP approach based on blockchain technology can become a new direction for further research and development of cloud security. The scheme has great advantages for the increase of data integrity and its confidentiality without appreciable loss of scale or simplicity of implementation, which strengthens this research's contribution to the subject.

An efficient data integrity auditing protocol for cloud computing

The paper titled "An efficient data integrity auditing protocol for cloud computing" written by Dr. Neenu Garg from Chandigarh University, India, and collaborated with Prof. Seema Bawa of Chandigarh University and Dr. Neeraj Kumar of Thapar University, Patiala, India, in the year 2020, has proposed an Identity-based Public Auditing Protocol for the cloud environments. The described protocol also has several important benefits when it comes to cloud data integrity verification. The primary strength is founded on the provision of third-party auditors to offer the public an independent confirmation of the security of the cloud services. One of the advantages is the effectiveness of the protocol in the context of storage overhead; to provide services for a file block, a single authenticator is used. Besides, it supports dynamic data operations which include update, insert, and delete operations and data integrity which is very important in actual cloud applications.

From the security aspect, it is fairly sound: the protocol is shown to be secure under the Random Oracle Model and uses the Computational Diffie-Hellman Problem as a basis. It also meddles with the computational load that clients have to endure during the setup phase, thus coming off as less complex. Working on the prototype, the authors can testify to the practical effectiveness of the proposed protocol due to the comparison of the results obtained with the results of traditional protocols. Also, the protocol considers portable as well as mobile devices making it very flexible in its approach. However such a protocol has its shortcomings. Despite the positive impact of having Third-Party Auditors (TPAs) to check the veracity of claims made by its partners, it has drawbacks to data privacy and security. The auditing process involves the exposure of information and the protocol is only as secure as the TPA implementing it claims to be. These causes make up a potential single point of failure and can be a source of concern to clients of the TPA in terms of its impartiality. Some issues may potentially appear when dealing with increasingly large amounts of data and numbers of clients – scalability of the auditing process.

Finally, it has been demonstrated that this paper provides a new pathway to data integrity auditing in cloud computing scenarios which outperforms other approaches in terms of efficiency, security, reliability, and flexibility. However, there are potential disadvantages linked to privacy, trust to the auditors and third parties, and scalability of the solution.

CONCLUSION

The following review of ten protocols shows that each of those areas has made important progress in security, including authentication, data integrity, privacy preservation, and vulnerability detection. Technologically, security is being boosted by such innovations as blockchain and machine learning, and in regard the industry trends, multiple





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methods implemented on the cloud are being paid attention to. The concept of protocols is to act as a middle ground between security and performance, and as such the problem of scalability in practical settings is not fully solved. Most do not have thorough testing, which raises a question as to the applicability of the models that are studied. Integrated solutions and adaptive measures are possible as well as enhanced focus on user privacy of the systems. Implementation, standardization, and changes in threats again proved to be still a work in progress. More research and experiments are needed to work in this field and make stronger cloud security to achieve more people's confidence and adaptability of cloud computing in various industries.

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REVIEW ARTICLE

Cyber Intrusion Detection: A Systematic Review of Data Mining and Machine Learning Methods for Improved Threat Identification and Response

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ABSTRACT

Effective intrusion detection is essential for protecting digital assets as cyber-attacks grow more serious. The advantages and disadvantages of several strategies, such as supervised, unsupervised, and deep learning techniques, are highlighted in our review. Additionally, we go over how enhancing detection accuracy may be achieved by feature selection, hyperparameter optimisation, and data preprocessing. The review's conclusions offer guidance to researchers and cybersecurity professionals on how to create intrusion detection systems that are more resilient and adaptable, thereby fortifying cyber defences. The study offers a thorough analysis of the state of cyber intrusion detection at the moment, highlighting the difficulties and restrictions of present techniques. The paper emphasises the inadequacies and limitations of current methodologies and underlines the need for creative solutions through a rigorous evaluation of data mining and machine learning technologies. The research lays the groundwork for future developments and breakthroughs in cyber intrusion detection by identifying these difficulties, ultimately boosting the security and resilience of digital systems.

Keywords: Cyber-Attacks-Data Preprocessing-Digital System-Deep Learning-Supervised-Unsupervised.





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INTRODUCTION

The rapid growth of networked systems and the increasing sophistication of cyberattacks have made cyber intrusion detection a crucial component of contemporary cybersecurity. As cyberattacks grow more frequent and intense, organisations are finding it harder and harder to recognise them and take appropriate action. Modern technologies must be implemented in order to strengthen digital defences because the threat landscape of cyberattacks is becoming more and more dangerous, making traditional security measures insufficient. The necessity for creative solutions that can identify and adjust to changing threats has grown critical as the number and complexity of cyberattacks increase. Sophisticated threats are difficult to detect and counter using cyber intrusion detection, a crucial element of contemporary cybersecurity. Attackers now have an easier time exploiting new vulnerabilities that have been brought about by the increasing interconnection of devices and systems. To identify and counter these threats, conventional security techniques are no longer enough. More sophisticated technologies are required to improve threat detection and response, such as machine learning and data mining. Because cyberattacks are so complicated, creative solutions that can change with the threats are needed. Real-time threat identification and response is a critical component of cyber intrusion detection. There has never been a more pressing need for efficient cyber intrusion detection. For organisations to remain ahead of new risks, they must implement cutting-edge technologies.

More sophisticated and adaptable techniques are clearly needed as the conventional signature-based detection methods are no longer enough. Since cyberattacks are become more sophisticated, focused, and challenging to identify, it's critical to create cutting-edge defences against ever-changing threats. Data mining and machine learning techniques have emerged as promising solutions, offering the potential to enhance threat identification and response. These techniques can analyze vast amounts of data, identify patterns, and detect anomalies, making them well-suited for cyber intrusion detection. A thorough grasp of the present state of research is necessary because the discipline of applying data mining and machine learning to cyber intrusion detection is still in its infancy. With an emphasis on the benefits, drawbacks, and potential applications of data mining and machine learning techniques in cyber intrusion detection, this systematic review attempts to present a comprehensive summary of the body of research in the field.

By examining the existing literature, this review seeks to identify the most effective techniques, gaps in current research, and opportunities for innovation. This will ultimately inform the development of more resilient and adaptive cyber intrusion detection systems, capable of detecting and responding to emerging threats. In addition, this paper will examine the several approaches to data mining and machine learning—supervised, unsupervised, and deep learning—that are employed in cyber intrusion detection. Additionally, the significance of feature selection, hyperparameter adjustment, and data pretreatment for enhancing detection accuracy will be covered. This review will also look at the difficulties and constraints facing current research, such as problems with interpretability of models, class imbalance, and data quality. Researchers and practitioners can improve the security and resilience of digital systems by tackling these issues and creating cyber intrusion detection systems that are more effective.

LITERATURE REVIEW

1.Farah Jemili, Rahma Meddeb, and OuajdiKorbaa, "Intrusion detection based on ensemble learning for big data classification," November 7, 2023. The assessment and comparison of machine learning algorithms, including Random Forest, XGBoost, and decision trees, is the main topic of this work. Interestingly, the result of our research is a hybrid intrusion detection model that combines the advantages of both techniques. Their investigations show that the hybrid model performs exceptionally well, especially when Random Forest and XGBoost are combined. In some situations, this method has an accuracy rate of 97%, outperforming individual methods. In conclusion, their research highlights the significance of ongoing adaptation in the face of threats and show how ensemble learning can improve





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intrusion detection.[1]. 2.In 2024, Diptiben Ghelani published Enhancing Data Security: Machine Learning Approaches for Intrusion Detection in Computer Networks.The design ideas, essential elements, and assessment metrics of machine learning-based intrusion detection systems (IDSs) are covered in detail in this study. Additionally, it talks about the drawbacks and restrictions of ML-based intrusion detection systems, including the requirement for labelled training data, interpretability of the model, and flexibility in response to changing threats. The study also looks at new developments in machine learning, including deep learning and reinforcement learning, and how these might be used in intrusion detection. Through a critical analysis of existing research literature and case studies, the paper highlights the strengths and weaknesses of different ML approaches for intrusion detection, offering insights into their effectiveness, scalability, and practicality in real-world deployment.[2].

3.In 2024, Shereen Ismail, Diana W. Dawoud, and Hassan Reza conducted a comparative analysis of datasets with the purpose of detecting cyberattacks in wireless sensor networks. The two datasets are compared in this research based on their salient features, dataset quality, and machine learning classification performance. Recursive Feature Elimination (RFE) and Mutual Information (MI) are utilised in feature selection. The statistical information calculation is used to measure the quality of the dataset. Three supervised ensemble techniques—LightGBM, bagging, and stacking—have their ML classification performance examined. Evaluation criteria such as classification accuracy, model size, processing time, and probability of false alarm, misdetection, and detection probability are used.[3]. 4.In 2015, Anna L. Buczak and Erhan Guven published A Survey of Data Mining and Machine Learning Techniques for Cyber Security Intrusion Detection. A concentrated literature review of data mining (DM) and machine learning (ML) techniques for cyber analytics supporting intrusion detection is presented in this work. Each ML/DM approach has a brief lesson description supplied. Papers that represented each method were found, read, and summarised based on factors such as the quantity of citations or the significance of a developing technique. Some well-known cyber data sets used in ML/DM are given because data are crucial to ML/DM algorithms, and some guidelines on when to apply each method are provided.[4].

5.Rahul D. Shanbhogue and B. M. Beena's 2017 survey, "A Survey of Data Mining (DM) and Machine Learning (ML) Methods on Cyber Security," This paper covers the relevant basic information on cyber security and surveys the use of machine learning (ML) and data mining (DM) techniques in automating the cyber detection system. Results are Numerous Machine Language and Data Mining techniques have been used to address these problems after a variety of cyber intrusion detection and security vulnerabilities were identified. The analysis section of this study clarifies the promise, quirks, and complexity of using ML algorithms to cyber security. Utilisation: Real-world cyber security intrusion detection systems use the machine learning and data mining techniques and algorithms covered here.[5] 6.Priyesh Kulshrestha and T. V. Vijay Kumar's machine learning-based intrusion detection system for IoMT is scheduled for release in September 2023. In order to address this problem, this study presents machine learningdriven intrusion detection systems. The goal of this research is to develop an intrusion detection system (IDS) with an emphasis on machine learning (ML) that can detect cyberattacks against IoMT-based systems. Many machine learning (ML) techniques for classification were applied, including Multinomial Naive Bayes, Logistic Regression, Logistic Regression with Stochastic Gradient Descent, Decision Tree, Ensemble Voting Classifier, Bagging, Random Forest, Adaptive Boosting, Gradient Boosting, and Extreme Gradient Boosting. Based on performance metrics like accuracy, precision, recall, F1-score, False Detection Rate (FDR), and False Positive Rate (FPR), the best performing technique was found through experimentation.Furthermore, on performance criteria like accuracy, F1-score, FPR, and FDR, it was discovered that the adaptive boosting based IDS for IoMT outperformed the current ToN_IoT-based IDS models. [6].

Challenges and trends

Challenges in cyber intrusion detection using machine learning and data mining include the evolving threat landscape, which makes it difficult for models to keep up. Additionally, high-quality data is required to train models, but it can be difficult to obtain and label. False positives and negatives are also a concern, as models can generate false alarms or miss attacks, leading to wasted resources or undetected threats. Furthermore, the interpretability and





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explainability of models can be a challenge, making it hard to understand why a particular decision was made. Finally, scalability and performance can be an issue, as models can be computationally intensive, requiring significant resources to run. Trends in cyber intrusion detection include the application of deep learning techniques, such as neural networks, to improve detection accuracy. Anomaly detection methods are also being used to identify unusual patterns in network traffic. Hybrid approaches, combining machine learning with other techniques, such as rule-based systems, are being explored to improve detection accuracy. Explainable AI is another trend, with researchers developing techniques to explain model decisions and improve interpretability. Transfer learning is also being used, where pre-trained models are fine-tuned for specific cyber intrusion detection tasks. Graph-based methods are being applied to analyse network traffic and detect intrusions, and real-time detection is becoming increasingly important. Finally, edge AI is emerging, where models are deployed on edge devices, such as routers and switches, for decentralized detection.[7].

Limitations of cyber intrusion detection using ML and DM include

Data quality and availability issues

Data quality and availability issues refer to the challenges of obtaining accurate, complete, and relevant data for training and testing machine learning models. Poor data quality can lead to biased or inaccurate models, while insufficient data can limit model effectiveness. Additionally, data may be difficult to obtain due to privacy concerns, proprietary restrictions, or lack of standardization. Noisy, inconsistent, or missing data can also impact model performance. High-quality data is essential for developing reliable cyber intrusion detection systems.

Evolving threat landscape

The threat landscape is constantly changing, with new attack vectors and techniques emerging daily. Attackers adapt and evolve their methods to evade detection, making it challenging for machine learning models to keep up. Zeroday exploits, polymorphic malware, and social engineering tactics are just a few examples of evolving threats. As new technologies and systems are developed, new vulnerabilities are introduced, providing opportunities for attackers to exploit. This dynamic environment requires continuous updating and refining of cyber intrusion detection systems to remain effective.

False positives and negatives: False positives occur when a system incorrectly identifies benign activity as malicious, leading to unnecessary alerts and wasted resources. False negatives happen when a system fails to detect actual malicious activity, allowing threats to go undetected. Both types of errors can have significant consequences, including system downtime, reputational damage, and compromised security. High false positive rates can lead to alert fatigue, causing security teams to ignore or miss critical alerts. False negatives can result in undetected breaches, data theft, or system compromise

Lack of interpretability and explainability: Machine learning models used in cyber intrusion detection can be difficult to interpret and understand, making it challenging to trust their decisions. The complexity of these models can lead to a lack of transparency, making it hard to identify why a particular alert was triggered. Without clear explanations, security teams may struggle to understand the context and severity of detected threats. This lack of interpretability can lead to delayed or incorrect responses to incidents. Furthermore, regulatory requirements and auditing needs may also be hindered by the inability to explain model decisions.

Scalability and performance challenges: Scalability and performance challenges are significant limitations in cyber intrusion detection. Machine learning models struggle to handle large volumes of network traffic and data, process high-speed data streams in real-time, and scale to accommodate growing network sizes and complexity. As a result, performance and accuracy decline, leading to reduced detection capabilities, increased false positives and false negatives, and delayed or missed detections. Furthermore, these challenges can lead to inadequate incident response and insufficient resource allocation, ultimately compromising the effectiveness of cyber intrusion detection systems. Addressing these scalability and performance challenges is crucial to ensure timely and accurate threat detection and response.





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Vulnerability to adversarial attacks and bias

Machine learning models in cyber intrusion detection are vulnerable to adversarial attacks and bias, which can significantly compromise their effectiveness. Adversarial attacks, designed to evade detection or mislead the model, can exploit vulnerabilities in the model or data, leading to false negatives or incorrect classifications. Furthermore, machine learning models can inherit biases from the training data or algorithms used, resulting in unfair outcomes or discriminatory detection. This vulnerability can lead to evasion attacks, poisoning attacks, and erosion of trust in the model's credibility and reliability. As a result, addressing this limitation is crucial to ensure robust and fair cyber intrusion detection capabilities that can withstand sophisticated attacks and provide equal protection for all users and systems.

Dependence on data representation and quality

The effectiveness of machine learning models in cyber intrusion detection is heavily dependent on data representation and quality. Poor data quality, incomplete or inaccurate labeling, and inadequate feature representation can significantly compromise model performance. Additionally, the reliance on high-quality training data can lead to:

- Biased models trained on limited or skewed datasets
- Inadequate detection of unknown or novel threats
- High false positive rates due to noisy or irrelevant data
- Inability to generalize to new or changing environments
- Dependence on continuous data updates and maintenance
- Limited real-time detection capabilities

Current trends

AI-driven threats: AI is being leveraged to launch sophisticated attacks at an unprecedented scale, including AI-powered impersonation, phishing, malware, and ransomware.

AI for threat detection: AI is being utilized to detect and prevent cyber threats by identifying vulnerabilities and predicting attack patterns.[9]

Generative AI: Generative AI tools like ChatGPT are being used to craft highly personalized spear-phishing messages and deepfake voices to impersonate executives.[9][10]

AI for incident response: AI is improving incident response times and effectiveness by automating responses to common attacks and identifying potential security incidents.[9]

AI for security information and event management: AI is enhancing security information and event management systems by identifying potential security incidents and predicting attack patterns.[9]

AI for cloud security:AI is strengthening cloud security by identifying vulnerabilities and predicting attack patterns in cloud environments.[11]

AI for identity and access management: AI is optimizing identity and access management by identifying potential security incidents and predicting attack patterns.[11]

AI for security orchestration, automation, and response: AI is streamlining security orchestration, automation, and response by automating responses to common attacks and identifying potential security incidents.[11]

The new era of AI-driven threats: The hazards associated with AI are twofold: from outside corporate walls, companies confront an ongoing barrage of threats, including attacks powered by AI. The truth is that AI can help





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almost any kind of threat that currently exists, which means that attacks can be conducted at a speed, sophistication, and scale never seen before. As for AI-driven cyberattacks, businesses confront an unknowable array of unknowns because the possibilities for the future are infinite.

But distinct attack patterns are starting to show. ThreatLabz offers insights into a variety of emerging threat categories in the 2024 AI Security Report, including:

- AI impersonation: Deepfakes created by AI, advanced social engineering techniques, false information, and more.
- **AI-Generated Phishing Campaigns:** End-to-end campaign generation using ChatGPT, demonstrated by ThreatLabz in a case study that created a phishing login page in 7 simple prompts.
- AI-Driven Malware and Ransomware: Threat actors leveraging AI automation across various stages of the attack chain.
- **AI-Generated Exploits:** Using ChatGPT to generate vulnerability exploits, as shown by ThreatLabz in creating proof-of-concepts for Log4j (CVE-2021-44228) and Apache HTTPS server path traversal (CVE-2021-41773).
- **Dark Chatbots:** The proliferation of dark web GPT models like FraudGPT and WormGPT, which lack security guardrails and pose significant threats.

Impact of challenges and trends on organization:

The challenges and trends in AI and ML for cybersecurity can have a profound impact on organizations. The increased risk of AI-powered cyber-attacks and data breaches can lead to significant financial losses and reputational damage. Moreover, developing and implementing effective AI-powered cybersecurity solutions requires substantial investment in resources and specialized expertise. The integration of AI systems also introduces new complexities and potential vulnerabilities, emphasizing the need for ongoing monitoring and updates to stay ahead of emerging threats. However, AI-powered cybersecurity solutions can also improve incident response times and reduce false positives, making them a crucial tool in the fight against cyber threats. Ultimately, organizations must adapt to the rapidly evolving AI and ML landscape to remain secure and resilient in the face of increasingly sophisticated cyber-attacks.

Future directions for cyber security

Significant progress in threat detection, incident response, and security analytics are expected in the field of cybersecurity in the future, thanks to the integration of artificial intelligence and machine learning. The migration of more data and apps to the cloud will make cloud security a priority. To stop assaults and data breaches, the increasing number of internet of things (IoT) devices will necessitate better security measures. Quantum-resistant encryption techniques and algorithms will be created in advance of quantum computing. Furthermore, zero trust architecture—which authenticates devices and users to guarantee safe access—will proliferate. To improve threat detection and incident response, solutions for extended detection and response (XDR) will also be incorporated. Moreover, cybersecurity education and awareness campaigns will take precedence, and laws pertaining to privacy and data security will tighten even more. Ultimately, cybersecurity will undergo a revolution with the development of autonomous security systems that can identify threats and take appropriate action without the need for human interaction.

CONCLUSION

The landscape is changing as a result of the integration of machine learning (ML) and artificial intelligence (AI) in cybersecurity. This presents both opportunities and challenges. Advanced AI-powered cybersecurity solutions are necessary to identify and stop AI-powered threats, such as malware and phishing campaigns. More AI and ML integration, cloud security, IoT security, quantum computing, zero trust architecture, XDR solutions, and autonomous security systems are all part of the future of cybersecurity. Organisations need to invest in AI-powered



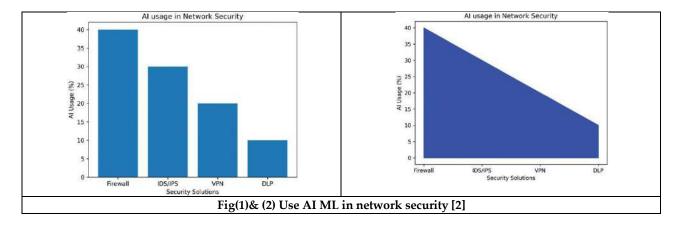


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cybersecurity solutions, acquire specialised skills, and adjust to the quickly changing AI and ML landscape in order to remain ahead of emerging threats.

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